



# HUNT RUN - 12KM

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

**Wydarzenie:** HUNT RUN BAŁTÓW  
**Organizator:** Organic Barbara Sułowska  
**Data:** 2017-07-01  
**Miejsce:** Bałtów  
**Dystans:** 12 km

**B4SPORT**  
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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>JAGIEŁO Michał</b>	<b>ELITE M 15</b>	HUSARIA RACE TEAM	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	1	00:32:00	01:05:27	<b>01:32:33.90</b>		7:42	7.8 (100%)
2	<b>RAK Kazimierz</b>	<b>5050</b>	CSADVENTURE	#3OPEN	1	00:32:38	01:10:29	<b>01:36:16.40</b>	+00:03:42 (3.9%)	8:01	7.5 (96.2%)
3	<b>ŻAK Jakub</b>	<b>59</b>	HUSARIA RACE TEAM / 11MPA	#10OPEN	1	00:34:13	01:09:54	<b>01:37:45.15</b>	+00:05:11 (5.3%)	8:08	7.4 (94.9%)
4	<b>ZIĘBA Karol</b>	<b>1910</b>	KLUB SPORTOWY HAJIME	#10OPEN	1	00:34:08	01:11:20	<b>01:37:57.20</b>	+00:05:23 (5.5%)	8:09	7.4 (94.9%)
5	<b>MARCINIEC Damian</b>	<b>1911</b>	KLUB SPORTOWY HAJIME	#10OPEN	2	00:34:36	01:11:27	<b>01:38:02.30</b>	+00:05:28 (5.6%)	8:10	7.3 (93.6%)
6	<b>BIAŁECKI Piotr</b>	<b>1352</b>	PODRÓŻE W STAREJ FURZE	#7OPEN	1		00:41:55	<b>01:38:45.35</b>	+00:06:11 (6.3%)	8:13	7.3 (93.6%)
7	<b>GROCH Łukasz</b>	<b>302</b>	DIAITA SPARTA	#2OPEN	1	00:34:29	01:10:29	<b>01:38:48.25</b>	+00:06:14 (6.3%)	8:14	7.3 (93.6%)
8	<b>GAŚSIOR Kamil</b>	<b>ELITE M 57</b>	UNDEFEATED RUNNING TEAM	Klasyfikacja służb mundurowych - mężczyźni	1	00:34:00	01:11:05	<b>01:39:02.10</b>	+00:06:28 (6.5%)	8:15	7.3 (93.6%)
9	<b>SUKIENNIK Maciej</b>	<b>ELITE M 49</b>	POWER TRAINING	Drużynowa	1	00:34:05	01:11:45	<b>01:39:56.95</b>	+00:07:23 (7.4%)	8:19	7.2 (92.3%)
10	<b>MICHALAK Michał</b>	<b>593</b>	MKB DREPTAK	#3OPEN	2	00:34:36	01:13:16	<b>01:41:18.50</b>	+00:08:44 (8.6%)	8:26	7.1 (91.0%)
11	<b>PIETRAS Adam</b>	<b>1026</b>	STAL PONIATOWA	#5OPEN	1	00:33:34	01:12:16	<b>01:42:25.40</b>	+00:09:51 (9.6%)	8:32	7 (89.7%)
12	<b>CUDZIŁO Łukasz</b>	<b>ELITE M 10</b>	CROSSFIT KIELCE	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	2	00:34:55	01:12:20	<b>01:42:28.60</b>	+00:09:54 (9.7%)	8:32	7 (89.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
13	<b>PUDŁO Mateusz</b>	<b>55</b>	HUSARIA RACE TEAM	#1OPEN	2	00:35:26	01:13:00	<b>01:42:48.35</b>	+00:10:14 (10.0%)	8:34	7 (89.7%)
14	<b>PAKUŁA Paweł</b>	<b>ELITE M 81</b>		Drużynowa	2	00:36:19	01:14:11	<b>01:43:07.85</b>	+00:10:33 (10.2%)	8:35	7 (89.7%)
15	<b>CICHY Mateusz</b>	<b>180</b>		#1OPEN	3	00:36:41	01:14:32	<b>01:43:19.45</b>	+00:10:45 (10.4%)	8:36	7 (89.7%)
16	<b>WALASEK Grzegorz</b>	<b>ELITE M 3</b>	BIEGUSIEM.PL	Masters	1	00:35:28	01:13:48	<b>01:43:43.40</b>	+00:11:09 (10.8%)	8:38	6.9 (88.5%)
17	<b>WARCHOŁ Piotr</b>	<b>ELITE M 2</b>	BIEGIEM RADOM!	Klasyfikacja studentów - mężczyźni	1	00:35:40	01:14:21	<b>01:43:44.60</b>	+00:11:10 (10.8%)	8:38	6.9 (88.5%)
18	<b>WASZCZUK Wiktor</b>	<b>ELITE M 54</b>	RED LION CLUB	Klasyfikacja studentów - mężczyźni	2	00:35:49	01:14:18	<b>01:43:49.45</b>	+00:11:15 (10.8%)	8:39	6.9 (88.5%)
19	<b>ZMOKŁA Joanna</b>	<b>7104</b>		#1OPEN	4	00:36:50	01:14:50	<b>01:43:51.95</b>	+00:11:18 (10.9%)	8:39	6.9 (88.5%)
20	<b>CHYBOWSKI Rafał</b>	<b>391</b>	V-MAX ŁAWKI	#2OPEN	2	00:37:09	01:15:10	<b>01:44:01.95</b>	+00:11:28 (11.0%)	8:40	6.9 (88.5%)
21	<b>KRAJEWSKI Rafał</b>	<b>1186</b>	WKURW_TEAM	#6OPEN	1	00:35:13	01:14:21	<b>01:44:38.60</b>	+00:12:04 (11.5%)	8:43	6.9 (88.5%)
22	<b>GRZESIK Grzegorz</b>	<b>1128</b>	GALERIA MEBLI ARKADIA	#6OPEN	2	00:34:47	01:15:26	<b>01:45:24.75</b>	+00:12:50 (12.2%)	8:47	6.8 (87.2%)
23	<b>.PAWLAK Łukasz</b>	<b>4</b>	4 KNURY I PROSIACZEK	#1OPEN	5	00:35:38	01:13:24	<b>01:45:26.75</b>	+00:12:52 (12.2%)	8:47	6.8 (87.2%)
24	<b>OLSZEWSKI Artur</b>	<b>7126</b>	PROMIŁOWE MISIE	#3OPEN	3	00:33:00	01:12:18	<b>01:45:33.80</b>	+00:12:59 (12.3%)	8:47	6.8 (87.2%)
25	<b>MASARCZYK Szymon</b>	<b>124</b>	PROMIŁOWE MISIE	#6OPEN	3	00:35:59	01:16:26	<b>01:45:38.20</b>	+00:13:04 (12.4%)	8:48	6.8 (87.2%)
26	<b>KOSTRZEWA Paweł</b>	<b>ELITE M 72</b>		Masters	2	00:36:04	01:14:41	<b>01:45:49.75</b>	+00:13:15 (12.5%)	8:49	6.8 (87.2%)
27	<b>JUREK Kamil</b>	<b>ELITE M 67</b>		Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	3	00:37:47	01:15:50	<b>01:45:56.65</b>	+00:13:22 (12.6%)	8:49	6.8 (87.2%)
28	<b>PISKAŁA Daniel</b>	<b>ELITE M 40</b>	POWER TRAINING	Klasyfikacja studentów - mężczyźni	3	00:36:33	01:15:36	<b>01:46:40.10</b>	+00:14:06 (13.2%)	8:53	6.8 (87.2%)
29	<b>KOCIOŁOWICZ Jakub</b>	<b>ELITE M 43</b>	POWER TRAINING	Drużynowa	3	00:36:35	01:15:39	<b>01:46:41.65</b>	+00:14:07 (13.2%)	8:53	6.7 (85.9%)
30	<b>KONDRACKI Rafał</b>	<b>393</b>	V-MAX ŁAWKI	#2OPEN	3	00:35:51	01:15:33	<b>01:47:19.35</b>	+00:14:45 (13.8%)	8:56	6.7 (85.9%)
31	<b>SAWA Piotr</b>	<b>642</b>	WW TEAM	#3OPEN	4	00:33:18	01:15:42	<b>01:47:20.45</b>	+00:14:46 (13.8%)	8:56	6.7 (85.9%)
32	<b>WASIK Marcin</b>	<b>399</b>	WASIU TEAM	#2OPEN	4	00:38:48	01:18:30	<b>01:47:52.55</b>	+00:15:18 (14.2%)	8:59	6.7 (85.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
33	<b>ŁODEJ Krzysztof</b>	<b>1001</b>	LZS MAKOSZYN	#2OPEN	5	00:37:47	01:18:03	<b>01:47:54.05</b>	+00:15:20 (14.2%)	8:59	6.7 (85.9%)
34	<b>KOCOT Bartosz</b>	<b>7097</b>	PROMILOWE MISIE	#6OPEN	4	00:36:09	01:17:15	<b>01:47:55.80</b>	+00:15:21 (14.2%)	8:59	6.7 (85.9%)
35	<b>HOLOPA Paweł</b>	<b>540</b>	CISNYMY DO PRZODKU	#3OPEN	5	00:39:41	01:19:09	<b>01:48:02.40</b>	+00:15:28 (14.3%)	9:00	6.7 (85.9%)
36	<b>CZACH Tobiasz</b>	<b>1323</b>	HUSARIA RACE TEAM	#3OPEN	6	00:36:51	01:19:08	<b>01:48:29.90</b>	+00:15:56 (14.7%)	9:02	6.6 (84.6%)
37	<b>MARUSZEWSKI Marcin</b>	<b>165</b>	XRUNNERS	#1OPEN	6	00:35:54	01:15:42	<b>01:49:03.05</b>	+00:16:29 (15.1%)	9:05	6.6 (84.6%)
38	<b>MICHALAK Paweł</b>	<b>392</b>	V-MAX ŁAWKI	#2OPEN	6	00:37:22	01:17:19	<b>01:49:14.00</b>	+00:16:40 (15.3%)	9:06	6.6 (84.6%)
39	<b>KUR Marcin</b>	<b>ELITE M 24</b>	HUSARIA RACE TEAM	Klasyfikacja studentów - mężczyźni	4	00:37:35	01:18:22	<b>01:49:32.40</b>	+00:16:58 (15.5%)	9:07	6.6 (84.6%)
40	<b>MORAWSKI Grzegorz</b>	<b>158</b>	TRENER24H.COM.PL	#1OPEN	7	00:36:23	01:17:30	<b>01:50:33.70</b>	+00:17:59 (16.3%)	9:12	6.5 (83.3%)
41	<b>SZALA Dariusz</b>	<b>528</b>	BUDZIWOJAKI	#3OPEN	7	00:16:08	01:11:36	<b>01:50:45.40</b>	+00:18:11 (16.4%)	9:13	6.5 (83.3%)
42	<b>WOJCIECHOWSKI Rafał</b>	<b>ELITE M 33</b>	KOŚCIELEC	Klasyfikacja studentów - mężczyźni	5	00:39:20	01:18:40	<b>01:51:07.05</b>	+00:18:33 (16.7%)	9:15	6.5 (83.3%)
43	<b>KOWALCZYK Tomasz</b>	<b>342</b>	NUMEN	#2OPEN	7	00:39:03	01:20:42	<b>01:51:11.05</b>	+00:18:37 (16.7%)	9:15	6.5 (83.3%)
44	<b>SKOWRON Krzysztof</b>	<b>ELITE M 74</b>		Drużynowa	4	00:39:50	01:19:59	<b>01:51:11.85</b>	+00:18:37 (16.8%)	9:16	6.5 (83.3%)
45	<b>MADEJ Krzysztof</b>	<b>312</b>	EVENT NA MIARĘ	#2OPEN	8	00:38:26	01:19:04	<b>01:51:19.05</b>	+00:18:45 (16.8%)	9:16	6.5 (83.3%)
46	<b>KOWALEWSKI Dominik</b>	<b>377</b>	SZAKALE BAŁUT ŁÓDŹ	#2OPEN	9	00:40:06	01:20:42	<b>01:51:28.15</b>	+00:18:54 (17.0%)	9:17	6.5 (83.3%)
47	<b>HUBALA Artur</b>	<b>5017</b>		#9OPEN	1	00:13:43	01:07:03	<b>01:51:41.85</b>	+00:19:07 (17.1%)	9:18	6.4 (82.1%)
48	<b>CAŁA Wojciech</b>	<b>ELITE M 50</b>	POWER TRAINING	Drużynowa	5	00:39:57	01:19:12	<b>01:51:46.65</b>	+00:19:12 (17.2%)	9:18	6.4 (82.1%)
49	<b>MAJCHER Krzysztof</b>	<b>404</b>	WW TEAM	#2OPEN	10	00:37:49	01:18:41	<b>01:51:56.05</b>	+00:19:22 (17.3%)	9:19	6.4 (82.1%)
50	<b>WNUCZEK Marek</b>	<b>112</b>	POWER TRAINING	#1OPEN	8	00:38:25	01:20:45	<b>01:52:12.05</b>	+00:19:38 (17.5%)	9:21	6.4 (82.1%)
51	<b>DROŹDŹ Tomasz</b>	<b>ELITE M 18</b>	HUSARIA RACE TEAM	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	4	00:37:39	01:18:02	<b>01:52:17.00</b>	+00:19:43 (17.6%)	9:21	6.4 (82.1%)
52	<b>HOŁUJ Robert</b>	<b>300</b>	CSADVENTURE	#2OPEN	11	00:38:55	01:20:10	<b>01:52:19.85</b>	+00:19:45 (17.6%)	9:21	6.4 (82.1%)
53	<b>PYTEL Stanisław</b>	<b>1581</b>	SCYZORYK	#8OPEN	1	00:37:03	01:20:03	<b>01:52:34.65</b>	+00:20:00 (17.8%)	9:22	6.4 (82.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo	Tempo
						3km	6km	netto		12km	min/km
54	<b>KASZYCKI Nestor</b>	<b>ELITE M 12</b>	ENTRE.PL TEAM	Klasyfikacja studentów - mężczyźni	6	00:39:39	01:21:19	<b>01:52:35.90</b>	+00:20:02 (17.8%)	9:23	6.4 (82.1%)
55	<b>ADAMSKI Patryk</b>	<b>ELITE M 56</b>	TEAM WAŚNIÓW	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	5	00:38:18	01:18:42	<b>01:52:40.75</b>	+00:20:06 (17.9%)	9:23	6.4 (82.1%)
56	<b>MAZUR Wojciech</b>	<b>ELITE M 23</b>	HUSARIA RACE TEAM	Klasyfikacja studentów - mężczyźni	7	00:39:58	01:20:00	<b>01:53:35.25</b>	+00:21:01 (18.5%)	9:27	6.3 (80.8%)
57	<b>WOSIEK Paweł</b>	<b>ELITE M 38</b>	OSTROWIEC	#1OPEN	9	00:38:29	01:20:55	<b>01:53:51.25</b>	+00:21:17 (18.7%)	9:29	6.3 (80.8%)
58	<b>MASALSKI Sebastian</b>	<b>288</b>	CISNYMY DO PRZODKU	#2OPEN	12	00:39:00	01:22:51	<b>01:53:53.95</b>	+00:21:20 (18.7%)	9:29	6.3 (80.8%)
59	<b>KUBICA Mateusz</b>	<b>3</b>	100% SATURACJI ENDORFINĄ	#1OPEN	10	00:37:34	01:19:51	<b>01:54:00.10</b>	+00:21:26 (18.8%)	9:30	6.3 (80.8%)
60	<b>WOJCIECHOWSKI Marcin</b>	<b>ELITE M 32</b>	KOŚCIELEC	Klasyfikacja studentów - mężczyźni	8	00:40:00	01:20:49	<b>01:54:34.05</b>	+00:22:00 (19.2%)	9:32	6.3 (80.8%)
61	<b>WOŹNIAK Daniel</b>	<b>722</b>	CROSSFIT ŁUKÓW	#4OPEN	1	00:18:31	01:12:18	<b>01:54:38.65</b>	+00:22:04 (19.3%)	9:33	6.3 (80.8%)
62	<b>PYŚ Adrian</b>	<b>734</b>	FC MELANŻ	#4OPEN	2	00:39:57	01:22:15	<b>01:55:03.55</b>	+00:22:29 (19.6%)	9:35	6.3 (80.8%)
63	<b>GÓRSKI Emil</b>	<b>1552</b>	HUSARIA RACE TEAM	#8OPEN	2	00:38:48	01:21:03	<b>01:55:08.15</b>	+00:22:34 (19.6%)	9:35	6.3 (80.8%)
64	<b>BIERNAT Konrad</b>	<b>ELITE M 55</b>	SRTG NIEPOŁOMICE	Drużynowa	6	00:39:15	01:21:24	<b>01:55:31.00</b>	+00:22:57 (19.9%)	9:37	6.2 (79.5%)
65	<b>ŁABUSZEWSKI Michał</b>	<b>1003</b>	MAMINSYNKI	#5OPEN	2	00:39:39	01:22:22	<b>01:55:35.95</b>	+00:23:02 (19.9%)	9:38	6.2 (79.5%)
66	<b>KUBAT Bartosz</b>	<b>ELITE M 9</b>	CROSS ZAPALEŃCÓW	Klasyfikacja studentów - mężczyźni	9	00:40:29	01:22:00	<b>01:55:55.65</b>	+00:23:21 (20.2%)	9:39	6.2 (79.5%)
67	<b>BLUSZCZ Katarzyna</b>	<b>ELITE K 110</b>		Klasyfikacja studentów - kobiety	1	00:41:31	01:23:10	<b>01:56:22.50</b>	+00:23:48 (20.5%)	9:41	6.2 (79.5%)
68	<b>ROBEŁEK Kamil</b>	<b>1027</b>	STAL PONIATOWA	#5OPEN	3	00:38:37	01:22:46	<b>01:56:24.45</b>	+00:23:50 (20.5%)	9:42	6.2 (79.5%)
69	<b>KOWALEWSKA Luiza</b>	<b>1556</b>	HUSARIA RACE TEAM	#8OPEN	3	00:40:40	01:22:34	<b>01:56:26.95</b>	+00:23:53 (20.5%)	9:42	6.2 (79.5%)
70	<b>TARTANUS Piotr</b>	<b>ELITE M 46</b>	POWER TRAINING	Masters	3	00:40:25	01:22:19	<b>01:56:31.70</b>	+00:23:57 (20.6%)	9:42	6.2 (79.5%)
71	<b>KRÓL Zbigniew</b>	<b>822</b>	WATAHA CZERWONEGO KAPTURKA	#4OPEN	3	00:37:33	01:19:50	<b>01:56:37.65</b>	+00:24:03 (20.6%)	9:43	6.2 (79.5%)
72	<b>KRZACZKOWSKA Iwona</b>	<b>43</b>	DZIKI WROCŁAW	#1OPEN	11	00:41:20	01:23:15	<b>01:56:40.05</b>	+00:24:06 (20.7%)	9:43	6.2 (79.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
73	<b>KIEPAS Marcin</b>	<b>1624</b>		#8OPEN	4	00:39:30	01:21:42	<b>01:56:40.85</b>	+00:24:06 (20.7%)	9:43	6.2 (79.5%)
74	<b>TOMASZEWSKI Rafał</b>	<b>2</b>	100% SATURACJI ENDORFINĄ	#10OPEN	12	00:41:59	01:24:28	<b>01:56:45.05</b>	+00:24:11 (20.7%)	9:43	6.2 (79.5%)
75	<b>SITEK Tomasz</b>	<b>51</b>	EKIPA HARREGO	#10OPEN	13	00:40:20	01:22:55	<b>01:57:12.95</b>	+00:24:39 (21.0%)	9:46	6.1 (78.2%)
76	<b>CIEPLIŃSKI Tomasz</b>	<b>1623</b>		#6OPEN	5	00:38:00	01:23:45	<b>01:57:14.05</b>	+00:24:40 (21.0%)	9:46	6.1 (78.2%)
77	<b>SIEJKA Mariusz</b>	<b>1919</b>	REPREZENTACJA NARODOWA SAN ESCOBAR	#10OPEN	3	00:39:08	01:23:38	<b>01:57:16.25</b>	+00:24:42 (21.1%)	9:46	6.1 (78.2%)
78	<b>RABAN Luk</b>	<b>728</b>	DZIKIE BESTIE W LUDZKIEJ SKÓRZE ZE WSCHODNICH KRESÓW ZIEM POLSKICH	#4OPEN	4	00:39:33	01:23:40	<b>01:57:17.45</b>	+00:24:43 (21.1%)	9:46	6.1 (78.2%)
79	<b>MITRUS Sławomir</b>	<b>192</b>		#10OPEN	14	00:39:05	01:21:46	<b>01:57:21.15</b>	+00:24:47 (21.1%)	9:46	6.1 (78.2%)
80	<b>BAŁDAK Piotr</b>	<b>729</b>	DZIKIE BESTIE W LUDZKIEJ SKÓRZE ZE WSCHODNICH KRESÓW ZIEM POLSKICH	#4OPEN	5	00:39:34	01:23:44	<b>01:57:21.80</b>	+00:24:47 (21.1%)	9:46	6.1 (78.2%)
