



Wydarzenie:  
Organizator:  
Data:  
Miejsce:  
Dystans:

Gorce Ultra-Trail 2020  
Fundacja Run Vegan - GUT  
2020-08-01  
Ochotnica Dolna  
102 km

# GORCE ULTRA-TRAIL® 102 KM

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Luban 12km	Prz Knur 25km	Obidowa 43km	Rzeki 1 63km	Rzeki 2 63.1km	Szczawa 83km	Gorc 90km	Kara/ bonifikata	Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
1	<b>GORCZYCA Bartosz</b>	<b>1</b>	GRUPALUKTRANS.PL	M 18-35 lat	1	00:00:51	01:20:26	02:30:52	04:10:02	06:05:42	08:08:31	08:51:52			<b>09:50:51.90</b>	<b>09:51:43.40</b>		5:47	10.4 (100%)
2	<b>KOT Rafał</b>	<b>2</b>	MUAY RUNNING CLUB	M 36-44	1	00:00:52	01:21:25	02:30:31	04:15:27	06:30:12	08:45:20	09:39:18			<b>10:48:11.30</b>	<b>10:49:03.65</b>	+00:57:19 (8.8%)	6:21	9.4 (90.4%)
3	<b>WANTUCH Marcin</b>	<b>137</b>		M 18-35 lat	2	00:00:53	01:22:03	02:38:28	04:37:11	07:00:13	09:24:20	10:18:53			<b>11:34:00.25</b>	<b>11:34:53.75</b>	+01:43:08 (14.9%)	6:48	8.8 (84.6%)
4	<b>ŚCIESZKA Wojciech</b>	<b>130</b>	13 ELT KRAKÓW-BALICE	M 45-59	1	00:00:52	01:22:24	02:37:55	04:40:38	07:07:28	09:33:28	10:28:22			<b>11:39:15.25</b>	<b>11:40:07.50</b>	+01:48:23 (15.5%)	6:51	8.8 (84.6%)
5	<b>MELBOURNE John</b>	<b>3</b>		M 36-44	2	00:00:53	01:27:23	02:49:47	04:49:06	07:12:36	09:39:27	10:36:18			<b>11:47:01.50</b>	<b>11:47:55.15</b>	+01:56:09 (16.4%)	6:55	8.7 (83.7%)
6	<b>KOŚCIUCZYK-MENDYK Michał</b>	<b>4</b>		M 18-35 lat	3	00:00:52	01:20:51	02:35:24	04:32:07	07:03:19	09:38:03	10:35:30			<b>11:56:47.95</b>	<b>11:57:40.50</b>	+02:05:56 (17.6%)	7:01	8.5 (81.7%)
7	<b>KOPCEWICZ Tomasz</b>	<b>57</b>		M 36-44	3	00:00:53	01:21:23	02:36:35	04:42:28	07:15:00	09:48:41	10:52:55			<b>12:10:06.55</b>	<b>12:10:59.70</b>	+02:19:14 (19.1%)	7:09	8.4 (80.8%)
8	<b>BORÓWKA Ryszard</b>	<b>15</b>		M 45-59	2	00:00:53	01:26:26	02:44:55	04:45:15	07:15:04	09:51:15	10:52:58			<b>12:10:14.70</b>	<b>12:11:07.85</b>	+02:19:22 (19.1%)	7:09	8.4 (80.8%)
9	<b>SZCZEPANIAK Witold</b>	<b>126</b>		M 45-59	3	00:00:54	01:27:57	02:45:48	04:45:09	07:22:54	10:00:18	11:06:09			<b>12:20:46.55</b>	<b>12:21:41.50</b>	+02:29:54 (20.2%)	7:15	8.3 (79.8%)
10	<b>WRÓBLEWSKI Robert</b>	<b>147</b>		M 18-35 lat	4	00:01:00	01:27:29	02:46:35	04:47:13	07:24:05	10:07:43	11:11:23			<b>12:32:14.70</b>	<b>12:33:15.25</b>	+02:41:22 (21.5%)	7:22	8.1 (77.9%)
11	<b>WINIARSKA Katarzyna</b>	<b>5</b>	PRZEMYSKI KLUB BIEGACZA/HERCOG RUNNING TEAM	K 36-44	1	00:00:52	01:26:40	02:46:15	04:47:03	07:21:04	10:08:37	11:17:03			<b>12:39:13.25</b>	<b>12:40:05.80</b>	+02:48:21 (22.2%)	7:26	8.1 (77.9%)
12	<b>STROKON Przemysław</b>	<b>119</b>		M 45-59	4	00:00:59	01:25:34	02:43:05	04:47:38	07:41:17	10:25:00	11:25:54			<b>12:51:18.35</b>	<b>12:52:17.60</b>	+03:00:26 (23.4%)	7:33	7.9 (76.0%)
13	<b>KOMISARCZYK Anna</b>	<b>56</b>		K 18-35lat	1	00:00:56	01:30:04	02:55:17	05:12:48	07:47:55	10:33:04	11:37:23			<b>12:51:50.05</b>	<b>12:52:46.55</b>	+03:00:58 (23.4%)	7:34	7.9 (76.0%)
14	<b>SNARSKI Bogdan</b>	<b>114</b>	ALBATROSY	M 36-44	4	00:00:55	01:27:14	02:47:06	04:50:48	07:25:27	10:20:52	11:30:46			<b>12:57:36.60</b>	<b>12:58:31.70</b>	+03:06:44 (24.0%)	7:37	7.9 (76.0%)
15	<b>MROWCA Joanna</b>	<b>83</b>	SM KAMOS	K 18-35lat	2	00:01:04	01:36:32	03:03:06	05:14:12	07:47:09	10:36:04	11:38:25			<b>12:57:54.95</b>	<b>12:58:59.60</b>	+03:07:03 (24.0%)	7:37	7.9 (76.0%)
16	<b>JACHYMIAK Robert</b>	<b>41</b>	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	M 36-44	5	00:00:50	01:26:26	02:50:45	05:03:46	07:53:48	10:42:09	11:44:32			<b>12:58:08.75</b>	<b>12:58:59.45</b>	+03:07:16 (24.1%)	7:37	7.9 (76.0%)
