



GRAND PRIX USTKI - BIEG II JANTAROWY - 10 KM

B4SPORT

Wydarzenie: GRAND PRIX USTKI W BIEGACH - BIEG II „JANTAROWY”
Organizator: Burmistrz Miasta Ustka; Morpol Sp. z o.o.; OSIR Ustka; Lekkoatletyczny Klub Sportowy „JANTAR”; Stowarzyszenie Turystyczno-Sportowe „USTKA”; Miejski Klub Sportowy „JANTAR” Ustka
Data: 2019-05-11
Miejsce: Ustka
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	DRWAL Piotr	8	USB USTKA	M40-49	1	00:32:43.80		3:16	18.3 (100%)
2	RUDNIK Krzysztof	111		M30-39	1	00:34:31.40	+00:01:47 (5.2%)	3:27	17.4 (95.1%)
3	BURZYŃSKI Aleksander	69	TADMOT HURTOWNIA MOTORYZACYJNA	M40-49	2	00:34:54.70	+00:02:10 (6.2%)	3:29	17.2 (94.0%)
4	DUDA Grzegorz	9	BEST BEASTS	M40-49	3	00:36:38.10	+00:03:54 (10.7%)	3:39	16.4 (89.6%)
5	CZERWIŃSKI Maciej	72	BALTIC SEALS	M16-29	1	00:37:35.05	+00:04:51 (12.9%)	3:45	16 (87.4%)
6	CENDER Szymon	116	WPK SŁOŃ TEAM	M30-39	2	00:37:38.05	+00:04:54 (13.0%)	3:45	15.9 (86.9%)
7	WEGNER Przemysław	127	MOWI	M40-49	4	00:37:52.65	+00:05:08 (13.6%)	3:47	15.8 (86.3%)
8	CHOLEWIŃSKI Artur	70	DECATHLON POWER	M30-39	3	00:38:00.25	+00:05:16 (13.9%)	3:48	15.8 (86.3%)
9	JEZIERSKI Łukasz	18		M30-39	4	00:38:03.75	+00:05:19 (14.0%)	3:48	15.8 (86.3%)
10	KAMIENIECKI Rafał	19	TUPOT-USTKA	M40-49	5	00:38:06.50	+00:05:22 (14.1%)	3:48	15.7 (85.8%)
11	LASKA Grzegorz	29		M30-39	5	00:38:11.55	+00:05:27 (14.3%)	3:49	15.7 (85.8%)
12	CEJKO Dawid	140	BALTIC SEALS	M16-29	2	00:38:19.95	+00:05:36 (14.6%)	3:49	15.7 (85.8%)
13	KOZA Kamil	90	CENTRALNY POLIGON SIŁ POWIETRZNYCH USTKA	M30-39	6	00:38:46.55	+00:06:02 (15.6%)	3:52	15.5 (84.7%)
14	KAWKA Adrian	21		M30-39	7	00:39:41.75	+00:06:57 (17.5%)	3:58	15.1 (82.5%)
15	JAKUBCZAK Marcin	141		M40-49	6	00:39:52.10	+00:07:08 (17.9%)	3:59	15.1 (82.5%)
16	NAGÓREK Krzysztof	34	TUPOT USTKA	M60-69	1	00:39:56.00	+00:07:12 (18.0%)	3:59	15 (82.0%)
17	GRAFF Norbert	14		M30-39	8	00:40:10.90	+00:07:27 (18.5%)	4:01	14.9 (81.4%)
18	OLEKSIUK Przemysław	105	OLEKSIUKOWIE / SIG DYSTRYBUCJA BUDOWLANA SZCZECIN	M16-29	3	00:40:48.25	+00:08:04 (19.8%)	4:04	14.7 (80.3%)
19	RYBA Paweł	44		M40-49	7	00:41:47.40	+00:09:03 (21.7%)	4:10	14.4 (78.7%)
20	OLESZEK Jerzy	107	SZKOŁA PODOFICERSKA MW	M40-49	8	00:41:49.20	+00:09:05 (21.7%)	4:10	14.3 (78.1%)
21	WŁAŚNIAK Łukasz	59		M16-29	4	00:42:24.60	+00:09:40 (22.8%)	4:14	14.2 (77.6%)
