



**Wydarzenie:**  
**Organizator:**

**Data:**  
**Miejsce:**  
**Dystans:**

## „GORĄCY POTOK 27 KM” - TST 27 KM

Turbacz Summer Trail  
Fundacja Rozwoju Sportu i Promocji Obronności  
“MURAWA”  
2021-06-26  
Nowy Targ  
27 km

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	15km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
1	BIERNAWSKI Piotr	608		M-50	1	01:22:11	02:02:27.55	02:02:29.00		4:32	13.2 (100%)
2	KLECHA Rafał	615		M-50	2	01:26:03	02:04:33.75	02:04:34.90	+00:02:05 (1.7%)	4:36	13 (98.5%)
3	ANTOLEC Kacper	103		M-20	1	01:24:51	02:04:44.50	02:04:45.85	+00:02:16 (1.8%)	4:37	13 (98.5%)
4	BALIGA Cezary	105		M-20	2	01:22:04	02:06:35.75	02:06:35.75	+00:04:06 (3.2%)	4:41	12.8 (97.0%)
5	SUROWIEC Michał	241		M-40	1	01:26:59	02:07:53.80	02:07:56.90	+00:05:27 (4.3%)	4:44	12.7 (96.2%)
6	SOMMER Tomasz	614		M-40	2	01:24:11	02:09:25.40	02:09:28.60	+00:06:59 (5.4%)	4:47	12.5 (94.7%)
7	KOSTELA Piotr	163		M-30	1	01:27:26	02:15:41.35	02:15:43.00	+00:13:14 (9.8%)	5:01	11.9 (90.2%)
8	MANJURA Tomasz	187		M-20	3	01:36:59	02:18:36.45	02:18:42.50	+00:16:13 (11.7%)	5:08	11.7 (88.6%)
9	TYNUS Grzegorz	255		M-40	3	01:36:24	02:21:05.95	02:21:08.95	+00:18:39 (13.2%)	5:13	11.5 (87.1%)
10	SCHRAMM Rafał	227		M-30	2	01:38:22	02:24:52.35	02:24:54.05	+00:22:25 (15.5%)	5:21	11.2 (84.8%)
11	FRANCUZ Konrad	128		M-50	3	01:37:11	02:25:01.00	02:25:03.65	+00:22:34 (15.6%)	5:22	11.2 (84.8%)
12	SYSKA Jacek	243		M-50	4	01:36:55	02:26:08.85	02:26:10.60	+00:23:41 (16.2%)	5:24	11.1 (84.1%)
13	ZAKRZYŃSKI Paweł	265		M-40	4	01:40:48	02:28:24.90	02:28:30.45	+00:26:01 (17.5%)	5:29	10.9 (82.6%)
14	ŻÓŁTEK Grzegorz	610		M-50	5	01:33:59	02:30:41.65	02:30:44.50	+00:28:15 (18.7%)	5:34	10.8 (81.8%)
15	LECKI Mateusz	179		M-30	3	01:37:34	02:31:05.75	02:31:08.00	+00:28:39 (19.0%)	5:35	10.7 (81.1%)
16	SIUTA Jakub	607		M-30	4	01:42:40	02:31:55.90	02:32:01.75	+00:29:32 (19.4%)	5:37	10.7 (81.1%)
17	MUCHA Piotr	356		M-30	5	01:45:31	02:32:02.15	02:32:07.85	+00:29:38 (19.5%)	5:37	10.7 (81.1%)
18	JURJEWICZ Grzegorz	153		M-40	5	01:42:46	02:32:55.40	02:32:58.90	+00:30:29 (19.9%)	5:39	10.6 (80.3%)
19	GABRYEL Marcin	129		M-30	6	01:42:56	02:33:06.70	02:33:10.80	+00:30:41 (20.0%)	5:40	10.6 (80.3%)
20	JĘDRASZCZYK Mateusz	152		M-30	7	01:44:37	02:34:57.45	02:35:00.25	+00:32:31 (21.0%)	5:44	10.5 (79.5%)
21	HUDASZEK Magda	142		K-20	1	01:44:26	02:35:58.50	02:35:59.60	+00:33:30 (21.5%)	5:46	10.4 (78.8%)
