

GORCE ULTRA-TRAIL® 84 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Gorce Ultra-Trail 2019
Fundacja Run Vegan - GUT
2019-08-03
Ochoznica Dolna
84 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Luban 12km	Prz_Knur 25km	Rozwidlenie 26km	Jaszczce 35km	Rozwidlenie 45km	Rzeki 1 47km	Rzeki 2 47.1km	Szczawa 1 67km	Szczawa 2 67.1km	Rozwidlenie 2 73km	Czas netto 84km	Czas brutto 84km	Różn	Tempo min/km	Tempo km/h
1	BARAN Artur	276		M 33-44	1	01:18:46	02:27:18	02:33:10	03:27:57	04:17:27	04:51:37	04:53:43	07:10:06	07:22:19		09:12:00.30	09:12:02.50		6:34	9.1 (100%)
2	STROINSKI Daniel	330		M 33-44	2	01:21:51	02:33:10	02:39:57	03:38:55	04:31:22	05:08:05	05:10:08	07:24:17	07:28:20	08:18:03	09:33:48.95	09:33:53.35	+00:21:50 (3.8%)	6:49	8.8 (96.7%)
3	WOJNAROWSKI Piotr	332		M 45+	1	01:16:53	02:27:15	02:33:27	03:39:58	04:31:21	05:11:40	05:14:13	07:34:39	07:36:46	08:29:00	09:34:41.85	09:34:43.45	+00:22:40 (3.9%)	6:50	8.8 (96.7%)
4	CZARNY Jaroslaw	287	#SOBASTEAM	M 33-44	3	01:19:53	02:33:27	02:38:45	03:47:09	04:43:57	05:23:17	05:25:06	07:55:08	07:57:44		10:02:40.35	10:02:41.65	+00:50:39 (8.4%)	7:10	8.4 (92.3%)
5	BARANOW Tomasz	334		M 33-44	4	01:22:51	02:39:52	02:46:35	03:58:06	04:58:24	05:37:10	05:39:55	08:03:49	08:07:28		10:03:33.45	10:03:36.70	+00:51:34 (8.5%)	7:11	8.4 (92.3%)
6	KRAWCZAK Paulina	228	BIEGUSIEM.PL	K 33-44	1	01:32:33	02:56:16	03:04:12	04:13:56	05:10:10	05:50:54	05:57:06	08:34:52	08:39:05	09:33:39	10:44:39.35	10:44:42.95	+01:32:40 (14.4%)	7:40	7.8 (85.7%)
7	BARTYZEL Marek	312		M 33-44	5	01:23:22	02:41:50	02:50:00	03:58:00	04:58:08	05:40:10	05:42:28	08:21:26	08:26:22	09:25:20	10:47:13.25	10:47:16.70	+01:35:14 (14.7%)	7:42	7.8 (85.7%)
8	WYSOKIŃSKI Konrad	313	MESMERIK RUNNERS	M 33-44	6	01:27:04	02:45:59	02:53:22	04:04:24	05:09:50	05:51:00	05:57:09	08:34:53	08:39:05	09:35:42	10:52:52.40	10:52:55.70	+01:40:53 (15.5%)	7:46	7.7 (84.6%)
9	WANTUCH Sławomir	241		M 32	1	01:28:50	02:50:21	02:59:45	04:10:25	05:08:01	06:07:16	06:14:31	08:53:49	08:58:30	09:56:12	11:14:20.85	11:14:23.45	+02:02:20 (18.1%)	8:01	7.5 (82.4%)
10	SZCZEPAŃSKI Andrzej	322	WILD SKUNKS	M 45+	2	01:30:18	02:54:04	03:03:54	04:15:50	05:26:54	06:08:17	06:17:59	09:01:09	09:08:56	10:08:55	11:25:35.70	11:25:38.40	+02:13:35 (19.5%)	8:09	7.4 (81.3%)
11	BEDNARZ Jakub	254	DRUŻYNA SZPIKU	M 33-44	7	01:24:03	02:43:28	02:50:25	04:04:40	05:08:19	05:52:35	05:56:56	09:01:48	09:09:59	10:08:30	11:30:33.05	11:30:58.80	+02:18:56 (20.1%)	8:13	7.3 (80.2%)
12	CIEŚNIK Krzysztof	264	MH AUTOMATYKA	M 33-44	8	01:25:31	02:44:17	02:50:24	03:59:22	05:07:54	06:07:09	06:16:12	09:07:41	09:13:42	10:15:45	11:33:56.40	11:33:59.25	+02:21:56 (20.5%)	8:15	7.3 (80.2%)
13	OLSZAK Dariusz	255	KGWM 2G RUN	M 32	2	01:33:49	03:02:38	03:16:31	04:31:23	05:38:43	06:22:56	06:35:36	09:13:02	09:19:41		11:35:59.20	11:36:02.75	+02:24:00 (20.7%)	8:17	7.2 (79.1%)
