

# HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 5 KM

B4SPORT  
INTELEKTUALNE SPÓŁNE SPRAWY

**Organizator:** PFNW  
**Data:** 2016-09-10  
**Miejsce:** Hajnówka  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>STILLER Karol</b>	<b>828</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	1			00:04:01	<b>00:29:57.20</b>	<b>00:33:59.10</b>		5:59	10 (100%)
2	<b>DEŁĄG Jakub</b>	<b>105</b>	FACE NORDIC WALKING TEAM/ ENERGY LIFE TEAM	M18-29	1			00:03:46	<b>00:30:58.25</b>	<b>00:34:44.45</b>	+00:01:01 (3.3%)	6:11	9.7 (97.0%)
3	<b>WOROCH Roman</b>	<b>630</b>	KS METRACO POLKOWICE	M55-59	1			00:05:56	<b>00:31:16.50</b>	<b>00:37:13.30</b>	+00:01:19 (4.2%)	6:15	9.6 (96.0%)
4	<b>BRZOWSKI Piotr</b>	<b>913</b>	AKTYWNI POSTOMINO/FACE NORDIC WALKING TEAM	M30-39	2			00:04:02	<b>00:32:09.20</b>	<b>00:36:11.40</b>	+00:02:12 (6.8%)	6:25	9.3 (93.0%)
5	<b>MIELCAREK Leszek</b>	<b>358</b>	WESOŁY BORSUK TEAM	M60-64	1			00:06:26	<b>00:32:21.00</b>	<b>00:38:47.20</b>	+00:02:23 (7.4%)	6:28	9.3 (93.0%)
6	<b>ROŻYNEK Miron</b>	<b>471</b>		M50-54	1			00:05:33	<b>00:32:25.95</b>	<b>00:37:59.15</b>	+00:02:28 (7.6%)	6:29	9.2 (92.0%)
7	<b>LESIŃSKI Grzegorz</b>	<b>313</b>	KS METRACO POLKOWICE	M50-54	2			00:05:30	<b>00:32:36.65</b>	<b>00:38:06.80</b>	+00:02:39 (8.1%)	6:31	9.2 (92.0%)
8	<b>STĘPNIEWSKI Paweł</b>	<b>522</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M18-29	2			00:03:46	<b>00:32:43.20</b>	<b>00:36:29.30</b>	+00:02:46 (8.5%)	6:32	9.2 (92.0%)
9	<b>JENCZELEWSKI Grzegorz</b>	<b>212</b>	NW EUROPOL GAZ	M45-49	1			00:05:03	<b>00:32:46.45</b>	<b>00:37:50.30</b>	+00:02:49 (8.6%)	6:33	9.2 (92.0%)
10	<b>KARPIUK Łukasz</b>	<b>241</b>		M18-29	3	1		00:03:48	<b>00:32:50.45</b>	<b>00:36:39.10</b>	+00:02:53 (8.8%)	6:34	9.1 (91.0%)
11	<b>KNITTER Tomasz</b>	<b>259</b>	BŁĘKITNI NW DZIEMIANY	M-Jun.	1			00:17:36	<b>00:32:50.90</b>	<b>00:50:27.45</b>	+00:02:53 (8.8%)	6:34	9.1 (91.0%)
12	<b>WASIELEWSKI Mirosław</b>	<b>597</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	M50-54	3			00:05:30	<b>00:32:51.90</b>	<b>00:38:22.70</b>	+00:02:54 (8.9%)	6:34	9.1 (91.0%)
13	<b>GAJEWSKI Eugeniusz</b>	<b>140</b>	KS METRACO POLKOWICE	M55-59	2			00:05:56	<b>00:32:58.95</b>	<b>00:38:55.15</b>	+00:03:01 (9.2%)	6:35	9.1 (91.0%)
14	<b>WOLEK Waldemar</b>	<b>624</b>	NORDIC TEAM GNIEZNO	M40-44	1			00:04:37	<b>00:33:11.50</b>	<b>00:37:48.95</b>	+00:03:14 (9.8%)	6:38	9 (90.0%)
15	<b>SŁOMIAN Leszek</b>	<b>504</b>	UNIA MIAST	M55-59	3			00:05:57	<b>00:33:12.10</b>	<b>00:39:09.75</b>	+00:03:14 (9.8%)	6:38	9 (90.0%)
16	<b>RAKUĆ Jakub</b>	<b>456</b>	RUCH PO ZDROWIE WŁOCLAWEK	M18-29	4			00:03:46	<b>00:33:16.20</b>	<b>00:37:02.90</b>	+00:03:19 (10.0%)	6:39	9 (90.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	<b>OSTROWIERCH Tarasij</b>	<b>933</b>	SP ZOZ HAJNÓWKA	M60-64	2	1		00:06:25	<b>00:33:20.05</b>	<b>00:39:46.00</b>	+00:03:22 (10.1%)	6:40	9 (90.0%)
18	<b>ŻALISKO Oksana</b>	<b>210</b>	DĄBROWA NORDIC TEAM	K60-64	1			00:14:13	<b>00:33:29.80</b>	<b>00:47:43.60</b>	+00:03:32 (10.6%)	6:42	9 (90.0%)
19	<b>JAGIEŁA Paweł</b>	<b>200</b>	KBBB / TKKF	M18-29	5			00:03:46	<b>00:33:31.50</b>	<b>00:37:17.90</b>	+00:03:34 (10.7%)	6:42	9 (90.0%)
20	<b>MARCINKOWSKI Jakub</b>	<b>347</b>	UNIA MIAST	M-Jun.	2			00:17:36	<b>00:33:32.00</b>	<b>00:51:08.40</b>	+00:03:34 (10.7%)	6:42	8.9 (89.0%)
21	<b>ZARĘBSKI Michał</b>	<b>645</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	3			00:04:02	<b>00:33:33.40</b>	<b>00:37:35.50</b>	+00:03:36 (10.7%)	6:42	8.9 (89.0%)
22	<b>KLARKOWSKI Bogdan</b>	<b>253</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	M60-64	3			00:06:27	<b>00:33:34.65</b>	<b>00:40:01.75</b>	+00:03:37 (10.8%)	6:42	8.9 (89.0%)
23	<b>GŁOWA Michał</b>	<b>161</b>	WESOŁY BORSUK TEAM	M-Jun.	3			00:17:36	<b>00:33:43.00</b>	<b>00:51:19.75</b>	+00:03:45 (11.2%)	6:44	8.9 (89.0%)
24	<b>SKWIRUT Jerzy</b>	<b>501</b>	SOKÓŁ RYMANÓW	M-Niepełnosprawni	1			00:05:56	<b>00:33:57.90</b>	<b>00:39:54.50</b>	+00:04:00 (11.8%)	6:47	8.8 (88.0%)
25	<b>ADAMUS Marian</b>	<b>6</b>	SILESIA NORDIC TEAM	M65-69	1			00:06:48	<b>00:34:02.80</b>	<b>00:40:51.60</b>	+00:04:05 (12.0%)	6:48	8.8 (88.0%)
26	<b>GRYGOROWICZ Bogdan</b>	<b>180</b>	KS METRACO POLKOWICE	M65-69	2			00:06:49	<b>00:34:18.60</b>	<b>00:41:08.10</b>	+00:04:21 (12.7%)	6:51	8.7 (87.0%)
27	<b>CHUDZIŃSKI Andrzej</b>	<b>84</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	M65-69	3			00:06:48	<b>00:34:23.60</b>	<b>00:41:12.10</b>	+00:04:26 (12.9%)	6:52	8.7 (87.0%)
28	<b>WILK Tadeusz</b>	<b>134</b>	DĄBROWA NORDIC TEAM	M60-64	4			00:06:26	<b>00:34:25.75</b>	<b>00:40:51.90</b>	+00:04:28 (13.0%)	6:53	8.7 (87.0%)
29	<b>SCHRÖDER Karol</b>	<b>489</b>	SILESIA NORDIC TEAM	M40-44	2			00:04:38	<b>00:34:30.20</b>	<b>00:39:08.35</b>	+00:04:33 (13.2%)	6:54	8.7 (87.0%)
30	<b>KRYŚ Artur</b>	<b>291</b>	KS METRACO POLKOWICE	M45-49	2			00:05:04	<b>00:34:33.75</b>	<b>00:39:37.75</b>	+00:04:36 (13.3%)	6:54	8.7 (87.0%)
31	<b>GAŁĄZKA Paweł</b>	<b>891</b>	NORDIC DECOFLOR GNIEZNO	M-Niepełnosprawni	2			00:05:31	<b>00:34:37.55</b>	<b>00:40:09.20</b>	+00:04:40 (13.5%)	6:55	8.7 (87.0%)
32	<b>BREWKA Joachim</b>	<b>67</b>	UNIA MIAST	M50-54	4			00:05:30	<b>00:34:38.15</b>	<b>00:40:08.30</b>	+00:04:40 (13.5%)	6:55	8.7 (87.0%)
33	<b>ZMACZYŃSKI Bogusław</b>	<b>463</b>	KS METRACO POLKOWICE	M60-64	5			00:06:27	<b>00:34:39.15</b>	<b>00:41:06.25</b>	+00:04:41 (13.6%)	6:55	8.7 (87.0%)
34	<b>GAPIŃSKI Leszek</b>	<b>144</b>	WESOŁY BORSUK TEAM	M55-59	4			00:05:57	<b>00:34:42.65</b>	<b>00:40:40.30</b>	+00:04:45 (13.7%)	6:56	8.6 (86.0%)
35	<b>FELIS Paweł</b>	<b>127</b>		M45-49	3			00:05:04	<b>00:34:50.70</b>	<b>00:39:55.30</b>	+00:04:53 (14.0%)	6:58	8.6 (86.0%)
36	<b>RATECKI Marcin</b>	<b>458</b>	NORDIC WALKING TEAM GDAŃSK	M40-44	3			00:04:38	<b>00:34:51.80</b>	<b>00:39:30.70</b>	+00:04:54 (14.1%)	6:58	8.6 (86.0%)
37	<b>BORKOWSKA Lidia</b>	<b>895</b>	FACE NORDIC WALKING TEAM	K45-49	1			00:11:18	<b>00:34:53.85</b>	<b>00:46:12.35</b>	+00:04:56 (14.2%)	6:58	8.6 (86.0%)
38	<b>JENDRUCHNIEWICZ Katarzyna</b>	<b>879</b>	FUNDACJA „W TE PĘDY”	K30-39	1			00:08:48	<b>00:35:00.05</b>	<b>00:43:48.60</b>	+00:05:02 (14.4%)	7:00	8.6 (86.0%)
39	<b>SZPILMAN Katarzyna</b>	<b>545</b>	FACE NORDIC WALKING TEAM	K45-49	2			00:11:19	<b>00:35:04.05</b>	<b>00:46:23.05</b>	+00:05:06 (14.6%)	7:00	8.6 (86.0%)
40	<b>KOT Anatol</b>	<b>275</b>	RKB	M55-59	5	1		00:05:58	<b>00:35:04.50</b>	<b>00:41:02.85</b>	+00:05:07 (14.6%)	7:00	8.6 (86.0%)
41	<b>BIK Przemysław</b>	<b>51</b>	KS METRACO POLKOWICE	M-Dzieci	1			00:16:38	<b>00:35:13.90</b>	<b>00:51:51.95</b>	+00:05:16 (15.0%)	7:02	8.5 (85.0%)

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42	<b>ZAŃKO Katarzyna</b>	<b>644</b>	KS METRACO POLKOWICE	K40-44	1			00:10:21	<b>00:35:14.45</b>	<b>00:45:35.90</b>	+00:05:17 (15.0%)	7:02	8.5 (85.0%)
43	<b>PARTYKA Teresa</b>	<b>421</b>	WESOŁY BORSUK TEAM	K55-59	1			00:13:06	<b>00:35:22.20</b>	<b>00:48:28.30</b>	+00:05:25 (15.3%)	7:04	8.5 (85.0%)
44	<b>KASPRZYK Liliana</b>	<b>884</b>	KS METRACO POLKOWICE	K55-59	2			00:13:06	<b>00:35:25.40</b>	<b>00:48:32.05</b>	+00:05:28 (15.4%)	7:05	8.5 (85.0%)
45	<b>KWAŚNY Tomasz</b>	<b>302</b>	CHODŻĘ Z SERCEM	M50-54	5			00:05:32	<b>00:35:34.50</b>	<b>00:41:07.00</b>	+00:05:37 (15.8%)	7:07	8.4 (84.0%)
46	<b>KUŚMIEREK Mateusz</b>	<b>298</b>	BŁĘKITNI NW DZIEMIANY	M-Dzieci	2			00:16:34	<b>00:35:41.40</b>	<b>00:52:15.75</b>	+00:05:44 (16.1%)	7:08	8.4 (84.0%)
47	<b>LESIŃSKA Marzenna</b>	<b>312</b>	KS METRACO POLKOWICE	K50-54	1			00:12:04	<b>00:35:42.40</b>	<b>00:47:46.75</b>	+00:05:45 (16.1%)	7:08	8.4 (84.0%)
48	<b>WOŹNIAK Klaudia</b>	<b>632</b>	UNIA MIAST	K-Jun.	1			00:18:46	<b>00:35:46.00</b>	<b>00:54:32.60</b>	+00:05:48 (16.3%)	7:09	8.4 (84.0%)
49	<b>STOLARSKA Joanna</b>	<b>523</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K-Jun.	2			00:18:45	<b>00:35:46.60</b>	<b>00:54:32.50</b>	+00:05:49 (16.3%)	7:09	8.4 (84.0%)
50	<b>GAPIŃSKA Janina</b>	<b>143</b>	WESOŁY BORSUK TEAM	K55-59	3			00:13:06	<b>00:35:55.85</b>	<b>00:49:02.75</b>	+00:05:58 (16.6%)	7:11	8.3 (83.0%)
51	<b>DANA Andrzej</b>	<b>100</b>	KLUB NW 'PATYCZAKI' GRUDZIĄDZ	M65-69	4			00:06:48	<b>00:36:02.15</b>	<b>00:42:50.85</b>	+00:06:04 (16.9%)	7:12	8.3 (83.0%)
52	<b>MALCZYK Anna</b>	<b>339</b>	DĄBROWA NORDIC TEAM	K30-39	2			00:08:48	<b>00:36:07.75</b>	<b>00:44:56.60</b>	+00:06:10 (17.1%)	7:13	8.3 (83.0%)
53	<b>KAPTEINA Robert</b>	<b>233</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	M40-44	4			00:04:37	<b>00:36:10.50</b>	<b>00:40:47.95</b>	+00:06:13 (17.2%)	7:14	8.3 (83.0%)
54	<b>SZPILMAN Marta</b>	<b>546</b>	FACE NORDIC WALKING TEAM	K18-29	1			00:07:51	<b>00:36:11.90</b>	<b>00:44:03.55</b>	+00:06:14 (17.3%)	7:14	8.3 (83.0%)
55	<b>BALICKA Maria</b>	<b>34</b>		K-Dzieci	1			00:21:02	<b>00:36:12.95</b>	<b>00:57:15.40</b>	+00:06:15 (17.3%)	7:14	8.3 (83.0%)
56	<b>SITKO Maciej</b>	<b>498</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	M-Dzieci	3			00:16:35	<b>00:36:13.45</b>	<b>00:52:48.45</b>	+00:06:16 (17.3%)	7:14	8.3 (83.0%)
57	<b>RECZULSKA Katarzyna</b>	<b>459</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K45-49	3			00:12:03	<b>00:36:17.50</b>	<b>00:48:21.10</b>	+00:06:20 (17.5%)	7:15	8.3 (83.0%)
58	<b>MOTOCZYŃSKI Krzysztof</b>	<b>366</b>	GOSIR OSIELSKO	M60-64	6			00:06:27	<b>00:36:18.60</b>	<b>00:42:46.20</b>	+00:06:21 (17.5%)	7:15	8.3 (83.0%)
59	<b>WRÓŃSKI Włodzimierz</b>	<b>634</b>	PASJA NORDIC WALKING	M60-64	7			00:06:26	<b>00:36:21.30</b>	<b>00:42:47.80</b>	+00:06:24 (17.6%)	7:16	8.3 (83.0%)
60	<b>ŚLEWIŃSKA Edyta</b>	<b>559</b>	BŁĘKITNI NW DZIEMIANY	K-Jun.	3			00:18:47	<b>00:36:23.45</b>	<b>00:55:10.95</b>	+00:06:26 (17.7%)	7:16	8.2 (82.0%)
61	<b>JÓŹWIAK Marianna</b>	<b>217</b>	WTW.WŁOCLAWEK	K40-44	2			00:10:21	<b>00:36:26.90</b>	<b>00:46:48.80</b>	+00:06:29 (17.8%)	7:17	8.2 (82.0%)
62	<b>DUDEK Edward</b>	<b>116</b>	KS METRACO POLKOWICE	M65-69	5			00:06:51	<b>00:36:27.10</b>	<b>00:43:18.90</b>	+00:06:29 (17.8%)	7:17	8.2 (82.0%)
63	<b>RAKUĆ Angelika</b>	<b>457</b>	RUCH PO ZDROWIE WŁOCLAWEK	K18-29	2			00:07:51	<b>00:36:28.10</b>	<b>00:44:20.05</b>	+00:06:30 (17.9%)	7:17	8.2 (82.0%)
64	<b>STYGA Krystyna</b>	<b>530</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K50-54	2			00:12:02	<b>00:36:31.80</b>	<b>00:48:33.80</b>	+00:06:34 (18.0%)	7:18	8.2 (82.0%)
65	<b>ROSADZIŃSKI Sławomir</b>	<b>465</b>		M45-49	4			00:05:04	<b>00:36:34.30</b>	<b>00:41:38.75</b>	+00:06:37 (18.1%)	7:18	8.2 (82.0%)
66	<b>KANIECKA Zofia</b>	<b>231</b>	NW CIECHANÓW	K60-64	2			00:14:13	<b>00:36:35.90</b>	<b>00:50:49.80</b>	+00:06:38 (18.2%)	7:19	8.2 (82.0%)

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67	<b>PAWŁOWSKA-WOŹNIAK Małgorzata</b>	<b>113</b>	UNIA MIAST	K30-39	3			00:08:48	<b>00:36:51.35</b>	<b>00:45:39.35</b>	+00:06:54 (18.7%)	7:22	8.1 (81.0%)
68	<b>FRĄSZCZAK Katarzyna</b>	<b>136</b>	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	K-Niepełnosprawni	1			00:08:55	<b>00:36:52.20</b>	<b>00:45:47.45</b>	+00:06:55 (18.8%)	7:22	8.1 (81.0%)
69	<b>WAWRZYNIAK Anna</b>	<b>601</b>	FACE NORDIC WALKING TEAM	K40-44	3			00:10:21	<b>00:36:55.50</b>	<b>00:47:16.70</b>	+00:06:58 (18.9%)	7:23	8.1 (81.0%)
70	<b>ROMANIUK Grzegorz</b>	<b>916</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	M50-54	6			00:05:34	<b>00:36:55.80</b>	<b>00:42:30.05</b>	+00:06:58 (18.9%)	7:23	8.1 (81.0%)
71	<b>FELIS Stanisław</b>	<b>129</b>		M-Jun.	4			00:17:37	<b>00:36:56.05</b>	<b>00:54:33.20</b>	+00:06:58 (18.9%)	7:23	8.1 (81.0%)
72	<b>GOŁĘBIEWSKI Andrzej</b>	<b>167</b>	KLUB NW 'PATYCZAKI' GRUDZIĄDZ	M55-59	6			00:05:57	<b>00:36:57.80</b>	<b>00:42:55.05</b>	+00:07:00 (19.0%)	7:23	8.1 (81.0%)
73	<b>MARCINKOWSKA Agnieszka</b>	<b>346</b>	UNIA MIAST	K-Dzieci	2			00:21:02	<b>00:36:59.25</b>	<b>00:58:02.05</b>	+00:07:02 (19.0%)	7:24	8.1 (81.0%)
74	<b>ARTEMIUK Eugeniusz</b>	<b>31</b>		M50-54	7			00:05:31	<b>00:36:59.70</b>	<b>00:42:31.35</b>	+00:07:02 (19.0%)	7:24	8.1 (81.0%)
