



HARDY ROLLING - 11 KM

B4SPORT

Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2024-04-20
Miejsce: Szczawnica
Dystans: 10.6 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
1	MAREK Dariusz	133		M30	1		00:14:28	00:49:03.25	00:49:04.00		4:37	13 (100%)
2	LORENZEN Wendall	4057	MERRELL	M20	1		00:14:39	00:49:16.25	00:49:17.90	+00:00:13 (0.5%)	4:38	12.9 (99.2%)
3	SIKOŃCZYK Miłosz	1248	ALPIN SPORT TEAM	M30	2		00:15:21	00:51:11.75	00:51:12.95	+00:02:08 (4.2%)	4:49	12.4 (95.4%)
4	CHŁANDA Sebastian	127	GRUPETTO GORLICE	M30	3		00:14:54	00:52:30.80	00:52:31.60	+00:03:27 (6.6%)	4:57	12.1 (93.1%)
5	KURZEJA Michał	362	MYENDURANCETEAM	M20	2		00:14:28	00:52:39.30	00:52:40.05	+00:03:36 (6.8%)	4:58	12.1 (93.1%)
6	MIROSZKA Krzysztof	210		M20	3		00:15:31	00:53:46.60	00:53:47.30	+00:04:43 (8.8%)	5:04	11.8 (90.8%)
7	MALEC Łukasz	4028	SPISKA GRUPA BIEGOWA	M40	1		00:16:19	00:53:52.20	00:53:54.45	+00:04:50 (9.0%)	5:04	11.8 (90.8%)
8	BOROŃ Dariusz	412		M30	4		00:15:21	00:54:17.60	00:54:18.45	+00:05:14 (9.7%)	5:07	11.7 (90.0%)
9	POKRYWKA Robert	146		M20	4		00:16:54	00:55:44.55	00:55:47.30	+00:06:43 (12.0%)	5:15	11.4 (87.7%)
10	CHLIPAŁA Bartłomiej	447	MKL BRYGADA BESKIDÓW	M20	5		00:15:55	00:56:22.65	00:56:23.70	+00:07:19 (13.0%)	5:19	11.3 (86.9%)
11	FICMER Anna	4079		K30	1		00:16:29	00:56:37.35	00:56:39.60	+00:07:35 (13.4%)	5:20	11.2 (86.2%)
12	ZBORUCKI Jan	333	PRZEDWOJEWSKI TEAM	M40	2		00:17:17	00:57:56.40	00:57:57.75	+00:08:53 (15.3%)	5:27	11 (84.6%)
13	OSIECKI Jakub	4073		M40	3		00:16:29	00:58:14.35	00:58:15.55	+00:09:11 (15.8%)	5:29	10.9 (83.8%)
14	MICHALEC Mateusz	279	42K PRO TEAM	M20	6		00:15:30	00:58:43.25	00:58:44.55	+00:09:40 (16.5%)	5:32	10.8 (83.1%)
15	PAJOR Marcin	303	KB PARANTELA	M20	7		00:18:42	00:58:45.15	00:58:52.65	+00:09:48 (16.7%)	5:32	10.8 (83.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
16	ZABEL Robert	2149	WKS WAWEL KRAKÓW	M40	4		00:17:22	00:59:28.20	00:59:30.15	+00:10:26 (17.5%)	5:36	10.7 (82.3%)
17	STRZĘPEK Dariusz	425		M30	5		00:17:53	00:59:28.10	00:59:32.20	+00:10:28 (17.6%)	5:36	10.7 (82.3%)
18	DÁVID Gábor	441	HEGYIKECSKÉK SE	M20	8		00:17:16	01:00:00.25	01:00:04.80	+00:11:00 (18.3%)	5:39	10.6 (81.5%)
19	WOŹNIAK Piotr	122		M30	6		00:16:45	01:00:45.10	01:00:45.90	+00:11:41 (19.3%)	5:43	10.5 (80.8%)
20	ZIĘBA Mateusz	4014	PODIUM	M40	5		00:18:04	01:00:52.20	01:00:54.20	+00:11:50 (19.4%)	5:44	10.4 (80.0%)
21	KŁODA Dominika	4022	ASICSFRONTRUNNER	K20	1		00:16:55	01:00:57.15	01:00:59.10	+00:11:55 (19.5%)	5:45	10.4 (80.0%)
22	RASZKA Aleksandra	116	MOUNTAIN RUNNING GUIDES	K20	2		00:18:46	01:01:02.45	01:01:05.60	+00:12:01 (19.7%)	5:45	10.4 (80.0%)
23	GOŁYŹNIAK Andrzej	4025		M20	9		00:18:59	01:01:03.40	01:01:07.20	+00:12:03 (19.7%)	5:45	10.4 (80.0%)
24	FERET Kamila	371	KRT JELENIA GÓRA	K20	3		00:19:03	01:01:13.70	01:01:17.25	+00:12:13 (19.9%)	5:46	10.4 (80.0%)
25	KURNYTA Sławomir	4048	OCHOTNICA	M30	7		00:18:51	01:01:16.05	01:01:24.25	+00:12:20 (20.1%)	5:46	10.4 (80.0%)
26	BIDAS Róża	167		K30	2		00:19:14	01:01:23.10	01:01:26.55	+00:12:22 (20.1%)	5:47	10.4 (80.0%)
27	URBAN Michał	102	SOKOLICA	M20	10		00:18:38	01:01:25.70	01:01:26.70	+00:12:22 (20.1%)	5:47	10.4 (80.0%)
28	GIBAS Rafał	4046		M50	1		00:17:36	01:01:28.55	01:01:32.00	+00:12:28 (20.3%)	5:47	10.3 (79.2%)
29	MAGIERA Adrian	335		M30	8		00:18:00	01:01:35.15	01:01:39.85	+00:12:35 (20.4%)	5:48	10.3 (79.2%)
30	BIELA Konrad	379	ON RUN CREW POLAND / GOPR KARKONOSZE	M30	9		00:18:31	01:01:46.45	01:01:48.40	+00:12:44 (20.6%)	5:49	10.3 (79.2%)
31	ZBOROWSKI Krzysztof	305		M40	6		00:17:44	01:02:11.00	01:02:13.25	+00:13:09 (21.1%)	5:51	10.2 (78.5%)
32	GRZYB Konrad	4078		M30	10		00:17:01	01:02:09.65	01:02:14.70	+00:13:10 (21.2%)	5:51	10.2 (78.5%)
33	KACZMAREK Tomasz	345	NIEPOŁOMICE BIEGAJĄ	M40	7		00:18:40	01:02:56.25	01:02:56.25	+00:13:52 (22.0%)	5:56	10.1 (77.7%)
34	JUDASZ Leszek	104		M30	11		00:18:54	01:03:13.85	01:03:18.05	+00:14:14 (22.5%)	5:57	10.1 (77.7%)
35	ŚLĄSKI Bartosz	206	PRZEDWOJEWSKI TEAM	M30	12		00:19:00	01:03:38.60	01:03:40.90	+00:14:36 (23.0%)	6:00	10 (76.9%)
36	PALUCH Kamila	385		K30	3		00:19:03	01:03:48.50	01:03:51.35	+00:14:47 (23.2%)	6:01	10 (76.9%)
37	BOLECHOWSKA Dominika	444	ALPIN SPORT	K40	1		00:19:08	01:04:27.25	01:04:35.00	+00:15:31 (24.0%)	6:04	9.9 (76.2%)
38	WITEK Filip	244		M20	11		00:18:40	01:04:10.70	01:04:44.20	+00:15:40 (24.2%)	6:03	9.9 (76.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
39	BĄK Mateusz	176		M20	12		00:18:39	01:04:42.30	01:04:44.85	+00:15:40 (24.2%)	6:06	9.8 (75.4%)
40	CIECKIEWICZ Tomasz	184		M30	13		00:20:04	01:04:50.05	01:04:53.65	+00:15:49 (24.4%)	6:06	9.8 (75.4%)
41	JUCHA Michał	307	BIEGIEM PO PIWO	M40	8		00:20:04	01:05:15.75	01:05:22.00	+00:16:18 (24.9%)	6:09	9.7 (74.6%)
42	KARCZUB Roland	438	HEGYIKECSKÉK SE	M20	13		00:18:31	01:06:10.30	01:06:15.45	+00:17:11 (25.9%)	6:14	9.6 (73.8%)
43	SZKOŁUDA Sabina	378	NICE'SRUNNERSTEAM	K20	4		00:18:37	01:06:22.30	01:06:24.45	+00:17:20 (26.1%)	6:15	9.6 (73.8%)
