



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Gorce Ultra Trail - Winter
Fundacja Run Vegan
2020-02-22
Ochoznica Górna
24 km

GUT WINTER 24

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Lubań 14km	Kara/ bonifikata	Czas netto 24km	Czas brutto 24km	Różn	Tempo min/km	Tempo km/h
1	MAREK Dariusz	289	MONK SANDALS TEAM	M-OPEN	1		01:21:38		02:09:01.25	02:09:02.10		5:22	11.2 (100%)
2	TOMASIK Stanisław	341	GORLICA GRUPA BIEGOWA	M-OPEN	2		01:23:33		02:09:38.70	02:09:41.25	+00:00:39 (0.5%)	5:24	11.1 (99.1%)
3	DOMBROWSKI Maciej	223	ATTIQ TEAM	M-OPEN	3		01:23:46		02:12:50.90	02:12:52.05	+00:03:49 (2.9%)	5:32	10.8 (96.4%)
4	BIERNAWSKI Piotr	210		M-OPEN	4		01:26:51		02:19:58.50	02:20:00.35	+00:10:58 (7.8%)	5:49	10.3 (92.0%)
5	BARAN Artur	204		M-OPEN	5		01:33:17		02:26:19.00	02:26:20.90	+00:17:18 (11.8%)	6:05	9.8 (87.5%)
6	STUDENCKI Dawid	331		M-OPEN	6		01:34:32		02:28:44.05	02:28:45.20	+00:19:43 (13.3%)	6:11	9.7 (86.6%)
7	KOCIOŁEK Witold	262		M-OPEN	7		01:35:41		02:31:11.15	02:31:13.10	+00:22:11 (14.7%)	6:18	9.5 (84.8%)
8	KUREK Jacek	277	ŚWIETLIKOWO	M-OPEN	8		01:34:48		02:32:29.60	02:32:32.60	+00:23:30 (15.4%)	6:21	9.4 (83.9%)
9	JASNOCH Marcin	251	OLUSIA TEAM	M-OPEN	9		01:37:12		02:32:53.45	02:32:55.70	+00:23:53 (15.6%)	6:22	9.4 (83.9%)
10	MALINOWSKI Piotr	287	STS BIEGATON MIKOŁÓW	M-OPEN	10		01:36:46		02:32:53.90	02:32:55.95	+00:23:53 (15.6%)	6:22	9.4 (83.9%)
11	WILK Katarzyna	352		K-OPEN	1		01:41:21		02:41:52.45	02:41:53.60	+00:32:51 (20.3%)	6:44	8.9 (79.5%)
12	MATLOK Marek	291	SKURCZYBYKI	M-OPEN	11		01:43:25		02:44:05.65	02:44:09.00	+00:35:06 (21.4%)	6:50	8.8 (78.6%)
13	BRZOZA Adam	214	BIEGAMZAPARATEM.PL	M-OPEN	12		01:45:26		02:44:33.30	02:44:35.70	+00:35:33 (21.6%)	6:51	8.8 (78.6%)
14	KURNYTA Sławek	278		Mieszkaniec Ochoznicy	1	Tak	01:51:20		02:51:01.95	02:52:11.65	+00:43:09 (25.1%)	7:07	8.4 (75.0%)
15	GORCZOWSKI Grzegorz	238		M-OPEN	13		01:46:58		02:53:18.00	02:53:23.20	+00:44:21 (25.6%)	7:13	8.3 (74.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Lubań 14km	Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
									netto 24km	brutto 24km			
16	BARAN Piotr	205		M-OPEN	14		01:52:08		02:57:34.60	02:57:43.30	+00:48:41 (27.4%)	7:23	8.1 (72.3%)
17	KĘSICKI Andrzej	258		M-OPEN	15		01:51:58		02:58:08.35	02:58:19.70	+00:49:17 (27.6%)	7:25	8.1 (72.3%)
18	BAROSZ Natalia	380	MARCINŚWIERTTEAM	K-OPEN	2		01:54:23		02:59:01.15	02:59:02.80	+00:50:00 (27.9%)	7:27	8 (71.4%)
19	OPAŁKA Damian	302	MYRACE	M-OPEN	16		01:51:24		02:59:38.90	02:59:46.25	+00:50:44 (28.2%)	7:29	8 (71.4%)
