



**Wydarzenie:** Gorce Ultra-Trail  
**Organizator:** Fundacja Run Vegan - GUT  
**Data:** 2022-08-05  
**Miejsce:** Ochotnica Dolna  
**Dystans:** 48 km

## GORCE ULTRA-TRAIL® 48 KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz			Czas		Różn	Tempo min/km	Tempo km/h
						Start 0.001km	Knuruwska 25km	Rozwidlenie 40km	netto 47.3km	brutto 47.3km			
1	<b>SIOŁA Karol</b>	<b>748</b>	TEAM DYNAFIT	M 18-35	1	00:00:01	02:20:13	04:04:52	<b>04:39:51.40</b>	<b>04:39:51.40</b>		5:54	10.1 (100%)
2	<b>ORZEŁ Michał</b>	<b>724</b>	ADIDAS RUNNERS WARSZAWA / BANDA GRUDNIA	M 36-45	1	00:00:01	02:25:34	04:11:30	<b>04:43:03.30</b>	<b>04:43:03.30</b>	+00:03:11 (1.1%)	5:59	10 (99.0%)
3	<b>KOPEL Rafał</b>	<b>683</b>	7	M 36-45	2	00:00:01	02:20:35		<b>04:44:25.10</b>	<b>04:44:25.10</b>	+00:04:33 (1.6%)	6:00	10 (99.0%)
4	<b>PIECH Kacper</b>	<b>733</b>	ASICS FRONTRUNNER POLAND/RUNONLINE.PL	M 18-35	2	00:00:01	02:30:13	04:22:39	<b>04:54:44.40</b>	<b>04:54:44.40</b>	+00:14:53 (5.0%)	6:13	9.6 (95.0%)
5	<b>ZIĘBA Robert</b>	<b>798</b>	TRAIL IS OUR WAY / BOBOWSKA GRUPA BIEGOWA	M 36-45	3	00:00:01	02:30:14	04:23:42	<b>05:00:27.75</b>	<b>05:00:27.75</b>	+00:20:36 (6.9%)	6:21	9.4 (93.1%)
6	<b>BARAN Wojtek</b>	<b>609</b>	OKNOPLAST RUNNING TEAM	M 36-45	4	00:00:01	02:23:22	04:25:28	<b>05:02:43.75</b>	<b>05:02:43.75</b>	+00:22:52 (7.6%)	6:23	9.4 (93.1%)
7	<b>SZCZEPANIAK Witold</b>	<b>764</b>		M 46-55	1	00:00:02	02:35:39	04:32:49	<b>05:05:16.05</b>	<b>05:05:16.05</b>	+00:25:24 (8.3%)	6:27	9.3 (92.1%)
8	<b>YAKUBOUSKI Uładzimir</b>	<b>792</b>	TRS	M 18-35	3	00:00:03	02:43:37	04:45:37	<b>05:18:20.00</b>	<b>05:18:20.00</b>	+00:38:28 (12.1%)	6:43	8.9 (88.1%)
9	<b>BRYSZ Michał</b>	<b>617</b>	SBG PODBIEG	M 36-45	5	00:00:03	02:38:50	04:46:09	<b>05:18:23.25</b>	<b>05:18:23.25</b>	+00:38:31 (12.1%)	6:43	8.9 (88.1%)
10	<b>SNOPEK Stanisław</b>	<b>752</b>	DELOITTE ADVENTURE TEAM	M 18-35	4	00:00:02	02:37:36	04:41:37	<b>05:21:27.15</b>	<b>05:21:27.15</b>	+00:41:35 (12.9%)	6:47	8.8 (87.1%)
11	<b>PRZYBYLSKI Krzysztof</b>	<b>739</b>	KP PSP NOWE MIASTO LUBAWSKIE	M 36-45	6	00:00:02	02:33:31	04:41:47	<b>05:22:52.80</b>	<b>05:22:52.80</b>	+00:43:01 (13.3%)	6:49	8.8 (87.1%)
12	<b>GURGUL Sebastian</b>	<b>657</b>	AROMAT NÓG	M 36-45	7	00:00:02	02:45:31	04:50:53	<b>05:29:17.00</b>	<b>05:29:17.00</b>	+00:49:25 (15.0%)	6:57	8.6 (85.1%)
13	<b>JACHYMIAK Robert</b>	<b>779</b>	SPECJALISTYCZNE GABINET REHABILITACJI DZIECI	M 46-55	2	00:00:01	02:40:12	04:52:56	<b>05:30:12.05</b>	<b>05:30:12.05</b>	+00:50:20 (15.2%)	6:58	8.6 (85.1%)
14	<b>MACIAS Marcin</b>	<b>705</b>		M 36-45	8	00:00:02	02:45:26	04:54:02	<b>05:35:04.55</b>	<b>05:35:04.55</b>	+00:55:13 (16.5%)	7:05	8.5 (84.2%)
15	<b>URBANEK Patryk</b>	<b>774</b>		M 18-35	5	00:00:02	02:45:15	04:58:45	<b>05:37:33.05</b>	<b>05:37:33.05</b>	+00:57:41 (17.1%)	7:08	8.4 (83.2%)
16	<b>KALIN Władysław</b>	<b>672</b>	PRZEBIEGLI UNISŁAW	M 36-45	9	00:00:02	02:47:42	05:01:32	<b>05:40:39.30</b>	<b>05:40:39.30</b>	+01:00:47 (17.8%)	7:12	8.3 (82.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz			Czas netto 47.3km	Czas brutto 47.3km	Różn	Tempo min/km	Tempo km/h
						Start 0.001km	Knurowska 25km	Rozwidlenie 40km					
17	<b>CURZYDŁO Bogdan</b>	<b>628</b>	SANOK BIEGA	M 46-55	3	00:00:13	02:56:31	05:18:01	<b>05:50:04.05</b>	<b>05:50:04.05</b>	+01:10:12 (20.1%)	7:24	8.1 (80.2%)
18	<b>SWORSKI Roman</b>	<b>762</b>	TRENUJSKUTECZNIE.COM / VEGE RUNNERS / VEGAN	M 36-45	10	00:00:06	02:53:59	05:17:08	<b>05:51:39.70</b>	<b>05:51:39.70</b>	+01:11:48 (20.4%)	7:26	8.1 (80.2%)
19	<b>BAŁUSZYNSKI Sławomir</b>	<b>606</b>	BIEGNIJ TAK SZYBKO JAKBYŚ COŚ UKRADŁ :-)	M 46-55	4	00:00:05	02:46:39	05:10:26	<b>05:52:26.20</b>	<b>05:52:26.20</b>	+01:12:34 (20.6%)	7:27	8.1 (80.2%)
20	<b>KOKOSZKA Zygmunt</b>	<b>681</b>	VEGE RUNNERS	M 36-45	11	00:00:04	02:49:22	05:12:05	<b>05:52:41.70</b>	<b>05:52:41.70</b>	+01:12:50 (20.7%)	7:27	8 (79.2%)
