



## GÓRSKI NORDIC WALKING 5KM

B4SPORT

**Organiser:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Date:** 2015-08-29  
**Place:** Koszalin  
**Distance:** 5 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	KĘPA Andrzej	194	SKI FAMILY TEAM	M-6	1	00:07:09	00:40:53	00:48:02		8:10	7.3 (100%)
2	SZUDARSKI Edward	202	DWA KIJE SŁUPSK	M-5	1	00:07:09	00:41:38	00:48:47	+00:00:45 (1.8%)	8:19	7.2 (98.6%)
3	SOBOLEWSKI Marek	232		M-4	1	00:07:10	00:42:19	00:49:29	+00:01:26 (3.4%)	8:27	7.1 (97.3%)
4	WILKOŁEK-SZUDARSKA Saturnina	200	DWA KIJE SŁUPSK	K Niepełnosprawni	1	00:07:08	00:43:22	00:50:30	+00:02:29 (5.7%)	8:40	6.9 (94.5%)
5	SZUDARSKI Marek	201	DWA KIJE SŁUPSK	M Niepełnosprawni	1	00:07:09	00:44:48	00:51:57	+00:03:55 (8.7%)	8:57	6.7 (91.8%)
6	KURZYŃSKA Natalia	227		K-3	1	00:07:09	00:45:13	00:52:22	+00:04:20 (9.6%)	9:02	6.6 (90.4%)
7	KABACIŃSKI Maciej	195	FACE NORDIC WALKING TEAM	M-4	2	00:07:10	00:46:24	00:53:34	+00:05:31 (11.9%)	9:16	6.5 (89.0%)
8	PAWLIKOWSKI Dariusz	231		M-5	2	00:07:10	00:46:51	00:54:01	+00:05:58 (12.7%)	9:22	6.4 (87.7%)
9	PEŁKA Iwona	223		K-4	1	00:07:10	00:47:10	00:54:20	+00:06:17 (13.3%)	9:26	6.4 (87.7%)
10	GÓRNIAK Julia	197		K-1	1	00:07:11	00:48:14	00:55:25	+00:07:21 (15.2%)	9:38	6.2 (84.9%)
11	WALO Zbigniew	224		M Niepełnosprawni	2	00:07:09	00:49:47	00:56:56	+00:08:54 (17.9%)	9:57	6 (82.2%)
12	MAKOWSKA Danuta	230		K-4	2	00:07:11	00:50:00	00:57:11	+00:09:07 (18.2%)	10:00	6 (82.2%)
13	BARTNIK Marian	229		M-7	1	00:07:09	00:50:48	00:57:57	+00:09:55 (19.5%)	10:09	5.9 (80.8%)
14	KUPER Justyna	198		K-3	2	00:07:10	00:55:17	01:02:27	+00:14:24 (26.0%)	11:03	5.4 (74.0%)
15	KUPER Mariusz	196		M-3	1	00:07:11	00:55:24	01:02:35	+00:14:31 (26.2%)	11:04	5.4 (74.0%)
16	LESZCZYŃSKA Alicja	199		K-6	1	00:07:12	00:56:00	01:03:12	+00:15:07 (27.0%)	11:12	5.4 (74.0%)
17	MAZUREK Hanna	226	BABECZKI KOSZALIN	K-Dzieci	1	00:07:09	01:06:29	01:13:38	+00:25:36 (38.5%)	13:17	4.5 (61.6%)
18	VON BARDELEN Tarryn	225		K-Dzieci	2	00:07:10	01:06:30	01:13:40	+00:25:37 (38.5%)	13:18	4.5 (61.6%)
19	PAWLOS Małgorzata	228		K-5	1	00:07:11					(0.0%)

Total 19 results.