

GORCE ULTRA-TRAIL® 102 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Gorce Ultra-Trail 2019
Fundacja Run Vegan - GUT
2019-08-03
Ochotnica Dolna
102 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Luban 12km	Prz_Knur 25km	Rozwidlenie 26km	Obidowa 43km	Rzeki 1 63km	Rzeki 2 63.1km	Szczawa 1 83km	Szczawa 2 83.1km	Gorc 90km	Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
1	GRZĄDZIEL Dominik	105	ATTIQ TEAM	M 33-44	1	01:16:19	02:26:39	02:32:38	04:08:58	06:14:15	06:15:51	08:27:36	08:28:49	09:17:54	10:24:04.30	10:24:05.60		6:07	9,8 (100%)
2	FARON Robert	125	SALCO GARMIN TEAM	M 45+	1	01:19:39	02:30:14	02:35:10	04:12:58	06:23:33	06:24:39	08:41:42	08:42:44	09:35:40	10:56:19.35	10:56:20.80	+00:32:15 (4.9%)	6:26	9,3 (100%)
3	LISAK Krzysztof	120	XS ENERGY	M 33-44	2	01:27:22	02:44:30	02:51:11	04:40:57	06:59:55	07:05:24	09:24:09	09:27:08	10:22:49	11:41:02.50	11:41:05.00	+01:16:59 (11.0%)	6:52	8,7 (96.7%)
4	FALANDYSZ Damian	15	WPRUNNING	M 32	1	01:24:51	02:41:17	02:47:29	04:36:57	07:03:36	07:08:37	09:38:51	09:44:16	10:38:47	11:48:16.55	11:48:18.75	+01:24:13 (11.9%)	6:56	8,6 (95.6%)
5	WANTUCH Marcin	65		M 33-44	3	01:22:37	02:38:30	02:44:50	04:35:56	07:01:24	07:06:09	09:44:30	09:45:51	10:40:58	11:55:26.10	11:55:29.25	+01:31:23 (12.8%)	7:00	8,6 (95.6%)
6	JÓZWIĄK Piotr	92	KITA TEAM	M 33-44	4	01:21:56	02:33:38	02:40:08	04:29:57	06:57:10	06:59:21	09:36:43	09:41:54	10:45:53	12:08:45.90	12:08:48.15	+01:44:42 (14.4%)	7:08	8,4 (93.3%)
7	MYŚLIWIEC Mariusz	147		M 33-44	5	01:29:19	02:45:59	02:53:37	04:43:54	07:14:59	07:18:55	09:53:12	09:56:25	10:56:17	12:14:30.80	12:14:36.50	+01:50:30 (15.0%)	7:12	8,3 (92.2%)
8	MOSKALIK Tomasz	83	TG SOKÓŁ ZAKOPANE	M 33-44	6	01:41:00	03:05:22	03:13:54	05:07:53	07:30:57	07:36:58	10:11:03	10:13:56	11:07:44	12:24:14.95	12:24:21.60	+02:00:16 (16.2%)	7:17	8,2 (91.1%)
9	ZAWOJSKI Maciej	151		M 32	2	01:41:25	03:10:33	03:19:09	05:16:34	07:44:54	07:49:16	10:31:30	10:35:23	11:29:52	12:55:38.20	12:56:03.65	+02:31:58 (19.6%)	7:36	7,9 (87.8%)
10	PASIK Tomasz	156		M 33-44	7	01:27:10	02:43:53	02:50:42	04:39:57	06:59:48	07:05:26	09:41:11	09:45:39	11:08:16	13:29:44.10	13:29:46.30	+03:05:40 (22.9%)	7:56	7,6 (84.4%)
11	OBREBSKI Grzegorz	33	ASSECO ACTIVE TEAM	M 33-44	8	01:30:52	02:56:28	03:05:00	05:04:55	07:42:39	08:01:19	10:49:08	10:52:52	11:54:48	13:36:51.40	13:36:55.85	+03:12:50 (23.6%)	8:00	7,5 (83.3%)
12	ROSTAFIŃSKI Jerzy	113	WASZA-WYSOKOSC.PL / MIŁO	M 32	3	01:34:15	03:03:09	03:10:20	05:19:54	08:08:25	08:16:59	11:21:16	11:27:31	12:29:21	13:42:56.75	13:43:02.30	+03:18:56 (24.2%)	8:04	7,4 (82.2%)
13	PUCHNIARZ Mateusz	123	JURNE KNURY	M 33-44	9	01:36:01	03:01:54	03:10:44	05:11:43	07:52:27	08:08:50	11:14:57	11:24:28	12:29:05	13:44:23.45	13:44:40.35	+03:20:34 (24.3%)	8:04	7,4 (82.2%)
14	GAWĘSKI Maciej	112	KW KRAKÓW	M 45+	2	01:44:52	03:22:35	03:32:52	05:41:49	08:23:18	08:32:36	11:26:25	11:31:28	12:30:25	13:51:17.00	13:51:27.35	+03:27:21 (24.9%)	8:08	7,4 (82.2%)
15	DUDA Konrad	101		M 33-44	10	01:32:40	02:56:18	03:04:27	05:04:56	07:53:15	08:13:55	11:06:58	11:22:44	12:29:28	13:51:45.70	13:51:49.65	+03:27:44 (25.0%)	8:09	7,4 (82.2%)