22	RYGIELSKI Arkadiusz	45	KLUB BIEGACZA MOWI	M30-39	9	00:42:41.90	+00:09:58 (23.3%)	4:16	14.1 (77.0%)
23	KUKLIŃSKA-NURKOWSKA Lucyna	27	USB USTKA	K40-49	1	00:42:43.20	+00:09:59 (23.4%)	4:16	14 (76.5%)
24	DĘGA Ryszard	73	TUPOT USTKA	M60-69	2	00:42:57.85	+00:10:14 (23.8%)	4:17	14 (76.5%)
25	SKUMIAŁ Oskar	115	USB USTKA	M30-39	10	00:43:22.65	+00:10:38 (24.5%)	4:20	13.8 (75.4%)
26	SKOMOROWSKI Michał	46	USTKA	M30-39	11	00:43:26.65	+00:10:42 (24.7%)	4:20	13.8 (75.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
27	WILMONT Krzysztof	58	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	M30-39	12	00:43:29.75	+00:10:45 (24.8%)	4:20	13.8 (75.4%)
28	SULL Kacper	50		M16-29	5	00:43:42.25	+00:10:58 (25.1%)	4:22	13.7 (74.9%)
29	KONIECZNY Piotr	86	USB USTKA	M40-49	9	00:43:57.85	+00:11:14 (25.6%)	4:23	13.7 (74.9%)
30	OLEKSIUK Andrzej	106	OLEKSIUKI	M40-49	10	00:44:04.30	+00:11:20 (25.7%)	4:24	13.6 (74.3%)
31	NADOLNY Piotr	139	USB USTKA	M40-49	11	00:44:12.85	+00:11:29 (26.0%)	4:25	13.6 (74.3%)
32	KAMIŃSKI Marcin	20	MOCZYMORDY TEAM	M40-49	12	00:44:18.50	+00:11:34 (26.1%)	4:25	13.5 (73.8%)
33	BASIŃSKI Paweł	2	USB USTKA	M30-39	13	00:44:20.50	+00:11:36 (26.2%)	4:26	13.5 (73.8%)
34	DYŚKO Wojciech	75	AKTYWNA FABRYKA	M30-39	14	00:44:30.95	+00:11:47 (26.5%)	4:27	13.5 (73.8%)
35	KOSIEDOWSKI Sebastian	87		M30-39	15	00:44:50.20	+00:12:06 (27.0%)	4:29	13.4 (73.2%)
36	FABICH Adrian	142	USB USTKA	M30-39	16	00:44:50.50	+00:12:06 (27.0%)	4:29	13.4 (73.2%)
37	MIKICIUK Piotr	97		M40-49	13	00:44:50.80	+00:12:07 (27.0%)	4:29	13.4 (73.2%)
38	GUZIK Piotr	143		M16-29	6	00:45:06.30	+00:12:22 (27.4%)	4:30	13.3 (72.7%)
39	ŻELAZEK Kamil	133		M30-39	17	00:45:09.75	+00:12:25 (27.5%)	4:30	13.3 (72.7%)
40	ŻYSZKIEWICZ Piotr	64	USB USTKA	M40-49	14	00:45:09.95	+00:12:26 (27.5%)	4:30	13.3 (72.7%)
41	SKOCZYŃSKA Renata	132	USB USTKA	K30-39	1	00:45:17.70	+00:12:33 (27.7%)	4:31	13.2 (72.1%)
42	SITNIK Mikołaj	135		M16-29	7	00:45:25.25	+00:12:41 (27.9%)	4:32	13.2 (72.1%)
43	KARAŚ Radosław	4		M30-39	18	00:45:28.15	+00:12:44 (28.0%)	4:32	13.2 (72.1%)
44	IWANOWSKI Michał	77		M30-39	19	00:45:28.65	+00:12:44 (28.0%)	4:32	13.2 (72.1%)
45	FEDOROWICZ Michał	76	37 DR OP	M40-49	15	00:45:44.55	+00:13:00 (28.4%)	4:34	13.1 (71.6%)
