



BIEGI W SZCZAWNICY

HARDY ROLLING - 10 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Biegi w Szczawnicy
Organizator: Fundacja Strefa Przygód
Data: 2022-04-23
Miejsce: Szczawnica
Dystans: 10.2 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 2.4km	Czas netto 10.2km	Czas brutto 10.2km	Różn	Tempo min/km	Tempo km/h
1	DUDCZAK Michał	2784	BUFF, THE NORTH FACE	M20	1	00:12:54	00:42:27.65	00:42:29.25		4:09	14.4 (100%)
2	DUDCZAK Kacper	2783	LLKS OSOWA SIEŃ	M20	2	00:14:03	00:44:51.55	00:44:53.75	+00:02:24 (5.4%)	4:23	13.6 (94.4%)
3	ŚWIRGOŃ Adam	210	TRENERBIEGANIA.PL	M20	3	00:13:50	00:45:08.55	00:45:10.50	+00:02:41 (5.9%)	4:25	13.6 (94.4%)
4	KUROPATWA Gabriel	176	PRZEMYSKI KLUB BIEGACZA	M20	4	00:13:51	00:46:22.25	00:46:24.35	+00:03:55 (8.4%)	4:32	13.2 (91.7%)
5	KURZEJA Michał	152	MYENDURANCETEAM	M20	5	00:14:15	00:46:43.40	00:46:45.00	+00:04:15 (9.1%)	4:34	13.1 (91.0%)
6	TARASEK Wojciech	171	#ANDRZEJDLUGOSZTEAM / ELEMENO.PL	M20	6	00:14:14	00:47:00.60	00:47:02.40	+00:04:33 (9.7%)	4:36	13 (90.3%)
7	TABIŚ Przemysław	125	PEGA RUNNERS	M30	1	00:15:01	00:47:33.00	00:47:35.40	+00:05:06 (10.7%)	4:39	12.9 (89.6%)
8	CABAJ Łukasz	170	HARPAGAN TARNOBRZEG	M30	2	00:14:03	00:47:59.00	00:48:00.80	+00:05:31 (11.5%)	4:42	12.8 (88.9%)
9	ŻÓŁTEK Grzegorz	158	TC ORZEŁ SPYTKOWICE	M30	3	00:14:16	00:48:37.75	00:48:39.80	+00:06:10 (12.7%)	4:45	12.6 (87.5%)
10	WIELOSİK Marcin	38	VISEGRAD MARATON RYTRO	M20	7	00:14:43	00:48:42.40	00:48:44.55	+00:06:15 (12.8%)	4:46	12.6 (87.5%)
11	TARASEK Dariusz	217	SEVEN7	M40	1	00:15:55	00:51:34.90	00:51:38.20	+00:09:08 (17.7%)	5:03	11.9 (82.6%)
12	KAŻMIERCZAK Marta	203	DREAM RUN	K40	1	00:17:23	00:53:42.65	00:53:45.05	+00:11:15 (21.0%)	5:15	11.4 (79.2%)
13	JUREK Piotr	178	GARAZE.COM	M40	2	00:17:49	00:53:58.80	00:54:01.80	+00:11:32 (21.4%)	5:17	11.3 (78.5%)
14	KOWALCZYK Michał	2785		M20	8	00:17:58	00:57:08.00	00:57:10.80	+00:14:41 (25.7%)	5:36	10.7 (74.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Durbaszką 2.4km	10.2km	10.2km			
15	ROZDZYNSKA Patrycja	98	STAJNIAK TEAM	K20	1	00:18:46	00:58:22.80	00:58:25.00	+00:15:55 (27.3%)	5:43	10.5 (72.9%)
16	GOŁDYN Piotr	43		M40	3	00:18:11	00:59:01.15	00:59:03.10	+00:16:33 (28.1%)	5:47	10.4 (72.2%)
17	GĄTKIEWICZ Paweł	215	ESKADRA KRAKÓW	M40	4	00:17:48	00:59:09.25	00:59:13.30	+00:16:44 (28.3%)	5:47	10.3 (71.5%)
18	MASZKOWSKI Jakub	144	AZS UMCS LUBLIN	M20	9	00:19:03	01:00:00.20	01:00:02.65	+00:17:33 (29.2%)	5:52	10.2 (70.8%)
19	HAJDUGA Robert	166		M20	10	00:18:29	01:02:08.85	01:02:08.85	+00:19:39 (31.6%)	6:05	9.8 (68.1%)
20	POLAŃSKA Julia	168	PRZEMYSKI KLUB BIEGACZA	K20	2	00:19:56	01:02:23.90	01:02:26.60	+00:19:57 (32.0%)	6:06	9.8 (68.1%)
21	PEŁDIAK Mateusz	104	KB ATHLETIC ZRĘCIN/ PAWKO RUNNER TEAM	M30	4	00:19:34	01:02:44.60	01:02:48.40	+00:20:19 (32.4%)	6:09	9.8 (68.1%)
