



GRODNO - MIĘDZYNARODOWE MISTRZOSTWA BIAŁORUSI NORDIC WALKING - 5 KM

B4SPORT

Wydarzenie: GRODNO - MIĘDZYNARODOWE MISTRZOSTWA
BIAŁORUSI NORDIC WALKING
Organizator: PFNW
Data: 2017-07-22
Miejsce: Grodno
Dystans: 5 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Start_All 2.5km | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|------------|----------------------|-----------|------|----------------|-----------------|--------------------|----------------------|----------------------|-----------------|----------------|
| 1 | ЗАЛІСКО Оксана | 51 | DABROWA NW | K60-64 | 1 | | | 00:17:20 | 00:35:01.40 | | 7:00 | 8.6 (100%) |
| 2 | GRYGOROWICZ Bogdan | 8 | KS METRACO POLKOWICE | M65-69 | 1 | | | 00:18:03 | 00:36:29.30 | +00:01:27 (4.0%) | 7:17 | 8.2 (95.3%) |
| 3 | ФОМІЧЕВ Ігорь | 135 | | M50-54 | 1 | | | 00:19:09 | 00:38:02.70 | +00:03:01 (7.9%) | 7:36 | 7.9 (91.9%) |
| 4 | РУЗАВИН Юрий | 81 | - | M30-39 | 1 | | | 00:19:06 | 00:38:20.05 | +00:03:18 (8.6%) | 7:40 | 7.8 (90.7%) |
| 5 | ГРИГОРЬЕВА Рената | 169 | | K-Jun. | 1 | | | 00:19:00 | 00:38:34.60 | +00:03:33 (9.2%) | 7:43 | 7.8 (90.7%) |
| 6 | БАЙНЕВ Сергей | 122 | | M55-59 | 1 | | | 00:19:28 | 00:38:36.80 | +00:03:35 (9.3%) | 7:43 | 7.8 (90.7%) |
| 7 | УШАКОВ Грігорій | 214 | ХОДІКО | M50-54 | 2 | | | 00:19:08 | 00:38:51.35 | +00:03:49 (9.9%) | 7:46 | 7.7 (89.5%) |
| 8 | ТАНАНУШКА Александр | 136 | | M18-29 | 1 | | | 00:19:58 | 00:38:51.65 | +00:03:50 (9.9%) | 7:46 | 7.7 (89.5%) |
| 9 | ЗАЙЦЕВ Ігорь | 99 | СВІТАНОК | M55-59 | 2 | 1 | | 00:19:43 | 00:39:11.40 | +00:04:10 (10.6%) | 7:50 | 7.7 (89.5%) |
| 10 | КАШКЕВІЧ Владімір | 150 | | M30-39 | 2 | | | 00:20:11 | 00:39:17.30 | +00:04:15 (10.9%) | 7:51 | 7.6 (88.4%) |
| 11 | ВОЛЧОК Роман | 155 | | M40-44 | 1 | | | 00:19:31 | 00:39:35.65 | +00:04:34 (11.5%) | 7:55 | 7.6 (88.4%) |
| 12 | MORYS Agnieszka | 23 | FABRIKANORDIKA | K30-39 | 1 | | | 00:19:38 | 00:39:41.70 | +00:04:40 (11.8%) | 7:56 | 7.6 (88.4%) |
| 13 | КЕДЗИЕРСКА Edyta | 9 | | K40-44 | 1 | | | 00:20:13 | 00:40:05.50 | +00:05:04 (12.6%) | 8:01 | 7.5 (87.2%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Start All 2.5km | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|--------------------------|--------------------------|------|----------------|-----------------|--------------------|----------------------|----------------------|-----------------|----------------|
