



Wydarzenie: HUNT RUN VIII
Organizator: SAA Ideas sp.z o.o.
Data: 2019-07-06
Miejsce: Białka Tatrzańska
Dystans: 10 km

HARDY DZIK

B4SPORT

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: 40-49 M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1_HR 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	WYSOKIŃSKI Marcin	2093		40-49 M	1	01:00:44	01:42:36.45	01:42:36.45		10:15	5.8 (100%)
2	MICHALAK Michał	2358		40-49 M	2	01:02:28	01:47:07.35	01:47:08.50	+00:04:32 (4.2%)	10:42	5.6 (96.6%)
3	KAPŁON Bogdan	2786		40-49 M	3	01:03:10	01:55:33.25	01:55:35.35	+00:12:58 (11.2%)	11:33	5.2 (89.7%)
4	CZAJA Piotr	2785		40-49 M	4	01:06:37	01:57:28.55	01:57:31.10	+00:14:54 (12.7%)	11:44	5.1 (87.9%)
5	BEREZOWSKI Waldemar	2103		40-49 M	5	01:06:51	01:57:55.20	01:57:58.20	+00:15:21 (13.0%)	11:47	5.1 (87.9%)
6	DZIEDZIC Grzegorz	2602		40-49 M	6	01:06:28	02:00:25.85	02:00:28.10	+00:17:51 (14.8%)	12:02	5 (86.2%)
7	DZIEDZIC Grzegorz	2919		40-49 M	7	01:08:54	02:00:48.00	02:04:31.80	+00:21:55 (17.6%)	12:04	5 (86.2%)
8	OLSZEWSKI Tomasz	3245		40-49 M	8	01:11:24	02:06:10.50	02:06:32.55	+00:23:56 (18.9%)	12:37	4.8 (82.8%)
9	BOCHENEK Adam	3104		40-49 M	9	01:07:35	02:07:11.45	02:07:14.85	+00:24:38 (19.4%)	12:43	4.7 (81.0%)
10	KACZWIŃSKI Paweł	2528		40-49 M	10	01:08:46	02:07:20.45	02:07:22.60	+00:24:46 (19.4%)	12:44	4.7 (81.0%)
11	PERUCKI Piotr	2753		40-49 M	11	01:10:49	02:10:19.70	02:10:21.90	+00:27:45 (21.3%)	13:01	4.6 (79.3%)
12	IMIOŁCZYK Roland	3522		40-49 M	12	01:16:55	02:14:02.15	02:14:03.65	+00:31:27 (23.5%)	13:24	4.5 (77.6%)
13	WIŚNIEWSKI Paweł	2879		40-49 M	13	01:15:45	02:14:03.55	02:14:06.05	+00:31:29 (23.5%)	13:24	4.5 (77.6%)
14	BISKUP Grzegorz	2705		40-49 M	14	01:20:14	02:17:35.00	02:17:49.15	+00:35:12 (25.5%)	13:45	4.4 (75.9%)
15	SICIARSKI Marcin	2466		40-49 M	15	01:13:41	02:15:30.70	02:18:00.00	+00:35:23 (25.6%)	13:33	4.4 (75.9%)
16	PISZCZEK Marcin	2791		40-49 M	16	01:13:13	02:18:50.35	02:18:52.90	+00:36:16 (26.1%)	13:53	4.3 (74.1%)
17	GÓRALSKI Jarosław	2792		40-49 M	17	01:13:14	02:18:52.30	02:18:55.00	+00:36:18 (26.1%)	13:53	4.3 (74.1%)
18	KOMOROWSKI Mirosław	3224		40-49 M	18	01:16:38	02:19:22.20	02:19:31.80	+00:36:55 (26.5%)	13:56	4.3 (74.1%)
19	TWOREK Krzysztof	2480		40-49 M	19	01:17:58	02:17:31.15	02:19:59.25	+00:37:22 (26.7%)	13:45	4.4 (75.9%)
20	MĘZIŃSKI Mariusz	2049		40-49 M	20	01:25:12	02:21:14.00	02:21:20.50	+00:38:44 (27.4%)	14:07	4.2 (72.4%)
21	LASEK Paweł	2859		40-49 M	21	01:15:17	02:27:05.25	02:27:08.20	+00:44:31 (30.3%)	14:42	4.1 (70.7%)
