

HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING 2019 - 5 KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: PUCHAR POLSKI NORDIC WALKING 2019
Organizator: Hajnówka
Data: 2019-09-14
Miejsce: Hajnówka
Dystans: 5 km



Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	GODZIŃSKA Dorota	105	BAŻANT NW ELBLĄG	K30-39	1			00:35:04.61		7:01	8.6 (100%)
2	SZCZUDLIK Małgorzata	391	KIJKOWE TRZEMESZNO	K30-39	2			00:35:21.66	+00:00:17 (0.8%)	7:04	8.5 (98.8%)
3	TUZIMEK Agata	686	STADION ŚLĄSKI	K30-39	3			00:35:26.58	+00:00:21 (1.0%)	7:05	8.5 (98.8%)
4	MALINOWSKA Monika	712	LKS ZANTYR SZTUM	K30-39	4			00:35:41.36	+00:00:36 (1.7%)	7:08	8.4 (97.7%)
5	REJOWSKA Agnieszka	343	NOWI SIEDLCE	K30-39	5			00:35:49.53	+00:00:44 (2.1%)	7:09	8.4 (97.7%)
6	SZYMCZYK Magdalena	646	NOWI SIEDLCE	K30-39	6			00:38:04.46	+00:02:59 (7.9%)	7:37	7.9 (91.9%)
7	SONDEJ Izabela	789	POWIAT HAJNOWSKI	K30-39	7			00:38:18.39	+00:03:13 (8.4%)	7:39	7.8 (90.7%)
8	DUDZICZ Barbara	73		K30-39	8			00:39:32.66	+00:04:28 (11.3%)	7:54	7.6 (88.4%)
9	KLIMUK Olga	667		K30-39	9			00:39:50.29	+00:04:45 (12.0%)	7:58	7.5 (87.2%)
10	PODNIESIŃSKA Małgorzata	320		K30-39	10			00:40:11.42	+00:05:06 (12.7%)	8:02	7.5 (87.2%)
11	SZUMA Kasia	398		K30-39	11			00:40:19.90	+00:05:15 (13.0%)	8:04	7.4 (86.0%)
12	GARLEJ-KITKA Patrycja	94		K30-39	12			00:41:28.98	+00:06:24 (15.4%)	8:17	7.2 (83.7%)
13	DZEDZEVICH Natalia	776		K30-39	13			00:42:09.20	+00:07:04 (16.8%)	8:25	7.1 (82.6%)
14	ZOŃ Agnieszka	467	PASJA NORDIC WALKING	K30-39	14			00:42:10.63	+00:07:06 (16.8%)	8:26	7.1 (82.6%)
15	CHRAPEK Urszula	295	NORDUM	K30-39	15			00:43:08.45	+00:08:03 (18.7%)	8:37	7 (81.4%)
16	LIPIŃSKA Marta	766		K30-39	16			00:43:29.81	+00:08:25 (19.4%)	8:41	6.9 (80.2%)
17	MASALSKA Karolina	261		K30-39	17			00:43:47.99	+00:08:43 (19.9%)	8:45	6.8 (79.1%)
18	ALSZTYNIUK Janina	9		K30-39	18			00:44:20.88	+00:09:16 (20.9%)	8:52	6.8 (79.1%)
19	ZIN-PARFIENIUK Ewa	465		K30-39	19			00:44:28.65	+00:09:24 (21.1%)	8:53	6.7 (77.9%)
20	KUŚNIERZ Agnieszka	226		K30-39	20			00:44:57.34	+00:09:52 (22.0%)	8:59	6.7 (77.9%)
21	TELLOS Justyna	413	HAJNÓWKA BIEGA	K30-39	21			00:45:32.34	+00:10:27 (23.0%)	9:06	6.6 (76.7%)
22	KOŁODZIŃSKA Agnieszka	185		K30-39	22			00:45:33.85	+00:10:29 (23.0%)	9:06	6.6 (76.7%)
23	PANASIUK Joanna	305		K30-39	23			00:45:36.68	+00:10:32 (23.1%)	9:07	6.6 (76.7%)
24	ADAMCZYK-ŚMIERTKA Małgorzata	2	SANTANDER CONSUMER BANK	K30-39	24			00:45:56.11	+00:10:51 (23.6%)	9:11	6.5 (75.6%)
25	ZARZYCKA Paulina	734	SANTANDER CONSUMER BANK	K30-39	25			00:45:56.66	+00:10:52 (23.7%)	9:11	6.5 (75.6%)
26	TARGOSZ Ewelina	411		K30-39	26			00:46:33.60	+00:11:28 (24.7%)	9:18	6.4 (74.4%)

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27	TERECHOWICZ Maria	415	SANTANDER CONSUMER BANK	K30-39	27			00:48:54.85	+00:13:50 (28.3%)	9:47	6.1 (70.9%)
28	STULGIS Emilia	668		K30-39	28			00:50:04.93	+00:15:00 (30.0%)	10:01	6 (69.8%)
29	SKIEPKO Paulina	756		K30-39	29			00:51:16.86	+00:16:12 (31.6%)	10:15	5.8 (67.4%)
30	LIPIŃSKA-BEDNARZ Anna	733	SANTANDER CONSUMER BANK	K30-39	30			00:52:31.30	+00:17:26 (33.2%)	10:30	5.7 (66.3%)
31	KORYGA Jowita	678		K30-39	31			00:52:38.84	+00:17:34 (33.4%)	10:31	5.7 (66.3%)
32	ŻAK Małgorzata	736	SANTANDER CONSUMER BANK	K30-39	32			00:53:50.90	+00:18:46 (34.9%)	10:46	5.6 (65.1%)
33	ORZECH Agnieszka	301	SANTANDER CONSUMER BANK	K30-39	33			00:53:51.39	+00:18:46 (34.9%)	10:46	5.6 (65.1%)
34	TICHONIUK Marzena	418	POWIAT HAJNOWSKI	K30-39	34			01:01:36.64	+00:26:32 (43.1%)	12:19	4.9 (57.0%)
35	GARUSTOWICZ Emilia	95		K30-39	35			01:01:39.28	+00:26:34 (43.1%)	12:19	4.9 (57.0%)
36	LEONIUK Ewa	697		K30-39	36			01:02:11.07	+00:27:06 (43.6%)	12:26	4.8 (55.8%)

Znaleziono 36 wynik(ów)