22	MAZUR Sebastian	148		M40	5	00:18:40	01:04:07.15	01:04:16.75	+00:21:47 (33.9%)	6:17	9.5 (66.0%)
23	RYBARSKA Marta	1		K30	1	00:19:19	01:04:29.75	01:04:32.45	+00:22:03 (34.2%)	6:19	9.5 (66.0%)
24	CHOCHLA Marcin	109	MONIA TEAM	M30	5	00:20:14	01:04:42.55	01:04:51.80	+00:22:22 (34.5%)	6:20	9.5 (66.0%)
25	PESTKA Aleksandra	227		K20	3	00:21:18	01:04:54.15	01:05:04.35	+00:22:35 (34.7%)	6:21	9.4 (65.3%)
26	DĄBROWSKI Łukasz	150	TREKKING TEAM OSTROWIEC	M30	6	00:22:23	01:04:58.60	01:05:05.55	+00:22:36 (34.7%)	6:22	9.4 (65.3%)
27	UGOREK Jarosław	283		M40	6	00:20:23	01:05:55.75	01:05:58.95	+00:23:29 (35.6%)	6:27	9.3 (64.6%)
28	KĘDZIORA Mariusz	173	ŻUBRY RACE TEAM	M30	7	00:21:34	01:06:03.95	01:06:06.65	+00:23:37 (35.7%)	6:28	9.3 (64.6%)
29	LORENZ Anna	81	#ADAMCZERWIŃSKITEAM	K40	2	00:21:44	01:06:45.60	01:06:48.90	+00:24:19 (36.4%)	6:32	9.2 (63.9%)
30	KANIA Marian	183	LEDWOZIPIA	M40	7	00:21:40	01:06:55.10	01:06:59.35	+00:24:30 (36.6%)	6:33	9.1 (63.2%)
31	RAINCO Jerzy	162		M30	8	00:19:33	01:07:10.00	01:07:13.45	+00:24:44 (36.8%)	6:35	9.1 (63.2%)
32	KOT Klaudia	219	NIGHT RUNNERS	K30	2	00:20:49	01:08:45.15	01:08:51.55	+00:26:22 (38.3%)	6:44	8.9 (61.8%)
33	KUCZ Kamil	128		M20	11	00:22:48	01:09:40.05	01:09:51.65	+00:27:22 (39.2%)	6:49	8.8 (61.1%)
34	SZPAJCHER Robert	51		M30	9	00:21:10	01:10:20.95	01:10:26.85	+00:27:57 (39.7%)	6:53	8.7 (60.4%)
35	WACH Robert	153	WACH	M20	12	00:22:21	01:11:44.75	01:11:50.80	+00:29:21 (40.9%)	7:01	8.5 (59.0%)
36	JAROCKI Lukasz	72		M40	8		01:11:52.00	01:11:52.00	+00:29:22 (40.9%)	7:02	8.5 (59.0%)
37	PARZYGNAT Dariusz	172		M30	10	00:23:48	01:12:27.70	01:12:27.70	+00:29:58 (41.4%)	7:06	8.4 (58.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 2.4km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10.2km	brutto 10.2km			
38	MOLITORYS Marek	107		M40	9	00:22:19	01:13:08.70	01:13:14.35	+00:30:45 (42.0%)	7:10	8.4 (58.3%)
39	LEŚNIAK Dawid	799	LHO	M30	11	00:24:07	01:13:25.05	01:13:31.50	+00:31:02 (42.2%)	7:11	8.3 (57.6%)
40	KRZĄSTEK Zbigniew	182	KS HARPAGAN	M30	12	00:23:15	01:14:26.65	01:14:30.45	+00:32:01 (43.0%)	7:17	8.2 (56.9%)
41	CHOCHLA Bartek	192		M30	13	00:22:29	01:14:36.60	01:14:47.55	+00:32:18 (43.2%)	7:18	8.2 (56.9%)
42	TELEON-POLSKA Marlena	184		K30	3	00:23:47	01:14:50.55	01:14:55.50	+00:32:26 (43.3%)	7:20	8.2 (56.9%)
43	WANAT Janusz	216	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	M40	10	00:23:44	01:14:35.60	01:14:57.00	+00:32:27 (43.3%)	7:18	8.2 (56.9%)
44	FEDORYSHYNA Yana	221	IRON CLUB	K20	4	00:22:13	01:14:52.95	01:14:57.95	+00:32:28 (43.3%)	7:20	8.2 (56.9%)
45	KOWALCZYK Elżbieta	2786		K40	3	00:25:26	01:15:05.00	01:15:14.25	+00:32:45 (43.5%)	7:21	8.2 (56.9%)
46	MRÓZ Urszula	281		K60	1	00:23:39	01:15:49.35	01:16:02.45	+00:33:33 (44.1%)	7:25	8.1 (56.3%)
47	ZAJDEL Filip	225		M20	13	00:21:49	01:16:21.80	01:16:42.00	+00:34:12 (44.6%)	7:29	8 (55.6%)