81	<b>BERNAŚ Marek</b>	<b>1372</b>	STREFA SI	#7OPEN	2	00:39:06	01:23:51	<b>01:57:35.20</b>	+00:25:01 (21.3%)	9:47	6.1 (78.2%)
82	<b>GAŁCZYŃSKI Wojciech Tomcat</b>	<b>1180</b>	STARSTROOPERS	#6OPEN	6	00:39:20	01:24:26	<b>01:57:43.10</b>	+00:25:09 (21.4%)	9:48	6.1 (78.2%)
83	<b>MICHAŁOWSKI Łukasz</b>	<b>613</b>	SPPP RADOM	#3OPEN	8	00:36:53	01:20:37	<b>01:57:47.30</b>	+00:25:13 (21.4%)	9:48	6.1 (78.2%)
84	<b>KAMYCZEK Adam</b>	<b>1415</b>		#7OPEN	3	00:36:58	01:22:08	<b>01:57:49.90</b>	+00:25:16 (21.4%)	9:49	6.1 (78.2%)
85	<b>BARTECKI Maciek</b>	<b>1343</b>	MODLIN TEAMDREAM	#7OPEN	4	00:36:53	01:22:07	<b>01:57:50.00</b>	+00:25:16 (21.4%)	9:49	6.1 (78.2%)
86	<b>KORKOSZ Ireneusz</b>	<b>378</b>	TECHNICY MAGICY	#2OPEN	13	00:40:47	01:22:58	<b>01:58:02.80</b>	+00:25:28 (21.6%)	9:50	6.1 (78.2%)
87	<b>ŁOBODA Dominik</b>	<b>68</b>	KAİK TEAM	#10OPEN	15	00:43:18	01:26:44	<b>01:58:03.25</b>	+00:25:29 (21.6%)	9:50	6.1 (78.2%)
88	<b>DOBOSZ Piotr</b>	<b>1909</b>	KKO	#10OPEN	4	00:18:05	01:15:32	<b>01:58:04.90</b>	+00:25:31 (21.6%)	9:50	6.1 (78.2%)
89	<b>POCHEĆ Adam</b>	<b>402</b>	WOJOWNICZE ŻUBRY NINJA	#2OPEN	14	00:41:09	01:23:34	<b>01:58:06.45</b>	+00:25:32 (21.6%)	9:50	6.1 (78.2%)
90	<b>PUTKIEWICZ Daniel</b>	<b>1907</b>	KKO	#10OPEN	5	00:18:35	01:15:46	<b>01:58:09.20</b>	+00:25:35 (21.7%)	9:50	6.1 (78.2%)
91	<b>MAKAREWICZ Paweł</b>	<b>851</b>		#4OPEN	6	00:39:49	01:24:35	<b>01:58:11.25</b>	+00:25:37 (21.7%)	9:51	6.1 (78.2%)
92	<b>DURKA Paweł</b>	<b>584</b>	KONIUCHY	Klasyfikacja służb mundurowych - mężczyźni	2	00:39:43	01:24:20	<b>01:58:11.40</b>	+00:25:37 (21.7%)	9:50	6.1 (78.2%)
93	<b>LIPIEC Jakub</b>	<b>200</b>		Drużynowa	7	00:42:06	01:26:14	<b>01:58:21.80</b>	+00:25:47 (21.8%)	9:51	6.1 (78.2%)
94	<b>SZYDŁOWSKI Rafał</b>	<b>ELITE M 42</b>	POWER TRAINING	Drużynowa	8	00:40:44	01:24:01	<b>01:58:22.95</b>	+00:25:49 (21.8%)	9:51	6.1 (78.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo min/km	Tempo km/h
						3km	6km	netto 12km			
95	<b>KIEPIEL Grzegorz</b>	<b>755</b>	JEDL尼亚-LETNISKO	#4OPEN	7	00:37:03	01:21:46	<b>01:58:33.15</b>	+00:25:59 (21.9%)	9:52	6.1 (78.2%)
96	<b>MORGAŚ Mariusz</b>	<b>380</b>	TRENER24H.COM.PL	#2OPEN	15	00:39:04	01:24:05	<b>01:58:34.70</b>	+00:26:00 (21.9%)	9:52	6.1 (78.2%)
97	<b>MAŁECKI Jacek</b>	<b>178</b>		#1OPEN	16	00:39:57	01:22:56	<b>01:58:36.20</b>	+00:26:02 (22.0%)	9:53	6.1 (78.2%)
98	<b>SUSABOWSKI Andrzej</b>	<b>1317</b>	DRUŻYNA NA BAŁTÓW 2017	#7OPEN	5	00:39:29	01:24:18	<b>01:58:47.20</b>	+00:26:13 (22.1%)	9:53	6.1 (78.2%)
99	<b>SZOSTAK Artur</b>	<b>19</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	17	00:40:21	01:22:58	<b>01:58:54.80</b>	+00:26:20 (22.2%)	9:54	6.1 (78.2%)
100	<b>PĘKALA Sebastian</b>	<b>5047</b>	HUSARIA RACE	#8OPEN	5	00:41:20	01:27:20	<b>01:58:57.65</b>	+00:26:23 (22.2%)	9:54	6.1 (78.2%)
101	<b>SALAMON Krzysztof</b>	<b>1506</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#9OPEN	2	00:38:31	01:24:59	<b>01:59:24.20</b>	+00:26:50 (22.5%)	9:57	6 (76.9%)
102	<b>PRUŚ Maciej</b>	<b>1507</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#9OPEN	3	00:38:24	01:25:02	<b>01:59:24.95</b>	+00:26:51 (22.5%)	9:57	6 (76.9%)
103	<b>LIZNER Marcin</b>	<b>ELITE M 25</b>	IŁŻA PĘDZI	Klasyfikacja służb mundurowych - mężczyźni	3	00:39:52	01:22:37	<b>01:59:46.10</b>	+00:27:12 (22.7%)	9:58	6 (76.9%)
104	<b>PAPIEWSKA Natalia</b>	<b>5045</b>	CSADVENTURE	Kobiety Open	1	00:43:44	01:27:21	<b>02:00:36.60</b>	+00:28:02 (23.3%)	10:03	6 (76.9%)
105	<b>PEREK Sylwia</b>	<b>1416</b>		#7OPEN	6	00:04:00	01:08:00	<b>02:00:48.70</b>	+00:28:14 (23.4%)	10:04	6 (76.9%)
106	<b>KASPROWICZ Sławomir</b>	<b>633</b>	VIKINGS	#3OPEN	9	00:42:28	01:27:41	<b>02:01:00.15</b>	+00:28:26 (23.5%)	10:05	5.9 (75.6%)
107	<b>UZDOWSKI Daniel</b>	<b>1322</b>	HUSARIA RACE TEAM	#7OPEN	7	00:19:55	01:14:42	<b>02:01:00.95</b>	+00:28:27 (23.5%)	10:05	6 (76.9%)
108	<b>LUDWICZAK Jacek</b>	<b>ELITE M 4</b>	BOZONY HIGGSA	Masters	4	00:41:05	01:25:04	<b>02:01:06.45</b>	+00:28:32 (23.6%)	10:05	5.9 (75.6%)
109	<b>KOSMALA Grzegorz</b>	<b>8</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#1OPEN	18	00:42:26	01:25:59	<b>02:01:10.40</b>	+00:28:36 (23.6%)	10:05	5.9 (75.6%)
110	<b>BARCIKOWSKI Łukasz</b>	<b>ELITE M 47</b>	POWER TRAINING	Klasyfikacja studentów - mężczyźni	10	00:42:04	01:25:31	<b>02:01:20.05</b>	+00:28:46 (23.7%)	10:06	5.9 (75.6%)
111	<b>IDZIKOWSKI Michał</b>	<b>1376</b>	THE ŻESZUF	#3OPEN	10	00:21:41	01:19:32	<b>02:01:25.25</b>	+00:28:51 (23.8%)	10:07	5.9 (75.6%)
112	<b>KOCJAN Kamil</b>	<b>ELITE M 69</b>		Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	6	00:42:10		<b>02:01:29.35</b>	+00:28:55 (23.8%)	10:07	5.9 (75.6%)
113	<b>KAMIŃSKI Paweł</b>	<b>153</b>	TRENER24H.COM.PL	#1OPEN	19	00:42:29	01:27:09	<b>02:01:46.35</b>	+00:29:12 (24.0%)	10:08	5.9 (75.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo	Tempo
						3km	6km	netto 12km		min/km	km/h
114	<b>ŚPIEWAK Sebastian</b>	<b>ELITE M 17</b>	HUSARIA RACE TEAM	Klasyfikacja służb mundurowych - mężczyźni	4	00:40:31	01:25:06	<b>02:01:55.50</b>	+00:29:21 (24.1%)	10:09	5.9 (75.6%)
115	<b>KRAWCZYK Kamila</b>	<b>715</b>	BRAVEHEARTS LEGIONOWO	#4OPEN	8		00:58:20	<b>02:01:58.65</b>	+00:29:24 (24.1%)	10:09	5.9 (75.6%)
116	<b>KRAWCZYK Sebastian</b>	<b>716</b>	BRAVEHEARTS LEGIONOWO	#4OPEN	9		00:56:59	<b>02:02:01.35</b>	+00:29:27 (24.1%)	10:10	5.9 (75.6%)
117	<b>SAMUŚ Damian</b>	<b>ELITE M 64</b>		Klasyfikacja studentów - mężczyźni	11	00:39:43	01:21:13	<b>02:02:08.50</b>	+00:29:34 (24.2%)	10:10	5.9 (75.6%)
118	<b>OGINSKA-PRYLINSKA Daria</b>	<b>1056</b>		#5OPEN	4		01:00:09	<b>02:02:13.05</b>	+00:29:39 (24.3%)	10:11	5.9 (75.6%)
119	<b>ODROBINA Rafał</b>	<b>ELITE M 76</b>		Klasyfikacja służb mundurowych - mężczyźni	5	00:44:54	01:27:49	<b>02:02:41.50</b>	+00:30:07 (24.6%)	10:13	5.9 (75.6%)
120	<b>STARBA Krzysztof</b>	<b>1244</b>		#6OPEN	7	00:38:55	01:24:24	<b>02:02:49.80</b>	+00:30:15 (24.6%)	10:14	5.9 (75.6%)
121	<b>GŁĘBOCKI Marcin</b>	<b>103</b>	POWER TRAINING	#1OPEN	20	00:43:55	01:27:50	<b>02:02:50.10</b>	+00:30:16 (24.6%)	10:14	5.9 (75.6%)
122	<b>PIASEK Piotr</b>	<b>673</b>	WOLVES SUMMIT	#3OPEN	11	00:44:07	01:30:00	<b>02:03:04.80</b>	+00:30:30 (24.8%)	10:15	5.8 (74.4%)
123	<b>ŁEPTUCH Łukasz</b>	<b>1194</b>	ZŁY DOTYK	#6OPEN	8	00:40:57	01:27:55	<b>02:03:12.15</b>	+00:30:38 (24.9%)	10:16	5.8 (74.4%)
124	<b>JASIŃSKI Łukasz</b>	<b>646</b>		#3OPEN	12	00:43:43	01:28:51	<b>02:03:13.20</b>	+00:30:39 (24.9%)	10:16	5.8 (74.4%)
125	<b>MAĆZKA Mateusz</b>	<b>746</b>	FC MELANŻ	#4OPEN	10	00:40:38	01:28:37	<b>02:03:21.95</b>	+00:30:48 (25.0%)	10:16	5.8 (74.4%)
126	<b>CIECHANOWSKI Norbert</b>	<b>612</b>	SPPP RADOM	#3OPEN	13	00:40:16	01:25:22	<b>02:03:30.75</b>	+00:30:56 (25.1%)	10:17	5.8 (74.4%)
127	<b>BEDNARCZYK Dawid</b>	<b>1572</b>	MORDOR BIEGA	#8OPEN	6	00:40:20	01:23:51	<b>02:03:43.55</b>	+00:31:09 (25.2%)	10:18	5.8 (74.4%)
128	<b>AUGUSTYN Kamila</b>	<b>ELITE K 105</b>	POWER TRAINING	Klasyfikacja studentów - kobiety	2	00:42:23	01:28:53	<b>02:03:58.00</b>	+00:31:24 (25.3%)	10:19	5.8 (74.4%)
129	<b>GZARA Michał</b>	<b>396</b>	V-MAX ŁAWKI	#2OPEN	16	00:40:49	01:28:25	<b>02:04:20.95</b>	+00:31:47 (25.6%)	10:21	5.8 (74.4%)
130	<b>OSIŃSKA Monika</b>	<b>394</b>	V-MAX ŁAWKI	#2OPEN	17	00:42:17	01:28:36	<b>02:04:21.10</b>	+00:31:47 (25.6%)	10:21	5.8 (74.4%)
131	<b>NIEVIAROUSKI Kiryl</b>	<b>54</b>	HUSARIA RACE TEAM	#1OPEN	21	00:41:08	01:26:40	<b>02:04:24.95</b>	+00:31:51 (25.6%)	10:22	5.8 (74.4%)
132	<b>PAŁASZ Paweł</b>	<b>ELITE M 73</b>		Masters	5	00:43:26	01:26:48	<b>02:04:27.20</b>	+00:31:53 (25.6%)	10:22	5.8 (74.4%)
133	<b>SADŁO Łukasz</b>	<b>259</b>	AKTYWNA KAZIMIERZA	#2OPEN	18	00:42:20	01:28:36	<b>02:04:29.15</b>	+00:31:55 (25.6%)	10:22	5.8 (74.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo	Tempo
						3km	6km	netto 12km		min/km	km/h
134	<b>BAZAK Andrzej</b>	<b>1062</b>		#5OPEN	5	00:40:34	01:28:28	<b>02:04:41.60</b>	+00:32:07 (25.8%)	10:23	5.8 (74.4%)
135	<b>CICHOCKI Filip</b>	<b>ELITE M 48</b>	POWER TRAINING	Drużynowa	9	00:40:59	01:26:52	<b>02:04:49.20</b>	+00:32:15 (25.8%)	10:24	5.8 (74.4%)
136	<b>ADAMCZYK Damian</b>	<b>1043</b>	ZAGNAŃSK BIEGA	#5OPEN	6	00:40:37	01:30:43	<b>02:04:53.65</b>	+00:32:19 (25.9%)	10:24	5.8 (74.4%)
137	<b>MAJDER Artur</b>	<b>941</b>	CSWISLEŻAJSK	#5OPEN	7	00:44:32	01:33:16	<b>02:05:04.40</b>	+00:32:30 (26.0%)	10:25	5.8 (74.4%)
138	<b>SŁOWIŃSKI Piotr</b>	<b>524</b>	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	#3OPEN	14	00:40:56	01:29:22	<b>02:05:13.10</b>	+00:32:39 (26.1%)	10:26	5.8 (74.4%)
139	<b>LIPIŃSKI Tomasz</b>	<b>663</b>		#3OPEN	15	00:39:22	01:24:19	<b>02:05:14.50</b>	+00:32:40 (26.1%)	10:26	5.7 (73.1%)
140	<b>LIWOCH Sebastian</b>	<b>866</b>		#4OPEN	11	00:41:29	01:29:24	<b>02:05:20.45</b>	+00:32:46 (26.1%)	10:26	5.7 (73.1%)
141	<b>ILCZUK Rafał</b>	<b>660</b>		#3OPEN	16	00:44:08	01:28:52	<b>02:05:24.75</b>	+00:32:50 (26.2%)	10:27	5.7 (73.1%)
142	<b>KRZYSZTOF ROMANEK Michał</b>	<b>1070</b>		#5OPEN	8	00:40:04	01:28:38	<b>02:05:29.55</b>	+00:32:55 (26.2%)	10:27	5.7 (73.1%)
143	<b>MAZUR Krzysztof</b>	<b>1912</b>	KLUB SPORTOWY HAJIME	#10OPEN	6	00:38:53	01:25:29	<b>02:05:30.80</b>	+00:32:56 (26.3%)	10:27	5.7 (73.1%)
144	<b>KRZACZKOWSKI Łukasz</b>	<b>173</b>	DZIKI WROCŁAW	#1OPEN	22	00:42:20	01:27:07	<b>02:05:31.75</b>	+00:32:57 (26.3%)	10:27	5.7 (73.1%)
145	<b>MANTYCKI Rafał</b>	<b>ELITE M 20</b>	HUSARIA RACE TEAM	Drużynowa	10	00:44:19	01:32:13	<b>02:05:42.00</b>	+00:33:08 (26.4%)	10:28	5.7 (73.1%)
146	<b>MARTYNIAK Andrzej</b>	<b>431</b>		#2OPEN	19	00:43:33	01:30:50	<b>02:05:44.35</b>	+00:33:10 (26.4%)	10:28	5.7 (73.1%)
147	<b>KAWALA Konrad</b>	<b>ELITE M 30</b>	KONIE	Klasyfikacja studentów - mężczyźni	12	00:43:10	01:29:21	<b>02:05:48.65</b>	+00:33:14 (26.4%)	10:29	5.7 (73.1%)
148	<b>PASIEKA Damian</b>	<b>149</b>	TRENER24H.COM.PL	#2OPEN	20	00:42:49	01:30:47	<b>02:05:49.30</b>	+00:33:15 (26.4%)	10:29	5.7 (73.1%)
149	<b>MACH Tomasz</b>	<b>84</b>	LUBELSKA GRUPA TRIATHLONU	#1OPEN	23	00:46:02	01:29:55	<b>02:05:51.50</b>	+00:33:17 (26.5%)	10:29	5.7 (73.1%)
150	<b>PITURA Eliza</b>	<b>83</b>	LUBELSKA GRUPA TRIATHLONU	#1OPEN	24	00:46:04	01:29:55	<b>02:05:52.50</b>	+00:33:18 (26.5%)	10:29	5.7 (73.1%)
151	<b>ŁACH Patrycja</b>	<b>384</b>	TRENER24H.COM.PL	#2OPEN	21	00:45:35	01:32:10	<b>02:06:25.25</b>	+00:33:51 (26.8%)	10:32	5.7 (73.1%)
152	<b>BABICZ Karol</b>	<b>ELITE M 14</b>	HUSARIA RACE TEAM	Drużynowa	11	00:43:20	01:29:22	<b>02:06:29.20</b>	+00:33:55 (26.8%)	10:32	5.7 (73.1%)
153	<b>KRUPA Piotr</b>	<b>50</b>	UKS SIEDLESZCZANY	Klasyfikacja studentów - mężczyźni	13	00:42:16	01:27:52	<b>02:06:33.30</b>	+00:33:59 (26.9%)	10:32	5.7 (73.1%)
154	<b>SACZEWSKI Arkadiusz</b>	<b>724</b>	CROSSFIT SIEDLCE	#3OPEN	17	00:44:19	01:29:15	<b>02:06:39.10</b>	+00:34:05 (26.9%)	10:33	5.7 (73.1%)
155	<b>TOMCZYK Artur</b>	<b>1168</b>	RADZIEJOWICE	#6OPEN	9	00:39:14	01:29:02	<b>02:06:42.40</b>	+00:34:08 (26.9%)	10:33	5.7 (73.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo min/km	Tempo km/h
						3km	6km	netto 12km			
156	<b>MICHALSKI Marcin</b>	<b>870</b>	KONIUCHY	#4OPEN	12	00:41:25	01:32:27	<b>02:06:44.55</b>	+00:34:10 (27.0%)	10:33	5.7 (73.1%)
157	<b>TUREK Daniel</b>	<b>383</b>	TRENER24H.COM.PL	#2OPEN	22	00:44:35	01:32:14	<b>02:06:47.85</b>	+00:34:13 (27.0%)	10:34	5.7 (73.1%)
158	<b>HAJDENRAJCH Marcin</b>	<b>ELITE M 35</b>	MH	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	7	00:46:03	01:30:55	<b>02:07:00.20</b>	+00:34:26 (27.1%)	10:35	5.7 (73.1%)
159	<b>STOJAK Arkadiusz</b>	<b>954</b>	GAMONIE	#5OPEN	9	00:43:34	01:33:06	<b>02:07:03.55</b>	+00:34:29 (27.1%)	10:35	5.7 (73.1%)
160	<b>WÓJTOWICZ Marcin</b>	<b>815</b>	ŚWIĘTOKRZYSKIE STOWARZYSZENIE TURYSTYCZNE	#4OPEN	13	00:42:36	01:30:59	<b>02:07:11.20</b>	+00:34:37 (27.2%)	10:35	5.7 (73.1%)
161	<b>ZAŁUSKA Radosław</b>	<b>772</b>	OUTDOOR TRAINING	#4OPEN	14	00:42:57	01:31:54	<b>02:07:27.90</b>	+00:34:54 (27.4%)	10:37	5.6 (71.8%)
162	<b>PASTUSZAK Kamil</b>	<b>741</b>	FC MELANŻ	#4OPEN	15	00:42:57	01:31:01	<b>02:07:45.55</b>	+00:35:11 (27.5%)	10:38	5.6 (71.8%)