14	MERTA Przemek	282	RUNORDIE	M 33-44	9	01:33:36	03:03:51	03:15:39	04:32:29	05:38:18	06:22:37	06:29:38	09:09:23	09:15:35	10:15:40	11:43:27.10	11:43:38.05	+02:31:35 (21.5%)	8:22	7.2 (79.1%)
15	OWENS Ben	300		M 33-44	10	01:33:55	02:56:50	03:04:05	04:29:32	05:33:40	06:25:28	06:30:13	09:19:11	09:24:18	10:22:17	11:44:04.45	11:44:10.45	+02:32:07 (21.6%)	8:22	7.2 (79.1%)
16	KUBLIN Szymon	211		M 32	3	01:27:03	02:48:59	02:57:18	04:19:46	05:31:58	06:19:56	06:30:15	09:22:05	09:31:19		11:51:55.85	11:52:07.05	+02:40:04 (22.5%)	8:28	7.1 (78.0%)
17	GAWLEWICZ Krystyna	325	GAWĘŁKI TEAM / POZYTYWNE ZABIEGANI SANOK	K 33-44	2	01:38:25	03:08:41	03:16:54	04:33:43	05:43:12	06:27:31	06:39:41	09:23:13	09:27:07	10:30:39	11:56:20.40	11:56:30.55	+02:44:28 (23.0%)	8:31	7 (76.9%)
18	PODRAZA Mariusz	240		M 33-44	11	01:41:38	03:12:29	03:21:06	04:34:57	05:41:17	06:27:16	06:36:11	09:28:27	09:34:55	10:37:53	12:01:23.65	12:01:42.75	+02:49:40 (23.5%)	8:35	7 (76.9%)
19	POMAGRUK Piotr	309		M 33-44	12	01:43:10	03:18:38	03:30:01	04:47:30	05:56:12	06:43:03	06:49:29	09:34:48	09:39:44	10:42:49	12:05:52.95	12:06:12.25	+02:54:09 (24.0%)	8:38	6.9 (75.8%)
20	KOCHANOWSKI Michał	318		M 32	4	01:35:49	03:06:23	03:14:48	04:32:48	05:38:03	06:27:10	06:34:26	09:26:48	09:32:48	10:35:52	12:07:17.30	12:07:36.70	+02:55:34 (24.1%)	8:39	6.9 (75.8%)
21	KIERNICKI Łukasz	212	FUN&RUN	M 33-44	13	01:39:51	03:11:22	03:20:19	04:39:20	05:46:28	06:36:11	06:44:18	09:44:50	09:49:07	10:54:57	12:23:32.75	12:23:39.00	+03:11:36 (25.8%)	8:51	6.8 (74.7%)
22	MASIUKIEWICZ Jacek	219	SPIKA ULTRA TRIAL	M 33-44	14	01:35:07	03:03:31	03:14:52	04:33:56	05:39:57	06:28:56	06:36:12	09:41:04	09:48:06	10:53:40	12:24:43.00	12:24:45.85	+03:12:43 (25.9%)	8:51	6.8 (74.7%)
23	KOCJAN Kamil	249		M 33-44	15	01:42:38	03:12:39	03:24:25	04:42:18	05:49:56	06:42:38	06:49:54	09:51:38	09:55:14	11:03:26	12:28:19.65	12:28:40.80	+03:16:38 (26.3%)	8:54	6.7 (73.6%)
24	CHLOSTA Lukasz	251		M 33-44	16	01:41:47	03:19:29	03:29:39	04:48:45	05:53:57	06:47:54	06:55:31	10:03:18	10:11:41	11:13:09	12:33:13.90	12:33:20.70	+03:21:18 (26.7%)	8:58	6.7 (73.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rozwidlenie										Czas netto 84km	Czas brutto 84km	Różn	Tempo min/km	Tempo km/h
						Luban 12km	Prz_Knur 25km	Rozwidlenie 26km	Jaszcze 35km	2 45km	Rzeki 1 47km	Rzeki 2 47.1km	Szczawa 1 67km	Szczawa 2 67.1km	Rozwidlenie 2 73km					
25	WILK Daniel	238	KLUB BIEGACZA AKTYWNI KRZYŻ WLKP	M 45+	3	01:44:35	03:21:04	03:28:49	04:46:55	05:55:32	06:44:09	06:53:55	09:50:47	09:54:59	11:03:19	12:35:47.80	12:36:09.65	+03:24:07 (27.0%)	8:59	6.7 (73.6%)
