



# GORCE ULTRA-TRAIL® 48 KM

B4SPORT

**Wydarzenie:** Gorce Ultra-Trail 2020  
**Organizator:** Fundacja Run Vegan - GUT  
**Data:** 2020-08-01  
**Miejsce:** Ochotnica Dolna  
**Dystans:** 48 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Luban 12km	Prz_Knur 25km	Gorc 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
1	<b>BAROSZ Natalia</b>	<b>411</b>	DYNAFIT TRAILHERO/MARCINŚWIERCTEAM	K 35	1	00:00:16	01:30:42	02:55:53	05:23:31	<b>06:03:14.55</b>	<b>06:03:31.30</b>		7:34	7.9 (100%)
2	<b>TATAREK-KONIK Agnieszka</b>	<b>642</b>		K 35	2	00:58:15	01:31:54	02:57:56	05:33:01	<b>06:13:48.65</b>	<b>07:12:04.45</b>	+00:10:34 (2.8%)	7:47	7.7 (97.5%)
3	<b>MARCINKOWSKA-CHOLEWA Katarzyna</b>	<b>702</b>	ARCO ŁAWY	K 45-59	1	00:00:21	01:40:38	03:09:44	05:42:41	<b>06:24:49.70</b>	<b>06:25:11.05</b>	+00:21:35 (5.6%)	8:01	7.5 (94.9%)
4	<b>WOŹNIAK Maria</b>	<b>679</b>	SKAWINA BIEGA	K 35	3	00:58:10	01:36:31	03:05:23	05:50:36	<b>06:29:07.60</b>	<b>07:27:17.90</b>	+00:25:53 (6.7%)	8:06	7.4 (93.7%)
5	<b>GÓRNA Anita</b>	<b>468</b>	LPP TEAM	K 36-44	1	00:00:38	01:47:17	03:23:13	05:58:22	<b>06:40:56.45</b>	<b>06:41:34.70</b>	+00:37:41 (9.4%)	8:21	7.2 (91.1%)
6	<b>WOJNAROWSKA Weronika</b>	<b>677</b>		K 35	4	00:58:32	01:38:18	03:13:27	05:59:12	<b>06:42:56.80</b>	<b>07:41:28.80</b>	+00:39:42 (9.9%)	8:23	7.1 (89.9%)
7	<b>TAMBORSKA Agata</b>	<b>639</b>	DZIK KOMANDO	K 35	5	00:00:52	01:32:20	03:01:32	06:03:04	<b>06:57:52.50</b>	<b>06:58:44.60</b>	+00:54:37 (13.1%)	8:42	6.9 (87.3%)
8	<b>GRZĄDKA Anna</b>	<b>472</b>		K 36-44	2	00:00:18	01:44:16	03:22:10	06:09:19	<b>06:58:06.55</b>	<b>06:58:25.25</b>	+00:54:52 (13.1%)	8:42	6.9 (87.3%)
9	<b>CYMBORSKA Jolanta</b>	<b>427</b>	WARSAW RUN CLUB	K 36-44	3	00:00:48	01:47:21	03:28:29	06:22:11	<b>07:12:10.10</b>	<b>07:12:58.55</b>	+01:08:55 (15.9%)	9:00	6.7 (84.8%)
10	<b>DOMARADZKA-KASZUBOWICZ Wiktoria</b>	<b>438</b>		K 36-44	4	00:00:23	01:51:47	03:31:15	06:27:38	<b>07:14:09.10</b>	<b>07:14:32.60</b>	+01:10:54 (16.3%)	9:02	6.6 (83.5%)
11	<b>BUDNY Aleksandra</b>	<b>1023</b>		K 36-44	5	00:00:37	01:47:44	03:31:05	06:30:46	<b>07:14:18.65</b>	<b>07:14:55.70</b>	+01:11:04 (16.4%)	9:02	6.6 (83.5%)
12	<b>WRÓBEL Aleksandra</b>	<b>684</b>		K 35	6	00:00:26		03:33:06	06:31:14	<b>07:18:38.85</b>	<b>07:19:05.55</b>	+01:15:24 (17.2%)	9:08	6.6 (83.5%)
13	<b>PORAZINSKA Viktoria</b>	<b>589</b>		K 36-44	6	00:58:14	02:06:43	04:15:33	06:24:47	<b>07:20:35.45</b>	<b>08:18:50.40</b>	+01:17:20 (17.6%)	9:10	6.5 (82.3%)