21	<b>DLUBACZ Wojciech</b>	<b>634</b>		M 46-55	5	00:00:02	02:56:07	05:13:14	<b>05:53:00.75</b>	<b>05:53:00.75</b>	+01:13:09 (20.7%)	7:27	8 (79.2%)
22	<b>WNEK Marek</b>	<b>783</b>	JISNB	M 18-35	6	00:00:02	02:49:59	05:11:59	<b>05:53:39.10</b>	<b>05:53:39.10</b>	+01:13:47 (20.9%)	7:28	8 (79.2%)
23	<b>CZAPLA Seweryn</b>	<b>629</b>		M 36-45	12	00:00:20	02:49:23	05:12:43	<b>05:55:12.05</b>	<b>05:55:12.05</b>	+01:15:20 (21.2%)	7:30	8 (79.2%)
24	<b>JANKULSKAS Vytautas</b>	<b>669</b>		M 18-35	7	00:00:08	02:55:04	05:16:15	<b>05:57:32.85</b>	<b>05:57:32.85</b>	+01:17:41 (21.7%)	7:33	7.9 (78.2%)
25	<b>WOJTACZKA Witold</b>	<b>787</b>	BOBOWSKA GRUPA BIEGOWA	M 18-35	8	00:00:03	02:54:31	05:21:58	<b>06:02:51.10</b>	<b>06:02:51.10</b>	+01:22:59 (22.9%)	7:40	7.8 (77.2%)
26	<b>MACHOWSKI Krzysztof</b>	<b>704</b>		M 46-55	6	00:00:20	03:05:38	05:26:23	<b>06:04:04.55</b>	<b>06:04:04.55</b>	+01:24:13 (23.1%)	7:41	7.8 (77.2%)
27	<b>RUSIN Krzysztof</b>	<b>744</b>		M 18-35	9	00:00:00	02:54:00	05:27:54	<b>06:04:34.65</b>	<b>06:04:34.65</b>	+01:24:43 (23.2%)	7:42	7.8 (77.2%)
28	<b>DZIEDZIC Krzysztof</b>	<b>641</b>	RUNNINGPERFORMANCE	M 36-45	13	00:00:04	02:52:20	05:23:12	<b>06:05:49.90</b>	<b>06:05:49.90</b>	+01:25:58 (23.5%)	7:44	7.8 (77.2%)
29	<b>ALEKSANDROWICZ Michał</b>	<b>602</b>		M 18-35	10	00:00:20	03:05:35	05:27:31	<b>06:07:19.70</b>	<b>06:07:19.70</b>	+01:27:28 (23.8%)	7:45	7.7 (76.2%)
30	<b>IMIOŁEK Dominik</b>	<b>663</b>		M 18-35	11	00:00:04	02:56:31	05:28:11	<b>06:09:05.20</b>	<b>06:09:05.20</b>	+01:29:13 (24.2%)	7:48	7.7 (76.2%)
31	<b>KRAWCZUK Mateusz</b>	<b>688</b>		M 36-45	14	00:00:25	03:09:56	05:33:29	<b>06:10:04.60</b>	<b>06:10:04.60</b>	+01:30:13 (24.4%)	7:49	7.7 (76.2%)
32	<b>WĘGŁOWSKI Maciej</b>	<b>778</b>	#BIEGIEMWLAS	M 46-55	7	00:00:07	03:09:39	05:34:02	<b>06:14:58.80</b>	<b>06:14:58.80</b>	+01:35:07 (25.4%)	7:55	7.6 (75.2%)
33	<b>KWIATKOWSKI Paweł</b>	<b>693</b>	VICTORIA	M 36-45	15	00:00:08	03:01:42	05:32:57	<b>06:16:33.85</b>	<b>06:16:33.85</b>	+01:36:42 (25.7%)	7:57	7.5 (74.3%)
34	<b>ŁUKOMSKI Maciej</b>	<b>703</b>	ŁÓDZKI KLUB WYSOKOGÓRSKI/ SZAKALE BAŁUT ŁÓDŹ	M 46-55	8	00:00:02	03:02:49	05:40:20	<b>06:19:05.05</b>	<b>06:19:05.05</b>	+01:39:13 (26.2%)	8:00	7.5 (74.3%)
35	<b>ADAMEK Dariusz</b>	<b>601</b>	#ADAMCZERWIŃSKITEAM	M 46-55	9	00:00:21	03:05:47	05:36:58	<b>06:19:23.25</b>	<b>06:19:23.25</b>	+01:39:31 (26.2%)	8:01	7.5 (74.3%)
36	<b>ORTYL Magdalena</b>	<b>723</b>	ZABIEGANI MIELEC	K 18-35	1	00:00:06	03:07:09	05:37:58	<b>06:19:29.40</b>	<b>06:19:29.40</b>	+01:39:38 (26.3%)	8:01	7.5 (74.3%)
37	<b>CZAYKOWSKI Wojciech</b>	<b>630</b>	MAMY TO / GRUPA DRUHA BORUCHA	M 36-45	16	00:00:02	03:03:27	05:42:44	<b>06:21:26.35</b>	<b>06:21:26.35</b>	+01:41:34 (26.6%)	8:03	7.4 (73.3%)
38	<b>KOWALIK Ewelina</b>	<b>685</b>	FIZJOBIEGACZE SZCZECIN	K 18-35	2	00:00:04	03:15:01	05:40:56	<b>06:21:44.30</b>	<b>06:21:44.30</b>	+01:41:52 (26.7%)	8:04	7.4 (73.3%)
39	<b>SZYMAŃSKI Paweł</b>	<b>769</b>	FIZJOBIEGACZE SZCZECIN	M 36-45	17	00:00:03	02:35:45	04:53:31	<b>06:21:45.25</b>	<b>06:21:45.25</b>	+01:41:53 (26.7%)	8:04	7.4 (73.3%)
40	<b>KOŻUCH Marcin</b>	<b>687</b>		M 36-45	18	00:00:03	03:06:02	05:43:45	<b>06:23:02.00</b>	<b>06:23:02.00</b>	+01:43:10 (26.9%)	8:05	7.4 (73.3%)
41	<b>BORK Łukasz</b>	<b>615</b>	GRUPA DRUHA BORUCHA	M 36-45	19	00:00:03	03:03:31	05:42:48	<b>06:25:03.55</b>	<b>06:25:03.55</b>	+01:45:12 (27.3%)	8:08	7.4 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz			Czas netto 47.3km	Czas brutto 47.3km	Różn	Tempo min/km	Tempo km/h
						Start 0.001km	Knurowska 25km	Rozwidlenie 40km					
42	<b>SŁUGOCKI Mateusz</b>	<b>750</b>		M 18-35	12	00:00:14	03:15:23	05:41:44	<b>06:25:23.10</b>	<b>06:25:23.10</b>	+01:45:31 (27.4%)	8:08	7.4 (73.3%)
