



# GORCE ULTRA-TRAIL® 5KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Gorce Ultra-Trail  
**Organizator:** Fundacja Run Vegan - GUT  
**Data:** 2022-08-05  
**Miejsce:** Ochotnica Dolna  
**Dystans:** 5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Czas netto 5.6km	Czas brutto 5.6km	Różn	Tempo min/km	Tempo km/h
1	<b>DUDZIK Łukasz</b>	<b>56</b>	GÓRAL BIEGA RMT	OPEN M	1	00:00:01	<b>00:39:18.25</b>	<b>00:39:18.25</b>		7:01	8.5 (100%)
2	<b>PIETRZYK Mariusz</b>	<b>112</b>		OPEN M	2	00:00:02	<b>00:39:21.70</b>	<b>00:39:21.70</b>	+00:00:03 (0.1%)	7:01	8.5 (100%)
3	<b>MIŚKIEWICZ Mariusz</b>	<b>128</b>		OPEN M	3	00:00:00	<b>00:41:01.80</b>	<b>00:41:01.80</b>	+00:01:43 (4.2%)	7:19	8.2 (96.5%)
4	<b>TARASEK Dariusz</b>	<b>90</b>	SEVEN7	OPEN M	4	00:00:01	<b>00:41:21.70</b>	<b>00:41:21.70</b>	+00:02:03 (5.0%)	7:23	8.1 (95.3%)
5	<b>STRZELCZYK Mariusz</b>	<b>87</b>	PROJEKT 1000UP	OPEN M	5	00:00:02	<b>00:46:15.65</b>	<b>00:46:15.65</b>	+00:06:57 (15.0%)	8:15	7.3 (85.9%)
6	<b>ZAJDEL Filip</b>	<b>115</b>		OPEN M	6	00:00:02	<b>00:46:24.80</b>	<b>00:46:24.80</b>	+00:07:06 (15.3%)	8:17	7.2 (84.7%)
7	<b>NOWOROLNIK Wojciech</b>	<b>103</b>	LKSLUBAŃ TYLMANOWA	OPEN M	7	00:00:04	<b>00:47:23.80</b>	<b>00:47:23.80</b>	+00:08:05 (17.1%)	8:27	7.1 (83.5%)
8	<b>SZCZĘSNA Edyta</b>	<b>89</b>	STAŃCZAK TEAM	OPEN K	1	00:00:01	<b>00:47:28.75</b>	<b>00:47:28.75</b>	+00:08:10 (17.2%)	8:28	7.1 (83.5%)
9	<b>ZBOROWSKI Krzysztof</b>	<b>123</b>		OPEN M	8	00:00:01	<b>00:48:09.65</b>	<b>00:48:09.65</b>	+00:08:51 (18.4%)	8:35	7 (82.4%)
10	<b>MATYASIK Jarosław</b>	<b>77</b>	HAFT-DEKO	OPEN M	9	00:00:03	<b>00:48:32.15</b>	<b>00:48:32.15</b>	+00:09:13 (19.0%)	8:40	6.9 (81.2%)
11	<b>KUREK Jacek</b>	<b>72</b>	ŚWIETLIKOWO	OPEN M	10	00:00:02	<b>00:48:46.35</b>	<b>00:48:46.35</b>	+00:09:28 (19.4%)	8:42	6.9 (81.2%)
12	<b>BOLECHOWSKA Dominika</b>	<b>39</b>		OPEN K	2	00:00:01	<b>00:49:04.05</b>	<b>00:49:04.05</b>	+00:09:45 (19.9%)	8:45	6.8 (80.0%)
13	<b>ZACHARA Dawid</b>	<b>96</b>		OPEN M	11	00:00:03	<b>00:49:22.50</b>	<b>00:49:22.50</b>	+00:10:04 (20.4%)	8:48	6.8 (80.0%)
14	<b>KALECIŃSKI Piotr</b>	<b>68</b>	PELORUNNERTEAM	OPEN M	12	00:00:01	<b>00:49:44.10</b>	<b>00:49:44.10</b>	+00:10:25 (21.0%)	8:52	6.8 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.001km	5.6km	5.6km			
15	<b>GOŁDYN Piotr</b>	<b>58</b>		OPEN M	13	00:00:01	<b>00:49:53.80</b>	<b>00:49:53.80</b>	+00:10:35 (21.2%)	8:54	6.7 (78.8%)
