



HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 5 KM

B4SPORT

Organizator: PFNW
Data: 2016-09-10
Miejsce: Hajnówka
Dystans: 5 km



Klasyfikacja: K55-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PARTYKA Teresa	421	WESOŁY BORSUK TEAM	K55-59	1			00:13:06	00:35:22.20	00:48:28.30		7:04	8.5 (100%)
2	KASPRZYK Liliana	884	KS METRACO POLKOWICE	K55-59	2			00:13:06	00:35:25.40	00:48:32.05	+00:00:03 (0.2%)	7:05	8.5 (100%)
3	GAPIŃSKA Janina	143	WESOŁY BORSUK TEAM	K55-59	3			00:13:06	00:35:55.85	00:49:02.75	+00:00:33 (1.6%)	7:11	8.3 (97.6%)
4	STOLTMANN Helena	524	BŁĘKITNI NW DZIEMIANY	K55-59	4			00:13:06	00:37:34.60	00:50:41.40	+00:02:12 (5.9%)	7:31	8 (94.1%)
5	SZENDZIELORZ Ilona	540	FABRIKANORDIKA	K55-59	5	1		00:13:08	00:38:19.50	00:51:27.85	+00:02:57 (7.7%)	7:39	7.8 (91.8%)
6	PIPIRO Grażyna	436	UNIA MIAST	K55-59	6			00:13:09	00:39:54.50	00:53:04.40	+00:04:32 (11.4%)	7:59	7.5 (88.2%)
7	STAŃCZYK Bożena	515	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K55-59	7			00:13:08	00:40:26.00	00:53:34.95	+00:05:03 (12.5%)	8:05	7.4 (87.1%)
8	WIKTORZAK Elżbieta	607	UNIA MIAST	K55-59	8			00:13:24	00:42:02.05	00:55:26.10	+00:06:39 (15.9%)	8:24	7.1 (83.5%)
9	ŻYWICKA Irena	878	BŁĘKITNI NW DZIEMIANY	K55-59	9			00:13:10	00:42:26.55	00:55:36.55	+00:07:04 (16.7%)	8:29	7.1 (83.5%)
10	TARGOSZ Zdzisława	570		K55-59	10			00:13:08	00:42:48.65	00:55:56.85	+00:07:26 (17.4%)	8:33	7 (82.4%)
11	SOŁKIEWICZ Olga	509		K55-59	11			00:13:07	00:42:49.85	00:55:57.30	+00:07:27 (17.4%)	8:34	7 (82.4%)
12	EUGENIA Artemiuk	30	ELBLĄSKIE WŁÓCZYKIJE	K55-59	12			00:13:18	00:43:44.15	00:57:02.70	+00:08:21 (19.1%)	8:44	6.9 (81.2%)
13	SIDORUK Irena	491	POWIAT HAJNOWSKI	K55-59	13			00:13:19	00:44:56.25	00:58:15.60	+00:09:34 (21.3%)	8:59	6.7 (78.8%)
14	SUJKOWSKA Elżbieta	534	PUKS 'JEDYNKA' ŁOSICE	K55-59	14			00:13:10	00:46:59.80	01:00:10.05	+00:11:37 (24.7%)	9:24	6.4 (75.3%)

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15	KANIAK Małgorzata	230	GRUPA NORDIC WALKING PŁOŃSK	K55-59	15			00:13:10	00:47:15.80	01:00:26.60	+00:11:53 (25.2%)	9:27	6.3 (74.1%)
16	WIŚNIEWSKA Danuta	615		K55-59	16			00:13:09	00:48:22.25	01:01:31.80	+00:13:00 (26.9%)	9:40	6.2 (72.9%)
17	WACHOWICZ Teresa	902		K55-59	17			00:13:14	00:48:25.40	01:01:39.95	+00:13:03 (27.0%)	9:41	6.2 (72.9%)
18	GARBARCZYK Elżbieta	145	AKTYWNI Z PASJĄ ŁUKÓW	K55-59	18			00:13:19	00:48:42.65	01:02:02.45	+00:13:20 (27.4%)	9:44	6.2 (72.9%)
19	DĄBROWSKA Jadwiga	103		K55-59	19			00:13:23	00:48:50.05	01:02:13.45	+00:13:27 (27.6%)	9:46	6.1 (71.8%)
20	PAWLUCZUK Grażyna	424	POWIAT HAJNOWSKI	K55-59	20			00:12:08	00:48:52.75	01:01:01.00	+00:13:30 (27.6%)	9:46	6.1 (71.8%)
21	BEBKO Danuta	881		K55-59	21			00:13:12	00:49:40.05	01:02:52.15	+00:14:17 (28.8%)	9:56	6 (70.6%)
22	WIŚNIEWSKA Grażyna	616	RUCH PO ZDROWIE WŁOCŁAWEK	K55-59	22			00:13:22	00:50:08.20	01:03:30.30	+00:14:46 (29.5%)	10:01	6 (70.6%)
23	BISZCZUK Nina	52	POWIAT HAJNOWSKI	K55-59	23			00:13:23	00:50:09.75	01:03:33.20	+00:14:47 (29.5%)	10:02	6 (70.6%)
24	DUBKOWICZ Anna	115		K55-59	24			00:13:21	00:50:57.40	01:04:19.30	+00:15:35 (30.6%)	10:11	5.9 (69.4%)
25	ANDRZEJUK Irena	27		K55-59	25			00:13:20	00:51:38.05	01:04:58.35	+00:16:15 (31.5%)	10:19	5.8 (68.2%)
26	GAJKOWSKA Danuta	141		K55-59	26			00:13:21	00:51:43.25	01:05:04.45	+00:16:21 (31.6%)	10:20	5.8 (68.2%)
27	STAUBACH Mirosława	517	BŁĘKITNI NW DZIEMIANY	K55-59	27			00:13:09	00:51:46.45	01:04:55.60	+00:16:24 (31.7%)	10:21	5.8 (68.2%)
28	BIELAWSKA Dorota	48	SANTANDER CONSUMER BANK	K55-59	28			00:13:13	00:52:35.65	01:05:49.20	+00:17:13 (32.7%)	10:31	5.7 (67.1%)
29	JERZYK Irena	213		K55-59	29			00:13:23	00:53:14.80	01:06:37.80	+00:17:52 (33.6%)	10:38	5.6 (65.9%)
30	HORNOSTAJ Irena	193	POWIAT HAJNOWSKI	K55-59	30			00:13:20	00:53:17.95	01:06:38.70	+00:17:55 (33.6%)	10:39	5.6 (65.9%)
31	WERESZCZUK Agnieszka	912	PUKS 'JEDYNKA' ŁOSICE	K55-59	31			00:13:22	00:53:21.90	01:06:44.40	+00:17:59 (33.7%)	10:40	5.6 (65.9%)

Znaleziono 31 wynik(ów)