



# HUNT RUN - 12KM

B4SPORT

**Wydarzenie:** HUNT RUN BAŁTÓW  
**Organizator:** Organic Barbara Sułowska  
**Data:** 2017-07-01  
**Miejsce:** Bałtów  
**Dystans:** 12 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: #3OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>RAK Kazimierz</b>	<b>5050</b>	CSADVENTURE	#3OPEN	1	00:32:38	01:10:29	<b>01:36:16.40</b>		8:01	7.5 (100%)
2	<b>MICHALAK Michał</b>	<b>593</b>	MKB DREPTAK	#3OPEN	2	00:34:36	01:13:16	<b>01:41:18.50</b>	+00:05:02 (5.0%)	8:26	7.1 (94.7%)
3	<b>OLSZEWSKI Artur</b>	<b>7126</b>	PROMILOWE MISIE	#3OPEN	3	00:33:00	01:12:18	<b>01:45:33.80</b>	+00:09:17 (8.8%)	8:47	6.8 (90.7%)
4	<b>SAWA Piotr</b>	<b>642</b>	WW TEAM	#3OPEN	4	00:33:18	01:15:42	<b>01:47:20.45</b>	+00:11:04 (10.3%)	8:56	6.7 (89.3%)
5	<b>HOLOPA Paweł</b>	<b>540</b>	CISNYMY DO PRZODKU	#3OPEN	5	00:39:41	01:19:09	<b>01:48:02.40</b>	+00:11:46 (10.9%)	9:00	6.7 (89.3%)
6	<b>CZACH Tobiasz</b>	<b>1323</b>	HUSARIA RACE TEAM	#3OPEN	6	00:36:51	01:19:08	<b>01:48:29.90</b>	+00:12:13 (11.3%)	9:02	6.6 (88.0%)
7	<b>SZALA Dariusz</b>	<b>528</b>	BUDZIWOJAKI	#3OPEN	7	00:16:08	01:11:36	<b>01:50:45.40</b>	+00:14:29 (13.1%)	9:13	6.5 (86.7%)
8	<b>MICHAŁOWSKI Łukasz</b>	<b>613</b>	SPPP RADOM	#3OPEN	8	00:36:53	01:20:37	<b>01:57:47.30</b>	+00:21:30 (18.3%)	9:48	6.1 (81.3%)
9	<b>KASPROWICZ Sławomir</b>	<b>633</b>	VIKINGS	#3OPEN	9	00:42:28	01:27:41	<b>02:01:00.15</b>	+00:24:43 (20.4%)	10:05	5.9 (78.7%)
10	<b>IDZIKOWSKI Michał</b>	<b>1376</b>	THE ŻESZUF	#3OPEN	10	00:21:41	01:19:32	<b>02:01:25.25</b>	+00:25:08 (20.7%)	10:07	5.9 (78.7%)
11	<b>PIASEK Piotr</b>	<b>673</b>	WOLVES SUMMIT	#3OPEN	11	00:44:07	01:30:00	<b>02:03:04.80</b>	+00:26:48 (21.8%)	10:15	5.8 (77.3%)
12	<b>JASIŃSKI Łukasz</b>	<b>646</b>		#3OPEN	12	00:43:43	01:28:51	<b>02:03:13.20</b>	+00:26:56 (21.9%)	10:16	5.8 (77.3%)
13	<b>CIECHANOWSKI Norbert</b>	<b>612</b>	SPPP RADOM	#3OPEN	13	00:40:16	01:25:22	<b>02:03:30.75</b>	+00:27:14 (22.1%)	10:17	5.8 (77.3%)
14	<b>SŁOWIŃSKI Piotr</b>	<b>524</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#3OPEN	14	00:40:56	01:29:22	<b>02:05:13.10</b>	+00:28:56 (23.1%)	10:26	5.8 (77.3%)
15	<b>LIPIŃSKI Tomasz</b>	<b>663</b>		#3OPEN	15	00:39:22	01:24:19	<b>02:05:14.50</b>	+00:28:58 (23.1%)	10:26	5.7 (76.0%)
16	<b>ILCZUK Rafał</b>	<b>660</b>		#3OPEN	16	00:44:08	01:28:52	<b>02:05:24.75</b>	+00:29:08 (23.2%)	10:27	5.7 (76.0%)
17	<b>SACZEWSKI Arkadiusz</b>	<b>724</b>	CROSSFIT SIEDLCE	#3OPEN	17	00:44:19	01:29:15	<b>02:06:39.10</b>	+00:30:22 (24.0%)	10:33	5.7 (76.0%)
18	<b>JOBDA Łukasz</b>	<b>752</b>	HARDCOROWE WYCHYLYLYBYMY	#3OPEN	18	00:44:31	01:32:56	<b>02:10:30.75</b>	+00:34:14 (26.2%)	10:52	5.5 (73.3%)
