

# HAIBIKE - VIII METROPOLIA BYDGOSZCZ MARATON MTB - 30 KM

B4SPORT  
INTELEGENTNE ZAWODY SPORTOWE

**Organizator:** Rowerowa Brzoza  
**Data:** 2016-05-29  
**Miejsce:** Bydgoszcz  
**Dystans:** 30 km

**B4SPORT**  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: M3

| Msc | Zawodnik                   | Numer      | Klub                              | Kategoria | Mkat | Czas startu | 19.4km   | Czas netto 30km    | Czas brutto 30km   | Różn              | Tempo min/km | Tempo km/h   |
|-----|----------------------------|------------|-----------------------------------|-----------|------|-------------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| 1   | <b>PITUCH Sławek</b>       | <b>302</b> | EURO BIKE KACZMAREK ELECTRIC TEAM | M3        | 1    | 00:00:00    | 00:45:50 | <b>01:11:20.55</b> | <b>01:11:20.55</b> |                   | 2:22         | 25.2 (100%)  |
| 2   | <b>ŁOWIGUS Adam</b>        | <b>303</b> | ROWERTOUR.COM                     | M3        | 2    | 00:00:00    | 00:46:59 | <b>01:13:35.15</b> | <b>01:13:35.15</b> | +00:02:14 (3.0%)  | 2:27         | 24.5 (97.2%) |
| 3   | <b>RACHOWSKI Robert</b>    | <b>631</b> | ACTIVE XTREME START24.PL          | M3        | 3    | 00:00:00    | 00:49:20 | <b>01:16:44.55</b> | <b>01:16:44.55</b> | +00:05:24 (7.0%)  | 2:33         | 23.5 (93.3%) |
| 4   | <b>LESZCZYŃSKI Adam</b>    | <b>741</b> |                                   | M3        | 4    | 00:00:00    | 00:52:30 | <b>01:20:33.85</b> | <b>01:20:33.85</b> | +00:09:13 (11.4%) | 2:41         | 22.3 (88.5%) |
| 5   | <b>PIOTROWSKI Dariusz</b>  | <b>363</b> | GARDENFLORA.PL MTB TEAM           | M3        | 5    | 00:02:03    | 00:53:26 | <b>01:20:49.65</b> | <b>01:22:53.35</b> | +00:09:29 (11.7%) | 2:41         | 22.3 (88.5%) |
| 6   | <b>DAMSKI Łukasz</b>       | <b>325</b> | GARDENFLORA.PL MTB TEAM           | M3        | 6    | 00:02:02    | 00:54:02 | <b>01:22:40.25</b> | <b>01:24:43.15</b> | +00:11:19 (13.7%) | 2:45         | 21.8 (86.5%) |
| 7   | <b>SEICHTER Adam</b>       | <b>501</b> | PROCYCLING PROMOTION              | M3        | 7    | 00:00:00    | 00:55:14 | <b>01:24:36.80</b> | <b>01:24:36.80</b> | +00:13:16 (15.7%) | 2:49         | 21.3 (84.5%) |
| 8   | <b>JARZĄBEK Bartłomiej</b> | <b>310</b> | GARDENFLORA.PL MTB TEAM           | M3        | 8    | 00:02:01    | 00:56:16 | <b>01:25:20.10</b> | <b>01:27:22.05</b> | +00:13:59 (16.4%) | 2:50         | 21.1 (83.7%) |
| 9   | <b>SPŁAWSKI Krzysztof</b>  | <b>487</b> | KELLYS TEAM                       | M3        | 9    | 00:02:10    | 00:57:44 | <b>01:25:38.50</b> | <b>01:27:49.05</b> | +00:14:17 (16.7%) | 2:51         | 21 (83.3%)   |
| 10  | <b>ŁOBODA Piotr</b>        | <b>461</b> | JW 1515                           | M3        | 10   | 00:02:14    | 00:57:27 | <b>01:26:46.55</b> | <b>01:29:01.00</b> | +00:15:26 (17.8%) | 2:53         | 20.7 (82.1%) |
| 11  | <b>BYKOWSKI Grzegorz</b>   | <b>604</b> |                                   | M3        | 11   | 00:04:00    | 00:59:02 | <b>01:28:12.00</b> | <b>01:32:12.55</b> | +00:16:51 (19.1%) | 2:56         | 20.4 (81.0%) |
| 12  | <b>KOWALSKI Maciej</b>     | <b>378</b> |                                   | M3        | 12   | 00:00:00    | 00:58:56 | <b>01:29:38.90</b> | <b>01:29:38.90</b> | +00:18:18 (20.4%) | 2:59         | 20.1 (79.8%) |
| 13  | <b>KALISZEWSKI Mariusz</b> | <b>598</b> |                                   | M3        | 13   | 00:06:37    | 01:00:57 | <b>01:29:57.55</b> | <b>01:36:35.15</b> | +00:18:37 (20.7%) | 2:59         | 20 (79.4%)   |
| 14  | <b>SKIERKOWSKI Tomasz</b>  | <b>745</b> | CYKLO KWIDZYN                     | M3        | 14   | 00:04:17    | 01:00:46 | <b>01:31:03.10</b> | <b>01:35:20.65</b> | +00:19:42 (21.6%) | 3:02         | 19.8 (78.6%) |