46	WIATRZYK Krzysztof	57	DARŁOWO	M40-49	16	00:45:49.55	+00:13:05 (28.6%)	4:34	13.1 (71.6%)
47	LEMAŃSKA Katarzyna	30	USB USTKA	K16-29	1	00:45:52.35	+00:13:08 (28.7%)	4:35	13.1 (71.6%)
48	SŁOMIŃSKI Kamil	117		M30-39	20	00:46:04.65	+00:13:20 (29.0%)	4:36	13 (71.0%)
49	TOMCZAK Dominik	53	NIGHT RUNNERS SŁUPSK	M40-49	17	00:46:20.00	+00:13:36 (29.4%)	4:38	12.9 (70.5%)
50	SOBOLEWSKI Tomasz	47		M40-49	18	00:46:29.00	+00:13:45 (29.6%)	4:38	12.9 (70.5%)
51	JAROS Adam	79		M40-49	19	00:46:32.45	+00:13:48 (29.7%)	4:39	12.9 (70.5%)
52	PODLAK Piotr	40		M30-39	21	00:46:33.85	+00:13:50 (29.7%)	4:39	12.9 (70.5%)
53	TOMCZAK Sebastian	54	USTKA	M40-49	20	00:46:50.90	+00:14:07 (30.1%)	4:41	12.8 (69.9%)
54	DADACZ Rafał	6		M30-39	22	00:46:53.25	+00:14:09 (30.2%)	4:41	12.8 (69.9%)
55	NIWIŃSKI Grzegorz	35	KB TUPOT USTKA	M60-69	3	00:47:21.40	+00:14:37 (30.9%)	4:44	12.7 (69.4%)
56	PUDELSKI Krzysztof	43		M16-29	8	00:47:36.10	+00:14:52 (31.2%)	4:45	12.6 (68.9%)
57	ROBAK Grzegorz	110	W.P.K SŁOŃ TEAM USTKA	M30-39	23	00:47:37.25	+00:14:53 (31.3%)	4:45	12.6 (68.9%)
58	SPYCHAŁSKI Artur	48		M40-49	21	00:47:37.55	+00:14:53 (31.3%)	4:45	12.6 (68.9%)
59	BODO Rafał	67		M30-39	24	00:48:01.30	+00:15:17 (31.8%)	4:48	12.5 (68.3%)
60	SAPIJASZKA Stanisław	114		M60-69	4	00:48:07.80	+00:15:24 (32.0%)	4:48	12.5 (68.3%)
61	OLECHNOWICZ Zbigniew	104	TUPOT USTKA	M70+	1	00:48:23.90	+00:15:40 (32.4%)	4:50	12.4 (67.8%)
62	SIECIŃSKA Emilia	10	USB USTKA	K30-39	2	00:48:29.65	+00:15:45 (32.5%)	4:50	12.4 (67.8%)
63	LANGNER-KAPCZYŃSKA Edyta	28	BEST BEASTS	K30-39	3	00:48:31.55	+00:15:47 (32.6%)	4:51	12.4 (67.8%)
64	KOCEJKO Marek	23	USB USTKA	M60-69	5	00:48:34.55	+00:15:50 (32.6%)	4:51	12.4 (67.8%)
65	KRZYŻANEK Marta	26	MOCZYMORDY TEAM	K40-49	2	00:48:37.40	+00:15:53 (32.7%)	4:51	12.3 (67.2%)
66	PUDELSKI Józef	42	USTKA	M30-39	25	00:48:39.00	+00:15:55 (32.7%)	4:51	12.3 (67.2%)
67	PUDELSKI Robert	109	WŁYŃKÓWKO	M40-49	22	00:48:39.50	+00:15:55 (32.7%)	4:51	12.3 (67.2%)
68	ZDUNEK Krzysztof	130	W.P.K. SŁOŃ TEAM USTKA	M40-49	23	00:49:13.35	+00:16:29 (33.5%)	4:55	12.2 (66.7%)
69	BERENT Robert	66	TUPOT USTKA	M50-59	1	00:49:19.00	+00:16:35 (33.6%)	4:55	12.2 (66.7%)
70	TRUSIAK Agnieszka	125	SUBVENTUM TEAM	K40-49	3	00:49:28.65	+00:16:44 (33.8%)	4:56	12.1 (66.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