19	<b>MALIK Andrzej</b>	<b>518</b>	BEER FORCE ONE	#3OPEN	19		01:01:13	<b>02:12:02.65</b>	+00:35:46 (27.1%)	11:00	5.5 (73.3%)
20	<b>CHMURCZYK Mateusz</b>	<b>632</b>	VALLADIN TEAM	#3OPEN	20	00:48:37	01:40:19	<b>02:14:29.05</b>	+00:38:12 (28.4%)	11:12	5.4 (72.0%)
21	<b>BRZEZIŃSKI Bartosz</b>	<b>620</b>	ŚWIĘTOKRZYSKIE STOWARZYSZENIE TURYSTYCZNE	#3OPEN	21	00:45:52	01:37:01	<b>02:14:48.10</b>	+00:38:31 (28.6%)	11:14	5.3 (70.7%)
22	<b>FUJAWA Maciek</b>	<b>400</b>	WISŁA SANDOMIERZ	#3OPEN	22	00:43:40	01:33:54	<b>02:15:11.55</b>	+00:38:55 (28.8%)	11:15	5.3 (70.7%)
23	<b>SZOŁTYSEK Krzysztof</b>	<b>674</b>	VALLADIN TEAM	#3OPEN	23	00:49:17	01:40:21	<b>02:16:00.55</b>	+00:39:44 (29.2%)	11:20	5.3 (70.7%)
24	<b>WĄS Grzegorz</b>	<b>661</b>		#3OPEN	24	00:50:42	01:42:02	<b>02:17:03.30</b>	+00:40:46 (29.8%)	11:25	5.3 (70.7%)
25	<b>REJTCAK Paweł</b>	<b>8000</b>		#3OPEN	25	00:49:04	01:41:36	<b>02:17:17.90</b>	+00:41:01 (29.9%)	11:26	5.2 (69.3%)
26	<b>BANASZEK Sławomir</b>	<b>636</b>	WIKINGS	#3OPEN	26	00:45:34	01:37:23	<b>02:18:38.85</b>	+00:42:22 (30.6%)	11:33	5.2 (69.3%)
27	<b>LISIEWSKI Janusz</b>	<b>542</b>	CROSSFIT ŁUKÓW	#3OPEN	27	00:47:22	01:40:20	<b>02:19:14.80</b>	+00:42:58 (30.9%)	11:36	5.2 (69.3%)
28	<b>TABAKA Andrzej</b>	<b>596</b>	ODDAJMISIE	#3OPEN	28	00:55:05	01:43:55	<b>02:19:31.95</b>	+00:43:15 (31.0%)	11:37	5.2 (69.3%)
29	<b>WIERZBICKI Filip</b>	<b>631</b>	TSA SANDOMIERZ	#3OPEN	29	00:46:14	01:41:30	<b>02:19:38.25</b>	+00:43:21 (31.1%)	11:38	5.2 (69.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
30	PASIKOWSKI Marcin	3072	POSITIVE ENERGY	#3OPEN	30	00:45:57	01:39:04	<b>02:19:40.20</b>	+00:43:23 (31.1%)	11:38	5.2 (69.3%)
31	KUKLA Lukasz	550	CROSSFIT SIEDLCE	#3OPEN	31	00:44:49	01:38:29	<b>02:19:56.15</b>	+00:43:39 (31.2%)	11:39	5.1 (68.0%)
32	KUBARA Karina	586	KWP RADOM	#3OPEN	32	00:48:56	01:41:49	<b>02:22:11.60</b>	+00:45:55 (32.3%)	11:51	5.1 (68.0%)
33	GRABSKI Paweł	587	KWP RADOM	#3OPEN	33	00:49:02	01:41:44	<b>02:22:17.25</b>	+00:46:00 (32.3%)	11:51	5.1 (68.0%)
34	BARAN Paulina	601	POLICJA	#3OPEN	34	00:49:03	01:41:50	<b>02:22:22.90</b>	+00:46:06 (32.4%)	11:51	5.1 (68.0%)
35	ŁUGOWSKI Marcin	614	SPPP RADOM	#3OPEN	35	00:50:53	01:46:21	<b>02:24:53.90</b>	+00:48:37 (33.6%)	12:04	5 (66.7%)
36	SUJKA Rafał	573	I THOUGHT THEY SAID RUM...	#3OPEN	36	00:49:23	01:44:07	<b>02:25:00.85</b>	+00:48:44 (33.6%)	12:05	5 (66.7%)
37	DZIK Konrad	572	I THOUGHT THEY SAID RUM...	#3OPEN	37	00:49:20	01:44:10	<b>02:25:03.40</b>	+00:48:47 (33.6%)	12:05	5 (66.7%)
38	MIROSŁAW Dawid	590	MEGA BEŁŻYCE	#3OPEN	38	00:50:50	01:45:35	<b>02:27:07.40</b>	+00:50:51 (34.6%)	12:15	4.9 (65.3%)
39	WÓJCIK Tomasz	591	MEGA BEŁŻYCE	#3OPEN	39	00:50:47	01:45:38	<b>02:27:41.65</b>	+00:51:25 (34.8%)	12:18	4.9 (65.3%)