17	<b>PTASZYŃSKI Wojciech</b>	<b>98</b>		M 45-59	5	00:01:14	01:28:07	02:48:23	05:04:55	07:53:18	10:40:19	11:48:23			<b>13:09:58.60</b>	<b>13:11:12.85</b>	+03:19:06 (25.2%)	7:44	7.7 (74.0%)
18	<b>MERTA Przemek</b>	<b>79</b>	RUN OR DIE	M 36-44	6	00:00:53	01:28:01	02:54:27	05:15:22	08:14:01	10:58:42	12:05:13			<b>13:20:49.70</b>	<b>13:21:43.50</b>	+03:29:57 (26.2%)	7:51	7.6 (73.1%)
19	<b>TAJCHMAN Jarosław</b>	<b>131</b>	STAJNIA BALONA	M 36-44	7	00:00:55	01:33:22	03:00:47	05:16:13	08:23:48	11:17:58	12:13:14			<b>13:20:52.80</b>	<b>13:21:48.50</b>	+03:30:00 (26.2%)	7:51	7.6 (73.1%)
20	<b>OLSZAK Dariusz</b>	<b>89</b>	MSPORT TEAM	M 18-35 lat	5	00:00:55	01:28:39	02:51:14	05:05:21	07:59:29	10:53:00	12:05:14			<b>13:21:29.65</b>	<b>13:22:25.55</b>	+03:30:37 (26.3%)	7:51	7.6 (73.1%)
21	<b>KOTARBA Wojciech</b>	<b>58</b>	TAKEDA FIT	M 36-44	8	00:00:52	01:36:50	03:05:20	05:25:04	08:08:45	11:01:08	12:05:09			<b>13:22:05.20</b>	<b>13:22:58.15</b>	+03:31:13 (26.3%)	7:51	7.6 (73.1%)
22	<b>NYCZ Marek</b>	<b>87</b>		M 18-35 lat	6	00:01:11	01:26:13	02:45:35	05:03:18	07:57:59	10:49:08	12:01:28			<b>13:22:07.80</b>	<b>13:23:19.15</b>	+03:31:15 (26.3%)	7:51	7.6 (73.1%)
23	<b>MÓJTA Grzegorz</b>	<b>82</b>	KOŁO BIEGA	M 36-44	9	00:01:05	01:35:11	03:01:45	05:16:09	08:13:04	11:01:23	12:07:15			<b>13:27:31.25</b>	<b>13:28:36.40</b>	+03:36:39 (26.8%)	7:55	7.6 (73.1%)
24	<b>JARMOLIŃSKI Piotr</b>	<b>44</b>	MARCINŚWIERCTEAM	M 36-44	10	00:00:56	01:29:01	02:55:15	05:12:46	08:02:24	10:57:00	12:03:42			<b>13:31:50.25</b>	<b>13:32:46.75</b>	+03:40:58 (27.2%)	7:57	7.5 (72.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Luban 12km	Prz Knur 25km	Obidowa 43km	Rzeki			Gorc 90km	Kara/ bonifikata	Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
										1 63km	Rzeki 2 63.1km	Szczawa 83km							
25	PETRYNA Jagoda	93	NOA	K 18-35lat	3	00:00:57	01:36:27	03:06:03	05:22:59	08:07:35	11:01:51	12:11:14			<b>13:33:24.15</b>	<b>13:34:21.45</b>	+03:42:32 (27.4%)	7:58	7.5 (72.1%)
26	SZCZEPAŃSKI Andrzej	127		M 45-59	6	00:01:01	01:32:39	02:59:26	05:09:34	08:05:20	11:08:12	12:13:18			<b>13:34:28.20</b>	<b>13:35:29.50</b>	+03:43:36 (27.5%)	7:59	7.5 (72.1%)
27	BIAŁCZYK Jarosław	11	SZAMOTUŁY	M 36-44	11	00:00:55	01:29:05	02:52:50	05:12:54	08:05:34	11:02:58	12:13:59			<b>13:35:46.20</b>	<b>13:36:41.80</b>	+03:44:54 (27.6%)	7:59	7.5 (72.1%)
28	KIJEK Andrzej	51	ABOVE 2000	M 18-35 lat	7	00:00:52	01:31:30	02:57:12	05:13:00	08:11:41	11:02:14	12:18:05			<b>13:44:07.40</b>	<b>13:45:00.30</b>	+03:53:15 (28.3%)	8:04	7.4 (71.2%)
29	RACZYC Janusz	100		M 18-35 lat	8	00:01:12	01:29:17	02:56:00	05:15:07	08:29:06	11:29:22	12:30:43			<b>13:44:29.05</b>	<b>13:45:41.85</b>	+03:53:37 (28.3%)	8:04	7.4 (71.2%)
30	CHLOSTA Lukasz	23		M 36-44	12	00:01:00	01:37:20	03:09:31	05:25:08	08:25:33	11:26:54	12:33:24			<b>13:50:12.15</b>	<b>13:51:12.70</b>	+03:59:20 (28.8%)	8:08	7.4 (71.2%)
31	TWARDOWSKI Tomasz	133		M 36-44	13	00:00:59	01:28:55	02:53:54	05:12:48	08:18:52	11:17:10	12:27:41			<b>13:51:10.20</b>	<b>13:52:09.30</b>	+04:00:18 (28.9%)	8:08	7.4 (71.2%)
32	SZELAĞ Sławomir	129	LISY PUSTYNI	M 36-44	14	00:00:55	01:33:46	03:00:26	05:13:01	08:06:03	11:04:50	12:12:51			<b>13:53:12.60</b>	<b>13:54:08.50</b>	+04:02:20 (29.1%)	8:10	7.3 (70.2%)
33	KWIATKOWSKI Przemysław	68		M 18-35 lat	9	00:00:51	01:27:31	02:48:19	05:05:32	08:11:21	11:15:00	12:27:40			<b>13:54:07.55</b>	<b>13:54:59.45</b>	+04:03:15 (29.2%)	8:10	7.3 (70.2%)