| 14 | КРУПСКАЯ Светлана | 60 | ГРОДНО | K30-39 | 2 | | | 00:20:02 | 00:40:07.60 | +00:05:06 (12.7%) | 8:01 | 7.5 (87.2%) |
| 15 | ДУБРОВІНА Оксана | 105 | | K50-54 | 1 | | | 00:20:12 | 00:40:25.45 | +00:05:24 (13.4%) | 8:05 | 7.4 (86.0%) |
| 16 | KOSICKA Beata | 13 | | K45-49 | 1 | | | 00:20:07 | 00:40:31.60 | +00:05:30 (13.6%) | 8:06 | 7.4 (86.0%) |
| 17 | ЗАВЬЯЛОВА Марина | 50 | SELF | K55-59 | 1 | | | 00:19:53 | 00:40:32.35 | +00:05:30 (13.6%) | 8:06 | 7.4 (86.0%) |
| 18 | МАТУСЕВИЧ Юрий | 68 | | M55-59 | 3 | | | 00:20:25 | 00:40:35.05 | +00:05:33 (13.7%) | 8:07 | 7.4 (86.0%) |
| 19 | КРИВОПУСТ Анджей | 58 | СКАНДИНАВСКОЙ ХОДЬБЫ УЗВ | M-Jun. | 1 | | | 00:19:53 | 00:40:38.00 | +00:05:36 (13.8%) | 8:07 | 7.4 (86.0%) |
| 20 | ЖУКОВСКАЯ Агнесса | 49 | ГОКУ | K-Jun. | 2 | | | 00:20:20 | 00:40:38.45 | +00:05:37 (13.8%) | 8:07 | 7.4 (86.0%) |
| 21 | ТИШЕНКОВА Марина | 101 | ГРОДНО | K30-39 | 3 | | | 00:20:10 | 00:40:51.55 | +00:05:50 (14.3%) | 8:10 | 7.3 (84.9%) |
| 22 | RUCZYŃSKA Ewa | 28 | LKS ZANTYR | K45-49 | 2 | | | 00:20:35 | 00:41:11.30 | +00:06:09 (15.0%) | 8:14 | 7.3 (84.9%) |
| 23 | KOSIŃSKA Maria | 14 | MOSIR RYPIN | K60-64 | 2 | | | 00:20:18 | 00:41:24.15 | +00:06:22 (15.4%) | 8:16 | 7.2 (83.7%) |
| 24 | GRYGOROWICZ Teresa | 7 | KS METRACO POLKOWICE | K65-69 | 1 | | | 00:20:24 | 00:41:29.05 | +00:06:27 (15.6%) | 8:17 | 7.2 (83.7%) |
| 25 | ANACZKOWSKA Krystyna | 1 | LKS ZANTYR SZTUM | K55-59 | 2 | | | 00:20:45 | 00:42:17.35 | +00:07:15 (17.2%) | 8:27 | 7.1 (82.6%) |
| 26 | СТАСЬКО Татьяна | 87 | NORDICWALKINGMINSK | K40-44 | 2 | | | 00:20:57 | 00:42:34.60 | +00:07:33 (17.7%) | 8:30 | 7 (81.4%) |
| 27 | ТИШЕНКОВ Алексей | 90 | СШ40 | M-Dzieci | 1 | 1 | | 00:20:51 | 00:42:40.35 | +00:07:38 (17.9%) | 8:32 | 7 (81.4%) |
| 28 | KŁOPOTOWSKI Ryszard | 10 | LKS ZANTYR SZTUM | M50-54 | 3 | | | 00:20:16 | 00:42:43.15 | +00:07:41 (18.0%) | 8:32 | 7 (81.4%) |
| 29 | САНДРАКУЛА Евгений | 130 | | M-Dzieci | 2 | | | 00:20:54 | 00:42:43.35 | +00:07:41 (18.0%) | 8:32 | 7 (81.4%) |
| 30 | ЧУМАК Татьяна | 95 | ЗВЕЗДА | K18-29 | 1 | | | 00:21:25 | 00:42:55.20 | +00:07:53 (18.4%) | 8:35 | 7 (81.4%) |
