

Wydarzenie: Górski Runmageddon Lesko
Organizator: Extreme Events, Runmageddon
Data: 2020-10-24
Miejsce: Lesko
Dystans: 42 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	P1 7km	P2 16km	P3 21km	P4 28km	P5 37km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
1	BRZOSKWINIA Wojciech	54	TEAM ŚWINIA	Elite Mężczyzn	1	07:00	00:45:40	01:45:33	02:28:04	03:21:46	04:33:53	05:24:45.85	05:24:45.85		7:43	7.8 (100%)
2	KRAWIECKI Mateusz	45	RUNMAGEDDON	Elite Mężczyzn	2	07:00	00:45:50	01:47:32	02:32:37	03:29:11	04:47:23	05:35:21.30	05:35:21.30	+00:10:35 (3.2%)	7:59	7.5 (96.2%)
3	KLONOWSKI Kamil	7	CARBON SILESIA SPORT	Elite Mężczyzn	3	07:00	00:48:50	01:54:03	02:39:05	03:34:14	04:48:59	05:37:56.55	05:37:56.55	+00:13:10 (3.9%)	8:02	7.5 (96.2%)
4	DZIÓBEK Lech	5	BIEGUN OCR TEAM	Elite Mężczyzn	4	07:00	00:47:07	01:53:15	02:40:14	03:35:54	04:53:25	05:44:27.25	05:44:27.25	+00:19:41 (5.7%)	8:12	7.3 (93.6%)
5	MACHULEC Sebastian	130		Open Mężczyzn	1	07:20	00:56:12	02:16:54	03:05:43	04:07:09	04:55:18	05:46:15.05	05:46:15.05	+00:21:29 (6.2%)	8:14	7.3 (93.6%)
6	ZIELIŃSKI Tomasz	58	TEAM ŚWINIA	Elite Mężczyzn	5	07:00	00:47:21	01:53:34	02:39:30	03:37:37	05:02:23	05:54:35.05	05:54:35.05	+00:29:49 (8.4%)	8:26	7.1 (91.0%)
7	LORENC Łukasz	22		Elite Masters Mężczyzn	1	07:00	00:49:28	01:56:38	02:45:27	03:44:53	05:07:29	06:04:16.70	06:04:16.70	+00:39:30 (10.8%)	8:40	6.9 (88.5%)
8	JAKUBCZAK Marcin	1	BEST BEASTS	Elite Masters Mężczyzn	2	07:00	00:50:03	01:56:51	02:47:41	03:50:04	05:14:07	06:13:25.80	06:13:25.80	+00:48:39 (13.0%)	8:53	6.7 (85.9%)
9	CHROBOT Kamil	162		Open Mężczyzn	2	07:30	00:48:36	02:00:01	02:48:44	03:52:00	05:19:15	06:13:45.80	06:13:45.80	+00:48:59 (13.1%)	8:53	6.7 (85.9%)
10	DOMAŃSKI Krystian	69		Elite Mężczyzn	6	07:00	00:48:03	01:54:25	02:43:39	03:50:37	05:20:37	06:14:47.35	06:14:47.35	+00:50:01 (13.3%)	8:55	6.7 (85.9%)
11	STANCLIK Krzysztof	10	CARBON SILESIA SPORT	Elite Mężczyzn	7	07:00	00:50:50	02:01:43	02:50:46	03:56:54	05:23:07	06:15:57.40	06:15:57.40	+00:51:11 (13.6%)	8:57	6.7 (85.9%)
12	FILIP Bartosz	50	SOCIOS SILESIA	Elite Mężczyzn	8	07:00	00:47:11	01:53:56	02:42:27	03:54:26	05:33:15	06:30:48.00	06:30:48.00	+01:06:02 (16.9%)	9:18	6.4 (82.1%)
13	JANUSZEWSKI Andrzej	72		Elite Mężczyzn	9	07:00	00:53:48	02:15:55	03:12:00	04:19:05	05:46:43	06:41:29.45	06:41:29.45	+01:16:43 (19.1%)	9:33	6.3 (80.8%)
14	MAZUR Damian	52	SOCIOS SILESIA	Elite Mężczyzn	10	07:00	00:54:58	02:09:56	03:04:58	04:17:23	05:45:34	06:48:45.50	06:48:45.50	+01:23:59 (20.5%)	9:43	6.2 (79.5%)
15	KUBIESA Jakub	9	CARBON SILESIA SPORT	Elite Mężczyzn	11	07:00	00:55:56	02:12:46	03:08:34	04:21:47	05:56:13	06:54:09.20	06:54:09.20	+01:29:23 (21.6%)	9:51	6.1 (78.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria						Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							P1 7km	P2 16km	P3 21km	P4 28km	P5 37km	42km	42km			
16	BURBUL Przemysław	44	PRZEMO_FIZJOOCR	Elite Mężczyzn	12	07:00	00:54:43	02:07:38	03:01:40	04:08:34	05:46:01	06:56:09.30	06:56:09.30	+01:31:23 (22.0%)	9:54	6.1 (78.2%)
17	GAWRYLUK Marcin	70		Elite Mężczyzn	13	07:00	00:53:23	02:11:17	03:05:38	04:17:17	05:57:58	07:04:45.55	07:04:45.55	+01:39:59 (23.5%)	10:06	5.9 (75.6%)
18	KARBOWSKI Sławomir	35	NEXTREME	Elite Mężczyzn	14	07:00	00:56:14	02:13:48	03:07:35	04:24:13	06:04:17	07:07:38.55	07:07:38.55	+01:42:52 (24.1%)	10:10	5.9 (75.6%)
19	BEDNÁŘ Richard	159		Open Mężczyzn	3	07:30	00:48:55	02:09:13	03:08:17	04:22:07	06:05:37	07:08:52.80	07:08:52.80	+01:44:06 (24.3%)	10:12	5.9 (75.6%)
