

GORCE ULTRA-TRAIL® 48 KM

B4SPORT

Wydarzenie: Gorce Ultra-Trail
Organizator: Fundacja Run Vegan - GUT
Data: 2018-08-11
Miejsce: Gorce
Dystans: 48 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1 12km	Prz_Knur 25km	Jaszczc 35km	PKR4 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
1	WOLSKI Jakub	496	MAGAZYN BIEGANIE/STREFA PRZYGÓD	M 32	1	01:14:53	02:23:00		04:31:59	05:05:37.80	05:05:41.75		6:22	9.4 (100%)
2	SKRZYSIŃSKI Gniewomir	443	MONK SANDALS TEAM	M 33-44	1	01:22:07	02:36:51		04:33:01	05:07:36.45	05:07:38.30	+00:01:56 (0.6%)	6:24	9.4 (100%)
3	TERZONI Christian	473		M 33-44	2	01:26:41	02:40:47		04:40:26	05:11:58.85	05:12:00.30	+00:06:18 (2.0%)	6:29	9.2 (97.9%)
4	FLOREK Sebastian	267	NORAFSPORT	M 33-44	3	01:21:58	02:40:59		04:40:18	05:16:25.50	05:16:32.00	+00:10:50 (3.4%)	6:35	9.1 (96.8%)
5	DUDEK Jacek	258	EGO POWER LAB	M 32	2	01:18:48	02:29:40		04:47:18	05:29:06.10	05:29:07.90	+00:23:26 (7.1%)	6:51	8.8 (93.6%)
6	PERYKASZA Paweł	400	NANN RUNNING TEAM	M 33-44	4	01:28:11	02:46:21		04:53:29	05:30:17.35	05:30:21.60	+00:24:39 (7.5%)	6:52	8.7 (92.6%)
7	CICHOREK Dariusz	243		M 45+	1		02:30:14		04:42:09	05:42:00.15	05:42:03.30	+00:36:21 (10.6%)	7:07	8.4 (89.4%)
8	BALAZS File	523		M 33-44	5	01:34:31	02:58:40		05:07:19	05:43:21.85	05:43:32.95	+00:37:51 (11.0%)	7:09	8.4 (89.4%)
9	BANIAK Marcin	209	G.O.A.T. TEAM MICHAŁOWICE	M 33-44	6	01:22:09	02:37:01		05:02:45	05:43:50.05	05:43:52.55	+00:38:10 (11.1%)	7:09	8.4 (89.4%)
10	PIETRUSZKA Maciej	406	KRWAWIE SUTY RUN&BIKE	M 33-44	7	01:27:47	02:47:59		05:06:36	05:50:42.90	05:50:49.65	+00:45:07 (12.9%)	7:18	8.2 (87.2%)
11	KAPELAN Anna	302	PKB	K 33-44	1	01:33:31	03:01:25		05:14:27	06:00:24.65	06:00:28.55	+00:54:46 (15.2%)	7:30	8 (85.1%)
12	GŁODOWSKA Kamila	272		K 32	1	01:31:48	02:59:06		05:15:52	06:00:34.80	06:00:39.00	+00:54:57 (15.2%)	7:30	8 (85.1%)
13	LATOS Marcin	346	EUROCLEAR RUNNING TEAM	M 32	3	01:36:19	03:02:17		05:20:22	06:04:07.25	06:04:23.45	+00:58:41 (16.1%)	7:35	7.9 (84.0%)
14	OLSZAK Dariusz	388	ZG POLKOWICE-SIEROSZOWICE	M 32	4	01:38:47	03:05:34		05:24:52	06:05:05.75	06:05:23.20	+00:59:41 (16.3%)	7:36	7.9 (84.0%)
15	WALASEK Grzegorz	479	BIEGUSIEM.PL	M 45+	2		02:49:59		05:14:55	06:05:52.85	06:05:57.05	+01:00:15 (16.5%)	7:37	7.9 (84.0%)
16	MYŚLIWIEC Robert	377	WILD&FREE	M 33-44	8	01:26:36	02:54:19		05:28:21	06:14:53.00	06:14:55.75	+01:09:14 (18.5%)	7:48	7.7 (81.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1			Czas netto			Czas brutto		
						12km	Prz_Knur 25km	Jaszcze 35km	PKR4 41km	48km	48km	Różn	Tempo min/km	Tempo km/h
17	SIERGIEJEWICZ Grzegorz	441	WOLSZTYŃSKI KLUB BIEGOWY	M 33-44	9	01:28:57	02:54:29		05:31:29	06:18:36.65	06:18:40.35	+01:12:58 (19.3%)	7:53	7.6 (80.9%)
18	BEKAS Marcin	217	RUNONLINE.PL	M 33-44	10	01:36:11	03:03:37		05:34:45	06:20:29.75	06:20:35.00	+01:14:53 (19.7%)	7:55	7.6 (80.9%)
19	FAJFER Jakub	263		M 32	5	01:37:53	03:05:44		05:33:15	06:22:10.95	06:22:39.40	+01:16:57 (20.1%)	7:57	7.5 (79.8%)
20	MRÓZ Rafał	375		M 45+	3	01:38:53	03:05:57		05:42:50	06:26:30.75	06:26:40.55	+01:20:58 (20.9%)	8:03	7.5 (79.8%)
21	CZERWIEC Andrzej	249		M 33-44	11		03:06:09		05:42:39	06:26:57.75	06:27:27.35	+01:21:45 (21.1%)	8:03	7.4 (78.7%)
22	TOPOROWICZ Agata	476		K 33-44	2	01:39:43	03:14:21		05:43:17	06:28:15.55	06:28:27.10	+01:22:45 (21.3%)	8:05	7.4 (78.7%)
23	JESIOŁOWSKI Michał	295		M 33-44	12	01:32:25	03:03:46		05:45:37	06:33:29.15	06:33:39.60	+01:27:57 (22.3%)	8:11	7.3 (77.7%)
24	SZYMCZYK Daniel	470	SEVENSEVEN	M 33-44	13	01:44:32	03:16:23		05:49:22	06:33:19.35	06:33:44.50	+01:28:02 (22.4%)	8:11	7.3 (77.7%)
25	STANUCHIEWICZ Oskar	454		M 33-44	14	01:31:13	02:59:01		05:42:48	06:33:45.40	06:33:51.35	+01:28:09 (22.4%)	8:12	7.3 (77.7%)
26	KUŻAJ Sławomir	341		M 32	6	01:43:58	03:20:20		05:44:42	06:34:02.25	06:34:07.90	+01:28:26 (22.4%)	8:12	7.3 (77.7%)
