



# GORCE ULTRA-TRAIL® 12 KM

B4SPORT

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INTELEKTNE ZAWODY SPORTOWE

**Wydarzenie:** Gorce Ultra-Trail  
**Organizator:** Fundacja Run Vegan - GUT  
**Data:** 2022-08-05  
**Miejsce:** Ochotnica Dolna  
**Dystans:** 12 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Czas netto 12.5km	Czas brutto 12.5km	Różn	Tempo min/km	Tempo km/h
1	ŚWIERAD Krystian	1547		M 18-35	1	00:00:02	01:05:21.20	01:05:21.20		5:13	11.5 (100%)
2	SZCZEPANIK Damian	1537		M 36-45	1	00:00:02	01:05:38.40	01:05:38.40	+00:00:17 (0.4%)	5:15	11.4 (99.1%)
3	TRACZ Łukasz	1519	TRENINGFIZJOTERAPIA.PL	M 36-45	2		01:06:25.55	01:06:25.55	+00:01:04 (1.6%)	5:18	11.3 (98.3%)
4	PAŁKA Kacper	1497	KB PARANTELA	M 18-35	2	00:00:04	01:09:17.60	01:09:17.60	+00:03:56 (5.7%)	5:32	10.8 (93.9%)
5	ŚWIERAD Dariusz	1517	ASICS FRONTRUNNER POLAND	M 36-45	3	00:00:03	01:09:36.20	01:09:36.20	+00:04:15 (6.1%)	5:34	10.8 (93.9%)
6	JETHON Patryk	1446	GWIEZDNI RYCERZE	M 18-35	3	00:00:05	01:11:58.50	01:11:58.50	+00:06:37 (9.2%)	5:45	10.4 (90.4%)
7	OBSTÓJ Karolina	1319	ON RUN CREW POLAND	K 18-35	1	00:00:02	01:12:23.55	01:12:23.55	+00:07:02 (9.7%)	5:47	10.4 (90.4%)
8	KUSIAK Maciej	1476		M 18-35	4	00:00:03	01:13:04.35	01:13:04.35	+00:07:43 (10.6%)	5:50	10.3 (89.6%)
9	BEZRUKOVAS Nerijus	1408	LOVE STREAMS RUNNING	M 36-45	4	00:00:06	01:14:05.85	01:14:05.85	+00:08:44 (11.8%)	5:55	10.1 (87.8%)
10	BOLECHOWSKA Dominika	1536	ALPIN SPORT	K 46-55	1	00:00:03	01:14:20.80	01:14:20.80	+00:08:59 (12.1%)	5:56	10.1 (87.8%)
11	LULIS Anna	1481		K 36-45	1	00:00:03	01:15:17.60	01:15:17.60	+00:09:56 (13.2%)	6:01	10 (87.0%)
12	PAWŁOWSKI Michał	1498		M 18-35	5	00:00:04	01:15:19.45	01:15:19.45	+00:09:58 (13.2%)	6:01	10 (87.0%)
13	KUREK Jacek	1475	ŚWIETLIKOWO	M 46-55	1	00:00:04	01:15:27.15	01:15:27.15	+00:10:05 (13.4%)	6:02	9.9 (86.1%)
14	BANASIK Krzysztof	1541		M 36-45	5	00:00:03	01:16:47.60	01:16:47.60	+00:11:26 (14.9%)	6:08	9.8 (85.2%)
15	BRZEŻNY Dominik	1546	LZS KS GORC	M 18-35	6	00:00:04	01:16:58.65	01:16:58.65	+00:11:37 (15.1%)	6:09	9.7 (84.3%)
16	SEDZIK Kinga	1507	MOK MSZANA DOLNA	K 18-35	2	00:00:05	01:17:11.45	01:17:11.45	+00:11:50 (15.3%)	6:10	9.7 (84.3%)
