



# HARDY DZIK

B4SPORT

**Wydarzenie:** HUNT RUN VIII  
**Organizator:** SAA Ideas sp.z o.o.  
**Data:** 2019-07-06  
**Miejsce:** Białka Tatrzańska  
**Dystans:** 10 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1_HR 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	OPIAŁ Grzegorz	124		Elite Mężczyźni	1	00:46:37	01:19:47.80	01:19:48.70		7:58	7.5 (100%)
2	KRZYSTYNIAK Robert	118		Elite Mężczyźni	2	00:48:47	01:21:06.00	01:21:06.95	+00:01:18 (1.6%)	8:06	7.4 (98.7%)
3	RACZEK Radosław	127		Elite Mężczyźni	3	00:50:03	01:23:18.25	01:23:20.20	+00:03:31 (4.2%)	8:19	7.2 (96.0%)
4	PRUSAK Piotr	126		Elite Mężczyźni	4	00:49:57	01:23:24.35	01:23:25.40	+00:03:36 (4.3%)	8:20	7.2 (96.0%)
5	JAGIEŁO Michał	112		Elite Mężczyźni	5	00:49:47	01:25:25.70	01:25:27.25	+00:05:38 (6.6%)	8:32	7 (93.3%)
6	ŚWIĘTEK Bartosz	130		Elite Mężczyźni	6	00:53:15	01:29:06.80	01:29:09.80	+00:09:21 (10.5%)	8:54	6.7 (89.3%)
7	LIPA Piotr	2041		30-39 M	1	00:53:22	01:32:03.00	01:32:05.05	+00:12:16 (13.3%)	9:12	6.5 (86.7%)
8	DĄBROWSKI Radosław	4723		Elite Mężczyźni	7	00:55:58	01:33:20.85	01:33:22.40	+00:13:33 (14.5%)	9:20	6.4 (85.3%)
9	JAMRÓG Mateusz	2128		30-39 M	2	00:53:06	01:35:45.85	01:35:49.40	+00:16:00 (16.7%)	9:34	6.3 (84.0%)
10	GUCIK Piotr	110		Elite Mężczyźni	8	00:55:59	01:36:23.35	01:36:26.35	+00:16:37 (17.2%)	9:38	6.2 (82.7%)
11	GALICA Andrzej	4667		Elite Mężczyźni	9	00:57:06	01:36:27.40	01:36:30.65	+00:16:41 (17.3%)	9:38	6.2 (82.7%)
12	OLSZEWSKI Artur	123		Elite Mężczyźni	10	00:55:19	01:37:28.85	01:37:29.95	+00:17:41 (18.1%)	9:44	6.2 (82.7%)
13	OBLIZAJEK Paweł	3067		16-29 M	1	00:57:29	01:37:30.10	01:37:32.10	+00:17:43 (18.2%)	9:45	6.2 (82.7%)
14	SZYMASZEK Bartłomiej	2080		30-39 M	3	00:56:36	01:37:35.95	01:37:38.00	+00:17:49 (18.3%)	9:45	6.1 (81.3%)
15	ORCZYK Rafał	2455		16-29 M	2	00:57:17	01:35:36.40	01:38:03.10	+00:18:14 (18.6%)	9:33	6.3 (84.0%)
16	JENDRUSIAK Daniel	114		Elite Mężczyźni	11	00:59:41	01:38:29.50	01:38:31.85	+00:18:43 (19.0%)	9:50	6.1 (81.3%)
17	PYTEL Stanisław	2462		30-39 M	4	00:58:37	01:36:04.60	01:38:32.50	+00:18:43 (19.0%)	9:36	6.2 (82.7%)
18	JANKOWSKI Radosław	3027		30-39 M	5	00:57:52	01:39:03.85	01:39:06.55	+00:19:17 (19.5%)	9:54	6.1 (81.3%)
19	CHYBOWSKI Rafał	4758		16-29 M	3	01:00:43	01:39:22.90	01:39:24.05	+00:19:35 (19.7%)	9:56	6 (80.0%)
20	ZIELIŃSKI Tomasz	3672		Elite Mężczyźni	12	01:00:17	01:40:55.45	01:40:57.15	+00:21:08 (20.9%)	10:05	5.9 (78.7%)
21	KOWALIK Marcin	2136		30-39 M	6	00:59:33	01:42:00.75	01:42:03.45	+00:22:14 (21.8%)	10:12	5.9 (78.7%)
22	WYSOKIŃSKI Marcin	2093		40-49 M	1	01:00:44	01:42:36.45	01:42:36.45	+00:22:47 (22.2%)	10:15	5.8 (77.3%)
23	DĄBROWSKI Tomasz	2006		30-39 M	7	00:55:59	01:42:34.70	01:42:37.35	+00:22:48 (22.2%)	10:15	5.8 (77.3%)
24	MALEC Bartek	3054		Elite Mężczyźni	13	01:01:15	01:42:56.35	01:42:57.90	+00:23:09 (22.5%)	10:17	5.8 (77.3%)
25	KOZIOŁ Robert	2629		30-39 M	8	00:59:45	01:44:11.10	01:44:14.05	+00:24:25 (23.4%)	10:25	5.8 (77.3%)
26	SUŁEK Grzegorz	2388		16-29 M	4	01:01:10	01:41:56.25	01:44:23.75	+00:24:35 (23.5%)	10:11	5.9 (78.7%)
27	FALKIEWICZ Michał	106		30-39 M	9	00:58:19	01:44:22.85	01:44:25.60	+00:24:36 (23.6%)	10:26	5.7 (76.0%)
28	LIPA Ireneusz	2143		30-39 M	10	01:01:10	01:45:18.05	01:45:19.15	+00:25:30 (24.2%)	10:31	5.7 (76.0%)
29	MICHALAK Michał	2358		40-49 M	2	01:02:28	01:47:07.35	01:47:08.50	+00:27:19 (25.5%)	10:42	5.6 (74.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
30	<b>MIĘKINA Tomasz</b>	<b>4638</b>		30-39 M	11	01:02:27	<b>01:48:00.95</b>	<b>01:48:01.80</b>	+00:28:13 (26.1%)	10:48	5.6 (74.7%)
31	<b>KAWA Rafał</b>	<b>2030</b>		30-39 M	12	01:00:57	<b>01:49:36.30</b>	<b>01:49:38.70</b>	+00:29:50 (27.2%)	10:57	5.5 (73.3%)
32	<b>MICHALSKI Marcin</b>	<b>2050</b>		16-29 M	5	01:02:20	<b>01:50:29.75</b>	<b>01:50:31.65</b>	+00:30:42 (27.8%)	11:03	5.4 (72.0%)
33	<b>STĘPIEŃ Marcin</b>	<b>3267</b>		30-39 M	13	00:38:25	<b>01:50:34.35</b>	<b>01:50:34.35</b>	+00:30:45 (27.8%)	11:03	5.4 (72.0%)
34	<b>KRYBUS Artur</b>	<b>117</b>		Elite Mężczyźni	14	00:56:57	<b>01:51:39.05</b>	<b>01:51:41.10</b>	+00:31:52 (28.5%)	11:09	5.4 (72.0%)
35	<b>WILCZEWSKI Rafał</b>	<b>3671</b>		16-29 M	6	01:02:23	<b>01:51:48.45</b>	<b>01:51:50.05</b>	+00:32:01 (28.6%)	11:10	5.4 (72.0%)
36	<b>SZPOND Dariusz</b>	<b>3180</b>		30-39 M	14		<b>01:52:11.00</b>	<b>01:52:11.00</b>	+00:32:22 (28.9%)	11:13	5.3 (70.7%)
37	<b>SOPPA Tomasz</b>	<b>2387</b>		Elite Mężczyźni	15	01:07:37	<b>01:52:56.25</b>	<b>01:52:59.95</b>	+00:33:11 (29.4%)	11:17	5.3 (70.7%)
38	<b>SZADKOWSKI Wiktor</b>	<b>4765</b>		16-29 M	7		<b>01:53:27.40</b>	<b>01:53:29.50</b>	+00:33:40 (29.7%)	11:20	5.3 (70.7%)
39	<b>GAMLA Kamil</b>	<b>3421</b>		16-29 M	8	01:05:45	<b>01:53:28.10</b>	<b>01:53:29.70</b>	+00:33:41 (29.7%)	11:20	5.3 (70.7%)
40	<b>GRYGORUK Mirek</b>	<b>3128</b>		30-39 M	15	01:03:24	<b>01:54:03.15</b>	<b>01:54:06.05</b>	+00:34:17 (30.1%)	11:24	5.3 (70.7%)
41	<b>PARTYKA Sebastian</b>	<b>2751</b>		30-39 M	16	01:05:13	<b>01:54:33.95</b>	<b>01:54:35.75</b>	+00:34:47 (30.4%)	11:27	5.2 (69.3%)
42	<b>CIACIEK Tomasz</b>	<b>2415</b>		30-39 M	17	01:01:46	<b>01:52:08.65</b>	<b>01:54:36.45</b>	+00:34:47 (30.4%)	11:12	5.3 (70.7%)
43	<b>GRESZTA Waldemar</b>	<b>109</b>		Elite Mężczyźni	16	01:07:25	<b>01:54:43.60</b>	<b>01:54:46.85</b>	+00:34:58 (30.5%)	11:28	5.2 (69.3%)
44	<b>KAPŁON Bogdan</b>	<b>2786</b>		40-49 M	3	01:03:10	<b>01:55:33.25</b>	<b>01:55:35.35</b>	+00:35:46 (31.0%)	11:33	5.2 (69.3%)
45	<b>PIRÓG Mateusz</b>	<b>3072</b>		30-39 M	18	01:07:11	<b>01:56:01.70</b>	<b>01:56:06.40</b>	+00:36:17 (31.3%)	11:36	5.2 (69.3%)
46	<b>GALICA Piotr</b>	<b>4670</b>		Elite Mężczyźni	17	01:07:24	<b>01:55:53.65</b>	<b>01:56:08.35</b>	+00:36:19 (31.3%)	11:35	5.2 (69.3%)
47	<b>STASIK Jakub</b>	<b>2076</b>		30-39 M	19	01:09:16	<b>01:56:46.25</b>	<b>01:56:51.05</b>	+00:37:02 (31.7%)	11:40	5.1 (68.0%)
48	<b>CZAJA Piotr</b>	<b>2785</b>		40-49 M	4	01:06:37	<b>01:57:28.55</b>	<b>01:57:31.10</b>	+00:37:42 (32.1%)	11:44	5.1 (68.0%)
49	<b>ZWOLIŃSKI Michał</b>	<b>3282</b>	TEAM DORIS KRAKÓW	30-39 M	20	01:04:00	<b>01:57:43.30</b>	<b>01:57:44.55</b>	+00:37:55 (32.2%)	11:46	5.1 (68.0%)
50	<b>DOMINIAK Daniel</b>	<b>4677</b>		16-29 M	9	01:08:50	<b>01:57:48.65</b>	<b>01:57:54.80</b>	+00:38:06 (32.3%)	11:46	5.1 (68.0%)
51	<b>MATYJASIEK Konrad</b>	<b>4679</b>				01:06:46	<b>01:57:42.65</b>	<b>01:57:56.15</b>	+00:38:07 (32.3%)	11:46	5.1 (68.0%)
52	<b>KUK Urszula</b>	<b>2232</b>		40-49 K	1	01:06:56	<b>01:57:42.45</b>	<b>01:57:56.35</b>	+00:38:07 (32.3%)	11:46	5.1 (68.0%)
53	<b>BEREZOWSKI Waldemar</b>	<b>2103</b>		40-49 M	5	01:06:51	<b>01:57:55.20</b>	<b>01:57:58.20</b>	+00:38:09 (32.3%)	11:47	5.1 (68.0%)
54	<b>TYC Jakub</b>	<b>2081</b>		30-39 M	21	01:05:39	<b>01:57:55.70</b>	<b>01:58:01.90</b>	+00:38:13 (32.4%)	11:47	5.1 (68.0%)
55	<b>SLIWINSKI Patryk</b>	<b>2175</b>		30-39 M	22		<b>01:58:01.25</b>	<b>01:58:04.80</b>	+00:38:16 (32.4%)	11:48	5.1 (68.0%)
56	<b>MARKOCKI Paweł</b>	<b>2147</b>		30-39 M	23	01:06:58	<b>01:58:14.30</b>	<b>01:58:16.80</b>	+00:38:28 (32.5%)	11:49	5.1 (68.0%)
57	<b>LEPIARZ Michał</b>	<b>120</b>		Elite Mężczyźni	18	01:09:28	<b>01:58:36.90</b>	<b>01:58:39.00</b>	+00:38:50 (32.7%)	11:51	5.1 (68.0%)
58	<b>CZAJKOWSKI Albert</b>	<b>2418</b>		16-29 M	10	01:04:19	<b>01:56:11.55</b>	<b>01:58:39.75</b>	+00:38:51 (32.7%)	11:37	5.2 (69.3%)
59	<b>GONSIOR Tomasz</b>	<b>2320</b>		16-29 M	11	01:07:45	<b>01:58:37.45</b>	<b>01:58:40.55</b>	+00:38:51 (32.7%)	11:51	5.1 (68.0%)
60	<b>WOJCIECHOWSKI Marcin</b>	<b>2091</b>		16-29 M	12	01:09:15	<b>01:58:49.90</b>	<b>01:58:52.30</b>	+00:39:03 (32.9%)	11:53	5 (66.7%)
61	<b>OSIŃSKA Monika</b>	<b>2058</b>		40-49 K	2	01:11:04	<b>01:59:09.45</b>	<b>01:59:12.70</b>	+00:39:24 (33.1%)	11:54	5 (66.7%)
62	<b>SETLA Mateusz</b>	<b>2632</b>		16-29 M	13	01:06:20	<b>01:59:19.00</b>	<b>01:59:22.45</b>	+00:39:33 (33.1%)	11:55	5 (66.7%)
63	<b>MĘCZKOWSKI Bartłomiej</b>	<b>3236</b>		30-39 M	24	01:04:21	<b>01:59:28.20</b>	<b>01:59:36.40</b>	+00:39:47 (33.3%)	11:56	5 (66.7%)
64	<b>WOJTASIK Krzysztof</b>	<b>2192</b>		16-29 M	14	01:06:09	<b>01:59:46.50</b>	<b>01:59:49.70</b>	+00:40:01 (33.4%)	11:58	5 (66.7%)
65	<b>KĘDZIOREK Eryk</b>	<b>116</b>		Elite Mężczyźni	19	01:07:20	<b>02:00:02.95</b>	<b>02:00:04.75</b>	+00:40:16 (33.5%)	12:00	5 (66.7%)
66	<b>MAJEWSKA Joanna</b>	<b>2146</b>		40-49 K	3	01:08:26	<b>02:00:07.00</b>	<b>02:00:08.90</b>	+00:40:20 (33.6%)	12:00	5 (66.7%)
67	<b>KIDA Rafał</b>	<b>2534</b>		30-39 M	25	01:06:51	<b>02:00:16.85</b>	<b>02:00:19.15</b>	+00:40:30 (33.7%)	12:01	5 (66.7%)
68	<b>RUSSOVA Yana</b>	<b>3255</b>	TEAM DORIS KRAKÓW	16-29 K	1	01:07:30	<b>02:00:22.30</b>	<b>02:00:24.30</b>	+00:40:35 (33.7%)	12:02	5 (66.7%)
69	<b>DZIEDZIC Grzegorz</b>	<b>2602</b>		40-49 M	6	01:06:28	<b>02:00:25.85</b>	<b>02:00:28.10</b>	+00:40:39 (33.7%)	12:02	5 (66.7%)
70	<b>CHROBAK Mateusz</b>	<b>3508</b>		16-29 M	15	01:10:07	<b>02:01:01.35</b>	<b>02:01:02.80</b>	+00:41:14 (34.1%)	12:06	5 (66.7%)
71	<b>TELEGA Bartłomiej</b>	<b>2264</b>		30-39 M	26	01:11:00	<b>02:01:41.75</b>	<b>02:01:43.85</b>	+00:41:55 (34.4%)	12:10	4.9 (65.3%)
72	<b>PAŻ Dawid</b>	<b>3449</b>		16-29 M	16	01:08:29	<b>02:02:56.10</b>	<b>02:03:04.20</b>	+00:43:15 (35.1%)	12:17	4.9 (65.3%)
73	<b>WALKIEWICZ Artur</b>	<b>2482</b>		30-39 M	27	01:10:08	<b>02:01:25.85</b>	<b>02:03:53.45</b>	+00:44:04 (35.6%)	12:08	4.9 (65.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						6km	10km	10km			
74	<b>DZIEDZIC Grzegorz</b>	<b>2919</b>		40-49 M	7	01:08:54	<b>02:00:48.00</b>	<b>02:04:31.80</b>	+00:44:43 (35.9%)	12:04	5 (66.7%)
75	<b>PADUCH Konrad</b>	<b>3160</b>		30-39 M	28	01:03:34	<b>02:05:12.10</b>	<b>02:05:14.65</b>	+00:45:25 (36.3%)	12:31	4.8 (64.0%)
76	<b>KACZMARCZYK Tomasz</b>	<b>3034</b>		30-39 M	29	01:09:20	<b>02:05:18.10</b>	<b>02:05:20.40</b>	+00:45:31 (36.3%)	12:31	4.8 (64.0%)
77	<b>MASŁOWSKI Tomasz</b>	<b>3544</b>		30-39 M	30	01:08:01	<b>02:05:24.25</b>	<b>02:05:26.45</b>	+00:45:37 (36.4%)	12:32	4.8 (64.0%)
78	<b>RACZKA Robert</b>	<b>2016</b>		16-29 M	17	01:07:37	<b>02:06:10.30</b>	<b>02:06:14.40</b>	+00:46:25 (36.8%)	12:37	4.8 (64.0%)
79	<b>PAWLIKOWSKI Michał</b>	<b>4605</b>		16-29 M	18	01:07:38	<b>02:06:09.85</b>	<b>02:06:16.65</b>	+00:46:27 (36.8%)	12:37	4.8 (64.0%)
80	<b>LASKOWSKI Tomasz</b>	<b>119</b>		Elite Mężczyźni	20	01:11:19	<b>02:06:15.05</b>	<b>02:06:17.30</b>	+00:46:28 (36.8%)	12:37	4.8 (64.0%)
81	<b>DEC Dominik</b>	<b>2509</b>		16-29 M	19	01:12:13	<b>02:06:15.30</b>	<b>02:06:18.20</b>	+00:46:29 (36.8%)	12:37	4.8 (64.0%)
82	<b>OLSZEWSKI Tomasz</b>	<b>3245</b>		40-49 M	8	01:11:24	<b>02:06:10.50</b>	<b>02:06:32.55</b>	+00:46:43 (36.9%)	12:37	4.8 (64.0%)
83	<b>FLIS Rafał</b>	<b>3609</b>		30-39 M	31	01:11:03	<b>02:06:38.70</b>	<b>02:06:40.85</b>	+00:46:52 (37.0%)	12:39	4.7 (62.7%)
84	<b>CHUDZIK Marcin</b>	<b>3608</b>		30-39 M	32	01:11:54	<b>02:06:42.40</b>	<b>02:06:43.00</b>	+00:46:54 (37.0%)	12:40	4.7 (62.7%)
85	<b>DZIERŻANOWSKI Mateusz</b>	<b>2317</b>		16-29 M	20	01:11:33	<b>02:07:00.50</b>	<b>02:07:04.60</b>	+00:47:15 (37.2%)	12:42	4.7 (62.7%)
86	<b>PYTKO Gracjan</b>	<b>3080</b>		30-39 M	33	01:04:56	<b>02:07:02.05</b>	<b>02:07:05.50</b>	+00:47:16 (37.2%)	12:42	4.7 (62.7%)
87	<b>BOCHENEK Adam</b>	<b>3104</b>		40-49 M	9	01:07:35	<b>02:07:11.45</b>	<b>02:07:14.85</b>	+00:47:26 (37.3%)	12:43	4.7 (62.7%)
88	<b>KODZIUR Sławomir</b>	<b>4783</b>		30-39 M	34	01:09:33	<b>02:07:11.90</b>	<b>02:07:18.00</b>	+00:47:29 (37.3%)	12:43	4.7 (62.7%)
89	<b>KACZWIŃSKI Paweł</b>	<b>2528</b>		40-49 M	10	01:08:46	<b>02:07:20.45</b>	<b>02:07:22.60</b>	+00:47:33 (37.3%)	12:44	4.7 (62.7%)
90	<b>BIAŁKOWSKI Maciej</b>	<b>3008</b>		30-39 M	35	01:11:58	<b>02:07:33.65</b>	<b>02:07:39.05</b>	+00:47:50 (37.5%)	12:45	4.7 (62.7%)
91	<b>BINKO Łukasz</b>	<b>2302</b>		30-39 M	36	01:10:47	<b>02:07:38.05</b>	<b>02:07:39.10</b>	+00:47:50 (37.5%)	12:45	4.7 (62.7%)
92	<b>MIECZKOWSKI Szymon</b>	<b>3058</b>		30-39 M	37	01:12:15	<b>02:07:36.45</b>	<b>02:07:39.55</b>	+00:47:50 (37.5%)	12:45	4.7 (62.7%)
93	<b>WOJCIECHOWSKI Rafał</b>	<b>2090</b>		30-39 M	38	01:12:29	<b>02:08:31.00</b>	<b>02:08:33.75</b>	+00:48:45 (37.9%)	12:51	4.7 (62.7%)
94	<b>MAJ Kamil</b>	<b>3235</b>	TEAM DORIS KRAKÓW	16-29 M	21	01:09:56	<b>02:08:51.95</b>	<b>02:08:53.00</b>	+00:49:04 (38.1%)	12:53	4.7 (62.7%)
95	<b>GRZEJSZCZYK Łukasz</b>	<b>2427</b>		30-39 M	39	01:10:54	<b>02:06:55.35</b>	<b>02:09:25.30</b>	+00:49:36 (38.3%)	12:41	4.7 (62.7%)
96	<b>PACH Marcin</b>	<b>2242</b>		16-29 M	22	01:10:57	<b>02:09:40.55</b>	<b>02:09:42.10</b>	+00:49:53 (38.5%)	12:58	4.6 (61.3%)
97	<b>PERUCKI Piotr</b>	<b>2753</b>		40-49 M	11	01:10:49	<b>02:10:19.70</b>	<b>02:10:21.90</b>	+00:50:33 (38.8%)	13:01	4.6 (61.3%)
98	<b>WAGNER Konrad</b>	<b>3183</b>		30-39 M	40	01:12:54	<b>02:10:10.50</b>	<b>02:10:22.00</b>	+00:50:33 (38.8%)	13:01	4.6 (61.3%)
99	<b>LIS Damian</b>	<b>2144</b>		16-29 M	23	01:15:43	<b>02:10:22.70</b>	<b>02:10:24.10</b>	+00:50:35 (38.8%)	13:02	4.6 (61.3%)
100	<b>PRZEMYSKI Rafał</b>	<b>2565</b>		16-29 M	24		<b>02:10:55.70</b>	<b>02:10:55.70</b>	+00:51:07 (39.0%)	13:05	4.6 (61.3%)
101	<b>GADUŁKA Piotr</b>	<b>2716</b>		30-39 M	41	01:10:58	<b>02:11:02.25</b>	<b>02:11:05.45</b>	+00:51:16 (39.1%)	13:06	4.6 (61.3%)
102	<b>LEJMAN Piotr</b>	<b>3624</b>		30-39 M	42	01:13:22	<b>02:11:09.05</b>	<b>02:11:10.25</b>	+00:51:21 (39.2%)	13:06	4.6 (61.3%)
103	<b>SOWA Michał</b>	<b>3087</b>		30-39 M	43		<b>02:11:31.00</b>	<b>02:11:31.00</b>	+00:51:42 (39.3%)	13:09	4.6 (61.3%)
104	<b>MACIOS Krzysztof</b>	<b>3727</b>		30-39 M	44	01:14:05	<b>02:12:00.25</b>	<b>02:12:09.35</b>	+00:52:20 (39.6%)	13:12	4.5 (60.0%)
105	<b>OŚCIK Krzysztof</b>	<b>3447</b>		30-39 M	45	01:10:02	<b>02:12:23.35</b>	<b>02:12:25.40</b>	+00:52:36 (39.7%)	13:14	4.5 (60.0%)
106	<b>NESTEROWICZ Tomasz</b>	<b>4671</b>		30-39 M	46	01:13:39	<b>02:12:36.10</b>	<b>02:12:38.10</b>	+00:52:49 (39.8%)	13:15	4.5 (60.0%)
107	<b>KLIMEK Patryk</b>	<b>3328</b>		16-29 M	25	01:14:23	<b>02:12:59.95</b>	<b>02:13:03.90</b>	+00:53:15 (40.0%)	13:18	4.5 (60.0%)
108	<b>JANKOWSKI Piotr</b>	<b>3527</b>		30-39 M	47	01:10:16	<b>02:13:06.75</b>	<b>02:13:08.60</b>	+00:53:19 (40.1%)	13:18	4.5 (60.0%)
109	<b>OLCZYK Damian</b>	<b>3158</b>		16-29 M	26	01:15:17	<b>02:13:20.65</b>	<b>02:13:22.55</b>	+00:53:33 (40.2%)	13:20	4.5 (60.0%)
110	<b>SAWICKI Kamil</b>	<b>2571</b>		30-39 M	48	01:10:18	<b>02:13:42.65</b>	<b>02:13:46.00</b>	+00:53:57 (40.3%)	13:22	4.5 (60.0%)
111	<b>ZIOMEK Bartosz</b>	<b>3675</b>		16-29 M	27	01:13:11	<b>02:13:52.45</b>	<b>02:13:59.60</b>	+00:54:10 (40.4%)	13:23	4.5 (60.0%)
112	<b>IMIOŁCZYK Roland</b>	<b>3522</b>		40-49 M	12	01:16:55	<b>02:14:02.15</b>	<b>02:14:03.65</b>	+00:54:14 (40.5%)	13:24	4.5 (60.0%)
113	<b>WIŚNIEWSKI Paweł</b>	<b>2879</b>		40-49 M	13	01:15:45	<b>02:14:03.55</b>	<b>02:14:06.05</b>	+00:54:17 (40.5%)	13:24	4.5 (60.0%)
114	<b>ŚLIWIŃSKI Krzysztof</b>	<b>2390</b>		30-39 M	49	01:17:51	<b>02:14:20.90</b>	<b>02:14:25.00</b>	+00:54:36 (40.6%)	13:26	4.5 (60.0%)
115	<b>KOZIARSKI Mateusz</b>	<b>156</b>		Elite Mężczyźni	21	01:09:38	<b>02:14:27.55</b>	<b>02:14:32.90</b>	+00:54:44 (40.7%)	13:26	4.5 (60.0%)
116	<b>KAWALIŁO Adam</b>	<b>2728</b>		16-29 M	28	01:20:18	<b>02:15:37.70</b>	<b>02:15:40.90</b>	+00:55:52 (41.2%)	13:33	4.4 (58.7%)
117	<b>REDKIEWICZ Agnieszka</b>	<b>2249</b>		30-39 K	1	01:14:43	<b>02:15:46.65</b>	<b>02:15:58.60</b>	+00:56:09 (41.3%)	13:34	4.4 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
118	STANIASZEK Jarosław	4694		30-39 M	50	01:11:05	02:15:55.45	02:16:00.70	+00:56:12 (41.3%)	13:35	4.4 (58.7%)
119	KASPRZYK Piotr	3432		16-29 M	29	01:09:50	02:16:17.35	02:16:20.65	+00:56:31 (41.5%)	13:37	4.4 (58.7%)
120	KONIOR Marek	2033		16-29 M	30	01:21:21	02:16:25.70	02:16:29.40	+00:56:40 (41.5%)	13:38	4.4 (58.7%)
121	TOPOLIŃSKI Maciej	3093		30-39 M	51	01:14:23	02:16:28.80	02:16:30.80	+00:56:42 (41.5%)	13:38	4.4 (58.7%)
122	OGOREK Dariusz	4731		Elite Mężczyźni	22	01:11:27	02:16:26.75	02:16:31.85	+00:56:43 (41.5%)	13:38	4.4 (58.7%)
123	BUCZEK Marcin	2412		16-29 M	31	01:12:04	02:16:28.65	02:16:34.20	+00:56:45 (41.6%)	13:38	4.4 (58.7%)
124	KRAKOWSKA Monika	2437		30-39 K	2	01:15:31	02:14:20.50	02:16:47.65	+00:56:58 (41.7%)	13:26	4.5 (60.0%)
125	MIĘKINA Przemysław	4633		30-39 M	52	01:16:30	02:16:47.45	02:16:48.70	+00:57:00 (41.7%)	13:40	4.4 (58.7%)
126	ODWROT Mariusz	2056		30-39 M	53	01:11:25	02:16:58.70	02:17:06.25	+00:57:17 (41.8%)	13:41	4.4 (58.7%)
127	BEDNARZ Iwona	3303		30-39 K	3	01:16:58	02:17:10.45	02:17:16.25	+00:57:27 (41.9%)	13:43	4.4 (58.7%)
128	DRYLL Damian	3415		16-29 M	32	01:10:15	02:17:25.45	02:17:27.75	+00:57:39 (41.9%)	13:44	4.4 (58.7%)
129	SKOWRON Wojciech	2072		30-39 M	54	01:14:00	02:17:34.45	02:17:37.75	+00:57:49 (42.0%)	13:45	4.4 (58.7%)
130	BISKUP Grzegorz	2705		40-49 M	14	01:20:14	02:17:35.00	02:17:49.15	+00:58:00 (42.1%)	13:45	4.4 (58.7%)
131	SZYDŁOWSKI Olgierd	3471		16-29 M	33	01:15:52	02:17:48.35	02:17:51.65	+00:58:02 (42.1%)	13:46	4.4 (58.7%)
132	SICIARSKI Marcin	2466		40-49 M	15	01:13:41	02:15:30.70	02:18:00.00	+00:58:11 (42.2%)	13:33	4.4 (58.7%)
133	GOŁĘBIEWSKA Katarzyna	2013		30-39 K	4	01:21:24	02:18:11.05	02:18:19.70	+00:58:31 (42.3%)	13:49	4.3 (57.3%)
134	SMEŁKOWSKI Marcin	2255		30-39 M	55	01:21:11	02:18:16.05	02:18:23.50	+00:58:34 (42.3%)	13:49	4.3 (57.3%)
135	MATUSZEK Michał	3056		16-29 M	34	01:18:11	02:18:28.70	02:18:32.10	+00:58:43 (42.4%)	13:50	4.3 (57.3%)
136	CHYŁA Adrian	3113		16-29 M	35	01:12:37	02:18:48.60	02:18:50.15	+00:59:01 (42.5%)	13:52	4.3 (57.3%)
137	CHILICKA Marta	2002		30-39 K	5	01:21:08	02:18:47.55	02:18:50.45	+00:59:01 (42.5%)	13:52	4.3 (57.3%)
138	PISZCZEK Marcin	2791		40-49 M	16	01:13:13	02:18:50.35	02:18:52.90	+00:59:04 (42.5%)	13:53	4.3 (57.3%)
139	GÓRALSKI Jarosław	2792		40-49 M	17	01:13:14	02:18:52.30	02:18:55.00	+00:59:06 (42.5%)	13:53	4.3 (57.3%)
140	MYŚLIŃSKI Hubert	2360		16-29 M	36	01:17:40	02:16:39.90	02:19:08.90	+00:59:20 (42.6%)	13:39	4.4 (58.7%)
141	NIZIAŁEK Rafał	3066		30-39 M	56	01:16:29	02:19:25.25	02:19:28.85	+00:59:40 (42.8%)	13:56	4.3 (57.3%)
142	KOMOROWSKI Mirosław	3224		40-49 M	18	01:16:38	02:19:22.20	02:19:31.80	+00:59:43 (42.8%)	13:56	4.3 (57.3%)
143	CZERWIK Robert	2419		30-39 M	57	01:15:31	02:17:18.00	02:19:46.10	+00:59:57 (42.9%)	13:43	4.4 (58.7%)
144	TWOREK Krzysztof	2480		40-49 M	19	01:17:58	02:17:31.15	02:19:59.25	+01:00:10 (43.0%)	13:45	4.4 (58.7%)
145	JEDLIKOWSKI Sławomir	2725		30-39 M	58	01:12:46	02:20:02.30	02:20:05.00	+01:00:16 (43.0%)	14:00	4.3 (57.3%)
146	NOWAKOWSKA Weronika	2055		16-29 K	2	01:13:55	02:20:02.00	02:20:06.20	+01:00:17 (43.0%)	14:00	4.3 (57.3%)
147	PŁUSKA Paweł	3075		30-39 M	59	01:17:21	02:20:08.90	02:20:15.10	+01:00:26 (43.1%)	14:00	4.3 (57.3%)
148	KRZYSTYNIAK Grzesiek	2636		16-29 M	37	01:18:45	02:20:15.80	02:20:17.65	+01:00:28 (43.1%)	14:01	4.3 (57.3%)
149	WOJCIESZAK Katarzyna	2691		40-49 K	4	01:21:14	02:20:31.50	02:20:35.60	+01:00:46 (43.2%)	14:03	4.3 (57.3%)
150	MIECH Szymon	2052		30-39 M	60	01:21:29	02:20:39.05	02:20:41.70	+01:00:53 (43.3%)	14:03	4.3 (57.3%)
151	MICHTA Kamil	2654		30-39 M	61	01:21:13	02:20:36.90	02:20:41.90	+01:00:53 (43.3%)	14:03	4.3 (57.3%)
152	ROSIAK Łukasz	3081		16-29 M	38	01:14:30	02:20:38.20	02:20:50.55	+01:01:01 (43.3%)	14:03	4.3 (57.3%)
153	MAZUR Kamil	2948		30-39 M	62	01:17:18	02:17:14.95	02:21:00.25	+01:01:11 (43.4%)	13:43	4.4 (58.7%)
154	JAROS Adrian	2329		16-29 M	39	01:24:25	02:20:51.25	02:21:04.20	+01:01:15 (43.4%)	14:05	4.3 (57.3%)
155	DANIEL Monika	2308		30-39 K	6	01:17:56	02:21:02.65	02:21:04.25	+01:01:15 (43.4%)	14:06	4.3 (57.3%)
156	PIWOŚKI Dawid	4910		16-29 M	40	01:24:27	02:20:52.10	02:21:04.70	+01:01:16 (43.4%)	14:05	4.3 (57.3%)
157	MĘZIŃSKI Mariusz	2049		40-49 M	20	01:25:12	02:21:14.00	02:21:20.50	+01:01:31 (43.5%)	14:07	4.2 (56.0%)
158	ZYMA Łukasz	2095		30-39 M	63	01:20:51	02:21:25.25	02:21:36.85	+01:01:48 (43.6%)	14:08	4.2 (56.0%)
159	BIŃCZYK Mariusz	2001		16-29 M	41	01:22:31	02:21:36.45	02:21:40.40	+01:01:51 (43.7%)	14:09	4.2 (56.0%)
160	SENDAL Tomasz	3261		30-39 M	64	01:15:03	02:22:01.65	02:22:04.95	+01:02:16 (43.8%)	14:12	4.2 (56.0%)
161	GIBKI Kamil	3516		16-29 M	42	01:16:46	02:22:09.75	02:22:14.40	+01:02:25 (43.9%)	14:13	4.2 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
162	<b>HALLEK Krzysztof</b>	<b>2323</b>		30-39 M	65	01:19:41	<b>02:22:16.70</b>	<b>02:22:20.00</b>	+01:02:31 (43.9%)	14:13	4.2 (56.0%)
163	<b>JANOSZKA Kamil</b>	<b>2522</b>		30-39 M	66	01:20:07	<b>02:22:23.40</b>	<b>02:22:27.70</b>	+01:02:39 (44.0%)	14:14	4.2 (56.0%)
164	<b>JANOSZKA Tomasz</b>	<b>2523</b>		30-39 M	67	01:20:04	<b>02:22:23.50</b>	<b>02:22:28.10</b>	+01:02:39 (44.0%)	14:14	4.2 (56.0%)
165	<b>WŁODYKA Sławomir</b>	<b>2191</b>		30-39 M	68	01:19:32	<b>02:22:28.05</b>	<b>02:22:30.45</b>	+01:02:41 (44.0%)	14:14	4.2 (56.0%)
166	<b>KAPOLKA Jan</b>	<b>2531</b>		30-39 M	69	01:17:34	<b>02:22:30.75</b>	<b>02:22:33.00</b>	+01:02:44 (44.0%)	14:15	4.2 (56.0%)
167	<b>DANIEL Kamil</b>	<b>2309</b>		30-39 M	70	01:17:58	<b>02:22:32.80</b>	<b>02:22:35.00</b>	+01:02:46 (44.0%)	14:15	4.2 (56.0%)
168	<b>SZMIT Radosław</b>	<b>2581</b>		30-39 M	71	01:20:43	<b>02:22:58.20</b>	<b>02:23:02.50</b>	+01:03:13 (44.2%)	14:17	4.2 (56.0%)
169	<b>MIELNICKI Marcin</b>	<b>3547</b>		30-39 M	72	01:15:28	<b>02:23:09.40</b>	<b>02:23:12.10</b>	+01:03:23 (44.3%)	14:19	4.2 (56.0%)
170	<b>KRAWIEC Alan</b>	<b>2633</b>		16-29 M	43	01:19:31	<b>02:23:10.90</b>	<b>02:23:16.20</b>	+01:03:27 (44.3%)	14:19	4.2 (56.0%)
171	<b>KAWALIŁO Piotr</b>	<b>2729</b>		30-39 M	73	01:20:22	<b>02:23:39.00</b>	<b>02:23:42.30</b>	+01:03:53 (44.5%)	14:21	4.2 (56.0%)
172	<b>GEMBORYS Leszek</b>	<b>2829</b>		30-39 M	74	01:18:42	<b>02:23:44.50</b>	<b>02:23:49.30</b>	+01:04:00 (44.5%)	14:22	4.2 (56.0%)