163	<b>KRÓL Kamil</b>	<b>823</b>	WATAHA CZERWONEGO KAPTURKA	Klasyfikacja studentów - mężczyźni	14	00:39:34	01:30:52	<b>02:08:16.95</b>	+00:35:43 (27.8%)	10:41	5.6 (71.8%)
164	<b>KAROLCZAK Aleksander Karolczak</b>	<b>1607</b>		#8OPEN	7	00:46:15	01:32:58	<b>02:08:19.95</b>	+00:35:46 (27.9%)	10:41	5.6 (71.8%)
165	<b>MAZUR Krzysztof</b>	<b>146</b>	TARNOBRZEŻANIE	#1OPEN	25	00:52:21	01:38:33	<b>02:08:27.55</b>	+00:35:53 (27.9%)	10:42	5.6 (71.8%)
166	<b>OLSAK Zenon</b>	<b>42</b>	DRINK TEAM	#1OPEN	26	00:43:11	01:32:41	<b>02:08:50.65</b>	+00:36:16 (28.2%)	10:44	5.6 (71.8%)
167	<b>WASIK Przemek</b>	<b>398</b>	WASIU TEAM	#2OPEN	23	00:43:52	01:30:58	<b>02:09:04.45</b>	+00:36:30 (28.3%)	10:45	5.6 (71.8%)
168	<b>CHYBOWSKI Arkadiusz</b>	<b>390</b>	V-MAX ŁAWKI	#2OPEN	24	00:42:12	01:28:35	<b>02:09:05.40</b>	+00:36:31 (28.3%)	10:45	5.6 (71.8%)
169	<b>ARTYKIEWICZ Adrian</b>	<b>193</b>		#1OPEN	27	00:43:28	01:30:21	<b>02:09:08.30</b>	+00:36:34 (28.3%)	10:45	5.6 (71.8%)
170	<b>GNIEWEK Piotr</b>	<b>ELITE M 19</b>	HUSARIA RACE TEAM	Drużynowa	12	00:44:00	01:32:22	<b>02:09:11.15</b>	+00:36:37 (28.3%)	10:45	5.6 (71.8%)
171	<b>SZYSZKA Przemysław</b>	<b>1030</b>	TERAZ JUŻ TYLKO CZAS NA KRATĘ	#5OPEN	10	00:44:30	01:33:58	<b>02:09:28.35</b>	+00:36:54 (28.5%)	10:47	5.6 (71.8%)
172	<b>OLEWNIK Adam</b>	<b>1906</b>	BYDGOSKIE PRZEDMIEŚCIE	#10OPEN	7	00:42:42	01:30:23	<b>02:09:30.90</b>	+00:36:57 (28.5%)	10:47	5.6 (71.8%)
173	<b>NIEWIECZERZAŁ Tomasz</b>	<b>867</b>		#4OPEN	16	00:44:36	01:33:18	<b>02:09:46.05</b>	+00:37:12 (28.7%)	10:48	5.5 (70.5%)
174	<b>JASTROWICZ Łukasz</b>	<b>1414</b>		#7OPEN	8	00:42:17	01:30:56	<b>02:09:46.90</b>	+00:37:13 (28.7%)	10:48	5.5 (70.5%)
174	<b>KAŁUZIŃSKI Konrad</b>	<b>844</b>		#4OPEN	17	00:44:25	01:33:21	<b>02:09:46.90</b>	+00:37:13 (28.7%)	10:48	5.5 (70.5%)
176	<b>CHRUŚCIEL Beata</b>	<b>ELITE K 107</b>	RED LION CLUB	Drużynowa	13	00:45:02	01:32:10	<b>02:09:47.85</b>	+00:37:13 (28.7%)	10:49	5.5 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo	Tempo
						3km	6km	netto		12km	min/km
177	<b>GŁOWACKI Mateusz</b>	<b>ELITE M 59</b>	WIELISZEW HERON TEAM	Klasyfikacja studentów - mężczyźni	15	00:43:32	01:30:56	<b>02:09:50.00</b>	+00:37:16 (28.7%)	10:49	5.5 (70.5%)
178	<b>GARDYAS Monika</b>	<b>ELITE K 103</b>	HUSARIA RACE TEAM	Drużynowa	14	00:44:35	01:32:32	<b>02:10:01.60</b>	+00:37:27 (28.8%)	10:50	5.5 (70.5%)
179	<b>SIEKIERSKA Natalia</b>	<b>ELITE K 109</b>	UNDEFEATED RUNNING TEAM	Masters	6	00:45:03	01:33:09	<b>02:10:02.00</b>	+00:37:28 (28.8%)	10:50	5.5 (70.5%)
180	<b>LINOWSKI Grzegorz</b>	<b>1559</b>	HUSARIA RACE TEAM	#8OPEN	8	00:43:56		<b>02:10:06.95</b>	+00:37:33 (28.9%)	10:50	5.5 (70.5%)
181	<b>MUSIŃSKI Łukasz</b>	<b>24</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	28	00:43:35	01:33:56	<b>02:10:28.85</b>	+00:37:54 (29.1%)	10:52	5.5 (70.5%)
182	<b>JOBDA Łukasz</b>	<b>752</b>	HARDCOROWE WYCHYLYBYBYMY	#3OPEN	18	00:44:31	01:32:56	<b>02:10:30.75</b>	+00:37:56 (29.1%)	10:52	5.5 (70.5%)
183	<b>ZIOMEK Robert</b>	<b>629</b>	TRENER24H.COM.PL	#2OPEN	25	00:45:47	01:34:24	<b>02:10:36.95</b>	+00:38:03 (29.1%)	10:53	5.5 (70.5%)
184	<b>ANNUSEWICZ Bartomiej</b>	<b>994</b>	LIONS ESTATE	#5OPEN	11	00:46:58	01:34:24	<b>02:10:37.15</b>	+00:38:03 (29.1%)	10:53	5.5 (70.5%)
185	<b>STROJECKI Miron</b>	<b>996</b>	LIONS ESTATE	#5OPEN	12	00:47:36	01:17:26	<b>02:10:38.45</b>	+00:38:04 (29.1%)	10:53	5.5 (70.5%)
186	<b>KRZEMIRSKI Tomasz</b>	<b>999</b>	LIONS ESTATE	#5OPEN	13	00:46:55	01:34:27	<b>02:10:39.05</b>	+00:38:05 (29.2%)	10:53	5.5 (70.5%)
187	<b>ASMANN Miłosz</b>	<b>179</b>		#1OPEN	29	00:47:21	01:33:56	<b>02:10:45.75</b>	+00:38:11 (29.2%)	10:53	5.5 (70.5%)
188	<b>SKOCZYŁAS Łukasz</b>	<b>188</b>		#1OPEN	30	00:45:45	01:33:44	<b>02:10:47.30</b>	+00:38:13 (29.2%)	10:54	5.5 (70.5%)
189	<b>SZCZĘSNA Emilia</b>	<b>78</b>	LENIWE KOCURY	#1OPEN	31	00:45:37	01:33:00	<b>02:10:54.15</b>	+00:38:20 (29.3%)	10:54	5.5 (70.5%)
190	<b>KRAWCZYK Łukasz</b>	<b>195</b>	OSTROWIEC	#1OPEN	32	00:46:16	01:33:03	<b>02:11:10.50</b>	+00:38:36 (29.4%)	10:55	5.5 (70.5%)
191	<b>BEDNARCZYK Jakub</b>	<b>1216</b>		#2OPEN	26	00:43:35	01:34:39	<b>02:11:27.65</b>	+00:38:53 (29.6%)	10:57	5.5 (70.5%)
192	<b>KONKOLEWSKI Mariusz</b>	<b>795</b>	POWER TRAINING	Masters	7	00:46:25	01:34:22	<b>02:11:34.05</b>	+00:39:00 (29.6%)	10:57	5.5 (70.5%)
193	<b>SALWEROWICZ Mateusz</b>	<b>5054</b>	DPD	ELITE Mężczyźni	1	00:48:42	01:34:29	<b>02:11:34.95</b>	+00:39:01 (29.7%)	10:57	5.5 (70.5%)
194	<b>PĘKALA Mariusz</b>	<b>900</b>	:-)	#5OPEN	14	00:40:41	01:30:55	<b>02:11:36.70</b>	+00:39:02 (29.7%)	10:58	5.5 (70.5%)
195	<b>SZCZĘSNY Maksymilian</b>	<b>77</b>	LENIWE KOCURY	#1OPEN	33	00:45:39	01:33:37	<b>02:11:48.75</b>	+00:39:14 (29.8%)	10:59	5.5 (70.5%)
196	<b>JURACZYK Miłosz</b>	<b>1930</b>		#10OPEN	8	00:06:05	01:15:15	<b>02:11:49.75</b>	+00:39:15 (29.8%)	10:59	5.5 (70.5%)
197	<b>GŁAZ Jacek</b>	<b>5015</b>	ZABIEGANI MIELEC	Mężczyźni Open	1	00:44:22	01:35:16	<b>02:11:53.80</b>	+00:39:19 (29.8%)	10:59	5.5 (70.5%)
198	<b>BUSŁOWSKI Piotr</b>	<b>426</b>		#2OPEN	27	00:48:35	01:36:26	<b>02:12:02.40</b>	+00:39:28 (29.9%)	11:00	5.5 (70.5%)
199	<b>MALIK Andrzej</b>	<b>518</b>	BEER FORCE ONE	#3OPEN	19		01:01:13	<b>02:12:02.65</b>	+00:39:28 (29.9%)	11:00	5.5 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
200	<b>DĄBROWSKI Maciej</b>	<b>314</b>	GANG DZIKICH WIEPRZY	#2OPEN	28	00:44:47	01:34:05	<b>02:12:15.70</b>	+00:39:41 (30.0%)	11:01	5.4 (69.2%)
201	<b>ZBOROWSKI Leszek</b>	<b>388</b>	TTCORP(US)	#2OPEN	29	00:44:29	01:34:05	<b>02:12:15.85</b>	+00:39:41 (30.0%)	11:01	5.4 (69.2%)
202	<b>KIERCZYŃSKA Wioletta</b>	<b>6</b>	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	#1OPEN	34	00:47:53	01:35:17	<b>02:12:19.40</b>	+00:39:45 (30.0%)	11:01	5.4 (69.2%)
203	<b>WRÓBEL Tomasz</b>	<b>155</b>	TRENER24H.COM.PL	#1OPEN	35	00:45:41	01:35:21	<b>02:12:19.45</b>	+00:39:45 (30.0%)	11:01	5.4 (69.2%)
204	<b>NARKO Aleksey</b>	<b>1928</b>		#7OPEN	9	00:41:45	01:34:55	<b>02:12:23.60</b>	+00:39:49 (30.1%)	11:02	5.4 (69.2%)
205	<b>OSOCHA Mariusz</b>	<b>395</b>	V-MAX ŁAWKI	#2OPEN	30	00:43:02	01:31:36	<b>02:12:29.95</b>	+00:39:56 (30.1%)	11:02	5.4 (69.2%)
206	<b>KUNYSZ Mateusz</b>	<b>p405</b>	SRTG RZESZÓW	Mężczyźni Open	2	00:45:08	01:36:59	<b>02:12:38.25</b>	+00:40:04 (30.2%)	11:03	5.4 (69.2%)
207	<b>JAGIEŁO Karol</b>	<b>ELITE M 16</b>	HUSARIA RACE TEAM	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	8	00:46:01	01:33:51	<b>02:12:47.70</b>	+00:40:13 (30.3%)	11:03	5.4 (69.2%)
208	<b>MINKINA Tomasz</b>	<b>1602</b>		#6OPEN	10	00:45:21	01:36:47	<b>02:12:55.70</b>	+00:40:21 (30.4%)	11:04	5.4 (69.2%)
208	<b>JOB Weronika</b>	<b>1601</b>		#6OPEN	11	00:45:18	01:36:48	<b>02:12:55.70</b>	+00:40:21 (30.4%)	11:04	5.4 (69.2%)
210	<b>HORODECKI Grzegorz</b>	<b>1169</b>	REHABILITANCI.ORG.PL	#6OPEN	12	00:48:10	01:39:18	<b>02:13:09.05</b>	+00:40:35 (30.5%)	11:05	5.4 (69.2%)
210	<b>BIEL Jakub</b>	<b>1171</b>	REHABILITANCI.ORG.PL	#6OPEN	13	00:48:18	01:39:20	<b>02:13:09.05</b>	+00:40:35 (30.5%)	11:05	5.4 (69.2%)
212	<b>POPOW Piotr</b>	<b>1314</b>	DRUŻYNA NA BAŁTÓW 2017	#7OPEN	10	00:45:35	01:37:13	<b>02:13:15.40</b>	+00:40:41 (30.5%)	11:06	5.4 (69.2%)
213	<b>WOJTASIK Michał</b>	<b>ELITE M 36</b>	MH	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	9	00:48:39	01:34:51	<b>02:13:26.70</b>	+00:40:52 (30.6%)	11:07	5.4 (69.2%)
214	<b>POPCZYNSKI Jan</b>	<b>197</b>		#4OPEN	18	00:45:03	01:35:50	<b>02:13:31.95</b>	+00:40:58 (30.7%)	11:07	5.4 (69.2%)
215	<b>MIKULSKI Wojciech</b>	<b>202</b>		#1OPEN	36	00:47:34	01:35:17	<b>02:13:39.50</b>	+00:41:05 (30.7%)	11:08	5.4 (69.2%)
216	<b>DOMAŃ Marcin</b>	<b>176</b>		#1OPEN	37	00:47:38	01:35:18	<b>02:13:39.60</b>	+00:41:05 (30.7%)	11:08	5.4 (69.2%)
217	<b>SOŁJAN Jakub</b>	<b>773</b>	OUTDOOR TRAINING	#4OPEN	19	00:44:12	01:35:12	<b>02:13:43.05</b>	+00:41:09 (30.8%)	11:08	5.4 (69.2%)
218	<b>SOSNOWSKI Dawid</b>	<b>1054</b>		#5OPEN	15	00:50:32	01:39:36	<b>02:13:45.75</b>	+00:41:11 (30.8%)	11:08	5.4 (69.2%)
219	<b>MAGOŃ Łukasz</b>	<b>836</b>		#4OPEN	20	00:45:07	01:37:14	<b>02:13:57.20</b>	+00:41:23 (30.9%)	11:09	5.4 (69.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
220	<b>MASNY Dawid</b>	<b>ELITE M 11</b>	DOBIEGNE.PL	Klasyfikacja studentów - mężczyźni	16	00:42:02	01:27:52	<b>02:13:58.45</b>	+00:41:24 (30.9%)	11:09	5.4 (69.2%)
221	<b>KOTYNIOWICZ Krzysztof</b>	<b>75</b>	KULAWIE SARNY W LEGINSACH	#1OPEN	38	00:50:57	01:37:09	<b>02:13:58.65</b>	+00:41:24 (30.9%)	11:09	5.4 (69.2%)
222	<b>POTERA Aleksandra</b>	<b>47</b>	EKIPA HARREGO	#1OPEN	39	00:47:39	01:38:03	<b>02:14:00.50</b>	+00:41:26 (30.9%)	11:10	5.4 (69.2%)
223	<b>CHUDZICKI Łukasz</b>	<b>286</b>	BYLE DO METY	#2OPEN	31	00:30:08	01:28:50	<b>02:14:08.30</b>	+00:41:34 (31.0%)	11:10	5.4 (69.2%)
224	<b>ŁOPUCH Robert</b>	<b>865</b>	KONIUCHY	#4OPEN	21	00:45:15	01:35:54	<b>02:14:11.50</b>	+00:41:37 (31.0%)	11:11	5.4 (69.2%)
225	<b>CHMURCZYK Mateusz</b>	<b>632</b>	VALLADIN TEAM	#3OPEN	20	00:48:37	01:40:19	<b>02:14:29.05</b>	+00:41:55 (31.2%)	11:12	5.4 (69.2%)
226	<b>HAWRYŁO Łukasz</b>	<b>136</b>	SKARPARK	#1OPEN	40	00:45:23	01:34:55	<b>02:14:30.95</b>	+00:41:57 (31.2%)	11:12	5.4 (69.2%)
227	<b>OPOZDA Maciej</b>	<b>713</b>	BRAVEHEARTS LEGIONOWO	#4OPEN	22	00:44:19	01:35:26	<b>02:14:37.40</b>	+00:42:03 (31.2%)	11:13	5.3 (67.9%)
228	<b>HINKELMAN Artur</b>	<b>413</b>	ZÓŁWIANO	#2OPEN	32	00:48:44	01:42:34	<b>02:14:37.80</b>	+00:42:03 (31.2%)	11:13	5.3 (67.9%)
229	<b>BRZEZIŃSKI Bartosz</b>	<b>620</b>	ŚWIĘTOKRZYSKIE STOWARZYSZENIE TURYSTYCZNE	#3OPEN	21	00:45:52	01:37:01	<b>02:14:48.10</b>	+00:42:14 (31.3%)	11:14	5.3 (67.9%)
230	<b>GADEK Paweł</b>	<b>ELITE M 62</b>		Klasyfikacja służb mundurowych - mężczyźni	6	00:47:05	01:36:46	<b>02:14:57.25</b>	+00:42:23 (31.4%)	11:14	5.3 (67.9%)
231	<b>SUSABOWSKA Joanna</b>	<b>1316</b>	DRUŻYNA NA BAŁTÓW 2017	#7OPEN	11	00:45:22	01:38:08	<b>02:15:05.40</b>	+00:42:31 (31.5%)	11:15	5.3 (67.9%)
232	<b>FUJAWA Maciek</b>	<b>400</b>	WISŁA SANDOMIERZ	#3OPEN	22	00:43:40	01:33:54	<b>02:15:11.55</b>	+00:42:37 (31.5%)	11:15	5.3 (67.9%)
233	<b>MACIOCHA Artur</b>	<b>181</b>		#8OPEN	9	00:44:03	01:34:16	<b>02:15:18.30</b>	+00:42:44 (31.6%)	11:16	5.3 (67.9%)
234	<b>WIERZCHOWIAK Jarosław</b>	<b>1553</b>	HUSARIA RACE TEAM	#8OPEN	10	00:44:09	01:34:25	<b>02:15:19.30</b>	+00:42:45 (31.6%)	11:16	5.3 (67.9%)
235	<b>GŁOŚNIAK Tomasz</b>	<b>1550</b>	HUSARIA RACE TEAM	#8OPEN	11	00:44:03	01:34:14	<b>02:15:21.20</b>	+00:42:47 (31.6%)	11:16	5.3 (67.9%)
236	<b>KACZMARZYK Robert</b>	<b>983</b>	LECĘ BO CHCĘ...	#5OPEN	16	00:43:27	01:37:33	<b>02:15:21.65</b>	+00:42:47 (31.6%)	11:16	5.3 (67.9%)
237	<b>LESICZKA Mateusz</b>	<b>720</b>	CKB TARNOBRZEG	#6OPEN	14	00:47:10	01:40:15	<b>02:15:40.45</b>	+00:43:06 (31.8%)	11:18	5.3 (67.9%)
238	<b>KOWALSKI Daniel</b>	<b>427</b>		#4OPEN	23	00:49:41	01:41:00	<b>02:15:46.30</b>	+00:43:12 (31.8%)	11:18	5.3 (67.9%)
239	<b>SZOŁTYSEK Krzysztof</b>	<b>674</b>	VALLADIN TEAM	#3OPEN	23	00:49:17	01:40:21	<b>02:16:00.55</b>	+00:43:26 (31.9%)	11:20	5.3 (67.9%)
240	<b>PIECH Michał</b>	<b>903</b>	ALUSTAL	#5OPEN	17	00:41:27	01:36:33	<b>02:16:05.65</b>	+00:43:31 (32.0%)	11:20	5.3 (67.9%)
241	<b>PIECH Jakub</b>	<b>904</b>	ALUSTAL	#5OPEN	18	00:41:32	01:36:33	<b>02:16:06.15</b>	+00:43:32 (32.0%)	11:20	5.3 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
242	<b>SAWICKI Kamil</b>	<b>1175</b>	SAN ESCOBAR	#7OPEN	12	00:42:53	01:36:53	<b>02:16:06.45</b>	+00:43:32 (32.0%)	11:20	5.3 (67.9%)
243	<b>KACZMARZYK Jakub</b>	<b>984</b>	LECĘ BO CHCĘ...	#5OPEN	19	00:43:32	01:37:35	<b>02:16:07.30</b>	+00:43:33 (32.0%)	11:20	5.3 (67.9%)
244	<b>CHILICKA Marta</b>	<b>125</b>	RED LION CLUB	#1OPEN	41	00:51:48	01:39:13	<b>02:16:07.50</b>	+00:43:33 (32.0%)	11:20	5.3 (67.9%)
245	<b>NIEDŹWIEDŹ Tomasz</b>	<b>174</b>		#1OPEN	42	00:51:32	01:39:14	<b>02:16:09.10</b>	+00:43:35 (32.0%)	11:20	5.3 (67.9%)
246	<b>ADAMCZYK Jacek</b>	<b>379</b>	TECHNICY MAGICY	#2OPEN	33	00:44:31	01:38:05	<b>02:16:32.95</b>	+00:43:59 (32.2%)	11:22	5.3 (67.9%)
247	<b>KALETA Piotr</b>	<b>5023</b>		Mężczyźni Open	3	00:47:05	01:39:34	<b>02:16:47.75</b>	+00:44:13 (32.3%)	11:24	5.3 (67.9%)