| 15  | <b>SPŁAWSKI Damian</b>     | <b>542</b> |                                   | M3        | 15   | 00:00:00    | 01:00:55 | <b>01:32:11.70</b> | <b>01:32:11.70</b> | +00:20:51 (22.6%) | 3:04         | 19.5 (77.4%) |
| 16  | <b>BABSKI Mariusz</b>      | <b>574</b> | KLINIKA TRIATHLONU                | M3        | 16   | 00:02:03    | 01:01:31 | <b>01:32:28.35</b> | <b>01:34:31.45</b> | +00:21:07 (22.9%) | 3:04         | 19.5 (77.4%) |
| 17  | <b>SZPOT Paweł</b>         | <b>426</b> |                                   | M3        | 17   | 00:06:07    | 01:03:45 | <b>01:33:38.65</b> | <b>01:39:46.25</b> | +00:22:18 (23.8%) | 3:07         | 19.2 (76.2%) |
| 18  | <b>ZIEMBA Michał</b>       | <b>346</b> | CYKLO BYDGOSZCZ                   | M3        | 18   | 00:00:00    | 01:01:11 | <b>01:34:29.85</b> | <b>01:34:29.85</b> | +00:23:09 (24.5%) | 3:08         | 19.1 (75.8%) |
| 19  | <b>RYDZEWSKI Sławomir</b>  | <b>496</b> |                                   | M3        | 19   | 00:04:27    | 01:03:47 | <b>01:34:59.35</b> | <b>01:39:27.00</b> | +00:23:38 (24.9%) | 3:10         | 18.9 (75.0%) |
| 20  | <b>PACHCIAREK Rafał</b>    | <b>702</b> |                                   | M3        | 20   | 00:04:02    | 01:04:07 | <b>01:35:33.75</b> | <b>01:39:35.80</b> | +00:24:13 (25.3%) | 3:11         | 18.8 (74.6%) |
| 21  | <b>WICHOWSKI Krzysztof</b> | <b>675</b> |                                   | M3        | 21   | 00:06:07    | 01:04:12 | <b>01:36:09.65</b> | <b>01:42:16.95</b> | +00:24:49 (25.8%) | 3:12         | 18.7 (74.2%) |
| 22  | <b>KASTRAU Tomasz</b>      | <b>707</b> |                                   | M3        | 22   | 00:06:24    | 01:05:59 | <b>01:37:20.35</b> | <b>01:43:44.60</b> | +00:25:59 (26.7%) | 3:14         | 18.5 (73.4%) |
| 23  | <b>JANUSZEWSKI Michał</b>  | <b>327</b> |                                   | M3        | 23   | 00:00:00    | 01:03:10 | <b>01:37:27.95</b> | <b>01:37:27.95</b> | +00:26:07 (26.8%) | 3:14         | 18.5 (73.4%) |
| 24  | <b>MILICKI Paweł</b>       | <b>399</b> |                                   | M3        | 24   | 00:06:53    | 01:05:48 | <b>01:37:55.95</b> | <b>01:44:49.05</b> | +00:26:35 (27.2%) | 3:15         | 18.4 (73.0%) |
| 25  | <b>KOPKA Dariusz</b>       | <b>711</b> | AKJ KWIDZYN                       | M3        | 25   | 00:06:28    | 01:04:33 | <b>01:38:29.60</b> | <b>01:44:57.85</b> | +00:27:09 (27.6%) | 3:16         | 18.3 (72.6%) |
| 26  | <b>KOCIKOWSKI Rafał</b>    | <b>534</b> | KLUB KOLARSKI WDA ŚWIECIE         | M3        | 26   | 00:04:30    | 01:05:59 | <b>01:38:48.40</b> | <b>01:43:19.20</b> | +00:27:27 (27.8%) | 3:17         | 18.2 (72.2%) |
| 27  | <b>CZAPLEWSKI Leszek</b>   | <b>729</b> |                                   | M3        | 27   | 00:06:27    | 01:05:43 | <b>01:39:02.25</b> | <b>01:45:29.40</b> | +00:27:41 (28.0%) | 3:18         | 18.2 (72.2%) |
| 28  | <b>HEINRICH Paweł</b>      | <b>391</b> | ROWEROWY FORDON                   | M3        | 28   | 00:02:09    | 01:03:53 | <b>01:39:04.25</b> | <b>01:41:13.35</b> | +00:27:43 (28.0%) | 3:18         | 18.2 (72.2%) |
| 29  | <b>TRZCIŃSKI Waldemar</b>  | <b>610</b> | GARDENFLORA.PL MTB TEAM           | M3        | 29   | 00:06:14    | 01:05:44 | <b>01:39:17.85</b> | <b>01:45:31.95</b> | +00:27:57 (28.2%) | 3:18         | 18.1 (71.8%) |
| 30  | <b>FRASZEK Mirosław</b>    | <b>483</b> | BIKEBOYS CADMARIO TEAM            | M3        | 30   | 00:15:13    | 01:06:14 | <b>01:39:24.15</b> | <b>01:54:38.10</b> | +00:28:03 (28.2%) | 3:18         | 18.1 (71.8%) |

| Msc | Zawodnik                   | Numer      | Klub                      | Kategoria | Mkat | Czas startu | 19.4km   | Czas               |                    | Różn              | Tempo min/km | Tempo km/h   |
|-----|----------------------------|------------|---------------------------|-----------|------|-------------|----------|--------------------|--------------------|-------------------|--------------|--------------|