173	<b>RZEPKA Bartek</b>	<b>2171</b>		16-29 M	44	01:22:50	<b>02:24:07.75</b>	<b>02:24:09.50</b>	+01:04:20 (44.6%)	14:24	4.2 (56.0%)
174	<b>SZKOLAK Michal</b>	<b>3658</b>		16-29 M	45		<b>02:24:04.05</b>	<b>02:24:10.20</b>	+01:04:21 (44.6%)	14:24	4.2 (56.0%)
175	<b>ORCZYK Sławek</b>	<b>2456</b>		16-29 M	46	01:25:49	<b>02:21:43.10</b>	<b>02:24:10.25</b>	+01:04:21 (44.6%)	14:10	4.2 (56.0%)
176	<b>TROJANOWSKI Artur</b>	<b>2890</b>		30-39 M	75	01:15:06	<b>02:24:04.25</b>	<b>02:24:11.30</b>	+01:04:22 (44.6%)	14:24	4.2 (56.0%)
177	<b>WRZOS Paweł</b>	<b>2779</b>		30-39 M	76	01:20:28	<b>02:24:43.40</b>	<b>02:24:45.80</b>	+01:04:57 (44.9%)	14:28	4.1 (54.7%)
178	<b>WRZOS Natalia</b>	<b>2778</b>		16-29 K	3	01:20:29	<b>02:24:44.45</b>	<b>02:24:47.20</b>	+01:04:58 (44.9%)	14:28	4.1 (54.7%)
179	<b>PIŁAT Renata</b>	<b>2244</b>		50-100+ K	1	01:21:37	<b>02:25:09.75</b>	<b>02:25:11.45</b>	+01:05:22 (45.0%)	14:31	4.1 (54.7%)
180	<b>JUCHA Mateusz</b>	<b>3132</b>		16-29 M	47	01:11:44	<b>02:25:16.50</b>	<b>02:25:19.65</b>	+01:05:30 (45.1%)	14:31	4.1 (54.7%)
181	<b>WRÓBLEWSKI Fabian</b>	<b>2197</b>		16-29 M	48	01:19:46	<b>02:25:29.50</b>	<b>02:25:33.10</b>	+01:05:44 (45.2%)	14:33	4.1 (54.7%)
182	<b>BIENIEK Piotr</b>	<b>2301</b>		30-39 M	77	01:18:36	<b>02:25:34.05</b>	<b>02:25:35.35</b>	+01:05:46 (45.2%)	14:33	4.1 (54.7%)
183	<b>WOJCIECHOWSKI Piotr</b>	<b>3477</b>		30-39 M	78	01:20:27	<b>02:25:34.20</b>	<b>02:25:40.20</b>	+01:05:51 (45.2%)	14:33	4.1 (54.7%)
184	<b>DĄBROWSKI Sławomir</b>	<b>2712</b>		30-39 M	79	01:20:26	<b>02:25:43.20</b>	<b>02:25:50.15</b>	+01:06:01 (45.3%)	14:34	4.1 (54.7%)
185	<b>WALCZAK Michał</b>	<b>3096</b>		30-39 M	80	01:18:18	<b>02:25:51.35</b>	<b>02:25:55.70</b>	+01:06:07 (45.3%)	14:35	4.1 (54.7%)
186	<b>WALCZAK Kamil</b>	<b>3097</b>		30-39 M	81	01:18:19	<b>02:25:52.15</b>	<b>02:25:55.85</b>	+01:06:07 (45.3%)	14:35	4.1 (54.7%)
187	<b>ADAMCZYK Wojciech</b>	<b>2400</b>		16-29 M	49	01:19:39	<b>02:26:04.75</b>	<b>02:26:07.45</b>	+01:06:18 (45.4%)	14:36	4.1 (54.7%)
188	<b>KAWALIŁO Mariusz</b>	<b>2730</b>		16-29 M	50	01:20:24	<b>02:26:07.50</b>	<b>02:26:10.40</b>	+01:06:21 (45.4%)	14:36	4.1 (54.7%)
189	<b>KRÓL Renata</b>	<b>2543</b>		16-29 K	4	01:19:51	<b>02:26:35.85</b>	<b>02:26:39.20</b>	+01:06:50 (45.6%)	14:39	4.1 (54.7%)
190	<b>LAŃDA Michał</b>	<b>2547</b>		16-29 M	51	01:19:51	<b>02:26:35.75</b>	<b>02:26:39.75</b>	+01:06:51 (45.6%)	14:39	4.1 (54.7%)
191	<b>RAK Patryk</b>	<b>2568</b>		16-29 M	52	01:17:34	<b>02:26:54.55</b>	<b>02:27:01.75</b>	+01:07:13 (45.7%)	14:41	4.1 (54.7%)
192	<b>LASEK Paweł</b>	<b>2859</b>		40-49 M	21	01:15:17	<b>02:27:05.25</b>	<b>02:27:08.20</b>	+01:07:19 (45.8%)	14:42	4.1 (54.7%)
193	<b>POŚNIK Jan</b>	<b>3645</b>		30-39 M	82	01:22:03	<b>02:27:07.15</b>	<b>02:27:08.80</b>	+01:07:20 (45.8%)	14:42	4.1 (54.7%)
194	<b>DUDKIEWICZ Monika</b>	<b>2824</b>		30-39 K	7	01:20:35	<b>02:27:09.55</b>	<b>02:27:13.70</b>	+01:07:25 (45.8%)	14:42	4.1 (54.7%)
195	<b>ORAWCZAK Krzysztof</b>	<b>2159</b>		16-29 M	53	01:26:12	<b>02:27:27.10</b>	<b>02:27:29.60</b>	+01:07:40 (45.9%)	14:44	4.1 (54.7%)
196	<b>MUSIAŁ Krzysztof</b>	<b>4663</b>		Elite Mężczyźni	23	01:23:45	<b>02:28:17.90</b>	<b>02:28:21.50</b>	+01:08:32 (46.2%)	14:49	4 (53.3%)
197	<b>NOGA Marcin</b>	<b>2156</b>		30-39 M	83	01:26:11	<b>02:28:20.50</b>	<b>02:28:23.40</b>	+01:08:34 (46.2%)	14:50	4 (53.3%)
198	<b>KĘDZIOREK Paulina</b>	<b>154</b>		Elite Kobiety	1	01:26:04	<b>02:28:30.50</b>	<b>02:28:31.55</b>	+01:08:42 (46.3%)	14:51	4 (53.3%)
199	<b>PODHORECKI Piotr</b>	<b>2246</b>		30-39 M	84	01:18:40	<b>02:28:22.75</b>	<b>02:28:41.75</b>	+01:08:53 (46.3%)	14:50	4 (53.3%)
200	<b>WOJANOWSKI Kamil</b>	<b>3367</b>		30-39 M	85	01:20:20	<b>02:28:45.95</b>	<b>02:28:49.85</b>	+01:09:01 (46.4%)	14:52	4 (53.3%)
201	<b>SKALSKI Maksymilian</b>	<b>4767</b>		16-29 M	54	01:18:48	<b>02:25:08.60</b>	<b>02:28:51.90</b>	+01:09:03 (46.4%)	14:30	4.1 (54.7%)
202	<b>STOLARSKI Kamil</b>	<b>3466</b>		16-29 M	55	01:21:34	<b>02:28:45.40</b>	<b>02:28:53.80</b>	+01:09:05 (46.4%)	14:52	4 (53.3%)
203	<b>PILCH Janusz</b>	<b>3555</b>		40-49 M	22	01:22:35	<b>02:28:48.20</b>	<b>02:28:55.80</b>	+01:09:07 (46.4%)	14:52	4 (53.3%)
204	<b>OPRAWKA Tomasz</b>	<b>125</b>		Elite Mężczyźni	24	01:17:03	<b>02:29:00.35</b>	<b>02:29:02.40</b>	+01:09:13 (46.4%)	14:54	4 (53.3%)
205	<b>STYŚ Krzysztof</b>	<b>3354</b>		16-29 M	56	01:18:21	<b>02:29:17.70</b>	<b>02:29:21.80</b>	+01:09:33 (46.6%)	14:55	4 (53.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
206	POŻYCZEK Marcin	3345		16-29 M	57	01:18:18	02:29:17.60	02:29:22.10	+01:09:33 (46.6%)	14:55	4 (53.3%)
206	ULI Grzegorz	4628		16-29 M	57	01:18:16	02:29:18.45	02:29:22.10	+01:09:33 (46.6%)	14:55	4 (53.3%)
208	ŁĄCZNY Marcin	2646		30-39 M	86	01:21:55	02:29:26.65	02:29:31.25	+01:09:42 (46.6%)	14:56	4 (53.3%)
209	KIJO Wincenty	3136		16-29 M	59	01:21:56	02:29:29.30	02:29:34.60	+01:09:45 (46.6%)	14:56	4 (53.3%)
210	SOLSKI Kajetan	3177		16-29 M	60	01:18:51	02:29:39.30	02:29:42.30	+01:09:53 (46.7%)	14:57	4 (53.3%)
211	MICZEK Michał	121		Elite Mężczyźni	25	01:26:30	02:30:01.25	02:30:03.50	+01:10:14 (46.8%)	15:00	4 (53.3%)
212	GUTT Jakub	2019		16-29 M	61	01:19:01	02:30:29.50	02:30:34.60	+01:10:45 (47.0%)	15:02	4 (53.3%)
213	PYTKO Gracjan	4637		30-39 M	87	01:24:02	02:30:38.75	02:30:43.75	+01:10:55 (47.0%)	15:03	4 (53.3%)
214	KOSTRZEWA Rafał	3614		40-49 M	23	01:25:35	02:30:39.70	02:30:44.75	+01:10:56 (47.1%)	15:03	4 (53.3%)
215	MYTYCH Sławomir	2053		16-29 M	62	01:24:38	02:30:48.30	02:30:53.80	+01:11:05 (47.1%)	15:04	4 (53.3%)
216	MASALSKI Sebastian	2148		30-39 M	88	01:21:17	02:28:33.90	02:31:02.60	+01:11:13 (47.2%)	14:51	4 (53.3%)
217	DEPCZYNSKA Alicja	2510		16-29 K	5	01:21:27	02:28:34.40	02:31:03.15	+01:11:14 (47.2%)	14:51	4 (53.3%)
218	SMOROŃ Marcin	3265		40-49 M	24	01:23:41	02:31:08.55	02:31:10.85	+01:11:22 (47.2%)	15:06	4 (53.3%)
219	BURTNYI Dmytro	3406		16-29 M	63	01:19:05	02:31:11.50	02:31:18.30	+01:11:29 (47.3%)	15:07	4 (53.3%)
220	SAROSIEK Mateusz	2250		30-39 M	89	01:21:53	02:31:17.15	02:31:25.35	+01:11:36 (47.3%)	15:07	4 (53.3%)
221	LECH Michał	2439		16-29 M	64	01:24:33	02:31:25.70	02:31:36.15	+01:11:47 (47.4%)	15:08	4 (53.3%)
222	JANOWIAK Gosia	2220		30-39 K	8	01:25:29	02:31:35.70	02:31:43.40	+01:11:54 (47.4%)	15:09	4 (53.3%)
223	USTUPSKI Maciej	2082		30-39 M	90	01:19:01	02:31:48.15	02:31:52.35	+01:12:03 (47.4%)	15:10	4 (53.3%)
224	STASIK Michał	2077		16-29 M	65	01:18:59	02:31:49.90	02:31:54.50	+01:12:05 (47.5%)	15:11	4 (53.3%)
225	ŁĄCKI Dariusz	2645		30-39 M	91	01:25:03	02:31:50.75	02:31:59.70	+01:12:11 (47.5%)	15:11	4 (53.3%)
226	ANTOLAK Klaudia	2100		16-29 K	6	01:13:52	02:32:01.05	02:32:01.05	+01:12:12 (47.5%)	15:12	3.9 (52.0%)
227	KUBICKI Michał	2231		30-39 M	92	01:21:52	02:31:58.05	02:32:04.95	+01:12:16 (47.5%)	15:11	3.9 (52.0%)
228	URBANIK Jakub	3275		30-39 M	93	01:16:33	02:32:05.25	02:32:08.35	+01:12:19 (47.5%)	15:12	3.9 (52.0%)
229	MĘZIŃSKI Paweł	2048		40-49 M	25	01:25:56	02:32:03.90	02:32:11.30	+01:12:22 (47.6%)	15:12	3.9 (52.0%)
230	ORCZYK Kamil	2454		16-29 M	66	01:25:45	02:29:44.50	02:32:12.15	+01:12:23 (47.6%)	14:58	4 (53.3%)
231	MIŚKIEWICZ Bartosz	2449		16-29 M	67	01:25:55	02:29:47.55	02:32:15.35	+01:12:26 (47.6%)	14:58	4 (53.3%)
232	DŁUGOSZ Michał	2821		16-29 M	68	01:24:17	02:32:14.20	02:32:16.55	+01:12:27 (47.6%)	15:13	3.9 (52.0%)
233	DŁUGOSZ Artur	2820		16-29 M	69	01:24:03	02:32:14.90	02:32:17.30	+01:12:28 (47.6%)	15:13	3.9 (52.0%)
234	DOLATA Krzysztof	2007		40-49 M	26	01:27:39	02:32:13.05	02:32:19.70	+01:12:31 (47.6%)	15:13	3.9 (52.0%)
235	JURKOWSKA Kinga	2025		30-39 K	9	01:27:41	02:32:16.25	02:32:20.50	+01:12:31 (47.6%)	15:13	3.9 (52.0%)
236	AUGUSTYNIAK Kamil	3005		16-29 M	70	01:24:38	02:32:25.35	02:32:27.90	+01:12:39 (47.7%)	15:14	3.9 (52.0%)
237	KUŚNIERZ Katarzyna	3622		30-39 K	10	01:23:01	02:32:28.95	02:32:29.90	+01:12:41 (47.7%)	15:14	3.9 (52.0%)
238	WINCZURA Agata	2086		30-39 K	11	01:27:39	02:32:41.45	02:32:47.50	+01:12:58 (47.8%)	15:16	3.9 (52.0%)
239	SKONIECZNY Mariusz	2253		30-39 M	94	01:22:23	02:33:21.50	02:33:34.40	+01:13:45 (48.0%)	15:20	3.9 (52.0%)
240	SKONIECZNY Jarosław	2252		30-39 M	95	01:22:24	02:33:22.25	02:33:34.85	+01:13:46 (48.0%)	15:20	3.9 (52.0%)
241	JAGODZIŃSKI Przemysław	3321		30-39 M	96	01:21:28	02:33:34.20	02:33:36.85	+01:13:48 (48.0%)	15:21	3.9 (52.0%)
242	IWAŃSKI Jacek	2834		40-49 M	27	01:25:24	02:33:32.00	02:33:37.20	+01:13:48 (48.0%)	15:21	3.9 (52.0%)
243	GALEA Luke	3515		30-39 M	97	01:22:04	02:34:04.30	02:34:13.70	+01:14:25 (48.3%)	15:24	3.9 (52.0%)
244	MATYSEK Ireneusz	2864		50-100+ M	1	01:24:41	02:34:17.50	02:34:21.15	+01:14:32 (48.3%)	15:25	3.9 (52.0%)
245	CIEŚLIŃSKI Zdzisław	3309		30-39 M	98	01:26:20	02:34:04.95	02:34:24.15	+01:14:35 (48.3%)	15:24	3.9 (52.0%)
246	CHRZANOWSKA Olga	2207		30-39 K	12	01:26:25	02:34:13.95	02:34:28.35	+01:14:39 (48.3%)	15:25	3.9 (52.0%)
247	KASPRZYK Daniel	3221		16-29 M	71	01:25:08	02:34:53.90	02:34:56.40	+01:15:07 (48.5%)	15:29	3.9 (52.0%)
248	KOPYTKO Bartłomiej	3141		16-29 M	72	01:20:03	02:35:54.95	02:36:04.50	+01:16:15 (48.9%)	15:35	3.8 (50.7%)
249	GAŚIOR Łukasz	2426		16-29 M	73	01:24:06	02:36:00.55	02:36:06.40	+01:16:17 (48.9%)	15:36	3.8 (50.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
250	SKOWROŃ Jakub	3175		30-39 M	99	01:26:01	02:36:08.25	02:36:09.85	+01:16:21 (48.9%)	15:36	3.8 (50.7%)
251	SADŁO Łukasz	3259		30-39 M	100	01:28:07	02:32:36.90	02:36:21.40	+01:16:32 (49.0%)	15:15	3.9 (52.0%)
252	WIDŁAK Tomasz	3276		30-39 M	101	01:27:58	02:32:38.90	02:36:23.90	+01:16:35 (49.0%)	15:15	3.9 (52.0%)
253	SŁOMA Tomasz	2470		30-39 M	102	01:30:16	02:34:07.65	02:36:36.05	+01:16:47 (49.0%)	15:24	3.9 (52.0%)
254	MŁYŃSKI Dawid	3063		16-29 M	74	01:25:04	02:36:35.10	02:36:38.90	+01:16:50 (49.1%)	15:39	3.8 (50.7%)
255	LASKOWSKI Łukasz	2347		30-39 M	103	01:28:12	02:34:30.10	02:36:58.55	+01:17:09 (49.2%)	15:27	3.9 (52.0%)
256	CHISZBERG Jakub	102		Elite Mężczyźni	26	01:23:53	02:36:57.65	02:36:59.00	+01:17:10 (49.2%)	15:41	3.8 (50.7%)
256	KOZIOŁ Maciej	3046		30-39 M	104	01:29:14	02:36:54.55	02:36:59.00	+01:17:10 (49.2%)	15:41	3.8 (50.7%)
258	LASKA Anna	2039		30-39 K	13	01:30:48	02:37:02.10	02:37:04.45	+01:17:15 (49.2%)	15:42	3.8 (50.7%)
259	SZUBERT-WALENCZAK Magdalena	2261		40-49 K	5	01:25:53	02:36:25.20	02:37:05.35	+01:17:16 (49.2%)	15:38	3.8 (50.7%)
260	JANISZEWSKI Łukasz	3026		30-39 M	105	01:25:22	02:36:57.10	02:37:09.70	+01:17:21 (49.2%)	15:41	3.8 (50.7%)
261	WŁOCH Adrian	2392		16-29 M	75	01:25:14	02:37:43.75	02:37:47.90	+01:17:59 (49.4%)	15:46	3.8 (50.7%)
262	KOZAK Kamil	2225		16-29 M	76	01:25:25	02:37:45.90	02:37:48.75	+01:18:00 (49.4%)	15:46	3.8 (50.7%)
263	BIELENDA Łukasz	2202		16-29 M	77	01:25:12	02:37:45.10	02:37:49.55	+01:18:00 (49.4%)	15:46	3.8 (50.7%)
264	WRÓBLEWSKI Rafał	2268		16-29 M	78	01:25:15	02:37:45.55	02:37:49.85	+01:18:01 (49.4%)	15:46	3.8 (50.7%)
265	DĘBOWY Radosław	3013		30-39 M	106	01:25:24	02:37:39.25	02:37:50.00	+01:18:01 (49.4%)	15:46	3.8 (50.7%)
266	KOZAK Paweł	2224		16-29 M	79	01:25:26	02:37:47.65	02:37:51.15	+01:18:02 (49.4%)	15:46	3.8 (50.7%)
267	POKUSA Konrad	2247		16-29 M	80	01:25:35	02:37:48.50	02:37:53.00	+01:18:04 (49.4%)	15:46	3.8 (50.7%)
268	SIWIŃSKI Rafał	4678		16-29 M	81	01:26:20	02:37:38.60	02:37:56.10	+01:18:07 (49.5%)	15:45	3.8 (50.7%)
269	KUBICKI Rafał	3621		16-29 M	82	01:20:25	02:37:58.75	02:38:03.90	+01:18:15 (49.5%)	15:47	3.8 (50.7%)
270	STAROŃ Michał	3088		40-49 M	28	01:26:45	02:38:01.65	02:38:05.25	+01:18:16 (49.5%)	15:48	3.8 (50.7%)
271	URZĘDOWSKI Piotr	3662		30-39 M	107	01:22:40	02:37:57.80	02:38:05.60	+01:18:16 (49.5%)	15:47	3.8 (50.7%)
272	BŁASZCZYK Łukasz	3009		40-49 M	29		02:38:11.65	02:38:11.65	+01:18:22 (49.5%)	15:49	3.8 (50.7%)
273	SURMA Patrycja	3565		16-29 K	7	01:27:40	02:38:08.85	02:38:16.95	+01:18:28 (49.6%)	15:48	3.8 (50.7%)
274	KRZYWODAJC Paweł	2035		16-29 M	83	01:26:21	02:38:12.90	02:38:17.70	+01:18:29 (49.6%)	15:49	3.8 (50.7%)
275	GAMŻA Adrian	2212		40-49 M	30	01:26:32	02:38:02.95	02:38:18.35	+01:18:29 (49.6%)	15:48	3.8 (50.7%)
276	WALASEK Grzegorz	132		Elite Mężczyźni	27	01:07:07	02:38:42.80	02:38:45.15	+01:18:56 (49.7%)	15:52	3.8 (50.7%)
277	SKRZYPEK Dawid	2174		16-29 M	84	01:26:15	02:38:47.40	02:38:50.00	+01:19:01 (49.8%)	15:52	3.8 (50.7%)
278	KOŁODZIEJ Krzysztof	2626		30-39 M	108	01:26:19	02:38:50.00	02:38:55.15	+01:19:06 (49.8%)	15:53	3.8 (50.7%)
279	KARLIŃSKI Marcin	3326		30-39 M	109	01:30:17	02:39:44.35	02:39:45.85	+01:19:57 (50.0%)	15:58	3.8 (50.7%)
280	KRET Kamil	2340		16-29 M	85	01:24:54	02:39:43.55	02:39:54.30	+01:20:05 (50.1%)	15:58	3.8 (50.7%)
281	ROKITOWSKI Kamil	2381		16-29 M	86	01:24:54	02:39:43.65	02:39:54.40	+01:20:05 (50.1%)	15:58	3.8 (50.7%)
282	SZYDŁOWSKI Damian	3569		30-39 M	110	01:28:39	02:40:07.35	02:40:08.45	+01:20:19 (50.2%)	16:00	3.7 (49.3%)
283	BRZEZINKA Mariusz	3403		16-29 M	87	01:25:48	02:40:30.35	02:40:35.30	+01:20:46 (50.3%)	16:03	3.7 (49.3%)
284	KARWALA Jacek	2132		16-29 M	88	01:28:52	02:40:40.75	02:40:45.70	+01:20:57 (50.4%)	16:04	3.7 (49.3%)
285	KUREK Mikołaj	3230		16-29 M	89	01:25:36	02:40:44.05	02:40:48.30	+01:20:59 (50.4%)	16:04	3.7 (49.3%)
286	KOSTUCHA Damian	3615		16-29 M	90	01:27:29	02:40:46.05	02:40:49.05	+01:21:00 (50.4%)	16:04	3.7 (49.3%)
287	WTOREK Ilona	3481		16-29 K	8	01:27:31	02:41:07.25	02:41:14.20	+01:21:25 (50.5%)	16:06	3.7 (49.3%)
288	SOLARCZYK Damian	3404		30-39 M	111	01:27:34	02:41:07.90	02:41:14.50	+01:21:25 (50.5%)	16:06	3.7 (49.3%)
289	CIEPIENIAK Emil	3308		16-29 M	91	01:32:22	02:41:15.95	02:41:18.00	+01:21:29 (50.5%)	16:07	3.7 (49.3%)
290	BANASIK Krzysztof	2403		30-39 M	112	01:30:29	02:41:11.00	02:41:22.00	+01:21:33 (50.5%)	16:07	3.7 (49.3%)
291	KOSIOROWSKI Grzegorz	3142		40-49 M	31	01:25:21	02:41:15.70	02:41:22.30	+01:21:33 (50.5%)	16:07	3.7 (49.3%)
292	BANASIK Monika	2404		30-39 K	14	01:30:29	02:41:20.35	02:41:31.05	+01:21:42 (50.6%)	16:08	3.7 (49.3%)
293	TUSZNIO Anna	2981		30-39 K	15	01:10:02	02:41:44.95	02:41:47.50	+01:21:58 (50.7%)	16:10	3.7 (49.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
294	<b>PYTEL Tomasz</b>	<b>2665</b>		16-29 M	92	01:28:19	<b>02:42:02.05</b>	<b>02:42:12.25</b>	+01:22:23 (50.8%)	16:12	3.7 (49.3%)
295	<b>OLBROMSKI Artur</b>	<b>2365</b>		16-29 M	93	01:32:07	<b>02:42:11.70</b>	<b>02:42:14.20</b>	+01:22:25 (50.8%)	16:13	3.7 (49.3%)
296	<b>MORDARSKI Tomasz</b>	<b>3636</b>		30-39 M	113	01:27:22	<b>02:42:14.70</b>	<b>02:42:23.40</b>	+01:22:34 (50.9%)	16:13	3.7 (49.3%)
297	<b>PATER Maciej</b>	<b>3642</b>		30-39 M	114	01:27:24	<b>02:42:15.80</b>	<b>02:42:23.80</b>	+01:22:35 (50.9%)	16:13	3.7 (49.3%)
298	<b>ŁUKA Mateusz</b>	<b>2647</b>		30-39 M	115	01:23:12	<b>02:42:28.75</b>	<b>02:42:38.65</b>	+01:22:49 (50.9%)	16:14	3.7 (49.3%)
299	<b>GLIŃSKI Adam</b>	<b>3127</b>		16-29 M	94	01:23:50	<b>02:42:43.20</b>	<b>02:42:45.80</b>	+01:22:57 (51.0%)	16:16	3.7 (49.3%)
300	<b>WOŹNIAK Adam</b>	<b>3673</b>		40-49 M	32		<b>02:42:44.55</b>	<b>02:42:47.15</b>	+01:22:58 (51.0%)	16:16	3.7 (49.3%)
301	<b>KAMIŃSKI Jakub</b>	<b>3134</b>		16-29 M	95	01:23:50	<b>02:42:45.25</b>	<b>02:42:47.50</b>	+01:22:58 (51.0%)	16:16	3.7 (49.3%)
301	<b>SIEROCIŃSKI Przemysław</b>	<b>2070</b>		16-29 M	95	01:26:20	<b>02:42:42.30</b>	<b>02:42:47.50</b>	+01:22:58 (51.0%)	16:16	3.7 (49.3%)
303	<b>MŁYŃSKI Krzysztof</b>	<b>3062</b>		40-49 M	33		<b>02:42:46.40</b>	<b>02:42:49.70</b>	+01:23:01 (51.0%)	16:16	3.7 (49.3%)
304	<b>OSIŃSKI Piotr</b>	<b>2366</b>		30-39 M	116	01:27:12	<b>02:42:45.90</b>	<b>02:42:51.20</b>	+01:23:02 (51.0%)	16:16	3.7 (49.3%)
305	<b>FOLTYŃSKI Maciej</b>	<b>3017</b>		40-49 M	34	01:28:59	<b>02:42:42.15</b>	<b>02:42:51.40</b>	+01:23:02 (51.0%)	16:16	3.7 (49.3%)
306	<b>MŁYŃSKA Agnieszka</b>	<b>3061</b>		40-49 K	6		<b>02:42:51.35</b>	<b>02:42:53.60</b>	+01:23:04 (51.0%)	16:17	3.7 (49.3%)
307	<b>DZIEDZIC Grzegorz</b>	<b>4769</b>		16-29 M	97	01:25:57	<b>02:42:46.20</b>	<b>02:42:53.80</b>	+01:23:05 (51.0%)	16:16	3.7 (49.3%)
308	<b>BORKOWSKI Jacek</b>	<b>2501</b>		40-49 M	35	01:28:15	<b>02:42:52.00</b>	<b>02:42:54.20</b>	+01:23:05 (51.0%)	16:17	3.7 (49.3%)
309	<b>SOŁTYSIAK Danka</b>	<b>3351</b>		30-39 K	16	01:25:12	<b>02:42:54.25</b>	<b>02:42:56.00</b>	+01:23:07 (51.0%)	16:17	3.7 (49.3%)
310	<b>SOBCZAK Szymon</b>	<b>2881</b>		30-39 M	117	01:33:51	<b>02:42:46.60</b>	<b>02:42:58.45</b>	+01:23:09 (51.0%)	16:16	3.7 (49.3%)
311	<b>BABIEJ Dominika</b>	<b>3500</b>		16-29 K	9	01:35:03	<b>02:43:15.95</b>	<b>02:43:24.25</b>	+01:23:35 (51.2%)	16:19	3.7 (49.3%)
312	<b>BAJSAROWICZ Maciej</b>	<b>2402</b>		16-29 M	98	01:30:29	<b>02:43:14.35</b>	<b>02:43:25.65</b>	+01:23:36 (51.2%)	16:19	3.7 (49.3%)
313	<b>MĘDREK Marcin</b>	<b>3546</b>		30-39 M	118	01:20:30	<b>02:43:32.35</b>	<b>02:43:34.95</b>	+01:23:46 (51.2%)	16:21	3.7 (49.3%)
314	<b>ŁAWNICZAK Przemysław</b>	<b>2551</b>		40-49 M	36	01:24:33	<b>02:44:07.30</b>	<b>02:44:18.90</b>	+01:24:30 (51.4%)	16:24	3.7 (49.3%)
315	<b>GONTAREK Rafał</b>	<b>2518</b>		40-49 M	37	01:24:30	<b>02:44:08.00</b>	<b>02:44:20.05</b>	+01:24:31 (51.4%)	16:24	3.7 (49.3%)
316	<b>BIENIEK Wojciech</b>	<b>2300</b>		30-39 M	119	01:32:57	<b>02:44:24.35</b>	<b>02:44:29.35</b>	+01:24:40 (51.5%)	16:26	3.6 (48.0%)
317	<b>ODOMIRSKA Katarzyna</b>	<b>3730</b>		30-39 K	17	01:30:03	<b>02:44:28.85</b>	<b>02:44:33.25</b>	+01:24:44 (51.5%)	16:26	3.6 (48.0%)
318	<b>TOMCZYK Kinga</b>	<b>3729</b>		16-29 K	10	01:30:03	<b>02:44:29.30</b>	<b>02:44:33.90</b>	+01:24:45 (51.5%)	16:26	3.6 (48.0%)
319	<b>TOPCZYŃSKI Kamil</b>	<b>3362</b>		16-29 M	99	01:25:51	<b>02:44:44.70</b>	<b>02:44:46.15</b>	+01:24:57 (51.6%)	16:28	3.6 (48.0%)
320	<b>SYKUŁA Paweł</b>	<b>3356</b>		30-39 M	120	01:25:51	<b>02:44:45.65</b>	<b>02:44:47.40</b>	+01:24:58 (51.6%)	16:28	3.6 (48.0%)
321	<b>KALINOWSKI Wojciech</b>	<b>2846</b>		30-39 M	121	01:25:41	<b>02:44:49.35</b>	<b>02:44:52.70</b>	+01:25:04 (51.6%)	16:28	3.6 (48.0%)
322	<b>HAJDENRAJCH Marcin</b>	<b>2216</b>		30-39 M	122	01:15:56	<b>02:44:40.15</b>	<b>02:44:58.90</b>	+01:25:10 (51.6%)	16:28	3.6 (48.0%)
323	<b>POSIEWAŁA Mirosław</b>	<b>3032</b>		50-100+ M	2	01:27:16	<b>02:45:04.70</b>	<b>02:45:10.95</b>	+01:25:22 (51.7%)	16:30	3.6 (48.0%)
324	<b>DOMAŃSKI Marcin</b>	<b>4610</b>		40-49 M	38	01:35:12	<b>02:45:25.80</b>	<b>02:45:28.50</b>	+01:25:39 (51.8%)	16:32	3.6 (48.0%)
324	<b>J Damian</b>	<b>2326</b>		30-39 M	123	01:26:31	<b>02:45:25.70</b>	<b>02:45:28.50</b>	+01:25:39 (51.8%)	16:32	3.6 (48.0%)
326	<b>STRANU Andrzej</b>	<b>4917</b>		16-29 M	100	01:29:15	<b>02:45:24.70</b>	<b>02:45:29.30</b>	+01:25:40 (51.8%)	16:32	3.6 (48.0%)
327	<b>KRZYSTYŃIAK Magdalena</b>	<b>2545</b>		30-39 K	18	01:27:52	<b>02:45:30.30</b>	<b>02:45:32.90</b>	+01:25:44 (51.8%)	16:33	3.6 (48.0%)
328	<b>SIUTA Magdalena</b>	<b>2574</b>		30-39 K	19	01:27:51	<b>02:45:30.25</b>	<b>02:45:33.15</b>	+01:25:44 (51.8%)	16:33	3.6 (48.0%)
329	<b>KOMOROWSKI Paweł</b>	<b>4625</b>		30-39 M	124	01:31:19	<b>02:43:14.10</b>	<b>02:45:45.90</b>	+01:25:57 (51.9%)	16:19	3.7 (49.3%)
330	<b>TRZPIS Mateusz</b>	<b>2588</b>		16-29 M	101	01:26:47	<b>02:45:40.90</b>	<b>02:45:46.00</b>	+01:25:57 (51.9%)	16:34	3.6 (48.0%)
331	<b>WOSZCZYŃSKI Michał</b>	<b>2592</b>		30-39 M	125	01:26:51	<b>02:45:42.90</b>	<b>02:45:47.50</b>	+01:25:58 (51.9%)	16:34	3.6 (48.0%)
332	<b>LIGĘSKA Krzysztof</b>	<b>2667</b>		30-39 M	126	01:28:43	<b>02:45:44.45</b>	<b>02:45:47.75</b>	+01:25:59 (51.9%)	16:34	3.6 (48.0%)
333	<b>PAWŁOWSKI Rafał</b>	<b>3723</b>		40-49 M	39	01:29:49	<b>02:45:41.00</b>	<b>02:45:49.80</b>	+01:26:01 (51.9%)	16:34	3.6 (48.0%)
334	<b>KUBICA Arek</b>	<b>2138</b>		16-29 M	102	01:24:56	<b>02:45:48.30</b>	<b>02:45:50.15</b>	+01:26:01 (51.9%)	16:34	3.6 (48.0%)
335	<b>LAMENTA Andrzej</b>	<b>2038</b>		40-49 M	40	01:25:12	<b>02:45:55.45</b>	<b>02:45:57.10</b>	+01:26:08 (51.9%)	16:35	3.6 (48.0%)
336	<b>DOMAGAŁA Sebastian</b>	<b>2313</b>		16-29 M	103	01:34:16	<b>02:45:51.35</b>	<b>02:45:57.20</b>	+01:26:08 (51.9%)	16:35	3.6 (48.0%)
337	<b>BRYNKIEWICZ Michał</b>	<b>2502</b>		30-39 M	127	01:24:47	<b>02:45:44.10</b>	<b>02:45:57.60</b>	+01:26:08 (51.9%)	16:34	3.6 (48.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
338	<b>DZIERŻAK Arkadiusz</b>	<b>2009</b>		40-49 M	41	01:33:02	<b>02:45:57.95</b>	<b>02:46:01.60</b>	+01:26:12 (51.9%)	16:35	3.6 (48.0%)
339	<b>MUSZYŃSKI Maciej</b>	<b>2655</b>		40-49 M	42	01:30:10	<b>02:46:07.60</b>	<b>02:46:12.40</b>	+01:26:23 (52.0%)	16:36	3.6 (48.0%)
340	<b>NOWICKI Artur</b>	<b>2362</b>		16-29 M	104	01:32:02	<b>02:46:07.95</b>	<b>02:46:16.00</b>	+01:26:27 (52.0%)	16:36	3.6 (48.0%)
341	<b>GRZESZCZAK Paweł</b>	<b>3214</b>		30-39 M	128	01:25:54	<b>02:46:20.80</b>	<b>02:46:27.15</b>	+01:26:38 (52.1%)	16:38	3.6 (48.0%)
342	<b>ZYCH Dawid</b>	<b>2599</b>		30-39 M	129	01:29:34	<b>02:46:27.35</b>	<b>02:46:29.50</b>	+01:26:40 (52.1%)	16:38	3.6 (48.0%)
343	<b>STRASZAK Łukasz</b>	<b>2579</b>		30-39 M	130	01:30:33	<b>02:46:28.05</b>	<b>02:46:33.55</b>	+01:26:44 (52.1%)	16:38	3.6 (48.0%)
344	<b>DURMA Dominik</b>	<b>2315</b>		30-39 M	131	01:31:19	<b>02:44:10.65</b>	<b>02:46:42.10</b>	+01:26:53 (52.1%)	16:25	3.7 (49.3%)
345	<b>BORKOWSKI Maciej</b>	<b>3307</b>		30-39 M	132	01:31:44	<b>02:46:36.15</b>	<b>02:46:43.15</b>	+01:26:54 (52.1%)	16:39	3.6 (48.0%)
346	<b>ZUBENKO Wiktoria</b>	<b>3369</b>		16-29 K	11	01:31:48	<b>02:46:44.30</b>	<b>02:46:51.10</b>	+01:27:02 (52.2%)	16:40	3.6 (48.0%)
347	<b>PLATA Piotr</b>	<b>2963</b>		30-39 M	133	01:29:10	<b>02:43:06.95</b>	<b>02:46:57.35</b>	+01:27:08 (52.2%)	16:18	3.7 (49.3%)
348	<b>ZIĘBA Dariusz</b>	<b>2596</b>		30-39 M	134	01:32:42	<b>02:46:53.35</b>	<b>02:47:03.50</b>	+01:27:14 (52.2%)	16:41	3.6 (48.0%)
349	<b>SZCZEPANIAK Aleksander</b>	<b>2974</b>		40-49 M	43	01:29:11	<b>02:43:19.00</b>	<b>02:47:08.30</b>	+01:27:19 (52.2%)	16:19	3.7 (49.3%)