34	WADAS Grzegorz	134		M 36-44	15	00:00:58	01:28:16	02:52:34	05:14:23	08:28:45	11:18:43	12:30:05			<b>14:00:20.45</b>	<b>14:01:19.40</b>	+04:09:28 (29.7%)	8:14	7.3 (70.2%)
35	BAK Adam	9		M 60+	1	00:01:09	01:35:10	02:59:57	05:20:55	08:35:14	11:35:32	12:45:48			<b>14:11:26.75</b>	<b>14:12:35.95</b>	+04:20:34 (30.6%)	8:20	7.2 (69.2%)
36	DZIUBAŁA Karolina	32	ULTRA PARA - BIEGAMY W GÓRACH	K 18-35lat	4	00:00:53	01:38:32	03:14:22	05:41:39	08:32:55	11:36:24	12:42:02			<b>14:14:25.85</b>	<b>14:15:19.80</b>	+04:23:33 (30.8%)	8:22	7.2 (69.2%)
37	CIENIAWSKI Piotr	25		M 36-44	16	00:01:02	01:34:46	03:05:20	05:30:00	08:33:09	11:42:45	12:48:53			<b>14:21:47.40</b>	<b>14:22:50.10</b>	+04:30:55 (31.4%)	8:26	7.1 (68.3%)
38	SAMORAŃSKI Krzysztof	107		M 36-44	17	00:00:52	01:33:55	03:02:21	05:26:29	08:29:22	11:29:00	12:43:45			<b>14:21:47.95</b>	<b>14:22:40.50</b>	+04:30:56 (31.4%)	8:26	7.1 (68.3%)
39	JANERKA Marzka	42	DZIABNIĘCI	K 36-44	2	00:00:55	01:35:27	03:03:59	05:25:23	08:27:23	11:34:28	12:47:35			<b>14:28:25.90</b>	<b>14:29:21.05</b>	+04:37:34 (32.0%)	8:30	7 (67.3%)
40	MARS Maksymilian	77	TRAILRUN	M 45-59	7	00:00:57	01:38:54	03:10:49	05:40:12	08:56:03	12:05:10	13:13:13			<b>14:43:15.40</b>	<b>14:44:13.15</b>	+04:52:23 (33.1%)	8:39	6.9 (66.3%)
41	KRASZEWSKI Mateusz	61		M 36-44	18	00:01:19	01:33:57	03:01:50	05:29:38	08:45:54	12:00:24	13:06:37			<b>14:43:52.50</b>	<b>14:45:11.65</b>	+04:53:00 (33.2%)	8:39	6.9 (66.3%)
42	SWĘDZIOL Robert	122	OLKUSZBIEGA.PL	M 45-59	8	00:01:00	01:32:09	03:00:23	05:22:16	08:40:55	11:55:40	13:15:58			<b>14:51:09.80</b>	<b>14:52:10.60</b>	+05:00:17 (33.7%)	8:44	6.9 (66.3%)
43	PYCIA Adam	99	KORONA MASTERS KRAKÓW	M 45-59	9	00:00:58	01:35:34	03:03:35	05:27:04	08:47:17	12:04:36	13:20:23			<b>14:52:59.35</b>	<b>14:53:57.70</b>	+05:02:07 (33.8%)	8:45	6.9 (66.3%)
44	KOWALCZYK Marek	60	KB TKKF PROMYK CIECHANÓW	M 45-59	10	00:00:59	01:31:39	02:57:17	05:23:38	08:47:54	12:05:37	13:25:13			<b>14:58:15.65</b>	<b>14:59:15.55</b>	+05:07:23 (34.2%)	8:48	6.8 (65.4%)
45	GOSTYŃSKI Krzysztof	36		M 45-59	11	00:01:00	01:36:46	03:07:45	05:35:15	08:48:02	12:01:42	13:21:14			<b>15:01:08.40</b>	<b>15:02:08.70</b>	+05:10:16 (34.4%)	8:50	6.8 (65.4%)
46	TOKARSKI Szymon	132		M 36-44	19	00:01:07	01:24:30	02:48:46	05:24:37	08:47:21	12:22:35	13:42:21			<b>15:02:02.30</b>	<b>15:03:10.10</b>	+05:11:10 (34.5%)	8:50	6.8 (65.4%)
47	KIERNICKI Łukasz	50	FUN&RUN	M 36-44	20	00:00:54	01:39:10	03:14:45	05:49:13	09:31:37	12:31:38	13:37:37			<b>15:05:01.65</b>	<b>15:05:56.50</b>	+05:14:09 (34.7%)	8:52	6.8 (65.4%)
48	JÓZEFACIUK Marcin	47		M 36-44	21	00:01:10	01:35:13	03:04:28	05:33:59	08:41:03	12:01:44	13:16:51			<b>15:07:41.15</b>	<b>15:08:51.40</b>	+05:16:49 (34.9%)	8:53	6.7 (64.4%)
49	SWORSKI Roman	123	KASTYO / VEGE RUNNERS / VEGAN	M 36-44	22	00:01:02	01:32:45	02:59:24	05:26:09	08:54:13	12:14:20	13:30:19			<b>15:09:42.55</b>	<b>15:10:44.55</b>	+05:18:50 (35.0%)	8:55	6.7 (64.4%)
50	STRZELCZYK Mariusz	120	#DŁUGOIDALEKO	M 18-35 lat	10	00:01:00	01:38:42	03:08:31	05:32:59	08:58:02	12:15:06	13:30:15			<b>15:09:43.55</b>	<b>15:10:44.35</b>	+05:18:51 (35.1%)	8:55	6.7 (64.4%)
51	SZAREK Rafał	125	KB MCKIS JAWORZNO	M 36-44	23	00:01:26	01:43:17	03:13:52	05:39:46	09:06:05	12:24:24	13:38:34			<b>15:14:43.40</b>	<b>15:16:09.40</b>	+05:23:51 (35.4%)	8:58	6.7 (64.4%)
52	ŻYCIŃSKI Paweł	153		M 45-59	12	00:01:25	01:40:32	03:14:51	05:55:34	09:10:47	12:16:03	13:30:28			<b>15:17:09.80</b>	<b>15:18:34.80</b>	+05:26:17 (35.6%)	8:59	6.7 (64.4%)