248	<b>DUDZIC Paweł</b>	<b>111</b>	POWER TRAINING	#1OPEN	43	00:50:37	01:39:15	<b>02:16:55.00</b>	+00:44:21 (32.4%)	11:24	5.3 (67.9%)
249	<b>WAŚ Grzegorz</b>	<b>661</b>		#3OPEN	24	00:50:42	01:42:02	<b>02:17:03.30</b>	+00:44:29 (32.5%)	11:25	5.3 (67.9%)
250	<b>MROZEK Michał</b>	<b>1336</b>	MISIAKI	#7OPEN	13	00:46:34	01:39:07	<b>02:17:09.20</b>	+00:44:35 (32.5%)	11:25	5.2 (66.7%)
251	<b>REJTCZAK Paweł</b>	<b>8000</b>		#3OPEN	25	00:49:04	01:41:36	<b>02:17:17.90</b>	+00:44:44 (32.6%)	11:26	5.2 (66.7%)
252	<b>HANCZYN Adam</b>	<b>1047</b>		#5OPEN	20	00:46:56	01:39:49	<b>02:17:26.85</b>	+00:44:52 (32.7%)	11:27	5.2 (66.7%)
253	<b>NIEWCZAS Adrian</b>	<b>1143</b>	OPP KIELCE	#6OPEN	15	00:43:02	01:32:08	<b>02:17:52.55</b>	+00:45:18 (32.9%)	11:29	5.2 (66.7%)
254	<b>GRABOWSKI Damian</b>	<b>1041</b>	WILDCATS CROSSFIT LUBLIN	#5OPEN	21	00:52:35	01:40:44	<b>02:17:53.75</b>	+00:45:19 (32.9%)	11:29	5.2 (66.7%)
255	<b>WIJAS Dariusz</b>	<b>737</b>	FC MELANŻ	#4OPEN	24	00:43:40	01:37:03	<b>02:17:54.30</b>	+00:45:20 (32.9%)	11:29	5.2 (66.7%)
256	<b>GUZEK Mateusz</b>	<b>818</b>	TKO BAND	#4OPEN	25	00:54:48	01:42:11	<b>02:18:01.30</b>	+00:45:27 (32.9%)	11:30	5.2 (66.7%)
257	<b>MANTHAJ Michał</b>	<b>1585</b>	WITOSZA RUNNERS	#2OPEN	34	00:46:08	01:43:20	<b>02:18:10.65</b>	+00:45:36 (33.0%)	11:30	5.2 (66.7%)
258	<b>KAPUSTA Piotr</b>	<b>1106</b>	BIEGIEM RADOM!	#6OPEN	16	00:44:05	01:39:42	<b>02:18:14.30</b>	+00:45:40 (33.0%)	11:31	5.2 (66.7%)
259	<b>MALEC Piotr</b>	<b>935</b>	CSWIS LEŻAJSK	#5OPEN	22	00:48:20	01:41:17	<b>02:18:29.45</b>	+00:45:55 (33.2%)	11:32	5.2 (66.7%)
260	<b>BANASZEK Sławomir</b>	<b>636</b>	WIKINGS	#3OPEN	26	00:45:34	01:37:23	<b>02:18:38.85</b>	+00:46:04 (33.2%)	11:33	5.2 (66.7%)
261	<b>JANKIEWICZ Marek</b>	<b>279</b>	BRAVEHEARTS LEGIONOWO	#2OPEN	35	00:37:21	01:34:39	<b>02:18:49.05</b>	+00:46:15 (33.3%)	11:34	5.2 (66.7%)
261	<b>PYDYN Małgorzata</b>	<b>276</b>	BRAVEHEARTS LEGIONOWO	#2OPEN	36	00:36:11	01:34:58	<b>02:18:49.05</b>	+00:46:15 (33.3%)	11:34	5.2 (66.7%)
263	<b>PIĘTA Sławomir</b>	<b>283</b>	BUDZIWOJAKI	#2OPEN	37	00:45:45	01:41:15	<b>02:18:59.45</b>	+00:46:25 (33.4%)	11:34	5.2 (66.7%)
264	<b>MASINA Jarosław</b>	<b>1926</b>		#10OPEN	9	00:45:50	01:38:53	<b>02:19:00.20</b>	+00:46:26 (33.4%)	11:35	5.2 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
265	WACH Łukasz	58	HUSARIA RACE TEAM	#1OPEN	44	00:48:04	01:38:05	<b>02:19:01.60</b>	+00:46:27 (33.4%)	11:35	5.2 (66.7%)
266	LISIEWSKI Janusz	542	CROSSFIT ŁUKÓW	#3OPEN	27	00:47:22	01:40:20	<b>02:19:14.80</b>	+00:46:40 (33.5%)	11:36	5.2 (66.7%)
267	STOCHMALSKI Marcin	88	MKS SYGNAŁ CHODEL	#1OPEN	45	00:47:57	01:36:58	<b>02:19:23.35</b>	+00:46:49 (33.6%)	11:36	5.2 (66.7%)
268	KISIEL Mateusz	1913	KLUB SPORTOWY HAJIME	#10OPEN	10	00:40:20	01:35:04	<b>02:19:30.15</b>	+00:46:56 (33.6%)	11:37	5.2 (66.7%)
269	TABAKA Andrzej	596	ODDAJMISIE	#3OPEN	28	00:55:05	01:43:55	<b>02:19:31.95</b>	+00:46:58 (33.7%)	11:37	5.2 (66.7%)
270	WIERZBICKI Filip	631	TSA SANDOMIERZ	#3OPEN	29	00:46:14	01:41:30	<b>02:19:38.25</b>	+00:47:04 (33.7%)	11:38	5.2 (66.7%)
271	PASIKOWSKI Marcin	3072	POSITIVE ENERGY	#3OPEN	30	00:45:57	01:39:04	<b>02:19:40.20</b>	+00:47:06 (33.7%)	11:38	5.2 (66.7%)
272	PASIKOWSKA Mariola	3071	POSITIVE ENERGY			00:46:06	01:39:07	<b>02:19:40.70</b>	+00:47:06 (33.7%)	11:38	5.2 (66.7%)
273	POLINIERSKI Piotr	910	BEWATER	#5OPEN	23			<b>02:19:54.10</b>	+00:47:20 (33.8%)	11:39	5.1 (65.4%)
274	KUKLA Lukasz	550	CROSSFIT SIEDLCE	#3OPEN	31	00:44:49	01:38:29	<b>02:19:56.15</b>	+00:47:22 (33.9%)	11:39	5.1 (65.4%)
275	KURMAN Arkadiusz	156	TRENER24H.COM.PL	#1OPEN	46	00:50:59	01:40:44	<b>02:19:56.35</b>	+00:47:22 (33.9%)	11:39	5.1 (65.4%)
276	GÓRSKI Kamil	256	ADRENALINA	#2OPEN	38	00:45:56	01:40:19	<b>02:20:00.35</b>	+00:47:26 (33.9%)	11:40	5.1 (65.4%)
277	BISIEKIRSKI Michał	1245		#6OPEN	17	00:44:47	01:37:26	<b>02:20:01.55</b>	+00:47:27 (33.9%)	11:40	5.1 (65.4%)
278	CHOROŚ Michał	57	HUSARIA RACE TEAM	#1OPEN	47	00:44:46	01:37:39	<b>02:20:14.45</b>	+00:47:40 (34.0%)	11:41	5.1 (65.4%)
279	RASZCZYŃSKI Marcin	421		#2OPEN	39	00:45:58	01:39:52	<b>02:20:18.50</b>	+00:47:44 (34.0%)	11:41	5.1 (65.4%)
280	KOŁODZIEJAK Filip	331	KOŁODZIEJAK	#2OPEN	40	00:49:07	01:40:28	<b>02:20:20.60</b>	+00:47:46 (34.0%)	11:41	5.1 (65.4%)
281	WIŚNIEWSKI Bartosz	820	TKO BAND	#6OPEN	18	00:25:47	01:24:51	<b>02:20:23.75</b>	+00:47:49 (34.1%)	11:41	5.1 (65.4%)
282	GOŁĘBIEWSKI Mariusz	1375	STREFA SIŁY SANDOMIERZ	#7OPEN	14	00:45:05	01:37:52	<b>02:20:37.50</b>	+00:48:03 (34.2%)	11:43	5.1 (65.4%)
283	GOŁONOWICZ Grzegorz	ELITE M 60	WOJAKI	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	10	00:50:57	01:42:33	<b>02:20:40.90</b>	+00:48:07 (34.2%)	11:43	5.1 (65.4%)
284	OSIŃSKI Arkadiusz	52	FERDEKKIEPSKISUPERSTAR	#1OPEN	48	00:51:38	01:39:07	<b>02:20:46.35</b>	+00:48:12 (34.2%)	11:43	5.1 (65.4%)
285	RUMIŃSKI Piotr	1037	WACKI	#5OPEN	24	00:50:09	01:42:17	<b>02:20:46.95</b>	+00:48:13 (34.2%)	11:43	5.1 (65.4%)
286	NIKIEL Dariusz	5037		#9OPEN	4	00:47:13	01:41:18	<b>02:20:48.30</b>	+00:48:14 (34.3%)	11:44	5.1 (65.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
287	<b>WOJCIUK Adam</b>	<b>987</b>	LENIWE BUŁY	#5OPEN	25	00:45:27	01:40:27	<b>02:20:51.95</b>	+00:48:18 (34.3%)	11:44	5.1 (65.4%)
288	<b>ŁYDZIŃSKA Urszula</b>	<b>186</b>		#1OPEN	49	00:52:00	01:40:39	<b>02:21:06.00</b>	+00:48:32 (34.4%)	11:45	5.1 (65.4%)
289	<b>MADEJ Wojciec</b>	<b>129</b>	RUDA TEAM	#1OPEN	50	00:47:41	01:38:54	<b>02:21:09.30</b>	+00:48:35 (34.4%)	11:45	5.1 (65.4%)
289	<b>KUDŁA Grzegorz</b>	<b>1035</b>	WACKI	#5OPEN	26	00:49:48	01:42:18	<b>02:21:09.30</b>	+00:48:35 (34.4%)	11:45	5.1 (65.4%)
291	<b>PELA Kamil.pela</b>	<b>1167</b>	PYRY	#6OPEN	19	00:48:22	01:42:48	<b>02:21:14.50</b>	+00:48:40 (34.5%)	11:46	5.1 (65.4%)
292	<b>DRYNDA Łukasz</b>	<b>1126</b>	FURIOUS HORNETS	#6OPEN	20	00:46:40	01:42:23	<b>02:21:16.40</b>	+00:48:42 (34.5%)	11:46	5.1 (65.4%)
293	<b>CHOŁAŚCIŃSKI Wojciech</b>	<b>1560</b>	HUSARIA RACE TEAM	#8OPEN	12	00:45:42	01:43:04	<b>02:21:20.35</b>	+00:48:46 (34.5%)	11:46	5.1 (65.4%)
294	<b>CHMIEL Sylwester</b>	<b>1538</b>	DZIDA 4X4	#8OPEN	13	00:46:09	01:42:22	<b>02:21:21.10</b>	+00:48:47 (34.5%)	11:46	5.1 (65.4%)
295	<b>PIKUŁA Wojtek</b>	<b>1539</b>	DZIDA 4X4	#8OPEN	14	00:45:54	01:42:22	<b>02:21:21.90</b>	+00:48:48 (34.5%)	11:46	5.1 (65.4%)
296	<b>PAWLAK Grzegorz</b>	<b>1541</b>	DZIDA 4X4	#8OPEN	15	00:45:52	01:42:22	<b>02:21:22.05</b>	+00:48:48 (34.5%)	11:46	5.1 (65.4%)
297	<b>WAWRYSZUK Adam</b>	<b>1540</b>	DZIDA 4X4	#8OPEN	16	00:46:11	01:42:23	<b>02:21:22.30</b>	+00:48:48 (34.5%)	11:46	5.1 (65.4%)
298	<b>JAGIEŁO-CZERWONKA Anna</b>	<b>134</b>	SKARPARK	#1OPEN	51	00:53:16	01:43:12	<b>02:21:36.65</b>	+00:49:02 (34.6%)	11:48	5.1 (65.4%)
299	<b>IMIOLCZYK Roland</b>	<b>869</b>		#4OPEN	26	00:46:58	01:44:06	<b>02:21:52.20</b>	+00:49:18 (34.8%)	11:49	5.1 (65.4%)
300	<b>OGORZAŁEK Grzegorz</b>	<b>p391</b>				00:41:58	01:40:53	<b>02:21:52.55</b>	+00:49:18 (34.8%)	11:49	5.1 (65.4%)
301	<b>SROKA Andrzej</b>	<b>796</b>	PROGRES SADEK	#4OPEN	27	00:46:43	01:41:38	<b>02:21:55.05</b>	+00:49:21 (34.8%)	11:49	5.1 (65.4%)
302	<b>KUBARA Karina</b>	<b>586</b>	KWP RADOM	#3OPEN	32	00:48:56	01:41:49	<b>02:22:11.60</b>	+00:49:37 (34.9%)	11:51	5.1 (65.4%)
303	<b>SAMUŚ Dawid</b>	<b>ELITE M 63</b>		Klasyfikacja studentów - mężczyźni	17	00:47:58	01:39:57	<b>02:22:16.50</b>	+00:49:42 (34.9%)	11:51	5.1 (65.4%)
304	<b>JASKOT Sebastian</b>	<b>ELITE M 65</b>		Klasyfikacja studentów - mężczyźni	18	00:48:10	01:39:58	<b>02:22:16.60</b>	+00:49:42 (34.9%)	11:51	5.1 (65.4%)
305	<b>GRABSKI Paweł</b>	<b>587</b>	KWP RADOM	#3OPEN	33	00:49:02	01:41:44	<b>02:22:17.25</b>	+00:49:43 (34.9%)	11:51	5.1 (65.4%)
306	<b>STĘPIEŃ Piotr</b>	<b>ELITE M 52</b>	PSZCZÓŁKA	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	11	00:44:28	01:33:20	<b>02:22:17.95</b>	+00:49:44 (35.0%)	11:51	5.1 (65.4%)
307	<b>BARAN Paulina</b>	<b>601</b>	POLICJA	#3OPEN	34	00:49:03	01:41:50	<b>02:22:22.90</b>	+00:49:49 (35.0%)	11:51	5.1 (65.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
308	<b>MUCHACKI Jarek</b>	<b>966</b>	JANUSZE	#5OPEN	27	00:53:59	01:45:11	<b>02:22:29.75</b>	+00:49:55 (35.0%)	11:52	5.1 (65.4%)
309	<b>WILK Maciej</b>	<b>89</b>	MŁODE WILCY	#1OPEN	52	00:50:04	01:42:17	<b>02:22:49.60</b>	+00:50:15 (35.2%)	11:54	5 (64.1%)
310	<b>PIOTROWSKI Michał</b>	<b>1250</b>		#6OPEN	21	00:47:17	01:41:44	<b>02:22:58.00</b>	+00:50:24 (35.3%)	11:54	5 (64.1%)
311	<b>JAGIEŁŁO Michał</b>	<b>957</b>	GAMONIE	#5OPEN	28	00:44:37	01:40:20	<b>02:23:06.15</b>	+00:50:32 (35.3%)	11:55	5 (64.1%)
312	<b>KOWALIK Marcin</b>	<b>953</b>	GAMONIE	#5OPEN	29	00:44:58	01:40:21	<b>02:23:07.05</b>	+00:50:33 (35.3%)	11:55	5 (64.1%)
313	<b>BINKO Łukasz</b>	<b>322</b>	JAK ŻÓŁWIE W GALOPIE	#2OPEN	41	00:50:17	01:44:06	<b>02:23:07.90</b>	+00:50:34 (35.3%)	11:55	5 (64.1%)
314	<b>KRUK Rafał</b>	<b>320</b>	JAK ŻÓŁWIE W GALOPIE	#2OPEN	42	00:50:20	01:44:09	<b>02:23:08.45</b>	+00:50:34 (35.3%)	11:55	5 (64.1%)
315	<b>HOŁOBUT Marcin</b>	<b>1703</b>	STALOWE DZIKI	#9OPEN	5	00:50:58	01:43:12	<b>02:23:15.40</b>	+00:50:41 (35.4%)	11:56	5 (64.1%)
316	<b>MIKLASZEWSKI Paweł</b>	<b>6003</b>	POWER TRAINING	Masters	8	00:50:32	01:41:08	<b>02:23:20.90</b>	+00:50:47 (35.4%)	11:56	5 (64.1%)
317	<b>CHOMICKI Jan</b>	<b>902</b>	1017A	#5OPEN	30	00:48:13	01:42:51	<b>02:23:26.10</b>	+00:50:52 (35.5%)	11:57	5 (64.1%)
318	<b>RADWAŃSKI Łukasz</b>	<b>821</b>	TYLKO SIĘ STRESZCZAJ BO SILNEMU CHCE SIĘ PIĆ	#1OPEN	53	00:48:34	01:39:13	<b>02:23:27.40</b>	+00:50:53 (35.5%)	11:57	5 (64.1%)
319	<b>HUBALA Mateusz</b>	<b>5016</b>		#9OPEN	6	00:22:28	01:24:20	<b>02:23:30.20</b>	+00:50:56 (35.5%)	11:57	5 (64.1%)
320	<b>PILECKI Adam</b>	<b>1702</b>	STALOWE DZIKI	#9OPEN	7	00:50:56	01:43:12	<b>02:23:30.40</b>	+00:50:56 (35.5%)	11:57	5 (64.1%)
321	<b>ZABORSKI Daniel</b>	<b>803</b>	PROGRES SADEK	#4OPEN	28	00:45:29	01:41:29	<b>02:23:32.45</b>	+00:50:58 (35.5%)	11:57	5 (64.1%)
322	<b>NALEWAJK Tomasz</b>	<b>93</b>	NATURAL FORCE WORKOUT	#1OPEN	54	00:49:45	01:41:44	<b>02:23:34.10</b>	+00:51:00 (35.5%)	11:57	5 (64.1%)
323	<b>WAŚOWICZ Joanna</b>	<b>128</b>	RED LION CLUB	#1OPEN	55	00:53:36	01:43:38	<b>02:23:44.60</b>	+00:51:10 (35.6%)	11:58	5 (64.1%)
324	<b>HARASYMOWICZ Robert</b>	<b>853</b>		#4OPEN	29	00:45:54	01:46:39	<b>02:23:48.40</b>	+00:51:14 (35.6%)	11:59	5 (64.1%)
325	<b>PISTOR Tomasz</b>	<b>1706</b>	STALOWE DZIKI	#9OPEN	8	00:51:10	01:43:17	<b>02:23:54.10</b>	+00:51:20 (35.7%)	11:59	5 (64.1%)
326	<b>JASKÓŁKA Magdalena</b>	<b>105</b>	POWER TRAINING	#1OPEN	56	00:49:58	01:42:45	<b>02:24:11.45</b>	+00:51:37 (35.8%)	12:00	5 (64.1%)
327	<b>KANIEWSKI Oktawian</b>	<b>814</b>	SUŁTANI POŁUDNIA	#4OPEN	30	00:44:57	01:39:08	<b>02:24:14.05</b>	+00:51:40 (35.8%)	12:01	5 (64.1%)
328	<b>KOŁODZIEJCZYK Mateusz</b>	<b>812</b>	SUŁTANI POŁUDNIA	#4OPEN	31	00:45:09	01:39:08	<b>02:24:16.40</b>	+00:51:42 (35.8%)	12:01	5 (64.1%)
329	<b>MOSKWA Kamila</b>	<b>858</b>		#4OPEN	32	00:46:25	01:42:27	<b>02:24:19.30</b>	+00:51:45 (35.9%)	12:01	5 (64.1%)
330	<b>SKRZEK Sebastian</b>	<b>1006</b>	MAMINSYNKI	#5OPEN	31	00:51:00	01:44:33	<b>02:24:24.65</b>	+00:51:50 (35.9%)	12:02	5 (64.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo min/km	Tempo km/h
						3km	6km	netto 12km			
331	<b>KAROŃ Wojciech</b>	<b>369</b>		#2OPEN	43	00:47:57	01:43:57	<b>02:24:26.15</b>	+00:51:52 (35.9%)	12:02	5 (64.1%)
332	<b>RUTYNA Michał</b>	<b>748</b>	FC MELANŻ	#4OPEN	33	00:46:59	01:42:33	<b>02:24:27.05</b>	+00:51:53 (35.9%)	12:02	5 (64.1%)
333	<b>WIERZICKI Marcin</b>	<b>726</b>	CROSSFIT SIEDLCE	Klasyfikacja studentów - mężczyźni	19	00:45:44	01:40:35	<b>02:24:33.30</b>	+00:51:59 (36.0%)	12:02	5 (64.1%)
334	<b>BAJUR Sławomir</b>	<b>901</b>	1017A	#5OPEN	32	00:48:29	01:42:53	<b>02:24:39.90</b>	+00:52:06 (36.0%)	12:03	5 (64.1%)
335	<b>JASTRZĘBSKI Mateusz</b>	<b>ELITE M 44</b>	POWER TRAINING	Klasyfikacja studentów - mężczyźni	20	00:50:10	01:42:35	<b>02:24:45.15</b>	+00:52:11 (36.1%)	12:03	5 (64.1%)
336	<b>CZAJKOWSKI Jan '</b>	<b>ELITE M 41</b>	POWER TRAINING	Drużynowa	15	00:46:15	01:40:33	<b>02:24:53.75</b>	+00:52:19 (36.1%)	12:04	5 (64.1%)