|     |                            |            |                           |           |      |             |          | netto 30km         | brutto 30km        |                   |              |              |
| 31  | <b>NOWICKI Sławomir</b>    | <b>413</b> |                           | M3        | 31   | 00:04:11    | 01:07:14 | <b>01:40:02.40</b> | <b>01:44:13.40</b> | +00:28:41 (28.7%) | 3:20         | 18 (71.4%)   |
| 32  | <b>RYDLEWSKI Andrzej</b>   | <b>500</b> | RUN BYDGOSZCZ             | M3        | 32   | 00:04:41    | 01:08:13 | <b>01:40:22.30</b> | <b>01:45:03.85</b> | +00:29:01 (28.9%) | 3:20         | 17.9 (71.0%) |
| 33  | <b>ZAWIŚLAK Marcin</b>     | <b>361</b> |                           | M3        | 33   | 00:04:02    | 01:06:44 | <b>01:40:24.95</b> | <b>01:44:27.60</b> | +00:29:04 (29.0%) | 3:20         | 17.9 (71.0%) |
| 34  | <b>NEUMANN Grzegorz</b>    | <b>377</b> |                           | M3        | 34   | 00:04:01    | 01:06:31 | <b>01:40:34.05</b> | <b>01:44:35.05</b> | +00:29:13 (29.1%) | 3:21         | 17.9 (71.0%) |
| 35  | <b>CIERESZKO Paweł</b>     | <b>436</b> |                           | M3        | 35   | 00:02:14    | 01:06:28 | <b>01:40:35.15</b> | <b>01:42:49.75</b> | +00:29:14 (29.1%) | 3:21         | 17.9 (71.0%) |
| 36  | <b>MANIKOWSKI Artur</b>    | <b>606</b> | KLUB KOLARSKI WDA ŚWIECIE | M3        | 36   | 00:06:10    | 01:06:55 | <b>01:40:40.45</b> | <b>01:46:50.75</b> | +00:29:19 (29.1%) | 3:21         | 17.9 (71.0%) |
| 37  | <b>KRZEMIŃSKI Daniel</b>   | <b>623</b> | SPIN BIKE                 | M3        | 37   | 00:06:15    | 01:07:05 | <b>01:40:41.35</b> | <b>01:46:57.05</b> | +00:29:20 (29.1%) | 3:21         | 17.9 (71.0%) |
| 38  | <b>OLSZEWSKI Bogusław</b>  | <b>524</b> |                           | M3        | 38   | 00:02:16    | 01:05:34 | <b>01:40:45.75</b> | <b>01:43:01.75</b> | +00:29:25 (29.2%) | 3:21         | 17.9 (71.0%) |
| 39  | <b>KONKEL Bartosz</b>      | <b>360</b> |                           | M3        | 39   | 00:04:20    | 01:06:16 | <b>01:40:58.20</b> | <b>01:45:18.55</b> | +00:29:37 (29.3%) | 3:21         | 17.8 (70.6%) |
| 40  | <b>LEWANDOWSKI Dawid</b>   | <b>688</b> | NBIKEACADEMY              | M3        | 40   | 00:06:07    | 01:07:02 | <b>01:41:27.30</b> | <b>01:47:35.00</b> | +00:30:06 (29.7%) | 3:22         | 17.7 (70.2%) |
| 41  | <b>BILSKI Marcin</b>       | <b>319</b> | OPONEO.PL                 | M3        | 41   | 00:02:06    | 01:07:17 | <b>01:41:39.15</b> | <b>01:43:46.05</b> | +00:30:18 (29.8%) | 3:23         | 17.7 (70.2%) |
| 42  | <b>PIASECKI Stanisław</b>  | <b>706</b> | CYKLO KWIDZYN             | M3        | 42   | 00:06:18    | 01:08:16 | <b>01:41:45.55</b> | <b>01:48:03.95</b> | +00:30:25 (29.9%) | 3:23         | 17.7 (70.2%) |
| 43  | <b>WYSMOLIŃSKI Łukasz</b>  | <b>382</b> |                           | M3        | 43   | 00:02:18    | 01:05:38 | <b>01:42:12.85</b> | <b>01:44:30.90</b> | +00:30:52 (30.2%) | 3:24         | 17.6 (69.8%) |
| 44  | <b>TOMIAŁOJĆ Andrzej</b>   | <b>625</b> |                           | M3        | 44   | 00:06:56    | 01:09:18 | <b>01:42:23.25</b> | <b>01:49:19.60</b> | +00:31:02 (30.3%) | 3:24         | 17.6 (69.8%) |
| 45  | <b>BŁĄŻEJCZAK Marcin</b>   | <b>371</b> |                           | M3        | 45   | 00:00:00    | 01:08:02 | <b>01:42:28.40</b> | <b>01:42:28.40</b> | +00:31:07 (30.4%) | 3:24         | 17.6 (69.8%) |
| 46  | <b>WYSMOLIŃSKI Konrad</b>  | <b>464</b> |                           | M3        | 46   | 00:06:17    | 01:07:14 | <b>01:43:09.50</b> | <b>01:49:26.50</b> | +00:31:48 (30.8%) | 3:26         | 17.5 (69.4%) |
| 47  | <b>CHLEBOROWICZ Marcin</b> | <b>396</b> |                           | M3        | 47   | 00:02:05    | 01:09:57 | <b>01:43:58.90</b> | <b>01:46:04.15</b> | +00:32:38 (31.4%) | 3:27         | 17.3 (68.7%) |
