



# HERMAGEDDON

B4SPORT

**Organiser:** BB STUDIO  
**Date:** 2024-06-08  
**Place:** Hermanów  
**Distance:** 7 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Place	Participant	Number	Club	Category	MCat	Seria startowa	Net time 7km	Gap	Pace min/km	Pace km/h
1	<b>SŁOMIŃSKI Dominik</b>	<b>138</b>	JKO H2O	Mężczyźni	1	12:30	<b>00:53:54.80</b>		7:42	7.8 (100%)
2	<b>KLIMCZAK Jacek</b>	<b>60</b>	PITLBULLE ZE ŚREMU	Mężczyźni	2	10:10	<b>00:54:16.05</b>	+00:00:21 (0.7%)	7:45	7.7 (98.7%)
3	<b>BŁASZCZYK Adam</b>	<b>18</b>		Mężczyźni	3	10:00	<b>00:56:09.50</b>	+00:02:14 (4.0%)	8:01	7.5 (96.2%)
4	<b>SZYMBROWICZ Tomasz</b>	<b>151</b>	MATTSPORT PLESZEW	Mężczyźni	4	9:50	<b>00:57:35.30</b>	+00:03:40 (6.4%)	8:13	7.3 (93.6%)
5	<b>RANECKI Konrad</b>	<b>125</b>		Mężczyźni	5	10:30	<b>00:57:38.25</b>	+00:03:43 (6.5%)	8:14	7.3 (93.6%)
6	<b>RANECKA Aleksandra</b>	<b>124</b>	BIEGACZE JAROCIN	Kobiety	1	10:30	<b>00:57:46.60</b>	+00:03:51 (6.7%)	8:15	7.3 (93.6%)
7	<b>BANASZYŃSKI Miłosz</b>	<b>9</b>		Mężczyźni	6	10:10	<b>00:58:27.95</b>	+00:04:33 (7.8%)	8:21	7.2 (92.3%)
8	<b>SOBALA Kamil</b>	<b>140</b>	BB	Mężczyźni	7	10:00	<b>00:59:01.35</b>	+00:05:06 (8.7%)	8:25	7.1 (91.0%)
9	<b>ZARCZYNSKI Igor</b>	<b>171</b>		Mężczyźni	8	10:40	<b>00:59:29.70</b>	+00:05:34 (9.4%)	8:29	7.1 (91.0%)
10	<b>GRYGIEL Tomasz</b>	<b>42</b>		Mężczyźni	9	9:50	<b>00:59:51.85</b>	+00:05:57 (9.9%)	8:33	7 (89.7%)
11	<b>WALCZAK Hubert</b>	<b>155</b>		Mężczyźni	10	10:50	<b>01:00:07.00</b>	+00:06:12 (10.3%)	8:35	7 (89.7%)
12	<b>OGRODOWCZYK Karol</b>	<b>100</b>	JKO H2O	Mężczyźni	11	9:50	<b>01:00:21.20</b>	+00:06:26 (10.7%)	8:37	7 (89.7%)
13	<b>STEFANIAK Mateusz</b>	<b>145</b>		Mężczyźni	12	11:00	<b>01:00:34.50</b>	+00:06:39 (11.0%)	8:39	6.9 (88.5%)
14	<b>SZYMANOWSKI Karol</b>	<b>183</b>		Mężczyźni	13		<b>01:01:17.95</b>	+00:07:23 (12.0%)	8:45	6.9 (88.5%)
15	<b>WOŹNIAK Adam</b>	<b>167</b>	SETA ROWERY I PEDAŁY	Mężczyźni	14	12:00	<b>01:01:32.05</b>	+00:07:37 (12.4%)	8:47	6.8 (87.2%)
16	<b>ADAMKIEWICZ Mateusz</b>	<b>2</b>	SETA ROWER I PEDAŁY	Mężczyźni	15	11:50	<b>01:01:34.50</b>	+00:07:39 (12.4%)	8:47	6.8 (87.2%)
17	<b>RZEPA Michał</b>	<b>134</b>		Mężczyźni	16	10:10	<b>01:02:05.45</b>	+00:08:10 (13.2%)	8:52	6.8 (87.2%)
18	<b>KUBACKI Robert</b>	<b>184</b>	MACIEJ NOWACZYK TEAM	Mężczyźni	17	11:30	<b>01:02:16.75</b>	+00:08:21 (13.4%)	8:53	6.7 (85.9%)
19	<b>ANDRZEJCZAK Mateusz</b>	<b>3</b>		Mężczyźni	18	10:20	<b>01:02:33.35</b>	+00:08:38 (13.8%)	8:56	6.7 (85.9%)
20	<b>FILIPIAK Dominik</b>	<b>32</b>		Mężczyźni	19	10:20	<b>01:02:40.80</b>	+00:08:46 (14.0%)	8:57	6.7 (85.9%)
