



HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT
NORDIC WALKING

Organiser: PFNW
Date: 2015-09-12
Place: Hajnówka
Distance: 5 km



Classification: M 45-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	KUCHTA Rafał	229	SILESIA NORDIC TEAM	M 45-49	1			01:45:44	00:30:31	02:16:15		6:06	9.8 (100%)
2	KARASIŃSKI Maciej	184		M 45-49	2			01:45:44	00:30:43	02:16:27	+00:00:12 (0.7%)	6:08	9.8 (100%)
3	RECZULSKI Mariusz	369	REGATTA NORDIC TEAM CZĘSTOCHOWA	M 45-49	3			01:45:44	00:30:57	02:16:41	+00:00:26 (1.4%)	6:11	9.7 (99.0%)
4	GÓRSKI Jacek	126	GOSIR OSIELSKO	M 45-49	4			01:45:45	00:36:46	02:22:31	+00:06:15 (17.0%)	7:21	8.2 (83.7%)
5	KWAŚNY Tomasz	238	CHODZĘ Z SERCEM	M 45-49	5			01:45:46	00:37:18	02:23:04	+00:06:47 (18.2%)	7:27	8 (81.6%)
6	NOWICKI Bogdan	308	ZSO HAJNÓWKA	M 45-49	6			01:45:43	00:38:11	02:23:54	+00:07:40 (20.1%)	7:38	7.9 (80.6%)
7	WAŚNIEWSKI Artur	486	NW CIECHANÓW	M 45-49	7			01:45:44	00:40:16	02:26:00	+00:09:45 (24.2%)	8:03	7.5 (76.5%)
8	JASICZEK Jarosław	165	WESOŁY BORSUK TEAM	M 45-49	8			01:45:45	00:42:53	02:28:38	+00:12:22 (28.8%)	8:34	7 (71.4%)

Total 8 results.