| 48  | <b>ZIÓŁKOWSKI Krystian</b> | <b>381</b> |                           | M3        | 48   | 00:02:07    | 01:07:54 | <b>01:44:17.00</b> | <b>01:46:24.95</b> | +00:32:56 (31.6%) | 3:28         | 17.3 (68.7%) |
| 49  | <b>JANIK Marcin</b>        | <b>509</b> |                           | M3        | 49   | 00:06:43    | 01:09:59 | <b>01:44:24.40</b> | <b>01:51:07.80</b> | +00:33:03 (31.7%) | 3:28         | 17.2 (68.3%) |
| 50  | <b>CYRANIK Tomasz</b>      | <b>588</b> | SUPERSPORTOWY TEAM        | M3        | 50   | 00:04:26    | 01:09:10 | <b>01:44:26.65</b> | <b>01:48:52.70</b> | +00:33:06 (31.7%) | 3:28         | 17.2 (68.3%) |
| 51  | <b>STRUJ Rafał</b>         | <b>638</b> |                           | M3        | 51   | 00:06:39    | 01:10:16 | <b>01:44:28.85</b> | <b>01:51:08.25</b> | +00:33:08 (31.7%) | 3:28         | 17.2 (68.3%) |
| 52  | <b>WRÓBEL Sebastian</b>    | <b>583</b> |                           | M3        | 52   | 00:06:14    | 01:09:50 | <b>01:44:32.35</b> | <b>01:50:47.00</b> | +00:33:11 (31.8%) | 3:29         | 17.2 (68.3%) |
| 53  | <b>WITUCKI Tomasz</b>      | <b>696</b> | OSP BRZOZA                | M3        | 53   | 00:06:52    | 01:08:50 | <b>01:44:34.25</b> | <b>01:51:26.60</b> | +00:33:13 (31.8%) | 3:29         | 17.2 (68.3%) |
| 54  | <b>ZAKROCKI Ronald</b>     | <b>338</b> | BIKEBOYS CADMARIO TEAM    | M3        | 54   | 00:02:08    | 01:07:25 | <b>01:44:34.90</b> | <b>01:46:43.60</b> | +00:33:14 (31.8%) | 3:29         | 17.2 (68.3%) |
| 55  | <b>LEMKOWSKI Rafał</b>     | <b>504</b> | CYKLO KWIDZYN             | M3        | 55   | 00:06:11    | 01:10:04 | <b>01:44:53.30</b> | <b>01:51:04.45</b> | +00:33:32 (32.0%) | 3:29         | 17.2 (68.3%) |
| 56  | <b>PERLINSKI Michał</b>    | <b>738</b> | ACTIVE XTREME START24.PL  | M3        | 56   | 00:04:22    | 01:11:52 | <b>01:45:44.05</b> | <b>01:50:06.05</b> | +00:34:23 (32.5%) | 3:31         | 17 (67.5%)   |
| 57  | <b>RADTKE Paweł</b>        | <b>619</b> |                           | M3        | 57   | 00:06:49    | 01:11:23 | <b>01:45:53.35</b> | <b>01:52:42.90</b> | +00:34:32 (32.6%) | 3:31         | 17 (67.5%)   |
| 58  | <b>TUROŃ Bartosz</b>       | <b>628</b> | MTB KWIDZYN TEAM          | M3        | 58   | 00:00:00    | 00:47:57 | <b>01:46:34.45</b> | <b>01:46:34.45</b> | +00:35:13 (33.1%) | 3:33         | 16.9 (67.1%) |
| 59  | <b>GÓRNY Bartłomiej</b>    | <b>526</b> |                           | M3        | 59   | 00:02:01    | 01:11:03 | <b>01:46:36.85</b> | <b>01:48:38.50</b> | +00:35:16 (33.1%) | 3:33         | 16.9 (67.1%) |
| 60  | <b>NASALSKI Paweł</b>      | <b>654</b> |                           | M3        | 60   | 00:04:11    | 01:09:11 | <b>01:46:50.10</b> | <b>01:51:01.95</b> | +00:35:29 (33.2%) | 3:33         | 16.8 (66.7%) |
| 61  | <b>STĘPNIAK Krzysztof</b>  | <b>398</b> |                           | M3        | 61   | 00:06:24    | 01:12:25 | <b>01:47:31.30</b> | <b>01:53:56.05</b> | +00:36:10 (33.6%) | 3:35         | 16.7 (66.3%) |
| 62  | <b>KRAUSE Piotr</b>        | <b>344</b> | CYKLO KWIDZYN             | M3        | 62   | 00:02:13    | 01:12:01 | <b>01:47:33.45</b> | <b>01:49:46.75</b> | +00:36:12 (33.7%) | 3:35         | 16.7 (66.3%) |
| 63  | <b>FIEGEL Wojciech</b>     | <b>357</b> |                           | M3        | 63   | 00:02:15    | 01:09:37 | <b>01:47:52.45</b> | <b>01:50:07.65</b> | +00:36:31 (33.9%) | 3:35         | 16.7 (66.3%) |
| 64  | <b>NOWAK Jakub</b>         | <b>584</b> |                           | M3        | 64   | 00:04:40    | 01:12:04 | <b>01:47:59.30</b> | <b>01:52:40.05</b> | +00:36:38 (33.9%) | 3:36         | 16.7 (66.3%) |
| 65  | <b>MATUSIK Waldemar</b>    | <b>581</b> |                           | M3        | 65   | 00:06:48    | 01:11:28 | <b>01:49:05.50</b> | <b>01:55:53.75</b> | +00:37:44 (34.6%) | 3:38         | 16.5 (65.5%) |
