

# HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING 2019 - 5 KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Event:** PUCHAR POLSKI NORDIC WALKING 2019  
**Organiser:** Hajnówka  
**Date:** 2019-09-14  
**Place:** Hajnówka  
**Distance:** 5 km



Classification: M40-44

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>DĘBSKI Bartłomiej</b>	<b>65</b>	NORDIC TEAM CZĘSTOCHOWA	M40-44	1			<b>00:31:40.36</b>		6:20	9.5 (100%)
2	<b>KUZICH Ihar</b>	<b>795</b>	BRZESKIE LICEUM OBWODOWE	M40-44	2			<b>00:34:47.33</b>	+00:03:06 (9.0%)	6:57	8.6 (90.5%)
3	<b>FABIJAŃCZUK Paweł</b>	<b>85</b>	NW CZŁAPKI TEAM	M40-44	3			<b>00:35:35.28</b>	+00:03:54 (11.0%)	7:07	8.4 (88.4%)
4	<b>GRUSZKA Michał</b>	<b>124</b>	UNIA MIAST	M40-44	4			<b>00:35:47.76</b>	+00:04:07 (11.5%)	7:09	8.4 (88.4%)
5	<b>ŚLUSARCZYK Marcin</b>	<b>707</b>	WESOŁY BORSUK TEAM	M40-44	5			<b>00:36:53.64</b>	+00:05:13 (14.2%)	7:22	8.1 (85.3%)
6	<b>NASHKEVICH Alihksandr</b>	<b>772</b>		M40-44	6			<b>00:41:52.78</b>	+00:10:12 (24.4%)	8:22	7.2 (75.8%)
7	<b>KOZŁOWSKI Wojciech</b>	<b>203</b>		M40-44	7			<b>00:42:53.37</b>	+00:11:13 (26.2%)	8:34	7 (73.7%)
8	<b>LECHOCIŃSKI Tomasz</b>	<b>234</b>		M40-44	8			<b>00:58:32.80</b>	+00:26:52 (45.9%)	11:42	5.1 (53.7%)

Total 8 results.