44	ŻUREK Kazimierz	218	M.I.L.A.	M40	9		00:19:55	01:06:28.65	01:06:32.45	+00:17:28 (26.3%)	6:16	9.6 (73.8%)
45	DOMOŃ Łukasz	200		M30	14		00:19:17	01:06:27.20	01:06:35.25	+00:17:31 (26.3%)	6:16	9.6 (73.8%)
46	BOLECHOWSKI Dominik	230		M20	14		00:19:29	01:06:37.80	01:06:39.75	+00:17:35 (26.4%)	6:17	9.5 (73.1%)
47	JĘZYK Marek	445	KS LIMANOWA FORREST	M20	15		00:19:32	01:07:23.45	01:07:24.85	+00:18:20 (27.2%)	6:21	9.4 (72.3%)
48	PIERZCHAŁA Artur	4074		M30	15		00:21:16	01:07:42.85	01:07:46.40	+00:18:42 (27.6%)	6:23	9.4 (72.3%)
49	PAJĄK Stanisław	4049	SKI TEAM PODHALE/TERMY CHOCHOŁOWSKIE	M50	2		00:20:16	01:07:29.60	01:07:52.65	+00:18:48 (27.7%)	6:21	9.4 (72.3%)
50	NASKAUSKÉ Monika	4012	MOKASPORT	K20	5		00:19:55	01:08:29.65	01:08:32.80	+00:19:28 (28.4%)	6:27	9.3 (71.5%)
51	PACHURA Kinga	8	ULTRA BABIA #WYBIEGAJRAKA	K40	2		00:21:06	01:08:51.65	01:08:54.35	+00:19:50 (28.8%)	6:29	9.2 (70.8%)
52	JANDURA Norbert	414	LKS ZUZA RUNNING TEAM OPOCZNO	M20	16		00:19:41	01:09:00.40	01:09:02.45	+00:19:58 (28.9%)	6:30	9.2 (70.8%)
53	MAZGAJSKI Tymoteusz	236		M20	17		00:19:37	01:08:54.45	01:09:03.60	+00:19:59 (29.0%)	6:30	9.2 (70.8%)
54	MORAWSKI Robert	237		M30	16		00:17:54	01:09:16.10	01:09:18.80	+00:20:14 (29.2%)	6:32	9.2 (70.8%)
55	DUDA Patryk	252		M30	17		00:20:05	01:09:12.20	01:09:20.90	+00:20:16 (29.2%)	6:31	9.2 (70.8%)
56	MICKIEWICZ Tomasz	4004	WPUNKT CORBA.	M30	18		00:18:34	01:09:20.90	01:09:30.00	+00:20:26 (29.4%)	6:32	9.2 (70.8%)
57	ŁESEJKO Mateusz	105		M40	10		00:18:28	01:09:21.30	01:09:48.30	+00:20:44 (29.7%)	6:32	9.2 (70.8%)
58	WYSOKIŃSKA Justyna	174		K30	4		00:19:14	01:10:07.60	01:10:10.35	+00:21:06 (30.1%)	6:36	9.1 (70.0%)
59	JARMUŻEK Marcin	4047		M40	11		00:21:33	01:10:24.10	01:10:30.00	+00:21:26 (30.4%)	6:38	9 (69.2%)
60	KIKLICA Łukasz	396	FUNDACJA SPORTU WYCZYNOWEGO	M20	18		00:19:48	01:10:39.35	01:10:42.50	+00:21:38 (30.6%)	6:39	9 (69.2%)
61	BOMBA Jakub	331		M20	19		00:20:38	01:10:50.85	01:10:54.15	+00:21:50 (30.8%)	6:40	9 (69.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km		Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
62	ŚLUSARCZYK Marek	415		M30	19		00:19:47	01:11:18.75	01:11:22.95	+00:22:18 (31.3%)	6:43	8.9 (68.5%)	
63	DZIERŻAK Elżbieta	4054	WWW.TRENINGFIZJOTERAPIA.PL	K40	3		00:22:06	01:11:35.35	01:11:38.35	+00:22:34 (31.5%)	6:45	8.9 (68.5%)	
64	MAZUREK Dariusz	4017	RZESZOWSKIE GAZELE I GEPARDY	M40	12		00:20:45	01:11:31.80	01:11:39.05	+00:22:35 (31.5%)	6:44	8.9 (68.5%)	
65	CHROBAK Agnieszka	4023	FUNDACJAŁĄCZĄNASGÓRY	K20	6		00:21:41	01:12:05.55	01:12:09.00	+00:23:05 (32.0%)	6:48	8.8 (67.7%)	
66	DUBAN Justyna	239		K20	7		00:20:51	01:12:07.40	01:12:10.75	+00:23:06 (32.0%)	6:48	8.8 (67.7%)	
67	KALFAS Tomasz	175		M30	20		00:22:16	01:12:22.20	01:12:36.25	+00:23:32 (32.4%)	6:49	8.8 (67.7%)	
68	RYŻYŃSKA Paulina	156		K30	5		00:23:02	01:12:17.10	01:12:36.55	+00:23:32 (32.4%)	6:49	8.8 (67.7%)	
69	KAWALEC Konrad	4056		M30	21		00:21:02	01:12:27.45	01:12:42.85	+00:23:38 (32.5%)	6:50	8.8 (67.7%)	
70	KOWALSKI Adam	160	2K	M20	20		00:20:48	01:12:48.15	01:12:56.70	+00:23:52 (32.7%)	6:52	8.7 (66.9%)	
71	ZABOROWSKI Łukasz	365		M20	21		00:21:14	01:13:16.65	01:13:25.35	+00:24:21 (33.2%)	6:54	8.7 (66.9%)	
72	LIGAS Andrzej	397	FUNDACJA SPORTU WYCZYNOWEGO	M40	13		00:22:58	01:13:24.60	01:13:26.85	+00:24:22 (33.2%)	6:55	8.7 (66.9%)	
73	LENERT Tomasz	168		M20	22		00:23:09	01:13:25.55	01:13:29.75	+00:24:25 (33.2%)	6:55	8.7 (66.9%)	
74	MATUŁA Natalia	342	MKL BRYGADA BESKIDÓW	K20	8		00:21:19	01:14:26.50	01:14:29.85	+00:25:25 (34.1%)	7:01	8.5 (65.4%)	
75	HAJDUK Witold	306		M40	14		00:23:06	01:15:07.60	01:15:21.50	+00:26:17 (34.9%)	7:05	8.5 (65.4%)	
76	URMANSKI Marek	364		M30	22		00:22:50	01:15:43.50	01:15:53.85	+00:26:49 (35.4%)	7:08	8.4 (64.6%)	
77	CHRYCZYK Wojciech	411	RYCZYK TEAM AUDI FANCLUB	M30	23		00:23:38	01:16:13.50	01:16:18.95	+00:27:14 (35.7%)	7:11	8.3 (63.8%)	
78	MAJDAK Mariusz	3000		M20	23		00:18:16	01:16:20.55	01:16:22.20	+00:27:18 (35.8%)	7:12	8.3 (63.8%)	
79	PARZYGNAT Dariusz	246	WYPOŻYCZALNIA POLANKI	M30	24		00:22:04	01:16:19.55	01:16:23.70	+00:27:19 (35.8%)	7:11	8.3 (63.8%)	
80	SKIBICKI Krzysztof	199	ZADYSZKA OŚWIĘCIM	M50	3		00:22:51	01:15:56.90	01:16:25.25	+00:27:21 (35.8%)	7:09	8.4 (64.6%)	
81	MOROZOV Rostislav	155	APEX RISES	M20	24		00:21:32	01:17:14.10	01:17:30.45	+00:28:26 (36.7%)	7:17	8.2 (63.1%)	
82	MADEJ Maciej	205		M30	25		00:23:08	01:17:12.65	01:17:30.80	+00:28:26 (36.7%)	7:16	8.2 (63.1%)	
83	JURKIEWICZ Wojciech	416	PKO BANK POLSKI	M30	26		00:20:44	01:17:44.25	01:17:49.00	+00:28:45 (36.9%)	7:20	8.2 (63.1%)	
84	KORDYL Waldemar	337	AZS AWF KRAKÓW MASTERS	M50	4		00:22:37	01:17:46.00	01:17:50.10	+00:28:46 (37.0%)	7:20	8.2 (63.1%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
85	KANIA Marian	4087	LEDWO ZIPIE RYBNIK	M50	5		00:22:29	01:18:00.25	01:18:09.70	+00:29:05 (37.2%)	7:21	8.2 (63.1%)
86	ZIMNY Jakub	4080		M40	15		00:23:22	01:18:04.55	01:18:22.45	+00:29:18 (37.4%)	7:21	8.1 (62.3%)