20	MOSKWA Piotr	147	HUSARIA RACE TEAM	Open Masters Mężczyzn	1	07:30	00:53:12	02:14:17	03:17:49	04:33:51	06:09:36	07:13:40.90	07:13:40.90	+01:48:55 (25.1%)	10:19	5.8 (74.4%)
21	KARCZEWSKI Piotr	2	BEST BEASTS	Elite Mężczyzn	15	07:00	01:00:22	02:21:34	03:18:53	04:33:18	06:15:08	07:16:38.40	07:16:38.40	+01:51:52 (25.6%)	10:23	5.8 (74.4%)
22	SKRZECZYŃSKI Sławomir	25	HEJ, JAK TA SARNA!	Elite Masters Mężczyzn	3	07:00	00:56:34	02:16:22	03:15:39	04:31:11	06:19:02	07:24:36.05	07:24:36.05	+01:59:50 (27.0%)	10:35	5.7 (73.1%)
23	KOT Krzysztof	171		Open Masters Mężczyzn	2	07:30	00:57:00	02:23:10	03:26:42	04:42:59	06:20:32	07:25:40.75	07:25:40.75	+02:00:54 (27.1%)	10:36	5.7 (73.1%)
24	MORAWSKI Grzegorz	32	KONIUCHY OCR	Elite Mężczyzn	16	07:00	00:55:57	02:17:31	03:17:44	04:36:35	06:22:22	07:28:01.30	07:28:01.30	+02:03:15 (27.5%)	10:40	5.6 (71.8%)
25	WAŚ Łukasz	187		Open Mężczyzn	4	07:30	00:54:05	02:21:53	03:28:35	04:43:40	06:23:28	07:37:48.00	07:37:48.00	+02:13:02 (29.1%)	10:54	5.5 (70.5%)
26	OLEŚ Rafał	31	KONIU SQUAD	Elite Mężczyzn	17	07:00	00:56:13	02:22:55	03:17:38	04:49:59	06:37:15	07:46:16.00	07:46:16.00	+02:21:30 (30.3%)	11:06	5.4 (69.2%)
27	TROJANOWSKI Artur	105	BIEGOWE DZIKI OCR	Open Mężczyzn	5	07:20	00:53:00	02:26:29	03:31:39	04:51:02	06:41:43	07:51:58.50	07:51:58.50	+02:27:12 (31.2%)	11:14	5.3 (67.9%)
28	HUDASZEK Zbigniew	16	DRAGON RUNNERS	Elite Mężczyzn	18	07:00	01:00:49	02:27:17	03:42:10	05:07:26	06:51:43	07:56:04.40	07:56:04.40	+02:31:18 (31.8%)	11:20	5.3 (67.9%)
29	JÓŻWICKI Karol	41	OUTDOOR TRAINING	Elite Mężczyzn	19	07:00	01:00:38	02:28:45	03:32:41	05:02:39	06:51:19	07:56:50.20	07:56:50.20	+02:32:04 (31.9%)	11:21	5.3 (67.9%)
30	MĘDRYKOWSKI Damian	57	TEAM ŚWINIA	Elite Mężczyzn	20	07:00	00:57:43	02:26:45	03:25:29	04:47:16	06:50:10	08:02:22.95	08:02:22.95	+02:37:37 (32.7%)	11:29	5.2 (66.7%)
31	KOGUT Karol	129		Open Mężczyzn	6	07:20	00:58:26	02:25:09	03:26:01	04:51:42	06:57:42	08:06:16.40	08:06:16.40	+02:41:30 (33.2%)	11:34	5.2 (66.7%)
32	SPRAWKA Marta	80	DZIKISQUAD	Elite Kobiet	1	07:10	01:05:28	02:40:23	03:45:12	05:06:20	06:57:56	08:10:37.40	08:10:37.40	+02:45:51 (33.8%)	11:40	5.1 (65.4%)
33	PIĘTA Łukasz	118	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	7	07:20	01:02:02	02:32:44	03:37:46	05:09:30	07:05:20	08:14:56.25	08:14:56.25	+02:50:10 (34.4%)	11:47	5.1 (65.4%)
34	RYCHLEWSKI Wojciech	77		Elite Mężczyzn	21	07:00	01:04:50	02:45:04	03:52:38	05:16:32	07:08:01	08:16:37.40	08:16:37.40	+02:51:51 (34.6%)	11:49	5.1 (65.4%)
35	MUSIAŁ Krzysztof	33	LOTAMS TEAM	Open Mężczyzn	8	07:00	00:57:13	02:25:37	03:28:01	04:59:24	07:07:00	08:17:38.00	08:17:38.00	+02:52:52 (34.7%)	11:50	5.1 (65.4%)
36	MIELCARZ Tomasz	104	BIEGOWE DZIKI OCR	Open Mężczyzn	9	07:20	01:00:19	02:39:17	03:44:52	05:04:50	07:03:13	08:19:26.70	08:19:26.70	+02:54:40 (35.0%)	11:53	5 (64.1%)
37	GRZECH Mateusz	4	BESTIE OCR LEGIONOWO	Elite Mężczyzn	22	07:00	00:57:44	02:23:07	03:29:28			08:22:46.00	08:22:46.00	+02:58:00 (35.4%)	11:58	5 (64.1%)

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							P1 7km	P2 16km	P3 21km	P4 28km	P5 37km	42km	42km			
38	PRZEPIÓRA Przemysław	135		Open Mężczyzn	10	07:20	00:59:41	02:37:03	03:44:04	05:09:06	07:08:20	08:24:51.70	08:24:51.70	+03:00:05 (35.7%)	12:01	5 (64.1%)
39	KURAN Halina	86	WATAHA	Elite Kobiet	2	07:10	01:13:58	02:50:25	04:00:00	05:25:33	07:09:17	08:25:53.70	08:25:53.70	+03:01:07 (35.8%)	12:02	5 (64.1%)
40	MACIEJEWSKI Łukasz	51	SOCIOS SILESIA	Elite Mężczyzn	23	07:00	01:00:27	02:28:40	03:34:18	05:09:34	07:11:08	08:28:27.65	08:28:27.65	+03:03:41 (36.1%)	12:06	5 (64.1%)