27	JANIK Mateusz	287		M 32	7	01:46:58	03:21:49		05:49:12	06:33:53.50	06:34:32.45	+01:28:50 (22.5%)	8:12	7.3 (77.7%)
28	MACHUL Ewa	356	DREAM RUN	K 33-44	3	01:43:12	03:13:34		05:45:21	06:35:38.75	06:35:44.80	+01:30:03 (22.8%)	8:14	7.3 (77.7%)
29	RYBARZ Witold	428	OŚWIĘCIMSKI KLUB KARATE	M 45+	4	01:50:57	03:21:16		05:52:29	06:38:19.30	06:39:13.65	+01:33:31 (23.4%)	8:17	7.2 (76.6%)
30	ZACHARIAS-NALICHOWSKI Tomasz	505		M 32	8	01:39:57	03:07:34		05:49:03	06:42:20.40	06:42:49.45	+01:37:07 (24.1%)	8:22	7.2 (76.6%)
31	PECHATKIN Nikita	397	VOKUEVA TEAM	M 32	9	01:39:12			05:45:14	06:44:43.05	06:44:43.05	+01:39:01 (24.5%)	8:25	7.1 (75.5%)
32	KOSOWSKI Mateusz	521	ANTYLEWAK	M 33-44	15	01:36:21	03:08:27		05:54:54	06:45:10.25	06:45:14.60	+01:39:32 (24.6%)	8:26	7.1 (75.5%)
33	BERDYCHOWSKI Zygmunt	525		M 45+	5	01:35:26	03:13:08		05:53:32	06:47:07.95	06:47:10.55	+01:41:28 (24.9%)	8:28	7.1 (75.5%)
34	CIRKO Arkadiusz	245	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	M 33-44	16	01:38:50	03:07:53		05:54:21	06:47:36.95	06:47:55.55	+01:42:13 (25.1%)	8:29	7.1 (75.5%)
35	HEJZA Michał	280		M 32	10	01:33:33	03:02:46		05:48:33	06:48:35.15	06:48:43.80	+01:43:02 (25.2%)	8:30	7 (74.5%)
36	NISZCZOT Dariusz	532		M 32	11	01:52:23	03:30:58		06:06:14	06:50:46.60	06:51:09.80	+01:45:28 (25.7%)	8:33	7 (74.5%)
37	BILECKI Sebastian	225		M 33-44	17	01:47:38	03:28:42		06:05:18	06:51:27.75	06:51:40.65	+01:45:58 (25.7%)	8:34	7 (74.5%)
38	WĘGLIŃSKI Michał	485		M 32	12	01:44:38	03:19:52		05:59:58	06:51:56.25	06:52:14.05	+01:46:32 (25.8%)	8:34	7 (74.5%)
39	KOEHLER Krzysztof	316		M 45+	6	01:39:47	03:19:56		06:04:53	06:52:34.50	06:52:37.10	+01:46:55 (25.9%)	8:35	7 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1 12km	Prz_Knur 25km	Jaszczek 35km	PKR4 41km	Czas		Różn	Tempo min/km	Tempo km/h
										netto 48km	brutto 48km			
40	PŁÓCIENNICZAK Jakub	411		M 33-44	18	01:35:24	03:10:46		06:00:19	06:53:39.50	06:53:46.60	+01:48:04 (26.1%)	8:37	7 (74.5%)
41	AMANOWICZ Marek	204	RUNNING POŁANIEC	M 33-44	19	01:44:54	03:21:48		06:03:59	06:53:59.45	06:54:24.35	+01:48:42 (26.2%)	8:37	7 (74.5%)
42	ZALEWSKA Anna	508	BBL ZDUŃSKA WOLA	K 33-44	4	01:45:26	03:19:06		06:04:13	06:53:44.15	06:54:29.55	+01:48:47 (26.2%)	8:37	7 (74.5%)
43	MŁYNARCZYK Krzysztof	374		M 33-44	20	01:46:27	03:21:36		05:59:11	06:55:01.20	06:55:41.05	+01:49:59 (26.5%)	8:38	6.9 (73.4%)
44	RÓŻYCKI Konrad	425		M 45+	7	01:39:55	03:16:12		05:55:46	06:55:59.90	06:56:05.65	+01:50:23 (26.5%)	8:40	6.9 (73.4%)
45	VAADA Anita	524	BRSE	K 33-44	5	01:47:52	03:28:22		06:05:26	06:56:08.60	06:56:20.45	+01:50:38 (26.6%)	8:40	6.9 (73.4%)
46	SIENKIEWICZ Wojciech	440	ORANGE POLSKA	M 45+	8	01:44:49	03:20:16		06:09:14	06:56:18.10	06:56:31.35	+01:50:49 (26.6%)	8:40	6.9 (73.4%)
47	ZALEWSKI Bartłomiej	509	BBL ZDUŃSKA WOLA	M 33-44	21	01:45:23	03:19:07		06:04:23	06:57:20.50	06:58:06.20	+01:52:24 (26.9%)	8:41	6.9 (73.4%)
48	ŻAK Artur	516	ZE SZWAGREM	M 33-44	22	01:42:20	03:17:00		06:04:34	07:04:07.75	07:04:16.00	+01:58:34 (27.9%)	8:50	6.8 (72.3%)
49	ŻAK Barbara	528		K 33-44	6	01:42:28	03:21:37		06:06:38	07:04:08.15	07:04:16.05	+01:58:34 (27.9%)	8:50	6.8 (72.3%)
50	ŚMIAŁEK Łukasz	471	1983	M 33-44	23	01:43:13	03:16:14		06:08:05	07:06:17.00	07:06:26.25	+02:00:44 (28.3%)	8:52	6.8 (72.3%)
51	KULAS Łukasz	339	SOLO	M 33-44	24	01:46:22	03:24:27		06:14:31	07:12:13.05	07:12:30.85	+02:06:49 (29.3%)	9:00	6.7 (71.3%)
52	JĘCEK Maciej	296		M 33-44	25	01:54:04	03:31:46		06:16:54	07:12:33.55	07:12:55.05	+02:07:13 (29.4%)	9:00	6.7 (71.3%)
53	DANEL Adam	252		M 33-44	26	01:44:00	03:20:08		06:21:10	07:13:17.45	07:13:25.50	+02:07:43 (29.5%)	9:01	6.6 (70.2%)
54	GIBAŁA Marcin	271	FUNDACJA AUXILIUM	M 45+	9		03:20:22		06:19:11	07:13:52.00	07:14:04.15	+02:08:22 (29.6%)	9:02	6.6 (70.2%)
55	NIEMCZEWSKI Borys	383	TIMEBANDIT CORPS	M 33-44	27	01:42:18	03:22:15		06:18:49	07:14:40.70	07:14:48.05	+02:09:06 (29.7%)	9:03	6.6 (70.2%)
