



HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

Organizator: PFNW
Data: 2015-09-12
Miejsce: Hajnówka
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	BIŁEK Artur	606	NW LUBLINIEC	M 30-39	1			01:29:45	00:31:24	01:02:32	02:32:17		6:15	9.6 (100%)
2	SIWAK Piotr	694	KGHM METRACO POLKOWICE	M 50-59	1			01:32:09	00:31:05	01:02:58	02:35:07	+00:00:26 (0.7%)	6:17	9.5 (99.0%)
3	CYRUS Bogdan	616	SILESIA NORDIC TEAM	M 40-49	1			01:29:45	00:31:12	01:03:13	02:32:58	+00:00:41 (1.1%)	6:19	9.5 (99.0%)
4	WOROCH Roman	732	KGHM METRACO POLKOWICE	M 50-59	2			01:32:09	00:31:09	01:03:26	02:35:35	+00:00:54 (1.4%)	6:20	9.5 (99.0%)
5	CIEŚLAK Roman	615	FOREVER YOUNG ŁÓDŹ	M 50-59	3			01:32:09	00:31:44	01:04:48	02:36:57	+00:02:16 (3.5%)	6:28	9.3 (96.9%)
6	PUSZKIEL Leszek	687	GREEN TEAM	M 50-59	4			01:32:08	00:32:06	01:05:24	02:37:32	+00:02:52 (4.4%)	6:32	9.2 (95.8%)
7	NIEDBAŁ Adam	672	SILESIA NORDIC TEAM	M 30-39	2			01:29:45	00:32:54	01:05:29	02:35:14	+00:02:57 (4.5%)	6:32	9.2 (95.8%)
8	WETOSZKA Piotr	748	BIAŁA BIEGA	M 18-29	1			01:29:43	00:32:59	01:06:11	02:35:54	+00:03:39 (5.5%)	6:37	9.1 (94.8%)
9	NOWROTEK Monika	674	WESOŁY BORSUK TEAM	K 18-29	1			01:34:35	00:33:00	01:06:49	02:41:24	+00:04:17 (6.4%)	6:40	9 (93.8%)
10	NIECHWIEJCZYK Piotr	671	OPEL ACTIVE TEAM	M 30-39	3			01:29:44	00:33:47	01:07:23	02:37:07	+00:04:51 (7.2%)	6:44	8.9 (92.7%)
11	PSUT Robert	684	FOREVER YOUNG ŁÓDŹ	M 18-29	2			01:29:42	00:33:45	01:07:44	02:37:26	+00:05:12 (7.7%)	6:46	8.9 (92.7%)
12	JEZERSKI Jan	633	TRUCHT TARCHOMI TEAM	M 50-59	5			01:32:10	00:33:38	01:07:59	02:40:09	+00:05:27 (8.0%)	6:47	8.8 (91.7%)
13	SPYCHAŁA Marzena	701	WESOŁY BORSUK TEAM	K 40-49	1			01:34:38	00:33:53	01:08:05	02:42:43	+00:05:33 (8.2%)	6:48	8.8 (91.7%)
14	BREWKA Joachim	610	NW LUBLINIEC	M 50-59	6			01:32:08	00:33:31	01:08:11	02:40:19	+00:05:39 (8.3%)	6:49	8.8 (91.7%)

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										netto 10km	brutto 10km			
15	LIPKO Adrianna	656	PENDOLINO	K 18-29	2			01:34:35	00:33:34	01:08:21	02:42:56	+00:05:49 (8.5%)	6:50	8.8 (91.7%)
16	RACZYŃSKI Kazimierz	689	PTTK KOSZALIN	M 30-39	4			01:29:45	00:34:27	01:08:28	02:38:13	+00:05:56 (8.7%)	6:50	8.8 (91.7%)
17	STĘPNIEWSKI Paweł	704	REGATTA NORDIC TEAM CZĘSTOCHOWA	M 18-29	3			01:29:44	00:33:46	01:08:58	02:38:42	+00:06:26 (9.3%)	6:53	8.7 (90.6%)
18	DENCIKOWSKI Marek	619	KB BIAŁA BIEGA	M 40-49	2			01:29:48	00:34:31	01:08:59	02:38:47	+00:06:27 (9.4%)	6:53	8.7 (90.6%)