41	MICHALSKI Dawid	27	I NEVER TURN BACK	Elite Mężczyzn	24	07:00	01:06:14	02:36:00	03:40:59	05:03:42	07:14:44	08:28:53.70	08:28:53.70	+03:04:07 (36.2%)	12:06	5 (64.1%)
42	STAROSZYŃSKI Dawid	182		Open Mężczyzn	11	07:30	00:57:28	02:27:55	03:30:54	04:51:30	06:51:54	08:30:16.40	08:30:16.40	+03:05:30 (36.4%)	12:08	4.9 (62.8%)
43	WIŚNIEWSKI Michał	3	BEST BEASTS	Elite Mężczyzn	25	07:00	01:02:06	02:32:10	03:40:12	05:08:12	07:03:51	08:31:28.65	08:31:28.65	+03:06:42 (36.5%)	12:10	4.9 (62.8%)
44	ŻUREK Michał	39	OCR TEAM BYDLAKI	Elite Mężczyzn	26	07:00	00:50:52	02:07:16	03:07:38	04:23:00	07:07:48	08:36:49.80	08:36:49.80	+03:12:03 (37.2%)	12:18	4.9 (62.8%)
45	JANOSZ Rafał	146	FUNKY GYM TEAM	Open Mężczyzn	12	07:30	01:03:15	02:40:06	03:45:27	05:22:05	07:24:01	08:40:51.95	08:40:51.95	+03:16:06 (37.6%)	12:24	4.8 (61.5%)
46	OGIŃSKI Szymon	23	GLADIATORS BY RMF4RT	Elite Mężczyzn	27	07:00	01:09:59	02:52:39	03:59:54	05:29:11	07:26:39	08:40:52.50	08:40:52.50	+03:16:06 (37.7%)	12:24	4.8 (61.5%)
47	KULAGA Peter	17	DRAGON RUNNERS	Elite Mężczyzn	28	07:00	01:02:05	02:32:41	03:39:10	04:59:53	07:08:12	08:41:08.30	08:41:08.30	+03:16:22 (37.7%)	12:24	4.8 (61.5%)
48	HANKUS Tomasz	152	STUDIO GTS KATOWICE	Open Mężczyzn	13	07:30	01:03:16	02:40:06	03:45:27	05:22:08	07:24:06	08:41:25.10	08:41:25.10	+03:16:39 (37.7%)	12:24	4.8 (61.5%)
49	WOJCIECHOWSKI Adam	188		Open Mężczyzn	14	07:30	01:03:28	02:43:05	03:45:52	05:22:15	07:24:03	08:41:31.40	08:41:31.40	+03:16:45 (37.7%)	12:25	4.8 (61.5%)
50	DRAŻKOWSKI Piotr	163		Open Masters Mężczyzn	3	07:30	01:04:15	02:40:06	03:45:54	05:22:08	07:24:05	08:41:42.70	08:41:42.70	+03:16:56 (37.8%)	12:25	4.8 (61.5%)
51	KOWALCZYK Piotr	150	POSITIVE FREAKS TEAM	Open Mężczyzn	15	07:30	01:01:05	02:40:44	03:49:46	05:22:14	07:24:06	08:41:43.00	08:41:43.00	+03:16:57 (37.8%)	12:25	4.8 (61.5%)
52	JEZIORSKI Paweł	21	GLADIATORS BY RMF4RT	Elite Mężczyzn	29	07:00	01:00:56	02:30:56	03:45:58	05:22:58	07:20:23	08:42:07.15	08:42:07.15	+03:17:21 (37.8%)	12:25	4.8 (61.5%)
53	CIESLAK Ryszard	13	DENISTEAM	Elite Masters Mężczyzn	4	07:00	01:03:15	02:39:59	03:49:21	05:19:20	07:26:03	08:44:03.20	08:44:03.20	+03:19:17 (38.0%)	12:28	4.8 (61.5%)
54	NOWAK Marcin	75		Elite Mężczyzn	30	07:00	01:05:05	02:51:36	03:55:14	05:15:15	07:33:13	08:44:34.90	08:44:34.90	+03:19:49 (38.1%)	12:29	4.8 (61.5%)
55	IRZYK Robert	166		Open Mężczyzn	16	07:30	01:03:46	02:51:41	04:03:19	05:28:43	07:28:18	08:44:59.00	08:44:59.00	+03:20:13 (38.1%)	12:29	4.8 (61.5%)
56	SIEJA Sebastian	181		Open Mężczyzn	17	07:30	01:03:45	02:45:18	04:02:55	05:27:44	07:28:13	08:46:39.20	08:46:39.20	+03:21:53 (38.3%)	12:32	4.8 (61.5%)
57	KOZIOŁ Kamil	8	CARBON SILESIA SPORT	Elite Mężczyzn	31	07:00	00:58:50	02:50:47	03:50:16	05:14:25	07:41:46	08:48:18.15	08:48:18.15	+03:23:32 (38.5%)	12:34	4.8 (61.5%)
58	BUCZKOWSKI Krzysztof	161		Open Mężczyzn	18	07:30	01:04:58	02:45:11	03:56:47	05:32:37	07:33:22	08:51:53.20	08:51:53.20	+03:27:07 (38.9%)	12:39	4.7 (60.3%)
59	ŻYŁA Arkadiusz	111	GLADIATORS BY RMF4RT	Open Mężczyzn	19	07:20	01:06:40	02:50:42	04:08:49	05:41:32	07:42:42	08:57:24.70	08:57:24.70	+03:32:38 (39.6%)	12:47	4.7 (60.3%)

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							7km	16km	21km	28km	37km	42km	42km			
60	CHAIEB Sebastian	55	TEAM ŚWINIA	Elite Mężczyzn	32	07:00	01:08:41	02:49:58	03:58:32	05:29:56	07:39:08	09:01:11.90	09:01:11.90	+03:36:26 (40.0%)	12:53	4.7 (60.3%)