14	<b>KUPIŃSKA Magdalena</b>	<b>518</b>	VEGE RUNNERS	K 35	7	00:00:39	01:51:23	03:35:04	06:50:23	<b>07:40:35.70</b>	<b>07:41:14.90</b>	+01:37:21 (21.1%)	9:35	6.3 (79.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Luban 12km	Prz_Knur 25km	Gorc 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
15	<b>MAŚNICA-SZYMAŃSKA Joanna</b>	<b>539</b>		K 36-44	7	00:00:27	01:49:09	03:35:07	06:43:22	<b>07:40:44.55</b>	<b>07:41:12.30</b>	+01:37:30 (21.2%)	9:35	6.3 (79.7%)
16	<b>GARSTECKA Joanna</b>	<b>456</b>	SKAWINA BIEGA	K 36-44	8	00:00:39	01:44:48	03:31:03	06:55:02	<b>07:40:48.35</b>	<b>07:41:28.30</b>	+01:37:33 (21.2%)	9:36	6.2 (78.5%)
17	<b>BRZOZOWSKA Teresa</b>	<b>420</b>	ETISOFT RUNNING TEAM	K 45-59	2	00:00:44	01:55:23	03:44:40	06:55:20	<b>07:43:44.10</b>	<b>07:44:28.55</b>	+01:40:29 (21.7%)	9:39	6.2 (78.5%)
18	<b>SWOROWSKA Izabela</b>	<b>627</b>	WOLSZTYŃSKI KLUB BIEGOWY	K 45-59	3	00:00:29	01:55:23	03:46:08	06:53:20	<b>07:46:01.40</b>	<b>07:46:30.70</b>	+01:42:46 (22.1%)	9:42	6.2 (78.5%)
19	<b>RĄB Agnieszka</b>	<b>604</b>		K 45-59	4	00:58:29	01:50:36	03:45:03	07:00:59	<b>07:50:16.80</b>	<b>08:48:46.10</b>	+01:47:02 (22.8%)	9:47	6.1 (77.2%)
20	<b>MIKULSKA Aneta</b>	<b>546</b>	PATO TEAM	K 36-44	9	00:00:44	02:02:19	03:57:30	07:05:44	<b>07:52:19.40</b>	<b>07:53:03.80</b>	+01:49:04 (23.1%)	9:50	6.1 (77.2%)
21	<b>MALINA-PACHACZ Małgorzata</b>	<b>530</b>		K 35	8	00:00:23	01:51:07	03:38:22	07:07:52	<b>07:52:54.90</b>	<b>07:53:18.00</b>	+01:49:40 (23.2%)	9:51	6.1 (77.2%)
22	<b>REGULSKA Monika</b>	<b>605</b>	CREATEIT	K 35	9	00:58:26	01:50:50	03:42:50	06:56:56	<b>07:54:51.95</b>	<b>08:53:18.75</b>	+01:51:37 (23.5%)	9:53	6.1 (77.2%)
23	<b>TYSZEWICZ-OBARA Anna</b>	<b>650</b>		K 36-44	10	00:58:28	01:44:59	03:35:13	07:04:51	<b>07:58:02.95</b>	<b>08:56:31.80</b>	+01:54:48 (24.0%)	9:57	6 (75.9%)
24	<b>POCHWAŁA Justyna</b>	<b>582</b>	NATALIA TOMASIAK GÓRSKI STYL	K 36-44	11	00:58:17	01:54:27	03:50:05	07:04:52	<b>08:01:40.80</b>	<b>08:59:58.50</b>	+01:58:26 (24.6%)	10:02	6 (75.9%)
25	<b>SZCZEPAŃSKA Katarzyna</b>	<b>631</b>	NIEPOŁOMICE BIEGAJĄ	K 35	10	00:58:20	01:54:27	03:46:11	07:04:40	<b>08:04:48.65</b>	<b>09:03:09.35</b>	+02:01:34 (25.1%)	10:06	5.9 (74.7%)
26	<b>TYLEK Agata</b>	<b>648</b>	SKAWINA BIEGA	K 36-44	12	00:58:20	02:04:39	03:59:02	07:13:29	<b>08:05:18.85</b>	<b>09:03:39.35</b>	+02:02:04 (25.2%)	10:06	5.9 (74.7%)
27	<b>RÓŻYCKA Agnieszka</b>	<b>608</b>		K 45-59	5	00:00:35	01:52:15	03:44:31	07:13:55	<b>08:12:19.00</b>	<b>08:12:54.55</b>	+02:09:04 (26.2%)	10:15	5.8 (73.4%)
28	<b>WILIŃSKA-ZYWERT Agnieszka</b>	<b>663</b>		K 36-44	13	00:00:36	01:55:59	03:51:23	07:22:37	<b>08:16:36.30</b>	<b>08:17:12.45</b>	+02:13:21 (26.9%)	10:20	5.8 (73.4%)