19	FELIS Paweł	623		M 40-49	3			01:29:47	00:34:35	01:09:00	02:38:47	+00:06:28 (9.4%)	6:54	8.7 (90.6%)
20	JĘDRASIAK Renata	745	KGHM METRACO POLKOWICE	K 50-59	1			01:36:43	00:34:33	01:09:04	02:45:47	+00:06:32 (9.5%)	6:54	8.7 (90.6%)
21	KULIG Henryk	652	K.S.ELBLĄSKIE WŁÓCZY-KIJE	M 60-69	1			01:32:12	00:34:26	01:09:12	02:41:24	+00:06:40 (9.6%)	6:55	8.7 (90.6%)
22	SZCZEBAK Jacek	708	TARNÓW	M 40-49	4			01:29:47	00:34:31	01:09:15	02:39:02	+00:06:43 (9.7%)	6:55	8.7 (90.6%)
23	ROŻYK Magdalena	691	PENDOLINO/OKNOBUR	K 40-49	2			01:34:41	00:33:54	01:09:29	02:44:10	+00:06:57 (10.0%)	6:56	8.6 (89.6%)
24	KOLENKIEWICZ Dariusz	640	K.S.ELBLĄSKIE WŁÓCZY-KIJE	M 50-59	7			01:32:10	00:34:10	01:09:31	02:41:41	+00:06:59 (10.0%)	6:57	8.6 (89.6%)
25	DADYKIN Sergii	741		M 30-39	5			01:29:46	00:34:47	01:09:43	02:39:29	+00:07:11 (10.3%)	6:58	8.6 (89.6%)
26	ANTOSZEWSKI Piotr	601	DĄBROWA NORDIC TEAM	M 40-49	5			01:29:48	00:34:50	01:09:57	02:39:45	+00:07:25 (10.6%)	6:59	8.6 (89.6%)
27	REJ Anna	690		K 30-39	1			01:34:36	00:34:36	01:10:03	02:44:39	+00:07:31 (10.7%)	7:00	8.6 (89.6%)
28	TĘPIŃSKI Leszek	718		M 40-49	6			01:29:48	00:35:09	01:10:31	02:40:19	+00:07:59 (11.3%)	7:03	8.5 (88.5%)
29	BILIK Wojciech	605	SAMOTNI WĘDROWCY	M 40-49	7			01:29:47	00:35:43	01:10:34	02:40:21	+00:08:02 (11.4%)	7:03	8.5 (88.5%)
30	KOŁPAK Jan	641	LKS ZANTYR	M 60-69	2			01:32:12	00:34:30	01:10:38	02:42:50	+00:08:06 (11.5%)	7:03	8.5 (88.5%)
31	PANCEWICZ -KOSNO Karolina	675	SILESIA NORDIC TEAM	K 30-39	2			01:34:36	00:34:09	01:10:48	02:45:24	+00:08:16 (11.7%)	7:04	8.5 (88.5%)
32	WALORYSZAK Andrzej	725	ORTOPEDIA OTWOCK XIV	M 60-69	3			01:32:13	00:35:33	01:11:06	02:43:19	+00:08:34 (12.0%)	7:06	8.4 (87.5%)
33	GRUSZKA Michał	627	NW LUBLINIEC	M 40-49	8			01:29:48	00:35:07	01:11:13	02:41:01	+00:08:41 (12.2%)	7:07	8.4 (87.5%)
34	ŚWIĄTEK Joanna	717	MARSZPOZDROWIE	K 30-39	3			01:34:37	00:35:20	01:11:18	02:45:55	+00:08:46 (12.3%)	7:07	8.4 (87.5%)
35	BOCZAR Beata	609	GREEN TEAM	K 50-59	2			01:36:43	00:35:15	01:11:20	02:48:03	+00:08:48 (12.3%)	7:08	8.4 (87.5%)
36	KURZAWSKA Jolanta	655	KGHM METRACO POLKOWICE	K 60-69	1			01:36:50	00:35:10	01:11:27	02:48:17	+00:08:55 (12.5%)	7:08	8.4 (87.5%)
37	ŚLUSARCZYK Andrzej	715	WESOŁY BORSUK TEAM	M 60-69	4			01:32:12	00:35:37	01:11:29	02:43:41	+00:08:57 (12.5%)	7:08	8.4 (87.5%)

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38	ADAMUS Marian	742	SILESIA NORDIC TEAM	M 60-69	5			01:32:12	00:35:04	01:11:45	02:43:57	+00:09:13 (12.8%)	7:10	8.4 (87.5%)
