



GRODNO - MIĘDZYNARODOWE MISTRZOSTWA BIAŁORUSI NORDIC WALKING - 10 KM

B4SPORT

Wydarzenie: GRODNO - MIĘDZYNARODOWE MISTRZOSTWA
BIAŁORUSI NORDIC WALKING
Organizator: PFNW
Data: 2017-07-22
Miejsce: Grodno
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	SIWAK Piotr	183	KS METRACO POLKOWICE	M50-59	1			00:17:05	00:34:54	00:52:34	01:10:35.55		7:03	8.5 (100%)
2	ANACZKOWSKI Mirośław	171	LKS ZANTYR SZTUM	M60-69	1			00:17:07	00:35:05	00:52:55	01:10:58.85	+00:00:23 (0.5%)	7:05	8.5 (100%)
3	ДОЛБАК Игорь	190	NORDIC BREST	M40-49	1			00:17:42	00:36:15	00:54:36	01:12:50.85	+00:02:15 (3.1%)	7:17	8.2 (96.5%)
4	SMUS Damian Kamil	200	SKP 4 WARSZAWA	M18-29	1	1		00:18:08	00:36:19	00:54:37	01:12:59.20	+00:02:23 (3.3%)	7:17	8.2 (96.5%)
5	МИНІАХМЕТОВ Віктор	216	ГОКУ	M18-29	2			00:18:38	00:36:40	00:54:51	01:13:07.50	+00:02:31 (3.5%)	7:18	8.2 (96.5%)
6	JĖDRASIAK Renata	173	KS METRACO POLKOWICE	K50-59	1			00:18:21	00:36:48	00:54:54	01:13:29.85	+00:02:54 (4.0%)	7:21	8.2 (96.5%)
7	ВОРОБЬЕВ Дима	44	NIGHT CITY	M30-39	1	2		00:18:36	00:37:20	00:55:46	01:14:01.85	+00:03:26 (4.6%)	7:24	8.1 (95.3%)
8	СТЕПУРА Илья	207	"ПРОБЕРТЕЛ"	M18-29	3			00:18:31	00:36:56	00:55:30	01:14:15.00	+00:03:39 (4.9%)	7:25	8.1 (95.3%)
9	ПУХТИЙ Евгения	203	NW.SOLONOGA	K30-39	1			00:18:20	00:36:48	00:55:27	01:14:23.55	+00:03:48 (5.1%)	7:26	8.1 (95.3%)
10	МИНІАХМЕТОВ Раміл	215	ГОКУ	M40-49	2			00:18:35	00:37:02	00:55:43	01:14:50.70	+00:04:15 (5.7%)	7:29	8 (94.1%)
11	КОРОБАЧ Сергей	195	ГРОДНО	M30-39	2			00:17:55	00:36:44	00:55:49	01:15:31.30	+00:04:55 (6.5%)	7:33	7.9 (92.9%)
12	SOBIERAJ Marcin Jerzy	219	SKP 4 WARSZAWA	M30-39	3			00:18:29	00:37:53	00:57:36	01:18:09.80	+00:07:34 (9.7%)	7:49	7.7 (90.6%)
13	PASIŃSKA-SKOWRON Sylwia	178	PRUSZYŃSKI NORDIC WALKING	K40-49	1			00:19:14	00:38:48	00:58:38	01:18:19.35	+00:07:43 (9.9%)	7:49	7.7 (90.6%)