56	ŁUCZAK Marcin	355	RUN4ENERGY	M 33-44	28	01:41:14	03:16:36		06:16:54	07:14:46.10	07:14:53.10	+02:09:11 (29.7%)	9:03	6.6 (70.2%)
57	TUCHOŁKA Marta	520	POCO LOCO ADVENTURE TEAM	K 33-44	7	01:46:24	03:27:58		06:21:21	07:15:38.90	07:15:47.90	+02:10:06 (29.9%)	9:04	6.6 (70.2%)
58	BROZEK Aleksander	232	ELECTROLUX	M 33-44	29	01:49:53	03:29:34		06:20:05	07:15:55.70	07:16:20.30	+02:10:38 (29.9%)	9:04	6.6 (70.2%)
59	ĆWIKŁA Krzysztof	251		M 45+	10	01:49:13	03:30:49		06:19:48	07:19:06.40	07:19:16.55	+02:13:34 (30.4%)	9:08	6.6 (70.2%)
60	ZORAN Henryk	513		M 45+	11	01:57:56	03:42:20		06:27:20	07:20:31.25	07:20:52.65	+02:15:10 (30.7%)	9:10	6.5 (69.1%)
61	BĘBEN Robert	221	OSTROBIEC	M 45+	12	01:54:32	03:35:14		06:28:36	07:21:27.10	07:22:12.80	+02:16:31 (30.9%)	9:11	6.5 (69.1%)
62	KĄSIEL Paweł	304		M 33-44	30	01:53:21	03:31:58		06:30:01	07:23:09.10	07:23:39.95	+02:17:58 (31.1%)	9:13	6.5 (69.1%)
63	RAKOWSKA Magdalena	419	DRUŻYNA TVN	K 45+	1	01:47:04	03:27:39		06:25:38	07:23:16.70	07:23:53.05	+02:18:11 (31.1%)	9:14	6.5 (69.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR				Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
						12km	Prz_Knur 25km	Jaszcze 35km	PKR4 41km					
64	RACUŁT Piotr	416		M 32	13	01:49:52	03:30:49		06:27:12	07:23:56.15	07:24:29.55	+02:18:47 (31.2%)	9:14	6.5 (69.1%)
65	PAWŁOWSKI Robert	396	VEGE RUNNERS	M 33-44	31	01:53:04	03:38:22		06:31:45	07:24:12.05	07:24:39.95	+02:18:58 (31.3%)	9:15	6.5 (69.1%)
66	ADAMCZYK Janusz	200		M 45+	13	01:47:20	03:28:06		06:29:14	07:24:25.90	07:24:59.35	+02:19:17 (31.3%)	9:15	6.5 (69.1%)
67	WOZNIAK Wojciech	497	BETTER THEN A THOUSAND	M 45+	14	01:47:07	03:30:23		06:29:59	07:25:50.80	07:26:00.00	+02:20:18 (31.5%)	9:17	6.5 (69.1%)
68	WIERZBICKI Tomasz	487		M 33-44	32	01:50:06	03:35:03		06:33:30	07:26:14.65	07:27:00.95	+02:21:19 (31.6%)	9:17	6.5 (69.1%)
69	SOBOLEWSKI Dariusz	449	VEGE RUNNERS	M 45+	15	01:52:43	03:33:18		06:33:10	07:26:07.70	07:27:02.15	+02:21:20 (31.6%)	9:17	6.5 (69.1%)
70	LARBES Fayçal	345		M 33-44	33	01:58:30	03:33:52		06:38:57	07:26:54.95	07:27:42.90	+02:22:01 (31.7%)	9:18	6.4 (68.1%)
71	ZAJĄC Paweł	506	100HRMAX TEAM	M 33-44	34	01:41:27	03:18:21		06:19:38	07:30:38.30	07:30:53.65	+02:25:11 (32.2%)	9:23	6.4 (68.1%)
72	FALKOWSKI Piotr	529	KG PEGAZ PIASECZNO	M 45+	16	01:47:17	03:29:08		06:36:35	07:32:34.95	07:32:47.75	+02:27:06 (32.5%)	9:25	6.4 (68.1%)
73	KŁOŚ Artur	311		M 32	14	02:00:37	03:35:42		06:36:29	07:32:23.70	07:32:48.45	+02:27:06 (32.5%)	9:25	6.4 (68.1%)
74	TOMCZYK Krzysztof	475	ŚWIDNICKA GRUPA BIEGOWA	M 33-44	35		03:35:03		06:38:13	07:32:34.25	07:33:19.00	+02:27:37 (32.6%)	9:25	6.4 (68.1%)
75	KRZYWICKI Paweł	530		M 45+	17	01:52:08	03:41:26		06:44:22	07:35:00.90	07:35:46.85	+02:30:05 (32.9%)	9:28	6.3 (67.0%)
76	BYLICA Paulina	236	PGB SPORTOWA PACZKA	K 33-44	8	01:56:07	03:43:57		06:38:13	07:35:43.60	07:36:16.15	+02:30:34 (33.0%)	9:29	6.3 (67.0%)
77	KRZEMIŃSKI Bartosz	334	RUN PASJA	M 33-44	36	01:44:40	03:28:49		06:36:29	07:36:41.40	07:36:52.50	+02:31:10 (33.1%)	9:30	6.3 (67.0%)
78	PĘKAŁA Aleksandra	401	RUN PASJA	K 33-44	9	01:52:51	03:32:31		06:36:33	07:36:41.80	07:36:52.55	+02:31:10 (33.1%)	9:30	6.3 (67.0%)
79	BŁACHNO Marcin	226		M 33-44	37		03:44:53		06:48:22	07:36:41.75	07:37:26.50	+02:31:44 (33.2%)	9:30	6.3 (67.0%)
80	TOURDANOV Ingrid	493		K 32	2	01:54:23	03:35:18		06:40:34	07:37:46.05	07:37:51.80	+02:32:10 (33.2%)	9:32	6.3 (67.0%)
81	KACZMAREK Piotr	299		M 33-44	38	01:46:20	03:35:30		06:42:50	07:38:39.35	07:38:46.15	+02:33:04 (33.4%)	9:33	6.3 (67.0%)
82	ŁAKOMY Waldemar	353	BUKOWSKI KLUB BIEGACZA	M 45+	18	01:50:15	03:41:11		06:42:52	07:43:17.85	07:43:26.10	+02:37:44 (34.0%)	9:39	6.2 (66.0%)
83	MISZCZAK Kornel	371		M 32	15	01:58:14	03:38:08		06:46:01	07:43:43.65	07:44:26.55	+02:38:44 (34.2%)	9:39	6.2 (66.0%)
84	WIERZBICKA Joanna	486		K 33-44	10	01:50:11	03:35:05		06:39:16	07:45:30.45	07:46:17.50	+02:40:35 (34.4%)	9:41	6.2 (66.0%)