16	FELUCH Krzysztof	108	JACEK BIEGA RUNNING TEAM	M 45+	3	01:35:20	03:03:55	03:14:15	05:24:51	08:08:50	08:18:33	11:14:46	11:18:46	12:25:21	13:52:01.60	13:52:09.60	+03:28:04 (25.0%)	8:09	7,4 (82.2%)
17	KISIELEWSKI Tomasz	100	TOMITHERUNNER SRH	M 33-44	11	01:40:31	03:12:00	03:23:03	05:31:51	08:19:16	08:30:49	11:26:52	11:30:12	12:30:07	13:57:50.85	13:57:58.85	+03:33:53 (25.5%)	8:12	7,3 (81.1%)
18	FREEMAN Amy	5	DARWEN DASHERS	K 33-44	1	01:39:38	03:11:44	03:22:21	05:37:39	08:29:01	08:37:33	11:32:56	11:38:31	12:43:54	14:09:30.80	14:09:51.10	+03:45:45 (26.6%)	8:19	7,2 (80.0%)
19	LEŚNIAK Anna	38	SALT RUNNERS BOCHNIA	K 33-44	2	01:46:09	03:21:19	03:30:42	05:47:55	08:37:23	08:42:00	11:40:37	11:44:22	12:45:15	14:10:38.80	14:10:43.75	+03:46:38 (26.6%)	8:20	7,2 (80.0%)
20	RUDNICKI Michał	32	ASSECO ACTIVE TEAM	M 33-44	12	01:35:40	03:05:08	03:14:22	05:24:55	08:15:59	08:28:45	11:29:34	11:35:01	12:34:40	14:11:59.25	14:12:04.20	+03:47:58 (26.8%)	8:21	7,2 (80.0%)
21	STANIO Arkadiusz	30	ASSECO ACTIVE TEAM	M 33-44	13	01:44:02	03:15:53	03:31:51	05:40:42	08:25:00	08:44:15	11:44:12	11:48:45	12:55:02	14:15:29.50	14:15:47.20	+03:51:41 (27.1%)	8:23	7,2 (80.0%)
22	CICHY Krzysztof	62	OPONY SERAFINOWSKI	M 45+	4	01:36:34	03:07:11	03:20:04	05:35:59	08:30:14	08:47:24			12:52:14	14:16:53.80	14:16:53.80	+03:52:48 (27.2%)	8:24	7,1 (78.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Luban 12km	Prz_Knur 25km	Rozwidlecie 26km	Obidowa 43km	Rzeki 1 63km	Rzeki 2 63.1km	Szczawa	Szczawa	Gorc 90km	Czas	Czas	Różn	Tempo min/km	Tempo km/h
												1 83km	2 83.1km		netto 102km	brutto 102km			
23	WITOWSKI Wiktor	95		M 32	4	01:35:19	03:01:17	03:12:23	05:24:44	08:15:21	08:32:21	11:38:17	11:47:21	12:56:54	14:29:02.95	14:29:18.90	+04:05:13 (28.2%)	8:31	7 (77.8%)
24	PAJOR Andrzej	90		M 32	5	01:35:16	03:00:06	03:12:12	05:11:44	08:01:28	08:24:29	11:30:48	11:47:20	12:56:51	14:29:03.80	14:29:18.95	+04:05:13 (28.2%)	8:31	7 (77.8%)
25	PYCIA Adam	11	KORONA MASTERS KRAKÓW	M 45+	5	01:39:48	03:08:41	03:18:44	05:31:55	08:31:31	08:43:09	11:47:24	11:53:52	12:58:46	14:29:15.55	14:29:20.20	+04:05:14 (28.2%)	8:31	7 (77.8%)
26	MIŚKOWIEC Janusz	127	KLIFORNIATRI	M 45+	6	01:41:04	03:15:51	03:28:25	05:45:50	08:30:55	08:47:57	11:48:49	11:56:15	13:04:51	14:34:54.40	14:35:03.65	+04:10:58 (28.7%)	8:34	7 (77.8%)
27	KOSECKI Krzysztof	54	SG	M 33-44	14	01:44:35	03:24:33	03:38:28	05:55:35	09:00:11	09:12:06	12:05:51	12:10:54	13:11:07	14:38:40.35	14:39:05.00	+04:14:59 (29.0%)	8:36	7 (77.8%)
28	HOFMAŃSKI Rafał	97		M 32	6	01:45:22	03:22:21	03:33:04	05:45:43	08:34:08	08:46:16	11:50:08	11:55:51	13:01:40	14:45:28.50	14:45:44.95	+04:21:39 (29.5%)	8:40	6.9 (76.7%)
29	ŁĘCKA Agnieszka	122	JACEK BIEGA RUNNING TEAM	K 32	1	01:37:19	03:11:12	03:19:06	05:33:50	08:31:55	08:36:16	11:41:06	11:44:24	12:57:25	14:47:15.00	14:47:24.85	+04:23:19 (29.7%)	8:41	6.9 (76.7%)
30	STYCZYŃSKI Grzegorz	136	POLSKI EKO CHMIEL	M 33-44	15	01:41:06	03:08:34	03:18:38	05:31:45	08:24:33	08:35:37	11:41:15	11:47:40	12:57:26	14:47:12.80	14:47:26.80	+04:23:21 (29.7%)	8:41	6.9 (76.7%)
31	CIESIELSKI Maciej	50	#1512WINGEDHEARTS	M 32	7	01:39:42	03:15:05	03:25:31	05:35:34	08:31:13	08:39:48	11:51:32	11:56:39	13:07:59	14:51:08.90	14:51:34.55	+04:27:28 (30.0%)	8:44	6.9 (76.7%)