350	<b>SKUBISZ Karol</b>	<b>3264</b>		30-39 M	135	01:25:52	<b>02:47:14.90</b>	<b>02:47:21.90</b>	+01:27:33 (52.3%)	16:43	3.6 (48.0%)
351	<b>GRZESZCZAK Damian</b>	<b>3215</b>		16-29 M	105	01:25:55	<b>02:47:18.95</b>	<b>02:47:26.00</b>	+01:27:37 (52.3%)	16:43	3.6 (48.0%)
352	<b>STYCZEŃ Stefan</b>	<b>3564</b>		16-29 M	106	01:29:20	<b>02:47:26.15</b>	<b>02:47:27.65</b>	+01:27:38 (52.3%)	16:44	3.6 (48.0%)
353	<b>SEMERJAK Kamil</b>	<b>3561</b>		16-29 M	107	01:34:44	<b>02:47:57.65</b>	<b>02:48:05.35</b>	+01:28:16 (52.5%)	16:47	3.6 (48.0%)
354	<b>TABORSKI Dawid</b>	<b>4689</b>		16-29 M	108	01:25:31	<b>02:48:09.65</b>	<b>02:48:19.90</b>	+01:28:31 (52.6%)	16:48	3.6 (48.0%)
355	<b>JAKBCZAK Mateusz</b>	<b>113</b>		16-29 M	109	01:33:48	<b>02:48:18.15</b>	<b>02:48:22.45</b>	+01:28:33 (52.6%)	16:49	3.6 (48.0%)
356	<b>SHYPKA Oleksandr</b>	<b>3562</b>		30-39 M	136	01:27:44	<b>02:48:23.75</b>	<b>02:48:24.95</b>	+01:28:36 (52.6%)	16:50	3.6 (48.0%)
357	<b>BAKOWSKI Łukasz</b>	<b>2102</b>		30-39 M	137	01:30:53	<b>02:48:18.15</b>	<b>02:48:29.50</b>	+01:28:40 (52.6%)	16:49	3.6 (48.0%)
358	<b>DZIEDZIELA Marcin</b>	<b>2112</b>		30-39 M	138	01:30:53	<b>02:48:19.55</b>	<b>02:48:30.15</b>	+01:28:41 (52.6%)	16:50	3.6 (48.0%)
359	<b>WALENTUKIEWICZ Mateusz</b>	<b>2688</b>		16-29 M	110	01:34:10	<b>02:48:48.75</b>	<b>02:48:52.20</b>	+01:29:03 (52.7%)	16:52	3.6 (48.0%)
360	<b>WALENTUKIEWICZ Natalia</b>	<b>2689</b>		16-29 K	12	01:34:15	<b>02:48:50.35</b>	<b>02:48:53.20</b>	+01:29:04 (52.7%)	16:53	3.6 (48.0%)
361	<b>POST Marcin</b>	<b>3077</b>		30-39 M	139	01:40:31	<b>02:49:01.20</b>	<b>02:49:07.75</b>	+01:29:19 (52.8%)	16:54	3.5 (46.7%)
362	<b>BORYSOWSKI Daniel</b>	<b>2106</b>		30-39 M	140	01:27:05	<b>02:49:30.90</b>	<b>02:49:41.65</b>	+01:29:52 (53.0%)	16:57	3.5 (46.7%)
363	<b>WOJTAL Marcin</b>	<b>4696</b>		40-49 M	44	01:33:09	<b>02:49:38.85</b>	<b>02:49:48.30</b>	+01:29:59 (53.0%)	16:57	3.5 (46.7%)
364	<b>WYPYCH Adrian</b>	<b>2492</b>		16-29 M	111	01:27:23	<b>02:47:22.70</b>	<b>02:49:51.70</b>	+01:30:03 (53.0%)	16:44	3.6 (48.0%)
365	<b>CHUDAK Krzysztof</b>	<b>2414</b>		16-29 M	112	01:34:25	<b>02:47:29.65</b>	<b>02:49:57.40</b>	+01:30:08 (53.0%)	16:45	3.6 (48.0%)
366	<b>JAZOWSKI Michał</b>	<b>3530</b>		16-29 M	113	01:25:39	<b>02:49:58.65</b>	<b>02:50:07.85</b>	+01:30:19 (53.1%)	16:59	3.5 (46.7%)
367	<b>SZUMIŃSKI Piotr</b>	<b>4756</b>		30-39 M	141	01:32:09	<b>02:50:02.55</b>	<b>02:50:10.40</b>	+01:30:21 (53.1%)	17:00	3.5 (46.7%)
368	<b>HOLICA Sebastian</b>	<b>3025</b>		16-29 M	114	01:34:29	<b>02:50:08.10</b>	<b>02:50:17.00</b>	+01:30:28 (53.1%)	17:00	3.5 (46.7%)
369	<b>ŚLIWOWSKI Marcin</b>	<b>3091</b>		40-49 M	45	01:34:23	<b>02:50:11.25</b>	<b>02:50:18.20</b>	+01:30:29 (53.1%)	17:01	3.5 (46.7%)
370	<b>RAJ Tomasz</b>	<b>4773</b>		40-49 M	46	01:38:33	<b>02:50:30.35</b>	<b>02:50:36.00</b>	+01:30:47 (53.2%)	17:03	3.5 (46.7%)
371	<b>MUCHA Jarosław</b>	<b>3445</b>		30-39 M	142	01:38:26	<b>02:50:33.25</b>	<b>02:50:37.15</b>	+01:30:48 (53.2%)	17:03	3.5 (46.7%)
372	<b>BAK Jadwiga</b>	<b>4716</b>		30-39 K	20	01:37:05	<b>02:50:31.80</b>	<b>02:50:47.00</b>	+01:30:58 (53.3%)	17:03	3.5 (46.7%)
373	<b>SARZYŃSKI Kamil</b>	<b>3349</b>		16-29 M	115	00:59:31	<b>02:51:11.30</b>	<b>02:51:11.30</b>	+01:31:22 (53.4%)	17:07	3.5 (46.7%)
374	<b>KAZAK Wojciech</b>	<b>3612</b>		30-39 M	143	01:30:03	<b>02:51:19.40</b>	<b>02:51:22.00</b>	+01:31:33 (53.4%)	17:08	3.5 (46.7%)
375	<b>SOBOTA Andrzej</b>	<b>3652</b>		16-29 M	116	01:30:05	<b>02:51:20.70</b>	<b>02:51:22.65</b>	+01:31:33 (53.4%)	17:08	3.5 (46.7%)
376	<b>BIELACHA Maciej</b>	<b>2407</b>		30-39 M	144	01:31:49	<b>02:48:56.20</b>	<b>02:51:25.80</b>	+01:31:37 (53.4%)	16:53	3.6 (48.0%)
377	<b>MAJCHRZAK Bartłomiej</b>	<b>3442</b>		16-29 M	117	01:25:19	<b>02:51:29.10</b>	<b>02:51:31.90</b>	+01:31:43 (53.5%)	17:08	3.5 (46.7%)
378	<b>KRUPIŃSKI Paweł</b>	<b>2229</b>		30-39 M	145	01:30:19	<b>02:51:28.40</b>	<b>02:51:37.60</b>	+01:31:48 (53.5%)	17:08	3.5 (46.7%)
379	<b>DABEK Anna</b>	<b>2818</b>		30-39 K	21	01:34:57	<b>02:51:51.15</b>	<b>02:51:52.65</b>	+01:32:03 (53.6%)	17:11	3.5 (46.7%)
380	<b>DABEK Piotr</b>	<b>2817</b>		30-39 M	146	01:34:58	<b>02:51:51.20</b>	<b>02:51:53.00</b>	+01:32:04 (53.6%)	17:11	3.5 (46.7%)
380	<b>DROBNY Bogusław</b>	<b>2823</b>		40-49 M	47	01:34:58	<b>02:51:51.25</b>	<b>02:51:53.00</b>	+01:32:04 (53.6%)	17:11	3.5 (46.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						6km	10km	10km			
382	KAMIŃSKI Remigiusz	3030		30-39 M	147	01:38:39	02:51:51.95	02:51:57.55	+01:32:08 (53.6%)	17:11	3.5 (46.7%)
383	SOBIECH Piotr	4750		40-49 M	48	01:36:44	02:52:06.45	02:52:15.80	+01:32:27 (53.7%)	17:12	3.5 (46.7%)
384	OLESZCZAK Kasia	3341		30-39 K	22	01:32:50	02:49:48.75	02:52:19.90	+01:32:31 (53.7%)	16:58	3.5 (46.7%)
385	BABICZ Paweł	2600		30-39 M	148	01:33:49	02:52:12.70	02:52:20.00	+01:32:31 (53.7%)	17:13	3.5 (46.7%)
386	BURCZYŃSKI Kamil	3205		16-29 M	118	01:26:15	02:52:21.00	02:52:29.30	+01:32:40 (53.7%)	17:14	3.5 (46.7%)
387	KOWALCZYK Michał	2135		30-39 M	149	01:27:05	02:52:22.15	02:52:32.95	+01:32:44 (53.7%)	17:14	3.5 (46.7%)
388	GODOŃ Piotr	4647		30-39 M	150	01:36:39	02:52:39.20	02:52:47.35	+01:32:58 (53.8%)	17:15	3.5 (46.7%)
389	MADEJ Jakub	2044		16-29 M	119	01:36:45	02:52:44.95	02:52:48.90	+01:33:00 (53.8%)	17:16	3.5 (46.7%)
390	POST Mariola	3078		40-49 K	7	01:40:32	02:52:45.45	02:52:52.20	+01:33:03 (53.8%)	17:16	3.5 (46.7%)
391	GRZYBOWSKI Mateusz	2018		30-39 M	151	01:34:48	02:52:55.70	02:52:59.80	+01:33:11 (53.9%)	17:17	3.5 (46.7%)
392	GRZYBOWSKI Patryk	2017		16-29 M	120	01:34:55	02:52:55.75	02:53:00.00	+01:33:11 (53.9%)	17:17	3.5 (46.7%)
393	POPIEL Ewa	157		30-39 K	23	01:38:37	02:52:58.80	02:53:00.30	+01:33:11 (53.9%)	17:17	3.5 (46.7%)
394	KAZNOWSKA Izabela	3033		30-39 K	24	01:39:00	02:53:04.85	02:53:16.70	+01:33:28 (53.9%)	17:18	3.5 (46.7%)
395	MIECZKOWSKA Beata	3057		30-39 K	25	01:38:59	02:53:04.95	02:53:16.95	+01:33:28 (53.9%)	17:18	3.5 (46.7%)
396	DUDA Dariusz	3119		16-29 M	121	01:40:19	02:53:14.05	02:53:18.45	+01:33:29 (53.9%)	17:19	3.5 (46.7%)
397	SZULIK Łukasz	3470		16-29 M	122	01:21:33	02:53:34.55	02:53:43.05	+01:33:54 (54.1%)	17:21	3.5 (46.7%)
398	ŁACNIAK Anna	3712		40-49 K	8	01:40:34	02:53:28.90	02:53:51.65	+01:34:02 (54.1%)	17:20	3.5 (46.7%)
399	BURKAT Marcin	3704		40-49 M	49	01:38:10	02:53:28.90	02:53:52.45	+01:34:03 (54.1%)	17:20	3.5 (46.7%)
400	MIZIELSKI Kamil	3550		16-29 M	123	01:36:12	02:53:49.30	02:53:53.00	+01:34:04 (54.1%)	17:23	3.5 (46.7%)
401	KURCZAK Mateusz	2793		40-49 M	50	01:47:03	02:53:49.70	02:53:53.90	+01:34:05 (54.1%)	17:22	3.5 (46.7%)
402	KUCHTA Krzysztof	2796		40-49 M	51	01:40:30	02:53:33.60	02:53:54.00	+01:34:05 (54.1%)	17:21	3.5 (46.7%)
403	KORKOSZ Kacper	2787		40-49 M	52	01:39:10	02:53:50.25	02:53:54.45	+01:34:05 (54.1%)	17:23	3.5 (46.7%)
404	LESIAK Damian	3150		16-29 M	124	01:40:28	02:53:56.00	02:54:00.45	+01:34:11 (54.1%)	17:23	3.4 (45.3%)
405	BYCZKOWSKI Paweł	3111		16-29 M	125	01:40:28	02:53:55.80	02:54:00.75	+01:34:12 (54.1%)	17:23	3.4 (45.3%)
406	GRADOWSKI Kamil	2121		16-29 M	126	01:35:36	02:53:53.20	02:54:03.50	+01:34:14 (54.1%)	17:23	3.5 (46.7%)
407	SIENKIEWICZ Mateusz	2172		16-29 M	127	01:35:39	02:53:53.15	02:54:04.40	+01:34:15 (54.2%)	17:23	3.5 (46.7%)
408	ŚLIWA Konrad	2584		40-49 M	53	01:36:06	02:54:07.95	02:54:18.45	+01:34:29 (54.2%)	17:24	3.4 (45.3%)
409	CZOCHARA Aneta	2507		30-39 K	26	01:36:07	02:54:08.95	02:54:18.50	+01:34:29 (54.2%)	17:24	3.4 (45.3%)
410	SOBIECH Monika	2257		40-49 K	9	01:36:57	02:54:34.90	02:54:41.85	+01:34:53 (54.3%)	17:27	3.4 (45.3%)
411	JOB Agnieszka	3429		16-29 K	13	01:38:39	02:54:41.50	02:54:49.40	+01:35:00 (54.3%)	17:28	3.4 (45.3%)
412	RZADKOSZ Tomasz	2798		40-49 M	54	01:38:37	02:54:41.35	02:54:58.00	+01:35:09 (54.4%)	17:28	3.4 (45.3%)
413	WYSOCKI Tomasz	2896		30-39 M	152	01:38:50	02:55:01.80	02:55:05.65	+01:35:16 (54.4%)	17:30	3.4 (45.3%)
414	ZAISZA Łukasz	4624		30-39 M	153		02:55:25.00	02:55:28.70	+01:35:40 (54.5%)	17:32	3.4 (45.3%)
415	ŚPIEWAK Przemysław	3181		30-39 M	154	01:31:03	02:55:32.25	02:55:36.65	+01:35:47 (54.6%)	17:33	3.4 (45.3%)
416	MAJCHER Norbert	2648		30-39 M	155	01:38:16	02:55:32.35	02:55:40.80	+01:35:52 (54.6%)	17:33	3.4 (45.3%)
417	BOROWIEC Bartosz	2105		16-29 M	128	01:47:31	02:54:57.60	02:55:44.40	+01:35:55 (54.6%)	17:29	3.4 (45.3%)
418	MICHALSKA Natalia	2653		30-39 K	27	01:38:33	02:55:41.05	02:55:46.95	+01:35:58 (54.6%)	17:34	3.4 (45.3%)
419	OSTRYCHARZ Damian	2161		16-29 M	129	01:34:14	02:55:45.10	02:55:48.50	+01:35:59 (54.6%)	17:34	3.4 (45.3%)
420	LIPKA Daniel	2443		40-49 M	55	01:31:07	02:53:16.70	02:55:49.50	+01:36:00 (54.6%)	17:19	3.5 (46.7%)
421	HULINSKI Kacper	3130		16-29 M	130	01:24:33	02:55:47.90	02:55:50.10	+01:36:01 (54.6%)	17:34	3.4 (45.3%)
422	KOPACZYŃSKI Artur	3140		16-29 M	131	01:24:34	02:55:48.60	02:55:50.30	+01:36:01 (54.6%)	17:34	3.4 (45.3%)
423	WRONA Sebastian	3187		16-29 M	132	01:24:34	02:55:48.85	02:55:50.85	+01:36:02 (54.6%)	17:34	3.4 (45.3%)
424	SZKOLAK Angelika	3657		16-29 K	14	01:35:20	02:55:51.10	02:55:57.25	+01:36:08 (54.6%)	17:35	3.4 (45.3%)
425	LIMANÓWKA Jakub	3232	TEAM DORIS KRAKÓW	16-29 M	133	01:37:26	02:55:57.20	02:56:03.10	+01:36:14 (54.7%)	17:35	3.4 (45.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
426	<b>SALETNIK Aleksandra</b>	<b>3260</b>	TEAM DORIS KRAKÓW	16-29 K	15	01:37:55	<b>02:55:58.55</b>	<b>02:56:03.70</b>	+01:36:15 (54.7%)	17:35	3.4 (45.3%)
427	<b>KUROŚ Jarosław</b>	<b>2639</b>		30-39 M	156	01:36:20	<b>02:56:04.80</b>	<b>02:56:09.60</b>	+01:36:20 (54.7%)	17:36	3.4 (45.3%)
428	<b>KOŁODZIEJ Dariusz</b>	<b>2606</b>		30-39 M	157	01:36:18	<b>02:56:04.55</b>	<b>02:56:10.45</b>	+01:36:21 (54.7%)	17:36	3.4 (45.3%)
429	<b>KUKLA Mańka</b>	<b>3228</b>		30-39 K	28	01:35:50	<b>02:53:43.55</b>	<b>02:56:13.55</b>	+01:36:24 (54.7%)	17:22	3.5 (46.7%)
430	<b>DREWIENKOWSKA Beata</b>	<b>2513</b>		40-49 K	10	01:43:26	<b>02:56:04.15</b>	<b>02:56:14.25</b>	+01:36:25 (54.7%)	17:36	3.4 (45.3%)
431	<b>DRAŻEK Marek</b>	<b>3310</b>		40-49 M	56	01:29:08	<b>02:56:27.70</b>	<b>02:56:37.90</b>	+01:36:49 (54.8%)	17:38	3.4 (45.3%)
432	<b>GRZESIK Bartosz</b>	<b>2617</b>		30-39 M	158	01:25:29	<b>02:56:37.90</b>	<b>02:56:44.15</b>	+01:36:55 (54.8%)	17:39	3.4 (45.3%)
433	<b>SARAD Krzysztof</b>	<b>2768</b>		30-39 M	159	01:36:04	<b>02:57:03.70</b>	<b>02:57:04.85</b>	+01:37:16 (54.9%)	17:42	3.4 (45.3%)
434	<b>CZARNIK Marek</b>	<b>2711</b>		30-39 M	160	01:36:05	<b>02:57:03.70</b>	<b>02:57:05.35</b>	+01:37:16 (54.9%)	17:42	3.4 (45.3%)
435	<b>MIERZWA Aleksander</b>	<b>122</b>		Elite Mężczyźni	28	01:31:15	<b>02:57:11.45</b>	<b>02:57:14.95</b>	+01:37:26 (55.0%)	17:43	3.4 (45.3%)
436	<b>PATRZAŁEK Kamil</b>	<b>2561</b>		16-29 M	134	01:32:16	<b>02:57:13.80</b>	<b>02:57:17.30</b>	+01:37:28 (55.0%)	17:43	3.4 (45.3%)
437	<b>ARTIUKHOVA Tetiana</b>	<b>3100</b>		30-39 K	29	01:38:18	<b>02:57:23.15</b>	<b>02:57:26.25</b>	+01:37:37 (55.0%)	17:44	3.4 (45.3%)
438	<b>WITKOWSKA Katarzyna</b>	<b>4612</b>		16-29 K	16	01:26:16	<b>02:57:30.80</b>	<b>02:57:39.60</b>	+01:37:50 (55.1%)	17:45	3.4 (45.3%)
439	<b>PÓŁTORAK Daniel</b>	<b>3250</b>		16-29 M	135	01:26:14	<b>02:57:32.10</b>	<b>02:57:40.60</b>	+01:37:51 (55.1%)	17:45	3.4 (45.3%)
440	<b>DAJNOWSKA Małgorzata</b>	<b>2608</b>		30-39 K	30	01:36:55	<b>02:57:41.25</b>	<b>02:57:47.80</b>	+01:37:59 (55.1%)	17:46	3.4 (45.3%)
441	<b>WESOŁOWSKI Jakub</b>	<b>2188</b>		16-29 M	136	01:29:26	<b>02:58:09.30</b>	<b>02:58:14.20</b>	+01:38:25 (55.2%)	17:49	3.4 (45.3%)
442	<b>ANTONIEW Aleksander</b>	<b>2900</b>		30-39 M	161	01:35:34	<b>02:54:27.85</b>	<b>02:58:21.85</b>	+01:38:33 (55.3%)	17:26	3.4 (45.3%)
442	<b>KŁYS Milena</b>	<b>2934</b>		30-39 K	31	01:35:35	<b>02:54:28.85</b>	<b>02:58:21.85</b>	+01:38:33 (55.3%)	17:26	3.4 (45.3%)
444	<b>PILARSKI Michał</b>	<b>3644</b>		40-49 M	57	01:33:58	<b>02:58:23.15</b>	<b>02:58:34.15</b>	+01:38:45 (55.3%)	17:50	3.4 (45.3%)
445	<b>SZATAŃSKI Dariusz</b>	<b>3358</b>		40-49 M	58	01:34:08	<b>02:58:24.35</b>	<b>02:58:36.25</b>	+01:38:47 (55.3%)	17:50	3.4 (45.3%)
446	<b>PACHA Piotr</b>	<b>3069</b>		30-39 M	162	01:29:16	<b>02:58:31.25</b>	<b>02:58:38.00</b>	+01:38:49 (55.3%)	17:51	3.4 (45.3%)
447	<b>DROŹDZIK Krzysztof</b>	<b>2514</b>		16-29 M	137	01:32:13	<b>02:58:32.75</b>	<b>02:58:38.85</b>	+01:38:50 (55.3%)	17:51	3.4 (45.3%)
448	<b>MIŚ Mateusz</b>	<b>3549</b>		16-29 M	138	01:34:34	<b>02:58:48.65</b>	<b>02:58:51.25</b>	+01:39:02 (55.4%)	17:52	3.4 (45.3%)
449	<b>FRYDRYCH Łukasz</b>	<b>2923</b>		30-39 M	163	01:34:21	<b>02:55:02.35</b>	<b>02:58:52.85</b>	+01:39:04 (55.4%)	17:30	3.4 (45.3%)
450	<b>FRYDRYCH Mateusz</b>	<b>2924</b>		30-39 M	164	01:34:20	<b>02:55:01.85</b>	<b>02:58:53.30</b>	+01:39:04 (55.4%)	17:30	3.4 (45.3%)
451	<b>MACH Michał</b>	<b>2553</b>		16-29 M	139	01:35:03	<b>02:58:46.25</b>	<b>02:58:54.50</b>	+01:39:05 (55.4%)	17:52	3.4 (45.3%)
452	<b>KOŁODZIEJCZYK Kamil</b>	<b>2627</b>		16-29 M	140	01:36:53	<b>02:58:48.10</b>	<b>02:58:56.75</b>	+01:39:08 (55.4%)	17:52	3.4 (45.3%)
453	<b>KUZIOLA Joanna</b>	<b>2641</b>		30-39 K	32	01:36:55	<b>02:58:47.85</b>	<b>02:58:56.80</b>	+01:39:08 (55.4%)	17:52	3.4 (45.3%)
454	<b>GONTARZ Piotr</b>	<b>2321</b>		16-29 M	141	01:34:58	<b>02:56:28.70</b>	<b>02:58:59.60</b>	+01:39:10 (55.4%)	17:38	3.4 (45.3%)
455	<b>LENARD Mariusz</b>	<b>2941</b>		30-39 M	165	01:34:23	<b>02:55:09.90</b>	<b>02:58:59.70</b>	+01:39:11 (55.4%)	17:31	3.4 (45.3%)
456	<b>MARSKI Rafał</b>	<b>2355</b>		16-29 M	142	01:34:55	<b>02:56:30.35</b>	<b>02:59:00.25</b>	+01:39:11 (55.4%)	17:39	3.4 (45.3%)
457	<b>GLOBISZ Grzegorz</b>	<b>2717</b>		16-29 M	143	01:39:30	<b>02:58:55.60</b>	<b>02:59:04.40</b>	+01:39:15 (55.4%)	17:53	3.4 (45.3%)
458	<b>MUSIOŁ Kamil</b>	<b>2452</b>		16-29 M	144	01:29:16	<b>02:56:33.40</b>	<b>02:59:05.45</b>	+01:39:16 (55.4%)	17:39	3.4 (45.3%)
459	<b>JANIEC Miłosz</b>	<b>3525</b>		30-39 M	166	01:34:40	<b>02:59:02.85</b>	<b>02:59:05.80</b>	+01:39:17 (55.4%)	17:54	3.4 (45.3%)
460	<b>DZIURA Mariusz</b>	<b>2422</b>		16-29 M	145	01:29:17	<b>02:56:40.55</b>	<b>02:59:11.55</b>	+01:39:22 (55.5%)	17:40	3.4 (45.3%)
461	<b>LESZCZYŃSKI Dariusz</b>	<b>2642</b>		30-39 M	167	01:32:23	<b>02:59:17.90</b>	<b>02:59:22.80</b>	+01:39:34 (55.5%)	17:55	3.3 (44.0%)
462	<b>PRASZCZYK Łukasz</b>	<b>2760</b>		16-29 M	146	01:32:23	<b>02:59:19.30</b>	<b>02:59:23.90</b>	+01:39:35 (55.5%)	17:55	3.3 (44.0%)
463	<b>STELMASZCZYK Michalina</b>	<b>3089</b>		16-29 K	17	01:35:02	<b>02:59:20.95</b>	<b>02:59:26.40</b>	+01:39:37 (55.5%)	17:56	3.3 (44.0%)
464	<b>SŁOMA Zbigniew</b>	<b>2471</b>		16-29 M	147	01:30:24	<b>02:56:58.75</b>	<b>02:59:27.65</b>	+01:39:38 (55.5%)	17:41	3.4 (45.3%)
465	<b>DOBROWOLSKI Łukasz</b>	<b>2610</b>		30-39 M	168	01:38:01	<b>02:59:22.05</b>	<b>02:59:31.70</b>	+01:39:43 (55.5%)	17:56	3.3 (44.0%)
466	<b>SZYMAŃSKI Mateusz</b>	<b>2079</b>		16-29 M	148	01:36:53	<b>02:59:22.60</b>	<b>02:59:33.90</b>	+01:39:45 (55.6%)	17:56	3.3 (44.0%)
467	<b>KUJAWA Łukasz</b>	<b>3436</b>		30-39 M	169	01:35:49	<b>02:59:32.00</b>	<b>02:59:37.35</b>	+01:39:48 (55.6%)	17:57	3.3 (44.0%)
468	<b>KONUĆ Kamil</b>	<b>2628</b>		30-39 M	170	01:29:33	<b>02:59:32.70</b>	<b>02:59:46.00</b>	+01:39:57 (55.6%)	17:57	3.3 (44.0%)
469	<b>PIWKO Sylwester</b>	<b>3344</b>		30-39 M	171		<b>02:59:44.90</b>	<b>02:59:53.80</b>	+01:40:05 (55.6%)	17:58	3.3 (44.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
470	<b>CZAJKOWSKA Agnieszka</b>	<b>152</b>		30-39 K	33	01:21:03	<b>02:59:53.15</b>	<b>02:59:54.50</b>	+01:40:05 (55.6%)	17:59	3.3 (44.0%)
471	<b>WALERCZYK Michał</b>	<b>3184</b>		16-29 M	149	01:35:49	<b>03:00:04.80</b>	<b>03:00:08.50</b>	+01:40:19 (55.7%)	18:00	3.3 (44.0%)
472	<b>PRUSAK Patryk</b>	<b>2661</b>		40-49 M	59	01:44:08	<b>03:00:00.25</b>	<b>03:00:18.40</b>	+01:40:29 (55.7%)	18:00	3.3 (44.0%)
473	<b>MACH Tomasz</b>	<b>2554</b>		30-39 M	172	01:35:19	<b>03:00:13.25</b>	<b>03:00:21.65</b>	+01:40:32 (55.7%)	18:01	3.3 (44.0%)
474	<b>DĘBOWSKI Łukasz</b>	<b>2311</b>		16-29 M	150	01:34:00	<b>02:59:51.80</b>	<b>03:00:24.25</b>	+01:40:35 (55.8%)	17:59	3.3 (44.0%)
475	<b>DĘBOWSKI Mateusz</b>	<b>2312</b>		16-29 M	151	01:34:22	<b>02:59:56.60</b>	<b>03:00:25.20</b>	+01:40:36 (55.8%)	17:59	3.3 (44.0%)
476	<b>WALA Michał</b>	<b>3663</b>		30-39 M	173	01:35:30	<b>03:00:26.40</b>	<b>03:00:27.65</b>	+01:40:38 (55.8%)	18:02	3.3 (44.0%)
477	<b>NOWAK Andrzej</b>	<b>3639</b>		40-49 M	60	01:35:28	<b>03:00:26.55</b>	<b>03:00:28.50</b>	+01:40:39 (55.8%)	18:02	3.3 (44.0%)
478	<b>CHAŁA Adrian</b>	<b>3507</b>		30-39 M	174	01:34:33	<b>03:00:33.80</b>	<b>03:00:36.10</b>	+01:40:47 (55.8%)	18:03	3.3 (44.0%)
479	<b>FILIPOWICZ Bartosz</b>	<b>3121</b>		30-39 M	175	01:50:03	<b>03:00:29.80</b>	<b>03:00:36.95</b>	+01:40:48 (55.8%)	18:02	3.3 (44.0%)
480	<b>MIŚ Grzegorz</b>	<b>3548</b>		30-39 M	176	01:31:28	<b>03:00:38.05</b>	<b>03:00:41.05</b>	+01:40:52 (55.8%)	18:03	3.3 (44.0%)
481	<b>PIĘTKA Jarosław</b>	<b>3343</b>		30-39 M	177	01:34:37	<b>03:00:41.15</b>	<b>03:00:49.90</b>	+01:41:01 (55.9%)	18:04	3.3 (44.0%)
482	<b>POŁOWIN Anita</b>	<b>4785</b>		40-49 K	11	01:34:38	<b>03:00:41.20</b>	<b>03:00:50.00</b>	+01:41:01 (55.9%)	18:04	3.3 (44.0%)
483	<b>RACZKOWSKA-GOLANKO Monika</b>	<b>3459</b>		16-29 K	18	01:40:08	<b>03:01:22.70</b>	<b>03:01:26.55</b>	+01:41:37 (56.0%)	18:08	3.3 (44.0%)
484	<b>CHMIELEWSKA Iza</b>	<b>3408</b>		16-29 K	19	01:39:44	<b>03:01:37.35</b>	<b>03:01:42.45</b>	+01:41:53 (56.1%)	18:09	3.3 (44.0%)
485	<b>DACH Maciek</b>	<b>3412</b>		16-29 M	152	01:39:44	<b>03:01:38.50</b>	<b>03:01:42.95</b>	+01:41:54 (56.1%)	18:09	3.3 (44.0%)
486	<b>MROCZEK Katarzyna</b>	<b>2953</b>		30-39 K	34	01:35:32	<b>02:58:16.80</b>	<b>03:02:12.50</b>	+01:42:23 (56.2%)	17:49	3.4 (45.3%)
487	<b>KORYCKI Łukasz</b>	<b>3225</b>		16-29 M	153	01:32:01	<b>03:02:34.65</b>	<b>03:02:38.65</b>	+01:42:49 (56.3%)	18:15	3.3 (44.0%)
488	<b>GRABOWSKA Malwina</b>	<b>3021</b>		30-39 K	35	01:36:12	<b>03:02:33.25</b>	<b>03:02:40.05</b>	+01:42:51 (56.3%)	18:15	3.3 (44.0%)
489	<b>JĘDROSZ Aleksandra</b>	<b>3531</b>		30-39 K	36	01:34:30	<b>03:02:33.70</b>	<b>03:02:41.00</b>	+01:42:52 (56.3%)	18:15	3.3 (44.0%)
490	<b>WILCZEK Tomasz</b>	<b>3277</b>		16-29 M	154	01:32:01	<b>03:02:36.55</b>	<b>03:02:41.10</b>	+01:42:52 (56.3%)	18:15	3.3 (44.0%)
491	<b>KRÓL Przemysław</b>	<b>3536</b>		30-39 M	178	01:34:09	<b>03:02:32.55</b>	<b>03:02:41.35</b>	+01:42:52 (56.3%)	18:15	3.3 (44.0%)
492	<b>KOPACKI Bartek</b>	<b>3042</b>		16-29 M	155	01:36:06	<b>03:02:44.00</b>	<b>03:02:56.30</b>	+01:43:07 (56.4%)	18:16	3.3 (44.0%)
493	<b>KRÓL Michał</b>	<b>3537</b>		30-39 M	179	01:42:31	<b>03:02:53.20</b>	<b>03:02:57.55</b>	+01:43:08 (56.4%)	18:17	3.3 (44.0%)
494	<b>CIERPICH Paweł</b>	<b>3509</b>		40-49 M	61	01:42:28	<b>03:02:54.20</b>	<b>03:02:58.70</b>	+01:43:10 (56.4%)	18:17	3.3 (44.0%)
495	<b>CZAPIEWSKI Krystian</b>	<b>4759</b>		16-29 M	156	01:36:10	<b>03:03:02.40</b>	<b>03:03:09.90</b>	+01:43:21 (56.4%)	18:18	3.3 (44.0%)
496	<b>SADOCH Marcin</b>	<b>3649</b>		40-49 M	62	01:42:19	<b>03:03:03.80</b>	<b>03:03:14.05</b>	+01:43:25 (56.4%)	18:18	3.3 (44.0%)
497	<b>NIERADZIK Marek</b>	<b>3551</b>		40-49 M	63	01:39:55	<b>03:03:12.60</b>	<b>03:03:17.85</b>	+01:43:29 (56.5%)	18:19	3.3 (44.0%)
498	<b>CZARDYBON Gabriela</b>	<b>3511</b>		16-29 K	20	01:39:54	<b>03:03:14.75</b>	<b>03:03:19.40</b>	+01:43:30 (56.5%)	18:19	3.3 (44.0%)
499	<b>ŁOSOŃ Rafał</b>	<b>3541</b>		16-29 M	157	01:39:55	<b>03:03:14.80</b>	<b>03:03:20.00</b>	+01:43:31 (56.5%)	18:19	3.3 (44.0%)
500	<b>KALINOWSKI Daniel</b>	<b>4609</b>		30-39 M	180	01:37:06	<b>03:03:13.85</b>	<b>03:03:20.65</b>	+01:43:31 (56.5%)	18:19	3.3 (44.0%)
501	<b>SAPIELAK Zbigniew</b>	<b>2878</b>		40-49 M	64	01:39:34	<b>03:03:34.70</b>	<b>03:03:38.35</b>	+01:43:49 (56.5%)	18:21	3.3 (44.0%)
502	<b>KORAB Grzegorz</b>	<b>3613</b>		40-49 M	65	01:41:47	<b>03:03:33.05</b>	<b>03:03:44.35</b>	+01:43:55 (56.6%)	18:21	3.3 (44.0%)
503	<b>ŚWIĘCH Adam</b>	<b>3660</b>		40-49 M	66	01:42:15	<b>03:03:38.85</b>	<b>03:03:48.15</b>	+01:43:59 (56.6%)	18:21	3.3 (44.0%)
504	<b>HAMERA Karolina</b>	<b>2720</b>		30-39 K	37	01:44:17	<b>03:03:46.20</b>	<b>03:03:49.95</b>	+01:44:01 (56.6%)	18:22	3.3 (44.0%)
505	<b>KOWALIK Krzysztof</b>	<b>2736</b>		40-49 M	67	01:44:16	<b>03:03:44.95</b>	<b>03:03:50.10</b>	+01:44:01 (56.6%)	18:22	3.3 (44.0%)
506	<b>ZAGRABA Katarzyna</b>	<b>2781</b>		30-39 K	38	01:44:19	<b>03:03:46.10</b>	<b>03:03:50.40</b>	+01:44:01 (56.6%)	18:22	3.3 (44.0%)
507	<b>SŁOMKA Jacek</b>	<b>2771</b>		30-39 M	181	01:44:25	<b>03:03:45.55</b>	<b>03:03:50.70</b>	+01:44:02 (56.6%)	18:22	3.3 (44.0%)
508	<b>KAMIŃSKA Patrycja</b>	<b>2727</b>		16-29 K	21	01:44:24	<b>03:03:47.35</b>	<b>03:03:50.95</b>	+01:44:02 (56.6%)	18:22	3.3 (44.0%)
509	<b>BARTOSIK Paweł</b>	<b>2701</b>		30-39 M	182	01:44:17	<b>03:03:47.60</b>	<b>03:03:51.35</b>	+01:44:02 (56.6%)	18:22	3.3 (44.0%)
510	<b>STOMP AJ Agnieszka</b>	<b>2773</b>		30-39 K	39	01:44:22	<b>03:03:46.80</b>	<b>03:03:51.40</b>	+01:44:02 (56.6%)	18:22	3.3 (44.0%)
511	<b>TOKARSKI Jacek</b>	<b>2775</b>		40-49 M	68	01:44:22	<b>03:03:46.85</b>	<b>03:03:52.10</b>	+01:44:03 (56.6%)	18:22	3.3 (44.0%)
512	<b>WOŹNIAKOWSKI Marek</b>	<b>3480</b>		50-100+ M	3	01:49:35	<b>03:03:52.45</b>	<b>03:03:56.30</b>	+01:44:07 (56.6%)	18:23	3.3 (44.0%)
513	<b>MOTYKA Szymek</b>	<b>2450</b>		30-39 M	183	01:34:12	<b>03:04:10.10</b>	<b>03:04:15.70</b>	+01:44:27 (56.7%)	18:25	3.3 (44.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						6km	10km	10km			
514	<b>BUCZEK Michał</b>	<b>3505</b>		16-29 M	158	01:43:43	<b>03:04:19.35</b>	<b>03:04:27.30</b>	+01:44:38 (56.7%)	18:26	3.3 (44.0%)