53	ZALEWSKA Kamila	150	SUT - STRASZYN ULTRA TEAM	K 36-44	3	00:01:15	01:38:14	03:09:20	05:34:15	08:41:26	12:06:54	13:20:04			<b>15:18:45.70</b>	<b>15:20:01.45</b>	+05:27:53 (35.7%)	9:00	6.7 (64.4%)
54	ŻAK Artur	152	JURA TEAM	M 45-59	13	00:01:01	01:37:27	03:09:32	05:34:23	09:20:21	12:41:11	13:53:35			<b>15:20:53.25</b>	<b>15:21:54.40</b>	+05:30:01 (35.8%)	9:01	6.6 (63.5%)
55	ZAKROCZYMSKI Michał	149		M 45-59	14	00:01:37	01:38:19	03:10:51	05:50:29	09:23:37	12:30:43	13:50:55			<b>15:30:10.00</b>	<b>15:31:47.55</b>	+05:39:18 (36.5%)	9:07	6.6 (63.5%)
56	OSOWSKI Wojtek	91		M 45-59	15	00:01:23	01:39:40	03:13:02	05:48:55	09:15:27	12:30:58	13:51:13			<b>15:30:23.75</b>	<b>15:31:47.55</b>	+05:39:31 (36.5%)	9:07	6.6 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Luban 12km	Prz Knur 25km	Obidowa 43km	Rzeki				Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
										1 63km	Rzeki 2 63.1km	Szczawa 83km	Gorc 90km					
57	<b>OSTAPIŃSKI Wojtek</b>	<b>92</b>	OSTRESROKI	M 45-59	16	00:01:06	01:36:25	03:13:17	05:56:04	09:10:18	12:35:11	13:53:22	<b>15:35:16.05</b>	<b>15:36:22.10</b>	+05:44:24 (36.8%)	9:10	6.5 (62.5%)	
58	<b>PLETI Marcin</b>	<b>96</b>		M 45-59	17	00:01:04	01:42:06	03:18:04	06:08:12	09:31:20	12:55:57	14:12:22	<b>15:35:54.35</b>	<b>15:36:59.15</b>	+05:45:02 (36.9%)	9:10	6.5 (62.5%)	
59	<b>OSIKA Marek</b>	<b>90</b>	FUNDACJA POLAND BUSINESS RUN	M 18-35 lat	11	00:01:03	01:42:04	03:18:01	06:08:03	09:31:22	12:55:50	14:12:21	<b>15:35:55.30</b>	<b>15:36:59.00</b>	+05:45:03 (36.9%)	9:10	6.5 (62.5%)	
60	<b>MAŁACHOWSKI Mariusz</b>	<b>74</b>	RUNDOMSKO	M 36-44	24	00:01:17	01:43:17	03:16:38	06:00:22	09:22:38	12:39:57	14:02:09	<b>15:36:26.30</b>	<b>15:37:44.20</b>	+05:45:34 (36.9%)	9:10	6.5 (62.5%)	
61	<b>MAZUREK Roman</b>	<b>78</b>	SPARTANIE DZIECIOM	M 36-44	25	00:01:13	01:34:29	03:08:02	05:44:42	09:27:41	12:46:49	14:04:59	<b>15:38:31.35</b>	<b>15:39:44.35</b>	+05:47:39 (37.0%)	9:12	6.5 (62.5%)	
62	<b>RADZIK Robert</b>	<b>101</b>	GORLICKA GRUPA BIEGOWA	M 18-35 lat	12	00:01:26	01:42:55	03:22:59	05:51:18	09:05:30	12:39:09	13:51:13	<b>15:39:29.65</b>	<b>15:40:56.00</b>	+05:48:37 (37.1%)	9:12	6.5 (62.5%)	
63	<b>BIEL Tomasz</b>	<b>12</b>		M 36-44	26	00:01:32	01:45:12	03:25:21	06:12:33	09:32:20	12:54:57	14:15:29	<b>15:44:13.45</b>	<b>15:45:46.40</b>	+05:53:21 (37.4%)	9:15	6.5 (62.5%)	
64	<b>SYNOWIEC Adam</b>	<b>124</b>	KLUB BIEGACZA SUKCES	M 45-59	18	00:01:30	01:43:00	03:21:52	06:08:02	09:36:03	12:56:34	14:10:00	<b>15:44:42.20</b>	<b>15:46:13.15</b>	+05:53:50 (37.5%)	9:15	6.5 (62.5%)	
65	<b>MAJ Grzegorz</b>	<b>73</b>		M 45-59	19	00:01:08	01:38:28	03:13:12	05:56:17	09:22:36	12:43:45	14:03:22	<b>15:46:08.00</b>	<b>15:47:16.75</b>	+05:55:16 (37.5%)	9:16	6.5 (62.5%)	
66	<b>SALWA Krzysztof</b>	<b>106</b>	SALCLAN-TEAM	M 36-44	27	00:01:07	01:38:37	03:15:10	05:56:14	09:18:52	12:43:44	14:04:12	<b>15:46:09.15</b>	<b>15:47:16.75</b>	+05:55:17 (37.6%)	9:16	6.5 (62.5%)	
67	<b>DETLAFF Patrycja</b>	<b>6</b>	WILD ULTRA WARRIORS	K 36-44	4	00:00:54	01:43:34	03:27:15	06:08:34	09:13:53	12:44:30	14:07:19	<b>15:50:09.35</b>	<b>15:51:03.55</b>	+05:59:17 (37.8%)	9:18	6.4 (61.5%)	
68	<b>DĄBROWA Piotr</b>	<b>28</b>	DECATHLON	M 18-35 lat	13	00:00:59	01:41:39	03:14:41	05:51:10	09:26:23	12:45:31	14:07:23	<b>15:51:22.75</b>	<b>15:52:22.00</b>	+06:00:30 (37.9%)	9:19	6.4 (61.5%)	
