



HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 10KM

B4SPORT

Wydarzenie: HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING
Organizator: PFNW
Data: 2017-09-09
Miejsce: Hajnówka
Dystans: 10 km



Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start All 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KUBISZYN Małgorzata	754		K30-39	1			00:32:59	01:06:44.30		6:40	9 (100%)
2	DMOWSKA Aneta	714	UNIA MIAST	K40-49	1			00:32:50	01:06:45.00	+00:00:00 (0.0%)	6:40	9 (100%)
3	PARAFINIUK Krzysia	773	LKS ZANTYR SZTUM	K30-39	2			00:33:32	01:07:59.50	+00:01:15 (1.8%)	6:48	8.8 (97.8%)
4	JĘDRASIAK Renata	732		K50-59	1			00:34:28	01:09:31.50	+00:02:47 (4.0%)	6:57	8.6 (95.6%)
5	SPYCHAŁA Marzena	787	WESOŁY BORSUK TEAM	K40-49	2			00:35:15	01:10:51.25	+00:04:06 (5.8%)	7:05	8.5 (94.4%)
6	KOLARSKA Agnieszka	739	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	3			00:34:31	01:11:09.30	+00:04:25 (6.2%)	7:07	8.4 (93.3%)
7	STANKIEWICZ Agata	788	BIĄŁOSTOCKA SEKTA BIEGACZY	K40-49	3			00:35:02	01:11:28.50	+00:04:44 (6.6%)	7:08	8.4 (93.3%)
8	DUSIEL Ewa	719	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	2			00:35:38	01:12:20.55	+00:05:36 (7.7%)	7:14	8.3 (92.2%)
9	SZPILMAN Katarzyna	796	FACE NORDIC WALKING TEAM	K40-49	4			00:35:43	01:12:37.55	+00:05:53 (8.1%)	7:15	8.3 (92.2%)
10	CZAJKA Urszula	711	FACE NORDIC WALKING TEAM	K60-69	1			00:36:17	01:13:17.25	+00:06:32 (8.9%)	7:19	8.2 (91.1%)
11	ŁUKASZEWICZ Joanna	762	GREEN TEAM ZIELONA GÓRA	K40-49	5			00:35:50	01:13:17.45	+00:06:33 (8.9%)	7:19	8.2 (91.1%)
12	BERTEL Alicja	702	GRUPA NORDIC WALKING - DOBRE MIASTO	K30-39	4			00:36:31	01:13:20.45	+00:06:36 (9.0%)	7:20	8.2 (91.1%)
13	DOBROWOLSKA Anna	715		K50-59	3			00:36:58	01:14:11.95	+00:07:27 (10.1%)	7:25	8.1 (90.0%)
14	ZACHARCZUK Zofia	808	FACE NORDIC WALKING TEAM	K60-69	2			00:36:40	01:14:19.80	+00:07:35 (10.2%)	7:25	8.1 (90.0%)
15	KRUSZKA Arleta	749	MARSZ PO ZDROWIE	K50-59	4			00:37:42	01:15:16.10	+00:08:31 (11.3%)	7:31	8 (88.9%)