26	SOSNOWSKI Michał	278	PGB SPORTOWA PACZKA	M 45+	4	01:37:01	03:09:34	03:23:14	04:49:48	06:05:38	06:55:42	07:09:44	10:03:42	10:11:06	11:10:01	12:36:21.90	12:36:29.20	+03:24:26 (27.0%)	9:00	6.7 (73.6%)
27	MOSTEK Mariusz	316	VEGE RUNNERS	M 32	5	01:44:07	03:13:50	03:28:22	04:43:36	05:53:31	06:41:41	06:59:13	10:01:12	10:14:27	11:17:31	12:49:19.35	12:49:48.00	+03:37:45 (28.3%)	9:09	6.6 (72.5%)
28	KOWALCZYK Marek	268	KB TKKF PROMYK CIECHANÓW	M 45+	5	01:33:55	03:00:25	03:13:08	04:35:56	05:49:22	06:37:42		09:57:30	10:04:28	11:10:25	12:51:53.10	12:52:02.35	+03:39:59 (28.5%)	9:11	6.5 (71.4%)
29	FREJEK Mariusz	299		M 33-44	17	01:39:25	03:08:14	03:18:47	04:35:07	05:41:15	06:27:29	06:39:13	09:57:16	10:09:44	11:17:28	12:55:01.20	12:55:26.25	+03:43:23 (28.8%)	9:13	6.5 (71.4%)
30	BOBKIEWICZ Lukasz	291		M 33-44	18	01:43:24	03:14:28	03:22:55	04:41:30	05:46:37	06:34:46	06:41:01	09:49:06	10:04:53	11:13:08	12:59:55.90	13:00:05.05	+03:48:02 (29.2%)	9:17	6.5 (71.4%)
31	ZAKROCZYMSKI Michał	304		M 45+	6	01:34:33	03:05:39	03:16:46	04:43:40	05:56:21	06:47:46	07:08:04	10:17:47		11:35:39	13:06:54.65	13:07:00.00	+03:54:57 (29.9%)	9:22	6.4 (70.3%)
32	TOMCZAK Agnieszka	201		K 33-44	3	01:41:56	03:23:44	03:33:24	04:59:26	06:11:29	07:06:14	07:11:21	10:25:56	10:31:24	11:38:57	13:07:23.95	13:07:32.65	+03:55:30 (29.9%)	9:22	6.4 (70.3%)
33	MARCINEK Jan	290	LUB WYBIERZ Z LISTY	M 32	6	01:36:02	03:08:09	03:17:25	04:39:31	05:48:05	06:42:40	06:51:10	10:00:17	10:10:40	11:18:39	13:08:37.65	13:08:51.35	+03:56:48 (30.0%)	9:23	6.4 (70.3%)
34	KACZMAREK Szymon	317	PODROZEJOZINA.PL	M 33-44	19	01:36:06	03:02:54	03:12:57	04:29:15	05:41:23	06:31:11	06:42:39	09:53:02	09:59:26	11:10:06	13:09:09.75	13:09:15.80	+03:57:13 (30.1%)	9:23	6.4 (70.3%)
35	KOZŁOWSKI Łukasz	247	KOPYTKAWBIEGU	M 33-44	20	01:41:47	03:16:31	03:32:34	04:55:00	06:13:38	07:06:11	07:25:44	10:20:32	10:31:15	11:38:56	13:08:59.20	13:09:21.30	+03:57:18 (30.1%)	9:23	6.4 (70.3%)
36	DŁUGAJ Andrzej	224		M 45+	7	01:43:26	03:15:35	03:28:37	04:46:20	05:55:23	06:47:13	06:59:01	10:07:07	10:16:58	11:30:36	13:12:53.75	13:13:20.50	+04:01:18 (30.4%)	9:26	6.4 (70.3%)
37	MARKIEWICZ Agnieszka	303	PRORUNNING PROMOTION	K 32	1	01:40:34	03:17:16	03:26:31	04:49:08	05:59:12	06:49:58	06:52:49	10:07:24	10:10:00	11:23:52	13:17:22.70	13:17:31.05	+04:05:28 (30.8%)	9:29	6.3 (69.2%)
38	SZAREK Rafał	208	KB MCKIS JAWORZNO	M 33-44	21	01:46:19	03:20:01	03:29:48	04:55:00	06:08:38	06:57:48	07:13:20	10:28:25	10:37:10	11:44:32	13:17:10.65	13:17:44.85	+04:05:42 (30.8%)	9:29	6.3 (69.2%)
39	KOSINSKA Bożena	321		K 45+	1	01:44:19	03:26:35	03:37:52	05:10:30	06:22:22	07:12:38	07:26:52	10:35:58	10:41:22	11:50:03	13:18:54.10	13:19:01.20	+04:06:58 (30.9%)	9:30	6.3 (69.2%)
40	GAWLEWICZ Tomasz	326	GAWĘŁKI TEAM / POZYTYWNIIE ZABIEGANI SANOK	M 45+	8	01:38:20	03:08:34	03:16:50	04:33:53	05:43:32	06:40:04	07:15:20	10:23:30	10:43:07	11:49:24	13:27:52.60	13:28:03.65	+04:16:01 (31.7%)	9:37	6.2 (68.1%)
