



HARDY ROLLING - 11 KM



Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2023-04-22
Miejsce: Szczawnica
Dystans: 10.8 km



Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Drużyna	Premia1 3.8km	Premia2 4.3km	Czas netto 10.8km	Czas brutto 10.8km	Różn	Tempo min/km	Tempo km/h
1	OLEJNIK Michał	388	WKS GRUNWALD POZNAŃ	M30	1	MP	WKS Grunwald Poznań	00:17:31	00:20:09	00:42:11.40	00:42:12.70		3:54	15.4 (100%)
2	ŁOBODZIŃSKI Piotr	212	BRAK SPONSORA	M30	2	MP	KS Prefbet- Sonarol	00:17:48	00:20:18	00:42:46.65	00:42:46.65	+00:00:33 (1.3%)	3:57	15.2 (98.7%)
3	LEPIARZ Sylwester	211	LKB RUDNIK	M30	3	MP	LKB Rudnik	00:17:51	00:20:44	00:45:11.55	00:45:13.10	+00:03:00 (6.6%)	4:11	14.3 (92.9%)
4	BOROŃ Dariusz	463		M30	4	MP	UKS Lider Siercza	00:19:58	00:23:09	00:49:19.70	00:49:21.35	+00:07:08 (14.5%)	4:33	13.1 (85.1%)
5	GABRYŚ Rafał	441	MKL BRYGADA BESKIDÓW NOWY SĄCZ	M30	5	MP	MKL Brygada Beskidów Nowy Sącz	00:20:18	00:23:44	00:50:13.40	00:50:13.40	+00:08:00 (16.0%)	4:38	12.9 (83.8%)
6	ŻÓŁTEK Grzegorz	430	TC ORZEŁ SPYTKOWICE	M30	6			00:20:27	00:23:33	00:51:14.30	00:51:16.35	+00:09:03 (17.7%)	4:44	12.6 (81.8%)
7	BUŻNIAK Arkadiusz	440	MKL BRYGADA BESKIDÓW	M30	7	MP	MKL Brygada Beskidów Nowy Sącz	00:22:01	00:25:34	00:52:24.90	00:52:24.90	+00:10:12 (19.5%)	4:51	12.4 (80.5%)
8	CHŁANDA Sebastian	354	GRUPETTO GORLICE	M30	8	MP	ULKS Lipinki	00:21:22	00:25:01	00:52:28.60	00:52:32.40	+00:10:19 (19.7%)	4:51	12.4 (80.5%)
9	MALEC Łukasz	420	NIEDZICA TEAM	M30	9			00:21:45	00:25:32	00:52:38.95	00:52:41.00	+00:10:28 (19.9%)	4:52	12.3 (79.9%)
10	TRACZ Łukasz	450	WWW.TRENINGFIZJOTERAPIA.PL	M30	10			00:22:13	00:25:47	00:53:37.10	00:53:37.10	+00:11:24 (21.3%)	4:57	12.1 (78.6%)
11	MATENKA Kamil	414	PACMAN RUNNING TEAM	M30	11			00:23:11	00:26:56	00:56:14.65	00:56:17.60	+00:14:04 (25.0%)	5:12	11.5 (74.7%)
12	STOŃ Wojciech	291	PACMAN RUNNING TEAM	M30	12			00:24:07	00:28:09	00:57:40.40	00:57:43.80	+00:15:31 (26.9%)	5:20	11.2 (72.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Premia1 3.8km	Premia2 4.3km	Czas netto 10.8km	Czas brutto 10.8km	Różn	Tempo min/km	Tempo km/h
						Polski	Drużyna							
13	FIRLEJ Marek	232	POWOLI DO CELU	M30	13			00:24:17	00:28:15	01:00:18.75	01:00:20.90	+00:18:08 (30.1%)	5:35	10.7 (69.5%)
14	PEŁDIAK Mateusz	454	KB ATHLETIC ZRĘCIN/ PAWKO RUNNER TEAM	M30	14			00:25:16	00:29:28	01:01:49.45	01:01:49.45	+00:19:36 (31.7%)	5:43	10.5 (68.2%)
15	MADEJSKI Sławomir	375	SPELEOKLUB ŚWIĘTOKRZYSKI KIELCE	M30	15			00:26:49	00:30:37	01:03:16.80	01:03:16.80	+00:21:04 (33.3%)	5:51	10.2 (66.2%)
16	TELKA Paweł	412	UKSM EKIPA BIELACHY	M30	16	MP	UKSM Ekipa Bielachy Kielce	00:24:47	00:29:17	01:04:31.25	01:04:34.10	+00:22:21 (34.6%)	5:58	10 (64.9%)
17	KARPIEL Mateusz	442	MKL BRYGADA BESKIDÓW	M30	17			00:28:59	00:33:50	01:10:32.30	01:10:35.70	+00:28:23 (40.2%)	6:31	9.2 (59.7%)
18	PIERZCHAŁA Artur	716		M30	18			00:28:56	00:33:56	01:10:56.35	01:11:09.10	+00:28:56 (40.7%)	6:34	9.1 (59.1%)
19	CHOCHLA Marcin	266	MONIA TEAM	M30	19			00:29:35	00:34:39	01:11:02.25	01:11:13.25	+00:29:00 (40.7%)	6:34	9.1 (59.1%)