75	<b>ADAMCZYK Łukasz</b>	<b>896</b>	LUKI TEAM	M30-39	4			00:04:02	<b>00:37:05.10</b>	<b>00:41:07.90</b>	+00:07:07 (19.2%)	7:25	8.1 (81.0%)
76	<b>DZIUBA Alina</b>	<b>123</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K45-49	4			00:11:18	<b>00:37:08.50</b>	<b>00:48:27.20</b>	+00:07:11 (19.4%)	7:25	8.1 (81.0%)
77	<b>GŁADZIKOWSKI Grzegorz</b>	<b>160</b>	AKTYWNI Z PASJĄ ŁUKÓW	M65-69	6			00:06:49	<b>00:37:11.15</b>	<b>00:44:00.55</b>	+00:07:13 (19.4%)	7:26	8.1 (81.0%)
78	<b>JÓZWIAK Łukasz</b>	<b>218</b>	WTW.WŁOCŁAWEK	M-Niepełnosprawni	3			00:05:05	<b>00:37:12.10</b>	<b>00:42:17.15</b>	+00:07:14 (19.5%)	7:26	8.1 (81.0%)
78	<b>DEJDA Piotr</b>	<b>104</b>	FACE NORDIC WALKING TEAM	M45-49	5			00:05:05	<b>00:37:12.10</b>	<b>00:42:17.45</b>	+00:07:14 (19.5%)	7:26	8.1 (81.0%)
80	<b>SŁOMIŃSKA Marta</b>	<b>505</b>	BŁĘKITNI NW DZIEMIANY	K-Jun.	4			00:18:45	<b>00:37:13.10</b>	<b>00:55:58.90</b>	+00:07:15 (19.5%)	7:26	8.1 (81.0%)
81	<b>GNUS Dawid</b>	<b>165</b>	KBBB / TKKF	M-Dzieci	4			00:16:34	<b>00:37:14.85</b>	<b>00:53:49.80</b>	+00:07:17 (19.6%)	7:27	8.1 (81.0%)
82	<b>GIERSZEWSKI Arkadiusz</b>	<b>157</b>		M30-39	5			00:04:05	<b>00:37:16.00</b>	<b>00:41:21.80</b>	+00:07:18 (19.6%)	7:27	8.1 (81.0%)
83	<b>WARCZALSKA Teresa</b>	<b>590</b>	UNIA MIAST	K65-69	1			00:14:43	<b>00:37:20.30</b>	<b>00:52:04.20</b>	+00:07:23 (19.8%)	7:28	8 (80.0%)
84	<b>GAŁAŚ Joanna</b>	<b>142</b>	PASJA NW	K18-29	3			00:07:52	<b>00:37:23.10</b>	<b>00:45:15.35</b>	+00:07:25 (19.9%)	7:28	8 (80.0%)
85	<b>FELIS Beata</b>	<b>128</b>		K45-49	5			00:11:22	<b>00:37:24.80</b>	<b>00:48:46.90</b>	+00:07:27 (19.9%)	7:28	8 (80.0%)
86	<b>STOLTMANN Helena</b>	<b>524</b>	BŁĘKITNI NW DZIEMIANY	K55-59	4			00:13:06	<b>00:37:34.60</b>	<b>00:50:41.40</b>	+00:07:37 (20.3%)	7:31	8 (80.0%)
87	<b>SULECKA Gabriela</b>	<b>535</b>		K-Niepełnosprawni	2			00:13:07	<b>00:37:34.85</b>	<b>00:50:42.15</b>	+00:07:37 (20.3%)	7:31	8 (80.0%)
88	<b>STOLARSKI Michał</b>	<b>937</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M45-49	6			00:05:06	<b>00:37:38.05</b>	<b>00:42:44.35</b>	+00:07:40 (20.4%)	7:31	8 (80.0%)
89	<b>WARUSZEWSKA Emilia</b>	<b>594</b>	BIEGAJĄCY TCZEW	K-Jun.	5			00:18:47	<b>00:37:46.55</b>	<b>00:56:34.10</b>	+00:07:49 (20.7%)	7:33	7.9 (79.0%)
90	<b>KORDOWSKA Bogusława</b>	<b>269</b>	UPOJENI WIATREM	K40-44	4			00:10:22	<b>00:37:54.65</b>	<b>00:48:16.70</b>	+00:07:57 (21.0%)	7:34	7.9 (79.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
91	<b>BOROWSKA-STANČZUK Karolina</b>	<b>61</b>	FACE NORDIC WALKING TEAM	K30-39	4			00:08:49	<b>00:38:00.65</b>	<b>00:46:50.10</b>	+00:08:03 (21.2%)	7:36	7.9 (79.0%)
92	<b>KNITTER Agata</b>	<b>258</b>	BŁĘKITNI NW DZIEMIANY	K-Jun.	6			00:18:47	<b>00:38:13.15</b>	<b>00:57:00.30</b>	+00:08:15 (21.6%)	7:38	7.8 (78.0%)
93	<b>URBAN Robert</b>	<b>935</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	M40-44	5			00:04:38	<b>00:38:17.15</b>	<b>00:42:55.40</b>	+00:08:19 (21.8%)	7:39	7.8 (78.0%)
94	<b>JONDERKO Julia</b>	<b>214</b>	WŁÓCZYKIJE SKOCZÓW	K40-44	5			00:10:24	<b>00:38:18.10</b>	<b>00:48:42.70</b>	+00:08:20 (21.8%)	7:39	7.8 (78.0%)
95	<b>WILKANIEC Krzysztof</b>	<b>610</b>	HAJNÓWKA BIEGA	M30-39	6			00:04:02	<b>00:38:19.10</b>	<b>00:42:21.90</b>	+00:08:21 (21.8%)	7:39	7.8 (78.0%)
96	<b>SZENDZIELORZ Ilona</b>	<b>540</b>	FABRIKANORDIKA	K55-59	5	1		00:13:08	<b>00:38:19.50</b>	<b>00:51:27.85</b>	+00:08:22 (21.8%)	7:39	7.8 (78.0%)
97	<b>DANA Kazimiera</b>	<b>99</b>	KLUB NW 'PATYCZAKI' GRUDZIĄDZ	K60-64	3			00:14:14	<b>00:38:21.35</b>	<b>00:52:35.85</b>	+00:08:24 (21.9%)	7:40	7.8 (78.0%)
98	<b>SZNAJDER Zenon</b>	<b>543</b>	UNIA MIAST	M60-64	8			00:06:29	<b>00:38:21.85</b>	<b>00:44:51.05</b>	+00:08:24 (21.9%)	7:40	7.8 (78.0%)
99	<b>BARUCH Henryka</b>	<b>39</b>	DĄBROWA NORDIC TEAM	K65-69	2			00:14:48	<b>00:38:23.30</b>	<b>00:53:11.60</b>	+00:08:26 (22.0%)	7:40	7.8 (78.0%)
100	<b>KARPIUK Wiesław</b>	<b>240</b>		M40-44	6			00:04:37	<b>00:38:27.15</b>	<b>00:43:04.70</b>	+00:08:29 (22.1%)	7:41	7.8 (78.0%)
101	<b>SZYMCZYK Magdalena</b>	<b>903</b>	FACE NORDIC WALKING TEAM	K30-39	5			00:08:49	<b>00:38:30.10</b>	<b>00:47:19.75</b>	+00:08:32 (22.2%)	7:42	7.8 (78.0%)
102	<b>DOMAGAŁA Jakub</b>	<b>921</b>	SANTANDER CONSUMER BANK	M-Dzieci	5			00:16:34	<b>00:38:35.50</b>	<b>00:55:09.95</b>	+00:08:38 (22.4%)	7:43	7.8 (78.0%)
103	<b>ROSZMAN Zenon</b>	<b>469</b>	PENDOLINO	M55-59	7			00:05:56	<b>00:38:36.10</b>	<b>00:44:32.60</b>	+00:08:38 (22.4%)	7:43	7.8 (78.0%)
104	<b>KARASIŃSKA Alicja</b>	<b>918</b>		K45-49	6			00:11:20	<b>00:38:39.30</b>	<b>00:49:59.35</b>	+00:08:42 (22.5%)	7:43	7.8 (78.0%)
105	<b>KOZŁOWSKA Julia</b>	<b>286</b>	FACE NORDIC WALKING TEAM	K-Dzieci	3			00:21:03	<b>00:38:39.80</b>	<b>00:59:43.30</b>	+00:08:42 (22.5%)	7:44	7.8 (78.0%)
106	<b>SUCHOCKI Hubert</b>	<b>531</b>		M-Jun.	5			00:17:37	<b>00:38:46.55</b>	<b>00:56:24.00</b>	+00:08:49 (22.8%)	7:45	7.7 (77.0%)
107	<b>NOWICKI Bogdan</b>	<b>391</b>		M50-54	8			00:05:30	<b>00:38:46.60</b>	<b>00:44:17.05</b>	+00:08:49 (22.8%)	7:45	7.7 (77.0%)
108	<b>MORDAŃ Paweł</b>	<b>363</b>		M-Jun.	6			00:17:37	<b>00:38:47.00</b>	<b>00:56:24.35</b>	+00:08:49 (22.8%)	7:45	7.7 (77.0%)
109	<b>DZIEMIŃSKI Jan</b>	<b>122</b>	BŁĘKITNI NW DZIEMIANY	M-Dzieci	6			00:16:35	<b>00:38:47.90</b>	<b>00:55:23.70</b>	+00:08:50 (22.8%)	7:45	7.7 (77.0%)
110	<b>NOWROTEK Roman</b>	<b>392</b>	WESOŁY BORSUK TEAM	M65-69	7			00:06:49	<b>00:38:57.35</b>	<b>00:45:46.85</b>	+00:09:00 (23.1%)	7:47	7.7 (77.0%)
111	<b>GWAREK Anita</b>	<b>187</b>	PASJA NORDIC WALKING	K45-49	7			00:11:19	<b>00:38:57.80</b>	<b>00:50:17.40</b>	+00:09:00 (23.1%)	7:47	7.7 (77.0%)
112	<b>SZCZYGIELSKI Paweł</b>	<b>538</b>	FACE NORDIC WALKING TEAM	M-Niepełnosprawni	4			00:23:25	<b>00:39:02.45</b>	<b>01:02:27.45</b>	+00:09:05 (23.3%)	7:48	7.7 (77.0%)
113	<b>DZIUBA Alicja</b>	<b>124</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K-Jun.	7			00:18:48	<b>00:39:02.75</b>	<b>00:57:51.00</b>	+00:09:05 (23.3%)	7:48	7.7 (77.0%)
114	<b>GRZYB Izabela</b>	<b>185</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	6			00:08:49	<b>00:39:05.55</b>	<b>00:47:54.70</b>	+00:09:08 (23.4%)	7:49	7.7 (77.0%)
115	<b>PROKOPIUK Aleksander</b>	<b>442</b>		M70+	1			00:07:07	<b>00:39:09.55</b>	<b>00:46:17.10</b>	+00:09:12 (23.5%)	7:50	7.7 (77.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
116	<b>TCHÓRZEWSKI Jerzy</b>	<b>571</b>		M70+	2			00:07:07	<b>00:39:10.00</b>	<b>00:46:17.20</b>	+00:09:12 (23.5%)	7:50	7.7 (77.0%)
117	<b>WASILEWSKI Sławomir</b>	<b>598</b>	PASJA NORDIC WALKING	M70+	3			00:07:06	<b>00:39:10.75</b>	<b>00:46:17.00</b>	+00:09:13 (23.5%)	7:50	7.7 (77.0%)
118	<b>CZYŻEWSKI Włodzimierz</b>	<b>98</b>	GRUPA NORDIC WALKING PŁOŃSK	M55-59	8	1		00:05:58	<b>00:39:14.50</b>	<b>00:45:12.90</b>	+00:09:17 (23.7%)	7:50	7.6 (76.0%)
119	<b>PAKMUR Anna</b>	<b>418</b>		K50-54	3			00:12:05	<b>00:39:14.60</b>	<b>00:51:20.40</b>	+00:09:17 (23.7%)	7:51	7.6 (76.0%)
120	<b>MICHALAK Elżbieta</b>	<b>909</b>	CHODZĘ Z SERCEM	K50-54	4			00:12:02	<b>00:39:14.65</b>	<b>00:51:16.65</b>	+00:09:17 (23.7%)	7:50	7.6 (76.0%)
121	<b>MELLEROWICZ Kajetan</b>	<b>355</b>	POWIAT HAJNOWSKI	M30-39	7			00:04:04	<b>00:39:17.90</b>	<b>00:43:21.95</b>	+00:09:20 (23.8%)	7:51	7.6 (76.0%)
122	<b>ANDROSIUK Tomasz</b>	<b>18</b>	HAJNÓWKA BIEGA	M30-39	8			00:04:03	<b>00:39:20.70</b>	<b>00:43:23.85</b>	+00:09:23 (23.9%)	7:52	7.6 (76.0%)
123	<b>STRZELECKA Małgorzata</b>	<b>529</b>	SAILING TEAM FERAJNA	K40-44	6			00:10:26	<b>00:39:21.60</b>	<b>00:49:47.70</b>	+00:09:24 (23.9%)	7:52	7.6 (76.0%)
124	<b>KIENDYŚ Sebastian</b>	<b>249</b>		M-Jun.	7			00:17:38	<b>00:39:23.05</b>	<b>00:57:01.15</b>	+00:09:25 (23.9%)	7:52	7.6 (76.0%)
125	<b>KWAŚNA Małgorzata</b>	<b>300</b>	CHODZĘ Z SERCEM	K45-49	8			00:11:21	<b>00:39:25.90</b>	<b>00:50:47.65</b>	+00:09:28 (24.0%)	7:53	7.6 (76.0%)
126	<b>OLENDRZYŃSKI Mateusz</b>	<b>397</b>	SOSWNR1	M-Niepełnosprawni	5			00:23:19	<b>00:39:29.60</b>	<b>01:02:49.40</b>	+00:09:32 (24.2%)	7:54	7.6 (76.0%)
127	<b>PERKOWSKI Tomasz</b>	<b>427</b>	SANTANDER CONSUMER BANK	M45-49	7			00:05:33	<b>00:39:31.70</b>	<b>00:45:05.40</b>	+00:09:34 (24.2%)	7:54	7.6 (76.0%)
128	<b>BALICKI Mirosław</b>	<b>35</b>		M45-49	8			00:05:04	<b>00:39:34.40</b>	<b>00:44:38.40</b>	+00:09:37 (24.3%)	7:54	7.6 (76.0%)
129	<b>BIAŁOWĄS Ryszard</b>	<b>46</b>		M50-54	9			00:05:30	<b>00:39:36.15</b>	<b>00:45:07.10</b>	+00:09:38 (24.4%)	7:55	7.6 (76.0%)
130	<b>CHOMCZUK Jan</b>	<b>81</b>	POWIAT HAJNOWSKI	M40-44	7			00:04:39	<b>00:39:39.40</b>	<b>00:44:18.70</b>	+00:09:42 (24.5%)	7:55	7.6 (76.0%)
131	<b>CIMIRSKI Mateusz</b>	<b>87</b>	POWIAT HAJNOWSKI	M18-29	6	1		00:03:49	<b>00:39:44.45</b>	<b>00:43:34.00</b>	+00:09:47 (24.6%)	7:57	7.5 (75.0%)
132	<b>PIĄTKOWSKI Józef</b>	<b>430</b>	KS METRACO POLKOWICE	M70+	4	1		00:07:06	<b>00:39:52.45</b>	<b>00:46:58.75</b>	+00:09:55 (24.9%)	7:58	7.5 (75.0%)
133	<b>FRYC Jan</b>	<b>138</b>		M55-59	9			00:05:58	<b>00:39:53.75</b>	<b>00:45:52.40</b>	+00:09:56 (24.9%)	7:58	7.5 (75.0%)
134	<b>PIPIRO Grażyna</b>	<b>436</b>	UNIA MIAST	K55-59	6			00:13:09	<b>00:39:54.50</b>	<b>00:53:04.40</b>	+00:09:57 (24.9%)	7:59	7.5 (75.0%)
135	<b>DANILUK Mirosław</b>	<b>102</b>	POWIAT HAJNOWSKI	M45-49	9			00:23:21	<b>00:39:59.65</b>	<b>01:03:21.55</b>	+00:10:02 (25.1%)	8:00	7.5 (75.0%)
136	<b>KABACIŃSKI Maciej</b>	<b>481</b>	FACE NORDIC WALKING TEAM	M45-49	10			00:05:31	<b>00:40:01.95</b>	<b>00:45:33.40</b>	+00:10:04 (25.2%)	8:00	7.5 (75.0%)
137	<b>RZEPKA Artur</b>	<b>897</b>		M50-54	10			00:05:32	<b>00:40:02.60</b>	<b>00:45:35.10</b>	+00:10:05 (25.2%)	8:00	7.5 (75.0%)
138	<b>ALEKSIEJUK Robert</b>	<b>8</b>		M45-49	11			00:06:27	<b>00:40:05.00</b>	<b>00:46:32.70</b>	+00:10:07 (25.3%)	8:01	7.5 (75.0%)
139	<b>KANIAK Zbigniew</b>	<b>229</b>	GRUPA NORDIC WALKING PŁOŃSK	M60-64	9			00:06:29	<b>00:40:07.95</b>	<b>00:46:37.90</b>	+00:10:10 (25.4%)	8:01	7.5 (75.0%)
140	<b>KULIG Bożena</b>	<b>295</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K60-64	4			00:14:14	<b>00:40:08.55</b>	<b>00:54:22.60</b>	+00:10:11 (25.4%)	8:01	7.5 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
141	<b>PRYCZYNICZ Róża</b>	<b>447</b>		K-Dzieci	4			00:21:04	<b>00:40:10.05</b>	<b>01:01:14.15</b>	+00:10:12 (25.4%)	8:02	7.5 (75.0%)
142	<b>STARZYŃSKA Ewa</b>	<b>516</b>	KS METRACO POLKOWICE	K60-64	5			00:14:21	<b>00:40:10.50</b>	<b>00:54:32.00</b>	+00:10:13 (25.4%)	8:02	7.5 (75.0%)
143	<b>ADAMOWICZ Andrzej</b>	<b>1</b>		M70+	5			00:07:06	<b>00:40:12.20</b>	<b>00:47:19.05</b>	+00:10:15 (25.5%)	8:02	7.5 (75.0%)
144	<b>KARPIUK Małgorzata</b>	<b>242</b>		K-Dzieci	5			00:21:07	<b>00:40:12.50</b>	<b>01:01:20.45</b>	+00:10:15 (25.5%)	8:02	7.5 (75.0%)
145	<b>NOWAK Bartłomiej</b>	<b>382</b>	SAILING TEAM FERAJNA	M40-44	8			00:05:07	<b>00:40:21.10</b>	<b>00:45:28.95</b>	+00:10:23 (25.8%)	8:04	7.4 (74.0%)
146	<b>URBAN Iwona</b>	<b>584</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K-Niepełnosprawni	3			00:11:24	<b>00:40:24.65</b>	<b>00:51:49.40</b>	+00:10:27 (25.9%)	8:05	7.4 (74.0%)
147	<b>MICHAŁOWSKI Mateusz</b>	<b>357</b>		M-Dzieci	7			00:16:39	<b>00:40:24.95</b>	<b>00:57:04.55</b>	+00:10:27 (25.9%)	8:05	7.4 (74.0%)
148	<b>STAŃCZYK Bożena</b>	<b>515</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K55-59	7			00:13:08	<b>00:40:26.00</b>	<b>00:53:34.95</b>	+00:10:28 (25.9%)	8:05	7.4 (74.0%)
149	<b>IWANIUK Michał</b>	<b>198</b>	SZKOŁA PODSTAWOWA NR 2 W HAJNÓWCE	M-Dzieci	8			00:16:38	<b>00:40:27.60</b>	<b>00:57:05.65</b>	+00:10:30 (26.0%)	8:05	7.4 (74.0%)
150	<b>PROKOP Beata</b>	<b>348</b>	BIAŁOŁĘKA NW TEAM	K50-54	5			00:12:05	<b>00:40:28.65</b>	<b>00:52:33.75</b>	+00:10:31 (26.0%)	8:05	7.4 (74.0%)
151	<b>KOZŁOWSKA Jagoda</b>	<b>285</b>	FACE NORDIC WALKING TEAM	K-Dzieci	6			00:21:03	<b>00:40:30.25</b>	<b>01:01:33.60</b>	+00:10:33 (26.0%)	8:06	7.4 (74.0%)
152	<b>BANASZAK Agata</b>	<b>36</b>	GREEN TEAM ZIELONA GÓRA	K18-29	4			00:07:52	<b>00:40:32.35</b>	<b>00:48:24.75</b>	+00:10:35 (26.1%)	8:06	7.4 (74.0%)