| 31 | СЕРГИЕНКО Геннадий | 82 | - | M60-64 | 1 | | | 00:21:08 | 00:42:56.10 | +00:07:54 (18.4%) | 8:35 | 7 (81.4%) |
| 32 | ГОРЕЛИК Сергей | 37 | | M55-59 | 4 | | | 00:21:36 | 00:43:04.35 | +00:08:02 (18.7%) | 8:37 | 7 (81.4%) |
| 33 | ЯКИМЧЕНКО Вита | 98 | ОО "БЕЛТИЗ" | K- Niepełnosprawni(B) | 1 | 2 | | 00:21:30 | 00:43:04.40 | +00:08:03 (18.7%) | 8:37 | 7 (81.4%) |
| 34 | НОВИКОВА Ирина | 76 | ОО "БЕЛТИЗ" | K- Niepełnosprawni(B) | 2 | | | 00:21:33 | 00:43:08.70 | +00:08:07 (18.8%) | 8:37 | 7 (81.4%) |
| 35 | KOŁRAK Irena | 12 | LKS ZANTYR SZTUM | K65-69 | 2 | | | 00:21:27 | 00:43:08.75 | +00:08:07 (18.8%) | 8:37 | 7 (81.4%) |
| 36 | МЫСЛИВЕЦ Ірина | 104 | ЗОЖ | K45-49 | 3 | | | 00:21:32 | 00:43:19.50 | +00:08:18 (19.2%) | 8:40 | 6.9 (80.2%) |

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|-----|------------------------------|------------|--------------------------|-----------|------|----------------|-----------------|--------------------|----------------------|----------------------|-----------------|----------------|
| 37 | GRABOWSKA Vożena | 5 | ZANTYR SZTUM | K45-49 | 4 | | | 00:21:26 | 00:43:21.10 | +00:08:19 (19.2%) | 8:40 | 6.9 (80.2%) |
| 38 | КАРТАШЕВИЧ Татьяна | 55 | СКАНДИНАВСКОЙ ХОДЬБЫ УЗВ | K55-59 | 3 | | | 00:21:22 | 00:43:24.00 | +00:08:22 (19.3%) | 8:40 | 6.9 (80.2%) |
| 39 | ГАВРУС Вацлав | 112 | СОКОЛ | M65-69 | 2 | | | 00:21:11 | 00:43:24.25 | +00:08:22 (19.3%) | 8:40 | 6.9 (80.2%) |
| 40 | ШАЙХАЛИСЛАМОВ Фелун | 96 | ХОДИКО | M50-54 | 4 | | | 00:21:09 | 00:43:28.75 | +00:08:27 (19.4%) | 8:41 | 6.9 (80.2%) |
| 41 | МАРТИНЧИК Любовь | 67 | БЕЛЫЕ ХОДОКИ | K45-49 | 5 | | | 00:21:41 | 00:43:29.65 | +00:08:28 (19.5%) | 8:42 | 6.9 (80.2%) |
| 42 | МАРКУЛИС Татьяна | 66 | "ПРОВЕРТЕЛ" | K30-39 | 4 | | | 00:21:45 | 00:43:32.70 | +00:08:31 (19.6%) | 8:42 | 6.9 (80.2%) |
| 43 | СПАЧИНСКАЯ Анна | 85 | NORDIC BREST | K30-39 | 5 | | | 00:21:53 | 00:43:46.65 | +00:08:45 (20.0%) | 8:45 | 6.9 (80.2%) |
| 44 | KRAWCZYKOWSKA Barbara | 15 | LKS ZANTYR SZTUM | K60-64 | 3 | | | 00:21:40 | 00:43:49.20 | +00:08:47 (20.1%) | 8:45 | 6.8 (79.1%) |
| 45 | КОНОВКОВ Николай | 56 | БЕЛЫЕ ХОДОКИ | M-Jun. | 2 | | | 00:21:38 | 00:43:59.80 | +00:08:58 (20.4%) | 8:48 | 6.8 (79.1%) |
| 46 | ДУБРОВНАЯ Любовь | 113 | | K45-49 | 6 | | | 00:22:24 | 00:44:00.90 | +00:08:59 (20.4%) | 8:48 | 6.8 (79.1%) |