40	RADZIEJEWSKI Konrad	651		#3OPEN	40	00:53:14	01:46:15	<b>02:27:59.00</b>	+00:51:42 (34.9%)	12:19	4.9 (65.3%)
41	MIKOŁAJCZYK Krzysztof	615	SPPP RADOM	#3OPEN	41	00:45:49	01:38:23	<b>02:28:03.60</b>	+00:51:47 (35.0%)	12:20	4.9 (65.3%)
42	ZAJĄC Piotr	662		#3OPEN	42	00:52:09	01:52:36	<b>02:28:26.35</b>	+00:52:09 (35.1%)	12:22	4.9 (65.3%)
43	PAJĄK Michał	1135	KULAWIE SARNY W LEGINSACH	#3OPEN	43	00:51:13	01:47:35	<b>02:29:30.95</b>	+00:53:14 (35.6%)	12:27	4.8 (64.0%)
44	MACIEJAK Anna	964	HUSARIA RACE TEAM	#3OPEN	44	00:50:08	01:49:56	<b>02:34:17.50</b>	+00:58:01 (37.6%)	12:51	4.7 (62.7%)
45	CHOMIUK Bartosz	924	CROSSFIT SIEDLCE	#3OPEN	45	00:55:44	01:58:03	<b>02:35:10.35</b>	+00:58:53 (38.0%)	12:55	4.6 (61.3%)
46	ŚLIWOWSKI Marcin	672		#3OPEN	46	00:54:52	01:54:51	<b>02:35:52.85</b>	+00:59:36 (38.2%)	12:59	4.6 (61.3%)
47	KONOPACKI Krzysztof	500	ABY DO METY	#3OPEN	47	00:52:36	01:53:10	<b>02:37:52.35</b>	+01:01:35 (39.0%)	13:09	4.6 (61.3%)
48	ADAMIAK-SZUMSKA Marta	501	ABY DO METY	#3OPEN	48	00:52:56	01:53:14	<b>02:37:53.30</b>	+01:01:36 (39.0%)	13:09	4.6 (61.3%)
49	KRUPA Anna	571	HUSARIA RACE TEAM	#3OPEN	49	00:54:04	01:53:57	<b>02:38:54.45</b>	+01:02:38 (39.4%)	13:14	4.5 (60.0%)
50	KOPERSKI Konrad	859		#3OPEN	50	00:53:52	01:54:47	<b>02:39:15.50</b>	+01:02:59 (39.5%)	13:16	4.5 (60.0%)
51	WAŁĘSIAK Patrycja	794	POWER TRAINING	#3OPEN	51	00:53:54	01:54:56	<b>02:39:16.25</b>	+01:02:59 (39.6%)	13:16	4.5 (60.0%)
52	DADEJ Paweł	526	BKB VICTORIA BRZESKO	#3OPEN	52	01:02:43	02:02:39	<b>02:40:22.85</b>	+01:04:06 (40.0%)	13:21	4.5 (60.0%)
53	MANIARA Adam	196		#3OPEN	53	00:50:26	01:49:49	<b>02:41:22.45</b>	+01:05:06 (40.3%)	13:26	4.5 (60.0%)
54	SZEWCZYK Marcin	579	JAK ŻÓŁWIE W GALOPIE	#3OPEN	54	00:55:35	01:57:03	<b>02:41:30.90</b>	+01:05:14 (40.4%)	13:27	4.5 (60.0%)
55	PILSKI Kamil	649		#3OPEN	55	00:55:55	01:58:14	<b>02:41:52.70</b>	+01:05:36 (40.5%)	13:29	4.4 (58.7%)
56	KOZIK Iza	656		#3OPEN	56	00:56:00	01:58:14	<b>02:41:53.20</b>	+01:05:36 (40.5%)	13:29	4.4 (58.7%)
57	KUZIA Kamil	539	CISNYMY DO PRZODKU	#3OPEN	57	00:52:06	01:55:06	<b>02:42:16.50</b>	+01:06:00 (40.7%)	13:31	4.4 (58.7%)
58	DEPCZYŃSKA Alicja	1586	CISNYMY DO PRZODKU	#3OPEN	58	00:52:02	01:55:05	<b>02:42:17.20</b>	+01:06:00 (40.7%)	13:31	4.4 (58.7%)
59	RAK Cezary	1129	HARDCOROWE WYCHYLYBYMY	#3OPEN	59	00:53:12	01:57:13	<b>02:42:38.75</b>	+01:06:22 (40.8%)	13:33	4.4 (58.7%)
60	OLBROMSKI Artur	512	ANIOŁKI GIANNIEGO	#3OPEN	60	00:56:30	01:56:57	<b>02:42:50.55</b>	+01:06:34 (40.9%)	13:34	4.4 (58.7%)
61	NAWROCKI Paweł	562	ENERGIZEYOURLIFE	#3OPEN	61	00:52:19	01:53:06	<b>02:43:54.15</b>	+01:07:37 (41.3%)	13:39	4.4 (58.7%)
62	JASTRZĘBSKI Jan	608	RUDA TEAM	#3OPEN	62	00:51:31	01:56:39	<b>02:44:09.50</b>	+01:07:53 (41.4%)	13:40	4.4 (58.7%)