22	SZYDŁOWSKI Rafał	246		M-30	8	01:38:27	02:36:20.95	02:36:23.15	+00:33:54 (21.7%)	5:47	10.4 (78.8%)
23	GAWĘDA Joanna	132		K-20	2	01:44:30	02:38:33.95	02:38:35.05	+00:36:06 (22.8%)	5:52	10.2 (77.3%)
24	MASTELA Andrzej	189		M-40	6	01:45:05	02:45:03.35	02:45:05.25	+00:42:36 (25.8%)	6:06	9.8 (74.2%)
25	KOLASA Robert	161		M-40	7	01:45:42	02:45:28.20	02:45:30.55	+00:43:01 (26.0%)	6:07	9.8 (74.2%)
26	GÓRALIK Sylwia	135		K-40	1	01:49:12	02:45:43.20	02:45:44.20	+00:43:15 (26.1%)	6:08	9.8 (74.2%)
27	FLOREK Marcin	127		M-50	6	01:49:06	02:45:42.15	02:45:44.50	+00:43:15 (26.1%)	6:08	9.8 (74.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	15km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							27km	27km			
28	<b>KWAŚNIEWSKI Krzysztof</b>	<b>174</b>		M-50	7	01:51:16	<b>02:47:17.05</b>	<b>02:47:23.40</b>	+00:44:54 (26.8%)	6:11	9.7 (73.5%)
29	<b>PIWOWARSKI Przemysław</b>	<b>212</b>		M-30	9	01:55:11	<b>02:47:24.60</b>	<b>02:47:36.35</b>	+00:45:07 (26.9%)	6:12	9.7 (73.5%)
30	<b>MYRGORODSKYI Viktor</b>	<b>196</b>		M-30	10	01:55:14	<b>02:48:00.20</b>	<b>02:48:12.25</b>	+00:45:43 (27.2%)	6:13	9.6 (72.7%)
31	<b>KOPACZ Piotr</b>	<b>159</b>		M-40	8	01:53:12	<b>02:48:31.95</b>	<b>02:48:37.30</b>	+00:46:08 (27.4%)	6:14	9.6 (72.7%)
32	<b>MATYASIK Jarosław</b>	<b>193</b>		M-40	9	01:45:39	<b>02:50:19.40</b>	<b>02:50:31.40</b>	+00:48:02 (28.2%)	6:18	9.5 (72.0%)
33	<b>BRYNIARSKI Marcin</b>	<b>111</b>		M-40	10	01:51:08	<b>02:50:48.30</b>	<b>02:51:00.05</b>	+00:48:31 (28.4%)	6:19	9.5 (72.0%)
34	<b>ANTOLAK Maciej</b>	<b>102</b>		M-40	11	01:59:12	<b>02:51:25.70</b>	<b>02:51:36.90</b>	+00:49:07 (28.6%)	6:20	9.5 (72.0%)
35	<b>DYTLOF Marcin</b>	<b>122</b>		M-40	12	01:54:16	<b>02:54:00.95</b>	<b>02:54:10.50</b>	+00:51:41 (29.7%)	6:26	9.3 (70.5%)
36	<b>DROGOSZEWSKA Magdalena</b>	<b>120</b>		K-30	1	01:59:23	<b>02:54:12.25</b>	<b>02:54:16.35</b>	+00:51:47 (29.7%)	6:27	9.3 (70.5%)
37	<b>SOBCZYK Barbara</b>	<b>232</b>		K-30	2	01:58:32	<b>02:55:40.00</b>	<b>02:55:43.10</b>	+00:53:14 (30.3%)	6:30	9.2 (69.7%)
38	<b>ODOMIRSKA Katarzyna</b>	<b>202</b>		K-30	3	02:01:51	<b>02:55:51.25</b>	<b>02:55:55.50</b>	+00:53:26 (30.4%)	6:30	9.2 (69.7%)
39	<b>POLAK Kasia</b>	<b>216</b>		K-20	3	01:56:56	<b>02:56:23.85</b>	<b>02:56:26.35</b>	+00:53:57 (30.6%)	6:31	9.2 (69.7%)
40	<b>KUBIK Tomasz</b>	<b>617</b>		M-50	8	01:55:02	<b>02:51:40.30</b>	<b>02:57:11.75</b>	+00:54:42 (30.9%)	6:21	9.4 (71.2%)