515	<b>CIUPA Marek</b>	<b>3510</b>		30-39 M	184	01:45:34	<b>03:04:30.15</b>	<b>03:04:32.65</b>	+01:44:43 (56.8%)	18:27	3.3 (44.0%)
516	<b>MORAWA Grzegorz</b>	<b>4608</b>		30-39 M	185	01:33:10	<b>03:04:28.00</b>	<b>03:04:34.50</b>	+01:44:45 (56.8%)	18:26	3.3 (44.0%)
517	<b>RABIASZ Kamil</b>	<b>4606</b>		30-39 M	186	01:33:05	<b>03:04:27.35</b>	<b>03:04:34.95</b>	+01:44:46 (56.8%)	18:26	3.3 (44.0%)
518	<b>WITON Ariel</b>	<b>3575</b>		30-39 M	187	01:45:41	<b>03:04:40.95</b>	<b>03:04:44.20</b>	+01:44:55 (56.8%)	18:28	3.2 (42.7%)
519	<b>WYCISK Dagmara</b>	<b>3578</b>		30-39 K	40	01:45:34	<b>03:04:42.40</b>	<b>03:04:44.80</b>	+01:44:56 (56.8%)	18:28	3.2 (42.7%)
520	<b>AGIER-CHOJA Ewelina</b>	<b>3004</b>		30-39 K	41	01:44:10	<b>03:04:39.85</b>	<b>03:04:46.65</b>	+01:44:57 (56.8%)	18:28	3.2 (42.7%)
521	<b>AGIER Mateusz</b>	<b>3003</b>		30-39 M	188	01:44:08	<b>03:04:39.65</b>	<b>03:04:47.40</b>	+01:44:58 (56.8%)	18:28	3.2 (42.7%)
522	<b>FELIGA Maciej</b>	<b>3417</b>		16-29 M	159	01:37:55	<b>03:04:45.85</b>	<b>03:04:49.15</b>	+01:45:00 (56.8%)	18:28	3.2 (42.7%)
523	<b>PYCZEK Przemek</b>	<b>2379</b>		16-29 M	160	01:28:54	<b>03:02:20.60</b>	<b>03:04:49.30</b>	+01:45:00 (56.8%)	18:14	3.3 (44.0%)
524	<b>KOŻUCHOWICZ Sebastian</b>	<b>2631</b>		30-39 M	189	01:57:41	<b>03:04:46.60</b>	<b>03:04:52.65</b>	+01:45:03 (56.8%)	18:28	3.2 (42.7%)
525	<b>LECH Albert</b>	<b>2141</b>		16-29 M	161	01:47:57	<b>03:04:47.60</b>	<b>03:04:55.40</b>	+01:45:06 (56.8%)	18:28	3.2 (42.7%)
526	<b>FLOREK Paweł</b>	<b>2115</b>		16-29 M	162	01:44:22	<b>03:04:54.40</b>	<b>03:04:56.15</b>	+01:45:07 (56.8%)	18:29	3.2 (42.7%)
527	<b>SIERŻĘGA Kamil</b>	<b>2173</b>		16-29 M	163	01:47:55	<b>03:04:48.20</b>	<b>03:04:56.95</b>	+01:45:08 (56.8%)	18:28	3.2 (42.7%)
528	<b>KRUPA Kamil</b>	<b>3538</b>		30-39 M	190	01:39:50	<b>03:05:02.25</b>	<b>03:05:04.25</b>	+01:45:15 (56.9%)	18:30	3.2 (42.7%)
529	<b>JANKOWSKA Emilia</b>	<b>3526</b>		16-29 K	22	01:39:51	<b>03:05:03.55</b>	<b>03:05:05.85</b>	+01:45:17 (56.9%)	18:30	3.2 (42.7%)
530	<b>PORZĄDNY Sebastian</b>	<b>2964</b>		30-39 M	191	01:41:35	<b>03:04:53.45</b>	<b>03:05:15.35</b>	+01:45:26 (56.9%)	18:29	3.2 (42.7%)
531	<b>BIK Jacek</b>	<b>2906</b>		40-49 M	69	01:41:33	<b>03:04:53.60</b>	<b>03:05:15.50</b>	+01:45:26 (56.9%)	18:29	3.2 (42.7%)
532	<b>BIK Anna</b>	<b>2905</b>		40-49 K	12	01:41:35	<b>03:04:52.95</b>	<b>03:05:15.65</b>	+01:45:26 (56.9%)	18:29	3.2 (42.7%)
533	<b>TUBILEWICZ Szymon</b>	<b>3474</b>		16-29 M	164	01:38:21	<b>03:05:13.55</b>	<b>03:05:18.20</b>	+01:45:29 (56.9%)	18:31	3.2 (42.7%)
534	<b>SACHARCZUK Kacper</b>	<b>2068</b>		30-39 M	192	01:38:09	<b>03:05:17.90</b>	<b>03:05:23.50</b>	+01:45:34 (56.9%)	18:31	3.2 (42.7%)
535	<b>STĘPIEŃ Maciej</b>	<b>3090</b>		40-49 M	70	01:36:06	<b>03:05:21.20</b>	<b>03:05:33.20</b>	+01:45:44 (57.0%)	18:32	3.2 (42.7%)
536	<b>MAJKOWSKA Anna</b>	<b>2649</b>		40-49 K	13	01:58:05	<b>03:05:35.45</b>	<b>03:05:43.85</b>	+01:45:55 (57.0%)	18:33	3.2 (42.7%)
537	<b>WNUK Piotr</b>	<b>2393</b>		16-29 M	165	01:28:51	<b>03:03:17.00</b>	<b>03:05:46.30</b>	+01:45:57 (57.0%)	18:19	3.3 (44.0%)
538	<b>KOLESNIKOVA Anastasiia</b>	<b>2332</b>		16-29 K	23	01:33:38	<b>03:05:46.95</b>	<b>03:05:49.75</b>	+01:46:01 (57.1%)	18:34	3.2 (42.7%)
539	<b>PRZESMYCKI Sebastian</b>	<b>2377</b>		16-29 M	166	01:39:48	<b>03:05:40.55</b>	<b>03:05:49.85</b>	+01:46:01 (57.1%)	18:34	3.2 (42.7%)
540	<b>BURKAT Kinga</b>	<b>3719</b>		40-49 K	14	01:47:41	<b>03:05:24.95</b>	<b>03:05:51.80</b>	+01:46:03 (57.1%)	18:32	3.2 (42.7%)
541	<b>KARCZMARCZYK Mateusz</b>	<b>3431</b>		16-29 M	167	01:38:07	<b>03:05:49.95</b>	<b>03:05:53.80</b>	+01:46:05 (57.1%)	18:35	3.2 (42.7%)
542	<b>MAZUR Maciej</b>	<b>2238</b>		30-39 M	193	01:48:25	<b>03:06:07.95</b>	<b>03:06:09.05</b>	+01:46:20 (57.1%)	18:36	3.2 (42.7%)
543	<b>MAZUR Aleksandra</b>	<b>2258</b>		16-29 K	24	01:48:23	<b>03:06:07.25</b>	<b>03:06:09.10</b>	+01:46:20 (57.1%)	18:36	3.2 (42.7%)
544	<b>WYRZYKOWSKI Arkadiusz</b>	<b>2198</b>		40-49 M	71	01:42:06	<b>03:03:44.50</b>	<b>03:06:17.30</b>	+01:46:28 (57.2%)	18:22	3.3 (44.0%)
545	<b>GRZEGORCZYK Piotr</b>	<b>3424</b>		16-29 M	168	01:37:59	<b>03:06:30.20</b>	<b>03:06:33.40</b>	+01:46:44 (57.2%)	18:39	3.2 (42.7%)
546	<b>KOLAŃSKA Monika</b>	<b>4727</b>		16-29 K	25	01:45:51	<b>03:06:43.30</b>	<b>03:06:48.25</b>	+01:46:59 (57.3%)	18:40	3.2 (42.7%)
547	<b>KACZMAREK Katarzyna</b>	<b>2131</b>		40-49 K	15	01:38:23	<b>03:06:40.35</b>	<b>03:06:49.45</b>	+01:47:00 (57.3%)	18:40	3.2 (42.7%)
548	<b>KLOC Sabina</b>	<b>2133</b>		16-29 K	26	01:40:27	<b>03:06:41.15</b>	<b>03:06:51.45</b>	+01:47:02 (57.3%)	18:40	3.2 (42.7%)
549	<b>GOLEC Jarosław</b>	<b>2119</b>		50-100+ M	4	01:38:17	<b>03:06:43.55</b>	<b>03:06:51.90</b>	+01:47:03 (57.3%)	18:40	3.2 (42.7%)
550	<b>KACZMARCZYK Julia</b>	<b>2130</b>		40-49 K	16	01:38:49	<b>03:06:43.90</b>	<b>03:06:52.20</b>	+01:47:03 (57.3%)	18:40	3.2 (42.7%)
551	<b>STĘPAK Patrycja</b>	<b>2181</b>		16-29 K	27	01:40:26	<b>03:06:44.15</b>	<b>03:06:52.95</b>	+01:47:04 (57.3%)	18:40	3.2 (42.7%)
552	<b>KŁOSIŃSKI Przemysław</b>	<b>2160</b>		30-39 M	194	01:37:54	<b>03:06:43.90</b>	<b>03:06:53.85</b>	+01:47:05 (57.3%)	18:40	3.2 (42.7%)
553	<b>DITRICH Adrian</b>	<b>2109</b>		16-29 M	169	01:40:26	<b>03:06:43.85</b>	<b>03:06:54.05</b>	+01:47:05 (57.3%)	18:40	3.2 (42.7%)
554	<b>POPREK KUKUS Katarzyna</b>	<b>4715</b>				01:34:50	<b>03:07:01.50</b>	<b>03:07:12.10</b>	+01:47:23 (57.4%)	18:42	3.2 (42.7%)
555	<b>SKOCZEK Anna</b>	<b>4714</b>				01:34:47	<b>03:07:01.70</b>	<b>03:07:12.15</b>	+01:47:23 (57.4%)	18:42	3.2 (42.7%)
556	<b>LEŚNIAK-KALETA Anna</b>	<b>3718</b>		40-49 K	17	01:47:51	<b>03:07:08.45</b>	<b>03:07:14.80</b>	+01:47:26 (57.4%)	18:42	3.2 (42.7%)
557	<b>KAPŁON Wioletta</b>	<b>3715</b>		40-49 K	18	01:47:51	<b>03:07:08.30</b>	<b>03:07:15.25</b>	+01:47:26 (57.4%)	18:42	3.2 (42.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
558	HOŁOD Ewelina	3319		30-39 K	42	01:37:47	03:07:18.85	03:07:22.30	+01:47:33 (57.4%)	18:43	3.2 (42.7%)
559	HOŁOD Paweł	3320		30-39 M	195	01:37:47	03:07:18.65	03:07:22.50	+01:47:33 (57.4%)	18:43	3.2 (42.7%)
560	MICHALIK Artur	2742		30-39 M	196	01:42:59	03:07:12.90	03:07:23.35	+01:47:34 (57.4%)	18:43	3.2 (42.7%)
561	KLUSEK Jakub	3532		16-29 M	170	01:42:22	03:07:33.20	03:07:35.35	+01:47:46 (57.5%)	18:45	3.2 (42.7%)
562	RUMAK Józef	129		Elite Mężczyźni	29	01:33:48	03:07:41.20	03:07:45.80	+01:47:57 (57.5%)	18:46	3.2 (42.7%)
563	KRZYŻANOWSKI Przemysław	2036		30-39 M	197	01:33:14	03:07:55.45	03:07:55.45	+01:48:06 (57.5%)	18:47	3.2 (42.7%)
564	KARP Ireneusz	2029		30-39 M	198	01:33:06	03:07:47.90	03:07:56.05	+01:48:07 (57.5%)	18:46	3.2 (42.7%)
565	KSIĄŻEK Mateusz	3049		16-29 M	171	01:31:28	03:07:50.70	03:08:01.50	+01:48:12 (57.6%)	18:47	3.2 (42.7%)
566	KISIECKI Damian	2732		30-39 M	199	01:42:55	03:07:59.95	03:08:11.70	+01:48:23 (57.6%)	18:48	3.2 (42.7%)
567	RZEPKA Rafał	2766		40-49 M	72	01:43:08	03:07:59.45	03:08:11.95	+01:48:23 (57.6%)	18:47	3.2 (42.7%)
568	GOMÓŁKA Bartosz	2718		30-39 M	200	01:42:51	03:08:00.75	03:08:13.40	+01:48:24 (57.6%)	18:48	3.2 (42.7%)
569	BALICKI Piotr	2700		30-39 M	201	01:42:56	03:08:04.40	03:08:16.85	+01:48:28 (57.6%)	18:48	3.2 (42.7%)
570	PAJĄCZKOWSKI Michał	2749		30-39 M	202	01:43:09	03:08:05.90	03:08:16.90	+01:48:28 (57.6%)	18:48	3.2 (42.7%)
571	MISZ Hubert	2743		30-39 M	203	01:43:03	03:08:07.75	03:08:18.10	+01:48:29 (57.6%)	18:48	3.2 (42.7%)
572	FLORYS Paulina	3514		16-29 K	28	01:42:25	03:08:26.40	03:08:28.30	+01:48:39 (57.7%)	18:50	3.2 (42.7%)
573	OBŁOZA Adam	2453		40-49 M	73	01:34:41	03:06:00.95	03:08:34.05	+01:48:45 (57.7%)	18:36	3.2 (42.7%)
574	WALENCZUK Joanna	4712		30-39 K	43	01:25:23	03:08:40.40	03:08:40.40	+01:48:51 (57.7%)	18:52	3.2 (42.7%)
575	TEZCAN Ania	2586		30-39 K	44	01:44:59	03:08:30.95	03:08:41.10	+01:48:52 (57.7%)	18:51	3.2 (42.7%)
576	LISIN Roman	2549		30-39 M	204	01:45:00	03:08:32.50	03:08:41.80	+01:48:53 (57.7%)	18:51	3.2 (42.7%)
577	IWOŁA Krzysztof	2835		40-49 M	74	01:40:00	03:08:53.55	03:08:55.90	+01:49:07 (57.8%)	18:53	3.2 (42.7%)
578	WOSZCZYŃSKI Kamil	3478		16-29 M	172	01:37:49	03:09:09.45	03:09:12.65	+01:49:23 (57.8%)	18:54	3.2 (42.7%)
579	KURGAN Piotr	2638		30-39 M	205	01:36:26	03:09:13.65	03:09:17.75	+01:49:29 (57.8%)	18:55	3.2 (42.7%)
580	KOZŁOWSKA-PYPEĆ Barbara	2630		16-29 K	29	01:43:41	03:09:10.15	03:09:18.50	+01:49:29 (57.8%)	18:55	3.2 (42.7%)
581	WAJS Kamil	2687		16-29 M	173	01:36:33	03:09:19.10	03:09:24.60	+01:49:35 (57.9%)	18:55	3.2 (42.7%)
582	GAWLE Tomasz	4726				01:43:33	03:09:16.70	03:09:26.60	+01:49:37 (57.9%)	18:55	3.2 (42.7%)
583	KUZIEMSKI Patryk	3438		16-29 M	174	01:38:44	03:09:31.45	03:09:40.55	+01:49:51 (57.9%)	18:57	3.2 (42.7%)
584	WÓJTOWICZ Paweł	133		16-29 M	175	01:47:31	03:09:40.55	03:09:43.30	+01:49:54 (57.9%)	18:58	3.2 (42.7%)
585	WIDUCH Ryszard	2084		40-49 M	75	01:47:26	03:09:46.45	03:09:52.80	+01:50:04 (58.0%)	18:58	3.2 (42.7%)
586	MICEK Marcin	2950		30-39 M	206	01:48:51	03:06:10.00	03:10:02.65	+01:50:13 (58.0%)	18:37	3.2 (42.7%)
587	KROCHMAL Tomasz	3047		50-100+ M	5	01:39:38	03:10:09.00	03:10:11.50	+01:50:22 (58.0%)	19:00	3.2 (42.7%)
588	FILIPOWICZ Artur	3122		16-29 M	176	01:50:01	03:10:40.70	03:10:48.70	+01:51:00 (58.2%)	19:04	3.1 (41.3%)
589	KOLENDA Agata	3139		16-29 K	30	01:50:03	03:10:40.65	03:10:49.25	+01:51:00 (58.2%)	19:04	3.1 (41.3%)
590	DĄBROWSKI Mateusz	3208		30-39 M	207	01:33:44	03:11:14.65	03:11:17.50	+01:51:28 (58.3%)	19:07	3.1 (41.3%)
591	OKRASA Bartek	3243		40-49 M	76	01:33:46	03:11:16.70	03:11:19.00	+01:51:30 (58.3%)	19:07	3.1 (41.3%)
592		4736				01:10:23	02:34:04.45	03:11:23.90	+01:51:35 (58.3%)	15:24	3.9 (52.0%)
593	DYRAGA Piotr	2316		16-29 M	177	01:53:26	03:11:18.65	03:11:30.95	+01:51:42 (58.3%)	19:07	3.1 (41.3%)
594	GAMLA Szymon	3419		16-29 M	178	01:38:47	03:11:52.90	03:11:55.00	+01:52:06 (58.4%)	19:11	3.1 (41.3%)
595	PISARSKI Mateusz	3472		16-29 M	179	01:38:21	03:11:51.55	03:11:55.50	+01:52:06 (58.4%)	19:11	3.1 (41.3%)
596	WOJTYNA Witek	2591		40-49 M	77	01:44:57	03:12:00.85	03:12:05.75	+01:52:17 (58.5%)	19:12	3.1 (41.3%)
597	PIETRZYK Konrad	3071		16-29 M	180	01:42:36	03:12:22.00	03:12:23.05	+01:52:34 (58.5%)	19:14	3.1 (41.3%)
598	PYTEL Mateusz	2664		16-29 M	181	01:39:35	03:12:15.85	03:12:25.65	+01:52:36 (58.5%)	19:13	3.1 (41.3%)
599	STOPA Marcin	3467		16-29 M	182	01:38:02	03:12:30.15	03:12:32.60	+01:52:43 (58.5%)	19:15	3.1 (41.3%)
600	REMBIOK Marcin	128		Elite Mężczyźni	30	01:24:44	03:12:43.75	03:12:47.45	+01:52:58 (58.6%)	19:16	3.1 (41.3%)
601	FRYC Adrian	2515		30-39 M	208		03:12:57.05	03:12:57.05	+01:53:08 (58.6%)	19:17	3.1 (41.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						6km	10km	10km			
602	LACH Maciej	4725		16-29 M	183	01:32:30	03:13:08.50	03:13:14.10	+01:53:25 (58.7%)	19:18	3.1 (41.3%)
603	GORZELAK Marcin	2616		30-39 M	209	01:45:14	03:13:09.50	03:13:16.20	+01:53:27 (58.7%)	19:19	3.1 (41.3%)
604	MATUŁA Paweł	2947		16-29 M	184	01:39:57	03:09:33.65	03:13:20.20	+01:53:31 (58.7%)	18:57	3.2 (42.7%)
605	DOBEK Anna	3014		16-29 K	31	01:41:22	03:13:36.10	03:13:48.20	+01:53:59 (58.8%)	19:21	3.1 (41.3%)
606	ŁOBAZA Roman	2552		30-39 M	210	01:44:58	03:13:49.05	03:13:54.45	+01:54:05 (58.8%)	19:22	3.1 (41.3%)
607	SOBEK Alicja	2576		16-29 K	32	01:44:57	03:13:49.45	03:13:54.75	+01:54:06 (58.8%)	19:22	3.1 (41.3%)
608	KRAJEWSKA Ewelina	2034		30-39 K	45	01:45:46	03:13:50.00	03:13:57.60	+01:54:08 (58.9%)	19:23	3.1 (41.3%)
609	ROPIAK Mateusz	2066		30-39 M	211	01:45:44	03:13:48.95	03:13:58.65	+01:54:09 (58.9%)	19:22	3.1 (41.3%)
610	POWROŹNIK Jarosław	3725		16-29 M	185	01:14:31	02:15:36.75	03:14:09.45	+01:54:20 (58.9%)	13:33	4.4 (58.7%)
611	ĆWIRLEJ Andrzej	2816		40-49 M	78	01:46:14	03:14:06.10	03:14:09.70	+01:54:21 (58.9%)	19:24	3.1 (41.3%)
612	PLIŻGA Sebastian	2372		30-39 M	212	01:46:18	03:11:41.35	03:14:10.55	+01:54:21 (58.9%)	19:10	3.1 (41.3%)
613	OLEJNICZAK Małgorzata	2559		16-29 K	33	01:46:35	03:14:07.25	03:14:14.70	+01:54:26 (58.9%)	19:24	3.1 (41.3%)
614	MLECZKO Dorota	2556		30-39 K	46	01:46:32	03:14:04.95	03:14:15.05	+01:54:26 (58.9%)	19:24	3.1 (41.3%)
615	PLIŻGA Justyna	2373		30-39 K	47	01:46:14	03:11:51.35	03:14:20.65	+01:54:31 (58.9%)	19:11	3.1 (41.3%)
616	GAWROŃSKA Renata	4771		40-49 K	19	01:49:11	03:14:18.85	03:14:24.25	+01:54:35 (58.9%)	19:25	3.1 (41.3%)
617	KANIA Paweł	2028		16-29 M	186	01:42:54	03:14:12.55	03:14:24.40	+01:54:35 (58.9%)	19:25	3.1 (41.3%)
618	WOŹNIAK Marta	4770		30-39 K	48	01:49:12	03:14:20.35	03:14:26.55	+01:54:37 (59.0%)	19:26	3.1 (41.3%)
619	KRUKOWSKA Patrycja	3048		16-29 K	34	01:41:32	03:14:17.80	03:14:28.55	+01:54:39 (59.0%)	19:25	3.1 (41.3%)
620	KURAŚ Angelika	3437		16-29 K	35	01:42:12	03:14:25.95	03:14:29.85	+01:54:41 (59.0%)	19:26	3.1 (41.3%)
621	MIZIELSKI Dominik	3443		16-29 M	187	01:42:10	03:14:29.90	03:14:33.80	+01:54:45 (59.0%)	19:27	3.1 (41.3%)
622	KOWALSKI Artur	2937		16-29 M	188	01:35:48	03:10:43.10	03:14:36.70	+01:54:48 (59.0%)	19:04	3.1 (41.3%)
623	DĄBROWSKI Adrian	155		16-29 M	189	01:38:21	03:14:53.95	03:14:57.50	+01:55:08 (59.1%)	19:29	3.1 (41.3%)
624	PŁANETA Konrad	3452		30-39 M	213	01:41:32	03:15:03.50	03:15:09.35	+01:55:20 (59.1%)	19:30	3.1 (41.3%)
625	ŻWIRUK Maciej	2397		30-39 M	214	01:46:19	03:12:45.35	03:15:15.70	+01:55:27 (59.1%)	19:16	3.1 (41.3%)
626	KOŁTUN Agnieszka	2333		16-29 K	36	01:46:18	03:12:46.35	03:15:16.30	+01:55:27 (59.1%)	19:16	3.1 (41.3%)
627	PIETRUSZKA Aneta	2370		16-29 K	37	01:46:20	03:12:49.40	03:15:18.15	+01:55:29 (59.1%)	19:17	3.1 (41.3%)
628	LEONARSKI Sebastian	3439		16-29 M	190	01:43:36	03:15:12.35	03:15:21.40	+01:55:32 (59.1%)	19:31	3.1 (41.3%)
629	PYSZNY Patryk	3458		16-29 M	191	01:43:38	03:15:13.05	03:15:21.45	+01:55:32 (59.1%)	19:31	3.1 (41.3%)
630	CZECH-ROGALSKA Agnieszka	3114		30-39 K	49	01:41:57	03:15:22.90	03:15:26.35	+01:55:37 (59.2%)	19:32	3.1 (41.3%)
631	CZYŻYKIEWICZ Krzysztof	2005		30-39 M	215	01:41:59	03:15:21.85	03:15:29.45	+01:55:40 (59.2%)	19:32	3.1 (41.3%)
632	MARSZAŁEK Sławomir	2045		16-29 M	192	01:42:12	03:15:21.75	03:15:29.50	+01:55:40 (59.2%)	19:32	3.1 (41.3%)
633	MAŚLANKA Kornelia	3630		30-39 K	50	01:41:07	03:15:23.80	03:15:30.35	+01:55:41 (59.2%)	19:32	3.1 (41.3%)
634	MAŚLANKA Mariusz	3631		30-39 M	216	01:41:06	03:15:23.55	03:15:30.60	+01:55:41 (59.2%)	19:32	3.1 (41.3%)
635	NOWAKOWSKI Maciej	2958		40-49 M	79	01:36:59	03:12:08.30	03:15:56.10	+01:56:07 (59.3%)	19:12	3.1 (41.3%)
636	SARNA Patryk	2670		30-39 M	217	01:53:21	03:15:48.40	03:15:59.95	+01:56:11 (59.3%)	19:34	3.1 (41.3%)
637	CIBORSKI Filip	2603		16-29 M	193	01:53:19	03:15:47.40	03:16:01.00	+01:56:12 (59.3%)	19:34	3.1 (41.3%)
638	TWARDY Paweł	3475		40-49 M	80	01:50:30	03:15:49.20	03:16:02.65	+01:56:13 (59.3%)	19:34	3.1 (41.3%)
639	RUŁA Tomasz	4699		16-29 M	194	01:43:22	03:16:23.10	03:16:27.85	+01:56:39 (59.4%)	19:38	3.1 (41.3%)
640	MAZUR Katarzyna	3155		30-39 K	51	01:45:37	03:16:38.60	03:16:44.20	+01:56:55 (59.4%)	19:39	3.1 (41.3%)
641	MAZUR Tomasz	3154		30-39 M	218	01:45:37	03:16:38.75	03:16:44.50	+01:56:55 (59.4%)	19:39	3.1 (41.3%)
642	MACIOS Monika	3726		30-39 K	52	01:53:09	03:16:30.90	03:16:45.95	+01:56:57 (59.4%)	19:39	3.1 (41.3%)
643	WIECZOREK Patryk	3366		16-29 M	195	01:38:14	03:16:55.05	03:16:57.90	+01:57:09 (59.5%)	19:41	3 (40.0%)
644	GACKIEWICZ Arek	3312		16-29 M	196	01:38:23	03:16:59.00	03:17:01.25	+01:57:12 (59.5%)	19:41	3 (40.0%)
645	MICHALIK Agnieszka	3337		16-29 K	38	01:48:39	03:17:15.20	03:17:24.15	+01:57:35 (59.6%)	19:43	3 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
646	WYSOCKI Lukasz	3579		30-39 M	219	01:48:39	03:17:14.60	03:17:24.40	+01:57:35 (59.6%)	19:43	3 (40.0%)
647	GORTOWSKI Radek	3020		40-49 M	81	01:52:33	03:17:05.60	03:17:32.90	+01:57:44 (59.6%)	19:42	3 (40.0%)
648	WÓJCIK Joanna	3679		30-39 K	53	01:49:31	03:17:32.80	03:17:40.20	+01:57:51 (59.6%)	19:45	3 (40.0%)
649	BOJARSKI Marcin	2203		40-49 M	82	01:56:26	03:17:28.50	03:17:46.80	+01:57:58 (59.6%)	19:44	3 (40.0%)
650	KRZACZEK Jacek	2230		40-49 M	83	01:56:45	03:17:37.65	03:17:47.00	+01:57:58 (59.6%)	19:45	3 (40.0%)
651	KRACZEK Joanna	4713				01:53:12	03:17:40.35	03:17:55.05	+01:58:06 (59.7%)	19:46	3 (40.0%)
652	BIAŁEK Magdalena	2801		30-39 K	54		03:17:57.65	03:17:57.65	+01:58:08 (59.7%)	19:47	3 (40.0%)
653	DZIKOWSKI Wojtek	2318		40-49 M	84	01:46:24	03:18:17.75	03:18:20.65	+01:58:31 (59.8%)	19:49	3 (40.0%)
654	PTAK Anita	2662		30-39 K	55	01:53:26	03:18:27.05	03:18:29.30	+01:58:40 (59.8%)	19:50	3 (40.0%)
655	PTAK Marcin	2663		30-39 M	220	01:53:24	03:18:27.25	03:18:29.50	+01:58:40 (59.8%)	19:50	3 (40.0%)
656	BINKO Grzegorz	2805		30-39 M	221	01:53:41	03:18:19.50	03:18:36.05	+01:58:47 (59.8%)	19:50	3 (40.0%)
657	GAMŻA Michał	2213		16-29 M	197	01:52:37	03:18:06.00	03:18:36.95	+01:58:48 (59.8%)	19:48	3 (40.0%)
658	KOTARSKI Bogusław	2335		30-39 M	222	01:39:37	03:18:49.05	03:18:51.25	+01:59:02 (59.9%)	19:52	3 (40.0%)
659	ZAPRAWA Wojciech	3482		16-29 M	198	01:38:15	03:19:13.35	03:19:17.20	+01:59:28 (60.0%)	19:55	3 (40.0%)
660	KLUCZNIOK Angelika	3554		16-29 K	39	01:42:44	03:19:18.35	03:19:19.70	+01:59:31 (60.0%)	19:55	3 (40.0%)
661	MAJORCZYK Arkadiusz	2354		30-39 M	223	01:43:14	03:19:18.20	03:19:20.30	+01:59:31 (60.0%)	19:55	3 (40.0%)
662	MATEREK-KERCZ Marta	3335		30-39 K	56	01:49:11	03:19:28.20	03:19:31.50	+01:59:42 (60.0%)	19:56	3 (40.0%)
663	ŻELAZNY Krystyna	3370		16-29 K	40	01:49:12	03:19:28.10	03:19:31.55	+01:59:42 (60.0%)	19:56	3 (40.0%)
664	SŁOWIK Jacek	2254		40-49 M	85	01:56:24	03:19:15.40	03:19:32.60	+01:59:43 (60.0%)	19:55	3 (40.0%)
665	KLIŚ Monika	2331		16-29 K	41	01:43:11	03:19:31.15	03:19:33.15	+01:59:44 (60.0%)	19:57	3 (40.0%)
666	KOZŁOWSKI Łukasz	2226		40-49 M	86	01:56:30	03:19:20.10	03:19:33.50	+01:59:44 (60.0%)	19:56	3 (40.0%)
667	JABŁKO Milena	2428		16-29 K	42	01:52:13	03:17:09.00	03:19:42.90	+01:59:54 (60.0%)	19:42	3 (40.0%)
668	LIPCZYŃSKI Dawid	2442		30-39 M	224	01:52:14	03:17:15.30	03:19:45.40	+01:59:56 (60.0%)	19:43	3 (40.0%)
669	HANDZLIK Kinga	3024		16-29 K	43	01:45:15	03:19:36.30	03:19:49.70	+02:00:01 (60.1%)	19:57	3 (40.0%)
670	GAŁAN Łukasz	3018		30-39 M	225	01:45:19	03:19:47.05	03:19:55.65	+02:00:06 (60.1%)	19:58	3 (40.0%)
670	KARWAT Rafał	3031		16-29 M	199	01:45:16	03:19:45.30	03:19:55.65	+02:00:06 (60.1%)	19:58	3 (40.0%)
672	KOSTRZEWSKI Adrian	3043		30-39 M	226	01:45:35	03:19:50.70	03:19:59.10	+02:00:10 (60.1%)	19:59	3 (40.0%)
673	WIKA Dimitri	3678		30-39 M	227	01:45:25	03:19:51.40	03:20:00.70	+02:00:12 (60.1%)	19:59	3 (40.0%)
674	PIEKŁO Kamil	4774		16-29 M	200	01:46:31	03:20:09.35	03:20:12.65	+02:00:23 (60.1%)	20:00	3 (40.0%)
675	HARASYMOWICZ Wojciech	4775		16-29 M	201	01:46:39	03:20:11.80	03:20:14.90	+02:00:26 (60.1%)	20:01	3 (40.0%)
676	CZAJKOWSKA Mariola	3714		40-49 K	20	01:47:51	03:20:14.00	03:20:19.55	+02:00:30 (60.2%)	20:01	3 (40.0%)
677	BORZĘCKI Grzegorz	2304		30-39 M	228	01:44:51	03:20:13.35	03:20:24.70	+02:00:36 (60.2%)	20:01	3 (40.0%)
678	KUCHTA Anna	3716		40-49 K	21	01:47:51	03:20:17.45	03:20:24.75	+02:00:36 (60.2%)	20:01	3 (40.0%)
679	WOJTASZEK Małgorzata	2394		30-39 K	57	01:44:51	03:20:13.75	03:20:24.95	+02:00:36 (60.2%)	20:01	3 (40.0%)
680	ZALEWSKA Marta	2494		40-49 K	22	01:53:15	03:17:55.50	03:20:26.95	+02:00:38 (60.2%)	19:47	3 (40.0%)
681	KRASZEWSKI Arkadiusz	2434		40-49 M	87	01:53:05	03:17:54.85	03:20:27.25	+02:00:38 (60.2%)	19:47	3 (40.0%)
682	WALESZKIEWICZ Oliwia	2892		16-29 K	44	01:45:59	03:20:31.85	03:20:39.40	+02:00:50 (60.2%)	20:03	3 (40.0%)
683	BEDNARZ Ewa	3667		30-39 K	58	01:39:09	03:17:09.05	03:20:54.65	+02:01:05 (60.3%)	19:42	3 (40.0%)
684	LIPSKI Wojtek	2943		30-39 M	229	01:37:58	03:17:12.65	03:20:58.45	+02:01:09 (60.3%)	19:43	3 (40.0%)
685	SZCZYGIEL-KOSIOROWSKA Izabela	3179		30-39 K	59	01:57:50	03:21:02.25	03:21:09.05	+02:01:20 (60.3%)	20:06	3 (40.0%)
686	POCIASK Paweł	3165		40-49 M	88	01:57:20	03:21:03.40	03:21:09.60	+02:01:20 (60.3%)	20:06	3 (40.0%)
687	MAJORCZYK Patryk	3542		16-29 M	202	01:42:46	03:21:20.00	03:21:21.05	+02:01:32 (60.4%)	20:08	3 (40.0%)
688	SZMIŁYK Adam	2078		30-39 M	230	01:51:44	03:21:30.00	03:21:33.00	+02:01:44 (60.4%)	20:09	3 (40.0%)
689	ROMAŃSKA Monika	3647		16-29 K	45	01:44:36	03:21:31.00	03:21:37.30	+02:01:48 (60.4%)	20:09	3 (40.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
690	JĘDRZEJCZAK Robert	3611		16-29 M	203	01:44:35	03:21:31.00	03:21:37.85	+02:01:49 (60.4%)	20:09	3 (40.0%)
691	BOGUCKA Izabela	3603		30-39 K	60	01:44:53	03:21:34.15	03:21:40.85	+02:01:52 (60.4%)	20:09	3 (40.0%)
692	BACHOWSKI Michał	2401		30-39 M	231	01:51:27	03:19:14.00	03:21:50.40	+02:02:01 (60.5%)	19:55	3 (40.0%)
693	BIELISZAK Maciej	2104		16-29 M	204	01:40:03	03:21:49.65	03:21:51.10	+02:02:02 (60.5%)	20:11	3 (40.0%)
694	PIEJA Jacek	2563		30-39 M	232	01:39:36	03:21:50.20	03:21:56.75	+02:02:08 (60.5%)	20:11	3 (40.0%)
695	SIWIEC Krystian	2575		16-29 M	205	01:39:35	03:21:52.50	03:21:58.80	+02:02:10 (60.5%)	20:11	3 (40.0%)
696	BIELATOWICZ Grzegorz	2601		30-39 M	233		03:22:03.30	03:22:19.80	+02:02:31 (60.6%)	20:12	3 (40.0%)
697	URBAN Anna	4757		30-39 K	61	01:57:57	03:22:04.70	03:22:20.40	+02:02:31 (60.6%)	20:12	3 (40.0%)
698	WRONA Wojciech	2489		30-39 M	234	01:52:09	03:19:44.70	03:22:20.55	+02:02:31 (60.6%)	19:58	3 (40.0%)
699	WRONA Izabela	2488		16-29 K	46	01:52:09	03:19:46.55	03:22:20.65	+02:02:31 (60.6%)	19:58	3 (40.0%)
700	BARĆ Bartosz	3006		40-49 M	89	01:41:41	03:22:33.25	03:22:41.85	+02:02:53 (60.6%)	20:15	3 (40.0%)
701	PYTKO Grzegorz	3079		30-39 M	235	01:41:55	03:22:32.70	03:22:41.95	+02:02:53 (60.6%)	20:15	3 (40.0%)
702	KOŁODZIEJ Krystian	3038		16-29 M	206	01:41:47	03:22:37.95	03:22:45.95	+02:02:57 (60.6%)	20:15	3 (40.0%)
703	GODEK Sebastian	3019		16-29 M	207	01:41:40	03:22:37.75	03:22:47.00	+02:02:58 (60.6%)	20:15	3 (40.0%)
704	WÓJCIK Aleksander	3281		16-29 M	208	01:55:14	03:23:08.80	03:23:17.50	+02:03:28 (60.7%)	20:18	3 (40.0%)
