



GRAND PRIX USTKI - BIEG III ŁOSOSIOWY - 10 KM

B4SPORT

Wydarzenie: GRAND PRIX USTKI W BIEGACH - BIEG III „ŁOSOSIOWY”
Organizator: Burmistrz Miasta Ustka; Morpol Sp. z o.o.; OSIR Ustka; Lekkoatletyczny Klub Sportowy „JANTAR”; Stowarzyszenie Turystyczno-Sportowe „USTKA”; Miejski Klub Sportowy „JANTAR” Ustka
Data: 2019-06-08
Miejsce: Ustka
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	DRWAL Piotr	9	USB USTKA	M40-49	1	00:34:22.53		3:26	17.5 (100%)
2	BURZYŃSKI Aleksander	116	TADMOT HURTOWNIA MOTORYZACYJNA	M40-49	2	00:35:48.37	+00:01:25 (4.0%)	3:34	16.8 (96.0%)
3	RUDNIK Krzysztof	98		M30-39	1	00:36:40.72	+00:02:18 (6.3%)	3:40	16.4 (93.7%)
4	DUDA Grzegorz	10	BEST BEASTS	M40-49	3	00:37:41.48	+00:03:18 (8.8%)	3:46	15.9 (90.9%)
5	CHOLEWIŃSKI Artur	71	DECATHLON POWER	M30-39	2	00:38:31.04	+00:04:08 (10.8%)	3:51	15.6 (89.1%)
6	JEZIERSKI Łukasz	19		M30-39	3	00:38:48.48	+00:04:25 (11.4%)	3:52	15.5 (88.6%)
7	WEGNER Przemysław	110	KLUB BIEGACZA MOWI	M40-49	4	00:38:55.57	+00:04:33 (11.7%)	3:53	15.4 (88.0%)
8	KOZA Kamil	82	CENTRALNY POLIGON SIŁ POWIETRZNYCH USTKA	M30-39	4	00:39:01.38	+00:04:38 (11.9%)	3:54	15.4 (88.0%)
9	CENDER Szymon	120	W.P.K. SŁOŃ TEAM USTKA	M16-29	1	00:39:01.55	+00:04:39 (11.9%)	3:54	15.4 (88.0%)
10	WILMONT Krzysztof	59	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	M30-39	5	00:39:31.33	+00:05:08 (13.0%)	3:57	15.2 (86.9%)
11	LASKA Grzegorz	30		M30-39	6	00:39:49.64	+00:05:27 (13.7%)	3:58	15.1 (86.3%)
12	RYBA Paweł	45		M40-49	5	00:39:54.96	+00:05:32 (13.9%)	3:59	15 (85.7%)
13	STANIOCH Krzysztof	105		M16-29	2	00:40:36.80	+00:06:14 (15.4%)	4:03	14.8 (84.6%)
14	RYGIELSKI Arkadiusz	46	KLUB BIEGACZA MOWI	M30-39	7	00:40:48.98	+00:06:26 (15.8%)	4:04	14.7 (84.0%)
15	GRAFF Norbert	15		M30-39	8	00:41:17.69	+00:06:55 (16.8%)	4:07	14.5 (82.9%)
16	SKUMIAŁ Oskar	101	USB USTKA	M30-39	9	00:41:36.83	+00:07:14 (17.4%)	4:09	14.4 (82.3%)
17	KAMIENIECKI Rafał	20	TUPOT USTKA	M40-49	6	00:41:57.67	+00:07:35 (18.1%)	4:11	14.3 (81.7%)
18	CYPRYCH Katarzyna	72	BATALION OCHRONY BAZY REDZIKOWO	K30-39	1	00:41:57.99	+00:07:35 (18.1%)	4:11	14.3 (81.7%)
19	NAGÓREK Krzysztof	35	TUPOT USTKA	M60-69	1	00:42:09.07	+00:07:46 (18.4%)	4:12	14.2 (81.1%)
20	OLESEK Jerzy	93	SZKOŁA PODOFICERSKA MW	M40-49	7	00:43:15.32	+00:08:52 (20.5%)	4:19	13.9 (79.4%)
21	DĘGA Ryszard	73	TUPOT USTKA	M60-69	2	00:43:30.91	+00:09:08 (21.0%)	4:21	13.8 (78.9%)
22	KUKLIŃSKA-NURKOWSKA Lucyna	28	USB USTKA	K40-49	1	00:43:43.14	+00:09:20 (21.4%)	4:22	13.7 (78.3%)
