



GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2023-07-13
Miejsce: Łądek-Zdrój
Dystans: 33 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior I K - 20

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 9km | D1 24km | Czas netto 33km | Czas brutto 33km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|-----------------------------|-----------------|------|-----------|------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 1 | JEŽKOVÁ Jaroslava | 6345 | NVPP TEAM | Senior I K - 20 | 1 | 01:02:20 | 02:37:36 | 03:32:16.20 | 03:32:27.15 | | 6:25 | 9.3 (100%) |
| 2 | BIAŁOMYZY Urszula | 6005 | | Senior I K - 20 | 2 | 01:07:38 | 03:03:09 | 04:06:17.95 | 04:06:27.70 | +00:34:00 (13.8%) | 7:27 | 8 (86.0%) |
| 3 | KLONOWICZ Patrycja | 6303 | HUNTERS OCR TEAM | Senior I K - 20 | 3 | 01:12:57 | 03:13:55 | 04:15:53.35 | 04:16:04.70 | +00:43:37 (17.0%) | 7:45 | 7.7 (82.8%) |
| 4 | MIDOR Karolina | 6155 | ZAŁOGA GÓRSKA | Senior I K - 20 | 4 | 01:06:41 | 03:01:41 | 04:17:35.25 | 04:17:42.10 | +00:45:14 (17.6%) | 7:48 | 7.7 (82.8%) |
| 5 | ŁASSA Eliza | 6337 | SKLEP BIEGACZA RUNNING TEAM | Senior I K - 20 | 5 | 01:15:00 | 03:26:38 | 04:32:25.25 | 04:33:10.05 | +01:00:42 (22.2%) | 8:15 | 7.3 (78.5%) |
| 6 | WINDAK Agnieszka | 6144 | | Senior I K - 20 | 6 | 01:19:24 | 03:29:08 | 04:34:49.15 | 04:35:51.10 | +01:03:23 (23.0%) | 8:19 | 7.2 (77.4%) |
| 7 | WATARZYSZYN Marzena | 6477 | | Senior I K - 20 | 7 | 01:22:16 | 03:45:39 | 04:58:03.50 | 04:59:24.75 | +01:26:57 (29.0%) | 9:01 | 6.6 (71.0%) |
| 8 | SIKORA Malwina | 6370 | | Senior I K - 20 | 8 | 01:28:20 | 04:00:36 | 05:08:41.20 | 05:09:40.75 | +01:37:13 (31.4%) | 9:21 | 6.4 (68.8%) |
| 9 | BRZOSTOWIECKA Angelika | 6372 | | Senior I K - 20 | 9 | 01:27:52 | 04:05:39 | 05:20:05.25 | 05:21:19.65 | +01:48:52 (33.9%) | 9:41 | 6.2 (66.7%) |
| 10 | PIOTROWICZ Marta | 6207 | | Senior I K - 20 | 10 | 01:26:47 | 04:06:37 | 05:32:00.40 | 05:32:58.65 | +02:00:31 (36.2%) | 10:03 | 6 (64.5%) |
| 11 | PODLEŚ Anita | 6216 | | Senior I K - 20 | 11 | 01:36:10 | 04:19:31 | 05:38:50.95 | 05:39:22.60 | +02:06:55 (37.4%) | 10:16 | 5.8 (62.4%) |
| 12 | BYRDY Marta | 6447 | | Senior I K - 20 | 12 | 01:34:57 | 04:18:14 | 05:44:26.85 | 05:44:50.25 | +02:12:23 (38.4%) | 10:26 | 5.7 (61.3%) |
| 13 | PARYS Katarzyna | 6018 | PARYSKI TEAM | Senior I K - 20 | 13 | 01:43:55 | 04:27:38 | 05:55:07.55 | 05:56:07.60 | +02:23:40 (40.3%) | 10:45 | 5.6 (60.2%) |
| 14 | DRZEWI Tola | 6404 | MARATON LESZNO | Senior I K - 20 | 14 | 01:35:22 | 04:27:50 | 05:56:29.60 | 05:57:42.50 | +02:25:15 (40.6%) | 10:48 | 5.6 (60.2%) |
| 15 | SZAŁAJSKA Monika | 6276 | | Senior I K - 20 | 15 | 01:39:15 | 04:43:17 | 06:13:46.80 | 06:14:45.65 | +02:42:18 (43.3%) | 11:19 | 5.3 (57.0%) |

Znaleziono 15 wynik(ów)