48	GÓRSKI Jakub	222	RAPID MIVARDI POLSKA	M30	14	00:24:03	01:16:42.85	01:16:47.15	+00:34:17 (44.7%)	7:31	8 (55.6%)
49	KULASIK Asia	180		K20	5	00:25:32	01:18:52.70	01:18:57.00	+00:36:27 (46.2%)	7:43	7.8 (54.2%)
50	KOCHANIEC Stanisław	214	MARMUROWE DZIKI	M30	15	00:25:45	01:18:45.80	01:19:03.45	+00:36:34 (46.3%)	7:43	7.8 (54.2%)
51	MAKOWSKI Marcin	39		M30	16	00:24:22	01:18:48.00	01:19:04.75	+00:36:35 (46.3%)	7:43	7.8 (54.2%)
52	PITERA Anna	14		K30	4	00:22:56	01:18:59.30	01:19:09.45	+00:36:40 (46.3%)	7:44	7.7 (53.5%)
53	GARBACZ Adrian	17		M20	14	00:23:56	01:18:43.35	01:19:22.20	+00:36:52 (46.5%)	7:43	7.8 (54.2%)
54	SIUDAK Anna	28		K40	4	00:25:40	01:19:18.45	01:19:29.75	+00:37:00 (46.6%)	7:46	7.7 (53.5%)
55	GRĘDZIAK Kamil	187		M20	15	00:24:18	01:19:37.15	01:19:42.05	+00:37:12 (46.7%)	7:48	7.7 (53.5%)
56	SŁUPSKI Maciej	137		M40	11	00:25:29	01:19:52.30	01:20:00.30	+00:37:31 (46.9%)	7:49	7.7 (53.5%)
57	PARTYKA Gabriel	40		M20	16	00:24:09	01:20:32.30	01:20:38.10	+00:38:08 (47.3%)	7:53	7.6 (52.8%)
58	SZCZEPANIAK Michał	62		M30	17	00:26:17	01:21:02.05	01:21:02.05	+00:38:32 (47.6%)	7:56	7.6 (52.8%)
59	BIEDA Piotr	146		M30	18	00:25:06	01:20:58.10	01:21:08.80	+00:38:39 (47.6%)	7:56	7.6 (52.8%)
60	MATRACKI Sebastian	212	SEBASTIAN MATRACKI	M40	12	00:26:43	01:21:37.20	01:21:44.30	+00:39:15 (48.0%)	8:00	7.5 (52.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 2.4km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10.2km	brutto 10.2km			
61	BITNER Jagoda	5	KLINIKA TRIATHLONU	K30	5	00:25:53	01:21:33.35	01:21:48.70	+00:39:19 (48.1%)	7:59	7.5 (52.1%)
62	TĘTNOWSKI Bartosz	177		M30	19	00:26:13	01:21:58.00	01:21:58.00	+00:39:28 (48.2%)	8:02	7.5 (52.1%)
63	GUCWA Mirosław	466	LET'S GO WILD	M40	13	00:24:58	01:22:03.50	01:22:08.70	+00:39:39 (48.3%)	8:02	7.5 (52.1%)
64	BIEŃ Katarzyna	130		K30	6	00:25:16	01:22:21.30	01:22:27.85	+00:39:58 (48.5%)	8:04	7.4 (51.4%)
65	HADAM Przemek	2781	MELATEAM	M40	14	00:25:59	01:22:37.50	01:22:46.30	+00:40:17 (48.7%)	8:05	7.4 (51.4%)
66	URBAN Mateusz	185		M20	17	00:23:50	01:23:02.95	01:23:08.60	+00:40:39 (48.9%)	8:08	7.4 (51.4%)
67	GRĘDA Mariusz	73	TIM JEST TIM	M40	15	00:25:57	01:23:49.50	01:24:00.65	+00:41:31 (49.4%)	8:13	7.3 (50.7%)
68	VELKO Martyna	2778		K30	7	00:25:22	01:23:40.60	01:24:02.25	+00:41:33 (49.4%)	8:12	7.3 (50.7%)
69	POŁUBOK Kajetan	91		M40	16	00:26:14	01:23:41.00	01:24:05.20	+00:41:35 (49.5%)	8:12	7.3 (50.7%)
70	POŁUBOK Maurycy	92		M20	18	00:26:14	01:23:40.50	01:24:05.50	+00:41:36 (49.5%)	8:12	7.3 (50.7%)
71	TYMBURSKI Michał	155		M40	17	00:27:03	01:23:33.10	01:24:07.10	+00:41:37 (49.5%)	8:11	7.3 (50.7%)
72	BUGAJCZYK Cezary	156		M40	18	00:27:05	01:23:34.20	01:24:07.15	+00:41:37 (49.5%)	8:11	7.3 (50.7%)
73	LUBOWIECKA Paulina	175		K20	6	00:25:53	01:24:56.75	01:25:09.55	+00:42:40 (50.1%)	8:19	7.2 (50.0%)