41	<b>TRĄBAŁA Adam</b>	<b>252</b>		M-40	13	01:59:43	<b>02:57:22.55</b>	<b>02:57:29.40</b>	+00:55:00 (31.0%)	6:34	9.1 (68.9%)
42	<b>WĘGRZYN Katarzyna</b>	<b>258</b>		K-40	2	02:02:09	<b>02:58:02.40</b>	<b>02:58:05.90</b>	+00:55:36 (31.2%)	6:35	9.1 (68.9%)
43	<b>KOSIERADZKI Łukasz</b>	<b>162</b>		M-30	11	02:01:48	<b>02:59:08.05</b>	<b>02:59:17.90</b>	+00:56:48 (31.7%)	6:38	9 (68.2%)
44	<b>GARUS Łukasz</b>	<b>131</b>		M-40	14	02:05:02	<b>02:59:43.60</b>	<b>02:59:46.15</b>	+00:57:17 (31.9%)	6:39	9 (68.2%)
45	<b>JANOWIAK Wojciech</b>	<b>146</b>		M-40	15	01:53:57	<b>03:00:04.25</b>	<b>03:00:10.80</b>	+00:57:41 (32.0%)	6:40	9 (68.2%)
46	<b>LATOŚ Piotr</b>	<b>177</b>		M-30	12	01:59:33	<b>03:01:16.10</b>	<b>03:01:26.55</b>	+00:58:57 (32.5%)	6:42	8.9 (67.4%)
47	<b>CICHOŃ Konrad</b>	<b>114</b>		M-20	4		<b>03:02:00.00</b>	<b>03:02:00.00</b>	+00:59:31 (32.7%)	6:44	8.9 (67.4%)
48	<b>MIERZEŃSKI Szczepan</b>	<b>191</b>		M-30	13	01:57:52	<b>03:01:58.95</b>	<b>03:02:06.65</b>	+00:59:37 (32.7%)	6:44	8.9 (67.4%)
49	<b>PIĘTA Łukasz</b>	<b>207</b>		M-40	16	02:02:49	<b>03:02:17.75</b>	<b>03:02:22.15</b>	+00:59:53 (32.8%)	6:45	8.9 (67.4%)
50	<b>RYNDUCH Renata</b>	<b>222</b>		K-40	3	02:00:01	<b>03:02:14.85</b>	<b>03:02:22.90</b>	+00:59:53 (32.8%)	6:44	8.9 (67.4%)
51	<b>KUBKOWSKI Mateusz</b>	<b>171</b>		M-30	14	02:04:06	<b>03:03:12.75</b>	<b>03:03:27.60</b>	+01:00:58 (33.2%)	6:47	8.8 (66.7%)
52	<b>ZIELINSKI Marcin</b>	<b>268</b>		M-30	15	01:58:59	<b>03:03:25.30</b>	<b>03:03:32.90</b>	+01:01:03 (33.3%)	6:47	8.8 (66.7%)
53	<b>LEBIEST Radosław</b>	<b>178</b>		M-30	16	02:04:44	<b>03:05:37.40</b>	<b>03:05:50.35</b>	+01:03:21 (34.1%)	6:52	8.7 (65.9%)
54	<b>LEDWOŃ Izabela</b>	<b>602</b>		K-40	4	02:08:00	<b>03:05:36.50</b>	<b>03:05:52.15</b>	+01:03:23 (34.1%)	6:52	8.7 (65.9%)
55	<b>RADZIEJEWSKI Bartosz</b>	<b>218</b>		M-40	17	02:08:04	<b>03:05:36.65</b>	<b>03:05:52.30</b>	+01:03:23 (34.1%)	6:52	8.7 (65.9%)
56	<b>MICHALSKA Agnieszka</b>	<b>190</b>		K-30	4	02:07:58	<b>03:07:34.25</b>	<b>03:07:37.05</b>	+01:05:08 (34.7%)	6:56	8.6 (65.2%)
57	<b>KURCZ Magdalena</b>	<b>173</b>		K-20	4	02:06:39	<b>03:07:46.80</b>	<b>03:07:56.45</b>	+01:05:27 (34.8%)	6:57	8.6 (65.2%)
58	<b>GOLONKA Marek</b>	<b>134</b>		M-50	9	02:04:09	<b>03:08:15.70</b>	<b>03:08:22.95</b>	+01:05:53 (35.0%)	6:58	8.6 (65.2%)
59	<b>KNAP Tomasz</b>	<b>158</b>		M-30	17	02:04:01	<b>03:08:17.20</b>	<b>03:08:26.10</b>	+01:05:57 (35.0%)	6:58	8.6 (65.2%)