39	WOŹNIAK Bartłomiej	734	PODWÓJNY UŚMIECH	M 30-39	6			01:29:45	00:36:07	01:13:02	02:42:47	+00:10:30 (14.4%)	7:18	8.2 (85.4%)
40	KRZANOWSKI Bartłomiej	650	SAMOTNI WĘDROWCY	M 40-49	9			01:29:49	00:36:25	01:13:05	02:42:54	+00:10:33 (14.4%)	7:18	8.2 (85.4%)
41	WARCHALSKA Teresa	727	STADION ŚLĄSKI	K 60-69	2			01:36:51	00:36:10	01:13:08	02:49:59	+00:10:36 (14.5%)	7:18	8.2 (85.4%)
42	PASIŃSKA - SKOWRON Sylwia	677	SILESIA NORDIC TEAM	K 30-39	4			01:34:37	00:36:08	01:13:22	02:47:59	+00:10:50 (14.8%)	7:20	8.2 (85.4%)
43	BALCERAK-KOLASA Joanna	603		K 40-49	3			01:34:38	00:36:17	01:13:32	02:48:10	+00:11:00 (15.0%)	7:21	8.2 (85.4%)
44	ŚLUSARCZYK Grzegorz	716	WESOŁY BORSUK TEAM	M 40-49	10			01:29:46	00:37:00	01:13:45	02:43:31	+00:11:13 (15.2%)	7:22	8.1 (84.4%)
45	MOTOCZYŃSKI Krzysztof	667	GOSIR OSIELSKO	M 60-69	6			01:32:13	00:35:56	01:14:02	02:46:15	+00:11:30 (15.5%)	7:24	8.1 (84.4%)
46	ŁUKASZEWICZ Joanna	659	GREEN TEAM ZIELONA GORA	K 40-49	4			01:34:38	00:36:39	01:14:36	02:49:14	+00:12:04 (16.2%)	7:27	8 (83.3%)
47	MARCINKOWSKI Wojciech	662	NORDIC WALKING LUBLINIEC	M 40-49	11			01:29:47	00:37:02	01:15:00	02:44:47	+00:12:28 (16.6%)	7:30	8 (83.3%)
48	KRZESAK-JUREK Ewa	651	KIJEMWLENISTWO	K 30-39	5			01:34:38	00:37:52	01:15:16	02:49:54	+00:12:44 (16.9%)	7:31	8 (83.3%)
49	SZNAJDER Zenon	710		M 60-69	7			01:32:13	00:37:41	01:15:29	02:47:42	+00:12:57 (17.2%)	7:32	7.9 (82.3%)
50	RUSZKOWSKA Bożena	692	K.S.ELBŁĄSKIE WŁÓCZY-KIJE	K 60-69	3			01:36:50	00:37:39	01:15:44	02:52:34	+00:13:12 (17.4%)	7:34	7.9 (82.3%)
51	ŁABISZ Beata	658	NORDIC ACTIVE TARNOBRZEG	K 40-49	5			01:34:41	00:37:09	01:16:04	02:50:45	+00:13:32 (17.8%)	7:36	7.9 (82.3%)
52	PUSZKIEL Adrian	686	GREEN TEAM	M 18-29	4			01:29:44	00:40:07	01:16:17	02:46:01	+00:13:45 (18.0%)	7:37	7.9 (82.3%)
53	KNOP Małgorzata	639	GREEN TEAM	K 30-39	6			01:34:36	00:38:17	01:16:46	02:51:22	+00:14:14 (18.5%)	7:40	7.8 (81.3%)
54	JARZYŃSKA Małgorzata	630		K 50-59	3			01:36:43	00:37:49	01:16:48	02:53:31	+00:14:16 (18.6%)	7:40	7.8 (81.3%)
55	POZNAŃSKI Wiesław	682	AMATOR	M 50-59	8			01:32:08	00:38:58	01:17:49	02:49:57	+00:15:17 (19.6%)	7:46	7.7 (80.2%)
56	TRUCHAN-BAJER Bożena	721		K 50-59	4			01:36:44	00:38:05	01:18:00	02:54:44	+00:15:28 (19.8%)	7:48	7.7 (80.2%)
56	KOŚCIUCZUK Agnieszka	644		K 30-39	7			01:34:36	00:38:42	01:18:00	02:52:36	+00:15:28 (19.8%)	7:48	7.7 (80.2%)
58	KULIK Sławomir	653		M 50-59	9			01:32:11	00:37:13	01:18:15	02:50:26	+00:15:43 (20.1%)	7:49	7.7 (80.2%)