22	PILCH Janusz	3555		40-49 M	22	01:22:35	02:28:48.20	02:28:55.80	+00:46:19 (31.1%)	14:52	4 (69.0%)
23	KOSTRZEWA Rafał	3614		40-49 M	23	01:25:35	02:30:39.70	02:30:44.75	+00:48:08 (31.9%)	15:03	4 (69.0%)
24	SMOROŃ Marcin	3265		40-49 M	24	01:23:41	02:31:08.55	02:31:10.85	+00:48:34 (32.1%)	15:06	4 (69.0%)
25	MĘZIŃSKI Paweł	2048		40-49 M	25	01:25:56	02:32:03.90	02:32:11.30	+00:49:34 (32.6%)	15:12	3.9 (67.2%)
26	DOLATA Krzysztof	2007		40-49 M	26	01:27:39	02:32:13.05	02:32:19.70	+00:49:43 (32.6%)	15:13	3.9 (67.2%)
27	IWAŃSKI Jacek	2834		40-49 M	27	01:25:24	02:33:32.00	02:33:37.20	+00:51:00 (33.2%)	15:21	3.9 (67.2%)
28	STAROŃ Michał	3088		40-49 M	28	01:26:45	02:38:01.65	02:38:05.25	+00:55:28 (35.1%)	15:48	3.8 (65.5%)
29	BŁASZCZYK Łukasz	3009		40-49 M	29		02:38:11.65	02:38:11.65	+00:55:35 (35.1%)	15:49	3.8 (65.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1_HR	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						6km	10km	10km			
30	GAMŻA Adrian	2212		40-49 M	30	01:26:32	02:38:02.95	02:38:18.35	+00:55:41 (35.2%)	15:48	3.8 (65.5%)
31	KOSIOROWSKI Grzegorz	3142		40-49 M	31	01:25:21	02:41:15.70	02:41:22.30	+00:58:45 (36.4%)	16:07	3.7 (63.8%)
32	WOŹNIAK Adam	3673		40-49 M	32		02:42:44.55	02:42:47.15	+01:00:10 (37.0%)	16:16	3.7 (63.8%)
33	MŁYŃSKI Krzysztof	3062		40-49 M	33		02:42:46.40	02:42:49.70	+01:00:13 (37.0%)	16:16	3.7 (63.8%)
34	FOLTYŃSKI Maciej	3017		40-49 M	34	01:28:59	02:42:42.15	02:42:51.40	+01:00:14 (37.0%)	16:16	3.7 (63.8%)
35	BORKOWSKI Jacek	2501		40-49 M	35	01:28:15	02:42:52.00	02:42:54.20	+01:00:17 (37.0%)	16:17	3.7 (63.8%)
36	ŁAWNICZAK Przemysław	2551		40-49 M	36	01:24:33	02:44:07.30	02:44:18.90	+01:01:42 (37.6%)	16:24	3.7 (63.8%)
37	GONTAREK Rafał	2518		40-49 M	37	01:24:30	02:44:08.00	02:44:20.05	+01:01:43 (37.6%)	16:24	3.7 (63.8%)
38	DOMAŃSKI Marcin	4610		40-49 M	38	01:35:12	02:45:25.80	02:45:28.50	+01:02:52 (38.0%)	16:32	3.6 (62.1%)
39	PAWŁOWSKI Rafał	3723		40-49 M	39	01:29:49	02:45:41.00	02:45:49.80	+01:03:13 (38.1%)	16:34	3.6 (62.1%)
40	LAMENTA Andrzej	2038		40-49 M	40	01:25:12	02:45:55.45	02:45:57.10	+01:03:20 (38.2%)	16:35	3.6 (62.1%)
41	DZIERŻAK Arkadiusz	2009		40-49 M	41	01:33:02	02:45:57.95	02:46:01.60	+01:03:25 (38.2%)	16:35	3.6 (62.1%)
42	MUSZYŃSKI Maciej	2655		40-49 M	42	01:30:10	02:46:07.60	02:46:12.40	+01:03:35 (38.3%)	16:36	3.6 (62.1%)
43	SZCZEPANIAK Aleksander	2974		40-49 M	43	01:29:11	02:43:19.00	02:47:08.30	+01:04:31 (38.6%)	16:19	3.7 (63.8%)