20	BARAN Mateusz	203	GORLICKA GRUPA BIEGOWA	M-OPEN	17		01:54:02		03:00:18.45	03:00:21.75	+00:51:19 (28.5%)	7:30	8 (71.4%)
21	ZYCH Katarzyna	373	BONNIE & CLYDE	K-OPEN	3		01:55:54		03:00:43.90	03:00:47.65	+00:51:45 (28.6%)	7:31	8 (71.4%)
22	TOMCZYK Tomasz	342	RMF4RT OCR	M-OPEN	18		01:53:36		03:01:52.05	03:01:55.05	+00:52:52 (29.1%)	7:34	7.9 (70.5%)
23	PASTERNOK Marian	307	ZABRZAŃSKIE PARKOWE BIEGANIE	M-OPEN	19		01:57:35		03:03:06.25	03:03:14.45	+00:54:12 (29.6%)	7:37	7.9 (70.5%)
24	DYLAŁ Andrzej	386	PIEKIEŁKO FAMILY DYLAN TEAM	M-OPEN	20		01:54:55		03:05:56.45	03:05:59.75	+00:56:57 (30.6%)	7:44	7.7 (68.8%)
25	SZNAJDER Jarosław	336		M-OPEN	21		01:57:24		03:07:35.20	03:07:39.40	+00:58:37 (31.2%)	7:48	7.7 (68.8%)
26	DAJCZER Rafał	389		M-OPEN	22		01:55:13		03:08:20.05	03:08:23.85	+00:59:21 (31.5%)	7:50	7.6 (67.9%)
27	BODZIOCH Grzegorz	212	GORLICKA GRUPA BIEGOWA	M-OPEN	23		01:57:09		03:08:55.15	03:09:05.35	+01:00:03 (31.8%)	7:52	7.6 (67.9%)
28	RZEMIŃSKI Jacek	319		M-OPEN	24		02:00:31		03:09:22.70	03:09:29.35	+01:00:27 (31.9%)	7:53	7.6 (67.9%)
29	KOLACHA Patryk	265	STUDIO GTS	M-OPEN	25		02:00:00		03:10:46.60	03:10:49.35	+01:01:47 (32.4%)	7:56	7.5 (67.0%)
30	MUCHA Agnieszka	298		K-OPEN	4		01:59:44		03:10:44.25	03:10:49.40	+01:01:47 (32.4%)	7:56	7.5 (67.0%)
31	WICHA Małgorzata	350	WKS WAWEL	K-OPEN	5		02:05:03		03:11:01.85	03:11:05.75	+01:02:03 (32.5%)	7:57	7.5 (67.0%)
32	STANUCHIEWICZ Oskar	328		M-OPEN	26		01:59:16		03:12:58.80	03:13:06.70	+01:04:04 (33.2%)	8:02	7.5 (67.0%)
33	FALKOWSKI Piotr	227	KS PEGAZ PIASECZNO	M-OPEN	27		02:03:04		03:13:21.50	03:13:34.90	+01:04:32 (33.3%)	8:03	7.4 (66.1%)
34	KMITA Krzysztof	261		M-OPEN	28		01:57:53		03:13:45.70	03:13:48.20	+01:04:46 (33.4%)	8:04	7.4 (66.1%)
35	GARUS Łukasz	233		M-OPEN	29		01:59:33		03:16:05.55	03:16:11.65	+01:07:09 (34.2%)	8:10	7.3 (65.2%)
36	MACHULIK Marek	285		M-OPEN	30		02:02:14		03:16:49.15	03:17:09.75	+01:08:07 (34.6%)	8:12	7.3 (65.2%)
37	FORTUNA Marcin	229	ŚWISZCZĄCY ŁAŃCUCH	M-OPEN	31		02:03:08		03:18:08.65	03:18:29.05	+01:09:26 (35.0%)	8:15	7.3 (65.2%)
38	WODZIEŃ Andrzej	359	PAKO TEAM	M-OPEN	32		01:58:29		03:18:02.50	03:18:34.00	+01:09:31 (35.0%)	8:15	7.3 (65.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Klasyfikacja mieszkańców		Lubań 14km	Kara/ bonifikata	Czas netto 24km	Czas brutto 24km	Różn	Tempo min/km	Tempo km/h
					Mkat	gminy							
39	ZALEWSKI Andrzej	370		M-OPEN	33		01:58:02		03:18:32.30	03:18:34.85	+01:09:32 (35.0%)	8:16	7.3 (65.2%)
40	WITKOWSKI Łukasz	357		M-OPEN	34		02:04:50		03:18:36.45	03:18:56.25	+01:09:54 (35.1%)	8:16	7.3 (65.2%)