59	MAJCHROWSKA Izabela	660	FOREVER YOUNG ŁÓDŹ	K 30-39	8			01:34:36	00:38:44	01:18:21	02:52:57	+00:15:49 (20.2%)	7:50	7.7 (80.2%)
60	LISIKIEWICZ Agnieszka	657	GREEN TEAM	K 40-49	6			01:34:39	00:36:32	01:18:49	02:53:28	+00:16:17 (20.7%)	7:52	7.6 (79.2%)

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61	ALEKSIEJUK Robert	608	UTW HAJNÓWKA	M 40-49	12			01:29:50	00:40:06	01:19:44	02:49:34	+00:17:12 (21.6%)	7:58	7.5 (78.1%)
62	WAŁECKA Krystyna	726		K 60-69	4			01:36:49	00:38:55	01:19:51	02:56:40	+00:17:19 (21.7%)	7:59	7.5 (78.1%)
63	JUREK Tomasz	635	KIJEMWLENISTWO	M 30-39	7			01:29:46	00:42:47	01:20:09	02:49:55	+00:17:37 (22.0%)	8:00	7.5 (78.1%)
64	GRYC Halina	628		K 40-49	7			01:34:44	00:39:55	01:20:43	02:55:27	+00:18:11 (22.5%)	8:04	7.4 (77.1%)
65	SZYMAŃSKA Anna	713	CHOSZCZÓWKA	K 40-49	8			01:34:39	00:40:35	01:20:50	02:55:29	+00:18:18 (22.6%)	8:05	7.4 (77.1%)
66	SZYMANOWSKA-PAWLAK Ewa	712	GOSIR OSIELSKO	K 40-49	9			01:34:44	00:40:16	01:20:54	02:55:38	+00:18:22 (22.7%)	8:05	7.4 (77.1%)
67	KORCZAK Katarzyna	206	NORDIC ACTIV	K 40-49	10			01:34:42	00:40:26	01:21:04	02:55:46	+00:18:32 (22.9%)	8:06	7.4 (77.1%)
68	RACZYŃSKA Aleksandra	688	STADION ŚLĄSKI	K 70+	1			01:36:51	00:40:50	01:21:21	02:58:12	+00:18:49 (23.1%)	8:08	7.4 (77.1%)
69	PRZYBYLSKA Maria	683		K 50-59	5			01:36:47	00:40:56	01:21:25	02:58:12	+00:18:53 (23.2%)	8:08	7.4 (77.1%)
70	WORONKO - ZACZYŃSKA Janina	733	KGHM METRACO POLKOWICE	K 60-69	5			01:36:49	00:40:40	01:22:30	02:59:19	+00:19:58 (24.2%)	8:15	7.3 (76.0%)
71	PIEKARSKA Magdalena	679	GOSIR OSIELSKO	K 18-29	3			01:34:35	00:40:37	01:22:40	02:57:15	+00:20:08 (24.4%)	8:16	7.3 (76.0%)
72	POCH Hector	743		M 50-59	10			01:32:18	00:39:59	01:22:57	02:55:15	+00:20:25 (24.6%)	8:17	7.2 (75.0%)
73	WYŁUPSKA Krystyna	735	PATYCZAKI	K 60-69	6			01:36:49	00:41:31	01:23:06	02:59:55	+00:20:34 (24.7%)	8:18	7.2 (75.0%)
74	SZPALERSKA Mirosława	711	LKS ZANTYR	K 60-69	7			01:36:48	00:41:38	01:23:52	03:00:40	+00:21:20 (25.4%)	8:23	7.2 (75.0%)
75	WACH Elżbieta	722	DĄBROWA NORDIC TEAM	K 60-69	8			01:36:50	00:41:45	01:24:06	03:00:56	+00:21:34 (25.6%)	8:24	7.1 (74.0%)
76	KENDYŚ Mariusz	707		M 18-29	5			01:29:45	00:41:45	01:24:22	02:54:07	+00:21:50 (25.9%)	8:26	7.1 (74.0%)
77	SYNAK Leszek	705		M 50-59	11			01:32:10	00:41:38	01:24:42	02:56:52	+00:22:10 (26.2%)	8:28	7.1 (74.0%)
77	PLEWA Halina	680	HAJNÓWKA BIEGA	K 50-59	6			01:36:44	00:42:32	01:24:42	03:01:26	+00:22:10 (26.2%)	8:28	7.1 (74.0%)