29	<b>PAJURA Marta</b>	<b>564</b>		K 35	11	00:58:19	01:58:22	03:56:29	07:21:33	<b>08:16:47.45</b>	<b>09:15:06.95</b>	+02:13:32 (26.9%)	10:20	5.8 (73.4%)
30	<b>PULSAKOWSKA Barbara</b>	<b>597</b>	OSTROBIEC	K 36-44	14	00:00:23	01:57:55	03:50:55	07:15:47	<b>08:17:09.05</b>	<b>08:17:32.05</b>	+02:13:54 (26.9%)	10:21	5.8 (73.4%)
31	<b>TOL Monika</b>	<b>645</b>	MAFIA TEAM LUBLINIEC	K 35	12	00:58:19	01:55:15	03:58:27	07:22:22	<b>08:20:38.00</b>	<b>09:18:57.45</b>	+02:17:23 (27.4%)	10:25	5.8 (73.4%)
32	<b>KOEHLER Olga</b>	<b>703</b>		K 35	13	00:00:39	01:54:15	03:51:12	07:20:10	<b>08:21:05.50</b>	<b>08:21:44.70</b>	+02:17:50 (27.5%)	10:26	5.7 (72.2%)
33	<b>STRUZIK Monika</b>	<b>707</b>	BBKTS	K 35	14	00:58:16	02:02:01	03:58:22	07:25:24	<b>08:22:20.70</b>	<b>09:20:37.10</b>	+02:19:06 (27.7%)	10:27	5.7 (72.2%)
34	<b>PILCH Anna</b>	<b>579</b>		K 35	15	00:58:24	01:59:27	03:55:21	07:25:34	<b>08:23:02.05</b>	<b>09:21:26.70</b>	+02:19:47 (27.8%)	10:28	5.7 (72.2%)
35	<b>ARCISZEWSKA Magda</b>	<b>406</b>	#DŁUGOIDALEKO /LPP TEAM	K 35	16	00:00:36	02:08:11	03:53:06	07:33:16	<b>08:23:53.70</b>	<b>08:24:30.20</b>	+02:20:39 (27.9%)	10:29	5.7 (72.2%)
36	<b>WRÓBEL-GŁOWACKA Honorata</b>	<b>685</b>	ACTIVE JURA	K 36-44	15	00:00:50	02:01:18	03:52:40	07:34:26	<b>08:25:14.05</b>	<b>08:26:04.05</b>	+02:21:59 (28.1%)	10:31	5.7 (72.2%)
37	<b>JÓZEFIAK Marta</b>	<b>485</b>		K 35	17	00:00:34	01:57:01	03:54:21	07:29:25	<b>08:26:01.35</b>	<b>08:26:35.85</b>	+02:22:46 (28.2%)	10:32	5.7 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Luban 12km	Prz_Knur 25km	Gorc 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
38	RATAJSKA Monika	601		K 35	18	00:58:16	01:59:41	04:01:16	07:37:13	<b>08:38:14.35</b>	<b>09:36:31.20</b>	+02:34:59 (29.9%)	10:47	5.6 (70.9%)
39	ŻOŁĄDEK Anna	697		K 36-44	16	00:58:34	02:06:06	04:09:54	07:41:57	<b>08:38:22.70</b>	<b>09:36:57.00</b>	+02:35:08 (29.9%)	10:47	5.6 (70.9%)
40	SKRZYPEK Patrycja	618		K 35	19	00:58:11	02:09:54	04:07:28	07:48:37	<b>08:39:13.65</b>	<b>09:37:25.00</b>	+02:35:59 (30.0%)	10:49	5.5 (69.6%)
41	PIOTROWSKA Anna	580	SPARTANIE DZIECIOM	K 45-59	6	00:00:59	01:59:52	03:56:15	07:41:03	<b>08:41:51.15</b>	<b>08:42:50.50</b>	+02:38:36 (30.4%)	10:52	5.5 (69.6%)
42	ŁASKAWSKA Justyna	527		K 36-44	17	00:00:45	01:55:47	04:00:31	07:44:49	<b>08:46:40.60</b>	<b>08:47:26.05</b>	+02:43:26 (31.0%)	10:58	5.5 (69.6%)
43	ZAWADZKA Agnieszka	692	KLUB SPORTOWY PRESTIGE	K 36-44	18	00:58:14	02:10:50	04:14:01	07:52:33	<b>08:48:42.10</b>	<b>09:46:56.40</b>	+02:45:27 (31.3%)	11:00	5.4 (68.4%)