32	TOKARCZYK Arkadiusz	106		M 32	8	01:33:48	03:00:10	03:08:26	05:19:53	08:17:43	08:27:57	11:58:50	12:07:16	13:17:15	14:55:08.35	14:55:14.35	+04:31:08 (30.3%)	8:46	6.8 (75.6%)
33	KWIATKOWSKI Paweł	87		M 33-44	16	01:39:33	03:11:35	03:22:48	05:37:49	08:26:25	08:36:02	11:48:43	11:56:57	13:13:56	14:55:21.80	14:55:32.55	+04:31:26 (30.3%)	8:46	6.8 (75.6%)
34	KWIATKOWSKI Przemysław	86		M 32	9	01:42:43	03:15:17	03:28:05	05:40:48	08:38:13	08:53:05	12:04:10	12:09:59	13:21:56	15:11:25.40	15:11:36.45	+04:47:30 (31.5%)	8:56	6.7 (74.4%)
35	KOWALSKI Lukasz	64	MAGNETI MARELLI	M 33-44	17	01:42:47	03:13:43	03:26:01	05:37:45	08:33:49	08:54:56	12:07:00	12:12:40	13:15:17	15:14:33.15	15:14:47.70	+04:50:42 (31.8%)	8:57	6.7 (74.4%)
36	SZCZERBAKOWICZ Kamil	114		M 32	10	01:45:42	03:30:16	03:42:27	05:58:50	08:53:53		12:20:20	12:22:36	13:37:22	15:20:59.20	15:21:08.45	+04:57:02 (32.2%)	9:01	6.6 (73.3%)
37	KLUKOSZOWSKI Marek	67		M 33-44	18	01:47:48	03:29:23	03:40:40	05:54:36	08:53:49	09:03:55	12:13:59	12:22:42	13:35:34	15:21:03.35	15:21:27.25	+04:57:21 (32.3%)	9:01	6.6 (73.3%)
38	KIEC Mateusz	142	PRZENOSIMY GÓRY	M 32	11	01:49:01	03:26:26	03:41:39	05:59:40	09:02:48	09:24:19	12:41:32	12:50:33	13:57:41	15:28:30.65	15:28:50.00	+05:04:44 (32.8%)	9:06	6.6 (73.3%)
39	CIĘŻKI Konrad	35	EVERRUN	M 33-44	19	01:36:56	03:06:35	03:18:47	05:33:45	08:31:34	08:54:43	12:14:23	12:25:32	13:38:48	15:30:19.60	15:30:33.70	+05:06:28 (32.9%)	9:07	6.6 (73.3%)
40	NALAZEK Marcin	17	KALENJI BY DECATHLON	M 33-44	20	01:27:32	03:10:45	03:22:42	05:56:56	08:59:36	09:10:48	12:41:11	12:47:24	13:54:01	15:31:09.55	15:31:13.35	+05:07:07 (33.0%)	9:07	6.6 (73.3%)
41	MAZUREK Roman	81	SPARTANIE DZIECIOM	M 33-44	21	01:38:38	03:11:09	03:24:20	05:44:41	08:38:03	08:53:19	12:06:52	12:10:56	13:27:42	15:32:39.35	15:32:57.75	+05:08:52 (33.1%)	9:08	6.6 (73.3%)
42	MIROCHA Łukasz	144		M 33-44	22	01:41:41	03:18:41	03:36:42	05:56:39	09:03:45	09:18:43	12:33:11	12:40:32	13:45:52	15:33:05.95	15:33:26.50	+05:09:20 (33.1%)	9:08	6.6 (73.3%)
43	MATLOK Marek	124	BIEGAJ Z PILECKIM	M 33-44	23	01:45:23	03:25:43	03:37:20	06:03:46	09:19:29	09:28:32	12:49:56	13:00:09	14:12:10	15:42:35.90	15:42:49.40	+05:18:43 (33.8%)	9:14	6.5 (72.2%)
44	MERKWA Wojciech	40	ZIOMKI	M 33-44	24	01:37:28	03:19:46	03:36:07	05:55:51	09:19:53	09:52:27	12:41:05	12:52:05	14:04:46	15:43:35.50	15:43:43.50	+05:19:37 (33.9%)	9:15	6.5 (72.2%)
45	JACHYMIAK Robert	110	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	M 33-44	25	01:40:12	03:23:10	03:31:12	05:57:58	09:22:52	09:34:52	12:53:43	13:00:26	14:00:52	15:46:51.95	15:46:53.85	+05:22:48 (34.1%)	9:16	6.5 (72.2%)
46	ASHER Iain	4	DARWEN DASHERS	M 45+	7	01:45:55	03:25:53	03:35:55	06:03:21	09:14:05	09:24:43	12:49:32	12:53:47	14:00:19	15:46:47.20	15:47:25.85	+05:23:20 (34.1%)	9:16	6.5 (72.2%)
47	KUSZEL Bartłomiej	12	BAI MA FEI MA	M 33-44	26	01:48:27	03:26:34	03:37:53	05:56:26	08:57:23	09:05:49	12:29:50	12:33:00	13:48:58	15:49:20.70	15:49:54.55	+05:25:48 (34.3%)	9:18	6.4 (71.1%)
48	KORDECKA Anna	159	WCHSZT	K 33-44	3	01:47:49	03:29:04	03:40:22	06:11:50	09:20:53	09:34:02	12:49:57	13:00:12	14:12:19	15:53:45.30	15:53:55.05	+05:29:49 (34.6%)	9:21	6.4 (71.1%)