87	SMULSKA Anita	308		K20	9		00:23:50	01:18:19.00	01:18:23.10	+00:29:19 (37.4%)	7:23	8.1 (62.3%)
88	FLORIAN Sabina	420		K30	6		00:21:16	01:19:07.30	01:19:09.00	+00:30:05 (38.0%)	7:27	8 (61.5%)
89	MAŽEIKYTĖ Gintarė	437	AMŪRAS IR KOMPANIJA	K40	4		00:24:00	01:19:02.60	01:19:15.75	+00:30:11 (38.1%)	7:27	8 (61.5%)
90	KHRUSLOV Volodymyr	129		M30	27		00:24:19	01:19:05.90	01:19:18.35	+00:30:14 (38.1%)	7:27	8 (61.5%)
91	CZUPRYNA Jakub	372		M20	25		00:23:50	01:19:14.40	01:19:23.70	+00:30:19 (38.2%)	7:28	8 (61.5%)
92	NYKA Mila	390	-	K20	10		00:24:28	01:19:33.55	01:19:38.00	+00:30:34 (38.4%)	7:30	8 (61.5%)
93	HAMERLIK Łukasz	417		M40	16		00:22:38	01:20:07.10	01:20:16.75	+00:31:12 (38.9%)	7:33	7.9 (60.8%)
94	TUREK Damian	245		M30	28		00:22:27	01:20:26.20	01:20:36.70	+00:31:32 (39.1%)	7:35	7.9 (60.8%)
95	PLUCIŃSKI Jakub	332	DRAGON RUNNERS	M30	29		00:23:34	01:20:34.15	01:20:36.80	+00:31:32 (39.1%)	7:36	7.9 (60.8%)
96	TOKARAU Aliaksei	4026		M20	26		00:23:51	01:20:28.90	01:20:42.55	+00:31:38 (39.2%)	7:35	7.9 (60.8%)
97	LIANA Bartłomiej	249		M30	30		00:23:22	01:21:30.90	01:21:35.75	+00:32:31 (39.9%)	7:41	7.8 (60.0%)
98	SKOWROŃSKA Daria	386		K20	11		00:24:38	01:21:45.10	01:21:49.05	+00:32:45 (40.0%)	7:42	7.8 (60.0%)
99	TOKARAU Kanstantsin	4027		M40	17			01:22:06.25	01:22:20.85	+00:33:16 (40.4%)	7:44	7.7 (59.2%)
100	PACURA Ireneusz	221		M30	31		00:23:06	01:22:10.60	01:22:22.35	+00:33:18 (40.4%)	7:45	7.7 (59.2%)
101	DULAK Katarzyna	395	FUNDACJA SPORTU WYCZYNOWEGO	K30	7		00:22:51	01:22:21.15	01:22:22.70	+00:33:18 (40.4%)	7:46	7.7 (59.2%)
102	BUDZIOSZ Michał	399		M40	18		00:24:19	01:22:21.30	01:22:41.00	+00:33:37 (40.7%)	7:46	7.7 (59.2%)
103	JUNG Oliwia	223		K20	12		00:22:00	01:22:37.70	01:22:56.30	+00:33:52 (40.8%)	7:47	7.7 (59.2%)
104	IDZIAK Gwidon	421	#R	M50	6		00:25:04	01:22:57.00	01:23:02.00	+00:33:58 (40.9%)	7:49	7.7 (59.2%)
105	IDZIK Marcin	409	KORONA	M30	32		00:23:01	01:23:28.65	01:23:34.55	+00:34:30 (41.3%)	7:52	7.6 (58.5%)
106	DEDO Justyna	419		K20	13		00:23:49	01:23:39.45	01:23:43.70	+00:34:39 (41.4%)	7:53	7.6 (58.5%)
107	KŁODA Mikołaj	4011		M20	27		00:25:32	01:23:17.30	01:23:48.00	+00:34:44 (41.4%)	7:51	7.6 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
108	STAWICKI Maciej	173		M30	33		00:23:07	01:23:14.80	01:23:52.90	+00:34:48 (41.5%)	7:51	7.6 (58.5%)
109	TUROWSKA Justyna	443		K30	8		00:23:22	01:23:54.40	01:23:57.40	+00:34:53 (41.6%)	7:54	7.6 (58.5%)
110	SAWICKI Robert	114	BIEGAM GDZIE POPADNIE	M40	19		00:25:48	01:23:39.00	01:24:02.80	+00:34:58 (41.6%)	7:53	7.6 (58.5%)
111	WAGA Tomasz	201		M50	7		00:22:37	01:23:36.00	01:24:04.15	+00:35:00 (41.6%)	7:53	7.6 (58.5%)
112	KWIECIEŃ Kacper	424	CIAPKI & KLAPKI TEAM	M30	34		00:24:13	01:24:51.35	01:24:59.60	+00:35:55 (42.3%)	8:00	7.5 (57.7%)
113	MADEJ-ŚWIĄTKOWSKA Karina	194		K30	9		00:23:53	01:24:59.35	01:25:16.35	+00:36:12 (42.5%)	8:01	7.5 (57.7%)
114	SYCZ Michał	280		M30	35		00:22:19	01:24:57.20	01:25:34.60	+00:36:30 (42.7%)	8:00	7.5 (57.7%)
115	PIONK Alicja	4064		K20	14		00:23:13	01:25:24.70	01:25:35.40	+00:36:31 (42.7%)	8:03	7.4 (56.9%)
116	WOJEWODA Marta	991	OLEJ RUNNING TEAM	K30	10		00:24:59	01:25:27.45	01:25:40.10	+00:36:36 (42.7%)	8:03	7.4 (56.9%)
117	ŚLUSARZ Marian	292		M60	1		00:23:13	01:25:43.10	01:25:49.00	+00:36:45 (42.8%)	8:05	7.4 (56.9%)
118	STARZYCKA Barbara	181		K30	11		00:25:02	01:25:36.50	01:25:52.20	+00:36:48 (42.9%)	8:04	7.4 (56.9%)
119	OLEWNIK Łukasz	1744	AGB TORFY	M30	36		00:25:00	01:25:57.85	01:26:06.40	+00:37:02 (43.0%)	8:06	7.4 (56.9%)
120	MAZAN Przemysław	108		M40	20		00:25:03	01:26:11.05	01:26:26.65	+00:37:22 (43.2%)	8:07	7.4 (56.9%)
121	PĄCZEK Albert	387		M30	37		00:24:34	01:26:26.15	01:26:32.20	+00:37:28 (43.3%)	8:09	7.4 (56.9%)
122	ZALEWSKI Piotr	2020	PMKW	M30	38		00:25:03	01:26:47.25	01:26:58.35	+00:37:54 (43.6%)	8:11	7.3 (56.2%)
123	PŁAWECKI Dariusz	4050		M30	39		00:25:17	01:26:47.40	01:27:05.30	+00:38:01 (43.7%)	8:11	7.3 (56.2%)
124	SOKOŁOWSKA Anna	319		K20	15		00:25:13	01:27:07.15	01:27:14.40	+00:38:10 (43.8%)	8:13	7.3 (56.2%)
125	MAJDAK Bartłomiej	439	TESTERZY GLEBY	M40	21		00:25:34	01:27:15.10	01:27:33.85	+00:38:29 (44.0%)	8:13	7.3 (56.2%)
126	BUROSZEK Krzysztof	110		M30	40		00:25:47	01:27:40.50	01:27:54.05	+00:38:50 (44.2%)	8:16	7.3 (56.2%)
127	KŁACZKIEWICZ Magdalena	402	KB SZAMOTUŁY	K20	16		00:24:42	01:27:38.90	01:27:58.35	+00:38:54 (44.2%)	8:16	7.3 (56.2%)
128	KRAKOWIAK Mikołaj	418		M30	41		00:24:42	01:27:39.35	01:27:58.40	+00:38:54 (44.2%)	8:16	7.3 (56.2%)
129	REGIEC Natalia	294		K30	12		00:23:37	01:28:01.50	01:28:08.05	+00:39:04 (44.3%)	8:18	7.2 (55.4%)
130	KESSLER Aleksandra	4018		K20	17		00:25:55	01:27:59.65	01:28:09.90	+00:39:05 (44.3%)	8:18	7.2 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km		Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
131	BULINSKA Karolina	354		K30	13		00:25:25	01:28:06.40	01:28:13.55	+00:39:09 (44.4%)	8:18	7.2 (55.4%)	