705	PIERGIES Magdalena	3246		16-29 K	47	01:55:15	03:23:09.65	03:23:17.55	+02:03:28 (60.7%)	20:19	3 (40.0%)
706	BIENIA Łukasz	2408		30-39 M	236	01:51:27	03:20:45.05	03:23:20.90	+02:03:32 (60.8%)	20:04	3 (40.0%)
707	KALETA Karolina	3220	TEAM DORIS KRAKÓW	16-29 K	48	01:39:23	03:23:20.40	03:23:25.40	+02:03:36 (60.8%)	20:20	3 (40.0%)
708	CEBULA Michał	2204		16-29 M	209	01:55:03	03:23:23.40	03:23:29.00	+02:03:40 (60.8%)	20:20	2.9 (38.7%)
709	CHUCHMAŁA Grzegorz	2812		30-39 M	237	01:49:30	03:23:29.30	03:23:32.40	+02:03:43 (60.8%)	20:20	2.9 (38.7%)
710	POLAK Kamil	2375		16-29 M	210	01:46:19	03:21:01.90	03:23:32.95	+02:03:44 (60.8%)	20:06	3 (40.0%)
711	SIKORA Paweł	2251		16-29 M	211	01:55:04	03:23:26.50	03:23:33.00	+02:03:44 (60.8%)	20:20	2.9 (38.7%)
712	GAJDA Tomasz	2827		30-39 M	238	01:49:31	03:23:30.55	03:23:33.50	+02:03:44 (60.8%)	20:21	2.9 (38.7%)
713	SZŁĘK Klaudia	3568		30-39 K	62	01:51:54	03:23:40.70	03:23:43.65	+02:03:54 (60.8%)	20:22	2.9 (38.7%)
714	GANCARZ Wojciech	2614		30-39 M	239	01:31:21	03:23:44.45	03:23:50.50	+02:04:01 (60.8%)	20:22	2.9 (38.7%)
715	MICHNO Piotr	2150		16-29 M	212	01:56:02	03:23:42.65	03:23:54.95	+02:04:06 (60.9%)	20:22	2.9 (38.7%)
716	MATEJEK Mateusz	2149		30-39 M	240	01:56:04	03:23:42.10	03:23:56.95	+02:04:08 (60.9%)	20:22	2.9 (38.7%)
717	BIERNAT Magdalena	3305		16-29 K	49	01:49:30	03:23:55.15	03:23:58.15	+02:04:09 (60.9%)	20:23	2.9 (38.7%)
718	GIAMETA Roxane	3313		16-29 K	50	01:49:29	03:23:55.40	03:23:58.25	+02:04:09 (60.9%)	20:23	2.9 (38.7%)
719	WNOROWSKA Magdalena	2988		40-49 K	23	01:48:09	03:20:12.40	03:23:58.35	+02:04:09 (60.9%)	20:01	3 (40.0%)
720	ROKICIAK Ewelina	2168		16-29 K	51	01:45:20	03:24:08.75	03:24:15.20	+02:04:26 (60.9%)	20:24	2.9 (38.7%)
721	MANIAK Robert	3055		50-100+ M	6	01:51:25	03:24:11.10	03:24:16.10	+02:04:27 (60.9%)	20:25	2.9 (38.7%)
722	BEMBENEK Patrycja	151		16-29 K	52	01:29:22	03:24:16.35	03:24:17.30	+02:04:28 (60.9%)	20:25	2.9 (38.7%)
723	ZNOJ Paweł	2598		30-39 M	241	01:57:53	03:24:25.90	03:24:45.10	+02:04:56 (61.0%)	20:26	2.9 (38.7%)
724	ADAMUS Wojciech	3002		30-39 M	242	01:51:34	03:24:44.30	03:24:47.90	+02:04:59 (61.0%)	20:28	2.9 (38.7%)
725	ADAMUS Marek	3000		40-49 M	90	01:51:29	03:24:51.00	03:24:52.70	+02:05:04 (61.0%)	20:29	2.9 (38.7%)
726	WŁODARCZYK Paweł	3674		40-49 M	91	01:51:34	03:24:54.30	03:24:56.90	+02:05:08 (61.1%)	20:29	2.9 (38.7%)
727	HANUSZ Aneta	3425		30-39 K	63	01:49:25	03:25:18.95	03:25:24.90	+02:05:36 (61.1%)	20:31	2.9 (38.7%)
728	HANUSZ Krzysztof	3426		40-49 M	92	01:49:25	03:25:19.55	03:25:25.90	+02:05:37 (61.1%)	20:31	2.9 (38.7%)
729	DURAK Jakub	3512		30-39 M	243	01:50:33	03:25:25.65	03:25:31.35	+02:05:42 (61.2%)	20:32	2.9 (38.7%)
730	SŁOMCZYŃSKI Maciej	3563		30-39 M	244	01:50:29	03:25:25.00	03:25:31.60	+02:05:42 (61.2%)	20:32	2.9 (38.7%)
731	BURZYŃSKI Łukasz	3506		30-39 M	245	01:50:29	03:25:25.45	03:25:32.05	+02:05:43 (61.2%)	20:32	2.9 (38.7%)
732	BONIEWSKA Ula	3402		30-39 K	64	01:43:14	03:25:27.05	03:25:33.00	+02:05:44 (61.2%)	20:32	2.9 (38.7%)
733	JATCZAK Robert	3428		30-39 M	246	01:43:15	03:25:28.00	03:25:34.65	+02:05:45 (61.2%)	20:32	2.9 (38.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
734	<b>STYŚ Kamil</b>	<b>3355</b>		16-29 M	213	01:50:07	<b>03:25:32.30</b>	<b>03:25:36.40</b>	+02:05:47 (61.2%)	20:33	2.9 (38.7%)
735	<b>WANOWICZ Łukasz</b>	<b>3363</b>		16-29 M	214	01:50:09	<b>03:25:32.00</b>	<b>03:25:37.50</b>	+02:05:48 (61.2%)	20:33	2.9 (38.7%)
736	<b>PIETRZAK Kamil</b>	<b>3163</b>		16-29 M	215	01:50:39	<b>03:25:45.35</b>	<b>03:25:56.25</b>	+02:06:07 (61.2%)	20:34	2.9 (38.7%)
737	<b>LALOWICZ Radosław</b>	<b>2346</b>		16-29 M	216	01:50:44	<b>03:25:52.20</b>	<b>03:25:56.60</b>	+02:06:07 (61.2%)	20:35	2.9 (38.7%)
738	<b>KOT Agnieszka</b>	<b>3044</b>		30-39 K	65	01:47:23	<b>03:26:10.40</b>	<b>03:26:18.50</b>	+02:06:29 (61.3%)	20:37	2.9 (38.7%)
739	<b>WAWRZEŃCZYK Sylwia</b>	<b>3099</b>		16-29 K	53	01:47:22	<b>03:26:11.35</b>	<b>03:26:20.55</b>	+02:06:31 (61.3%)	20:37	2.9 (38.7%)
740	<b>STASZEL ŁATAS Katarzyna</b>	<b>3353</b>		30-39 K	66	01:56:04	<b>03:26:22.85</b>	<b>03:26:27.75</b>	+02:06:39 (61.3%)	20:38	2.9 (38.7%)
740	<b>CZYŻ Fryderyk</b>	<b>2607</b>		40-49 M	93	01:58:11	<b>03:26:16.65</b>	<b>03:26:27.75</b>	+02:06:39 (61.3%)	20:37	2.9 (38.7%)
742	<b>KRAS Patrycja</b>	<b>3332</b>		30-39 K	67	01:55:49	<b>03:26:22.55</b>	<b>03:26:27.95</b>	+02:06:39 (61.3%)	20:38	2.9 (38.7%)
743	<b>KALETA Krzysztof</b>	<b>2621</b>		40-49 M	94	01:58:27	<b>03:26:23.50</b>	<b>03:26:35.10</b>	+02:06:46 (61.4%)	20:38	2.9 (38.7%)
744	<b>KOZICA Łukasz</b>	<b>2542</b>		40-49 M	95	01:37:35	<b>03:26:39.15</b>	<b>03:26:42.50</b>	+02:06:53 (61.4%)	20:39	2.9 (38.7%)
745	<b>ARAJ-STĘPNAK Dominika</b>	<b>3200</b>		16-29 K	54	01:51:04	<b>03:26:39.90</b>	<b>03:26:49.20</b>	+02:07:00 (61.4%)	20:40	2.9 (38.7%)
746	<b>POPŁAWSKI Adam</b>	<b>3169</b>		16-29 M	217	01:48:54	<b>03:26:50.80</b>	<b>03:26:52.70</b>	+02:07:04 (61.4%)	20:41	2.9 (38.7%)
747	<b>WACH Łukasz</b>	<b>4634</b>		30-39 M	247	01:45:39	<b>03:26:54.25</b>	<b>03:26:58.30</b>	+02:07:09 (61.4%)	20:41	2.9 (38.7%)
748	<b>PAWLIK Aleksandra</b>	<b>2874</b>		30-39 K	68	01:45:38	<b>03:26:54.20</b>	<b>03:26:58.45</b>	+02:07:09 (61.4%)	20:41	2.9 (38.7%)
749	<b>KOPIEC Mariusz</b>	<b>2538</b>		30-39 M	248	01:45:58	<b>03:27:05.90</b>	<b>03:27:14.45</b>	+02:07:25 (61.5%)	20:42	2.9 (38.7%)
750	<b>BIERNACKI Marcel</b>	<b>2904</b>		16-29 M	218	01:49:05	<b>03:23:24.40</b>	<b>03:27:18.35</b>	+02:07:29 (61.5%)	20:20	2.9 (38.7%)
751	<b>POSMYK Szymon</b>	<b>2759</b>		30-39 M	249	01:49:47	<b>03:27:22.70</b>	<b>03:27:26.05</b>	+02:07:37 (61.5%)	20:44	2.9 (38.7%)
752	<b>CZEKAJ Mateusz</b>	<b>2506</b>		30-39 M	250	01:57:49	<b>03:27:16.15</b>	<b>03:27:27.15</b>	+02:07:38 (61.5%)	20:43	2.9 (38.7%)
753	<b>MISZKURKA Joanna</b>	<b>3237</b>		30-39 K	69	01:50:38	<b>03:27:27.15</b>	<b>03:27:31.70</b>	+02:07:43 (61.5%)	20:44	2.9 (38.7%)
754	<b>WITYCH Mateusz</b>	<b>3576</b>		16-29 M	219	01:49:15	<b>03:27:27.45</b>	<b>03:27:36.35</b>	+02:07:47 (61.6%)	20:44	2.9 (38.7%)
755	<b>OLEKSAK Katarzyna</b>	<b>3340</b>		30-39 K	70	01:53:21	<b>03:27:37.30</b>	<b>03:27:43.30</b>	+02:07:54 (61.6%)	20:45	2.9 (38.7%)
756	<b>DUL Lucja</b>	<b>3311</b>		30-39 K	71	01:53:14	<b>03:27:39.30</b>	<b>03:27:49.00</b>	+02:08:00 (61.6%)	20:46	2.9 (38.7%)
757	<b>BADOWSKI Marcin</b>	<b>3501</b>		30-39 M	251	01:48:59	<b>03:27:44.10</b>	<b>03:27:52.40</b>	+02:08:03 (61.6%)	20:46	2.9 (38.7%)
758	<b>FIUTKA Tomasz</b>	<b>3418</b>		16-29 M	220	01:51:41	<b>03:27:55.40</b>	<b>03:27:59.90</b>	+02:08:11 (61.6%)	20:47	2.9 (38.7%)
759	<b>MISIOROWSKI Marcin</b>	<b>3060</b>		40-49 M	96	01:53:10	<b>03:27:53.50</b>	<b>03:28:01.10</b>	+02:08:12 (61.6%)	20:47	2.9 (38.7%)
760	<b>BERNAT Sebastian</b>	<b>3007</b>		40-49 M	97	01:53:18	<b>03:27:55.15</b>	<b>03:28:01.60</b>	+02:08:12 (61.6%)	20:47	2.9 (38.7%)
761	<b>WYSZKA Romuald</b>	<b>2493</b>		40-49 M	98	01:39:59	<b>03:27:56.20</b>	<b>03:28:03.00</b>	+02:08:14 (61.6%)	20:47	2.9 (38.7%)
762	<b>GLOMBIK Marcin</b>	<b>2516</b>		16-29 M	221	01:45:47	<b>03:27:55.90</b>	<b>03:28:04.15</b>	+02:08:15 (61.6%)	20:47	2.9 (38.7%)
763	<b>WINIARSKA Weronika</b>	<b>3278</b>		16-29 K	55	01:54:44	<b>03:28:00.45</b>	<b>03:28:04.45</b>	+02:08:15 (61.6%)	20:48	2.9 (38.7%)
764	<b>CIEŚLICKI Mateusz</b>	<b>3207</b>		16-29 M	222	01:54:45	<b>03:28:01.30</b>	<b>03:28:04.60</b>	+02:08:15 (61.6%)	20:48	2.9 (38.7%)
765	<b>KUNERT Łukasz</b>	<b>2546</b>		30-39 M	252	01:45:13	<b>03:28:03.85</b>	<b>03:28:11.70</b>	+02:08:23 (61.7%)	20:48	2.9 (38.7%)
766	<b>GAMLA Piotr</b>	<b>3420</b>		16-29 M	223	01:38:02	<b>03:28:10.00</b>	<b>03:28:12.75</b>	+02:08:24 (61.7%)	20:49	2.9 (38.7%)
767	<b>DUNAJSKI Patryk</b>	<b>3120</b>		16-29 M	224	01:42:51	<b>03:28:18.45</b>	<b>03:28:22.30</b>	+02:08:33 (61.7%)	20:49	2.9 (38.7%)
768	<b>KOZŁOWSKI Kamil</b>	<b>2339</b>		16-29 M	225		<b>03:28:25.00</b>	<b>03:28:25.00</b>	+02:08:36 (61.7%)	20:50	2.9 (38.7%)
769	<b>GLOMBIK Sebastian</b>	<b>2517</b>		30-39 M	253	01:39:55	<b>03:28:26.70</b>	<b>03:28:34.05</b>	+02:08:45 (61.7%)	20:50	2.9 (38.7%)
770	<b>LATOS Paweł</b>	<b>2040</b>		16-29 M	226	01:52:20	<b>03:28:36.55</b>	<b>03:28:42.40</b>	+02:08:53 (61.8%)	20:51	2.9 (38.7%)
771	<b>WYSZKA Aleksandra</b>	<b>2594</b>		16-29 K	56	01:45:19	<b>03:28:42.75</b>	<b>03:28:50.25</b>	+02:09:01 (61.8%)	20:52	2.9 (38.7%)
772	<b>KAPOLKA Anna</b>	<b>2530</b>		30-39 K	72	01:45:27	<b>03:28:44.10</b>	<b>03:28:51.45</b>	+02:09:02 (61.8%)	20:52	2.9 (38.7%)
773	<b>KUSTRA Dariusz</b>	<b>2940</b>		30-39 M	254	01:49:27	<b>03:25:02.00</b>	<b>03:28:57.10</b>	+02:09:08 (61.8%)	20:30	2.9 (38.7%)
774	<b>KAMIŃSKI Marcin</b>	<b>3325</b>		40-49 M	99	01:59:26	<b>03:28:50.70</b>	<b>03:28:57.65</b>	+02:09:08 (61.8%)	20:53	2.9 (38.7%)
775	<b>ROMANOWSKI Radosław</b>	<b>3347</b>		40-49 M	100	01:59:20	<b>03:28:51.45</b>	<b>03:28:59.15</b>	+02:09:10 (61.8%)	20:53	2.9 (38.7%)
776	<b>STĘPNIAK Michał</b>	<b>3268</b>		30-39 M	255	01:51:01	<b>03:28:49.25</b>	<b>03:29:00.35</b>	+02:09:11 (61.8%)	20:52	2.9 (38.7%)
777	<b>STĘPIEŃ Wojciech</b>	<b>3655</b>		16-29 M	227	01:50:06	<b>03:28:54.05</b>	<b>03:29:03.90</b>	+02:09:15 (61.8%)	20:53	2.9 (38.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
778	PEWKICO Łukasz	4763		30-39 M	256	01:56:24	03:28:53.45	03:29:04.80	+02:09:16 (61.8%)	20:53	2.9 (38.7%)
779	JUROCHNIK Patryk	3218		16-29 M	228	01:56:26	03:28:53.00	03:29:05.55	+02:09:16 (61.8%)	20:53	2.9 (38.7%)
780	HEJNIG Paulina	2124		16-29 K	57	02:01:21	03:29:11.65	03:29:25.20	+02:09:36 (61.9%)	20:55	2.9 (38.7%)
781	MICHNO Elżbieta	2151		16-29 K	58	02:01:19	03:29:11.70	03:29:25.80	+02:09:37 (61.9%)	20:55	2.9 (38.7%)
782	DEPA Mateusz	2108		16-29 M	229	02:01:17	03:29:11.15	03:29:26.20	+02:09:37 (61.9%)	20:55	2.9 (38.7%)
783	SUŁOT Kinga	4772		40-49 K	24	02:01:27	03:29:26.40	03:29:35.80	+02:09:47 (61.9%)	20:56	2.9 (38.7%)
784	KOŚNIK Marzena	3331		40-49 K	25	02:01:18	03:29:28.65	03:29:36.10	+02:09:47 (61.9%)	20:56	2.9 (38.7%)
784	SAKS Magdalena	3348		30-39 K	73	02:01:12	03:29:29.35	03:29:36.10	+02:09:47 (61.9%)	20:57	2.9 (38.7%)
786	ZAGRABA Krzysztof	2780		30-39 M	257	01:51:46	03:29:39.00	03:29:42.70	+02:09:54 (61.9%)	20:57	2.9 (38.7%)
787	ŁUCZAK Grzegorz	3334		16-29 M	230	01:49:51	03:29:58.65	03:30:00.10	+02:10:11 (62.0%)	20:59	2.9 (38.7%)
788	SZYMCZYK Sylwia	3360		16-29 K	59	01:49:52	03:29:58.65	03:30:00.25	+02:10:11 (62.0%)	20:59	2.9 (38.7%)
789	ORLIK Fabiusz	2748		30-39 M	258	02:00:06	03:29:57.45	03:30:09.45	+02:10:20 (62.0%)	20:59	2.9 (38.7%)
790	ŚLIWAKOWSKI Łukasz	2774		30-39 M	259	02:00:01	03:29:59.70	03:30:11.90	+02:10:23 (62.0%)	20:59	2.9 (38.7%)
790	PORĘBSKA Sara	3557		16-29 K	60	01:49:14	03:30:07.30	03:30:11.90	+02:10:23 (62.0%)	21:00	2.9 (38.7%)
792	MATUSZEWSKI Sebastian	3545		40-49 M	101	01:49:15	03:30:08.40	03:30:12.30	+02:10:23 (62.0%)	21:00	2.9 (38.7%)
793	HARAT Magdalena	3317		40-49 K	26	02:01:11	03:30:21.60	03:30:27.60	+02:10:38 (62.1%)	21:02	2.9 (38.7%)
794	PRZYBYSZ Katarzyna	3346		16-29 K	61	02:01:17	03:30:20.25	03:30:30.25	+02:10:41 (62.1%)	21:02	2.9 (38.7%)
795	SZKLARZ Łukasz	3567		40-49 M	102	01:53:41	03:28:17.70	03:30:48.30	+02:10:59 (62.1%)	20:49	2.9 (38.7%)
796	JURZAK Ola	3133		16-29 K	62	01:56:27	03:30:44.10	03:30:56.05	+02:11:07 (62.2%)	21:04	2.8 (37.3%)
797	GANCARZ Małgorzata	3126		40-49 K	27	01:57:31	03:31:01.00	03:31:09.45	+02:11:20 (62.2%)	21:06	2.8 (37.3%)
798	ROSIAK Łukasz	3173		30-39 M	260	01:57:55	03:31:08.85	03:31:12.40	+02:11:23 (62.2%)	21:06	2.8 (37.3%)
799	MALINA Monika	2946		16-29 K	63	01:44:53	03:27:57.50	03:31:45.00	+02:11:56 (62.3%)	20:47	2.9 (38.7%)
800	ZAJĄC Marcin	2993		30-39 M	261	01:44:52	03:27:56.90	03:31:45.60	+02:11:56 (62.3%)	20:47	2.9 (38.7%)
801	KOSTKA Michał	3330		30-39 M	262	01:47:42	03:28:14.85	03:32:12.10	+02:12:23 (62.4%)	20:49	2.9 (38.7%)
802	JAREMEK Tomasz	3322		30-39 M	263	01:47:43	03:28:14.45	03:32:12.20	+02:12:23 (62.4%)	20:49	2.9 (38.7%)
803	HINKELMAN Marcel	2833		16-29 M	231	02:02:21	03:32:07.30	03:32:21.00	+02:12:32 (62.4%)	21:12	2.8 (37.3%)
804	HINKELMAN Artur	2832		30-39 M	264	02:02:21	03:32:07.30	03:32:21.35	+02:12:32 (62.4%)	21:12	2.8 (37.3%)
805	FULARZ Mateusz	3124		16-29 M	232	01:42:46	03:32:22.60	03:32:32.15	+02:12:43 (62.4%)	21:14	2.8 (37.3%)
806	BIELECKA Agnieszka	3304		30-39 K	74		03:32:25.80	03:32:37.80	+02:12:49 (62.5%)	21:14	2.8 (37.3%)
807	MITAL Kinga	3338		30-39 K	75		03:32:25.95	03:32:37.85	+02:12:49 (62.5%)	21:14	2.8 (37.3%)
808	BALIŃSKA Katarzyna	3301		40-49 K	28		03:32:28.40	03:32:37.90	+02:12:49 (62.5%)	21:14	2.8 (37.3%)
809	BARAN Michał	2903		30-39 M	265	01:49:21	03:28:45.30	03:32:39.30	+02:12:50 (62.5%)	20:52	2.9 (38.7%)
810	TUCZNIO Franciszek	2589		40-49 M	103		03:32:45.00	03:32:45.00	+02:12:56 (62.5%)	21:16	2.8 (37.3%)
811	WOCH Adam	3577		30-39 M	266	01:55:22	03:32:49.80	03:32:59.95	+02:13:11 (62.5%)	21:16	2.8 (37.3%)
812	KROCZEK Mateusz	3618		16-29 M	233	01:42:52	03:32:59.45	03:33:02.75	+02:13:14 (62.5%)	21:17	2.8 (37.3%)
813	PENCAK Piotr	3643		16-29 M	234	01:42:51	03:32:58.50	03:33:03.05	+02:13:14 (62.5%)	21:17	2.8 (37.3%)
813	RADYMSKI Łukasz	3646		30-39 M	267	01:42:46	03:32:59.15	03:33:03.05	+02:13:14 (62.5%)	21:18	2.8 (37.3%)
815	LEŚNIAK Patryk	3540		16-29 M	235	01:50:40	03:32:59.50	03:33:07.10	+02:13:18 (62.6%)	21:18	2.8 (37.3%)
816	JANICKI Mateusz	3524		16-29 M	236	01:50:38	03:33:01.70	03:33:08.70	+02:13:20 (62.6%)	21:18	2.8 (37.3%)
817	KOSZYKOWSKA Róża	3616		16-29 K	64	01:42:50	03:33:05.75	03:33:08.95	+02:13:20 (62.6%)	21:18	2.8 (37.3%)
818	CZAPIŃSKI Bartosz	2505		40-49 M	104	01:54:12	03:30:48.70	03:33:19.75	+02:13:31 (62.6%)	21:04	2.8 (37.3%)
819	DĄBROWSKI Daniel	2508		30-39 M	268	01:58:07	03:33:39.35	03:33:42.60	+02:13:53 (62.7%)	21:21	2.8 (37.3%)
820	PLISZKA Marcin	2564		30-39 M	269	01:58:07	03:33:39.20	03:33:43.15	+02:13:54 (62.7%)	21:22	2.8 (37.3%)
821	MRÓZ Marcin	2557		30-39 M	270	01:58:09	03:33:39.50	03:33:44.40	+02:13:55 (62.7%)	21:22	2.8 (37.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						6km	10km	10km			
822	PRZECH-FUS Agnieszka	3456		50-100+ K	2	01:58:58	03:33:44.30	03:33:51.50	+02:14:02 (62.7%)	21:22	2.8 (37.3%)
823	PRZECH Bartosz	3455	DELOITTE ADVENTURE TEAM	16-29 M	237	01:58:56	03:33:43.10	03:33:51.55	+02:14:02 (62.7%)	21:22	2.8 (37.3%)
824	KOCISZEWSKA Maria	2849		30-39 K	76	02:01:16	03:33:46.70	03:33:51.80	+02:14:03 (62.7%)	21:22	2.8 (37.3%)
825	KOCISZEWSKI Łukasz	2850		30-39 M	271	02:01:18	03:33:40.80	03:33:51.85	+02:14:03 (62.7%)	21:22	2.8 (37.3%)
826	ZBIERSKA Daria	2396		16-29 K	65	01:57:55	03:34:23.20	03:34:30.90	+02:14:42 (62.8%)	21:26	2.8 (37.3%)
827	HATAMNEJAD Jasmin	2325		16-29 K	66	01:58:03	03:34:28.10	03:34:35.55	+02:14:46 (62.8%)	21:26	2.8 (37.3%)
828	BYTNIIEWSKA Justyna	3407		16-29 K	67	01:53:14	03:34:54.85	03:35:00.40	+02:15:11 (62.9%)	21:29	2.8 (37.3%)
829	WESOŁOWSKI Konrad	2984		40-49 M	105	01:48:58	03:31:09.50	03:35:01.25	+02:15:12 (62.9%)	21:07	2.8 (37.3%)
830	PRACZYK Filip	3453		30-39 M	272	01:53:13	03:34:55.85	03:35:02.25	+02:15:13 (62.9%)	21:29	2.8 (37.3%)
831	FALKIEWICZ Sylwia	3513		16-29 K	68	01:58:43	03:35:03.30	03:35:07.00	+02:15:18 (62.9%)	21:30	2.8 (37.3%)
832	ORCZYK Kamil	2457		16-29 M	238	01:54:40	03:32:34.25	03:35:08.05	+02:15:19 (62.9%)	21:15	2.8 (37.3%)
833	LIPA Dominika	2441		16-29 K	69	01:54:39	03:32:33.50	03:35:08.10	+02:15:19 (62.9%)	21:15	2.8 (37.3%)
834	RYDZEWSKA Emilia	3258		30-39 K	77	01:58:43	03:35:04.00	03:35:08.70	+02:15:20 (62.9%)	21:30	2.8 (37.3%)
835	SAWICKI Adrian	2383		16-29 M	239	01:46:24	03:35:02.15	03:35:10.95	+02:15:22 (62.9%)	21:30	2.8 (37.3%)
836	JAJESNIAK Mariusz	4914		40-49 M	106	01:55:01	03:35:23.45	03:35:32.80	+02:15:44 (63.0%)	21:32	2.8 (37.3%)
837	WOJTON Łukasz	2989		30-39 M	273	01:57:05	03:31:53.05	03:35:40.20	+02:15:51 (63.0%)	21:11	2.8 (37.3%)
838	JANUSZ Sylwia	2930		16-29 K	70	01:57:06	03:31:53.50	03:35:40.40	+02:15:51 (63.0%)	21:11	2.8 (37.3%)
839	GOLLUS Basia	2215		16-29 K	71	01:55:47	03:35:38.05	03:35:50.40	+02:16:01 (63.0%)	21:33	2.8 (37.3%)
840	ZALEWSKI Mirosław	2269		50-100+ M	7	01:54:37	03:35:52.60	03:36:04.45	+02:16:15 (63.1%)	21:35	2.8 (37.3%)
841	KOĆMA Paweł	3037		30-39 M	274		03:36:05.45	03:36:10.60	+02:16:21 (63.1%)	21:36	2.8 (37.3%)
842	KUBICA Łukasz	3435		16-29 M	240	01:56:02	03:36:04.85	03:36:11.50	+02:16:22 (63.1%)	21:36	2.8 (37.3%)
843	PUZIO Wojtek	3457		16-29 M	241	01:55:58	03:36:05.40	03:36:12.30	+02:16:23 (63.1%)	21:36	2.8 (37.3%)
844	DESYATNYK Lyudmila	3209		40-49 K	29	01:54:23	03:36:11.20	03:36:13.05	+02:16:24 (63.1%)	21:37	2.8 (37.3%)
845	PIERSA Tomasz	4751		40-49 M	107	01:55:02	03:36:10.50	03:36:22.30	+02:16:33 (63.1%)	21:37	2.8 (37.3%)
846	GOLLUS Daria	2214		16-29 K	72	01:57:24	03:36:09.45	03:36:23.05	+02:16:34 (63.1%)	21:37	2.8 (37.3%)
847	WRÓBEL Ewa	2490		30-39 K	78	02:04:56	03:33:46.10	03:36:23.55	+02:16:34 (63.1%)	21:22	2.8 (37.3%)
848	BIERKAT Daniel	2409		30-39 M	275	02:04:58	03:33:47.20	03:36:23.70	+02:16:35 (63.1%)	21:22	2.8 (37.3%)
849	BOHDANOWICZ Aneta	3105		30-39 K	79	02:09:14	03:36:20.70	03:36:30.85	+02:16:42 (63.1%)	21:38	2.8 (37.3%)
850	BARTOSIK Anna	3103		30-39 K	80	02:09:57	03:36:21.05	03:36:31.50	+02:16:42 (63.1%)	21:38	2.8 (37.3%)
851	ZDAŃKOWSKI Mateusz	3189		16-29 M	242	02:09:57	03:36:20.50	03:36:31.55	+02:16:42 (63.1%)	21:38	2.8 (37.3%)
852	KALENIK Anna	3324		50-100+ K	3	02:06:50	03:36:33.25	03:36:39.25	+02:16:50 (63.2%)	21:39	2.8 (37.3%)
852	PODLASEK Szymon	2374		16-29 M	243	01:46:22	03:36:29.35	03:36:39.25	+02:16:50 (63.2%)	21:39	2.8 (37.3%)
854	MOZALEWSKA Agnieszka	3157		30-39 K	81	02:03:30	03:36:35.95	03:36:46.10	+02:16:57 (63.2%)	21:39	2.8 (37.3%)
855	KĘPIŃSKI Mikołaj	2533		16-29 M	244	01:59:35	03:36:40.55	03:36:51.30	+02:17:02 (63.2%)	21:40	2.8 (37.3%)
856	CZECHOWSKI Adam	3410		16-29 M	245	01:56:16	03:36:47.30	03:36:54.60	+02:17:05 (63.2%)	21:40	2.8 (37.3%)
857	KANIEWSKI Kamil	3430		30-39 M	276	01:56:01	03:36:49.20	03:36:55.55	+02:17:06 (63.2%)	21:40	2.8 (37.3%)
858	KERCZ Tomasz	3222		30-39 M	277	02:08:23	03:37:03.10	03:37:08.10	+02:17:19 (63.2%)	21:42	2.8 (37.3%)
859	GŁOWACKI Mariusz	2615		30-39 M	278	02:01:15	03:37:09.45	03:37:11.85	+02:17:23 (63.3%)	21:42	2.8 (37.3%)
860	WALANUS Martyna	2266		16-29 K	73	02:02:56	03:37:11.15	03:37:17.90	+02:17:29 (63.3%)	21:43	2.8 (37.3%)
861	SCHULZ Jędrzej	3174		30-39 M	279	02:08:43	03:37:42.85	03:37:48.15	+02:17:59 (63.4%)	21:46	2.8 (37.3%)
862	CZMOK Robert	3115		40-49 M	108	02:08:51	03:37:46.35	03:37:52.05	+02:18:03 (63.4%)	21:46	2.8 (37.3%)
863	HAWRO Paweł	2217		30-39 M	280	02:02:56	03:38:17.20	03:38:23.75	+02:18:35 (63.5%)	21:49	2.7 (36.0%)
864	PLESKACZ Miłosz	2245		30-39 M	281	02:02:47	03:38:18.15	03:38:25.10	+02:18:36 (63.5%)	21:49	2.7 (36.0%)
865	DROŚ Jakub	3118		16-29 M	246		03:38:20.65	03:38:26.60	+02:18:37 (63.5%)	21:50	2.7 (36.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
866	PILAS Arkadiusz	2371		30-39 M	282	01:55:27	03:38:28.10	03:38:32.10	+02:18:43 (63.5%)	21:50	2.7 (36.0%)
867	SOBOLEWSKA Beata	2386		40-49 K	30	01:57:53	03:38:26.45	03:38:32.60	+02:18:43 (63.5%)	21:50	2.7 (36.0%)
868	HATAMNEJAD Dariusz	2324		30-39 M	283	01:57:42	03:38:27.70	03:38:34.15	+02:18:45 (63.5%)	21:50	2.7 (36.0%)
869	MAJCHER Łukasz	2236		30-39 M	284	02:02:11	03:38:27.75	03:38:35.05	+02:18:46 (63.5%)	21:50	2.7 (36.0%)
870	OBŁOZA Izabela	2364		16-29 K	74	02:04:26	03:38:32.35	03:38:36.70	+02:18:48 (63.5%)	21:51	2.7 (36.0%)
871	SIKORSKI Damian	2468		16-29 M	247	02:06:30	03:36:22.50	03:38:49.20	+02:19:00 (63.5%)	21:38	2.8 (37.3%)
872	JURCZAK Edyta	3217		40-49 K	31	01:54:13	03:36:19.10	03:38:49.75	+02:19:01 (63.5%)	21:37	2.8 (37.3%)
873	BOJDA Łukasz	3106		16-29 M	248	01:51:59	03:38:43.65	03:38:50.80	+02:19:02 (63.5%)	21:52	2.7 (36.0%)
874	BOJDA Agnieszka	3504		16-29 K	75	01:52:21	03:38:42.45	03:38:51.70	+02:19:03 (63.5%)	21:52	2.7 (36.0%)
875	KUCHCIAK Jakub	3146		30-39 M	285	01:51:59	03:38:44.60	03:38:52.00	+02:19:03 (63.5%)	21:52	2.7 (36.0%)
876	KUCHCIAK Filip	3147		16-29 M	249	01:52:23	03:38:44.75	03:38:52.15	+02:19:03 (63.5%)	21:52	2.7 (36.0%)
877	GRAŻ Adam	2322		16-29 M	250	02:04:27	03:38:47.90	03:38:52.55	+02:19:03 (63.5%)	21:52	2.7 (36.0%)
878	KUCHAREK Rafał	3145		16-29 M	251	02:00:10	03:38:55.25	03:38:58.75	+02:19:10 (63.6%)	21:53	2.7 (36.0%)
879	JANKOWSKI Michał	3528		30-39 M	286	01:55:45	03:38:56.70	03:39:05.20	+02:19:16 (63.6%)	21:53	2.7 (36.0%)
880	PETYNKA Renata	3724		16-29 K	76	02:02:59	03:38:53.35	03:39:09.10	+02:19:20 (63.6%)	21:53	2.7 (36.0%)
881	PETYNKA Piotr	2368		16-29 M	252	02:02:57	03:38:52.10	03:39:09.30	+02:19:20 (63.6%)	21:53	2.7 (36.0%)
882	OBRĘBSKI Przemysław	2871		30-39 M	287	02:02:36	03:39:04.00	03:39:19.90	+02:19:31 (63.6%)	21:54	2.7 (36.0%)
883	OBRĘBSKI Adrian	2870		30-39 M	288	02:02:34	03:39:05.95	03:39:21.50	+02:19:32 (63.6%)	21:54	2.7 (36.0%)
884	PLEWNIA Irena	2164		30-39 K	82	01:51:21	03:39:15.65	03:39:22.60	+02:19:33 (63.6%)	21:55	2.7 (36.0%)
885	JASKIEWICZ Kamil	2129		16-29 M	253	01:51:21	03:39:16.80	03:39:23.15	+02:19:34 (63.6%)	21:55	2.7 (36.0%)
886	RUSNARCZYK Mateusz	2169		16-29 M	254	01:51:19	03:39:16.30	03:39:23.45	+02:19:34 (63.6%)	21:55	2.7 (36.0%)
887	SOCHA Maciej	2674		16-29 M	255	02:00:45	03:39:41.05	03:39:44.10	+02:19:55 (63.7%)	21:58	2.7 (36.0%)
888	SOCHA Kacper	2673		16-29 M	256	02:00:46	03:39:41.55	03:39:45.05	+02:19:56 (63.7%)	21:58	2.7 (36.0%)
889	ZYCH Karol	2692		16-29 M	257	02:01:08	03:39:41.10	03:39:45.20	+02:19:56 (63.7%)	21:58	2.7 (36.0%)
890	KRÓL Karol	2634		16-29 M	258	02:00:55	03:39:43.25	03:39:46.10	+02:19:57 (63.7%)	21:58	2.7 (36.0%)
891	KUROWSKI Przemysław	3539		16-29 M	259	01:55:43	03:39:48.80	03:39:51.75	+02:20:03 (63.7%)	21:58	2.7 (36.0%)