49	SCHUSTER Martin	1	CZAJLANDIA	M 32	12	01:39:39	03:11:53	03:23:41	05:35:52	08:46:36	09:00:38	12:40:39	12:52:51	14:04:34	15:54:35.80	15:54:43.20	+05:30:37 (34.6%)	9:21	6.4 (71.1%)
50	BIŃKOWSKI Borys	152	FAIRTRADE POLSKA	M 33-44	27	01:52:41	03:33:59	03:47:57	06:16:44	09:39:23	09:53:21	13:10:44		14:20:31	15:54:38.25	15:54:53.35	+05:30:47 (34.6%)	9:21	6.4 (71.1%)
51	KUCIA Szymon	98	RECARO	M 32	13	01:42:44	03:23:08	03:35:29	06:05:47	09:34:26	09:54:05	13:11:10	13:22:37	14:34:12	15:54:46.50	15:54:58.50	+05:30:52 (34.6%)	9:21	6.4 (71.1%)
52	BRANDSTÄTTER Ingrid	71	RUN2GETHER	K 45+	1	01:43:17	03:23:38	03:33:20	05:57:53	09:10:48	09:19:52	12:53:11	12:59:03	14:10:25	15:55:12.40	15:55:18.65	+05:31:13 (34.7%)	9:21	6.4 (71.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szczawa										Czas		Tempo min/km	Tempo km/h
						Luban 12km	Prz_Knur 25km	Rozwidlenie 26km	Obidowa 43km	Rzeki 1 63km	Rzeki 2 63.1km	1 83km	2 83.1km	Gorc 90km	netto 102km	brutto 102km	Różn		
53	SZCZEPAŃSKI Jakub	88		M 45+	8	01:41:34	03:21:33	03:35:18	05:57:55	09:10:14	09:24:22	12:52:15	13:01:00	14:13:00	16:03:00.60	16:03:04.85	+05:38:59 (35.2%)	9:26	6.4 (71.1%)
54	MAJEWSKA Ewelina	25		K 33-44	4	01:51:15	03:37:47	03:49:26	06:18:44	09:34:03	09:42:31	13:08:26	13:13:51	14:24:11	16:03:36.20	16:03:51.75	+05:39:46 (35.3%)	9:26	6.4 (71.1%)
55	GIBAŁA Marcin	34	FUNDACJA AUXILIUM	M 45+	9	01:50:25	03:32:22	03:45:51	06:08:38	09:21:03	09:34:56	13:04:25	13:14:01	14:21:29	16:07:06.45	16:07:27.70	+05:43:22 (35.5%)	9:28	6.3 (70.0%)
56	KAMELA Robert	23		M 45+	10	01:32:04	02:58:36	03:07:13	05:21:53	08:18:00	08:34:35	12:18:31	12:42:35	14:24:39	16:10:14.40	16:10:21.00	+05:46:15 (35.7%)	9:30	6.3 (70.0%)
57	GĄSIOREK Przemysław	119	FASTFOOT RUNNING TEAM	M 33-44	28	01:46:14	03:27:28	03:40:20	06:08:43	09:25:18	09:45:19	13:06:32	13:22:07	14:33:52	16:10:06.70	16:10:23.35	+05:46:17 (35.7%)	9:30	6.3 (70.0%)
58	DRAGON Przemysław	137		M 33-44	29	01:41:59	03:25:12	03:36:03	06:07:52	09:24:59		13:13:30	13:17:15	14:33:48	16:12:23.70	16:12:30.95	+05:48:25 (35.8%)	9:31	6.3 (70.0%)
59	PIECH Michał	44	ALUSTAL	M 33-44	30	01:48:50	03:34:34	03:49:29	06:21:51	09:32:33	09:44:52	13:08:52	13:15:26	14:30:22	16:15:13.30	16:15:21.90	+05:51:16 (36.0%)	9:33	6.3 (70.0%)
60	GOŁĘBIEWSKI Robert	107		M 45+	11	01:53:49	03:42:22	03:55:19	06:23:24	09:35:59	09:42:16	13:06:51	13:12:20	14:27:39	16:16:46.40	16:17:21.40	+05:53:15 (36.1%)	9:34	6.3 (70.0%)
61	NAWROCKI Marcin	28	TURBACZE	M 33-44	31	01:48:29	03:28:31	03:40:34	06:06:39	09:21:52	09:36:59	13:08:05	13:16:01	14:30:41	16:20:01.80	16:20:22.15	+05:56:16 (36.3%)	9:36	6.2 (68.9%)
62	ŻYWICKI Maciej	150	DROGA DO ULTRA	M 33-44	32	01:50:56	03:29:29	03:40:29	06:06:36	09:21:55	09:37:00	13:08:01	13:15:58	14:30:43	16:19:59.85	16:20:23.05	+05:56:17 (36.3%)	9:36	6.2 (68.9%)
63	RATYŃSKI Wojciech	115		M 33-44	33	01:39:41	03:14:32	03:28:17	05:47:40	09:01:48	09:16:53	12:32:30	12:43:27	14:04:57	16:20:34.65	16:20:53.75	+05:56:48 (36.4%)	9:36	6.2 (68.9%)
64	PAJĄK Wojciech	47	MOCNI POMOJNI	M 32	14	01:42:54	03:23:53	03:41:11	06:13:37	09:16:22	09:34:09	12:50:21	13:01:27	14:23:59	16:21:30.50	16:21:52.95	+05:57:47 (36.4%)	9:37	6.2 (68.9%)
65	SARNA Krzysztof	46	MOCNI POMOJNI	M 32	15	01:42:46	03:09:58	03:41:04	06:12:37	09:15:02	09:34:08	12:46:07	13:01:28	14:21:35	16:21:30.65	16:21:53.05	+05:57:47 (36.4%)	9:37	6.2 (68.9%)