16	<b>RAJSKI Rafal</b>	<b>84</b>	WARTKIE KIYRPCE	OPEN M	14	00:00:02	<b>00:49:57.40</b>	<b>00:49:57.40</b>	+00:10:39 (21.3%)	8:55	6.7 (78.8%)
17	<b>LULIS Anna</b>	<b>75</b>		OPEN K	3	00:00:01	<b>00:49:58.50</b>	<b>00:49:58.50</b>	+00:10:40 (21.4%)	8:55	6.7 (78.8%)
18	<b>OLECHNOWICZ Robert</b>	<b>109</b>		OPEN M	15	00:00:03	<b>00:50:05.35</b>	<b>00:50:05.35</b>	+00:10:47 (21.5%)	8:56	6.7 (78.8%)
19		<b>132</b>				00:00:01	<b>00:50:59.00</b>	<b>00:50:59.00</b>	+00:11:40 (22.9%)	9:06	6.6 (77.6%)
20	<b>MIKULSKI Michał</b>	<b>111</b>	KONIEC URLOPU ☺	OPEN M	16	00:00:02	<b>00:51:38.30</b>	<b>00:51:38.30</b>	+00:12:20 (23.9%)	9:13	6.5 (76.5%)
21		<b>130</b>				00:00:01	<b>00:51:39.35</b>	<b>00:51:39.35</b>	+00:12:21 (23.9%)	9:13	6.5 (76.5%)
22	<b>BOGDAŃSKI Kacper</b>	<b>51</b>		OPEN M	17	00:00:01	<b>00:51:50.75</b>	<b>00:51:50.75</b>	+00:12:32 (24.2%)	9:15	6.5 (76.5%)
23	<b>SWORSKI Roman</b>	<b>88</b>	TRENUJSKUTECZNIE.COM / VEGE RUNNERS / VEGAN	OPEN M	18	00:00:02	<b>00:52:00.15</b>	<b>00:52:00.15</b>	+00:12:41 (24.4%)	9:17	6.5 (76.5%)
24	<b>ŻĄDŁO Władysław</b>	<b>101</b>		OPEN M	19	00:00:02	<b>00:52:08.60</b>	<b>00:52:08.60</b>	+00:12:50 (24.6%)	9:18	6.4 (75.3%)
25	<b>RADOMSKI Zbigniew</b>	<b>116</b>		OPEN M	20	00:00:01	<b>00:52:12.50</b>	<b>00:52:12.50</b>	+00:12:54 (24.7%)	9:19	6.4 (75.3%)
26	<b>URBAN Wiktor</b>	<b>93</b>	#TEAMDKMS	OPEN M	21	00:00:01	<b>00:52:39.70</b>	<b>00:52:39.70</b>	+00:13:21 (25.4%)	9:24	6.4 (75.3%)
27	<b>NOWOROLNIK Marcin</b>	<b>79</b>	LKS LUBAŃ TYLMANOWA	OPEN M	22	00:00:03	<b>00:52:42.80</b>	<b>00:52:42.80</b>	+00:13:24 (25.4%)	9:24	6.4 (75.3%)
28	<b>KLAPPHOLZ Ada</b>	<b>104</b>		OPEN K	4	00:00:02	<b>00:52:49.20</b>	<b>00:52:49.20</b>	+00:13:30 (25.6%)	9:25	6.4 (75.3%)
29	<b>KRZYŻANOWSKI Łukasz</b>	<b>69</b>	HUTNIK RUN	OPEN M	23	00:00:02	<b>00:53:02.85</b>	<b>00:53:02.85</b>	+00:13:44 (25.9%)	9:28	6.3 (74.1%)
30	<b>GOŁDYN Mateusz</b>	<b>61</b>		OPEN M	24	00:00:01	<b>00:53:21.25</b>	<b>00:53:21.25</b>	+00:14:03 (26.3%)	9:31	6.3 (74.1%)
31	<b>NOWOROLNIK Piotr</b>	<b>78</b>	LKS LUBAŃ TYLMANOWA	OPEN M	25	00:00:03	<b>00:53:32.55</b>	<b>00:53:32.55</b>	+00:14:14 (26.6%)	9:33	6.3 (74.1%)
32	<b>ORTYL Magdalena</b>	<b>80</b>	ZABIEGANI MIELEC	OPEN K	5	00:00:02	<b>00:53:33.10</b>	<b>00:53:33.10</b>	+00:14:14 (26.6%)	9:33	6.3 (74.1%)
33	<b>MICHAŁCZAK Stanisław</b>	<b>124</b>		OPEN M	26	00:00:07	<b>00:54:05.00</b>	<b>00:54:05.00</b>	+00:14:46 (27.3%)	9:39	6.2 (72.9%)