| 66  | <b>TĘCZA Robert</b>        | <b>682</b> |                           | M3        | 66   | 00:06:45    | 01:12:52 | <b>01:49:37.95</b> | <b>01:56:23.60</b> | +00:38:17 (34.9%) | 3:39         | 16.4 (65.1%) |
| 67  | <b>JĘDRZEJCZAK Tomasz</b>  | <b>723</b> |                           | M3        | 67   | 00:07:04    | 01:13:38 | <b>01:50:17.25</b> | <b>01:57:21.35</b> | +00:38:56 (35.3%) | 3:40         | 16.3 (64.7%) |
| 68  | <b>LEWANDOWSKI Piotr</b>   | <b>580</b> |                           | M3        | 68   | 00:06:41    | 01:14:52 | <b>01:50:44.80</b> | <b>01:57:26.30</b> | +00:39:24 (35.6%) | 3:41         | 16.3 (64.7%) |
| 69  | <b>MICHALSKI Artur</b>     | <b>491</b> | RUN BYDGOSZCZ             | M3        | 69   | 00:06:27    | 01:15:01 | <b>01:50:55.70</b> | <b>01:57:23.00</b> | +00:39:35 (35.7%) | 3:41         | 16.2 (64.3%) |
| 70  | <b>KOPACZ Radosław</b>     | <b>370</b> |                           | M3        | 70   | 00:02:15    | 01:13:14 | <b>01:51:20.90</b> | <b>01:53:36.05</b> | +00:40:00 (35.9%) | 3:42         | 16.2 (64.3%) |
| 71  | <b>MAĐRZEJEWSKI Michał</b> | <b>469</b> |                           | M3        | 71   | 00:04:13    | 01:13:47 | <b>01:51:33.65</b> | <b>01:55:47.15</b> | +00:40:13 (36.1%) | 3:43         | 16.1 (63.9%) |
| 72  | <b>BOGUNIA Jakub</b>       | <b>419</b> |                           | M3        | 72   | 00:02:09    | 01:14:21 | <b>01:51:59.65</b> | <b>01:54:09.40</b> | +00:40:39 (36.3%) | 3:44         | 16.1 (63.9%) |
| 73  | <b>BRZESKI Sebastian</b>   | <b>392</b> |                           | M3        | 73   | 00:02:20    | 01:15:56 | <b>01:52:22.35</b> | <b>01:54:42.75</b> | +00:41:01 (36.5%) | 3:44         | 16 (63.5%)   |
| 74  | <b>JAWORSKI Michał</b>     | <b>364</b> |                           | M3        | 74   | 00:06:26    | 01:16:05 | <b>01:52:40.20</b> | <b>01:59:06.35</b> | +00:41:19 (36.7%) | 3:45         | 16 (63.5%)   |

| Msc | Zawodnik                     | Numer      | Klub                 | Kategoria | Mkat | Czas startu | 19.4km   | Czas               |                    | Różn              | Tempo min/km | Tempo km/h   |
|-----|------------------------------|------------|----------------------|-----------|------|-------------|----------|--------------------|--------------------|-------------------|--------------|--------------|
|     |                              |            |                      |           |      |             |          | netto 30km         | brutto 30km        |                   |              |              |
| 75  | <b>SIERADZKI Adam</b>        | <b>321</b> |                      | M3        | 75   | 00:04:09    | 01:16:25 | <b>01:53:10.90</b> | <b>01:57:20.05</b> | +00:41:50 (37.0%) | 3:46         | 15.9 (63.1%) |
| 76  | <b>FISCHER Filip</b>         | <b>315</b> |                      | M3        | 76   | 00:06:17    | 01:15:48 | <b>01:53:27.90</b> | <b>01:59:45.50</b> | +00:42:07 (37.1%) | 3:46         | 15.9 (63.1%) |
| 77  | <b>IWIŃSKI Patryk</b>        | <b>351</b> |                      | M3        | 77   | 00:06:09    | 01:16:00 | <b>01:53:31.75</b> | <b>01:59:40.95</b> | +00:42:11 (37.2%) | 3:47         | 15.9 (63.1%) |
| 78  | <b>WIŚNICKI Patrycjusz</b>   | <b>513</b> |                      | M3        | 78   | 00:06:50    | 01:16:10 | <b>01:53:35.50</b> | <b>02:00:25.95</b> | +00:42:14 (37.2%) | 3:47         | 15.8 (62.7%) |
| 79  | <b>CHOJNACKI Wojciech</b>    | <b>510</b> |                      | M3        | 79   | 00:06:44    | 01:16:20 | <b>01:53:53.50</b> | <b>02:00:37.75</b> | +00:42:32 (37.4%) | 3:47         | 15.8 (62.7%) |
| 80  | <b>SZAFRAŃSKI Grzegorz</b>   | <b>412</b> |                      | M3        | 80   | 00:04:16    | 01:16:30 | <b>01:55:02.75</b> | <b>01:59:19.40</b> | +00:43:42 (38.0%) | 3:50         | 15.6 (61.9%) |
