



# HARDY DZIK

B4SPORT

**Wydarzenie:** Huntrun Kozienice  
**Organizator:** ALOHA EVENTY sp. z o.o.  
**Data:** 2022-06-04  
**Miejsce:** Kozienice  
**Dystans:** 10 km

**B4SPORT**  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: 10:30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fala	Drużyna 1	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>POCHYLSKI Łukasz</b>	<b>123</b>		Open - Mężczyźni	3	10:30	BIEGNĄCY PATRIOTA	<b>01:00:25.25</b>	<b>01:00:25.25</b>		6:02	9.9 (100%)
2	<b>STASIŃSKI Paweł</b>	<b>147</b>		Open - Mężczyźni	10	10:30		<b>01:04:57.35</b>	<b>01:04:57.35</b>	+00:04:32 (7.0%)	6:29	9.2 (92.9%)
3	<b>SZYMOWSKA Sylwia</b>	<b>155</b>		Open - Kobiety	1	10:30	DZIKIE BORSUKI	<b>01:07:39.95</b>	<b>01:07:39.95</b>	+00:07:14 (10.7%)	6:45	8.9 (89.9%)
4	<b>RUPNICKI Grzegorz</b>	<b>97</b>		Open - Mężczyźni	16	10:30		<b>01:07:42.75</b>	<b>01:07:42.75</b>	+00:07:17 (10.8%)	6:46	8.9 (89.9%)
5	<b>BETLEJEWSKI Marek</b>	<b>131</b>		Open - Mężczyźni	41	10:30		<b>01:15:07.40</b>	<b>01:15:07.40</b>	+00:14:42 (19.6%)	7:30	8 (80.8%)
6	<b>WISNIWESKI Marcin</b>	<b>129</b>		Open - Mężczyźni	44	10:30		<b>01:15:43.10</b>	<b>01:15:43.10</b>	+00:15:17 (20.2%)	7:34	7.9 (79.8%)
7	<b>RUSEK Dominik</b>	<b>161</b>		Open - Mężczyźni	58	10:30		<b>01:17:36.70</b>	<b>01:17:36.70</b>	+00:17:11 (22.1%)	7:45	7.7 (77.8%)
8	<b>JAWORSKI Damian</b>	<b>88</b>		Open - Mężczyźni	59	10:30	WOLA RUN	<b>01:17:39.95</b>	<b>01:17:39.95</b>	+00:17:14 (22.2%)	7:45	7.7 (77.8%)
9	<b>GAWŁOWICZ Robert</b>	<b>153</b>		Open - Mężczyźni	62	10:30	DZIKIE BORSUKI	<b>01:17:56.95</b>	<b>01:17:56.95</b>	+00:17:31 (22.5%)	7:47	7.7 (77.8%)
10	<b>MIKOŁAJCZYK Kacper</b>	<b>105</b>		Open - Mężczyźni	64	10:30	WOLA RUN	<b>01:17:59.70</b>	<b>01:17:59.70</b>	+00:17:34 (22.5%)	7:47	7.7 (77.8%)
11	<b>FILIPEK Kamil</b>	<b>108</b>		Open - Mężczyźni	65	10:30		<b>01:18:00.45</b>	<b>01:18:00.45</b>	+00:17:35 (22.5%)	7:48	7.7 (77.8%)
12	<b>WRÓBLEWSKI Zbigniew</b>	<b>159</b>		Open - Mężczyźni	96	10:30		<b>01:25:40.85</b>	<b>01:25:40.85</b>	+00:25:15 (29.5%)	8:34	7 (70.7%)
13	<b>ZIENIEWICZ Bartłomiej</b>	<b>82</b>		Open - Mężczyźni	97	10:30		<b>01:26:19.75</b>	<b>01:26:19.75</b>	+00:25:54 (30.0%)	8:37	7 (70.7%)