153	<b>DOMAN Łukasz</b>	<b>109</b>	SOSWNR1	M-Niepełnosprawni	6			00:23:20	<b>00:40:34.70</b>	<b>01:03:55.20</b>	+00:10:37 (26.2%)	8:07	7.4 (74.0%)
154	<b>KARCZMARSKI Krzysztof</b>	<b>236</b>	NIEZRZESZONY	M55-59	10			00:06:00	<b>00:40:35.60</b>	<b>00:46:35.90</b>	+00:10:38 (26.2%)	8:07	7.4 (74.0%)
155	<b>HAŁDAŚ Bogdan</b>	<b>914</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	M50-54	11			00:05:33	<b>00:40:43.05</b>	<b>00:46:16.25</b>	+00:10:45 (26.4%)	8:08	7.4 (74.0%)
156	<b>MAŁODOBRY Wioletta</b>	<b>341</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-44	7			00:10:23	<b>00:40:43.60</b>	<b>00:51:07.55</b>	+00:10:46 (26.5%)	8:08	7.4 (74.0%)
157	<b>ANDREJUK Mirosław</b>	<b>16</b>	POWIAT HAJNOWSKI	M40-44	9			00:05:04	<b>00:40:43.70</b>	<b>00:45:48.50</b>	+00:10:46 (26.5%)	8:08	7.4 (74.0%)
158	<b>LEMBERG Sandra</b>	<b>308</b>	POWIAT HAJNOWSKI	K-Jun.	8			00:18:49	<b>00:40:48.60</b>	<b>00:59:38.50</b>	+00:10:51 (26.6%)	8:09	7.3 (73.0%)
159	<b>WOŁEJKO Roman</b>	<b>626</b>	SANTANDER CONSUMER BANK	M40-44	10			00:04:38	<b>00:40:48.75</b>	<b>00:45:26.75</b>	+00:10:51 (26.6%)	8:09	7.4 (74.0%)
160	<b>MAKAREWICZ Agnieszka</b>	<b>338</b>	SANTANDER CONSUMER BANK	K40-44	8			00:10:25	<b>00:40:53.90</b>	<b>00:51:19.40</b>	+00:10:56 (26.8%)	8:10	7.3 (73.0%)
161	<b>NOWALIŃSKI Piotrek</b>	<b>388</b>	FACE NORDIC WALKING TEAM	M-Niepełnosprawni	7			00:05:05	<b>00:40:54.50</b>	<b>00:46:00.00</b>	+00:10:57 (26.8%)	8:11	7.3 (73.0%)
162	<b>KUCHARSKA Barbara</b>	<b>294</b>	SANTANDER CONSUMER BANK	K30-39	7			00:08:50	<b>00:40:55.05</b>	<b>00:49:45.45</b>	+00:10:57 (26.8%)	8:11	7.3 (73.0%)
163	<b>TROFIMIUK Piotr</b>	<b>580</b>		M30-39	9			00:03:49	<b>00:40:55.55</b>	<b>00:44:44.80</b>	+00:10:58 (26.8%)	8:11	7.3 (73.0%)
164	<b>KUŹNIARSKI Jacek</b>	<b>299</b>	LUKI TEAM	M45-49	12			00:05:07	<b>00:40:56.80</b>	<b>00:46:04.15</b>	+00:10:59 (26.8%)	8:11	7.3 (73.0%)
165	<b>SADOWSKI Marcin</b>	<b>480</b>		M30-39	10			00:21:12	<b>00:40:58.95</b>	<b>01:02:11.25</b>	+00:11:01 (26.9%)	8:11	7.3 (73.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
166	<b>SADOWSKA Weronika</b>	<b>478</b>	POWIAT HAJNOWSKI	K-Dzieci	7			00:21:10	<b>00:40:59.55</b>	<b>01:02:10.05</b>	+00:11:02 (26.9%)	8:12	7.3 (73.0%)
167	<b>WASILUK Magdalena</b>	<b>600</b>	POWIAT HAJNOWSKI	K-Dzieci	8			00:21:11	<b>00:41:00.90</b>	<b>01:02:12.20</b>	+00:11:03 (27.0%)	8:12	7.3 (73.0%)
168	<b>WINCZEWSKA Anna</b>	<b>611</b>	RUCH PO ZDROWIE WŁOCŁAWEK	K50-54	6			00:12:04	<b>00:41:02.65</b>	<b>00:53:06.80</b>	+00:11:05 (27.0%)	8:12	7.3 (73.0%)
169	<b>KOŚCIUCZUK Jakub</b>	<b>273</b>		M-Dzieci	9			00:16:35	<b>00:41:07.10</b>	<b>00:57:42.80</b>	+00:11:09 (27.2%)	8:13	7.3 (73.0%)
170	<b>MARCZYK Jerzy Paweł</b>	<b>350</b>	FACE NORDIC WALKING TEAM	M55-59	11			00:05:57	<b>00:41:07.40</b>	<b>00:47:04.90</b>	+00:11:10 (27.2%)	8:13	7.3 (73.0%)
171	<b>WALESZKO Andrzej</b>	<b>586</b>		M45-49	13			00:05:07	<b>00:41:07.50</b>	<b>00:46:14.50</b>	+00:11:10 (27.2%)	8:13	7.3 (73.0%)
172	<b>SAWICKI Maksymilian</b>	<b>488</b>	KIJ-FANI POWIAT HAJNOWSKI	M-Dzieci	10			00:16:43	<b>00:41:14.95</b>	<b>00:57:58.35</b>	+00:11:17 (27.4%)	8:15	7.3 (73.0%)
173	<b>WYSOCKI Gabriel</b>	<b>637</b>	BŁĘKITNI NW DZIEMIANY	M-Dzieci	11			00:16:35	<b>00:41:16.10</b>	<b>00:57:51.20</b>	+00:11:18 (27.4%)	8:15	7.3 (73.0%)
174	<b>DZIEDZIK Patrycja</b>	<b>121</b>		K-Jun.	9			00:28:07	<b>00:41:20.65</b>	<b>01:09:28.10</b>	+00:11:23 (27.6%)	8:16	7.3 (73.0%)
175	<b>IWANIUK Julia</b>	<b>197</b>	ZESPÓŁ SZKÓŁ Z DODATKOWĄ NAUKĄ JĘZYKA BIAŁORUSKIEGO W HAJNÓWCE	K-Jun.	10			00:18:53	<b>00:41:22.50</b>	<b>01:00:16.10</b>	+00:11:25 (27.6%)	8:16	7.2 (72.0%)
176	<b>STRACH Jan</b>	<b>526</b>	WŁÓCZYKIJE SKOCZÓW	M-Niepełnosprawni	8			00:06:28	<b>00:41:23.05</b>	<b>00:47:51.45</b>	+00:11:25 (27.6%)	8:16	7.2 (72.0%)
177	<b>GINSZT Alina</b>	<b>158</b>	POWIAT HAJNOWSKI	K40-44	9			00:10:23	<b>00:41:23.20</b>	<b>00:51:46.30</b>	+00:11:26 (27.6%)	8:16	7.2 (72.0%)
178	<b>SMYK Albert</b>	<b>507</b>		M-Dzieci	12			00:16:36	<b>00:41:24.85</b>	<b>00:58:01.35</b>	+00:11:27 (27.7%)	8:17	7.2 (72.0%)
179	<b>NOWROTEK Urszula</b>	<b>393</b>	WESOŁY BORSUK TEAM	K50-54	7			00:12:06	<b>00:41:25.60</b>	<b>00:53:32.40</b>	+00:11:28 (27.7%)	8:17	7.2 (72.0%)
180	<b>NAZAREWICZ Barbara</b>	<b>372</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K65-69	3			00:14:44	<b>00:41:26.70</b>	<b>00:56:11.35</b>	+00:11:29 (27.7%)	8:17	7.2 (72.0%)
181	<b>LASOTA Zofia</b>	<b>319</b>		K-Jun.	11			00:18:57	<b>00:41:28.70</b>	<b>01:00:25.70</b>	+00:11:31 (27.8%)	8:17	7.2 (72.0%)
182	<b>DRABCZYK Franciszek</b>	<b>111</b>	KS METRACO POLKOWICE	M60-64	10			00:06:26	<b>00:41:33.00</b>	<b>00:47:59.70</b>	+00:11:35 (27.9%)	8:18	7.2 (72.0%)
183	<b>SUDOŁ Irena</b>	<b>533</b>	WŁÓCZYKIJE SKOCZÓW	K50-54	8			00:12:04	<b>00:41:33.40</b>	<b>00:53:37.95</b>	+00:11:36 (27.9%)	8:18	7.2 (72.0%)
184	<b>MARCZUK Monika</b>	<b>536</b>	BIAŁOŁĘKA NW TEAM	K40-44	10			00:10:27	<b>00:41:34.95</b>	<b>00:52:02.20</b>	+00:11:37 (28.0%)	8:19	7.2 (72.0%)
185	<b>KANIEWSKA Matylda</b>	<b>232</b>		K-Jun.	12			00:18:51	<b>00:41:35.20</b>	<b>01:00:26.60</b>	+00:11:38 (28.0%)	8:19	7.2 (72.0%)
186	<b>KUŚMIEREK Beata</b>	<b>297</b>	BŁĘKITNI NW DZIEMIANY	K40-44	11			00:10:21	<b>00:41:36.90</b>	<b>00:51:58.35</b>	+00:11:39 (28.0%)	8:19	7.2 (72.0%)
187	<b>SAKOWSKA Krystyna</b>	<b>502</b>	BIAŁOŁĘKA NW TEAM	K40-44	12			00:10:26	<b>00:41:37.40</b>	<b>00:52:04.05</b>	+00:11:40 (28.0%)	8:19	7.2 (72.0%)
188	<b>SOŁTYSIAK Sylwia</b>	<b>510</b>	KBBB / TKKF	K30-39	8			00:08:49	<b>00:41:38.05</b>	<b>00:50:27.85</b>	+00:11:40 (28.1%)	8:19	7.2 (72.0%)
189	<b>WARPAS Radosław</b>	<b>786</b>	SANTANDER CONSUMER BANK	M30-39	11			00:06:50	<b>00:41:40.25</b>	<b>00:48:30.50</b>	+00:11:43 (28.1%)	8:20	7.2 (72.0%)
189	<b>JAKONIUK Łukasz</b>	<b>205</b>	KIJ-FANI POWIAT HAJNOWSKI	M-Dzieci	13			00:16:38	<b>00:41:40.25</b>	<b>00:58:19.20</b>	+00:11:43 (28.1%)	8:20	7.2 (72.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
191	<b>KECZYŃSKI Mikołaj</b>	<b>245</b>	POWIAT HAJNOWSKI	M-Dzieci	14			00:16:38	<b>00:41:40.30</b>	<b>00:58:19.00</b>	+00:11:43 (28.1%)	8:20	7.2 (72.0%)
192	<b>SZAŁAJ Anna</b>	<b>883</b>	KS METRACO POLKOWICE	K-Niepełnosprawni	4			00:14:14	<b>00:41:40.45</b>	<b>00:55:55.20</b>	+00:11:43 (28.1%)	8:20	7.2 (72.0%)
193	<b>WARUSZEWSKA Maja</b>	<b>593</b>	BIEGAJĄCY TCZEW	K-Dzieci	9			00:21:05	<b>00:41:40.80</b>	<b>01:02:46.00</b>	+00:11:43 (28.1%)	8:20	7.2 (72.0%)
194	<b>ANDRZEJUK Bartosz</b>	<b>26</b>	POWIAT HAJNOWSKI	M-Dzieci	15			00:16:37	<b>00:41:41.05</b>	<b>00:58:18.50</b>	+00:11:43 (28.1%)	8:20	7.2 (72.0%)
195	<b>GRUDNOWSKA Dominika</b>	<b>175</b>	BŁĘKITNI NW DZIEMIANY	K-Dzieci	10			00:21:02	<b>00:41:42.45</b>	<b>01:02:45.20</b>	+00:11:45 (28.2%)	8:20	7.2 (72.0%)
196	<b>KARCZEWSKI Krzysztof</b>	<b>235</b>	RUCH PO ZDROWIE WŁOCLAWEK	M30-39	12			00:04:04	<b>00:41:43.40</b>	<b>00:45:47.95</b>	+00:11:46 (28.2%)	8:20	7.2 (72.0%)
197	<b>SACHARUK Anna</b>	<b>476</b>		K-Dzieci	11			00:18:50	<b>00:41:51.50</b>	<b>01:00:42.30</b>	+00:11:54 (28.4%)	8:22	7.2 (72.0%)
198	<b>MILEWSKA Wiesława</b>	<b>359</b>	RUCH PO ZDROWIE WŁOCLAWEK	K45-49	9			00:11:20	<b>00:41:52.05</b>	<b>00:53:12.20</b>	+00:11:54 (28.5%)	8:22	7.2 (72.0%)
199	<b>ŁUKSZA Wiktoria</b>	<b>332</b>	POWIAT HAJNOWSKI	K-Dzieci	12			00:21:09	<b>00:41:52.20</b>	<b>01:03:01.40</b>	+00:11:55 (28.5%)	8:22	7.2 (72.0%)
200	<b>SROCYŃSKA Maria</b>	<b>513</b>	KLUB UNIA MIAST JASTRZĘBIE ZDRÓJ	K60-64	6			00:14:15	<b>00:41:53.70</b>	<b>00:56:09.60</b>	+00:11:56 (28.5%)	8:22	7.2 (72.0%)
201	<b>ROMANIUK Regina</b>	<b>462</b>	POWIAT HAJNOWSKI	K18-29	5			00:07:51	<b>00:41:55.55</b>	<b>00:49:47.10</b>	+00:11:58 (28.6%)	8:23	7.2 (72.0%)
202	<b>SELWESIUK Julia</b>	<b>490</b>	POWIAT HAJNOWSKI	K-Dzieci	13			00:21:09	<b>00:41:57.75</b>	<b>01:03:07.40</b>	+00:12:00 (28.6%)	8:23	7.1 (71.0%)
203	<b>KRUŻYCKA Aleksandra</b>	<b>80</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K40-44	13			00:10:31	<b>00:41:58.00</b>	<b>00:52:29.85</b>	+00:12:00 (28.6%)	8:23	7.1 (71.0%)
204	<b>DOMAGAŁA Julia</b>	<b>920</b>	SANTANDER CONSUMER BANK	K-Dzieci	14			00:21:20	<b>00:42:00.35</b>	<b>01:03:20.70</b>	+00:12:03 (28.7%)	8:24	7.1 (71.0%)
205	<b>LEWCZUK Weronika</b>	<b>318</b>		K-Jun.	13			00:18:52	<b>00:42:00.40</b>	<b>01:00:52.65</b>	+00:12:03 (28.7%)	8:24	7.1 (71.0%)
206	<b>WIKTORZAK Elżbieta</b>	<b>607</b>	UNIA MIAST	K55-59	8			00:13:24	<b>00:42:02.05</b>	<b>00:55:26.10</b>	+00:12:04 (28.7%)	8:24	7.1 (71.0%)
207	<b>WALESZKO Anna</b>	<b>587</b>		K45-49	10			00:11:22	<b>00:42:02.85</b>	<b>00:53:25.35</b>	+00:12:05 (28.8%)	8:24	7.1 (71.0%)
208	<b>ŁYSAKOWSKI Marian</b>	<b>335</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	M65-69	8			00:06:51	<b>00:42:07.00</b>	<b>00:48:58.90</b>	+00:12:09 (28.9%)	8:25	7.1 (71.0%)
209	<b>SZNAJDER Teresa</b>	<b>542</b>	UNIA MIAST	K60-64	7			00:14:16	<b>00:42:11.30</b>	<b>00:56:28.20</b>	+00:12:14 (29.0%)	8:26	7.1 (71.0%)
210	<b>CHARKIEWICZ Urszula Ewa</b>	<b>74</b>	POWIAT HAJNOWSKI	K18-29	6			00:07:52	<b>00:42:13.45</b>	<b>00:50:06.35</b>	+00:12:16 (29.1%)	8:26	7.1 (71.0%)
211	<b>PYTLAK Urszula</b>	<b>454</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K50-54	9			00:12:06	<b>00:42:14.20</b>	<b>00:54:20.20</b>	+00:12:17 (29.1%)	8:26	7.1 (71.0%)
212	<b>LISIEWICZ Piotr</b>	<b>320</b>	POWIAT HAJNOWSKI	M30-39	13			00:04:06	<b>00:42:15.05</b>	<b>00:46:21.50</b>	+00:12:17 (29.1%)	8:27	7.1 (71.0%)
213	<b>FALKOWSKI Maciej</b>	<b>126</b>	POWIAT HAJNOWSKI	M18-29	7			00:03:47	<b>00:42:15.90</b>	<b>00:46:03.05</b>	+00:12:18 (29.1%)	8:27	7.1 (71.0%)
214	<b>ZAKRZEWSKA Martyna Marta</b>	<b>641</b>	POWIAT HAJNOWSKI	K18-29	7			00:07:51	<b>00:42:16.30</b>	<b>00:50:07.40</b>	+00:12:19 (29.1%)	8:27	7.1 (71.0%)
215	<b>PROKOPIUK Diana</b>	<b>443</b>		K18-29	8			00:07:57	<b>00:42:17.05</b>	<b>00:50:14.10</b>	+00:12:19 (29.2%)	8:27	7.1 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
216	<b>WIŚNIEWSKA Teresa</b>	<b>614</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K60-64	8			00:14:14	<b>00:42:17.65</b>	<b>00:56:32.15</b>	+00:12:20 (29.2%)	8:27	7.1 (71.0%)
217	<b>SIEMIONEK Jolanta</b>	<b>892</b>	ŁUKÓW	K-Niepełnosprawni	5			00:13:07	<b>00:42:18.20</b>	<b>00:55:25.70</b>	+00:12:21 (29.2%)	8:27	7.1 (71.0%)
218	<b>SZWARC Barbara</b>	<b>552</b>		K18-29	9			00:08:00	<b>00:42:19.10</b>	<b>00:50:19.10</b>	+00:12:21 (29.2%)	8:27	7.1 (71.0%)
219	<b>ALEKSIEJUK Adrian</b>	<b>10</b>		M18-29	8			00:23:26	<b>00:42:19.20</b>	<b>01:05:45.80</b>	+00:12:22 (29.2%)	8:27	7.1 (71.0%)
220	<b>WIERZCHOLSKA Sylwia</b>	<b>606</b>	FACE NORDIC WALKING TEAM	K40-44	14			00:10:22	<b>00:42:19.45</b>	<b>00:52:42.30</b>	+00:12:22 (29.2%)	8:28	7.1 (71.0%)
221	<b>LASOTA Małgorzata</b>	<b>304</b>	POWIAT HAJNOWSKI	K-Jun.	14			00:18:57	<b>00:42:23.15</b>	<b>01:01:20.70</b>	+00:12:25 (29.3%)	8:28	7.1 (71.0%)
222	<b>TARCZYŃSKI Bogdan</b>	<b>569</b>	AKTYWNI Z PASJĄ ŁUKÓW	M65-69	9			00:06:50	<b>00:42:23.40</b>	<b>00:49:13.75</b>	+00:12:26 (29.3%)	8:28	7.1 (71.0%)
223	<b>SZAL Marzena</b>	<b>589</b>	BIAŁOŁĘKA NW TEAM	K30-39	9			00:08:56	<b>00:42:24.60</b>	<b>00:51:21.25</b>	+00:12:27 (29.4%)	8:29	7.1 (71.0%)
224	<b>OMELJANIUK Patrycja</b>	<b>401</b>	POWIAT HAJNOWSKI	K-Jun.	15			00:18:54	<b>00:42:25.55</b>	<b>01:01:20.05</b>	+00:12:28 (29.4%)	8:29	7.1 (71.0%)
225	<b>OSTAPCZUK Maja</b>	<b>413</b>		K-Jun.	16			00:28:11	<b>00:42:25.70</b>	<b>01:10:37.40</b>	+00:12:28 (29.4%)	8:29	7.1 (71.0%)
226	<b>JURCZAK Krzysztof</b>	<b>219</b>	POWIAT HAJNOWSKI	M30-39	14			00:04:07	<b>00:42:26.20</b>	<b>00:46:33.50</b>	+00:12:29 (29.4%)	8:29	7.1 (71.0%)
227	<b>ŻYWICKA Irena</b>	<b>878</b>	BŁĘKITNI NW DZIEMIANY	K55-59	9			00:13:10	<b>00:42:26.55</b>	<b>00:55:36.55</b>	+00:12:29 (29.4%)	8:29	7.1 (71.0%)
228	<b>PACYNA Helena</b>	<b>417</b>	KS METRACO POLKOWICE	K65-69	4			00:14:53	<b>00:42:28.25</b>	<b>00:57:21.35</b>	+00:12:31 (29.5%)	8:29	7.1 (71.0%)
229	<b>ŻUKOWSKA Kinga</b>	<b>876</b>		K18-29	10			00:07:53	<b>00:42:28.45</b>	<b>00:50:21.95</b>	+00:12:31 (29.5%)	8:29	7.1 (71.0%)