21	<b>HODERNY Leon</b>	<b>46</b>		Mężczyźni	20	10:20	<b>01:02:42.80</b>	+00:08:48 (14.0%)	8:57	6.7 (85.9%)
22	<b>MIKOŁAJCZYK Krystian</b>	<b>90</b>	ROMGOS	Mężczyźni	21	11:20	<b>01:03:40.45</b>	+00:09:45 (15.3%)	9:05	6.6 (84.6%)
23	<b>WOJTYŁA Eryk</b>	<b>166</b>	BOBY BESEMENT STUDIO	Mężczyźni	22	10:30	<b>01:03:51.65</b>	+00:09:56 (15.6%)	9:07	6.6 (84.6%)
24	<b>BIERNACIK Rafał</b>	<b>17</b>		Mężczyźni	23	11:10	<b>01:04:04.45</b>	+00:10:09 (15.9%)	9:09	6.6 (84.6%)
25	<b>RAŹNIAK Paweł</b>	<b>126</b>		Mężczyźni	24	9:50	<b>01:04:13.60</b>	+00:10:18 (16.1%)	9:10	6.5 (83.3%)
26	<b>GRZEŚKOWIAK Dawid</b>	<b>43</b>		Mężczyźni	25	12:10	<b>01:05:22.40</b>	+00:11:27 (17.5%)	9:20	6.4 (82.1%)
27	<b>KOŚCIAŃSKI Kacper</b>	<b>64</b>		Mężczyźni	26	10:20	<b>01:06:31.00</b>	+00:12:36 (18.9%)	9:30	6.3 (80.8%)
28	<b>ZALEWSKI Dawid</b>	<b>169</b>		Mężczyźni	27	11:00	<b>01:06:41.00</b>	+00:12:46 (19.2%)	9:31	6.3 (80.8%)
29	<b>PATERKA Michał</b>	<b>110</b>	SETA ROWERY I PEDAŁY	Mężczyźni	28	12:00	<b>01:07:03.60</b>	+00:13:08 (19.6%)	9:34	6.3 (80.8%)
30	<b>URBANIAK Dawid</b>	<b>153</b>	SETA ROWER I PEDAŁY	Mężczyźni	29	12:00	<b>01:07:11.30</b>	+00:13:16 (19.8%)	9:35	6.3 (80.8%)

Place	Participant	Number	Club	Category	MCat	Seria startowa	Net	Gap	Pace	Pace
							time		min/km	km/h
							7km			
31	<b>ADAMKIEWICZ Tomasz</b>	<b>1</b>	SETA ROWER I PEDALY	Mężczyźni	30	11:50	<b>01:07:11.35</b>	+00:13:16 (19.8%)	9:35	6.3 (80.8%)
32	<b>BASZYŃSKI Remigiusz</b>	<b>14</b>	JOŁKIPOŁKI GOLINA	Mężczyźni	31	10:50	<b>01:08:04.45</b>	+00:14:09 (20.8%)	9:43	6.2 (79.5%)
33	<b>JÓZWIAK Paweł</b>	<b>55</b>		Mężczyźni	32	10:20	<b>01:08:11.55</b>	+00:14:16 (20.9%)	9:44	6.2 (79.5%)
34	<b>ŚWIERBLEWSKI Nikodem</b>	<b>152</b>	BODY BASEMENT JAROCIN	Mężczyźni	33	12:00	<b>01:08:31.05</b>	+00:14:36 (21.3%)	9:47	6.1 (78.2%)
35	<b>PIOTROWIAK Jakub</b>	<b>118</b>	BB	Mężczyźni	34	10:00	<b>01:08:49.15</b>	+00:14:54 (21.7%)	9:49	6.1 (78.2%)
36	<b>WAWRZYNIAK Przemysław</b>	<b>178</b>	BITUMEN TEAM	Mężczyźni	35		<b>01:08:55.50</b>	+00:15:00 (21.8%)	9:50	6.1 (78.2%)
37	<b>KACZMAREK Przemysław</b>	<b>56</b>		Mężczyźni	36	11:00	<b>01:09:10.50</b>	+00:15:15 (22.1%)	9:52	6.1 (78.2%)
38	<b>OSTROWSKI Bogusz</b>	<b>108</b>	BB	Mężczyźni	37	9:50	<b>01:09:46.20</b>	+00:15:51 (22.7%)	9:58	6 (76.9%)
39	<b>KRAWIEC Szymon</b>	<b>72</b>	MACIEJ NOWACZYK TEAM	Mężczyźni	38	11:30	<b>01:09:51.90</b>	+00:15:57 (22.8%)	9:58	6 (76.9%)
40	<b>KAPTURSKI Tymoteusz</b>	<b>59</b>	BB	Mężczyźni	39	9:50	<b>01:10:23.35</b>	+00:16:28 (23.4%)	10:03	6 (76.9%)
41	<b>PIOSIK Tomasz</b>	<b>116</b>	BB	Mężczyźni	40	12:00	<b>01:10:26.20</b>	+00:16:31 (23.5%)	10:03	6 (76.9%)
