



GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

Event: Dolnośląski Festiwal Biegów Górskich
Organiser: Fundacja MARATONY GÓRSKIE
Date: 2022-07-14
Place: Łądek-Zdrój
Distance: 33 km

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Classification: Senior I M - 20

Place	Participant	Number	Club	Category	MCat	Start Łądek 0.01km	A1 9km	Czernica 14km	D1 24km	Net time 33km	Czas brutto 33km	Gap	Pace min/km	Pace km/h
1	PYSZEL Florian	6394	PIEKIELNI WARSZAWA	Senior I M - 20	1	00:00:00	00:46:28	01:19:30	01:57:52	02:42:54.00	02:42:54.00		4:56	12.2 (100%)
2	FABIAN Marcel	6507	SOCIOS SILESIA	Senior I M - 20	2	00:00:00	00:45:13	01:18:23	01:58:53	02:46:44.60	02:46:44.60	+00:03:50 (2.3%)	5:03	11.9 (97.5%)
3	IVANIUTA Taras	6536	RESTARTNISA.SK	Senior I M - 20	3	00:00:00	00:44:35	01:18:52	02:04:12	02:55:41.05	02:55:41.05	+00:12:47 (7.3%)	5:19	11.3 (92.6%)
4	ŚWIERAD Krystian	6486		Senior I M - 20	4	00:00:03	00:53:58	01:33:09	02:19:47	03:11:55.60	03:11:55.60	+00:29:01 (15.1%)	5:48	10.3 (84.4%)
5	SZOSTEK Marek	6236		Senior I M - 20	5	00:00:44	01:02:19	01:43:17	02:34:33	03:31:38.90	03:31:38.90	+00:48:44 (23.0%)	6:24	9.4 (77.0%)
6	GĄSIOROWSKI Jarosław	6199	ADDED VALUE TEAM	Senior I M - 20	6	00:00:11	00:58:45	01:46:10	02:44:20	03:44:30.65	03:44:30.65	+01:01:36 (27.4%)	6:48	8.8 (72.1%)
7	DYCKOWSKI Łukasz	6524	KARKONOSZ RUNNING TEAM	Senior I M - 20	7	00:00:08	00:57:43	01:42:38	02:38:12	03:44:40.40	03:44:40.40	+01:01:46 (27.5%)	6:48	8.8 (72.1%)
8	DAUKSZO Maciej	6317		Senior I M - 20	8	00:00:05	01:04:28		02:49:45	03:48:35.45	03:48:35.45	+01:05:41 (28.7%)	6:55	8.7 (71.3%)
9	TOMASIAK Adam	6318	KB HARCOWNIK	Senior I M - 20	9	00:00:03	00:53:56	01:39:01	02:45:28	03:49:26.65	03:49:26.65	+01:06:32 (29.0%)	6:57	8.6 (70.5%)
10	KLYSZCZ Michał	6074	IZBICKO W BIEGU	Senior I M - 20	10	00:00:44	01:05:34	01:53:14	02:48:32	03:56:20.95	03:56:20.95	+01:13:26 (31.1%)	7:09	8.4 (68.9%)
11	SZOSTEK Jakub	6235		Senior I M - 20	11	00:00:44	01:10:10		02:57:45	03:59:27.25	03:59:27.25	+01:16:33 (32.0%)	7:15	8.3 (68.0%)
12	KAMENSKÝ Zdeněk	6368		Senior I M - 20	12	00:00:12	01:13:25		02:58:57	04:02:39.35	04:02:39.35	+01:19:45 (32.9%)	7:21	8.2 (67.2%)
13	MICHALAK Rafał	6378		Senior I M - 20	13	00:00:06	01:10:09	01:57:08	03:01:12	04:08:38.80	04:08:38.80	+01:25:44 (34.5%)	7:32	8 (65.6%)
14	GÓRECKI Krzysztof	6275		Senior I M - 20	14	00:00:20	01:13:08		03:07:51	04:10:20.75	04:10:20.75	+01:27:26 (34.9%)	7:35	7.9 (64.8%)
15	DUBOWICZ Maciej	6347	TRITON KONIN	Senior I M - 20	15	00:00:32	01:12:38	02:06:16	03:09:17	04:15:32.05	04:15:32.05	+01:32:38 (36.3%)	7:44	7.7 (63.1%)