41	WIELGOSZ Maria	351	6X6 TEAM	K-OPEN	6		01:58:04	00:15:00	03:18:39.00	03:19:01.00	+01:09:58 (35.2%)	7:39	7.8 (69.6%)
42	PIWOŃSKI Adam	309		M-OPEN	35		02:04:42		03:16:21.70	03:19:12.55	+01:10:10 (35.2%)	8:10	7.3 (65.2%)
43	KUCZYNSKI Kamil	275		M-OPEN	36		02:02:18		03:19:32.55	03:19:44.70	+01:10:42 (35.4%)	8:18	7.2 (64.3%)
44	WOŹNICZKA Jolanta	364	WOŹNICZKA	K-OPEN	7		02:03:23		03:20:08.25	03:20:09.70	+01:11:07 (35.5%)	8:20	7.2 (64.3%)
45	WÓJCIAK Piotr	365		Mieszkaniec Ochotnicy	2	Tak	01:59:35		03:20:34.10	03:20:44.80	+01:11:42 (35.7%)	8:21	7.2 (64.3%)
46	ANTECKI Jacek	202		M-OPEN	37		02:08:34		03:20:56.30	03:21:03.85	+01:12:01 (35.8%)	8:22	7.2 (64.3%)
47	SADZIK Dariusz	320	GRUPALUKTRANS.PL	M-OPEN	38		02:08:32		03:20:54.35	03:21:13.55	+01:12:11 (35.9%)	8:22	7.2 (64.3%)
48	DURAS Andrzej	224		M-OPEN	39		02:07:33		03:22:14.50	03:22:28.85	+01:13:26 (36.3%)	8:25	7.1 (63.4%)
49	TROCKI Marcin	343		M-OPEN	40		02:06:32		03:22:31.05	03:22:57.85	+01:13:55 (36.4%)	8:26	7.1 (63.4%)
50	SIKORSKI Szymon	324		M-OPEN	41		02:08:24		03:22:52.10	03:22:57.90	+01:13:55 (36.4%)	8:27	7.1 (63.4%)
51	FRACH Dominik	231	SIGMA PIZZA AND BAR	M-OPEN	42		02:07:02		03:23:46.30	03:23:59.20	+01:14:57 (36.7%)	8:29	7.1 (63.4%)
52	KARGUL Zbigniew	254	OSTROBIEC	M-OPEN	43		02:09:52		03:24:43.55	03:24:57.60	+01:15:55 (37.0%)	8:31	7 (62.5%)
53	TABIS-HUBKA Rafal	339	ZABRZAŃSKIE PARKOWE BIEGANIE	M-OPEN	44		02:03:26		03:25:10.70	03:25:19.20	+01:16:17 (37.2%)	8:32	7 (62.5%)
54	OSZYWA Damian	304	DAMCZI RUN	M-OPEN	45		02:04:50		03:26:16.65	03:26:24.55	+01:17:22 (37.5%)	8:35	7 (62.5%)
55	WOŹNIAK Tomasz	363		M-OPEN	46		02:08:27		03:26:23.15	03:26:43.10	+01:17:41 (37.6%)	8:36	7 (62.5%)
56	KRZYSIEK Mariusz	274		M-OPEN	47		02:15:01		03:27:33.60	03:27:43.75	+01:18:41 (37.9%)	8:38	6.9 (61.6%)
57	STĘPEL Marek	329		M-OPEN	48		02:05:54		03:28:12.95	03:28:19.70	+01:19:17 (38.1%)	8:40	6.9 (61.6%)
58	BYLINOWSKI Oleg	215		M-OPEN	49		02:11:16		03:28:56.25	03:29:01.65	+01:19:59 (38.3%)	8:42	6.9 (61.6%)
59	JĘDRZEJCZYK Agnieszka	253	RZESZOWSKIE GAZELE I GEPARDY	K-OPEN	8		02:11:03		03:28:56.90	03:29:01.75	+01:19:59 (38.3%)	8:42	6.9 (61.6%)
60	WÓJKOWSKI Tomasz	367		M-OPEN	50		02:07:51		03:29:39.20	03:29:42.85	+01:20:40 (38.5%)	8:44	6.9 (61.6%)
61	BARTOSIEWICZ Adam	206		M-OPEN	51		02:12:40		03:30:21.85	03:30:26.55	+01:21:24 (38.7%)	8:45	6.8 (60.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Lubań 14km	Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h
									netto 24km	brutto 24km		
