



# GRAND PRIX USTKI - BIEG III ŁOSOSIOWY - 10 KM

B4SPORT

**Wydarzenie:** GRAND PRIX USTKI W BIEGACH - BIEG III „ŁOSOSIOWY”  
**Organizator:** Burmistrz Miasta Ustka; Morpol Sp. z o.o.; OSIR Ustka; Lekkoatletyczny Klub Sportowy „JANTAR”; Stowarzyszenie Turystyczno-Sportowe „USTKA”; Miejski Klub Sportowy „JANTAR” Ustka  
**Data:** 2019-06-08  
**Miejsce:** Ustka  
**Dystans:** 10 km



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>DRWAL Piotr</b>	<b>9</b>	USB USTKA	M40-49	1	<b>00:34:22.53</b>		3:26	17.5 (100%)
2	<b>BURZYŃSKI Aleksander</b>	<b>116</b>	TADMOT HURTOWNIA MOTORYZACYJNA	M40-49	2	<b>00:35:48.37</b>	+00:01:25 (4.0%)	3:34	16.8 (96.0%)
3	<b>RUDNIK Krzysztof</b>	<b>98</b>		M30-39	1	<b>00:36:40.72</b>	+00:02:18 (6.3%)	3:40	16.4 (93.7%)
4	<b>DUDA Grzegorz</b>	<b>10</b>	BEST BEASTS	M40-49	3	<b>00:37:41.48</b>	+00:03:18 (8.8%)	3:46	15.9 (90.9%)
5	<b>CHOLEWIŃSKI Artur</b>	<b>71</b>	DECATHLON POWER	M30-39	2	<b>00:38:31.04</b>	+00:04:08 (10.8%)	3:51	15.6 (89.1%)
6	<b>JEZIERSKI Łukasz</b>	<b>19</b>		M30-39	3	<b>00:38:48.48</b>	+00:04:25 (11.4%)	3:52	15.5 (88.6%)
7	<b>WEGNER Przemysław</b>	<b>110</b>	KLUB BIEGACZA MOWI	M40-49	4	<b>00:38:55.57</b>	+00:04:33 (11.7%)	3:53	15.4 (88.0%)
8	<b>KOZA Kamil</b>	<b>82</b>	CENTRALNY POLIGON SIŁ POWIETRZNYCH USTKA	M30-39	4	<b>00:39:01.38</b>	+00:04:38 (11.9%)	3:54	15.4 (88.0%)
9	<b>CENDER Szymon</b>	<b>120</b>	W.P.K. SŁOŃ TEAM USTKA	M16-29	1	<b>00:39:01.55</b>	+00:04:39 (11.9%)	3:54	15.4 (88.0%)
10	<b>WILMONT Krzysztof</b>	<b>59</b>	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	M30-39	5	<b>00:39:31.33</b>	+00:05:08 (13.0%)	3:57	15.2 (86.9%)
11	<b>LASKA Grzegorz</b>	<b>30</b>		M30-39	6	<b>00:39:49.64</b>	+00:05:27 (13.7%)	3:58	15.1 (86.3%)
12	<b>RYBA Paweł</b>	<b>45</b>		M40-49	5	<b>00:39:54.96</b>	+00:05:32 (13.9%)	3:59	15 (85.7%)
13	<b>STANIOCH Krzysztof</b>	<b>105</b>		M16-29	2	<b>00:40:36.80</b>	+00:06:14 (15.4%)	4:03	14.8 (84.6%)
14	<b>RYGIELSKI Arkadiusz</b>	<b>46</b>	KLUB BIEGACZA MOWI	M30-39	7	<b>00:40:48.98</b>	+00:06:26 (15.8%)	4:04	14.7 (84.0%)
15	<b>GRAFF Norbert</b>	<b>15</b>		M30-39	8	<b>00:41:17.69</b>	+00:06:55 (16.8%)	4:07	14.5 (82.9%)
16	<b>SKUMIAŁ Oskar</b>	<b>101</b>	USB USTKA	M30-39	9	<b>00:41:36.83</b>	+00:07:14 (17.4%)	4:09	14.4 (82.3%)
17	<b>KAMIENIECKI Rafał</b>	<b>20</b>	TUPOT USTKA	M40-49	6	<b>00:41:57.67</b>	+00:07:35 (18.1%)	4:11	14.3 (81.7%)
18	<b>NAGÓREK Krzysztof</b>	<b>35</b>	TUPOT USTKA	M60-69	1	<b>00:42:09.07</b>	+00:07:46 (18.4%)	4:12	14.2 (81.1%)