85	HERBICH-SAR Violetta	281	FUDU & CO. SPORT TEAM	K 33-44	11	01:46:40	03:34:23		06:39:48	07:46:06.70	07:46:17.65	+02:40:35 (34.4%)	9:42	6.2 (66.0%)
86	PIECZARA Błażej	404		M 33-44	39	01:47:04	03:34:55		06:48:08	07:47:05.95	07:47:21.70	+02:41:39 (34.6%)	9:43	6.2 (66.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR				Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
						12km	Prz_Knur 25km	Jaszcze 35km	PKR4 41km					
87	PASIERBIŃSKI Piotr	394	TRIPASIK	M 45+	19	01:46:37	03:31:34		06:45:13	07:48:14.00	07:48:30.15	+02:42:48 (34.8%)	9:45	6.2 (66.0%)
88	KMITA Krzysztof	312		M 33-44	40	01:49:33	03:31:33		06:38:04	07:49:03.60	07:49:23.15	+02:43:41 (34.9%)	9:46	6.1 (64.9%)
89	NAWARA Katarzyna	381		K 32	3	01:53:00	03:41:09		06:46:04	07:50:29.95	07:50:42.10	+02:45:00 (35.1%)	9:48	6.1 (64.9%)
90	WOJTACZKA Witold	494	BOBOWSKA GRUPA BIEGOWA	M 32	16	01:52:40	03:41:14		06:52:29	07:51:34.70	07:52:03.10	+02:46:21 (35.2%)	9:49	6.1 (64.9%)
91	SZYMANIAK Filip	466		M 32	17	01:52:05	03:34:22		06:42:40	07:52:13.90	07:52:37.10	+02:46:55 (35.3%)	9:50	6.1 (64.9%)
92	BORKWSKA Aneta	230	ULTRA SRULTRA	K 32	4	01:58:25	03:46:13		06:50:46	07:56:05.60	07:56:26.65	+02:50:44 (35.8%)	9:55	6 (63.8%)
93	KIRILENKO Aneta	306		K 33-44	12	01:54:30	03:47:29		06:58:14	07:56:38.80	07:56:52.35	+02:51:10 (35.9%)	9:55	6 (63.8%)
93	KIRILENKO Marcin	305		M 33-44	41	01:54:53	03:47:33		06:58:17	07:56:38.80	07:56:52.35	+02:51:10 (35.9%)	9:55	6 (63.8%)
95	MICHALCZEWSKA Marzena	363		K 33-44	13	01:52:23	03:47:32		06:57:17	07:57:19.75	07:57:37.25	+02:51:55 (36.0%)	9:56	6 (63.8%)
96	BIEL Lukasz	222	MR.	M 33-44	42	01:52:35	03:36:28		06:58:10	07:59:36.60	07:59:44.00	+02:54:02 (36.3%)	9:59	6 (63.8%)
97	MATULA Bartłomiej	361	PRZEBIEGLI UNISŁAW	M 33-44	43	01:58:21	03:41:39		06:47:50	07:59:49.85	08:00:33.85	+02:54:52 (36.4%)	9:59	6 (63.8%)
98	LIPIŃSKI Michał	348		M 33-44	44	01:58:18	03:41:38		06:47:45	07:59:50.25	08:00:34.25	+02:54:52 (36.4%)	9:59	6 (63.8%)
99	CYMBORSKA Jolanta	247	WARSAW RUN CLUB	K 33-44	14	02:01:10	03:58:33		07:11:06	08:04:43.70	08:05:14.10	+02:59:32 (37.0%)	10:05	5.9 (62.8%)
100	SOKOŁOWSKA Adriana	450	VEGE RUNNERS	K 32	5	02:03:44	03:56:21		07:10:17	08:06:20.80	08:06:49.95	+03:01:08 (37.2%)	10:07	5.9 (62.8%)
101	ODOLIŃSKI Jacek	387	PSZCZÓŁKOWSKI TEAM	M 45+	20	02:02:07	04:04:28		06:59:14	08:06:39.00	08:07:05.65	+03:01:23 (37.2%)	10:08	5.9 (62.8%)
102	SZARY Marek	463		M 33-44	45	01:59:39	03:51:08		07:05:41	08:07:13.40	08:08:03.85	+03:02:22 (37.4%)	10:09	5.9 (62.8%)
103	LENART-KŁOŚ Katarzyna	347		K 32	6	02:00:45	03:46:00		06:58:53	08:08:16.65	08:08:43.60	+03:03:01 (37.5%)	10:10	5.9 (62.8%)
104	KRYPEL Tomasz	332		M 33-44	46	01:59:31	03:51:11		07:06:03	08:08:24.50	08:09:15.10	+03:03:33 (37.5%)	10:10	5.9 (62.8%)
105	URIBE ABARCA Juan Manuel	478		M 32	18	01:59:03	03:55:51		07:10:27	08:10:17.80	08:10:40.55	+03:04:58 (37.7%)	10:12	5.9 (62.8%)
106	KOZIOŁ Piotr	329	FUNDACJA OD-WAGA	M 33-44	47	02:03:41	03:52:50		07:06:43	08:11:11.75	08:11:46.55	+03:06:04 (37.8%)	10:14	5.9 (62.8%)
107	KACZMAREK Grzegorz	298	TICON	M 45+	21	01:47:03	03:38:42		06:54:36	08:12:27.95	08:12:47.65	+03:07:05 (38.0%)	10:15	5.8 (61.7%)
108	CZAPIEWSKI Maciej	248		M 33-44	48	01:51:30	03:41:19		07:11:17	08:13:04.00	08:13:53.80	+03:08:12 (38.1%)	10:16	5.8 (61.7%)
109	SUWAŁA Anna	461		K 33-44	15	01:53:40	03:49:40		07:12:38	08:15:45.95	08:16:00.65	+03:10:18 (38.4%)	10:19	5.8 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR				Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
						12km	Prz_Knur 25km	Jaszcze 35km	PKR4 41km					
110	DUDEK Michał	257	BIEGUSIEM.PL	M 33-44	49	01:53:45	03:49:41		07:12:46	08:15:47.00	08:16:01.00	+03:10:19 (38.4%)	10:19	5.8 (61.7%)
111	GMAJ Daniel	273		M 33-44	50	02:00:11	03:54:47		07:16:18	08:15:10.50	08:16:03.45	+03:10:21 (38.4%)	10:18	5.8 (61.7%)