337	<b>ŁUGOWSKI Marcin</b>	<b>614</b>	SPPP RADOM	#3OPEN	35	00:50:53	01:46:21	<b>02:24:53.90</b>	+00:52:20 (36.1%)	12:04	5 (64.1%)
338	<b>TARASEWICZ Paweł</b>	<b>1044</b>	OUTDOOR TRAINING	#6OPEN	22	00:50:44	01:44:24	<b>02:25:00.10</b>	+00:52:26 (36.2%)	12:05	5 (64.1%)
339	<b>SZEKALSKI Marek</b>	<b>1147</b>	OUTDOOR TRAINING BIAŁYSTOK	#6OPEN	23	00:50:51	01:44:25	<b>02:25:00.40</b>	+00:52:26 (36.2%)	12:05	5 (64.1%)
340	<b>SUJKA Rafał</b>	<b>573</b>	I THOUGHT THEY SAID RUM...	#3OPEN	36	00:49:23	01:44:07	<b>02:25:00.85</b>	+00:52:26 (36.2%)	12:05	5 (64.1%)
341	<b>DZIK Konrad</b>	<b>572</b>	I THOUGHT THEY SAID RUM...	#3OPEN	37	00:49:20	01:44:10	<b>02:25:03.40</b>	+00:52:29 (36.2%)	12:05	5 (64.1%)
342	<b>BATOR Mateusz</b>	<b>ELITE M 27</b>	JANÓW CITY	Klasyfikacja studentów - mężczyźni	21	00:50:29	01:42:48	<b>02:25:07.05</b>	+00:52:33 (36.2%)	12:05	5 (64.1%)
343	<b>ŁĘCKA- MILISZLIEWICZ Izabela</b>	<b>199</b>		#1OPEN	57	00:53:25	01:46:16	<b>02:25:37.50</b>	+00:53:03 (36.4%)	12:08	4.9 (62.8%)
344	<b>KĘPIŃSKI Artur</b>	<b>972</b>	KAŁABANGA	#4OPEN	34	00:45:03	01:47:12	<b>02:25:47.75</b>	+00:53:13 (36.5%)	12:08	4.9 (62.8%)
345	<b>KOZŁOWSKI Paweł</b>	<b>ELITE M 7</b>	BRAVEHEARTS LEGIONOWO	Masters	9	00:50:50	01:43:28	<b>02:25:52.80</b>	+00:53:18 (36.5%)	12:09	4.9 (62.8%)
346	<b>DŹWIGULSKI Łukasz</b>	<b>1396</b>		#7OPEN	15	00:45:47	01:43:06	<b>02:26:32.00</b>	+00:53:58 (36.8%)	12:12	4.9 (62.8%)
347	<b>FROŚ Kalina</b>	<b>1354</b>	POSITIVE ENERGY	#7OPEN	16	00:44:58	01:38:52	<b>02:26:36.10</b>	+00:54:02 (36.9%)	12:13	4.9 (62.8%)
348	<b>MAŚLAK Piotr</b>	<b>701</b>	BEFIT24TEAM	#4OPEN	35	00:48:14	01:46:21	<b>02:27:03.60</b>	+00:54:29 (37.1%)	12:15	4.9 (62.8%)
349	<b>MIROŚLAW Dawid</b>	<b>590</b>	MEGA BEŁŻYCE	#3OPEN	38	00:50:50	01:45:35	<b>02:27:07.40</b>	+00:54:33 (37.1%)	12:15	4.9 (62.8%)
350	<b>GRZYB Albert</b>	<b>415</b>		#2OPEN	44	00:50:07	01:46:33	<b>02:27:24.95</b>	+00:54:51 (37.2%)	12:17	4.9 (62.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
351	<b>SKUCIŃSKA Martyna</b>	<b>ELITE K 102</b>	CROSSFIT KIELCE	Klasyfikacja mieszkańców woj. Świętokrzyskiego - kobiety	1	00:48:30	01:43:13	<b>02:27:40.60</b>	+00:55:06 (37.3%)	12:18	4.9 (62.8%)
352	<b>WÓJCIK Tomasz</b>	<b>591</b>	MEGA BEŁŻYCE	#3OPEN	39	00:50:47	01:45:38	<b>02:27:41.65</b>	+00:55:07 (37.3%)	12:18	4.9 (62.8%)
353	<b>KAPROŃ Bartosz</b>	<b>10</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#1OPEN	58	00:59:51	01:49:35	<b>02:27:46.10</b>	+00:55:12 (37.4%)	12:18	4.9 (62.8%)
354	<b>KULESZA Piotr</b>	<b>61</b>	JADYMA	#1OPEN	59	00:57:02	01:52:14	<b>02:27:56.00</b>	+00:55:22 (37.4%)	12:19	4.9 (62.8%)
355	<b>RADZIEJEWSKI Konrad</b>	<b>651</b>		#3OPEN	40	00:53:14	01:46:15	<b>02:27:59.00</b>	+00:55:25 (37.4%)	12:19	4.9 (62.8%)
356	<b>MIKOŁAJCZYK Krzysztof</b>	<b>615</b>	SPPP RADOM	#3OPEN	41	00:45:49	01:38:23	<b>02:28:03.60</b>	+00:55:29 (37.5%)	12:20	4.9 (62.8%)
357	<b>SŁOMA Tomasz</b>	<b>7101</b>	KAWALERSKI KRZYŚKA	#2OPEN	45	00:50:22	01:46:22	<b>02:28:09.75</b>	+00:55:35 (37.5%)	12:20	4.9 (62.8%)
358	<b>CIOSK Wojciech</b>	<b>324</b>	KAWALERSKI KRZYŚKA	#2OPEN	46	00:50:24	01:46:23	<b>02:28:11.20</b>	+00:55:37 (37.5%)	12:20	4.9 (62.8%)
359	<b>ŻAK Grzegorz</b>	<b>7103</b>	TROCHĘ CYKAM	#2OPEN	47	00:45:37	01:41:57	<b>02:28:23.45</b>	+00:55:49 (37.6%)	12:22	4.9 (62.8%)
360	<b>ZAJĄC Piotr</b>	<b>662</b>		#3OPEN	42	00:52:09	01:52:36	<b>02:28:26.35</b>	+00:55:52 (37.6%)	12:22	4.9 (62.8%)
361	<b>SZLENDAK Anna</b>	<b>ELITE K 101</b>	BRAVEHEARTS LEGIONOWO/MAM WYBIEGANE	Klasyfikacja studentów - kobiety	3	00:48:34	01:44:02	<b>02:28:29.60</b>	+00:55:55 (37.7%)	12:22	4.8 (61.5%)
362	<b>SZYMERSKI Filip</b>	<b>1390</b>		#7OPEN	17	00:54:54	01:47:51	<b>02:28:40.35</b>	+00:56:06 (37.7%)	12:23	4.8 (61.5%)
363	<b>ŁAKOMIEC Piotr</b>	<b>1412</b>		#7OPEN	18	00:54:45	01:47:52	<b>02:28:41.35</b>	+00:56:07 (37.7%)	12:23	4.8 (61.5%)
364	<b>GADEK Joanna</b>	<b>ELITE K 108</b>	SKAWINA BIEGA	Klasyfikacja studentów - kobiety	4	00:49:59	01:46:14	<b>02:28:42.10</b>	+00:56:08 (37.8%)	12:23	4.8 (61.5%)
365	<b>NOWAK Sebastian</b>	<b>1339</b>	MODLIN TEAMDREAM	#7OPEN	19	00:49:59	01:46:15	<b>02:28:46.90</b>	+00:56:13 (37.8%)	12:23	4.8 (61.5%)
366	<b>FROŚ Karol</b>	<b>1356</b>	POSITIVE ENERGY	#7OPEN	20	00:46:43	01:41:05	<b>02:28:48.65</b>	+00:56:14 (37.8%)	12:24	4.8 (61.5%)
367	<b>DZIKOWSKI Michał</b>	<b>438</b>		#2OPEN	48	00:54:45	01:50:03	<b>02:29:01.00</b>	+00:56:27 (37.9%)	12:25	4.8 (61.5%)
368	<b>OSUCH Sebastian</b>	<b>1259</b>		#6OPEN	24	00:47:03	01:44:19	<b>02:29:21.15</b>	+00:56:47 (38.0%)	12:26	4.8 (61.5%)
369	<b>PAJĄK Michał</b>	<b>1135</b>	KULAWIE SARNY W LEGINSACH	#3OPEN	43	00:51:13	01:47:35	<b>02:29:30.95</b>	+00:56:57 (38.1%)	12:27	4.8 (61.5%)
370	<b>LATKOWSKI Piotr</b>	<b>328</b>	KAWALERSKI KRZYŚKA	#2OPEN	49	00:52:32	01:48:36	<b>02:29:53.00</b>	+00:57:19 (38.2%)	12:29	4.8 (61.5%)
371	<b>POŻOGA Tomasz</b>	<b>1079</b>		#6OPEN	25	00:47:19	01:42:53	<b>02:30:07.25</b>	+00:57:33 (38.3%)	12:30	4.8 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
372	<b>JAKUBOWICZ Paweł</b>	<b>ELITE M 53</b>	RED LION CLUB	Klasyfikacja służb mundurowych - mężczyźni	7	00:51:07	01:43:07	<b>02:30:12.15</b>	+00:57:38 (38.4%)	12:31	4.8 (61.5%)
373	<b>KRUPSKI Paweł</b>	<b>ELITE M 71</b>		Klasyfikacja studentów - mężczyźni	22	00:51:16	01:43:17	<b>02:30:12.75</b>	+00:57:38 (38.4%)	12:31	4.8 (61.5%)
374	<b>MAREK Daniel</b>	<b>520</b>	BEER FORCE ONE	#1OPEN	60	00:53:23	01:46:58	<b>02:30:16.45</b>	+00:57:42 (38.4%)	12:31	4.8 (61.5%)
375	<b>MILLER Paweł</b>	<b>410</b>	ZMIAŻDŻONE MIGDAŁY	#2OPEN	50	00:53:05	01:50:15	<b>02:30:19.80</b>	+00:57:45 (38.4%)	12:31	4.8 (61.5%)
376	<b>POGODA Adam</b>	<b>756</b>	JEST POGODA JEST DOBRZE	#2OPEN	51	00:54:13	01:50:17	<b>02:30:25.95</b>	+00:57:52 (38.5%)	12:32	4.8 (61.5%)
377	<b>KAŹMIERSKA Paulina</b>	<b>428</b>		#2OPEN	52	00:53:11	01:48:20	<b>02:30:42.90</b>	+00:58:09 (38.6%)	12:33	4.8 (61.5%)
378	<b>LACH Agnieszka</b>	<b>309</b>	EKSPEDYCJA MRÓWKA	#2OPEN	53	00:52:51	01:51:36	<b>02:31:21.60</b>	+00:58:47 (38.8%)	12:36	4.8 (61.5%)
379	<b>GRZYB Sławek</b>	<b>310</b>	EKSPEDYCJA MRÓWKA	#2OPEN	54	00:52:55	01:51:37	<b>02:31:22.05</b>	+00:58:48 (38.8%)	12:36	4.8 (61.5%)
380	<b>LACH Dominika</b>	<b>311</b>	EKSPEDYCJA MRÓWKA	#2OPEN	55	00:52:53	01:51:35	<b>02:31:22.55</b>	+00:58:48 (38.9%)	12:36	4.8 (61.5%)
381	<b>SADEJ Marcin</b>	<b>1704</b>	STALOWE DZIKI	#9OPEN	9	00:51:39	01:50:14	<b>02:31:43.90</b>	+00:59:10 (39.0%)	12:38	4.7 (60.3%)
382	<b>KUSIAK Sebastian</b>	<b>ELITE M 66</b>		Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	12	00:53:08	01:47:44	<b>02:31:50.35</b>	+00:59:16 (39.0%)	12:39	4.7 (60.3%)
383	<b>MROCZEK Przemysław</b>	<b>1034</b>	UMCS BIEGA	#5OPEN	33	00:51:25	01:47:43	<b>02:32:06.65</b>	+00:59:32 (39.1%)	12:40	4.7 (60.3%)
384	<b>PRZYGODA Maciej</b>	<b>961</b>	GUMISIE	#5OPEN	34	00:47:52	01:45:41	<b>02:32:06.95</b>	+00:59:33 (39.1%)	12:40	4.7 (60.3%)
385	<b>FORNALSKA Aleksandra</b>	<b>981</b>	LECĘ BO CHCĘ...	#5OPEN	35	00:54:30	01:45:49	<b>02:32:13.35</b>	+00:59:39 (39.2%)	12:41	4.7 (60.3%)
386	<b>CYGA Paweł</b>	<b>985</b>	LECĘ BO CHCĘ...	#5OPEN	36	00:48:47	01:46:53	<b>02:32:14.45</b>	+00:59:40 (39.2%)	12:41	4.7 (60.3%)
387	<b>PIAŚCIK Mateusz</b>	<b>960</b>	GUMISIE	#5OPEN	37	00:48:22	01:45:46	<b>02:32:20.95</b>	+00:59:47 (39.2%)	12:41	4.7 (60.3%)
388	<b>KULIŃSKI Piotr</b>	<b>750</b>	FC MELANŻ	#4OPEN	36	00:48:21	01:44:26	<b>02:32:23.85</b>	+00:59:49 (39.3%)	12:42	4.7 (60.3%)
389	<b>OBREBSKI Adrian</b>	<b>412</b>	ZÓŁWIANO	#2OPEN	56	00:44:26	01:28:45	<b>02:32:24.35</b>	+00:59:50 (39.3%)	12:42	4.7 (60.3%)
390	<b>DRASZAWKA Łukasz</b>	<b>368</b>	POWER TRAINING	#2OPEN	57	00:49:10	01:49:56	<b>02:32:25.35</b>	+00:59:51 (39.3%)	12:42	4.7 (60.3%)
391	<b>OPRAWKA Tomasz</b>	<b>1184</b>	TOMEK I JĘDRZEJ	#6OPEN	26	00:44:58	01:38:52	<b>02:32:28.25</b>	+00:59:54 (39.3%)	12:42	4.7 (60.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
392	ŚLEŹAK Michał	839		#4OPEN	37	00:45:35	01:42:19	<b>02:32:30.30</b>	+00:59:56 (39.3%)	12:42	4.7 (60.3%)
393	ZAJĄC Paweł	838		#4OPEN	38	00:45:53	01:42:24	<b>02:32:31.30</b>	+00:59:57 (39.3%)	12:42	4.7 (60.3%)
394	PICHETA Michał	863		#4OPEN	39	00:47:36	01:45:14	<b>02:32:37.55</b>	+01:00:03 (39.4%)	12:43	4.7 (60.3%)
395	ADAMIEC Damian	1140	ŁYSE WĘŻE	#6OPEN	27	00:51:58	01:46:46	<b>02:32:41.55</b>	+01:00:07 (39.4%)	12:43	4.7 (60.3%)
396	POKOJSKI Marek	278	BRAVEHEARTS LEGIONOWO	#1OPEN	61	00:52:42	01:47:13	<b>02:32:43.80</b>	+01:00:09 (39.4%)	12:43	4.7 (60.3%)
397	SADZA Anna	1300	AAA	#7OPEN	21	00:51:54	01:47:54	<b>02:32:49.20</b>	+01:00:15 (39.4%)	12:44	4.7 (60.3%)
398	WRÓBEL Natalia	951	FRUN	#5OPEN	38	00:54:11	01:48:57	<b>02:32:49.35</b>	+01:00:15 (39.4%)	12:44	4.7 (60.3%)
399	KALETA Michał	952	FRUN	Klasyfikacja studentów - mężczyźni	23	00:54:17	01:48:56	<b>02:32:50.10</b>	+01:00:16 (39.4%)	12:44	4.7 (60.3%)
400	BONIKOWSKI Mateusz	745	FC MELANŻ	#4OPEN	40	00:47:08	01:48:25	<b>02:33:11.05</b>	+01:00:37 (39.6%)	12:45	4.7 (60.3%)
401	ZIOMKOWSKI Marcin	1915	ORZEŁ 7	#10OPEN	11	00:52:33	01:52:52	<b>02:33:21.65</b>	+01:00:47 (39.6%)	12:46	4.7 (60.3%)
402	PASTERNAK Aneta	1924		#10OPEN	12	00:50:05	01:49:50	<b>02:33:21.85</b>	+01:00:47 (39.6%)	12:46	4.7 (60.3%)
403	STARZEC Marcin	1925		#10OPEN	13	00:50:05	01:49:51	<b>02:33:23.00</b>	+01:00:49 (39.7%)	12:46	4.7 (60.3%)
404	KOWALCZYK Wojciech	1203		#6OPEN	28	00:48:36	01:46:16	<b>02:33:31.65</b>	+01:00:57 (39.7%)	12:47	4.7 (60.3%)
405	ŚWIĄDER Adrian	1200		#6OPEN	29	00:48:33	01:46:15	<b>02:33:31.80</b>	+01:00:57 (39.7%)	12:47	4.7 (60.3%)
406	DYRDA Norbert	1224		#5OPEN	39	00:50:37	01:46:56	<b>02:33:37.85</b>	+01:01:03 (39.7%)	12:48	4.7 (60.3%)
407	TALARCZYK Marzena	868		#4OPEN	41	00:24:51	01:35:39	<b>02:33:41.90</b>	+01:01:08 (39.8%)	12:48	4.7 (60.3%)
408	METLERSKI Kamil	1262		#6OPEN	30	00:50:30	01:47:30	<b>02:33:55.80</b>	+01:01:21 (39.9%)	12:49	4.7 (60.3%)
409	LECH Mariusz	556	DRUŻYNA BARTKA	#4OPEN	42	00:50:15	01:51:02	<b>02:33:56.10</b>	+01:01:22 (39.9%)	12:49	4.7 (60.3%)
410	MARCISZ Joanna	436		#2OPEN	58			<b>02:34:06.00</b>	+01:01:32 (39.9%)	12:50	4.7 (60.3%)
411	PACH Krystian	835		#4OPEN	43	00:49:38	01:57:53	<b>02:34:10.15</b>	+01:01:36 (40.0%)	12:50	4.7 (60.3%)
412	MACIEJAK Anna	964	HUSARIA RACE TEAM	#3OPEN	44	00:50:08	01:49:56	<b>02:34:17.50</b>	+01:01:43 (40.0%)	12:51	4.7 (60.3%)
413	STEC Rafał	757	KAŁABANGA	#4OPEN	44	00:45:11	01:48:02	<b>02:34:20.55</b>	+01:01:46 (40.0%)	12:51	4.7 (60.3%)
414	BORYC Rafał	1042	WILDCATS CROSSFIT LUBLIN	#5OPEN	40	00:53:54	01:55:19	<b>02:34:38.65</b>	+01:02:04 (40.1%)	12:53	4.7 (60.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo	Tempo
						3km	6km	netto		12km	min/km
415	<b>DOŁOWY Ewa</b>	<b>1060</b>		#5OPEN	41	00:54:19	01:52:09	<b>02:34:39.85</b>	+01:02:05 (40.2%)	12:53	4.7 (60.3%)
416	<b>PAĆKO Michał</b>	<b>385</b>	TROCHE CYKAM	#2OPEN	59	00:51:41	01:50:17	<b>02:34:58.30</b>	+01:02:24 (40.3%)	12:54	4.6 (59.0%)
417	<b>GRZYWIŃSKA-MIERZEJEWSKA Monika</b>	<b>387</b>	TROCHE CYKAM	#2OPEN	60	00:51:53	01:50:18	<b>02:35:01.40</b>	+01:02:27 (40.3%)	12:55	4.6 (59.0%)
418	<b>MARCINIAK Damian</b>	<b>1589</b>		#8OPEN	17	00:50:50	01:49:32	<b>02:35:02.95</b>	+01:02:29 (40.3%)	12:55	4.6 (59.0%)
419	<b>KUCZYŃSKI Łukasz</b>	<b>1110</b>	BRAVEHEARTS LEGIONOWO	#2OPEN	61	00:52:15	01:50:14	<b>02:35:03.20</b>	+01:02:29 (40.3%)	12:55	4.6 (59.0%)
420	<b>BIENKO-KUCZYŃSKA Agnieszka</b>	<b>1509</b>	BRAVEHEARTS LEGIONOWO	#2OPEN	62	00:52:33	01:50:20	<b>02:35:05.30</b>	+01:02:31 (40.3%)	12:55	4.6 (59.0%)
421	<b>WOTLIŃSKI Andrzej</b>	<b>1302</b>	AAA	#7OPEN	22	00:54:18		<b>02:35:07.55</b>	+01:02:33 (40.3%)	12:55	4.6 (59.0%)
422	<b>ŁASKA Przemysław</b>	<b>1061</b>		#5OPEN	42	00:50:56	01:51:05	<b>02:35:07.60</b>	+01:02:33 (40.3%)	12:55	4.6 (59.0%)
423	<b>STEFANIEC Piotr</b>	<b>ELITE M 78</b>		Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	13	00:52:38	01:50:48	<b>02:35:09.20</b>	+01:02:35 (40.3%)	12:55	4.6 (59.0%)
424	<b>OLEJNICZAK Lech</b>	<b>ELITE M 21</b>	HUSARIA RACE TEAM	Drużynowa	16	00:51:48	01:45:21	<b>02:35:09.40</b>	+01:02:35 (40.3%)	12:55	4.6 (59.0%)