62	GUBERNIAK Renata	243		K-OPEN	9		02:13:51		03:32:24.90	03:32:30.95	+01:23:28 (39.3%)	8:51 6.8 (60.7%)
63	WOJCIECHOWSKA Maria	360	JACEKBIEGA RUNNING TEAM	K-OPEN	10		02:11:12		03:35:06.35	03:35:10.60	+01:26:08 (40.0%)	8:57 6.7 (59.8%)
64	NOWOROLNIK Piotr	384	LUBAŃ TYLMANOWA	Mieszkaniec Ochotnicy	3	Tak	02:14:50		03:35:06.50	03:36:16.40	+01:27:14 (40.3%)	8:57 6.7 (59.8%)
65	CHOJNACKI Mikołaj	217	WARSAW RUN CLUB	M-OPEN	52		02:13:23		03:35:58.25	03:36:25.45	+01:27:23 (40.4%)	8:59 6.7 (59.8%)
66	KRZEMIŃSKI Hubert Szczepan	273	GRIVEL TEAM / AKS POLONIA WARSZAWA	M-OPEN	53		02:09:19		03:37:41.05	03:37:45.85	+01:28:43 (40.7%)	9:04 6.6 (58.9%)
67	LEŚNIAK Marcin	282		M-OPEN	54		02:15:35		03:38:02.40	03:38:19.75	+01:29:17 (40.9%)	9:05 6.6 (58.9%)
68	GAWEŁ Michał	234		M-OPEN	55		02:09:25		03:37:54.15	03:38:22.50	+01:29:20 (40.9%)	9:04 6.6 (58.9%)
69	WIŚNIEWSKI Patrycjusz	353	KS PEGAZ	M-OPEN	56		02:15:31		03:38:18.60	03:38:32.60	+01:29:30 (41.0%)	9:05 6.6 (58.9%)
70	SZEWCZYK Mariusz	335		M-OPEN	57		02:19:36		03:38:24.75	03:38:38.50	+01:29:36 (41.0%)	9:06 6.6 (58.9%)
71	SYNOWSKA Ania	333		K-OPEN	11		02:15:31		03:38:35.65	03:38:45.45	+01:29:43 (41.0%)	9:06 6.6 (58.9%)
72	PARZONKA Michał	306	ŚWISZCZĄCY ŁAŃCUCH	M-OPEN	58		02:17:30		03:38:27.65	03:38:48.85	+01:29:46 (41.0%)	9:06 6.6 (58.9%)
73	DZIERŻAK Elżbieta	225		K-OPEN	12		02:24:23		03:39:08.90	03:39:15.85	+01:30:13 (41.2%)	9:07 6.6 (58.9%)
74	SIKLUCKI Grzegorz	323	ONE WAY TICKET	M-OPEN	59		02:19:40		03:39:18.40	03:39:23.70	+01:30:21 (41.2%)	9:08 6.6 (58.9%)
75	URIBE Manuel	346		M-OPEN	60		02:18:53		03:39:27.95	03:39:37.20	+01:30:35 (41.2%)	9:08 6.6 (58.9%)
76	SALIŃSKI Bartosz	321	WKURW_TEAM	M-OPEN	61		02:14:16		03:39:37.95	03:39:44.40	+01:30:42 (41.3%)	9:09 6.6 (58.9%)
77	KARKUT Michał	255	FUN&RUN	M-OPEN	62		02:21:22		03:39:37.15	03:40:15.60	+01:31:13 (41.4%)	9:09 6.6 (58.9%)
78	CZAPSKI Piotr	219		M-OPEN	63		02:18:22		03:41:00.75	03:41:19.35	+01:32:17 (41.7%)	9:12 6.5 (58.0%)
79	OGÓREK Lukasz	300		M-OPEN	64		02:20:12		03:40:59.90	03:41:29.90	+01:32:27 (41.7%)	9:12 6.5 (58.0%)
80	CZAMARA Dorota	218	JACEKBIEGA RUNNING TEAM	K-OPEN	13		02:19:02		03:41:36.45	03:41:49.05	+01:32:46 (41.8%)	9:14 6.5 (58.0%)
81	INDEO Simone	248		M-OPEN	65		02:18:57		03:42:38.65	03:42:40.50	+01:33:38 (42.1%)	9:16 6.5 (58.0%)
82	GÓRECKI Krzysztof	383		M-OPEN	66		02:21:09		03:42:42.95	03:43:17.50	+01:34:15 (42.2%)	9:16 6.5 (58.0%)
83	WITKOWSKI Michal	356		M-OPEN	67		02:16:02		03:43:34.45	03:43:51.25	+01:34:49 (42.4%)	9:18 6.4 (57.1%)