| 47 | КАЛІАНА Людміла | 100 | ЗВЕЗДА | K30-39 | 6 | | | 00:22:14 | 00:44:18.70 | +00:09:17 (21.0%) | 8:51 | 6.8 (79.1%) |
| 48 | MAZERSKA Maria | 19 | LKS ZANTYR SZTUM | K65-69 | 3 | | | 00:22:08 | 00:44:43.35 | +00:09:41 (21.7%) | 8:56 | 6.7 (77.9%) |
| 49 | МЕЛЕШКОВА Светлана | 71 | МОГИЛЕВ | K45-49 | 7 | | | 00:22:24 | 00:44:52.60 | +00:09:51 (22.0%) | 8:58 | 6.7 (77.9%) |
| 50 | КРИВОПУСТ Ирина | 57 | СКАНДИНАВСКОЙ ХОДЬБЫ УЗВ | K40-44 | 3 | | | 00:22:15 | 00:44:58.45 | +00:09:57 (22.1%) | 8:59 | 6.7 (77.9%) |
| 51 | BALICKA Iwona | 134 | | K40-44 | 4 | | | 00:22:48 | 00:45:01.20 | +00:09:59 (22.2%) | 9:00 | 6.7 (77.9%) |
| 52 | МАЖУТКО Нона | 65 | ЗВЕЗДА | K40-44 | 5 | | | 00:22:21 | 00:45:10.50 | +00:10:09 (22.5%) | 9:02 | 6.6 (76.7%) |
| 53 | МІКІТА Светлана | 132 | | K50-54 | 2 | | | 00:22:28 | 00:45:10.70 | +00:10:09 (22.5%) | 9:02 | 6.6 (76.7%) |
| 54 | STEFAŃSKA Helena | 32 | LKS ZANTYR SZTUM | K60-64 | 4 | | | 00:22:42 | 00:45:29.65 | +00:10:28 (23.0%) | 9:06 | 6.6 (76.7%) |
| 55 | ЛУКАШЕНКО Елена | 64 | БЕЛЫЕ ХОДОКИ | K40-44 | 6 | | | 00:22:30 | 00:45:36.00 | +00:10:34 (23.2%) | 9:07 | 6.6 (76.7%) |
| 56 | ГОРЕЛИК Светлана | 36 | | K55-59 | 4 | | | 00:23:02 | 00:45:39.30 | +00:10:37 (23.3%) | 9:07 | 6.6 (76.7%) |
| 57 | GRUSZKA Barbara | 6 | LKS ZANTYR SZTUM | K70-74 | 1 | | | 00:22:34 | 00:45:44.90 | +00:10:43 (23.4%) | 9:08 | 6.6 (76.7%) |
| 58 | ПРИЩЕПОВА Татьяна | 78 | СКАНДИНАВСКОЙ ХОДЬБЫ УЗВ | K60-64 | 5 | | | 00:22:44 | 00:45:53.95 | +00:10:52 (23.7%) | 9:10 | 6.5 (75.6%) |
| 59 | КЛЕБАН Светлана | 106 | ЗОЖ | K50-54 | 3 | | | 00:22:59 | 00:46:09.10 | +00:11:07 (24.1%) | 9:13 | 6.5 (75.6%) |

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|-----|-------------------------|-------|--------------------------------|--------------------------|------|----------------|-----------------|--------------------|----------------------|----------------------|-----------------|----------------|
| 60 | ПАВЛОВІЧ Валентіна | 108 | | K40-44 | 7 | | | 00:23:13 | 00:46:14.70 | +00:11:13 (24.3%) | 9:14 | 6.5 (75.6%) |
| 61 | ЗЛАТКОВСКАЯ Надежда | 52 | СКАНДИНАВСКОЙ ХОДЬБЫ "ЭНЕРГИЯ" | K30-39 | 7 | | | 00:23:38 | 00:46:23.30 | +00:11:21 (24.5%) | 9:16 | 6.5 (75.6%) |