42	<b>KOSIKOWSKI Szymon</b>	<b>62</b>		Mężczyźni	41	12:00	<b>01:10:33.70</b>	+00:16:38 (23.6%)	10:04	6 (76.9%)
43	<b>CHODOROWSKI Adrian</b>	<b>24</b>	MACIEJ NOWACZYK TEAM	Mężczyźni	42	11:30	<b>01:10:46.10</b>	+00:16:51 (23.8%)	10:06	5.9 (75.6%)
44	<b>CHODOROWSKI Jan</b>	<b>23</b>	MWS	Mężczyźni	43	11:30	<b>01:10:49.15</b>	+00:16:54 (23.9%)	10:07	5.9 (75.6%)
45	<b>ŁUKASZEWSKA Marta</b>	<b>77</b>		Kobiety	2	10:30	<b>01:11:13.30</b>	+00:17:18 (24.3%)	10:10	5.9 (75.6%)
46	<b>FRĄSZCZAK Łukasz</b>	<b>33</b>	SETA ROWER I PEDALY	Mężczyźni	44	12:00	<b>01:11:32.90</b>	+00:17:38 (24.6%)	10:13	5.9 (75.6%)
47	<b>WOJTYŁA Szymon</b>	<b>165</b>	BODY BASEMENT STUDIO	Mężczyźni	45	10:30	<b>01:11:33.20</b>	+00:17:38 (24.7%)	10:13	5.9 (75.6%)
48	<b>MICHALSKI Jakub</b>	<b>86</b>		Mężczyźni	46	12:10	<b>01:11:37.15</b>	+00:17:42 (24.7%)	10:13	5.9 (75.6%)
49	<b>KOWALSKI Ryszard</b>	<b>65</b>		Mężczyźni	47	10:20	<b>01:11:45.15</b>	+00:17:50 (24.9%)	10:15	5.9 (75.6%)
50	<b>STYKOWSKI Marcin</b>	<b>147</b>		Mężczyźni	48	12:00	<b>01:11:56.75</b>	+00:18:01 (25.1%)	10:16	5.8 (74.4%)
51	<b>FRĄTCZAK Wojciech</b>	<b>35</b>	SETA ROWER I PEDALY	Mężczyźni	49	12:00	<b>01:11:57.15</b>	+00:18:02 (25.1%)	10:16	5.8 (74.4%)
52	<b>MACIEJEWSKI Michał</b>	<b>79</b>		Mężczyźni	50	11:30	<b>01:12:12.70</b>	+00:18:17 (25.3%)	10:18	5.8 (74.4%)
53	<b>PYZIK Piotr</b>	<b>123</b>		Mężczyźni	51	10:00	<b>01:12:32.55</b>	+00:18:37 (25.7%)	10:21	5.8 (74.4%)
54	<b>PIOTROWIAK Michał</b>	<b>117</b>	BB	Mężczyźni	52	10:00	<b>01:12:44.65</b>	+00:18:49 (25.9%)	10:23	5.8 (74.4%)
55	<b>MAJUSIAK Klaudia</b>	<b>81</b>		Kobiety	3	11:40	<b>01:13:11.70</b>	+00:19:16 (26.3%)	10:27	5.7 (73.1%)
56	<b>DERWICH Przemysław</b>	<b>180</b>	BITUMEN TEAM	Mężczyźni	53		<b>01:13:15.60</b>	+00:19:20 (26.4%)	10:27	5.7 (73.1%)
57	<b>BIEGAŃSKI Damian</b>	<b>16</b>		Mężczyźni	54	11:10	<b>01:13:32.00</b>	+00:19:37 (26.7%)	10:30	5.7 (73.1%)
58	<b>KRAWCZYK Damian</b>	<b>71</b>		Mężczyźni	55	11:10	<b>01:13:32.85</b>	+00:19:38 (26.7%)	10:30	5.7 (73.1%)
59	<b>RZEPA Wojciech</b>	<b>135</b>		Mężczyźni	56	10:10	<b>01:14:39.60</b>	+00:20:44 (27.8%)	10:39	5.6 (71.8%)
60	<b>DUTKIEWICZ Jacek</b>	<b>30</b>		Mężczyźni	57	11:00	<b>01:15:56.55</b>	+00:22:01 (29.0%)	10:50	5.5 (70.5%)
61	<b>KUBIAK Łukasz</b>	<b>75</b>		Mężczyźni	58	11:00	<b>01:15:56.80</b>	+00:22:02 (29.0%)	10:50	5.5 (70.5%)
62	<b>ORCZYKOWSKA Kinga</b>	<b>102</b>	BODY BASEMENT	Kobiety	4	10:40	<b>01:16:01.25</b>	+00:22:06 (29.1%)	10:51	5.5 (70.5%)
63	<b>ŁAGODZIŃSKI Artur</b>	<b>76</b>	SETA ROWER I PEDALY	Mężczyźni	59	12:00	<b>01:17:01.80</b>	+00:23:07 (30.0%)	11:00	5.5 (70.5%)