17	SWORSKI Roman	1513	TRENUJSKUTECZNIE.COM	M 36-45	6	00:00:03	01:17:34.30	01:17:34.30	+00:12:13 (15.8%)	6:12	9.7 (84.3%)
18	BRZEŻNY Jan	1545	LZS KS GORC	M 18-35	7	00:00:03	01:18:10.00	01:18:10.00	+00:12:48 (16.4%)	6:15	9.6 (83.5%)
19	NIEWIADOMY Kazimierz	1493		M 36-45	7	00:00:09	01:18:13.70	01:18:13.70	+00:12:52 (16.5%)	6:15	9.6 (83.5%)
20	LEJA Michał	1478		M 18-35	8	00:00:06	01:18:25.40	01:18:25.40	+00:13:04 (16.7%)	6:16	9.6 (83.5%)
21	GOŁDYN Michał	1437		M 18-35	9	00:00:04	01:18:40.85	01:18:40.85	+00:13:19 (16.9%)	6:17	9.5 (82.6%)
22	MIKALAUSKAS Rokas	1489		M 18-35	10	00:00:05	01:18:45.15	01:18:45.15	+00:13:23 (17.0%)	6:18	9.5 (82.6%)
23	GRZESZYKOWSKI Piotr	1439	ZOMA-TEAM OBIDOWIEC OBIDOWA	M 18-35	11	00:00:04	01:19:33.15	01:19:33.15	+00:14:11 (17.8%)	6:21	9.4 (81.7%)
24	PSZCZÓŁKA Dominik	1004	GUT TEAM	M 36-45	8	00:00:05	01:21:49.70	01:21:49.70	+00:16:28 (20.1%)	6:32	9.2 (80.0%)
25	SYC Ewelina	1514		K 18-35	3	00:00:04	01:22:01.90	01:22:01.90	+00:16:40 (20.3%)	6:33	9.1 (79.1%)
26	PIERZCHAŁA Artur	1539	GRAVITYREVOLT	M 18-35	12	00:00:06	01:22:08.15	01:22:08.15	+00:16:46 (20.4%)	6:34	9.1 (79.1%)
27	FRYŹLEWICZ Bartłomiej	1433		M 18-35	13		01:22:09.95	01:22:09.95	+00:16:48 (20.5%)	6:34	9.1 (79.1%)
28	FILIPOWSKI Rafał	1430	#KUBAPIECHTEAM	M 46-55	2	00:00:04	01:23:50.10	01:23:50.10	+00:18:28 (22.0%)	6:42	8.9 (77.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 12.5km	brutto 12.5km			
29	<b>KUKLA Grzegorz</b>	<b>1472</b>		M 46-55	3	00:00:07	<b>01:24:13.05</b>	<b>01:24:13.05</b>	+00:18:51 (22.4%)	6:44	8.9 (77.4%)
30	<b>DROZD Lukasz</b>	<b>1425</b>		M 36-45	9	00:00:05	<b>01:24:29.75</b>	<b>01:24:29.75</b>	+00:19:08 (22.7%)	6:45	8.9 (77.4%)
31	<b>SADO Tomasz</b>	<b>1506</b>		M 18-35	14	00:00:04	<b>01:24:39.00</b>	<b>01:24:39.00</b>	+00:19:17 (22.8%)	6:46	8.9 (77.4%)
32	<b>KLIMCZAK Bogdan</b>	<b>1462</b>	KLUB SPORTOWY SPRINTER	M 36-45	10	00:00:07	<b>01:24:53.90</b>	<b>01:24:53.90</b>	+00:19:32 (23.0%)	6:47	8.8 (76.5%)
33	<b>CHRYCZYK Sebastian</b>	<b>1406</b>		M 18-35	15	00:00:11	<b>01:26:13.60</b>	<b>01:26:13.60</b>	+00:20:52 (24.2%)	6:53	8.7 (75.7%)
34	<b>FLORIAN Sabina</b>	<b>1431</b>		K 18-35	4	00:00:03	<b>01:26:14.00</b>	<b>01:26:14.00</b>	+00:20:52 (24.2%)	6:53	8.7 (75.7%)