44	WOJTAL Marcin	4696		40-49 M	44	01:33:09	02:49:38.85	02:49:48.30	+01:07:11 (39.6%)	16:57	3.5 (60.3%)
45	ŚLIWOWSKI Marcin	3091		40-49 M	45	01:34:23	02:50:11.25	02:50:18.20	+01:07:41 (39.8%)	17:01	3.5 (60.3%)
46	RAJ Tomasz	4773		40-49 M	46	01:38:33	02:50:30.35	02:50:36.00	+01:07:59 (39.9%)	17:03	3.5 (60.3%)
47	DROBNY Bogusław	2823		40-49 M	47	01:34:58	02:51:51.25	02:51:53.00	+01:09:16 (40.3%)	17:11	3.5 (60.3%)
48	SOBIECH Piotr	4750		40-49 M	48	01:36:44	02:52:06.45	02:52:15.80	+01:09:39 (40.4%)	17:12	3.5 (60.3%)
49	BURKAT Marcin	3704		40-49 M	49	01:38:10	02:53:28.90	02:53:52.45	+01:11:16 (41.0%)	17:20	3.5 (60.3%)
50	KURCZAK Mateusz	2793		40-49 M	50	01:47:03	02:53:49.70	02:53:53.90	+01:11:17 (41.0%)	17:22	3.5 (60.3%)
51	KUCHTA Krzysztof	2796		40-49 M	51	01:40:30	02:53:33.60	02:53:54.00	+01:11:17 (41.0%)	17:21	3.5 (60.3%)
52	KORKOSZ Kacper	2787		40-49 M	52	01:39:10	02:53:50.25	02:53:54.45	+01:11:18 (41.0%)	17:23	3.5 (60.3%)
53	ŚLIWA Konrad	2584		40-49 M	53	01:36:06	02:54:07.95	02:54:18.45	+01:11:42 (41.1%)	17:24	3.4 (58.6%)
54	RZADKOSZ Tomasz	2798		40-49 M	54	01:38:37	02:54:41.35	02:54:58.00	+01:12:21 (41.4%)	17:28	3.4 (58.6%)
55	LIPKA Daniel	2443		40-49 M	55	01:31:07	02:53:16.70	02:55:49.50	+01:13:13 (41.6%)	17:19	3.5 (60.3%)
56	DRAŻEK Marek	3310		40-49 M	56	01:29:08	02:56:27.70	02:56:37.90	+01:14:01 (41.9%)	17:38	3.4 (58.6%)
57	PILARSKI Michał	3644		40-49 M	57	01:33:58	02:58:23.15	02:58:34.15	+01:15:57 (42.5%)	17:50	3.4 (58.6%)
58	SZATAŃSKI Dariusz	3358		40-49 M	58	01:34:08	02:58:24.35	02:58:36.25	+01:15:59 (42.6%)	17:50	3.4 (58.6%)
59	PRUSAK Patryk	2661		40-49 M	59	01:44:08	03:00:00.25	03:00:18.40	+01:17:41 (43.1%)	18:00	3.3 (56.9%)
60	NOWAK Andrzej	3639		40-49 M	60	01:35:28	03:00:26.55	03:00:28.50	+01:17:52 (43.1%)	18:02	3.3 (56.9%)
61	CIERPICH Paweł	3509		40-49 M	61	01:42:28	03:02:54.20	03:02:58.70	+01:20:22 (43.9%)	18:17	3.3 (56.9%)
62	SADOCH Marcin	3649		40-49 M	62	01:42:19	03:03:03.80	03:03:14.05	+01:20:37 (44.0%)	18:18	3.3 (56.9%)
63	NIERADZIK Marek	3551		40-49 M	63	01:39:55	03:03:12.60	03:03:17.85	+01:20:41 (44.0%)	18:19	3.3 (56.9%)
64	SAPIELAK Zbigniew	2878		40-49 M	64	01:39:34	03:03:34.70	03:03:38.35	+01:21:01 (44.1%)	18:21	3.3 (56.9%)
65	KORAB Grzegorz	3613		40-49 M	65	01:41:47	03:03:33.05	03:03:44.35	+01:21:07 (44.2%)	18:21	3.3 (56.9%)
66	ŚWIĘCH Adam	3660		40-49 M	66	01:42:15	03:03:38.85	03:03:48.15	+01:21:11 (44.2%)	18:21	3.3 (56.9%)
67	KOWALIK Krzysztof	2736		40-49 M	67	01:44:16	03:03:44.95	03:03:50.10	+01:21:13 (44.2%)	18:22	3.3 (56.9%)
