

# GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2020-07-16  
**Miejsce:** Łądek-Zdrój  
**Dystans:** 33 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior II K - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	Czerniak 16km	D1 24km	Czas netto 33km	Różn	Tempo min/km	Tempo km/h
1	<b>KANTOR Martyna</b>	<b>6380</b>	BUFF TEAM POLAND	Senior II K - 30	1	00:51:48	01:30:46	02:15:54	<b>03:07:24.45</b>		5:40	10.6 (100%)
2	<b>TRACZ Paulina</b>	<b>6223</b>	SALCO GARMIN TEAM	Senior II K - 30	2	00:51:08	01:32:46	02:20:08	<b>03:10:43.30</b>	+00:03:18 (1.7%)	5:46	10.4 (98.1%)
3	<b>SOLIŃSKA Katarzyna</b>	<b>6359</b>	SALOMON SUUNTO TEAM POLAND	Senior II K - 30	3	00:55:12	01:36:06	02:20:49	<b>03:11:12.40</b>	+00:03:47 (2.0%)	5:47	10.4 (98.1%)
4	<b>BAŁYS Katarzyna</b>	<b>6378</b>		Senior II K - 30	4	00:59:32	01:45:59	02:40:34	<b>03:44:34.70</b>	+00:37:10 (16.6%)	6:48	8.8 (83.0%)
5	<b>DUDEK Monika</b>	<b>6076</b>	#PCHSPORTTEAM	Senior II K - 30	5	01:03:24	01:53:34	02:49:17	<b>03:53:45.05</b>	+00:46:20 (19.8%)	7:05	8.5 (80.2%)
6	<b>BIHUN Natalia</b>	<b>6349</b>	GTRAT	Senior II K - 30	6	01:04:35	01:53:15	02:51:04	<b>04:00:30.30</b>	+00:53:05 (22.1%)	7:17	8.2 (77.4%)
7	<b>PIĄTEK Beata</b>	<b>6157</b>	WWW.TRENINGFIZJOTERAPIA.PL/ULTRAŁAŃCUT	Senior II K - 30	7	01:10:22	02:02:55	02:57:01	<b>04:00:46.75</b>	+00:53:22 (22.2%)	7:17	8.2 (77.4%)
8	<b>KOŁARZYK Justyna</b>	<b>6332</b>		Senior II K - 30	8	01:07:41	02:01:10	02:59:30	<b>04:07:35.80</b>	+01:00:11 (24.3%)	7:30	8 (75.5%)
9	<b>WALCZAK Adela</b>	<b>6363</b>	CURLING ŁÓDŹ	Senior II K - 30	9	01:13:59	02:09:48	03:10:25	<b>04:22:35.80</b>	+01:15:11 (28.6%)	7:57	7.5 (70.8%)
10	<b>WOJTKOWIAK Marta</b>	<b>6270</b>		Senior II K - 30	10	01:16:04	02:12:29	03:14:07	<b>04:31:42.10</b>	+01:24:17 (31.0%)	8:14	7.3 (68.9%)
11	<b>WOJTOWICZ Karolina</b>	<b>6338</b>		Senior II K - 30	11	01:12:49	02:07:45	03:15:00	<b>04:45:25.95</b>	+01:38:01 (34.3%)	8:38	6.9 (65.1%)
12	<b>TOMCZYK Angelika</b>	<b>6312</b>	ZABRZAŃSKIE PARKOWE BIEGANIE	Senior II K - 30	12	01:21:58	02:23:19	03:33:13	<b>04:52:15.95</b>	+01:44:51 (35.9%)	8:51	6.8 (64.2%)
13	<b>VON OSSOWSKA Aleksandra Von Ossowska</b>	<b>6139</b>	TJ	Senior II K - 30	13	01:22:47	02:23:51	03:35:13	<b>04:52:31.15</b>	+01:45:06 (35.9%)	8:51	6.8 (64.2%)