64	<b>BARTNICZAK Arek</b>	<b>11</b>		Mężczyźni	60	9:50	<b>01:17:03.25</b>	+00:23:08 (30.0%)	11:00	5.5 (70.5%)
65	<b>OSTROWSKI Błażej</b>	<b>107</b>	BB	Mężczyźni	61	9:50	<b>01:17:05.80</b>	+00:23:11 (30.1%)	11:00	5.4 (69.2%)
66	<b>BANDOSZ Anna</b>	<b>10</b>		Kobiety	5	11:50	<b>01:17:15.25</b>	+00:23:20 (30.2%)	11:02	5.4 (69.2%)
67	<b>KOZŁOWSKI Marek</b>	<b>67</b>		Mężczyźni	62	11:00	<b>01:17:15.80</b>	+00:23:21 (30.2%)	11:02	5.4 (69.2%)
68	<b>BZODEK Damian</b>	<b>22</b>		Mężczyźni	63	11:50	<b>01:17:22.55</b>	+00:23:27 (30.3%)	11:03	5.4 (69.2%)
69	<b>JOACHIMIAK-SMENTEK Monika</b>	<b>52</b>		Kobiety	6	10:40	<b>01:17:51.80</b>	+00:23:57 (30.8%)	11:07	5.4 (69.2%)
70	<b>STEFANIAK Kamil</b>	<b>146</b>		Mężczyźni	64	11:00	<b>01:18:08.30</b>	+00:24:13 (31.0%)	11:09	5.4 (69.2%)
71	<b>ORCZYKOWSKA Patrycja</b>	<b>103</b>		Kobiety	7	11:10	<b>01:18:17.00</b>	+00:24:22 (31.1%)	11:11	5.4 (69.2%)
72	<b>DUTKIEWICZ Szymon</b>	<b>28</b>		Mężczyźni	65	11:00	<b>01:18:58.65</b>	+00:25:03 (31.7%)	11:16	5.3 (67.9%)
73	<b>DUTKIEWICZ Katarzyna</b>	<b>29</b>		Kobiety	8	11:00	<b>01:19:00.95</b>	+00:25:06 (31.8%)	11:17	5.3 (67.9%)
74	<b>NAWROCKI Hubert</b>	<b>97</b>		Mężczyźni	66	10:10	<b>01:19:18.15</b>	+00:25:23 (32.0%)	11:19	5.3 (67.9%)

Place	Participant	Number	Club	Category	MCat	Seria startowa	Net	Gap	Pace	Pace
							time		min/km	km/h
							7km			
75	<b>WALCZAK Bartosz</b>	<b>154</b>		Mężczyźni	67	10:10	<b>01:20:37.50</b>	+00:26:42 (33.1%)	11:31	5.2 (66.7%)
76	<b>PAJDOWSKI Maciej</b>	<b>109</b>		Mężczyźni	68	11:40	<b>01:20:39.45</b>	+00:26:44 (33.2%)	11:31	5.2 (66.7%)
77	<b>GARNCARZ Hubert</b>	<b>36</b>	PITLBULLE ZE ŚREMU	Mężczyźni	69	10:10	<b>01:20:48.70</b>	+00:26:53 (33.3%)	11:32	5.2 (66.7%)
78	<b>ZARADNA Ewa</b>	<b>170</b>		Kobiety	9	10:30	<b>01:20:58.05</b>	+00:27:03 (33.4%)	11:34	5.2 (66.7%)
79	<b>ZIELIŃSKA Aleksandra</b>	<b>174</b>		Kobiety	10	10:40	<b>01:21:26.85</b>	+00:27:32 (33.8%)	11:38	5.2 (66.7%)
80	<b>KOMORSKA Magdalena</b>	<b>61</b>		Kobiety	11	10:30	<b>01:22:01.15</b>	+00:28:06 (34.3%)	11:43	5.1 (65.4%)
81	<b>MICHAŁ Masztalerz</b>	<b>87</b>	LZS ZALESIE	Mężczyźni	70	10:20	<b>01:22:36.25</b>	+00:28:41 (34.7%)	11:48	5.1 (65.4%)
82	<b>MIRKIEWICZ Mariusz</b>	<b>91</b>		Mężczyźni	71	10:20	<b>01:22:36.60</b>	+00:28:41 (34.7%)	11:48	5.1 (65.4%)
83	<b>ANTCZAK Marcin</b>	<b>7</b>	BODYBASEMENT	Mężczyźni	72	11:40	<b>01:22:46.70</b>	+00:28:51 (34.9%)	11:49	5.1 (65.4%)
84	<b>BARTOLIK Mariusz</b>	<b>13</b>		Mężczyźni	73	12:30	<b>01:23:10.55</b>	+00:29:15 (35.2%)	11:52	5.1 (65.4%)
85	<b>BARTOLIK Justyna</b>	<b>12</b>		Kobiety	12	12:30	<b>01:23:11.15</b>	+00:29:16 (35.2%)	11:53	5 (64.1%)