43	<b>KAWIK-BARTOSIK Anna</b>	<b>676</b>		K 18-35	3	00:00:21	03:13:27	05:41:56	<b>06:26:25.05</b>	<b>06:26:25.05</b>	+01:46:33 (27.6%)	8:10	7.3 (72.3%)
44	<b>GOŁEBIEWSKA Oliwia</b>	<b>649</b>		K 18-35	4	00:00:03	03:19:26	05:48:20	<b>06:27:39.65</b>	<b>06:27:39.65</b>	+01:47:48 (27.8%)	8:11	7.3 (72.3%)
45	<b>SAMBORSKI Rafał</b>	<b>746</b>	GOPR JURA	M 36-45	20	00:00:05	03:01:43	05:42:21	<b>06:28:38.50</b>	<b>06:28:38.50</b>	+01:48:47 (28.0%)	8:12	7.3 (72.3%)
46	<b>GÓRA Krzysztof</b>	<b>651</b>	MAMY TO	M 46-55	10	00:00:04	03:03:30	05:44:38	<b>06:30:29.00</b>	<b>06:30:29.00</b>	+01:50:37 (28.3%)	8:15	7.3 (72.3%)
47	<b>LASEK Leszek</b>	<b>694</b>	KALIPSO RUNNERS TEAM	M 56+	1	00:00:02	03:16:03	05:50:02	<b>06:33:22.70</b>	<b>06:33:22.70</b>	+01:53:31 (28.9%)	8:18	7.2 (71.3%)
48	<b>SARKA Bartłomiej</b>	<b>806</b>		M 18-35	13	00:00:08	03:16:51	05:57:24	<b>06:35:32.35</b>	<b>06:35:32.35</b>	+01:55:40 (29.2%)	8:21	7.2 (71.3%)
49	<b>SIBILIEV Serhii</b>	<b>747</b>	PROJECT 13	M 36-45	21			05:50:09	<b>06:35:47.15</b>	<b>06:35:47.15</b>	+01:55:55 (29.3%)	8:22	7.2 (71.3%)
50	<b>KISIELEWSKI Konrad</b>	<b>212</b>	KROK PO KROKU	M 36-45	22	00:00:14	03:18:08	05:57:53	<b>06:36:03.20</b>	<b>06:36:03.20</b>	+01:56:11 (29.3%)	8:22	7.2 (71.3%)
51	<b>CIEMBOROWICZ Karol</b>	<b>624</b>	#KFD	M 36-45	23	00:00:04	03:18:03	05:55:18	<b>06:36:16.60</b>	<b>06:36:16.60</b>	+01:56:25 (29.4%)	8:22	7.2 (71.3%)
52	<b>PŁAZIAK-KOWALSKA Magdalena</b>	<b>737</b>	2K	K 36-45	1	00:00:05	03:16:56	05:48:36	<b>06:36:59.90</b>	<b>06:36:59.90</b>	+01:57:08 (29.5%)	8:23	7.1 (70.3%)
53	<b>RAJTAR Zbigniew</b>	<b>741</b>	RONTIL-COMPASS	M 56+	2	00:00:03	03:14:34	05:56:01	<b>06:37:15.50</b>	<b>06:37:15.50</b>	+01:57:24 (29.6%)	8:23	7.1 (70.3%)
54	<b>GAJEWSKI Rafał</b>	<b>805</b>		M 36-45	24	00:00:16	03:17:05	05:50:16	<b>06:38:03.50</b>	<b>06:38:03.50</b>	+01:58:12 (29.7%)	8:24	7.1 (70.3%)
55	<b>DUCH Rafał</b>	<b>638</b>		M 18-35	14	00:00:33	03:23:39	05:57:58	<b>06:38:12.20</b>	<b>06:38:12.20</b>	+01:58:20 (29.7%)	8:25	7.1 (70.3%)
56	<b>WYDRA Mariusz</b>	<b>791</b>	STARE BABICE BIEGAJĄ	M 46-55	11	00:00:14	03:05:56	05:53:51	<b>06:40:04.55</b>	<b>06:40:04.55</b>	+02:00:13 (30.0%)	8:27	7.1 (70.3%)
57	<b>BADOWSKI Rafał</b>	<b>605</b>	WSZYSTKO JEST W GŁOWIE!	M 46-55	12	00:00:05	03:10:11	05:55:22	<b>06:41:01.15</b>	<b>06:41:01.15</b>	+02:01:09 (30.2%)	8:28	7.1 (70.3%)
58	<b>HILLER Artur</b>	<b>659</b>		M 36-45	25	00:00:05	03:11:34	05:56:44	<b>06:42:00.80</b>	<b>06:42:00.80</b>	+02:02:09 (30.4%)	8:29	7.1 (70.3%)
59	<b>DZIADUŁA Dariusz</b>	<b>640</b>		M 36-45	26	00:00:03	03:09:37	05:58:28	<b>06:42:02.95</b>	<b>06:42:02.95</b>	+02:02:11 (30.4%)	8:29	7.1 (70.3%)
60	<b>NOWOROLNIK Piotr</b>	<b>720</b>	LKS LUBAŃ TYLMANOWA	M 36-45	27	00:00:19	03:18:22	06:01:47	<b>06:46:02.85</b>	<b>06:46:02.85</b>	+02:06:11 (31.1%)	8:35	7 (69.3%)
61	<b>PELSZYŃSKI Paweł</b>	<b>731</b>		M 18-35	15	00:00:19	03:15:36	06:01:15	<b>06:46:09.90</b>	<b>06:46:09.90</b>	+02:06:18 (31.1%)	8:35	7 (69.3%)
62	<b>GRABSKI Michał</b>	<b>653</b>		M 36-45	28	00:00:13	03:17:21	05:51:48	<b>06:47:27.85</b>	<b>06:47:27.85</b>	+02:07:36 (31.3%)	8:36	7 (69.3%)
63	<b>WIERZBA Michał</b>	<b>780</b>	RUNKLINY TEAM	M 36-45	29	00:00:15	03:18:21	06:01:44	<b>06:47:33.50</b>	<b>06:47:33.50</b>	+02:07:42 (31.3%)	8:36	7 (69.3%)
64	<b>SWIERK Seweryn</b>	<b>761</b>		M 36-45	30	00:00:08	03:27:56	06:12:42	<b>06:51:19.60</b>	<b>06:51:19.60</b>	+02:11:28 (32.0%)	8:41	6.9 (68.3%)
65	<b>ZIMNY Tomasz</b>	<b>799</b>		M 56+	3	00:00:09	03:20:16	06:12:49	<b>06:53:58.80</b>	<b>06:53:58.80</b>	+02:14:07 (32.4%)	8:45	6.9 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz			Czas netto 47.3km	Czas brutto 47.3km	Różn	Tempo min/km	Tempo km/h
						Start 0.001km	Knurowska 25km	Rozwidlenie 40km					
66	<b>SOKALSKI Grzegorz</b>	<b>804</b>		M 46-55	13	00:00:08	03:20:20	06:03:41	<b>06:54:12.60</b>	<b>06:54:12.60</b>	+02:14:21 (32.4%)	8:45	6.9 (68.3%)
