



HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Organiser: PFNW
Date: 2015-09-12
Place: Hajnówka
Distance: 5 km



Classification: M 50-54

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	ROŻYNEK Miron	379	KGHM METRACO POLKOWICE	M 50-54	1			01:46:26	00:31:04	02:17:30		6:12	9.7 (100%)
2	CZŁAPSKI Krzysztof	71	NW CIECHANÓW	M 50-54	2			01:46:25	00:31:05	02:17:30	+00:00:01 (0.1%)	6:13	9.7 (100%)
3	HOLWEK Jarosław	148	FOREVER YOUNG ŁÓDŹ	M 50-54	3			01:46:25	00:32:48	02:19:13	+00:01:44 (5.3%)	6:33	9.1 (93.8%)
4	SŁOMIAN Leszek	413	STADION ŚLĄSKI	M 50-54	4			01:46:27	00:33:02	02:19:29	+00:01:58 (6.0%)	6:36	9.1 (93.8%)
5	PIECH Krzysztof	348	AWF BIAŁA PODLASKA	M 50-54	5			01:46:26	00:33:43	02:20:09	+00:02:39 (7.9%)	6:44	8.9 (91.8%)
6	IWANIUK Włodzimierz	152		M 50-54	6			01:46:29	00:33:57	02:20:26	+00:02:53 (8.5%)	6:47	8.8 (90.7%)
7	KOWALSKI Wawrzyniec	217	UNIwersytet II WIEKU W MIEJSKIEJ GÓRCIE	M 50-54	7			01:46:28	00:35:24	02:21:52	+00:04:20 (12.2%)	7:04	8.5 (87.6%)
8	JANICZEK Mariusz	161		M 50-54	8			01:46:27	00:35:42	02:22:09	+00:04:38 (13.0%)	7:08	8.4 (86.6%)
9	KŁOPOTOWSKI Ryszard	197	LKS ZANTYR SZTUM	M 50-54	9			01:46:28	00:37:01	02:23:29	+00:05:57 (16.1%)	7:24	8.1 (83.5%)
10	DĘBOWSKI Sławomir	62	HAJNÓWKA	M 50-54	10			01:46:26	00:38:47	02:25:13	+00:07:43 (19.9%)	7:45	7.7 (79.4%)
11	RUTOWICZ Tomasz	383	CHOSZCZÓWKA	M 50-54	11			01:46:30	00:43:21	02:29:51	+00:12:17 (28.3%)	8:40	6.9 (71.1%)

Total 11 results.