892	TOŁWIŃSKI Bogusław	3571		50-100+ M	8	01:55:44	03:39:40.85	03:39:51.80	+02:20:03 (63.7%)	21:58	2.7 (36.0%)
893	TOŁWIŃSKI Tymoteusz	3572		16-29 M	260	01:55:36	03:39:41.50	03:39:52.15	+02:20:03 (63.7%)	21:58	2.7 (36.0%)
894	KOZUBSKI Marcin	3535		16-29 M	261	01:55:42	03:39:49.15	03:39:52.40	+02:20:03 (63.7%)	21:58	2.7 (36.0%)
895	FORTUNA-CZMOK Jolanta	3123		40-49 K	32	02:08:53	03:39:47.05	03:39:52.50	+02:20:03 (63.7%)	21:58	2.7 (36.0%)
896	URBAŃSKI Michał	2776		30-39 M	289	02:00:26	03:39:48.20	03:39:56.40	+02:20:07 (63.7%)	21:58	2.7 (36.0%)
897	PORĘBSKI Mateusz	3170		16-29 M	262		03:40:05.15	03:40:12.05	+02:20:23 (63.8%)	22:00	2.7 (36.0%)
898	TKACZ Aleksandra	3182		16-29 K	77		03:40:07.95	03:40:12.65	+02:20:23 (63.8%)	22:00	2.7 (36.0%)
899	AUGUSTYNOWICZ Zosia	3102		16-29 K	78		03:40:08.25	03:40:12.70	+02:20:24 (63.8%)	22:00	2.7 (36.0%)
900	OŚRÓDKA Konrad	3159		16-29 M	263		03:40:04.55	03:40:13.05	+02:20:24 (63.8%)	22:00	2.7 (36.0%)
901	SYKUŁA Krzysztof	3178		16-29 M	264		03:40:06.75	03:40:13.10	+02:20:24 (63.8%)	22:00	2.7 (36.0%)
902	MARYNIAK Szymon	3153		16-29 M	265		03:40:04.75	03:40:13.35	+02:20:24 (63.8%)	22:00	2.7 (36.0%)
903	KOTARSKI Łukasz	3143		16-29 M	266		03:40:06.70	03:40:13.80	+02:20:25 (63.8%)	22:00	2.7 (36.0%)
904	STACHOWIAK Michał	2074		30-39 M	290	01:55:52	03:40:15.65	03:40:24.60	+02:20:35 (63.8%)	22:01	2.7 (36.0%)
905	JANCZY Rafał	2619		30-39 M	291	01:56:36	03:40:21.35	03:40:38.15	+02:20:49 (63.8%)	22:02	2.7 (36.0%)
906	STĘPIEŃ Dorota	2678		30-39 K	83	02:05:47	03:40:34.30	03:40:38.80	+02:20:50 (63.8%)	22:03	2.7 (36.0%)
907	DERMAŃSKA Marta	2609		30-39 K	84	02:05:47	03:40:34.30	03:40:39.60	+02:20:50 (63.8%)	22:03	2.7 (36.0%)
908	SERAFIN Anna	2671		30-39 K	85	01:56:38	03:40:27.90	03:40:40.20	+02:20:51 (63.8%)	22:02	2.7 (36.0%)
909	KRUSZYŃSKA-ZIAJA Agnieszka	2635		30-39 K	86	02:05:46	03:40:36.10	03:40:40.50	+02:20:51 (63.8%)	22:03	2.7 (36.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
910	CIELEBAK Sylwia	2710		30-39 K	87	01:56:56	03:41:08.20	03:41:13.65	+02:21:24 (63.9%)	22:06	2.7 (36.0%)
911	REGUŁA Marcin	2763		30-39 M	292	01:56:53	03:41:10.65	03:41:14.35	+02:21:25 (63.9%)	22:07	2.7 (36.0%)
912	WOŁEK Marcin	2777		30-39 M	293	01:56:53	03:41:12.05	03:41:15.05	+02:21:26 (63.9%)	22:07	2.7 (36.0%)
913	NIEMYJSKI Grzegorz	2746		30-39 M	294	01:56:54	03:41:10.90	03:41:15.55	+02:21:26 (63.9%)	22:07	2.7 (36.0%)
914	NIEMYJSKA Dorota	2745		30-39 K	88	01:56:51	03:41:11.35	03:41:15.65	+02:21:26 (63.9%)	22:07	2.7 (36.0%)
915	STACH Oriana	2765		30-39 K	89	01:56:56	03:41:13.25	03:41:18.70	+02:21:30 (63.9%)	22:07	2.7 (36.0%)
916	MAJER Karolina	2352		16-29 K	79	02:03:10	03:41:14.65	03:41:19.60	+02:21:30 (63.9%)	22:07	2.7 (36.0%)
917	SAPAŁA Agnieszka	2069		16-29 K	80	02:05:15	03:39:12.10	03:41:39.35	+02:21:50 (64.0%)	21:55	2.7 (36.0%)
918	BOLIN Mateusz	3110		30-39 M	295	01:54:16	03:41:39.05	03:41:47.95	+02:21:59 (64.0%)	22:09	2.7 (36.0%)
919	JEZERSKI Bartosz	2726		16-29 M	267	01:53:50	03:41:45.60	03:41:51.65	+02:22:02 (64.0%)	22:10	2.7 (36.0%)
920	DZIAŁACH Piotr	2713		16-29 M	268	01:53:50	03:41:46.05	03:41:52.55	+02:22:03 (64.0%)	22:10	2.7 (36.0%)
921	KOTYNIOWICZ Krzysztof	2433		40-49 M	109	02:08:29	03:39:33.15	03:42:10.80	+02:22:22 (64.1%)	21:57	2.7 (36.0%)
922	JASZCZUR Radosław	3728		30-39 M	296	01:58:39	03:41:56.75	03:42:11.00	+02:22:22 (64.1%)	22:11	2.7 (36.0%)
923	JAKÓBCZAK Karolina	2520		30-39 K	90	02:08:45	03:39:33.20	03:42:11.20	+02:22:22 (64.1%)	21:57	2.7 (36.0%)
924	MUSIELAK Piotr	2451		30-39 M	297	02:07:51	03:39:38.10	03:42:13.05	+02:22:24 (64.1%)	21:57	2.7 (36.0%)
925	CŁAPKA Tadeusz	2416		30-39 M	298	02:08:16	03:39:41.85	03:42:13.35	+02:22:24 (64.1%)	21:58	2.7 (36.0%)
926	MRÓWCZYŃSKI Adam	3444		16-29 M	269	01:59:39	03:42:02.05	03:42:13.85	+02:22:25 (64.1%)	22:12	2.7 (36.0%)
927	WERNECKA Małgorzata	3476		16-29 K	81	01:59:38	03:42:01.45	03:42:14.15	+02:22:25 (64.1%)	22:12	2.7 (36.0%)
928	WESOŁOWSKI Cecylia	2187		40-49 K	33	02:00:11	03:42:10.90	03:42:19.25	+02:22:30 (64.1%)	22:13	2.7 (36.0%)
929	SZEWCZYK Krystian	2183		16-29 M	270	01:51:11	03:42:19.10	03:42:22.95	+02:22:34 (64.1%)	22:13	2.7 (36.0%)
930	POCHEĆ Adam	3164		16-29 M	271	01:59:22	03:42:12.35	03:42:24.00	+02:22:35 (64.1%)	22:13	2.7 (36.0%)
931	SKOCZYLAS Paweł	2469		40-49 M	110	02:07:10	03:39:53.40	03:42:24.90	+02:22:36 (64.1%)	21:59	2.7 (36.0%)
932	KUSY Michał	2856		30-39 M	299	01:54:47	03:42:19.85	03:42:29.05	+02:22:40 (64.1%)	22:14	2.7 (36.0%)
933	JAKUBSKI Dariusz	2836		30-39 M	300	01:55:21	03:42:29.20	03:42:35.30	+02:22:46 (64.1%)	22:14	2.7 (36.0%)
934	KIMBAR Natalia	3035		16-29 K	82	01:54:43	03:42:29.65	03:42:38.60	+02:22:49 (64.2%)	22:15	2.7 (36.0%)
935	MICHALAK Marcin	2866		30-39 M	301	01:55:07	03:42:34.05	03:42:38.95	+02:22:50 (64.2%)	22:15	2.7 (36.0%)
935	STAJUDA Marta	2884		30-39 K	91	01:55:08	03:42:33.15	03:42:38.95	+02:22:50 (64.2%)	22:15	2.7 (36.0%)
937	KIMBAR Michał	3036		30-39 M	302	01:54:40	03:42:31.20	03:42:39.10	+02:22:50 (64.2%)	22:15	2.7 (36.0%)
938	STAJUDA Arkadiusz	2885		30-39 M	303	01:53:46	03:42:34.15	03:42:39.75	+02:22:51 (64.2%)	22:15	2.7 (36.0%)
939	WOJEWODA Marta	2894		30-39 K	92	01:55:08	03:42:33.65	03:42:40.00	+02:22:51 (64.2%)	22:15	2.7 (36.0%)
940	MICHALAK Małgorzata	2865		30-39 K	93	01:55:09	03:42:35.35	03:42:40.85	+02:22:52 (64.2%)	22:15	2.7 (36.0%)
941	KAMIŃSKA Magdalena	2027		16-29 K	83	02:00:58	03:42:42.90	03:42:49.10	+02:23:00 (64.2%)	22:16	2.7 (36.0%)
942	MARCZUK Andrzej	2862		30-39 M	304	01:55:14	03:42:54.55	03:42:59.15	+02:23:10 (64.2%)	22:17	2.7 (36.0%)
943	BRZOSKA Ada	2707		30-39 K	94	02:03:51	03:42:59.95	03:43:05.20	+02:23:16 (64.2%)	22:18	2.7 (36.0%)
944	BEDNARCZYK Elżbieta	2703		30-39 K	95	01:53:12	03:43:00.55	03:43:07.80	+02:23:19 (64.2%)	22:18	2.7 (36.0%)
945	KWIATKOWSKI Paweł	2739		30-39 M	305	01:53:18	03:43:06.30	03:43:08.15	+02:23:19 (64.2%)	22:18	2.7 (36.0%)
946	JACKIEWICZ Adrian	2721		30-39 M	306	01:53:12	03:43:02.65	03:43:09.30	+02:23:20 (64.2%)	22:18	2.7 (36.0%)
947	KRAWCZYK Anna	2435		40-49 K	34	02:07:12	03:40:37.80	03:43:09.60	+02:23:20 (64.2%)	22:03	2.7 (36.0%)
948	PRZEPIÓRKA-CAPUTA Katarzyna	2063		30-39 K	96	02:01:01	03:43:09.50	03:43:15.40	+02:23:26 (64.3%)	22:19	2.7 (36.0%)
949	REINER Anna	3461		16-29 K	84	01:58:41	03:43:12.00	03:43:21.05	+02:23:32 (64.3%)	22:19	2.7 (36.0%)
950	DŁUBIS Dawid	3414		16-29 M	272	01:58:45	03:43:11.85	03:43:21.50	+02:23:32 (64.3%)	22:19	2.7 (36.0%)
951	DZIEDZIC Edyta	3416		16-29 K	85	01:58:47	03:43:11.65	03:43:21.80	+02:23:33 (64.3%)	22:19	2.7 (36.0%)
952	REINER Adam	3462		16-29 M	273	01:58:44	03:43:12.40	03:43:22.65	+02:23:33 (64.3%)	22:19	2.7 (36.0%)
953	CIERPIAŁ Joanna	2815		30-39 K	97	02:02:01	03:43:43.70	03:43:49.60	+02:24:00 (64.3%)	22:22	2.7 (36.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
954	WOSK Mateusz	2194		30-39 M	307	02:06:11	03:43:39.95	03:43:49.70	+02:24:01 (64.3%)	22:22	2.7 (36.0%)
955	PTASZEK Marta	3254		30-39 K	98	02:03:35	03:43:57.40	03:44:02.10	+02:24:13 (64.4%)	22:23	2.7 (36.0%)
956	GRZYBEK Grzegorz	2123		16-29 M	274	01:51:13	03:44:10.80	03:44:16.05	+02:24:27 (64.4%)	22:25	2.7 (36.0%)
957	HEROD Michał	4618		16-29 M	275	02:03:07	03:44:22.15	03:44:29.70	+02:24:41 (64.4%)	22:26	2.7 (36.0%)
958	LUBEREŃSKI Patryk	4620		16-29 M	276	02:03:05	03:44:34.85	03:44:42.00	+02:24:53 (64.5%)	22:27	2.7 (36.0%)
959	WASILEWSKI Krzysztof	2590		16-29 M	277	01:56:49	03:44:40.40	03:44:47.30	+02:24:58 (64.5%)	22:28	2.7 (36.0%)
960	SOBKIEWICZ Przemek	3464		16-29 M	278	01:56:30	03:44:51.05	03:45:00.55	+02:25:11 (64.5%)	22:29	2.7 (36.0%)
961	KLEKOWSKI Michał	2031		30-39 M	308	02:03:20	03:45:09.55	03:45:11.90	+02:25:23 (64.6%)	22:30	2.7 (36.0%)
962	PANYŁO Daniel	2873		16-29 M	279	02:10:46	03:45:00.90	03:45:13.50	+02:25:24 (64.6%)	22:30	2.7 (36.0%)
963	BIELECKI Rafał	3202		30-39 M	309	02:03:36	03:45:11.85	03:45:15.90	+02:25:27 (64.6%)	22:31	2.7 (36.0%)
964	REKS Grzegorz	2764		30-39 M	310	02:05:42	03:45:06.80	03:45:16.80	+02:25:28 (64.6%)	22:30	2.7 (36.0%)
965	JASZTAL Piotr	2723		30-39 M	311	02:05:37	03:45:08.40	03:45:17.10	+02:25:28 (64.6%)	22:30	2.7 (36.0%)
965	JASZTAL Emilia	2724		40-49 K	35	02:05:55	03:45:07.60	03:45:17.10	+02:25:28 (64.6%)	22:30	2.7 (36.0%)
967	SOKOŁOWSKA Anna	2772		40-49 K	36	02:05:41	03:45:07.85	03:45:17.25	+02:25:28 (64.6%)	22:30	2.7 (36.0%)
968	ŻUKOWSKA Ewa	2784		40-49 K	37	02:06:01	03:45:08.45	03:45:17.55	+02:25:28 (64.6%)	22:30	2.7 (36.0%)
969	JASZTAL Michał	2722		30-39 M	312	02:05:46	03:45:08.90	03:45:17.80	+02:25:29 (64.6%)	22:30	2.7 (36.0%)
969	PANYŁO Kacper	2872		16-29 M	280	02:10:50	03:45:04.70	03:45:17.80	+02:25:29 (64.6%)	22:30	2.7 (36.0%)
971	CHROSTOWSKA Beata	2503		16-29 K	86	01:56:48	03:45:23.25	03:45:30.60	+02:25:41 (64.6%)	22:32	2.7 (36.0%)
972	GRYZEŁKO Klaudia	2122		16-29 K	87	02:00:18	03:45:35.00	03:45:39.00	+02:25:50 (64.6%)	22:33	2.7 (36.0%)
973	KURZAK Sebastian	2139		16-29 M	281	01:51:16	03:45:33.50	03:45:39.10	+02:25:50 (64.6%)	22:33	2.7 (36.0%)
974	RYDZOŃ Arek	2170		16-29 M	282	02:00:17	03:45:36.40	03:45:41.05	+02:25:52 (64.6%)	22:33	2.7 (36.0%)
975	ANDRZEJEWSKA Beata	2880		40-49 K	38	02:01:30	03:45:35.75	03:45:41.35	+02:25:52 (64.6%)	22:33	2.7 (36.0%)
976	ŻEMŁA Dawid	3668		16-29 M	283	01:59:35	03:45:29.15	03:45:41.75	+02:25:53 (64.6%)	22:32	2.7 (36.0%)
977	POPŁAWSKA Daria	2660		16-29 K	88	02:01:59	03:45:35.40	03:45:43.15	+02:25:54 (64.6%)	22:33	2.7 (36.0%)
978	MARCINIAK Michał	2650		16-29 M	284	02:01:18	03:45:35.50	03:45:44.60	+02:25:55 (64.6%)	22:33	2.7 (36.0%)
979	ANASZEWSKI Krzysztof	3600		40-49 M	111	01:48:59	03:45:48.15	03:45:52.15	+02:26:03 (64.7%)	22:34	2.7 (36.0%)
980	SZCZĘCH Tomek	3468		16-29 M	285	01:58:25	03:46:07.45	03:46:12.35	+02:26:23 (64.7%)	22:36	2.7 (36.0%)
981	CZAPLA Anna	3409		16-29 K	89	01:58:26	03:46:08.30	03:46:12.60	+02:26:23 (64.7%)	22:36	2.7 (36.0%)
982	DEC Daniel	2915		30-39 M	313	01:55:00	03:46:14.80	03:46:18.80	+02:26:30 (64.7%)	22:37	2.7 (36.0%)
983	NOWAK Bartosz	4768		16-29 M	286	02:01:46	03:42:35.90	03:46:19.45	+02:26:30 (64.7%)	22:15	2.7 (36.0%)
984	POŁOWNIAK Jarosław	3167		30-39 M	314	02:01:12	03:46:16.95	03:46:24.25	+02:26:35 (64.7%)	22:37	2.7 (36.0%)
985	DOMAŃSKI Tomasz	3117		30-39 M	315	02:00:54	03:46:15.30	03:46:24.70	+02:26:36 (64.7%)	22:37	2.7 (36.0%)
986	WIŚNIEWSKI Marcin	3186		30-39 M	316	02:01:09	03:46:14.75	03:46:25.05	+02:26:36 (64.8%)	22:37	2.7 (36.0%)
987	KUŚ Arleta	2140		30-39 K	99	02:07:33	03:46:18.10	03:46:27.25	+02:26:38 (64.8%)	22:37	2.7 (36.0%)
988	WOSK Jacek	2193		50-100+ M	9	02:06:16	03:46:18.25	03:46:27.55	+02:26:38 (64.8%)	22:37	2.7 (36.0%)
989	JAKUBIAK Adam	2125		30-39 M	317	02:07:35	03:46:19.60	03:46:27.85	+02:26:39 (64.8%)	22:37	2.7 (36.0%)
990	KRAJKA Radosław	3617		16-29 M	287	01:59:12	03:46:40.15	03:46:43.65	+02:26:54 (64.8%)	22:40	2.6 (34.7%)
991	TALAGA Krystian	3661		16-29 M	288	01:40:00	03:46:39.95	03:46:44.05	+02:26:55 (64.8%)	22:40	2.6 (34.7%)
992	KUPIŃSKI Krzysztof	3229		30-39 M	318	01:59:27	03:46:39.30	03:46:46.95	+02:26:58 (64.8%)	22:39	2.6 (34.7%)
993	PIOTROWICZ Sylwia	3247		40-49 K	39	01:59:27	03:46:44.45	03:46:51.75	+02:27:03 (64.8%)	22:40	2.6 (34.7%)
994	RUTKOWSKI Rafał	3256		16-29 M	289	01:54:19	03:46:58.85	03:47:01.05	+02:27:12 (64.8%)	22:41	2.6 (34.7%)
995	SKRZYPIEC Damian	3262		16-29 M	290	01:54:22	03:47:14.20	03:47:17.35	+02:27:28 (64.9%)	22:43	2.6 (34.7%)
996	KIRCUN Katarzyna	3433		16-29 K	90	01:56:37	03:47:20.00	03:47:30.60	+02:27:41 (64.9%)	22:44	2.6 (34.7%)
997	SKRZYPIEC Michał	3263		16-29 M	291	01:54:42	03:47:33.30	03:47:33.30	+02:27:44 (64.9%)	22:45	2.6 (34.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
998	KMIECIK Justyna	2536		30-39 K	100	02:05:25	03:45:03.65	03:47:41.30	+02:27:52 (64.9%)	22:30	2.7 (36.0%)
999	KMIECIK Marcin	2537		30-39 M	319	02:05:29	03:45:05.15	03:47:41.80	+02:27:53 (64.9%)	22:30	2.7 (36.0%)
1000	KOCABA Marek	2625		40-49 M	112	02:04:45	03:47:37.40	03:47:47.90	+02:27:59 (65.0%)	22:45	2.6 (34.7%)
1001	GŁUSZEK Mateusz	3423		16-29 M	292	01:56:21	03:47:44.80	03:47:52.90	+02:28:04 (65.0%)	22:46	2.6 (34.7%)
1002	BANASZEK Mateusz	2800		16-29 M	293	01:59:27	03:48:14.00	03:48:17.45	+02:28:28 (65.0%)	22:49	2.6 (34.7%)
1003	BURDA Michał	3405		16-29 M	294	02:08:35	03:48:45.90	03:48:53.10	+02:29:04 (65.1%)	22:52	2.6 (34.7%)
1004	BLUSZCZ Karolina	3306		16-29 K	91	01:57:39	03:48:46.35	03:48:54.90	+02:29:06 (65.1%)	22:52	2.6 (34.7%)
1005	GUŁA Anna	3316		16-29 K	92	01:58:06	03:48:47.85	03:48:55.25	+02:29:06 (65.1%)	22:52	2.6 (34.7%)
1006	ZACZ Izabela	3368		16-29 K	93	01:58:00	03:48:47.30	03:48:55.45	+02:29:06 (65.1%)	22:52	2.6 (34.7%)
1007	APANOWICZ Bartosz	3300		16-29 M	295	01:58:01	03:48:48.15	03:48:56.05	+02:29:07 (65.1%)	22:52	2.6 (34.7%)
1008	LISEK Mateusz	3333		16-29 M	296	01:58:02	03:48:50.55	03:48:56.95	+02:29:08 (65.1%)	22:53	2.6 (34.7%)
1009	SKALIK Rafał	3350		16-29 M	297	01:58:13	03:48:50.55	03:48:57.60	+02:29:08 (65.1%)	22:53	2.6 (34.7%)
1010	STANIK Marcin	2075		40-49 M	113	01:55:11	03:48:58.85	03:49:05.05	+02:29:16 (65.2%)	22:53	2.6 (34.7%)
1011	PIOTROWSKI Jerzy	2062		50-100+ M	10	01:55:03	03:49:02.95	03:49:06.10	+02:29:17 (65.2%)	22:54	2.6 (34.7%)
1012	CEKIERA Katarzyna	2811		30-39 K	101	02:07:37	03:49:08.20	03:49:15.20	+02:29:26 (65.2%)	22:54	2.6 (34.7%)
1013	TABOR Krzysztof	2888		40-49 M	114	02:07:37	03:49:08.15	03:49:15.40	+02:29:26 (65.2%)	22:54	2.6 (34.7%)
1014	PILSZEK Marek	3450		30-39 M	320	02:07:06	03:49:13.05	03:49:18.60	+02:29:29 (65.2%)	22:55	2.6 (34.7%)
1015	WUCZKO Dariusz	2491		30-39 M	321	02:06:18	03:46:43.05	03:49:24.35	+02:29:35 (65.2%)	22:40	2.6 (34.7%)
1016	KOWALSKI Bartłomiej	2852		30-39 M	322	01:59:26	03:49:35.45	03:49:37.70	+02:29:49 (65.2%)	22:57	2.6 (34.7%)
1017	NOWACKA Jolanta	2869		16-29 K	94	01:59:43	03:49:36.35	03:49:38.90	+02:29:50 (65.2%)	22:57	2.6 (34.7%)
1018	MAJER Mariusz	2351		16-29 M	298	02:03:06	03:49:35.25	03:49:39.60	+02:29:50 (65.2%)	22:57	2.6 (34.7%)
1019	HAJDUK Jacek	2830		16-29 M	299	01:59:59	03:49:40.10	03:49:42.80	+02:29:54 (65.3%)	22:58	2.6 (34.7%)
1020	ZACHARZEWSKI Marek	2395		30-39 M	323	02:08:24	03:49:47.25	03:49:50.95	+02:30:02 (65.3%)	22:58	2.6 (34.7%)
1021	TILLES Anna	3473		30-39 K	102	02:08:21	03:49:47.50	03:49:51.80	+02:30:03 (65.3%)	22:58	2.6 (34.7%)
1022	JOANNA Krajewska	2839		16-29 K	95	02:00:07	03:49:54.50	03:49:58.40	+02:30:09 (65.3%)	22:59	2.6 (34.7%)
1023	HAROWICZ Patrycja	2831		16-29 K	96	02:00:07	03:49:55.40	03:49:59.25	+02:30:10 (65.3%)	22:59	2.6 (34.7%)
1024	LUTAK Agnieszka	2349		16-29 K	97	02:08:15	03:49:57.00	03:50:01.50	+02:30:12 (65.3%)	22:59	2.6 (34.7%)
1025	GARBACZ Joanna	2319		30-39 K	103	02:08:19	03:49:58.15	03:50:01.65	+02:30:12 (65.3%)	22:59	2.6 (34.7%)
1026	ROGALA Jakub	2380		40-49 M	115	02:08:21	03:49:56.30	03:50:02.90	+02:30:14 (65.3%)	22:59	2.6 (34.7%)
1027	KOTULA Janusz	2336		40-49 M	116	02:08:18	03:50:00.65	03:50:03.90	+02:30:15 (65.3%)	23:00	2.6 (34.7%)
1028	BOJDA Dominik	3109		16-29 M	300	01:52:02	03:49:58.65	03:50:09.40	+02:30:20 (65.3%)	22:59	2.6 (34.7%)
1029	SZAFRAŃSKA Magdalena	3271	TEAM DORIS KRAKÓW	30-39 K	104	02:12:53	03:50:05.40	03:50:10.30	+02:30:21 (65.3%)	23:00	2.6 (34.7%)
1030	FRELIK Edyta	153		30-39 K	105	02:10:07	03:50:11.30	03:50:12.30	+02:30:23 (65.3%)	23:01	2.6 (34.7%)
1031	OLKUSKA Anna	3244	TEAM DORIS KRAKÓW	16-29 K	98	02:12:36	03:49:59.45	03:50:13.25	+02:30:24 (65.3%)	23:00	2.6 (34.7%)
1032	SZCZEPANIK Dorota	3273	TEAM DORIS KRAKÓW	50-100+ K	4	02:12:42	03:50:00.90	03:50:13.30	+02:30:24 (65.3%)	23:00	2.6 (34.7%)
1033	PRUCIA Katarzyna	3252	TEAM DORIS KRAKÓW	40-49 K	40	02:12:32	03:50:00.65	03:50:13.50	+02:30:24 (65.3%)	23:00	2.6 (34.7%)
1034	SZAFRAŃSKI Bartłomiej	3272	TEAM DORIS KRAKÓW	30-39 M	324	02:12:59	03:50:09.25	03:50:14.45	+02:30:25 (65.3%)	23:00	2.6 (34.7%)
1035	GAWLIK Anita	3212	TEAM DORIS KRAKÓW	30-39 K	106	02:12:31	03:50:02.25	03:50:14.85	+02:30:26 (65.3%)	23:00	2.6 (34.7%)
1036	PSZCZOŁA Joanna	3253	TEAM DORIS KRAKÓW	30-39 K	107	02:12:39	03:50:01.45	03:50:15.30	+02:30:26 (65.3%)	23:00	2.6 (34.7%)
1037	FOKS Paweł	2210		40-49 M	117	02:02:45	03:50:09.35	03:50:18.10	+02:30:29 (65.3%)	23:01	2.6 (34.7%)
1038	SZAJDA Marcin	2474		30-39 M	325	02:03:19	03:47:49.55	03:50:28.70	+02:30:40 (65.4%)	22:46	2.6 (34.7%)
1039	ORĘZIAK Alicja	2458		40-49 K	41	02:03:53	03:47:50.75	03:50:29.00	+02:30:40 (65.4%)	22:47	2.6 (34.7%)
1040	MICHALAK Robert	2447		30-39 M	326	02:04:40	03:47:51.85	03:50:29.45	+02:30:40 (65.4%)	22:47	2.6 (34.7%)
1041	SZAJDA Zofia	2475		30-39 K	108	02:04:19	03:47:52.10	03:50:30.05	+02:30:41 (65.4%)	22:47	2.6 (34.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						6km	10km	10km			
1042	<b>SOKOŁOWSKI Marcin</b>	<b>2472</b>		40-49 M	118	02:03:45	<b>03:47:50.95</b>	<b>03:50:30.10</b>	+02:30:41 (65.4%)	22:47	2.6 (34.7%)
1043	<b>MICHALAK Anna</b>	<b>2448</b>		30-39 K	109	02:04:42	<b>03:47:53.80</b>	<b>03:50:30.75</b>	+02:30:42 (65.4%)	22:47	2.6 (34.7%)
1044	<b>HAŁADYNA Roman</b>	<b>2794</b>		40-49 M	119	01:57:52	<b>03:50:29.65</b>	<b>03:50:30.80</b>	+02:30:42 (65.4%)	23:02	2.6 (34.7%)
1045	<b>CZARNY Tomasz</b>	<b>4636</b>		30-39 M	327	01:54:05	<b>03:50:36.55</b>	<b>03:50:49.25</b>	+02:31:00 (65.4%)	23:03	2.6 (34.7%)
1046	<b>WOŁOSZYŃSKI Juliusz</b>	<b>2990</b>		16-29 M	301	02:02:39	<b>03:47:10.65</b>	<b>03:50:57.65</b>	+02:31:08 (65.4%)	22:43	2.6 (34.7%)
1047	<b>WARSO Aleksandra</b>	<b>2484</b>		16-29 K	99	02:09:37	<b>03:48:23.60</b>	<b>03:50:58.20</b>	+02:31:09 (65.4%)	22:50	2.6 (34.7%)
1048	<b>JASTRZĘBSKI Mateusz</b>	<b>2430</b>		16-29 M	302	02:09:43	<b>03:48:23.65</b>	<b>03:50:59.40</b>	+02:31:10 (65.4%)	22:50	2.6 (34.7%)
1049	<b>SOBOL Paweł</b>	<b>2883</b>		16-29 M	303	02:09:05	<b>03:50:51.15</b>	<b>03:51:05.45</b>	+02:31:16 (65.5%)	23:05	2.6 (34.7%)
1050	<b>POLUS Edyta</b>	<b>3076</b>		16-29 K	100	01:59:01	<b>03:50:54.30</b>	<b>03:51:08.85</b>	+02:31:20 (65.5%)	23:05	2.6 (34.7%)
1051	<b>MYRDA Aneta</b>	<b>2558</b>		30-39 K	110	02:10:13	<b>03:51:07.15</b>	<b>03:51:16.45</b>	+02:31:27 (65.5%)	23:06	2.6 (34.7%)
1052	<b>BOGUSŁAWSKA Katarzyna</b>	<b>2411</b>		30-39 K	111		<b>03:48:49.95</b>	<b>03:51:24.75</b>	+02:31:36 (65.5%)	22:53	2.6 (34.7%)
1053		<b>4665</b>				01:42:52	<b>03:14:12.45</b>	<b>03:51:35.20</b>	+02:31:46 (65.5%)	19:25	3.1 (41.3%)
1054	<b>PANKIEWICZ Krzysztof</b>	<b>2059</b>		30-39 M	328		<b>03:51:32.60</b>	<b>03:51:37.00</b>	+02:31:48 (65.5%)	23:09	2.6 (34.7%)
1055	<b>CHOJNOWSKI Krzysiek</b>	<b>2206</b>		30-39 M	329	02:06:49	<b>03:51:29.40</b>	<b>03:51:54.65</b>	+02:32:05 (65.6%)	23:08	2.6 (34.7%)
1056	<b>KRAWCZYK Paweł</b>	<b>2228</b>		30-39 M	330	02:07:08	<b>03:51:44.30</b>	<b>03:51:54.75</b>	+02:32:06 (65.6%)	23:10	2.6 (34.7%)
1057	<b>TANOUS Dominik</b>	<b>2263</b>		30-39 M	331	02:07:00	<b>03:51:35.05</b>	<b>03:51:55.45</b>	+02:32:06 (65.6%)	23:09	2.6 (34.7%)
1058	<b>KRASKA Piotr</b>	<b>2227</b>		30-39 M	332	02:05:26	<b>03:51:41.70</b>	<b>03:52:04.75</b>	+02:32:16 (65.6%)	23:10	2.6 (34.7%)
1059	<b>BILSKI Paweł</b>	<b>2410</b>		30-39 M	333	02:09:17	<b>03:49:40.35</b>	<b>03:52:15.05</b>	+02:32:26 (65.6%)	22:58	2.6 (34.7%)
1060	<b>BUDZYŃSKI Bartłomiej</b>	<b>2413</b>		30-39 M	334	02:09:16	<b>03:49:41.25</b>	<b>03:52:16.45</b>	+02:32:27 (65.6%)	22:58	2.6 (34.7%)
1061	<b>SIKORA Danielek</b>	<b>2770</b>		16-29 M	304	02:01:57	<b>03:52:47.90</b>	<b>03:52:52.10</b>	+02:33:03 (65.7%)	23:16	2.6 (34.7%)
1062	<b>TOCZEK Aneta</b>	<b>2980</b>		30-39 K	112	02:06:04	<b>03:49:15.95</b>	<b>03:53:05.45</b>	+02:33:16 (65.8%)	22:55	2.6 (34.7%)
1063	<b>CHORZĘPA-NAJDA Iza</b>	<b>2910</b>		30-39 K	113	02:05:57	<b>03:49:16.85</b>	<b>03:53:06.20</b>	+02:33:17 (65.8%)	22:55	2.6 (34.7%)
1064	<b>TOCZEK Bartłomiej</b>	<b>2979</b>		30-39 M	335	02:05:57	<b>03:49:17.00</b>	<b>03:53:06.60</b>	+02:33:17 (65.8%)	22:55	2.6 (34.7%)
1065	<b>KOPACKA Małgorzata</b>	<b>3040</b>		40-49 K	42	01:59:07	<b>03:52:58.45</b>	<b>03:53:12.55</b>	+02:33:23 (65.8%)	23:17	2.6 (34.7%)
1066	<b>ZADKA Małgorzata</b>	<b>3677</b>		40-49 K	43	01:59:08	<b>03:52:58.65</b>	<b>03:53:13.05</b>	+02:33:24 (65.8%)	23:17	2.6 (34.7%)
1067	<b>ZICHIŃSKA Dorota</b>	<b>3022</b>				01:59:08	<b>03:52:58.90</b>	<b>03:53:13.10</b>	+02:33:24 (65.8%)	23:17	2.6 (34.7%)
1068	<b>KOPACKI Tomasz</b>	<b>3041</b>		40-49 M	120	01:59:04	<b>03:53:00.45</b>	<b>03:53:13.65</b>	+02:33:24 (65.8%)	23:18	2.6 (34.7%)
1069	<b>ZIELINSKI Piotr</b>	<b>3082</b>		16-29 M	305	01:59:08	<b>03:53:04.30</b>	<b>03:53:15.50</b>	+02:33:26 (65.8%)	23:18	2.6 (34.7%)
1070	<b>ZADKA Jarosław</b>	<b>3676</b>		50-100+ M	11	01:59:27	<b>03:53:03.25</b>	<b>03:53:16.85</b>	+02:33:28 (65.8%)	23:18	2.6 (34.7%)
1071	<b>JANICKA Aleksandra</b>	<b>2929</b>		30-39 K	114	02:01:24	<b>03:49:50.10</b>	<b>03:53:47.95</b>	+02:33:59 (65.9%)	22:59	2.6 (34.7%)
1072	<b>KACZMARCZYK Bartosz</b>	<b>3219</b>		16-29 M	306	02:05:46	<b>03:53:54.30</b>	<b>03:54:03.90</b>	+02:34:15 (65.9%)	23:23	2.6 (34.7%)
1073	<b>KRZCIUK Paulina</b>	<b>3227</b>		16-29 K	101	02:05:45	<b>03:53:54.10</b>	<b>03:54:04.75</b>	+02:34:16 (65.9%)	23:23	2.6 (34.7%)
1074	<b>KRZCIUK Piotr</b>	<b>3226</b>		16-29 M	307	02:05:44	<b>03:53:54.10</b>	<b>03:54:05.05</b>	+02:34:16 (65.9%)	23:23	2.6 (34.7%)
1075	<b>BIELECKI Paweł</b>	<b>3503</b>		16-29 M	308	01:55:55	<b>03:54:10.45</b>	<b>03:54:16.50</b>	+02:34:27 (65.9%)	23:25	2.6 (34.7%)
1076	<b>ZWETLER Angelika</b>	<b>3581</b>		16-29 K	102	01:55:56	<b>03:54:12.15</b>	<b>03:54:17.50</b>	+02:34:28 (65.9%)	23:25	2.6 (34.7%)
1077	<b>GABRYŚ Mariusz</b>	<b>2010</b>		40-49 M	121	02:12:53	<b>03:54:34.70</b>	<b>03:54:37.70</b>	+02:34:49 (66.0%)	23:27	2.6 (34.7%)
1078	<b>TABORSKI Dawid</b>	<b>3570</b>		16-29 M	309	02:13:20	<b>03:54:54.95</b>	<b>03:55:05.10</b>	+02:35:16 (66.0%)	23:29	2.6 (34.7%)
1079	<b>MARZEC Radosław</b>	<b>3543</b>		30-39 M	336	02:00:04	<b>03:55:02.05</b>	<b>03:55:10.05</b>	+02:35:21 (66.1%)	23:30	2.6 (34.7%)