23	OKOŁOTOWICZ Sebastian	125		M30-39	10	00:43:44.05	+00:09:21 (21.4%)	4:22	13.7 (78.3%)
24	MIKICIUK Piotr	87		M40-49	8	00:43:50.08	+00:09:27 (21.6%)	4:23	13.7 (78.3%)
25	TOMCZAK Dominik	54	NIGHT RUNNERS SŁUPSK	M40-49	9	00:43:55.59	+00:09:33 (21.7%)	4:23	13.7 (78.3%)
26	WŁAŚNIAK Łukasz	60		M16-29	3	00:43:57.99	+00:09:35 (21.8%)	4:23	13.7 (78.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
27	OLEKSIUK Przemysław	91	SIG DYSTRYBUCJA BUDOWLANA SZCZECIN	M16-29	4	00:44:26.87	+00:10:04 (22.7%)	4:26	13.5 (77.1%)
28	OLEKSIUK Andrzej	92		M40-49	10	00:44:27.07	+00:10:04 (22.7%)	4:26	13.5 (77.1%)
29	SKOMOROWSKI Michał	47	USTKA	M30-39	11	00:44:46.40	+00:10:23 (23.2%)	4:28	13.4 (76.6%)
30	LANGNER-KAPCZYŃSKA Edyta	29	BEST BEASTS	K30-39	2	00:44:56.35	+00:10:33 (23.5%)	4:29	13.4 (76.6%)
31	KAMIŃSKI Marcin	21	MOCZYMORDY TEAM	M40-49	11	00:44:56.73	+00:10:34 (23.5%)	4:29	13.4 (76.6%)
32	PAWLIK Krystian	39		M16-29	5	00:45:24.94	+00:11:02 (24.3%)	4:32	13.2 (75.4%)
33	SITNIK Mikołaj	123		M16-29	6	00:45:36.29	+00:11:13 (24.6%)	4:33	13.2 (75.4%)
34	SKOCZYŃSKA Renata	100	USB USTKA	K30-39	3	00:45:42.04	+00:11:19 (24.8%)	4:34	13.1 (74.9%)
35	PUDELSKI Krzysztof	44		M16-29	7	00:45:42.21	+00:11:19 (24.8%)	4:34	13.1 (74.9%)
36	BASIŃSKI Paweł	3	USB USTKA	M30-39	12	00:45:42.63	+00:11:20 (24.8%)	4:34	13.1 (74.9%)
37	SŁOMIŃSKI Kamil	102		M30-39	13	00:46:05.33	+00:11:42 (25.4%)	4:36	13 (74.3%)
38	JAROS Adam	75		M40-49	12	00:46:15.00	+00:11:52 (25.7%)	4:37	13 (74.3%)
39	LEMAŃSKA Katarzyna	31	USB USTKA	K16-29	1	00:46:24.49	+00:12:01 (25.9%)	4:38	12.9 (73.7%)
40	SMOLIŃSKI Krzysztof	103	SMOLIŃSCY TEAM	M40-49	13	00:46:32.53	+00:12:10 (26.1%)	4:39	12.9 (73.7%)
41	ŻYSZKIEWICZ Piotr	65	USB USTKA	M40-49	14	00:46:44.30	+00:12:21 (26.5%)	4:40	12.8 (73.1%)
42	MUDŹ Anna	34	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	K16-29	2	00:47:02.69	+00:12:40 (26.9%)	4:42	12.8 (73.1%)
43	WIATRZYK Krzysztof	58	DARŁOWO	M40-49	15	00:47:37.59	+00:13:15 (27.8%)	4:45	12.6 (72.0%)
44	PUDELSKI Józef	43	USTKA	M30-39	14	00:47:45.14	+00:13:22 (28.0%)	4:46	12.6 (72.0%)
45	SPYCHALSKI Artur	49		M40-49	16	00:47:45.87	+00:13:23 (28.0%)	4:46	12.6 (72.0%)
46	PODLAK Piotr	41		M30-39	15	00:48:04.04	+00:13:41 (28.5%)	4:48	12.5 (71.4%)
47	PADY Liliana	126	BOB	K16-29	3	00:48:15.85	+00:13:53 (28.8%)	4:49	12.4 (70.9%)
48	PUDELSKI Robert	96	WŁYŃKÓWKO	M40-49	17	00:48:18.82	+00:13:56 (28.8%)	4:49	12.4 (70.9%)
49	OLECHNOWICZ Zbigniew	119	TUPOT USTKA	M70+	1	00:48:36.05	+00:14:13 (29.3%)	4:51	12.3 (70.3%)