86	<b>JÓZWIAK Julia</b>	<b>54</b>		Kobiety	13	10:20	<b>01:23:14.00</b>	+00:29:19 (35.2%)	11:53	5 (64.1%)
87	<b>SKOTARCZYK Mateusz</b>	<b>137</b>		Mężczyźni	74	10:10	<b>01:23:40.70</b>	+00:29:45 (35.6%)	11:57	5 (64.1%)
88	<b>ŁYSIAK Sandra</b>	<b>78</b>		Kobiety	14	10:10	<b>01:23:43.00</b>	+00:29:48 (35.6%)	11:57	5 (64.1%)
89	<b>GRYGIEL Bartosz</b>	<b>179</b>	BITUMEN TEAM	Mężczyźni	75	11:40	<b>01:24:49.80</b>	+00:30:55 (36.4%)	12:07	5 (64.1%)
90	<b>MROZIŃSKA Martyna</b>	<b>94</b>		Kobiety	15	12:10	<b>01:25:04.05</b>	+00:31:09 (36.6%)	12:09	4.9 (62.8%)
91	<b>MROZIŃSKA Joanna</b>	<b>93</b>		Kobiety	16	12:10	<b>01:25:06.80</b>	+00:31:12 (36.7%)	12:09	4.9 (62.8%)
92	<b>OSTOJSKI Marcin</b>	<b>105</b>	BB	Mężczyźni	76	11:10	<b>01:25:43.60</b>	+00:31:48 (37.1%)	12:14	4.9 (62.8%)
93	<b>KACZMAREK Natalia</b>	<b>57</b>	BB	Kobiety	17	10:40	<b>01:26:11.95</b>	+00:32:17 (37.5%)	12:18	4.9 (62.8%)
94	<b>SOBCZAK Marek</b>	<b>141</b>	5PD	Mężczyźni	77	10:00	<b>01:26:44.75</b>	+00:32:49 (37.8%)	12:23	4.8 (61.5%)
95	<b>MROWICKI Łukasz</b>	<b>92</b>	SETA ROWER I PEDAŁY	Mężczyźni	78	12:00	<b>01:27:06.70</b>	+00:33:11 (38.1%)	12:26	4.8 (61.5%)
96	<b>PYZIK Jan Pawel</b>	<b>121</b>	BB	Mężczyźni	79	10:00	<b>01:27:53.15</b>	+00:33:58 (38.7%)	12:33	4.8 (61.5%)
97	<b>GAŚIOREK Marcin</b>	<b>37</b>	RBB IT	Mężczyźni	80	11:10	<b>01:28:47.10</b>	+00:34:52 (39.3%)	12:41	4.7 (60.3%)
98	<b>MICHAŁ Błaszczyk</b>	<b>182</b>	BITUMEN TEAM	Mężczyźni	81		<b>01:28:56.75</b>	+00:35:01 (39.4%)	12:42	4.7 (60.3%)
99	<b>DANIELCZYK Tomasz</b>	<b>181</b>	BITUMEN TEAM	Mężczyźni	82	11:40	<b>01:28:57.70</b>	+00:35:02 (39.4%)	12:42	4.7 (60.3%)
100	<b>WOJTCZAK Łukasz</b>	<b>163</b>	RBB IT	Mężczyźni	83	11:10	<b>01:28:58.25</b>	+00:35:03 (39.4%)	12:42	4.7 (60.3%)
101	<b>SOKOŁOWSKI Adrian</b>	<b>142</b>		Mężczyźni	84	11:10	<b>01:28:58.65</b>	+00:35:03 (39.4%)	12:42	4.7 (60.3%)
102	<b>BĄCZYK Kamil</b>	<b>15</b>		Mężczyźni	85	11:00	<b>01:29:24.35</b>	+00:35:29 (39.7%)	12:46	4.7 (60.3%)
103	<b>BOROWICZ-OSTROWSKA Kwiryna</b>	<b>19</b>	BB	Kobiety	18	9:50	<b>01:30:05.20</b>	+00:36:10 (40.2%)	12:52	4.7 (60.3%)
104	<b>NALEWAJKO Martyna</b>	<b>95</b>	BB	Kobiety	19	9:50	<b>01:30:36.35</b>	+00:36:41 (40.5%)	12:56	4.6 (59.0%)
105	<b>OSTROWSKA Julia</b>	<b>106</b>	BB	Kobiety	20	9:50	<b>01:30:39.55</b>	+00:36:44 (40.5%)	12:57	4.6 (59.0%)
106	<b>BYSZEWSKI Stanisław</b>	<b>21</b>	BB	Mężczyźni	86	9:50	<b>01:30:42.20</b>	+00:36:47 (40.6%)	12:57	4.6 (59.0%)
107	<b>JOACHIMIAK Kamil</b>	<b>51</b>		Mężczyźni	87	10:40	<b>01:31:47.10</b>	+00:37:52 (41.3%)	13:06	4.6 (59.0%)
108	<b>WIELGOSZ Kamil</b>	<b>158</b>		Mężczyźni	88	11:40	<b>01:32:29.50</b>	+00:38:34 (41.7%)	13:12	4.5 (57.7%)