74	LIPIEC Grzegorz	179	HARPAGAN TARNOBRZEG	M30	20	00:25:51	01:26:10.20	01:26:13.25	+00:43:44 (50.7%)	8:26	7.1 (49.3%)
75	UCHEREK Kinga	27		K40	5	00:26:31	01:26:31.50	01:26:35.40	+00:44:06 (50.9%)	8:28	7.1 (49.3%)
76	BARAN Paulina	112		K20	7	00:25:54	01:26:32.55	01:26:45.45	+00:44:16 (51.0%)	8:29	7.1 (49.3%)
77	ZOWCZAK Zdzisław	113		M40	19	00:25:54	01:26:32.45	01:26:45.65	+00:44:16 (51.0%)	8:29	7.1 (49.3%)
78	BUJAS Agnieszka	145	SIEPRAWSKA 5	K40	6	00:26:02	01:26:49.00	01:26:57.10	+00:44:27 (51.1%)	8:30	7 (48.6%)
79	FEDOREK Weronika	209		K20	8	00:28:28	01:26:48.10	01:26:57.90	+00:44:28 (51.1%)	8:30	7.1 (49.3%)
80	JAKUBOWSKA Katarzyna	132		K30	8	00:26:37	01:26:56.30	01:26:59.70	+00:44:30 (51.2%)	8:31	7 (48.6%)
81	GALEK Michał	106		M30	21	00:24:44	01:26:59.30	01:27:05.05	+00:44:35 (51.2%)	8:31	7 (48.6%)
82	NOWACZEK Ewa	115	#NOLIMITS	K30	9	00:26:33	01:26:52.80	01:27:08.95	+00:44:39 (51.2%)	8:30	7 (48.6%)
83	PRZYDATEK Tomasz	138	TREKKING TEAM OSTROWIEC	M40	20	00:28:15	01:27:25.35	01:27:33.05	+00:45:03 (51.5%)	8:34	7 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 2.4km		Czas netto 10.2km	Czas brutto 10.2km	Różn	Tempo min/km	Tempo km/h
84	PRZYDATEK Iwona	139	TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI	K40	7	00:27:31		01:27:24.95	01:27:33.35	+00:45:04 (51.5%)	8:34	7 (48.6%)
85	KUDZIA Paul	6		M30	22	00:25:44		01:27:15.20	01:27:35.00	+00:45:05 (51.5%)	8:33	7 (48.6%)
86	CHERVET Cedric	88		M40	21			01:27:41.00	01:27:41.00	+00:45:11 (51.5%)	8:35	7 (48.6%)
87	WIŚNIEWSKI Robert	65	METALCHERRY	M20	19	00:28:25		01:27:50.25	01:28:02.10	+00:45:32 (51.7%)	8:36	7 (48.6%)
88	TURCZA Iwona	143	SIEPRAWSKA 5	K40	8	00:26:20		01:28:21.50	01:28:28.20	+00:45:58 (52.0%)	8:39	6.9 (47.9%)
89	KOPEĆ Patrycja	36		K40	9	00:26:21		01:28:19.65	01:28:30.65	+00:46:01 (52.0%)	8:39	6.9 (47.9%)
90	KOPEC Piotr	50		M40	22	00:26:00		01:27:55.15	01:28:31.00	+00:46:01 (52.0%)	8:37	7 (48.6%)
91	PARA Aleksandra	55	PODIUM	K30	10	00:26:58		01:29:04.20	01:29:14.25	+00:46:45 (52.4%)	8:43	6.9 (47.9%)
92	KUCYTOWSKI Jakub	31		M30	23	00:26:29		01:28:59.95	01:29:21.05	+00:46:51 (52.4%)	8:43	6.9 (47.9%)
93	SOJA Tomek	70		M50	1	00:27:34		01:29:57.25	01:30:18.80	+00:47:49 (53.0%)	8:49	6.8 (47.2%)
94	WANAT Barbara	131	FOREVER BUSINESS TEAM	K40	10	00:27:29		01:30:11.05	01:30:31.65	+00:48:02 (53.1%)	8:50	6.8 (47.2%)
95	WIESZCZEK Dominik	159		M40	23	00:26:35		01:30:17.55	01:30:44.45	+00:48:15 (53.2%)	8:51	6.8 (47.2%)
96	STANIOS Kamil	164		M30	24	00:28:40		01:30:44.35	01:31:02.75	+00:48:33 (53.3%)	8:53	6.7 (46.5%)
97	ZELENÁK Kamil	83	ZAMAGURSKÍ BEŽCI	M40	24	00:29:06		01:31:14.70	01:31:33.40	+00:49:04 (53.6%)	8:56	6.7 (46.5%)
98	ZAJĄC Marzena	111		K40	11	00:27:36		01:31:30.80	01:31:37.45	+00:49:08 (53.6%)	8:58	6.7 (46.5%)
99	KIES Iwona	3		K30	11	00:28:17		01:31:27.05	01:31:41.65	+00:49:12 (53.7%)	8:57	6.7 (46.5%)