63	PSZENNY Łukasz	561	ENERGIZEYOURLIFE	#3OPEN	63	00:52:27	01:53:07	<b>02:45:14.00</b>	+01:08:57 (41.7%)	13:46	4.4 (58.7%)
64	WRZOS Paweł	595	ODDAJMISIE	#3OPEN	64	00:58:17	02:03:10	<b>02:45:37.60</b>	+01:09:21 (41.9%)	13:48	4.3 (57.3%)
65	SWISTAK Piotr	1237		#3OPEN	65	00:55:00	01:58:06	<b>02:45:49.00</b>	+01:09:32 (41.9%)	13:49	4.3 (57.3%)
66	MARKIEWICZ Agnieszka	1359	POWER TRAINING	#3OPEN	66	00:55:56	02:01:52	<b>02:45:56.55</b>	+01:09:40 (42.0%)	13:49	4.3 (57.3%)
67	GÓRSKI Piotr	317	HARDCOROWE WYCHYLYBYMY	#3OPEN	67	00:56:02	02:01:53	<b>02:45:56.85</b>	+01:09:40 (42.0%)	13:49	4.3 (57.3%)
68	STAŃCZUK Bartosz	725	CROSSFIT SIEDLCE	#3OPEN	68	00:51:11	01:58:15	<b>02:46:10.40</b>	+01:09:54 (42.1%)	13:50	4.3 (57.3%)
69	KORZENIOWSKI Marcin	533	BYDLAKI	#3OPEN	69	01:01:07	02:02:57	<b>02:46:31.10</b>	+01:10:14 (42.2%)	13:52	4.3 (57.3%)
70	TARKA-GARBACZ Anna	503	AKADEMIA HOLISTYCZNA	#3OPEN	70	01:01:24	02:03:00	<b>02:46:44.45</b>	+01:10:28 (42.3%)	13:53	4.3 (57.3%)
71	STAWCZYK Jarosław	599	OSTROWIEC	#3OPEN	71	00:54:42	02:04:10	<b>02:50:24.15</b>	+01:14:07 (43.5%)	14:12	4.2 (56.0%)
72	GLEGOŁA MADETKO Paulina	600	OSTROWIEC	#3OPEN	72	00:55:34	02:04:09	<b>02:51:40.00</b>	+01:15:23 (43.9%)	14:18	4.2 (56.0%)
73	MAGDZIARZ Krzysztof	506	AKADEMIA HOLISTYCZNA	#3OPEN	73	01:03:24	02:05:19	<b>02:53:09.85</b>	+01:16:53 (44.4%)	14:25	4.2 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
74	<b>BRÓDKA Marcin</b>	<b>650</b>		#3OPEN	74	00:56:23	02:03:15	<b>02:54:02.10</b>	+01:17:45 (44.7%)	14:30	4.1 (54.7%)
75	<b>TELEON Marlena</b>	<b>589</b>	LUBELSKA GRUPA TRIATHLONU	#3OPEN	75	00:57:10	02:06:38	<b>02:55:12.55</b>	+01:18:56 (45.1%)	14:36	4.1 (54.7%)
76	<b>POLSKI Adrian</b>	<b>588</b>	LUBELSKA GRUPA TRIATHLONU	#3OPEN	76	00:57:11	02:06:33	<b>02:55:12.80</b>	+01:18:56 (45.1%)	14:36	4.1 (54.7%)
77	<b>KOLESNIKOVA Anastasiia</b>	<b>508</b>	ANIOŁKI GIANNIEGO	#3OPEN	77	00:57:15	02:06:58	<b>03:00:26.75</b>	+01:24:10 (46.6%)	15:02	4 (53.3%)
78	<b>WASILEWSKA Joanna</b>	<b>555</b>	DIAITA SPARTA	#3OPEN	78	01:03:06	02:06:28	<b>03:01:03.25</b>	+01:24:46 (46.8%)	15:05	4 (53.3%)
79	<b>PAKULSKA Ewelina</b>	<b>7210</b>	KONIUCHY	#3OPEN	79	01:02:31	02:09:15	<b>03:01:11.50</b>	+01:24:55 (46.9%)	15:05	4 (53.3%)
80	<b>RZADCA Radosław</b>	<b>515</b>	ANIOŁKI GIANNIEGO	#3OPEN	80	00:57:18	02:06:53	<b>03:01:13.85</b>	+01:24:57 (46.9%)	15:06	4 (53.3%)
81	<b>WIERZBICKI Paweł</b>	<b>630</b>	TSA SANDOMIERZ	#3OPEN	81	00:56:50	02:06:49	<b>03:01:38.70</b>	+01:25:22 (47.0%)	15:08	4 (53.3%)
82	<b>MISIOROWSKI Marcin</b>	<b>616</b>	STARE WILKI	#3OPEN	82	00:57:23	02:10:59	<b>03:02:28.05</b>	+01:26:11 (47.2%)	15:12	3.9 (52.0%)
83	<b>BERNAT Sebastian</b>	<b>617</b>	STARE WILKI	#3OPEN	83	00:57:30	02:11:02	<b>03:02:29.05</b>	+01:26:12 (47.2%)	15:12	3.9 (52.0%)