61	JAHNS Adam	56	TEAM ŚWINIA	Elite Mężczyzn	33	07:00	01:08:41	02:49:58	03:58:32	05:30:01	07:39:08	09:01:31.70	09:01:31.70	+03:36:45 (40.0%)	12:53	4.7 (60.3%)
62	GRUNDKOWSKI Oskar	123		Open Mężczyzn	20	07:20	01:05:12	02:45:51	03:56:39	05:32:32	07:38:15	09:01:33.50	09:01:33.50	+03:36:47 (40.0%)	12:53	4.7 (60.3%)
63	JANKOWSKI Remik	167		Open Masters Mężczyzn	4	07:30	01:01:11	02:41:34	03:51:54	05:28:56	07:31:51	09:01:46.15	09:01:46.15	+03:37:00 (40.1%)	12:53	4.7 (60.3%)
64	KAMUDA Albina	170		Open Masters Kobiet	1	07:30	01:11:26	03:00:59	04:15:34	05:58:49	07:56:15	09:05:39.25	09:05:39.25	+03:40:53 (40.5%)	12:59	4.6 (59.0%)
65	GROCHOT Magdalena	149	KONIU SQUAD	Open Kobiet	1	07:30	01:11:23	03:00:57	04:15:34	05:58:50	07:56:16	09:07:03.00	09:07:03.00	+03:42:17 (40.6%)	13:01	4.6 (59.0%)
66	VÁVRA Rudolf	186		Open Masters Mężczyzn	5	07:30	01:14:09	03:01:37	04:19:40	05:50:16	07:55:06	09:07:09.00	09:07:09.00	+03:42:23 (40.6%)	13:01	4.6 (59.0%)
67	GAGON Denis	14	DENISTEAM	Elite Mężczyzn	34	07:00	01:05:54	02:59:28	04:33:39	06:05:50	07:52:34	09:08:07.20	09:08:07.20	+03:43:21 (40.7%)	13:03	4.6 (59.0%)
68	MŁYNARCZYK Tatiana	133		Open Kobiet	2	07:20	01:19:23	03:04:25	04:19:13	05:53:28	07:57:32	09:08:48.45	09:08:48.45	+03:44:02 (40.8%)	13:04	4.6 (59.0%)
69	NIKIEL Dariusz	15	DIRTY SPARROWS	Elite Mężczyzn	35	07:00	01:11:10	02:54:12	04:04:18	05:46:55	07:53:42	09:09:45.35	09:09:45.35	+03:44:59 (40.9%)	13:05	4.6 (59.0%)
70	ZIMIŃSKI Paweł	24	GLADIATORS BY RMF4RT	Elite Mężczyzn	36	07:00	01:08:28	02:49:06	04:03:53	05:46:02	07:51:14	09:13:01.10	09:13:01.10	+03:48:15 (41.3%)	13:10	4.6 (59.0%)
71	ŠKRABAL Petr	139		Open Masters Mężczyzn	6	07:20	00:56:14	02:31:41	04:01:18	05:42:33	08:01:22	09:30:39.05	09:30:39.05	+04:05:53 (43.1%)	13:35	4.4 (56.4%)
72	WUCZKO Dariusz	189		Open Mężczyzn	21	07:30	01:10:50	03:00:59	04:16:15	06:01:22	08:08:32	09:31:36.05	09:31:36.05	+04:06:50 (43.2%)	13:36	4.4 (56.4%)
73	PIOTROWSKI Sławomir	177		Open Mężczyzn	22	07:30	01:11:08	03:00:58	04:15:03	06:01:10	08:08:34	09:32:04.85	09:32:04.85	+04:07:19 (43.2%)	13:37	4.4 (56.4%)
74	AKERMAN Błażej	153	TURBO DZIKI NA MEFEDRONIE.	Open Mężczyzn	23	07:30	01:11:09	03:00:58	04:16:02	06:01:12	08:08:35	09:32:13.00	09:32:13.00	+04:07:27 (43.2%)	13:37	4.4 (56.4%)
75	SĄCZAWA Filip	179		Open Mężczyzn	24	07:30	01:10:52	03:01:00	04:15:14	06:02:35	08:08:36	09:32:15.50	09:32:15.50	+04:07:29 (43.2%)	13:37	4.4 (56.4%)
76	ŚLEDŹ Rafał	140		Open Mężczyzn	25	07:20	01:11:49	03:03:55	04:23:39	05:59:02	08:19:51	09:32:29.15	09:32:29.15	+04:07:43 (43.3%)	13:37	4.4 (56.4%)
77	MORELOWSKA Maria	175		Open Masters Kobiet	2	07:30	01:16:29	03:09:16	04:23:46	06:03:14	08:15:28	09:33:08.30	09:33:08.30	+04:08:22 (43.3%)	13:38	4.4 (56.4%)
78	SUCHOCKA Monika	183		Open Kobiet	3	07:30	01:16:29	03:09:13	04:23:47	06:03:12	08:15:26	09:33:08.45	09:33:08.45	+04:08:22 (43.3%)	13:38	4.4 (56.4%)
79	MALEŃCZYK Sylwester	132		Open Masters Mężczyzn	7	07:20	01:07:41	02:51:10	04:07:32	05:52:02	07:57:37	09:35:01.95	09:35:01.95	+04:10:16 (43.5%)	13:41	4.4 (56.4%)
80	TRĘDA Cezary	148	JANUSZE BŁOTNYCH BIEGÓW	Open Mężczyzn	26	07:20	01:08:11	02:50:43	04:08:43	05:48:11	08:01:20	09:35:33.60	09:35:33.60	+04:10:47 (43.6%)	13:42	4.4 (56.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	P1	P2	P3	P4	P5	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							7km	16km	21km	28km	37km	42km	42km			
81	SIMON Adam	26	HUSARIA RACE TEAM	Elite Mężczyzn	37	07:00	01:07:37	02:58:24	04:17:17	05:48:07	08:06:34	09:35:56.95	09:35:56.95	+04:11:11 (43.6%)	13:42	4.4 (56.4%)