66	WALAWENDER Patryk	82		M 33-44	34	01:52:45	03:36:57	03:49:13	06:14:26	09:26:00	09:48:14	13:08:27	13:18:32	14:30:18	16:21:40.10	16:22:13.55	+05:58:07 (36.5%)	9:37	6.2 (68.9%)
67	NĘDZUSIAK Dariusz	93	POLKRYŚ TEAM	M 45+	12	01:46:58	03:24:20	03:37:43	05:59:35	09:15:49	09:40:06	13:08:18	13:15:00	14:24:04	16:27:26.15	16:27:50.20	+06:03:44 (36.8%)	9:40	6.2 (68.9%)
68	PIETRZYKOWSKI Artur	138		M 33-44	35	01:54:21	03:41:56	03:59:43	06:31:26	09:40:57	09:59:04	13:13:32	13:28:31	14:38:30	16:27:21.50	16:27:54.75	+06:03:49 (36.8%)	9:40	6.2 (68.9%)
69	BORUSIŃSKI Piotr	154		M 33-44	36	01:48:37	03:31:00	03:42:36	06:11:33	09:39:30	09:57:29	13:35:00	13:40:28	14:48:50	16:28:41.45	16:29:07.95	+06:05:02 (36.9%)	9:41	6.2 (68.9%)
70	GŁOWACKI Mariusz	9	ACTIVE JURA	M 45+	13	01:54:16	03:47:32	04:02:52	06:36:29	09:50:53	10:13:08	13:27:07	13:40:49	14:48:38	16:29:03.00	16:29:33.85	+06:05:28 (36.9%)	9:41	6.2 (68.9%)
71	DOMAGAŁA Remigiusz	89		M 45+	14	01:46:44	03:34:22	03:48:06	06:21:47	09:45:07	09:55:18	13:26:05	13:29:45	14:41:02	16:30:34.40	16:30:47.35	+06:06:41 (37.0%)	9:42	6.2 (68.9%)
72	BOROWIECKI Łukasz	146		M 32	16	01:51:39	03:41:27	04:03:22	06:27:30			13:31:38	13:41:07	14:48:42	16:32:07.55	16:32:36.95	+06:08:31 (37.1%)	9:43	6.2 (68.9%)
73	ZATORSKI Marcin	111	KREJZI TIM BŁONIE	M 33-44	37	01:51:04	03:37:19	03:49:19	06:22:59	09:48:09	10:07:04	13:26:37		14:49:04	16:33:13.90	16:33:13.90	+06:09:08 (37.2%)	9:44	6.2 (68.9%)
74	PAPAŁA Edward	37		M 33-44	38	01:50:23	03:30:02	03:46:50	06:08:23	09:36:04	09:58:57	13:26:11	13:35:12	14:39:47	16:34:39.15	16:35:15.75	+06:11:10 (37.3%)	9:45	6.2 (68.9%)
75	CISZYŃSKI Marek	21	START KATOWICE	M 45+	15	01:38:33	03:19:17	03:38:05	06:05:43	09:31:03	09:51:16	13:18:16	13:31:32	14:39:51	16:39:39.10	16:39:55.20	+06:15:49 (37.6%)	9:48	6.1 (67.8%)
76	RACZYC Janusz	27		M 33-44	39	01:44:33	03:36:38	03:50:37	06:33:43	09:54:35	10:14:41	13:52:39	13:59:21	15:04:37	16:39:46.30	16:40:02.65	+06:15:57 (37.6%)	9:48	6.1 (67.8%)
77	GNOT Katarzyna	80		K 45+	2	01:45:07	03:24:41	03:38:39	06:01:42	09:24:05	09:44:37	13:13:44	13:22:45	14:38:34	16:39:45.30	16:40:02.80	+06:15:57 (37.6%)	9:48	6.1 (67.8%)
78	PŁUCIENNIK Krzysztof	133		M 45+	16	01:45:06	03:22:59	03:39:35	06:01:35	09:24:08	09:44:32	13:13:38	13:22:40	14:38:24	16:39:39.65	16:40:03.90	+06:15:58 (37.6%)	9:48	6.1 (67.8%)
79	DYDUŁA Renata	74	ITAL CAR TEAM	K 33-44	5	01:47:41	03:35:43	03:47:15	06:26:38	09:45:58	09:52:37	13:18:25	13:25:11	14:43:27	16:44:23.65	16:44:45.15	+06:20:39 (37.9%)	9:50	6.1 (67.8%)
80	ZABRZEWSKI Patryk	42	JASTRZĘBSKI KLUB WYSOKOGÓRSKI	M 33-44	40	01:45:20	03:27:12	03:39:41	06:11:36	09:25:55	09:53:16	13:18:22	13:25:09	14:43:21	16:44:28.50	16:44:52.20	+06:20:46 (37.9%)	9:50	6.1 (67.8%)
81	KONARSKI Maciej	24	MIELONY CHRUPEK	M 33-44	41	01:49:33	03:28:55	03:39:25	05:55:44	09:13:46	09:30:41	13:04:48	13:08:30	14:29:05	16:44:54.30	16:45:10.25	+06:21:04 (37.9%)	9:51	6.1 (67.8%)
82	FOLUSIAK Marcin	22		M 45+	17	01:47:19	03:27:05	03:43:11	06:05:33	09:18:43	09:33:27	13:07:47	13:21:05	14:36:32	16:44:45.40	16:45:11.75	+06:21:06 (37.9%)	9:51	6.1 (67.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szczawa										Czas		Tempo min/km	Tempo km/h