| 62 | ДАНИЛОВІЧ Александр | 102 | ГРО ОО БСВВА | M55-59 | 5 | | | 00:22:47 | 00:46:56.55 | +00:11:55 (25.4%) | 9:23 | 6.4 (74.4%) |
| 63 | ЮРОВСКАЯ Валентина | 103 | | K55-59 | 5 | | | 00:23:21 | 00:46:56.75 | +00:11:55 (25.4%) | 9:23 | 6.4 (74.4%) |
| 64 | СПАЧІНСКИЙ Владимир | 86 | NORDIC BREST | M30-39 | 3 | | | 00:23:02 | 00:47:12.70 | +00:12:11 (25.8%) | 9:26 | 6.4 (74.4%) |
| 65 | ЛОКІТЬ Казімір | 129 | СОКОЛ | M75+ | 1 | 1 | | 00:23:38 | 00:47:16.70 | +00:12:15 (25.9%) | 9:27 | 6.3 (73.3%) |
| 66 | ЧЕКЕЛЬ Евгения | 107 | СОКОЛ | K60-64 | 6 | | | 00:23:23 | 00:47:16.95 | +00:12:15 (25.9%) | 9:27 | 6.3 (73.3%) |
| 67 | СПАЧІНСКАЯ Іларія | 115 | NORDIC BREST | K-Dzieci | 1 | | | 00:23:20 | 00:47:31.55 | +00:12:30 (26.3%) | 9:30 | 6.3 (73.3%) |
| 68 | SADŁOS Helna | 29 | LKS ZANTYR SZTUM | K65-69 | 4 | | | 00:23:40 | 00:47:36.10 | +00:12:34 (26.4%) | 9:31 | 6.3 (73.3%) |
| 69 | УРБАНОВІЧ Анна | 123 | СОКОЛ | K70-74 | 2 | | | 00:23:42 | 00:47:44.50 | +00:12:43 (26.6%) | 9:33 | 6.3 (73.3%) |
| 70 | БЛИЗНЕЦ Клавдия | 41 | ЗВЕЗДА | K65-69 | 5 | 1 | | 00:24:24 | 00:47:57.70 | +00:12:56 (27.0%) | 9:35 | 6.3 (73.3%) |
| 71 | MALINOWSKA Grażyna | 17 | LKS ZANTYR SZTUM | K65-69 | 6 | | | 00:23:33 | 00:48:04.60 | +00:13:03 (27.2%) | 9:37 | 6.2 (72.1%) |
| 72 | СОНЕЛІНА Тамара | 84 | ЗВЕЗДА | K70-74 | 3 | 1 | | 00:23:45 | 00:48:13.60 | +00:13:12 (27.4%) | 9:38 | 6.2 (72.1%) |
| 73 | КМІЕСІК-ZEGARSKA Teresa | 11 | ZANTYR SZTUM | K55-59 | 6 | | | 00:24:01 | 00:48:16.80 | +00:13:15 (27.5%) | 9:39 | 6.2 (72.1%) |
| 74 | БЕРІНЧІК Светлана | 40 | NORDIC BREST | K55-59 | 7 | | | 00:23:49 | 00:48:16.85 | +00:13:15 (27.5%) | 9:39 | 6.2 (72.1%) |
| 75 | РОВСКАЯ Елена | 80 | СКАНДИНАВСКОЙ ХОДЬБЫ "ЭНЕРГИЯ" | K- Niepełnosprawni(B) | 3 | | | 00:24:42 | 00:48:18.10 | +00:13:16 (27.5%) | 9:39 | 6.2 (72.1%) |
| 76 | CZWERENKO Alicja | 4 | ZANTYR SZTUM | K55-59 | 8 | | | 00:24:11 | 00:48:34.15 | +00:13:32 (27.9%) | 9:42 | 6.2 (72.1%) |
| 77 | ДОЛБАК Денис | 48 | NORDIC BREST | M-Dzieci | 3 | | | 00:24:25 | 00:49:04.55 | +00:14:03 (28.6%) | 9:48 | 6.1 (70.9%) |
| 78 | ЧУМАК Анна | 94 | ЗВЕЗДА | K45-49 | 8 | | | 00:25:04 | 00:49:14.00 | +00:14:12 (28.9%) | 9:50 | 6.1 (70.9%) |
| 79 | ГОРДЕЙЧІК Галіна | 109 | | K45-49 | 9 | | | 00:25:24 | 00:49:23.45 | +00:14:22 (29.1%) | 9:52 | 6.1 (70.9%) |