19	<b>OLESZEK Jerzy</b>	<b>93</b>	SZKOŁA PODOFICERSKA MW	M40-49	7	<b>00:43:15.32</b>	+00:08:52 (20.5%)	4:19	13.9 (79.4%)
20	<b>DĘGA Ryszard</b>	<b>73</b>	TUPOT USTKA	M60-69	2	<b>00:43:30.91</b>	+00:09:08 (21.0%)	4:21	13.8 (78.9%)
21	<b>OKOŁOTOWICZ Sebastian</b>	<b>125</b>		M30-39	10	<b>00:43:44.05</b>	+00:09:21 (21.4%)	4:22	13.7 (78.3%)
22	<b>MIKICIUK Piotr</b>	<b>87</b>		M40-49	8	<b>00:43:50.08</b>	+00:09:27 (21.6%)	4:23	13.7 (78.3%)
23	<b>TOMCZAK Dominik</b>	<b>54</b>	NIGHT RUNNERS SŁUPSK	M40-49	9	<b>00:43:55.59</b>	+00:09:33 (21.7%)	4:23	13.7 (78.3%)
24	<b>WŁAŚNIAK Łukasz</b>	<b>60</b>		M16-29	3	<b>00:43:57.99</b>	+00:09:35 (21.8%)	4:23	13.7 (78.3%)
25	<b>OLEKSIUK Przemysław</b>	<b>91</b>	SIG DYSTRYBUCJA BUDOWLANA SZCZECIN	M16-29	4	<b>00:44:26.87</b>	+00:10:04 (22.7%)	4:26	13.5 (77.1%)
26	<b>OLEKSIUK Andrzej</b>	<b>92</b>		M40-49	10	<b>00:44:27.07</b>	+00:10:04 (22.7%)	4:26	13.5 (77.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
27	SKOMOROWSKI Michał	47	USTKA	M30-39	11	00:44:46.40	+00:10:23 (23.2%)	4:28	13.4 (76.6%)
28	KAMIŃSKI Marcin	21	MOCZYMORDY TEAM	M40-49	11	00:44:56.73	+00:10:34 (23.5%)	4:29	13.4 (76.6%)
29	PAWLIK Krystian	39		M16-29	5	00:45:24.94	+00:11:02 (24.3%)	4:32	13.2 (75.4%)
30	SITNIK Mikołaj	123		M16-29	6	00:45:36.29	+00:11:13 (24.6%)	4:33	13.2 (75.4%)
31	PUDELSKI Krzysztof	44		M16-29	7	00:45:42.21	+00:11:19 (24.8%)	4:34	13.1 (74.9%)
32	BASIŃSKI Paweł	3	USB USTKA	M30-39	12	00:45:42.63	+00:11:20 (24.8%)	4:34	13.1 (74.9%)
33	SŁOMIŃSKI Kamil	102		M30-39	13	00:46:05.33	+00:11:42 (25.4%)	4:36	13 (74.3%)
34	JAROS Adam	75		M40-49	12	00:46:15.00	+00:11:52 (25.7%)	4:37	13 (74.3%)
35	SMOLIŃSKI Krzysztof	103	SMOLIŃSCY TEAM	M40-49	13	00:46:32.53	+00:12:10 (26.1%)	4:39	12.9 (73.7%)
36	ŻYSZKIEWICZ Piotr	65	USB USTKA	M40-49	14	00:46:44.30	+00:12:21 (26.5%)	4:40	12.8 (73.1%)
37	WIATRZYK Krzysztof	58	DARŁOWO	M40-49	15	00:47:37.59	+00:13:15 (27.8%)	4:45	12.6 (72.0%)
38	PUDELSKI Józef	43	USTKA	M30-39	14	00:47:45.14	+00:13:22 (28.0%)	4:46	12.6 (72.0%)
39	SPYCHAŁSKI Artur	49		M40-49	16	00:47:45.87	+00:13:23 (28.0%)	4:46	12.6 (72.0%)
40	PODLAK Piotr	41		M30-39	15	00:48:04.04	+00:13:41 (28.5%)	4:48	12.5 (71.4%)
41	PUDELSKI Robert	96	WŁYNKÓWKO	M40-49	17	00:48:18.82	+00:13:56 (28.8%)	4:49	12.4 (70.9%)
42	OLECHNOWICZ Zbigniew	119	TUPOT USTKA	M70+	1	00:48:36.05	+00:14:13 (29.3%)	4:51	12.3 (70.3%)
43	IWANOWSKI Michał	74		M30-39	16	00:48:53.12	+00:14:30 (29.7%)	4:53	12.3 (70.3%)
44	KOCEJKO Marek	24	USB USTKA	M60-69	3	00:49:17.32	+00:14:54 (30.3%)	4:55	12.2 (69.7%)