425	<b>DZIEDZIELA Marcin</b>	<b>852</b>		#4OPEN	45	00:48:32	01:49:41	<b>02:35:09.55</b>	+01:02:35 (40.3%)	12:55	4.6 (59.0%)
426	<b>CHOMIUK Bartosz</b>	<b>924</b>	CROSSFIT SIEDLCE	#3OPEN	45	00:55:44	01:58:03	<b>02:35:10.35</b>	+01:02:36 (40.3%)	12:55	4.6 (59.0%)
427	<b>DEREWECKI Przemysław</b>	<b>736</b>	FC MELANŻ	#4OPEN	46	00:50:02	01:49:40	<b>02:35:11.45</b>	+01:02:37 (40.4%)	12:55	4.6 (59.0%)
428	<b>MARCINIAK Daniel</b>	<b>313</b>	GANG DZIKICH WIEPRZY	#2OPEN	63	00:49:20	01:49:11	<b>02:35:18.50</b>	+01:02:44 (40.4%)	12:56	4.6 (59.0%)
429	<b>KUK Urszula</b>	<b>142</b>	SOFTSOL	#1OPEN	62	00:52:28	01:50:52	<b>02:35:33.80</b>	+01:02:59 (40.5%)	12:57	4.6 (59.0%)
430	<b>LITWINEK Marek</b>	<b>163</b>	WW TEAM	#1OPEN	63	00:57:14	01:51:12	<b>02:35:34.70</b>	+01:03:00 (40.5%)	12:57	4.6 (59.0%)
430	<b>STEFANOWSKI Marcin</b>	<b>ELITE M 82</b>		Drużynowa	17	00:52:56	01:51:21	<b>02:35:34.70</b>	+01:03:00 (40.5%)	12:57	4.6 (59.0%)
432	<b>MATYJASIAK Konrad</b>	<b>141</b>	SOFTSOL	#1OPEN	64	00:52:45	01:50:53	<b>02:35:34.95</b>	+01:03:01 (40.5%)	12:57	4.6 (59.0%)
433	<b>ZIELIŃSKI Damian</b>	<b>7110</b>		Drużynowa	18	00:52:41	01:51:22	<b>02:35:35.10</b>	+01:03:01 (40.5%)	12:57	4.6 (59.0%)
434	<b>KOSTRZON Maciej</b>	<b>1404</b>		#7OPEN	23	00:52:14	01:52:34	<b>02:35:40.05</b>	+01:03:06 (40.5%)	12:58	4.6 (59.0%)
435	<b>KORYL Paweł</b>	<b>1240</b>		#6OPEN	31	00:48:45	01:49:07	<b>02:35:40.50</b>	+01:03:06 (40.5%)	12:58	4.6 (59.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo min/km	Tempo km/h
						3km	6km	netto 12km			
436	<b>KARCZYŃSKA Monika</b>	<b>110</b>	POWER TRAINING	#1OPEN	65	00:56:52	01:57:26	<b>02:35:49.00</b>	+01:03:15 (40.6%)	12:59	4.6 (59.0%)
437	<b>ŚLIWOWSKI Marcin</b>	<b>672</b>		#3OPEN	46	00:54:52	01:54:51	<b>02:35:52.85</b>	+01:03:18 (40.6%)	12:59	4.6 (59.0%)
438	<b>REGULSKI Marcin</b>	<b>ELITE M 70</b>		Klasyfikacja studentów - mężczyźni	24	00:53:43	01:51:19	<b>02:35:54.25</b>	+01:03:20 (40.6%)	12:59	4.6 (59.0%)
439	<b>MICHAŁOWSKI Maciej</b>	<b>1610</b>		#8OPEN	18	00:51:41	01:50:23	<b>02:35:55.40</b>	+01:03:21 (40.6%)	12:59	4.6 (59.0%)
440	<b>SUKIENNIK Anna</b>	<b>102</b>	POWER TRAINING	#1OPEN	66	00:56:26	01:53:13	<b>02:35:56.30</b>	+01:03:22 (40.6%)	12:59	4.6 (59.0%)
441	<b>STĘPIEŃ Leszek</b>	<b>ELITE M 51</b>	PSZCZÓŁKA	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	14	00:47:15	01:40:52	<b>02:36:24.25</b>	+01:03:50 (40.8%)	13:02	4.6 (59.0%)
442	<b>KUCZEWSKA Joanna</b>	<b>1145</b>	OUTDOOR TRAINING BIAŁYSTOK	#6OPEN	32	00:53:03	01:50:54	<b>02:36:28.70</b>	+01:03:54 (40.8%)	13:02	4.6 (59.0%)
443	<b>KOŁACZ Norbert</b>	<b>1914</b>	KLUB SPORTOWY HAJIME	#10OPEN	14	00:46:12	01:45:09	<b>02:36:34.65</b>	+01:04:00 (40.9%)	13:02	4.6 (59.0%)
444	<b>KUBAT Wacław</b>	<b>ELITE M 80</b>		Masters	10	00:51:48	01:45:27	<b>02:36:48.55</b>	+01:04:14 (41.0%)	13:04	4.6 (59.0%)
445	<b>CZARNOTA Paweł</b>	<b>1107</b>	BIEGIEM RADOM!	Klasyfikacja studentów - mężczyźni	25	00:50:33	01:52:25	<b>02:36:53.75</b>	+01:04:19 (41.0%)	13:04	4.6 (59.0%)
446	<b>KAROLAK Adrian</b>	<b>913</b>	BIEGIEM RADOM!	#5OPEN	43	00:50:15	01:52:27	<b>02:36:55.15</b>	+01:04:21 (41.0%)	13:04	4.6 (59.0%)
447	<b>LEŚNIAK Marcin</b>	<b>1418</b>	KAŁABANGA	#4OPEN	47	00:48:30	01:50:56	<b>02:36:56.35</b>	+01:04:22 (41.0%)	13:04	4.6 (59.0%)
448	<b>WOJTYŚ Tomasz</b>	<b>274</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#2OPEN	64	00:51:08	01:51:36	<b>02:37:05.20</b>	+01:04:31 (41.1%)	13:05	4.6 (59.0%)
449	<b>JANCZY Rafał</b>	<b>1519</b>	CKB TARNOBRZEG	#6OPEN	33	00:50:38	01:53:40	<b>02:37:09.45</b>	+01:04:35 (41.1%)	13:05	4.6 (59.0%)
450	<b>DEPTA Kacper</b>	<b>ELITE M 28</b>	K&M	Klasyfikacja studentów - mężczyźni	26	00:51:27	01:47:42	<b>02:37:14.95</b>	+01:04:41 (41.1%)	13:06	4.6 (59.0%)
451	<b>DEPTA Michał</b>	<b>ELITE M 29</b>	K&M	Klasyfikacja studentów - mężczyźni	27	00:51:38	01:47:43	<b>02:37:16.65</b>	+01:04:42 (41.1%)	13:06	4.6 (59.0%)
452	<b>WALCZAK Michał</b>	<b>29</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	67	00:50:10	01:52:05	<b>02:37:37.00</b>	+01:05:03 (41.3%)	13:08	4.6 (59.0%)
453	<b>KWIECIŃSKI Paweł</b>	<b>527</b>	BRAVEHEARTS LEGIONOWO	#2OPEN	65	00:50:04	01:52:06	<b>02:37:37.05</b>	+01:05:03 (41.3%)	13:08	4.6 (59.0%)
454	<b>WALCZAK Kamil</b>	<b>28</b>	BRAVEHEARTS LEGIONOWO	#2OPEN	66	00:50:51	01:52:05	<b>02:37:37.35</b>	+01:05:03 (41.3%)	13:08	4.6 (59.0%)
455	<b>MICHALKIEWICZ Monika</b>	<b>281</b>	BRAVEHEARTS LEGIONOWO	#2OPEN	67	00:50:24	01:52:07	<b>02:37:37.80</b>	+01:05:03 (41.3%)	13:08	4.6 (59.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
456	<b>KONOPACKI Krzysztof</b>	<b>500</b>	ABY DO METY	#3OPEN	47	00:52:36	01:53:10	<b>02:37:52.35</b>	+01:05:18 (41.4%)	13:09	4.6 (59.0%)
457	<b>ADAMIAK-SZUMSKA Marta</b>	<b>501</b>	ABY DO METY	#3OPEN	48	00:52:56	01:53:14	<b>02:37:53.30</b>	+01:05:19 (41.4%)	13:09	4.6 (59.0%)
458	<b>BAĆ Robert</b>	<b>864</b>		#4OPEN	48	00:48:24	01:54:20	<b>02:37:57.70</b>	+01:05:23 (41.4%)	13:09	4.6 (59.0%)
459	<b>ZALEWSKI Wojtek</b>	<b>36</b>	C2H5OH	#1OPEN	68	00:59:07	01:54:36	<b>02:38:05.80</b>	+01:05:31 (41.5%)	13:10	4.6 (59.0%)
460	<b>BLICHARZ Ewelina</b>	<b>329</b>	KEJM CIECIERZYN	#2OPEN	68	01:00:48	01:57:10	<b>02:38:06.45</b>	+01:05:32 (41.5%)	13:10	4.6 (59.0%)
461	<b>KRÓL Łukasz</b>	<b>719</b>	C2H5OH	#1OPEN	69	00:59:12	01:54:36	<b>02:38:06.70</b>	+01:05:32 (41.5%)	13:10	4.6 (59.0%)
462	<b>BLICHARZ Stanisław</b>	<b>330</b>	KEJM CIECIERZYN	#2OPEN	69	01:00:55	01:57:11	<b>02:38:07.05</b>	+01:05:33 (41.5%)	13:10	4.6 (59.0%)
463	<b>JAGODZIŃSKI Przemysław</b>	<b>828</b>	WŁOCHATE BURCHLIKI	#4OPEN	49	00:52:55	01:55:15	<b>02:38:14.40</b>	+01:05:40 (41.5%)	13:11	4.6 (59.0%)
464	<b>TCHÓRZEWSKI Grzegorz</b>	<b>1028</b>	TERAZ JUŻ TYLKO CZAS NA KRATĘ	#5OPEN	44	00:52:05	01:50:43	<b>02:38:19.50</b>	+01:05:45 (41.5%)	13:11	4.5 (57.7%)
465	<b>OSIAK Łukasz</b>	<b>1029</b>	TERAZ JUŻ TYLKO CZAS NA KRATĘ	#5OPEN	45	00:52:29	01:50:41	<b>02:38:20.20</b>	+01:05:46 (41.5%)	13:11	4.5 (57.7%)
466	<b>WRZOCHAL Jarosław</b>	<b>35</b>	C2H5OH	#1OPEN	70		01:54:57	<b>02:38:27.25</b>	+01:05:53 (41.6%)	13:12	4.5 (57.7%)
467	<b>GRABOWSKA Dominika</b>	<b>1040</b>	WILDCATS CROSSFIT LUBLIN	#5OPEN	46	00:53:58	01:55:09	<b>02:38:28.75</b>	+01:05:54 (41.6%)	13:12	4.5 (57.7%)
468	<b>BABIK Anna</b>	<b>1053</b>		#5OPEN	47	00:53:40	01:54:47	<b>02:38:28.80</b>	+01:05:54 (41.6%)	13:12	4.5 (57.7%)
469	<b>PODDĘBNIAK Marcin</b>	<b>1108</b>	BIĘGNĘ ŻEBY BARTEK MÓGŁ BIEGAĆ	#6OPEN	34	00:53:08	01:54:57	<b>02:38:38.30</b>	+01:06:04 (41.7%)	13:13	4.5 (57.7%)
470	<b>MAJCHRZYK Marta</b>	<b>13</b>	BIĘGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#1OPEN	71	00:55:56	01:53:35	<b>02:38:41.95</b>	+01:06:08 (41.7%)	13:13	4.5 (57.7%)
471	<b>KURZAWA Grzegorz</b>	<b>44</b>	DZIKIE BOBRY	#1OPEN	72	00:55:43	01:53:35	<b>02:38:43.15</b>	+01:06:09 (41.7%)	13:13	4.5 (57.7%)
472	<b>ZAROBKIEWICZ Maciej</b>	<b>1125</b>	FURIOUS HORNETS	#6OPEN	35	00:53:58	01:50:46	<b>02:38:47.00</b>	+01:06:13 (41.7%)	13:13	4.5 (57.7%)
473	<b>BARAN Arkadiusz</b>	<b>1377</b>	ZWOLEŃ BIEGA	#7OPEN	24	00:37:51	01:48:30	<b>02:38:49.85</b>	+01:06:15 (41.7%)	13:14	4.5 (57.7%)
474	<b>KANICKA Sandra</b>	<b>986</b>	LECĘ BO CHCĘ...	#5OPEN	48	00:54:50	01:53:08	<b>02:38:51.60</b>	+01:06:17 (41.7%)	13:14	4.5 (57.7%)
475	<b>GAWĘŁ Monika</b>	<b>97</b>	HUSARIA RACE TEAM	#1OPEN	73	00:54:24	01:54:18	<b>02:38:53.85</b>	+01:06:19 (41.7%)	13:14	4.5 (57.7%)
476	<b>KRUPA Anna</b>	<b>571</b>	HUSARIA RACE TEAM	#3OPEN	49	00:54:04	01:53:57	<b>02:38:54.45</b>	+01:06:20 (41.7%)	13:14	4.5 (57.7%)
477	<b>KOBYLIŃSKI Mariusz</b>	<b>1705</b>	STALOWE DZIKI	#9OPEN	10	00:51:42	01:53:38	<b>02:39:03.75</b>	+01:06:29 (41.8%)	13:15	4.5 (57.7%)
478	<b>BOROŃ Piotr</b>	<b>6001</b>	BEER FORCE ONE	Klasyfikacja studentów - mężczyźni	28	00:56:49	01:53:49	<b>02:39:06.10</b>	+01:06:32 (41.8%)	13:15	4.5 (57.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
479	<b>GAWRON Jakub</b>	<b>440</b>		#2OPEN	70	00:48:39	01:43:42	<b>02:39:13.15</b>	+01:06:39 (41.9%)	13:16	4.5 (57.7%)
480	<b>ZGRZEBNICKI Adrian</b>	<b>1219</b>		#6OPEN	36	00:50:57	01:50:46	<b>02:39:14.95</b>	+01:06:41 (41.9%)	13:16	4.5 (57.7%)
481	<b>KOPERSKI Konrad</b>	<b>859</b>		#3OPEN	50	00:53:52	01:54:47	<b>02:39:15.50</b>	+01:06:41 (41.9%)	13:16	4.5 (57.7%)
482	<b>WAŁĘSIAK Patrycja</b>	<b>794</b>	POWER TRAINING	#3OPEN	51	00:53:54	01:54:56	<b>02:39:16.25</b>	+01:06:42 (41.9%)	13:16	4.5 (57.7%)
483	<b>GUZEK Agnieszka</b>	<b>277</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	74	00:57:42	01:54:45	<b>02:39:20.25</b>	+01:06:46 (41.9%)	13:16	4.5 (57.7%)
484	<b>PIĄTKOWSKI Rafał</b>	<b>27</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	75	00:57:45	01:54:52	<b>02:39:20.75</b>	+01:06:46 (41.9%)	13:16	4.5 (57.7%)
485	<b>CZAJKOWSKA Agnieszka</b>	<b>408</b>	ZADZIERAMKIECEILECE	#2OPEN	71	00:56:02	01:55:17	<b>02:39:33.60</b>	+01:06:59 (42.0%)	13:17	4.5 (57.7%)
486	<b>PAJEK Izabela</b>	<b>305</b>	DRINK TEAM	#1OPEN	76	00:55:29	01:55:12	<b>02:39:34.40</b>	+01:07:00 (42.0%)	13:17	4.5 (57.7%)
487	<b>KOZIEŁ Piotr</b>	<b>304</b>	DRINK TEAM	#1OPEN	77	00:54:41	01:55:11	<b>02:39:34.60</b>	+01:07:00 (42.0%)	13:17	4.5 (57.7%)
488	<b>POPIEL Ewa</b>	<b>406</b>	ZADZIERAMKIECEILECE	#2OPEN	72	00:55:59	01:55:15	<b>02:39:35.50</b>	+01:07:01 (42.0%)	13:18	4.5 (57.7%)
489	<b>BANKIEWICZ Michał</b>	<b>185</b>		#1OPEN	78	01:05:05	01:58:43	<b>02:39:43.15</b>	+01:07:09 (42.0%)	13:18	4.5 (57.7%)
490	<b>KWITEK Damian</b>	<b>422</b>		#2OPEN	73	00:55:22	01:56:12	<b>02:40:00.80</b>	+01:07:26 (42.2%)	13:20	4.5 (57.7%)
491	<b>KOMOROWSKI Damian</b>	<b>1065</b>		#2OPEN	74	00:55:14	01:56:13	<b>02:40:03.20</b>	+01:07:29 (42.2%)	13:20	4.5 (57.7%)
492	<b>WOJCIESZAK Klaudia</b>	<b>23</b>	BRAVEHEARTS LEGIONOWO	#4OPEN	50	00:51:04	01:55:16	<b>02:40:04.70</b>	+01:07:30 (42.2%)	13:20	4.5 (57.7%)
493	<b>SZCZUKA Krzysztof</b>	<b>1</b>	_____7SUMMITS	#1OPEN	79	00:53:37	01:53:07	<b>02:40:06.15</b>	+01:07:32 (42.2%)	13:20	4.5 (57.7%)
494	<b>SOBIESZEK Cezary</b>	<b>53</b>	HARDCOROWE WYCHYLYLYBYMY	#1OPEN	80	00:56:02	01:53:08	<b>02:40:08.25</b>	+01:07:34 (42.2%)	13:20	4.5 (57.7%)
495	<b>KOWALCZYK Marcin</b>	<b>343</b>	NUMEN	#2OPEN	75	00:52:00	01:57:19	<b>02:40:17.00</b>	+01:07:43 (42.2%)	13:21	4.5 (57.7%)
496	<b>DADEJ Paweł</b>	<b>526</b>	BKB VICTORIA BRZESKO	#3OPEN	52	01:02:43	02:02:39	<b>02:40:22.85</b>	+01:07:48 (42.3%)	13:21	4.5 (57.7%)
497	<b>RUTKOWSKI Michał</b>	<b>1243</b>		#6OPEN	37	00:54:08	02:00:20	<b>02:40:26.15</b>	+01:07:52 (42.3%)	13:22	4.5 (57.7%)
498	<b>JONECZEK Marcin</b>	<b>855</b>		#4OPEN	51	00:56:09	01:57:56	<b>02:40:30.55</b>	+01:07:56 (42.3%)	13:22	4.5 (57.7%)
499	<b>KURPIŃSKI Wiktor</b>	<b>94</b>	NATURAL FORCE WORKOUT	#1OPEN	81	00:54:19	01:50:39	<b>02:40:31.85</b>	+01:07:57 (42.3%)	13:22	4.5 (57.7%)
500	<b>MAZUREK Radosław</b>	<b>1413</b>		Klasyfikacja studentów - mężczyźni	29	00:57:14	01:56:11	<b>02:40:35.55</b>	+01:08:01 (42.4%)	13:22	4.5 (57.7%)
501	<b>MARUSZCZAK Ewelina</b>	<b>255</b>	ADRENALINA	#2OPEN	76	00:51:21	01:54:27	<b>02:40:42.30</b>	+01:08:08 (42.4%)	13:23	4.5 (57.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
502	<b>KAJER Dariusz</b>	<b>289</b>	CK	#2OPEN	77	00:51:01	01:54:27	<b>02:40:42.50</b>	+01:08:08 (42.4%)	13:23	4.5 (57.7%)
503	<b>ŁUKASIK Łukasz</b>	<b>768</b>	OFF- ROAD LUBLIN SQUAD	#4OPEN	52	00:49:38	01:57:49	<b>02:40:44.75</b>	+01:08:10 (42.4%)	13:23	4.5 (57.7%)
504	<b>LECH Andrzej</b>	<b>194</b>		#1OPEN	82	00:56:54	01:54:25	<b>02:40:48.40</b>	+01:08:14 (42.4%)	13:24	4.5 (57.7%)
505	<b>KOŻUSIK Marek</b>	<b>860</b>	OUTDOOR TRAINING BIAŁYSTOK	#4OPEN	53	00:49:52	01:55:30	<b>02:40:53.50</b>	+01:08:19 (42.5%)	13:24	4.5 (57.7%)
506	<b>PLACHA Piotr</b>	<b>1533</b>	CKB TARNOBRZEG	#6OPEN	38	00:58:59	01:59:56	<b>02:40:56.40</b>	+01:08:22 (42.5%)	13:24	4.5 (57.7%)
507	<b>OSTROWSKI Łukasz</b>	<b>1320</b>	GOROLE ZE ŚLĄSKA	#7OPEN	25	00:50:34	01:51:41	<b>02:41:12.00</b>	+01:08:38 (42.6%)	13:26	4.5 (57.7%)
508	<b>ŚCIEGIENKA Piotr</b>	<b>1321</b>	GOROLE ZE ŚLĄSKA	#7OPEN	26	00:50:19	01:51:41	<b>02:41:13.40</b>	+01:08:39 (42.6%)	13:26	4.5 (57.7%)