| 80 | ШАМАК Ольга | 97 | ЗВЕЗДА | K60-64 | 7 | | | 00:24:29 | 00:49:28.90 | +00:14:27 (29.2%) | 9:53 | 6.1 (70.9%) |
| 81 | ТЕРЕШКОВА Людмила | 89 | БЕЛЫЕ ХОДОКИ Г. ГОМЕЛЬ | K55-59 | 9 | | | 00:24:32 | 00:49:29.20 | +00:14:27 (29.2%) | 9:53 | 6.1 (70.9%) |
| 82 | БУШУК Елена | 43 | МИС "ЛЕКАРЬ" | K50-54 | 4 | | | 00:25:07 | 00:49:30.75 | +00:14:29 (29.3%) | 9:54 | 6.1 (70.9%) |

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|-----|---------------------|-------|------------------|--------------------------|------|----------------|-----------------|--------------------|----------------------|----------------------|-----------------|----------------|
| 83 | МАТУСЕВИЧ Мария | 70 | | K-Dzieci | 2 | | | 00:24:26 | 00:49:41.85 | +00:14:40 (29.5%) | 9:56 | 6 (69.8%) |
| 84 | БУДНІК Валерій | 125 | ОО "БЕЛТИЗ" | M- Niepełnosprawni(B) | 1 | | | 00:24:32 | 00:49:43.25 | +00:14:41 (29.6%) | 9:56 | 6 (69.8%) |
| 85 | ЦИЛЮЛЬКО Наталья | 93 | БЕЛТИЗ | K- Niepełnosprawni(B) | 4 | | | 00:24:23 | 00:49:49.20 | +00:14:47 (29.7%) | 9:57 | 6 (69.8%) |
| 86 | ДУБОВАЯ Елена | 131 | | K55-59 | 10 | | | 00:25:24 | 00:50:58.55 | +00:15:57 (31.3%) | 10:11 | 5.9 (68.6%) |
| 87 | ФЕДОТОВА Тамара | 124 | ОО "БЕЛТИЗ" | K- Niepełnosprawni(B) | 5 | | | 00:26:07 | 00:51:45.50 | +00:16:44 (32.3%) | 10:21 | 5.8 (67.4%) |
| 88 | LIPÍŃSKA Regina | 16 | LKS ZANTYR SZTUM | K70-74 | 4 | | | 00:25:37 | 00:52:09.45 | +00:17:08 (32.9%) | 10:25 | 5.8 (67.4%) |
| 89 | ГОНЧАР Вікторія | 114 | НАУМОВІЧІ | K55-59 | 11 | | | 00:25:18 | 00:52:10.70 | +00:17:09 (32.9%) | 10:26 | 5.7 (66.3%) |
| 90 | ЯКУБЕЦ Андрей | 119 | | M- Niepełnosprawni(A) | 1 | | | 00:25:49 | 00:52:14.60 | +00:17:13 (33.0%) | 10:27 | 5.7 (66.3%) |
| 91 | СЫРОВАТКО Дмитрій | 116 | | M- Niepełnosprawni(A) | 2 | | | 00:25:50 | 00:52:16.30 | +00:17:14 (33.0%) | 10:27 | 5.7 (66.3%) |
| 92 | ФЕДОСЕВІЧ Стефан | 111 | СОКОЛ | M75+ | 2 | | | 00:26:13 | 00:52:33.20 | +00:17:31 (33.4%) | 10:30 | 5.7 (66.3%) |
| 93 | БАРАБАНОВА Надежда | 39 | БЕЛЫЕ ХОДОКИ | K55-59 | 12 | | | 00:25:57 | 00:53:30.45 | +00:18:29 (34.5%) | 10:42 | 5.6 (65.1%) |
| 94 | МАТУСЕВИЧ Жанна | 69 | | K45-49 | 10 | | | 00:26:31 | 00:53:44.65 | +00:18:43 (34.8%) | 10:45 | 5.6 (65.1%) |