109	<b>JOZWIK Paweł</b>	<b>53</b>	5PD	Mężczyźni	89	10:00	<b>01:32:58.85</b>	+00:39:04 (42.0%)	13:16	4.5 (57.7%)
110	<b>BYCZKOWSKI Piotr</b>	<b>20</b>		Mężczyźni	90	12:30	<b>01:33:30.50</b>	+00:39:35 (42.3%)	13:21	4.5 (57.7%)
111	<b>ORSZULAK Jakub</b>	<b>104</b>		Mężczyźni	91	10:30	<b>01:34:04.40</b>	+00:40:09 (42.7%)	13:26	4.5 (57.7%)
112	<b>ANDRZEJEWSKI Marek</b>	<b>6</b>		Mężczyźni	92	10:30	<b>01:34:05.40</b>	+00:40:10 (42.7%)	13:26	4.5 (57.7%)
113	<b>PIOSIK Natasza</b>	<b>114</b>		Kobiety	21	10:20	<b>01:35:38.25</b>	+00:41:43 (43.6%)	13:39	4.4 (56.4%)
114	<b>SMOK Patrycja</b>	<b>139</b>	ROMGOS	Kobiety	22	11:10	<b>01:36:24.00</b>	+00:42:29 (44.1%)	13:46	4.4 (56.4%)
115	<b>KRASKA Paulina</b>	<b>68</b>	ROMGOS	Kobiety	23	11:20	<b>01:36:25.10</b>	+00:42:30 (44.1%)	13:46	4.4 (56.4%)
116	<b>ANDRZEJCZAK Katarzyna</b>	<b>5</b>	ROMGOS	Kobiety	24	11:20	<b>01:36:26.30</b>	+00:42:31 (44.1%)	13:46	4.4 (56.4%)
117	<b>WIELGOSZ Anna</b>	<b>157</b>		Kobiety	25	11:40	<b>01:36:30.15</b>	+00:42:35 (44.1%)	13:47	4.4 (56.4%)
118	<b>POSTRZELANA Danuta</b>	<b>119</b>		Kobiety	26	10:10	<b>01:36:35.90</b>	+00:42:41 (44.2%)	13:47	4.3 (55.1%)

Place	Participant	Number	Club	Category	MCat	Seria startowa	Net	Gap	Pace	Pace
							time		min/km	km/h
							7km			
119	<b>GOŚCINIAK Tomasz</b>	<b>41</b>		Mężczyźni	93	11:10	<b>01:36:45.10</b>	+00:42:50 (44.3%)	13:49	4.3 (55.1%)
120	<b>NAPIERALSKA Dominika</b>	<b>96</b>	ROMGOS	Kobiety	27	11:20	<b>01:36:47.70</b>	+00:42:52 (44.3%)	13:49	4.3 (55.1%)
121	<b>FRĄTCZAK Milena</b>	<b>34</b>		Kobiety	28	10:00	<b>01:36:50.00</b>	+00:42:55 (44.3%)	13:50	4.3 (55.1%)
122	<b>MIKOŁAJCZAK Jakub</b>	<b>89</b>	ROMGOS	Mężczyźni	94	11:30	<b>01:36:52.05</b>	+00:42:57 (44.3%)	13:50	4.3 (55.1%)
123	<b>MAŁECKA Monika</b>	<b>85</b>		Kobiety	29	11:40	<b>01:36:58.40</b>	+00:43:03 (44.4%)	13:51	4.3 (55.1%)
124	<b>KRASKA Tomasz</b>	<b>69</b>	ROMGOS	Mężczyźni	95	11:20	<b>01:37:26.80</b>	+00:43:32 (44.7%)	13:55	4.3 (55.1%)
125	<b>RADOMSKA Katarzyna</b>	<b>74</b>	ROMGOS	Kobiety	30	11:20	<b>01:37:26.95</b>	+00:43:32 (44.7%)	13:55	4.3 (55.1%)
126	<b>GLUZA Łukasz</b>	<b>40</b>		Mężczyźni	96	11:00	<b>01:38:15.20</b>	+00:44:20 (45.1%)	14:02	4.3 (55.1%)
127	<b>SZEWCZYKOWSKI Kacper</b>	<b>149</b>		Mężczyźni	97	11:00	<b>01:38:20.50</b>	+00:44:25 (45.2%)	14:02	4.3 (55.1%)
128	<b>ANTCZAK Anna</b>	<b>8</b>	ROMGOS	Kobiety	31	11:20	<b>01:38:28.45</b>	+00:44:33 (45.3%)	14:04	4.3 (55.1%)
129	<b>GWIAZDOWSKA Tatiana</b>	<b>44</b>	ROMGOS	Kobiety	32	11:20	<b>01:38:31.90</b>	+00:44:37 (45.3%)	14:04	4.3 (55.1%)