34	<b>PSZCZÓŁKA Dominik</b>	<b>122</b>		OPEN M	27	00:00:03	<b>00:54:06.10</b>	<b>00:54:06.10</b>	+00:14:47 (27.4%)	9:39	6.2 (72.9%)
35	<b>MALINA Michał</b>	<b>76</b>		OPEN M	28	00:00:02	<b>00:54:16.70</b>	<b>00:54:16.70</b>	+00:14:58 (27.6%)	9:41	6.2 (72.9%)
36		<b>131</b>				00:00:01	<b>00:54:20.55</b>	<b>00:54:20.55</b>	+00:15:02 (27.7%)	9:42	6.2 (72.9%)
37	<b>ZAWADA Michał</b>	<b>99</b>	SPRYTNE WIEWIÓRKI	OPEN M	29	00:00:04	<b>00:54:23.45</b>	<b>00:54:23.45</b>	+00:15:05 (27.7%)	9:42	6.2 (72.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5.6km	brutto 5.6km			
38	<b>GRZYBOWSKA Karolina</b>	<b>12</b>	GRANDAUTO	OPEN K	6	00:00:02	<b>00:54:59.75</b>	<b>00:54:59.75</b>	+00:15:41 (28.5%)	9:49	6.1 (71.8%)
39	<b>PŁOSKOŃSKI Piotr</b>	<b>24</b>	KBKS RADOMSKO	OPEN M	30	00:00:02	<b>00:56:33.80</b>	<b>00:56:33.80</b>	+00:17:15 (30.5%)	10:05	5.9 (69.4%)
40	<b>SZTORC Joanna</b>	<b>107</b>		OPEN K	7	00:00:01	<b>00:56:58.90</b>	<b>00:56:58.90</b>	+00:17:40 (31.0%)	10:10	5.9 (69.4%)
41	<b>SIOŁA Rafał</b>	<b>85</b>		OPEN M	31	00:00:03	<b>00:57:32.25</b>	<b>00:57:32.25</b>	+00:18:14 (31.7%)	10:16	5.8 (68.2%)
42	<b>GOŁDYN Michał</b>	<b>60</b>		OPEN M	32	00:00:03	<b>00:58:12.25</b>	<b>00:58:12.25</b>	+00:18:54 (32.5%)	10:23	5.8 (68.2%)
43	<b>ZAJĄC Maciej</b>	<b>98</b>	DREAM TRI TEAM	OPEN M	33	00:00:04	<b>00:59:08.60</b>	<b>00:59:08.60</b>	+00:19:50 (33.5%)	10:33	5.7 (67.1%)
44	<b>BISKUP Paweł</b>	<b>50</b>		OPEN M	34	00:00:02	<b>00:59:18.40</b>	<b>00:59:18.40</b>	+00:20:00 (33.7%)	10:35	5.7 (67.1%)
45	<b>DAWIDZIUK Adrian</b>	<b>55</b>	PROJEKT 1000UP	OPEN M	35		<b>01:00:54.80</b>	<b>01:00:54.80</b>	+00:21:36 (35.5%)	10:52	5.5 (64.7%)
46	<b>TRĄBAŁA Adam</b>	<b>139</b>		OPEN M	36	00:00:02	<b>01:01:20.65</b>	<b>01:01:20.65</b>	+00:22:02 (35.9%)	10:57	5.5 (64.7%)
47	<b>LEWCZUK Norbert</b>	<b>74</b>	BIEGACZE POMAGACZE/EDYTA LEWANDOWSKA TEAM	OPEN M	37	00:00:06	<b>01:01:33.00</b>	<b>01:01:33.00</b>	+00:22:14 (36.1%)	10:59	5.5 (64.7%)
48	<b>KIELC Hanna</b>	<b>110</b>		OPEN K	8	00:00:07	<b>01:01:49.20</b>	<b>01:01:49.20</b>	+00:22:30 (36.4%)	11:02	5.4 (63.5%)
49	<b>ZADYKOWICZ-DAWIDZIUK Katarzyna</b>	<b>97</b>		OPEN K	9	00:00:02	<b>01:02:03.70</b>	<b>01:02:03.70</b>	+00:22:45 (36.7%)	11:04	5.4 (63.5%)
50	<b>GRYGORUK Marek</b>	<b>65</b>	VEGE RUNNERS	OPEN M	38	00:00:04	<b>01:03:05.50</b>	<b>01:03:05.50</b>	+00:23:47 (37.7%)	11:15	5.3 (62.4%)
51	<b>WITOWSKI Krzysztof</b>	<b>95</b>		OPEN M	39	00:00:03	<b>01:05:55.50</b>	<b>01:05:55.50</b>	+00:26:37 (40.4%)	11:46	5.1 (60.0%)