82	MOKSIK Jan	18	FIT & MORE RYBNIK	Elite Masters Mężczyzn	5	07:00	01:07:37	02:51:42	04:04:48	05:42:11	08:06:29	09:36:02.10	09:36:02.10	+04:11:16 (43.6%)	13:42	4.4 (56.4%)
83	CHABIELSKI Marek	67		Elite Mężczyzn	38	07:00	01:09:25	02:49:56	03:56:33	05:35:28	08:13:20	09:36:14.20	09:36:14.20	+04:11:28 (43.6%)	13:43	4.4 (56.4%)
84	CZUBASZEWSKI Kamil	117	PZU SPORT TEAM	Open Mężczyzn	27	07:20	01:13:51	02:54:21	04:06:42	05:47:09	08:05:04	09:36:35.05	09:36:35.05	+04:11:49 (43.7%)	13:43	4.4 (56.4%)
85	DUK Marcin	120		Open Mężczyzn	28	07:20	01:03:41	02:45:04	04:06:04	05:44:07	08:05:04	09:36:42.80	09:36:42.80	+04:11:56 (43.7%)	13:43	4.4 (56.4%)
86	GRYMEK Dagmara	101	BEFIT24TEAM	Open Kobiet	4	07:20	01:09:25	03:04:04	04:29:59	06:09:20	08:16:56	09:39:04.10	09:39:04.10	+04:14:18 (43.9%)	13:47	4.4 (56.4%)
87	JOCHEMSKI Mikołaj	168		Open Mężczyzn	29	07:30	01:08:52	03:06:27	04:19:38	06:06:31	08:25:36	09:40:49.75	09:40:49.75	+04:16:03 (44.1%)	13:49	4.3 (55.1%)
88	GRZANECKI Marcin	165		Open Masters Mężczyzn	8	07:30	01:08:51	03:06:25	04:20:20	06:06:38	08:25:36	09:40:51.00	09:40:51.00	+04:16:05 (44.1%)	13:49	4.3 (55.1%)
89	BRUSIŁO Bartosz	62	UNITED RUNNERS	Elite Mężczyzn	39	07:00	01:08:13	03:01:57	04:14:50	05:39:10	07:50:15	09:40:53.20	09:40:53.20	+04:16:07 (44.1%)	13:49	4.3 (55.1%)
90	WRZOSEK Patryk	106	CARBON SILESIA SPORT	Open Mężczyzn	30	07:20	01:11:22	03:03:23	04:25:21	06:06:13	08:18:59	09:41:59.40	09:41:59.40	+04:17:13 (44.2%)	13:51	4.3 (55.1%)
91	SCHMIDT Paweł	103	BEFIT24TEAM	Open Masters Mężczyzn	9	07:20	01:09:25	03:04:09	04:22:21	06:12:31	08:17:13	09:43:21.00	09:43:21.00	+04:18:35 (44.3%)	13:53	4.3 (55.1%)
92	SZCZOTOK Wiktor	11	CARBON SILESIA SPORT	Elite Mężczyzn	40	07:00	01:07:59	02:49:56	04:23:02	05:58:11	08:19:56	09:43:56.25	09:43:56.25	+04:19:10 (44.4%)	13:54	4.3 (55.1%)
93	WEIS Michał	38	NIE W SZCZEPIONKĘ TEAM	Elite Mężczyzn	41	07:00	01:07:52	03:00:20	04:25:54	05:58:11	08:19:54	09:46:27.50	09:46:27.50	+04:21:41 (44.6%)	13:57	4.3 (55.1%)
94	ŚLĘZAK Michał	28	KADRA MOCNYCH WRAŻEŃ	Open Mężczyzn	31	07:00	01:08:30	02:59:37	04:30:16	06:46:23	08:35:51	09:49:58.75	09:49:58.75	+04:25:12 (45.0%)	14:02	4.3 (55.1%)
95	BUDA Mateusz	119		Open Mężczyzn	32	07:20	01:12:22	03:03:15	04:20:56	06:10:34	08:22:08	09:52:07.05	09:52:07.05	+04:27:21 (45.2%)	14:05	4.3 (55.1%)
96	BIEGALSKI Piotr	107	COHONES	Open Mężczyzn	33	07:20	01:09:54	02:58:44	04:20:29	06:05:28	08:16:41	09:52:12.35	09:52:12.35	+04:27:26 (45.2%)	14:06	4.3 (55.1%)
97	WÓJCIK Rafał	151	PSYCHIATRYK KOPERNIKA	Open Mężczyzn	34	07:30	01:08:55	02:59:49	04:33:14	06:12:01	08:22:56	09:57:23.95	09:57:23.95	+04:32:38 (45.6%)	14:13	4.2 (53.8%)
98	KLAWCZYŃSKI Karol	64	WF OCR TEAM KOSTRZYN NAD ODRĄ	Elite Mężczyzn	42	07:00	01:15:21	03:08:58	04:30:06	06:19:51	08:47:02	09:57:34.25	09:57:34.25	+04:32:48 (45.7%)	14:13	4.2 (53.8%)
99	DENHAM Justin	112	HUSARIA RACE TEAM	Open Mężczyzn	35	07:20	01:07:20	03:09:57	04:34:00	06:27:39	08:35:53	10:00:17.40	10:00:17.40	+04:35:31 (45.9%)	14:17	4.2 (53.8%)
100	OWCZAREK Adam	46	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	36	07:00	01:09:53	03:02:41	04:19:10	05:54:18	08:22:38	10:00:51.40	10:00:51.40	+04:36:05 (45.9%)	14:18	4.2 (53.8%)
101	BARAN Konrad	6	BRYGIERY OCR	Elite Mężczyzn	43	07:00	01:15:23	03:12:14	04:33:16	06:11:26	08:32:36	10:03:03.40	10:03:03.40	+04:38:17 (46.1%)	14:21	4.2 (53.8%)