67	<b>BUDYCH Arek</b>	<b>618</b>		M 36-45	31	00:00:09	03:22:20	06:10:10	<b>06:55:03.80</b>	<b>06:55:03.80</b>	+02:15:12 (32.6%)	8:46	6.8 (67.3%)
68	<b>ŚWIDER Dominik</b>	<b>771</b>	HALNYTEAM	M 36-45	32	00:00:27	03:22:14	06:11:59	<b>06:58:06.75</b>	<b>06:58:06.75</b>	+02:18:15 (33.1%)	8:50	6.8 (67.3%)
69	<b>ADAMCZYK Tomek</b>	<b>600</b>	STAY INSANE	M 46-55	14	00:00:10	03:23:46	06:19:00	<b>07:06:49.40</b>	<b>07:06:49.40</b>	+02:26:58 (34.4%)	9:01	6.6 (65.3%)
70	<b>WOJTALA Bartłomiej</b>	<b>788</b>	UWAGA NA DZIADA	M 36-45	33	00:00:25	03:12:37	06:24:36	<b>07:09:25.65</b>	<b>07:09:25.65</b>	+02:29:34 (34.8%)	9:04	6.6 (65.3%)
71	<b>ŻAK Robert</b>	<b>793</b>		M 46-55	15	00:00:05	03:19:53	06:06:54	<b>07:10:32.65</b>	<b>07:10:32.65</b>	+02:30:41 (35.0%)	9:06	6.6 (65.3%)
72	<b>LEWANDOWSKI Michał</b>	<b>699</b>	MAMY TO	M 18-35	16	00:00:02	03:25:41	06:28:02	<b>07:13:11.50</b>	<b>07:13:11.50</b>	+02:33:20 (35.4%)	9:09	6.6 (65.3%)
72	<b>SULARZ Bartłomiej</b>	<b>760</b>		M 36-45	34	00:00:21	03:22:18	06:17:30	<b>07:13:11.50</b>	<b>07:13:11.50</b>	+02:33:20 (35.4%)	9:09	6.6 (65.3%)
74	<b>WOJCIESZAK Katarzyna</b>	<b>785</b>	ŚCO BIEGA	K 46-55	1	00:00:06	03:30:27	06:27:25	<b>07:13:34.00</b>	<b>07:13:34.00</b>	+02:33:42 (35.5%)	9:09	6.5 (64.4%)
75	<b>AKKERMANS Digna</b>	<b>803</b>		K 18-35	5	00:00:28	03:30:31	06:27:59	<b>07:18:31.80</b>	<b>07:18:31.80</b>	+02:38:40 (36.2%)	9:16	6.5 (64.4%)
76	<b>CHOJNACKI Mikołaj</b>	<b>623</b>	WARSAW RUN CLUB	M 36-45	35	00:00:26	03:25:45	06:33:32	<b>07:21:26.50</b>	<b>07:21:26.50</b>	+02:41:35 (36.6%)	9:19	6.4 (63.4%)
77	<b>ŻYGIĘŁO Monika</b>	<b>801</b>	#CH10	K 46-55	2	00:00:22	03:35:40	06:33:56	<b>07:21:26.70</b>	<b>07:21:26.70</b>	+02:41:35 (36.6%)	9:19	6.4 (63.4%)
78	<b>GOŁOWICZ Anna</b>	<b>809</b>		K 18-35	6	00:00:30	03:37:12	06:33:27	<b>07:24:15.30</b>	<b>07:24:15.30</b>	+02:44:23 (37.0%)	9:23	6.4 (63.4%)
79	<b>PAŚNIK Paweł</b>	<b>728</b>	AKB CRACOVIA	M 46-55	16	00:00:19	03:33:10	06:38:14	<b>07:26:13.40</b>	<b>07:26:13.40</b>	+02:46:22 (37.3%)	9:26	6.4 (63.4%)
80	<b>BIEL Łukasz</b>	<b>613</b>	VEGE RUNNERS	M 36-45	36	00:00:06	03:33:26	06:34:13	<b>07:26:34.85</b>	<b>07:26:34.85</b>	+02:46:43 (37.3%)	9:26	6.4 (63.4%)
81	<b>STANCO Mariola</b>	<b>756</b>		K 36-45	2	00:00:07	03:40:01	06:37:34	<b>07:27:03.85</b>	<b>07:27:03.85</b>	+02:47:12 (37.4%)	9:27	6.3 (62.4%)
82	<b>WALKOWIAK Joanna</b>	<b>775</b>	MUAY RUNNING TEAM	K 36-45	3	00:00:20	03:46:31	06:43:39	<b>07:28:02.60</b>	<b>07:28:02.60</b>	+02:48:11 (37.5%)	9:28	6.3 (62.4%)
83	<b>MORAWSKI Grzegorz</b>	<b>808</b>		M 36-45	37	00:00:22	03:28:20	06:35:45	<b>07:28:42.95</b>	<b>07:28:42.95</b>	+02:48:51 (37.6%)	9:29	6.3 (62.4%)
84	<b>ŘEZNIČEK David</b>	<b>743</b>		M 18-35	17	00:00:19	03:30:28	06:40:42	<b>07:28:56.05</b>	<b>07:28:56.05</b>	+02:49:04 (37.7%)	9:29	6.3 (62.4%)
85	<b>LEŚNIAK-POPIEL Marta</b>	<b>698</b>	POZYTYWNE ZABIEGANI SANOK	K 46-55	3	00:00:12	03:40:35	06:43:59	<b>07:29:12.80</b>	<b>07:29:12.80</b>	+02:49:21 (37.7%)	9:29	6.3 (62.4%)
86	<b>CEBRAT Ewa</b>	<b>621</b>		K 46-55	4	00:00:12	03:40:36	06:43:54	<b>07:29:16.00</b>	<b>07:29:16.00</b>	+02:49:24 (37.7%)	9:29	6.3 (62.4%)
87	<b>ZIENKIEWICZ Justyna</b>	<b>797</b>	PIASECZNO RUNNING	K 46-55	5	00:00:17	03:37:39	06:41:43	<b>07:29:48.70</b>	<b>07:29:48.70</b>	+02:49:57 (37.8%)	9:30	6.3 (62.4%)
88	<b>ZIENKIEWICZ Agata</b>	<b>796</b>	PIASECZNO RUNNING	K 36-45	4	00:00:15	03:37:42	06:41:37	<b>07:29:48.85</b>	<b>07:29:48.85</b>	+02:49:57 (37.8%)	9:30	6.3 (62.4%)
89	<b>HULBÓJ Sebastian</b>	<b>661</b>	WKS TEAM	M 46-55	17	00:00:13	03:34:50	06:38:50	<b>07:30:06.10</b>	<b>07:30:06.10</b>	+02:50:14 (37.8%)	9:30	6.3 (62.4%)
90	<b>KARPIEL Magdalena</b>	<b>673</b>		K 18-35	7	00:00:05	03:42:47	06:42:13	<b>07:30:55.90</b>	<b>07:30:55.90</b>	+02:51:04 (37.9%)	9:31	6.3 (62.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz			Czas netto 47.3km	Czas brutto 47.3km	Różn	Tempo min/km	Tempo km/h