41	KRASZEWSKI Mateusz	305		M 33-44	22	01:43:23	03:21:59	03:30:41	04:59:57	06:11:17	07:04:20	07:09:23	10:25:39	10:31:01	11:38:40	13:39:09.35	13:39:43.65	+04:27:41 (32.7%)	9:45	6.2 (68.1%)
42	PROKULEWICZ Tomasz	272		M 33-44	23	01:48:22	03:22:20	03:35:17	04:56:58	06:10:05	07:02:23	07:11:58	10:21:54	10:31:06	11:38:39	13:39:15.00	13:39:46.35	+04:27:43 (32.7%)	9:45	6.2 (68.1%)
43	BRELA Kuba	324	MUKS PODKARPACIE JEDLICZE	M 33-44	24	01:50:08	03:31:48	03:45:51		06:25:17	07:17:48	07:33:05	10:38:37	10:49:07	12:00:31	13:39:16.55	13:39:50.25	+04:27:47 (32.7%)	9:45	6.2 (68.1%)
44	MIELNICZEK Grzegorz	243	B.RUNNER	M 45+	9	01:53:23	03:34:43	03:45:31	05:10:26	06:21:57	07:15:41	07:27:51	10:44:21	10:48:24	12:02:15	13:39:53.20	13:40:21.55	+04:28:19 (32.7%)	9:45	6.1 (67.0%)
45	WILKOWSKA Iwona	207	CARDIO-SPORT MTB TEAM	K 33-44	4	01:41:38	03:25:08	03:36:19	05:12:26	06:27:17	07:22:28	07:37:18	10:49:57	10:54:21	12:02:39	13:41:51.85	13:42:00.55	+04:29:58 (32.8%)	9:47	6.1 (67.0%)
46	MARCINEK Małgorzata	314		K 32	2	01:45:20	03:31:19	03:42:29	05:11:12	06:28:03	07:24:52	07:38:14	11:01:02	11:06:31	12:10:45	13:42:04.65	13:42:18.05	+04:30:15 (32.9%)	9:47	6.1 (67.0%)
47	KRAUZE Tomasz	235	GB WROCŁAWSKIE MORSY	M 45+	10	01:47:08	03:27:00	03:40:14	05:11:24	06:24:03	07:16:15	07:26:16	10:39:47	10:48:53	11:58:54	13:42:13.75	13:42:46.85	+04:30:44 (32.9%)	9:47	6.1 (67.0%)
48	BIEL Tomasz	288		M 33-44	25	01:48:22	03:29:52	03:50:36	05:13:02	06:26:04	07:19:25	07:41:28	10:58:46	11:08:39	12:18:49	13:42:54.30	13:43:01.70	+04:30:59 (32.9%)	9:47	6.1 (67.0%)
49	MORAJKA Anna	333	SALT RUNNERS	K 32	3	01:47:17	03:37:41	03:46:56	05:16:52	06:37:23	07:38:40	07:46:50	11:04:11	11:09:07	12:18:36	13:44:18.05	13:44:35.75	+04:32:33 (33.1%)	9:48	6.1 (67.0%)
50	PUSTELNIK Grzesiek	231		M 33-44	26	01:49:42	03:27:33	03:37:02	05:10:10	06:18:00	07:15:09	07:20:09	10:23:23	10:32:54	11:50:44	13:44:53.80	13:45:32.55	+04:33:30 (33.1%)	9:49	6.1 (67.0%)
51	OSIKA Marek	295	POLAND BUSINESS RUN	M 33-44	27	01:43:41	03:16:32	03:29:46	04:54:41	06:11:14	07:01:39	07:21:52	10:33:48	10:47:10	12:00:11	13:45:59.90	13:46:32.70	+04:34:30 (33.2%)	9:50	6.1 (67.0%)
52	KUŻAJ Sławomir	266	EXPLORADOR	M 33-44	28	01:44:25	03:25:50	03:41:24	04:59:05	06:07:08	06:54:17	07:08:05	10:28:35	10:42:54	11:49:46	13:48:40.80	13:48:48.20	+04:36:45 (33.4%)	9:51	6.1 (67.0%)
53	SYNOWIEC Adam	302	KLUB BIEGACZA SUKCES	M 45+	11	01:46:13	03:23:34	03:37:23	05:00:19	06:14:00	07:06:00	07:26:29	10:38:37	10:50:38	11:58:27	13:51:03.20	13:51:30.30	+04:39:27 (33.6%)	9:53	6.1 (67.0%)
54	PĘCZEK Dariusz	213	ZABIEGANI CZĘSTOCHOWA	M 45+	12	01:48:48	03:25:39	03:36:01	05:01:29	06:13:31	07:06:01	07:24:41	10:36:59	10:50:25	11:58:28	13:51:06.40	13:51:43.05	+04:39:40 (33.6%)	9:53	6.1 (67.0%)
