



GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2023-07-13
Miejsce: Łądek-Zdrój
Dystans: 33 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Senior II K - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	D1 24km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
1	LOVRANTOVA Katarina	6407	SALOMON TEAM	Senior II K - 30	1	00:54:10	02:21:17	03:11:48.60	03:11:53.00		5:48	10.3 (100%)
2	PAPROCKA Urszula	6468		Senior II K - 30	2	00:57:17	02:27:19	03:18:38.85	03:18:43.25	+00:06:50 (3.4%)	6:01	10 (97.1%)
3	DANEČKOVÁ Mária	6475	RESTARTNISA.SK	Senior II K - 30	3	00:58:48	02:32:25	03:27:41.70	03:27:45.05	+00:15:52 (7.6%)	6:17	9.5 (92.2%)
4	TOMASIAK Natalia	6451	SALOMON TEAM	Senior II K - 30	4	00:55:18	02:29:35	03:29:29.35	03:29:33.45	+00:17:40 (8.4%)	6:20	9.5 (92.2%)
5	CZECH Agata	6226		Senior II K - 30	5	01:07:56	02:51:17	03:46:29.60	03:47:02.60	+00:35:09 (15.5%)	6:51	8.7 (84.5%)
6	LUNACKOVA Michaela	6491		Senior II K - 30	6	01:01:37	02:44:15	03:47:56.85	03:48:01.15	+00:36:08 (15.8%)	6:54	8.7 (84.5%)
7	ÇAKAŁA Zuzanna	6301	AUGUSTYNIAK TRIATHLON TEAM	Senior II K - 30	7	01:07:28	02:58:45	03:58:30.75	03:58:57.40	+00:47:04 (19.7%)	7:13	8.3 (80.6%)
8	WALCZAK Adela	6003	TRAIL IS OUR WAY	Senior II K - 30	8	01:13:57	03:08:57	04:11:15.00	04:11:24.80	+00:59:31 (23.7%)	7:36	7.9 (76.7%)
9	KUNIK Iwona	6100	DZIKIE DZIKI GORZÓW	Senior II K - 30	9	01:11:01	03:21:37	04:28:56.25	04:28:59.80	+01:17:06 (28.7%)	8:08	7.4 (71.8%)
10	RABIEJ-OLSZEWSKA Hanna	6257	SOBASTEAM	Senior II K - 30	10	01:16:53	03:24:02	04:31:11.25	04:31:22.70	+01:19:29 (29.3%)	8:13	7.3 (70.9%)
11	KALKA Katarzyna	6023	MARATOŃCZYK POZNAŃ	Senior II K - 30	11	01:12:31	03:20:53	04:36:31.25	04:36:37.40	+01:24:44 (30.6%)	8:22	7.2 (69.9%)
12	FRYCA Karolina	6394		Senior II K - 30	12	01:15:38	03:28:10	04:38:14.55	04:38:32.20	+01:26:39 (31.1%)	8:25	7.1 (68.9%)
13	WOJTOWICZ Karolina	6094	4T	Senior II K - 30	13	01:17:42	03:26:30	04:42:42.60	04:43:22.00	+01:31:29 (32.3%)	8:34	7 (68.0%)
14	ORLICZ Katarzyna Jadwiga	6367		Senior II K - 30	14	01:19:35	03:46:53	04:55:42.15	04:56:01.55	+01:44:08 (35.2%)	8:57	6.7 (65.0%)
15	WOŹNIAK Karolina	6007	INKA TEAM	Senior II K - 30	15	01:19:31	03:36:13	04:58:27.35	04:58:59.40	+01:47:06 (35.8%)	9:02	6.6 (64.1%)
16	PYRSZEL Ula	6293	AR ADIDAS RUNNERS POZNAŃ	Senior II K - 30	16	01:16:50	03:41:34	05:00:02.65	05:00:49.45	+01:48:56 (36.2%)	9:05	6.6 (64.1%)
17	SKWAREK Agnieszka	6148	DZIKIE ŚWINIE	Senior II K - 30	17	01:27:07	03:49:40	05:01:28.95	05:01:58.65	+01:50:05 (36.5%)	9:08	6.6 (64.1%)
18	WÓJCIK Karolina	6341	MM POWER/KOLIBER TEAM	Senior II K - 30	18	01:27:47	03:51:40	05:05:41.50	05:05:49.30	+01:53:56 (37.3%)	9:15	6.5 (63.1%)
19	OCHEJ Joanna	6200		Senior II K - 30	19	01:26:55	03:50:35	05:06:04.70	05:07:11.30	+01:55:18 (37.5%)	9:16	6.5 (63.1%)
20	MARCINKOWSKA Martyna	6079		Senior II K - 30	20	01:29:31	03:54:24	05:08:26.75	05:08:55.35	+01:57:02 (37.9%)	9:20	6.4 (62.1%)
21	ZONKOVÁ Petra	6488		Senior II K - 30	21	01:17:05	03:49:48	05:14:44.80	05:15:00.25	+02:03:07 (39.1%)	9:32	6.3 (61.2%)
22	ADAMKIEWICZ Natalia	6275	ŁÓDŹRUNCREW	Senior II K - 30	22	01:28:26	03:57:43	05:18:35.35	05:19:12.55	+02:07:19 (39.9%)	9:39	6.2 (60.2%)
23	JÓZEF Dorota	6175	PRZYGDODNIK PODRÓŻNICZY	Senior II K - 30	23	01:29:53	04:01:12	05:22:06.75	05:23:14.45	+02:11:21 (40.6%)	9:45	6.1 (59.2%)
24	POREBA Beata	6471	MIRAZ RACE TEAM	Senior II K - 30	24	01:31:14	04:07:26	05:25:54.75	05:26:17.50	+02:14:24 (41.2%)	9:52	6.1 (59.2%)