509	<b>JANICKI Dariusz</b>	<b>764</b>	ŁÓDŹ KOCHA SPORT	#4OPEN	54	00:47:43	01:51:30	<b>02:41:14.40</b>	+01:08:40 (42.6%)	13:26	4.5 (57.7%)
510	<b>NOWAK Mariusz</b>	<b>5038</b>		#4OPEN	55	00:47:57	01:51:34	<b>02:41:17.15</b>	+01:08:43 (42.6%)	13:26	4.5 (57.7%)
511	<b>KOWALEWSKI Mateusz</b>	<b>723</b>	CROSSFIT ŁUKÓW & CROSSFIT SIEDLCE	#4OPEN	56	00:44:54	01:57:41	<b>02:41:19.00</b>	+01:08:45 (42.6%)	13:26	4.5 (57.7%)
512	<b>MANIARA Adam</b>	<b>196</b>		#3OPEN	53	00:50:26	01:49:49	<b>02:41:22.45</b>	+01:08:48 (42.6%)	13:26	4.5 (57.7%)
513	<b>FIRLA Bartosz</b>	<b>1319</b>	DZIKUSY Z CIESZYNA	#7OPEN	27	00:51:11	01:50:44	<b>02:41:25.75</b>	+01:08:51 (42.7%)	13:27	4.5 (57.7%)
514	<b>OSKROBA Sylwester</b>	<b>1335</b>	LUBIE ZAPIE***LAĆ!!	#7OPEN	28	00:51:21	01:50:44	<b>02:41:25.90</b>	+01:08:52 (42.7%)	13:27	4.5 (57.7%)
515	<b>SZEWCZYK Marcin</b>	<b>579</b>	JAK ŻÓŁWIE W GALOPIE	#3OPEN	54	00:55:35	01:57:03	<b>02:41:30.90</b>	+01:08:57 (42.7%)	13:27	4.5 (57.7%)
516	<b>ZWOLAN Dominik</b>	<b>959</b>	GO GO POWER RANGERS	#5OPEN	49	00:50:29	01:52:05	<b>02:41:41.50</b>	+01:09:07 (42.8%)	13:28	4.5 (57.7%)
517	<b>PILSKI Kamil</b>	<b>649</b>		#3OPEN	55	00:55:55	01:58:14	<b>02:41:52.70</b>	+01:09:18 (42.8%)	13:29	4.4 (56.4%)
518	<b>KOZIK Iza</b>	<b>656</b>		#3OPEN	56	00:56:00	01:58:14	<b>02:41:53.20</b>	+01:09:19 (42.8%)	13:29	4.4 (56.4%)
519	<b>MAJEWSKA Karolina</b>	<b>203</b>		#1OPEN	83	00:58:33	01:57:30	<b>02:41:58.90</b>	+01:09:25 (42.9%)	13:29	4.4 (56.4%)
520	<b>NIEZBECKA Mariola</b>	<b>190</b>		#1OPEN	84	00:58:35	01:57:34	<b>02:42:02.90</b>	+01:09:29 (42.9%)	13:30	4.4 (56.4%)
521	<b>KUZIA Kamil</b>	<b>539</b>	CISNYMY DO PRZODKU	#3OPEN	57	00:52:06	01:55:06	<b>02:42:16.50</b>	+01:09:42 (43.0%)	13:31	4.4 (56.4%)
522	<b>DEPCZYŃSKA Alicja</b>	<b>1586</b>	CISNYMY DO PRZODKU	#3OPEN	58	00:52:02	01:55:05	<b>02:42:17.20</b>	+01:09:43 (43.0%)	13:31	4.4 (56.4%)
523	<b>FILIPCZAK Barbara</b>	<b>1621</b>		#8OPEN	19	00:55:08	01:55:29	<b>02:42:17.80</b>	+01:09:43 (43.0%)	13:31	4.4 (56.4%)
524	<b>ZIEWIEC Sergiusz</b>	<b>1580</b>	RZYGI1000	#8OPEN	20	00:54:47	01:55:27	<b>02:42:18.00</b>	+01:09:44 (43.0%)	13:31	4.4 (56.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
525	<b>RUSINOWSKA Anna</b>	<b>1587</b>		#8OPEN	21	00:52:46	01:55:29	<b>02:42:18.05</b>	+01:09:44 (43.0%)	13:31	4.4 (56.4%)
526	<b>DUTKIEWICZ Karol</b>	<b>1598</b>		#8OPEN	22	00:52:39	01:55:34	<b>02:42:22.70</b>	+01:09:48 (43.0%)	13:31	4.4 (56.4%)
527	<b>PUDŁO Paulina</b>	<b>1073</b>		#5OPEN	50	00:53:42	01:55:10	<b>02:42:35.85</b>	+01:10:01 (43.1%)	13:33	4.4 (56.4%)
528	<b>HOŁUB Andrzej</b>	<b>1382</b>		#7OPEN	29	00:57:34	01:56:22	<b>02:42:38.55</b>	+01:10:04 (43.1%)	13:33	4.4 (56.4%)
529	<b>RAK Cezary</b>	<b>1129</b>	HARDCOROWE WYCHYLYLYBYMY	#3OPEN	59	00:53:12	01:57:13	<b>02:42:38.75</b>	+01:10:04 (43.1%)	13:33	4.4 (56.4%)
530	<b>RASOUL Karolina</b>	<b>1063</b>		#5OPEN	51	00:53:40	01:55:22	<b>02:42:40.70</b>	+01:10:06 (43.1%)	13:33	4.4 (56.4%)
531	<b>KOŚMICKI Piotr</b>	<b>1120</b>	DABS	#4OPEN	57	01:00:22	02:03:25	<b>02:42:46.00</b>	+01:10:12 (43.1%)	13:33	4.4 (56.4%)
532	<b>OLBROMSKI Artur</b>	<b>512</b>	ANIOŁKI GIANNIEGO	#3OPEN	60	00:56:30	01:56:57	<b>02:42:50.55</b>	+01:10:16 (43.2%)	13:34	4.4 (56.4%)
533	<b>SAGAN Zbigniew</b>	<b>940</b>	CSWISLEŻAJSK	#5OPEN	52	00:58:00	01:58:59	<b>02:43:02.10</b>	+01:10:28 (43.2%)	13:35	4.4 (56.4%)
534	<b>KOZIOŁ Tomasz</b>	<b>1019</b>	SADŁO MUST GO	#5OPEN	53	00:54:05	01:55:21	<b>02:43:06.50</b>	+01:10:32 (43.2%)	13:35	4.4 (56.4%)
535	<b>DOBRZENIECKI Jędrzej</b>	<b>1183</b>	TOMEK I JĘDRZEJ	#6OPEN	39	00:54:54	01:58:04	<b>02:43:08.15</b>	+01:10:34 (43.3%)	13:35	4.4 (56.4%)
536	<b>MARCHEWKA Grzegorz</b>	<b>1246</b>		#6OPEN	40	00:54:28	02:00:31	<b>02:43:13.00</b>	+01:10:39 (43.3%)	13:36	4.4 (56.4%)
537	<b>ŻOŁNA Hubert</b>	<b>1622</b>		#8OPEN	23	00:52:09	01:54:28	<b>02:43:19.40</b>	+01:10:45 (43.3%)	13:36	4.4 (56.4%)
538	<b>MAISTRENKO Bogdan</b>	<b>1619</b>		#8OPEN	24	00:52:23	01:54:21	<b>02:43:23.10</b>	+01:10:49 (43.3%)	13:36	4.4 (56.4%)
539	<b>PITUŁA Agnieszka</b>	<b>1217</b>		#6OPEN	41	01:01:29	02:00:33	<b>02:43:26.15</b>	+01:10:52 (43.4%)	13:37	4.4 (56.4%)
540	<b>MICHALAK Mikołaj</b>	<b>1408</b>		#4OPEN	58	00:52:45	02:08:37	<b>02:43:26.35</b>	+01:10:52 (43.4%)	13:37	4.4 (56.4%)
541	<b>ODRZYWOLSKA Klaudia</b>	<b>1018</b>	SADŁO MUST GO	#5OPEN	54	00:54:05	01:55:22	<b>02:43:29.45</b>	+01:10:55 (43.4%)	13:37	4.4 (56.4%)
542	<b>DMITROWSKI Grzegorz</b>	<b>931</b>	CSWIS LEŻAJSK	#5OPEN	55	00:57:50	02:00:23	<b>02:43:31.95</b>	+01:10:58 (43.4%)	13:37	4.4 (56.4%)
543	<b>WYPYCH Adrian</b>	<b>706</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#4OPEN	59	00:41:43	01:33:12	<b>02:43:34.00</b>	+01:11:00 (43.4%)	13:37	4.4 (56.4%)
544	<b>MIKOŁAJUK Joanna</b>	<b>1032</b>	TOUGHTECH.PL	#5OPEN	56	00:55:22	01:58:10	<b>02:43:41.10</b>	+01:11:07 (43.4%)	13:38	4.4 (56.4%)
545	<b>MIKOŁAJUK Adam</b>	<b>1033</b>	TOUGHTECH.PL	#5OPEN	57	00:55:31	01:58:11	<b>02:43:41.25</b>	+01:11:07 (43.5%)	13:38	4.4 (56.4%)
546	<b>LUTEREK Michał</b>	<b>31</b>	BYLE DO METY	#1OPEN	85	00:59:34	01:58:29	<b>02:43:48.45</b>	+01:11:14 (43.5%)	13:39	4.4 (56.4%)
547	<b>WNOROWSKA Magdalena</b>	<b>30</b>	BYLE DO METY	#1OPEN	86	00:59:35	01:58:30	<b>02:43:52.30</b>	+01:11:18 (43.5%)	13:39	4.4 (56.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
548	<b>NAWROCKI Paweł</b>	<b>562</b>	ENERGIZEYOURLIFE	#3OPEN	61	00:52:19	01:53:06	<b>02:43:54.15</b>	+01:11:20 (43.5%)	13:39	4.4 (56.4%)
549	<b>SOSNOWSKA Justyna</b>	<b>ELITE K 106</b>	POWER TRAINING	Klasyfikacja studentów - kobiety	5	00:58:25	01:57:59	<b>02:44:08.20</b>	+01:11:34 (43.6%)	13:40	4.4 (56.4%)
550	<b>MIALIK Konrad</b>	<b>65</b>	JADYMA	#1OPEN	87	00:57:24	01:57:43	<b>02:44:09.10</b>	+01:11:35 (43.6%)	13:40	4.4 (56.4%)
551	<b>JASTRZĘBSKI Jan</b>	<b>608</b>	RUDA TEAM	#3OPEN	62	00:51:31	01:56:39	<b>02:44:09.50</b>	+01:11:35 (43.6%)	13:40	4.4 (56.4%)
552	<b>KALBARCZYK Krzysztof</b>	<b>1109</b>	BRAK	#6OPEN	42	00:53:57	01:58:21	<b>02:44:15.70</b>	+01:11:41 (43.6%)	13:41	4.4 (56.4%)
553	<b>JUGO Katarzyna</b>	<b>1528</b>	CKB TARNOBRZEG	#8OPEN	25	00:14:45	01:36:51	<b>02:44:29.80</b>	+01:11:55 (43.7%)	13:42	4.4 (56.4%)
554	<b>PUDYSZ Krzysztof</b>	<b>841</b>		#4OPEN	60	00:49:52	01:59:22	<b>02:44:32.90</b>	+01:11:59 (43.7%)	13:42	4.4 (56.4%)
555	<b>STĘPNIAK Michał</b>	<b>1546</b>	HURAGANY	#8OPEN	26	00:50:54	01:54:54	<b>02:44:39.10</b>	+01:12:05 (43.8%)	13:43	4.4 (56.4%)
556	<b>WOJANOWSKI Kamil</b>	<b>1547</b>	HURAGANY	#8OPEN	27	00:50:47	01:54:51	<b>02:44:39.20</b>	+01:12:05 (43.8%)	13:43	4.4 (56.4%)
557	<b>TARKA Leszek</b>	<b>1543</b>	HURAGANY	#8OPEN	28	00:51:42	01:54:52	<b>02:44:39.35</b>	+01:12:05 (43.8%)	13:43	4.4 (56.4%)
558	<b>MACIUSZKO Wiesia</b>	<b>1146</b>	OUTDOOR TRAINING BIAŁYSTOK	#6OPEN	43	00:57:39	02:00:08	<b>02:44:51.15</b>	+01:12:17 (43.8%)	13:44	4.4 (56.4%)
559	<b>GONCIARZ Tomasz</b>	<b>806</b>	RUDA TEAM	#4OPEN	61			<b>02:44:53.00</b>	+01:12:19 (43.9%)	13:44	4.4 (56.4%)
560	<b>SZYDŁOWSKI Paweł</b>	<b>1500</b>	:-)	#8OPEN	29	00:52:36	01:54:42	<b>02:45:02.10</b>	+01:12:28 (43.9%)	13:45	4.4 (56.4%)
561	<b>PSZENNY Łukasz</b>	<b>561</b>	ENERGIZEYOURLIFE	#3OPEN	63	00:52:27	01:53:07	<b>02:45:14.00</b>	+01:12:40 (44.0%)	13:46	4.4 (56.4%)
562	<b>WRZOS Paweł</b>	<b>595</b>	ODDAJMISIE	#3OPEN	64	00:58:17	02:03:10	<b>02:45:37.60</b>	+01:13:03 (44.1%)	13:48	4.3 (55.1%)
563	<b>SWISTAK Piotr</b>	<b>1237</b>		#3OPEN	65	00:55:00	01:58:06	<b>02:45:49.00</b>	+01:13:15 (44.2%)	13:49	4.3 (55.1%)
564	<b>KUBICKI Michał</b>	<b>709</b>	BPAT	#4OPEN	62	00:52:53	01:59:27	<b>02:45:51.65</b>	+01:13:17 (44.2%)	13:49	4.3 (55.1%)
565	<b>PAJĄK Dariusz</b>	<b>1536</b>	CKB TARNOBRZEG	#6OPEN	44	01:02:49	02:05:11	<b>02:45:55.65</b>	+01:13:21 (44.2%)	13:49	4.3 (55.1%)
566	<b>MARKIEWICZ Agnieszka</b>	<b>1359</b>	POWER TRAINING	#3OPEN	66	00:55:56	02:01:52	<b>02:45:56.55</b>	+01:13:22 (44.2%)	13:49	4.3 (55.1%)
567	<b>GÓRSKI Piotr</b>	<b>317</b>	HARDCOROWE WYCHYLYLYBYMY	#3OPEN	67	00:56:02	02:01:53	<b>02:45:56.85</b>	+01:13:22 (44.2%)	13:49	4.3 (55.1%)
568	<b>GOŁOJUCH Piotr</b>	<b>973</b>	KUDLATY4	#5OPEN	58	00:45:10	01:55:47	<b>02:46:03.80</b>	+01:13:29 (44.3%)	13:50	4.3 (55.1%)
569	<b>STAŃCZUK Bartosz</b>	<b>725</b>	CROSSFIT SIEDLCE	#3OPEN	68	00:51:11	01:58:15	<b>02:46:10.40</b>	+01:13:36 (44.3%)	13:50	4.3 (55.1%)
570	<b>GNACIŃSKI Eryk</b>	<b>1252</b>		#6OPEN	45	00:53:53	02:01:17	<b>02:46:25.40</b>	+01:13:51 (44.4%)	13:52	4.3 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
571	<b>KAMIŃSKA Marta</b>	<b>1251</b>		#6OPEN	46	00:53:59	02:01:17	<b>02:46:25.80</b>	+01:13:51 (44.4%)	13:52	4.3 (55.1%)
572	<b>KORZENIOWSKI Marcin</b>	<b>533</b>	BYDLAKI	#3OPEN	69	01:01:07	02:02:57	<b>02:46:31.10</b>	+01:13:57 (44.4%)	13:52	4.3 (55.1%)
573	<b>KRAWĘTKOWSKA Milena</b>	<b>1142</b>	ŁYSE WĘŻE	#6OPEN	47	00:57:02	02:02:03	<b>02:46:32.95</b>	+01:13:59 (44.4%)	13:52	4.3 (55.1%)
574	<b>KRAWĘTKOWSKI Łukasz</b>	<b>1141</b>	ŁYSE WĘŻE	#6OPEN	48	00:57:02	02:02:05	<b>02:46:33.80</b>	+01:13:59 (44.4%)	13:52	4.3 (55.1%)
575	<b>WŁADYSZEWSKI Krzysztof</b>	<b>325</b>	KAWALERSKI KRZYŚKA	#2OPEN	78	00:55:54	01:53:54	<b>02:46:33.95</b>	+01:14:00 (44.4%)	13:52	4.3 (55.1%)
576	<b>KLIMAS Marcin</b>	<b>447</b>		#2OPEN	79	00:56:27	01:56:00	<b>02:46:34.20</b>	+01:14:00 (44.4%)	13:52	4.3 (55.1%)
577	<b>NOWICKI Grzegorz</b>	<b>p194</b>		#6OPEN	49	01:05:35	02:03:53	<b>02:46:43.25</b>	+01:14:09 (44.5%)	13:53	4.3 (55.1%)
578	<b>TARKA-GARBACZ Anna</b>	<b>503</b>	AKADEMIA HOLISTYCZNA	#3OPEN	70	01:01:24	02:03:00	<b>02:46:44.45</b>	+01:14:10 (44.5%)	13:53	4.3 (55.1%)
579	<b>MATYSEK Łukasz</b>	<b>848</b>		#4OPEN	63	00:49:27	01:59:48	<b>02:46:51.35</b>	+01:14:17 (44.5%)	13:54	4.3 (55.1%)
580	<b>NIGMATULIN Oskar</b>	<b>1228</b>		#6OPEN	50	00:51:31	01:55:08	<b>02:46:56.05</b>	+01:14:22 (44.5%)	13:54	4.3 (55.1%)
581	<b>ŚLUBOWSKA Malwina</b>	<b>1255</b>		#6OPEN	51	00:54:33	02:01:35	<b>02:46:56.35</b>	+01:14:22 (44.6%)	13:54	4.3 (55.1%)
582	<b>GOLARZ Bartosz</b>	<b>1151</b>	POZDRO Z BIEŻNI	#6OPEN	52	00:58:49	02:02:00	<b>02:46:57.25</b>	+01:14:23 (44.6%)	13:54	4.3 (55.1%)
583	<b>STĘPIEŃ Marcin</b>	<b>258</b>	AKTYWNA KAZIMIERZA	#2OPEN	80	00:53:59	01:58:43	<b>02:47:01.35</b>	+01:14:27 (44.6%)	13:55	4.3 (55.1%)
584	<b>ŚLUBOWSKA Katarzyna</b>	<b>1256</b>		#6OPEN	53	00:54:23	02:01:35	<b>02:47:02.30</b>	+01:14:28 (44.6%)	13:55	4.3 (55.1%)
585	<b>JANUSZ Rita</b>	<b>763</b>	KONTENER FORMY	#4OPEN	64	00:54:20	01:58:32	<b>02:47:19.25</b>	+01:14:45 (44.7%)	13:56	4.3 (55.1%)
586	<b>NIKEL Martyna</b>	<b>762</b>	KONTENER FORMY	#4OPEN	65	00:54:13	01:58:31	<b>02:47:19.50</b>	+01:14:45 (44.7%)	13:56	4.3 (55.1%)
587	<b>NIEMCZYK Justyna</b>	<b>791</b>	PO SECIE NA MECIE	#4OPEN	66	00:17:20	01:45:59	<b>02:47:20.70</b>	+01:14:46 (44.7%)	13:56	4.3 (55.1%)
588	<b>ZAREMBA Katarzyna</b>	<b>792</b>	PO SECIE NA MECIE	#4OPEN	67	00:17:55	01:47:44	<b>02:47:28.10</b>	+01:14:54 (44.7%)	13:57	4.3 (55.1%)
589	<b>STANOSZEK Filip</b>	<b>120</b>	POWERADE TEAM	#1OPEN	88	01:00:28	01:59:21	<b>02:47:29.60</b>	+01:14:55 (44.7%)	13:57	4.3 (55.1%)
590	<b>TROJANOWSKA TESZ Aleksandra</b>	<b>449</b>	TESZAK TEAM	#2OPEN	81	00:58:56	02:00:03	<b>02:47:40.70</b>	+01:15:06 (44.8%)	13:58	4.3 (55.1%)
591	<b>TESZ Przemysław</b>	<b>448</b>	TESZAK TEAM	#2OPEN	82	00:58:49	02:00:02	<b>02:47:40.80</b>	+01:15:06 (44.8%)	13:58	4.3 (55.1%)
592	<b>WOJTYŚ Staszek</b>	<b>705</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#4OPEN	68	00:53:09	01:57:00	<b>02:47:47.15</b>	+01:15:13 (44.8%)	13:58	4.3 (55.1%)
593	<b>GIL Wojciech</b>	<b>738</b>	FC MELANŻ	#4OPEN	69	00:56:12	01:57:50	<b>02:47:48.30</b>	+01:15:14 (44.8%)	13:59	4.3 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
594	ZARZYCKI Marek	735	FC MELANŻ	#4OPEN	70	00:51:33	01:56:03	<b>02:47:48.50</b>	+01:15:14 (44.8%)	13:59	4.3 (55.1%)
595	STASIAK Marcin	749	FC MELANŻ	#4OPEN	71	00:51:30	01:58:04	<b>02:47:53.35</b>	+01:15:19 (44.9%)	13:59	4.3 (55.1%)
596	KRÓLCZYK Artur	704	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	#4OPEN	72	00:57:37	02:02:57	<b>02:48:08.55</b>	+01:15:34 (44.9%)	14:00	4.3 (55.1%)