230	<b>KICZKAJŁO Patryk</b>	<b>248</b>		M-Jun.	8			00:28:09	<b>00:42:29.40</b>	<b>01:10:39.00</b>	+00:12:32 (29.5%)	8:30	7.1 (71.0%)
231	<b>KWIATKOWSKA Jadwiga</b>	<b>303</b>	KS METRACO POLKOWICE	K65-69	5			00:14:47	<b>00:42:32.70</b>	<b>00:57:20.40</b>	+00:12:35 (29.6%)	8:30	7.1 (71.0%)
232	<b>DOMAGAŁA Justyna</b>	<b>108</b>		K30-39	10			00:08:53	<b>00:42:35.40</b>	<b>00:51:29.20</b>	+00:12:38 (29.7%)	8:31	7 (70.0%)
233	<b>ZAKRZEWSKA Henryka</b>	<b>642</b>	NORDIC TEAM GNIEZNO	K70+	1			00:15:20	<b>00:42:37.25</b>	<b>00:57:58.10</b>	+00:12:40 (29.7%)	8:31	7 (70.0%)
234	<b>KODYRA Kazimiera</b>	<b>262</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K65-69	6			00:14:46	<b>00:42:39.05</b>	<b>00:57:25.60</b>	+00:12:41 (29.8%)	8:31	7 (70.0%)
235	<b>PIÓREK Joanna</b>	<b>936</b>		K40-44	15			00:10:27	<b>00:42:42.15</b>	<b>00:53:09.15</b>	+00:12:44 (29.9%)	8:32	7 (70.0%)
236	<b>TOMCZAK Klaudia</b>	<b>577</b>	MONTEBIANCO	K30-39	11			00:08:50	<b>00:42:43.45</b>	<b>00:51:33.70</b>	+00:12:46 (29.9%)	8:32	7 (70.0%)
237	<b>NOWACZYK Izabela</b>	<b>381</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K45-49	11			00:11:21	<b>00:42:46.20</b>	<b>00:54:08.00</b>	+00:12:49 (30.0%)	8:33	7 (70.0%)
238	<b>PONIATOWSKI Heronim</b>	<b>438</b>		M60-64	11			00:06:26	<b>00:42:48.65</b>	<b>00:49:15.40</b>	+00:12:51 (30.0%)	8:33	7 (70.0%)
238	<b>TARGOSZ Zdzisława</b>	<b>570</b>		K55-59	10			00:13:08	<b>00:42:48.65</b>	<b>00:55:56.85</b>	+00:12:51 (30.0%)	8:33	7 (70.0%)
240	<b>SOŁKIEWICZ Olga</b>	<b>509</b>		K55-59	11			00:13:07	<b>00:42:49.85</b>	<b>00:55:57.30</b>	+00:12:52 (30.1%)	8:34	7 (70.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
241	<b>GRUDNOWSKI Norbert</b>	<b>177</b>	BŁĘKITNI NW DZIEMIANY	M-Dzieci	16			00:16:34	<b>00:42:50.10</b>	<b>00:59:24.55</b>	+00:12:52 (30.1%)	8:34	7 (70.0%)
242	<b>ŚLESICKA-GESCIAK Maria</b>	<b>917</b>		K40-44	16			00:10:30	<b>00:42:51.05</b>	<b>00:53:21.45</b>	+00:12:53 (30.1%)	8:34	7 (70.0%)
243	<b>JANCZEWSKI Robert</b>	<b>208</b>	NORDIC WALKING KIEKRZ	M55-59	12			00:05:59	<b>00:42:51.95</b>	<b>00:48:51.20</b>	+00:12:54 (30.1%)	8:34	7 (70.0%)
244	<b>GROMOTOWICZ Maciej</b>	<b>174</b>	POWIAT HAJNOWSKI	M-Dzieci	17			00:16:40	<b>00:42:53.65</b>	<b>00:59:34.50</b>	+00:12:56 (30.2%)	8:34	7 (70.0%)
245	<b>GROBELNA Jadwiga</b>	<b>172</b>	KS METRACO POLKOWICE	K-Niepełnosprawni	6			00:14:15	<b>00:42:55.25</b>	<b>00:57:10.45</b>	+00:12:58 (30.2%)	8:35	7 (70.0%)
246	<b>KOSICKA Beata</b>	<b>272</b>	NORDIC WALKING KIEKRZ	K45-49	12			00:11:23	<b>00:42:57.10</b>	<b>00:54:21.00</b>	+00:12:59 (30.3%)	8:35	7 (70.0%)
247	<b>CHMIELEWSKI Maciej</b>	<b>77</b>	POWIAT HAJNOWSKI	M-Dzieci	18			00:16:36	<b>00:43:01.60</b>	<b>00:59:37.90</b>	+00:13:04 (30.4%)	8:36	7 (70.0%)
248	<b>SIEMIONEK Adam</b>	<b>155</b>	ŁUKÓW	M55-59	13			00:05:59	<b>00:43:04.60</b>	<b>00:49:04.00</b>	+00:13:07 (30.5%)	8:37	7 (70.0%)
249	<b>ŚWIDERSKI Marek</b>	<b>563</b>	POWIAT HAJNOWSKI	M18-29	9			00:23:21	<b>00:43:09.10</b>	<b>01:06:30.15</b>	+00:13:11 (30.6%)	8:37	7 (70.0%)
250	<b>ANDROSIUK Małgorzata</b>	<b>19</b>		K18-29	11			00:07:52	<b>00:43:09.70</b>	<b>00:51:02.30</b>	+00:13:12 (30.6%)	8:38	6.9 (69.0%)
251	<b>BARAN Karolina</b>	<b>37</b>		K18-29	12			00:07:55	<b>00:43:10.50</b>	<b>00:51:05.55</b>	+00:13:13 (30.6%)	8:38	6.9 (69.0%)
252	<b>MROWIEC Maria</b>	<b>369</b>	UNIA MIAST	K70+	2			00:15:21	<b>00:43:11.10</b>	<b>00:58:32.75</b>	+00:13:13 (30.6%)	8:38	6.9 (69.0%)
253	<b>GAŚOWSKA Angelika</b>	<b>152</b>	POWIAT HAJNOWSKI	K-Jun.	17			00:18:53	<b>00:43:12.85</b>	<b>01:02:06.75</b>	+00:13:15 (30.7%)	8:38	6.9 (69.0%)
254	<b>SAWICKA Urszula</b>	<b>487</b>	KIJ-FANI POWIAT HAJNOWSKI	K40-44	17			00:10:27	<b>00:43:16.75</b>	<b>00:53:44.30</b>	+00:13:19 (30.8%)	8:39	6.9 (69.0%)
255	<b>CHILIMONIUK Aleksandra</b>	<b>75</b>	POWIAT HAJNOWSKI	K-Jun.	18			00:18:59	<b>00:43:17.50</b>	<b>01:02:16.95</b>	+00:13:20 (30.8%)	8:39	6.9 (69.0%)
256	<b>CZMAK Leszek</b>	<b>95</b>	POWIAT HAJNOWSKI	M45-49	14			00:05:06	<b>00:43:21.55</b>	<b>00:48:27.75</b>	+00:13:24 (30.9%)	8:40	6.9 (69.0%)
257	<b>TOKAJUK Adam</b>	<b>574</b>	POWIAT HAJNOWSKI	M40-44	11			00:05:06	<b>00:43:21.75</b>	<b>00:48:28.10</b>	+00:13:24 (30.9%)	8:40	6.9 (69.0%)
258	<b>PIPIRO Grzegorz</b>	<b>740</b>	UNIA MIAST	M-Niepełnosprawni	9			00:06:00	<b>00:43:24.05</b>	<b>00:49:24.45</b>	+00:13:26 (31.0%)	8:40	6.9 (69.0%)
259	<b>JUSZCZAK Julia</b>	<b>221</b>		K-Jun.	19			00:24:07	<b>00:43:25.70</b>	<b>01:07:33.50</b>	+00:13:28 (31.0%)	8:41	6.9 (69.0%)
260	<b>KORYCIŃSKA Danuta</b>	<b>270</b>		K-Niepełnosprawni	7			00:14:34	<b>00:43:26.80</b>	<b>00:58:01.35</b>	+00:13:29 (31.1%)	8:41	6.9 (69.0%)
261	<b>GRUDNOWSKA Wiktoria</b>	<b>176</b>	BŁĘKITNI NW DZIEMIANY	K-Dzieci	15			00:21:05	<b>00:43:27.35</b>	<b>01:04:32.65</b>	+00:13:30 (31.1%)	8:41	6.9 (69.0%)
262	<b>WRÓBLEWSKA-MARCINKOWSKA Katarzyna</b>	<b>636</b>	UNIA MIAST	K45-49	13			00:11:19	<b>00:43:30.05</b>	<b>00:54:49.30</b>	+00:13:32 (31.1%)	8:42	6.9 (69.0%)
263	<b>WOŁKOWYCKI Romuald</b>	<b>629</b>	BIAŁOWIEŻA WALK	M40-44	12			00:06:53	<b>00:43:32.10</b>	<b>00:50:25.60</b>	+00:13:34 (31.2%)	8:42	6.9 (69.0%)
264	<b>WORONIECKA Zofia</b>	<b>631</b>	POWIAT HAJNOWSKI	K-Dzieci	16			00:21:13	<b>00:43:32.90</b>	<b>01:04:46.10</b>	+00:13:35 (31.2%)	8:42	6.9 (69.0%)
265	<b>GAWRYLUK Małgorzata</b>	<b>150</b>		K-Dzieci	17			00:28:10	<b>00:43:33.55</b>	<b>01:11:44.30</b>	+00:13:36 (31.2%)	8:42	6.9 (69.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
266	<b>MOROZ-KĘCZYŃSKA Ewa</b>	<b>888</b>		K45-49	14			00:11:23	<b>00:43:36.20</b>	<b>00:55:00.10</b>	+00:13:39 (31.3%)	8:43	6.9 (69.0%)
267	<b>KINDZIUK Ewelina</b>	<b>250</b>	POWIAT HAJNOWSKI	K18-29	13			00:23:21	<b>00:43:40.10</b>	<b>01:07:01.65</b>	+00:13:42 (31.4%)	8:44	6.9 (69.0%)
268	<b>EUGENIA Artemiuk</b>	<b>30</b>	ELBLĄSKIE WŁÓCZYKIJE	K55-59	12			00:13:18	<b>00:43:44.15</b>	<b>00:57:02.70</b>	+00:13:46 (31.5%)	8:44	6.9 (69.0%)
269	<b>ŁAPIŃSKI Mateusz</b>	<b>327</b>		M18-29	10			00:03:47	<b>00:43:44.50</b>	<b>00:47:32.35</b>	+00:13:47 (31.5%)	8:45	6.9 (69.0%)
270	<b>KORCZ Julia</b>	<b>268</b>		K-Jun.	20			00:18:50	<b>00:43:44.75</b>	<b>01:02:35.45</b>	+00:13:47 (31.5%)	8:45	6.9 (69.0%)
271	<b>UTRATA Mirosław</b>	<b>585</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	M55-59	14			00:06:01	<b>00:43:45.00</b>	<b>00:49:46.00</b>	+00:13:47 (31.5%)	8:45	6.9 (69.0%)
272	<b>GOLONKO Damian</b>	<b>166</b>		M-Dzieci	19			00:16:42	<b>00:43:45.40</b>	<b>01:00:27.40</b>	+00:13:48 (31.5%)	8:45	6.9 (69.0%)
273	<b>SUCHODOŁA Aleksander</b>	<b>532</b>		M-Dzieci	20			00:16:42	<b>00:43:45.50</b>	<b>01:00:28.45</b>	+00:13:48 (31.5%)	8:45	6.9 (69.0%)
274	<b>MROCZKOWSKI Mateusz</b>	<b>368</b>	KIJ-FANI POWIAT HAJNOWSKI	M-Dzieci	21			00:16:43	<b>00:43:46.75</b>	<b>01:00:30.10</b>	+00:13:49 (31.6%)	8:45	6.9 (69.0%)
274	<b>GINSZT Zofia</b>	<b>159</b>	POWIAT HAJNOWSKI	K-Dzieci	18			00:21:14	<b>00:43:46.75</b>	<b>01:05:01.50</b>	+00:13:49 (31.6%)	8:45	6.9 (69.0%)
276	<b>ROSZMAN Mikołaj</b>	<b>467</b>	PENDOLINO	M-Dzieci	22			00:16:44	<b>00:43:47.65</b>	<b>01:00:31.70</b>	+00:13:50 (31.6%)	8:45	6.9 (69.0%)
277	<b>GAWRYLUK Magdalena</b>	<b>147</b>		K-Dzieci	19			00:21:08	<b>00:43:48.45</b>	<b>01:04:56.70</b>	+00:13:51 (31.6%)	8:45	6.8 (68.0%)
278	<b>SZEWCZYK Bożena</b>	<b>541</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K65-69	7			00:14:19	<b>00:43:49.25</b>	<b>00:58:08.90</b>	+00:13:52 (31.6%)	8:45	6.8 (68.0%)
279	<b>KRYZEL Dorota</b>	<b>292</b>	BŁĘKITNI NW DZIEMIANY	K50-54	10			00:12:03	<b>00:43:50.35</b>	<b>00:55:53.90</b>	+00:13:53 (31.7%)	8:46	6.8 (68.0%)
280	<b>PRYCZYNICZ Anna</b>	<b>446</b>		K-Dzieci	20			00:21:05	<b>00:43:50.50</b>	<b>01:04:56.30</b>	+00:13:53 (31.7%)	8:46	6.8 (68.0%)
281	<b>ZIÓŁKOWSKI Jan</b>	<b>927</b>	SANTANDER CONSUMER BANK	M-Dzieci	23			00:16:45	<b>00:43:53.20</b>	<b>01:00:38.35</b>	+00:13:56 (31.7%)	8:46	6.8 (68.0%)
282	<b>ROSZMAN Agata</b>	<b>468</b>	PENDOLINO	K30-39	12			00:08:52	<b>00:43:54.40</b>	<b>00:52:47.20</b>	+00:13:57 (31.8%)	8:47	6.8 (68.0%)
283	<b>MATUSZEK Maciek</b>	<b>928</b>	SANTANDER CONSUMER BANK	M-Dzieci	24			00:16:45	<b>00:43:54.50</b>	<b>01:00:40.15</b>	+00:13:57 (31.8%)	8:47	6.8 (68.0%)
284	<b>ZIĘBA Julia</b>	<b>871</b>	UNIA MIAST	K70+	3			00:15:23	<b>00:43:57.00</b>	<b>00:59:20.45</b>	+00:13:59 (31.8%)	8:47	6.8 (68.0%)
285	<b>KOCZUR Dorota</b>	<b>261</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K60-64	9			00:14:15	<b>00:43:58.80</b>	<b>00:58:14.70</b>	+00:14:01 (31.9%)	8:47	6.8 (68.0%)
286	<b>ŚWIĆ Agnieszka</b>	<b>562</b>		K-Jun.	21			00:28:12	<b>00:44:02.30</b>	<b>01:12:15.15</b>	+00:14:05 (32.0%)	8:48	6.8 (68.0%)
287	<b>JOROĆ Elwira</b>	<b>215</b>		K-Jun.	22			00:28:12	<b>00:44:03.80</b>	<b>01:12:16.10</b>	+00:14:06 (32.0%)	8:48	6.8 (68.0%)
288	<b>KRZYŻEWSKA Aneta</b>	<b>293</b>	SANTANDER CONSUMER BANK	K40-44	18			00:10:25	<b>00:44:09.20</b>	<b>00:54:34.45</b>	+00:14:12 (32.2%)	8:49	6.8 (68.0%)
289	<b>BARTUSIK-URBAN Jagoda</b>	<b>38</b>	SANTANDER CONSUMER BANK	K40-44	19			00:10:23	<b>00:44:09.80</b>	<b>00:54:32.90</b>	+00:14:12 (32.2%)	8:49	6.8 (68.0%)
290	<b>WIŚNIEWSKA Iwona</b>	<b>618</b>	WTW.WŁOCŁAWEK	K30-39	13			00:08:56	<b>00:44:12.75</b>	<b>00:53:09.65</b>	+00:14:15 (32.3%)	8:50	6.8 (68.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
291	<b>LESZCZYŃSKA Martyna</b>	<b>314</b>	SANTANDER CONSUMER BANK	K18-29	14			00:08:00	<b>00:44:13.30</b>	<b>00:52:14.15</b>	+00:14:16 (32.3%)	8:50	6.8 (68.0%)
292	<b>GŁOWACKA Natalia</b>	<b>163</b>	POWIAT HAJNOWSKI	K-Dzieci	21			00:21:14	<b>00:44:15.50</b>	<b>01:05:30.30</b>	+00:14:18 (32.3%)	8:51	6.8 (68.0%)
293	<b>WOŁKOWYCKI Michał</b>	<b>628</b>	BIAŁOWIEŻA WALK	M-Dzieci	25			00:16:36	<b>00:44:16.30</b>	<b>01:00:53.20</b>	+00:14:19 (32.3%)	8:51	6.8 (68.0%)
294	<b>WARPAS Barbara</b>	<b>785</b>	SANTANDER CONSUMER BANK	K30-39	14			00:10:29	<b>00:44:18.15</b>	<b>00:54:47.60</b>	+00:14:20 (32.4%)	8:51	6.8 (68.0%)
294	<b>ZIELIŃSKA Patrycja</b>	<b>647</b>		K-Jun.	23			00:18:52	<b>00:44:18.15</b>	<b>01:03:10.45</b>	+00:14:20 (32.4%)	8:51	6.8 (68.0%)
296	<b>ŁUKSZA Patryk</b>	<b>333</b>		M-Dzieci	26			00:16:40	<b>00:44:21.10</b>	<b>01:01:01.60</b>	+00:14:23 (32.5%)	8:52	6.8 (68.0%)
297	<b>BOŻKO Urszula</b>	<b>65</b>	POWIAT HAJNOWSKI	K30-39	15			00:23:23	<b>00:44:21.85</b>	<b>01:07:45.25</b>	+00:14:24 (32.5%)	8:52	6.8 (68.0%)
298	<b>LUBOWICKA Kornelia</b>	<b>321</b>	POWIAT HAJNOWSKI	K-Dzieci	22			00:21:17	<b>00:44:25.55</b>	<b>01:05:42.65</b>	+00:14:28 (32.6%)	8:53	6.8 (68.0%)
299	<b>FRĄTCZAK Zdzisław</b>	<b>137</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	M60-64	12			00:06:29	<b>00:44:25.85</b>	<b>00:50:55.75</b>	+00:14:28 (32.6%)	8:53	6.8 (68.0%)
300	<b>WITKOWSKI Paweł</b>	<b>621</b>	SANTANDER CONSUMER BANK	M40-44	13			00:04:38	<b>00:44:26.55</b>	<b>00:49:05.00</b>	+00:14:29 (32.6%)	8:53	6.7 (67.0%)
301	<b>LUDWICZAK Oskar</b>	<b>323</b>	SOSWNR1	M-Niepełnosprawni	10			00:23:20	<b>00:44:27.50</b>	<b>01:07:47.80</b>	+00:14:30 (32.6%)	8:53	6.7 (67.0%)
302	<b>WIŚNIEWSKI Krystian</b>	<b>619</b>	SOSWNR1	M-Niepełnosprawni	11			00:23:19	<b>00:44:28.15</b>	<b>01:07:47.75</b>	+00:14:30 (32.6%)	8:53	6.7 (67.0%)
303	<b>GABIEC Adrian</b>	<b>591</b>		M-Dzieci	27			00:19:08	<b>00:44:28.55</b>	<b>01:03:36.80</b>	+00:14:31 (32.7%)	8:53	6.7 (67.0%)
304	<b>NAZARUK Izabela</b>	<b>374</b>	POWIAT HAJNOWSKI	K-Dzieci	23			00:21:16	<b>00:44:28.65</b>	<b>01:05:45.00</b>	+00:14:31 (32.7%)	8:53	6.7 (67.0%)
305	<b>NOWICKA Hanna</b>	<b>389</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K60-64	10			00:14:17	<b>00:44:30.10</b>	<b>00:58:47.55</b>	+00:14:32 (32.7%)	8:54	6.7 (67.0%)
306	<b>MOSKWIAK Michał</b>	<b>365</b>	POWIAT HAJNOWSKI	M30-39	15			00:04:04	<b>00:44:35.25</b>	<b>00:48:40.15</b>	+00:14:38 (32.8%)	8:55	6.7 (67.0%)
307	<b>SZATKOWSKA Katarzyna</b>	<b>537</b>		K30-39	16			00:08:53	<b>00:44:35.30</b>	<b>00:53:28.40</b>	+00:14:38 (32.8%)	8:55	6.7 (67.0%)