60	<b>SKIBIŃSKA Małgorzata</b>	<b>230</b>		K-40	5	02:07:42	<b>03:08:27.45</b>	<b>03:08:37.30</b>	+01:06:08 (35.1%)	6:58	8.6 (65.2%)
61	<b>OSIAK Artur</b>	<b>204</b>		M-30	18	02:11:23	<b>03:09:47.30</b>	<b>03:09:52.85</b>	+01:07:23 (35.5%)	7:01	8.5 (64.4%)
62	<b>KRAWCZYK-GORBATIUK Anna</b>	<b>167</b>		K-40	6	02:04:08	<b>03:10:23.45</b>	<b>03:10:28.80</b>	+01:07:59 (35.7%)	7:03	8.5 (64.4%)
63	<b>PIOTROWICZ Małgorzata</b>	<b>208</b>		K-30	5	02:09:49	<b>03:10:35.30</b>	<b>03:10:40.25</b>	+01:08:11 (35.8%)	7:03	8.5 (64.4%)
64	<b>ŁAPA Piotr</b>	<b>185</b>		M-40	18	02:07:11	<b>03:11:17.25</b>	<b>03:11:20.65</b>	+01:08:51 (36.0%)	7:05	8.5 (64.4%)
65	<b>BOCHENEK Michał</b>	<b>106</b>		M-30	19	02:09:55	<b>03:11:52.50</b>	<b>03:11:57.45</b>	+01:09:28 (36.2%)	7:06	8.4 (63.6%)
66	<b>PŁONKA Sebastian</b>	<b>215</b>		M-40	19	02:07:26	<b>03:13:07.20</b>	<b>03:13:15.10</b>	+01:10:46 (36.6%)	7:09	8.4 (63.6%)
67	<b>BUŁAWA Szczepan</b>	<b>112</b>		M-30	20	01:58:31	<b>03:13:23.75</b>	<b>03:13:33.30</b>	+01:11:04 (36.7%)	7:09	8.4 (63.6%)
68	<b>FLIS Tomasz</b>	<b>124</b>		M-30	21	02:08:19	<b>03:15:16.10</b>	<b>03:15:28.10</b>	+01:12:59 (37.3%)	7:13	8.3 (62.9%)
69	<b>PŁANETA Emilia</b>	<b>214</b>		K-30	6	02:13:42	<b>03:17:03.35</b>	<b>03:17:08.30</b>	+01:14:39 (37.9%)	7:17	8.2 (62.1%)
70	<b>STEBEL Bartosz</b>	<b>235</b>		M-40	20	02:04:32	<b>03:18:18.55</b>	<b>03:18:29.80</b>	+01:16:00 (38.3%)	7:20	8.2 (62.1%)
71	<b>MŁOCKA-GORCZYŃSKA Matylda</b>	<b>194</b>		K-30	7	02:11:44	<b>03:18:52.10</b>	<b>03:18:58.95</b>	+01:16:29 (38.4%)	7:21	8.1 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	15km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
72	<b>GARSTKA Mariusz</b>	<b>130</b>		M-30	22	02:07:39	<b>03:19:39.25</b>	<b>03:19:47.85</b>	+01:17:18 (38.7%)	7:23	8.1 (61.4%)
73	<b>HUBKA Jerzy</b>	<b>141</b>		M-60+	1	02:09:58	<b>03:20:26.55</b>	<b>03:20:30.15</b>	+01:18:01 (38.9%)	7:25	8.1 (61.4%)
74	<b>PIWOWARSKI Maciej</b>	<b>213</b>		M-30	23	02:09:45	<b>03:21:26.00</b>	<b>03:21:50.65</b>	+01:19:21 (39.3%)	7:27	8 (60.6%)
75	<b>DREWNIK Robert</b>	<b>119</b>		M-40	21	02:11:26	<b>03:21:58.85</b>	<b>03:22:09.70</b>	+01:19:40 (39.4%)	7:28	8 (60.6%)
76	<b>ANTONIUK Adam</b>	<b>104</b>		M-50	10	02:15:29	<b>03:22:47.75</b>	<b>03:23:03.70</b>	+01:20:34 (39.7%)	7:30	8 (60.6%)
77	<b>KWIATKOWSKI Jacek</b>	<b>175</b>		M-60+	2	02:07:44	<b>03:23:11.90</b>	<b>03:23:25.25</b>	+01:20:56 (39.8%)	7:31	8 (60.6%)