14	<b>JĘCZMIEN Marlena</b>	<b>6097</b>	CENTRUM FORMY 58100	Senior II K - 30	14	01:19:37	02:23:02	03:33:18	<b>04:54:08.95</b>	+01:46:44 (36.3%)	8:54	6.7 (63.2%)
15	<b>SZCZEPAŃSKA-BUDA Anna</b>	<b>6074</b>		Senior II K - 30	15	01:19:07		03:32:35	<b>04:55:09.50</b>	+01:47:45 (36.5%)	8:56	6.7 (63.2%)

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16	<b>PILC Anna</b>	<b>6267</b>		Senior II K - 30	16	01:23:26	02:19:12	03:30:00	<b>04:57:06.95</b>	+01:49:42 (36.9%)	9:00	6.7 (63.2%)
17	<b>JOŃCZYK Anna</b>	<b>6070</b>		Senior II K - 30	17	01:24:56	02:27:05	03:40:27	<b>05:10:54.60</b>	+02:03:30 (39.7%)	9:25	6.4 (60.4%)
18	<b>PILARSKA Magdalena</b>	<b>6324</b>	STR POZNAN	Senior II K - 30	18	01:22:46	02:27:28	03:41:39	<b>05:17:03.35</b>	+02:09:38 (40.9%)	9:36	6.2 (58.5%)
19	<b>WALASZCZYK Michalina</b>	<b>6258</b>	@HAPPYMUMOF4KIDS	Senior II K - 30	19	01:26:18	02:30:38	03:45:33	<b>05:17:10.60</b>	+02:09:46 (40.9%)	9:36	6.2 (58.5%)
20	<b>KOPACKA Eliza</b>	<b>6015</b>		Senior II K - 30	20	01:21:07	02:24:49	03:44:19	<b>05:19:18.25</b>	+02:11:53 (41.3%)	9:40	6.2 (58.5%)
21	<b>RYPUŁA Maria</b>	<b>6063</b>	ZEN RUNNING TEAM	Senior II K - 30	21	01:22:18	02:25:24	03:50:13	<b>05:23:27.45</b>	+02:16:03 (42.1%)	9:48	6.1 (57.5%)
22	<b>ŻMIJEWSKA Dominika</b>	<b>6108</b>	TSK ORZEŁ OSIEK	Senior II K - 30	22	01:26:08	02:32:08	03:50:31	<b>05:26:38.70</b>	+02:19:14 (42.6%)	9:53	6.1 (57.5%)
23	<b>SAWICKA Agnieszka Sawicka</b>	<b>6143</b>	DELOITTE ADVENTURE TEAM	Senior II K - 30	23	01:32:01	02:39:45	04:01:29	<b>05:35:27.40</b>	+02:28:02 (44.1%)	10:09	5.9 (55.7%)
24	<b>CZESKA Karolina</b>	<b>6083</b>	LAMPART TRENING	Senior II K - 30	24	01:30:24	02:41:07	04:00:56	<b>05:40:08.45</b>	+02:32:44 (44.9%)	10:18	5.8 (54.7%)
25	<b>STACHOWIAK Magda</b>	<b>6224</b>		Senior II K - 30	25	01:25:57	02:38:51	03:59:45	<b>05:42:07.70</b>	+02:34:43 (45.2%)	10:22	5.8 (54.7%)
26	<b>SKORNIAK Katarzyna</b>	<b>6387</b>		Senior II K - 30	26	01:32:41	02:44:28	04:06:10	<b>05:45:23.40</b>	+02:37:58 (45.7%)	10:28	5.7 (53.8%)
27	<b>KOWALCZYK Katarzyna</b>	<b>6293</b>		Senior II K - 30	27	01:40:09	02:51:20	04:18:06	<b>05:54:35.60</b>	+02:47:11 (47.1%)	10:44	5.6 (52.8%)
28	<b>PISULA Paulina</b>	<b>6345</b>	KLUCZBORSKA GRUPA BIEGOWA	Senior II K - 30	28	01:29:44	02:44:49	04:03:42	<b>06:03:03.40</b>	+02:55:38 (48.4%)	11:00	5.5 (51.9%)