68	TOKARSKI Jacek	2775		40-49 M	68	01:44:22	03:03:46.85	03:03:52.10	+01:21:15 (44.2%)	18:22	3.3 (56.9%)
69	BIK Jacek	2906		40-49 M	69	01:41:33	03:04:53.60	03:05:15.50	+01:22:39 (44.6%)	18:29	3.2 (55.2%)
70	STĘPIEŃ Maciej	3090		40-49 M	70	01:36:06	03:05:21.20	03:05:33.20	+01:22:56 (44.7%)	18:32	3.2 (55.2%)
71	WYRZYKOWSKI Arkadiusz	2198		40-49 M	71	01:42:06	03:03:44.50	03:06:17.30	+01:23:40 (44.9%)	18:22	3.3 (56.9%)
72	RZEPKA Rafał	2766		40-49 M	72	01:43:08	03:07:59.45	03:08:11.95	+01:25:35 (45.5%)	18:47	3.2 (55.2%)
73	OBŁOZA Adam	2453		40-49 M	73	01:34:41	03:06:00.95	03:08:34.05	+01:25:57 (45.6%)	18:36	3.2 (55.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1_HR 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
74	IWOŁA Krzysztof	2835		40-49 M	74	01:40:00	03:08:53.55	03:08:55.90	+01:26:19 (45.7%)	18:53	3.2 (55.2%)
75	WIDUCH Ryszard	2084		40-49 M	75	01:47:26	03:09:46.45	03:09:52.80	+01:27:16 (46.0%)	18:58	3.2 (55.2%)
76	OKRASA Bartek	3243		40-49 M	76	01:33:46	03:11:16.70	03:11:19.00	+01:28:42 (46.4%)	19:07	3.1 (53.4%)
77	WOJTYNA Wittek	2591		40-49 M	77	01:44:57	03:12:00.85	03:12:05.75	+01:29:29 (46.6%)	19:12	3.1 (53.4%)
78	ĆWIRLEJ Andrzej	2816		40-49 M	78	01:46:14	03:14:06.10	03:14:09.70	+01:31:33 (47.2%)	19:24	3.1 (53.4%)
79	NOWAKOWSKI Maciej	2958		40-49 M	79	01:36:59	03:12:08.30	03:15:56.10	+01:33:19 (47.6%)	19:12	3.1 (53.4%)
80	TWARDY Paweł	3475		40-49 M	80	01:50:30	03:15:49.20	03:16:02.65	+01:33:26 (47.7%)	19:34	3.1 (53.4%)
81	GORTOWSKI Radek	3020		40-49 M	81	01:52:33	03:17:05.60	03:17:32.90	+01:34:56 (48.1%)	19:42	3 (51.7%)
82	BOJARSKI Marcin	2203		40-49 M	82	01:56:26	03:17:28.50	03:17:46.80	+01:35:10 (48.1%)	19:44	3 (51.7%)
83	KRZACZEK Jacek	2230		40-49 M	83	01:56:45	03:17:37.65	03:17:47.00	+01:35:10 (48.1%)	19:45	3 (51.7%)
84	DZIKOWSKI Wojtek	2318		40-49 M	84	01:46:24	03:18:17.75	03:18:20.65	+01:35:44 (48.3%)	19:49	3 (51.7%)
85	SŁOWIK Jacek	2254		40-49 M	85	01:56:24	03:19:15.40	03:19:32.60	+01:36:56 (48.6%)	19:55	3 (51.7%)
86	KOZŁOWSKI Łukasz	2226		40-49 M	86	01:56:30	03:19:20.10	03:19:33.50	+01:36:57 (48.6%)	19:56	3 (51.7%)
87	KRASZEWSKI Arkadiusz	2434		40-49 M	87	01:53:05	03:17:54.85	03:20:27.25	+01:37:50 (48.8%)	19:47	3 (51.7%)
88	POCIASK Paweł	3165		40-49 M	88	01:57:20	03:21:03.40	03:21:09.60	+01:38:33 (49.0%)	20:06	3 (51.7%)
89	BARĆ Bartosz	3006		40-49 M	89	01:41:41	03:22:33.25	03:22:41.85	+01:40:05 (49.4%)	20:15	3 (51.7%)
90	ADAMUS Marek	3000		40-49 M	90	01:51:29	03:24:51.00	03:24:52.70	+01:42:16 (49.9%)	20:29	2.9 (50.0%)