112	KRUPA Anna	526	HUSIARIA RACE TEAM	K 32	7		04:02:48		07:20:07	08:16:42.25	08:16:52.65	+03:11:10 (38.5%)	10:20	5.8 (61.7%)
113	CHMARA Rafał	240	AMBAR	M 33-44	51	01:52:00	03:41:56		07:04:00	08:22:09.50	08:22:59.45	+03:17:17 (39.2%)	10:27	5.7 (60.6%)
114	GNIADKOWSKI Paweł	274	ODJECHANI.COM	M 33-44	52	02:02:10	04:00:04		07:20:11	08:24:36.85	08:25:24.95	+03:19:43 (39.5%)	10:30	5.7 (60.6%)
115	ZAWISZA Joanna	511	VEGE RUNNERS	K 45+	2	01:59:14	03:55:16		07:14:41	08:24:48.65	08:25:34.80	+03:19:53 (39.5%)	10:31	5.7 (60.6%)
116	HALEK Przemek	279		M 33-44	53	01:57:18	03:58:27		07:14:25	08:24:46.80	08:25:35.65	+03:19:53 (39.5%)	10:30	5.7 (60.6%)
117	POLIŃSKA Magdalena	412	SOCIOS SILESIA	K 33-44	16	01:59:12	03:55:16		07:25:52	08:25:21.15	08:25:40.50	+03:19:58 (39.5%)	10:31	5.7 (60.6%)
118	RADOMSKI Kuba	417	PRZEGLĄD SPORTOWY	M 32	19	01:54:48	03:53:29		07:16:28	08:25:27.95	08:25:48.15	+03:20:06 (39.6%)	10:31	5.7 (60.6%)
119	SŁAWIŃSKI Patryk	445		M 33-44	54	01:54:31	03:46:19		07:23:59	08:29:42.75	08:29:47.90	+03:24:06 (40.0%)	10:37	5.7 (60.6%)
120	ADAMOWICZ Magdalena	201		K 32	8	02:06:04	04:01:30		07:27:26	08:29:33.45	08:30:16.80	+03:24:35 (40.1%)	10:36	5.7 (60.6%)
121	JANOWSKA Katarzyna	527	FIZJO ZDROWIE	K 33-44	17	01:56:43	03:45:59		07:18:51	08:30:17.00	08:30:22.05	+03:24:40 (40.1%)	10:37	5.6 (59.6%)
122	REGULSKA Monika	421	ALBATROSY	K 32	9	02:01:41	04:00:55		07:19:24	08:30:43.15	08:31:15.80	+03:25:34 (40.2%)	10:38	5.6 (59.6%)
123	NAPIERALSKA Natalia	379		K 33-44	18	02:00:32	03:53:30		07:19:24	08:31:36.30	08:32:23.65	+03:26:41 (40.3%)	10:39	5.6 (59.6%)
124	NAPIERALSKI Michał	380		M 33-44	55	02:00:38	03:53:29		07:19:27	08:31:37.05	08:32:24.05	+03:26:42 (40.3%)	10:39	5.6 (59.6%)
125	KULER Bartosz	340	PGB SPORTOWA PACZKA	M 32	20	01:49:11	03:40:52		07:19:34	08:32:25.00	08:33:22.15	+03:27:40 (40.5%)	10:40	5.6 (59.6%)
126	DRABIK Jacek	255		M 45+	22	01:59:19	03:52:56		07:30:16	08:34:17.25	08:34:26.50	+03:28:44 (40.6%)	10:42	5.6 (59.6%)
127	STRĘCIWILK Tomasz	460	VADAIN RUNNING CLUB	M 33-44	56	02:07:55	03:59:44		07:30:34	08:34:33.85	08:35:10.70	+03:29:28 (40.7%)	10:43	5.6 (59.6%)
128	CHWISTEK Maciej	242		M 33-44	57	02:01:22	04:03:12		07:27:58	08:37:51.70	08:38:05.75	+03:32:24 (41.0%)	10:47	5.6 (59.6%)
129	JACHYMSKI Ignacy	284		M 32	21	02:03:45	04:08:04		07:28:06	08:40:20.20	08:40:39.40	+03:34:57 (41.3%)	10:50	5.5 (58.5%)
130	GRYGORUK Marek	276	VEGAN YOGA BIAŁOSTOCKA SEKTA BIEGACZY	M 45+	23	01:59:34	03:58:40		07:30:42	08:41:03.00	08:41:43.45	+03:36:01 (41.4%)	10:51	5.5 (58.5%)
131	KOTUSIEWICZ Ewa	327	FUDU&CO SPORT TEAM	K 33-44	19	02:13:06	04:10:15		07:42:15	08:42:51.00	08:43:24.65	+03:37:42 (41.6%)	10:53	5.5 (58.5%)
132	WACH Grzegorz	522		M 33-44	58	02:06:06	04:01:03		07:42:59	08:42:36.30	08:43:29.05	+03:37:47 (41.6%)	10:53	5.5 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1 12km	Prz_Knur 25km	Jaszczke 35km	PKR4 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
133	SERĘGA Anna	436	WKURW_TEAM	K 33-44	20	02:19:48	04:21:01		07:45:24	08:47:12.10	08:47:41.70	+03:41:59 (42.1%)	10:59	5.5 (58.5%)
134	BORC Marzanna	229	AKADEMIA BIEGANIA GRUDZIĄDZ	K 45+	3	02:10:21	04:03:19		07:35:36	08:48:00.60	08:48:26.00	+03:42:44 (42.2%)	11:00	5.5 (58.5%)
135	CHELKOWSKI Henryk	238	AKADEMIA BIEGANIA GRUDZIĄDZ	M 33-44	59	02:10:26	04:03:18		07:35:52	08:48:00.75	08:48:26.15	+03:42:44 (42.2%)	11:00	5.5 (58.5%)
136	JANOWSKA Ula	289		K 33-44	21	02:10:29	04:03:21		07:35:57	08:48:01.65	08:48:26.25	+03:42:44 (42.2%)	11:00	5.5 (58.5%)
137	SWĘDZIOŁ Monika	462	W POGONI ZA DUCHEM	K 33-44	22	02:10:34	04:14:08		07:45:12	08:49:15.30	08:49:39.15	+03:43:57 (42.3%)	11:01	5.4 (57.4%)
138	PIEKARCZYK Michał	405	KWAŚNE ŻELKI	M 32	22	01:59:55	03:51:02		07:28:16	08:52:56.65	08:53:47.20	+03:48:05 (42.7%)	11:06	5.4 (57.4%)
139	SOBIESKI Jan	448	KWAŚNE ŻELKI	M 32	23	02:00:02	03:53:10		07:28:13	08:52:57.85	08:53:47.65	+03:48:05 (42.7%)	11:06	5.4 (57.4%)