132	WÓJCIO Hubert	161	ULTRASZSZCZAWNICY	M40	22		00:25:34	01:28:00.45	01:28:20.80	+00:39:16 (44.5%)	8:18	7.2 (55.4%)	
133	MARCINKOWSKA Pola	349		K30	14		00:25:41	01:27:48.50	01:28:23.65	+00:39:19 (44.5%)	8:16	7.2 (55.4%)	
134	BURDA Michał	211		M30	42		00:23:36	01:28:15.00	01:28:31.65	+00:39:27 (44.6%)	8:19	7.2 (55.4%)	
135	SALAMON Marcin	259		M30	43		00:22:19	01:28:27.00	01:28:34.85	+00:39:30 (44.6%)	8:20	7.2 (55.4%)	
136	NICHYPARUK Tatsiana	334		K20	18		00:24:52	01:29:10.50	01:29:10.50	+00:40:06 (45.0%)	8:24	7.1 (54.6%)	
137	SAROTA Patrycja	336	SWORDS ATHLETICS	K20	19		00:24:31	01:28:48.65	01:29:11.10	+00:40:07 (45.0%)	8:22	7.2 (55.4%)	
138	KĘPKA Andrzej	427	PRZEWORSKA GRUPA BIEGOWA	M50	8		00:24:43	01:29:05.55	01:29:25.40	+00:40:21 (45.1%)	8:24	7.1 (54.6%)	
139	SIEJA Łukasz	353		M30	44		00:25:28	01:29:25.00	01:29:30.70	+00:40:26 (45.2%)	8:26	7.1 (54.6%)	
140	SANIAK Przemysław	4024		M40	23		00:26:54	01:29:28.95	01:29:32.10	+00:40:28 (45.2%)	8:26	7.1 (54.6%)	
141	BANAŚ Dariusz	318		M30	45		00:26:47	01:29:06.65	01:29:43.75	+00:40:39 (45.3%)	8:24	7.1 (54.6%)	
142	JAŚKOWIEC Michał	208		M30	46		00:23:18	01:29:07.25	01:29:46.20	+00:40:42 (45.3%)	8:24	7.1 (54.6%)	
143	PRUSIK Maria	265		K20	20		00:26:21	01:29:46.85	01:29:56.75	+00:40:52 (45.4%)	8:28	7.1 (54.6%)	
144	MALINOWSKI Antoni	202		M20	28		00:23:36	01:29:23.80	01:29:57.05	+00:40:53 (45.5%)	8:25	7.1 (54.6%)	
145	NOWACKI Karol	180	FERAL CATS HUCISKO TEAM	M40	24		00:25:02	01:29:22.20	01:29:59.15	+00:40:55 (45.5%)	8:25	7.1 (54.6%)	
146	BRZUSZKIEWICZ Jolanta	154	DREAM RUN	K30	15		00:26:52	01:29:43.80	01:30:02.55	+00:40:58 (45.5%)	8:27	7.1 (54.6%)	
147	KLESZCZ Marcin	231		M30	47		00:25:47	01:29:43.00	01:30:06.95	+00:41:02 (45.6%)	8:27	7.1 (54.6%)	
148	ŚPIEWAK-MICHALSKA Daria	109	MŁYNARCZYK ENDURANCE TEAM	K40	5		00:24:40	01:30:04.70	01:30:10.00	+00:41:06 (45.6%)	8:29	7.1 (54.6%)	
149	SKALSKA Aneta	227		K30	16		00:25:04	01:30:01.30	01:30:16.10	+00:41:12 (45.6%)	8:29	7.1 (54.6%)	
150	PITEK Anna	315	42K PRO TEAM	K40	6		00:26:40	01:30:26.60	01:30:29.35	+00:41:25 (45.8%)	8:31	7 (53.8%)	
151	SMOŁA Ewelina	112	FERAL CATS HUCISKO TEAM	K20	21		00:28:29	01:30:06.45	01:30:43.65	+00:41:39 (45.9%)	8:30	7.1 (54.6%)	
152	SZEWCZYK Michał	436		M30	48		00:25:01	01:30:29.90	01:30:47.35	+00:41:43 (46.0%)	8:32	7 (53.8%)	
153	SULEJCZAK Patryk	410		M20	29		00:26:23	01:30:49.95	01:30:58.30	+00:41:54 (46.1%)	8:34	7 (53.8%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
154	WŁODARCZYK Paweł	209		M40	25		00:24:34	01:30:19.80	01:30:58.80	+00:41:54 (46.1%)	8:31	7 (53.8%)
155	KLIMCZAK Joanna	394	FUNDACJA SPORTU WYCZYNOWEGO	K30	17		00:25:24	01:30:56.85	01:30:59.30	+00:41:55 (46.1%)	8:34	7 (53.8%)
156	KURCZ Anna	247		K20	22		00:25:13	01:30:28.70	01:31:00.15	+00:41:56 (46.1%)	8:32	7 (53.8%)
157	NYKA Iga	389	DIUSIA TEAM	K20	23		00:28:04	01:31:02.95	01:31:07.65	+00:42:03 (46.2%)	8:35	7 (53.8%)
158	PERLIŃSKA Paulina	282		K30	18		00:25:21	01:30:47.50	01:31:07.80	+00:42:03 (46.2%)	8:33	7 (53.8%)
159	CHILIMONIUK Diana	128		K20	24		00:25:59	01:31:04.25	01:31:09.00	+00:42:05 (46.2%)	8:35	7 (53.8%)
160	CISAK Adrianna	212		K20	25		00:27:32	01:31:12.05	01:31:20.75	+00:42:16 (46.3%)	8:36	7 (53.8%)
161	METRYKA Oliwia	287		K20	26		00:27:12	01:30:54.05	01:31:21.10	+00:42:17 (46.3%)	8:34	7 (53.8%)
162	GRZESZCZAK-ROŚLANIEC Anna	4008	STOPKA	K30	19		00:26:31	01:32:01.75	01:32:09.50	+00:43:05 (46.8%)	8:40	6.9 (53.1%)
163	ANTOLEC Dominika	288		K20	27		00:26:51	01:33:10.75	01:33:18.35	+00:44:14 (47.4%)	8:47	6.8 (52.3%)
164	DURCZAK Dominik	1247		M20	30		00:24:48	01:33:16.50	01:33:23.55	+00:44:19 (47.5%)	8:47	6.8 (52.3%)
165	LELEK Piotr	193		M30	49		00:27:15	01:33:40.45	01:33:56.80	+00:44:52 (47.8%)	8:50	6.8 (52.3%)
166	TIUKŠA Vilma	192		K30	20		00:25:24	01:34:31.70	01:34:45.10	+00:45:41 (48.2%)	8:55	6.7 (51.5%)
167	HOROVA Halyna	274		K30	21		00:26:45	01:34:37.45	01:34:47.40	+00:45:43 (48.2%)	8:55	6.7 (51.5%)
168	WERLE Nelly	151		K30	22		00:26:28	01:34:42.35	01:34:51.70	+00:45:47 (48.3%)	8:56	6.7 (51.5%)
169	SOBOCIŃSKI Jakub	273		M30	50		00:26:53	01:36:19.10	01:36:29.45	+00:47:25 (49.1%)	9:05	6.6 (50.8%)
170	ŁESEJKO Edyta	106		K40	7		00:23:36	01:36:07.90	01:36:34.50	+00:47:30 (49.2%)	9:04	6.6 (50.8%)
171	WILCZYŃSKA Kamila	4015		K20	28		00:27:33	01:36:00.25	01:36:34.60	+00:47:30 (49.2%)	9:03	6.6 (50.8%)
172	WILCZYŃSKA Kaja	4016		K20	29		00:27:34	01:36:01.40	01:36:34.85	+00:47:30 (49.2%)	9:03	6.6 (50.8%)
173	CIEŚLAK-SAWICKA Katarzyna	4076	BIEGAM GDZIE POPADNIE	K40	8		00:29:05	01:36:11.25	01:36:36.25	+00:47:32 (49.2%)	9:04	6.6 (50.8%)
174	GOŁĄB Agnieszka	341	ING BANK ŚLĄSKI	K30	23		00:26:06	01:37:01.00	01:37:16.10	+00:48:12 (49.6%)	9:09	6.6 (50.8%)
175	DĘBIŃSKA-WITEK Angelika	314		K20	30		00:27:19	01:37:13.50	01:37:29.70	+00:48:25 (49.7%)	9:10	6.5 (50.0%)
176	WITEK Tomasz	125		M30	51		00:27:19	01:37:14.25	01:37:30.45	+00:48:26 (49.7%)	9:10	6.5 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod	Czas	Czas	Różn	Tempo min/km	Tempo km/h