91	WŁODARCZYK Paweł	3674		40-49 M	91	01:51:34	03:24:54.30	03:24:56.90	+01:42:20 (49.9%)	20:29	2.9 (50.0%)
92	HANUSZ Krzysztof	3426		40-49 M	92	01:49:25	03:25:19.55	03:25:25.90	+01:42:49 (50.1%)	20:31	2.9 (50.0%)
93	CZYŻ Fryderyk	2607		40-49 M	93	01:58:11	03:26:16.65	03:26:27.75	+01:43:51 (50.3%)	20:37	2.9 (50.0%)
94	KALETA Krzysztof	2621		40-49 M	94	01:58:27	03:26:23.50	03:26:35.10	+01:43:58 (50.3%)	20:38	2.9 (50.0%)
95	KOZICA Łukasz	2542		40-49 M	95	01:37:35	03:26:39.15	03:26:42.50	+01:44:06 (50.4%)	20:39	2.9 (50.0%)
96	MISIOROWSKI Marcin	3060		40-49 M	96	01:53:10	03:27:53.50	03:28:01.10	+01:45:24 (50.7%)	20:47	2.9 (50.0%)
97	BERNAT Sebastian	3007		40-49 M	97	01:53:18	03:27:55.15	03:28:01.60	+01:45:25 (50.7%)	20:47	2.9 (50.0%)
98	WYSZKA Romuald	2493		40-49 M	98	01:39:59	03:27:56.20	03:28:03.00	+01:45:26 (50.7%)	20:47	2.9 (50.0%)
99	KAMIŃSKI Marcin	3325		40-49 M	99	01:59:26	03:28:50.70	03:28:57.65	+01:46:21 (50.9%)	20:53	2.9 (50.0%)
100	ROMANOWSKI Radosław	3347		40-49 M	100	01:59:20	03:28:51.45	03:28:59.15	+01:46:22 (50.9%)	20:53	2.9 (50.0%)
101	MATUSZEWSKI Sebastian	3545		40-49 M	101	01:49:15	03:30:08.40	03:30:12.30	+01:47:35 (51.2%)	21:00	2.9 (50.0%)
102	SZKLARZ Łukasz	3567		40-49 M	102	01:53:41	03:28:17.70	03:30:48.30	+01:48:11 (51.3%)	20:49	2.9 (50.0%)
103	TUCZNIO Franciszek	2589		40-49 M	103		03:32:45.00	03:32:45.00	+01:50:08 (51.8%)	21:16	2.8 (48.3%)
104	CZAPIŃSKI Bartosz	2505		40-49 M	104	01:54:12	03:30:48.70	03:33:19.75	+01:50:43 (51.9%)	21:04	2.8 (48.3%)
105	WESOŁOWSKI Konrad	2984		40-49 M	105	01:48:58	03:31:09.50	03:35:01.25	+01:52:24 (52.3%)	21:07	2.8 (48.3%)
106	JAJESNIAK Mariusz	4914		40-49 M	106	01:55:01	03:35:23.45	03:35:32.80	+01:52:56 (52.4%)	21:32	2.8 (48.3%)
107	PIERSA Tomasz	4751		40-49 M	107	01:55:02	03:36:10.50	03:36:22.30	+01:53:45 (52.6%)	21:37	2.8 (48.3%)
108	CZMOK Robert	3115		40-49 M	108	02:08:51	03:37:46.35	03:37:52.05	+01:55:15 (52.9%)	21:46	2.8 (48.3%)
109	KOTYNIIEWICZ Krzysztof	2433		40-49 M	109	02:08:29	03:39:33.15	03:42:10.80	+01:59:34 (53.8%)	21:57	2.7 (46.6%)
110	SKOCZYLAS Paweł	2469		40-49 M	110	02:07:10	03:39:53.40	03:42:24.90	+01:59:48 (53.9%)	21:59	2.7 (46.6%)
111	ANASZEWSKI Krzysztof	3600		40-49 M	111	01:48:59	03:45:48.15	03:45:52.15	+02:03:15 (54.6%)	22:34	2.7 (46.6%)
112	KOCABA Marek	2625		40-49 M	112	02:04:45	03:47:37.40	03:47:47.90	+02:05:11 (55.0%)	22:45	2.6 (44.8%)
113	STANIK Marcin	2075		40-49 M	113	01:55:11	03:48:58.85	03:49:05.05	+02:06:28 (55.2%)	22:53	2.6 (44.8%)