140	SAMBORSKI Bartosz	434	WKURW_TEAM	M 33-44	60	02:01:03	03:54:08		07:31:41	08:53:26.35	08:53:56.25	+03:48:14 (42.7%)	11:06	5.4 (57.4%)
141	JANAS Michał	286	FUNDACJA WSPARCIA RATOWNICTWA RK	M 33-44	61	01:51:22	03:47:15		07:32:55	08:53:27.65	08:54:19.25	+03:48:37 (42.8%)	11:06	5.4 (57.4%)
142	KRÓL Łukasz	331		M 32	24	01:57:17	04:06:47		07:40:05	08:54:44.05	08:55:06.50	+03:49:24 (42.9%)	11:08	5.4 (57.4%)
143	SAKOWSKA Aneta	431		K 33-44	23	01:55:56	03:45:54		07:28:57	08:55:52.85	08:56:30.90	+03:50:49 (43.0%)	11:09	5.4 (57.4%)
143	DZIEDZIC Paweł	261	PGB SPORTOWA PACZKA	M 33-44	62	01:56:15	04:09:44		07:42:48	08:56:08.15	08:56:30.90	+03:50:49 (43.0%)	11:10	5.4 (57.4%)
145	PŁAŻYŃSKI Bartosz	410	W POGONI ZA DUCHEM	M 33-44	63	02:15:47	04:17:31		07:53:48	08:56:51.45	08:57:14.10	+03:51:32 (43.1%)	11:11	5.4 (57.4%)
146	ZIELIŃSKA Iwona	512	BIEGAJ Z GŁOWĄ	K 33-44	24	01:59:54	04:02:36		07:45:38	08:57:54.15	08:58:19.25	+03:52:37 (43.2%)	11:12	5.4 (57.4%)
147	WIŚNIEWSKI Janusz	490	PARA W BIEGU	M 33-44	64	02:13:35	04:14:11		07:51:00	08:58:35.75	08:59:10.75	+03:53:29 (43.3%)	11:13	5.3 (56.4%)
148	WIŚNIEWSKA Agnieszka	489	PARA W BIEGU	K 33-44	25	02:17:12	04:20:54		07:51:07	08:58:34.95	08:59:10.85	+03:53:29 (43.3%)	11:13	5.3 (56.4%)
149	PECHATKINA Liuda	398	VOKUEVA TEAM	K 32	10	02:05:40	04:06:39		07:42:52	09:00:05.00	09:00:05.00	+03:54:23 (43.4%)	11:15	5.3 (56.4%)
150	POŁOMSKI Andrzej	413	GMRIP GRUPA MUNDUROWYCH, RODZIN I PRZYJACIÓŁ	M 45+	24	02:04:07	04:17:01		07:49:23	09:02:51.10	09:02:51.10	+03:57:09 (43.7%)	11:18	5.3 (56.4%)
151	TOKARSKI Rafał	474		M 33-44	65	01:59:33	04:02:02		07:49:58	09:05:14.70	09:05:35.10	+03:59:53 (44.0%)	11:21	5.3 (56.4%)
152	KWASEK Kazek	342	ESKADRA KRAKÓW	M 33-44	66	01:58:47	04:06:05		07:55:50	09:10:55.85	09:11:19.15	+04:05:37 (44.6%)	11:28	5.2 (55.3%)
153	KRYSIAK Filip	333	VEGE RUNNERS	M 33-44	67	02:16:02	04:14:02		07:51:02	09:14:30.05	09:15:06.25	+04:09:24 (44.9%)	11:33	5.2 (55.3%)
154	STASZEWSKA Sylwia	455		K 45+	4	02:09:36	04:18:18		07:59:28	09:14:43.75	09:15:23.25	+04:09:41 (45.0%)	11:33	5.2 (55.3%)
155	SŁAWIŃSKI Kazimierz	444		M 33-44	68	02:10:32	04:18:57		07:48:18	09:14:39.95	09:15:24.25	+04:09:42 (45.0%)	11:33	5.2 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1 12km	Prz_Knur 25km	Jaszczke 35km	PKR4 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
156	BAŁAGA Marcin	208	KTO DOGONI PSA?	M 45+	25	02:10:06	04:22:04		08:07:58	09:14:57.40	09:15:24.70	+04:09:42 (45.0%)	11:33	5.2 (55.3%)
157	KOCIOŁEK Zbyszek	315		M 45+	26	02:02:01	04:19:12		08:10:41	09:15:50.30	09:16:17.75	+04:10:36 (45.0%)	11:34	5.2 (55.3%)
158	BUNSCH Iga	234		K 33-44	26	01:59:21	03:59:58		07:51:11	09:20:03.70	09:20:21.10	+04:14:39 (45.4%)	11:40	5.1 (54.3%)
159	MIĘDZIK Tomasz	369		M 33-44	69	01:59:16	03:59:55		07:51:56	09:20:03.00	09:20:21.35	+04:14:39 (45.4%)	11:40	5.1 (54.3%)
160	BELDOWSKA Beata	218	FUDU&CO.SPORT.TEAM	K 45+	5	02:13:29	04:22:36		08:12:52	09:20:18.25	09:20:53.25	+04:15:11 (45.5%)	11:40	5.1 (54.3%)
161	FALKOWSKI Łukasz	264	VADAIN RUNNING CLUB	M 33-44	70	02:16:17	04:30:16		07:59:07	09:21:07.20	09:21:45.75	+04:16:04 (45.6%)	11:41	5.1 (54.3%)
162	BARON Jacek	213	VADAIN RUNNING CLUB	M 33-44	71	02:02:52	03:57:00		07:25:25	09:21:08.95	09:21:46.20	+04:16:04 (45.6%)	11:41	5.1 (54.3%)
163	JANOTA Marcin	288	CREADIS	M 32	25	02:08:22	04:11:25		08:01:28	09:21:19.30	09:22:06.30	+04:16:24 (45.6%)	11:41	5.1 (54.3%)
164	PIWKO Anna	409	ROZBIEGAMY TO MIASTO CZECHOWICE-DZIEDZICE	K 33-44	27	02:11:38	04:15:42		07:56:57	09:25:42.45	09:25:52.85	+04:20:11 (46.0%)	11:47	5.1 (54.3%)
165	KNUROWSKI Marcin	313		M 45+	27	02:06:19	04:06:54		07:56:44	09:25:22.45	09:25:53.90	+04:20:12 (46.0%)	11:46	5.1 (54.3%)
166	WAROWNY Piotr	483		M 33-44	72	01:58:08	03:57:32		07:48:24	09:29:07.95	09:29:20.80	+04:23:39 (46.3%)	11:51	5.1 (54.3%)