44	WOJCIECHOWSKA-HRYCYK Agata	1242		K 45-59	7	00:00:22	01:57:04	03:56:40	07:51:30	<b>08:48:59.65</b>	<b>08:49:21.85</b>	+02:45:45 (31.3%)	11:01	5.4 (68.4%)
45	DUDEK Agnieszka	444		K 36-44	19	00:00:32	02:19:27	04:30:35	07:58:33	<b>08:50:06.75</b>	<b>08:50:39.35</b>	+02:46:52 (31.5%)	11:02	5.4 (68.4%)
46	NOWICKA Katarzyna	555		K 35	20	00:00:43	02:05:39	04:03:38	07:48:12	<b>08:50:55.75</b>	<b>08:51:38.95</b>	+02:47:41 (31.6%)	11:03	5.4 (68.4%)
47	VAKH Oksana	653		K 35	21	00:58:22	01:51:34	04:00:47	07:46:50	<b>08:55:20.35</b>	<b>09:53:42.40</b>	+02:52:05 (32.1%)	11:09	5.4 (68.4%)
48	GRYGUĆ Anna	471	BIĄŁYSTOK BIEGA TEAM	K 36-44	20	00:00:53	02:06:41	04:14:19	07:52:23	<b>08:55:31.55</b>	<b>08:56:24.70</b>	+02:52:17 (32.2%)	11:09	5.4 (68.4%)
49	MYŚLIŃSKA Anna	551	EKOBIEGI	K 45-59	8	00:00:22	02:05:29	04:01:47	07:51:48	<b>08:56:04.80</b>	<b>08:56:27.70</b>	+02:52:50 (32.2%)	11:10	5.4 (68.4%)
50	SIKORSKA Agnieszka	616	EKOBIEGI	K 45-59	9	00:00:21	02:07:05	04:07:51	07:51:53	<b>08:56:05.80</b>	<b>08:56:27.70</b>	+02:52:51 (32.2%)	11:10	5.4 (68.4%)
51	STĘPIEŃ Katarzyna	623		K 35	22	00:58:28	01:55:04	03:54:41	07:54:10	<b>08:56:32.40</b>	<b>09:55:00.75</b>	+02:53:17 (32.3%)	11:10	5.4 (68.4%)
52	TOKARSKA Bożena	643	#ADAMCZERWIŃSKITEAM	K 36-44	21	00:58:32	02:12:19	04:20:32	08:06:35	<b>09:02:51.50</b>	<b>10:01:23.50</b>	+02:59:36 (33.1%)	11:18	5.3 (67.1%)
53	MYŚLIŃSKA Magdalena	550		K 35	23	00:00:45	01:59:45	03:54:55	07:59:08	<b>09:03:25.40</b>	<b>09:04:11.10</b>	+03:00:10 (33.2%)	11:19	5.3 (67.1%)
54	WÓJCIK Monika	682		K 36-44	22	00:00:42	02:09:28	04:21:51	08:05:17	<b>09:03:51.40</b>	<b>09:04:33.50</b>	+03:00:36 (33.2%)	11:19	5.3 (67.1%)
55	WYRZYKOWSKA Katarzyna	687	SKAWINA BIEGA	K 35	24	00:00:36	02:07:18	04:09:11	08:15:37	<b>09:12:13.85</b>	<b>09:12:50.30</b>	+03:08:59 (34.2%)	11:30	5.2 (65.8%)
56	TARADAJ Paulina	640	NIGHT RUNNERS	K 36-44	23	00:58:24	02:18:55	04:30:41	08:14:09	<b>09:14:25.40</b>	<b>10:12:49.80</b>	+03:11:10 (34.5%)	11:33	5.2 (65.8%)
57	PAWLAK Ewelina	569		K 36-44	24	00:58:14	02:02:14	04:06:16	08:12:06	<b>09:23:51.50</b>	<b>10:22:06.05</b>	+03:20:36 (35.6%)	11:44	5.1 (64.6%)
58	KALETA Milena	490	LEŚNI OLIMPIJCZYCY	K 36-44	25	00:00:21	02:10:41	04:25:55	08:21:50	<b>09:24:02.35</b>	<b>09:24:24.30</b>	+03:20:47 (35.6%)	11:45	5.1 (64.6%)
59	STYCZEŃ Justyna	624	OLIMP ZABRZE	K 36-44	26	00:00:37	02:07:27	04:17:57	08:21:16	<b>09:27:23.70</b>	<b>09:28:01.05</b>	+03:24:09 (36.0%)	11:49	5.1 (64.6%)
60	MIERCZYK Agnieszka	544	BEZNAPIŃY	K 36-44	27	00:00:29	02:12:39	04:17:55	08:15:13	<b>09:27:49.80</b>	<b>09:28:18.80</b>	+03:24:35 (36.0%)	11:49	5.1 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Luban 12km	Prz_Knur 25km	Gorc 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