							Durbaszką 2.4km	netto 10.6km	brutto 10.6km			
177	MATYJASZCZYK Barbara	195	ŁĘCZNA BIEGA	K30	24		00:27:11	01:37:20.20	01:37:46.95	+00:48:42 (49.8%)	9:10	6.5 (50.0%)
178	GEŁDON Michał	4045		M30	52		00:28:56	01:38:00.60	01:38:10.80	+00:49:06 (50.0%)	9:14	6.5 (50.0%)
179	SAŁEK Radosław	283		M50	9		00:26:54	01:38:06.65	01:38:27.60	+00:49:23 (50.2%)	9:15	6.5 (50.0%)
180	KUBAREK Agnieszka	222		K40	9		00:28:30	01:38:15.55	01:38:27.90	+00:49:23 (50.2%)	9:16	6.5 (50.0%)
181	RYBARCZYK DOMBKA Agnieszka	449		K40	10		00:26:24	01:38:03.55	01:38:28.20	+00:49:24 (50.2%)	9:15	6.5 (50.0%)
182	BARCIKOWSKI Maciej	152		M30	53		00:27:07	01:37:57.20	01:38:39.40	+00:49:35 (50.3%)	9:14	6.5 (50.0%)
183	KOPKA Magdalena	142		K30	25		00:28:56	01:38:45.55	01:38:51.90	+00:49:47 (50.4%)	9:18	6.4 (49.2%)
184	KORPAK Marta	111		K30	26		00:26:32	01:38:55.80	01:39:08.55	+00:50:04 (50.5%)	9:19	6.4 (49.2%)
185	STRĄCAŁA Paweł	422	STROXWARE	M30	54		00:26:32	01:38:55.85	01:39:08.70	+00:50:04 (50.5%)	9:19	6.4 (49.2%)
186	CENDRZAK Maria	263		K50	1		00:29:40	01:38:42.40	01:39:15.90	+00:50:11 (50.6%)	9:18	6.4 (49.2%)
187	MARTINEZ JIMENEZ Daniela	388		K30	27		00:28:44	01:39:27.30	01:39:32.60	+00:50:28 (50.7%)	9:22	6.4 (49.2%)
188	BYLICA Michał	404		M30	55		00:27:07	01:39:02.00	01:39:41.55	+00:50:37 (50.8%)	9:20	6.4 (49.2%)
189	PRZETAK Anna	405		K20	31		00:27:06	01:39:02.20	01:39:41.65	+00:50:37 (50.8%)	9:20	6.4 (49.2%)
190	DZIAGACZ Maciej	4044		M30	56		00:26:42	01:39:25.00	01:39:44.15	+00:50:40 (50.8%)	9:22	6.4 (49.2%)
191	PIETRZAK Laura	413	STOPKA PILAWA	K30	28		00:28:06	01:39:52.30	01:39:57.30	+00:50:53 (50.9%)	9:25	6.4 (49.2%)
192	DROŹDZIEL Agnieszka	431		K40	11		00:28:48	01:39:55.55	01:40:09.10	+00:51:05 (51.0%)	9:25	6.4 (49.2%)
193	GUT Roman	346		M50	10		00:27:15	01:39:47.05	01:40:10.80	+00:51:06 (51.0%)	9:24	6.4 (49.2%)
194	PABIS Kinga	207	BIEGAM BO LUBIEŃ	K30	29			01:40:05.90	01:40:16.90	+00:51:12 (51.1%)	9:26	6.4 (49.2%)
195	MAZUR Alicja	232	NOWA HUTA TEAM	K20	32		00:26:53	01:40:00.50	01:40:20.80	+00:51:16 (51.1%)	9:26	6.4 (49.2%)
196	TRZCIŃSKI Mateusz	428	TTT	M30	57		00:27:06	01:39:52.75	01:40:22.70	+00:51:18 (51.1%)	9:25	6.4 (49.2%)
197	SOJA Tomek	324		M50	11		00:28:46	01:40:19.30	01:40:42.80	+00:51:38 (51.3%)	9:27	6.3 (48.5%)
198	KONTENYTĚ Rima	398	SALIUTO	K30	30		00:27:19	01:40:46.30	01:41:00.20	+00:51:56 (51.4%)	9:30	6.3 (48.5%)
199	SINGER Wojciech	423	AKTYWNI KOCIEWIACY	M50	12			01:41:08.00	01:41:11.80	+00:52:07 (51.5%)	9:32	6.3 (48.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
200	JAKOWICKA Katarzyna	46		K30	31		00:30:43	01:41:00.25	01:41:21.20	+00:52:17 (51.6%)	9:31	6.3 (48.5%)
201	DYCKOWSKA Zuzanna	214		K30	32		00:27:27	01:40:45.40	01:41:27.40	+00:52:23 (51.6%)	9:30	6.3 (48.5%)
202	LORENC Michał	266		M20	31		00:27:40	01:41:29.95	01:41:36.20	+00:52:32 (51.7%)	9:34	6.3 (48.5%)
203	ŻBIK Adrianna	434		K30	33		00:28:20	01:41:19.00	01:41:37.30	+00:52:33 (51.7%)	9:33	6.3 (48.5%)
204	BŁASZCZYK Aleksandra	187		K30	34		00:26:27	01:41:18.55	01:41:39.15	+00:52:35 (51.7%)	9:33	6.3 (48.5%)
205	PIOTROWSKI Damian	191		M30	58		00:26:40	01:41:04.95	01:41:42.05	+00:52:38 (51.8%)	9:32	6.3 (48.5%)
206	DANIELAK Alicja	119		K20	33		00:30:37	01:41:21.55	01:41:45.20	+00:52:41 (51.8%)	9:33	6.3 (48.5%)
207	ŻAK Monika	285		K30	35		00:27:15	01:41:43.05	01:41:55.80	+00:52:51 (51.9%)	9:35	6.3 (48.5%)
208	BECHTA Katarzyna	322	BRACTWO BIEGOWE BGK	K20	34		00:30:04	01:42:00.25	01:42:12.10	+00:53:08 (52.0%)	9:37	6.2 (47.7%)
209	KIES Iwona	169		K30	36		00:26:12	01:42:14.95	01:42:24.55	+00:53:20 (52.1%)	9:38	6.2 (47.7%)
210	SITKO Krzysztof	166	SKPB KATOWICE	M30	59		00:26:11	01:42:15.60	01:42:24.60	+00:53:20 (52.1%)	9:38	6.2 (47.7%)
211	TYCZYŃSKA Ewelina	113	AKTYWNI KOCIEWIACY	K30	37		00:28:25	01:42:52.05	01:42:57.85	+00:53:53 (52.3%)	9:42	6.2 (47.7%)
212	BAK-LITWA Ewa Maria	4006	FOREVER TEAM	K40	12			01:42:53.80	01:43:09.20	+00:54:05 (52.4%)	9:42	6.2 (47.7%)
213	LITWA Łukasz	4007	FOREVER TEAM	M40	26		00:28:38	01:42:53.00	01:43:09.40	+00:54:05 (52.4%)	9:42	6.2 (47.7%)
214	KADŁUBICKI Bartosz	213		M30	60		00:27:49	01:42:57.95	01:43:14.90	+00:54:10 (52.5%)	9:42	6.2 (47.7%)
215	DZIKOWSKA Jolanta	165		K50	2		00:29:22	01:42:51.25	01:43:17.50	+00:54:13 (52.5%)	9:42	6.2 (47.7%)
216	BADURA Sławomir	234	BIEGAM GDZIE POPADNIE	M40	27		00:27:04	01:43:35.80	01:44:05.35	+00:55:01 (52.9%)	9:46	6.1 (46.9%)
217	MYTNIK Monika	118		K30	38		00:30:16	01:44:39.65	01:44:55.55	+00:55:51 (53.2%)	9:52	6.1 (46.9%)
218	CZARNECKA Paulina	313		K20	35			01:44:32.25	01:45:05.10	+00:56:01 (53.3%)	9:51	6.1 (46.9%)
219	BACZA Agnieszka	435	ŁĘCZNA BIEGA	K30	39		00:32:11	01:44:44.55	01:45:11.75	+00:56:07 (53.4%)	9:52	6.1 (46.9%)
220	SZCZEPKOWSKI Paweł	1901	ARTEQUIPMENT	M60	2		00:30:24	01:45:01.80	01:45:15.80	+00:56:11 (53.4%)	9:54	6.1 (46.9%)
221	WŁODARCZYK Jan	220	AKTYWNI KOCIEWIACY	M60	3		00:30:59	01:45:32.35	01:45:36.95	+00:56:32 (53.5%)	9:57	6 (46.2%)