102	BARAŃSKI Maciek	47	SKURCZYBYKI	Open Mężczyzn	37	07:00	01:05:20	02:50:34	04:05:07	06:04:23	08:41:05	10:03:06.60	10:03:06.60	+04:38:20 (46.2%)	14:21	4.2 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria						Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							P1 7km	P2 16km	P3 21km	P4 28km	P5 37km	42km	42km			
103	CYGANIK Magdalena	157	WYTRENOWANI	Open Kobiet	5	07:30	01:13:41	03:18:45	04:38:13	06:20:37	08:33:24	10:03:44.85	10:03:44.85	+04:38:59 (46.2%)	14:22	4.2 (53.8%)
104	ANTOSIK Igor	156	WYTRENOWANI	Open Mężczyzn	38	07:30	01:14:44	03:18:42	04:38:13	06:21:44	08:33:24	10:03:45.25	10:03:45.25	+04:38:59 (46.2%)	14:22	4.2 (53.8%)
105	JĘDRZEJCZAK Łukasz	125		Open Mężczyzn	39	07:20	01:14:32	03:18:31	04:37:19	06:13:16	08:33:50	10:08:09.55	10:08:09.55	+04:43:23 (46.6%)	14:28	4.1 (52.6%)
106	ŠANA Radek	180		Open Mężczyzn	40	07:30	01:11:57	03:10:09	04:37:57	06:20:58	08:39:42	10:08:45.40	10:08:45.40	+04:43:59 (46.7%)	14:29	4.1 (52.6%)
107	TKACZYK Michał	37	NIE W SZCZEPIONKĘ TEAM	Elite Mężczyzn	44	07:00	00:56:30	02:29:49	03:51:51	05:31:08	08:33:45	10:09:50.90	10:09:50.90	+04:45:05 (46.7%)	14:31	4.1 (52.6%)
108	MARKIEWICZ Arkadiusz	115	PIĘKNI I BESTIE	Open Masters Mężczyzn	10	07:20	01:16:04	03:06:23	04:24:52	06:25:36	08:36:48	10:10:05.50	10:10:05.50	+04:45:19 (46.8%)	14:31	4.1 (52.6%)
109	SKLEPOWICZ Jacek	138		Open Masters Mężczyzn	11	07:20	01:19:30	03:20:44	04:46:27	06:25:50	08:37:52	10:10:42.60	10:10:42.60	+04:45:56 (46.8%)	14:32	4.1 (52.6%)
110	NADOLNY Kamil	134		Open Mężczyzn	41	07:20	01:11:55	03:05:49	04:24:39	06:19:52	08:36:24	10:11:18.05	10:11:18.05	+04:46:32 (46.9%)	14:33	4.1 (52.6%)
111	MĄDRZYK Daniel	131		Open Mężczyzn	42	07:20	01:17:21	03:21:14	04:47:13	06:32:11	08:43:10	10:11:53.20	10:11:53.20	+04:47:07 (46.9%)	14:34	4.1 (52.6%)
112	SOJA Marcin	141		Open Mężczyzn	43	07:20	01:08:17	03:00:44	04:30:01	06:11:34	08:33:19	10:13:17.50	10:13:17.50	+04:48:31 (47.0%)	14:36	4.1 (52.6%)
113	GŁAZ Jacek	108	DZIADY OCR	Open Masters Mężczyzn	12	07:20	01:12:47	03:08:54	04:36:09	06:21:45	08:40:33	10:14:01.95	10:14:01.95	+04:49:16 (47.1%)	14:37	4.1 (52.6%)
114	PAWŁOWSKI Krzysztof	154	UNITED RUNNERS	Open Mężczyzn	44	07:30	01:13:34	03:13:48	04:39:41	06:17:16	08:42:16	10:14:41.95	10:14:41.95	+04:49:56 (47.2%)	14:38	4.1 (52.6%)
115	RAKOWSKI Przemysław	34	MELVIT TEAM	Elite Mężczyzn	45	07:00	01:04:49	02:45:05	03:52:37	05:15:32	09:00:23	10:15:41.70	10:15:41.70	+04:50:55 (47.3%)	14:39	4.1 (52.6%)
116	JÓZEFOWSKI Tobiasz	116	PUSTAKI	Open Mężczyzn	45	07:20	01:09:30	02:52:33	03:58:41	05:35:02	08:32:38	10:16:23.75	10:16:23.75	+04:51:37 (47.3%)	14:40	4.1 (52.6%)
117	DĄBEK Adrian	68		Elite Mężczyzn	46	07:00	01:03:25	03:16:08	04:23:33	06:08:08	08:40:53	10:18:18.65	10:18:18.65	+04:53:32 (47.5%)	14:43	4.1 (52.6%)
118	KANCIRUK Paweł	128		Open Mężczyzn	46	07:20	01:15:16	03:13:55	04:36:23	06:31:48	08:45:08	10:21:36.55	10:21:36.55	+04:56:50 (47.8%)	14:48	4.1 (52.6%)
119	KOWALIK Karol	74		Open Mężczyzn	47	07:00	01:15:23	03:37:09	04:48:26	06:20:41	08:46:59	10:23:13.55	10:23:13.55	+04:58:27 (47.9%)	14:50	4 (51.3%)
120	TRYBUŚ Kamil	184		Open Mężczyzn	48	07:30	01:19:10	03:14:33	04:39:01	06:27:27	08:53:32	10:24:39.45	10:24:39.45	+04:59:53 (48.0%)	14:52	4 (51.3%)
121	WNOROWSKA Magdalena	144		Open Masters Kobiet	3	07:20	01:19:22	03:23:03	04:50:11	06:32:49	08:51:44	10:24:52.65	10:24:52.65	+05:00:06 (48.0%)	14:52	4 (51.3%)
122	OSIK Grzegorz	114	OBSTACLE CENTER TEAM	Open Mężczyzn	49	07:20	01:18:34	03:23:12	04:50:12	06:34:44	08:51:46	10:24:54.25	10:24:54.25	+05:00:08 (48.0%)	14:52	4 (51.3%)