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16	DOBROWOLSKA-ŚWIĄTEK Elżbieta	716		K50-59	5			00:37:34	01:15:18.95	+00:08:34 (11.4%)	7:31	8 (88.9%)
17	MANDZIUK Marta	821	TKKF KRZNA	K40-49	6			00:36:59	01:15:32.50	+00:08:48 (11.7%)	7:33	7.9 (87.8%)
18	WITKOWSKA Maria	804	UNIA MIAST	K60-69	3			00:37:43	01:16:06.65	+00:09:22 (12.3%)	7:36	7.9 (87.8%)
19	SZESZKO Jolanta	795		K40-49	7			00:37:58	01:16:36.20	+00:09:51 (12.9%)	7:39	7.8 (86.7%)
20	MARCINIAK Aneta	763	FACE NORDIC WALKING TEAM	K40-49	8			00:37:51	01:16:56.90	+00:10:12 (13.3%)	7:41	7.8 (86.7%)
21	KORYTOWSKA Agnieszka	744	NW WERWA MŁAWA	K30-39	5			00:37:50	01:19:07.10	+00:12:22 (15.6%)	7:54	7.6 (84.4%)
22	STYRC Lidia	791	RYBNICKI KLUB NORDIC WALKING	K40-49	9			00:38:58	01:19:28.80	+00:12:44 (16.0%)	7:56	7.5 (83.3%)
23	ZHINEL Zhanna	809	PROWERTEL	K40-49	10			00:39:57	01:19:37.40	+00:12:53 (16.2%)	7:57	7.5 (83.3%)
24	SAWICKA Urszula	780	KIJFANKI	K40-49	11			00:39:20	01:19:44.75	+00:13:00 (16.3%)	7:58	7.5 (83.3%)
25	ROMANIUK Joanna	778	KIJFANKI	K40-49	12			00:39:21	01:19:49.90	+00:13:05 (16.4%)	7:59	7.5 (83.3%)
26	WORONKO-ZACZYŃSKA Janina	806	KS METRACO POLKOWICE	K70+	1			00:39:08	01:20:03.20	+00:13:18 (16.6%)	8:00	7.5 (83.3%)
27	RACZYŃSKA Aleksandra	777	UNIA MIAST	K70+	2			00:40:11	01:20:50.60	+00:14:06 (17.4%)	8:05	7.4 (82.2%)
28	WAŁECKA Krystyna	801	FACE NORDIC WALKING TEAM	K60-69	4			00:40:16	01:21:20.45	+00:14:36 (18.0%)	8:08	7.4 (82.2%)
29	LABUDDA Katarzyna	759		K30-39	6			00:40:12	01:21:29.85	+00:14:45 (18.1%)	8:09	7.4 (82.2%)
30	WILK Grażyna	713	LECYMY DURŚ	K40-49	13			00:40:36	01:21:50.05	+00:15:05 (18.4%)	8:11	7.3 (81.1%)
31	KOŚCIUCZUK Agnieszka	745	POWIAT HAJNOWSKI	K30-39	7			00:40:38	01:22:01.35	+00:15:17 (18.6%)	8:12	7.3 (81.1%)
32	WASILUK Beata	803	FACE NORDIC WALKING TEAM	K40-49	14			00:41:12	01:22:05.25	+00:15:20 (18.7%)	8:12	7.3 (81.1%)
33	OMARSKA Grażyna	771	PASJA NORDIC WALKING	K50-59	6			00:40:31	01:22:05.30	+00:15:21 (18.7%)	8:12	7.3 (81.1%)
34	GRYC Halinka	727	HAJNÓWKA	K40-49	15			00:40:22	01:22:14.15	+00:15:29 (18.8%)	8:13	7.3 (81.1%)
35	JANIK-TYMIŃSKA Elżbieta	731	LUBLIN CHODZI Z KIJKAMI	K50-59	7			00:41:30	01:22:58.20	+00:16:13 (19.6%)	8:17	7.2 (80.0%)
36	BANASZAK Agata	817	GREEN TEAM ZIELONA GÓRA	K18-29	1			00:41:50	01:23:03.50	+00:16:19 (19.6%)	8:18	7.2 (80.0%)
37	KIDAWA Danuta	737	SANTANDER CONSUMER BANK	K40-49	16			00:41:19	01:23:14.50	+00:16:30 (19.8%)	8:19	7.2 (80.0%)
38	KOZŁOWSKA Ewa	747	GRUPA NORDIC WALKING - DOBRE MIASTO	K40-49	17			00:41:18	01:23:18.95	+00:16:34 (19.9%)	8:19	7.2 (80.0%)