79	SMARUJ - SADOWSKA Janina	696		K 60-69	9			01:36:51	00:41:50	01:24:57	03:01:48	+00:22:25 (26.4%)	8:29	7.1 (74.0%)
80	KOSSOWSKI Marian	643		M 50-59	12			01:32:11	00:42:11	01:25:07	02:57:18	+00:22:35 (26.5%)	8:30	7 (72.9%)
81	JEZIERSKA Danuta	632		K 50-59	7			01:36:44	00:42:04	01:25:19	03:02:03	+00:22:47 (26.7%)	8:31	7 (72.9%)
82	CZERKA Ryszard	750		M 50-59	13			01:32:11	00:41:11	01:25:35	02:57:46	+00:23:03 (26.9%)	8:33	7 (72.9%)
83	CZYCZ Kazimierz	617	GREEN TEAM	M 60-69	8			01:32:17	00:44:50	01:25:41	02:57:58	+00:23:09 (27.0%)	8:34	7 (72.9%)

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84	STEFANIAK Bożena	703		K 50-59	8			01:36:47	00:42:22	01:26:58	03:03:45	+00:24:26 (28.1%)	8:41	6.9 (71.9%)
85	WACH Jacek	723	DĄBROWA NORDIC TEAM	M 60-69	9			01:32:14	00:43:09	01:27:12	02:59:26	+00:24:40 (28.3%)	8:43	6.9 (71.9%)
86	ŻUCHNIEWSKA Barbara	739		K 40-49	11			01:34:43	00:43:47	01:27:14	03:01:57	+00:24:42 (28.3%)	8:43	6.9 (71.9%)
87	BAKUN Zenaida	602	UTW HAJNÓWKA	K 60-69	10			01:36:48	00:42:58	01:28:06	03:04:54	+00:25:34 (29.0%)	8:48	6.8 (70.8%)
88	WASILEWSKI Cezary	729	TURBIKE TEAM	M 40-49	13			01:29:49	00:42:21	01:28:11	02:58:00	+00:25:39 (29.1%)	8:49	6.8 (70.8%)
89	CHRAPEK Urszula	614		K 18-29	4			01:34:36	00:43:25	01:28:16	03:02:52	+00:25:44 (29.2%)	8:49	6.8 (70.8%)
90	KŁOPOCIŃSKA Małgorzata	638		K 50-59	9			01:36:45	00:44:19	01:28:20	03:05:05	+00:25:48 (29.2%)	8:50	6.8 (70.8%)
91	KOSSOWSKA Anna	642		K 50-59	10			01:36:46	00:44:21	01:28:25	03:05:11	+00:25:53 (29.3%)	8:50	6.8 (70.8%)
92	SZCZEŚNIAK Ewa	709	CHOSZCZÓWKA	K 40-49	12			01:34:40	00:44:13	01:28:33	03:03:13	+00:26:01 (29.4%)	8:51	6.8 (70.8%)
93	JEREMICZ-LOPATA Małgorzata	631	KIM	K 50-59	11			01:36:44	00:43:30	01:28:37	03:05:21	+00:26:05 (29.4%)	8:51	6.8 (70.8%)
94	DYLEWSKA Barbara	622	DĄBROWA NORDIC TEAM	K 60-69	11			01:36:50	00:44:22	01:28:47	03:05:37	+00:26:15 (29.6%)	8:52	6.8 (70.8%)
95	WAWER Elżbieta	730	SO-WA TEAM	K 40-49	13			01:34:42	00:44:26	01:29:00	03:03:42	+00:26:28 (29.7%)	8:54	6.7 (69.8%)
96	JÓŹWIAK Dominik	634	WTW WŁOCLAWEK	M 18-29	6			01:29:43	00:45:55	01:29:57	02:59:40	+00:27:25 (30.5%)	8:59	6.7 (69.8%)
97	BORYSIAK Barbara	746		K 40-49	14			01:34:41	00:45:08	01:30:21	03:05:02	+00:27:49 (30.8%)	9:02	6.6 (68.8%)
98	SYNAK Mirosława	706		K 50-59	12			01:36:45	00:43:27	01:30:52	03:07:37	+00:28:20 (31.2%)	9:05	6.6 (68.8%)
99	GLENCNER Mariola	626		K 30-39	9			01:34:37	00:45:17	01:31:04	03:05:41	+00:28:32 (31.3%)	9:06	6.6 (68.8%)