114	TABOR Krzysztof	2888		40-49 M	114	02:07:37	03:49:08.15	03:49:15.40	+02:06:38 (55.2%)	22:54	2.6 (44.8%)
115	ROGALA Jakub	2380		40-49 M	115	02:08:21	03:49:56.30	03:50:02.90	+02:07:26 (55.4%)	22:59	2.6 (44.8%)
116	KOTULA Janusz	2336		40-49 M	116	02:08:18	03:50:00.65	03:50:03.90	+02:07:27 (55.4%)	23:00	2.6 (44.8%)
117	FOKS Paweł	2210		40-49 M	117	02:02:45	03:50:09.35	03:50:18.10	+02:07:41 (55.4%)	23:01	2.6 (44.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1_HR 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
118	SOKOŁOWSKI Marcin	2472		40-49 M	118	02:03:45	03:47:50.95	03:50:30.10	+02:07:53 (55.5%)	22:47	2.6 (44.8%)
119	HAŁADYNA Roman	2794		40-49 M	119	01:57:52	03:50:29.65	03:50:30.80	+02:07:54 (55.5%)	23:02	2.6 (44.8%)
120	KOPACKI Tomasz	3041		40-49 M	120	01:59:04	03:53:00.45	03:53:13.65	+02:10:37 (56.0%)	23:18	2.6 (44.8%)
121	GABRYŚ Mariusz	2010		40-49 M	121	02:12:53	03:54:34.70	03:54:37.70	+02:12:01 (56.3%)	23:27	2.6 (44.8%)
122	MĄDRZYCKI Arkadiusz	3633		40-49 M	122	02:07:05	03:55:53.95	03:55:58.80	+02:13:22 (56.5%)	23:35	2.5 (43.1%)
123	LASKOWSKI Marek	3623		40-49 M	123	02:07:02	03:55:54.40	03:56:00.35	+02:13:23 (56.5%)	23:35	2.5 (43.1%)
124	NIEWIEDZIAŁA Artur	3637		40-49 M	124	02:20:21	03:55:57.30	03:56:00.50	+02:13:24 (56.5%)	23:35	2.5 (43.1%)
125	PRZĄDO Jarosław	3558		40-49 M	125	02:12:39	03:56:04.45	03:56:11.25	+02:13:34 (56.6%)	23:36	2.5 (43.1%)
126	SYGUŁA Paweł	2971		40-49 M	126	02:00:34	03:55:30.05	03:59:27.00	+02:16:50 (57.1%)	23:33	2.5 (43.1%)
127	NAPIÓRKOWSKI Michał	2956		40-49 M	127	02:02:20	03:55:38.35	03:59:31.05	+02:16:54 (57.2%)	23:33	2.5 (43.1%)
128	KROL Mariusz	2853		40-49 M	128	02:02:25	03:55:40.50	03:59:32.85	+02:16:56 (57.2%)	23:34	2.5 (43.1%)
129	JANIK Krzysztof	2219		40-49 M	129	02:12:45	04:01:28.05	04:01:40.70	+02:19:04 (57.5%)	24:08	2.5 (43.1%)
130	GARCZEWSKI Krzysztof	2926		40-49 M	130	02:19:17	04:01:55.65	04:05:42.70	+02:23:06 (58.2%)	24:11	2.5 (43.1%)
131	STOIKE Ryszard	3269		40-49 M	131	02:03:19	04:08:09.65	04:08:16.50	+02:25:40 (58.7%)	24:49	2.4 (41.4%)
132	PROKOPIUK Błażej	3251		40-49 M	132	02:03:02	04:08:45.55	04:08:45.55	+02:26:09 (58.8%)	24:52	2.4 (41.4%)
133	DMITROWSKI Grzegorz	2918		40-49 M	133	02:13:35	04:05:14.95	04:08:59.95	+02:26:23 (58.8%)	24:31	2.4 (41.4%)
134	MIREK Tomasz	2952		40-49 M	134	02:13:31	04:05:12.85	04:09:00.80	+02:26:24 (58.8%)	24:31	2.4 (41.4%)
135	CZECH Jacek	2912		40-49 M	135	02:13:41	04:05:17.95	04:09:06.20	+02:26:29 (58.8%)	24:31	2.4 (41.4%)
136	TABIN Marek	2977		40-49 M	136	02:13:35	04:05:18.35	04:09:06.30	+02:26:29 (58.8%)	24:31	2.4 (41.4%)