78	<b>CIEŚLIŃSKA Katarzyna</b>	<b>115</b>		K-30	8	02:12:02	<b>03:23:22.35</b>	<b>03:23:25.80</b>	+01:20:56 (39.8%)	7:31	8 (60.6%)
79	<b>PAWLICA Mateusz</b>	<b>205</b>		M-30	24	02:14:32	<b>03:23:18.40</b>	<b>03:23:35.10</b>	+01:21:06 (39.8%)	7:31	8 (60.6%)
80	<b>ZĄBEK Paweł</b>	<b>267</b>		M-40	22	02:12:57	<b>03:23:43.60</b>	<b>03:23:51.60</b>	+01:21:22 (39.9%)	7:32	8 (60.6%)
81	<b>NOWAK Mirosław</b>	<b>199</b>		M-30	25	01:56:39	<b>03:23:55.80</b>	<b>03:24:09.80</b>	+01:21:40 (40.0%)	7:33	7.9 (59.8%)
82	<b>TARGOSZ Justyna</b>	<b>249</b>		K-30	9	02:16:26	<b>03:24:44.40</b>	<b>03:24:57.50</b>	+01:22:28 (40.2%)	7:34	7.9 (59.8%)
82	<b>WAJDA Adam</b>	<b>256</b>		M-40	23	02:17:14	<b>03:24:44.30</b>	<b>03:24:57.50</b>	+01:22:28 (40.2%)	7:34	7.9 (59.8%)
84	<b>PIECYK Tomasz</b>	<b>206</b>		M-40	24	02:15:21	<b>03:25:45.20</b>	<b>03:26:01.25</b>	+01:23:32 (40.5%)	7:37	7.9 (59.8%)
85	<b>JESSA Andrzej</b>	<b>151</b>		M-50	11	02:11:50	<b>03:26:09.55</b>	<b>03:26:16.05</b>	+01:23:47 (40.6%)	7:38	7.9 (59.8%)
86	<b>BOŃSKA Karolina</b>	<b>107</b>		K-30	10	02:15:18	<b>03:26:06.80</b>	<b>03:26:23.70</b>	+01:23:54 (40.7%)	7:38	7.9 (59.8%)
87	<b>FLIS Marcin</b>	<b>125</b>		M-40	25	02:15:02	<b>03:26:19.75</b>	<b>03:26:30.80</b>	+01:24:01 (40.7%)	7:38	7.9 (59.8%)
88	<b>WAKSMUNDZKA Kinga</b>	<b>257</b>		K-30	11	02:18:49	<b>03:28:33.75</b>	<b>03:28:38.70</b>	+01:26:09 (41.3%)	7:43	7.8 (59.1%)
89	<b>ZAMARLIK Jan</b>	<b>266</b>		M-40	26	02:14:44	<b>03:29:06.85</b>	<b>03:29:22.70</b>	+01:26:53 (41.5%)	7:44	7.7 (58.3%)
90	<b>JAKUBOWSKI Piotr</b>	<b>145</b>		M-50	12	02:11:17	<b>03:29:35.45</b>	<b>03:29:42.25</b>	+01:27:13 (41.6%)	7:45	7.7 (58.3%)
91	<b>PYPŁACZ Szymon</b>	<b>217</b>		M-20	5	02:12:09	<b>03:32:10.30</b>	<b>03:32:16.50</b>	+01:29:47 (42.3%)	7:51	7.6 (57.6%)
92	<b>KRACZYŃSKI Łukasz</b>	<b>166</b>		M-40	27	02:22:09	<b>03:32:35.00</b>	<b>03:32:43.95</b>	+01:30:14 (42.4%)	7:52	7.6 (57.6%)
93	<b>RAFAŁ Bartłomiej</b>	<b>219</b>		M-30	26	02:05:25	<b>03:32:48.15</b>	<b>03:32:53.85</b>	+01:30:24 (42.5%)	7:52	7.6 (57.6%)
94	<b>FLOREK Weronika</b>	<b>126</b>		K-20	5	02:13:23	<b>03:32:41.75</b>	<b>03:32:55.70</b>	+01:30:26 (42.5%)	7:52	7.6 (57.6%)
95	<b>STOPKA Marcin</b>	<b>238</b>		M-20	6	02:13:30	<b>03:32:41.85</b>	<b>03:32:55.85</b>	+01:30:26 (42.5%)	7:52	7.6 (57.6%)
96	<b>MODLIŃSKI Łukasz</b>	<b>195</b>		M-40	28	02:10:16	<b>03:32:57.10</b>	<b>03:33:02.80</b>	+01:30:33 (42.5%)	7:53	7.6 (57.6%)