| 81  | <b>MACIEJEWSKI Michał</b>    | <b>559</b> | SUPERSPORTOWY TEAM   | M3        | 81   | 00:04:25    | 01:16:13 | <b>01:55:16.85</b> | <b>01:59:42.70</b> | +00:43:56 (38.1%) | 3:50         | 15.6 (61.9%) |
| 82  | <b>GIZIŃSKI Włodzimierz</b>  | <b>452</b> |                      | M3        | 82   | 00:04:01    | 01:16:20 | <b>01:56:54.00</b> | <b>02:00:55.60</b> | +00:45:33 (39.0%) | 3:53         | 15.4 (61.1%) |
| 83  | <b>GRYGIEL Mateusz</b>       | <b>394</b> |                      | M3        | 83   | 00:06:32    | 01:16:19 | <b>01:57:23.15</b> | <b>02:03:55.95</b> | +00:46:02 (39.2%) | 3:54         | 15.3 (60.7%) |
| 84  | <b>UFIR Ireneusz</b>         | <b>410</b> |                      | M3        | 84   | 00:04:10    | 01:18:17 | <b>01:58:01.75</b> | <b>02:02:12.10</b> | +00:46:41 (39.6%) | 3:56         | 15.2 (60.3%) |
| 85  | <b>KUCHTA Jacek</b>          | <b>425</b> |                      | M3        | 85   | 00:04:16    | 01:19:08 | <b>01:58:13.70</b> | <b>02:02:29.75</b> | +00:46:53 (39.7%) | 3:56         | 15.2 (60.3%) |
| 86  | <b>PIECZENKO Krzysztof</b>   | <b>597</b> |                      | M3        | 86   | 00:04:03    | 01:20:26 | <b>01:58:32.30</b> | <b>02:02:36.00</b> | +00:47:11 (39.8%) | 3:57         | 15.2 (60.3%) |
| 87  | <b>KOTYŃSKI Maciej</b>       | <b>607</b> | BRAK                 | M3        | 87   | 00:07:06    | 01:18:38 | <b>01:58:57.70</b> | <b>02:06:04.20</b> | +00:47:37 (40.0%) | 3:57         | 15.1 (59.9%) |
| 88  | <b>WŚCISŁEK Dariusz</b>      | <b>498</b> |                      | M3        | 88   | 00:04:27    | 01:18:04 | <b>01:58:59.80</b> | <b>02:03:26.90</b> | +00:47:39 (40.0%) | 3:57         | 15.1 (59.9%) |
| 89  | <b>ZAWADA Rafał</b>          | <b>640</b> |                      | M3        | 89   | 00:07:17    | 01:18:26 | <b>01:59:20.65</b> | <b>02:06:37.90</b> | +00:48:00 (40.2%) | 3:58         | 15.1 (59.9%) |
| 90  | <b>SADOWSKI Jarosław</b>     | <b>537</b> |                      | M3        | 90   | 00:04:39    | 01:19:00 | <b>01:59:38.55</b> | <b>02:04:17.55</b> | +00:48:18 (40.4%) | 3:59         | 15 (59.5%)   |
| 91  | <b>NEUMANN Marcin</b>        | <b>620</b> |                      | M3        | 91   | 00:07:26    | 01:20:39 | <b>01:59:58.60</b> | <b>02:07:25.15</b> | +00:48:38 (40.5%) | 3:59         | 15 (59.5%)   |
| 92  | <b>NADOLNY Sławomir</b>      | <b>665</b> |                      | M3        | 92   | 00:07:11    | 01:20:08 | <b>02:00:44.90</b> | <b>02:07:56.55</b> | +00:49:24 (40.9%) | 4:01         | 14.9 (59.1%) |
| 93  | <b>SOBOTA Jarosław</b>       | <b>470</b> |                      | M3        | 93   | 00:06:19    | 01:19:02 | <b>02:01:36.30</b> | <b>02:07:55.55</b> | +00:50:15 (41.3%) | 4:03         | 14.8 (58.7%) |
| 94  | <b>ŁABENDA Robert</b>        | <b>314</b> |                      | M3        | 94   | 00:04:34    | 01:20:57 | <b>02:01:37.85</b> | <b>02:06:12.55</b> | +00:50:17 (41.3%) | 4:03         | 14.8 (58.7%) |
| 95  | <b>BETLEJEWSKI Sebastian</b> | <b>342</b> | CINKA TIM            | M3        | 95   | 00:02:18    | 01:19:48 | <b>02:01:38.25</b> | <b>02:03:57.15</b> | +00:50:17 (41.3%) | 4:03         | 14.8 (58.7%) |
| 96  | <b>ZDROJEWSKI Marcin</b>     | <b>704</b> |                      | M3        | 96   | 00:06:42    | 01:21:53 | <b>02:01:55.90</b> | <b>02:08:38.25</b> | +00:50:35 (41.5%) | 4:03         | 14.8 (58.7%) |
| 97  | <b>LEWANDOWSKI Marcin</b>    | <b>415</b> |                      | M3        | 97   | 00:04:37    | 01:21:46 | <b>02:02:30.45</b> | <b>02:07:07.45</b> | +00:51:09 (41.8%) | 4:05         | 14.7 (58.3%) |
| 98  | <b>BRZOZOWSKI Krzysztof</b>  | <b>416</b> |                      | M3        | 98   | 00:06:30    | 01:20:47 | <b>02:02:35.15</b> | <b>02:09:05.70</b> | +00:51:14 (41.8%) | 4:05         | 14.7 (58.3%) |