71	PELA Hanna	39	USB USTKA	K40-49	4	00:49:35.30	+00:16:51 (34.0%)	4:57	12.1 (66.1%)
72	KAMIŃSKA Monika	82		K30-39	4	00:49:36.60	+00:16:52 (34.0%)	4:57	12.1 (66.1%)
73	PAWLIK Krystian	38		M16-29	9	00:49:51.30	+00:17:07 (34.3%)	4:59	12 (65.6%)
74	STANIASZEK Bogusław	120	TUPOT USTKA	M60-69	6	00:49:57.05	+00:17:13 (34.5%)	4:59	12 (65.6%)
75	ORŁOWSKI Edward	37		M40-49	24	00:49:57.50	+00:17:13 (34.5%)	4:59	12 (65.6%)
76	STODOŁA Monika	49	USTECKA SZKOŁA BIEGANIA	K40-49	5	00:50:03.55	+00:17:19 (34.6%)	5:00	12 (65.6%)
77	ZAGRODZKI Ireneusz	129	KB TUPOT USTKA	M60-69	7	00:50:22.65	+00:17:38 (35.0%)	5:02	11.9 (65.0%)
78	GONTEK Łukasz	11	VWBATORY	M30-39	26	00:50:27.80	+00:17:44 (35.1%)	5:02	11.9 (65.0%)
79	TRUSIAK Miłosz	126	SUBVENTUM TEAM	M40-49	25	00:50:30.95	+00:17:47 (35.2%)	5:03	11.9 (65.0%)
80	BACH Paweł	1		M30-39	27	00:50:34.15	+00:17:50 (35.3%)	5:03	11.9 (65.0%)
81	LEWANDOWSKI Adam	94	W.P.K SŁOŃ TEAM USTKA	M30-39	28	00:50:37.10	+00:17:53 (35.3%)	5:03	11.9 (65.0%)
82	LEWANDOWSKA Maria	93	W.P.K SŁOŃ TEAM USTKA	K30-39	5	00:50:37.90	+00:17:54 (35.4%)	5:03	11.9 (65.0%)
83	ZARĘBSKI Maciej	134		M40-49	26	00:50:48.15	+00:18:04 (35.6%)	5:04	11.8 (64.5%)
84	ĆWIGOŃ Kinga	5	USB	K30-39	6	00:51:00.75	+00:18:16 (35.8%)	5:06	11.8 (64.5%)
85	ZALIŃSKA Aneta	61	USB	K30-39	7	00:51:01.70	+00:18:17 (35.9%)	5:06	11.8 (64.5%)
86	KOZA Joanna	89	USB USTKA	K30-39	8	00:51:21.35	+00:18:37 (36.3%)	5:08	11.7 (63.9%)
87	KOZIMOR Mariusz	91		M40-49	27	00:51:45.35	+00:19:01 (36.8%)	5:10	11.6 (63.4%)
88	RUTECKA Sylwia	112	TUPOT USTKA	K30-39	9	00:51:46.85	+00:19:03 (36.8%)	5:10	11.6 (63.4%)
89	ZARZYCKA Izabela	62	W.P.K. SŁOŃ TEAM USTKA	K40-49	6	00:51:56.55	+00:19:12 (37.0%)	5:11	11.6 (63.4%)
90	PRZYMORSKI Waldemar	41	W.P.K. SŁOŃ TEAM USTKA	M40-49	28	00:52:08.10	+00:19:24 (37.2%)	5:12	11.5 (62.8%)
91	MROZIK Joanna	100		K30-39	10	00:52:15.25	+00:19:31 (37.4%)	5:13	11.5 (62.8%)
92	GRABOWICZ Jurek	12	TUPOT USTKA	M70+	2	00:52:16.55	+00:19:32 (37.4%)	5:13	11.5 (62.8%)
93	KAMIŃSKI Marcin	83		M30-39	29	00:52:27.75	+00:19:43 (37.6%)	5:14	11.4 (62.3%)
94	ANDRZEJCZAK Sławomir	65	GRZESŁAW USTKA	M40-49	29	00:52:34.20	+00:19:50 (37.7%)	5:15	11.4 (62.3%)
95	TÓRZ Andrzej	124	USTKA	M60-69	8	00:52:49.95	+00:20:06 (38.0%)	5:16	11.4 (62.3%)
96	NURKOWSKI Marcin	101	USB USTKA	M40-49	30	00:52:55.45	+00:20:11 (38.2%)	5:17	11.3 (61.7%)
