

HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Event: PUCHAR POLSKI NORDIC WALKING 2019
Organiser: Hajnówka
Date: 2019-09-14
Place: Hajnówka
Distance: 21.1 km



Classification: K60+

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	laps 1.1km	laps 6.1km	laps 11.1km	laps 16.1km	Net time 21.1km	Gap	Pace min/km	Pace km/h
1	STĘPIEŃ Lucyna	644	KS METRACO POLKOWICE	K60+	1			00:07:37	00:44:35	01:22:59	02:01:04	02:40:12.11		7:35	7.9 (100%)
2	LOCMELE Benita	626	WALK WITH THE WIND	K60+	2			00:07:38	00:44:49	01:23:08	02:02:07	02:41:45.33	+00:01:33 (1.0%)	7:39	7.8 (98.7%)
3	BUCZKOWSKA Wiesława	602	FACE NORDIC WALKING TEAM	K60+	3			00:07:54	00:45:57	01:25:25	02:05:38	02:46:43.11	+00:06:31 (3.9%)	7:54	7.6 (96.2%)
4	SOBAŃSKA Grażyna	641		K60+	4			00:08:30	00:49:29	01:30:45	02:12:30	02:56:00.04	+00:15:47 (9.0%)	8:20	7.2 (91.1%)
5	ZAWADZKA Maria	656	KS METRACO POLKOWICE	K60+	5			00:08:56	00:51:39	01:34:15	02:16:27	02:59:34.62	+00:19:22 (10.8%)	8:30	7 (88.6%)
6	ROZMUS Jolanta	639	FACE NORDIC WALKING TEAM	K60+	6			00:08:54	00:51:31	01:34:15	02:18:05	03:02:16.49	+00:22:04 (12.1%)	8:38	6.9 (87.3%)
7	OLSZAŃSKA Krystyna	633	NOWI SIEDLCE/BIAŁA BIEGA	K60+	7	1		00:08:32	00:49:22	01:30:34	02:14:51	03:02:44.79	+00:22:32 (12.3%)	8:39	6.9 (87.3%)

Total 7 results.