222	KAJFASZ Nicholas	264		M30	61		00:28:38	01:45:08.90	01:45:39.10	+00:56:35 (53.6%)	9:55	6 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod	Czas	Czas	Różn	Tempo min/km	Tempo km/h
							Durbaszką 2.4km	netto 10.6km	brutto 10.6km			
223	RUSEK Jolanta	4001	ZABIEGANI MIELEC	K30	40		00:33:09	01:45:31.90	01:45:56.60	+00:56:52 (53.7%)	9:57	6 (46.2%)
224	SUMIEC Krystyna	430	ZABIEGANI MIELEC	K50	3		00:33:09	01:45:31.95	01:45:56.90	+00:56:52 (53.7%)	9:57	6 (46.2%)
225	KATONA Éva	352	HEGYIKECSKEK SE	K30	41		00:24:10	01:46:20.90	01:46:29.45	+00:57:25 (53.9%)	10:01	6 (46.2%)
226	PAWELEC Magdalena	134	RAKNROLL	K40	13		00:29:31	01:46:25.45	01:46:33.05	+00:57:29 (53.9%)	10:02	6 (46.2%)
227	PALAO Nacho	143		M30	62		00:24:29	01:46:56.10	01:47:02.95	+00:57:58 (54.2%)	10:05	5.9 (45.4%)
228	BIENIEK Bartłomiej	300		M20	32		00:29:42	01:46:47.50	01:47:13.20	+00:58:09 (54.2%)	10:04	6 (46.2%)
229	SONDEJ-URBAŃSKA Agnieszka	343		K30	42		00:30:52	01:47:24.15	01:47:30.50	+00:58:26 (54.4%)	10:07	5.9 (45.4%)
230	SOBEK Mariusz	131	ATOM ZDROWIA	M20	33		00:30:50	01:47:24.80	01:47:30.60	+00:58:26 (54.4%)	10:07	5.9 (45.4%)
231	SZEWCUK Barbara	351	NH TEAM	K30	43		00:30:51	01:47:14.30	01:47:36.25	+00:58:32 (54.4%)	10:06	5.9 (45.4%)
232	POLOCZEK Marcin	256	NIYWYSPOORTOWANI	M40	28		00:29:41	01:47:16.70	01:47:39.20	+00:58:35 (54.4%)	10:07	5.9 (45.4%)
233	PŁACZEK Hanna	255		K30	44		00:29:47	01:47:17.65	01:47:39.30	+00:58:35 (54.4%)	10:07	5.9 (45.4%)
234	MALCZYK Marek	261		M30	63		00:29:43	01:47:17.75	01:47:39.45	+00:58:35 (54.4%)	10:07	5.9 (45.4%)
235	BABCZYŃSKA Ewa	257		K50	4		00:29:57	01:47:18.10	01:47:39.75	+00:58:35 (54.4%)	10:07	5.9 (45.4%)
236	NOWOGRODZKA Katarzyna	348	PORUNNE FURGANIE	K40	14		00:33:07	01:48:01.40	01:48:23.50	+00:59:19 (54.7%)	10:11	5.9 (45.4%)
237	STAŃCZAK Igor	158	TEAM ZABIEGANEDNI	M20	34		00:33:32	01:48:33.90	01:49:00.45	+00:59:56 (55.0%)	10:14	5.9 (45.4%)
238	SIWADŁO Augustyn	391		M40	29		00:33:41	01:48:35.40	01:49:10.05	+01:00:06 (55.1%)	10:14	5.9 (45.4%)
239	SUSZCZYŃSKA Marcelina	295		K30	45		00:31:14	01:48:48.10	01:49:11.75	+01:00:07 (55.1%)	10:15	5.8 (44.6%)
240	NOWAK Filip	275		M20	35		00:31:51	01:49:01.70	01:49:22.60	+01:00:18 (55.1%)	10:17	5.8 (44.6%)
241	GRZĄBA Magdalena	329		K20	36		00:28:18	01:49:24.80	01:49:32.85	+01:00:28 (55.2%)	10:19	5.8 (44.6%)
242	GRZĄBA Szymon	328		M50	13		00:28:19	01:49:23.90	01:49:32.90	+01:00:28 (55.2%)	10:19	5.8 (44.6%)
243	ORZECZOWSKA-MAĆKOWIAK Maria	357		K30	46		00:29:04	01:49:20.40	01:49:45.30	+01:00:41 (55.3%)	10:18	5.8 (44.6%)
244	KASICA Joanna	284		K40	15		00:29:18	01:49:20.55	01:49:49.30	+01:00:45 (55.3%)	10:18	5.8 (44.6%)
245	WĘGLEWSKI Piotr	330		M40	30		00:29:19	01:49:20.80	01:49:49.40	+01:00:45 (55.3%)	10:18	5.8 (44.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
246	ROJEK Agnieszka	270	ŁĘCZNA BIEGA	K40	16		00:32:13	01:49:25.00	01:49:51.40	+01:00:47 (55.3%)	10:19	5.8 (44.6%)
247	STAŃCZAK Dominika	157	TEAM ZABIEGANEDNI	K40	17		00:33:30	01:50:05.85	01:50:34.20	+01:01:30 (55.6%)	10:23	5.8 (44.6%)
248	LASOTA Marcin	140	KENKO/MASADA	M50	14		00:29:42	01:50:45.70	01:51:00.85	+01:01:56 (55.8%)	10:26	5.7 (43.8%)
249	MATUSZEWSKA Renata	141	KENKO/MASADA	K40	18		00:30:21	01:50:46.20	01:51:01.05	+01:01:57 (55.8%)	10:26	5.7 (43.8%)
250	MAREK Damian	107		M20	36		00:31:09	01:50:55.45	01:51:02.60	+01:01:58 (55.8%)	10:27	5.7 (43.8%)
251	WŁODARCZYK Anna	296		K40	19		00:31:17	01:50:56.50	01:51:23.50	+01:02:19 (56.0%)	10:27	5.7 (43.8%)
252	MAZURKIEWICZ Wojciech	344	GRUBOALBOWCALE	M30	64		00:29:47	01:51:45.25	01:52:10.75	+01:03:06 (56.3%)	10:32	5.7 (43.8%)
253	PAWLIK Agnieszka	253		K40	20		00:33:41	01:51:37.90	01:52:12.95	+01:03:08 (56.3%)	10:31	5.7 (43.8%)
254	MILEWSKA Magda	229		K30	47		00:29:03	01:52:01.15	01:52:23.90	+01:03:19 (56.3%)	10:34	5.7 (43.8%)
255	PODKANOWICZ Kamil	392		M30	65		00:29:00	01:52:00.80	01:52:25.40	+01:03:21 (56.4%)	10:33	5.7 (43.8%)
256	WAŻNY Wojciech	338	ING BANK ŚLĄSKI	M40	31		00:31:29	01:52:13.95	01:52:28.15	+01:03:24 (56.4%)	10:35	5.7 (43.8%)
257	WĘGRZECKA Zuzanna	164	CIAPKI & KLAPKI TEAM	K20	37		00:32:11	01:52:01.35	01:52:30.50	+01:03:26 (56.4%)	10:34	5.7 (43.8%)
258	JABŁOŃSKA Anna	162	CIAPKI & KLAPKI TEAM	K20	38		00:32:10	01:52:01.75	01:52:30.60	+01:03:26 (56.4%)	10:34	5.7 (43.8%)
259	SIDOR Sabina	325	POSMAKUJ RUN TEAM	K40	21		00:30:22	01:52:02.30	01:52:35.50	+01:03:31 (56.4%)	10:34	5.7 (43.8%)
260	CZUCHRYTA Iwona	429		K40	22		00:31:29	01:53:05.65	01:53:26.55	+01:04:22 (56.7%)	10:40	5.6 (43.1%)
261	MIKOŁAJCZUK Agnieszka	196	PĘDZĄCE LENIWCE	K40	23		00:33:34	01:53:09.15	01:53:38.45	+01:04:34 (56.8%)	10:40	5.6 (43.1%)
262	JADZIEWICZ Janina	400		K30	48		00:30:59	01:53:30.15	01:53:58.00	+01:04:54 (56.9%)	10:42	5.6 (43.1%)
263	TOKARZ Paweł	4019		M40	32		00:30:48	01:54:05.45	01:54:36.35	+01:05:32 (57.2%)	10:45	5.6 (43.1%)
264	MARCINKOWSKA Renata	406		K50	5		00:31:09	01:54:34.05	01:54:41.70	+01:05:37 (57.2%)	10:48	5.6 (43.1%)
265	NAWOJ Jakub	148		M30	66		00:31:10	01:54:35.00	01:54:42.20	+01:05:38 (57.2%)	10:48	5.6 (43.1%)