55	ODOMIRSKA Katarzyna	319		K 33-44	5	01:46:17	03:27:44	03:43:46	05:11:34	06:26:31	07:18:00	07:31:39	10:50:42	10:59:44	12:08:33	13:55:01.25	13:55:12.95	+04:43:10 (33.9%)	9:56	6 (65.9%)
56	RADZIK Robert	331		M 32	7	01:45:24	03:33:51	03:46:57	05:14:18	06:30:34	07:22:38	07:27:50	10:50:27	10:57:17	12:08:24	13:54:50.50	13:55:15.40	+04:43:12 (33.9%)	9:56	6 (65.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rozwidlenie										Czas netto 84km	Czas brutto 84km	Różn	Tempo min/km	Tempo km/h
						Luban 12km	Prz_Knur 25km	Rozwidlenie 26km	Jaszcze 35km	2 45km	Rzeki 1 47km	Rzeki 2 47.1km	Szczawa 1 67km	Szczawa 2 67.1km	Rozwidlenie 2 73km					
57	LEŚNIAK Marcin	271	SALT RUNNERS	M 33-44	29	01:45:40	03:27:47	03:38:26	05:12:08	06:22:36	07:16:38	07:27:31	10:53:02	10:57:40	12:10:37	13:55:49.60	13:55:55.05	+04:43:52 (34.0%)	9:57	6 (65.9%)
58	WĘGIEL Bogdan	328		M 45+	13	01:49:28	03:33:18	03:53:43	05:22:31	06:39:00	07:32:33	07:52:12	11:04:29	11:13:37	12:25:24	13:56:39.40	13:57:05.05	+04:45:02 (34.1%)	9:57	6 (65.9%)
59	PERCZYŃSKI Piotr	327	NORAFSPORT	M 33-44	30	01:47:44	03:31:44	03:43:03	05:10:47	06:28:08	07:24:37	07:38:39	10:59:34	11:09:23	12:22:38	14:01:41.65	14:02:04.65	+04:50:02 (34.4%)	10:01	6 (65.9%)
60	PASIERBIŃSKI Piotr	252	WTP	M 45+	14	01:47:07	03:30:34	03:45:04	05:12:04	06:24:46	07:18:01	07:30:42	10:59:36	11:09:41	12:23:18	14:04:22.55	14:04:35.95	+04:52:33 (34.6%)	10:03	6 (65.9%)
61	PŁOSKONKA Jakub	315		M 32	8	01:45:40	03:22:10	03:35:52		06:22:11	07:11:36	07:29:16	10:33:39	10:42:44	11:57:24	14:05:32.40	14:06:10.75	+04:54:08 (34.8%)	10:03	6 (65.9%)
62	LASKOWSKI Radosław	225	KS PIDRINA GDYNIA	M 45+	15	01:39:50	03:19:26	03:30:45	04:57:56	06:13:04	07:06:36	07:20:48	10:40:55	10:47:46	12:07:41	14:11:51.05	14:12:03.20	+05:00:00 (35.2%)	10:08	5.9 (64.8%)
63	KRAKOWIAK Łukasz	306	STARGARD. JA SIĘ NIE ŚCIGAM.	M 33-44	31	01:49:00	03:29:14	03:43:25	05:10:45	06:25:32	07:17:33	07:35:17	10:55:21	11:08:44	12:22:25	14:16:49.95	14:17:20.20	+05:05:17 (35.6%)	10:12	5.9 (64.8%)
64	OCHOTA Rafał	296	STARGARD. JA SIĘ NIE ŚCIGAM.	M 33-44	32	01:48:57	03:29:14	03:43:19	05:10:01	06:25:29	07:17:28	07:35:21	10:55:18	11:08:44	12:22:08	14:16:49.55	14:17:20.30	+05:05:17 (35.6%)	10:12	5.9 (64.8%)
65	KIRILENKO Marcin	214		M 45+	16	01:51:56	03:35:43	03:51:28	05:25:38	06:46:39	07:40:50	07:58:10	11:18:01	11:29:33	12:36:16	14:23:17.50	14:23:36.25	+05:11:33 (36.1%)	10:16	5.8 (63.7%)
66	KIRILENKO Aneta	215		K 45+	2	01:51:04	03:35:43	03:51:26	05:25:22	06:46:36	07:40:49	07:58:02	11:17:42	11:29:32	12:35:38	14:23:18.60	14:23:36.40	+05:11:33 (36.1%)	10:16	5.8 (63.7%)
67	BAWEŁKIEWICZ Bronisław	206		M 45+	17	01:35:08	03:07:47	03:18:53	05:00:29	06:19:40	07:17:14	07:34:38	10:55:50	11:11:50	12:24:48	14:30:30.65	14:30:42.50	+05:18:40 (36.6%)	10:21	5.8 (63.7%)