100	WARAKSA Justyna	169		K30	12	00:29:07		01:32:00.30	01:32:13.40	+00:49:44 (53.9%)	9:01	6.7 (46.5%)
101	OSIAL Anita	226	PŁOŃSZCZANKI	K40	12	00:28:36		01:32:21.30	01:32:27.35	+00:49:58 (54.0%)	9:03	6.6 (45.8%)
102	SYNDER-TAMBORSKA Katarzyna	160	HTF LUDWIK SIKORSKI	K40	13	00:26:32		01:32:14.45	01:32:40.50	+00:50:11 (54.2%)	9:02	6.6 (45.8%)
103	SIEJEK Paulina	4		K30	13	00:28:28		01:33:03.50	01:33:10.45	+00:50:41 (54.4%)	9:07	6.6 (45.8%)
104	BRZUSZKIEWICZ Jolanta	127	DREAM RUN	K30	14	00:29:06		01:33:44.25	01:33:59.35	+00:51:30 (54.8%)	9:11	6.5 (45.1%)
105	BUNIOWSKA Wiktoria	103		K20	9	00:26:23		01:33:53.25	01:34:06.05	+00:51:36 (54.8%)	9:12	6.5 (45.1%)
106	SIWIŃSKA Gosia	2782		K40	14	00:27:57		01:33:59.50	01:34:08.00	+00:51:38 (54.9%)	9:12	6.5 (45.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 2.4km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10.2km	brutto 10.2km			
107	MAJDYŚ Wojtek	360		M40	25	00:29:39	01:33:46.95	01:34:14.50	+00:51:45 (54.9%)	9:11	6.5 (45.1%)
108	MICHALSAK Ewa	78		K40	15	00:28:01	01:34:08.10	01:34:16.30	+00:51:47 (54.9%)	9:13	6.5 (45.1%)
109	KOPEĆ Maria	68		K20	10	00:30:09	01:34:37.55	01:34:42.90	+00:52:13 (55.1%)	9:16	6.5 (45.1%)
110	GROSS Aleksander	129		M20	20	00:24:22	01:34:24.15	01:34:43.85	+00:52:14 (55.1%)	9:15	6.5 (45.1%)
111	KAMIŃSKI Michał	197		M30	25	00:27:12	01:34:42.00	01:34:58.15	+00:52:28 (55.3%)	9:17	6.5 (45.1%)
112	GODEK Klara	120		K20	11	00:27:28	01:35:17.55	01:35:22.70	+00:52:53 (55.5%)	9:20	6.4 (44.4%)
113	DYBEK Dagmara	71	CHSBD W RUCHU	K30	15	00:27:33	01:35:22.10	01:35:28.15	+00:52:58 (55.5%)	9:20	6.4 (44.4%)
114	JURCZAK Ryszard	44	ARCELOR MITTAL	M60	1	00:30:24	01:35:24.90	01:35:31.95	+00:53:02 (55.5%)	9:21	6.4 (44.4%)
115	BEDNARCZYK Katarzyna	765		K30	16	00:33:30	01:36:41.55	01:36:50.25	+00:54:21 (56.1%)	9:28	6.3 (43.8%)
116	MAZURKIEWICZ Wojciech	202	GRUBOALBOWCALE	M30	26	00:27:53	01:36:35.40	01:36:53.75	+00:54:24 (56.2%)	9:28	6.3 (43.8%)
117	DZIKOWSKA Jolanta	66		K40	16	00:29:00	01:36:51.30	01:37:03.55	+00:54:34 (56.2%)	9:29	6.3 (43.8%)
118	MILCZAREK Joanna	82		K30	17	00:30:30	01:37:03.35	01:37:12.15	+00:54:42 (56.3%)	9:30	6.3 (43.8%)
119	KOMENDA Ewelina	7		K40	17	00:29:35	01:37:02.55	01:37:16.95	+00:54:47 (56.3%)	9:30	6.3 (43.8%)
120	KUŹMA Agnieszka	201	AGNIESZKA KUŹMA	K30	18	00:27:58	01:37:18.55	01:37:28.00	+00:54:58 (56.4%)	9:32	6.3 (43.8%)
121	KRAWCZYK Monika	22		K20	12	00:27:48	01:37:23.00	01:37:29.80	+00:55:00 (56.4%)	9:32	6.3 (43.8%)
122	BILSKA Magdalena	134		K40	18	00:29:35	01:37:33.25	01:37:37.55	+00:55:08 (56.5%)	9:33	6.3 (43.8%)
123	ZIAJA Aleksandra	25		K30	19	00:29:21	01:37:33.85	01:37:37.60	+00:55:08 (56.5%)	9:33	6.3 (43.8%)
124	BILSKI Tomasz	133		M40	26	00:29:58	01:37:38.05	01:37:38.05	+00:55:08 (56.5%)	9:34	6.3 (43.8%)
125	NOWOSIELSKA Agnieszka	76		K50	1	00:29:48	01:37:26.65	01:37:38.40	+00:55:09 (56.5%)	9:33	6.3 (43.8%)