Place	Participant	Number	Club	Category	MCat	Start Łądek 0.01km	A1 9km	Czernica 14km	D1 24km	Net time 33km	Czas brutto 33km	Gap	Pace min/km	Pace km/h
16	WALAS Andrzej	6265	PRO-RUN WROCŁAW	Senior I M - 20	16	00:00:19	01:08:46	01:59:40	03:00:06	04:18:33.90	04:18:33.90	+01:35:39 (37.0%)	7:50	7.7 (63.1%)
17	DEL BOSQUE Jorge	6334		Senior I M - 20	17	00:00:05	01:13:15	02:03:29	03:11:11	04:19:37.20	04:19:37.20	+01:36:43 (37.3%)	7:52	7.6 (62.3%)
18	JANOSZ Paweł	6185		Senior I M - 20	18	00:00:17	01:11:34	02:06:10	03:18:07	04:31:54.85	04:31:54.85	+01:49:00 (40.1%)	8:14	7.3 (59.8%)
19	KACZMAREK Filip	6391		Senior I M - 20	19	00:00:07	01:11:00	02:04:50	03:16:00	04:38:55.65	04:38:55.65	+01:56:01 (41.6%)	8:27	7.1 (58.2%)
20	KABAŁA Bartosz	6002	#BIEGIEMWLAS	Senior I M - 20	20	00:00:43	01:18:45		03:29:02	04:51:37.95	04:51:37.95	+02:08:43 (44.1%)	8:50	6.8 (55.7%)
21	DUPLAGA Dawid	6462		Senior I M - 20	21	00:00:47	01:08:16	02:04:40	03:22:08	04:53:48.25	04:53:48.25	+02:10:54 (44.6%)	8:54	6.7 (54.9%)
22	OLEJNIK Wojciech	6322	TRIGYM SZCZECIN	Senior I M - 20	22	00:01:04	01:19:03	02:13:49	03:27:53	04:55:14.15	04:55:14.15	+02:12:20 (44.8%)	8:56	6.7 (54.9%)
23	REPCZYŃSKI Mateusz Repczyński	6015		Senior I M - 20	23	00:00:01	01:13:51	02:13:26	03:29:35	04:56:09.55	04:56:09.55	+02:13:15 (45.0%)	8:58	6.7 (54.9%)
24	GRACZYK Mateusz	6424		Senior I M - 20	24	00:01:16	01:24:28	02:23:29	03:38:29	04:58:22.55	04:58:22.55	+02:15:28 (45.4%)	9:02	6.6 (54.1%)
25	URBAŃCZYK Mateusz	6337	KW SAKWA	Senior I M - 20	25	00:01:12	01:27:22	02:26:08	03:40:03	04:58:28.05	04:58:28.05	+02:15:34 (45.4%)	9:02	6.6 (54.1%)
26	ŁATWIŃSKI Mateusz	6161	MOCNA GRUPA CEZARA	Senior I M - 20	26	00:00:20	01:18:02	02:22:00	03:40:18	04:59:50.80	04:59:50.80	+02:16:56 (45.7%)	9:05	6.6 (54.1%)
27	SZYMAŃSKI Michał	6457	TENIS CENTRUM AS	Senior I M - 20	27	00:01:07	01:28:26	02:32:14	03:49:15	05:03:30.40	05:03:30.40	+02:20:36 (46.3%)	9:11	6.5 (53.3%)
28	KĘPIŃSKI Michał	6320		Senior I M - 20	28	00:00:53	01:26:52	02:28:30	03:50:41	05:16:46.95	05:16:46.95	+02:33:52 (48.6%)	9:35	6.3 (51.6%)
29	KASPRZYK Marcin	6201		Senior I M - 20	29	00:00:53	01:35:50	02:38:20	03:56:41	05:21:39.10	05:21:39.10	+02:38:45 (49.4%)	9:44	6.2 (50.8%)
30	NOWACZYŃSKI Maciej	6423		Senior I M - 20	30	00:01:16	01:35:30	02:44:07	04:02:30	05:25:32.95	05:25:32.95	+02:42:38 (50.0%)	9:51	6.1 (50.0%)
31	KIEŁBASIEWICZ Dawid	6031	MOYA RACING TEAM	Senior I M - 20	31	00:00:06	01:21:19	02:45:35	04:09:50	05:33:59.60	05:33:59.60	+02:51:05 (51.2%)	10:07	5.9 (48.4%)
32	KMIECIKOWSKI Jakub	6200		Senior I M - 20	32	00:00:53	01:35:52	02:41:06	04:06:11	05:35:24.65	05:35:24.65	+02:52:30 (51.4%)	10:09	5.9 (48.4%)
33	PRAGACZ Adam	6123		Senior I M - 20	33	00:01:15	01:35:31	02:48:25	04:20:41	05:56:19.60	05:56:19.60	+03:13:25 (54.3%)	10:47	5.6 (45.9%)
34	KACZMAREK Łukasz	6315		Senior I M - 20	34	00:00:52	01:27:17		04:19:39	05:57:50.70	05:57:50.70	+03:14:56 (54.5%)	10:50	5.5 (45.1%)
35	TERPIŁOWSKI Arkadiusz	6046		Senior I M - 20	35	00:00:20	01:17:54	02:22:30	03:49:18	06:15:25.05	06:15:25.05	+03:32:31 (56.6%)	11:22	5.3 (43.4%)
	KACZMARCZYK Przemysław	6095	140MINUT.PL	Senior I M - 20		00:00:06 DNF	01:06:24 DNF	02:02:30 DNF	DNF	DNF	DNF		-	- (0.0%)
	PIECHOWIAK Bartosz	6531	PIECHOWIAK-KROLIKOWSKI.PL	Senior I M - 20		00:00:17 DNF	01:02:52 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)