52	<b>WILK Daniel</b>	<b>94</b>	4ROWERY	OPEN M	40	00:00:06	<b>01:06:35.90</b>	<b>01:06:35.90</b>	+00:27:17 (41.0%)	11:53	5 (58.8%)
53	<b>GRABOWSKA-LESISZ Aneta</b>	<b>64</b>	4ROWERY	OPEN K	10	00:00:05	<b>01:06:35.95</b>	<b>01:06:35.95</b>	+00:27:17 (41.0%)	11:53	5 (58.8%)
54	<b>SZOŁORA Jerzy</b>	<b>149</b>		OPEN M	41	00:00:05	<b>01:06:39.55</b>	<b>01:06:39.55</b>	+00:27:21 (41.0%)	11:54	5 (58.8%)
55	<b>KWIT Piotr</b>	<b>73</b>	LKS LUBAŃ TYLMANOWA	OPEN M	42	00:00:07	<b>01:07:07.45</b>	<b>01:07:07.45</b>	+00:27:49 (41.4%)	11:59	5 (58.8%)
56	<b>KUKLA Kararzyna</b>	<b>71</b>		OPEN K	11	00:00:04	<b>01:07:47.15</b>	<b>01:07:47.15</b>	+00:28:28 (42.0%)	12:06	5 (58.8%)
57	<b>KUKLA Grzegorz</b>	<b>70</b>		OPEN M	43	00:00:04	<b>01:07:47.20</b>	<b>01:07:47.20</b>	+00:28:28 (42.0%)	12:06	5 (58.8%)
58	<b>TOMANEK Rafał</b>	<b>92</b>		OPEN M	44	00:00:03	<b>01:08:07.10</b>	<b>01:08:07.10</b>	+00:28:48 (42.3%)	12:09	4.9 (57.6%)
59	<b>LIGĘZA Anna</b>	<b>117</b>	BABY IDĄ W GÓRY	OPEN K	12	00:00:03	<b>01:09:58.65</b>	<b>01:09:58.65</b>	+00:30:40 (43.8%)	12:29	4.8 (56.5%)
60	<b>GOŁDYN Agata</b>	<b>59</b>		OPEN K	13	00:00:03	<b>01:10:37.20</b>	<b>01:10:37.20</b>	+00:31:18 (44.3%)	12:36	4.8 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5.6km	brutto 5.6km			
61	<b>GOŁDYN Krystyna</b>	<b>118</b>	BABY IDĄ W GÓRY	OPEN K	14	00:00:04	<b>01:13:01.60</b>	<b>01:13:01.60</b>	+00:33:43 (46.2%)	13:02	4.6 (54.1%)
62	<b>JACHIMOWSKA Angelika</b>	<b>66</b>	SANOK BIEGA	OPEN K	15	00:00:06	<b>01:14:04.30</b>	<b>01:14:04.30</b>	+00:34:46 (46.9%)	13:13	4.5 (52.9%)
63	<b>JACHIMOWSKI Jarosław</b>	<b>67</b>	SANOK BIEGA	OPEN M	45	00:00:06	<b>01:14:05.00</b>	<b>01:14:05.00</b>	+00:34:46 (46.9%)	13:13	4.5 (52.9%)
64	<b>CZABAN Katarzyna</b>	<b>53</b>	KULAM SIĘ JAK GUMIKLYJZY	OPEN K	16	00:00:05	<b>01:14:40.90</b>	<b>01:14:40.90</b>	+00:35:22 (47.4%)	13:20	4.5 (52.9%)
65	<b>RUSNARCZYK Kinga</b>	<b>129</b>		OPEN K	17	00:00:05	<b>01:15:12.10</b>	<b>01:15:12.10</b>	+00:35:53 (47.7%)	13:25	4.5 (52.9%)
66	<b>TOMASZUK Ewelina</b>	<b>138</b>		OPEN M	46		<b>01:18:55.80</b>	<b>01:18:55.80</b>	+00:39:37 (50.2%)	14:05	4.3 (50.6%)
67	<b>POPŁAWSKI Piotr</b>	<b>137</b>		OPEN M	47	00:00:06	<b>01:18:55.90</b>	<b>01:18:55.90</b>	+00:39:37 (50.2%)	14:05	4.3 (50.6%)
68	<b>SKAŁKA Adam</b>	<b>86</b>		OPEN M	48	00:00:03	<b>01:20:33.65</b>	<b>01:20:33.65</b>	+00:41:15 (51.2%)	14:23	4.2 (49.4%)