126	GIERAŁT Urszula	154		K40	19	00:30:33	01:37:46.85	01:38:03.70	+00:55:34 (56.7%)	9:35	6.3 (43.8%)
127	MACIEJEWSKI Piotr	110	SUPERMARATON KALISZ	M60	2	00:27:53	01:37:49.65	01:38:10.75	+00:55:41 (56.7%)	9:35	6.3 (43.8%)
128	PYTKA Monika	16	NAPRZÓD MŁOCINY	K40	20	00:30:13	01:39:16.25	01:39:21.25	+00:56:52 (57.2%)	9:43	6.2 (43.1%)
129	SIWADŁO Augustyn	85		M40	27	00:30:16	01:39:29.30	01:39:29.30	+00:57:00 (57.3%)	9:45	6.2 (43.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 2.4km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10.2km	brutto 10.2km			
130	DURBACZ Magdalena	12	GOŁCZA TEAM	K40	21	00:30:01	01:39:47.85	01:40:04.00	+00:57:34 (57.5%)	9:46	6.1 (42.4%)
131	CICHOCKA Agnieszka	204		K30	20	00:31:47	01:40:22.60	01:40:33.40	+00:58:04 (57.7%)	9:50	6.1 (42.4%)
132	MĘCIK Adrianna	60		K20	13	00:31:24	01:39:54.00	01:40:35.65	+00:58:06 (57.8%)	9:47	6.1 (42.4%)
133	STAŃCZAK Dominika	2	STAŃCZAK SKŁAD	K40	22	00:30:25	01:40:22.60	01:40:40.25	+00:58:11 (57.8%)	9:50	6.1 (42.4%)
134	SZAJNA Agata	193		K50	2	00:28:08	01:41:21.15	01:41:32.10	+00:59:02 (58.2%)	9:56	6 (41.7%)
135	POPEK Małgorzata	167	FOREVER TEAM	K40	23	00:29:22	01:41:33.55	01:41:53.35	+00:59:24 (58.3%)	9:57	6 (41.7%)
136	KOPYLAK Barbara	26		K30	21	00:29:31	01:42:06.35	01:42:06.35	+00:59:37 (58.4%)	10:00	6 (41.7%)
137	SŁOWIŃSKA Małgorzata	58		K40	24	00:30:08	01:41:53.35	01:42:11.10	+00:59:41 (58.4%)	9:59	6 (41.7%)
138	JASIEWICZ Karolina	95		K30	22	00:28:39	01:42:12.20	01:42:19.60	+00:59:50 (58.5%)	10:01	6 (41.7%)
139	KONDRACKA Emilia	61		K20	14	00:31:18	01:42:05.95	01:42:53.75	+01:00:24 (58.7%)	10:00	6 (41.7%)
140	BRZEZIŃSKA Agnieszka	80		K50	3	00:30:24	01:42:32.40	01:42:55.15	+01:00:25 (58.7%)	10:03	6 (41.7%)
141	OBIDZIŃSKA Katarzyna	74		K40	25	00:28:15	01:42:49.50	01:43:22.45	+01:00:53 (58.9%)	10:04	6 (41.7%)
142	SKUBISZ Katarzyna	157		K40	26	00:29:10	01:43:13.85	01:43:30.65	+01:01:01 (59.0%)	10:07	5.9 (41.0%)
143	SZCZYPIÓR Roman	10		M50	2	00:29:22	01:43:14.30	01:43:36.95	+01:01:07 (59.0%)	10:07	5.9 (41.0%)
144	GÓRNY Kamila	33	SŁOŃCA JURY	K40	27	00:31:37	01:43:29.35	01:43:39.10	+01:01:09 (59.0%)	10:08	5.9 (41.0%)
145	CIERPIAŁ Bartosz	13	SŁOŃCA JURY	M30	27	00:31:39	01:43:30.15	01:43:39.25	+01:01:10 (59.0%)	10:08	5.9 (41.0%)
146	GARCZYK Agnieszka	8	KB GALOPUJĄCE ŚLIMAKI	K30	23	00:31:46	01:43:42.60	01:43:56.50	+01:01:27 (59.1%)	10:10	5.9 (41.0%)
147	GARCZYK Marzena	9	KB GALOPUJĄCE ŚLIMAKI	K40	28	00:31:47	01:43:42.90	01:43:56.70	+01:01:27 (59.1%)	10:10	5.9 (41.0%)
148	KOWALSKA Joanna	218		K20	15	00:32:59	01:45:14.90	01:45:25.25	+01:02:56 (59.7%)	10:19	5.8 (40.3%)
149	KACZOR Paweł	75		M30	28	00:28:12	01:45:02.15	01:45:33.60	+01:03:04 (59.8%)	10:17	5.8 (40.3%)
150	WOJTOWICZ Zdzisław	126	NIEZRZESZONY	M60	3	00:29:47	01:46:42.60	01:46:50.20	+01:04:20 (60.2%)	10:27	5.7 (39.6%)