| 99  | <b>LEŚKIEWICZ Marek</b>      | <b>494</b> | NIKOŚBIKE            | M3        | 99   | 00:04:13    | 01:22:05 | <b>02:03:41.50</b> | <b>02:07:54.95</b> | +00:52:20 (42.3%) | 4:07         | 14.6 (57.9%) |
| 100 | <b>OJDOWSKI Krzysztof</b>    | <b>369</b> |                      | M3        | 100  | 00:04:12    | 01:18:54 | <b>02:04:24.30</b> | <b>02:08:36.80</b> | +00:53:03 (42.7%) | 4:08         | 14.5 (57.5%) |
| 101 | <b>SOBCZYŃSKI Michał</b>     | <b>721</b> |                      | M3        | 101  | 00:06:21    | 01:22:36 | <b>02:04:38.95</b> | <b>02:11:00.05</b> | +00:53:18 (42.8%) | 4:09         | 14.4 (57.1%) |
| 102 | <b>KESIK Marcin</b>          | <b>680</b> |                      | M3        | 102  | 00:07:12    | 01:20:40 | <b>02:04:42.30</b> | <b>02:11:54.35</b> | +00:53:21 (42.8%) | 4:09         | 14.4 (57.1%) |
| 103 | <b>MUSIALSKI Tomasz</b>      | <b>471</b> |                      | M3        | 103  | 00:06:20    | 01:23:42 | <b>02:05:19.45</b> | <b>02:11:39.50</b> | +00:53:58 (43.1%) | 4:10         | 14.4 (57.1%) |
| 104 | <b>PIK Bartłomiej</b>        | <b>448</b> |                      | M3        | 104  | 00:04:00    | 01:21:38 | <b>02:05:45.05</b> | <b>02:09:45.50</b> | +00:54:24 (43.3%) | 4:11         | 14.3 (56.7%) |
| 105 | <b>HIRSCH Paweł</b>          | <b>345</b> |                      | M3        | 105  | 00:02:10    | 01:21:00 | <b>02:06:27.85</b> | <b>02:08:38.80</b> | +00:55:07 (43.6%) | 4:12         | 14.2 (56.3%) |
| 106 | <b>SOSIŃSKI Paweł</b>        | <b>593</b> | WELD-LINE SPORT TEAM | M3        | 106  | 00:04:12    | 01:21:40 | <b>02:06:31.65</b> | <b>02:10:44.50</b> | +00:55:11 (43.6%) | 4:13         | 14.2 (56.3%) |
| 107 | <b>WYSOCKI Paweł</b>         | <b>586</b> |                      | M3        | 107  | 00:04:39    | 01:23:35 | <b>02:07:46.50</b> | <b>02:12:25.95</b> | +00:56:25 (44.2%) | 4:15         | 14.1 (56.0%) |
| 108 | <b>ŻERDZIŃSKI Marcin</b>     | <b>520</b> |                      | M3        | 108  | 00:04:24    | 01:22:24 | <b>02:08:10.45</b> | <b>02:12:34.65</b> | +00:56:49 (44.3%) | 4:16         | 14 (55.6%)   |
| 109 | <b>KOŹBIAŁ Marcin</b>        | <b>418</b> |                      | M3        | 109  | 00:04:15    | 01:23:09 | <b>02:10:01.50</b> | <b>02:14:17.35</b> | +00:58:40 (45.1%) | 4:20         | 13.8 (54.8%) |
| 110 | <b>DOBRYŃSKI Maciej</b>      | <b>577</b> | MKS SP63 BYDGOSZCZ   | M3        | 110  | 00:06:49    | 01:27:25 | <b>02:10:35.65</b> | <b>02:17:24.75</b> | +00:59:15 (45.4%) | 4:21         | 13.8 (54.8%) |
| 111 | <b>GWIZDAŁA Michał</b>       | <b>725</b> |                      | M3        | 111  | 00:07:05    | 01:29:08 | <b>02:11:35.40</b> | <b>02:18:40.45</b> | +01:00:14 (45.8%) | 4:23         | 13.7 (54.4%) |
| 112 | <b>CZELEŃ Szymon</b>         | <b>621</b> |                      | M3        | 112  | 00:07:15    | 01:24:14 | <b>02:11:47.30</b> | <b>02:19:03.05</b> | +01:00:26 (45.9%) | 4:23         | 13.7 (54.4%) |
| 113 | <b>CZELEŃ Łukasz</b>         | <b>705</b> |                      | M3        | 113  | 00:07:15    | 01:24:57 | <b>02:11:49.30</b> | <b>02:19:04.90</b> | +01:00:28 (45.9%) | 4:23         | 13.7 (54.4%) |
| 114 | <b>WISNIEWSKI Andrzej</b>    | <b>386</b> | CARBON TEAM TORUN    | M3        | 114  | 00:04:04    | 01:27:15 | <b>02:13:23.30</b> | <b>02:17:28.05</b> | +01:02:02 (46.5%) | 4:26         | 13.5 (53.6%) |
| 115 | <b>AFELT Jarosław</b>        | <b>479</b> |                      | M3        | 115  | 00:07:25    | 01:25:23 | <b>02:13:24.35</b> | <b>02:20:49.50</b> | +01:02:03 (46.5%) | 4:26         | 13.5 (53.6%) |
| 116 | <b>LEWANDOWSKI Robert</b>    | <b>663</b> | MOTO-SPEC TORUŃ      | M3        | 116  | 00:07:15    | 01:26:33 | <b>02:15:38.25</b> | <b>02:22:53.90</b> | +01:04:17 (47.4%) | 4:31         | 13.3 (52.8%) |