100	SZWARCBERG Graciela	744		K 50-59	13			01:36:47	00:46:08	01:32:31	03:09:18	+00:29:59 (32.4%)	9:15	6.5 (67.7%)
101	ZAREMBA Jakub	749		M 30-39	8			02:02:23	00:46:20	01:32:36	03:34:59	+00:30:04 (32.5%)	9:15	6.5 (67.7%)
102	KOŁTUNIAK Urszula	747		K 50-59	14			01:36:46	00:46:25	01:34:35	03:11:21	+00:32:03 (33.9%)	9:27	6.3 (65.6%)
103	SMACZYŃSKA Krystyna	695	DĄBROWA NORDIC TEAM	K 70+	2			01:36:52	00:48:13	01:35:34	03:12:26	+00:33:02 (34.6%)	9:33	6.3 (65.6%)
104	SOBKOWSKA Teresa	697		K 60-69	12			01:36:51	00:47:17	01:35:48	03:12:39	+00:33:16 (34.7%)	9:34	6.3 (65.6%)
105	PETRUK Marzanna	678		K 50-59	15			01:36:49	00:47:17	01:35:50	03:12:39	+00:33:18 (34.7%)	9:35	6.3 (65.6%)
106	SOKÓŁ Małgorzata	700	SO-WA TEAM	K 40-49	15			01:34:43	00:48:21	01:38:44	03:13:27	+00:36:12 (36.7%)	9:52	6.1 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
107	MROCZKOWSKA Emilia	668	STOWARZYSZENIE AIL OMEGA W CZEREMSZE - KIJ- FANKI	K 30-39	10			01:34:40	00:48:45	01:39:38	03:14:18	+00:37:06 (37.2%)	9:57	6 (62.5%)
108	JANOWICZ Anna	629	STOWARZYSZENIE AIL OMEGA W CZEREMSZE - KIJ- FANKI	K 40-49	16			01:34:40	00:49:06	01:40:09	03:14:49	+00:37:37 (37.6%)	10:00	6 (62.5%)
109	ZWOLAN Witold	738		M 40-49	14			01:29:50	00:53:32	01:41:37	03:11:27	+00:39:05 (38.5%)	10:09	5.9 (61.5%)
110	NAWROCKA Danuta	670	DĄBROWA NORDIC TEAM	K 70+	3			01:36:52	00:52:03	01:42:55	03:19:47	+00:40:23 (39.2%)	10:17	5.8 (60.4%)
111	SOKOŁOWSKI Janusz	699		M 60-69	10			01:32:15	00:52:45	01:43:31	03:15:46	+00:40:59 (39.6%)	10:21	5.8 (60.4%)
112	CHOMCZYK Zbigniew	613		M 60-69	11			01:32:15	00:53:03	01:46:29	03:18:44	+00:43:57 (41.3%)	10:38	5.6 (58.3%)
113	WAKULUK Anna	724		K 50-59	16			01:36:47	00:54:56	01:55:37	03:32:24	+00:53:05 (45.9%)	11:33	5.2 (54.2%)
114	CHOMCZYK Irena	612		K 60-69	13			01:36:48	00:55:02	01:55:39	03:32:27	+00:53:07 (45.9%)	11:33	5.2 (54.2%)
114	SOKOŁOWSKA Jolanta	698		K 50-59	17			01:36:46	00:55:03	01:55:39	03:32:25	+00:53:07 (45.9%)	11:33	5.2 (54.2%)
DQ	DOMINSKI Jacek	620	CHOSZCZÓWKA	M 50-59			1	DQ	00:34:17 DQ	2015-09-12 DQ	DQ		-	- (0.0%)
DQ	BYTNIIEWSKI Mieczysław	611	BIAŁA BIEGA	M 70+			1	DQ	00:37:12 DQ	2015-09-12 DQ	DQ		-	- (0.0%)
DQ	KALISZ Krzysztof	636	KGHM METRACO POLKOWICE	M 60-69			1	DQ	00:36:44 DQ	2015-09-12 DQ	DQ		-	- (0.0%)
DQ	ŚCIBISZ Bogdan	714	DĄBROWA NORDIC TEAM	M 70+			1	DQ	00:37:09 DQ	DQ	DQ		-	- (0.0%)
	WASILEWSKA Iwona	728	TURBIKE TEAM	K 40-49				DNF	00:53:07 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 120 wynik(ów)