84	<b>MUSZYŃSKI Maciej</b>	<b>558</b>	DZIKI Z PYRLANDII	#3OPEN	84	00:54:55	02:13:00	<b>03:03:13.35</b>	+01:26:56 (47.5%)	15:16	3.9 (52.0%)
85	<b>PERKIELEWICZ Mateusz</b>	<b>557</b>	DZIKI Z PYRLANDII	#3OPEN	85	00:55:27	02:13:02	<b>03:03:28.10</b>	+01:27:11 (47.5%)	15:17	3.9 (52.0%)
86	<b>SZWAŁEK Łukasz</b>	<b>641</b>	WOJTECH	#3OPEN	86	01:05:34	02:18:27	<b>03:03:50.10</b>	+01:27:33 (47.6%)	15:19	3.9 (52.0%)
87	<b>DUDA Paweł</b>	<b>640</b>	WOJTECH	#3OPEN	87	01:05:36	02:18:28	<b>03:03:50.50</b>	+01:27:34 (47.6%)	15:19	3.9 (52.0%)
88	<b>SPYCHAŁA Artur</b>	<b>560</b>	DZIKI Z PYRLANDII	#3OPEN	88	00:55:19	02:13:02	<b>03:03:54.80</b>	+01:27:38 (47.7%)	15:19	3.9 (52.0%)
89	<b>ZYCH Edyta</b>	<b>525</b>	BIEGNĘ, ALE DOKĄD? "BAD"	#3OPEN	89	00:47:45	02:11:43	<b>03:03:55.85</b>	+01:27:39 (47.7%)	15:19	3.9 (52.0%)
90	<b>POLACZEK Paweł</b>	<b>658</b>		#3OPEN	90	00:56:14	02:18:03	<b>03:04:00.40</b>	+01:27:44 (47.7%)	15:20	3.9 (52.0%)
91	<b>PODLECKI Robert</b>	<b>619</b>	STOWARZYSZENIE SĘDZIÓW PIŁKI NOŻNEJ LUBELSZCZYZNY	#3OPEN	91	00:56:12	02:18:05	<b>03:04:00.50</b>	+01:27:44 (47.7%)	15:20	3.9 (52.0%)
92	<b>KALUGA Bartek</b>	<b>513</b>	ANIOŁKI GIANNIEGO	#3OPEN	92	01:00:00	02:17:10	<b>03:04:03.80</b>	+01:27:47 (47.7%)	15:20	3.9 (52.0%)
93	<b>PIESZKE Stanisław</b>	<b>559</b>	DZIKI Z PYRLANDII	#3OPEN	93	00:55:46	02:13:07	<b>03:04:13.35</b>	+01:27:56 (47.7%)	15:21	3.9 (52.0%)
94	<b>WRZOS Natalia</b>	<b>594</b>	ODDAJMISIE	#3OPEN	94	00:58:26	02:08:49	<b>03:04:26.50</b>	+01:28:10 (47.8%)	15:22	3.9 (52.0%)
95	<b>PARTYKA Katarzyna</b>	<b>598</b>	ODDAJMISIE	#3OPEN	95	01:00:12	02:09:10	<b>03:04:27.05</b>	+01:28:10 (47.8%)	15:22	3.9 (52.0%)
96	<b>PARTYKA Sebastian</b>	<b>597</b>	ODDAJMISIE	#3OPEN	96	01:00:16	02:08:54	<b>03:04:28.65</b>	+01:28:12 (47.8%)	15:22	3.9 (52.0%)
97	<b>GARBACZ Jarosław</b>	<b>502</b>	AKADEMIA HOLISTYCZNA	#3OPEN	97	01:02:53	02:16:31	<b>03:04:45.10</b>	+01:28:28 (47.9%)	15:23	3.9 (52.0%)
98	<b>OSZMIANA Andrzej</b>	<b>521</b>	BIEGNĘ, ALE DOKĄD? "BAD"	#3OPEN	98	00:48:12	02:11:57	<b>03:07:06.65</b>	+01:30:50 (48.5%)	15:35	3.8 (50.7%)
99	<b>SUSHINSKY Andriy</b>	<b>514</b>	ANIOŁKI GIANNIEGO	#3OPEN	99	01:08:29	02:19:14	<b>03:07:29.35</b>	+01:31:12 (48.7%)	15:37	3.8 (50.7%)
100	<b>MICHALSKI Mateusz</b>	<b>654</b>		#3OPEN	100	00:56:44	02:18:28	<b>03:07:32.75</b>	+01:31:16 (48.7%)	15:37	3.8 (50.7%)
101	<b>KABAŁA Piotr</b>	<b>536</b>	BYDLAKI	#3OPEN	101	01:03:49	02:19:06	<b>03:07:44.75</b>	+01:31:28 (48.7%)	15:38	3.8 (50.7%)
102	<b>OPOZDA Adrian</b>	<b>529</b>	BYDLAKI	#3OPEN	102	01:03:44	02:19:09	<b>03:07:46.75</b>	+01:31:30 (48.7%)	15:38	3.8 (50.7%)