| 117 | <b>STRZAŁKA Krzysztof</b>    | <b>609</b> | ROWEROWA BRZOZA      | M3        | 117  | 00:06:55    | 01:30:46 | <b>02:17:06.20</b> | <b>02:24:02.15</b> | +01:05:45 (48.0%) | 4:34         | 13.1 (52.0%) |
| 118 | <b>PIECHNA Jarosław</b>      | <b>485</b> |                      | M3        | 118  | 00:06:12    | 01:30:10 | <b>02:17:49.45</b> | <b>02:24:01.95</b> | +01:06:28 (48.2%) | 4:35         | 13.1 (52.0%) |

| Msc | Zawodnik                   | Numer      | Klub            | Kategoria | Mkat | Czas startu | 19.4km   | Czas netto 30km    | Czas brutto 30km   | Różn              | Tempo min/km | Tempo km/h   |
|-----|----------------------------|------------|-----------------|-----------|------|-------------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| 119 | <b>CHOJNACKI Krzysztof</b> | <b>592</b> |                 | M3        | 119  | 00:00:00    | 01:30:53 | <b>02:18:46.75</b> | <b>02:18:46.75</b> | +01:07:26 (48.6%) | 4:37         | 13 (51.6%)   |
| 120 | <b>KADŁUBOWSKI Mateusz</b> | <b>388</b> | RESCUE BIKE MTB | M3        | 120  | 00:07:01    | 01:32:26 | <b>02:20:22.75</b> | <b>02:27:23.90</b> | +01:09:02 (49.2%) | 4:40         | 12.8 (50.8%) |
| 121 | <b>IWICKI Rafał</b>        | <b>435</b> | RESCUE BIKE MTB | M3        | 121  | 00:06:58    | 01:29:40 | <b>02:20:24.45</b> | <b>02:27:23.40</b> | +01:09:03 (49.2%) | 4:40         | 12.8 (50.8%) |
| 122 | <b>GIZELA Michał</b>       | <b>422</b> |                 | M3        | 122  | 00:04:32    | 01:32:19 | <b>02:21:41.05</b> | <b>02:26:13.65</b> | +01:10:20 (49.6%) | 4:43         | 12.7 (50.4%) |
| 123 | <b>WIELIŃSKI Wojciech</b>  | <b>340</b> |                 | M3        | 123  | 00:07:20    | 01:43:24 | <b>02:24:22.50</b> | <b>02:31:43.10</b> | +01:13:01 (50.6%) | 4:48         | 12.5 (49.6%) |
| 124 | <b>WALECKI Michał</b>      | <b>624</b> |                 | M3        | 124  | 00:07:25    | 01:33:24 | <b>02:25:40.20</b> | <b>02:33:05.40</b> | +01:14:19 (51.0%) | 4:51         | 12.4 (49.2%) |
| 125 | <b>RACIBORSKI Grzegorz</b> | <b>615</b> | TASAK TEAM      | M3        | 125  | 00:07:08    | 01:36:30 | <b>02:28:12.20</b> | <b>02:35:20.85</b> | +01:16:51 (51.9%) | 4:56         | 12.1 (48.0%) |
| 126 | <b>JANKOWSKI Marek</b>     | <b>562</b> |                 | M3        | 126  | 00:04:12    | 01:14:22 | <b>02:36:53.15</b> | <b>02:41:05.15</b> | +01:25:32 (54.5%) | 5:13         | 11.5 (45.6%) |
| 127 | <b>LUBISZEWSKI Bartosz</b> | <b>427</b> |                 | M3        | 127  | 00:04:11    | 01:14:22 | <b>02:36:54.20</b> | <b>02:41:05.55</b> | +01:25:33 (54.5%) | 5:13         | 11.5 (45.6%) |
| 128 | <b>ŁOBODA Michał</b>       | <b>657</b> |                 | M3        | 128  | 00:06:40    | 01:46:51 | <b>02:42:45.40</b> | <b>02:49:25.75</b> | +01:31:24 (56.2%) | 5:25         | 11.1 (44.0%) |
| 129 | <b>PLISZKA Kamil</b>       | <b>531</b> |                 | M3        | 129  | 00:06:57    | 01:23:24 | <b>02:45:47.25</b> | <b>02:52:44.65</b> | +01:34:26 (57.0%) | 5:31         | 10.9 (43.3%) |
| 130 | <b>BORDON Mariusz</b>      | <b>614</b> |                 | M3        | 130  | 00:06:48    | 01:47:19 | <b>02:46:53.00</b> | <b>02:53:41.95</b> | +01:35:32 (57.3%) | 5:33         | 10.8 (42.9%) |
| 131 | <b>BORDON Krzysztof</b>    | <b>683</b> |                 | M3        | 131  | 00:06:54    | 01:45:25 | <b>02:53:13.70</b> | <b>03:00:08.45</b> | +01:41:53 (58.8%) | 5:46         | 10.4 (41.3%) |
| 132 | <b>ŚWIECIAK Przemysław</b> | <b>724</b> |                 | M3        | 132  | 00:06:26    | 01:42:33 | <b>03:01:20.70</b> | <b>03:07:47.55</b> | +01:50:00 (60.7%) | 6:02         | 9.9 (39.3%)  |
| 133 | <b>KLUNEK Maciej</b>       | <b>407</b> |                 | M3        | 133  | 00:04:25    | 02:02:14 | <b>03:10:10.15</b> | <b>03:14:36.00</b> | +01:58:49 (62.5%) | 6:20         | 9.5 (37.7%)  |

Znaleziono 133 wynik(ów)