

# HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Event:** PUCHAR POLSKI NORDIC WALKING 2019  
**Organiser:** Hajnówka  
**Date:** 2019-09-14  
**Place:** Hajnówka  
**Distance:** 21.1 km



Classification: K40-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	laps 1.1km	laps 6.1km	laps 11.1km	laps 16.1km	Net time 21.1km	Gap	Pace min/km	Pace km/h
1	<b>SPYCHAŁA Marzena</b>	<b>642</b>	CKZIU NYSZA MECHANIK	K40-49	1			00:07:12	00:42:36	01:18:23	01:54:48	<b>02:31:15.40</b>		7:10	8.4 (100%)
2	<b>JANEKA Dace</b>	<b>610</b>	WALK WITH THE WIND	K40-49	2			00:07:15	00:42:03	01:17:42	01:54:21	<b>02:31:49.34</b>	+00:00:33 (0.4%)	7:11	8.3 (98.8%)
3	<b>KOLMETZ Katarzyna</b>	<b>615</b>	POLIPACK TEAM GWE	K40-49	3			00:07:17	00:42:55	01:19:58	01:57:40	<b>02:36:16.13</b>	+00:05:00 (3.2%)	7:24	8.1 (96.4%)
4	<b>ŚCIBUT Ania</b>	<b>648</b>	FORMA NA PIĄTKĘ NW	K40-49	4			00:07:26	00:44:43	01:23:43	02:03:40	<b>02:45:51.09</b>	+00:14:35 (8.8%)	7:51	7.6 (90.5%)
5	<b>TERESIŃSKA Jolanta</b>	<b>778</b>	NORDIC TEAM CZĘSTOCHOWA	K40-49	5			00:08:27	00:49:00	01:29:33	02:09:48	<b>02:50:40.31</b>	+00:19:24 (11.4%)	8:05	7.4 (88.1%)
6	<b>KORDOWSKA Bogusława</b>	<b>617</b>		K40-49	6			00:08:24	00:49:30	01:30:46	02:10:24	<b>02:50:55.16</b>	+00:19:39 (11.5%)	8:06	7.4 (88.1%)
7	<b>SZULC Alicja</b>	<b>647</b>		K40-49	7			00:07:24	00:44:30	01:24:22	02:06:54	<b>02:53:30.94</b>	+00:22:15 (12.8%)	8:13	7.3 (86.9%)
8	<b>DANKIEWICZ Barbara</b>	<b>606</b>	ZAWSZE MŁODZI NORDIC WALKING	K40-49	8			00:08:27	00:49:30	01:30:46	02:11:16	<b>02:54:16.24</b>	+00:23:00 (13.2%)	8:15	7.3 (86.9%)

Total 8 results.