						Start 0.001km	Knurowska 25km	Rozwidlenie 40km					
91	<b>SILVA Miguel Martins Da Silva</b>	<b>814</b>		M 46-55	18	00:00:20	03:36:00	06:40:33	<b>07:32:18.20</b>	<b>07:32:18.20</b>	+02:52:26 (38.1%)	9:33	6.3 (62.4%)
92	<b>GRZYWIŃSKI Bartosz</b>	<b>656</b>	RAMIRENT	M 36-45	38	00:00:33	03:33:32	06:44:30	<b>07:33:36.65</b>	<b>07:33:36.65</b>	+02:53:45 (38.3%)	9:35	6.3 (62.4%)
93	<b>ZALEWSKI Konrad</b>	<b>794</b>		M 18-35	18	00:00:04	03:25:43	06:39:22	<b>07:33:42.70</b>	<b>07:33:42.70</b>	+02:53:51 (38.3%)	9:35	6.3 (62.4%)
94	<b>SZCZĘŚNIAK Michał</b>	<b>765</b>		M 46-55	19	00:00:10	03:20:26	06:39:30	<b>07:34:12.25</b>	<b>07:34:12.25</b>	+02:54:20 (38.4%)	9:36	6.2 (61.4%)
95	<b>JANUĆ Wojciech</b>	<b>670</b>	ARKA LEŚNA	M 18-35	19	00:00:27	03:29:56	06:43:18	<b>07:36:48.00</b>	<b>07:36:48.00</b>	+02:56:56 (38.7%)	9:39	6.2 (61.4%)
95	<b>ŚLUSAREK Wiktor</b>	<b>770</b>	ARKA LEŚNA	M 18-35	19	00:00:28	03:29:54	06:43:09	<b>07:36:48.00</b>	<b>07:36:48.00</b>	+02:56:56 (38.7%)	9:39	6.2 (61.4%)
97	<b>JABŁOŃSKA Agnieszka</b>	<b>664</b>		K 18-35	8	00:00:12	03:20:21	06:39:06	<b>07:40:23.80</b>	<b>07:40:23.80</b>	+03:00:32 (39.2%)	9:43	6.2 (61.4%)
98	<b>GŁOWACKI Mariusz</b>	<b>648</b>	ACTIVE JURA	M 46-55	20	00:00:11	03:42:49	06:50:37	<b>07:43:15.25</b>	<b>07:43:15.25</b>	+03:03:23 (39.6%)	9:47	6.1 (60.4%)
99	<b>SOJKOWSKI Piotr</b>	<b>754</b>	4FUN TRIATHLON / NAJMOWICZ TRIATHLON	M 36-45	39	00:00:17	03:38:45	06:45:15	<b>07:43:21.65</b>	<b>07:43:21.65</b>	+03:03:30 (39.6%)	9:47	6.1 (60.4%)
100	<b>BANACH Artur</b>	<b>607</b>	NSZZ "SOLIDARNOŚCI"VOLKSWAGEN MOTOR POLSKA SP.ZO.O.	M 46-55	21	00:00:22	03:32:59	06:42:53	<b>07:44:15.15</b>	<b>07:44:15.15</b>	+03:04:23 (39.7%)	9:48	6.1 (60.4%)
101	<b>PIETRZAK Michał</b>	<b>735</b>		M 36-45	40	00:00:32	03:37:05	06:51:31	<b>07:45:39.75</b>	<b>07:45:39.75</b>	+03:05:48 (39.9%)	9:50	6.1 (60.4%)
102	<b>KOŁOSOWSKI Piotr</b>	<b>682</b>	KUNGFU PANDA TEAM	M 36-45	41	00:00:07	03:43:11	06:52:43	<b>07:46:10.90</b>	<b>07:46:10.90</b>	+03:06:19 (40.0%)	9:51	6.1 (60.4%)
103	<b>MICKIEWICZ Adam</b>	<b>715</b>	BAZALT-GRACZE	M 46-55	22	00:00:18	03:51:26	06:50:14	<b>07:48:29.05</b>	<b>07:48:29.05</b>	+03:08:37 (40.3%)	9:54	6.1 (60.4%)
104	<b>OBRZUD Katarzyna</b>	<b>722</b>		K 46-55	6	00:00:07	03:47:46	06:58:46	<b>07:50:15.25</b>	<b>07:50:15.25</b>	+03:10:23 (40.5%)	9:56	6 (59.4%)
105	<b>KACZOR Marcin</b>	<b>810</b>		M 46-55	23	00:01:21	03:39:53	06:54:01	<b>07:50:51.00</b>	<b>07:50:51.00</b>	+03:10:59 (40.6%)	9:57	6 (59.4%)
106	<b>JANIK Grzegorz</b>	<b>667</b>	BOCHNIA 5:60	M 36-45	42	00:00:11	03:44:30	07:01:01	<b>07:54:06.90</b>	<b>07:54:06.90</b>	+03:14:15 (41.0%)	10:01	6 (59.4%)
107	<b>DOMARADZKA-KASZUBOWICZ Wiktoria</b>	<b>636</b>		K 36-45	5	00:00:13	03:55:28	07:06:34	<b>07:54:23.90</b>	<b>07:54:23.90</b>	+03:14:32 (41.0%)	10:01	6 (59.4%)
108	<b>KURINNYI Bohdan</b>	<b>691</b>	SPARTANIE DZICIOM	M 18-35	21	00:00:33	03:39:04	07:04:41	<b>07:56:29.35</b>	<b>07:56:29.35</b>	+03:16:37 (41.3%)	10:04	6 (59.4%)
109	<b>BARCZAK Anna</b>	<b>610</b>		K 36-45	6	00:00:12	03:44:49	07:06:02	<b>07:56:33.50</b>	<b>07:56:33.50</b>	+03:16:42 (41.3%)	10:04	6 (59.4%)
110	<b>DOMAGAŁA Jerzy</b>	<b>635</b>		M 56+	4	00:00:30	03:45:26	07:00:25	<b>07:57:15.85</b>	<b>07:57:15.85</b>	+03:17:24 (41.4%)	10:05	5.9 (58.4%)
111	<b>OLESEK Magdalena</b>	<b>696</b>		K 36-45	7	00:00:10	03:34:22	06:49:22	<b>07:59:15.10</b>	<b>07:59:15.10</b>	+03:19:23 (41.6%)	10:07	5.9 (58.4%)
112	<b>GAWRONSKI Romuald</b>	<b>646</b>	ATOL KŁOBUCK	M 36-45	43	00:00:23	03:54:58	07:10:28	<b>07:59:20.80</b>	<b>07:59:20.80</b>	+03:19:29 (41.6%)	10:08	5.9 (58.4%)
113	<b>KWIATKOWSKI Kajetan</b>	<b>692</b>	KOWALE BIEGAJĄ	M 36-45	44	00:00:10	03:48:02	07:10:53	<b>08:00:22.80</b>	<b>08:00:22.80</b>	+03:20:31 (41.7%)	10:09	5.9 (58.4%)