97	<b>KOWALCZYK WRĘŻLEWICZ Elżbieta</b>	<b>165</b>		K-40	7	02:22:45	<b>03:33:02.50</b>	<b>03:33:07.20</b>	+01:30:38 (42.5%)	7:53	7.6 (57.6%)
98	<b>KRUPIŃSKA Wiola</b>	<b>170</b>		K-20	6		<b>03:33:25.65</b>	<b>03:33:34.55</b>	+01:31:05 (42.7%)	7:54	7.6 (57.6%)
99	<b>BRZOZA Norbert</b>	<b>108</b>		M-40	29	02:22:05	<b>03:33:38.40</b>	<b>03:33:41.80</b>	+01:31:12 (42.7%)	7:54	7.6 (57.6%)
100	<b>PIWOWARSKA Katarzyna</b>	<b>211</b>		K-40	8	02:22:21	<b>03:33:52.95</b>	<b>03:34:03.60</b>	+01:31:34 (42.8%)	7:55	7.6 (57.6%)
101	<b>SAJ Przemysław</b>	<b>223</b>		M-30	27	02:18:42	<b>03:34:06.50</b>	<b>03:34:15.45</b>	+01:31:46 (42.8%)	7:55	7.6 (57.6%)
102	<b>JACKOWSKI Zbigniew</b>	<b>144</b>		M-60+	3	02:22:25	<b>03:34:25.20</b>	<b>03:34:34.75</b>	+01:32:05 (42.9%)	7:56	7.6 (57.6%)
103	<b>MARTYNA Bogusz</b>	<b>188</b>		M-20	7	02:17:43	<b>03:35:16.30</b>	<b>03:35:26.95</b>	+01:32:57 (43.1%)	7:58	7.5 (56.8%)
104	<b>OCIEPKA Marcin</b>	<b>201</b>		M-40	30	02:14:45	<b>03:36:05.55</b>	<b>03:36:21.90</b>	+01:33:52 (43.4%)	8:00	7.5 (56.8%)
105	<b>STERKOWICZ Olga</b>	<b>236</b>		K-30	12	02:24:04	<b>03:36:43.50</b>	<b>03:36:52.95</b>	+01:34:23 (43.5%)	8:01	7.5 (56.8%)
106	<b>JARACZEWSKI Piotr</b>	<b>147</b>		M-40	31	02:20:48	<b>03:39:49.35</b>	<b>03:39:55.05</b>	+01:37:26 (44.3%)	8:08	7.4 (56.1%)
107	<b>ZIELIŃSKA Mirona</b>	<b>270</b>		K-40	9	02:23:06	<b>03:39:49.20</b>	<b>03:40:02.10</b>	+01:37:33 (44.3%)	8:08	7.4 (56.1%)
108	<b>BULANDA Barbara</b>	<b>110</b>		K-40	10	02:28:41	<b>03:39:53.90</b>	<b>03:40:04.10</b>	+01:37:35 (44.3%)	8:08	7.4 (56.1%)
109	<b>SKRZOS Tomasz</b>	<b>231</b>		M-40	32	02:28:14	<b>03:42:36.85</b>	<b>03:42:52.10</b>	+01:40:23 (45.0%)	8:14	7.3 (55.3%)
110	<b>KORDOS Maria Elżbieta</b>	<b>160</b>		K-40	11	02:32:35	<b>03:44:20.85</b>	<b>03:44:28.00</b>	+01:41:59 (45.4%)	8:18	7.2 (54.5%)
111	<b>PIWOWARSKA Anna</b>	<b>210</b>		K-30	13	02:20:54	<b>03:44:36.30</b>	<b>03:44:47.75</b>	+01:42:18 (45.5%)	8:19	7.2 (54.5%)
112	<b>SAMOCIUK Karolina</b>	<b>225</b>		K-30	14	02:28:24	<b>03:44:35.65</b>	<b>03:44:50.80</b>	+01:42:21 (45.5%)	8:19	7.2 (54.5%)
113	<b>KRÓLICKI Konrad</b>	<b>169</b>		M-40	33	02:28:30	<b>03:44:35.90</b>	<b>03:44:50.85</b>	+01:42:21 (45.5%)	8:19	7.2 (54.5%)
114	<b>MIRKIEWICZ Rafał</b>	<b>192</b>		M-30	28	02:25:16	<b>03:45:34.40</b>	<b>03:45:50.55</b>	+01:43:21 (45.8%)	8:21	7.2 (54.5%)