35	<b>BANASIK Monika</b>	<b>1540</b>		K 36-45	2	00:00:02	<b>01:26:54.90</b>	<b>01:26:54.90</b>	+00:21:33 (24.8%)	6:57	8.6 (74.8%)
36	<b>WOŹNIAK Janusz</b>	<b>1526</b>	PORMAT JEDLICZE BIEGA	M 56+	1		<b>01:27:38.55</b>	<b>01:27:38.55</b>	+00:22:17 (25.4%)	7:00	8.6 (74.8%)
37	<b>JEDLECKA Anna</b>	<b>1445</b>		K 36-45	3	00:00:04	<b>01:27:57.10</b>	<b>01:27:57.10</b>	+00:22:35 (25.7%)	7:02	8.5 (73.9%)
38	<b>DANIELSKA Lidia</b>	<b>1420</b>	CROSSRAGE	K 36-45	4	00:00:10	<b>01:28:31.65</b>	<b>01:28:31.65</b>	+00:23:10 (26.2%)	7:04	8.5 (73.9%)
39	<b>WOJAS Magdalena</b>	<b>1522</b>	SŁODKO ZDROWY	K 18-35	5	00:00:05	<b>01:30:23.50</b>	<b>01:30:23.50</b>	+00:25:02 (27.7%)	7:13	8.3 (72.2%)
40	<b>MALINOWSKI Łukasz</b>	<b>1485</b>	ŻUBRY RACE TEAM	M 36-45	11	00:00:04	<b>01:30:39.05</b>	<b>01:30:39.05</b>	+00:25:17 (27.9%)	7:15	8.3 (72.2%)
41	<b>JANUSZ Paweł</b>	<b>1444</b>		M 36-45	12	00:00:07	<b>01:30:39.85</b>	<b>01:30:39.85</b>	+00:25:18 (27.9%)	7:15	8.3 (72.2%)
42	<b>KRZYSZTOFOWICZ Andrzej</b>	<b>1471</b>	ULTRASY	M 36-45	13	00:00:07	<b>01:30:44.45</b>	<b>01:30:44.45</b>	+00:25:23 (28.0%)	7:15	8.3 (72.2%)
43	<b>DROZD Michał</b>	<b>1424</b>	EXTREME CLUB RABKA-ZDRÓJ	M 36-45	14	00:00:05	<b>01:31:00.15</b>	<b>01:31:00.15</b>	+00:25:38 (28.2%)	7:16	8.2 (71.3%)
44	<b>GOŁDYN Mateusz</b>	<b>1436</b>		M 18-35	16	00:00:03	<b>01:33:25.85</b>	<b>01:33:25.85</b>	+00:28:04 (30.1%)	7:28	8 (69.6%)
45	<b>ZIMNY Tomasz</b>	<b>1530</b>	FARTY PUSZCZY	M 56+	2	00:00:05	<b>01:33:28.10</b>	<b>01:33:28.10</b>	+00:28:06 (30.1%)	7:28	8 (69.6%)
46	<b>WOJTYCZA Ewelina</b>	<b>1524</b>	SIEPRAWSKA 5	K 18-35	6	00:00:08	<b>01:33:53.65</b>	<b>01:33:53.65</b>	+00:28:32 (30.4%)	7:30	8 (69.6%)
47	<b>KLIMCZAK Joanna</b>	<b>1461</b>	KLUB SPORTOWY SPRINTER	K 18-35	7	00:00:06	<b>01:34:27.35</b>	<b>01:34:27.35</b>	+00:29:06 (30.8%)	7:33	7.9 (68.7%)
48	<b>DRABIK - SŁOMKA Małgorzata</b>	<b>1423</b>	#ADAMCZERWIŃSKITEAM	K 36-45	5	00:00:06	<b>01:34:49.10</b>	<b>01:34:49.10</b>	+00:29:27 (31.1%)	7:35	7.9 (68.7%)
49	<b>KUKLA Katarzyna</b>	<b>1473</b>		K 36-45	6	00:00:06	<b>01:36:15.70</b>	<b>01:36:15.70</b>	+00:30:54 (32.1%)	7:42	7.8 (67.8%)