308	<b>NIKONOWICZ Anna</b>	<b>380</b>	POWIAT HAJNOWSKI	K30-39	17			00:23:22	<b>00:44:38.15</b>	<b>01:08:00.90</b>	+00:14:40 (32.9%)	8:55	6.7 (67.0%)
309	<b>BOŻKO Paweł</b>	<b>64</b>	POWIAT HAJNOWSKI	M30-39	16			00:23:24	<b>00:44:38.70</b>	<b>01:08:02.95</b>	+00:14:41 (32.9%)	8:55	6.7 (67.0%)
310	<b>NOWICKI Jan</b>	<b>564</b>		M-Jun.	9			00:17:37	<b>00:44:40.50</b>	<b>01:02:18.45</b>	+00:14:43 (33.0%)	8:56	6.7 (67.0%)
311	<b>PANASIUK Paulina</b>	<b>419</b>		K-Dzieci	24			00:21:07	<b>00:44:44.10</b>	<b>01:05:51.50</b>	+00:14:46 (33.0%)	8:56	6.7 (67.0%)
312	<b>KIESZEK Karolina</b>	<b>62</b>	ELBLĄSKIE WŁÓCZYKIJE	K70+	4			00:15:23	<b>00:44:44.90</b>	<b>01:00:08.10</b>	+00:14:47 (33.1%)	8:57	6.7 (67.0%)
313	<b>SŁOWIK Adam</b>	<b>506</b>	SOSWNR1	M-Niepełnosprawni	12			00:23:20	<b>00:44:47.15</b>	<b>01:08:07.60</b>	+00:14:49 (33.1%)	8:57	6.7 (67.0%)
314	<b>JANKOWSKA- PLEWA Krystyna</b>	<b>209</b>		K50-54	11			00:12:07	<b>00:44:55.25</b>	<b>00:57:02.75</b>	+00:14:58 (33.3%)	8:59	6.7 (67.0%)
315	<b>SIDORUK Irena</b>	<b>491</b>	POWIAT HAJNOWSKI	K55-59	13			00:13:19	<b>00:44:56.25</b>	<b>00:58:15.60</b>	+00:14:59 (33.3%)	8:59	6.7 (67.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	<b>SŁOMCZYŃSKI Adam</b>	<b>503</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	M60-64	13			00:06:29	<b>00:44:56.60</b>	<b>00:51:26.05</b>	+00:14:59 (33.4%)	8:59	6.7 (67.0%)
316	<b>ROMANIUK Krystyna</b>	<b>915</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K50-54	12			00:12:06	<b>00:44:56.60</b>	<b>00:57:03.50</b>	+00:14:59 (33.4%)	8:59	6.7 (67.0%)
318	<b>TRĘTOWICZ Beata</b>	<b>120</b>	FACE NORDIC WALKING TEAM	K40-44	20			00:10:31	<b>00:44:59.50</b>	<b>00:55:31.35</b>	+00:15:02 (33.4%)	9:00	6.7 (67.0%)
319	<b>PSZKIT Teresa</b>	<b>452</b>	AKTYWNI Z PASJĄ ŁUKÓW	K60-64	11			00:14:15	<b>00:44:59.55</b>	<b>00:59:14.95</b>	+00:15:02 (33.4%)	8:59	6.7 (67.0%)
320	<b>NOWAK Danuta</b>	<b>385</b>	SANTANDER CONSUMER BANK	K45-49	15			00:11:22	<b>00:45:00.15</b>	<b>00:56:23.10</b>	+00:15:02 (33.4%)	9:00	6.7 (67.0%)
321	<b>ORLIKOWSKI Kamil</b>	<b>407</b>	BŁĘKITNY TOWARZYSZ DZIEMIANY	M18-29	11			00:03:47	<b>00:45:01.25</b>	<b>00:48:48.55</b>	+00:15:04 (33.5%)	9:00	6.7 (67.0%)
322	<b>GĄSOWSKA Walentyna</b>	<b>151</b>	POWIAT HAJNOWSKI	K40-44	21			00:10:23	<b>00:45:03.00</b>	<b>00:55:26.60</b>	+00:15:05 (33.5%)	9:00	6.7 (67.0%)
323	<b>LASOTA Karolina</b>	<b>305</b>		K-Jun.	24			00:24:22	<b>00:45:03.15</b>	<b>01:09:25.55</b>	+00:15:05 (33.5%)	9:00	6.7 (67.0%)
324	<b>NIECHWIEJCZYK Kinga</b>	<b>376</b>	UNIA MIAST	K-Dzieci	25			00:21:03	<b>00:45:04.20</b>	<b>01:06:08.05</b>	+00:15:07 (33.5%)	9:01	6.7 (67.0%)
325	<b>PIETRUCZUK Beata</b>	<b>433</b>		K18-29	15			00:24:06	<b>00:45:04.70</b>	<b>01:09:11.50</b>	+00:15:07 (33.6%)	9:01	6.7 (67.0%)
326	<b>KOT Ewa</b>	<b>276</b>		K-Jun.	25			00:18:51	<b>00:45:05.65</b>	<b>01:03:56.80</b>	+00:15:08 (33.6%)	9:01	6.7 (67.0%)
327	<b>FIEDOROWICZ Beata</b>	<b>371</b>	BIAŁOŁĘKA NW TEAM	K30-39	18			00:08:58	<b>00:45:07.40</b>	<b>00:54:05.60</b>	+00:15:10 (33.6%)	9:01	6.6 (66.0%)
327	<b>ZIELIŃSKI Kacper</b>	<b>649</b>		M-Dzieci	28			00:16:37	<b>00:45:07.40</b>	<b>01:01:44.85</b>	+00:15:10 (33.6%)	9:01	6.6 (66.0%)
329	<b>ONOPIUK Mateusz</b>	<b>406</b>	POWIAT HAJNOWSKI	M-Dzieci	29			00:16:38	<b>00:45:07.45</b>	<b>01:01:45.50</b>	+00:15:10 (33.6%)	9:01	6.6 (66.0%)
330	<b>FIEDORUK Antonina</b>	<b>131</b>	POWIAT HAJNOWSKI	K60-64	12			00:14:16	<b>00:45:08.90</b>	<b>00:59:25.60</b>	+00:15:11 (33.7%)	9:01	6.6 (66.0%)
331	<b>IWANIUK Marta</b>	<b>889</b>		K18-29	16			00:07:57	<b>00:45:10.70</b>	<b>00:53:08.55</b>	+00:15:13 (33.7%)	9:02	6.6 (66.0%)
332	<b>KACPRZAK Henryk</b>	<b>224</b>	NIESTOWARZYSZONY	M-Niepełnosprawni	13			00:06:50	<b>00:45:11.65</b>	<b>00:52:02.60</b>	+00:15:14 (33.7%)	9:02	6.6 (66.0%)
333	<b>WASILEWSKI Kamil</b>	<b>599</b>	POWIAT HAJNOWSKI	M18-29	12			00:03:49	<b>00:45:17.20</b>	<b>00:49:06.35</b>	+00:15:20 (33.9%)	9:03	6.6 (66.0%)
334	<b>KORYCIŃSKI Jan</b>	<b>271</b>		M-Niepełnosprawni	14			00:06:52	<b>00:45:19.45</b>	<b>00:52:11.90</b>	+00:15:22 (33.9%)	9:03	6.6 (66.0%)
335	<b>NOWICKA Karolina</b>	<b>390</b>		K18-29	17			00:08:51	<b>00:45:21.55</b>	<b>00:54:12.55</b>	+00:15:24 (34.0%)	9:04	6.6 (66.0%)
336	<b>ŁOBUZIŃSKA Urszula</b>	<b>330</b>		K-Jun.	26			00:19:00	<b>00:45:22.70</b>	<b>01:04:23.40</b>	+00:15:25 (34.0%)	9:04	6.6 (66.0%)
337	<b>MACKIEWICZ Aleksandra</b>	<b>337</b>		K-Jun.	27			00:18:59	<b>00:45:23.60</b>	<b>01:04:23.00</b>	+00:15:26 (34.0%)	9:04	6.6 (66.0%)
338	<b>KOZAKIEWICZ Wiesława</b>	<b>282</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K60-64	13			00:14:20	<b>00:45:26.85</b>	<b>00:59:46.85</b>	+00:15:29 (34.1%)	9:05	6.6 (66.0%)
339	<b>SADOWSKA Barbara</b>	<b>477</b>		K30-39	19			00:21:13	<b>00:45:28.70</b>	<b>01:06:41.85</b>	+00:15:31 (34.1%)	9:05	6.6 (66.0%)
340	<b>SZULC-DRABCZYK Urszula</b>	<b>548</b>	KS METRACO POLKOWICE	K-Niepełnosprawni	8			00:14:22	<b>00:45:29.00</b>	<b>00:59:51.15</b>	+00:15:31 (34.1%)	9:05	6.6 (66.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
341	<b>IWANIUK Ewa</b>	<b>196</b>		K-Dzieci	26			00:21:18	<b>00:45:32.15</b>	<b>01:06:50.50</b>	+00:15:34 (34.2%)	9:06	6.6 (66.0%)
342	<b>KOLBUSZ Janina</b>	<b>264</b>	KS METRACO POLKOWICE	K65-69	8			00:14:45	<b>00:45:33.00</b>	<b>01:00:18.45</b>	+00:15:35 (34.2%)	9:06	6.6 (66.0%)
343	<b>GRABOWSKA Jolanta</b>	<b>170</b>	SANTANDER CONSUMER BANK	K30-39	20			00:08:55	<b>00:45:36.60</b>	<b>00:54:31.70</b>	+00:15:39 (34.3%)	9:07	6.6 (66.0%)
344	<b>STACHULEC Natalia</b>	<b>514</b>		K-Dzieci	27			00:21:13	<b>00:45:37.70</b>	<b>01:06:51.60</b>	+00:15:40 (34.4%)	9:07	6.6 (66.0%)
345	<b>GWOŹDZIK Artur</b>	<b>188</b>		M-Dzieci	30			00:16:36	<b>00:45:42.80</b>	<b>01:02:19.60</b>	+00:15:45 (34.5%)	9:08	6.6 (66.0%)
346	<b>WILCZYŃSKA Barbara</b>	<b>608</b>	AKTYWNI Z PASJĄ ŁUKÓW	K-Niepełnosprawni	9			00:14:29	<b>00:45:45.20</b>	<b>01:00:15.05</b>	+00:15:48 (34.5%)	9:09	6.6 (66.0%)
347	<b>KIRYLUK Wiktoria</b>	<b>251</b>	POWIAT HAJNOWSKI	K-Dzieci	28			00:21:16	<b>00:45:46.30</b>	<b>01:07:03.20</b>	+00:15:49 (34.6%)	9:09	6.6 (66.0%)
348	<b>GRABOWSKA Agnieszka</b>	<b>169</b>	MOSIR RYPIN	K-Niepełnosprawni	10			00:14:25	<b>00:45:47.45</b>	<b>01:00:13.15</b>	+00:15:50 (34.6%)	9:09	6.6 (66.0%)
349	<b>WIRKUS Anna</b>	<b>612</b>	BŁĘKITNI NW DZIEMIANY	K60-64	14			00:14:28	<b>00:45:47.90</b>	<b>01:00:16.65</b>	+00:15:50 (34.6%)	9:09	6.6 (66.0%)
350	<b>KLIMIUK Justyna</b>	<b>255</b>		K-Jun.	28			00:18:55	<b>00:45:48.05</b>	<b>01:04:43.35</b>	+00:15:50 (34.6%)	9:09	6.6 (66.0%)
351	<b>ROMEŃCZUK Justyna</b>	<b>464</b>		K-Jun.	29			00:18:53	<b>00:45:48.25</b>	<b>01:04:42.15</b>	+00:15:51 (34.6%)	9:09	6.5 (65.0%)
352	<b>ZAJĄCZKOWSKA Jadwiga</b>	<b>640</b>	KS METRACO POLKOWICE	K40-44	22			00:10:26	<b>00:45:50.20</b>	<b>00:56:16.60</b>	+00:15:53 (34.7%)	9:10	6.5 (65.0%)
353	<b>MOCZARSKI Adam</b>	<b>362</b>	FACE NORDIC WALKING TEAM	M70+	6			00:07:06	<b>00:45:52.45</b>	<b>00:52:58.65</b>	+00:15:55 (34.7%)	9:10	6.5 (65.0%)
354	<b>ŁAPIŃSKA Ewa</b>	<b>326</b>		K-Jun.	30			00:18:48	<b>00:45:53.30</b>	<b>01:04:42.15</b>	+00:15:56 (34.7%)	9:10	6.5 (65.0%)
355	<b>ŚLUSARCZYK Karolina</b>	<b>560</b>	WESOŁY BORSUK TEAM	K-Dzieci	29			00:21:04	<b>00:45:53.45</b>	<b>01:06:58.15</b>	+00:15:56 (34.7%)	9:10	6.5 (65.0%)
356	<b>PTASZYŃSKA Weronika</b>	<b>453</b>		K-Jun.	31			00:18:47	<b>00:45:54.80</b>	<b>01:04:42.75</b>	+00:15:57 (34.8%)	9:11	6.5 (65.0%)
357	<b>WORONIECKA Natalia</b>	<b>906</b>		K-Jun.	32			00:18:57	<b>00:45:56.50</b>	<b>01:04:54.35</b>	+00:15:59 (34.8%)	9:11	6.5 (65.0%)
358	<b>NOWAK Beata</b>	<b>383</b>	SAILING TEAM FERAJNA	K45-49	16			00:11:20	<b>00:46:00.20</b>	<b>00:57:21.15</b>	+00:16:03 (34.9%)	9:12	6.5 (65.0%)
359	<b>WISIŃSKA Eufemia</b>	<b>613</b>	BŁĘKITNI NW DZIEMIANY	K65-69	9			00:14:37	<b>00:46:00.50</b>	<b>01:00:38.40</b>	+00:16:03 (34.9%)	9:12	6.5 (65.0%)
360	<b>GRYGORUK Andrzej</b>	<b>181</b>	POWIAT HAJNOWSKI	M45-49	15			00:19:06	<b>00:46:01.10</b>	<b>01:05:07.50</b>	+00:16:03 (34.9%)	9:12	6.5 (65.0%)
361	<b>OGONOWSKA Edyta</b>	<b>394</b>	KLUB NW 'PATYCZAKI' GRUDZIĄDZ	K50-54	13			00:12:03	<b>00:46:02.10</b>	<b>00:58:05.65</b>	+00:16:04 (34.9%)	9:12	6.5 (65.0%)
362	<b>SZCZUBIAŁ Krystyna</b>	<b>893</b>	DĄBROWA NORDIC TEAM	K70+	5			00:15:22	<b>00:46:04.70</b>	<b>01:01:27.25</b>	+00:16:07 (35.0%)	9:13	6.5 (65.0%)
363	<b>PRZYBYŁOWSKA Małgorzata</b>	<b>450</b>	POWIAT HAJNOWSKI	K30-39	21			00:08:54	<b>00:46:08.40</b>	<b>00:55:02.45</b>	+00:16:11 (35.1%)	9:13	6.5 (65.0%)
364	<b>TELENTEJUK Anna</b>	<b>572</b>	POWIAT HAJNOWSKI	K60-64	15			00:14:18	<b>00:46:09.05</b>	<b>01:00:27.25</b>	+00:16:11 (35.1%)	9:13	6.5 (65.0%)
365	<b>FALKOWSKI Krystian</b>	<b>125</b>		M18-29	13			00:03:47	<b>00:46:10.45</b>	<b>00:49:58.30</b>	+00:16:13 (35.1%)	9:14	6.5 (65.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
366	<b>BUDZIŃSKI Borys</b>	<b>70</b>		M18-29	14			00:03:47	<b>00:46:12.50</b>	<b>00:50:00.25</b>	+00:16:15 (35.2%)	9:14	6.5 (65.0%)
367	<b>MACHAJEK Krzysztof</b>	<b>336</b>	KS METRACO POLKOWICE	M-Niepełnosprawni	15			00:06:30	<b>00:46:12.85</b>	<b>00:52:43.60</b>	+00:16:15 (35.2%)	9:14	6.5 (65.0%)
368	<b>KORA Aleksandra</b>	<b>267</b>	POWIAT HAJNOWSKI	K-Dzieci	30			00:21:16	<b>00:46:13.00</b>	<b>01:07:29.35</b>	+00:16:15 (35.2%)	9:14	6.5 (65.0%)
369	<b>RYGOROWICZ Wiera</b>	<b>475</b>		K60-64	16			00:14:16	<b>00:46:14.25</b>	<b>01:00:30.30</b>	+00:16:17 (35.2%)	9:14	6.5 (65.0%)
370	<b>WOLANOWSKI Łukasz</b>	<b>623</b>		M18-29	15			00:03:48	<b>00:46:14.80</b>	<b>00:50:03.45</b>	+00:16:17 (35.2%)	9:15	6.5 (65.0%)
371	<b>ALSZTYNIUK Dominik</b>	<b>12</b>		M-Dzieci	31			00:16:44	<b>00:46:15.75</b>	<b>01:02:59.75</b>	+00:16:18 (35.3%)	9:15	6.5 (65.0%)
372	<b>ANDREJUK Jakub</b>	<b>17</b>		M-Dzieci	32			00:16:40	<b>00:46:19.60</b>	<b>01:03:00.20</b>	+00:16:22 (35.3%)	9:16	6.5 (65.0%)
373	<b>ANDROSIUK Rafał</b>	<b>22</b>	POWIAT HAJNOWSKI	M-Dzieci	33			00:16:41	<b>00:46:21.70</b>	<b>01:03:02.80</b>	+00:16:24 (35.4%)	9:16	6.5 (65.0%)
374	<b>SAWCZUK Natalia</b>	<b>486</b>		K-Jun.	33			00:18:56	<b>00:46:21.80</b>	<b>01:05:18.00</b>	+00:16:24 (35.4%)	9:16	6.5 (65.0%)
375	<b>ZABORSKA Karolina</b>	<b>639</b>		K-Jun.	34			00:18:59	<b>00:46:22.30</b>	<b>01:05:21.60</b>	+00:16:25 (35.4%)	9:16	6.5 (65.0%)
376	<b>BURDON Monika</b>	<b>71</b>		K-Jun.	35			00:18:58	<b>00:46:23.05</b>	<b>01:05:21.40</b>	+00:16:25 (35.4%)	9:16	6.5 (65.0%)
377	<b>SOBCZYK Irena</b>	<b>508</b>	SANTANDER CONSUMER BANK	K30-39	22			00:08:51	<b>00:46:24.65</b>	<b>00:55:16.00</b>	+00:16:27 (35.5%)	9:17	6.5 (65.0%)
378	<b>TRĘTOWICZ Aleksandra</b>	<b>578</b>	FACE NORDIC WALKING TEAM	K-Jun.	36			00:07:56	<b>00:46:39.00</b>	<b>00:54:35.40</b>	+00:16:41 (35.8%)	9:19	6.4 (64.0%)
379	<b>LECYK Jadwiga</b>	<b>908</b>	CHODŻĘ Z SERCEM	K60-64	17			00:14:17	<b>00:46:39.50</b>	<b>01:00:57.30</b>	+00:16:42 (35.8%)	9:20	6.4 (64.0%)
380	<b>SZWED Amelia</b>	<b>553</b>		K-Jun.	37			00:18:51	<b>00:46:41.10</b>	<b>01:05:32.10</b>	+00:16:43 (35.8%)	9:20	6.4 (64.0%)
381	<b>SZTYLER Ewa</b>	<b>547</b>		K18-29	18			00:07:57	<b>00:46:44.35</b>	<b>00:54:41.60</b>	+00:16:47 (35.9%)	9:20	6.4 (64.0%)
382	<b>OKUNIEWSKA Jolanta</b>	<b>395</b>		K50-54	14			00:12:09	<b>00:46:46.70</b>	<b>00:58:56.10</b>	+00:16:49 (36.0%)	9:21	6.4 (64.0%)
383	<b>KOŚKO Krystyna</b>	<b>274</b>		K50-54	15			00:12:08	<b>00:46:47.05</b>	<b>00:58:55.85</b>	+00:16:49 (36.0%)	9:21	6.4 (64.0%)
384	<b>RYBKA Marian</b>	<b>473</b>	NIEZRZESZONY	M70+	7			00:07:07	<b>00:46:48.55</b>	<b>00:53:55.60</b>	+00:16:51 (36.0%)	9:21	6.4 (64.0%)
385	<b>ANACIK Agnieszka</b>	<b>13</b>		K-Jun.	38			00:23:33	<b>00:46:50.35</b>	<b>01:10:24.30</b>	+00:16:53 (36.1%)	9:22	6.4 (64.0%)
386	<b>KOWALSKA Elwira</b>	<b>279</b>		K-Jun.	39			00:23:33	<b>00:46:50.70</b>	<b>01:10:24.15</b>	+00:16:53 (36.1%)	9:22	6.4 (64.0%)
387	<b>HOPPE Elżbieta</b>	<b>192</b>	BŁĘKITNI NW DZIEMIANY	K50-54	16			00:12:10	<b>00:46:55.15</b>	<b>00:59:05.15</b>	+00:16:57 (36.2%)	9:23	6.4 (64.0%)
