

# HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING 2019 - 10 KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Event:** PUCHAR POLSKI NORDIC WALKING 2019  
**Organiser:** Hajnówka  
**Date:** 2019-09-14  
**Place:** Hajnówka  
**Distance:** 10 km



Classification: M30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	laps 5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	<b>KUŹMICZ Adam</b>	<b>545</b>	NWPL/POLIPACK TEAM GWE	M30-39	1			00:31:34	<b>01:03:52.27</b>		6:23	9.4 (100%)
2	<b>PIETRZYK Jarosław</b>	<b>649</b>	NORDIC TEAM CZĘSTOCHOWA	M30-39	2			00:40:05	<b>01:19:15.53</b>	+00:15:23 (19.4%)	7:55	7.6 (80.9%)
3	<b>PINIS Michał</b>	<b>557</b>	NORDIC TEAM CZĘSTOCHOWA	M30-39	3			00:40:10	<b>01:19:37.65</b>	+00:15:45 (19.8%)	7:57	7.5 (79.8%)
4	<b>GROMNICKI Mirosław</b>	<b>520</b>		M30-39	4			00:41:20	<b>01:23:24.07</b>	+00:19:31 (23.4%)	8:20	7.2 (76.6%)

Total 4 results.