50	<b>JOVANOSKI Jovan</b>	<b>1447</b>		M 18-35	17	00:00:13	<b>01:36:35.70</b>	<b>01:36:35.70</b>	+00:31:14 (32.3%)	7:43	7.8 (67.8%)
51	<b>KOZAK Michał</b>	<b>1469</b>		M 36-45	15	00:00:08	<b>01:37:50.70</b>	<b>01:37:50.70</b>	+00:32:29 (33.2%)	7:49	7.7 (67.0%)
52	<b>SUDER Magdalena</b>	<b>1512</b>		K 18-35	8	00:00:05	<b>01:37:54.25</b>	<b>01:37:54.25</b>	+00:32:33 (33.2%)	7:49	7.7 (67.0%)
53	<b>WYPARŁO Patrycja</b>	<b>1529</b>		K 18-35	9	00:00:07	<b>01:38:01.90</b>	<b>01:38:01.90</b>	+00:32:40 (33.3%)	7:50	7.7 (67.0%)
54	<b>SITARZ Ryszard</b>	<b>1510</b>	I KLINIKA	M 18-35	18	00:00:09	<b>01:38:06.15</b>	<b>01:38:06.15</b>	+00:32:44 (33.4%)	7:50	7.6 (66.1%)
55	<b>ŚWISŁOCKI Mateusz</b>	<b>1518</b>		M 18-35	19	00:00:05	<b>01:38:07.85</b>	<b>01:38:07.85</b>	+00:32:46 (33.4%)	7:50	7.6 (66.1%)
56	<b>ŁUKASIEWICZ-ŁUSZCZEK Katarzyna</b>	<b>1483</b>		K 18-35	10	00:00:08	<b>01:38:15.65</b>	<b>01:38:15.65</b>	+00:32:54 (33.5%)	7:51	7.6 (66.1%)
57	<b>MOLITORYS Marek</b>	<b>1492</b>		M 46-55	4	00:00:04	<b>01:38:31.50</b>	<b>01:38:31.50</b>	+00:33:10 (33.7%)	7:52	7.6 (66.1%)
58	<b>WALNIK Rafał</b>	<b>1520</b>		M 46-55	5	00:00:06	<b>01:40:04.30</b>	<b>01:40:04.30</b>	+00:34:43 (34.7%)	8:00	7.5 (65.2%)
59	<b>PAŁKA Anna</b>	<b>1496</b>	KB PARANTELA	K 36-45	7	00:00:06	<b>01:40:36.35</b>	<b>01:40:36.35</b>	+00:35:15 (35.0%)	8:02	7.5 (65.2%)
60	<b>GRZECHYNKA Agnieszka</b>	<b>1438</b>	GO PUBLIC	K 36-45	8	00:00:03	<b>01:40:58.85</b>	<b>01:40:58.85</b>	+00:35:37 (35.3%)	8:04	7.4 (64.3%)
61	<b>CZAMARA Karolina</b>	<b>1416</b>		K 18-35	11	00:00:12	<b>01:42:48.30</b>	<b>01:42:48.30</b>	+00:37:27 (36.4%)	8:13	7.3 (63.5%)
62	<b>BUŁA Adam</b>	<b>1415</b>		M 18-35	20	00:00:11	<b>01:42:48.35</b>	<b>01:42:48.35</b>	+00:37:27 (36.4%)	8:13	7.3 (63.5%)
63	<b>BEJTKA Rafał</b>	<b>1405</b>	#GOPATI	M 36-45	16	00:00:07	<b>01:44:00.45</b>	<b>01:44:00.45</b>	+00:38:39 (37.2%)	8:19	7.2 (62.6%)
64	<b>OLECHOWSKI Artur</b>	<b>1494</b>		M 36-45	17	00:00:11	<b>01:44:10.00</b>	<b>01:44:10.00</b>	+00:38:48 (37.3%)	8:20	7.2 (62.6%)
65	<b>BŁOŃSKI Kamil</b>	<b>1412</b>		M 36-45	18	00:00:15	<b>01:44:48.10</b>	<b>01:44:48.10</b>	+00:39:26 (37.6%)	8:23	7.2 (62.6%)
66	<b>BROŻYNA Magda</b>	<b>1414</b>		K 36-45	9	00:00:11	<b>01:45:35.25</b>	<b>01:45:35.25</b>	+00:40:14 (38.1%)	8:26	7.1 (61.7%)