388	<b>CZEPIEL Cyryl</b>	<b>92</b>		M-Dzieci	34			00:16:41	<b>00:46:55.35</b>	<b>01:03:37.20</b>	+00:16:58 (36.2%)	9:23	6.4 (64.0%)
389	<b>ZIENIEWICZ Adam</b>	<b>650</b>	POWIAT HAJNOWSKI	K-Dzieci	31			00:16:40	<b>00:46:55.85</b>	<b>01:03:36.55</b>	+00:16:58 (36.2%)	9:23	6.4 (64.0%)
390	<b>RĘBISZ Grażyna</b>	<b>461</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K60-64	18			00:14:16	<b>00:46:55.95</b>	<b>01:01:12.15</b>	+00:16:58 (36.2%)	9:23	6.4 (64.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
391	<b>ANTONIUK Antonina</b>	<b>29</b>	POWIAT HAJNOWSKI	K-Dzieci	32			00:21:15	<b>00:46:58.20</b>	<b>01:08:13.55</b>	+00:17:01 (36.2%)	9:23	6.4 (64.0%)
392	<b>SUJKOWSKA Elżbieta</b>	<b>534</b>	PUKS 'JEDYNKA' ŁOSICE	K55-59	14			00:13:10	<b>00:46:59.80</b>	<b>01:00:10.05</b>	+00:17:02 (36.3%)	9:24	6.4 (64.0%)
393	<b>KRASUCKA Urszula</b>	<b>287</b>	AKTYWNI Z PASJĄ ŁUKÓW	K-Niepełnosprawni	11			00:14:52	<b>00:47:00.80</b>	<b>01:01:52.80</b>	+00:17:03 (36.3%)	9:24	6.4 (64.0%)
394	<b>JANUSZKIEWICZ Wioletta</b>	<b>880</b>		K40-44	23			00:10:28	<b>00:47:03.20</b>	<b>00:57:31.20</b>	+00:17:06 (36.3%)	9:24	6.4 (64.0%)
395	<b>WRÓBEL Aleksandra</b>	<b>635</b>		K-Jun.	40			00:19:03	<b>00:47:05.80</b>	<b>01:06:09.10</b>	+00:17:08 (36.4%)	9:25	6.4 (64.0%)
396	<b>PERYT Elżbieta</b>	<b>428</b>	AKTYWNI Z PASJĄ ŁUKÓW	K65-69	10			00:14:48	<b>00:47:08.25</b>	<b>01:01:57.15</b>	+00:17:11 (36.5%)	9:25	6.4 (64.0%)
397	<b>MNICH Iwona</b>	<b>361</b>	SANTANDER CONSUMER BANK	K50-54	17			00:13:11	<b>00:47:08.85</b>	<b>01:00:19.95</b>	+00:17:11 (36.5%)	9:25	6.4 (64.0%)
398	<b>SPISAK-SPISACKA Renata</b>	<b>512</b>	NORDIC WALKING KIEKRZ	K50-54	18			00:13:12	<b>00:47:09.35</b>	<b>01:00:21.50</b>	+00:17:12 (36.5%)	9:25	6.4 (64.0%)
399	<b>RADZIKOWSKA Agnieszka</b>	<b>907</b>		K30-39	23			00:08:59	<b>00:47:11.40</b>	<b>00:56:10.75</b>	+00:17:14 (36.5%)	9:26	6.4 (64.0%)
400	<b>KANIAK Małgorzata</b>	<b>230</b>	GRUPA NORDIC WALKING PŁOŃSK	K55-59	15			00:13:10	<b>00:47:15.80</b>	<b>01:00:26.60</b>	+00:17:18 (36.6%)	9:27	6.3 (63.0%)
401	<b>PLIS Natalia</b>	<b>437</b>		K-Jun.	41			00:18:58	<b>00:47:18.65</b>	<b>01:06:17.60</b>	+00:17:21 (36.7%)	9:27	6.3 (63.0%)
402	<b>GŁOWACKA Nikola</b>	<b>162</b>	POWIAT HAJNOWSKI	K-Dzieci	33			00:21:17	<b>00:47:19.05</b>	<b>01:08:36.95</b>	+00:17:21 (36.7%)	9:27	6.3 (63.0%)
403	<b>KĘDYŚ Justyna</b>	<b>246</b>		K-Jun.	42			00:19:01	<b>00:47:22.00</b>	<b>01:06:23.00</b>	+00:17:24 (36.8%)	9:28	6.3 (63.0%)
404	<b>TARASIUK Natalia</b>	<b>567</b>		K-Jun.	43			00:18:49	<b>00:47:28.90</b>	<b>01:06:18.10</b>	+00:17:31 (36.9%)	9:29	6.3 (63.0%)
405	<b>BIEDRYCKA Patrycja</b>	<b>47</b>		K-Jun.	44			00:18:50	<b>00:47:29.80</b>	<b>01:06:20.10</b>	+00:17:32 (36.9%)	9:30	6.3 (63.0%)
406	<b>ROSZCZENKO Magdalena</b>	<b>466</b>		K-Jun.	45			00:18:48	<b>00:47:29.85</b>	<b>01:06:17.95</b>	+00:17:32 (36.9%)	9:29	6.3 (63.0%)
407	<b>ŚLESICKA-GRACZYK Teresa</b>	<b>558</b>	BIĄŁOŁĘKA NW TEAM	K-Niepełnosprawni	12			00:10:28	<b>00:47:34.40</b>	<b>00:58:03.00</b>	+00:17:37 (37.0%)	9:31	6.3 (63.0%)
408	<b>PROKOPIEC Bronisława</b>	<b>441</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K70+	6			00:15:19	<b>00:47:35.10</b>	<b>01:02:55.00</b>	+00:17:37 (37.1%)	9:31	6.3 (63.0%)
409	<b>GAWRYŁUK Barbara</b>	<b>149</b>		K30-39	24			00:08:53	<b>00:47:37.85</b>	<b>00:56:31.70</b>	+00:17:40 (37.1%)	9:31	6.3 (63.0%)
410	<b>PIETRUSZKIEWICZ Urszula</b>	<b>434</b>		K-Dzieci	34			00:21:07	<b>00:47:40.10</b>	<b>01:08:47.25</b>	+00:17:42 (37.2%)	9:32	6.3 (63.0%)
411	<b>GUZ Urszula</b>	<b>186</b>	PUKS 'JEDYNKA' ŁOSICE	K60-64	19			00:14:23	<b>00:47:40.35</b>	<b>01:02:04.20</b>	+00:17:43 (37.2%)	9:32	6.3 (63.0%)
412	<b>TARARUJ Paulina</b>	<b>565</b>	POWIAT HAJNOWSKI	K-Jun.	46			00:18:55	<b>00:47:44.30</b>	<b>01:06:40.20</b>	+00:17:47 (37.3%)	9:33	6.3 (63.0%)
413	<b>CIUPAK Anastazja</b>	<b>88</b>	SANTANDER CONSUMER BANK	K40-44	24			00:10:24	<b>00:47:49.25</b>	<b>00:58:13.75</b>	+00:17:52 (37.4%)	9:33	6.3 (63.0%)
414	<b>CIUPAK Kamila</b>	<b>89</b>	SANTANDER CONSUMER BANK	K40-44	25			00:10:24	<b>00:47:49.85</b>	<b>00:58:14.35</b>	+00:17:52 (37.4%)	9:34	6.3 (63.0%)
415	<b>DUDKOWSKA Wiktoria</b>	<b>117</b>		K-Dzieci	35			00:21:10	<b>00:47:50.90</b>	<b>01:09:01.50</b>	+00:17:53 (37.4%)	9:34	6.3 (63.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
416	<b>SIEWIERYNIUK Martyna</b>	<b>497</b>		K-Dzieci	36			00:21:11	<b>00:47:53.10</b>	<b>01:09:04.70</b>	+00:17:55 (37.4%)	9:34	6.3 (63.0%)
417	<b>SZUMOWSKA Anna</b>	<b>550</b>		K18-29	19			00:07:56	<b>00:47:54.00</b>	<b>00:55:50.25</b>	+00:17:56 (37.5%)	9:34	6.3 (63.0%)
418	<b>BUDNA Halina</b>	<b>68</b>	POWIAT HAJNOWSKI	K60-64	20			00:14:18	<b>00:47:57.30</b>	<b>01:02:15.70</b>	+00:18:00 (37.5%)	9:35	6.3 (63.0%)
419	<b>GŁOWACKA Aleksandra</b>	<b>164</b>		K-Jun.	47			00:18:50	<b>00:47:57.85</b>	<b>01:06:48.05</b>	+00:18:00 (37.6%)	9:35	6.3 (63.0%)
420	<b>GRABOWSKI Adam</b>	<b>171</b>	MOSIR RYPIN	M-Niepełnosprawni	16			00:06:28	<b>00:47:59.35</b>	<b>00:54:28.00</b>	+00:18:02 (37.6%)	9:36	6.3 (63.0%)
421	<b>GRYC Maja</b>	<b>178</b>		K-Jun.	48			00:19:04	<b>00:48:00.85</b>	<b>01:07:05.80</b>	+00:18:03 (37.6%)	9:36	6.2 (62.0%)
422	<b>KRAŚKO Katarzyna</b>	<b>288</b>		K-Jun.	49			00:18:49	<b>00:48:06.70</b>	<b>01:06:56.15</b>	+00:18:09 (37.7%)	9:37	6.2 (62.0%)
423	<b>SAPIOŁKO Sara</b>	<b>483</b>		K-Jun.	50			00:18:46	<b>00:48:08.50</b>	<b>01:06:55.40</b>	+00:18:11 (37.8%)	9:37	6.2 (62.0%)
424	<b>WIĄCEK Krystyna</b>	<b>604</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K65-69	11			00:14:51	<b>00:48:10.90</b>	<b>01:03:02.00</b>	+00:18:13 (37.8%)	9:38	6.2 (62.0%)
425	<b>JARZĄBEK Eryk</b>	<b>919</b>		M-Dzieci	35			00:14:45	<b>00:48:13.60</b>	<b>01:02:59.30</b>	+00:18:16 (37.9%)	9:38	6.2 (62.0%)
426	<b>CZABAN Mieczysław</b>	<b>90</b>	POWIAT HAJNOWSKI	M65-69	10			00:06:51	<b>00:48:14.80</b>	<b>00:55:06.55</b>	+00:18:17 (37.9%)	9:39	6.2 (62.0%)
427	<b>BOROWIK Gabriela</b>	<b>59</b>		K-Jun.	51			00:18:48	<b>00:48:15.75</b>	<b>01:07:04.65</b>	+00:18:18 (37.9%)	9:39	6.2 (62.0%)
428	<b>KASJANIUK Luiza</b>	<b>243</b>	POWIAT HAJNOWSKI	K18-29	20			00:07:52	<b>00:48:17.35</b>	<b>00:56:09.50</b>	+00:18:20 (38.0%)	9:39	6.2 (62.0%)
429	<b>KIERDELEWICZ Aleksandra</b>	<b>900</b>		K-Dzieci	37			00:21:08	<b>00:48:17.95</b>	<b>01:09:26.50</b>	+00:18:20 (38.0%)	9:39	6.2 (62.0%)
430	<b>CHMIELOWIEC Zygmunt</b>	<b>78</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	M65-69	11			00:06:50	<b>00:48:20.60</b>	<b>00:55:10.90</b>	+00:18:23 (38.0%)	9:40	6.2 (62.0%)
431	<b>OLIFERUK Rafał</b>	<b>399</b>		M-Jun.	10			00:18:45	<b>00:48:21.65</b>	<b>01:07:07.45</b>	+00:18:24 (38.1%)	9:40	6.2 (62.0%)
432	<b>WIŚNIEWSKA Danuta</b>	<b>615</b>		K55-59	16			00:13:09	<b>00:48:22.25</b>	<b>01:01:31.80</b>	+00:18:25 (38.1%)	9:40	6.2 (62.0%)
433	<b>WACHOWICZ Teresa</b>	<b>902</b>		K55-59	17			00:13:14	<b>00:48:25.40</b>	<b>01:01:39.95</b>	+00:18:28 (38.1%)	9:41	6.2 (62.0%)
434	<b>LEWCZUK Natalia</b>	<b>317</b>		K-Dzieci	38			00:21:17	<b>00:48:25.85</b>	<b>01:09:43.30</b>	+00:18:28 (38.2%)	9:41	6.2 (62.0%)
435	<b>ORZECH Agnieszka</b>	<b>408</b>	SANTANDER CONSUMER BANK	K30-39	25			00:08:56	<b>00:48:32.00</b>	<b>00:57:28.05</b>	+00:18:34 (38.3%)	9:42	6.2 (62.0%)
435	<b>ROSZMAN Adrianna</b>	<b>470</b>	PENDOLINO	K-Dzieci	39			00:21:04	<b>00:48:32.00</b>	<b>01:09:36.80</b>	+00:18:34 (38.3%)	9:42	6.2 (62.0%)
437	<b>CHOCHOLSKA Wiktoria</b>	<b>79</b>		K-Jun.	52			00:19:00	<b>00:48:36.60</b>	<b>01:07:37.15</b>	+00:18:39 (38.4%)	9:43	6.2 (62.0%)
437	<b>OLEJNICKA Marcelina</b>	<b>396</b>	POWIAT HAJNOWSKI	K-Dzieci	40			00:21:15	<b>00:48:36.60</b>	<b>01:09:52.50</b>	+00:18:39 (38.4%)	9:43	6.2 (62.0%)
439	<b>BOGDANOWICZ Filip</b>	<b>56</b>	POWIAT HAJNOWSKI	M-Dzieci	36			00:16:43	<b>00:48:36.70</b>	<b>01:05:20.55</b>	+00:18:39 (38.4%)	9:43	6.2 (62.0%)
440	<b>FILINOWICZ Maria</b>	<b>132</b>	UTW HAJNÓWKA	K65-69	12			00:14:37	<b>00:48:36.75</b>	<b>01:03:13.80</b>	+00:18:39 (38.4%)	9:43	6.2 (62.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
441	<b>ANDRZEJUK Martyna</b>	<b>25</b>	POWIAT HAJNOWSKI	K-Dzieci	41			00:21:13	<b>00:48:37.50</b>	<b>01:09:51.45</b>	+00:18:40 (38.4%)	9:43	6.2 (62.0%)
442	<b>KOZACZUK Marek</b>	<b>281</b>	POWIAT HAJNOWSKI	M30-39	17			00:04:06	<b>00:48:38.90</b>	<b>00:52:45.00</b>	+00:18:41 (38.4%)	9:43	6.2 (62.0%)
443	<b>GARBARCZYK Elżbieta</b>	<b>145</b>	AKTYWNI Z PASJĄ ŁUKÓW	K55-59	18			00:13:19	<b>00:48:42.65</b>	<b>01:02:02.45</b>	+00:18:45 (38.5%)	9:44	6.2 (62.0%)
444	<b>NOWAKOWSKA Danuta</b>	<b>387</b>	NORDIC WALKING KIEKRZ	K60-64	21			00:14:24	<b>00:48:48.75</b>	<b>01:03:13.05</b>	+00:18:51 (38.6%)	9:45	6.1 (61.0%)
445	<b>ZINIEWICZ Małgorzata</b>	<b>872</b>	POWIAT HAJNOWSKI	K45-49	17			00:16:45	<b>00:48:49.10</b>	<b>01:05:34.90</b>	+00:18:51 (38.6%)	9:45	6.1 (61.0%)
446	<b>DĄBROWSKA Jadwiga</b>	<b>103</b>		K55-59	19			00:13:23	<b>00:48:50.05</b>	<b>01:02:13.45</b>	+00:18:52 (38.7%)	9:46	6.1 (61.0%)
447	<b>DOMEŃSKA Wiktoria</b>	<b>110</b>		K-Jun.	53			00:18:58	<b>00:48:51.25</b>	<b>01:07:49.65</b>	+00:18:54 (38.7%)	9:46	6.1 (61.0%)
448	<b>ADAMSKA Irena</b>	<b>3</b>	POWIAT HAJNOWSKI	K60-64	22			00:14:22	<b>00:48:51.45</b>	<b>01:03:14.10</b>	+00:18:54 (38.7%)	9:46	6.1 (61.0%)
449	<b>OWERCZUK Olga</b>	<b>415</b>		K-Jun.	54			00:19:02	<b>00:48:52.30</b>	<b>01:07:54.70</b>	+00:18:55 (38.7%)	9:46	6.1 (61.0%)
450	<b>PAWLUCZUK Grażyna</b>	<b>424</b>	POWIAT HAJNOWSKI	K55-59	20			00:12:08	<b>00:48:52.75</b>	<b>01:01:01.00</b>	+00:18:55 (38.7%)	9:46	6.1 (61.0%)
451	<b>STAWARZ Jolanta</b>	<b>518</b>	POWIAT HAJNOWSKI	K45-49	18			00:12:07	<b>00:48:53.10</b>	<b>01:01:00.95</b>	+00:18:55 (38.7%)	9:46	6.1 (61.0%)
452	<b>ALEKSIEJUK Katarzyna</b>	<b>11</b>		K-Dzieci	42			00:21:09	<b>00:48:56.75</b>	<b>01:10:06.35</b>	+00:18:59 (38.8%)	9:47	6.1 (61.0%)
453	<b>MROCKOWSKA Emilia</b>	<b>367</b>	KIJ-FANI POWIAT HAJNOWSKI	K30-39	26			00:08:56	<b>00:48:59.35</b>	<b>00:57:55.35</b>	+00:19:02 (38.9%)	9:47	6.1 (61.0%)
454	<b>SOKOŁOWSKA Zuzanna</b>	<b>280</b>		K-Dzieci	43			00:21:08	<b>00:49:00.75</b>	<b>01:10:09.60</b>	+00:19:03 (38.9%)	9:48	6.1 (61.0%)
455	<b>FRANCZEK Paweł</b>	<b>135</b>	SOSWNR1	M-Niepełnosprawni	17			00:23:20	<b>00:49:06.50</b>	<b>01:12:26.50</b>	+00:19:09 (39.0%)	9:49	6.1 (61.0%)
456	<b>PANAFIAŃCZUK Zenobiusz</b>	<b>910</b>		M60-64	14			00:06:28	<b>00:49:08.30</b>	<b>00:55:36.80</b>	+00:19:11 (39.0%)	9:49	6.1 (61.0%)
457	<b>TOKAJUK Marcel</b>	<b>575</b>		M-Dzieci	37			00:16:39	<b>00:49:16.25</b>	<b>01:05:56.10</b>	+00:19:19 (39.2%)	9:51	6.1 (61.0%)
458	<b>BIELIŃSKA-SYCH Wiesława</b>	<b>898</b>		K-Niepełnosprawni	13			00:23:21	<b>00:49:16.55</b>	<b>01:12:37.75</b>	+00:19:19 (39.2%)	9:51	6.1 (61.0%)
459	<b>ONISZCZUK Katarzyna</b>	<b>403</b>	POWIAT HAJNOWSKI	K18-29	21			00:07:54	<b>00:49:17.90</b>	<b>00:57:12.00</b>	+00:19:20 (39.2%)	9:51	6.1 (61.0%)
460	<b>KULIK Alicja</b>	<b>296</b>	POWIAT HAJNOWSKI	K-Dzieci	44			00:21:19	<b>00:49:18.85</b>	<b>01:10:38.55</b>	+00:19:21 (39.3%)	9:51	6.1 (61.0%)
461	<b>ŁAPIŃSKA Renia</b>	<b>325</b>	POWIAT HAJNOWSKI	K60-64	23			00:23:25	<b>00:49:22.65</b>	<b>01:12:48.05</b>	+00:19:25 (39.3%)	9:52	6.1 (61.0%)
462	<b>HAPONIUK Elżbieta</b>	<b>191</b>	POWIAT HAJNOWSKI	K30-39	27			00:08:54	<b>00:49:22.80</b>	<b>00:58:17.60</b>	+00:19:25 (39.3%)	9:52	6.1 (61.0%)
463	<b>JAKONIUK Bartosz</b>	<b>203</b>	POWIAT HAJNOWSKI	K-Dzieci	45			00:16:42	<b>00:49:23.20</b>	<b>01:06:06.00</b>	+00:19:26 (39.3%)	9:52	6.1 (61.0%)
464	<b>ANDREJUK Agnieszka</b>	<b>15</b>	POWIAT HAJNOWSKI	K40-44	26			00:23:24	<b>00:49:23.75</b>	<b>01:12:48.15</b>	+00:19:26 (39.4%)	9:52	6.1 (61.0%)
465	<b>ORZECHOWSKA Marta</b>	<b>410</b>	POWIAT HAJNOWSKI	K18-29	22			00:07:53	<b>00:49:25.10</b>	<b>00:57:18.60</b>	+00:19:27 (39.4%)	9:53	6.1 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
466	MASALSKA Emilia	352		K-Jun.	55			00:18:57	00:49:28.55	01:08:26.10	+00:19:31 (39.5%)	9:53	6.1 (61.0%)