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39	KLIŚ Beata	701	Z KIJKAMI NAM PO DRODZE	K50-59	8			00:41:18	01:23:33.05	+00:16:48 (20.1%)	8:21	7.2 (80.0%)
40	RAK Ewa	823	TKKF BIAŁA PODLASKA	K30-39	8			00:41:47	01:23:37.10	+00:16:52 (20.2%)	8:21	7.2 (80.0%)
41	ZIELINSKA Barbara	810	PUKS JEDYNKA ŁOSICE	K50-59	9			00:41:21	01:23:50.70	+00:17:06 (20.4%)	8:23	7.2 (80.0%)
42	BRZAKAŁA Anna	705	Z KIJKAMI NAM PO DRODZE	K18-29	2			00:41:52	01:23:53.95	+00:17:09 (20.5%)	8:23	7.2 (80.0%)
43	BALA Beata	27	Z KIJKAMI NAM PO DRODZE	K40-49	18			00:43:25	01:25:39.00	+00:18:54 (22.1%)	8:33	7 (77.8%)
44	KONOPACKA Marta	741	BIAŁOSTOCKA SEKTA BIEGACZY	K40-49	19			00:42:33	01:26:40.35	+00:19:56 (23.0%)	8:40	6.9 (76.7%)
45	KOPACKA Małgorzata	742	SANTANDER CONSUMER BANK	K40-49	20			00:43:40	01:27:02.10	+00:20:17 (23.3%)	8:42	6.9 (76.7%)
46	KLUJ Jadwiga	738	PUKS JEDYNKA ŁOSICE	K60-69	5			00:43:56	01:27:59.25	+00:21:14 (24.2%)	8:47	6.8 (75.6%)
47	CHRAPEK Urszula	764	KS RUDZICA	K18-29	3			00:43:10	01:28:16.95	+00:21:32 (24.4%)	8:49	6.8 (75.6%)
48	JÓZWIAK Ewa	733		K50-59	10			00:43:38	01:28:48.30	+00:22:04 (24.8%)	8:52	6.8 (75.6%)
49	KAŻMIERCZAK Iwona	214	Z KIJKAMI NAM PO DRODZE	K40-49	21			00:46:19	01:29:02.05	+00:22:17 (25.0%)	8:54	6.7 (74.4%)
50	STEINBERG Iwona	504		K50-59	11			00:44:25	01:29:20.70	+00:22:36 (25.3%)	8:56	6.7 (74.4%)
51	KRZYŚCIN Mirosława	753	SANTANDER CONSUMER BANK	K40-49	22			00:43:46	01:29:35.60	+00:22:51 (25.5%)	8:57	6.7 (74.4%)
52	JURKIEWICZ Agnieszka	825		K30-39	9			00:44:32	01:30:12.40	+00:23:28 (26.0%)	9:01	6.7 (74.4%)
53	LIPIŃSKA Urszula	761	FACE NORDIC WALKING TEAM	K40-49	23			00:44:27	01:30:56.25	+00:24:11 (26.6%)	9:05	6.6 (73.3%)
54	GOLAŃSKA Aleksandra	819	Z KIJKAMI NAM PO DRODZE	K40-49	24			00:45:03	01:32:43.00	+00:25:58 (28.0%)	9:16	6.5 (72.2%)
55	STEFANEK Teresa	818	SANTANDER CONSUMER BANK	K40-49	25			00:47:25	01:35:29.40	+00:28:45 (30.1%)	9:32	6.3 (70.0%)
56	STASZKIEWICZ Elżbieta	500		K50-59	12			00:47:05	01:35:46.35	+00:29:02 (30.3%)	9:34	6.3 (70.0%)
57	MROCZKOWSKA Emilia	767	KIJFANKI	K30-39	10			00:47:22	01:37:09.20	+00:30:24 (31.3%)	9:42	6.2 (68.9%)
58	SZCZEPANEK Ewa	794	Z KIJKAMI NAM PO DRODZE	K40-49	26			00:47:00	01:37:12.65	+00:30:28 (31.3%)	9:43	6.2 (68.9%)
59	RYGOROWICZ Natalia	779		K18-29	4			00:48:42	01:37:23.25	+00:30:38 (31.5%)	9:44	6.2 (68.9%)
60	SUREL Elżbieta	792		K50-59	13			00:48:02	01:41:20.10	+00:34:35 (34.1%)	10:08	5.9 (65.6%)
61	SOKOŁOWSKA Jolanta	785		K60-69	6			00:51:42	01:44:01.95	+00:37:17 (35.8%)	10:24	5.8 (64.4%)

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62	KULIG Marzanna	756		K50-59	14			00:54:15	01:50:28.60	+00:43:44 (39.6%)	11:02	5.4 (60.0%)
63	CHOMCZYK Irena	708		K60-69	7			00:53:48	01:54:06.70	+00:47:22 (41.5%)	11:24	5.3 (58.9%)
64	KRÓL Anna	748		K40-49	27			00:50:46	01:56:00.40	+00:49:16 (42.5%)	11:36	5.2 (57.8%)

Znaleziono 64 wynik(ów)