68	ŽUK Zbigniew	223	BRWILANDIA	M 45+	18	01:49:34	03:33:39	03:47:28	05:24:07	06:47:11	07:41:08	07:51:19	11:15:17	11:28:38	12:43:05	14:34:43.30	14:34:48.45	+05:22:45 (36.9%)	10:24	5.8 (63.7%)
69	ŻYCIŃSKI Paweł	267	BADBULL RUNNING TEAM	M 45+	19	01:49:34	03:35:02	03:48:46	05:17:33	06:30:04	07:21:48	07:34:39	11:11:37	11:19:30	12:29:33	14:38:23.30	14:38:51.35	+05:26:48 (37.2%)	10:27	5.7 (62.6%)
70	KURKOWSKI Lukasz	301		M 33-44	33	01:58:06	03:39:43	03:59:19	05:26:30	06:49:44	07:43:21	08:13:58	11:40:38	12:03:59	13:10:36	14:44:47.75	14:45:23.60	+05:33:21 (37.7%)	10:32	5.7 (62.6%)
71	PIETROŃ Błażej	246		M 32	9	01:40:46	03:12:27	03:23:15	04:45:22	06:08:51	07:04:18	07:28:19	11:02:48	11:23:23	12:41:42	14:48:35.00	14:48:52.85	+05:36:50 (37.9%)	10:34	5.7 (62.6%)
72	SALIK Stanisław	308	SOLNE MIASTO	M 33-44	34	01:45:12	03:29:59	03:43:58	05:18:01	06:43:36	07:44:02	08:29:00	11:51:27	12:03:54	13:15:46	14:49:10.25	14:49:39.65	+05:37:37 (37.9%)	10:35	5.7 (62.6%)
73	ZYGMUNT Paweł	230		M 45+	20	01:51:42	03:52:21	04:06:48	05:41:53	07:04:55	08:05:43	08:20:58	11:40:03	11:51:05	13:03:53	14:50:33.40	14:50:47.85	+05:38:45 (38.0%)	10:36	5.7 (62.6%)
74	WAWROWSKI Mariusz	323	VINCIWAY	M 45+	21	01:50:47	03:33:50	03:48:56	05:14:30	06:30:39	07:33:55	07:56:24	11:22:18	11:35:56	12:46:46	14:50:22.30	14:50:51.20	+05:38:48 (38.0%)	10:35	5.7 (62.6%)
75	SEMSCH Artur	232	KS PIDRINA	M 45+	22	01:39:53	03:25:35	03:38:22	05:18:14	06:32:32	07:34:06	07:44:03	11:17:49	11:27:41	12:40:30	14:53:09.50	14:53:22.45	+05:41:19 (38.2%)	10:37	5.6 (61.5%)
76	MICKIEWICZ Adam	204	BAZALT-GRACZE	M 45+	23	01:52:09	03:41:13	03:52:18	05:30:36	06:50:52	07:51:57	08:09:02	11:42:26	11:51:00	13:03:40	14:54:16.30	14:54:50.70	+05:42:48 (38.3%)	10:38	5.6 (61.5%)
77	NAPIERAŁSKI Michał	257		M 33-44	35	01:51:42	03:38:47	03:50:54	05:23:52	06:47:33	07:44:09	08:00:24	11:33:46	11:37:25	12:56:08	14:56:35.40	14:57:10.65	+05:45:08 (38.5%)	10:40	5.6 (61.5%)
78	NAPIERAŁSKA Natalia	256		K 33-44	6	01:51:46	03:38:47	03:50:47	05:23:56	06:47:40	07:44:05	08:00:19	11:33:49	11:37:25	12:56:18	14:56:36.15	14:57:11.20	+05:45:08 (38.5%)	10:40	5.6 (61.5%)
79	BORAWSKI Krzysztof	297		M 32	10	01:51:02	03:41:13	03:56:01	05:26:31	06:43:12	07:40:40	07:53:54	11:32:18	11:42:00	12:52:40	14:57:30.80	14:57:52.30	+05:45:49 (38.5%)	10:41	5.6 (61.5%)
80	SOPEL Wiesław	283	AKADEMIA SPORTU LUBACZÓW	M 45+	24	01:58:02	03:52:05	04:06:39	05:41:49	07:04:43	08:05:32	08:20:37	12:08:22	12:18:32	13:32:10	15:15:28.60	15:16:00.50	+06:03:58 (39.7%)	10:53	5.5 (60.4%)
81	RACIBORSKI Grzegorz	237	ASSECO ACTIVE TEAM	M 33-44	36	01:52:53	03:45:55	04:08:32	05:36:40	06:58:42	08:01:26	08:21:17	11:49:38	11:59:47	13:19:25	15:16:56.35	15:17:06.60	+06:05:04 (39.8%)	10:54	5.5 (60.4%)