266	DERDA Radosław	4075		M30	67		00:29:13	01:56:08.55	01:56:31.35	+01:07:27 (57.9%)	10:57	5.5 (42.3%)
266	DERDA Magdalena	4077		K30	49		00:29:13	01:56:08.10	01:56:31.35	+01:07:27 (57.9%)	10:57	5.5 (42.3%)
268	MADEJ Leszek	426		M50	15		00:31:03	01:56:22.05	01:56:40.95	+01:07:36 (57.9%)	10:58	5.5 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
269	RZYSZKIEWICZ Małgorzata	226	PĘDZĄCE LENIWCE	K50	6		00:29:03	01:56:30.25	01:57:05.55	+01:08:01 (58.1%)	10:59	5.5 (42.3%)
270	KUBALA Agata	186		K40	24		00:28:43	01:57:04.60	01:57:15.85	+01:08:11 (58.2%)	11:02	5.4 (41.5%)
271	GUT Bogumiła	347		K50	7		00:33:23	01:56:54.05	01:57:18.20	+01:08:14 (58.2%)	11:01	5.4 (41.5%)
271	KOTARBA Katarzyna	4013	ULTRAWAY.PL	K40	25		00:33:55	01:56:54.25	01:57:18.20	+01:08:14 (58.2%)	11:01	5.4 (41.5%)
273	KOTARBA Wojciech	401	ULTRAWAY.PL	M40	33		00:37:19	01:56:56.95	01:57:21.30	+01:08:17 (58.2%)	11:01	5.4 (41.5%)
274	PISKOWSKA Aleksandra	120		K20	39		00:31:52	01:57:05.60	01:57:26.20	+01:08:22 (58.2%)	11:02	5.4 (41.5%)
275	SAMUL Karolina	2998		K40	26		00:30:39	01:57:05.35	01:57:33.50	+01:08:29 (58.3%)	11:02	5.4 (41.5%)
276	SMERECKA Małgorzata	293	POSMAKUJ RUN TEAM	K30	50		00:35:52	01:57:31.65	01:58:03.45	+01:08:59 (58.4%)	11:05	5.4 (41.5%)
277	ŚLIWA Maciej	432		M60	4		00:31:32	01:58:01.60	01:58:18.30	+01:09:14 (58.5%)	11:08	5.4 (41.5%)
278	OLEŚ Konrad	286		M30	68		00:31:49	01:58:26.10	01:58:47.80	+01:09:43 (58.7%)	11:10	5.4 (41.5%)
279	RADZIEJOWSKI Bogusław	311	NORDIC TEAM CZĘSTOCHOWA	M60	5		00:30:11	01:58:52.40	01:59:03.95	+01:09:59 (58.8%)	11:12	5.4 (41.5%)
280	KŁĘCZAR Małgorzata	224		K40	27		00:34:15	01:59:07.75	01:59:38.30	+01:10:34 (59.0%)	11:14	5.3 (40.8%)
280	WASILEWSKI Piotr	225		M40	34		00:34:14	01:59:07.55	01:59:38.30	+01:10:34 (59.0%)	11:14	5.3 (40.8%)
282	STRZĘPKA - PADŁO Anna	4086	RAK'N'ROLL	K40	28		00:35:25	02:00:46.05	02:01:15.50	+01:12:11 (59.5%)	11:23	5.3 (40.8%)
283	KALINOWSKA Aneta	258		K40	29			02:02:04.00	02:02:04.00	+01:13:00 (59.8%)	11:30	5.2 (40.0%)
284	PODLEWSKI Wojciech	182	KS SPORTIVA	M50	16		00:30:58	02:01:59.60	02:02:19.60	+01:13:15 (59.9%)	11:30	5.2 (40.0%)
285	OGRODNIK Anna	384		K40	30		00:33:10	02:02:08.35	02:02:25.50	+01:13:21 (59.9%)	11:31	5.2 (40.0%)
286	ZIMNICKI Dariusz	355	TREKKING TEAM OSTROWIEC	M40	35		00:30:49	02:02:42.40	02:02:53.05	+01:13:49 (60.1%)	11:34	5.2 (40.0%)
286	ZIMNICKA Agnieszka	356	TREKKING TEAM OSTROWIEC	K40	31		00:30:48	02:02:42.05	02:02:53.05	+01:13:49 (60.1%)	11:34	5.2 (40.0%)
288	ZWOLIŃSKA Katarzyna	4090		K40	32		00:31:50	02:03:46.65	02:04:14.50	+01:15:10 (60.5%)	11:40	5.1 (39.2%)
289	KORYCIŃSKA Mariola	272		K40	33		00:32:59	02:04:43.95	02:05:01.20	+01:15:57 (60.8%)	11:45	5.1 (39.2%)
290	CYBULSKA Dorota	320		K30	51		00:30:48	02:04:58.20	02:05:31.10	+01:16:27 (60.9%)	11:47	5.1 (39.2%)
291	KUŁACH Lesław	442		M50	17		00:35:34	02:05:10.15	02:05:37.80	+01:16:33 (60.9%)	11:48	5.1 (39.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
292	BORKOWSKA Monika	228		K30	52		00:33:00	02:06:47.70	02:07:02.20	+01:17:58 (61.4%)	11:57	5 (38.5%)
293	STELMACH Krzysztof	4072		M40	36		00:33:18	02:06:59.45	02:07:15.65	+01:18:11 (61.4%)	11:58	5 (38.5%)
294	MARKISZ Martyna	251	JELENI JAR APARTAMENTY	K30	53		00:32:59	02:07:27.05	02:07:38.50	+01:18:34 (61.6%)	12:01	5 (38.5%)
295	MARKISZ Kazimierz	250	JELENI JAR APARTAMENTY	M30	69		00:33:00	02:07:26.65	02:07:38.70	+01:18:34 (61.6%)	12:01	5 (38.5%)
296	MACIĄG Klaudia	298		K30	54		00:35:21	02:07:52.95	02:08:04.25	+01:19:00 (61.7%)	12:03	5 (38.5%)
297	ŁAMEK Nadia	297		K30	55		00:35:21	02:07:52.10	02:08:04.35	+01:19:00 (61.7%)	12:03	5 (38.5%)
298	SURLEJ Maciej	403	NIENAŻARTE MISIE	M30	70		00:35:20	02:07:51.80	02:08:04.45	+01:19:00 (61.7%)	12:03	5 (38.5%)
299	WALAWSKI Andrzej	278		M60	6		00:33:12	02:07:54.55	02:08:20.10	+01:19:16 (61.8%)	12:03	5 (38.5%)
300	BADURA Magdalena	233	BIEGAM GDZIE POPADNIE	K40	34		00:33:44	02:07:57.45	02:08:27.00	+01:19:23 (61.8%)	12:04	5 (38.5%)
301	OULEDCHARF Jihad	393		K20	40		00:35:30	02:09:28.60	02:09:33.00	+01:20:29 (62.1%)	12:12	4.9 (37.7%)
302	NOWOWIEJSKA Anita	4094		K40	35		00:33:58	02:09:11.50	02:09:36.70	+01:20:32 (62.1%)	12:11	4.9 (37.7%)
303	KUCHNO Tadeusz	310	KW KRAKÓW	M50	18		00:34:39	02:09:48.60	02:10:26.20	+01:21:22 (62.4%)	12:14	4.9 (37.7%)
304	MYSIŃSKA Agnieszka	309	KW KRAKÓW	K30	56		00:34:40	02:09:49.50	02:10:26.30	+01:21:22 (62.4%)	12:14	4.9 (37.7%)
305	DUBAN Elżbieta	238		K50	8		00:28:43	02:11:02.00	02:11:05.65	+01:22:01 (62.6%)	12:21	4.9 (37.7%)
306	PUCHALSKA Joanna	204	PĘDZĄCE LENIWCE	K60	1		00:38:08	02:11:30.70	02:12:06.15	+01:23:02 (62.9%)	12:24	4.8 (36.9%)
307	PAJĄK Anna	369		K40	36		00:33:12	02:11:48.65	02:12:06.20	+01:23:02 (62.9%)	12:26	4.8 (36.9%)
307	MAŃKA Paulina	136		K40	36		00:33:11	02:11:47.75	02:12:06.20	+01:23:02 (62.9%)	12:25	4.8 (36.9%)
309	ROZLACH Paulina	323		K30	57		00:35:41	02:12:22.25	02:12:32.15	+01:23:28 (63.0%)	12:29	4.8 (36.9%)