14	<b>OŚCIEŁOWSKI Arkadiusz</b>	<b>79</b>		Open - Mężczyźni	100	10:30		<b>01:27:06.95</b>	<b>01:27:06.95</b>	+00:26:41 (30.6%)	8:42	6.9 (69.7%)
15	<b>JAWORSKA Justyna</b>	<b>104</b>		Open - Kobiety	11	10:30	WOLA RUN	<b>01:27:07.45</b>	<b>01:27:07.45</b>	+00:26:42 (30.6%)	8:42	6.9 (69.7%)
16	<b>KOWALCZYK Ilona</b>	<b>99</b>		Open - Kobiety	12	10:30	WOLA RUN	<b>01:27:07.65</b>	<b>01:27:07.65</b>	+00:26:42 (30.7%)	8:42	6.9 (69.7%)
17	<b>KOWALCZYK Kamil</b>	<b>109</b>		Open - Mężczyźni	102	10:30	WOLA RUN	<b>01:27:59.70</b>	<b>01:27:59.70</b>	+00:27:34 (31.3%)	8:47	6.8 (68.7%)
18	<b>DZIEWIŃSKI Łukasz</b>	<b>125</b>		Open - Mężczyźni	118	10:30	SZCZYGŁY	<b>01:31:09.50</b>	<b>01:31:09.50</b>	+00:30:44 (33.7%)	9:06	6.6 (66.7%)
19	<b>SZCZYGIEŁ Łukasz</b>	<b>124</b>		Open - Mężczyźni	121	10:30	SZCZYGŁY	<b>01:32:05.85</b>	<b>01:32:05.85</b>	+00:31:40 (34.4%)	9:12	6.5 (65.7%)
20	<b>KOSTRZON Maciej</b>	<b>539</b>		Open - Mężczyźni	134	10:30		<b>01:34:22.20</b>	<b>01:34:22.20</b>	+00:33:56 (36.0%)	9:26	6.4 (64.6%)
21	<b>PAWŁOWSKI Tomasz</b>	<b>166</b>		Open - Mężczyźni	137	10:30		<b>01:35:07.10</b>	<b>01:35:07.10</b>	+00:34:41 (36.5%)	9:30	6.3 (63.6%)
22	<b>PILAS Szymon</b>	<b>156</b>		Open - Mężczyźni	149	10:30	OPRAWCY	<b>01:38:08.85</b>	<b>01:38:08.85</b>	+00:37:43 (38.4%)	9:48	6.1 (61.6%)
23	<b>BETLEJEWSKI Przemysław</b>	<b>164</b>		Open - Mężczyźni	156	10:30		<b>01:40:41.05</b>	<b>01:40:41.05</b>	+00:40:15 (40.0%)	10:04	6 (60.6%)
24	<b>JANKOWSKI Kamil Jankowski</b>	<b>110</b>		Open - Mężczyźni	157	10:30		<b>01:40:42.70</b>	<b>01:40:42.70</b>	+00:40:17 (40.0%)	10:04	6 (60.6%)
25	<b>JUSZCZAK Krzysztof</b>	<b>121</b>		Open - Mężczyźni	159	10:30	TARASOLA	<b>01:41:41.70</b>	<b>01:41:41.70</b>	+00:41:16 (40.6%)	10:10	5.9 (59.6%)
26	<b>ZUBOWICZ Nicolette</b>	<b>139</b>		Open - Kobiety	23	10:30	TARASOLA	<b>01:41:41.75</b>	<b>01:41:41.75</b>	+00:41:16 (40.6%)	10:10	5.9 (59.6%)
27	<b>KAMIŃSKI Krzysztof</b>	<b>68</b>		Open - Mężczyźni	160	10:30		<b>01:41:45.55</b>	<b>01:41:45.55</b>	+00:41:20 (40.6%)	10:10	5.9 (59.6%)
28	<b>SYLWESTRZAK Damian</b>	<b>87</b>		Open - Mężczyźni	177	10:30	ŁÓDZKIE DZIKI	<b>01:45:37.50</b>	<b>01:45:37.50</b>	+00:45:12 (42.8%)	10:33	5.7 (57.6%)