82	PSZENNY Łukasz	310	ENERGIZE YOUR LIFE	M 32	11	01:52:59	03:41:50	04:03:30	05:26:44	06:47:48	07:43:29	08:14:05	11:40:43	12:06:47	13:20:37	15:16:43.00	15:17:14.25	+06:05:11 (39.8%)	10:54	5.5 (60.4%)
83	MACHYNIA Rafał	234	RUNONLINE.PL TEAM	M 32	12	01:55:02	04:04:02	04:20:28	05:54:44	07:11:56	08:08:27	08:17:56	11:59:03	12:07:33	13:27:37	15:17:43.10	15:18:02.45	+06:05:59 (39.9%)	10:55	5.5 (60.4%)
84	KOWALSKI Daniel	200	BIEGAJĄCY ŚWIDNIK	M 33-44	37	01:58:47	03:49:59	04:09:59	05:42:55	07:05:17	08:07:46	08:32:12	11:51:35	12:05:34	13:19:51	15:18:41.05	15:19:10.80	+06:07:08 (39.9%)	10:56	5.5 (60.4%)
85	WYSZYŃSKI Artur	292	LISKI	M 33-44	38	01:49:54	03:42:07	03:56:41	05:29:23	06:46:41	07:43:24	08:01:08	11:50:07	12:06:57	13:27:40	15:18:58.00	15:19:21.05	+06:07:18 (40.0%)	10:56	5.5 (60.4%)
86	FREJ Miłosz	245	LOS TREPOS COMPANIEROS	M 45+	25	01:52:37	03:45:28	03:59:11	05:38:30	07:05:26	08:08:28	08:16:45	12:08:36	12:15:18	13:33:34	15:27:31.25	15:27:45.75	+06:15:43 (40.5%)	11:02	5.4 (59.3%)
87	KOZAKOWSKI Marcin	298	MEDICOVER RUNNERS	M 33-44	39	01:51:01	03:30:05	03:49:53	05:27:13	06:45:14	07:44:00	08:16:18	11:46:35	12:06:09	13:23:00	15:30:30.90	15:30:39.85	+06:18:37 (40.7%)	11:04	5.4 (59.3%)
88	KACZMAREK Piotr	281	KACZMAREK TEAM	M 33-44	40	02:02:06	03:57:55	04:17:25	05:55:03	07:11:58	08:09:56	08:23:10	12:07:46	12:25:30	13:42:32	15:30:16.65	15:30:40.65	+06:18:38 (40.7%)	11:04	5.4 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rozwidlenie										Czas netto 84km	Czas brutto 84km	Różn	Tempo min/km	Tempo km/h
						Luban 12km	Prz_Knur 25km	Rozwidlenie 26km	Jaszczke 35km	Rozwidlenie 45km	Rzeki 1 47km	Rzeki 2 47.1km	Szczawa 1 67km	Szczawa 2 67.1km	Rozwidlenie 2 73km					
89	ŁUBIŃSKI Wojciech	293		M 33-44	41	02:08:36	04:02:17	04:12:50	05:52:53	07:20:46	08:23:12	08:29:33	12:20:44	12:24:50	13:42:17	15:39:10.95	15:39:46.20	+06:27:43 (41.3%)	11:10	5.4 (59.3%)
90	GNIADKOWSKI Paweł	203	ODJECHANI.COM	M 33-44	42	01:55:11	03:54:40	04:10:48	05:55:53	07:17:19	08:21:58	08:28:21	12:18:25	12:24:39	13:42:01	15:47:08.65	15:47:33.70	+06:35:31 (41.7%)	11:16	5.3 (58.2%)
91	BAŁAGA Marcin	275	KTO DOGONI PSA?	M 45+	26	02:04:23	04:06:23	04:23:05	06:04:47	07:31:14	08:34:23	08:44:35	12:32:39	12:46:53	14:03:24	15:54:36.10	15:55:00.60	+06:42:58 (42.2%)	11:21	5.3 (58.2%)
Przekroczony limit czasu: 16:00:00																				
92	- -	263		M 45+	27	01:52:34	03:46:27	04:09:48	05:54:59	07:27:44	08:34:05	09:07:49	12:50:24	13:09:00	14:21:41	16:05:00.35	16:05:15.20	+06:53:12 (42.8%)	11:29	5.2 (57.1%)
93	SŁAWIŃSKI Patryk	262	TUPTUŚ OTWOCK	M 33-44	43	01:57:43	03:48:12	04:08:23	05:57:27	07:28:55	08:36:48	09:07:41	12:51:57	13:08:58	14:22:22	16:18:37.80	16:18:53.35	+07:06:50 (43.6%)	11:39	5.2 (57.1%)