| 95 | STASZEWSKA Wiesława | 31 | | K60-64 | 8 | | | 00:26:35 | 00:54:23.05 | +00:19:21 (35.6%) | 10:52 | 5.5 (64.0%) |
| 96 | MARCZAK Jadwiga | 18 | | K55-59 | 13 | | | 00:26:36 | 00:54:23.35 | +00:19:21 (35.6%) | 10:52 | 5.5 (64.0%) |
| 97 | ГРІБОК Елене | 128 | | K70-74 | 5 | | | 00:27:25 | 00:55:06.35 | +00:20:04 (36.4%) | 11:01 | 5.4 (62.8%) |
| 98 | ХАРІТОНОВА Юлія | 117 | | K- Niepełnosprawni(A) | 1 | | | 00:28:16 | 00:55:16.30 | +00:20:14 (36.6%) | 11:03 | 5.4 (62.8%) |
| 99 | ОБУХОВІЧ Тереса | 110 | СОКОЛ | K65-69 | 7 | | | 00:27:27 | 00:55:20.55 | +00:20:19 (36.7%) | 11:04 | 5.4 (62.8%) |
| 100 | ВІЛЬНЕВЧИЦ Людміла | 126 | ОО "БЕЛТИЗ" | K- Niepełnosprawni(B) | 6 | | | 00:28:00 | 00:57:52.55 | +00:22:51 (39.5%) | 11:34 | 5.2 (60.5%) |
| 101 | МЕЛЕШКО Татьяна | 133 | СОКОЛ | K75+ | 1 | | | 00:28:34 | 00:59:05.35 | +00:24:03 (40.7%) | 11:49 | 5.1 (59.3%) |
| 102 | ГАЛЕНЕВСКАЯ Ірина | 127 | ОО "БЕЛТИЗ" | K- Niepełnosprawni(B) | 7 | | | 00:29:40 | 01:01:06.50 | +00:26:05 (42.7%) | 12:13 | 4.9 (57.0%) |
| 103 | МИХНЕВИЧ Елена | 74 | ОО "БЕЛТИЗ" | K- Niepełnosprawni(B) | 8 | | | 00:30:39 | 01:01:55.00 | +00:26:53 (43.4%) | 12:23 | 4.8 (55.8%) |
| 104 | ЛЯНГНЕР Валерій | 121 | | M- Niepełnosprawni(A) | 3 | | | 00:31:34 | 01:04:05.50 | +00:29:04 (45.4%) | 12:49 | 4.7 (54.7%) |
| 105 | ЛЕВКО Виктор | 62 | ОО "БЕЛТИЗ" | M- Niepełnosprawni(B) | 2 | | | 00:33:12 | 01:17:05.95 | +00:42:04 (54.6%) | 15:25 | 3.9 (45.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Start_All 2.5km | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------------|------------|------|--------------------------|------|----------------|-----------------|--------------------|----------------------|----------------------|-----------------|----------------|
| 106 | ДУБОВИК Юлія | 118 | | K- Niepełnosprawni(A) | 2 | | | 00:36:13 | 01:17:24.15 | +00:42:22 (54.8%) | 15:29 | 3.9 (45.3%) |
| 107 | КАМІНСКАЯ Інна | 120 | | K- Niepełnosprawni(A) | 3 | | | 00:36:09 | 01:17:31.45 | +00:42:30 (54.8%) | 15:30 | 3.9 (45.3%) |
| 108 | BORZESZKOWSKA Małgorzata | 3 | | K50-54 | 5 | | | 00:36:03 | 01:17:31.50 | +00:42:30 (54.8%) | 15:30 | 3.9 (45.3%) |
| 109 | ВОЈКЕ Olgierd | 2 | | M55-59 | 6 | | | 00:36:12 | 01:17:35.20 | +00:42:33 (54.9%) | 15:31 | 3.9 (45.3%) |

Znaleziono 109 wynik(ów)