61	<b>LOSOR Agnieszka</b>	<b>526</b>		K 36-44	28	00:00:57	02:18:34	04:31:45	08:24:50	<b>09:28:13.15</b>	<b>09:29:11.05</b>	+03:24:58 (36.1%)	11:50	5.1 (64.6%)
62	<b>WARCHULSKA Karolina</b>	<b>657</b>	BRUBECK POLISH WINGS	K 35	25	00:01:09	02:20:04	04:24:52	08:31:23	<b>09:28:22.55</b>	<b>09:29:32.00</b>	+03:25:08 (36.1%)	11:50	5.1 (64.6%)
63	<b>KARBOWSKA Beata</b>	<b>493</b>		K 45-59	10	00:00:41	02:16:31	04:31:03	08:18:55	<b>09:28:52.30</b>	<b>09:29:33.35</b>	+03:25:37 (36.1%)	11:51	5.1 (64.6%)
64	<b>KOCH Marta</b>	<b>498</b>		K 36-44	29	00:00:37	02:05:42	04:17:57	08:21:10	<b>09:32:31.15</b>	<b>09:33:08.85</b>	+03:29:16 (36.6%)	11:55	5 (63.3%)
65	<b>BABIUCH Magda</b>	<b>407</b>	SKAWINA BIEGA	K 36-44	30	00:00:36	02:07:23	04:08:53	08:28:20	<b>09:37:29.95</b>	<b>09:38:06.10</b>	+03:34:15 (37.1%)	12:01	5 (63.3%)
66	<b>KRUZEL Joanna</b>	<b>700</b>		K 36-44	31	00:00:27	02:19:40	04:31:00	08:27:51	<b>09:37:39.00</b>	<b>09:38:06.00</b>	+03:34:24 (37.1%)	12:02	5 (63.3%)
67	<b>MURAWSKA Kamila</b>	<b>704</b>		K 35	26	00:00:58	02:18:12	04:29:34	08:44:25	<b>09:57:50.80</b>	<b>09:58:49.10</b>	+03:54:36 (39.2%)	12:27	4.8 (60.8%)
68	<b>PRUSZCZAK Dominika</b>	<b>590</b>		K 35	27	00:00:57	02:21:04	04:28:26	08:53:04	<b>10:03:49.55</b>	<b>10:04:46.80</b>	+04:00:35 (39.8%)	12:34	4.8 (60.8%)
69	<b>PIETRZAK Paulina</b>	<b>577</b>		K 36-44	32	00:58:13	02:18:00	04:30:53	09:05:28	<b>10:11:06.55</b>	<b>11:09:19.80</b>	+04:07:52 (40.6%)	12:43	4.7 (59.5%)
70	<b>PASTWA Monika</b>	<b>568</b>		K 45-59	11	00:58:17	02:19:08	04:33:19	09:05:30	<b>10:12:28.70</b>	<b>11:10:45.80</b>	+04:09:14 (40.7%)	12:45	4.7 (59.5%)
71	<b>BRODAWKA Olga</b>	<b>419</b>		K 35	28	00:00:55	02:31:08	04:52:16	09:31:12	<b>10:44:26.65</b>	<b>10:45:22.05</b>	+04:41:12 (43.6%)	13:25	4.5 (57.0%)
72	<b>DOBROWOLSKA Bozena</b>	<b>435</b>	SPORTOWI EMERYCI	K 60+	1	00:00:29	02:24:45	04:54:17	09:26:50	<b>10:49:08.00</b>	<b>10:49:37.40</b>	+04:45:53 (44.0%)	13:31	4.4 (55.7%)
	<b>ŻAK Barbara</b>	<b>696</b>	JURA TEAM	K 36-44		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>POKROP Agnieszka</b>	<b>586</b>	NATALIA TOMASIAK GÓRSKI STYL TEAM	K 35		DNF	02:34:08 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WIŚNIEWSKA Dorota</b>	<b>665</b>		K 36-44		DNF	02:43:23 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>RATAJCZAK Anna</b>	<b>600</b>	HERNIK TEAM	K 36-44		DNF	03:04:27 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 76 wynik(ów)