69	<b>MICHALIK-CAŁY Kasia</b>	<b>140</b>		OPEN K	18	00:00:02	<b>01:21:33.50</b>	<b>01:21:33.50</b>	+00:42:15 (51.8%)	14:33	4.1 (48.2%)
70	<b>SOŁTYS Aneta</b>	<b>141</b>		OPEN K	19	00:00:02	<b>01:21:49.20</b>	<b>01:21:49.20</b>	+00:42:30 (52.0%)	14:36	4.1 (48.2%)
71	<b>FARNAUS Lidia</b>	<b>57</b>		OPEN K	20	00:00:04	<b>01:22:40.85</b>	<b>01:22:40.85</b>	+00:43:22 (52.5%)	14:45	4.1 (48.2%)
72	<b>AUT Joanna</b>	<b>119</b>		OPEN K	21	00:00:05	<b>01:27:01.75</b>	<b>01:27:01.75</b>	+00:47:43 (54.8%)	15:32	3.9 (45.9%)
72	<b>BRZECZEK Kinga</b>	<b>143</b>		OPEN K	21	00:00:05	<b>01:27:01.75</b>	<b>01:27:01.75</b>	+00:47:43 (54.8%)	15:32	3.9 (45.9%)
74	<b>WÓJCIAK Anna</b>	<b>146</b>		OPEN K	23	00:00:07	<b>01:27:04.65</b>	<b>01:27:04.65</b>	+00:47:46 (54.9%)	15:32	3.9 (45.9%)
75	<b>CHLIPAŁA Ewelina</b>	<b>145</b>		OPEN K	24	00:00:06	<b>01:27:04.90</b>	<b>01:27:04.90</b>	+00:47:46 (54.9%)	15:32	3.9 (45.9%)
76	<b>SARNA Szymon</b>	<b>144</b>		OPEN M	49	00:00:05	<b>01:27:27.30</b>	<b>01:27:27.30</b>	+00:48:09 (55.1%)	15:36	3.8 (44.7%)
77	<b>BUCZEK Mirosław</b>	<b>52</b>		OPEN M	50	00:00:06	<b>01:27:28.30</b>	<b>01:27:28.30</b>	+00:48:10 (55.1%)	15:37	3.8 (44.7%)
78	<b>GOŁDYN Aneta</b>	<b>63</b>		OPEN K	25	00:00:04	<b>01:27:28.80</b>	<b>01:27:28.80</b>	+00:48:10 (55.1%)	15:37	3.8 (44.7%)
79	<b>BERGMANN Ewa</b>	<b>121</b>		OPEN K	26	00:00:06	<b>01:31:15.55</b>	<b>01:31:15.55</b>	+00:51:57 (56.9%)	16:17	3.7 (43.5%)
80	<b>WOJTAROWICZ Magda</b>	<b>113</b>	PIENINYINFO	OPEN K	27	00:00:05	<b>01:39:34.05</b>	<b>01:39:34.05</b>	+01:00:15 (60.5%)	17:46	3.4 (40.0%)
81	<b>GABRYŚ Małgorzata</b>	<b>114</b>	PIENINYINFO	OPEN K	28	00:00:06	<b>01:39:34.35</b>	<b>01:39:34.35</b>	+01:00:16 (60.5%)	17:46	3.4 (40.0%)
82	<b>CHLIPAŁA Agata</b>	<b>105</b>	BABY IDĄ W GÓRY	OPEN K	29	00:00:05	<b>01:41:06.20</b>	<b>01:41:06.20</b>	+01:01:47 (61.1%)	18:03	3.3 (38.8%)
83	<b>ZASADNI Elżbieta</b>	<b>126</b>	BABY IDĄ W GÓRY	OPEN K	30	00:00:04	<b>01:41:07.10</b>	<b>01:41:07.10</b>	+01:01:48 (61.1%)	18:03	3.3 (38.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Czas netto 5.6km	Czas brutto 5.6km	Różn	Tempo min/km	Tempo km/h
84	<b>JAGIEŁA Agnieszka</b>	<b>127</b>		OPEN K	31	00:00:05	<b>01:41:07.70</b>	<b>01:41:07.70</b>	+01:01:49 (61.1%)	18:03	3.3 (38.8%)
85	<b>HAUMANN Krystyna</b>	<b>120</b>		OPEN K	32	00:00:07	<b>02:24:09.00</b>	<b>02:24:09.00</b>	+01:44:50 (72.7%)	25:44	2.3 (27.1%)

Znaleziono 85 wynik(ów)