115	<b>GLIWICKA-WOJDAKOWSKA Aneta</b>	<b>133</b>		K-30	15	02:28:03	<b>03:47:09.15</b>	<b>03:47:19.05</b>	+01:44:50 (46.1%)	8:24	7.1 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	15km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
116	<b>IWULSKA Joanna</b>	<b>143</b>		K-30	16	02:29:04	<b>03:49:10.55</b>	<b>03:49:21.00</b>	+01:46:52 (46.6%)	8:29	7.1 (53.8%)
117	<b>STUDNIK Agnieszka</b>	<b>239</b>		K-30	17	02:34:27	<b>03:51:43.65</b>	<b>03:51:52.30</b>	+01:49:23 (47.2%)	8:34	7 (53.0%)
118	<b>LITYŃSKA Małgorzata</b>	<b>184</b>		K-30	18	02:29:06	<b>03:51:11.00</b>	<b>03:52:20.45</b>	+01:49:51 (47.3%)	8:33	7 (53.0%)
119	<b>SIWINSKA Gosia</b>	<b>229</b>		K-40	12	02:29:30	<b>03:52:48.40</b>	<b>03:52:53.50</b>	+01:50:24 (47.4%)	8:37	7 (53.0%)
120	<b>RÓG Bartosz</b>	<b>221</b>		M-40	34	02:27:53	<b>03:55:14.15</b>	<b>03:55:28.60</b>	+01:52:59 (48.0%)	8:42	6.9 (52.3%)
121	<b>SOŁGAŁA Tomasz</b>	<b>233</b>		M-40	35	02:28:55	<b>03:55:14.55</b>	<b>03:55:28.70</b>	+01:52:59 (48.0%)	8:42	6.9 (52.3%)
122	<b>ANDRZEJEWSKI Krzysztof</b>	<b>101</b>		M-50	13	02:35:47	<b>03:55:33.05</b>	<b>03:55:40.00</b>	+01:53:11 (48.0%)	8:43	6.9 (52.3%)
123	<b>SOSNOWSKA Stella</b>	<b>234</b>		K-40	13	02:35:43	<b>03:55:34.00</b>	<b>03:55:40.20</b>	+01:53:11 (48.0%)	8:43	6.9 (52.3%)
124	<b>WÓJCIK Monika</b>	<b>263</b>		K-40	14	02:34:38	<b>03:55:45.50</b>	<b>03:55:49.20</b>	+01:53:20 (48.1%)	8:43	6.9 (52.3%)
125	<b>HORBATIUK Lidiia</b>	<b>140</b>		K-30	19	02:31:30	<b>03:55:51.95</b>	<b>03:55:56.20</b>	+01:53:27 (48.1%)	8:44	6.9 (52.3%)
126	<b>LENART Wioleta</b>	<b>181</b>		K-30	20	02:41:37	<b>03:59:01.25</b>	<b>03:59:05.60</b>	+01:56:36 (48.8%)	8:51	6.8 (51.5%)
126	<b>LENART Rafał</b>	<b>182</b>		M-30	29	02:40:58	<b>03:59:00.95</b>	<b>03:59:05.60</b>	+01:56:36 (48.8%)	8:51	6.8 (51.5%)
128	<b>BUGAJSKA-JUCHA Renata</b>	<b>109</b>		K-40	15	02:38:33	<b>03:59:43.55</b>	<b>03:59:47.30</b>	+01:57:18 (48.9%)	8:52	6.8 (51.5%)
129	<b>WISZNIOWSKA Agata</b>	<b>261</b>		K-40	16	02:26:22	<b>03:59:55.05</b>	<b>04:00:07.35</b>	+01:57:38 (49.0%)	8:53	6.8 (51.5%)
129	<b>LACHOWICZ Marta</b>	<b>176</b>		K-30	21	02:26:20	<b>03:59:54.90</b>	<b>04:00:07.35</b>	+01:57:38 (49.0%)	8:53	6.8 (51.5%)
131	<b>RAJSKA Liliana</b>	<b>220</b>		K-40	17	02:33:12	<b>04:00:05.80</b>	<b>04:00:08.60</b>	+01:57:39 (49.0%)	8:53	6.7 (50.8%)
132	<b>SAKOWSKI Rafal</b>	<b>224</b>		M-40	36	02:32:57	<b>04:00:05.70</b>	<b>04:00:08.85</b>	+01:57:39 (49.0%)	8:53	6.7 (50.8%)
