



HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW
Data: 2016-09-10
Miejsce: Hajnówka
Dystans: 10 km



Klasyfikacja: K50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	JĘDRASIAK Renata	691	KS METRACO POLKOWICE	K50-59	1			00:04:09	00:34:25	01:09:46.65	01:13:56.05		6:58	8.6 (100%)
2	BOCZAR Beata	658	GREEN TEAM ZIELONA GÓRA	K50-59	2			00:04:09	00:35:50	01:14:00.95	01:18:10.05	+00:04:14 (5.7%)	7:24	8.1 (94.2%)
3	ROSZMAN Joanna	751	PENDOLINO	K50-59	3			00:04:09	00:37:56	01:18:22.30	01:22:31.65	+00:08:35 (11.0%)	7:50	7.7 (89.5%)
4	JARZYŃSKA Małgorzata	690	HIFI ARTE	K50-59	4			00:04:09	00:38:49	01:18:35.00	01:22:44.95	+00:08:48 (11.2%)	7:51	7.6 (88.4%)
5	KUPIBIDA Bogusława	714	SILESIA NORDIC TEAM	K50-59	5			00:04:10	00:39:38	01:18:36.10	01:22:46.80	+00:08:49 (11.2%)	7:51	7.6 (88.4%)
6	DOBROWOLSKA-ŚWIĄTEK Elżbieta	669		K50-59	6			00:04:10	00:39:28	01:18:58.25	01:23:08.25	+00:09:11 (11.6%)	7:53	7.6 (88.4%)
7	DOBROWOLSKA Anna	668		K50-59	7			00:04:10	00:39:27	01:18:58.50	01:23:09.00	+00:09:11 (11.6%)	7:53	7.6 (88.4%)
8	JURCZYŃSKA Bożena	694	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	8			00:04:11	00:38:44	01:21:17.70	01:25:29.10	+00:11:31 (14.2%)	8:07	7.4 (86.0%)
9	POSTEK Danuta	743	MARSZ PO ZDROWIE	K50-59	9			00:04:10	00:40:56	01:21:52.00	01:26:02.85	+00:12:05 (14.8%)	8:11	7.3 (84.9%)
10	OMARSKA Grażyna	735	PASJA NORDIC WALKING	K50-59	10			00:04:12	00:41:33	01:23:45.25	01:27:57.55	+00:13:58 (16.7%)	8:22	7.2 (83.7%)
11	BIAŁOWAŚ Iwona	657		K50-59	11			00:04:11	00:41:39	01:24:16.50	01:28:27.90	+00:14:29 (17.2%)	8:25	7.1 (82.6%)
12	PLEWA Halina	741	POWIAT HAJNOWSKI	K50-59	12			00:07:19	00:43:09	01:27:17.20	01:34:36.90	+00:17:30 (20.1%)	8:43	6.9 (80.2%)
13	LEHMANN Teresa	719	BŁĘKITNI NW DZIEMIANY	K50-59	13			00:04:11	00:42:45	01:27:31.10	01:31:42.95	+00:17:44 (20.3%)	8:45	6.9 (80.2%)
14	ZIELIŃSKA Barbara	853	PUKS JEDYNKA ŁOSICE	K50-59	14			00:04:13	00:44:13	01:27:59.35	01:32:13.10	+00:18:12 (20.7%)	8:48	6.8 (79.1%)

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15	CZARNECKA Maria	796		K50-59	15			00:07:18	00:43:12	01:28:11.40	01:35:29.75	+00:18:24 (20.9%)	8:49	6.8 (79.1%)
16	WIERESZKO Regina	855	GRUPA NW DOBRE MIASTO	K50-59	16			00:04:12	00:43:22	01:28:31.25	01:32:43.55	+00:18:44 (21.2%)	8:51	6.8 (79.1%)
17	KOSSOWSKA Anna	703	MARYSIN	K50-59	17			00:04:12	00:44:22	01:30:37.60	01:34:50.30	+00:20:50 (23.0%)	9:03	6.6 (76.7%)
18	CIELMA Teresa	663	POWIAT HAJNOWSKI	K50-59	18			00:04:11	00:47:21	01:37:31.75	01:41:43.30	+00:27:45 (28.5%)	9:45	6.2 (72.1%)
19	PETRUK Marzanna	737		K50-59	19			00:04:13	00:47:38	01:37:50.85	01:42:04.15	+00:28:04 (28.7%)	9:47	6.1 (70.9%)
20	SOKOŁOWSKA Jolanta	756		K50-59	20			00:04:14	00:54:06	01:49:58.75	01:54:12.80	+00:40:12 (36.6%)	10:59	5.5 (64.0%)

Znaleziono 20 wynik(ów)