

HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING 2019 - 10 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: PUCHAR POLSKI NORDIC WALKING 2019
Organiser: Hajnówka
Date: 2019-09-14
Place: Hajnówka
Distance: 10 km



Classification: M40-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	laps 5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	MACKIEWICZ Dariusz	547	AKTYWNY KODEŃ	M40-49	1			00:32:05	01:04:47.69		6:28	9.3 (100%)
2	WOJTASIŃSKI Daniel	589	NORDIC TEAM CZĘSTOCHOWA	M40-49	2			00:33:06	01:06:15.93	+00:01:28 (2.2%)	6:37	9.1 (97.8%)
3	KUŚMIEREK Jan	544	BŁĘKITNI NW DZIEMIANY	M40-49	3	1		00:33:52	01:08:19.37	+00:03:31 (5.2%)	6:49	8.8 (94.6%)
4	GODZIŃSKI Paweł	519	BAŻANT NW ELBLĄG	M40-49	4			00:34:57	01:10:45.78	+00:05:58 (8.4%)	7:04	8.5 (91.4%)
5	GAJEWSKI Tomasz	517		M40-49	5	2		00:35:37	01:13:05.38	+00:08:17 (11.3%)	7:18	8.2 (88.2%)
6	DOLBAK Igor	781	NORDIC BREST	M40-49	6			00:37:04	01:13:19.52	+00:08:31 (11.6%)	7:20	8.2 (88.2%)
7	MAZURCZAK Jakub	549	NOWI SIEDLCE	M40-49	7			00:38:02	01:16:44.90	+00:11:57 (15.6%)	7:40	7.8 (83.9%)
8	PONKA Radosław	559	POLIPACK TEAM GWE	M40-49	8			00:38:46	01:17:31.92	+00:12:44 (16.4%)	7:45	7.7 (82.8%)
9	CHYRA Janusz	507	UNIA MIAST	M40-49	9			00:38:54	01:18:04.06	+00:13:16 (17.0%)	7:48	7.7 (82.8%)
10	WEGIERA Grzegorz	583	ROXKIJE ROKIETNICA	M40-49	10			00:39:03	01:19:56.34	+00:15:08 (18.9%)	7:59	7.5 (80.6%)
11	FRYDRYCH Krzysztof	516	WESOŁY BORSUK TEAM	M40-49	11			00:41:16	01:23:01.64	+00:18:13 (22.0%)	8:18	7.2 (77.4%)
12	WĄTROBA Sebastian	582	VITADIET ŁÓDŹ	M40-49	12			00:41:38	01:23:16.50	+00:18:28 (22.2%)	8:19	7.2 (77.4%)
13	KONSTANCIAK Piotr	536	SANTANDER CONSUMER BANK	M40-49	13			00:41:39	01:23:30.80	+00:18:43 (22.4%)	8:21	7.2 (77.4%)

Total 13 results.