114	<b>BŁOŃSKI Piotr</b>	<b>614</b>	POLISH WINGS	M 56+	5	00:00:07	03:45:59	07:02:48	<b>08:00:23.15</b>	<b>08:00:23.15</b>	+03:20:31 (41.7%)	10:09	5.9 (58.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz			Czas netto 47.3km	Czas brutto 47.3km	Różn	Tempo min/km	Tempo km/h
						Start 0.001km	Knurowska 25km	Rozwidlenie 40km					
114	<b>WOJDA Dariusz</b>	<b>786</b>	POLISH WINGS	M 46-55	24	00:00:06	03:46:00	07:02:44	<b>08:00:23.15</b>	<b>08:00:23.15</b>	+03:20:31 (41.7%)	10:09	5.9 (58.4%)
116	<b>CUPER Tomasz</b>	<b>627</b>	ORKAN WIATOWICE	M 36-45	45		03:48:27	06:59:50	<b>08:00:31.25</b>	<b>08:00:31.25</b>	+03:20:39 (41.8%)	10:09	5.9 (58.4%)
117	<b>DREWNIK Robert</b>	<b>637</b>	BIEGNIJ Z PROSERVICE	M 36-45	46	00:00:13	03:41:18	07:01:07	<b>08:01:25.35</b>	<b>08:01:25.35</b>	+03:21:33 (41.9%)	10:10	5.9 (58.4%)
118	<b>SEROKA Piotr</b>	<b>777</b>		M 36-45	47	00:00:34	03:32:32	06:59:06	<b>08:02:46.85</b>	<b>08:02:46.85</b>	+03:22:55 (42.0%)	10:12	5.9 (58.4%)
119	<b>ZAPALSKA Aleksandra</b>	<b>795</b>	TATRA GANG	K 18-35	9	00:00:36	03:51:15	07:08:37	<b>08:03:44.75</b>	<b>08:03:44.75</b>	+03:23:53 (42.1%)	10:13	5.9 (58.4%)
120	<b>STRZELCZYK Tomasz</b>	<b>759</b>	HURAGAN LIGOTA	M 36-45	48	00:00:15	03:45:07	07:08:32	<b>08:03:44.90</b>	<b>08:03:44.90</b>	+03:23:53 (42.1%)	10:13	5.9 (58.4%)
121	<b>POMASKI Paweł</b>	<b>802</b>	ADIDAS RUNNERS WARSZAWA	M 46-55	25	00:00:08	03:40:45	07:02:58	<b>08:04:18.40</b>	<b>08:04:18.40</b>	+03:24:27 (42.2%)	10:14	5.9 (58.4%)
122	<b>WICHEREK Maciej</b>	<b>557</b>	ITMBW	M 46-55	26	00:00:40	03:49:37	07:19:20	<b>08:06:07.10</b>	<b>08:06:07.10</b>	+03:26:15 (42.4%)	10:16	5.8 (57.4%)
123	<b>AUGUSTYNIAK Mirosława</b>	<b>603</b>	MAMY TO	K 46-55	7	00:00:24	04:06:09	07:18:48	<b>08:08:20.00</b>	<b>08:08:20.00</b>	+03:28:28 (42.7%)	10:19	5.8 (57.4%)
124	<b>MATEJCZYK-WALETKO Dorota</b>	<b>710</b>	MAMY TO	K 36-45	8	00:00:24	04:06:11	07:18:53	<b>08:08:20.30</b>	<b>08:08:20.30</b>	+03:28:28 (42.7%)	10:19	5.8 (57.4%)
125	<b>GONCERZEWICZ Anna</b>	<b>650</b>	STARE BABICE BIEGAJĄ	K 36-45	9	00:00:14	04:01:33	07:14:14	<b>08:11:42.05</b>	<b>08:11:42.05</b>	+03:31:50 (43.1%)	10:23	5.8 (57.4%)
126	<b>KAWA Michał</b>	<b>675</b>		M 36-45	49	00:00:09	03:51:31	07:09:12	<b>08:11:50.20</b>	<b>08:11:50.20</b>	+03:31:58 (43.1%)	10:23	5.8 (57.4%)
127	<b>SZPURA Kamila</b>	<b>768</b>	NOWA HUTA TEAM	K 36-45	10	00:00:30	03:57:57	07:17:13	<b>08:15:16.65</b>	<b>08:15:16.65</b>	+03:35:25 (43.5%)	10:28	5.7 (56.4%)
128	<b>CIEPIELA Patryk</b>	<b>625</b>		M 36-45	50	00:00:32	03:57:59	07:17:18	<b>08:15:20.20</b>	<b>08:15:20.20</b>	+03:35:28 (43.5%)	10:28	5.7 (56.4%)
129	<b>JANICZEK Maciej</b>	<b>666</b>		M 36-45	51	00:00:25	03:39:25	07:14:26	<b>08:15:28.90</b>	<b>08:15:28.90</b>	+03:35:37 (43.5%)	10:28	5.7 (56.4%)
130	<b>KUKLA Leszek</b>	<b>689</b>		M 46-55	27	00:00:24	03:39:28	07:14:22	<b>08:15:29.00</b>	<b>08:15:29.00</b>	+03:35:37 (43.5%)	10:28	5.7 (56.4%)
131	<b>GRYGORUK Marek</b>	<b>654</b>	VEGE RUNNERS	M 46-55	28	00:00:32	03:46:33	07:21:12	<b>08:15:30.00</b>	<b>08:15:30.00</b>	+03:35:38 (43.5%)	10:28	5.7 (56.4%)
132	<b>KAJMOWICZ Aleksander</b>	<b>671</b>	PTG SOKÓŁ W TUCHOWIE	M 56+	6	00:00:06	04:04:51	07:24:03	<b>08:15:57.00</b>	<b>08:15:57.00</b>	+03:36:05 (43.6%)	10:29	5.7 (56.4%)
133	<b>NOWAK Karol</b>	<b>719</b>		M 36-45	52	00:00:28	03:56:00	07:20:48	<b>08:16:00.95</b>	<b>08:16:00.95</b>	+03:36:09 (43.6%)	10:29	5.7 (56.4%)
134	<b>KLEJSZTA Grzegorz</b>	<b>679</b>	#CZELADZBIEGA	M 46-55	29	00:00:11	04:05:36	07:27:04	<b>08:17:26.60</b>	<b>08:17:26.60</b>	+03:37:35 (43.7%)	10:30	5.7 (56.4%)
135	<b>ŁOPATKIEWICZ Beata</b>	<b>701</b>		K 56+	1	00:00:25	04:11:28	07:28:30	<b>08:25:38.05</b>	<b>08:25:38.05</b>	+03:45:46 (44.7%)	10:41	5.6 (55.4%)