467	BEREŻNIAK Magdalena	43		K-Jun.	56			00:18:56	00:49:29.00	01:08:25.60	+00:19:31 (39.5%)	9:53	6.1 (61.0%)
468	BEREŻNIAK Agata	42		K-Jun.	57			00:18:55	00:49:30.20	01:08:25.80	+00:19:33 (39.5%)	9:54	6.1 (61.0%)
469	WARCHAŁOWSKI Bruno	923	SANTANDER CONSUMER BANK	M-Dzieci	38			00:13:14	00:49:36.40	01:02:51.15	+00:19:39 (39.6%)	9:55	6 (60.0%)
470	PIÓRO Jadwiga	435	W TE PĘDY	K65-69	13			00:14:46	00:49:37.75	01:04:24.50	+00:19:40 (39.6%)	9:55	6 (60.0%)
471	MŁODZIANOWSKA Eugenia	360		K50-54	19			00:13:10	00:49:37.95	01:02:48.80	+00:19:40 (39.6%)	9:55	6 (60.0%)
472	ZALEWSKA Nina	643		K60-64	24			00:13:08	00:49:38.55	01:02:46.95	+00:19:41 (39.7%)	9:55	6 (60.0%)
473	BEBKO Danuta	881		K55-59	21			00:13:12	00:49:40.05	01:02:52.15	+00:19:42 (39.7%)	9:56	6 (60.0%)
474	MAZUR Martyna	354		K-Jun.	58			00:19:05	00:49:40.40	01:08:46.05	+00:19:43 (39.7%)	9:56	6 (60.0%)
475	KOZŁOWSKA Maja	284		K-Dzieci	46			00:21:12	00:49:47.00	01:10:59.95	+00:19:49 (39.8%)	9:57	6 (60.0%)
476	KOTOWSKA Anna	278	AKTYWNI Z PASJĄ ŁUKÓW	K-Niepełnosprawni	14			00:15:21	00:49:49.95	01:05:11.55	+00:19:52 (39.9%)	9:58	6 (60.0%)
477	MAJEWSKA-IWANIUK Mirosława	890		K45-49	19			00:11:23	00:49:50.15	01:01:13.85	+00:19:52 (39.9%)	9:58	6 (60.0%)
478	STAWARZ Lucyna	519		K50-54	20			00:12:07	00:49:55.30	01:02:03.00	+00:19:58 (40.0%)	9:59	6 (60.0%)
479	PENZIN Wiktoria	425	POWIAT HAJNOWSKI	K-Dzieci	47			00:21:11	00:49:55.35	01:11:06.65	+00:19:58 (40.0%)	9:59	6 (60.0%)
480	JAKONIUK Joanna	202	KIJ-FANI POWIAT HAJNOWSKI	K45-49	20			00:11:23	00:49:56.05	01:01:19.05	+00:19:58 (40.0%)	9:59	6 (60.0%)
481	TROJSZCZAK-ZWOLAN Ewa	581		K40-44	27			00:08:58	00:50:03.40	00:59:02.35	+00:20:06 (40.2%)	10:00	6 (60.0%)
482	ONISKIEWICZ Ola	887	POWIAT HAJNOWSKI	K-Dzieci	48			00:21:06	00:50:03.45	01:11:09.85	+00:20:06 (40.2%)	10:00	6 (60.0%)
483	WIŚNIEWSKA Grażyna	616	RUCH PO ZDROWIE WŁOCLAWEK	K55-59	22			00:13:22	00:50:08.20	01:03:30.30	+00:20:11 (40.3%)	10:01	6 (60.0%)
484	BISZCZUK Nina	52	POWIAT HAJNOWSKI	K55-59	23			00:13:23	00:50:09.75	01:03:33.20	+00:20:12 (40.3%)	10:02	6 (60.0%)
485	LEWCZUK Łukasz	315		M18-29	16			00:03:50	00:50:11.90	00:54:02.05	+00:20:14 (40.3%)	10:02	6 (60.0%)
486	KACPRZAK Zofia	225	NIESTOWARZYSZONA	K65-69	14			00:14:49	00:50:22.60	01:05:12.45	+00:20:25 (40.5%)	10:04	6 (60.0%)
487	KUREK Monika	932	SANTANDER CONSUMER BANK	K40-44	28			00:13:15	00:50:26.15	01:03:41.75	+00:20:28 (40.6%)	10:05	5.9 (59.0%)
488	WALESZKO Adam	588		M-Dzieci	39			00:16:39	00:50:27.55	01:07:07.20	+00:20:30 (40.6%)	10:05	5.9 (59.0%)
489	KOZIEŁ Anna	283	POWIAT HAJNOWSKI	K18-29	23			00:07:54	00:50:29.00	00:58:23.30	+00:20:31 (40.7%)	10:05	5.9 (59.0%)
490	BIERNACKA Danuta	50	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K60-64	25			00:14:15	00:50:36.75	01:04:52.05	+00:20:39 (40.8%)	10:07	5.9 (59.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
491	<b>GRYGOROWICZ Teresa</b>	<b>885</b>	KS METRACO POLKOWICE	K60-64	26			00:14:23	<b>00:50:37.75</b>	<b>01:05:01.00</b>	+00:20:40 (40.8%)	10:07	5.9 (59.0%)
492	<b>WOJTKOWSKI Kamil</b>	<b>622</b>	POWIAT HAJNOWSKI	M-Jun.	11			00:18:46	<b>00:50:38.00</b>	<b>01:09:24.75</b>	+00:20:40 (40.8%)	10:07	5.9 (59.0%)
493	<b>DUBKOWICZ Anna</b>	<b>115</b>		K55-59	24			00:13:21	<b>00:50:57.40</b>	<b>01:04:19.30</b>	+00:21:00 (41.2%)	10:11	5.9 (59.0%)
494	<b>SKOWROŃSKA-GIZIEWICZ Edyta</b>	<b>500</b>		K40-44	29			00:10:25	<b>00:50:57.85</b>	<b>01:01:23.30</b>	+00:21:00 (41.2%)	10:11	5.9 (59.0%)
495	<b>STOPA Gerard</b>	<b>525</b>	BŁĘKITNI NW DZIEMIANY	M65-69	12			00:06:51	<b>00:50:58.45</b>	<b>00:57:49.60</b>	+00:21:01 (41.2%)	10:11	5.9 (59.0%)
496	<b>BOGDANOWICZ Joanna</b>	<b>55</b>	POWIAT HAJNOWSKI	K-Dzieci	49			00:21:15	<b>00:50:58.65</b>	<b>01:12:14.55</b>	+00:21:01 (41.2%)	10:11	5.9 (59.0%)
497	<b>HAJDUK Natalia</b>	<b>189</b>	HAJDUCZKI	K-Dzieci	50			00:21:06	<b>00:50:59.15</b>	<b>01:12:05.25</b>	+00:21:01 (41.3%)	10:11	5.9 (59.0%)
498	<b>MOSIEJ Sonia</b>	<b>364</b>		K18-29	24			00:07:58	<b>00:51:04.20</b>	<b>00:59:02.40</b>	+00:21:07 (41.3%)	10:12	5.9 (59.0%)
499	<b>CZYKWIN Edyta</b>	<b>96</b>		K18-29	25			00:07:59	<b>00:51:04.40</b>	<b>00:59:03.50</b>	+00:21:07 (41.4%)	10:12	5.9 (59.0%)
500	<b>JADANOWSKA Halina</b>	<b>199</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K60-64	27			00:14:49	<b>00:51:04.70</b>	<b>01:05:54.25</b>	+00:21:07 (41.4%)	10:13	5.9 (59.0%)
501	<b>ANDREJCZYK Halina</b>	<b>14</b>	UTW HAJNÓWKA	K70+	7			00:15:20	<b>00:51:14.30</b>	<b>01:06:34.50</b>	+00:21:17 (41.5%)	10:14	5.9 (59.0%)
502	<b>DANIELS Teresa</b>	<b>101</b>	BŁĘKITNI NW DZIEMIANY	K65-69	15			00:14:49	<b>00:51:15.00</b>	<b>01:06:04.55</b>	+00:21:17 (41.6%)	10:15	5.9 (59.0%)
503	<b>MARKIEWICZ Bożena</b>	<b>351</b>	POWIAT HAJNOWSKI	K45-49	21			00:11:21	<b>00:51:20.45</b>	<b>01:02:41.70</b>	+00:21:23 (41.7%)	10:16	5.8 (58.0%)
504	<b>GIERASIMIUK Bartosz</b>	<b>156</b>		M-Jun.	12			00:17:39	<b>00:51:20.70</b>	<b>01:08:59.95</b>	+00:21:23 (41.7%)	10:16	5.8 (58.0%)
505	<b>WOLNA Urszula</b>	<b>625</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K60-64	28			00:14:32	<b>00:51:21.65</b>	<b>01:05:54.35</b>	+00:21:24 (41.7%)	10:16	5.8 (58.0%)
506	<b>ANDROSIUK Iza</b>	<b>21</b>		K-Jun.	59			00:18:52	<b>00:51:22.40</b>	<b>01:10:15.30</b>	+00:21:25 (41.7%)	10:16	5.8 (58.0%)
507	<b>ALEKSIEJUK Małgorzata</b>	<b>9</b>	KIJ-FANI POWIAT HAJNOWSKI	K-Dzieci	51			00:21:10	<b>00:51:26.05</b>	<b>01:12:36.55</b>	+00:21:28 (41.8%)	10:17	5.8 (58.0%)
508	<b>GARBARCZYK Andrzej</b>	<b>146</b>	AKTYWNI Z PASJĄ ŁUKÓW	M-Niepełnosprawni	18			00:06:00	<b>00:51:27.75</b>	<b>00:57:28.55</b>	+00:21:30 (41.8%)	10:17	5.8 (58.0%)
509	<b>ORZECHOWSKA Katarzyna</b>	<b>411</b>		K-Jun.	60			00:19:05	<b>00:51:32.25</b>	<b>01:10:37.70</b>	+00:21:35 (41.9%)	10:18	5.8 (58.0%)
510	<b>ANDRZEJUK Irena</b>	<b>27</b>		K55-59	25			00:13:20	<b>00:51:38.05</b>	<b>01:04:58.35</b>	+00:21:40 (42.0%)	10:19	5.8 (58.0%)
511	<b>ZIELIŃSKA Edyta</b>	<b>648</b>	SANTANDER CONSUMER BANK	K40-44	30			00:12:05	<b>00:51:39.10</b>	<b>01:03:44.35</b>	+00:21:41 (42.0%)	10:19	5.8 (58.0%)
512	<b>TARCZYŃSKA Helena</b>	<b>568</b>	AKTYWNI Z PASJĄ ŁUKÓW	K65-69	16			00:14:52	<b>00:51:40.30</b>	<b>01:06:32.75</b>	+00:21:43 (42.0%)	10:20	5.8 (58.0%)
513	<b>SIEMIENIUK Dawid</b>	<b>494</b>	POWIAT HAJNOWSKI	M-Jun.	13			00:17:38	<b>00:51:42.30</b>	<b>01:09:21.20</b>	+00:21:45 (42.1%)	10:20	5.8 (58.0%)
514	<b>GAJKOWSKA Danuta</b>	<b>141</b>		K55-59	26			00:13:21	<b>00:51:43.25</b>	<b>01:05:04.45</b>	+00:21:46 (42.1%)	10:20	5.8 (58.0%)
515	<b>OLESZCZUK Aleksander</b>	<b>398</b>		M-Jun.	14			00:17:38	<b>00:51:44.80</b>	<b>01:09:22.95</b>	+00:21:47 (42.1%)	10:20	5.8 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
516	<b>PĘDZICH Małgorzata</b>	<b>429</b>	SANTANDER CONSUMER BANK	K45-49	22			00:11:19	<b>00:51:45.60</b>	<b>01:03:04.95</b>	+00:21:48 (42.1%)	10:21	5.8 (58.0%)
517	<b>STAUBACH Mirosława</b>	<b>517</b>	BŁĘKITNI NW DZIEMIANY	K55-59	27			00:13:09	<b>00:51:46.45</b>	<b>01:04:55.60</b>	+00:21:49 (42.1%)	10:21	5.8 (58.0%)
518	<b>PROKOPIUK Julia</b>	<b>445</b>		K-Jun.	61			00:18:56	<b>00:51:46.80</b>	<b>01:10:43.60</b>	+00:21:49 (42.2%)	10:21	5.8 (58.0%)
519	<b>BACHMAT Magdalena</b>	<b>33</b>	POWIAT HAJNOWSKI	K-Dzieci	52			00:21:14	<b>00:51:50.95</b>	<b>01:13:05.90</b>	+00:21:53 (42.2%)	10:22	5.8 (58.0%)
520	<b>SZEKALSKA Julia</b>	<b>539</b>	POWIAT HAJNOWSKI	K-Dzieci	53			00:21:12	<b>00:51:51.25</b>	<b>01:13:03.55</b>	+00:21:54 (42.2%)	10:22	5.8 (58.0%)
521	<b>ŚLUSARCZYK Danuta</b>	<b>561</b>	WESOŁY BORSUK TEAM	K60-64	29			00:14:18	<b>00:51:54.85</b>	<b>01:06:13.65</b>	+00:21:57 (42.3%)	10:23	5.8 (58.0%)
522	<b>KONDRATIUK Dominika</b>	<b>265</b>		K18-29	26			00:07:54	<b>00:51:55.80</b>	<b>00:59:50.10</b>	+00:21:58 (42.3%)	10:23	5.8 (58.0%)
523	<b>ALEKSIEJUK Witold</b>	<b>7</b>		M55-59	15			00:05:59	<b>00:51:55.90</b>	<b>00:57:55.10</b>	+00:21:58 (42.3%)	10:23	5.8 (58.0%)
524	<b>SZYMAŃCZUK Anna</b>	<b>554</b>	POWIAT HAJNOWSKI	K65-69	17			00:14:43	<b>00:51:59.40</b>	<b>01:06:43.25</b>	+00:22:02 (42.4%)	10:24	5.8 (58.0%)
525	<b>HUDYKA Ewelina</b>	<b>194</b>	POWIAT HAJNOWSKI	K-Jun.	62			00:18:54	<b>00:51:59.50</b>	<b>01:10:54.15</b>	+00:22:02 (42.4%)	10:24	5.8 (58.0%)
526	<b>TYLUTKI Andrzej</b>	<b>582</b>	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	M45-49	16			00:05:32	<b>00:51:59.85</b>	<b>00:57:32.15</b>	+00:22:02 (42.4%)	10:24	5.8 (58.0%)
527	<b>SZYMAŃSKA Michalina</b>	<b>555</b>	POWIAT HAJNOWSKI	K-Dzieci	54			00:21:15	<b>00:52:01.30</b>	<b>01:13:17.10</b>	+00:22:04 (42.4%)	10:24	5.8 (58.0%)
528	<b>TROCHIMIUK Leontyna</b>	<b>579</b>	POWIAT HAJNOWSKI	K70+	8			00:15:20	<b>00:52:05.90</b>	<b>01:07:26.00</b>	+00:22:08 (42.5%)	10:25	5.8 (58.0%)
529	<b>KOT Adrianna</b>	<b>277</b>		K18-29	27			00:08:00	<b>00:52:24.25</b>	<b>01:00:24.30</b>	+00:22:27 (42.8%)	10:28	5.7 (57.0%)
530	<b>STEPANIUK Gabriela</b>	<b>521</b>		K-Dzieci	55			00:07:59	<b>00:52:25.50</b>	<b>01:00:24.80</b>	+00:22:28 (42.9%)	10:29	5.7 (57.0%)
531	<b>STRZELECKA Antonina</b>	<b>528</b>	SAILING TEAM FERAJNA	K-Dzieci	56			00:21:04	<b>00:52:31.00</b>	<b>01:13:35.60</b>	+00:22:33 (43.0%)	10:30	5.7 (57.0%)
532	<b>BIELAWSKA Dorota</b>	<b>48</b>	SANTANDER CONSUMER BANK	K55-59	28			00:13:13	<b>00:52:35.65</b>	<b>01:05:49.20</b>	+00:22:38 (43.0%)	10:31	5.7 (57.0%)
533	<b>PANTERA Renata</b>	<b>420</b>	SANTANDER CONSUMER BANK	K50-54	21			00:13:13	<b>00:52:36.15</b>	<b>01:05:49.60</b>	+00:22:38 (43.1%)	10:31	5.7 (57.0%)
534	<b>WAWRZYNIUK Elżbieta</b>	<b>602</b>	SIEDLCE	K60-64	30			00:14:21	<b>00:52:59.55</b>	<b>01:07:20.55</b>	+00:23:02 (43.5%)	10:35	5.7 (57.0%)
535	<b>CHMIELEWSKA Elżbieta</b>	<b>76</b>	POWIAT HAJNOWSKI	K60-64	31			00:14:20	<b>00:53:00.05</b>	<b>01:07:20.60</b>	+00:23:02 (43.5%)	10:36	5.7 (57.0%)
536	<b>SŁABUSZEWSKA Lena</b>	<b>930</b>	SANTANDER CONSUMER BANK	K-Dzieci	57			00:21:22	<b>00:53:09.95</b>	<b>01:14:32.70</b>	+00:23:12 (43.7%)	10:38	5.6 (56.0%)
537	<b>JERZYK Irena</b>	<b>213</b>		K55-59	29			00:13:23	<b>00:53:14.80</b>	<b>01:06:37.80</b>	+00:23:17 (43.7%)	10:38	5.6 (56.0%)
538	<b>KABACIŃSKA Anna</b>	<b>356</b>	FACE NORDIC WALKING TEAM	K45-49	23			00:11:21	<b>00:53:15.40</b>	<b>01:04:36.50</b>	+00:23:18 (43.8%)	10:39	5.6 (56.0%)
539	<b>HORNOSTAJ Irena</b>	<b>193</b>	POWIAT HAJNOWSKI	K55-59	30			00:13:20	<b>00:53:17.95</b>	<b>01:06:38.70</b>	+00:23:20 (43.8%)	10:39	5.6 (56.0%)
540	<b>PASTWA Iwona</b>	<b>422</b>	BŁĘKITNI NW DZIEMIANY	K40-44	31			00:10:22	<b>00:53:21.30</b>	<b>01:03:43.65</b>	+00:23:24 (43.9%)	10:40	5.6 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
541	<b>WERESZCZUK Agnieszka</b>	<b>912</b>	PUKS 'JEDYNKA' ŁOSICE	K55-59	31			00:13:22	<b>00:53:21.90</b>	<b>01:06:44.40</b>	+00:23:24 (43.9%)	10:40	5.6 (56.0%)
542	<b>LECHOCIŃSKI Tomasz</b>	<b>307</b>	POWIAT HAJNOWSKI	M40-44	14			00:19:05	<b>00:53:27.40</b>	<b>01:12:33.20</b>	+00:23:30 (44.0%)	10:41	5.6 (56.0%)
543	<b>GRYGORUK Irena</b>	<b>182</b>		K45-49	24			00:19:04	<b>00:53:30.45</b>	<b>01:12:34.90</b>	+00:23:33 (44.0%)	10:42	5.6 (56.0%)
544	<b>CHUDZIŃSKA Grażyna</b>	<b>83</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K65-69	18			00:14:52	<b>00:53:31.50</b>	<b>01:08:23.95</b>	+00:23:34 (44.0%)	10:42	5.6 (56.0%)
545	<b>PIETROCZUK Natalia</b>	<b>432</b>		K-Dzieci	58			00:21:13	<b>00:53:54.50</b>	<b>01:15:08.45</b>	+00:23:57 (44.4%)	10:47	5.6 (56.0%)
546	<b>BOROWSKA Marta</b>	<b>60</b>	SANTANDER CONSUMER BANK	K45-49	25			00:08:57	<b>00:54:09.35</b>	<b>01:03:06.45</b>	+00:24:12 (44.7%)	10:49	5.5 (55.0%)
547	<b>GRABOWSKA Joanna</b>	<b>905</b>	PASJA NORDIC WALKING	K30-39	28			00:21:20	<b>00:54:18.75</b>	<b>01:15:39.20</b>	+00:24:21 (44.9%)	10:51	5.5 (55.0%)
548	<b>JÓŻWIK Patrycja</b>	<b>904</b>		K-Dzieci	59			00:21:19	<b>00:54:19.10</b>	<b>01:15:38.40</b>	+00:24:21 (44.9%)	10:51	5.5 (55.0%)
549	<b>GRZEŚKIEWICZ Beata</b>	<b>184</b>		K18-29	28			00:23:31	<b>00:54:19.85</b>	<b>01:17:51.15</b>	+00:24:22 (44.9%)	10:52	5.5 (55.0%)