29	<b>STARZYŃSKA Karolina</b>	<b>67</b>		Open - Kobiety	30	10:30	BABICKIE DZIKI	<b>01:45:45.30</b>	<b>01:45:45.30</b>	+00:45:20 (42.9%)	10:34	5.7 (57.6%)

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30	<b>RAWA Katarzyna</b>	<b>113</b>		Open - Kobiety	31	10:30	BABICKIE DZIKI	<b>01:45:45.45</b>	<b>01:45:45.45</b>	+00:45:20 (42.9%)	10:34	5.7 (57.6%)
31	<b>MIERZWIŃSKI Kamil</b>	<b>107</b>		Open - Mężczyźni	191	10:30		<b>01:47:21.85</b>	<b>01:47:21.85</b>	+00:46:56 (43.7%)	10:44	5.6 (56.6%)
32	<b>WALASEK Cezary</b>	<b>85</b>		Open - Mężczyźni	192	10:30		<b>01:47:24.70</b>	<b>01:47:24.70</b>	+00:46:59 (43.7%)	10:44	5.6 (56.6%)
33	<b>HRYSZKO Bartosz</b>	<b>84</b>		Open - Mężczyźni	205	10:30	8 BALL CROSS GYM CHEŁM	<b>01:51:27.35</b>	<b>01:51:27.35</b>	+00:51:02 (45.8%)	11:08	5.4 (54.5%)
34	<b>SIENICKI Marcin</b>	<b>130</b>		Open - Mężczyźni	206	10:30	8 BALL CROSS GYM CHEŁM	<b>01:51:35.15</b>	<b>01:51:35.15</b>	+00:51:09 (45.9%)	11:09	5.4 (54.5%)
35	<b>ZABOROWSKI Lukasz</b>	<b>122</b>		Open - Mężczyźni	207	10:30	8BALL CROSS GYM	<b>01:51:37.90</b>	<b>01:51:37.90</b>	+00:51:12 (45.9%)	11:09	5.4 (54.5%)
36	<b>WNUK Paweł</b>	<b>146</b>		Open - Mężczyźni	208	10:30	8 BALL CROSS GYM CHEŁM	<b>01:51:38.80</b>	<b>01:51:38.80</b>	+00:51:13 (45.9%)	11:09	5.4 (54.5%)
37	<b>SIENICKA Paulina</b>	<b>143</b>		Open - Kobiety	48	10:30	8 BALL CROSS GYM CHEŁM	<b>01:51:39.10</b>	<b>01:51:39.10</b>	+00:51:13 (45.9%)	11:09	5.4 (54.5%)
38	<b>HRYSZKO Adriana</b>	<b>73</b>		Open - Kobiety	49	10:30	8 BALL CROSS GYM CHEŁM	<b>01:51:39.30</b>	<b>01:51:39.30</b>	+00:51:14 (45.9%)	11:09	5.4 (54.5%)
39	<b>KUJAWSKI Kordian</b>	<b>120</b>		Open - Mężczyźni	209	10:30		<b>01:51:39.60</b>	<b>01:51:39.60</b>	+00:51:14 (45.9%)	11:09	5.4 (54.5%)
40	<b>MECH Gabriela</b>	<b>95</b>		Open - Kobiety	50	10:30		<b>01:51:39.75</b>	<b>01:51:39.75</b>	+00:51:14 (45.9%)	11:09	5.4 (54.5%)
41	<b>FREJ Mariana</b>	<b>133</b>		Open - Kobiety	51	10:30	CHEŁM	<b>01:51:40.35</b>	<b>01:51:40.35</b>	+00:51:15 (45.9%)	11:10	5.4 (54.5%)
42	<b>FREJ Ewelina</b>	<b>94</b>		Open - Kobiety	52	10:30	CHEŁM	<b>01:51:42.25</b>	<b>01:51:42.25</b>	+00:51:17 (45.9%)	11:10	5.4 (54.5%)
43	<b>LIPCZYNSKI Jacek</b>	<b>102</b>		Open - Mężczyźni	210	10:30		<b>01:51:42.45</b>	<b>01:51:42.45</b>	+00:51:17 (45.9%)	11:10	5.4 (54.5%)