45	ORŁOWSKI Edward	38		M40-49	18	00:49:42.35	+00:15:19 (30.8%)	4:58	12.1 (69.1%)
46	BODO Rafał	68		M30-39	17	00:50:41.34	+00:16:18 (32.2%)	5:04	11.8 (67.4%)
47	BERENT Robert	67	TUPOT USTKA	M50-59	1	00:50:55.73	+00:16:33 (32.5%)	5:05	11.8 (67.4%)
48	ZDUNEK Krzysztof	112	W.P.K. SŁOŃ TEAM USTKA	M40-49	19	00:50:59.43	+00:16:36 (32.6%)	5:05	11.8 (67.4%)
49	TUROWSKI Wojciech	57		M50-59	2	00:51:01.73	+00:16:39 (32.6%)	5:06	11.8 (67.4%)
50	NURKOWSKI Marcin	90		M40-49	20	00:51:09.58	+00:16:47 (32.8%)	5:06	11.7 (66.9%)
51	DADACZ Rafał	7		M30-39	18	00:51:10.80	+00:16:48 (32.8%)	5:07	11.7 (66.9%)
52	ZAGRODZKI Ireneusz	111	TUPOT USTKA	M60-69	4	00:51:13.14	+00:16:50 (32.9%)	5:07	11.7 (66.9%)
53	BACH Paweł	2		M30-39	19	00:51:16.77	+00:16:54 (33.0%)	5:07	11.7 (66.9%)
54	TOMCZAK Sebastian	117	USTKA	M40-49	21	00:51:25.24	+00:17:02 (33.1%)	5:08	11.7 (66.9%)
55	NIWIŃSKI Grzegorz	36	TUPOT USTKA	M60-69	5	00:51:43.15	+00:17:20 (33.5%)	5:10	11.6 (66.3%)
56	ANDRZEJCZAK Sławomir	66	GRZESŁAW USTKA	M40-49	22	00:52:28.79	+00:18:06 (34.5%)	5:14	11.4 (65.1%)
57	GONTEK Łukasz	12	VWBATORY	M30-39	20	00:53:11.06	+00:18:48 (35.4%)	5:19	11.3 (64.6%)
58	KOT Daniel	80	KOT TEAM	M40-49	23	00:53:51.78	+00:19:29 (36.2%)	5:23	11.1 (63.4%)
59	ZARĘBSKI Maciej	118	APTEKA CENTRUM LEKÓW	M40-49	24	00:54:20.60	+00:19:58 (36.7%)	5:26	11 (62.9%)
60	TÓRZ Andrzej	109		M60-69	6	00:54:45.50	+00:20:22 (37.2%)	5:28	11 (62.9%)
61	POKORNY Edward	95	TUPOT USTKA	M70+	2	00:54:48.27	+00:20:25 (37.3%)	5:28	10.9 (62.3%)
62	PRZYMORSKI Waldemar	42	W.P.K. SŁOŃ TEAM USTKA	M40-49	25	00:55:14.59	+00:20:52 (37.8%)	5:31	10.9 (62.3%)
63	CZECH Roman	124		M70+	3	00:55:41.32	+00:21:18 (38.3%)	5:34	10.8 (61.7%)
64	KAMIŃSKI Marcin	79		M30-39	21	00:55:53.51	+00:21:30 (38.5%)	5:35	10.7 (61.1%)
65	LEWANDOWSKI Adam	85	W.P.K. SŁOŃ TEAM USTKA	M30-39	22	00:57:12.61	+00:22:50 (39.9%)	5:43	10.5 (60.0%)
66	JUSIEWICZ Tomasz	76		M30-39	23	00:59:57.38	+00:25:34 (42.7%)	5:59	10 (57.1%)
67	KRYGIER Ireneusz	83	W.P.K. SŁOŃ TEAM USTKA	M40-49	26	01:00:03.65	+00:25:41 (42.8%)	6:00	10 (57.1%)
68	JABŁONOWSKI Marian	18	TUPOT USTKA	M60-69	7	01:00:13.49	+00:25:50 (42.9%)	6:01	10 (57.1%)
69	BURDA Sebastian	4	W.P.K. SŁOŃ TEAM USTKA	M40-49	27	01:06:21.84	+00:31:59 (48.2%)	6:38	9 (51.4%)
70	KABACIŃSKI Bronisław	77	TUPOT USTKA	M70+	4	01:08:37.22	+00:34:14 (49.9%)	6:51	8.7 (49.7%)

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71	<b>GRABOWICZ Jurek</b>	<b>13</b>	TUPOT USTKA	M70+	5	<b>01:08:37.67</b>	+00:34:15 (49.9%)	6:51	8.7 (49.7%)

Znaleziono 71 wynik(ów)