



GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2022-07-14
Łądek-Zdrój
33 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Weteran I M - 50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start Łądek 0.01km	A1 9km	Czernica 14km	D1 24km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
1	CHŁOPEK Rafał	6516	EDB	Weteran I M - 50	1	00:00:04	00:57:52	01:40:32	02:30:31	03:28:45.10	03:28:45.10		6:19	9.5 (100%)
2	FRYDLEWICZ Zbigniew	6246		Weteran I M - 50	2	00:00:02	00:57:18	01:44:22	02:40:16	03:46:34.20	03:46:34.20	+00:17:49 (7.9%)	6:51	8.7 (91.6%)
3	VESELÝ Pavel	6546	HSK HORNÍ ROKYTNICE	Weteran I M - 50	3	00:00:04	01:02:47	01:49:12	02:46:55	03:49:08.90	03:49:08.90	+00:20:23 (8.9%)	6:56	8.6 (90.5%)
4	LAMEK Andrzej	6357	AKTYWNY OSTRZESZÓW	Weteran I M - 50	4	00:00:41	01:05:49	01:55:10	02:50:40	03:55:28.75	03:55:28.75	+00:26:43 (11.4%)	7:08	8.4 (88.4%)
5	GRZYBEK Antoni	6247		Weteran I M - 50	5	00:00:15	01:05:20	01:58:42	03:02:11	04:11:41.55	04:11:41.55	+00:42:56 (17.1%)	7:37	7.9 (83.2%)
6	KOSZAREK Maciej	6308		Weteran I M - 50	6	00:00:21	01:08:08	02:02:41	03:05:29	04:15:00.85	04:15:00.85	+00:46:15 (18.1%)	7:43	7.8 (82.1%)
7	CICHY Krzysztof	6326	GÓRAL Z MAZUR RUNNING TEAM	Weteran I M - 50	7	00:00:22	01:15:03	02:11:31	03:23:43	04:31:55.75	04:31:55.75	+01:03:10 (23.2%)	8:14	7.3 (76.8%)
8	MAŁKOWSKI Tomasz	6371	GRUPA BIEGOWA 65	Weteran I M - 50	8	00:00:23	01:11:36	02:05:51	03:14:25	04:35:35.45	04:35:35.45	+01:06:50 (24.3%)	8:21	7.2 (75.8%)
9	ŁOBOS Mariusz	6075		Weteran I M - 50	9	00:00:24	01:18:56	02:15:56	03:26:27	04:38:14.45	04:38:14.45	+01:09:29 (25.0%)	8:25	7.1 (74.7%)
10	MIĄSKO Wojciech	6222	12TRI.PL	Weteran I M - 50	10	00:00:45	01:16:15	02:15:14	03:25:52	04:47:47.45	04:47:47.45	+01:19:02 (27.5%)	8:43	6.9 (72.6%)
11	TECZA Robert	6405		Weteran I M - 50	11	00:00:12	01:14:19	02:11:01	03:26:20	04:50:38.55	04:50:38.55	+01:21:53 (28.2%)	8:48	6.8 (71.6%)
12	KĘPIŃSKI Marek	6305		Weteran I M - 50	12	00:00:53	01:23:37		03:35:37	04:51:44.40	04:51:44.40	+01:22:59 (28.4%)	8:50	6.8 (71.6%)
13	STEBEL Piotr	6249	PRZEWODNIK	Weteran I M - 50	13	00:00:27	01:21:41	02:24:56	03:44:00	05:05:28.80	05:05:28.80	+01:36:43 (31.7%)	9:15	6.5 (68.4%)
14	STEFANOWSKI Marcin	6436	***** ***	Weteran I M - 50	14	00:00:32	01:19:05	02:23:10	03:41:09	05:07:34.75	05:07:34.75	+01:38:49 (32.1%)	9:19	6.4 (67.4%)
15	NOWAK Ireneusz	6169		Weteran I M - 50	15	00:00:56	01:22:01	02:24:18	03:40:54	05:08:15.90	05:08:15.90	+01:39:30 (32.3%)	9:20	6.4 (67.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start Łądek 0.01km	A1 9km	Czernica 14km	D1 24km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