						Luban 12km	Prz_Knur 25km	Rozwidlenie 26km	Obidowa 43km	Rzeki 1 63km	Rzeki 2 63.1km	1 83km	2 83.1km	Gorc 90km	netto 102km	brutto 102km	Różn		
83	KOCOT Sebastian	19		M 33-44	42	01:47:22	03:27:04	03:42:34	06:05:34	09:18:51	09:33:03	13:07:47	13:21:05	14:36:41	16:44:48.45	16:45:14.20	+06:21:08 (37.9%)	9:51	6.1 (67.8%)
84	STANGIERSKI Adam	157		M 33-44	43	01:50:17	03:34:14	03:57:53	06:32:23	10:07:09	10:25:53	13:40:09	13:54:16	15:02:37	16:51:23.40	16:52:00.25	+06:27:54 (38.3%)	9:54	6.1 (67.8%)
85	FEDORKO Witold	99	QUIETA MOVERE	M 33-44	44	01:39:56	03:13:39	03:28:43	05:51:53	09:03:20	09:47:23	13:11:48	13:38:52	14:49:08	16:53:18.35	16:56:25.25	+06:32:19 (38.6%)	9:56	6 (66.7%)
86	SUDER Michał	61		M 33-44	45	01:54:24	03:35:40	03:55:31	06:30:46	09:55:52	10:13:23	13:41:43	13:48:42	15:05:02	16:57:31.95	16:57:45.35	+06:33:39 (38.7%)	9:58	6 (66.7%)
87	ŻYRA Grzegorz	66	BEZNAPINY	M 33-44	46	01:54:19	03:35:40	03:55:28	06:30:45	09:55:52	10:13:18	13:41:44	13:48:41	15:04:57	16:57:32.10	16:57:46.55	+06:33:40 (38.7%)	9:58	6 (66.7%)
88	FLIŚNIK Mirek	139	PKS GALOPUJĄCA SOCZEWICA	M 33-44	47	01:43:23	03:20:36	03:32:08	06:04:28	09:36:59	10:07:54	13:43:34	13:48:41	15:06:07	16:58:52.05	16:59:23.15	+06:35:17 (38.8%)	9:59	6 (66.7%)
89	BRZOZOWSKA Anna	77	PKS GALOPUJĄCA SOCZEWICA	K 45+	3	01:55:43	03:51:27	04:05:05	07:00:28	10:03:39	10:07:49	13:43:30	13:48:42	15:05:58	16:58:51.95	16:59:23.40	+06:35:17 (38.8%)	9:59	6 (66.7%)
90	MAŁECKI Sebastian	135	KLUB BIEGACZA T2/4	M 33-44	48	01:55:37	03:45:40	04:00:56	06:31:45	09:49:57	10:11:06	13:51:07	14:00:31	15:12:35	17:03:53.55	17:04:07.70	+06:40:02 (39.1%)	10:02	6 (66.7%)
91	BARON Jacek	102	VADAIN RUNNING CLUB	M 33-44	49	01:52:12	03:37:37	03:49:47	06:17:36	09:48:40		13:18:30	13:44:13	14:56:05	17:04:02.60	17:04:26.50	+06:40:20 (39.1%)	10:02	6 (66.7%)
92	BLASZKE Beata	128	EXTREMALNE OTK NA RELAKSIE	K 45+	4	01:46:43	03:36:10	03:58:26	06:41:29	10:06:49	10:22:17	13:50:19	13:58:16	15:14:36	17:04:33.25	17:05:03.80	+06:40:58 (39.1%)	10:02	6 (66.7%)
93	DACZYŃSKI Michał	10	VEGE RUNNERS	M 33-44	50	01:46:47	03:36:13	03:58:23	06:41:29	10:06:53	10:22:19	13:50:19	13:58:18	15:14:38	17:04:34.65	17:05:04.70	+06:40:59 (39.1%)	10:02	6 (66.7%)
94	CHWIŁKA Daniel	31	ASSECO ACTIVE TEAM	M 33-44	51	01:51:43	03:40:25	03:51:10	06:25:54	09:48:23	09:56:39	13:32:07	13:41:07	14:56:20	17:05:26.30	17:05:31.85	+06:41:26 (39.1%)	10:03	6 (66.7%)
95	OSZCZĘDA Krzysztof	85		M 45+	18	01:55:55	03:48:17	04:01:45	06:38:42	10:08:34	10:19:43	13:55:46	14:05:45	15:18:59	17:19:36.90	17:19:54.15	+06:55:48 (40.0%)	10:11	5.9 (65.6%)
96	MAZUR Grzegorz	2	GRUPA SKROMNYCH BIEGACZY TARNÓW	M 45+	19	01:48:06	03:34:41	03:49:36	06:33:32	10:03:18	10:18:16	13:55:35	14:01:37	15:13:11	17:26:13.80	17:26:40.90	+07:02:35 (40.4%)	10:15	5.8 (64.4%)
97	ŚWIĘTOCHOWSKI Arkadiusz	6	GRUPA SKROMNYCH BIEGACZY	M 45+	20	01:45:00	03:34:36	03:49:38	06:33:32	10:04:57	10:18:18	13:56:06	14:01:37	15:12:38	17:26:13.40	17:26:41.30	+07:02:35 (40.4%)	10:15	5.8 (64.4%)
98	SZLACHTOWSKI Andrzej	132		M 45+	21	01:48:37	03:41:05	03:54:12	06:37:56	10:16:30	10:28:48	14:07:43	14:16:06	15:23:11	17:26:59.15	17:27:02.90	+07:02:57 (40.4%)	10:15	5.8 (64.4%)