67	<b>DE BARRA Evan</b>	<b>1421</b>		M 46-55	6	00:00:14	<b>01:45:49.85</b>	<b>01:45:49.85</b>	+00:40:28 (38.2%)	8:27	7.1 (61.7%)
68	<b>GOŁDYN Agata</b>	<b>1435</b>		K 36-45	10	00:00:05	<b>01:46:35.00</b>	<b>01:46:35.00</b>	+00:41:13 (38.7%)	8:31	7 (60.9%)
69	<b>KUMOR Anna</b>	<b>1474</b>		K 36-45	11	00:00:09	<b>01:46:49.15</b>	<b>01:46:49.15</b>	+00:41:27 (38.8%)	8:32	7 (60.9%)
70	<b>KORSAK Piotr</b>	<b>1467</b>		M 36-45	19	00:00:10	<b>01:46:56.70</b>	<b>01:46:56.70</b>	+00:41:35 (38.9%)	8:33	7 (60.9%)
71	<b>BAJERA Aneta</b>	<b>1403</b>		K 18-35	12	00:00:10	<b>01:46:57.00</b>	<b>01:46:57.00</b>	+00:41:35 (38.9%)	8:33	7 (60.9%)
72	<b>ŁASZKIEWICZ Piotr</b>	<b>1482</b>	ATHLETICS TEAM PRUSICE	M 56+	3	00:00:08	<b>01:47:07.10</b>	<b>01:47:07.10</b>	+00:41:45 (39.0%)	8:34	7 (60.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 12.5km	brutto 12.5km			
73	LIGĘZA Anna	1549		K 36-45	12	00:00:04	01:47:35.95	01:47:35.95	+00:42:14 (39.3%)	8:36	7 (60.9%)
74	SIOŁA Franciszek	1509		M 56+	4	00:00:08	01:48:27.90	01:48:27.90	+00:43:06 (39.7%)	8:40	6.9 (60.0%)
75	CZYCZERSKI Jakub	1419		M 18-35	21	00:00:11	01:52:30.90	01:52:30.90	+00:47:09 (41.9%)	9:00	6.7 (58.3%)
76	HOFF Emilia	1442	BAJERA TRENER	K 46-55	2	00:00:11	01:54:21.70	01:54:21.70	+00:49:00 (42.9%)	9:08	6.6 (57.4%)
77	KARAM Ahmad	1452		M 46-55	7	00:00:13	01:55:20.35	01:55:20.35	+00:49:59 (43.3%)	9:13	6.5 (56.5%)
78	KACZOR Dagmara	1449		K 18-35	13	00:00:10	01:55:50.85	01:55:50.85	+00:50:29 (43.6%)	9:16	6.5 (56.5%)
79	ANDRASZ Paweł	1401		M 18-35	22	00:00:12	01:57:25.90	01:57:25.90	+00:52:04 (44.3%)	9:23	6.4 (55.7%)
80	BIELECKA Kornelia	1410	UKS SIÓDEMKA RUMIA	K 46-55	3	00:00:13	02:00:12.20	02:00:12.20	+00:54:51 (45.6%)	9:36	6.2 (53.9%)
81	STĘPIEŃ Renata	1511		K 56+	1	00:00:12	02:00:50.30	02:00:50.30	+00:55:29 (45.9%)	9:40	6.2 (53.9%)
82	FORMA Alicja	1432		K 18-35	14	00:00:09	02:00:53.65	02:00:53.65	+00:55:32 (45.9%)	9:40	6.2 (53.9%)
83	BŁACHUT Ewelina	1411		K 18-35	15	00:00:12	02:01:21.25	02:01:21.25	+00:56:00 (46.1%)	9:42	6.2 (53.9%)
84	GURGUL Dorota	1440	AROMAT NÓG	K 36-45	13	00:00:06	02:01:39.30	02:01:39.30	+00:56:18 (46.3%)	9:43	6.2 (53.9%)
