

HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING 2019 - 10 KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Event: PUCHAR POLSKI NORDIC WALKING 2019
Organiser: Hajnówka
Date: 2019-09-14
Place: Hajnówka
Distance: 10 km



Classification: M60-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	laps 5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	HELWICH Stefan	525	KS METRACO POLKOWICE	M60-69	1			00:31:42	01:04:20.00		6:26	9.3 (100%)
2	NETKOWSKI Wojciech	551	PASJA NORDIC WALKING	M60-69	2			00:35:26	01:11:15.19	+00:06:55 (9.7%)	7:07	8.4 (90.3%)
3	HRYCIUK Waldemar	526	TKKF KRZNA BIAŁA PODLASKA	M60-69	3	1		00:35:27	01:11:17.02	+00:06:57 (9.8%)	7:07	8.4 (90.3%)
4	HRYNDIO Jerzy	527	STADION ŚLĄSKI	M60-69	4			00:37:05	01:15:01.24	+00:10:41 (14.2%)	7:30	8 (86.0%)
5	ŚLUSARCZYK Andrzej	574	WESOŁY BORSUK TEAM	M60-69	5			00:37:48	01:16:23.80	+00:12:03 (15.8%)	7:38	7.9 (84.9%)
6	ŻBIKOWSKI Ryszard	593	TORUŃ - IDZIEMY BEZ RYZYKA	M60-69	6			00:40:22	01:22:24.68	+00:18:04 (21.9%)	8:14	7.3 (78.5%)
7	KIDAWA Marian	741	SANTANDER CONSUMER BANK	M60-69	7			00:41:36	01:26:28.66	+00:22:08 (25.6%)	8:38	6.9 (74.2%)

Total 7 results.