99	BĄK Adam	13		M 45+	22	01:48:58	03:34:35	03:48:30	06:18:49	10:09:22	10:26:47	13:57:22	14:14:22	15:24:04	17:26:56.10	17:27:06.75	+07:03:01 (40.4%)	10:15	5.8 (64.4%)
100	GRUBAREK Dariusz	131		M 45+	23	01:49:10	03:41:08	03:54:08	06:37:55	10:16:26	10:28:45	14:07:42	14:16:06	15:23:07	17:27:03.85	17:27:08.70	+07:03:03 (40.4%)	10:15	5.8 (64.4%)
101	PIENIĄDZ Bartłomiej	3	MISIU Z BUSZU	M 33-44	52	01:52:47	03:39:50	04:03:11	06:35:32	10:18:40	10:38:19	14:18:05	14:24:38	15:44:31	17:28:50.05	17:29:17.65	+07:05:12 (40.5%)	10:16	5.8 (64.4%)
102	JANECKI Przemysław	121	TRENING BIEGACZA	M 33-44	53	01:48:52	03:39:52	03:52:42	06:36:39	10:22:14	10:43:22	14:22:18	14:32:05	15:45:17	17:34:59.10	17:35:19.35	+07:11:13 (40.9%)	10:20	5.8 (64.4%)
103	KONDRAK Piotr	143	VEGE RUNNERS	M 45+	24	01:45:55	03:29:23	03:45:50	06:23:31	10:16:09	10:48:56	14:15:47	14:31:01	15:42:27	17:35:18.10	17:35:46.60	+07:11:41 (40.9%)	10:20	5.8 (64.4%)
104	DUMAN Matej	96		M 33-44	54	01:47:32	03:40:27	03:52:56	06:36:41	10:31:22	10:46:12	14:33:01	14:36:56	15:42:32	17:38:27.85	17:38:46.55	+07:14:40 (41.1%)	10:22	5.8 (64.4%)
105	PITAS Andrzej	155	BIEGI W ROGOŹNIKU	M 33-44	55	01:44:01	03:19:27	03:31:22	06:14:53	09:50:53					17:39:33.45	17:39:40.00	+07:15:34 (41.1%)	10:23	5.8 (64.4%)
106	MAŁKOWSKI Bogdan	14	STOWARZYSZENIE SPORTOWE FENIKS	M 45+	25	01:48:16	03:38:11	03:55:47	06:34:31	10:10:05	10:38:08	14:15:39	14:28:06	15:44:56	17:42:42.20	17:43:10.25	+07:19:04 (41.3%)	10:25	5.8 (64.4%)
107	WILK Wiktoria	116	WILKI	K 32	2	01:59:56	03:57:51	04:14:14	07:02:33	10:35:29	10:46:44	14:32:58	14:37:11	15:49:07	17:42:48.05	17:43:14.10	+07:19:08 (41.3%)	10:25	5.8 (64.4%)
108	WILK Krzysztof	117		M 33-44	56	01:59:59	03:57:51	04:14:07	07:00:32	10:30:22	10:46:47	14:32:59	14:37:11	15:49:27	17:42:51.65	17:43:19.05	+07:19:13 (41.3%)	10:25	5.8 (64.4%)
109	MAZUR Paweł	103		M 32	17	01:42:05	03:30:41	03:45:24	06:20:51	10:05:57	10:21:35	14:14:21	14:24:27	15:41:03	17:45:06.15	17:45:14.45	+07:21:08 (41.4%)	10:26	5.7 (63.3%)
110	SMOŁA Grzegorz	109	APTEKI ZDROWE CENY	M 33-44	57	01:54:41	03:47:45	04:04:22	06:44:43	10:25:35	10:54:22	14:38:40	14:50:48	16:01:55	17:54:53.75	17:55:10.10	+07:31:04 (42.0%)	10:32	5.7 (63.3%)
111	BĘDŹKOWSKI Marek	134	MORSY OSTROŁĘKA	M 45+	26	01:54:29	03:49:49	04:04:11	06:41:39	10:20:41	10:37:16	14:21:51	14:27:48	15:47:40	17:56:01.70	17:56:22.15	+07:32:16 (42.0%)	10:32	5.7 (63.3%)

Przekroczony limit czasu: 18:00:00

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Luban 12km	Prz_Knur 25km	Rozwidlenie 26km	Obidowa 43km	Rzeki 1 63km	Rzeki 2 63.1km	Szczawa 1 83km	Szczawa 2 83.1km	Gorc 90km	Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
112	CZECHOWSKI Konrad	16		M 33-44	58	02:07:53	04:12:11	04:23:14	07:25:28	10:59:54		14:53:41	15:00:04	16:16:14	18:21:22.60	18:21:54.55	+07:57:48 (43.4%)	10:47	5.6 (62.2%)
113	RULAK Jerzy	51		M 33-44	59	01:55:40	03:52:46	04:08:49	07:15:54	10:50:07		14:38:50	14:44:43	16:02:01	18:22:10.10	18:22:15.35	+07:58:09 (43.4%)	10:48	5.6 (62.2%)
	WOJCIECHOWSKA Klaudia	49	VEGE RUNNERS	K 33-44		01:55:51 DNF	04:00:44 DNF	04:19:52 DNF	07:21:44 DNF	DNF	DNF	DNF	DNF	12:18:01 DNF	DNF	DNF	-	-	(0.0%)
