



HARDY ROLLING - 11 KM



Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2023-04-22
Miejsce: Szczawnica
Dystans: 10.8 km



Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Premia1 3.8km	Premia2 4.3km	Czas netto 10.8km	Czas brutto 10.8km	Różn	Tempo min/km	Tempo km/h
1	TRACZ Paulina	205		K30	1	MP	SBG Salco Niepołomice	00:21:38	00:25:10	00:52:43.10	00:52:43.10		4:52	12.3 (100%)
2	MAZAN Beata	335	FINISZ RYMANÓW	K30	2	MP	KKB MOSiR Krosno	00:22:08	00:25:33	00:55:39.55	00:55:39.55	+00:02:56 (5.3%)	5:09	11.6 (94.3%)
3	FICNER Anna	203	MKS SIECHNICE	K30	3	MP	MKS Siechnice	00:22:53	00:26:27	00:56:08.50	00:56:08.50	+00:03:25 (6.1%)	5:11	11.5 (93.5%)
4	BORBALA Lantos	433	BÜKKI ÉGBOLT MT	K30	4			00:25:22	00:29:37	01:02:55.50	01:02:58.90	+00:10:15 (16.3%)	5:49	10.3 (83.7%)
5	BAHRANOWSKA-KILIAN Maria	459	KANTOR RUNNING TEAM	K30	5	MP	SBG Salco Niepołomice	00:25:51	00:30:38	01:06:11.80	01:06:15.50	+00:13:32 (20.4%)	6:07	9.8 (79.7%)
6	PERZ Emilia	297	WOLSZTYŃSKA AKADEMIA BIEGOWA	K30	6			00:31:28	00:36:44	01:11:49.75	01:11:49.75	+00:19:06 (26.6%)	6:38	9 (73.2%)
7	CZARNECKA Katarzyna	267		K30	7			00:33:22	00:38:58	01:21:34.60	01:21:49.30	+00:29:06 (35.6%)	7:33	7.9 (64.2%)
8	KUROWSLA Monika	452		K30	8			00:31:55	00:37:14	01:22:00.55	01:22:03.30	+00:29:20 (35.8%)	7:35	7.9 (64.2%)
9	CHLIPAŁA Ewelina	495		K30	9			00:33:36	00:39:14	01:21:56.95	01:22:08.10	+00:29:25 (35.8%)	7:35	7.9 (64.2%)
10	VELKO Maryna	288		K30	10			00:34:09	00:39:32	01:24:57.55	01:25:09.80	+00:32:26 (38.1%)	7:51	7.6 (61.8%)
11	KAPKOWSKA Joanna	425		K30	11			00:34:36	00:40:19	01:24:56.80	01:25:10.60	+00:32:27 (38.1%)	7:51	7.6 (61.8%)
12	PACIOREK Roksana	445		K30	12			00:33:54	00:39:22	01:26:47.30	01:26:47.30	+00:34:04 (39.3%)	8:02	7.5 (61.0%)
13	FAFROWICZ Joanna	383		K30	13			00:34:25	00:40:06	01:28:08.00	01:28:20.75	+00:35:37 (40.3%)	8:09	7.4 (60.2%)
14	KSIĄŻKIEWICZ Magdalena	426	RYSIOTEAM	K30	14			00:37:57	00:43:49	01:33:24.20	01:33:37.65	+00:40:54 (43.7%)	8:38	6.9 (56.1%)
15	KARPIEL Weronika	386		K30	15			00:37:41	00:44:27	01:35:11.65	01:35:25.00	+00:42:41 (44.7%)	8:48	6.8 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Premia1 3.8km	Premia2 4.3km	Czas netto 10.8km	Czas brutto 10.8km	Różn	Tempo min/km	Tempo km/h
16	CYGANIK Hanna	261		K30	16			00:39:36	00:45:53	01:39:41.70	01:39:58.45	+00:47:15 (47.3%)	9:13	6.5 (52.8%)
17	DZIEWA Agata	351	LUBELSKA GRUPA TRIATHLONU	K30	17			00:41:18	00:47:35	01:42:11.10	01:42:18.55	+00:49:35 (48.5%)	9:27	6.3 (51.2%)