103	<b>ŁYCIUK Daniel</b>	<b>576</b>	JAK ŻÓŁWIE W GALOPIE	#3OPEN	103	01:08:00	02:15:30	<b>03:08:38.35</b>	+01:32:21 (49.0%)	15:43	3.8 (50.7%)
104	<b>PUTYRA Krzysztof</b>	<b>671</b>		#3OPEN	104	01:03:34	02:17:28	<b>03:09:15.20</b>	+01:32:58 (49.1%)	15:46	3.8 (50.7%)
105	<b>MARFIAK Karolina</b>	<b>653</b>		#3OPEN	105	01:03:46	02:17:29	<b>03:09:16.65</b>	+01:33:00 (49.1%)	15:46	3.8 (50.7%)
106	<b>ŁUKASIEWICZ Rafał</b>	<b>552</b>	CROSSFIT SIEDLCE	#3OPEN	106	00:55:42	02:16:03	<b>03:09:33.10</b>	+01:33:16 (49.2%)	15:47	3.8 (50.7%)
107	<b>ŁUKASIEWICZ Małgorzata</b>	<b>553</b>	CROSSFIT SIEDLCE	#3OPEN	107	00:55:52	02:16:08	<b>03:09:34.30</b>	+01:33:17 (49.2%)	15:47	3.8 (50.7%)
108	<b>KUKLA Mańka</b>	<b>548</b>	CROSSFIT SIEDLCE	#3OPEN	108	00:55:39	02:16:24	<b>03:09:57.05</b>	+01:33:40 (49.3%)	15:49	3.8 (50.7%)
109	<b>CIELEMECKI Piotr</b>	<b>5005</b>	CROSSFIT SIEDLCE	#3OPEN	109	00:55:55	02:16:27	<b>03:10:16.00</b>	+01:33:59 (49.4%)	15:51	3.8 (50.7%)
110	<b>OSIAL Aneta</b>	<b>625</b>	TEAM ŁUKÓW	#3OPEN	110	01:16:11	02:27:43	<b>03:10:33.35</b>	+01:34:16 (49.5%)	15:52	3.8 (50.7%)
111	<b>DĄBROWSKA Sylwia</b>	<b>551</b>	CROSSFIT SIEDLCE	#3OPEN	111	00:55:56	02:16:45	<b>03:10:49.05</b>	+01:34:32 (49.5%)	15:54	3.8 (50.7%)
112	<b>KRUK Leszek</b>	<b>509</b>	ANIOŁKI GIANNIEGO	#3OPEN	112	00:57:13	02:17:16	<b>03:10:57.90</b>	+01:34:41 (49.6%)	15:54	3.8 (50.7%)
113	<b>AHMAD Michał</b>	<b>623</b>	TEAM ŁUKÓW	#3OPEN	113	01:15:00	02:28:33	<b>03:11:01.55</b>	+01:34:45 (49.6%)	15:55	3.8 (50.7%)
114	<b>GŁĘBICKA Patrycja</b>	<b>667</b>		#3OPEN	114	01:14:46	02:27:29	<b>03:11:03.35</b>	+01:34:46 (49.6%)	15:55	3.8 (50.7%)
115	<b>SUCHODOLSKA Natalia</b>	<b>668</b>		#3OPEN	115	01:15:16	02:27:33	<b>03:13:40.05</b>	+01:37:23 (50.3%)	16:08	3.7 (49.3%)
116	<b>GŁĘBICKI Damian</b>	<b>541</b>	CROSSFIT ŁUKÓW	#3OPEN	116	01:15:17	02:27:33	<b>03:13:40.75</b>	+01:37:24 (50.3%)	16:08	3.7 (49.3%)
117	<b>BEDNARSKI Patryk</b>	<b>569</b>	FORFUN LUBLIN	#3OPEN	117	01:13:45	02:26:23	<b>03:14:16.70</b>	+01:38:00 (50.4%)	16:11	3.7 (49.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
118	JURKOWSKI Dariusz	563	FORFUN LUBLIN	#3OPEN	118	01:13:39	02:27:02	<b>03:14:16.85</b>	+01:38:00 (50.4%)	16:11	3.7 (49.3%)
119	PRAŻMO Grzegorz	566	FORFUN LUBLIN	#3OPEN	119	01:13:34	02:26:23	<b>03:14:17.50</b>	+01:38:01 (50.4%)	16:11	3.7 (49.3%)
120	CZAJKA Karol	624	TEAM ŁUKÓW	#3OPEN	120	01:15:46	02:27:40	<b>03:14:48.20</b>	+01:38:31 (50.6%)	16:14	3.7 (49.3%)
121	OLESAK Katarzyna	568	FORFUN LUBLIN	#3OPEN	121	01:13:50	02:27:02	<b>03:16:02.80</b>	+01:39:46 (50.9%)	16:20	3.7 (49.3%)
122	NIZIOŁ Sylwia	567	FORFUN LUBLIN	#3OPEN	122	01:14:08	02:27:00	<b>03:16:04.30</b>	+01:39:47 (50.9%)	16:20	3.7 (49.3%)
123	SUSZYŃSKA Anna	554	DIAITA SPARTA	#3OPEN	123	01:09:30	02:22:39	<b>03:18:14.95</b>	+01:41:58 (51.4%)	16:31	3.6 (48.0%)