550	<b>ADAMSKI Dariusz</b>	<b>5</b>	SANTANDER CONSUMER BANK	M50-54	12			00:22:13	<b>00:54:35.55</b>	<b>01:16:49.40</b>	+00:24:38 (45.1%)	10:55	5.5 (55.0%)
551	<b>POTENTAS Gabriela</b>	<b>439</b>		K-Jun.	63			00:19:01	<b>00:54:50.65</b>	<b>01:13:52.35</b>	+00:24:53 (45.4%)	10:58	5.5 (55.0%)
552	<b>DROP Mieczysław</b>	<b>112</b>		M70+	8			00:07:08	<b>00:54:53.20</b>	<b>01:02:01.50</b>	+00:24:56 (45.4%)	10:58	5.5 (55.0%)
553	<b>PASTWA Oliwia</b>	<b>423</b>	BŁĘKITNI NW DZIEMIANY	K-Dzieci	60			00:21:06	<b>00:55:04.40</b>	<b>01:16:10.70</b>	+00:25:07 (45.6%)	11:00	5.4 (54.0%)
554	<b>NIKOLAJUK Emilia</b>	<b>379</b>		K-Dzieci	61			00:21:03	<b>00:55:07.65</b>	<b>01:16:11.00</b>	+00:25:10 (45.7%)	11:01	5.4 (54.0%)
555	<b>PRZYBYŁOWSKA Olivia</b>	<b>451</b>	POWIAT HAJNOWSKI	K-Dzieci	62			00:21:13	<b>00:55:14.15</b>	<b>01:16:27.15</b>	+00:25:16 (45.8%)	11:02	5.4 (54.0%)
556	<b>ŻURAWSKA Teresa</b>	<b>877</b>	AKTYWNI Z PASJĄ ŁUKÓW	K60-64	32			00:14:18	<b>00:55:22.75</b>	<b>01:09:41.70</b>	+00:25:25 (45.9%)	11:04	5.4 (54.0%)
557	<b>FISZEROWICZ Monika</b>	<b>133</b>	SANTANDER CONSUMER BANK	K40-44	32			00:12:02	<b>00:55:30.50</b>	<b>01:07:33.30</b>	+00:25:33 (46.0%)	11:06	5.4 (54.0%)
558	<b>STRYGANEK Walentyna</b>	<b>527</b>	POWIAT HAJNOWSKI	K60-64	33			00:14:22	<b>00:55:32.45</b>	<b>01:09:55.15</b>	+00:25:35 (46.1%)	11:06	5.4 (54.0%)
559	<b>CELIŃSKA Sylwia</b>	<b>45</b>	SANTANDER CONSUMER BANK	K40-44	33			00:12:05	<b>00:55:36.85</b>	<b>01:07:42.60</b>	+00:25:39 (46.1%)	11:07	5.4 (54.0%)
560	<b>WEREMIUK Olga</b>	<b>603</b>	POWIAT HAJNOWSKI	K-Dzieci	63			00:21:18	<b>00:55:36.90</b>	<b>01:16:55.45</b>	+00:25:39 (46.1%)	11:07	5.4 (54.0%)
561	<b>DUDZICZ Nina</b>	<b>901</b>		K-Dzieci	64			00:21:09	<b>00:55:37.30</b>	<b>01:16:46.95</b>	+00:25:40 (46.1%)	11:07	5.4 (54.0%)
562	<b>ANDROSIUK Aleksandra</b>	<b>899</b>		K-Dzieci	65			00:21:08	<b>00:55:38.55</b>	<b>01:16:47.40</b>	+00:25:41 (46.2%)	11:07	5.4 (54.0%)
563	<b>ADAMSKA Liwia</b>	<b>4</b>	POWIAT HAJNOWSKI	K-Dzieci	66			00:21:07	<b>00:55:40.95</b>	<b>01:16:48.10</b>	+00:25:43 (46.2%)	11:08	5.4 (54.0%)
564	<b>KAKOWSKA Weronika</b>	<b>226</b>	POWIAT HAJNOWSKI	K70+	9			00:15:22	<b>00:55:43.45</b>	<b>01:11:05.75</b>	+00:25:46 (46.2%)	11:08	5.4 (54.0%)
565	<b>NAZARUK Lidia</b>	<b>373</b>	UTW HAJNÓWKA	K70+	10			00:15:21	<b>00:55:46.55</b>	<b>01:11:07.65</b>	+00:25:49 (46.3%)	11:09	5.4 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
566	<b>RUSZCZUK Agnieszka</b>	<b>472</b>	POWIAT HAJNOWSKI	K30-39	29			00:21:21	<b>00:55:53.15</b>	<b>01:17:15.00</b>	+00:25:55 (46.4%)	11:10	5.4 (54.0%)
567	<b>SADOWSKA-KOT Monika</b>	<b>479</b>		K40-44	34			00:21:20	<b>00:55:53.55</b>	<b>01:17:13.85</b>	+00:25:56 (46.4%)	11:10	5.4 (54.0%)
568	<b>NOWAK Urszula</b>	<b>384</b>	POWIAT HAJNOWSKI	K30-39	30			00:21:19	<b>00:55:54.35</b>	<b>01:17:13.35</b>	+00:25:57 (46.4%)	11:10	5.4 (54.0%)
569	<b>ONISZCZUK Piotr</b>	<b>404</b>	POWIAT HAJNOWSKI	M30-39	18			00:21:21	<b>00:55:54.50</b>	<b>01:17:15.90</b>	+00:25:57 (46.4%)	11:10	5.4 (54.0%)
570	<b>SKIEPKO Edyta</b>	<b>499</b>		K-Jun.	64			00:19:04	<b>00:55:55.90</b>	<b>01:15:00.20</b>	+00:25:58 (46.4%)	11:11	5.4 (54.0%)
571	<b>TICHONIUK Aleksandra</b>	<b>573</b>		K-Jun.	65			00:19:03	<b>00:55:56.85</b>	<b>01:15:00.20</b>	+00:25:59 (46.5%)	11:11	5.4 (54.0%)
572	<b>BURSY-SŁABUSZEWSKA Krystyna</b>	<b>72</b>	SANTANDER CONSUMER BANK	K30-39	31			00:22:09	<b>00:56:14.90</b>	<b>01:18:24.05</b>	+00:26:17 (46.7%)	11:15	5.3 (53.0%)
573	<b>CHOMCZUK Anna</b>	<b>82</b>	POWIAT HAJNOWSKI	K40-44	35			00:10:33	<b>00:56:17.65</b>	<b>01:06:51.20</b>	+00:26:20 (46.8%)	11:15	5.3 (53.0%)
574	<b>MUDA Magdalena</b>	<b>370</b>		K40-44	36			00:10:30	<b>00:56:31.80</b>	<b>01:07:02.30</b>	+00:26:34 (47.0%)	11:18	5.3 (53.0%)
575	<b>DŁUGOSZ Dominika</b>	<b>107</b>		K-Jun.	66			00:19:02	<b>00:56:33.15</b>	<b>01:15:35.85</b>	+00:26:35 (47.0%)	11:18	5.3 (53.0%)
576	<b>ZEMBROWSKA Paulina</b>	<b>646</b>		K-Jun.	67			00:19:03	<b>00:56:33.45</b>	<b>01:15:36.70</b>	+00:26:36 (47.0%)	11:18	5.3 (53.0%)
577	<b>GROMOTOWICZ Klaudia</b>	<b>173</b>		K-Jun.	68			00:19:01	<b>00:56:35.45</b>	<b>01:15:37.05</b>	+00:26:38 (47.1%)	11:19	5.3 (53.0%)
578	<b>KONOPKA Marianna</b>	<b>266</b>		K65-69	19			00:14:51	<b>00:56:36.00</b>	<b>01:11:27.35</b>	+00:26:38 (47.1%)	11:19	5.3 (53.0%)
579	<b>CZABAN Władysława</b>	<b>91</b>	POWIAT HAJNOWSKI	K60-64	34			00:14:23	<b>00:56:37.70</b>	<b>01:11:01.15</b>	+00:26:40 (47.1%)	11:19	5.3 (53.0%)
580	<b>ŁĘCZYCKA Magdalena</b>	<b>329</b>		K-Dzieci	67			00:23:27	<b>00:56:41.05</b>	<b>01:20:08.75</b>	+00:26:43 (47.2%)	11:20	5.3 (53.0%)
581	<b>NESTERUK Teresa</b>	<b>375</b>	POWIAT HAJNOWSKI	K60-64	35			00:14:26	<b>00:56:54.10</b>	<b>01:11:20.20</b>	+00:26:56 (47.4%)	11:22	5.3 (53.0%)
582	<b>REDUCH Zofia</b>	<b>460</b>	UTW HAJNÓWKA	K65-69	20			00:14:48	<b>00:57:09.15</b>	<b>01:11:57.60</b>	+00:27:11 (47.6%)	11:25	5.2 (52.0%)
583	<b>ANDRZEJUK Katarzyna</b>	<b>24</b>	POWIAT HAJNOWSKI	K30-39	32			00:08:51	<b>00:57:09.60</b>	<b>01:06:01.50</b>	+00:27:12 (47.6%)	11:26	5.2 (52.0%)
584	<b>CZYŻEWSKA Halina</b>	<b>97</b>	UTW HAJNÓWKA	K65-69	21			00:14:47	<b>00:57:11.75</b>	<b>01:11:59.45</b>	+00:27:14 (47.6%)	11:26	5.2 (52.0%)
585	<b>STEPANIUK Andżelina</b>	<b>520</b>	POWIAT HAJNOWSKI	K18-29	29			00:07:54	<b>00:57:16.25</b>	<b>01:05:10.85</b>	+00:27:19 (47.7%)	11:27	5.2 (52.0%)
586	<b>WIERZBA Angelika</b>	<b>605</b>	POWIAT HAJNOWSKI	K18-29	30			00:07:55	<b>00:57:17.50</b>	<b>01:05:13.15</b>	+00:27:20 (47.7%)	11:27	5.2 (52.0%)
587	<b>PYŻANOWSKA Wioleta</b>	<b>455</b>	POWIAT HAJNOWSKI	K18-29	31			00:07:55	<b>00:57:18.30</b>	<b>01:05:14.25</b>	+00:27:21 (47.7%)	11:27	5.2 (52.0%)
588	<b>ORZECHOWSKA Joanna</b>	<b>409</b>	POWIAT HAJNOWSKI	K18-29	32			00:07:53	<b>00:57:19.20</b>	<b>01:05:12.40</b>	+00:27:22 (47.7%)	11:27	5.2 (52.0%)
589	<b>KALINOWSKA Danuta</b>	<b>227</b>		K65-69	22			00:14:50	<b>00:57:34.90</b>	<b>01:12:25.05</b>	+00:27:37 (48.0%)	11:31	5.2 (52.0%)
590	<b>BOGDANOWICZ Iwona</b>	<b>54</b>	POWIAT HAJNOWSKI	K30-39	33			00:08:53	<b>00:57:35.00</b>	<b>01:06:28.20</b>	+00:27:37 (48.0%)	11:31	5.2 (52.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
591	<b>LUTYCZ Irena</b>	<b>324</b>	POWIAT HAJNOWSKI	K60-64	36			00:14:21	<b>00:57:38.85</b>	<b>01:12:00.55</b>	+00:27:41 (48.0%)	11:31	5.2 (52.0%)
592	<b>GRYCIUK Karolina</b>	<b>179</b>		K-Jun.	69			00:28:08	<b>00:57:39.45</b>	<b>01:25:47.60</b>	+00:27:42 (48.0%)	11:31	5.2 (52.0%)
593	<b>SZUMIKOWSKA Natalia</b>	<b>549</b>		K-Jun.	70			00:28:08	<b>00:57:40.30</b>	<b>01:25:48.85</b>	+00:27:43 (48.1%)	11:32	5.2 (52.0%)
594	<b>BLICHARZ Małgorzata</b>	<b>53</b>		K-Jun.	71			00:28:09	<b>00:57:40.55</b>	<b>01:25:49.80</b>	+00:27:43 (48.1%)	11:32	5.2 (52.0%)
595	<b>PANAFIAŃCZUK Jadwiga</b>	<b>911</b>		K60-64	37			00:14:31	<b>00:57:48.85</b>	<b>01:12:20.05</b>	+00:27:51 (48.2%)	11:33	5.2 (52.0%)
596	<b>SIEMIENIUK Elżbieta</b>	<b>493</b>	POWIAT HAJNOWSKI	K18-29	33			00:07:57	<b>00:57:58.75</b>	<b>01:05:55.95</b>	+00:28:01 (48.3%)	11:35	5.2 (52.0%)
597	<b>RYBKA Teresa</b>	<b>474</b>	NIEZRZESZONA	K60-64	38			00:14:21	<b>00:58:02.80</b>	<b>01:12:24.70</b>	+00:28:05 (48.4%)	11:36	5.2 (52.0%)
598	<b>TYSZKO Aleksandra</b>	<b>583</b>		K-Dzieci	68			00:21:07	<b>00:59:01.10</b>	<b>01:20:08.45</b>	+00:29:03 (49.2%)	11:48	5.1 (51.0%)
599	<b>SŁABUSZEWSKI Karol</b>	<b>931</b>	SANTANDER CONSUMER BANK	M-Dzieci	40			00:22:15	<b>00:59:43.20</b>	<b>01:21:58.20</b>	+00:29:46 (49.8%)	11:56	5 (50.0%)
600	<b>BURSY-SŁABUSZEWSKI Sebastian</b>	<b>73</b>	SANTANDER CONSUMER BANK	M30-39	19			00:22:16	<b>00:59:44.25</b>	<b>01:22:00.80</b>	+00:29:47 (49.9%)	11:56	5 (50.0%)
601	<b>IWANIUK Justyna</b>	<b>195</b>	POWIAT HAJNOWSKI	K30-39	34			00:08:51	<b>00:59:54.40</b>	<b>01:08:46.05</b>	+00:29:57 (50.0%)	11:59	5 (50.0%)
602	<b>ŁYSAKOWSKA Katarzyna</b>	<b>334</b>	POWIAT HAJNOWSKI	K30-39	35			00:08:51	<b>00:59:54.55</b>	<b>01:08:46.50</b>	+00:29:57 (50.0%)	11:59	5 (50.0%)
603	<b>DOBRZAŃSKA Oliwia</b>	<b>929</b>	SANTANDER CONSUMER BANK	K-Dzieci	69			00:22:10	<b>01:00:00.55</b>	<b>01:22:11.25</b>	+00:30:03 (50.1%)	12:00	5 (50.0%)
604	<b>KARDASZ Natalia</b>	<b>237</b>		K-Jun.	72			00:23:30	<b>01:00:09.00</b>	<b>01:23:39.05</b>	+00:30:11 (50.2%)	12:01	5 (50.0%)
605	<b>PIETROCZUK Anna</b>	<b>431</b>		K40-44	37			00:23:26	<b>01:00:13.25</b>	<b>01:23:39.35</b>	+00:30:16 (50.3%)	12:02	5 (50.0%)
606	<b>NOWAK Małgorzata</b>	<b>386</b>	SANTANDER CONSUMER BANK	K30-39	36			00:22:10	<b>01:00:13.30</b>	<b>01:22:23.70</b>	+00:30:16 (50.3%)	12:02	5 (50.0%)
607	<b>ŚLĄSKI Paweł</b>	<b>557</b>		M18-29	17			00:23:28	<b>01:00:17.95</b>	<b>01:23:46.85</b>	+00:30:20 (50.3%)	12:03	5 (50.0%)
608	<b>KARDASZ Monika</b>	<b>238</b>		K40-44	38			00:23:29	<b>01:00:18.80</b>	<b>01:23:48.70</b>	+00:30:21 (50.3%)	12:03	5 (50.0%)
609	<b>ONOPIUK Natalia</b>	<b>405</b>		K-Jun.	73			00:18:53	<b>01:00:59.45</b>	<b>01:19:53.05</b>	+00:31:02 (50.9%)	12:12	4.9 (49.0%)
610	<b>OWERCZUK Agnieszka</b>	<b>414</b>		K-Jun.	74			00:18:52	<b>01:01:05.30</b>	<b>01:19:57.70</b>	+00:31:08 (51.0%)	12:13	4.9 (49.0%)
611	<b>MANCEWICZ Daniela</b>	<b>342</b>	POWIAT HAJNOWSKI	K60-64	39			00:14:20	<b>01:02:05.10</b>	<b>01:16:25.90</b>	+00:32:07 (51.8%)	12:25	4.8 (48.0%)
612	<b>KRYSZTOFIAK Maja</b>	<b>290</b>		K-Dzieci	70			00:21:08	<b>01:02:21.40</b>	<b>01:23:29.50</b>	+00:32:24 (52.0%)	12:28	4.8 (48.0%)
613	<b>BERNATEK Katarzyna</b>	<b>44</b>	SANTANDER CONSUMER BANK	K30-39	37			00:22:11	<b>01:03:03.55</b>	<b>01:25:15.25</b>	+00:33:06 (52.5%)	12:36	4.8 (48.0%)
613	<b>JĘDROSZ Zuzana</b>	<b>924</b>	SANTANDER CONSUMER BANK	K-Dzieci	71			00:22:11	<b>01:03:03.55</b>	<b>01:25:14.90</b>	+00:33:06 (52.5%)	12:36	4.8 (48.0%)
615		<b>894</b>						00:23:31	<b>01:04:25.90</b>	<b>01:27:57.40</b>	+00:34:28 (53.5%)	12:53	4.7 (47.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
616	LEONIUK Ewa	309		K30-39	38			00:23:30	01:04:26.35	01:27:57.05	+00:34:29 (53.5%)	12:53	4.7 (47.0%)
617	KIŚLAK Krystyna	252		K45-49	26			00:23:27	01:05:16.25	01:28:43.90	+00:35:19 (54.1%)	13:03	4.6 (46.0%)
618	JĄŁOZA Grażyna	207		K40-44	39			00:23:32	01:05:20.80	01:28:53.65	+00:35:23 (54.2%)	13:04	4.6 (46.0%)
619	ŁĘCZYCKA Agnieszka	328		K30-39	39			00:23:28	01:05:21.05	01:28:49.20	+00:35:23 (54.2%)	13:04	4.6 (46.0%)
620	WASIAK Aleksander	595		M-Dzieci	41			00:23:27	01:05:22.75	01:28:49.80	+00:35:25 (54.2%)	13:04	4.6 (46.0%)
621	WOŁĘJKO Anna	627	SANTANDER CONSUMER BANK	K40-44	40			00:22:13	01:05:23.05	01:27:36.80	+00:35:25 (54.2%)	13:04	4.6 (46.0%)
622	WOŁĘJKO Jan	922	SANTANDER CONSUMER BANK	M-Dzieci	42			00:22:13	01:05:24.20	01:27:37.25	+00:35:27 (54.2%)	13:04	4.6 (46.0%)
623	HAJDUK Katarzyna	190	POWIAT HAJNOWSKI	K30-39	40			00:08:58	01:14:32.70	01:23:31.00	+00:44:35 (59.8%)	14:54	4 (40.0%)
624	BOROWIK Anna	58		K30-39	41			00:08:57	01:14:34.80	01:23:32.20	+00:44:37 (59.8%)	14:55	4 (40.0%)
625	ZIÓŁKOWSKA Monika	873	SANTANDER CONSUMER BANK	K40-44	41			00:22:11	01:20:49.10	01:43:00.20	+00:50:51 (62.9%)	16:09	3.7 (37.0%)
626	ZIÓŁKOWSKI Stanisław	926	SANTANDER CONSUMER BANK	M-Dzieci	43			00:22:09	01:20:50.15	01:42:59.95	+00:50:52 (62.9%)	16:10	3.7 (37.0%)
627	BEDNARZ Ania	41	SANTANDER CONSUMER BANK	K30-39	42			00:10:32	01:24:46.00	01:35:18.60	+00:54:48 (64.7%)	16:57	3.5 (35.0%)
628	BEDNARZ Oliwier	934	SANTANDER CONSUMER BANK	M-Dzieci	44			00:10:31	01:26:51.50	01:37:22.75	+00:56:54 (65.5%)	17:22	3.5 (35.0%)
629	ZIÓŁKOWSKI Witold	874	SANTANDER CONSUMER BANK	M40-44	15			00:22:12	01:29:55.20	01:52:07.35	+00:59:58 (66.7%)	17:59	3.3 (33.0%)
630	ZIÓŁKOWSKA Maria	925	SANTANDER CONSUMER BANK	K-Dzieci	72			00:22:10	01:29:59.35	01:52:09.35	+01:00:02 (66.7%)	17:59	3.3 (33.0%)
631	PRZYBYŁA Gabriel	449		M-Dzieci	45			00:16:46					(0.0%)
632	OMELIANIUK Kinga	400		K-Jun.	75			00:19:01					(0.0%)
633	CHYRA Maksymilian	86		M-Jun.	15			00:19:07					(0.0%)
634	WÓJCIK Mirosław	633	SANTANDER CONSUMER BANK	M40-44	16			00:22:13					(0.0%)
DQ	SOKOŁOWSKA Małgorzata	938		K50-54			1	DQ	00:51:50.80 DQ	DQ		-	- (0.0%)

Znaleziono 635 wynik(ów)