



HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT
ORGANIZATOR WYSTĘPÓW

Organiser: PFNW
Date: 2015-09-12
Place: Hajnówka
Distance: 10 km



Classification: M 30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	BIŁEK Artur	606	NW LUBLINIEC	M 30-39	1			01:29:45	00:31:24	01:02:32	02:32:17		6:15	9.6 (100%)
2	NIEDBAŁ Adam	672	SILESIA NORDIC TEAM	M 30-39	2			01:29:45	00:32:54	01:05:29	02:35:14	+00:02:57 (4.5%)	6:32	9.2 (95.8%)
3	NIECHWIEJCZYK Piotr	671	OPEL ACTIVE TEAM	M 30-39	3			01:29:44	00:33:47	01:07:23	02:37:07	+00:04:51 (7.2%)	6:44	8.9 (92.7%)
4	RACZYŃSKI Kazimierz	689	PTTK KOSZALIN	M 30-39	4			01:29:45	00:34:27	01:08:28	02:38:13	+00:05:56 (8.7%)	6:50	8.8 (91.7%)
5	DADYKIN Sergii	741		M 30-39	5			01:29:46	00:34:47	01:09:43	02:39:29	+00:07:11 (10.3%)	6:58	8.6 (89.6%)
6	WOŹNIAK Bartłomiej	734	PODWÓJNY UŚMIECH	M 30-39	6			01:29:45	00:36:07	01:13:02	02:42:47	+00:10:30 (14.4%)	7:18	8.2 (85.4%)
7	JUREK Tomasz	635	KIJEMWLENISTWO	M 30-39	7			01:29:46	00:42:47	01:20:09	02:49:55	+00:17:37 (22.0%)	8:00	7.5 (78.1%)
8	ZAREMBA Jakub	749		M 30-39	8			02:02:23	00:46:20	01:32:36	03:34:59	+00:30:04 (32.5%)	9:15	6.5 (67.7%)

Total 8 results.