124	WASAK Monika	622	TEAM ŁUKÓW	#3OPEN	124	01:20:25	02:28:34	<b>03:18:17.70</b>	+01:42:01 (51.4%)	16:31	3.6 (48.0%)
125	GRABOWSKI Bartosz	628	TEAM ŁUKÓW	#3OPEN	125	01:15:59	02:28:02	<b>03:18:18.40</b>	+01:42:02 (51.5%)	16:31	3.6 (48.0%)
126	PUZNIAK Pawel	546	CROSSFIT SIEDLCE	#3OPEN	126	01:04:18	02:22:08	<b>03:18:52.85</b>	+01:42:36 (51.6%)	16:34	3.6 (48.0%)
127	SZCZERBACIUK Marcin	545	CROSSFIT SIEDLCE	#3OPEN	127	01:05:02		<b>03:19:04.25</b>	+01:42:47 (51.6%)	16:35	3.6 (48.0%)
128	MAJ Michał	657		#3OPEN	128	01:01:09	02:22:33	<b>03:19:56.45</b>	+01:43:40 (51.8%)	16:39	3.6 (48.0%)
129	MITSIUK Vitalii	516	ANIOŁKI GIANNIEGO	#3OPEN	129	01:08:32	02:24:00	<b>03:20:40.40</b>	+01:44:24 (52.0%)	16:43	3.6 (48.0%)
130	NAWROCKI Michał	535	BYDLAKI	#3OPEN	130	01:07:49	02:25:25	<b>03:21:43.40</b>	+01:45:27 (52.3%)	16:48	3.6 (48.0%)
131	OPARA Stanisław	532	BYDLAKI	#3OPEN	131	01:07:23	02:25:23	<b>03:21:44.55</b>	+01:45:28 (52.3%)	16:48	3.6 (48.0%)
132	OPARA Anna	530	BYDLAKI	#3OPEN	132	01:07:23	02:25:24	<b>03:21:44.70</b>	+01:45:28 (52.3%)	16:48	3.6 (48.0%)
133	DZIUBA Jacek	531	BYDLAKI	#3OPEN	133	01:06:18	02:25:28	<b>03:21:46.00</b>	+01:45:29 (52.3%)	16:48	3.6 (48.0%)
134	JAJKO Elzbieta	670		#3OPEN	134	01:12:25	02:29:02	<b>03:26:52.70</b>	+01:50:36 (53.5%)	17:14	3.5 (46.7%)
135	WASILEWSKA Monika	626	TEAM ŁUKÓW	#3OPEN	135	01:16:02	02:29:05	<b>03:28:41.90</b>	+01:52:25 (53.9%)	17:23	3.4 (45.3%)
136	DĄBROWSKA Małgorzata	644		#3OPEN	136	00:51:51	02:22:32	<b>03:31:29.55</b>	+01:55:13 (54.5%)	17:37	3.4 (45.3%)
137	DĄBROWSKI Andrzej	645		#3OPEN	137	00:52:18	02:22:34	<b>03:31:31.70</b>	+01:55:15 (54.5%)	17:37	3.4 (45.3%)
138	SMUGA Ernest	669		#3OPEN	138	01:09:56	02:35:02	<b>03:31:46.10</b>	+01:55:29 (54.5%)	17:38	3.4 (45.3%)
139	WŁODARCZYK Agnieszka	585	KONIUCHY	#3OPEN	139	01:06:19	02:32:41	<b>03:32:20.15</b>	+01:56:03 (54.7%)	17:41	3.4 (45.3%)
140	BŁASZCZAK Mateusz	583	KONIUCHY	#3OPEN	140	01:07:57	02:32:45	<b>03:32:21.40</b>	+01:56:05 (54.7%)	17:41	3.4 (45.3%)
141	CIERZNIAK Krzysztof	665		#3OPEN	141	01:14:10	02:34:14	<b>03:32:41.25</b>	+01:56:24 (54.7%)	17:43	3.4 (45.3%)
142	CIEŻNIAK Monika	664		#3OPEN	142	01:14:07	02:34:12	<b>03:32:41.65</b>	+01:56:25 (54.7%)	17:43	3.4 (45.3%)
143	JEŻAK Rafał	610	RUDA TEAM	#3OPEN	143	01:08:14	02:29:43	<b>03:33:17.40</b>	+01:57:01 (54.9%)	17:46	3.4 (45.3%)
144	NOWICKI Artur	581	JAK ŻÓŁWIE W GALOPIE	#3OPEN	144	01:07:53	02:32:55	<b>03:37:30.85</b>	+02:01:14 (55.7%)	18:07	3.3 (44.0%)
145	WALEŃKO Maciej	634	W&M	#3OPEN	145	01:12:25	02:39:58	<b>03:38:00.05</b>	+02:01:43 (55.8%)	18:10	3.3 (44.0%)
146	STRÓŻEWSKA Wiktoria	635	W&M	#3OPEN	146	01:12:53	02:39:08	<b>03:38:02.55</b>	+02:01:46 (55.8%)	18:10	3.3 (44.0%)