	STRĘCIWILK Tomasz	73	WTORKOWY TRENING	M 33-44		01:52:14 DNF	03:37:32 DNF	03:49:52 DNF	06:17:36 DNF	09:37:21 DNF	09:48:43 DNF	13:36:32 DNF	13:43:22 DNF	DNF	DNF	DNF	-	-	(0.0%)
	KONARSKA Aleksandra	29	WIERZBICKI RUNNING PROJECT	K 32		02:02:00 DNF	03:57:07 DNF	04:17:06 DNF	07:02:41 DNF	10:26:16 DNF	10:50:42 DNF	14:48:59 DNF	14:54:32 DNF	DNF	DNF	DNF	-	-	(0.0%)
	KUNDYS Karolina	79	#WAWRZYNTM	K 33-44		01:49:38 DNF	03:54:38 DNF	04:08:50 DNF	07:15:53 DNF	10:52:02 DNF	10:56:35 DNF	14:49:10 DNF	14:55:36 DNF	DNF	DNF	DNF	-	-	(0.0%)
	DALAR Levent	72	THE HONEY BADGER ATHLETICS	M 45+		02:00:09 DNF	03:58:43 DNF	04:11:45 DNF	07:03:38 DNF	10:55:04 DNF	11:04:10 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SZCZYGIĘŁ Łukasz	7		M 32		01:36:36 DNF	03:06:50 DNF	03:14:44 DNF	05:25:55 DNF	08:49:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ZIEMBA Michał	41	ZIOMKI	M 33-44		01:41:48 DNF	03:19:51 DNF	03:36:13 DNF	05:57:52 DNF	09:24:39 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	LEWANDOWSKI Rafał	84	SPC / VENI, CUCURRI, VICI	M 33-44		01:41:16 DNF	03:28:29 DNF	03:44:21 DNF	06:23:47 DNF	10:28:04 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PAŁASZ Artur	104		M 32		01:38:20 DNF	03:16:37 DNF	03:35:25 DNF	06:42:56 DNF	10:31:43 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	OLESEK Magdalena	43		K 33-44		01:54:37 DNF	03:42:15 DNF	04:02:35 DNF	06:35:52 DNF	10:32:05 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MALUNG Jarosław	52	NADLEŚNICTWO ŚWIERADÓW	M 45+		02:01:04 DNF	04:04:43 DNF	04:34:29 DNF	07:38:22 DNF	10:42:30 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BRZOZOWSKI Armand	76	PKS GALOPUJĄCA SOCZEWICA	M 45+		01:55:45 DNF	03:51:29 DNF	04:05:16 DNF	07:00:28 DNF	10:44:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KUBACKI Sebastian	58	STAL NIEWIADÓW	M 33-44		01:55:43 DNF	03:43:56 DNF	03:58:35 DNF	06:51:22 DNF	10:51:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KAWALEC Bernard	36	ASSECO ACTIVE TEAM	M 33-44		DNF	03:54:55 DNF	04:09:39 DNF	07:08:51 DNF	10:59:53 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BANAŚ Maciej	145		M 33-44		01:50:12 DNF	03:26:40 DNF	03:38:56 DNF	06:16:22 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MAKOS Adam	57		M 45+		01:50:55 DNF	03:34:44 DNF	03:53:04 DNF	06:41:37 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CZUBIEL Konrad	78	PKS GALOPUJĄCA SOCZEWICA	M 33-44		01:55:55 DNF	03:51:29 DNF	04:05:17 DNF	07:02:27 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WRONA Sławomir	8	ZNIKAJĄCY PUNKT	M 45+		01:52:59 DNF	03:47:22 DNF	04:03:17 DNF	07:08:31 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PODLEWSKI Wojciech	59	KS SPORTIVA	M 45+		02:00:27 DNF	03:59:23 DNF	04:17:46 DNF	07:14:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CZUBA Robert	75	ORANGE POLSKA	M 45+		02:07:46 DNF	04:12:26 DNF	04:35:32 DNF	07:41:47 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SKIBA Mirosław	20		M 33-44		02:08:26 DNF	04:25:47 DNF	04:50:49 DNF	08:30:47 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KACICZAK Damian	158		M 32		02:08:48 DNF	04:26:02 DNF	04:50:53 DNF	08:30:47 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 135 wynik(ów)