44	<b>WIŚNIEWSKI Arkadiusz</b>	<b>78</b>		Open - Mężczyźni	223	10:30	WARRIORS ŁÓDŹ	<b>01:55:17.45</b>	<b>01:55:17.45</b>	+00:54:52 (47.6%)	11:31	5.2 (52.5%)
45	<b>KAZIMIERCZAK Paweł</b>	<b>144</b>		Open - Mężczyźni	224	10:30	WARRIORS ŁÓDŹ	<b>01:55:18.10</b>	<b>01:55:18.10</b>	+00:54:52 (47.6%)	11:31	5.2 (52.5%)
46	<b>BRZOZOWSKI Krzysztof</b>	<b>4</b>		Open - Mężczyźni	234	10:30		<b>01:56:42.50</b>	<b>01:56:42.50</b>	+00:56:17 (48.2%)	11:40	5.1 (51.5%)
47	<b>HAWAJSKI Artur</b>	<b>81</b>		Open - Mężczyźni	243	10:30	RUM CHRUM	<b>01:58:11.05</b>	<b>01:58:11.05</b>	+00:57:45 (48.9%)	11:49	5.1 (51.5%)
48	<b>ULISZEWSKI Dominik</b>	<b>92</b>		Open - Mężczyźni	244	10:30	RUM CHRUM	<b>01:58:15.85</b>	<b>01:58:15.85</b>	+00:57:50 (48.9%)	11:49	5.1 (51.5%)
49	<b>PĘKALSKA Iwona</b>	<b>100</b>		Open - Kobiety	75	10:30	WOLA RUN	<b>01:59:59.35</b>	<b>01:59:59.35</b>	+00:59:34 (49.6%)	11:59	5 (50.5%)
50	<b>JAWORSKA Maria</b>	<b>132</b>		Open - Kobiety	76	10:30	WOLA RUN	<b>01:59:59.45</b>	<b>01:59:59.45</b>	+00:59:34 (49.6%)	11:59	5 (50.5%)
50	<b>DOBOSZ Katarzyna</b>	<b>115</b>		Open - Kobiety	76	10:30	WOLA RUN	<b>01:59:59.45</b>	<b>01:59:59.45</b>	+00:59:34 (49.6%)	11:59	5 (50.5%)
52	<b>GAŚLIOROWSKI Remigiusz</b>	<b>165</b>		Open - Mężczyźni	252	10:30	SAME KONIE	<b>02:00:39.80</b>	<b>02:00:39.80</b>	+01:00:14 (49.9%)	12:03	5 (50.5%)
53	<b>WIĘCEK Urszula</b>	<b>158</b>		Open - Kobiety	79	10:30	SAME KONIE	<b>02:00:39.85</b>	<b>02:00:39.85</b>	+01:00:14 (49.9%)	12:03	5 (50.5%)
54	<b>TRYNIECKI Michał</b>	<b>137</b>		Open - Mężczyźni	267	10:30	GEODEZJA_UP	<b>02:03:01.95</b>	<b>02:03:01.95</b>	+01:02:36 (50.9%)	12:18	4.9 (49.5%)
55	<b>RYBACZUK Przemysław</b>	<b>149</b>		Open - Mężczyźni	268	10:30	GEODEZJA_UP	<b>02:03:02.05</b>	<b>02:03:02.05</b>	+01:02:36 (50.9%)	12:18	4.9 (49.5%)
56	<b>DOBRANJA Kamil</b>	<b>106</b>		Open - Mężczyźni	269	10:30	SSW SMART SPEEDY WARRIORS	<b>02:03:02.50</b>	<b>02:03:02.50</b>	+01:02:37 (50.9%)	12:18	4.9 (49.5%)
57	<b>ZABANDŻAŁA Stanisław</b>	<b>154</b>		Open - Mężczyźni	270	10:30	SSW SMART SPEEDY WARRIORS	<b>02:03:16.40</b>	<b>02:03:16.40</b>	+01:02:51 (51.0%)	12:19	4.9 (49.5%)