84	OSIKOWSKA Teresa	303		K-OPEN	14		02:19:55		03:44:01.95	03:44:16.25	+01:35:14 (42.5%)	9:20 6.4 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Lubań 14km	Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
									netto 24km	brutto 24km			
85	HANDZEL Wioletta	244	-	K-OPEN	15		02:22:09		03:45:14.40	03:45:23.50	+01:36:21 (42.8%)	9:23	6.4 (57.1%)
86	OŻÓG Paweł	305		M-OPEN	68		02:22:11		03:45:49.70	03:46:24.35	+01:37:22 (43.0%)	9:24	6.4 (57.1%)
87	MAJKOWSKA Anna	286	WATAHARZESZÓW	K-OPEN	16		02:25:40		03:49:12.40	03:49:41.55	+01:40:39 (43.8%)	9:33	6.3 (56.3%)
88	STOLARZ Grzegorz	330	NIEPOŁOMICE BIEGAJĄ	M-OPEN	69		02:22:22		03:49:49.75	03:50:06.25	+01:41:04 (43.9%)	9:34	6.3 (56.3%)
89	HOŁUJ Andrzej	246		M-OPEN	70		02:20:00		03:49:37.85	03:50:10.15	+01:41:08 (43.9%)	9:34	6.3 (56.3%)
90	ZYSK Paweł	374		M-OPEN	71		02:19:35		03:50:27.40	03:50:30.40	+01:41:28 (44.0%)	9:36	6.2 (55.4%)
91	SEREMET Piotr	322		M-OPEN	72		02:22:46		03:51:47.15	03:52:04.50	+01:43:02 (44.4%)	9:39	6.2 (55.4%)
92	BASTER Aleksandra	207		K-OPEN	17		02:13:37		03:53:15.30	03:53:21.05	+01:44:18 (44.7%)	9:43	6.2 (55.4%)
93	MICHALSKI Michał	295	FRAMESFACTORY RACINGTEAM	M-OPEN	73		02:13:41		03:53:15.65	03:53:21.10	+01:44:19 (44.7%)	9:43	6.2 (55.4%)
94	BIELIŃSKI Tomasz	209		M-OPEN	74		02:22:12		03:53:44.95	03:54:21.75	+01:45:19 (44.9%)	9:44	6.2 (55.4%)
95	WÓJCIAK Ewelina	366		K-OPEN	18		02:27:31		03:54:11.55	03:54:39.30	+01:45:37 (45.0%)	9:45	6.1 (54.5%)
96	LASKA Anna	280	OCR TEAM DĘBICA	K-OPEN	19		02:28:21		03:55:09.80	03:55:20.65	+01:46:18 (45.2%)	9:47	6.1 (54.5%)
97	ZUZANNA Zaloga	372	BE ALIVE	K-OPEN	20		02:27:40		03:57:15.05	03:57:31.00	+01:48:28 (45.7%)	9:53	6.1 (54.5%)
98	WALNIK Rafał	347		M-OPEN	75		02:27:41		03:57:45.35	03:57:55.15	+01:48:53 (45.8%)	9:54	6.1 (54.5%)
99	WIŚNIEWSKI Michał	354		M-OPEN	76		02:24:28		03:57:32.30	03:58:11.35	+01:49:09 (45.8%)	9:53	6.1 (54.5%)
100	GNOT Krzysztof	237		M-OPEN	77		02:22:39		03:57:53.80	03:58:24.90	+01:49:22 (45.9%)	9:54	6.1 (54.5%)
101	MATRACKI Sebastian	292	BBL OSTROWIEC	M-OPEN	78		02:18:56		03:59:03.35	03:59:29.10	+01:50:27 (46.1%)	9:57	6 (53.6%)
102	DĄBROWSKI Łukasz	378	OSTROBIEC	M-OPEN	79		02:29:13		03:59:17.30	03:59:29.30	+01:50:27 (46.1%)	9:58	6 (53.6%)
103	PULSAKOWSKA Barbara	377	OSTROBIEC	K-OPEN	21		02:29:16		03:59:16.20	03:59:29.45	+01:50:27 (46.1%)	9:58	6 (53.6%)
104	POWAŁKA Piotr	310		M-OPEN	80		02:14:54		03:59:36.60	03:59:42.05	+01:50:39 (46.2%)	9:59	6 (53.6%)
105	KOWALCZYK Anna	271	DOGOŃ GRODZISK MAZOWIECKI	K-OPEN	22		02:31:02		03:59:31.00	03:59:54.75	+01:50:52 (46.2%)	9:58	6 (53.6%)