85	POSYNIAK Michał	1502	TRI AMO	M 36-45	20	00:00:15	02:02:02.55	02:02:02.55	+00:56:41 (46.5%)	9:45	6.1 (53.0%)
86	KARAKUŁA Kaja	1451		K 18-35	16	00:00:09	02:02:10.70	02:02:10.70	+00:56:49 (46.5%)	9:46	6.1 (53.0%)
87	PLESZCZYŃSKI Piotr	1500		M 36-45	21	00:00:07	02:02:30.45	02:02:30.45	+00:57:09 (46.7%)	9:48	6.1 (53.0%)
88	KARDAŚ Krzysztof	1455		M 18-35	23	00:00:15	02:03:05.20	02:03:05.20	+00:57:44 (46.9%)	9:50	6.1 (53.0%)
89	WASILEWSKA Agnieszka	1521	AROMAT NÓG	K 36-45	14	00:00:07	02:03:27.95	02:03:27.95	+00:58:06 (47.1%)	9:52	6.1 (53.0%)
90	KRZYSZTOFOWICZ Karolina	1470	ULTRASY	K 36-45	15	00:00:07	02:03:31.80	02:03:31.80	+00:58:10 (47.1%)	9:52	6.1 (53.0%)
91	HAMRI Mohammad	1441		M 46-55	8		02:04:07.00	02:04:07.00	+00:58:45 (47.3%)	9:55	6 (52.2%)
92	DUDA Wojciech	1426	SKAWINA BIEGA	M 46-55	9	00:00:08	02:04:17.05	02:04:17.05	+00:58:55 (47.4%)	9:56	6 (52.2%)
93	KAIM Antoni	1450		M 56+	5	00:00:15	02:04:40.45	02:04:40.45	+00:59:19 (47.6%)	9:58	6 (52.2%)
94	WOŹNIAK Lidia	1525	PORMAT JEDLICZE BIEGA	K 46-55	4	00:00:08	02:06:55.40	02:06:55.40	+01:01:34 (48.5%)	10:09	5.9 (51.3%)
95	KLUZ Filip	1464		M 18-35	24	00:00:11	02:07:02.10	02:07:02.10	+01:01:40 (48.6%)	10:09	5.9 (51.3%)
96	KLUZ Robert	1463		M 46-55	10	00:00:11	02:07:02.75	02:07:02.75	+01:01:41 (48.6%)	10:09	5.9 (51.3%)
97	PRZEPIÓRA Iwona	1503		K 46-55	5	00:00:12	02:07:56.60	02:07:56.60	+01:02:35 (48.9%)	10:14	5.9 (51.3%)
98	KOBOS Beata	1465	NOWA HUTA TEAM	K 18-35	17	00:00:12	02:08:46.05	02:08:46.05	+01:03:24 (49.2%)	10:18	5.8 (50.4%)
99	KARAM Mohammad	1453		M 18-35	25	00:00:14	02:08:53.80	02:08:53.80	+01:03:32 (49.3%)	10:18	5.8 (50.4%)
100	KACZMARCZYK Ewelina	1448		K 18-35	18	00:00:08	02:10:53.50	02:10:53.50	+01:05:32 (50.1%)	10:28	5.7 (49.6%)
101	KARDAŚ Renata	1454		K 18-35	19	00:00:15	02:13:09.85	02:13:09.85	+01:07:48 (50.9%)	10:39	5.6 (48.7%)
102	ARMATA Krzysztof	1402		M 36-45	22	00:00:09	02:13:42.85	02:13:42.85	+01:08:21 (51.1%)	10:41	5.6 (48.7%)
103	BOCHEŃSKI Bartek	1413		M 46-55	11	00:00:12	02:16:50.85	02:16:50.85	+01:11:29 (52.2%)	10:56	5.5 (47.8%)
104	WOJTOWICZ Zdzisław	1523	NIEZRZESZONY	M 56+	6	00:00:09	02:17:36.85	02:17:36.85	+01:12:15 (52.5%)	11:00	5.5 (47.8%)