25	CIEŚLIŃSKA Elżbieta	6029		Senior II K - 30	25	01:33:43	04:10:31	05:31:03.10	05:31:32.95	+02:19:39 (42.1%)	10:01	6 (58.3%)
26	DARGA Paulina	6024	ANWILTEAM	Senior II K - 30	26	01:30:15	04:06:47	05:32:26.60	05:33:24.25	+02:21:31 (42.4%)	10:04	6 (58.3%)
27	WOLNIEWICZ Justyna	6041	ADIDAS RUNNERS POZNAŃ	Senior II K - 30	27	01:30:40	04:13:36	05:36:33.05	05:37:23.05	+02:25:30 (43.1%)	10:11	5.9 (57.3%)
28	MAKUCH Aleksandra	6322		Senior II K - 30	28	01:29:12	04:11:00	05:38:33.75	05:39:02.50	+02:27:09 (43.4%)	10:15	5.8 (56.3%)
29	KIEPIEL Agata	6350	ADIDAS RUNNERS WARSAW	Senior II K - 30	29	01:34:43	04:18:32	05:42:51.60	05:43:40.25	+02:31:47 (44.2%)	10:23	5.8 (56.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	D1 24km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
30	IVANEYCHIK Yuliya	6353	RUN4FUN.BY	Senior II K - 30	30	01:34:41	04:29:19	05:50:04.60	05:51:18.10	+02:39:25 (45.4%)	10:36	5.7 (55.3%)
31	KAMIŃSKA Sylwia	6036	RUN DE GIRARD	Senior II K - 30	31	01:27:41	03:59:00	05:51:21.90	05:52:13.25	+02:40:20 (45.5%)	10:38	5.6 (54.4%)
32	SZYMAŃSKA Karolina	6214		Senior II K - 30	32	01:34:10	04:52:58	05:52:59.05	05:53:47.40	+02:41:54 (45.8%)	10:41	5.6 (54.4%)
33	KORSAK Agata	6184		Senior II K - 30	33	01:35:43	04:36:49	05:57:50.00	05:58:34.85	+02:46:41 (46.5%)	10:50	5.5 (53.4%)
34	RATAJCZAK Karolina	6109		Senior II K - 30	34	01:34:18	04:26:13	06:04:11.85	06:04:43.05	+02:52:50 (47.4%)	11:02	5.4 (52.4%)
35	GARCZYK Agnieszka	6409	GALOPUJĄCE ŚLIMAKI	Senior II K - 30	35	01:38:09	04:39:58	06:17:44.60	06:18:20.90	+03:06:27 (49.3%)	11:26	5.2 (50.5%)
36	WESOŁEK Paula	6242	ADIDAS RUNNERS	Senior II K - 30	36	01:47:56		06:20:35.15	06:21:24.50	+03:09:31 (49.7%)	11:31	5.2 (50.5%)
37	MACKOWIAK Renata	6378	ADIDAS RUNNERS POZNAN	Senior II K - 30	37	01:47:57	04:47:37	06:20:36.70	06:21:25.75	+03:09:32 (49.7%)	11:32	5.2 (50.5%)
38	NOWAK Paulina	6131	ADIDAS RUNNERS POZNAŃ	Senior II K - 30	38	01:48:00	04:47:51	06:22:44.30	06:23:31.70	+03:11:38 (50.0%)	11:35	5.2 (50.5%)
39	WOŻNA-KACZMAREK Serafina	6132		Senior II K - 30	39	01:48:04	04:48:04	06:22:46.20	06:23:34.15	+03:11:41 (50.0%)	11:35	5.2 (50.5%)
40	KOLENDA Katarzyna	6302	INSERT TEAM	Senior II K - 30	40	01:36:02		06:28:53.80	06:29:57.35	+03:18:04 (50.8%)	11:47	5.1 (49.5%)
41	KUBECKA Anna	6164		Senior II K - 30	41	01:44:03	04:51:31	06:31:49.15	06:32:58.15	+03:21:05 (51.2%)	11:52	5.1 (49.5%)
42	ISKRA Alicja	6290	BŁEKITNA XVII	Senior II K - 30	42	01:49:47	04:57:52	06:33:55.05	06:34:18.85	+03:22:25 (51.3%)	11:56	5 (48.5%)
43	ORECKA Anna	6002	NULLPTR	Senior II K - 30	43	01:49:39	04:51:00	06:35:24.60	06:35:56.90	+03:24:03 (51.5%)	11:58	5 (48.5%)
44	BUKOWSKA Katarzyna	6263		Senior II K - 30	44	01:41:57	04:54:54	06:39:13.05	06:40:20.75	+03:28:27 (52.1%)	12:05	5 (48.5%)
45	DWORZAŃSKA Anna	6283	MARATOŃCZYK POZNAŃ	Senior II K - 30	45	01:41:23	04:51:49	06:43:46.95	06:44:59.00	+03:33:06 (52.6%)	12:14	4.9 (47.6%)
46	BIENIARZ Ilona	6430	PEPPARUNNINGTEAM	Senior II K - 30	46	01:53:28	05:00:39	06:46:44.05	06:47:08.20	+03:35:15 (52.9%)	12:19	4.9 (47.6%)
	PATROŃSKA Magdalena	6063	ŻARŁOKI	Senior II K - 30		01:24:35 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MRÓZ Justyna	6014		Senior II K - 30		01:55:02 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SOBIERALSKA Magdalena	6349		Senior II K - 30		02:42:36 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	DOPIERAŁA Kinga	6115	TRAIL IS OUR WAY / #PIGWATRIL	Senior II K - 30		DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 50 wynik(ów)