136	<b>MICHALEC Marcin</b>	<b>713</b>	KKB MOSIR KROSNO	M 18-35	22	00:00:26	04:11:02	07:28:24	<b>08:25:38.30</b>	<b>08:25:38.30</b>	+03:45:46 (44.7%)	10:41	5.6 (55.4%)
137	<b>WRÓBEL-GŁOWACKA Honorata</b>	<b>790</b>	ACTIVE JURA	K 36-45	11	00:00:11	04:04:29	07:32:31	<b>08:27:16.90</b>	<b>08:27:16.90</b>	+03:47:25 (44.8%)	10:43	5.6 (55.4%)
138	<b>GRZESIK Michał</b>	<b>655</b>	TRUSKAWA TEAM	M 36-45	53	00:00:15	04:07:45	07:31:24	<b>08:27:37.10</b>	<b>08:27:37.10</b>	+03:47:45 (44.9%)	10:43	5.6 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz			Czas netto 47.3km	Czas brutto 47.3km	Różn	Tempo min/km	Tempo km/h
						Start 0.001km	Knurowska 25km	Rozwidlenie 40km					
139	<b>KOZAK Aleksandra</b>	<b>807</b>		K 46-55	8	00:00:16	04:11:09	07:31:18	<b>08:29:00.15</b>	<b>08:29:00.15</b>	+03:49:08 (45.0%)	10:45	5.6 (55.4%)
140	<b>PAJURA Magda</b>	<b>726</b>	NESSI TEAM	K 36-45	12	00:00:09	04:12:00	07:41:03	<b>08:30:52.15</b>	<b>08:30:52.15</b>	+03:51:00 (45.2%)	10:48	5.6 (55.4%)
141	<b>BUDZIASZEK Agnieszka</b>	<b>619</b>	EFFI RUN TEAM	K 18-35	10	00:00:04	04:17:21	07:38:45	<b>08:34:23.75</b>	<b>08:34:23.75</b>	+03:54:32 (45.6%)	10:52	5.5 (54.5%)
142	<b>STACHERA Aleksandra</b>	<b>755</b>	EFFI RUN TEAM	K 18-35	11	00:00:03	04:17:17	07:38:52	<b>08:34:23.85</b>	<b>08:34:23.85</b>	+03:54:32 (45.6%)	10:52	5.5 (54.5%)
143	<b>GINTER Grzegorz</b>	<b>647</b>	AZS COLLEGIUM MEDICUM UJ	M 36-45	54	00:00:05	04:08:43	07:44:18	<b>08:35:52.95</b>	<b>08:35:52.95</b>	+03:56:01 (45.8%)	10:54	5.5 (54.5%)
144	<b>KUKOBNIKAVA Vitaliya</b>	<b>690</b>	GREENBLACKCLUB	K 18-35	12	00:00:28	04:03:45	07:39:24	<b>08:36:08.70</b>	<b>08:36:08.70</b>	+03:56:17 (45.8%)	10:54	5.5 (54.5%)
145	<b>SMORAWIŃSKI Marcin</b>	<b>751</b>		M 46-55	30	00:00:18	04:07:40	07:38:07	<b>08:40:56.80</b>	<b>08:40:56.80</b>	+04:01:05 (46.3%)	11:00	5.4 (53.5%)
146	<b>MIHALKOVÁ-GAJDOŠOVÁ Eva</b>	<b>716</b>		K 46-55	9	00:00:30	04:19:19	07:51:05	<b>08:43:14.85</b>	<b>08:43:14.85</b>	+04:03:23 (46.5%)	11:03	5.4 (53.5%)
147	<b>MATUSIEWICZ Karolina</b>	<b>711</b>		K 36-45	13	00:00:14	04:18:34	07:43:41	<b>08:45:45.10</b>	<b>08:45:45.10</b>	+04:05:53 (46.8%)	11:06	5.4 (53.5%)
148	<b>MACIASZ Sylwia</b>	<b>706</b>		K 18-35	13	00:00:19	04:06:47	07:36:03	<b>08:49:10.45</b>	<b>08:49:10.45</b>	+04:09:19 (47.1%)	11:11	5.4 (53.5%)
149	<b>MANOVA Aneta</b>	<b>707</b>		K 36-45	14	00:00:29	04:19:45	07:51:30	<b>08:49:30.00</b>	<b>08:49:30.00</b>	+04:09:38 (47.1%)	11:11	5.4 (53.5%)
150	<b>WNUK Mirosław</b>	<b>784</b>		M 46-55	31	00:00:37	04:14:27	07:58:45	<b>08:49:32.80</b>	<b>08:49:32.80</b>	+04:09:41 (47.2%)	11:11	5.4 (53.5%)
151	<b>GRABOWSKA-LESISZ Aneta</b>	<b>652</b>	KLUB 4ROWERY	K 36-45	15	00:00:32	04:12:31	07:53:33	<b>08:50:20.75</b>	<b>08:50:20.75</b>	+04:10:29 (47.2%)	11:12	5.4 (53.5%)
151	<b>WILK Daniel</b>	<b>781</b>	KLUB BIEGACZA AKTYWNI KRZYŻ WLKP.	M 46-55	32	00:00:34	04:12:34	07:53:36	<b>08:50:20.75</b>	<b>08:50:20.75</b>	+04:10:29 (47.2%)	11:12	5.4 (53.5%)
153	<b>OSTASZEWSKI Mariusz</b>	<b>725</b>		M 36-45	55	00:00:24	04:15:34	07:53:58	<b>08:51:40.85</b>	<b>08:51:40.85</b>	+04:11:49 (47.4%)	11:14	5.3 (52.5%)
154	<b>WIŚNIEWSKA Anna</b>	<b>782</b>	STREFA FIT	K 18-35	14	00:00:28	04:24:48	08:00:34	<b>08:55:28.30</b>	<b>08:55:28.30</b>	+04:15:36 (47.7%)	11:19	5.3 (52.5%)
155	<b>WARACHOWSKI Stefan</b>	<b>776</b>		M 46-55	33	00:00:27	04:24:40	08:00:31	<b>08:55:28.40</b>	<b>08:55:28.40</b>	+04:15:37 (47.7%)	11:19	5.3 (52.5%)
156	<b>LIPKOWSKI Zbigniew</b>	<b>700</b>	NIGHT RUNNERS POZNAŃ	M 36-45	56	00:00:07	04:18:44	07:51:17	<b>08:57:36.55</b>	<b>08:57:36.55</b>	+04:17:45 (47.9%)	11:21	5.3 (52.5%)
157	<b>TOKARSKA Bożena</b>	<b>772</b>	#ADAMCZERWIŃSKITEAM	K 36-45	16	00:00:21	04:25:49	08:01:25	<b>09:00:42.55</b>	<b>09:00:42.55</b>	+04:20:51 (48.2%)	11:25	5.2 (51.5%)
158	<b>KASZYCKA Dorota</b>	<b>674</b>	DUCH POGÓRZA	K 18-35	15	00:00:38	04:19:23	08:06:32	<b>09:05:02.90</b>	<b>09:05:02.90</b>	+04:25:11 (48.7%)	11:31	5.2 (51.5%)