123	MAJEWSKI Damian	190	FORBET RUNNERS	Open Mężczyzn	50	07:30	01:13:33	03:13:49	04:37:27	06:16:25	08:40:13	10:26:06.20	10:26:06.20	+05:01:20 (48.1%)	14:54	4 (51.3%)
124	PAPROTA Piotr	176		Open Mężczyzn	51	07:30	01:18:28	03:18:15	04:42:10	06:27:35	08:52:01	10:26:13.40	10:26:13.40	+05:01:27 (48.1%)	14:54	4 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	P1	P2	P3	P4	P5	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							7km	16km	21km	28km	37km	42km	42km			
125	CHROMÝ David	145	#FACECIBEZKOSZULKI	Open Mężczyzn	52	07:30	01:15:28	03:28:32	04:52:38	06:38:13	09:00:12	10:28:52.70	10:28:52.70	+05:04:06 (48.4%)	14:58	4 (51.3%)
126	MULLER Rafał	102	BEFIT24TEAM	Open Mężczyzn	53	07:20	01:11:49	03:04:03	04:31:39	06:34:04	08:56:57	10:29:21.90	10:29:21.90	+05:04:36 (48.4%)	14:59	4 (51.3%)
127	MIERZICKI Marcel	43	POWER TRAINING	Open Mężczyzn	54	07:00	01:11:11	03:37:41	04:51:56	06:53:08	09:07:32	10:29:26.70	10:29:26.70	+05:04:40 (48.4%)	14:59	4 (51.3%)
128	GAŚIOROWSKI Karol	59	UNIT37	Elite Mężczyzn	47	07:00	01:05:50	02:56:04	04:44:24	06:53:48	09:22:39	10:30:24.60	10:30:24.60	+05:05:38 (48.5%)	15:00	4 (51.3%)
129	GĄGOL Marek	121		Open Mężczyzn	55	07:20	01:12:11	03:06:06	04:27:42	06:34:14	09:04:11	10:34:08.60	10:34:08.60	+05:09:22 (48.8%)	15:05	4 (51.3%)
130	TIAHNYBOK Paweł	12	DECATHLON CAR GLIWICE	Open Masters Mężczyzn	13	07:00	01:16:13	03:34:04	04:56:27	06:53:10	09:08:14	10:34:15.80	10:34:15.80	+05:09:29 (48.8%)	15:06	4 (51.3%)
131	SZAFRAN Jakub	42	PIĘKNI I BESTIE	Elite Mężczyzn	48	07:00	01:12:10	03:16:43	04:51:37	06:44:45	08:58:30	10:38:04.30	10:38:04.30	+05:13:18 (49.1%)	15:11	3.9 (50.0%)
132	SZYMAŃSKI Adam	109	DZIADY OCR	Open Masters Mężczyzn	14	07:20	01:18:45	03:29:30	04:55:36	06:44:13	09:09:00	10:38:25.10	10:38:25.10	+05:13:39 (49.1%)	15:12	3.9 (50.0%)
133	JĘDRZEJCZAK MarciB	127		Open Mężczyzn	56	07:20	01:14:24	03:18:33	04:47:05	06:35:36	09:05:18	10:38:43.70	10:38:43.70	+05:13:57 (49.2%)	15:12	3.9 (50.0%)
134	BOŚKA Patryk	19	GLADIATORS BY RMF4RT	Elite Mężczyzn	49	07:00	01:09:56	03:08:14	04:28:06	06:09:30	09:02:48	10:40:05.35	10:40:05.35	+05:15:19 (49.3%)	15:14	3.9 (50.0%)
135	BŁĄKAŁA Damian	66		Elite Mężczyzn	50	07:00	01:13:42	03:01:58	04:20:06	06:10:45	08:22:36	10:41:02.10	10:41:02.10	+05:16:16 (49.3%)	15:15	3.9 (50.0%)
136	GÓRNIACZYK Krystian	122		Open Mężczyzn	57	07:20	01:16:52	03:16:01	04:40:09	06:41:44	09:07:46	10:42:28.15	10:42:28.15	+05:17:42 (49.5%)	15:17	3.9 (50.0%)
137	GRZEŚKA Magnus	124		Open Mężczyzn	58	07:20	01:28:12	03:41:00	05:00:22	06:52:25	09:14:38	10:43:01.15	10:43:01.15	+05:18:15 (49.5%)	15:18	3.9 (50.0%)
138	BORKOWSKI Bartłomiej	36	NIE W SZCZEPIONKĘ TEAM	Elite Mężczyzn	51	07:00	01:07:52	03:33:57	04:52:23	06:30:01	09:26:16	10:48:32.80	10:48:32.80	+05:23:46 (49.9%)	15:26	3.9 (50.0%)
139	WEJKNIS Krzysztof	40	OCRSPORTGRIP KRZYSZTOF WEJKNIS	Elite Masters Mężczyzn	6	07:00	01:22:39	03:38:36	04:57:02	06:57:02	09:17:20	10:49:36.50	10:49:36.50	+05:24:50 (50.0%)	15:28	3.9 (50.0%)
140	KMIECIAK Krzysztof	73		Elite Mężczyzn	52	07:00	01:22:15	03:37:53	04:56:38	06:56:57	09:17:18	10:50:20.75	10:50:20.75	+05:25:34 (50.1%)	15:29	3.9 (50.0%)
141	KITALA Radosław	65	WILK TRENUJE FAMILY (WTF)	Elite Mężczyzn	53	07:00	01:26:38	03:25:38	04:45:03	06:57:46	09:20:36	10:51:52.35	10:51:52.35	+05:27:06 (50.2%)	15:31	3.9 (50.0%)
142	NALEPKA Piotr	60	UNIT37	Open Mężczyzn	59	07:00	01:00:41	02:36:18	03:41:32	05:00:03	07:24:17	10:59:42.50	10:59:42.50	+05:34:56 (50.8%)	15:42	3.8 (48.7%)
143	BARTOSIŃSKA Katarzyna	84	MELVIT TEAM	Open Kobiet	6	07:10	01:10:40	02:49:13	04:36:33	06:41:07	09:30:26	11:00:34.20	11:00:34.20	+05:35:48 (50.8%)	15:43	3.8 (48.7%)