50	PELA Hanna	40	USB USTKA	K40-49	2	00:48:45.65	+00:14:23 (29.5%)	4:52	12.3 (70.3%)
51	IWANOWSKI Michał	74		M30-39	16	00:48:53.12	+00:14:30 (29.7%)	4:53	12.3 (70.3%)
52	KOCEJKO Marek	24	USB USTKA	M60-69	3	00:49:17.32	+00:14:54 (30.3%)	4:55	12.2 (69.7%)
53	KRZYŻANEK Marta	27	MOCZYMORDY TEAM	K40-49	3	00:49:27.88	+00:15:05 (30.5%)	4:56	12.1 (69.1%)
54	RUTECKA Sylwia	115	TUPOT USTKA	K30-39	4	00:49:35.01	+00:15:12 (30.7%)	4:57	12.1 (69.1%)
55	ORŁOWSKI Edward	38		M40-49	18	00:49:42.35	+00:15:19 (30.8%)	4:58	12.1 (69.1%)
56	KAMIŃSKA Monika	78		K30-39	5	00:50:14.06	+00:15:51 (31.6%)	5:01	11.9 (68.0%)
57	ZALIŃSKA Aneta	62	USB USTKA	K30-39	6	00:50:39.02	+00:16:16 (32.1%)	5:03	11.8 (67.4%)
58	BODO Rafał	68		M30-39	17	00:50:41.34	+00:16:18 (32.2%)	5:04	11.8 (67.4%)
59	BERENT Robert	67	TUPOT USTKA	M50-59	1	00:50:55.73	+00:16:33 (32.5%)	5:05	11.8 (67.4%)
60	ZDUNEK Krzysztof	112	W.P.K. SŁOŃ TEAM USTKA	M40-49	19	00:50:59.43	+00:16:36 (32.6%)	5:05	11.8 (67.4%)
61	TUROWSKI Wojciech	57		M50-59	2	00:51:01.73	+00:16:39 (32.6%)	5:06	11.8 (67.4%)
62	ĆWIGOŃ Kinga	6	USB USTKA	K30-39	7	00:51:03.26	+00:16:40 (32.7%)	5:06	11.8 (67.4%)
63	SIECIŃSKA Emilia	99	USB USTKA	K30-39	8	00:51:03.61	+00:16:41 (32.7%)	5:06	11.8 (67.4%)
64	NURKOWSKI Marcin	90		M40-49	20	00:51:09.58	+00:16:47 (32.8%)	5:06	11.7 (66.9%)
65	DADACZ Rafał	7		M30-39	18	00:51:10.80	+00:16:48 (32.8%)	5:07	11.7 (66.9%)
66	STODOŁA Monika	50	USB USTKA	K40-49	4	00:51:12.53	+00:16:49 (32.9%)	5:07	11.7 (66.9%)
67	ZAGRODZKI Ireneusz	111	TUPOT USTKA	M60-69	4	00:51:13.14	+00:16:50 (32.9%)	5:07	11.7 (66.9%)
68	ZIELIŃSKA Danuta	113	USB USTKA	K30-39	9	00:51:16.67	+00:16:54 (33.0%)	5:07	11.7 (66.9%)
69	BACH Paweł	2		M30-39	19	00:51:16.77	+00:16:54 (33.0%)	5:07	11.7 (66.9%)
70	TOMCZAK Sebastian	117	USTKA	M40-49	21	00:51:25.24	+00:17:02 (33.1%)	5:08	11.7 (66.9%)

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71	NIWIŃSKI Grzegorz	36	TUPOT USTKA	M60-69	5	00:51:43.15	+00:17:20 (33.5%)	5:10	11.6 (66.3%)
72	RZĄDKOWSKA Maria	121		K40-49	5	00:51:48.05	+00:17:25 (33.6%)	5:10	11.6 (66.3%)
73	KOZA Joanna	81	USB USTKA	K30-39	10	00:51:58.16	+00:17:35 (33.9%)	5:11	11.5 (65.7%)
74	ANDRZEJCZAK Sławomir	66	GRZESŁAW USTKA	M40-49	22	00:52:28.79	+00:18:06 (34.5%)	5:14	11.4 (65.1%)
75	RATAJCZYK Monika	97	KLUB BIEGACZA MOWI	K30-39	11	00:52:54.58	+00:18:32 (35.0%)	5:17	11.3 (64.6%)
76	STOLARCZUK Paulina	106		K40-49	6	00:53:09.96	+00:18:47 (35.3%)	5:18	11.3 (64.6%)