58	<b>KAMEJSZA Emil</b>	<b>93</b>		Open - Mężczyźni	271	10:30	SSW SMART SPEEDY WARRIORS	<b>02:03:34.10</b>	<b>02:03:34.10</b>	+01:03:08 (51.1%)	12:21	4.9 (49.5%)
59	<b>ŚLIZ Marta</b>	<b>135</b>		Open - Kobiety	91	10:30	WOLA RUN	<b>02:03:40.10</b>	<b>02:03:40.10</b>	+01:03:14 (51.1%)	12:22	4.9 (49.5%)
60	<b>ZDUNKIEWICZ Klaudia</b>	<b>117</b>		Open - Kobiety	92	10:30	SSW SMART SPEEDY WARRIORS	<b>02:03:43.35</b>	<b>02:03:43.35</b>	+01:03:18 (51.2%)	12:22	4.8 (48.5%)
61	<b>STOBIŃSKI Karol</b>	<b>111</b>		Open - Mężczyźni	273	10:30	RUM CHRUM	<b>02:04:06.75</b>	<b>02:04:06.75</b>	+01:03:41 (51.3%)	12:24	4.8 (48.5%)
62	<b>BUKALSKI Radosław</b>	<b>150</b>		Open - Mężczyźni	276	10:30	FAMILY-RUN-FOR-FUN	<b>02:04:55.30</b>	<b>02:04:55.30</b>	+01:04:30 (51.6%)	12:29	4.8 (48.5%)
63	<b>PROKOP Martyna</b>	<b>69</b>		Open - Kobiety	96	10:30	FAMILY-RUN-FOR-FUN	<b>02:04:56.55</b>	<b>02:04:56.55</b>	+01:04:31 (51.6%)	12:29	4.8 (48.5%)
63	<b>JANCZYK Nina</b>	<b>140</b>		Open - Kobiety	96	10:30	FAMILY-RUN-FOR-FUN	<b>02:04:56.55</b>	<b>02:04:56.55</b>	+01:04:31 (51.6%)	12:29	4.8 (48.5%)
65	<b>STACHURSKA Katarzyna</b>	<b>114</b>		Open - Kobiety	98	10:30		<b>02:04:57.85</b>	<b>02:04:57.85</b>	+01:04:32 (51.6%)	12:29	4.8 (48.5%)
66	<b>ŻÓŁKOWSKA Karolina</b>	<b>112</b>		Open - Kobiety	100	10:30	RUN % FUN	<b>02:04:59.90</b>	<b>02:04:59.90</b>	+01:04:34 (51.7%)	12:29	4.8 (48.5%)
67	<b>STACHURSKI Dariusz</b>	<b>90</b>		Open - Mężczyźni	279	10:30		<b>02:05:01.75</b>	<b>02:05:01.75</b>	+01:04:36 (51.7%)	12:30	4.8 (48.5%)
68	<b>ŻÓŁKOWSKI Rafał</b>	<b>152</b>		Open - Mężczyźni	280	10:30	RUN % FUN	<b>02:05:01.80</b>	<b>02:05:01.80</b>	+01:04:36 (51.7%)	12:30	4.8 (48.5%)
69	<b>PROKOP Mateusz</b>	<b>70</b>		Open - Mężczyźni	283	10:30	FAMILY-RUN-FOR-FUN	<b>02:06:20.60</b>	<b>02:06:20.60</b>	+01:05:55 (52.2%)	12:38	4.7 (47.5%)
70	<b>MIKŁOSZ Agnieszka</b>	<b>74</b>		Open - Kobiety	104	10:30	#SAMEKONIE OLA TEAM	<b>02:06:32.65</b>	<b>02:06:32.65</b>	+01:06:07 (52.3%)	12:39	4.7 (47.5%)
71	<b>KRÓL Przemysław</b>	<b>71</b>		Open - Mężczyźni	287	10:30	#SAMEKONIE OLA TEAM	<b>02:06:32.85</b>	<b>02:06:32.85</b>	+01:06:07 (52.3%)	12:39	4.7 (47.5%)
72	<b>SIEŃKO Magdalena</b>	<b>128</b>		Open - Kobiety	112	10:30		<b>02:11:06.70</b>	<b>02:11:06.70</b>	+01:10:41 (53.9%)	13:06	4.6 (46.5%)