1080	<b>GRADOŃ Kamila</b>	<b>3517</b>		16-29 K	103	02:00:02	<b>03:55:04.60</b>	<b>03:55:10.90</b>	+02:35:22 (66.1%)	23:30	2.6 (34.7%)
1081	<b>CZEPIEC Alicja</b>	<b>3411</b>		16-29 K	104	02:08:33	<b>03:55:11.30</b>	<b>03:55:17.40</b>	+02:35:28 (66.1%)	23:31	2.6 (34.7%)
1082	<b>WAŚIK Adam Paweł</b>	<b>3364</b>		30-39 M	337	02:05:03	<b>03:55:24.35</b>	<b>03:55:33.20</b>	+02:35:44 (66.1%)	23:32	2.5 (33.3%)
1083	<b>KOŁSUT Marta</b>	<b>3039</b>		30-39 K	115	02:05:04	<b>03:55:31.95</b>	<b>03:55:34.20</b>	+02:35:45 (66.1%)	23:33	2.5 (33.3%)
1084	<b>TARNOWSKI Maciej</b>	<b>3361</b>		16-29 M	310	02:05:03	<b>03:55:25.10</b>	<b>03:55:34.50</b>	+02:35:45 (66.1%)	23:32	2.5 (33.3%)
1085	<b>SZWAGIERCZAK Przemysław</b>	<b>3359</b>		30-39 M	338	02:04:58	<b>03:55:24.20</b>	<b>03:55:34.80</b>	+02:35:46 (66.1%)	23:32	2.5 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
1086	<b>BOREK Anna</b>	<b>4909</b>		30-39 K	116	02:05:03	<b>03:55:32.70</b>	<b>03:55:35.40</b>	+02:35:46 (66.1%)	23:33	2.5 (33.3%)
1087	<b>MĄDRZYCKI Arkadiusz</b>	<b>3633</b>		40-49 M	122	02:07:05	<b>03:55:53.95</b>	<b>03:55:58.80</b>	+02:36:10 (66.2%)	23:35	2.5 (33.3%)
1088	<b>NOWACKA Kinga</b>	<b>3638</b>		40-49 K	44	02:16:29	<b>03:55:53.90</b>	<b>03:55:58.95</b>	+02:36:10 (66.2%)	23:35	2.5 (33.3%)
1089	<b>GREGORCZYK Sylwia</b>	<b>3519</b>		30-39 K	117	02:12:24	<b>03:55:54.15</b>	<b>03:55:59.50</b>	+02:36:10 (66.2%)	23:35	2.5 (33.3%)
1089	<b>GREGORCZYK Krzysztof</b>	<b>3518</b>		30-39 M	339	02:12:36	<b>03:55:52.60</b>	<b>03:55:59.50</b>	+02:36:10 (66.2%)	23:35	2.5 (33.3%)
1091	<b>PASZKOWSKA Katarzyna</b>	<b>3641</b>		40-49 K	45	02:20:20	<b>03:55:54.25</b>	<b>03:55:59.60</b>	+02:36:10 (66.2%)	23:35	2.5 (33.3%)
1092	<b>MĄDRZYCKA Edyta</b>	<b>3632</b>		40-49 K	46	02:07:06	<b>03:55:56.35</b>	<b>03:55:59.75</b>	+02:36:11 (66.2%)	23:35	2.5 (33.3%)
1093	<b>LASKOWSKI Marek</b>	<b>3623</b>		40-49 M	123	02:07:02	<b>03:55:54.40</b>	<b>03:56:00.35</b>	+02:36:11 (66.2%)	23:35	2.5 (33.3%)
1094	<b>NIWIEDZIAŁA Artur</b>	<b>3637</b>		40-49 M	124	02:20:21	<b>03:55:57.30</b>	<b>03:56:00.50</b>	+02:36:11 (66.2%)	23:35	2.5 (33.3%)
1095	<b>SZYMCZAK Anna</b>	<b>3659</b>		30-39 K	118	02:07:00	<b>03:55:54.70</b>	<b>03:56:00.70</b>	+02:36:12 (66.2%)	23:35	2.5 (33.3%)
1096	<b>MISTARZ Maciej</b>	<b>2153</b>		16-29 M	311	02:02:02	<b>03:55:58.45</b>	<b>03:56:04.15</b>	+02:36:15 (66.2%)	23:35	2.5 (33.3%)
1097	<b>JAMIOŁ Agnieszka</b>	<b>2126</b>		16-29 K	105	02:03:24	<b>03:56:00.90</b>	<b>03:56:04.90</b>	+02:36:16 (66.2%)	23:36	2.5 (33.3%)
1098	<b>FRANCZYK Kamil</b>	<b>2116</b>		16-29 M	312	02:01:42	<b>03:56:00.50</b>	<b>03:56:05.50</b>	+02:36:16 (66.2%)	23:36	2.5 (33.3%)
1099	<b>JAMIOŁ Dariusz</b>	<b>2127</b>		50-100+ M	12	02:00:34	<b>03:56:00.85</b>	<b>03:56:06.10</b>	+02:36:17 (66.2%)	23:36	2.5 (33.3%)
1100	<b>FRANCZYK Monika</b>	<b>2117</b>		16-29 K	106	02:01:55	<b>03:56:02.75</b>	<b>03:56:07.25</b>	+02:36:18 (66.2%)	23:36	2.5 (33.3%)
1101	<b>RACIŃSKI Tomasz</b>	<b>2064</b>		16-29 M	313	02:12:33	<b>03:56:05.35</b>	<b>03:56:10.80</b>	+02:36:22 (66.2%)	23:36	2.5 (33.3%)
1102	<b>PRZĄDO Jarosław</b>	<b>3558</b>		40-49 M	125	02:12:39	<b>03:56:04.45</b>	<b>03:56:11.25</b>	+02:36:22 (66.2%)	23:36	2.5 (33.3%)
1103	<b>SZELĄG Olga</b>	<b>3566</b>		40-49 K	47	02:12:57	<b>03:56:05.40</b>	<b>03:56:11.40</b>	+02:36:22 (66.2%)	23:36	2.5 (33.3%)
1104	<b>SMELA Kamil</b>	<b>3176</b>		16-29 M	314	02:16:06	<b>03:56:24.80</b>	<b>03:56:26.70</b>	+02:36:38 (66.2%)	23:38	2.5 (33.3%)
1105	<b>KIEPURA Patryk</b>	<b>2731</b>		16-29 M	315	02:02:44	<b>03:56:26.75</b>	<b>03:56:37.15</b>	+02:36:48 (66.3%)	23:38	2.5 (33.3%)
1106	<b>ZARZYCKI Mariusz</b>	<b>3188</b>		30-39 M	340	02:16:10	<b>03:56:36.55</b>	<b>03:56:38.45</b>	+02:36:49 (66.3%)	23:39	2.5 (33.3%)
1107	<b>CIEPLIK Grzegorz</b>	<b>2004</b>		16-29 M	316	02:04:45	<b>03:56:44.95</b>	<b>03:56:56.20</b>	+02:37:07 (66.3%)	23:40	2.5 (33.3%)
1108	<b>KWIATKOWSKI Krzysztof</b>	<b>2037</b>		16-29 M	317	02:04:44	<b>03:56:44.70</b>	<b>03:56:56.30</b>	+02:37:07 (66.3%)	23:40	2.5 (33.3%)
1109	<b>DRĄG Natalia</b>	<b>2008</b>		16-29 K	107	02:04:46	<b>03:56:45.90</b>	<b>03:56:56.60</b>	+02:37:07 (66.3%)	23:40	2.5 (33.3%)
1110	<b>GIERLIŃSKA Magda</b>	<b>2012</b>		16-29 K	108	02:04:45	<b>03:56:45.25</b>	<b>03:56:56.90</b>	+02:37:08 (66.3%)	23:40	2.5 (33.3%)
1111	<b>CHRZANOWSKI Paweł</b>	<b>2270</b>		30-39 M	341	02:05:08	<b>03:56:50.15</b>	<b>03:57:05.85</b>	+02:37:17 (66.3%)	23:41	2.5 (33.3%)
1112	<b>KOZAK Paulina</b>	<b>3045</b>		16-29 K	109	02:13:06	<b>03:57:01.35</b>	<b>03:57:12.90</b>	+02:37:24 (66.4%)	23:42	2.5 (33.3%)
1113	<b>ADAMUS Justyna</b>	<b>3001</b>		40-49 K	48	02:12:23	<b>03:57:16.80</b>	<b>03:57:21.20</b>	+02:37:32 (66.4%)	23:43	2.5 (33.3%)
1114	<b>JÓZWIAK Anna Maria</b>	<b>2024</b>		30-39 K	119		<b>03:57:17.95</b>	<b>03:57:21.70</b>	+02:37:33 (66.4%)	23:43	2.5 (33.3%)
1115	<b>CZERW Anita</b>	<b>3012</b>		30-39 K	120	02:12:22	<b>03:57:16.40</b>	<b>03:57:22.15</b>	+02:37:33 (66.4%)	23:43	2.5 (33.3%)
1116	<b>ZAJĄC Ula</b>	<b>2992</b>		16-29 K	110	02:10:55	<b>03:53:41.00</b>	<b>03:57:30.60</b>	+02:37:41 (66.4%)	23:22	2.6 (34.7%)
1117	<b>ZAJĄC Karol</b>	<b>2991</b>		30-39 M	342	02:10:54	<b>03:53:42.75</b>	<b>03:57:32.35</b>	+02:37:43 (66.4%)	23:22	2.6 (34.7%)
1118	<b>OŻÓG Mateusz</b>	<b>2367</b>		16-29 M	318	02:01:40	<b>03:57:50.25</b>	<b>03:57:54.70</b>	+02:38:06 (66.5%)	23:47	2.5 (33.3%)
1119	<b>SKOP Magdalena</b>	<b>2385</b>		16-29 K	111	02:10:51	<b>03:57:45.90</b>	<b>03:57:54.80</b>	+02:38:06 (66.5%)	23:46	2.5 (33.3%)
1120	<b>KIDACKA Kaśka</b>	<b>2330</b>		16-29 K	112	02:11:14	<b>03:57:46.50</b>	<b>03:57:54.95</b>	+02:38:06 (66.5%)	23:46	2.5 (33.3%)
1121	<b>KRUPA Sebastian</b>	<b>2343</b>		30-39 M	343	02:11:12	<b>03:57:49.45</b>	<b>03:57:55.30</b>	+02:38:06 (66.5%)	23:47	2.5 (33.3%)
1122	<b>KRUK Leszek</b>	<b>2342</b>		16-29 M	319	02:11:33	<b>03:57:47.35</b>	<b>03:57:55.35</b>	+02:38:06 (66.5%)	23:46	2.5 (33.3%)
1123	<b>SZYMUŚ Paweł</b>	<b>2389</b>		16-29 M	320	02:11:12	<b>03:57:45.60</b>	<b>03:57:55.55</b>	+02:38:06 (66.5%)	23:46	2.5 (33.3%)
1124	<b>PRUCHNIK-KRUPA Karolina</b>	<b>2376</b>		30-39 K	121	02:11:13	<b>03:57:50.40</b>	<b>03:57:55.70</b>	+02:38:07 (66.5%)	23:47	2.5 (33.3%)
1125	<b>GĄGOLEWSKA Anita</b>	<b>2828</b>		16-29 K	113	02:11:25	<b>03:57:47.55</b>	<b>03:57:56.05</b>	+02:38:07 (66.5%)	23:46	2.5 (33.3%)
1126	<b>CHMURA Klaudia</b>	<b>2306</b>		16-29 K	114	02:11:11	<b>03:57:46.85</b>	<b>03:57:56.15</b>	+02:38:07 (66.5%)	23:46	2.5 (33.3%)
1127	<b>PIĄTEK Marcin</b>	<b>2369</b>		16-29 M	321	02:11:34	<b>03:57:51.00</b>	<b>03:57:56.30</b>	+02:38:07 (66.5%)	23:47	2.5 (33.3%)
1128	<b>ŁYCIUK Daniel</b>	<b>2350</b>		30-39 M	344	02:11:24	<b>03:57:45.80</b>	<b>03:57:56.60</b>	+02:38:07 (66.5%)	23:46	2.5 (33.3%)
1129	<b>KOPACKA Kamilla</b>	<b>2735</b>		30-39 K	122	01:53:42	<b>03:58:40.65</b>	<b>03:58:42.70</b>	+02:38:54 (66.6%)	23:52	2.5 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
1130	WILK Damian	2486		16-29 M	322	02:06:20	03:56:11.60	03:58:51.70	+02:39:03 (66.6%)	23:37	2.5 (33.3%)
1131	BOLESTA Martyna	2303		30-39 K	123	01:59:50	03:59:00.05	03:59:07.50	+02:39:18 (66.6%)	23:54	2.5 (33.3%)
1132	RZYMOWSKA Agnieszka	2966		30-39 K	124	02:06:07	03:55:38.55	03:59:24.50	+02:39:35 (66.7%)	23:33	2.5 (33.3%)
1133	MEBENGA Asia	2949		30-39 K	125	02:00:40	03:55:30.40	03:59:26.55	+02:39:37 (66.7%)	23:33	2.5 (33.3%)
1134	GÓRNA Aleksandra	2927		30-39 K	126	02:01:23	03:55:29.65	03:59:26.95	+02:39:38 (66.7%)	23:32	2.5 (33.3%)
1135	SYGUŁA Paweł	2971		40-49 M	126	02:00:34	03:55:30.05	03:59:27.00	+02:39:38 (66.7%)	23:33	2.5 (33.3%)
1136	ZIĄBKA Jakub	2994		30-39 M	345	02:00:42	03:55:34.55	03:59:29.10	+02:39:40 (66.7%)	23:33	2.5 (33.3%)
1137	OŁDAKOWSKI Maciej	2959		30-39 M	346	02:01:24	03:55:33.05	03:59:30.40	+02:39:41 (66.7%)	23:33	2.5 (33.3%)
1138	BRZEZIŃSKI Adrian	2305		30-39 M	347		03:59:30.75	03:59:30.75	+02:39:42 (66.7%)	23:57	2.5 (33.3%)
1139	NAPIÓRKOWSKI Michał	2956		40-49 M	127	02:02:20	03:55:38.35	03:59:31.05	+02:39:42 (66.7%)	23:33	2.5 (33.3%)
1140	ŚLIŻ Roman	2932		30-39 M	348	02:02:22	03:55:39.05	03:59:31.55	+02:39:42 (66.7%)	23:33	2.5 (33.3%)
1141	KROL Mariusz	2853		40-49 M	128	02:02:25	03:55:40.50	03:59:32.85	+02:39:44 (66.7%)	23:34	2.5 (33.3%)
1142	NAPIÓRKOWSKA Ingrid	2955		40-49 K	49	02:02:14	03:55:37.40	03:59:33.40	+02:39:44 (66.7%)	23:33	2.5 (33.3%)
1143	OKOŃSKI Bartosz	2933		30-39 M	349	02:02:21	03:55:42.05	03:59:34.10	+02:39:45 (66.7%)	23:34	2.5 (33.3%)
1144	SERKIES Magdalena	2967		30-39 K	127	02:01:25	03:55:37.00	03:59:34.60	+02:39:45 (66.7%)	23:33	2.5 (33.3%)
1145	SZCZEŚNIAK Katarzyna	2975		30-39 K	128	02:01:28	03:55:42.10	03:59:36.90	+02:39:48 (66.7%)	23:34	2.5 (33.3%)
1146	SYGUŁA Ewa	2970		40-49 K	50	02:00:40	03:55:41.75	03:59:38.40	+02:39:49 (66.7%)	23:34	2.5 (33.3%)
1147	KONATOWSKA Joanna	2936		40-49 K	51	02:02:21	03:55:47.00	03:59:38.55	+02:39:49 (66.7%)	23:34	2.5 (33.3%)
1148	FRANCZAK Karolina	2922		16-29 K	115	02:02:20	03:55:46.60	03:59:39.10	+02:39:50 (66.7%)	23:34	2.5 (33.3%)
1149	ŚWIDURSKI Piotr	2184		16-29 M	323	02:14:13	03:59:46.00	03:59:55.85	+02:40:07 (66.7%)	23:58	2.5 (33.3%)
1150	WĘGIEL Monika	2189		16-29 K	116	02:14:13	03:59:44.95	03:59:56.45	+02:40:07 (66.7%)	23:58	2.5 (33.3%)
1151	DRANIKOW Ewa	2110		16-29 K	117	02:11:32	03:59:12.15	04:00:00.65	+02:40:11 (66.7%)	23:55	2.5 (33.3%)
1151	DRANIKOW Marta	2111		16-29 K	117	02:11:34	03:59:13.95	04:00:00.65	+02:40:11 (66.7%)	23:55	2.5 (33.3%)
1153	BEREST Elżbieta	2406		16-29 K	119	02:07:33	03:57:27.15	04:00:03.20	+02:40:14 (66.8%)	23:44	2.5 (33.3%)
1154	GACZKOWSKI Adam	2425		16-29 M	324	02:07:34	03:57:27.55	04:00:03.65	+02:40:14 (66.8%)	23:44	2.5 (33.3%)
1155	WŁODARCZYK Michał	2987		16-29 M	325	02:13:45	03:59:55.70	04:00:06.50	+02:40:17 (66.8%)	23:59	2.5 (33.3%)
1156	SIKORA Maciej	2968		16-29 M	326	02:13:43	03:59:56.80	04:00:07.40	+02:40:18 (66.8%)	23:59	2.5 (33.3%)
1157	KUJAWSKI Janusz	2637		30-39 M	350	02:12:54	04:00:22.50	04:00:38.80	+02:40:50 (66.8%)	24:02	2.5 (33.3%)
1158	MICHALAK Mikołaj	2652		16-29 M	327	02:12:58	04:00:23.75	04:00:40.25	+02:40:51 (66.8%)	24:02	2.5 (33.3%)
1159	PAŁAC Małgorzata	2657		50-100+ K	5	02:12:42	04:01:23.30	04:01:37.45	+02:41:48 (67.0%)	24:08	2.5 (33.3%)
1160	PAŁAC-KĄDZIOŁKA Katarzyna	2162		30-39 K	129	02:13:10	04:01:25.25	04:01:37.80	+02:41:49 (67.0%)	24:08	2.5 (33.3%)
1161	PAŁAC-MALIK Agnieszka	2750		30-39 K	130	02:13:19	04:01:24.90	04:01:38.30	+02:41:49 (67.0%)	24:08	2.5 (33.3%)
1162	PAŁAC Sara	2658		16-29 K	120	02:13:07	04:01:23.55	04:01:38.85	+02:41:50 (67.0%)	24:08	2.5 (33.3%)
1163	JANIK Krzysztof	2219		40-49 M	129	02:12:45	04:01:28.05	04:01:40.70	+02:41:52 (67.0%)	24:08	2.5 (33.3%)
1164	NIEWIADOMSKA Ewelina	2747		40-49 K	52	02:12:40	04:01:24.10	04:01:42.25	+02:41:53 (67.0%)	24:08	2.5 (33.3%)
1165	SZAFRAŃSKA Anna	2680	TEAM DORIS KRAKÓW	40-49 K	53	02:13:09	04:01:36.55	04:01:43.40	+02:41:54 (67.0%)	24:09	2.5 (33.3%)
1166	RĄGOWSKA Aleksandra	2666		16-29 K	121	02:13:07	04:01:37.95	04:01:44.95	+02:41:56 (67.0%)	24:09	2.5 (33.3%)
1167	JAKUBIEC Izabela	2521		30-39 K	131	02:16:57	04:02:01.10	04:02:09.50	+02:42:20 (67.0%)	24:12	2.5 (33.3%)
1168	STEPNOWSKI Łukasz	2578		30-39 M	351	02:16:34	04:02:04.25	04:02:11.15	+02:42:22 (67.0%)	24:12	2.5 (33.3%)
1169	KMIECIK Bartosz	2935		16-29 M	328	01:57:44	03:58:45.10	04:02:33.65	+02:42:44 (67.1%)	23:52	2.5 (33.3%)
1170	KORNATA Damian	3329		30-39 M	352	02:17:01	04:02:34.40	04:02:37.20	+02:42:48 (67.1%)	24:15	2.5 (33.3%)
1170	KASPRZAK Agnieszka	3327		16-29 K	122	02:17:01	04:02:34.50	04:02:37.20	+02:42:48 (67.1%)	24:15	2.5 (33.3%)
1172	DEREŃ Katarzyna	2512		30-39 K	132	02:16:01	04:02:49.60	04:02:52.10	+02:43:03 (67.1%)	24:17	2.5 (33.3%)
1173	RADY Konrad	2463		16-29 M	329	02:01:59	04:00:21.35	04:02:54.95	+02:43:06 (67.1%)	24:02	2.5 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
1174	<b>DEREŃ Maciej</b>	<b>2511</b>		30-39 M	353	02:16:06	<b>04:02:52.55</b>	<b>04:02:55.20</b>	+02:43:06 (67.1%)	24:17	2.5 (33.3%)
1175	<b>FIJAŁKOWSKI Kamil</b>	<b>2423</b>		16-29 M	330	02:02:09	<b>04:00:23.05</b>	<b>04:02:56.85</b>	+02:43:08 (67.1%)	24:02	2.5 (33.3%)
1176	<b>FELIS Joanna</b>	<b>2613</b>		30-39 K	133	02:13:06	<b>04:03:24.85</b>	<b>04:03:32.30</b>	+02:43:43 (67.2%)	24:20	2.5 (33.3%)
1177	<b>KUJAWA Monika</b>	<b>2345</b>		30-39 K	134	02:18:44	<b>04:05:16.45</b>	<b>04:05:20.05</b>	+02:45:31 (67.5%)	24:31	2.4 (32.0%)
1178	<b>KUJAWA Anna</b>	<b>2344</b>		16-29 K	123	02:18:43	<b>04:05:16.95</b>	<b>04:05:20.25</b>	+02:45:31 (67.5%)	24:31	2.4 (32.0%)
1179	<b>BURZYŃSKA Natalia</b>	<b>2810</b>		16-29 K	124	02:18:44	<b>04:05:17.10</b>	<b>04:05:21.00</b>	+02:45:32 (67.5%)	24:31	2.4 (32.0%)
1180	<b>GARCZEWSKA Natalia</b>	<b>2925</b>		16-29 K	125	02:19:14	<b>04:01:55.70</b>	<b>04:05:42.70</b>	+02:45:54 (67.5%)	24:11	2.5 (33.3%)
1180	<b>GARCZEWSKI Krzysztof</b>	<b>2926</b>		40-49 M	130	02:19:17	<b>04:01:55.65</b>	<b>04:05:42.70</b>	+02:45:54 (67.5%)	24:11	2.5 (33.3%)
1182	<b>BACHORSKI Adrian</b>	<b>2200</b>		30-39 M	354	02:14:05	<b>04:06:46.80</b>	<b>04:06:59.30</b>	+02:47:10 (67.7%)	24:40	2.4 (32.0%)
1183	<b>DYNA Paulina</b>	<b>2612</b>		30-39 K	135	02:03:31	<b>04:07:06.30</b>	<b>04:07:13.90</b>	+02:47:25 (67.7%)	24:42	2.4 (32.0%)
1184	<b>DUDEK Lukasz</b>	<b>2611</b>		30-39 M	355	02:03:39	<b>04:07:06.45</b>	<b>04:07:14.20</b>	+02:47:25 (67.7%)	24:42	2.4 (32.0%)
1185	<b>SODOWSKI Maciej</b>	<b>2178</b>		30-39 M	356	02:03:30	<b>04:07:06.35</b>	<b>04:07:14.30</b>	+02:47:25 (67.7%)	24:42	2.4 (32.0%)
1186	<b>KUZIA Kamil</b>	<b>2640</b>		16-29 M	331	02:03:30	<b>04:07:05.70</b>	<b>04:07:14.35</b>	+02:47:25 (67.7%)	24:42	2.4 (32.0%)
1187	<b>HORZELA Dawid</b>	<b>2618</b>		16-29 M	332	02:03:42	<b>04:07:07.65</b>	<b>04:07:14.50</b>	+02:47:25 (67.7%)	24:42	2.4 (32.0%)
1188	<b>SOKÓŁ Anna</b>	<b>2675</b>		30-39 K	136	02:03:35	<b>04:07:05.75</b>	<b>04:07:14.80</b>	+02:47:26 (67.7%)	24:42	2.4 (32.0%)
1188	<b>SODOWSKA Danusia</b>	<b>2177</b>		16-29 K	126	02:03:31	<b>04:07:08.55</b>	<b>04:07:14.80</b>	+02:47:26 (67.7%)	24:42	2.4 (32.0%)
1190	<b>URBAN Jarek</b>	<b>2686</b>		16-29 M	333	02:03:53	<b>04:07:07.50</b>	<b>04:07:14.95</b>	+02:47:26 (67.7%)	24:42	2.4 (32.0%)
1191	<b>MICHALCZYK Wiktor</b>	<b>3336</b>		16-29 M	334	02:14:00	<b>04:07:04.50</b>	<b>04:07:15.30</b>	+02:47:26 (67.7%)	24:42	2.4 (32.0%)
1192	<b>SOBCZYK Sabina</b>	<b>3463</b>		30-39 K	137	02:08:17	<b>04:07:18.85</b>	<b>04:07:23.90</b>	+02:47:35 (67.7%)	24:43	2.4 (32.0%)
1193	<b>WĄSAK Waldemar</b>	<b>2624</b>		30-39 M	357	02:08:51	<b>04:07:16.50</b>	<b>04:07:24.50</b>	+02:47:35 (67.7%)	24:43	2.4 (32.0%)
1194	<b>WĘGIEL Zuzanna</b>	<b>2190</b>		16-29 K	127	02:16:53	<b>04:07:12.30</b>	<b>04:07:24.65</b>	+02:47:35 (67.7%)	24:43	2.4 (32.0%)
1195	<b>ZAPART Mateusz</b>	<b>3580</b>		16-29 M	335	02:08:32	<b>04:07:21.85</b>	<b>04:07:25.45</b>	+02:47:36 (67.7%)	24:44	2.4 (32.0%)
1196	<b>PAWELEC Aleksandra</b>	<b>3721</b>		16-29 K	128	02:08:34	<b>04:07:19.85</b>	<b>04:07:26.25</b>	+02:47:37 (67.7%)	24:44	2.4 (32.0%)
1197	<b>KWIATKOWSKI Marek</b>	<b>2234</b>		50-100+ M	13	02:13:59	<b>04:07:30.15</b>	<b>04:07:40.90</b>	+02:47:52 (67.8%)	24:45	2.4 (32.0%)
1198	<b>STĘPIEŃ Agnieszka</b>	<b>2259</b>		30-39 K	138	02:13:59	<b>04:07:29.65</b>	<b>04:07:41.30</b>	+02:47:52 (67.8%)	24:45	2.4 (32.0%)
1199	<b>STOIKE Sylwia</b>	<b>3270</b>		40-49 K	54	02:02:46	<b>04:08:09.25</b>	<b>04:08:15.65</b>	+02:48:26 (67.9%)	24:48	2.4 (32.0%)
1200	<b>GRZYWACZ Monika</b>	<b>3520</b>		40-49 K	55	02:03:27	<b>04:08:10.25</b>	<b>04:08:16.05</b>	+02:48:27 (67.9%)	24:49	2.4 (32.0%)
1201	<b>STOIKE Ryszard</b>	<b>3269</b>		40-49 M	131	02:03:19	<b>04:08:09.65</b>	<b>04:08:16.50</b>	+02:48:27 (67.9%)	24:49	2.4 (32.0%)
1202	<b>BEDNARZ Mateusz</b>	<b>3401</b>		16-29 M	336	02:04:39	<b>04:08:32.10</b>	<b>04:08:43.30</b>	+02:48:54 (67.9%)	24:51	2.4 (32.0%)
1203	<b>PLACHA Adrian</b>	<b>3451</b>		30-39 M	358	02:04:37	<b>04:08:31.30</b>	<b>04:08:43.40</b>	+02:48:54 (67.9%)	24:51	2.4 (32.0%)
1204	<b>OSTROWSKI Mateusz</b>	<b>3446</b>		16-29 M	337	02:04:43	<b>04:08:34.65</b>	<b>04:08:44.60</b>	+02:48:55 (67.9%)	24:51	2.4 (32.0%)
1205	<b>BALCER Marta</b>	<b>3400</b>		16-29 K	129	02:04:41	<b>04:08:33.75</b>	<b>04:08:45.00</b>	+02:48:56 (67.9%)	24:51	2.4 (32.0%)
1206	<b>PROKOPIUK Błażej</b>	<b>3251</b>		40-49 M	132	02:03:02	<b>04:08:45.55</b>	<b>04:08:45.55</b>	+02:48:56 (67.9%)	24:52	2.4 (32.0%)
1207	<b>KNAPIK Justyna</b>	<b>3533</b>		30-39 K	139	02:16:03	<b>04:08:40.00</b>	<b>04:08:51.45</b>	+02:49:02 (67.9%)	24:52	2.4 (32.0%)
1208	<b>KNAPIK Katarzyna</b>	<b>2431</b>		30-39 K	140	02:15:57	<b>04:08:38.85</b>	<b>04:08:51.50</b>	+02:49:02 (67.9%)	24:51	2.4 (32.0%)
1209	<b>SZCZEŚNIAK Przemysław</b>	<b>2476</b>		16-29 M	338	02:02:11	<b>04:06:24.65</b>	<b>04:08:58.05</b>	+02:49:09 (67.9%)	24:38	2.4 (32.0%)
1210	<b>ZIELINSKA Estera</b>	<b>2495</b>		16-29 K	130	02:02:11	<b>04:06:25.35</b>	<b>04:08:58.10</b>	+02:49:09 (67.9%)	24:38	2.4 (32.0%)
1211	<b>MATYSIAK Sławomir</b>	<b>2651</b>		30-39 M	359	02:15:58	<b>04:08:44.30</b>	<b>04:08:59.70</b>	+02:49:11 (67.9%)	24:52	2.4 (32.0%)
1212	<b>DMITROWSKI Grzegorz</b>	<b>2918</b>		40-49 M	133	02:13:35	<b>04:05:14.95</b>	<b>04:08:59.95</b>	+02:49:11 (67.9%)	24:31	2.4 (32.0%)
1213	<b>TABIN-DZIKI Dorota</b>	<b>2978</b>		40-49 K	56	02:13:30	<b>04:05:15.10</b>	<b>04:09:00.20</b>	+02:49:11 (67.9%)	24:31	2.4 (32.0%)
1214	<b>JĘDRYKA Anna</b>	<b>2620</b>		16-29 K	131	02:16:01	<b>04:08:46.55</b>	<b>04:09:00.40</b>	+02:49:11 (67.9%)	24:52	2.4 (32.0%)
1214	<b>ROMAŃSKI Łukasz</b>	<b>2668</b>		30-39 M	360	02:16:13	<b>04:08:46.20</b>	<b>04:09:00.40</b>	+02:49:11 (67.9%)	24:52	2.4 (32.0%)
1216	<b>MIREK Tomasz</b>	<b>2952</b>		40-49 M	134	02:13:31	<b>04:05:12.85</b>	<b>04:09:00.80</b>	+02:49:12 (67.9%)	24:31	2.4 (32.0%)
1217	<b>DZIKI Adam</b>	<b>2920</b>		50-100+ M	14	02:13:27	<b>04:05:14.30</b>	<b>04:09:01.30</b>	+02:49:12 (67.9%)	24:31	2.4 (32.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
1218	<b>LICHOTA Paweł</b>	<b>2643</b>		30-39 M	361	02:16:04	<b>04:08:46.55</b>	<b>04:09:01.55</b>	+02:49:12 (68.0%)	24:52	2.4 (32.0%)
1219	<b>DMITROWSKA Iwona</b>	<b>2917</b>		40-49 K	57	02:13:34	<b>04:05:15.60</b>	<b>04:09:01.85</b>	+02:49:13 (68.0%)	24:31	2.4 (32.0%)
1220	<b>CIĄGŁO Danuta</b>	<b>2911</b>		30-39 K	141	02:13:31	<b>04:05:17.45</b>	<b>04:09:02.05</b>	+02:49:13 (68.0%)	24:31	2.4 (32.0%)
1221	<b>LIPERT Jolanta</b>	<b>2942</b>		40-49 K	58	02:13:30	<b>04:05:14.50</b>	<b>04:09:02.15</b>	+02:49:13 (68.0%)	24:31	2.4 (32.0%)
1222	<b>MIREK Monika</b>	<b>2951</b>		40-49 K	59	02:13:31	<b>04:05:16.60</b>	<b>04:09:03.65</b>	+02:49:14 (68.0%)	24:31	2.4 (32.0%)
1223	<b>CZECH Aleksandra</b>	<b>2913</b>		40-49 K	60	02:13:46	<b>04:05:15.25</b>	<b>04:09:03.75</b>	+02:49:15 (68.0%)	24:31	2.4 (32.0%)
1224	<b>CZECH Jacek</b>	<b>2912</b>		40-49 M	135	02:13:41	<b>04:05:17.95</b>	<b>04:09:06.20</b>	+02:49:17 (68.0%)	24:31	2.4 (32.0%)
1225	<b>TABIN Marek</b>	<b>2977</b>		40-49 M	136	02:13:35	<b>04:05:18.35</b>	<b>04:09:06.30</b>	+02:49:17 (68.0%)	24:31	2.4 (32.0%)
1226	<b>BAJ Tomasz</b>	<b>2902</b>		30-39 M	362	02:16:22	<b>04:05:23.30</b>	<b>04:09:08.45</b>	+02:49:19 (68.0%)	24:32	2.4 (32.0%)
1227	<b>SZYMAŃSKI Marcin</b>	<b>2976</b>		16-29 M	339	02:13:44	<b>04:05:19.90</b>	<b>04:09:09.90</b>	+02:49:21 (68.0%)	24:31	2.4 (32.0%)
1228	<b>KWIATKOWSKA Daria</b>	<b>2233</b>		16-29 K	132	02:14:08	<b>04:09:10.55</b>	<b>04:09:21.60</b>	+02:49:32 (68.0%)	24:55	2.4 (32.0%)
1229	<b>KUPIS Agnieszka</b>	<b>2738</b>		30-39 K	142	02:16:06	<b>04:09:43.65</b>	<b>04:09:51.10</b>	+02:50:02 (68.1%)	24:58	2.4 (32.0%)
1230	<b>RAJCH Weronika</b>	<b>2567</b>		16-29 K	133	02:14:15	<b>04:07:20.10</b>	<b>04:09:52.50</b>	+02:50:03 (68.1%)	24:44	2.4 (32.0%)
1231	<b>WÓJCIK Ania</b>	<b>2593</b>		16-29 K	134	02:14:13	<b>04:07:20.25</b>	<b>04:09:52.70</b>	+02:50:04 (68.1%)	24:44	2.4 (32.0%)
1232	<b>PORADA Joanna</b>	<b>2758</b>		16-29 K	135	02:15:58	<b>04:09:53.80</b>	<b>04:10:01.65</b>	+02:50:12 (68.1%)	24:59	2.4 (32.0%)
1233	<b>PUK Paweł</b>	<b>2761</b>		16-29 M	340	02:15:59	<b>04:09:54.20</b>	<b>04:10:01.90</b>	+02:50:13 (68.1%)	24:59	2.4 (32.0%)
1234	<b>ROJEK Dominik</b>	<b>2569</b>		16-29 M	341	02:16:33	<b>04:09:58.45</b>	<b>04:10:02.75</b>	+02:50:14 (68.1%)	24:59	2.4 (32.0%)
1235	<b>ROJEK Kamila</b>	<b>2570</b>		16-29 K	136	02:16:33	<b>04:09:59.00</b>	<b>04:10:03.40</b>	+02:50:14 (68.1%)	24:59	2.4 (32.0%)
1236	<b>LITWINIUK Natalia</b>	<b>2644</b>		30-39 K	143	02:20:37	<b>04:10:01.60</b>	<b>04:10:04.95</b>	+02:50:16 (68.1%)	25:00	2.4 (32.0%)
1237	<b>GRABOWSKA Sylwia</b>	<b>2120</b>		30-39 K	144	02:20:37	<b>04:10:01.85</b>	<b>04:10:05.50</b>	+02:50:16 (68.1%)	25:00	2.4 (32.0%)
1238	<b>SYLWESTRZAK Damian</b>	<b>2972</b>		16-29 M	342		<b>04:10:24.55</b>	<b>04:10:24.55</b>	+02:50:35 (68.1%)	25:02	2.4 (32.0%)
1239	<b>DANILUK Agata</b>	<b>2420</b>		16-29 K	137	02:16:39	<b>04:11:02.45</b>	<b>04:11:08.65</b>	+02:51:19 (68.2%)	25:06	2.4 (32.0%)
1240	<b>WASIAK Rafał</b>	<b>2485</b>		16-29 M	343	02:16:40	<b>04:11:03.25</b>	<b>04:11:08.80</b>	+02:51:20 (68.2%)	25:06	2.4 (32.0%)
1241	<b>MLECZEK Marzena</b>	<b>2359</b>		16-29 K	138	02:14:31	<b>04:11:09.30</b>	<b>04:11:18.40</b>	+02:51:29 (68.2%)	25:06	2.4 (32.0%)
1242	<b>LENIK Anna</b>	<b>2348</b>		16-29 K	139	02:14:31	<b>04:11:09.15</b>	<b>04:11:18.45</b>	+02:51:29 (68.2%)	25:06	2.4 (32.0%)
1243	<b>WIDEŁKA Agata</b>	<b>2391</b>		16-29 K	140	02:14:31	<b>04:11:08.80</b>	<b>04:11:18.70</b>	+02:51:30 (68.2%)	25:06	2.4 (32.0%)
1244	<b>RUGIEŃ Dorota</b>	<b>2669</b>		30-39 K	145	02:15:30	<b>04:11:14.10</b>	<b>04:11:19.50</b>	+02:51:30 (68.2%)	25:07	2.4 (32.0%)