167	ŻACZEK Anna	515	BIEGUSIEM. PL	K 45+	6		03:57:29		07:48:29	09:29:04.55	09:29:21.10	+04:23:39 (46.3%)	11:51	5.1 (54.3%)
168	NIEWIAROWSKI Jarosław	384	BIEGIEM PO PIWO	M 33-44	73	02:12:24	04:27:10		08:14:21	09:30:41.60	09:31:02.40	+04:25:20 (46.5%)	11:53	5 (53.2%)
169	PURWIN Beata	415		K 45+	7	02:13:03	04:23:51		08:18:32	09:36:18.35	09:36:44.70	+04:31:02 (47.0%)	12:00	5 (53.2%)
170	SOKOŁOWSKA Agnieszka	451	WKURW_TEAM	K 33-44	28	02:11:26	04:21:25		08:21:28	09:36:37.80	09:37:24.55	+04:31:42 (47.1%)	12:00	5 (53.2%)
171	KOMBAROVA Olga	320		K 32	11	02:10:00	04:14:07		08:11:25	09:39:39.00	09:40:22.05	+04:34:40 (47.3%)	12:04	5 (53.2%)
172	ŻAK Oliwia	517	PIASECZNO RUNNING	K 33-44	29	02:11:51	04:21:08		08:20:16	09:41:45.70	09:42:13.25	+04:36:31 (47.5%)	12:07	5 (53.2%)
173	JAROSZ-PIWOŃSKA Aldona	291		K 33-44	30	02:11:56	04:21:07		08:20:54	09:41:46.20	09:42:13.35	+04:36:31 (47.5%)	12:07	5 (53.2%)
174	SZYMAŃSKI Mariusz	467		M 33-44	74	02:12:39	04:29:20		08:28:21	09:44:12.45	09:44:28.00	+04:38:46 (47.7%)	12:10	4.9 (52.1%)
175	JASTRZĘBSKI Artur	293	SKY RUNNER	M 32	26	02:26:08	04:40:30		08:28:16	09:44:15.30	09:44:31.35	+04:38:49 (47.7%)	12:10	4.9 (52.1%)
176	KOTLICKA Beata	326	FUDU&CO.SPORT TEAM	K 33-44	31	02:13:58	04:23:55		08:21:36	09:45:10.85	09:45:45.35	+04:40:03 (47.8%)	12:11	4.9 (52.1%)
177	PISULIŃSKA Ewa	408		K 32	12	02:16:24	04:25:19		08:23:19	09:46:39.90	09:47:06.75	+04:41:25 (47.9%)	12:13	4.9 (52.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1 12km	Prz_Knur 25km	Jaszcz 35km	PKR4 41km	Czas		Różn	Tempo min/km	Tempo km/h
										netto 48km	brutto 48km			
178	WÓJKOWSKI Kamil	500	PRO-RUN WROCŁAW/RAZEM TRENUJEMY SPORT	M 33-44	75	02:09:19	04:34:00		08:37:35	09:50:59.65	09:51:19.50	+04:45:37 (48.3%)	12:18	4.9 (52.1%)
179	STODULSKI Krzysztof	458	KUTNO BIEGA	M 33-44	76	02:09:17	04:34:02		08:37:38	09:51:01.75	09:51:20.95	+04:45:39 (48.3%)	12:18	4.9 (52.1%)
180	CZERWONKA Zbigniew	250	ESKADRA WROCLAW	M 33-44	77	02:14:56	04:37:57		08:32:36	09:53:35.40	09:54:16.05	+04:48:34 (48.6%)	12:22	4.9 (52.1%)
181	JUREK Jarostaw	297	KS FLORIAN	M 33-44	78	02:02:53	04:22:15		08:27:40	09:53:57.30	09:54:23.55	+04:48:41 (48.6%)	12:22	4.8 (51.1%)
182	PAWŁOWSKA-JUREK Paulina	395	KS FLORIAN	K 33-44	32	02:17:13	04:37:02		08:36:08	09:54:04.60	09:54:23.80	+04:48:42 (48.6%)	12:22	4.8 (51.1%)
183	IWANIEC-KOPACZEWSKA Anna	283	1976	K 33-44	33	02:15:15	04:35:15		08:34:59	09:54:34.85	09:54:58.65	+04:49:16 (48.6%)	12:23	4.8 (51.1%)
184	OLSZEWSKI Hubert	389		M 33-44	79	02:15:13	04:34:00		08:42:59	09:54:26.15	09:55:19.30	+04:49:37 (48.7%)	12:23	4.8 (51.1%)
185	BOROWIECKI Piotr	231		M 45+	28	02:15:42	04:31:35		08:38:02	09:56:08.25	09:56:55.30	+04:51:13 (48.8%)	12:25	4.8 (51.1%)
186	FEDEROWICZ Grzegorz	265	WATAHA GRUPA TRENINGOWA	M 33-44	80	02:12:57	04:33:36		08:39:06	09:56:59.85	09:57:39.90	+04:51:58 (48.9%)	12:26	4.8 (51.1%)
187	LITWINEK Marek	350	WW TEAM	M 33-44	81	02:09:58	04:17:49		08:43:13	09:58:31.50	09:59:02.10	+04:53:20 (49.0%)	12:28	4.8 (51.1%)
188	WILLIS Alan	488		M 33-44	82	02:04:36	04:02:23		08:22:31	09:58:23.30	09:59:03.35	+04:53:21 (49.0%)	12:27	4.8 (51.1%)
189	WÓJCIK Monika	499		K 33-44	34	02:13:56	04:36:21		08:53:20	09:59:03.10	09:59:57.05	+04:54:15 (49.0%)	12:28	4.8 (51.1%)
190	SALONI-SADOWSKA Maria	433	SN KLASYK	K 45+	8	02:16:26	04:33:28		08:31:14	09:59:19.05	10:00:00.35	+04:54:18 (49.1%)	12:29	4.8 (51.1%)
191	MICHALSKA Anna	367	OBOZYBIEGOWE.PL	K 45+	9	02:15:50	04:33:26		08:31:34	09:59:21.95	10:00:03.65	+04:54:21 (49.1%)	12:29	4.8 (51.1%)
192	ALAJOUTSI Jukka	202	VERTICAL WORM	M 45+	29	02:10:08	04:35:43		08:34:54	09:59:37.70	10:00:08.90	+04:54:27 (49.1%)	12:29	4.8 (51.1%)
193	KORZENIOWSKA Joanna	323	UMCS BIEGA	K 33-44	35	02:16:55	04:34:47		08:49:00	09:59:55.20	10:00:24.35	+04:54:42 (49.1%)	12:29	4.8 (51.1%)
194	IWANIEC Ewa	282		K 33-44	36	02:21:39	04:37:30		08:51:52	09:59:58.50	10:00:29.95	+04:54:48 (49.1%)	12:29	4.8 (51.1%)