18	TOFIL Aleksandra	253		K30	18			00:41:12	00:47:40	01:43:39.30	01:44:07.50	+00:51:24 (49.4%)	9:35	6.3 (51.2%)
19	LEŚNIAK Sylwia	372	LHO	K30	19			00:43:45	00:51:07	01:44:28.40	01:44:42.55	+00:51:59 (49.7%)	9:40	6.2 (50.4%)
20	DYBEK Dagmara	228	CHSBD W RUCHU	K30	20			00:40:12	00:46:52	01:45:31.15	01:45:56.85	+00:53:13 (50.2%)	9:46	6.1 (49.6%)
21	ŁĘTOWSKA Marlena	422	DOMOWAENERGIA.COM.PL	K30	21			00:42:41	00:49:13	01:46:16.45	01:46:31.00	+00:53:47 (50.5%)	9:50	6.1 (49.6%)
22	NIECKARZ Malwina	254		K30	22			00:44:56	00:52:16	01:50:36.50	01:50:56.70	+00:58:13 (52.5%)	10:14	5.9 (48.0%)
23	CIECKIEWICZ Paulina	491		K30	23			00:44:58	00:52:16	01:50:38.00	01:50:56.80	+00:58:13 (52.5%)	10:14	5.9 (48.0%)
24	MARZEC Patrycja	225	MOUNTAIN TOUCH	K30	24			00:41:21	00:48:56	01:51:47.65	01:52:11.00	+00:59:27 (53.0%)	10:21	5.8 (47.2%)
25	SŁAWEK Claudia	464		K30	25			00:46:58	00:54:40	01:52:59.25	01:53:25.60	+01:00:42 (53.5%)	10:27	5.7 (46.3%)
26	NEUMANN Monika	368		K30	26			00:46:37	00:54:26	01:54:21.00	01:54:29.35	+01:01:46 (54.0%)	10:35	5.7 (46.3%)
27	KORPAK Marta	360		K30	27			00:46:36	00:53:58	01:54:20.85	01:54:29.55	+01:01:46 (54.0%)	10:35	5.7 (46.3%)
28	STYRCZULA Małgorzata	387		K30	28			00:41:53	00:48:58	01:54:52.40	01:55:05.70	+01:02:22 (54.2%)	10:38	5.6 (45.5%)
29	SZKODZIAK Agnieszka	308		K30	29			00:48:32	00:55:59	01:56:24.60	01:56:31.45	+01:03:48 (54.8%)	10:46	5.6 (45.5%)
30	KNAP Elżbieta	479	GACEK TEAM	K30	30			00:45:33	00:53:17	01:56:20.90	01:56:41.25	+01:03:58 (54.8%)	10:46	5.6 (45.5%)
31	KSIĘŻOPOLSKA-KOŚCIUCH Wiktoria	356	WIKTORIAKSIEZOPOLSKA@O2.PL	K30	31			00:46:23	00:53:33	01:56:23.40	01:56:43.35	+01:04:00 (54.8%)	10:46	5.6 (45.5%)
32	WIŚNIEWSKA Lidia	391	RAKANDROLL	K30	32			00:47:16	00:54:59	01:57:00.20	01:57:03.75	+01:04:20 (55.0%)	10:50	5.5 (44.7%)
33	SEROCZYŃSKA Dorota	312		K30	33			00:50:09	00:55:47	02:02:14.25	02:02:14.25	+01:09:31 (56.9%)	11:19	5.3 (43.1%)
34	MATYJASIK Estera	226		K30	34			00:45:04	00:52:23	02:02:47.45	02:02:57.30	+01:10:14 (57.1%)	11:22	5.3 (43.1%)
35	ŁUKACZ Aleksandra	342		K30	35			00:56:20	01:04:04	02:14:38.70	02:14:38.70	+01:21:55 (60.8%)	12:27	4.8 (39.0%)
36	PIOTROWSKA Dominika	345		K30	36			00:55:33	01:04:14	02:32:51.45	02:32:55.55	+01:40:12 (65.5%)	14:09	4.2 (34.1%)
37	WOJTUŃ Marika	263		K30	37			01:10:45	01:19:52	02:54:36.75	02:55:04.50	+02:02:21 (69.9%)	16:09	3.7 (30.1%)
	SŁONIEWSKA Aneta	400		K30				DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 38 wynik(ów)