159	<b>KAŹMIERCZAK Monika</b>	<b>677</b>		K 36-45	17	00:00:18	03:45:40	07:45:46	<b>09:06:37.40</b>	<b>09:06:37.40</b>	+04:26:46 (48.8%)	11:33	5.2 (51.5%)
160	<b>BANASZYNSKA Paulina</b>	<b>608</b>		K 36-45	18	00:00:18	03:45:39	07:45:48	<b>09:06:37.60</b>	<b>09:06:37.60</b>	+04:26:46 (48.8%)	11:33	5.2 (51.5%)
161	<b>HOLECZEK Olimpia</b>	<b>660</b>	STS BIEGATON MIKOŁÓW	K 36-45	19	00:00:13	04:25:01	08:04:46	<b>09:07:17.40</b>	<b>09:07:17.40</b>	+04:27:26 (48.9%)	11:34	5.2 (51.5%)
162	<b>SZAREK Robert</b>	<b>763</b>		M 46-55	34	00:00:37	04:15:04	08:04:10	<b>09:08:34.05</b>	<b>09:08:34.05</b>	+04:28:42 (49.0%)	11:35	5.2 (51.5%)
163	<b>OSZYLA Damian</b>	<b>644</b>		M 36-45	57	00:00:04	04:21:57	05:08:28	<b>09:09:07.85</b>	<b>09:09:07.85</b>	+04:29:16 (49.0%)	11:36	5.2 (51.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz			Czas netto 47.3km	Czas brutto 47.3km	Różn	Tempo min/km	Tempo km/h
						Start 0.001km	Knurowska 25km	Rozwidlenie 40km					
164	<b>SADOWSKA Justyna</b>	<b>745</b>		K 46-55	10	00:00:24	04:31:19	08:19:10	<b>09:16:27.35</b>	<b>09:16:27.35</b>	+04:36:35 (49.7%)	11:45	5.1 (50.5%)
165	<b>RENS Gert</b>	<b>742</b>		M 46-55	35	00:00:09	04:05:05	08:23:40	<b>09:30:50.75</b>	<b>09:30:50.75</b>	+04:50:59 (51.0%)	12:04	5 (49.5%)
166	<b>ŻAK Oliwia</b>	<b>800</b>		K 36-45	20		04:16:29	08:26:09	<b>09:34:07.35</b>	<b>09:34:07.35</b>	+04:54:15 (51.3%)	12:08	4.9 (48.5%)
166	<b>JĘDRUSIK Agnieszka</b>	<b>812</b>		K 36-45	20	00:00:31	04:16:32	08:26:16	<b>09:34:07.35</b>	<b>09:34:07.35</b>	+04:54:15 (51.3%)	12:08	4.9 (48.5%)
168	<b>WOŹNIAK Adam</b>	<b>789</b>		M 18-35	23	00:00:34	04:05:13	08:13:43	<b>09:35:09.45</b>	<b>09:35:09.45</b>	+04:55:18 (51.3%)	12:09	4.9 (48.5%)
169	<b>TUCHOWSKA Anna</b>	<b>773</b>		K 36-45	22	00:00:28	04:32:17	08:30:24	<b>09:36:49.00</b>	<b>09:36:49.00</b>	+04:56:57 (51.5%)	12:11	4.9 (48.5%)
170	<b>BACHURSKI Daniel</b>	<b>604</b>	PGB	M 46-55	36	00:00:15	04:42:00	08:33:24	<b>09:38:24.70</b>	<b>09:38:24.70</b>	+04:58:33 (51.6%)	12:13	4.9 (48.5%)
171	<b>MIKOŁAJCZYK Katarzyna</b>	<b>717</b>	MAMY TO	K 36-45	23	00:00:23	04:45:11	08:37:36	<b>09:45:46.70</b>	<b>09:45:46.70</b>	+05:05:55 (52.2%)	12:23	4.8 (47.5%)
172	<b>CIECHOMSKI Bartłomiej</b>	<b>813</b>		M 36-45	58	00:00:36	04:31:53	08:30:30	<b>09:47:11.90</b>	<b>09:47:11.90</b>	+05:07:20 (52.3%)	12:24	4.8 (47.5%)
173	<b>LASKA Grzegorz</b>	<b>695</b>	PIK TEAM	M 18-35	24	00:00:31	04:11:34	08:27:41	<b>09:51:48.05</b>	<b>09:51:48.05</b>	+05:11:56 (52.7%)	12:30	4.8 (47.5%)
174	<b>STOLARCZYK Sylwia</b>	<b>757</b>	PIK TEAM	K 18-35	16	00:00:31	04:11:32	08:27:36	<b>09:51:48.10</b>	<b>09:51:48.10</b>	+05:11:56 (52.7%)	12:30	4.8 (47.5%)
175	<b>PATORA Mariusz</b>	<b>729</b>		M 36-45	59	00:00:17	04:30:30	08:48:15	<b>10:03:13.05</b>	<b>10:03:13.05</b>	+05:23:21 (53.6%)	12:45	4.7 (46.5%)
176	<b>SZERSZEŃ Janusz</b>	<b>766</b>	PIASECZNO RUNNING	M 36-45	60	00:00:16	04:37:12	08:55:56	<b>10:12:37.25</b>	<b>10:12:37.25</b>	+05:32:45 (54.3%)	12:57	4.6 (45.5%)
177	<b>KOPIEC Marcin</b>	<b>684</b>	PIASECZNO RUNNING	M 46-55	37	00:00:19	04:37:01	08:56:01	<b>10:12:37.60</b>	<b>10:12:37.60</b>	+05:32:46 (54.3%)	12:57	4.6 (45.5%)
	<b>DZIURZYŃSKI Paweł</b>	<b>642</b>	ULTRASZSZCZAWNICY	M 36-45		00:00:24 DNF	03:12:16 DNF	06:24:39 DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>MAŃKA Magdalena</b>	<b>708</b>		K 36-45		00:00:11 DNF	05:04:13 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>LEŚNIAK Anna</b>	<b>697</b>	SALT RUNNERS BOCHNIA	K 36-45		00:00:03 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>KOZERA Kamil</b>	<b>686</b>	HARPAGAN SOSNOWIEC	M 36-45		00:00:19 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>KITLAS Darek</b>	<b>811</b>		M 46-55		00:06:06 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 182 wynik(ów)