105	BUDNY Aleksandra	381	KRASNIK BIEGA	K-OPEN	22		02:31:16		03:59:36.65	03:59:54.75	+01:50:52 (46.2%)	9:59	6 (53.6%)
107	WIUŃSKA-ZYWERT Agnieszka	382		K-OPEN	24		02:28:11		03:59:25.85	03:59:58.25	+01:50:56 (46.2%)	9:58	6 (53.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Lubań 14km	Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
									netto 24km	brutto 24km			
108	WRONA Sylwester	368		M-OPEN	81		02:27:06		04:00:02.10	04:00:17.45	+01:51:15 (46.3%)	10:00	6 (53.6%)
109	GRZESIK Michał	240		M-OPEN	82		02:27:14		04:00:15.15	04:00:33.25	+01:51:31 (46.4%)	10:00	6 (53.6%)
110	BAZYDŁO Marcelina	387		K-OPEN	25		02:31:56		04:00:29.50	04:00:43.20	+01:51:41 (46.4%)	10:01	6 (53.6%)
111	TOCZEWSKA Anna	340	JACEKBIEGA RUNNING TEAM	K-OPEN	26		02:27:53		04:00:38.15	04:00:50.45	+01:51:48 (46.4%)	10:01	6 (53.6%)
112	RUSSI Frank	318	TEAM CONSAIR	M-OPEN	83		02:42:50		04:00:57.50	04:01:20.95	+01:52:18 (46.5%)	10:02	6 (53.6%)
113	ADAMCZYK Bartosz	201		M-OPEN	84		02:42:49		04:00:54.25	04:01:24.25	+01:52:22 (46.5%)	10:02	6 (53.6%)
114	ROZMUS Marzena	317	FRELKI LOTAJOM	K-OPEN	27		02:32:03		04:02:21.95	04:02:47.45	+01:53:45 (46.9%)	10:05	5.9 (52.7%)
115	BĘBEN Robert	208	OSTROBIEC	M-OPEN	85		02:34:39		04:02:55.85	04:03:15.15	+01:54:13 (47.0%)	10:07	5.9 (52.7%)
116	SŁOWIK Justyna	327	OSTROBIEC	K-OPEN	28		02:34:43		04:02:55.95	04:03:15.25	+01:54:13 (47.0%)	10:07	5.9 (52.7%)
117	KOWAL Piotr	270	KOWAX	M-OPEN	86		02:27:29		04:03:00.50	04:03:17.45	+01:54:15 (47.0%)	10:07	5.9 (52.7%)
118	HEJMEJ Kamila	245		K-OPEN	29		02:31:52		04:03:13.55	04:03:26.65	+01:54:24 (47.0%)	10:08	5.9 (52.7%)
119	KONS Katarzyna	266		K-OPEN	30		02:37:31		04:06:18.85	04:06:28.95	+01:57:26 (47.6%)	10:15	5.8 (51.8%)
120	KOEHLER Ola	263		K-OPEN	31		02:21:00		04:07:04.60	04:07:08.95	+01:58:06 (47.8%)	10:17	5.8 (51.8%)
121	KOEHLER Krzysztof	264	KD ŻUKI	M-OPEN	87		02:16:23		04:07:03.00	04:07:12.15	+01:58:10 (47.8%)	10:17	5.8 (51.8%)
122	KOPACKA Edyta	267	KB SOBÓTKA	K-OPEN	32		02:35:55		04:07:04.00	04:07:21.95	+01:58:19 (47.8%)	10:17	5.8 (51.8%)
123	SKRZYPEK Patrycja	326		K-OPEN	33		02:33:30		04:09:33.15	04:09:45.00	+02:00:42 (48.3%)	10:23	5.8 (51.8%)
124	DOBIES Agnieszka	220	STAY INSANE	K-OPEN	34		02:37:03		04:09:46.40	04:10:02.40	+02:01:00 (48.4%)	10:24	5.8 (51.8%)
125	SZCZEPANEK Monika	334		K-OPEN	35		02:36:20		04:09:55.50	04:10:11.00	+02:01:08 (48.4%)	10:24	5.8 (51.8%)
126	PRZYBYLSKI Michał	311	TRANSPOREON RUNNING TEAM	M-OPEN	88		02:27:19		04:09:48.80	04:10:12.25	+02:01:10 (48.4%)	10:24	5.8 (51.8%)
127	ZARĘBA Andrzej	371	LIUGONG DRESSTA MACHINERY ACTIVE TEAM	M-OPEN	89		02:26:23		04:09:49.70	04:10:12.85	+02:01:10 (48.4%)	10:24	5.8 (51.8%)