130	<b>WIŚNIEWSKA Daria</b>	<b>159</b>	ROMGOS	Kobiety	33	11:20	<b>01:38:38.30</b>	+00:44:43 (45.3%)	14:05	4.3 (55.1%)
131	<b>GWIAZDOWSKI Tobiasz</b>	<b>45</b>		Mężczyźni	98	11:20	<b>01:38:39.15</b>	+00:44:44 (45.4%)	14:05	4.3 (55.1%)
132	<b>MAJCHRZAK Jakub</b>	<b>80</b>	ROMGOS	Mężczyźni	99	11:20	<b>01:38:40.65</b>	+00:44:45 (45.4%)	14:05	4.3 (55.1%)
133	<b>MIGALSKA Dominika</b>	<b>88</b>		Kobiety	34	12:10	<b>01:41:02.75</b>	+00:47:07 (46.6%)	14:26	4.2 (53.8%)
134	<b>MALECHA Grzegorz</b>	<b>82</b>		Mężczyźni	100	12:10	<b>01:41:50.15</b>	+00:47:55 (47.1%)	14:32	4.1 (52.6%)
135	<b>JANOWSKI Bartek</b>	<b>50</b>		Mężczyźni	101	10:50	<b>01:41:51.20</b>	+00:47:56 (47.1%)	14:33	4.1 (52.6%)
136	<b>HOFFA-KAŁKA Joanna</b>	<b>49</b>		Kobiety	35	11:30	<b>01:42:29.80</b>	+00:48:35 (47.4%)	14:38	4.1 (52.6%)
137	<b>NOWACZYK Klaudia</b>	<b>99</b>	MACIEJ NOWACZYK TEAM	Kobiety	36	11:30	<b>01:42:35.20</b>	+00:48:40 (47.4%)	14:39	4.1 (52.6%)
138	<b>HOFFA Tomasz</b>	<b>48</b>	MACIEJ NOWACZYK TEAM	Mężczyźni	102	11:30	<b>01:42:36.30</b>	+00:48:41 (47.5%)	14:39	4.1 (52.6%)
139	<b>NOWACZYK Maciej</b>	<b>98</b>	MACIEJ NOWACZYK TEAM	Mężczyźni	103	11:30	<b>01:42:36.80</b>	+00:48:42 (47.5%)	14:39	4.1 (52.6%)
140	<b>HOFFA Katarzyna</b>	<b>47</b>	MACIEJ NOWACZYK TEAM	Kobiety	37	11:30	<b>01:42:37.05</b>	+00:48:42 (47.5%)	14:39	4.1 (52.6%)
141	<b>PIĄTEK Mikołaj</b>	<b>113</b>		Mężczyźni	104	10:50	<b>01:42:54.70</b>	+00:48:59 (47.6%)	14:42	4.1 (52.6%)
142	<b>GĘŚCIAK Ewa</b>	<b>38</b>	BODY BASEMENT	Kobiety	38	10:50	<b>01:42:55.20</b>	+00:49:00 (47.6%)	14:42	4.1 (52.6%)
143	<b>PIOSIK Agnieszka</b>	<b>115</b>		Kobiety	39	10:20	<b>01:45:04.65</b>	+00:51:09 (48.7%)	15:00	4 (51.3%)
144	<b>ANDRZEJCZAK Luiza</b>	<b>4</b>		Kobiety	40	10:20	<b>01:45:05.45</b>	+00:51:10 (48.7%)	15:00	4 (51.3%)
145	<b>PATOKA Maciej</b>	<b>111</b>	JKO H2O	Mężczyźni	105	12:30	<b>01:45:16.25</b>	+00:51:21 (48.8%)	15:02	4 (51.3%)
146	<b>SZYMANEK Mateusz</b>	<b>150</b>	MATTSPORT CLUB	Mężczyźni	106	10:50	<b>01:45:23.85</b>	+00:51:29 (48.8%)	15:03	4 (51.3%)
147	<b>WALCZAK Bartosz</b>	<b>177</b>		Mężczyźni	107		<b>01:45:29.40</b>	+00:51:34 (48.9%)	15:04	4 (51.3%)
148	<b>OGRODOWCZYK Wioletta</b>	<b>101</b>	JKO H2O	Kobiety	41	12:30	<b>01:45:46.35</b>	+00:51:51 (49.0%)	15:06	4 (51.3%)
149	<b>FILIPIAK Nikola</b>	<b>31</b>	BB	Kobiety	42	10:20	<b>01:45:50.85</b>	+00:51:56 (49.1%)	15:07	4 (51.3%)
150	<b>REGULSKA Natalia</b>	<b>127</b>		Kobiety	43	12:30	<b>01:46:12.05</b>	+00:52:17 (49.2%)	15:10	4 (51.3%)
151	<b>SOŁTYSIAK Marianna</b>	<b>143</b>	MATTSPORT	Kobiety	44	10:50	<b>01:46:12.25</b>	+00:52:17 (49.2%)	15:10	4 (51.3%)