77	GONTEK Łukasz	12	VWBATORY	M30-39	20	00:53:11.06	+00:18:48 (35.4%)	5:19	11.3 (64.6%)
78	ZARZYCKA Izabela	63	W.P.K. SŁOŃ TEAM USTKA	K40-49	7	00:53:37.44	+00:19:14 (35.9%)	5:21	11.2 (64.0%)
79	LEWANDOWSKA Maria	84	W.P.K. SŁOŃ TEAM USTKA	K30-39	12	00:53:42.36	+00:19:19 (36.0%)	5:22	11.2 (64.0%)
80	KOT Daniel	80	KOT TEAM	M40-49	23	00:53:51.78	+00:19:29 (36.2%)	5:23	11.1 (63.4%)
81	GOŁGOWSKA Małgorzata	11	USB USTKA	K40-49	8	00:54:12.65	+00:19:50 (36.6%)	5:25	11.1 (63.4%)
82	ZARĘBSKI Maciej	118	APTEKA CENTRUM LEKÓW	M40-49	24	00:54:20.60	+00:19:58 (36.7%)	5:26	11 (62.9%)
83	TÓRZ Andrzej	109		M60-69	6	00:54:45.50	+00:20:22 (37.2%)	5:28	11 (62.9%)
84	POKORNY Edward	95	TUPOT USTKA	M70+	2	00:54:48.27	+00:20:25 (37.3%)	5:28	10.9 (62.3%)
85	PRZYMORSKI Waldemar	42	W.P.K. SŁOŃ TEAM USTKA	M40-49	25	00:55:14.59	+00:20:52 (37.8%)	5:31	10.9 (62.3%)
86	CZECH Roman	124		M70+	3	00:55:41.32	+00:21:18 (38.3%)	5:34	10.8 (61.7%)
87	SZAŁANKIEWICZ Magdalena	107	USB USTKA	K30-39	13	00:55:53.23	+00:21:30 (38.5%)	5:35	10.7 (61.1%)
88	KAMIŃSKI Marcin	79		M30-39	21	00:55:53.51	+00:21:30 (38.5%)	5:35	10.7 (61.1%)
89	OLSZAK Beata	94	USB USTKA	K40-49	9	00:56:00.04	+00:21:37 (38.6%)	5:36	10.7 (61.1%)
90	BRODACKA Katarzyna	69		K16-29	4	00:56:31.26	+00:22:08 (39.2%)	5:39	10.6 (60.6%)
91	SZOŁTYSIK Agnieszka	122		K30-39	14	00:57:08.41	+00:22:45 (39.8%)	5:42	10.5 (60.0%)
92	LEWANDOWSKI Adam	85	W.P.K. SŁOŃ TEAM USTKA	M30-39	22	00:57:12.61	+00:22:50 (39.9%)	5:43	10.5 (60.0%)
93	ŻELAZEK Katarzyna	114	USB USTKA	K40-49	10	00:58:53.26	+00:24:30 (41.6%)	5:53	10.2 (58.3%)
94	MORDAL Eliza	88	USB USTKA	K40-49	11	00:58:53.32	+00:24:30 (41.6%)	5:53	10.2 (58.3%)
95	JUSIEWICZ Tomasz	76		M30-39	23	00:59:57.38	+00:25:34 (42.7%)	5:59	10 (57.1%)
96	KRYGIER Ireneusz	83	W.P.K. SŁOŃ TEAM USTKA	M40-49	26	01:00:03.65	+00:25:41 (42.8%)	6:00	10 (57.1%)
97	JABŁONOWSKI Marian	18	TUPOT USTKA	M60-69	7	01:00:13.49	+00:25:50 (42.9%)	6:01	10 (57.1%)
98	ZWOLIŃSKA Agnieszka	64	USTKA	K40-49	12	01:01:45.13	+00:27:22 (44.3%)	6:10	9.7 (55.4%)
99	MARCZAK Małgorzata	86		K50-59	1	01:02:13.93	+00:27:51 (44.8%)	6:13	9.6 (54.9%)
100	BURDA Sebastian	4	W.P.K. SŁOŃ TEAM USTKA	M40-49	27	01:06:21.84	+00:31:59 (48.2%)	6:38	9 (51.4%)
101	KOWALCZYK Justyna	1	W.P.K. SŁOŃ TEAM USTKA	K30-39	15	01:06:21.89	+00:31:59 (48.2%)	6:38	9 (51.4%)
102	KABACIŃSKI Bronisław	77	TUPOT USTKA	M70+	4	01:08:37.22	+00:34:14 (49.9%)	6:51	8.7 (49.7%)
103	GRABOWICZ Jurek	13	TUPOT USTKA	M70+	5	01:08:37.67	+00:34:15 (49.9%)	6:51	8.7 (49.7%)

Znaleziono 103 wynik(ów)