151	GODEK Magdalena	121		K40	29	00:30:34	01:47:03.25	01:47:09.70	+01:04:40 (60.4%)	10:29	5.7 (39.6%)
152	DROŹDZIEL Agnieszka	59		K40	30	00:31:45	01:47:50.80	01:48:07.15	+01:05:37 (60.7%)	10:34	5.7 (39.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 2.4km	Czas netto 10.2km	Czas brutto 10.2km	Różn	Tempo min/km	Tempo km/h
153	KACZMARCZYK Ewelina	147		K30	24	00:30:02	01:49:15.80	01:49:24.20	+01:06:54 (61.2%)	10:42	5.6 (38.9%)
154	FRAĆZEK Gosia	64		K40	31	00:33:14	01:49:32.05	01:49:37.85	+01:07:08 (61.2%)	10:44	5.6 (38.9%)
155	DANKOWSKI Patryk	79		M30	29	00:29:46	01:49:49.00	01:50:10.95	+01:07:41 (61.4%)	10:45	5.6 (38.9%)
156	DĄBROWSKA Agnieszka	151	TRAKING TEAM OSTROWIEC	K30	25	00:28:53	01:50:16.00	01:50:23.35	+01:07:54 (61.5%)	10:48	5.6 (38.9%)
157	ZIMNICKA Agnieszka	140		K40	32	00:28:54	01:50:18.35	01:50:25.95	+01:07:56 (61.5%)	10:48	5.5 (38.2%)
158	GRANICA Monika	200	RAK'N'ROLL	K20	16	00:29:39	01:50:40.30	01:50:52.60	+01:08:23 (61.7%)	10:50	5.5 (38.2%)
159	MAJDAK Magdalena	20		K40	33	00:31:21	01:50:45.40	01:51:01.70	+01:08:32 (61.7%)	10:51	5.5 (38.2%)
160	MILCZAREK Malgorzata	29		K40	34	00:31:53	01:51:31.85	01:51:31.85	+01:09:02 (61.9%)	10:55	5.5 (38.2%)
161	DAWID Honorata	135		K40	35	00:35:54	01:51:42.65	01:52:07.75	+01:09:38 (62.1%)	10:57	5.5 (38.2%)
162	FILIPOWSKA= PODSIADŁY Anna	199		K40	36	00:30:11	01:53:18.25	01:53:30.15	+01:11:00 (62.6%)	11:06	5.4 (37.5%)
163	JANECZEK Tomasz	101		M30	30	00:35:21	01:54:15.15	01:54:30.85	+01:12:01 (62.9%)	11:12	5.4 (37.5%)
164	GASIŃSKA Agnieszka	261		K40	37	00:36:00	01:55:15.20	01:55:23.30	+01:12:54 (63.2%)	11:17	5.3 (36.8%)
165	MICHALSKI Mateusz	32	SŁOŃCA JURY	M20	21	00:35:59	01:55:15.55	01:55:23.45	+01:12:54 (63.2%)	11:17	5.3 (36.8%)
166	DUBIECKA Agnieszka	84		K50	4	00:32:32	01:55:55.55	01:56:07.30	+01:13:38 (63.4%)	11:21	5.3 (36.8%)
166	SIKORA Małgorzata	45		K50	4	00:33:54	01:55:55.30	01:56:07.30	+01:13:38 (63.4%)	11:21	5.3 (36.8%)
168	GONCIARZ Michał	213		M30	31	00:39:16	01:56:22.30	01:56:46.55	+01:14:17 (63.6%)	11:24	5.3 (36.8%)
169	PYRZYNA Eliza	47	EUROCASH TEAM	K30	26	00:39:16	01:56:23.65	01:56:47.05	+01:14:17 (63.6%)	11:24	5.3 (36.8%)
170	RUSZNIAK Ewelina	188		K20	17	00:36:44	01:57:16.50	01:57:16.50	+01:14:47 (63.8%)	11:29	5.2 (36.1%)
171	WOJTCAK Marta	211		K20	18	00:34:24	01:57:18.85	01:57:42.65	+01:15:13 (63.9%)	11:30	5.2 (36.1%)
172	RADZIEJOWSKI Bogusław	229	NORDIC TEAM CZĘSTOCHOWA	M60	4	00:32:58	01:58:05.15	01:58:15.50	+01:15:46 (64.1%)	11:34	5.2 (36.1%)
173	MOJEK Michał	102	BIEGACZE SPECJALNEJ TROSKI	M40	28	00:28:57	01:58:49.25	01:59:07.00	+01:16:37 (64.3%)	11:38	5.2 (36.1%)
174	NAJDER Maciej	97	TATRA GANG	M30	32	00:30:00	02:00:03.40	02:00:26.05	+01:17:56 (64.7%)	11:46	5.1 (35.4%)
175	PERZ Kacper	124		M20	22	00:41:43	02:01:38.50	02:01:50.40	+01:19:21 (65.1%)	11:55	5 (34.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 2.4km		Czas netto 10.2km	Czas brutto 10.2km	Różn	Tempo min/km	Tempo km/h