105	BIEL Agnieszka	1409		K 36-45	16	00:00:10	02:17:57.50	02:17:57.50	+01:12:36 (52.6%)	11:02	5.4 (47.0%)
106	KASZTELAN Artur	1456	SŁOŃCA JURY	M 36-45	23	00:00:10	02:19:40.95	02:19:40.95	+01:14:19 (53.2%)	11:10	5.4 (47.0%)
107	MICHALIK Jacek	1486	SŁOŃCA JURY	M 46-55	12	00:00:11	02:19:42.15	02:19:42.15	+01:14:20 (53.2%)	11:10	5.4 (47.0%)
108	PEJSKI Cezary	1499		M 56+	7	00:00:06	02:19:54.65	02:19:54.65	+01:14:33 (53.3%)	11:11	5.4 (47.0%)
109	REGUŁA Klaudia	1505		K 18-35	20	00:00:15	02:25:29.30	02:25:29.30	+01:20:08 (55.1%)	11:38	5.2 (45.2%)
110	OSTASZEWSKA Katarzyna	1495		K 46-55	6	00:00:07	02:26:32.75	02:26:32.75	+01:21:11 (55.4%)	11:43	5.1 (44.3%)
111	DE LAET Marleen	1422		K 46-55	7	00:00:11	02:27:11.10	02:27:11.10	+01:21:49 (55.6%)	11:46	5.1 (44.3%)
112	MICHOREK Renata	1538		K 46-55	8	00:00:08	02:27:40.90	02:27:40.90	+01:22:19 (55.7%)	11:48	5.1 (44.3%)
113	LUC Adam	1480	BIEGUSIEM.PL	M 36-45	24	00:00:13	02:35:40.65	02:35:40.65	+01:30:19 (58.0%)	12:27	4.8 (41.7%)
114	KASZTELAN Agata	1457	SŁOŃCA JURY	K 36-45	17	00:00:14	02:37:59.20	02:37:59.20	+01:32:38 (58.6%)	12:38	4.7 (40.9%)
115	MICHALIK Agnieszka	1487	SŁOŃCA JURY	K 46-55	9	00:00:14	02:37:59.60	02:37:59.60	+01:32:38 (58.6%)	12:38	4.7 (40.9%)
116	WRÓBEL Katarzyna	1528	SŁODKO ZDROWY	K 36-45	18	00:00:08	02:40:33.60	02:40:33.60	+01:35:12 (59.3%)	12:50	4.7 (40.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Czas netto 12.5km	Czas brutto 12.5km	Różn	Tempo min/km	Tempo km/h
117	<b>BEDNARSKA-ZAJĄCZKOWSKA Kinga</b>	<b>1404</b>		K 36-45	19	00:00:13	<b>02:44:38.65</b>	<b>02:44:38.65</b>	+01:39:17 (60.3%)	13:10	4.6 (40.0%)
<b>Przekroczony limit czasu: 03:00:00</b>											
118	<b>KICZKA Joanna</b>	<b>1459</b>		K 36-45	20	00:00:15	<b>03:07:10.45</b>	<b>03:07:10.45</b>	+02:01:49 (65.1%)	14:58	4 (34.8%)
119	<b>KICZKA Hanna</b>	<b>1460</b>		K 56+	2	00:00:14	<b>03:07:14.20</b>	<b>03:07:14.20</b>	+02:01:53 (65.1%)	14:58	4 (34.8%)
120	<b>CZECHOWSKI Jerzy</b>	<b>1417</b>	MZA - WARSZAWA	M 56+	8	00:00:16	<b>03:07:49.70</b>	<b>03:07:49.70</b>	+02:02:28 (65.2%)	15:01	4 (34.8%)
121	<b>BERGMANN Ewa</b>	<b>1394</b>	WOLNE PTAKI	K 46-55	10		<b>03:10:35.50</b>	<b>03:10:35.50</b>	+02:05:14 (65.7%)	15:14	3.9 (33.9%)

Znaleziono 121 wynik(ów)