97	STOLARCZUK Paulina	121		K40-49	7	00:53:06.60	+00:20:22 (38.4%)	5:18	11.3 (61.7%)
98	BRODACKA Katarzyna	68		K16-29	2	00:53:09.40	+00:20:25 (38.4%)	5:18	11.3 (61.7%)
99	ZDUNEK Katarzyna	131		K40-49	8	00:53:20.45	+00:20:36 (38.6%)	5:20	11.3 (61.7%)
100	KOT Daniel	88	KOT TEAM	M40-49	31	00:53:38.05	+00:20:54 (39.0%)	5:21	11.2 (61.2%)
101	KONKEL Joanna	25	MKS 'ŚWIĘC' SŁAWNO	K50-59	1	00:53:42.65	+00:20:58 (39.1%)	5:22	11.2 (61.2%)
102	CZECH Roman	71	GOCH BYTÓW	M70+	3	00:53:57.70	+00:21:13 (39.3%)	5:23	11.1 (60.7%)
103	WOŹNIAK Grzegorz	128	IGMAR WPK SŁOŃ TEAM USTKA	M50-59	2	00:54:07.55	+00:21:23 (39.5%)	5:24	11.1 (60.7%)
104	TURCZYN Grzegorz	55	NIGHT RUNNERS SŁUPSK	M40-49	32	00:54:18.15	+00:21:34 (39.7%)	5:25	11 (60.1%)
105	BURDA Sebastian	3	WPK SŁOŃ TEAM	M40-49	33	00:54:18.35	+00:21:34 (39.7%)	5:25	11 (60.1%)
106	SZCZASIUK Mariusz	52		M40-49	34	00:55:09.50	+00:22:25 (40.7%)	5:30	10.9 (59.6%)
107	KRYGIER Ireneusz	92	W.P.K. SŁOŃ TEAM USTKA	M40-49	35	00:56:40.60	+00:23:56 (42.3%)	5:40	10.6 (57.9%)
108	JUSIEWICZ Tomasz	80		M30-39	30	00:57:37.85	+00:24:54 (43.2%)	5:45	10.4 (56.8%)
109	JABŁONOWSKI Marian	17	TUPOT USTKA	M60-69	9	00:57:37.95	+00:24:54 (43.2%)	5:45	10.4 (56.8%)
110	MORDAL Eliza	98	USB USTKA	K40-49	9	01:00:40.65	+00:27:56 (46.1%)	6:04	9.9 (54.1%)
111	MARCZAK Małgorzata	96		K50-59	2	01:00:53.85	+00:28:10 (46.3%)	6:05	9.9 (54.1%)
112	IWAN-KUCIA Lena	16		K30-39	11	01:00:58.70	+00:28:14 (46.3%)	6:05	9.8 (53.6%)
113	ZWOLIŃSKA Agnieszka	63	USTKA	K40-49	10	01:01:28.65	+00:28:44 (46.8%)	6:08	9.8 (53.6%)
114	KOWALCZYK Justyna	102	W.P.K. SŁOŃ TEAM USTKA	K30-39	12	01:02:51.15	+00:30:07 (47.9%)	6:17	9.5 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
115	SMOLIŃSKA Edyta	118	SMOLIŃSCY TEAM	K30-39	13	01:03:28.10	+00:30:44 (48.4%)	6:20	9.5 (51.9%)
116	SMOLIŃSKI Krzysztof	119	SMOLIŃSCY TEAM	M40-49	36	01:03:29.15	+00:30:45 (48.4%)	6:20	9.5 (51.9%)
117	DAMPS Julita	7	NIGHT RUNNERS SŁUPSK	K30-39	14	01:13:44.00	+00:41:00 (55.6%)	7:22	8.1 (44.3%)
118	KABACIŃSKI Bronisław	81	TUPOT USTKA	M70+	4	01:13:45.00	+00:41:01 (55.6%)	7:22	8.1 (44.3%)
	MUDŹ Anna	33	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	K16-29		DNF		-	- (0.0%)
	PIĄTKOWSKI Michał	108	CZARNI SŁUPSK	M16-29		DNF		-	- (0.0%)

Znaleziono 120 wynik(ów)