20	STACHACZ Adrian	434	UNDERGROUND ATHLETIC	M30	20			00:29:24	00:34:25	01:12:53.65	01:13:08.10	+00:30:55 (42.3%)	6:44	8.9 (57.8%)
21	MACH Olek	451		M30	21			00:29:59	00:35:29	01:13:22.20	01:13:23.85	+00:31:11 (42.5%)	6:47	8.8 (57.1%)
22	KRUPA Kamil	307		M30	22			00:31:03	00:34:51	01:14:38.35	01:14:59.60	+00:32:46 (43.7%)	6:54	8.7 (56.5%)
23	URMANSKI Marek	344		M30	23			00:30:54	00:36:16	01:15:42.65	01:15:46.95	+00:33:34 (44.3%)	7:00	8.6 (55.8%)
24	JAZUREK Paweł	324	PACMAN RUNNING TEAM	M30	24			00:29:59	00:34:49	01:16:52.60	01:16:59.35	+00:34:46 (45.2%)	7:07	8.4 (54.5%)
25	PĄCZEK Albert	321		M30	25			00:31:23	00:36:53	01:18:46.60	01:18:57.05	+00:36:44 (46.5%)	7:17	8.2 (53.2%)
26	PUDŁO Marcin	289	PACMAN RUNNING TEAM	M30	26			00:31:39	00:37:04	01:21:00.15	01:21:05.10	+00:38:52 (47.9%)	7:29	8 (51.9%)
27	KARPIŃSKI Jarosław	115		M30	27			00:33:38	00:38:44	01:21:16.10	01:21:48.40	+00:39:35 (48.4%)	7:31	8 (51.9%)
28	WACH Robert	428	WACH	M30	28			00:30:47	00:36:05	01:21:52.90	01:21:57.50	+00:39:44 (48.5%)	7:34	7.9 (51.3%)
29	BIELICKI Filip	339	KW KRAKÓW	M30	29			00:35:24	00:40:43	01:24:32.65	01:24:39.40	+00:42:26 (50.1%)	7:49	7.7 (50.0%)
30	SKWIRA Piotr	256	CHWILAMOMENTTEAM	M30	30			00:35:54	00:41:10	01:27:54.65	01:28:18.40	+00:46:05 (52.2%)	8:08	7.4 (48.1%)
31	URBAN Mateusz	373		M30	31			00:35:52	00:41:50	01:29:40.10	01:29:47.60	+00:47:34 (53.0%)	8:18	7.2 (46.8%)
32	PAWLIK Michał	290	PACMAN RUNNING TEAM	M30	32			00:36:28	00:42:23	01:30:24.50	01:30:31.30	+00:48:18 (53.4%)	8:22	7.2 (46.8%)
33	KORZENIEWSKI Piotr	366		M30	33			00:38:22	00:44:04	01:35:19.90	01:35:48.95	+00:53:36 (55.9%)	8:49	6.8 (44.2%)
34	MAZURKIEWICZ Wojciech	305	GRUBOALBOWCALE	M30	34			00:37:11	00:43:57	01:36:25.85	01:36:47.35	+00:54:34 (56.4%)	8:55	6.7 (43.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa		Premia1 3.8km	Premia2 4.3km	Czas netto 10.8km	Czas brutto 10.8km	Różn	Tempo min/km	Tempo km/h
						Polski	Drużyna							
35	KAMYCZEK Grzegorz	488		M30	35			00:39:08	00:45:21	01:37:00.45	01:37:18.40	+00:55:05 (56.6%)	8:58	6.7 (43.5%)
36	WALKOWSKI Tomasz	332	AKTYWNI KOCIEWIACY	M30	36			00:39:51	00:46:33	01:38:48.70	01:39:05.75	+00:56:53 (57.4%)	9:08	6.6 (42.9%)
37	LUBOŃ Michał	455	#GH	M30	37			00:40:48	00:47:23	01:45:01.70	01:45:26.80	+01:03:14 (60.0%)	9:43	6.2 (40.3%)
38	KWIECIEŃ Mariusz	281		M30	38			00:45:15	00:52:10	01:48:53.35	01:49:23.75	+01:07:11 (61.4%)	10:04	6 (39.0%)
39	JĘDRASZAK Mateusz	271		M30	39			00:43:33	00:50:40	01:53:52.45	01:54:10.80	+01:11:58 (63.0%)	10:32	5.7 (37.0%)
40	ŻELAŻEWSKI Michał	460		M30	40			00:49:47	00:57:38	02:03:27.45	02:03:27.45	+01:21:14 (65.8%)	11:25	5.2 (33.8%)
41	MAROSZEK Karol	330	BZJ TEAM	M30	41			00:50:26	00:57:42	02:10:07.40	02:10:34.65	+01:28:21 (67.7%)	12:02	5 (32.5%)
42	ŁUSZCZYŃSKI Michał	562	SŁOŃCA JURY	M30	42			00:51:28	00:59:25	02:10:33.30	02:10:43.10	+01:28:30 (67.7%)	12:05	5 (32.5%)
43	SZELUGA Aleksander	461		M30	43			00:55:21	01:03:49	02:21:56.80	02:22:18.95	+01:40:06 (70.3%)	13:08	4.6 (29.9%)

Znaleziono 43 wynik(ów)