69	<b>KOWALCZYK Marek</b>	<b>59</b>	ROZBIEGAJMY RADOMSKO	M 36-44	28	00:01:17	01:43:16	03:16:44	05:56:24	09:22:32	12:43:23	14:07:21	<b>15:51:55.55</b>	<b>15:53:13.45</b>	+06:01:03 (37.9%)	9:19	6.4 (61.5%)	
70	<b>DŁUGAJ Andrzej</b>	<b>29</b>		M 45-59	20	00:00:58	01:33:16	03:03:03	05:36:01	09:09:45	12:38:35	14:07:27	<b>15:52:49.40</b>	<b>15:53:47.75</b>	+06:01:57 (38.0%)	9:20	6.4 (61.5%)	
71	<b>KOŁODZIEJ Mateusz</b>	<b>55</b>		M 36-44	29	00:01:03	01:33:34	03:09:27	05:56:15	09:38:45	12:51:15	14:03:30	<b>15:54:07.60</b>	<b>15:55:10.90</b>	+06:03:15 (38.1%)	9:21	6.4 (61.5%)	
72	<b>BUDZICH Wojciech</b>	<b>18</b>	TKKF PROMYK CIECHANÓW	M 45-59	21	00:01:08	01:38:14	03:10:10	05:49:14	09:19:31	12:54:31	14:13:52	<b>15:56:59.90</b>	<b>15:58:08.50</b>	+06:06:08 (38.3%)	9:22	6.4 (61.5%)	
73	<b>KURKOWSKI Łukasz</b>	<b>65</b>		M 36-44	30	00:01:11	01:46:14	03:25:49	06:07:47	09:45:14	13:07:03	14:23:33	<b>15:57:29.75</b>	<b>15:58:40.95</b>	+06:06:37 (38.3%)	9:23	6.4 (61.5%)	
74	<b>PIENIĄDZ Bartłomiej</b>	<b>95</b>	MISIU Z BUSZU	M 36-44	31	00:01:11	01:43:55	03:25:48	06:07:37	09:45:13	13:06:56	14:23:30	<b>15:57:29.90</b>	<b>15:58:40.90</b>	+06:06:38 (38.3%)	9:23	6.4 (61.5%)	
75	<b>PŁODZICKI Tomek</b>	<b>97</b>	ŁAWA BIEGA	M 36-44	32	00:01:14	01:49:01	03:35:19	06:18:55	09:49:32	13:24:45	14:35:42	<b>16:05:23.65</b>	<b>16:06:38.50</b>	+06:14:31 (38.8%)	9:27	6.3 (60.6%)	
76	<b>KWIATKOWSKI Paweł</b>	<b>67</b>	VICTORIA	M 18-35 lat	14	00:00:54	01:31:02	02:55:42	05:15:18	08:50:12	12:29:35	13:52:29	<b>16:07:46.35</b>	<b>16:08:40.45</b>	+06:16:54 (38.9%)	9:29	6.3 (60.6%)	
77	<b>DUDEK Łukasz</b>	<b>31</b>		M 18-35 lat	15	00:01:19	01:38:40	03:15:38	06:07:50	09:46:54	13:07:01	14:22:37	<b>16:08:55.25</b>	<b>16:10:14.40</b>	+06:18:03 (39.0%)	9:29	6.3 (60.6%)	
78	<b>GOŁĘBIEWSKI Robert</b>	<b>35</b>	BIEGACZE W RADOMSKU	M 45-59	22	00:01:12	01:48:00	03:33:32	06:22:05	09:45:40	13:06:26	14:25:44	<b>16:09:10.45</b>	<b>16:10:22.65</b>	+06:18:18 (39.0%)	9:30	6.3 (60.6%)	
79	<b>MARCHEWKA Joanna</b>	<b>76</b>		K 36-44	5	00:00:57	01:44:06	03:25:40	06:08:42	09:40:23	13:06:33	14:34:44	<b>16:09:27.30</b>	<b>16:10:24.30</b>	+06:18:35 (39.1%)	9:30	6.3 (60.6%)	
80	<b>BAWEŁKIEWICZ Bronisław</b>	<b>8</b>		M 45-59	23	00:01:02	01:33:50	03:01:04	05:27:39	09:04:39	12:47:19	14:16:14	<b>16:21:40.15</b>	<b>16:22:43.10</b>	+06:30:48 (39.8%)	9:37	6.2 (59.6%)	
81	<b>JANGAS Andrzej</b>	<b>43</b>		M 45-59	24	00:01:08	01:42:15	03:25:09	06:07:54	09:43:26	13:10:02	14:34:30	<b>16:23:10.15</b>	<b>16:24:18.60</b>	+06:32:18 (39.9%)	9:38	6.2 (59.6%)	
82	<b>KWIECIEN Arek</b>	<b>69</b>	VEGE RUNNERS	M 36-44	33	00:01:07	01:45:33	03:33:05	06:22:05	09:57:29	13:23:01	14:41:09	<b>16:23:27.20</b>	<b>16:24:34.80</b>	+06:32:35 (39.9%)	9:38	6.2 (59.6%)	
83	<b>SUPEŁ Jacek</b>	<b>121</b>	NIEZRZESZONY	M 45-59	25	00:01:05	01:40:24	03:24:35	06:28:02	10:15:03	13:40:33	14:57:27	<b>16:23:31.50</b>	<b>16:24:36.75</b>	+06:32:39 (39.9%)	9:38	6.2 (59.6%)	
84	<b>JÜRGENS Ralf Thorsten</b>	<b>48</b>	1. FC UNION BERLIN E.V.	M 45-59	26	00:00:56	01:47:13	03:28:28	06:08:25	09:21:37	13:00:24	14:19:33	<b>16:26:15.30</b>	<b>16:27:11.30</b>	+06:35:23 (40.1%)	9:40	6.2 (59.6%)	
85	<b>FILIPEK Przemysław</b>	<b>33</b>	KB MCKIS JAWORZNO	M 36-44	34	00:01:25	01:43:59	03:21:27	06:07:48	09:56:27	13:29:48	14:53:48	<b>16:26:58.00</b>	<b>16:28:23.05</b>	+06:36:06 (40.1%)	9:40	6.2 (59.6%)	
86	<b>BODZEK Bartłomiej</b>	<b>14</b>		M 18-35 lat	16	00:01:07	01:46:07	03:34:37	06:22:17	10:11:52	13:31:34	14:48:57	<b>16:27:34.65</b>	<b>16:28:41.85</b>	+06:36:42 (40.2%)	9:40	6.2 (59.6%)	