16	STASZEWSKI Piotr	6528		Weteran M - 50	16	00:01:11	01:31:52	02:37:01	03:55:34	05:11:03.25	05:11:03.25	+01:42:18 (32.9%)	9:25	6.4 (67.4%)
17	BRASEL Marcin	6181	TRIGYM SZCZECIN	Weteran M - 50	17	00:01:04	01:20:07	02:17:51	03:40:44	05:12:10.05	05:12:10.05	+01:43:24 (33.1%)	9:27	6.3 (66.3%)
18	MUČA Māris	6311	LBNB	Weteran M - 50	18	00:01:21	01:23:26	02:24:41	03:45:59	05:18:13.65	05:18:13.65	+01:49:28 (34.4%)	9:38	6.2 (65.3%)
19	MATUŁA Przemysław	6375	UMCS BIEGA	Weteran M - 50	19	00:00:43	01:26:17	02:31:43	03:53:00	05:29:53.10	05:29:53.10	+02:01:08 (36.7%)	9:59	6 (63.2%)
20	MARIUSZ Mazurkiewicz	6547		Weteran M - 50	20	00:00:54	01:27:35	02:32:44	04:10:17	05:46:37.40	05:46:37.40	+02:17:52 (39.8%)	10:30	5.7 (60.0%)
21	NIERADKO Arkadiusz	6271		Weteran M - 50	21	00:01:05	01:38:19	02:48:43	04:19:26	05:46:45.80	05:46:45.80	+02:18:00 (39.8%)	10:30	5.7 (60.0%)
22	GIERADA Ryszard	6067		Weteran M - 50	22	00:00:09	01:26:59	02:33:22	04:08:50	05:48:38.75	05:48:38.75	+02:19:53 (40.1%)	10:33	5.7 (60.0%)
23	KOS Paweł	6482	EAZYMUT.PL	Weteran M - 50	23	00:00:31	01:40:35	02:58:18	04:18:40	05:53:08.60	05:53:08.60	+02:24:23 (40.9%)	10:42	5.6 (58.9%)
24	MODRAK Maciej	6020	PARKRUN GRUDZIĄDZ	Weteran M - 50	24	00:01:09	01:40:49	02:57:50	04:25:36	06:01:58.60	06:01:58.60	+02:33:13 (42.3%)	10:58	5.5 (57.9%)
25	BŁACHNIO Krzysztof	6139	RAZ SZCZECIN	Weteran M - 50	25	00:00:11	01:24:30	02:39:14	04:18:52	06:03:07.45	06:03:07.45	+02:34:22 (42.5%)	11:00	5.5 (57.9%)
26	GAWŁOWSKI Arkadiusz	6471	CZMOŃ NIGHT RUNNERS	Weteran M - 50	26	00:00:19	01:41:05	03:11:39	04:54:27	06:43:13.85	06:43:13.85	+03:14:28 (48.2%)	12:13	4.9 (51.6%)
27	BESTRZYNSKI Olech	6515	CZŁAPAK ROBAKOWO	Weteran M - 50	27	00:00:37	01:53:04	03:16:15	04:57:42	06:49:47.45	06:49:47.45	+03:21:02 (49.1%)	12:25	4.8 (50.5%)
28	SCHMIDT Jacek	6007	HERNIK TEAM	Weteran M - 50	28	00:00:13	01:41:58	03:04:52	04:59:10	06:51:28.55	06:51:28.55	+03:22:43 (49.3%)	12:28	4.8 (50.5%)
29	CIUK Bartosz	6041	BP RUNNING TEAM GLIWICE	Weteran M - 50	29	00:01:03	02:05:29	03:43:52	05:04:40	06:57:02.85	06:57:02.85	+03:28:17 (49.9%)	12:38	4.7 (49.5%)
Przekroczony limit czasu: 07:00:00														
30	WALCZAK Sławomir	6212		Weteran M - 50	30	00:01:31	01:40:37	03:07:53	04:58:28	07:27:06.30	07:27:06.30	+03:58:21 (53.3%)	13:32	4.4 (46.3%)
	SZCZEPANIAK Sławomir	6510	KS LENIWIEC	Weteran M - 50		00:00:39 DNF	02:11:56 DNF	03:55:38 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	ZIELONKA Marek	6021		Weteran M - 50		00:00:59 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 32 wynik(ów)