1245	<b>SOBOL Sylwia</b>	<b>2882</b>		16-29 K	141	02:16:42	<b>04:11:32.00</b>	<b>04:11:45.40</b>	+02:51:56 (68.3%)	25:09	2.4 (32.0%)
1246	<b>JURCZYŃSKI Piotr</b>	<b>2843</b>		30-39 M	363	02:12:35	<b>04:12:01.30</b>	<b>04:12:09.90</b>	+02:52:21 (68.3%)	25:12	2.4 (32.0%)
1247	<b>JURCZYŃSKA Monika</b>	<b>2842</b>		30-39 K	146	02:12:35	<b>04:12:01.80</b>	<b>04:12:10.85</b>	+02:52:22 (68.4%)	25:12	2.4 (32.0%)
1248	<b>JURCZYŃSKI Bożena</b>	<b>2844</b>		50-100+ K	6	02:12:37	<b>04:12:06.60</b>	<b>04:12:12.40</b>	+02:52:23 (68.4%)	25:12	2.4 (32.0%)
1249	<b>JUS Gracjan</b>	<b>2845</b>		40-49 M	137	02:12:34	<b>04:12:04.70</b>	<b>04:12:13.50</b>	+02:52:24 (68.4%)	25:12	2.4 (32.0%)
1250	<b>FARACIK Andrzej</b>	<b>3016</b>		30-39 M	364	02:32:02	<b>04:12:52.80</b>	<b>04:12:58.65</b>	+02:53:09 (68.5%)	25:17	2.4 (32.0%)
1251	<b>MUCHA Grzegorz</b>	<b>3065</b>		40-49 M	138	02:16:55	<b>04:12:53.45</b>	<b>04:12:59.30</b>	+02:53:10 (68.5%)	25:17	2.4 (32.0%)
1252	<b>STACHLEWSKA Joanna</b>	<b>2179</b>		16-29 K	142	02:14:45	<b>04:13:02.50</b>	<b>04:13:13.10</b>	+02:53:24 (68.5%)	25:18	2.4 (32.0%)
1252	<b>STACHLEWSKI Łukasz</b>	<b>2180</b>		16-29 M	344	02:14:45	<b>04:13:02.95</b>	<b>04:13:13.10</b>	+02:53:24 (68.5%)	25:18	2.4 (32.0%)
1254	<b>LEWANDOWSKA Malwina</b>	<b>3626</b>		30-39 K	147	02:20:17	<b>04:13:14.45</b>	<b>04:13:19.50</b>	+02:53:30 (68.5%)	25:19	2.4 (32.0%)
1255	<b>LEWANDOWSKA Edyta</b>	<b>3627</b>		30-39 K	148	02:20:13	<b>04:13:15.55</b>	<b>04:13:20.75</b>	+02:53:32 (68.5%)	25:19	2.4 (32.0%)
1256	<b>BILON-MOLENDA Alicja</b>	<b>3602</b>		30-39 K	149	02:24:06	<b>04:13:27.60</b>	<b>04:13:31.85</b>	+02:53:43 (68.5%)	25:20	2.4 (32.0%)
1257	<b>ZAPALA Aldona</b>	<b>2595</b>		30-39 K	150	02:15:15	<b>04:10:59.20</b>	<b>04:13:32.80</b>	+02:53:44 (68.5%)	25:05	2.4 (32.0%)
1258	<b>KOZERA Joanna</b>	<b>2541</b>		30-39 K	151	02:15:10	<b>04:11:00.35</b>	<b>04:13:33.45</b>	+02:53:44 (68.5%)	25:06	2.4 (32.0%)
1259	<b>MUCHA Joanna</b>	<b>3064</b>		30-39 K	152	02:32:43	<b>04:13:36.35</b>	<b>04:13:36.35</b>	+02:53:47 (68.5%)	25:21	2.4 (32.0%)
1260	<b>KRAWCZYK Jagoda</b>	<b>2436</b>		16-29 K	143	02:13:15	<b>04:11:05.15</b>	<b>04:13:36.90</b>	+02:53:48 (68.5%)	25:06	2.4 (32.0%)
1261	<b>BARTYZEL Sebastian</b>	<b>2405</b>		16-29 M	345	02:13:15	<b>04:11:05.40</b>	<b>04:13:37.35</b>	+02:53:48 (68.5%)	25:06	2.4 (32.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
1262	LEWANDOWSKA Joanna	3625		30-39 K	153	02:24:06	04:13:41.80	04:13:45.90	+02:53:57 (68.5%)	25:22	2.4 (32.0%)
1263	LIS Anna	3628		40-49 K	61	02:17:34	04:13:45.35	04:13:54.05	+02:54:05 (68.6%)	25:22	2.4 (32.0%)
1264	GRACZYK Mateusz	3610		16-29 M	346	02:17:30	04:13:57.40	04:14:01.90	+02:54:13 (68.6%)	25:23	2.4 (32.0%)
1265	ANTKOWIAK Artur	3601		30-39 M	365	02:17:29	04:13:54.80	04:14:02.00	+02:54:13 (68.6%)	25:23	2.4 (32.0%)
1266	STROMCZYNSKI Szymon	3656		30-39 M	366	02:17:22	04:13:58.45	04:14:05.80	+02:54:17 (68.6%)	25:23	2.4 (32.0%)
1267	PUSTELNY Marta	2378		16-29 K	144	02:23:42	04:14:22.50	04:14:27.95	+02:54:39 (68.6%)	25:26	2.4 (32.0%)
1268	MARYSHCHENKO Oleksii	2356		16-29 M	347	02:23:38	04:14:22.70	04:14:28.25	+02:54:39 (68.6%)	25:26	2.4 (32.0%)
1269	KASPRZAK Jerzy	2622		16-29 M	348	02:21:18	04:14:08.15	04:14:28.50	+02:54:39 (68.6%)	25:24	2.4 (32.0%)
1270	KASPRZAK Patryk	2623		16-29 M	349	02:21:14	04:14:15.90	04:14:35.05	+02:54:46 (68.7%)	25:25	2.4 (32.0%)
1271	PATUREJ Tomasz	2683		16-29 M	350	02:21:14	04:14:13.20	04:14:35.35	+02:54:46 (68.7%)	25:25	2.4 (32.0%)
1272	SOŁTYSIAK Maciej	2676		16-29 M	351	02:21:05	04:14:16.95	04:14:40.35	+02:54:51 (68.7%)	25:25	2.4 (32.0%)
1273	ŁOSOŚ Patryk	3629		16-29 M	352	02:23:12	04:14:45.15	04:14:48.05	+02:54:59 (68.7%)	25:28	2.4 (32.0%)
1274	FARACIK Ewelina	3015		30-39 K	154	02:32:08	04:14:50.00	04:14:53.70	+02:55:05 (68.7%)	25:29	2.4 (32.0%)
1275	KONIECZNY Tomasz	4734		30-39 M	367	02:20:28	04:14:33.30	04:14:53.80	+02:55:05 (68.7%)	25:27	2.4 (32.0%)
1276	KUŚ Bartłomiej	2857		30-39 M	368	02:12:33	04:15:41.20	04:15:49.65	+02:56:00 (68.8%)	25:34	2.3 (30.7%)
1277	HORĘZGA Dorota	3521		16-29 K	145	02:20:17	04:16:21.55	04:16:22.85	+02:56:34 (68.9%)	25:38	2.3 (30.7%)
1278	SZCZEPAŃSKI Marcin	2260		30-39 M	369	02:19:24	04:16:22.10	04:16:23.50	+02:56:34 (68.9%)	25:38	2.3 (30.7%)
1279	MUCHA Robert	2239		40-49 M	139	02:19:44	04:16:25.35	04:16:26.75	+02:56:38 (68.9%)	25:38	2.3 (30.7%)
1280	GRANAT Karol	108		16-29 M	353	02:08:37	04:16:28.85	04:16:31.70	+02:56:43 (68.9%)	25:38	2.3 (30.7%)
1281	TUSZYŃSKI Zygmunt	4729		16-29 M	354	02:32:56	04:16:46.40	04:17:15.20	+02:57:26 (69.0%)	25:40	2.3 (30.7%)
1282	BIELENDA Filip	2803		30-39 M	370	02:22:35	04:17:42.90	04:17:55.55	+02:58:06 (69.1%)	25:46	2.3 (30.7%)
1283	BIELENDA Kamil	2802		16-29 M	355	02:14:02	04:18:00.45	04:18:11.75	+02:58:23 (69.1%)	25:48	2.3 (30.7%)
1284	KAMIŃSKI Arkadiusz	2848		30-39 M	371	02:18:49	04:19:23.90	04:19:33.60	+02:59:44 (69.3%)	25:56	2.3 (30.7%)
1285	KAMIŃSKA Maja	2847		30-39 K	155	02:18:50	04:19:25.45	04:19:35.25	+02:59:46 (69.3%)	25:56	2.3 (30.7%)
1286	WOŹNIAKOWSKA Julia	3479		16-29 K	146	02:07:04	04:20:08.90	04:20:10.35	+03:00:21 (69.3%)	26:00	2.3 (30.7%)
1287	DEJ Łukasz	3413		16-29 M	356	02:07:02	04:20:08.20	04:20:10.50	+03:00:21 (69.3%)	26:00	2.3 (30.7%)
1288	PŁOMIŃSKI Dariusz	2876		16-29 M	357	02:21:02	04:20:42.95	04:20:55.40	+03:01:06 (69.4%)	26:04	2.3 (30.7%)
1289	JEZIERSKA-KISIEL Dominika	2838		16-29 K	147	02:21:03	04:20:42.70	04:20:55.65	+03:01:06 (69.4%)	26:04	2.3 (30.7%)
1290	LIB Piotr	2860		30-39 M	372	02:14:00	04:21:25.50	04:21:37.00	+03:01:48 (69.5%)	26:08	2.3 (30.7%)
1291	LIB Marcin	2861		30-39 M	373	02:14:07	04:21:28.00	04:21:37.20	+03:01:48 (69.5%)	26:08	2.3 (30.7%)
1292	MOLSKA Milena	4755		30-39 K	156	02:16:14	04:21:28.20	04:21:38.00	+03:01:49 (69.5%)	26:08	2.3 (30.7%)
1293	WĘGRZYN Dominik	2893		16-29 M	358	02:14:03	04:21:27.00	04:21:38.20	+03:01:49 (69.5%)	26:08	2.3 (30.7%)
1294	SZETELA Monika	2886		16-29 K	148	02:13:59	04:21:33.65	04:21:44.70	+03:01:56 (69.5%)	26:09	2.3 (30.7%)
1295	BŁĄDEK Anna	2808		30-39 K	157	02:14:05	04:21:39.65	04:21:49.35	+03:02:00 (69.5%)	26:10	2.3 (30.7%)
1295	BŁĄDEK Sajmon	2807		16-29 M	359	02:14:00	04:21:38.75	04:21:49.35	+03:02:00 (69.5%)	26:09	2.3 (30.7%)
1297	PELUCHA Daria	3070		16-29 K	149	02:23:56	04:22:05.05	04:22:17.00	+03:02:28 (69.6%)	26:12	2.3 (30.7%)
1298	SMAKULSKI Mikołaj	3086		16-29 M	360	02:23:57	04:22:06.50	04:22:17.40	+03:02:28 (69.6%)	26:12	2.3 (30.7%)
1299	TRZEBIATOWSKA Paulina	3094		30-39 K	158	02:24:04	04:22:05.35	04:22:18.00	+03:02:29 (69.6%)	26:12	2.3 (30.7%)
1300	SMAKULSKA Iwona	3085		50-100+ K	7	02:23:59	04:22:04.60	04:22:18.30	+03:02:29 (69.6%)	26:12	2.3 (30.7%)
1301	DZIKI Kazimierz	2921		50-100+ M	15	02:13:40	04:18:37.95	04:22:22.95	+03:02:34 (69.6%)	25:51	2.3 (30.7%)
1302	TRZEBIATOWSKI Michał	3095		30-39 M	374	02:24:03	04:22:11.95	04:22:24.45	+03:02:35 (69.6%)	26:13	2.3 (30.7%)
1303	SŁOWIK Renata	2176		30-39 K	159	02:17:30	04:23:09.40	04:23:17.60	+03:03:28 (69.7%)	26:18	2.3 (30.7%)
1304	BAKUŁA Maciej	2500		30-39 M	375	02:27:19	04:23:25.25	04:23:29.30	+03:03:40 (69.7%)	26:20	2.3 (30.7%)
1305	PRZYBYSZ Paweł	2566		30-39 M	376	02:27:20	04:23:26.20	04:23:29.90	+03:03:41 (69.7%)	26:20	2.3 (30.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
1306	WIATRAK Mateusz	3664		30-39 M	377	02:30:06	04:23:56.50	04:24:06.00	+03:04:17 (69.8%)	26:23	2.3 (30.7%)
1307	ORLIK Michał	4754		30-39 M	378	02:30:04	04:23:59.45	04:24:08.75	+03:04:20 (69.8%)	26:23	2.3 (30.7%)
1308	PIORUN Michał	2962		40-49 M	140	02:10:42	04:20:29.75	04:24:17.80	+03:04:29 (69.8%)	26:02	2.3 (30.7%)
1309	BORDZIAKOWSKI Piotr	3204		16-29 M	361	02:16:30	04:24:40.75	04:24:50.20	+03:05:01 (69.9%)	26:28	2.3 (30.7%)
1310	GĄTKOWSKA Beata	3213		30-39 K	160	02:20:33	04:24:51.45	04:24:54.05	+03:05:05 (69.9%)	26:29	2.3 (30.7%)
1311	BIENIECKI Paweł	3203		30-39 M	379	02:20:33	04:24:52.70	04:24:54.80	+03:05:06 (69.9%)	26:29	2.3 (30.7%)
1312	BOJDA Kamil	3107		40-49 M	141	02:26:16	04:25:14.90	04:25:20.60	+03:05:31 (69.9%)	26:31	2.3 (30.7%)
1313	BOJDA Joanna	3108		40-49 K	62	02:26:18	04:25:15.50	04:25:21.40	+03:05:32 (69.9%)	26:31	2.3 (30.7%)
1314	WASIAK Zuzanna	2083		16-29 K	150	02:26:18	04:25:59.30	04:26:05.45	+03:06:16 (70.0%)	26:35	2.3 (30.7%)
1315	CHYZIŃSKA Aga	2814		30-39 K	161	02:36:51	04:26:38.80	04:26:45.50	+03:06:56 (70.1%)	26:39	2.3 (30.7%)
1316	LASEK Ewelina	2858		30-39 K	162	02:36:44	04:26:38.65	04:26:45.70	+03:06:57 (70.1%)	26:39	2.3 (30.7%)
1317	BINKO Agnieszka	2804		30-39 K	163	02:36:47	04:26:36.00	04:26:46.90	+03:06:58 (70.1%)	26:39	2.3 (30.7%)
1318	NIESPODZIEWANA Sandra	4743				02:35:41	04:26:40.00	04:26:49.25	+03:07:00 (70.1%)	26:40	2.3 (30.7%)
1319	DOWANOWICZ Monika	4740				02:35:43	04:26:41.35	04:26:49.55	+03:07:00 (70.1%)	26:40	2.2 (29.3%)
1320	TUZIWEK Marika	4749				02:35:35	04:26:40.10	04:26:49.70	+03:07:01 (70.1%)	26:40	2.3 (30.7%)
1321	WEUTA Marek	4737				02:36:10	04:26:38.35	04:26:50.05	+03:07:01 (70.1%)	26:39	2.3 (30.7%)
1322	SKOWROŃSKI Mateusz	4739				02:36:18	04:26:43.05	04:26:50.35	+03:07:01 (70.1%)	26:40	2.2 (29.3%)
1323	WAJDA Wiktoria	4742				02:35:38	04:26:39.70	04:26:50.55	+03:07:01 (70.1%)	26:40	2.3 (30.7%)
1324	ILCZUK Edyta	4746				02:35:43	04:26:42.30	04:26:50.80	+03:07:02 (70.1%)	26:40	2.2 (29.3%)
1325	WÓŁKIEWICZ Joanna	4741				02:36:12	04:26:41.35	04:26:50.95	+03:07:02 (70.1%)	26:40	2.2 (29.3%)
1326	CZARNOWSKI Wiktor	4745				02:36:13	04:26:40.55	04:26:51.20	+03:07:02 (70.1%)	26:40	2.2 (29.3%)
1327	SOWA Ewelina	4744				02:36:06	04:26:42.30	04:26:51.40	+03:07:02 (70.1%)	26:40	2.2 (29.3%)
1328	DRĄGOWSKI Dawid	4747				02:35:47	04:26:43.65	04:26:51.70	+03:07:03 (70.1%)	26:40	2.2 (29.3%)
1329	SOKÓŁ Rafał	3266		30-39 M	380	02:34:45	04:26:47.50	04:26:54.80	+03:07:06 (70.1%)	26:40	2.2 (29.3%)
1330	KOBUS Damian	3223		16-29 M	362	02:16:31	04:26:57.75	04:27:08.25	+03:07:19 (70.1%)	26:41	2.2 (29.3%)
1331	NOSZCZYŃSKA Katarzyna	3241		16-29 K	151	02:17:55	04:27:23.20	04:27:34.50	+03:07:45 (70.2%)	26:44	2.2 (29.3%)
1332	ŁASKARZEWSKI Marcin	3233		16-29 M	363	02:17:56	04:27:24.65	04:27:34.80	+03:07:46 (70.2%)	26:44	2.2 (29.3%)
1333	TUSZYŃSKI Dawid	2185		30-39 M	381	02:32:40	04:28:04.30	04:28:10.00	+03:08:21 (70.2%)	26:48	2.2 (29.3%)
1334	PALKA Tomasz	2656		30-39 M	382	02:32:43	04:28:03.55	04:28:10.60	+03:08:21 (70.2%)	26:48	2.2 (29.3%)
1335	ZAWIŁA Magdalena	2199		16-29 K	152	02:32:44	04:28:10.30	04:28:15.05	+03:08:26 (70.2%)	26:49	2.2 (29.3%)
1336	ŻEMŁA Damian	3669		16-29 M	364	02:32:37	04:28:03.75	04:28:15.55	+03:08:26 (70.2%)	26:48	2.2 (29.3%)
1337	TUCZNIO Piotr	2685		30-39 M	383	02:32:45	04:28:12.05	04:28:17.10	+03:08:28 (70.3%)	26:49	2.2 (29.3%)
1338	GWÓZDŹ Łukasz	2020		16-29 M	365	02:37:59	04:28:19.25	04:28:22.70	+03:08:34 (70.3%)	26:49	2.2 (29.3%)
1339	JANISZEWSKA Klaudia	2021		16-29 K	153	02:15:20	04:30:19.15	04:30:24.45	+03:10:35 (70.5%)	27:01	2.2 (29.3%)
1340	WINIARSKA Wioleta	2087		16-29 K	154	02:15:17	04:30:17.40	04:30:24.65	+03:10:35 (70.5%)	27:01	2.2 (29.3%)
1341	ROBAK Olga	2065		16-29 K	155	02:15:28	04:30:17.85	04:30:24.85	+03:10:36 (70.5%)	27:01	2.2 (29.3%)
1342	WINIARSKA Paulina	2088		16-29 K	156	02:15:29	04:30:19.40	04:30:24.90	+03:10:36 (70.5%)	27:01	2.2 (29.3%)
1343	PELC Joanna	3342		30-39 K	164	02:29:56	04:30:28.55	04:30:37.10	+03:10:48 (70.5%)	27:02	2.2 (29.3%)
1344	WĄSOWICZ Paulina	3365		30-39 K	165	02:31:21	04:30:32.80	04:30:41.10	+03:10:52 (70.5%)	27:03	2.2 (29.3%)
1345	DUŻY Adrian	4764		30-39 M	384	02:31:17	04:30:33.05	04:30:41.95	+03:10:53 (70.5%)	27:03	2.2 (29.3%)
1346	PIASTA Łukasz	2961		30-39 M	385	02:16:40	04:27:05.80	04:30:54.80	+03:11:06 (70.5%)	26:42	2.2 (29.3%)
1347	NOWICKI Łukasz	3553		16-29 M	366	02:32:53	04:31:33.55	04:31:37.70	+03:11:49 (70.6%)	27:09	2.2 (29.3%)
1348	TARGOŃSKA Marta	2585		30-39 K	166	02:24:31	04:33:00.20	04:33:09.45	+03:13:20 (70.8%)	27:18	2.2 (29.3%)
1349	TRUSZCZYŃSKA Joanna	2587		40-49 K	63	02:24:30	04:33:00.35	04:33:10.00	+03:13:21 (70.8%)	27:18	2.2 (29.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
1350	KIEDROWSKA Daria	2535		30-39 K	167	02:24:26	04:33:01.90	04:33:10.85	+03:13:22 (70.8%)	27:18	2.2 (29.3%)
1351	SZREDER Karolina	2582		30-39 K	168	02:24:28	04:33:02.55	04:33:11.00	+03:13:22 (70.8%)	27:18	2.2 (29.3%)
1352	JÓZEFOWICZ Dariusz	2525		40-49 M	142	02:24:43	04:33:04.00	04:33:11.45	+03:13:22 (70.8%)	27:18	2.2 (29.3%)
1353	STASIŃSKI Rafał	2577		16-29 M	367	02:24:33	04:33:00.60	04:33:11.75	+03:13:23 (70.8%)	27:18	2.2 (29.3%)
1354	KAMIŃSKA Monika	2529		30-39 K	169	02:24:43	04:33:03.55	04:33:11.80	+03:13:23 (70.8%)	27:18	2.2 (29.3%)
1355	SZYMAŃSKA Aleksandra	2583		16-29 K	157	02:32:48	04:30:06.20	04:33:56.70	+03:14:08 (70.9%)	27:00	2.2 (29.3%)
1356	PAPAJ Karol	2560		16-29 M	368	02:27:43	04:30:05.00	04:33:57.05	+03:14:08 (70.9%)	27:00	2.2 (29.3%)
1357	KOPAŃSKI Dawid	2851		30-39 M	386	02:21:05	04:33:48.60	04:33:58.30	+03:14:09 (70.9%)	27:22	2.2 (29.3%)
1358	TOSZA Agnieszka	2889		40-49 K	64	02:21:07	04:33:50.15	04:33:58.75	+03:14:10 (70.9%)	27:23	2.2 (29.3%)
1359	KRYSTA-KORYCIAK Paulina	2854		16-29 K	158	02:21:42	04:33:46.80	04:33:59.10	+03:14:10 (70.9%)	27:22	2.2 (29.3%)
1360	PICARO Krystian Koryciak	2875		30-39 M	387	02:21:41	04:33:47.55	04:34:00.00	+03:14:11 (70.9%)	27:22	2.2 (29.3%)
1360	JANCZAK Tomasz	2837		30-39 M	387	02:21:07	04:33:49.25	04:34:00.00	+03:14:11 (70.9%)	27:23	2.2 (29.3%)
1362	SACAWA Bartłomiej	2767		16-29 M	369	02:28:13	04:33:58.20	04:34:04.00	+03:14:15 (70.9%)	27:23	2.2 (29.3%)
1363	KONDRACKI Wojciech	2734		16-29 M	370	02:28:11	04:34:02.05	04:34:09.10	+03:14:20 (70.9%)	27:24	2.2 (29.3%)
1364	DZIAŁOWSKI Dariusz	2714		40-49 M	143	02:30:10	04:34:08.30	04:34:14.40	+03:14:25 (70.9%)	27:24	2.2 (29.3%)
1365	RAPCIA Rafał	2762		30-39 M	389	02:30:21	04:34:20.45	04:34:21.80	+03:14:33 (70.9%)	27:26	2.2 (29.3%)
1366	KOWALCZYK Pawel	2337		16-29 M	371	02:20:07	04:34:31.75	04:34:35.65	+03:14:46 (70.9%)	27:27	2.2 (29.3%)
1367	LISEK Bartłomiej	2944		30-39 M	390	02:27:17	04:31:02.40	04:34:53.60	+03:15:04 (71.0%)	27:06	2.2 (29.3%)
1367	PAPIERZ Michał	2960		30-39 M	390	02:27:21	04:30:59.20	04:34:53.60	+03:15:04 (71.0%)	27:05	2.2 (29.3%)
1369	MACIAG Krzysztof	2945		30-39 M	392	02:27:31	04:30:58.55	04:34:53.85	+03:15:05 (71.0%)	27:05	2.2 (29.3%)
1369	WICHER Bartosz	2986		30-39 M	392	02:27:13	04:30:58.25	04:34:53.85	+03:15:05 (71.0%)	27:05	2.2 (29.3%)
1371	DĄBKOWSKI Rafał	2421		16-29 M	372	02:21:36	04:35:29.55	04:37:56.75	+03:18:08 (71.3%)	27:32	2.2 (29.3%)
1372	LONCZAK Monika	3052		30-39 K	170	02:38:30	04:42:24.40	04:42:36.90	+03:22:48 (71.8%)	28:14	2.1 (28.0%)
1373	SASS Aleksandra	3084		16-29 K	159	02:38:52	04:43:19.50	04:43:19.50	+03:23:30 (71.8%)	28:19	2.1 (28.0%)
1374	BŁOŃSKA Małgorzata	4673		16-29 K	160	02:28:18	04:43:48.65	04:43:57.95	+03:24:09 (71.9%)	28:22	2.1 (28.0%)
1375	KRACIUK Bartosz	4621		16-29 M	373	02:36:04	04:43:58.30	04:44:01.20	+03:24:12 (71.9%)	28:23	2.1 (28.0%)
1376	TOMASZEK Krzysztof	2479		40-49 M	144	02:30:01	04:41:28.80	04:44:09.20	+03:24:20 (71.9%)	28:08	2.1 (28.0%)
1377	TERLECKA Ewa	2478		30-39 K	171	02:30:07	04:41:26.65	04:44:09.30	+03:24:20 (71.9%)	28:08	2.1 (28.0%)
1378	KONCZAL Robert	2432		40-49 M	145	02:30:18	04:41:27.60	04:44:09.45	+03:24:20 (71.9%)	28:08	2.1 (28.0%)
1379	ŚWIĘCKOWSKA Milena	2477		16-29 K	161	02:30:05	04:41:28.25	04:44:09.50	+03:24:20 (71.9%)	28:08	2.1 (28.0%)
1380	ŻŁOBIŃSKA Monika	3283		30-39 K	172	02:38:31	04:44:15.30	04:44:28.50	+03:24:39 (71.9%)	28:25	2.1 (28.0%)
1381	KMIECIK Krzysztof	3710		40-49 M	146	02:22:20	04:46:11.35	04:46:22.40	+03:26:33 (72.1%)	28:37	2.1 (28.0%)
1382	GORCZYCA Agnieszka	3717		40-49 K	65	02:49:36	04:45:59.50	04:46:23.25	+03:26:34 (72.1%)	28:36	2.1 (28.0%)
1383	KMIECIK Paweł	3680		40-49 M	147	02:22:25	04:46:14.00	04:46:24.35	+03:26:35 (72.1%)	28:37	2.1 (28.0%)
1384	PADEREWSKI Rafał	2788		40-49 M	148	02:22:39	04:46:25.75	04:46:26.65	+03:26:37 (72.1%)	28:38	2.1 (28.0%)
1385	KMIECIK Adam	3681		40-49 M	149	02:22:19	04:46:16.10	04:46:28.30	+03:26:39 (72.1%)	28:37	2.1 (28.0%)
1386	NOWICKI Paweł	2363		16-29 M	374	02:17:47	04:46:53.55	04:47:02.35	+03:27:13 (72.2%)	28:41	2.1 (28.0%)
1387	DEC Marek	2310		30-39 M	394	02:17:47	04:47:09.30	04:47:18.10	+03:27:29 (72.2%)	28:43	2.1 (28.0%)
1388	BŁAŻEJOWSKI Tomasz	2799		40-49 M	150	02:22:10	04:47:09.05	04:47:39.30	+03:27:50 (72.3%)	28:42	2.1 (28.0%)
1389	ERNST Rafał	2113		30-39 M	395	02:30:58	04:48:16.70	04:48:20.80	+03:28:32 (72.3%)	28:49	2.1 (28.0%)
1390	FERENS Marek	2114		40-49 M	151	02:31:02	04:48:19.00	04:48:22.50	+03:28:33 (72.3%)	28:49	2.1 (28.0%)
1391	MACIUSZEK Iwona	3441		16-29 K	162	02:36:53	04:49:01.90	04:49:14.10	+03:29:25 (72.4%)	28:54	2.1 (28.0%)
1392	- -	4690				02:36:54	04:49:08.65	04:49:15.15	+03:29:26 (72.4%)	28:54	2.1 (28.0%)
1393	GÓRA Andrzej	3700		40-49 M	152	02:16:37	04:50:43.95	04:51:11.25	+03:31:22 (72.6%)	29:04	2.1 (28.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 HR 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1394	NOWOBILSKI Jan	3708		40-49 M	153	02:22:14	04:51:00.55	04:51:12.40	+03:31:23 (72.6%)	29:06	2.1 (28.0%)
1395	KORKOSZ Krzysztof	3709		40-49 M	154	02:22:16	04:50:46.60	04:51:12.50	+03:31:23 (72.6%)	29:04	2.1 (28.0%)
1396	MARDUŁA Adam	3706		40-49 M	155	02:16:34	04:51:01.70	04:51:26.70	+03:31:38 (72.6%)	29:06	2.1 (28.0%)
1397	WODZIAK Andrzej	3705		40-49 M	156	02:22:24	04:50:55.95	04:51:30.00	+03:31:41 (72.6%)	29:05	2.1 (28.0%)
1398	CZAJKOWSKI Łukasz	3702		40-49 M	157	02:22:50	04:51:23.35	04:51:30.20	+03:31:41 (72.6%)	29:08	2.1 (28.0%)
1399	SAMEREK Aleksandra	3713		40-49 K	66	02:21:41	04:51:12.65	04:51:32.35	+03:31:43 (72.6%)	29:07	2.1 (28.0%)
1400	GAŁUSZKA Marzena	2211		16-29 K	163	02:37:48	04:51:28.80	04:51:34.35	+03:31:45 (72.6%)	29:08	2.1 (28.0%)
1401	MATYNIA Darek	2795		40-49 M	158	02:21:28	04:51:06.35	04:51:35.00	+03:31:46 (72.6%)	29:06	2.1 (28.0%)
1402	NOWOBILSKI Paweł	2790		40-49 M	159	02:22:45	04:51:21.20	04:51:36.60	+03:31:47 (72.6%)	29:08	2.1 (28.0%)
1403		4657				01:53:53	03:35:57.20	04:52:00.35	+03:32:11 (72.7%)	21:35	2.8 (37.3%)
1404	POPCZYK Monika	2248		30-39 K	173	02:37:47	04:52:10.75	04:52:16.10	+03:32:27 (72.7%)	29:13	2.1 (28.0%)
1405	RAK Weronika	3172		16-29 K	164	02:54:46	04:53:18.15	04:53:20.65	+03:33:31 (72.8%)	29:19	2 (26.7%)
1406	KOZERA Damian	3144		16-29 M	375	02:54:44	04:53:21.20	04:53:21.20	+03:33:32 (72.8%)	29:20	2 (26.7%)
1407	FUŻYŃSKA Marta	3125		16-29 K	165	02:54:48	04:53:25.45	04:53:27.55	+03:33:38 (72.8%)	29:20	2 (26.7%)
1408	SIKORA Patryk	3651		30-39 M	396	02:42:24	04:53:34.50	04:53:36.55	+03:33:47 (72.8%)	29:21	2 (26.7%)
1409	KRYSA Paulina	3620		16-29 K	166	02:37:52	04:53:37.40	04:53:39.55	+03:33:50 (72.8%)	29:21	2 (26.7%)
1410	BURAS Karol	3605		16-29 M	376	02:37:45	04:53:37.25	04:53:39.85	+03:33:51 (72.8%)	29:21	2 (26.7%)
1411	SOLARCZYK Wojciech	3653		16-29 M	377	02:37:44	04:53:39.20	04:53:42.15	+03:33:53 (72.8%)	29:22	2 (26.7%)
1412	STEC Przemysław	3654		30-39 M	397	02:42:25	04:53:39.00	04:53:42.20	+03:33:53 (72.8%)	29:21	2 (26.7%)
1413	BURAS Paweł	3606		16-29 M	378	02:37:46	04:53:42.15	04:53:44.50	+03:33:55 (72.8%)	29:22	2 (26.7%)
1414	BURAS Anna	3607		16-29 K	167	02:37:51	04:53:42.60	04:53:44.65	+03:33:55 (72.8%)	29:22	2 (26.7%)
1415	BĄCZYK Marlena	2702		30-39 K	174	02:22:43	04:53:39.60	04:53:48.10	+03:33:59 (72.8%)	29:22	2 (26.7%)
1416	CHOROWSKI Tomasz	2709		30-39 M	398	02:44:37	04:55:25.70	04:55:41.85	+03:35:53 (73.0%)	29:32	2 (26.7%)
1417	CHOROWSKA Karolina	2708		30-39 K	175	02:44:40	04:55:26.95	04:55:42.05	+03:35:53 (73.0%)	29:32	2 (26.7%)
1418	KALENIK Michał	3323		30-39 M	399	02:44:04	04:59:31.40	04:59:36.30	+03:39:47 (73.4%)	29:57	2 (26.7%)
1419	KURKOWSKI Marcin	4646				03:03:54	04:59:38.75	04:59:50.00	+03:40:01 (73.4%)	29:57	2 (26.7%)
1420	PIELA Angelika	2163		16-29 K	168		05:05:02.00	05:05:02.00	+03:45:13 (73.8%)	30:30	2 (26.7%)
1421	MILEWSKA Dzesika	2152		16-29 K	169		05:05:13.00	05:05:13.00	+03:45:24 (73.9%)	30:31	2 (26.7%)
1422	WALCZAK Sebastian	2481		30-39 M	400	02:56:29	05:10:58.70	05:13:38.90	+03:53:50 (74.6%)	31:05	1.9 (25.3%)
1423	OWCZAREK Ewelina	2459		30-39 K	176	02:56:33	05:10:59.10	05:13:39.10	+03:53:50 (74.6%)	31:05	1.9 (25.3%)
1424		4644				02:08:58	03:39:31.95	05:13:50.80	+03:54:02 (74.6%)	21:57	2.7 (36.0%)
1425	MIGDAŁ Maciej	3059		16-29 M	379	03:10:36	05:15:44.20	05:15:59.60	+03:56:10 (74.7%)	31:34	1.9 (25.3%)
1426	WARZYC Aleksandra	3573		16-29 K	170	02:31:50	04:28:03.35	05:26:19.95	+04:06:31 (75.5%)	26:48	2.2 (29.3%)
1427	BRZĘCZEK Michał	4717				03:11:21	05:28:54.55	05:29:07.70	+04:09:19 (75.8%)	32:53	1.8 (24.0%)
1428	BRZĘCZEK Michał	4720				03:11:23	05:28:57.60	05:29:08.45	+04:09:19 (75.8%)	32:53	1.8 (24.0%)
1429	BEDNARZ Agnieszka	3502		30-39 K	177	03:11:25	05:29:00.50	05:29:09.25	+04:09:20 (75.8%)	32:54	1.8 (24.0%)
1430		4664					02:01:12.90	05:32:36.40	+04:12:47 (76.0%)	12:07	4.9 (65.3%)
	WNĘK Łukasz	4709		Elite Mężczyźni		01:03:21 DNF	DNF	DNF	-	-	- (0.0%)
	PARTYKA Damian	3640		16-29 M		01:15:29 DNF	DNF	DNF	-	-	- (0.0%)
	MIELCARZ Tomasz	2867		30-39 M		01:20:41 DNF	DNF	DNF	-	-	- (0.0%)
	PIASEK Sebastian	2754		30-39 M		01:53:41 DNF	DNF	DNF	-	-	- (0.0%)
	ŁAPAWA Krzysztof	2445		16-29 M		02:06:36 DNF	DNF	DNF	-	-	- (0.0%)
	KUKJOKA Helena	4674		16-29 K		02:28:20 DNF	DNF	DNF	-	-	- (0.0%)
	- -	4600				02:33:10 DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1_HR 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
	<b>BRZĘCZYK Michał</b>	<b>4719</b>				03:10:59 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JURKOWSKI Radosław</b>	<b>3029</b>		50-100+ M		DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JOZWIK Jan</b>	<b>2840</b>		30-39 M		DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 1440 wynik(ów)