87	<b>ROJEK Maciej</b>	<b>103</b>	AT	M 18-35 lat	17	00:00:54	01:41:34	03:21:07	06:13:05	09:50:23	13:30:08	14:48:28	<b>16:31:57.50</b>	<b>16:32:52.00</b>	+06:41:05 (40.4%)	9:43	6.2 (59.6%)	
88	<b>DRAGON Przemysław</b>	<b>30</b>		M 36-44	35	00:00:57	01:39:24	03:19:28	06:13:05	09:44:40	13:32:34	14:53:33	<b>16:33:35.85</b>	<b>16:34:33.75</b>	+06:42:43 (40.5%)	9:44	6.2 (59.6%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Luban 12km	Prz Knur 25km	Obidowa 43km	Rzeki			Gorc 90km	Kara/ bonifikata	Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
										1 63km	Rzeki 2 63.1km	Szczawa 83km							
89	LADRA Ryszard	70		M 36-44	36	00:01:22	01:53:00	03:40:19	06:28:32		10:09:18	13:40:14	15:04:13		16:35:33.10	16:36:55.70	+06:44:41 (40.6%)	9:45	6.1 (58.7%)
90	BRZOZOWSKI Armand	17	PKS GALOPUJĄCA SOCZEWICA	M 45-59	27	00:01:21	01:50:44	03:34:32	06:27:41		09:58:05	13:32:42	14:55:31		16:44:03.95	16:45:25.90	+06:53:12 (41.2%)	9:50	6.1 (58.7%)
91	BRZOZOWSKA Anna	16	PKS GALOPUJĄCA SOCZEWICA	K 45-59	1	00:01:21	01:50:40	03:34:30	06:27:34		09:58:03	13:32:41	14:55:28		16:44:04.05	16:45:25.80	+06:53:12 (41.2%)	9:50	6.1 (58.7%)
92	ODOLIŃSKI Jacek	88		M 45-59	28	00:01:02	01:46:19	03:27:14	06:06:36		09:48:16	13:18:37	14:54:09		16:44:27.35	16:45:29.65	+06:53:35 (41.2%)	9:50	6.1 (58.7%)
93	BUSZ Jacek	19	OSTR	M 36-44	37	00:00:55	01:29:49	03:00:23	05:37:51		09:29:57	13:15:26	14:50:32		16:47:10.05	16:48:05.85	+06:56:18 (41.3%)	9:52	6.1 (58.7%)
94	BIŃKOWSKI Borys	13	FAIRTRADE	M 36-44	38	00:01:05	01:46:08	03:27:28	06:23:46		10:13:46	13:34:26	14:52:46		16:52:15.00	16:53:20.65	+07:01:23 (41.6%)	9:55	6 (57.7%)
95	KROCZYŃSKI Sławomir	62		M 45-59	29	00:01:12	01:41:08	03:22:07	06:08:24		09:54:39	13:19:20	14:49:05		16:54:43.10	16:55:55.80	+07:03:51 (41.8%)	9:56	6 (57.7%)
96	SŁOMOWICZ Jarosław	112		M 45-59	30	00:00:55	01:39:17	03:33:10	06:22:40		09:59:36	13:33:53	14:57:39		16:56:08.25	16:57:03.35	+07:05:16 (41.9%)	9:57	6 (57.7%)
97	SZEFER Maciej	128	VICTORIA ŻYTNO	M 36-44	39	00:01:13	01:48:04	03:33:47	06:23:30		10:01:19	14:00:07	15:24:33		17:00:06.50	17:01:19.50	+07:09:14 (42.1%)	10:00	6 (57.7%)
98	WARDAK Ewa	138	IMPULS KOMORÓW	K 36-44	6	00:00:00	01:49:40	03:44:49	06:39:24		10:11:23	13:40:29	15:02:22		17:00:51.65	17:00:51.65	+07:09:59 (42.1%)	10:00	6 (57.7%)
99	WĘGIEL Bogdan	141		M 45-59	31	00:01:20	01:49:09	03:32:55	06:33:08		10:24:22	13:56:08	15:20:51		17:01:27.40	17:02:47.60	+07:10:35 (42.2%)	10:00	6 (57.7%)
100	SIWIEC Stanisław	109		M 60+	2	00:00:58	01:43:15	03:27:46	06:22:54		10:08:05	13:41:45	15:05:00		17:02:51.95	17:03:50.05	+07:12:00 (42.2%)	10:01	6 (57.7%)
101	LESZCZYŃSKI Krzysztof	71	BO ŻONA KAZAŁA...	M 36-44	40	00:01:23	01:52:19	03:42:48	06:28:21		10:11:31	13:49:09	15:16:37		17:03:19.25	17:04:42.45	+07:12:27 (42.3%)	10:01	6 (57.7%)
102	WAWROWSKI Mariusz	140	VINCIWAY	M 45-59	32	00:01:28	01:45:18	03:32:22	06:21:27		10:04:33	13:35:14	15:05:07		17:11:17.15	17:12:46.05	+07:20:25 (42.7%)	10:06	5.9 (56.7%)
103	GRALA Maria	37		K 36-44	7	00:01:17	01:48:29	03:32:38	06:25:41		10:11:50	13:54:02	15:15:38		17:15:57.40	17:17:14.60	+07:25:05 (43.0%)	10:09	5.9 (56.7%)
104	CYRKLER Rafał	26	SĄ WOLNIEJSI	M 36-44	41	00:01:10	01:50:08	03:34:56	06:25:52		10:19:48	13:54:30	15:20:25		17:16:07.70	17:17:18.45	+07:25:15 (43.0%)	10:09	5.9 (56.7%)
105	CAPUTA Wojtek	21		M 45-59	33	00:00:57	01:36:01	03:02:41	05:19:45		10:36:50	14:01:28	15:28:23		17:16:31.25	17:17:28.65	+07:25:39 (43.0%)	10:09	5.9 (56.7%)