152	<b>SARNECKI Arkadiusz</b>	<b>136</b>		Mężczyźni	108	12:30	<b>01:46:13.25</b>	+00:52:18 (49.2%)	15:10	4 (51.3%)
153	<b>KRAUZE Marzena</b>	<b>70</b>		Kobiety	45	12:30	<b>01:46:14.60</b>	+00:52:19 (49.3%)	15:10	4 (51.3%)
154	<b>WOJTCZAK Jakub</b>	<b>161</b>	JOŁKIPOŁKI GOLINA	Mężczyźni	109	10:40	<b>01:46:25.65</b>	+00:52:30 (49.3%)	15:12	3.9 (50.0%)
155	<b>WOJTCZAK Michał</b>	<b>162</b>	JOŁKIPOŁKI GOLINA	Mężczyźni	110	10:50	<b>01:46:26.90</b>	+00:52:32 (49.4%)	15:12	3.9 (50.0%)
156	<b>WOJTCZAK Małgorzata</b>	<b>160</b>	JOŁKIPOŁKI GOLINA	Kobiety	46	10:40	<b>01:46:26.95</b>	+00:52:32 (49.4%)	15:12	3.9 (50.0%)
157	<b>RYCHLIK Krystian</b>	<b>132</b>	JOŁKIPOŁKI GOLINA	Mężczyźni	111	10:40	<b>01:46:27.80</b>	+00:52:33 (49.4%)	15:12	3.9 (50.0%)
158	<b>RYCHLIK Marcin</b>	<b>133</b>	JOŁKIPOŁKI GOLINA	Mężczyźni	112	10:40	<b>01:46:29.20</b>	+00:52:34 (49.4%)	15:12	3.9 (50.0%)
159	<b>ROSZAK Mateusz</b>	<b>129</b>	DOBRZYCA TEAM	Mężczyźni	113	10:30	<b>01:49:14.15</b>	+00:55:19 (50.6%)	15:36	3.8 (48.7%)
160	<b>WOJTKOWIAK Robert</b>	<b>164</b>		Mężczyźni	114	10:30	<b>01:49:17.45</b>	+00:55:22 (50.7%)	15:36	3.8 (48.7%)
161	<b>SZAJDA Michał</b>	<b>148</b>	DOBRZYCA TEAM	Mężczyźni	115	10:30	<b>01:49:21.75</b>	+00:55:26 (50.7%)	15:37	3.8 (48.7%)
162	<b>KAPAŁA Agnieszka</b>	<b>58</b>		Kobiety	47	10:50	<b>01:49:50.00</b>	+00:55:55 (50.9%)	15:41	3.8 (48.7%)

Place	Participant	Number	Club	Category	MCat	Seria startowa	Net time 7km	Gap	Pace min/km	Pace km/h
163	<b>PYZIK Agnieszka</b>	<b>122</b>	BB	Kobiety	48	10:00	<b>01:49:57.30</b>	+00:56:02 (51.0%)	15:42	3.8 (48.7%)
164	<b>PYZIK Paweł</b>	<b>120</b>	BB	Mężczyźni	116	10:00	<b>01:49:58.90</b>	+00:56:04 (51.0%)	15:42	3.8 (48.7%)
165	<b>KOSTKA Marcin</b>	<b>63</b>	SPD	Mężczyźni	117	10:00	<b>01:50:01.75</b>	+00:56:06 (51.0%)	15:43	3.8 (48.7%)
166	<b>DOSTATNI Eryk</b>	<b>25</b>		Mężczyźni	118	10:40	<b>01:50:44.90</b>	+00:56:50 (51.3%)	15:49	3.8 (48.7%)
167	<b>DOSTATNI Zbigniew</b>	<b>26</b>	DOSTATNI GARAGE	Mężczyźni	119	10:40	<b>01:51:07.50</b>	+00:57:12 (51.5%)	15:52	3.8 (48.7%)
168	<b>MALECHA Zofia</b>	<b>83</b>		Kobiety	49	12:10	<b>02:00:06.15</b>	+01:06:11 (55.1%)	17:09	3.5 (44.9%)
169	<b>MALECHA Jagoda</b>	<b>84</b>		Kobiety	50	12:10	<b>02:00:08.95</b>	+01:06:14 (55.1%)	17:09	3.5 (44.9%)
170	<b>RÓŻEWSKI Dawid</b>	<b>130</b>		Mężczyźni	120	12:30	<b>02:03:06.80</b>	+01:09:12 (56.2%)	17:35	3.4 (43.6%)
171	<b>STACHOWSKI Krystian</b>	<b>144</b>	ROMGOS	Mężczyźni	121	11:20				(0.0%)
172	<b>DRYJAŃSKI Nikodem</b>	<b>27</b>		Mężczyźni	122	11:30				(0.0%)
173	<b>RÓŻEWSKI Roman</b>	<b>131</b>		Mężczyźni	123	10:10				(0.0%)

Total 173 results.