128	CHWIŃSKA Joanna	385		K-OPEN	36		02:31:47		04:07:24.80	04:10:27.80	+02:01:25 (48.5%)	10:18	5.8 (51.8%)
129	FITT Konrad	228		M-OPEN	90		02:27:32		04:10:46.65	04:11:16.00	+02:02:13 (48.6%)	10:26	5.7 (50.9%)
130	WŁODARSKI Piotrek	358		M-OPEN	91		02:30:11		04:11:12.05	04:11:33.05	+02:02:30 (48.7%)	10:28	5.7 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Lubań 14km	Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h	
									netto 24km	brutto 24km			
131	KRAVETS Anastasiia	272	TRANSPOREON	K-OPEN	37		02:40:01		04:11:24.20	04:12:23.20	+02:03:21 (48.9%)	10:28	5.7 (50.9%)
132	TUCHOLKA Marta	379	ZUK	K-OPEN	38		02:34:51		04:12:57.75	04:13:12.95	+02:04:10 (49.0%)	10:32	5.7 (50.9%)
133	KITOWSKA Anna	259		K-OPEN	39		02:35:51		04:13:20.20	04:13:26.95	+02:04:24 (49.1%)	10:33	5.7 (50.9%)
134	TUSIŃSKI Seweryn	344	OSTROBIEC	M-OPEN	92		02:34:59		04:15:12.30	04:15:28.50	+02:06:26 (49.5%)	10:38	5.6 (50.0%)
135	HRYSZCZYSZYN Marcin	247		M-OPEN	93		02:37:16		04:17:20.05	04:17:39.25	+02:08:37 (49.9%)	10:43	5.6 (50.0%)
136	WĄSOWSKA Jagoda	348	KS PEGAZ PIASECZNO	K-OPEN	40		02:44:24		04:18:21.60	04:18:57.10	+02:09:55 (50.2%)	10:45	5.6 (50.0%)
137	ABRAMIUK Michał	200		M-OPEN	94		02:40:37		04:21:22.35	04:21:51.00	+02:12:48 (50.7%)	10:53	5.5 (49.1%)
138	WEGNER Jacek	349	DECATHLON RYBNIK	M-OPEN	95		02:28:52		04:22:33.35	04:23:01.80	+02:13:59 (50.9%)	10:56	5.5 (49.1%)
139	MILKOWSKA Justyna	297	DECATHLON & PRZYJACIELE	K-OPEN	41		02:52:28		04:28:56.45	04:29:17.50	+02:20:15 (52.1%)	11:12	5.4 (48.2%)
140	KORNIŁOW Piotr	268		M-OPEN	96		02:54:02		04:30:05.85	04:30:39.60	+02:21:37 (52.3%)	11:15	5.3 (47.3%)
141	CENDRZAK Katarzyna	216		K-OPEN	42		02:50:44		04:31:17.55	04:32:16.90	+02:23:14 (52.6%)	11:18	5.3 (47.3%)
142	KITOWSKI Bartosz	260	GŁOGOVIĄ 1925 GŁOGÓW MAŁOPOLSKI	M-OPEN	97		02:32:10		04:34:12.80	04:34:20.15	+02:25:18 (53.0%)	11:25	5.3 (47.3%)
143	RELUGA Dariusz	316		M-OPEN	98		02:32:52		04:33:55.30	04:34:33.25	+02:25:31 (53.0%)	11:24	5.3 (47.3%)
144	JAWOROWICZ Dobrochna	252	KS PEGAZ	K-OPEN	43		02:46:28		04:34:31.30	04:35:06.45	+02:26:04 (53.1%)	11:26	5.2 (46.4%)
145	ŻAK Oliwia	375	PIASECZNO RUNNING	K-OPEN	44		02:45:44		04:37:41.20	04:38:17.25	+02:29:15 (53.6%)	11:34	5.2 (46.4%)
146	JAROSZ-PIWONSKA Aldona	250		K-OPEN	45		02:45:56		04:37:40.10	04:38:19.25	+02:29:17 (53.6%)	11:34	5.2 (46.4%)
147	MICHALIK Justyna	294	ZABIERZOW BIEGA	K-OPEN	46		02:51:26		04:38:27.25	04:38:55.10	+02:29:53 (53.7%)	11:36	5.2 (46.4%)