106	SENDEROWSKI Jakub	108	FC REKIN	M 36-44	42	00:01:28		03:44:39	07:02:00		10:39:16	14:05:55	15:33:55		17:19:03.95	17:20:32.55	+07:28:12 (43.1%)	10:11	5.9 (56.7%)
107	ŁUGOWSKI Marek	72		M 45-59	34	00:01:18	01:41:45	03:20:35	06:08:06		10:14:00	14:10:44	15:33:57		17:19:14.00	17:20:32.70	+07:28:22 (43.1%)	10:11	5.9 (56.7%)
108	SMOŁA Grzegorz	113	APTEKI ZDROWE CENY	M 36-44	43	00:01:18	01:42:46	03:26:18			09:58:54	13:34:19	15:05:24		17:20:27.85	17:21:46.65	+07:29:35 (43.2%)	10:12	5.9 (56.7%)
109	WASILEWSKI Marcin	139	BIEGOSTACJA	M 18-35 lat	18	00:01:01	01:43:25	03:17:04	06:00:42		10:02:25	13:35:21	15:02:05		17:20:45.55	17:21:46.95	+07:29:53 (43.2%)	10:12	5.9 (56.7%)
110	ROŻKO Sebastian	104		M 36-44	44	00:01:20	01:50:01	03:43:57	06:53:37		10:26:39	14:03:47	15:20:09		17:23:46.65	17:25:07.30	+07:32:54 (43.4%)	10:13	5.9 (56.7%)
111	KUŚMIERCZYK Piotr	66		M 36-44	45	00:01:13	01:48:01	03:33:29	06:23:42		10:13:14	14:02:41	15:24:45		17:28:54.15	17:30:07.95	+07:38:02 (43.7%)	10:17	5.8 (55.8%)
112	RATAJCZAK Dariusz	102	HERNIK TEAM	M 45-59	35	00:01:13	01:48:45	03:40:24	06:33:05		10:12:52	14:05:20	15:26:08		17:29:16.45	17:30:29.65	+07:38:24 (43.7%)	10:17	5.8 (55.8%)
113	JANECKI Przemysław	151		M 36-44	46	00:01:12	01:48:13	03:43:09	06:46:32		10:30:45	14:10:54	15:37:23		17:29:17.60	17:30:29.75	+07:38:25 (43.7%)	10:17	5.8 (55.8%)
114	MYŚLIŃSKI Marcin	85		M 18-35 lat	19	00:01:34	01:45:18	03:26:16	06:21:46		10:08:18	14:03:59	15:25:26		17:29:32.20	17:31:06.70	+07:38:40 (43.7%)	10:17	5.8 (55.8%)
115	KANIEWSKI Ireneusz	49		M 36-44	47	00:01:21	01:47:32	03:33:04	06:28:28		10:07:53	13:58:38	15:20:55		17:30:10.10	17:31:31.45	+07:39:18 (43.7%)	10:17	5.8 (55.8%)
116	WILKOS Marcin	144		M 45-59	36	00:01:31	01:53:37	03:50:25	07:02:04		10:51:46	13:39:12	15:08:06		17:31:03.25	17:32:34.35	+07:40:11 (43.8%)	10:18	5.8 (55.8%)
117	GNOT Katarzyna	34		K 45-59	2	00:01:16	01:49:58	03:35:31	06:32:57		10:10:36	13:55:36	15:26:28		17:34:00.40	17:35:16.80	+07:43:08 (43.9%)	10:20	5.8 (55.8%)
118	CHOMICZ Tomasz	24	JĄCWINGOWIE ZAPOMNIANI WOJOWNICY	M 36-44	48	00:01:07	01:48:22	03:38:18	06:37:08		10:51:54	14:21:52	15:37:13		17:40:12.35	17:41:19.65	+07:49:20 (44.3%)	10:23	5.8 (55.8%)
119	MAŁKOWSKI Bogdan	75	SPARTANIE DZIECIOM	M 45-59	37	00:01:16	01:46:23	03:35:38	06:46:41		10:33:58	14:16:29	15:50:41		17:41:06.90	17:42:23.80	+07:50:15 (44.3%)	10:24	5.8 (55.8%)
120	GRZESZAK Rafał	38	DOGOŃ GRODZISK MAZOWIECKI	M 45-59	38	00:01:04	01:45:00	03:35:15	06:35:21		10:40:47	14:40:08	16:07:40		17:51:54.75	17:52:59.20	+08:01:02 (44.9%)	10:30	5.7 (54.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Luban 12km	Prz Knur 25km	Obidowa 43km	Rzeki 1 63km	Rzeki 2 63.1km	Szczawa 83km	Gorc 90km	Kara/ bonifikata	Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h	
121	<b>BĘDŹKOWSKI Marek</b>	<b>10</b>	MORSY OSTROŁĘKA	M 45-59	39	00:01:15	01:52:56	03:47:45			10:45:18	14:23:23	15:44:15	00:15:00	<b>17:56:08.00</b>	<b>17:57:24.00</b>	+08:05:16 (45.1%)	10:24	5.8 (55.8%)	
<b>Przekroczony limit czasu: 18:00:00</b>																				
122	<b>WILK Magdalena</b>	<b>143</b>	ULTRAPOŚLADACH.PL/TEAM ZABIEGANEDNI	K 36-44	8	00:00:57	01:53:08	03:55:08	07:07:20		10:54:37	14:46:04	16:26:18		<b>18:41:13.25</b>	<b>18:42:11.00</b>	+08:50:21 (47.3%)	10:59	5.5 (52.9%)	