144	KOZAK Arkadiusz	49	SKURCZYBYKI	Open Mężczyzn	60	07:00	01:10:34	03:04:05	04:18:36	06:04:28	09:32:20	11:00:36.70	11:00:36.70	+05:35:50 (50.8%)	15:43	3.8 (48.7%)
145	ZYCH Katarzyna	81	KADRA MOCNYCH WRAŻEŃ	Open Kobiet	7	07:10	01:19:36	03:25:24	04:49:14	06:49:32	09:30:49	11:02:55.15	11:02:55.15	+05:38:09 (51.0%)	15:47	3.8 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	P1	P2	P3	P4	P5	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							7km	16km	21km	28km	37km	42km	42km			
146	SŁONIEWSKI Rafał	29	KADRA MOCNYCH WRAŻEŃ	Open Mężczyzn	61	07:00	01:08:32	02:59:38	04:57:47	06:50:50	09:40:45	11:10:52.25	11:10:52.25	+05:46:06 (51.6%)	15:58	3.8 (48.7%)
147	TURCHAN Maciej	30	KADRA MOCNYCH WRAŻEŃ	Open Mężczyzn	62	07:00	01:11:49	03:35:43	04:58:18	07:00:30	09:40:48	11:11:34.10	11:11:34.10	+05:46:48 (51.6%)	15:59	3.8 (48.7%)
148	GOŁASZEWSKI Jacek	71		Open Mężczyzn	63	07:00	01:06:07	02:57:47	04:20:50	05:52:24	09:24:24	11:18:49.90	11:18:49.90	+05:54:04 (52.2%)	16:09	3.7 (47.4%)
149	KOWALCZYK Piotr	48	SKURCZYBYKI	Open Mężczyzn	64	07:00	01:05:21	02:50:32	04:05:06	06:04:27	08:41:06	11:19:34.75	11:19:34.75	+05:54:48 (52.2%)	16:10	3.7 (47.4%)
150	PAWLIK Przemysław	76		Open Mężczyzn	65	07:00	00:58:07	02:27:02	03:49:55					+01:21:51	10:56	5.5 (70.5%)
151	MACHURA Marcin	53	SPEC INSTAL RUN	Open Mężczyzn	66	07:00	01:02:52	02:50:37	04:03:54					+01:35:50	11:36	5.2 (66.7%)
152	SZCZECH Szymon	155	WOLF TEAM	Open Mężczyzn	67	07:30	01:05:41	02:48:33	04:05:47					+02:19:06	11:42	5.1 (65.4%)
153	STADNICKI Łukasz	142		Open Mężczyzn	68	07:20	01:05:18	02:46:16	04:16:28					+02:15:34	12:12	4.9 (62.8%)
154	TRZASKALIK Ireneusz	185		Open Masters Mężczyzn	15	07:30	01:15:52		04:41:40					+02:54:59	13:24	4.5 (57.7%)
155	ANIELSKI Michał	158		Open Mężczyzn	69	07:30	01:16:00	03:25:21	04:59:07					+03:12:27	14:14	4.2 (53.8%)
156	RÓŻYCKA Hanna	136		Open Kobiet	8	07:20	01:28:32	03:41:40	05:04:48					+03:03:55	14:30	4.1 (52.6%)
157	WIECZOREK Dariusz	79		Elite Mężczyzn	54	07:00	01:10:40	03:46:55	05:14:08					+02:46:04	14:57	4 (51.3%)
158	MACIĄG Krzysztof	174		Open Masters Mężczyzn	16	07:30	01:21:39	03:36:32	05:16:46					+03:30:05	15:05	4 (51.3%)
159	KAMIŃSKI Maciej	113	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	70	07:20	01:28:35	03:41:50	05:18:32					+03:17:38	15:10	4 (51.3%)
160	PIETROŃ Monika	83	LEMON TEAM	Elite Kobiet	3	07:10	01:22:02	03:43:34	05:25:52					+03:08:05	15:31	3.9 (50.0%)
161	DUKAT Sandra	82	LEMON TEAM	Elite Kobiet	4	07:10	01:21:38	03:31:58	05:33:35					+03:15:49	15:53	3.8 (48.7%)
162	PRZYBYTEK Sławomir	191		Open Masters Mężczyzn	17	07:20	01:28:04	03:54:00	05:38:54					+03:38:01	16:08	3.7 (47.4%)
163	JOŃCA Kajetan	169		Open Mężczyzn	71	07:30	01:19:56	03:35:59	05:41:36					+03:54:56	16:16	3.7 (47.4%)
164	RUMAK Józef	178		Open Mężczyzn	72	07:30	01:26:53	03:46:03	05:41:36					+03:54:55	16:16	3.7 (47.4%)
165	LIPIŃSKI Michał	173		Open Mężczyzn	73	07:20	03:10:05	06:16:41	10:12:57					+08:12:03	29:11	2.1 (26.9%)
166	SZCZYGIELSKA Julia	85	SOCIOS SILESIA	Open Kobiet	9	07:10	01:15:39							+00:40:17	10:48	5.6 (71.8%)
	TUTAJ Jakub	61	UNIT37	Elite Masters Mężczyzn		07:00	01:05:56 DNF	02:58:51 DNF	04:54:16 DNF	06:53:57 DNF	DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	P1 7km	P2 16km	P3 21km	P4 28km	P5 37km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
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Znaleziono 167 wynik(ów)