176	MICHALIK Wiktoria	30	SŁOŃCA JURY	K20	19	00:36:12		02:05:11.60	02:05:18.35	+01:22:49 (66.1%)	12:16	4.9 (34.0%)
177	MICHALIK Agnieszka	35	SŁOŃCA JURY	K40	38	00:36:13		02:05:10.65	02:05:18.45	+01:22:49 (66.1%)	12:16	4.9 (34.0%)
178	KASZTELAN Agata	34	SŁOŃCA JURY	K40	39	00:36:16		02:05:12.30	02:05:18.65	+01:22:49 (66.1%)	12:16	4.9 (34.0%)
179	SZCZUROWSKA - ROŻEK Joanna	195		K30	27	00:35:31		02:05:54.80	02:06:04.85	+01:23:35 (66.3%)	12:20	4.9 (34.0%)
180	NIERADA Adrianna	69	NIEDZIELNI SPACEROWICZE	K40	40	00:41:37		02:06:36.45	02:06:51.40	+01:24:22 (66.5%)	12:24	4.8 (33.3%)
181	CIEPLIŃSKA Wioletta	18	NAPRZÓD MŁOCINY	K40	41	00:38:05		02:06:45.15	02:06:58.25	+01:24:29 (66.5%)	12:25	4.8 (33.3%)
182	PAZERA Jozef	116	ZAMAGURSKI BEZCI	M30	33	00:38:20		02:08:03.90	02:08:24.95	+01:25:55 (66.9%)	12:33	4.8 (33.3%)
183	KLEMOVÁ Tinka	86	ZAMAGURSKÍ BEŽCI	K40	42	00:38:22		02:08:05.25	02:08:26.30	+01:25:57 (66.9%)	12:33	4.8 (33.3%)
184	ROZLACH Paulina	77		K20	20	00:36:40		02:10:28.65	02:10:28.65	+01:27:59 (67.4%)	12:47	4.7 (32.6%)
185	MATYJASIK Estera	11		K30	28	00:36:40		02:10:29.00	02:10:29.00	+01:27:59 (67.4%)	12:47	4.7 (32.6%)
186	PEC Monika	23	NAPRZÓD MŁOCINY	K50	6	00:36:21		02:15:15.85	02:15:21.20	+01:32:51 (68.6%)	13:15	4.5 (31.3%)
187	TWARDOWSKI Krzysztof	220	KARNIEWSKI KLUB TURYSTYCZNY 1	M50	3	00:42:35		02:23:33.10	02:23:47.25	+01:41:18 (70.5%)	14:04	4.3 (29.9%)
188	TWARDOWSKA Ewa	224	KARNIEWSKI KLUB TURYSTYCZNY 1	K50	7	00:41:39		02:23:38.10	02:23:47.40	+01:41:18 (70.5%)	14:04	4.3 (29.9%)
189	MIKOŁAJCZUK Agnieszka	96	PĘDZĄCE LENIWCE	K40	43	00:41:58		02:28:16.80	02:28:38.75	+01:46:09 (71.4%)	14:32	4.1 (28.5%)
189	RZYSZKIEWICZ Małgorzata	108	PĘDZĄCE LENIWCE	K40	43	00:42:00		02:28:17.65	02:28:38.75	+01:46:09 (71.4%)	14:32	4.1 (28.5%)
191	DYDEL Monika	205		K40	45	00:41:54		02:35:38.90	02:35:57.80	+01:53:28 (72.8%)	15:15	3.9 (27.1%)
192	MUSZYŃSKA Agnieszka	198		K30	29	00:41:56		02:35:39.65	02:35:58.15	+01:53:28 (72.8%)	15:15	3.9 (27.1%)
193	ZIELIŃSKA Alicja	207		K20	21	00:41:56		02:35:38.85	02:35:58.25	+01:53:29 (72.8%)	15:15	3.9 (27.1%)
194	BIELSKA Ela	189		K60	2	00:44:42		02:38:55.75	02:39:10.70	+01:56:41 (73.3%)	15:34	3.9 (27.1%)
195	RICHTER-BIEGAŁA Sylwia	206		K40	46	00:44:45		02:38:57.45	02:39:11.05	+01:56:41 (73.3%)	15:35	3.9 (27.1%)
196	ŻYCHOWSKI Waldemar	194		M50	4	00:42:56		02:38:58.25	02:39:11.95	+01:56:42 (73.3%)	15:35	3.8 (26.4%)
197	ŁUGOWSKA Maria	190	RAK&ROLL	K60	3	00:44:42		02:38:57.65	02:39:12.90	+01:56:43 (73.3%)	15:35	3.9 (27.1%)
198	ŻYCHOWSKA Małgorzata	136		K50	8	00:43:00		02:39:00.70	02:39:13.20	+01:56:43 (73.3%)	15:35	3.8 (26.4%)
	AUGUSTYN Krystian	54	VEGE RUNNERS	M30		00:30:09	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 199 wynik(ów)