	<b>GONCZARENKO Jarosław</b>	<b>155</b>		M 36-44		DNF	01:21:53 DNF	02:37:27 DNF	04:35:24 DNF	DNF	07:07:49 DNF	10:03:48 DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>WAJDA Robert</b>	<b>135</b>		M 36-44		DNF	01:34:08 DNF	03:00:52 DNF	05:26:57 DNF	DNF	09:23:15 DNF	12:45:29 DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>STAWSKI Dariusz</b>	<b>118</b>	BIEGIEM PO PIWO	M 60+		DNF	01:46:41 DNF	03:37:34 DNF	06:38:06 DNF	DNF	10:29:49 DNF	13:14:06 DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>WALASZKOWSKA Dominika</b>	<b>136</b>	BIESY	K 36-44		DNF	01:47:01 DNF	03:34:12 DNF	06:27:33 DNF	DNF	10:23:21 DNF	14:19:31 DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>MINIUR Jacek</b>	<b>80</b>		M 45-59		DNF	01:49:06 DNF	03:38:32 DNF	06:33:15 DNF	DNF	10:32:08 DNF	14:19:58 DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>KOBIEC Elżbieta</b>	<b>54</b>		K 36-44		DNF	01:49:04 DNF	03:38:31 DNF	06:33:19 DNF	DNF	10:32:06 DNF	14:20:00 DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>TOURDANOW Ingrid</b>	<b>154</b>		K 18-35lat		DNF	01:53:06 DNF	03:39:12 DNF	06:27:34 DNF	DNF	10:49:10 DNF	14:55:46 DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>WIECZOREK Kamil</b>	<b>142</b>		M 18-35 lat		DNF	01:41:46 DNF	03:23:28 DNF	06:22:11 DNF	DNF	10:48:26 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>JASIŃSKI Piotr</b>	<b>45</b>		M 18-35 lat		DNF	01:28:44 DNF	02:47:36 DNF	05:05:17 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>JĘCEK Maciej</b>	<b>46</b>		M 18-35 lat		DNF	01:30:42 DNF	02:54:32 DNF	05:09:43 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>SOBOL Tomasz</b>	<b>115</b>		M 36-44		DNF	01:27:30 DNF	02:54:51 DNF	05:11:58 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>SOKOŁOWSKI Grzegorz</b>	<b>117</b>		M 45-59		DNF	01:31:15 DNF	03:01:57 DNF	05:33:27 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>WYSZYŃSKI Artur</b>	<b>148</b>	LISKI	M 36-44		DNF	01:44:02 DNF	03:33:07 DNF	06:33:22 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>CZULAK Maciej</b>	<b>27</b>		M 18-35 lat		DNF	01:47:24 DNF	03:34:31 DNF	06:34:54 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>RULAK Jerzy</b>	<b>105</b>		M 36-44		DNF	01:54:52 DNF	03:47:18 DNF	06:53:55 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>NALAZEK Marcin</b>	<b>86</b>		M 36-44		DNF	01:44:50 DNF	03:38:58 DNF	06:54:00 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>PIEKAROWICZ Magdalena</b>	<b>94</b>	TARCZYŃSKI KLUB BIEGOWY	K 45-59		DNF	01:59:48 DNF	04:03:40 DNF	07:08:36 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>CELIŃSKI Tomasz</b>	<b>22</b>	TUPTUŚ OTWOCK	M 45-59		DNF	02:07:39 DNF	04:02:04 DNF	07:12:30 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>GUZEK Agnieszka</b>	<b>39</b>		K 45-59		DNF	02:01:35 DNF	04:03:36 DNF	07:14:47 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>SŁAWIŃSKI Patryk</b>	<b>111</b>	TUPTUŚ OTWOCK	M 36-44		DNF	01:54:49 DNF	03:55:02 DNF	08:53:44 DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>KUBLIN Szymon</b>	<b>64</b>		M 18-35 lat		DNF	01:38:28 DNF	03:18:42 DNF	DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>MISIAK Anna</b>	<b>81</b>	TEAM ZABIEGANEDNI	K 18-35lat		DNF	02:14:32 DNF	04:36:02 DNF	DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>SOKOŁOWSKI Artur</b>	<b>116</b>	TEAM ZABIEGANEDNI	M 45-59		DNF	02:14:26 DNF	04:44:44 DNF	DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>M-SKI Bartosz</b>	<b>84</b>	SAMODZIELNY PUBLICZNY WOJEWÓDZKI SZPITAL ZESPOLONY W SZCZECINIE	M 36-44		DNF	01:43:54 DNF	DNF	DNF	DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	

Znaleziono 146 wynik(ów)