73	<b>RYCHŁOWSKA Joanna</b>	<b>103</b>		Open - Kobiety	113	10:30		<b>02:11:07.90</b>	<b>02:11:07.90</b>	+01:10:42 (53.9%)	13:06	4.6 (46.5%)

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74	<b>PONIEWAŻ Michał</b>	<b>138</b>		Open - Mężczyźni	296	10:30		<b>02:11:32.85</b>	<b>02:11:32.85</b>	+01:11:07 (54.1%)	13:09	4.6 (46.5%)
75	<b>PIECUCH Dawid</b>	<b>91</b>		Open - Mężczyźni	297	10:30	RUM CHRUM	<b>02:15:54.45</b>	<b>02:15:54.45</b>	+01:15:29 (55.5%)	13:35	4.4 (44.4%)
76	<b>SOCHAŃ Grzegorz</b>	<b>96</b>		Open - Mężczyźni	298	10:30	RUM CHRUM	<b>02:15:54.60</b>	<b>02:15:54.60</b>	+01:15:29 (55.5%)	13:35	4.4 (44.4%)
77	<b>TETŁAK Zofia</b>	<b>160</b>		Open - Kobiety	115	10:30	RUM CHRUM	<b>02:15:54.90</b>	<b>02:15:54.90</b>	+01:15:29 (55.5%)	13:35	4.4 (44.4%)
78	<b>UJAZDA Damian</b>	<b>86</b>		Open - Mężczyźni	299	10:30	RUM CHRUM	<b>02:15:54.95</b>	<b>02:15:54.95</b>	+01:15:29 (55.5%)	13:35	4.4 (44.4%)
79	<b>KOMOŃ Aleksandra</b>	<b>75</b>		Open - Kobiety	116	10:30	RUM CHRUM	<b>02:15:55.05</b>	<b>02:15:55.05</b>	+01:15:29 (55.5%)	13:35	4.4 (44.4%)
80	<b>FILIP Kinga</b>	<b>116</b>		Open - Kobiety	117	10:30	RUM CHRUM	<b>02:15:55.20</b>	<b>02:15:55.20</b>	+01:15:29 (55.5%)	13:35	4.4 (44.4%)
81	<b>MAGIERSKI Maciej</b>	<b>126</b>		Open - Mężczyźni	300	10:30	RUM CHRUM	<b>02:15:55.40</b>	<b>02:15:55.40</b>	+01:15:30 (55.5%)	13:35	4.4 (44.4%)
82	<b>RUSEK Krzysztof</b>	<b>167</b>		Open - Mężczyźni	305	10:30	WOLA RUN	<b>02:21:50.25</b>	<b>02:21:50.25</b>	+01:21:25 (57.4%)	14:11	4.2 (42.4%)
83	<b>PIECHOCIŃSKA Izabela</b>	<b>101</b>		Open - Kobiety	122	10:30	WOLA RUN	<b>02:21:51.60</b>	<b>02:21:51.60</b>	+01:21:26 (57.4%)	14:11	4.2 (42.4%)
84	<b>SICZEK Iлона</b>	<b>98</b>		Open - Kobiety	123	10:30	WOLA RUN	<b>02:21:52.50</b>	<b>02:21:52.50</b>	+01:21:27 (57.4%)	14:11	4.2 (42.4%)
85	<b>KIEREPKA Arek</b>	<b>77</b>		Open - Mężczyźni	321	10:30	#TWA	<b>02:57:48.50</b>	<b>02:57:48.50</b>	+01:57:23 (66.0%)	17:46	3.4 (34.3%)
86	<b>ZIELIŃSKA Marlena</b>	<b>134</b>		Open - Kobiety	144	10:30		<b>02:57:48.55</b>	<b>02:57:48.55</b>	+01:57:23 (66.0%)	17:46	3.4 (34.3%)
87	<b>MALMUR Paweł</b>	<b>145</b>		Open - Mężczyźni	322	10:30	RUM CHRUM					(0.0%)

Znaleziono 87 wynik(ów)