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											netto 10km	Różn		
14	PIOTROWSKI Lech	181	LKS ZANTYR SZTUM	M50-59	2			00:18:59	00:38:44	00:58:32	01:18:49.70	+00:08:14 (10.4%)	7:53	7.6 (89.4%)
15	SOBAŃSKA Grażyna	184		K60-69	1			00:19:38	00:39:29	00:59:18	01:19:04.25	+00:08:28 (10.7%)	7:54	7.6 (89.4%)
16	ХАРИТОНЮК Михаил	209	"ПРОВЕРТЕЛ"	M50-59	3			00:19:06	00:38:49	00:58:53	01:19:34.00	+00:08:58 (11.3%)	7:57	7.5 (88.2%)
17	KOŁPAK Jan	174	LKS ZANTYR SZTUM	M60-69	2			00:19:16	00:39:08	00:59:31	01:20:11.95	+00:09:36 (12.0%)	8:01	7.5 (88.2%)
18	РАДЧЕНКО Ольга	217	ЗВЕЗДА	K30-39	2			00:19:39	00:39:36	01:00:05	01:21:14.00	+00:10:38 (13.1%)	8:07	7.4 (87.1%)
19	МАТВЕЕНОК Алеся	199	ФЕДЕРАЦИЯ СКАНДИНАВСКОЙ ХОДЬБЫ	K30-39	3			00:19:49	00:40:00	01:00:22	01:21:38.15	+00:11:02 (13.5%)	8:09	7.3 (85.9%)
20	ЦВИГУН Эдуард	210	RNWA	M40-49	3			00:18:54	00:39:04	01:00:26	01:22:09.55	+00:11:34 (14.1%)	8:13	7.3 (85.9%)
21	ДОЛБАК Марина	192	NORDIC BREST	K40-49	2			00:19:58	00:40:50	01:01:53	01:22:46.65	+00:12:11 (14.7%)	8:16	7.2 (84.7%)
22	PIĄTKOWSKI Józef	179	KS METRACO POLKOWICE	M70+	1			00:20:27	00:41:16	01:02:05	01:22:55.55	+00:12:20 (14.9%)	8:17	7.2 (84.7%)
23	МАРКЕВИЧ Галина	197	ПРОВЕРТЕЛ	K50-59	2			00:20:10	00:41:17	01:02:38	01:23:30.70	+00:12:55 (15.5%)	8:21	7.2 (84.7%)
24	ГАНЕВИЧ Анатолий	186	ХРАБРЫЕ КОЧЕВНИКИ	M40-49	4			00:19:44	00:40:30	01:02:13	01:23:48.10	+00:13:12 (15.8%)	8:22	7.2 (84.7%)
25	ЕРЕМЕЕВА Ольга	193	-	K50-59	3			00:20:38	00:41:29	01:02:48	01:23:54.30	+00:13:18 (15.9%)	8:23	7.1 (83.5%)
26	РОВДО Алексей	204	БЕЗ КЛУБА, МОГУ ЗА ЛЮБОЙ	M40-49	5			00:24:43	00:44:42	01:04:40	01:24:15.65	+00:13:40 (16.2%)	8:25	7.1 (83.5%)
27	ТЁМНАЯ Анна	208	SCANDI NOSTRA БЕЛАРУСЬ	K40-49	3			00:20:35	00:41:31	01:02:49	01:24:23.70	+00:13:48 (16.4%)	8:26	7.1 (83.5%)
28	ПАСЫНКОВ Михаил	202	КЛУБ ЯСКАНДИНАВСКОЙ ХОДЬБЫ "ХОДИКО"	M50-59	4			00:19:55	00:41:02	01:02:32	01:24:24.10	+00:13:48 (16.4%)	8:26	7.1 (83.5%)
29	КАТЕРИНЧУК Марина	211	ХОДИКО	K50-59	4	1		00:20:47	00:41:48	01:03:16	01:24:37.80	+00:14:02 (16.6%)	8:27	7.1 (83.5%)
30	MIĘTKIEWICZ Ewa	176		K30-39	4			00:20:47	00:42:27	01:03:54	01:24:44.60	+00:14:09 (16.7%)	8:28	7.1 (83.5%)
31	ОБИДМЕТОВ Сергей	218	ЗВЕЗДА	M60-69	3	1		00:20:21	00:41:46	01:03:10	01:24:50.75	+00:14:15 (16.8%)	8:29	7.1 (83.5%)
32	ЖИНЕЛЬ Жанна	194	"ПРОВЕРТЕЛ"	K40-49	4			00:20:50	00:42:01	01:03:25	01:24:55.55	+00:14:20 (16.9%)	8:29	7.1 (83.5%)
33	НОСАЧ Дарья	212	ХОДИКО	K18-29	1			00:20:29	00:41:29	01:03:14	01:25:48.55	+00:15:13 (17.7%)	8:34	7 (82.4%)
34	RACZYŃSKA Aleksandra	182	UNIA MIAST	K70+	1			00:21:05	00:42:40	01:04:34	01:26:31.75	+00:15:56 (18.4%)	8:39	6.9 (81.2%)
35	PIOTROWSKA Elwira	180	LKS ZANTYR SZTUM	K50-59	5			00:20:41	00:42:26	01:04:39	01:26:51.70	+00:16:16 (18.7%)	8:41	6.9 (81.2%)
36	МАЛКОВА Валентина	196	ШАГ ЗА ШАГОМ	K50-59	6			00:21:11	00:43:07	01:05:35	01:28:00.05	+00:17:24 (19.8%)	8:48	6.8 (80.0%)

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37	ГРИГОР'ЄВА Людмила	189	DABROWA NW	K60-69	2			00:21:01	00:42:44	01:05:04	01:28:16.75	+00:17:41 (20.0%)	8:49	6.8 (80.0%)
38	МЕРКУШЕВА Ольга	72	ЗВЕЗДА	K50-59	7			00:21:12	00:43:08	01:05:37	01:28:18.45	+00:17:42 (20.1%)	8:49	6.8 (80.0%)
39	МАСЛОВСКАЯ Евгения	198	SELF	K50-59	8			00:22:04	00:44:53	01:07:48	01:31:15.15	+00:20:39 (22.6%)	9:07	6.6 (77.6%)
40	ДОЛБАК Екатерина	191	NORDIC BREST	K18-29	2			00:21:31	00:44:45	01:08:27	01:31:52.60	+00:21:17 (23.2%)	9:11	6.5 (76.5%)
41	СМУРАГА Константина	205	"ПРОВЕРТЕЛ"	K60-69	3			00:22:30	00:45:47	01:09:18	01:33:03.30	+00:22:27 (24.1%)	9:18	6.4 (75.3%)
42	ПЕРЕДЕРІЄВ Деніс	213	ХОДІКО	M30-39	4			00:22:06	00:45:48	01:10:06	01:34:21.90	+00:23:46 (25.2%)	9:26	6.4 (75.3%)
43	ПАВЛЮКЕВИЧ Елена	201	ПРОВЕРТЕЛ	K70+	2			00:29:36	00:58:48	01:30:01	02:01:51.15	+00:51:15 (42.1%)	12:11	4.9 (57.6%)

Znaleziono 43 wynik(ów)