94	RYBAK Aneta	286		K 33-44	7	02:01:26	03:59:32	04:16:54	05:54:04	07:19:03	08:23:54	08:35:42	12:32:32	12:43:25	14:05:40	16:21:01.90	16:21:22.20	+07:09:19 (43.7%)	11:40	5.1 (56.0%)
95	MACKIEWICZ Dorota	253	EAT RUN & FUN	K 45+	3	01:59:12	04:02:33	04:15:51	06:05:51	07:36:41	08:42:04	09:01:35	12:59:56	13:10:11	14:23:00	16:22:36.80	16:22:48.85	+07:10:46 (43.8%)	11:41	5.1 (56.0%)
96	KUCZEK Katarzyna	250	PGB SPORTOWA PACZKA	K 33-44	8	01:53:20	03:53:34	04:09:20	06:01:21	07:31:02	08:42:15	08:49:34	12:34:03	12:44:32	13:59:32	16:23:09.75	16:23:31.95	+07:11:29 (43.9%)	11:42	5.1 (56.0%)
97	BARNHART Michaela	284		K 32	4	02:02:15		04:21:44	06:11:36	07:37:13	08:40:38	08:57:16	12:49:17		14:17:44	16:47:59.00	16:47:59.00	+07:35:56 (45.2%)	11:59	5 (54.9%)
	CIRKO Arkadiusz	260	MSPORTTEAM	M 33-44		01:33:55 DNF	03:08:55 DNF	03:21:37 DNF	04:44:21 DNF	05:58:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ŻAK Oliwia	261	PIASECZNO RUNNING	K 33-44		01:59:40 DNF	04:03:21 DNF	04:17:54 DNF	06:05:29 DNF	07:31:28 DNF	08:37:30 DNF	08:44:46 DNF	13:25:08 DNF	13:33:29 DNF	DNF	DNF	DNF		-	- (0.0%)
	MĘCZKOWSKI Bartek	244		M 32		01:46:25 DNF	03:24:53 DNF	03:44:31 DNF	05:23:57 DNF	06:47:17 DNF	08:00:36 DNF	08:23:46 DNF	12:10:10 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MATUSZAK Piotr	269		M 45+		01:49:59 DNF	03:41:25 DNF	03:51:18 DNF	05:28:34 DNF	06:50:24 DNF	08:08:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	OBARZANOWSKI Michał	289		M 33-44		01:53:43 DNF	03:47:58 DNF	04:02:55 DNF	05:44:56 DNF	07:05:25 DNF	08:25:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ZANIEWSKI Karol	294	BIEGAM, BO CHCĘ BYĆ TRZEŻWY !!!	M 33-44		01:55:13 DNF	03:51:36 DNF	04:03:21 DNF	05:58:07 DNF	07:25:55 DNF	08:42:09 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	STEFANOWSKI Edward	233	PCC RUNNING SQUAD	M 33-44		02:21:14 DNF	04:55:36 DNF	05:09:40 DNF	07:05:09 DNF	08:45:59 DNF	10:15:01 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	STAJSZCZYK Kasia	227		K 33-44		01:58:01 DNF	03:54:06 DNF	04:08:07 DNF	06:10:51 DNF	07:52:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KARWAT Robert	270	MAGNETI MARELLI	M 33-44		02:03:18 DNF	04:08:17 DNF	04:30:22 DNF	07:03:36 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SKOCZYLAS Jerzy	259	WKURW_TEAM	M 33-44		01:45:59 DNF	03:38:00 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ANTONIO PIĄTEK Romano	248	PGB SPORTOWA PACZKA	M 45+		02:14:05 DNF	03:59:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ANIOŁ Paweł	216	WKURW_TEAM	M 32		02:27:17 DNF	04:59:19 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KOSIŃSKI Andrzej	320		M 45+		02:22:49 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PARYSZ Anna	236	STARE BABICE BIEGAJĄ	K 45+		DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 111 wynik(ów)