310	KONDRACKA Emilia	340	ING BANK ŚLĄSKI	K30	58		00:35:42	02:12:22.95	02:12:32.25	+01:23:28 (63.0%)	12:29	4.8 (36.9%)
311	CHOJNA Wioleta	326	SOCIOS SILESIA	K30	59		00:35:13	02:12:37.50	02:13:12.30	+01:24:08 (63.2%)	12:30	4.8 (36.9%)
312	PARTYKA Agnieszka	719	KB HARCOWNIK JELCZ-LASKOWICE	K40	38		00:33:27	02:13:01.00	02:13:28.95	+01:24:24 (63.2%)	12:32	4.8 (36.9%)
313	MAKUCHOWSKI Grzegorz	440		M40	37		00:33:30	02:13:27.50	02:14:08.30	+01:25:04 (63.4%)	12:35	4.8 (36.9%)
314	REIJMERS Agnieszka	3420	LEIDEN ATLETIEK OEGSTGEEST	K40	39		00:28:28	02:14:55.50	02:15:28.00	+01:26:24 (63.8%)	12:43	4.7 (36.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
315	HOŁDA-WYDRZYŃSKA Anna	150	SOCIOS SILESIA	K40	40		00:35:10	02:15:04.90	02:15:39.55	+01:26:35 (63.8%)	12:44	4.7 (36.2%)
316	POLAKOWICZ Aleksandra	339	ING BANK ŚLĄSKI	K40	41		00:37:11	02:16:54.85	02:17:12.40	+01:28:08 (64.2%)	12:54	4.6 (35.4%)
317	KOWALEWSKA Katarzyna	262		K50	9		00:34:31	02:17:15.00	02:17:35.45	+01:28:31 (64.3%)	12:56	4.6 (35.4%)
318	LADA Paweł	170	UKS FREE SPORTS	M40	38		00:35:30	02:19:21.05	02:19:50.50	+01:30:46 (64.9%)	13:08	4.6 (35.4%)
319	CABRERA Luis	144	PG	M30	71		00:33:48	02:20:08.85	02:20:17.20	+01:31:13 (65.0%)	13:13	4.5 (34.6%)
320	ZAJĄC Franciszek	358	DREAM TRI TEAM	M20	37		00:32:45	02:20:43.90	02:21:15.90	+01:32:11 (65.3%)	13:16	4.5 (34.6%)
321	FEDE-ZAJĄC Anita	359	DREAM TRI TEAM	K40	42		00:32:46	02:20:44.40	02:21:16.00	+01:32:12 (65.3%)	13:16	4.5 (34.6%)
322	PASIK Aleksandra	4009		K20	41		00:34:57	02:20:41.15	02:21:20.90	+01:32:16 (65.3%)	13:16	4.5 (34.6%)
323	DĄBROWSKA Monika	147	RAK'N'ROLL	K40	43		00:58:58	02:20:53.55	02:21:32.20	+01:32:28 (65.3%)	13:17	4.5 (34.6%)
324	MOCHEL Kinga	361		K50	10		00:35:24	02:22:20.90	02:22:53.30	+01:33:49 (65.7%)	13:25	4.5 (34.6%)
325	WNUK Emil	366		M20	38		00:40:25	02:25:33.25	02:26:00.25	+01:36:56 (66.4%)	13:43	4.4 (33.8%)
326	URBAN Szymon	368		M20	39		00:40:26	02:25:41.70	02:26:09.10	+01:37:05 (66.4%)	13:44	4.4 (33.8%)
327	NOWICKA Dorota	215		K30	60		00:35:43	02:26:12.05	02:26:30.90	+01:37:26 (66.5%)	13:47	4.4 (33.8%)
328	NOWICKI Michał	216		M50	19		00:35:40	02:26:09.80	02:26:31.00	+01:37:27 (66.5%)	13:47	4.4 (33.8%)
329	WNUK Maja	367		K20	42		00:40:27	02:26:20.60	02:26:46.15	+01:37:42 (66.6%)	13:48	4.3 (33.1%)
330	URBAN Oliwia	375		K20	43		00:40:30	02:26:20.30	02:26:46.25	+01:37:42 (66.6%)	13:48	4.3 (33.1%)
331	SOWA Sara	137	NH TEAM	K20	44		00:39:00	02:27:02.50	02:27:25.55	+01:38:21 (66.7%)	13:52	4.3 (33.1%)
332	SZCZECHURA Adrian	327	VIRTUAL DON	M20	40		00:32:48	02:28:18.15	02:28:55.40	+01:39:51 (67.1%)	13:59	4.3 (33.1%)
333	SOWIŃSKI Jakub	172		M30	72		00:32:45	02:28:16.95	02:28:55.50	+01:39:51 (67.1%)	13:59	4.3 (33.1%)
334	PUCHNAREWICZ Daria	171		K40	44		00:32:48	02:28:17.25	02:28:55.60	+01:39:51 (67.1%)	13:59	4.3 (33.1%)
335	NASTAŁA Magdalena	240	AKTYWNI KOCIEWIACY SKÓRCZ	K40	45		00:36:02	02:29:35.00	02:29:40.65	+01:40:36 (67.2%)	14:06	4.3 (33.1%)
336	GOLACIK Anna	268		K30	61		00:43:59	02:31:00.80	02:31:36.50	+01:42:32 (67.6%)	14:14	4.2 (32.3%)
337	MARCZYK Arleta	4005		K30	62		00:41:33	02:32:24.95	02:33:00.55	+01:43:56 (67.9%)	14:22	4.2 (32.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Schronisko pod Durbaszką 2.4km	Czas netto 10.6km	Czas brutto 10.6km	Różn	Tempo min/km	Tempo km/h
338	MATYSZCZAK Monika	374	KENKO/MASADA	K40	46		00:39:17	02:33:35.05	02:33:52.30	+01:44:48 (68.1%)	14:29	4.1 (31.5%)
339	SZCZELASZCZYK Joanna	242		K30	63		00:40:03	02:35:32.15	02:36:12.50	+01:47:08 (68.6%)	14:40	4.1 (31.5%)
340	SZCZELASZCZYK Kinga	241		K20	45		00:40:03	02:35:32.80	02:36:12.65	+01:47:08 (68.6%)	14:40	4.1 (31.5%)
341	SEKUŁA Martyna	376		K20	46		00:41:57	02:45:36.70	02:46:12.30	+01:57:08 (70.5%)	15:37	3.8 (29.2%)
342	MIKLAS Anna	198	PĘDZĄCE LENIWCE	K50	11		00:46:22	02:56:21.30	02:56:51.40	+02:07:47 (72.3%)	16:38	3.6 (27.7%)
343	ZAJADACZ Edyta	197	PĘDZĄCE LENIWCE	K50	12		00:46:21	02:56:20.75	02:56:51.60	+02:07:47 (72.3%)	16:38	3.6 (27.7%)
344	CHUDY Urszula	132	FUNDACJA RAK'N'ROLL. WYGRAJ ŻYCIE	K50	13		00:58:33	02:57:40.90	02:58:14.85	+02:09:10 (72.5%)	16:45	3.6 (27.7%)
345	MACIEJEWSKA Anna	135		K50	14		00:58:34	02:57:47.70	02:58:21.15	+02:09:17 (72.5%)	16:46	3.6 (27.7%)
Przekroczony limit czasu: 03:00:00												
346	NIWALD-GROTOWSKA Martyna	360	FUNDACJA RAK N ROLL	K30	64		00:50:27	03:12:16.40	03:12:48.15	+02:23:44 (74.6%)	18:08	3.3 (25.4%)
347	JANCEWICZ Patrycja	408	RAK'N'ROLL	K50	15		00:50:43	03:13:49.15	03:14:24.75	+02:25:20 (74.8%)	18:17	3.3 (25.4%)
348	REDA Alicja	178	TEAM ZABIEGANEDNI	K60	2		00:46:33	03:29:32.70	03:29:48.00	+02:40:44 (76.6%)	19:46	3 (23.1%)
349	NOWICKA Agnieszka	4059		K40	47							(0.0%)
	ŻYCHOWSKI Waldemar	139		M50			DNF	DNF	DNF		-	- (0.0%)
	ŻYCHOWSKA Małgorzata	138	FUNDACJA RACK'AND'ROLL	K50			DNF	DNF	DNF		-	- (0.0%)
	MATYJASZEK Aneta	363		K50			DNF	DNF	DNF		-	- (0.0%)
	MATYSEK Magdalena	446	ROLLING	K40			DNF	DNF	DNF		-	- (0.0%)

Znaleziono 353 wynik(ów)