148	DOBIJA Ania	221		K-OPEN	47		02:51:36		04:38:26.80	04:38:55.15	+02:29:53 (53.7%)	11:36	5.2 (46.4%)
149	KULA Piotr	276	ZDEZORIENTOWANI	M-OPEN	99		02:35:54		04:40:24.15	04:40:35.75	+02:31:33 (54.0%)	11:41	5.1 (45.5%)
150	DZIK Piotr	226		M-OPEN	100		02:43:26		04:44:29.10	04:44:29.10	+02:35:27 (54.6%)	11:51	5.1 (45.5%)
151	WYDRO Rafał	369	FIN&RUN	M-OPEN	101		03:13:34		04:44:41.65	04:44:41.65	+02:35:39 (54.7%)	11:51	5.1 (45.5%)
152	MACHTAŁOWICZ Beata	284		K-OPEN	48		02:54:56		04:46:03.85	04:46:30.10	+02:37:28 (55.0%)	11:55	5 (44.6%)
153	MAŁGORZATA Modelska	288	TERAPIA RUCHEM	K-OPEN	49		02:55:27		04:46:20.00	04:46:31.15	+02:37:29 (55.0%)	11:55	5 (44.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Lubań 14km	Kara/ bonifikata	Czas netto 24km	Czas brutto 24km	Różn	Tempo min/km	Tempo km/h
154	GRZEŚKOWIAK Agnieszka	242	BOROWINY BIEGAJO	K-OPEN	50		02:49:19		04:47:18.85	04:47:45.35	+02:38:43 (55.2%)	11:58	5 (44.6%)
155	GRZEŚKOWIAK Marek	241	BOROWINY BIEGAJO	M-OPEN	102		02:49:25		04:47:19.40	04:47:45.40	+02:38:43 (55.2%)	11:58	5 (44.6%)
156	TYMBOROWSKA - WIEDRO Małgorzata	345	BIEGNĘ ,ŻEBY BARTEK MÓGŁ BIEGAĆ/ WKURW_TEAM	K-OPEN	51		03:00:00		04:47:56.95	04:48:05.15	+02:39:03 (55.2%)	11:59	5 (44.6%)
157	MIĘTKA Krzysztof	296		M-OPEN	103		02:46:55		04:49:25.95	04:49:30.45	+02:40:28 (55.4%)	12:03	5 (44.6%)
158	FOTYGA Agnieszka	230	OSTROBIEC	K-OPEN	52		03:07:08		04:50:09.10	04:50:17.60	+02:41:15 (55.6%)	12:05	5 (44.6%)
159	MARYNIAK Katarzyna	290	WYBIEGAJ SIEBIE	K-OPEN	53		03:03:50		04:55:16.35	04:55:36.95	+02:46:34 (56.4%)	12:18	4.9 (43.8%)
160	BRAŃKA Paweł	213		M-OPEN	104		03:06:51		05:00:51.30	05:01:22.10	+02:52:20 (57.2%)	12:32	4.8 (42.9%)
161	DOBOSZ Damian	222		M-OPEN	105		02:51:34		05:03:02.50	05:03:17.15	+02:54:15 (57.5%)	12:37	4.8 (42.9%)
162	SZPAKOWSKI Andrzej	337	FUN&RUN	M-OPEN	106		03:13:40		05:04:03.65	05:04:03.65	+02:55:01 (57.6%)	12:40	4.7 (42.0%)
163	RADWAN Jakub	313		M-OPEN	107		02:52:37		05:13:39.05	05:14:05.40	+03:05:03 (58.9%)	13:04	4.6 (41.1%)
164	RADWAN Olimpia	312		K-OPEN	54		02:52:47		05:13:41.30	05:14:06.75	+03:05:04 (58.9%)	13:04	4.6 (41.1%)
165	GERLE-KOTULA Anna	235		K-OPEN	55		03:14:22		05:15:41.15	05:15:51.00	+03:06:48 (59.1%)	13:09	4.6 (41.1%)
166	KOTULA Jakub	269		M-OPEN	108		03:14:05		05:15:41.15	05:15:51.35	+03:06:49 (59.1%)	13:09	4.6 (41.1%)
167	JANICKA Katarzyna	249		K-OPEN	56		03:25:42		05:34:07.25	05:34:28.95	+03:25:26 (61.4%)	13:55	4.3 (38.4%)
168	RATAJCZAK Anna	315	HERNIK TEAM	K-OPEN	57		03:49:28		05:59:04.50	05:59:35.05	+03:50:32 (64.1%)	14:57	4 (35.7%)

Znaleziono 168 wynik(ów)