133	<b>WILCZEK Małgorzata</b>	<b>260</b>		K-30	22	02:36:11	<b>04:00:30.65</b>	<b>04:00:37.95</b>	+01:58:08 (49.1%)	8:54	6.7 (50.8%)
134	<b>STUDZIŃSKI Michał</b>	<b>240</b>		M-30	30	02:35:58	<b>04:03:30.50</b>	<b>04:03:39.15</b>	+02:01:10 (49.7%)	9:01	6.7 (50.8%)
135	<b>ŚLÓSARCZYK Jakub</b>	<b>248</b>		M-40	37	02:30:00	<b>04:09:11.35</b>	<b>04:09:16.80</b>	+02:06:47 (50.9%)	9:13	6.5 (49.2%)
136	<b>HENNIG Filip</b>	<b>138</b>		M-20	8	02:42:07	<b>04:11:58.60</b>	<b>04:12:06.75</b>	+02:09:37 (51.4%)	9:19	6.4 (48.5%)
137	<b>ŁUSIAK Ewa</b>	<b>186</b>		K-40	18	02:45:01	<b>04:14:46.90</b>	<b>04:14:54.30</b>	+02:12:25 (51.9%)	9:26	6.4 (48.5%)
138	<b>TUREK Paweł</b>	<b>254</b>		M-40	38	02:51:29	<b>04:20:12.90</b>	<b>04:20:22.20</b>	+02:17:53 (53.0%)	9:38	6.2 (47.0%)
139	<b>SUWALD Andrzej</b>	<b>242</b>		M-60+	4	02:49:10	<b>04:20:15.45</b>	<b>04:20:45.85</b>	+02:18:16 (53.0%)	9:38	6.2 (47.0%)
140	<b>KARBOWSKA Beata</b>	<b>155</b>		K-40	19	02:46:08	<b>04:20:50.65</b>	<b>04:20:55.00</b>	+02:18:26 (53.1%)	9:39	6.2 (47.0%)
141	<b>KLAMKA Wioletta</b>	<b>156</b>		K-40	20	02:45:34	<b>04:20:57.60</b>	<b>04:21:05.65</b>	+02:18:36 (53.1%)	9:39	6.2 (47.0%)
142	<b>ADAMCZYK Joanna</b>	<b>100</b>		K-40	21	02:45:40	<b>04:20:57.25</b>	<b>04:21:05.90</b>	+02:18:36 (53.1%)	9:39	6.2 (47.0%)
143	<b>SAMOĆ Barbara</b>	<b>226</b>		K-40	22	02:42:31	<b>04:21:49.80</b>	<b>04:22:08.65</b>	+02:19:39 (53.3%)	9:41	6.2 (47.0%)
144	<b>WOJCIK Magdalena</b>	<b>262</b>		K-20	7	02:43:53	<b>04:21:57.70</b>	<b>04:22:09.20</b>	+02:19:40 (53.3%)	9:42	6.2 (47.0%)
145	<b>WRÓBEL Dariusz</b>	<b>264</b>		M-40	39	02:42:28	<b>04:21:59.20</b>	<b>04:22:18.50</b>	+02:19:49 (53.3%)	9:42	6.2 (47.0%)
146	<b>CICHOCKI Mariusz</b>	<b>113</b>		M-50	14	02:44:16	<b>04:22:51.60</b>	<b>04:22:59.45</b>	+02:20:30 (53.4%)	9:44	6.2 (47.0%)
147	<b>DAJNOWSKI Marek</b>	<b>118</b>		M-30	31	02:44:18	<b>04:22:51.75</b>	<b>04:22:59.50</b>	+02:20:30 (53.4%)	9:44	6.2 (47.0%)
148	<b>DZIEDZIC-WÓJTOWICZ Agnieszka</b>	<b>123</b>		K-40	23	02:54:02	<b>04:23:06.40</b>	<b>04:23:17.95</b>	+02:20:48 (53.5%)	9:44	6.2 (47.0%)
149	<b>JAREMEK Wojciech</b>	<b>148</b>		M-40	40	02:51:42	<b>04:23:03.60</b>	<b>04:23:20.90</b>	+02:20:51 (53.5%)	9:44	6.2 (47.0%)
150	<b>TARNAWSKI Jakub</b>	<b>616</b>		M-50	15	02:53:54	<b>04:23:01.85</b>	<b>04:23:25.50</b>	+02:20:56 (53.5%)	9:44	6.2 (47.0%)
DNC	<b>NOWOCIN Radosław</b>	<b>200</b>		M-30		01:34:55	<b>02:08:45.65</b>	<b>02:08:47.85</b>		0:00	12.6 (95.5%)

Znaleziono 151 wynik(ów)