29	<b>ABGAROWICZ Maja</b>	<b>6299</b>		Senior II K - 30	29	01:44:52	03:00:28		<b>06:05:31.00</b>	+02:58:06 (48.7%)	11:04	5.4 (50.9%)
30	<b>PAWLAK Katarzyna</b>	<b>6134</b>	KOŁO BIEGA	Senior II K - 30	30	01:35:54	02:43:48	04:12:03	<b>06:14:24.10</b>	+03:06:59 (49.9%)	11:20	5.3 (50.0%)
31	<b>HACHOŁ Justyna</b>	<b>6080</b>		Senior II K - 30	31	01:44:57	03:09:11	04:30:58	<b>06:14:45.45</b>	+03:07:21 (50.0%)	11:21	5.3 (50.0%)
32	<b>PLEWA Katarzyna</b>	<b>6099</b>		Senior II K - 30	32	01:31:29	02:53:10	04:28:56	<b>06:16:42.90</b>	+03:09:18 (50.3%)	11:24	5.3 (50.0%)
33	<b>FEDOROWICZ Jowita</b>	<b>6304</b>	KOTWICA BRZEG	Senior II K - 30	33	01:43:30	03:10:30	04:44:08	<b>06:24:41.05</b>	+03:17:16 (51.3%)	11:39	5.1 (48.1%)
34	<b>OWCZARZAK Daria</b>	<b>6248</b>		Senior II K - 30	34	01:51:29	03:03:59	04:36:25	<b>06:26:55.80</b>	+03:19:31 (51.6%)	11:43	5.1 (48.1%)
35	<b>MACHTAŁOWICZ Beata</b>	<b>6024</b>		Senior II K - 30	35	01:36:43	02:52:34	04:28:42	<b>06:30:36.30</b>	+03:23:11 (52.0%)	11:50	5.1 (48.1%)
36	<b>BARTOSIEWICZ Dorota</b>	<b>6262</b>		Senior II K - 30	36	01:38:46	02:59:46	04:34:36	<b>06:33:59.25</b>	+03:26:34 (52.4%)	11:56	5 (47.2%)
37	<b>FRANKOWICZ Magdalena</b>	<b>6008</b>	TJ	Senior II K - 30	37	01:43:45	03:05:47	04:39:28	<b>06:41:24.35</b>	+03:33:59 (53.3%)	12:09	4.9 (46.2%)
38	<b>GOŁEMBIOWSKA Katarzyna</b>	<b>6018</b>	WKURW_TEAM	Senior II K - 30	38	01:41:27	03:11:44	04:45:39	<b>06:59:02.50</b>	+03:51:38 (55.3%)	12:41	4.7 (44.3%)

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39	<b>KOCIUBA Katarzyna</b>	<b>6281</b>		Senior II K - 30	39	01:49:40	03:16:58	05:11:36	<b>07:20:21.35</b>	+04:12:56 (57.4%)	13:20	4.5 (42.5%)
40	<b>ZIELENKIEWICZ Agnieszka</b>	<b>6316</b>	GPT	Senior II K - 30	40	02:00:59	03:40:26	05:21:33	<b>07:21:38.40</b>	+04:14:13 (57.6%)	13:23	4.5 (42.5%)
41	<b>SZYMAŃSKA-ANTOSIAK Monika</b>	<b>6116</b>	GPT	Senior II K - 30	41	02:01:10	03:40:45	05:21:52	<b>07:21:49.70</b>	+04:14:25 (57.6%)	13:23	4.5 (42.5%)
42	<b>NOWICKA Iwona</b>	<b>6241</b>	BOOTCAMP	Senior II K - 30	42	02:01:24	03:51:29	05:25:57	<b>07:36:31.25</b>	+04:29:06 (58.9%)	13:50	4.3 (40.6%)
<b>Przekroczony limit czasu: 08:30:00</b>												
43	<b>WIŚNIEWSKA Justyna</b>	<b>6252</b>		Senior II K - 30	43	02:28:36	04:15:32	05:45:29	<b>08:34:25.95</b>	+05:27:01 (63.6%)	15:35	3.8 (35.8%)

Znaleziono 43 wynik(ów)