137	JUS Gracjan	2845		40-49 M	137	02:12:34	04:12:04.70	04:12:13.50	+02:29:37 (59.3%)	25:12	2.4 (41.4%)
138	MUCHA Grzegorz	3065		40-49 M	138	02:16:55	04:12:53.45	04:12:59.30	+02:30:22 (59.4%)	25:17	2.4 (41.4%)
139	MUCHA Robert	2239		40-49 M	139	02:19:44	04:16:25.35	04:16:26.75	+02:33:50 (60.0%)	25:38	2.3 (39.7%)
140	PIORUN Michał	2962		40-49 M	140	02:10:42	04:20:29.75	04:24:17.80	+02:41:41 (61.2%)	26:02	2.3 (39.7%)
141	BOJDA Kamil	3107		40-49 M	141	02:26:16	04:25:14.90	04:25:20.60	+02:42:44 (61.3%)	26:31	2.3 (39.7%)
142	JÓZEFOWICZ Dariusz	2525		40-49 M	142	02:24:43	04:33:04.00	04:33:11.45	+02:50:35 (62.4%)	27:18	2.2 (37.9%)
143	DZIAŁOWSKI Dariusz	2714		40-49 M	143	02:30:10	04:34:08.30	04:34:14.40	+02:51:37 (62.6%)	27:24	2.2 (37.9%)
144	TOMASZEK Krzysztof	2479		40-49 M	144	02:30:01	04:41:28.80	04:44:09.20	+03:01:32 (63.9%)	28:08	2.1 (36.2%)
145	KONCZAL Robert	2432		40-49 M	145	02:30:18	04:41:27.60	04:44:09.45	+03:01:33 (63.9%)	28:08	2.1 (36.2%)
146	KMIECIK Krzysztof	3710		40-49 M	146	02:22:20	04:46:11.35	04:46:22.40	+03:03:45 (64.2%)	28:37	2.1 (36.2%)
147	KMIECIK Paweł	3680		40-49 M	147	02:22:25	04:46:14.00	04:46:24.35	+03:03:47 (64.2%)	28:37	2.1 (36.2%)
148	PADEREWSKI Rafał	2788		40-49 M	148	02:22:39	04:46:25.75	04:46:26.65	+03:03:50 (64.2%)	28:38	2.1 (36.2%)
149	KMIECIK Adam	3681		40-49 M	149	02:22:19	04:46:16.10	04:46:28.30	+03:03:51 (64.2%)	28:37	2.1 (36.2%)
150	BŁĄŻEJOWSKI Tomasz	2799		40-49 M	150	02:22:10	04:47:09.05	04:47:39.30	+03:05:02 (64.3%)	28:42	2.1 (36.2%)
151	FERENS Marek	2114		40-49 M	151	02:31:02	04:48:19.00	04:48:22.50	+03:05:46 (64.4%)	28:49	2.1 (36.2%)
152	GÓRA Andrzej	3700		40-49 M	152	02:16:37	04:50:43.95	04:51:11.25	+03:08:34 (64.8%)	29:04	2.1 (36.2%)
153	NOWOBILSKI Jan	3708		40-49 M	153	02:22:14	04:51:00.55	04:51:12.40	+03:08:35 (64.8%)	29:06	2.1 (36.2%)
154	KORKOSZ Krzysztof	3709		40-49 M	154	02:22:16	04:50:46.60	04:51:12.50	+03:08:36 (64.8%)	29:04	2.1 (36.2%)
155	MARDUŁA Adam	3706		40-49 M	155	02:16:34	04:51:01.70	04:51:26.70	+03:08:50 (64.8%)	29:06	2.1 (36.2%)
156	WODZIAK Andrzej	3705		40-49 M	156	02:22:24	04:50:55.95	04:51:30.00	+03:08:53 (64.8%)	29:05	2.1 (36.2%)
157	CZAJKOWSKI Łukasz	3702		40-49 M	157	02:22:50	04:51:23.35	04:51:30.20	+03:08:53 (64.8%)	29:08	2.1 (36.2%)
158	MATYNIA Darek	2795		40-49 M	158	02:21:28	04:51:06.35	04:51:35.00	+03:08:58 (64.8%)	29:06	2.1 (36.2%)
159	NOWOBILSKI Paweł	2790		40-49 M	159	02:22:45	04:51:21.20	04:51:36.60	+03:09:00 (64.8%)	29:08	2.1 (36.2%)