147	KNIEĆ Joanna	603	POWER TRAINING	#3OPEN	147	01:12:56	02:39:07	<b>03:38:13.55</b>	+02:01:57 (55.9%)	18:11	3.3 (44.0%)
148	CHOŁUJ Karol	611	SPPP RADOM	#3OPEN	148	01:04:36	02:35:00	<b>03:42:12.55</b>	+02:05:56 (56.7%)	18:31	3.2 (42.7%)
149	OŻÓG Mateusz	510	ANIOŁKI GIANNIEGO	#3OPEN	149	01:07:43	02:32:55	<b>03:42:12.70</b>	+02:05:56 (56.7%)	18:31	3.2 (42.7%)
150	JASIEWSKI Wojtek	538	BYDLAKI	#3OPEN	150	01:11:54	02:37:08	<b>03:43:12.40</b>	+02:06:56 (56.9%)	18:36	3.2 (42.7%)
151	TEPEREK Małgorzata	659		#3OPEN	151	01:13:21	02:37:15	<b>03:43:16.25</b>	+02:06:59 (56.9%)	18:36	3.2 (42.7%)
152	MILBRANT Michał	639	WŁÓCZYBIEGI	#3OPEN	152	01:17:16	02:44:27	<b>03:51:54.25</b>	+02:15:37 (58.5%)	19:19	3.1 (41.3%)
153	WASIAK Zuzanna	637	WŁÓCZYBIEGI	#3OPEN	153	01:17:15	02:43:05	<b>03:51:55.45</b>	+02:15:39 (58.5%)	19:19	3.1 (41.3%)
154	NOBIS Marcin	607	RUDA TEAM	#3OPEN	154	01:18:05	02:45:17	<b>03:54:24.45</b>	+02:18:08 (58.9%)	19:32	3.1 (41.3%)
155	LESZCZYŃSKA Justyna	609	RUDA TEAM	#3OPEN	155	01:17:13	02:45:10	<b>03:54:24.65</b>	+02:18:08 (58.9%)	19:32	3.1 (41.3%)
156	TARABASZ Eliza	605	RUDA TEAM	#3OPEN	156	01:18:14	02:44:38	<b>03:54:25.10</b>	+02:18:08 (58.9%)	19:32	3.1 (41.3%)
157	KOSMA Emilia	604	RUDA TEAM	#3OPEN	157	01:18:17	02:44:22	<b>03:54:25.50</b>	+02:18:09 (58.9%)	19:32	3.1 (41.3%)
158	JURKOWSKI Krzysztof	564	FORFUN LUBLIN	#3OPEN	158	01:17:37	02:51:48	<b>03:56:09.00</b>	+02:19:52 (59.2%)	19:40	3 (40.0%)
159	WALCZYSZYN Katarzyna	565	FORFUN LUBLIN	#3OPEN	159	01:20:00	02:51:50	<b>03:56:28.45</b>	+02:20:12 (59.3%)	19:42	3 (40.0%)
160	OLESAK Joanna	570	FORFUN LUBLIN	#3OPEN	160	01:18:52	02:51:50	<b>03:56:29.90</b>	+02:20:13 (59.3%)	19:42	3 (40.0%)
161	KOTARSKI Bogusław	575	JAK ŻÓŁWIE W GALOPIE	#3OPEN	161	01:10:51	02:45:33	<b>03:59:02.70</b>	+02:22:46 (59.7%)	19:55	3 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
162	<b>SKOP Magdalena</b>	<b>578</b>	JAK ŻÓŁWIE W GALOPIE	#3OPEN	162	01:10:52	02:45:32	<b>03:59:03.25</b>	+02:22:46 (59.7%)	19:55	3 (40.0%)
163	<b>ŚMIAŁOWSKI Łukasz</b>	<b>647</b>		#3OPEN	163	01:12:09	02:45:34	<b>03:59:04.75</b>	+02:22:48 (59.7%)	19:55	3 (40.0%)
164	<b>ŁUGOWSKA Monika</b>	<b>534</b>	BYDLAKI	#3OPEN	164	01:22:36	03:03:40	<b>04:14:17.80</b>	+02:38:01 (62.1%)	21:11	2.8 (37.3%)
165	<b>PAŻ Monika</b>	<b>537</b>	BYDLAKI	#3OPEN	165	01:22:25	03:03:40	<b>04:14:18.35</b>	+02:38:01 (62.1%)	21:11	2.8 (37.3%)
166	<b>KOPEĆ Dorota</b>	<b>627</b>	TEAM ŁUKÓW	#3OPEN	166	01:20:52	03:07:40	<b>04:19:46.35</b>	+02:43:29 (62.9%)	21:38	2.8 (37.3%)
167	<b>GROMADA Piotr</b>	<b>666</b>		#3OPEN	167	00:40:56			+00:08:18	13:38	4.4 (58.7%)
168	<b>KUDELA Tomasz</b>	<b>621</b>	TARNOBRZEŻANIE	#3OPEN	168						(0.0%)

Znaleziono 168 wynik(ów)