195	ŁABĘCKA Agata	352		K 33-44	37	02:22:01	04:37:33		08:51:59	09:59:58.10	10:00:30.75	+04:54:49 (49.1%)	12:29	4.8 (51.1%)
196	SMORAĞIEWICZ Marcin	447		M 33-44	83	02:21:56	04:38:54		08:51:48	10:00:44.00	10:01:15.55	+04:55:33 (49.2%)	12:30	4.8 (51.1%)
197	MYSZKOWSKI Paweł	376	BIĄŁOSTOCKA SEKTA BIEGACZY	M 33-44	84	02:19:39	04:35:41		08:59:40	10:01:35.85	10:02:01.55	+04:56:19 (49.2%)	12:32	4.8 (51.1%)
198	DZIKOŃ Małgorzata	262	BIĄŁOSTOCKA SEKTA BIEGACZY	K 33-44	38	02:19:58	04:35:40		08:59:34	10:01:36.45	10:02:01.85	+04:56:20 (49.2%)	12:32	4.8 (51.1%)
199	KŁOPOTOWSKA SOSNA Kaska	310	UNLIMITED SPORT AND LIFE	K 45+	10	02:13:51	04:36:17		08:53:17	10:03:32.40	10:04:26.15	+04:58:44 (49.4%)	12:34	4.8 (51.1%)

Przekroczony limit czasu: 10:10:00

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas				Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
						PKR1 12km	Prz_Knur 25km	Jaszcze 35km	PKR4 41km					
200	SIERPOWSKA-BARTOSIK Agnieszka	442	VEGE RUNNERS	K 33-44	39	02:14:39	04:47:48		08:54:11	10:11:16.35	10:11:32.40	+05:05:50 (50.0%)	12:44	4.7 (50.0%)
201	KUCZEK Katarzyna	338	PGB SPORTOWA PACZKA	K 33-44	40	02:22:06	04:40:26		08:54:12	10:11:18.30	10:11:38.20	+05:05:56 (50.0%)	12:44	4.7 (50.0%)
202	KAŃTOCH Cezary	300		M 45+	30	02:13:39	04:39:16		08:57:50	10:24:02.65	10:24:06.90	+05:18:25 (51.0%)	7:25	8.1 (86.2%)
203	SZYMCZAK Katarzyna	469		K 45+	11	02:41:22	05:12:18		09:17:38	10:43:45.25	10:44:06.30	+05:38:24 (52.5%)	7:39	7.8 (83.0%)
204	SZYMCZAK Tomasz	468		M 45+	31	02:40:35	05:12:12		09:17:42	10:43:43.20	10:44:07.05	+05:38:25 (52.5%)	7:39	7.8 (83.0%)
205	MAZANOWSKA Ewa	362	RUN PASJA BYDGOSZCZ	K 33-44	41	02:32:06	04:59:30		09:23:59	11:13:57.15	11:14:09.75	+06:08:28 (54.7%)	14:02	4.3 (45.7%)
206	RUDNICKA Agata	426		K 45+	12	02:22:12	04:52:40		09:33:35	11:22:56.70	11:23:29.05	+06:17:47 (55.3%)	14:13	4.2 (44.7%)
207	LOSOR Andrzej	351		M 33-44	85	02:12:00	04:48:21		09:43:24	11:32:23.50	11:32:50.35	+06:27:08 (55.9%)	14:25	4.2 (44.7%)
208	WÓJTOWICZ Paweł	501	LUBLIN BIEGA	M 33-44	86	02:21:08	05:02:38		09:36:04	11:34:45.30	11:35:15.25	+06:29:33 (56.0%)	14:28	4.1 (43.6%)
DQ	PIECHA Artur	403	HERCOG RUNNING TEAM	M 33-44		01:22:19 DQ	02:41:11 DQ	DQ	DQ	05:10:54.15 DQ	DQ	-	-	- (0.0%)
	WITKOWSKI Radosław	491	KLUB WYSOKOGÓRSKI GLIWICE	M 32		01:31:57 DNF	03:10:21 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	LEWCZUK Norbert	531		M 33-44		01:48:59 DNF	03:48:06 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	CEBULA Paweł	237	CREADIS	M 32		02:08:25 DNF	04:11:26 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BARON Kasia	214	VADAIN RUNNING CLUB	K 33-44		02:16:33 DNF	04:31:43 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BOCHNAK Jan	227		M 33-44		02:19:07 DNF	04:45:53 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	DOŁHUN Adam	253	RUN PASJA BYDGOSZCZ	M 33-44		02:31:47 DNF	04:59:30 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SZELER Joanna	464	SILESIAMARATHON TEAM/BIEGAJACA Z PSAMI	K 45+		02:35:25 DNF	05:00:10 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	FURGAŁ-ŻUREK Joanna	270	NAUKABIEGA	K 33-44		02:39:27 DNF	05:14:01 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WRONA Sylwester	503		M 33-44		01:59:14 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	ODOLIŃSKA Agnieszka	386		K 45+		02:02:15 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	LABURDA Kinga	343	ESKADRA KRAKÓW	K 33-44		02:12:12 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KARPINSKA Nina	303		K 33-44		02:49:32 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BEŁDOWSKI Sławomir	219	FUDU&CO. SPORT TEAM	M 45+		DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1 12km	Prz_Knur 25km	Jaszcze 35km	PKR4 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
	FREJ Marcin	269	ZABIEGANI.TV	M 32		DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 223 wynik(ów)