597	FIRMANTY Jakub	703	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	#4OPEN	73	00:57:45	02:02:55	<b>02:48:08.60</b>	+01:15:34 (44.9%)	14:00	4.3 (55.1%)
598	MIERZWA Jakub	1534	CKB TARNOBRZEG	#6OPEN	54	01:02:11	02:05:08	<b>02:48:22.40</b>	+01:15:48 (45.0%)	14:01	4.3 (55.1%)
599	MARCINKOWSKI Bogusław	5031		#9OPEN	11	00:36:28	01:51:38	<b>02:48:26.80</b>	+01:15:52 (45.0%)	14:02	4.3 (55.1%)
600	OPARA Maja	18	BRAVEHEARTS LEGIONOWO	#1OPEN	89	01:05:53	02:04:09	<b>02:48:29.20</b>	+01:15:55 (45.1%)	14:02	4.3 (55.1%)
601	BIEŃ Piotr	22	BRAVEHEARTS LEGIONOWO	#1OPEN	90	01:06:12	02:04:21	<b>02:48:30.35</b>	+01:15:56 (45.1%)	14:02	4.3 (55.1%)
601	MIERZWA Marcin	1535	CKB TARNOBRZEG	#6OPEN	55	01:02:26	02:05:11	<b>02:48:30.35</b>	+01:15:56 (45.1%)	14:02	4.3 (55.1%)
603	JĘDRZEJEWSKI Łukasz	137	SKARPARK	#1OPEN	91	01:06:05	02:04:05	<b>02:48:49.15</b>	+01:16:15 (45.2%)	14:04	4.3 (55.1%)
604	MACIĄG Ewelina	38	CROSSFIT KIELCE	#1OPEN	92	01:01:50	02:02:54	<b>02:48:52.50</b>	+01:16:18 (45.2%)	14:04	4.3 (55.1%)
605	DOMAŃSKA Mariola	39	CROSSFIT KIELCE	#1OPEN	93	01:02:03	02:02:55	<b>02:48:52.65</b>	+01:16:18 (45.2%)	14:04	4.3 (55.1%)
606	DUDEK-WÓJCIK Jagoda	990	LENIWE BUŁY	#5OPEN	59	00:52:47	01:55:02	<b>02:48:52.90</b>	+01:16:19 (45.2%)	14:04	4.3 (55.1%)
607	RYBIŃSKI Kamil	209		#1OPEN	94	01:01:36	02:02:56	<b>02:48:53.25</b>	+01:16:19 (45.2%)	14:04	4.3 (55.1%)
608	KUJAWSKI Janusz	1378		#4OPEN	74	00:52:46	02:09:04	<b>02:49:11.60</b>	+01:16:37 (45.3%)	14:05	4.3 (55.1%)
609	JODŁOWSKI Dariusz	817	TKO BAND	#4OPEN	75	00:55:45	01:54:47	<b>02:49:16.65</b>	+01:16:42 (45.3%)	14:06	4.3 (55.1%)
610	ZAORSKI Eugeniusz	1345	MODLIN TEAMDREAM	#7OPEN	30	00:56:38	02:00:08	<b>02:49:49.25</b>	+01:17:15 (45.5%)	14:09	4.2 (53.8%)
611	ŚPIEWAK Tomasz	1346	MODLIN TEAMDREAM	#7OPEN	31	00:56:26	02:00:03	<b>02:49:49.65</b>	+01:17:15 (45.5%)	14:09	4.2 (53.8%)
612	CYWINSKI Kamil	717	BRAVEHEARTS LEGIONOWO	#1OPEN	95	00:55:46	01:56:13	<b>02:49:49.80</b>	+01:17:15 (45.5%)	14:09	4.2 (53.8%)
613	BARTOSIŃSKI Rafał	1338	MODLIN TEAMDREAM	#7OPEN	32	00:56:59	02:00:12	<b>02:49:51.15</b>	+01:17:17 (45.5%)	14:09	4.2 (53.8%)
614	ZABILSKI Arkadiusz	171		#1OPEN	96	01:05:02	02:04:18	<b>02:49:57.30</b>	+01:17:23 (45.5%)	14:09	4.2 (53.8%)
615	CIUPAK Adrian	1048		#5OPEN	60	00:55:34	01:54:45	<b>02:50:12.90</b>	+01:17:39 (45.6%)	14:11	4.2 (53.8%)
616	STAWCZYK Jarosław	599	OSTROWIEC	#3OPEN	71	00:54:42	02:04:10	<b>02:50:24.15</b>	+01:17:50 (45.7%)	14:12	4.2 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
617	<b>WZOREK Ewa</b>	<b>5</b>	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	#1OPEN	97	01:06:01	02:04:15	<b>02:50:24.80</b>	+01:17:50 (45.7%)	14:12	4.2 (53.8%)
618	<b>PĘKALA Monika</b>	<b>371</b>	JURAPARK	#5OPEN	61	00:56:49	02:02:27	<b>02:50:25.60</b>	+01:17:51 (45.7%)	14:12	4.2 (53.8%)
619	<b>BANEL Agnieszka</b>	<b>771</b>	OUTDOOR TRAINING	#4OPEN	76	00:57:44	02:03:05	<b>02:50:53.40</b>	+01:18:19 (45.8%)	14:14	4.2 (53.8%)
620	<b>MISIUNA Szymon</b>	<b>969</b>	JANUSZE	#5OPEN	62	00:58:34	02:01:30	<b>02:50:59.20</b>	+01:18:25 (45.9%)	14:14	4.2 (53.8%)
621	<b>PUDYSZ Jacek</b>	<b>840</b>		#4OPEN	77	00:49:16	01:59:28	<b>02:51:05.00</b>	+01:18:31 (45.9%)	14:15	4.2 (53.8%)
622	<b>BIERNACKI Marcel</b>	<b>721</b>	CROSSFIT KIELCE	#4OPEN	78	00:51:00	02:00:46	<b>02:51:06.10</b>	+01:18:32 (45.9%)	14:15	4.2 (53.8%)
623	<b>JAKUBSKI Grzegorz</b>	<b>127</b>	RED LION CLUB	#1OPEN	98	00:57:09	01:58:42	<b>02:51:26.55</b>	+01:18:52 (46.0%)	14:17	4.2 (53.8%)
624	<b>TARKA Daniel</b>	<b>995</b>	LIONS ESTATE	#5OPEN	63	00:55:14	02:01:16	<b>02:51:30.35</b>	+01:18:56 (46.0%)	14:17	4.2 (53.8%)
625	<b>RYSZ Robert</b>	<b>63</b>	JADYMA	#1OPEN	99	00:55:19	02:01:20	<b>02:51:34.95</b>	+01:19:01 (46.1%)	14:17	4.2 (53.8%)
626	<b>CICHOSZ Dorota</b>	<b>48</b>	EKIPA HARREGO	#1OPEN	100	00:58:46	02:00:50	<b>02:51:35.90</b>	+01:19:02 (46.1%)	14:18	4.2 (53.8%)
627	<b>ROMAŃCZAK Dawid</b>	<b>1332</b>	KOMANDO FOKI	#7OPEN	33	00:50:34	02:05:49	<b>02:51:38.85</b>	+01:19:04 (46.1%)	14:18	4.2 (53.8%)
628	<b>GLEGOŁA MADETKO Paulina</b>	<b>600</b>	OSTROWIEC	#3OPEN	72	00:55:34	02:04:09	<b>02:51:40.00</b>	+01:19:06 (46.1%)	14:18	4.2 (53.8%)
629	<b>SANOK Aleksandra</b>	<b>1929</b>		#4OPEN	79	00:55:51	02:05:08	<b>02:51:53.20</b>	+01:19:19 (46.1%)	14:19	4.2 (53.8%)
630	<b>SMOLINIEC Karol</b>	<b>871</b>		#4OPEN	80	00:55:49	02:05:07	<b>02:51:53.40</b>	+01:19:19 (46.1%)	14:19	4.2 (53.8%)
631	<b>NATORSKI Radosław</b>	<b>1616</b>		#8OPEN	30	00:55:26	02:02:07	<b>02:51:53.75</b>	+01:19:19 (46.2%)	14:19	4.2 (53.8%)
632	<b>ŚCIBORSKI Aleksander</b>	<b>916</b>	BPAT	#5OPEN	64	00:56:55	02:01:21	<b>02:51:54.95</b>	+01:19:21 (46.2%)	14:19	4.2 (53.8%)
633	<b>KRZYSZEK Piotr</b>	<b>397</b>	WASIU TEAM	#2OPEN	83	00:56:27	02:02:42	<b>02:52:14.10</b>	+01:19:40 (46.3%)	14:21	4.2 (53.8%)
634	<b>DYRAGA Piotr</b>	<b>1233</b>		#6OPEN	56	00:54:28	02:06:54	<b>02:52:28.70</b>	+01:19:54 (46.3%)	14:22	4.2 (53.8%)
635	<b>JABŁOŃSKI Karol</b>	<b>743</b>	FC MELANŻ	#4OPEN	81	00:57:51	02:03:36	<b>02:52:43.80</b>	+01:20:09 (46.4%)	14:23	4.2 (53.8%)
636	<b>GURAK Katarzyna</b>	<b>971</b>	KĄLABANGA	#4OPEN	82	00:58:30	02:09:57	<b>02:52:48.15</b>	+01:20:14 (46.4%)	14:24	4.2 (53.8%)
637	<b>NATORSKA Izabela</b>	<b>1600</b>		#8OPEN	31	00:56:02	02:02:17	<b>02:52:50.85</b>	+01:20:16 (46.4%)	14:24	4.2 (53.8%)
638	<b>MAGDZIARZ Krzysztof</b>	<b>506</b>	AKADEMIA HOLISTYCZNA	#3OPEN	73	01:03:24	02:05:19	<b>02:53:09.85</b>	+01:20:35 (46.5%)	14:25	4.2 (53.8%)
639	<b>BANAŚ Kamil</b>	<b>151</b>	TRENER24H.COM.PL	#1OPEN	101	01:00:43	02:01:17	<b>02:53:13.20</b>	+01:20:39 (46.6%)	14:26	4.2 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
640	<b>KANTOR Tomasz</b>	<b>154</b>	TRENER24H.COM.PL	#1OPEN	102	01:00:48	02:01:20	<b>02:53:14.25</b>	+01:20:40 (46.6%)	14:26	4.2 (53.8%)
641	<b>GIERON Natalia</b>	<b>5014</b>		#6OPEN	57	00:58:06	02:05:27	<b>02:53:19.85</b>	+01:20:45 (46.6%)	14:26	4.2 (53.8%)
642	<b>ZAKRZEWSKA Aleksandra</b>	<b>1629</b>		#8OPEN	32	00:57:36	02:02:54	<b>02:53:32.10</b>	+01:20:58 (46.7%)	14:27	4.1 (52.6%)
643	<b>WYDRZYŃSKI Marek</b>	<b>813</b>	SUŁTANI POŁUDNIA	#4OPEN	83	00:54:26	02:00:15	<b>02:53:34.70</b>	+01:21:00 (46.7%)	14:27	4.1 (52.6%)
644	<b>CHARKIEWICZ Szymon</b>	<b>1575</b>	NAGATO.PL	#8OPEN	33	00:52:41	01:57:52	<b>02:53:40.20</b>	+01:21:06 (46.7%)	14:28	4.1 (52.6%)
645	<b>KAŁUZIŃSKA Dorota</b>	<b>1554</b>	HUSARIA RACE TEAM	#8OPEN	34	00:57:34	02:06:08	<b>02:53:40.50</b>	+01:21:06 (46.7%)	14:28	4.1 (52.6%)
646	<b>JASEK-BORS Paulina</b>	<b>1557</b>	HUSARIA RACE TEAM	#8OPEN	35	00:57:35	02:06:08	<b>02:53:41.00</b>	+01:21:07 (46.7%)	14:28	4.1 (52.6%)
647	<b>MACHALEWSKI Piotr</b>	<b>962</b>	HARPAGANY LANSU	#5OPEN	65	00:56:50	02:02:02	<b>02:53:45.05</b>	+01:21:11 (46.7%)	14:28	4.1 (52.6%)
648	<b>MIĄDZEL Katarzyna</b>	<b>166</b>	ZAGNAŃSK BIEGA	#1OPEN	103	01:11:49	02:09:33	<b>02:53:47.90</b>	+01:21:14 (46.7%)	14:29	4.1 (52.6%)
649	<b>TOBIASZ Kamil</b>	<b>12</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#1OPEN	104	01:11:43	02:09:25	<b>02:53:47.95</b>	+01:21:14 (46.7%)	14:29	4.1 (52.6%)
650	<b>OLESIK Patrycja</b>	<b>207</b>	BOZONY HIGGSA	#1OPEN	105	00:59:31	02:06:59	<b>02:53:59.20</b>	+01:21:25 (46.8%)	14:29	4.1 (52.6%)
651	<b>ŁUKASIEWICZ Marcin</b>	<b>ELITE M 5</b>	BOZONY HIGGSA	#2OPEN	84	01:00:18	02:07:00	<b>02:54:00.15</b>	+01:21:26 (46.8%)	14:30	4.1 (52.6%)
652	<b>GOWIN Wiktor</b>	<b>OPEN 2</b>	BOZONY HIGGSA	#2OPEN	85	01:00:33	02:06:58	<b>02:54:00.45</b>	+01:21:26 (46.8%)	14:30	4.1 (52.6%)
653	<b>KRZEMIŃSKA Monika</b>	<b>201</b>	BOZONY HIGGSA	#1OPEN	106	01:00:10	02:07:02	<b>02:54:00.65</b>	+01:21:26 (46.8%)	14:30	4.1 (52.6%)
654	<b>SEVERS Edvins</b>	<b>206</b>	BOZONY HIGGSA	#1OPEN	107	01:00:27	02:07:03	<b>02:54:00.75</b>	+01:21:26 (46.8%)	14:30	4.1 (52.6%)
655	<b>BRÓDKA Marcin</b>	<b>650</b>		#3OPEN	74	00:56:23	02:03:15	<b>02:54:02.10</b>	+01:21:28 (46.8%)	14:30	4.1 (52.6%)
656	<b>NOGAŃSKI Paweł</b>	<b>106</b>	POWER TRAINING	#1OPEN	108	00:59:57	02:08:11	<b>02:54:06.40</b>	+01:21:32 (46.8%)	14:30	4.1 (52.6%)
657	<b>GŁOWACKI Leszek</b>	<b>847</b>		#4OPEN	84	00:59:19	02:07:51	<b>02:54:08.95</b>	+01:21:35 (46.8%)	14:30	4.1 (52.6%)
658	<b>WIŚNIEWSKI Daniel</b>	<b>64</b>	JADYMA	#1OPEN	109	00:58:31	02:01:26	<b>02:54:18.20</b>	+01:21:44 (46.9%)	14:31	4.1 (52.6%)
659	<b>SZABŁOWSKA Dorota</b>	<b>109</b>	POWER TRAINING	#1OPEN	110	01:00:06	02:08:11	<b>02:54:18.35</b>	+01:21:44 (46.9%)	14:31	4.1 (52.6%)
660	<b>KRZYSZTOFOWICZ Karol</b>	<b>334</b>	KRZYSZTOFKI TEAM	#2OPEN	86	01:03:15	02:07:16	<b>02:54:42.25</b>	+01:22:08 (47.0%)	14:33	4.1 (52.6%)
661	<b>KRZYSZTOFOWICZ Jacek</b>	<b>336</b>	KRZYSZTOFKI TEAM	#2OPEN	87	01:03:34	02:08:53	<b>02:54:42.30</b>	+01:22:08 (47.0%)	14:33	4.1 (52.6%)
662	<b>KRZYSZTOFOWICZ Monika</b>	<b>333</b>	KRZYSZTOFKI TEAM	#2OPEN	88	01:03:24	02:08:04	<b>02:54:42.60</b>	+01:22:08 (47.0%)	14:33	4.1 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo min/km	Tempo km/h
						3km	6km	netto 12km			
663	<b>KRZYSZTOFOWICZ Sławomir</b>	<b>335</b>	KRZYSZTOFKI TEAM	#2OPEN	89	01:03:42	02:08:02	<b>02:54:42.80</b>	+01:22:08 (47.0%)	14:33	4.1 (52.6%)
664	<b>KILIAN Adrian</b>	<b>7102</b>		Drużynowa	19	00:57:54	02:06:12	<b>02:54:45.15</b>	+01:22:11 (47.0%)	14:33	4.1 (52.6%)
665	<b>MACIEJEWSKI Rafał</b>	<b>1005</b>	MAMINSYNKI	#5OPEN	66	00:54:58	02:00:22	<b>02:55:02.85</b>	+01:22:28 (47.1%)	14:35	4.1 (52.6%)
666	<b>KUSIAK Marcin</b>	<b>1608</b>		#8OPEN	36	00:55:28	02:05:08	<b>02:55:07.55</b>	+01:22:33 (47.1%)	14:35	4.1 (52.6%)
667	<b>WOŹNIAK Krzysztof</b>	<b>1620</b>		#8OPEN	37	00:55:09	02:05:09	<b>02:55:08.20</b>	+01:22:34 (47.1%)	14:35	4.1 (52.6%)
668	<b>TELEON Marlena</b>	<b>589</b>	LUBELSKA GRUPA TRIATHLONU	#3OPEN	75	00:57:10	02:06:38	<b>02:55:12.55</b>	+01:22:38 (47.2%)	14:36	4.1 (52.6%)
669	<b>POLSKI Adrian</b>	<b>588</b>	LUBELSKA GRUPA TRIATHLONU	#3OPEN	76	00:57:11	02:06:33	<b>02:55:12.80</b>	+01:22:38 (47.2%)	14:36	4.1 (52.6%)
670	<b>WIŚNIESKI Przemysław</b>	<b>830</b>	WŁOCHATE BURCHLIKI	#4OPEN	85	00:58:25	02:08:41	<b>02:55:32.65</b>	+01:22:58 (47.3%)	14:37	4.1 (52.6%)
671	<b>KOŚMIDER Tomasz</b>	<b>ELITE M 75</b>		Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	15	01:00:29	02:02:43	<b>02:55:45.45</b>	+01:23:11 (47.3%)	14:38	4.1 (52.6%)
672	<b>GAJOS Jan</b>	<b>1133</b>	KORPULENTNE KOTLECICKI	#6OPEN	58	00:54:46	02:03:00	<b>02:56:01.50</b>	+01:23:27 (47.4%)	14:40	4.1 (52.6%)
673	<b>GAJOS Małgorzata</b>	<b>1134</b>	KORPULENTNE KOTLECICKI	#6OPEN	59	00:56:01	02:02:59	<b>02:56:01.55</b>	+01:23:27 (47.4%)	14:40	4.1 (52.6%)
674	<b>DZIKI Adam Dziki</b>	<b>934</b>	CSWIS LEŻAJSK	#5OPEN	67	01:01:19	02:05:46	<b>02:56:23.20</b>	+01:23:49 (47.5%)	14:41	4.1 (52.6%)
675	<b>MIREK Tomasz</b>	<b>939</b>	CSWISLEŻAJSK	#5OPEN	68	01:01:14	02:05:45	<b>02:56:23.45</b>	+01:23:49 (47.5%)	14:41	4.1 (52.6%)
676	<b>TABIN-DZIKI Dorota</b>	<b>932</b>	CSWIS LEŻAJSK	#5OPEN	69	01:01:31	02:05:47	<b>02:56:25.20</b>	+01:23:51 (47.5%)	14:42	4.1 (52.6%)
677	<b>ZONTEK Paweł</b>	<b>975</b>	KUDLATY4	#5OPEN	70	01:01:50	02:06:35	<b>02:56:28.80</b>	+01:23:54 (47.5%)	14:42	4.1 (52.6%)
678	<b>ADAMSKI Michał</b>	<b>976</b>	KUDLATY4	#5OPEN	71	01:00:45	02:06:44	<b>02:56:29.00</b>	+01:23:55 (47.6%)	14:42	4.1 (52.6%)
679	<b>SIKORA Irmina</b>	<b>980</b>	KUDLATY4	#5OPEN	72	01:01:44	02:06:44	<b>02:56:29.15</b>	+01:23:55 (47.6%)	14:42	4.1 (52.6%)
680	<b>BODNIAK Tomasz</b>	<b>974</b>	KUDLATY4	Klasyfikacja studentów - mężczyźni	30	01:01:47	02:06:37	<b>02:56:29.40</b>	+01:23:55 (47.6%)	14:42	4.1 (52.6%)
681	<b>WOJTOWICZ-SANDER Sylwia</b>	<b>978</b>	KUDLATY4	#5OPEN	73	01:02:21	02:06:45	<b>02:56:29.80</b>	+01:23:55 (47.6%)	14:42	4.1 (52.6%)
682	<b>PIWKO Sylwester</b>	<b>929</b>	CROSSFIT SIEDLCE	#5OPEN	74	00:58:33	02:07:00	<b>02:56:32.40</b>	+01:23:58 (47.6%)	14:42	4.1 (52.6%)
683	<b>KAFTAN Patryk</b>	<b>1613</b>		#8OPEN	38	00:55:12	02:05:08	<b>02:56:32.60</b>	+01:23:58 (47.6%)	14:42	4.1 (52.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo min/km	Tempo km/h
						3km	6km	netto 12km			
684	<b>DEREN Wojciech</b>	<b>1202</b>		#6OPEN	60	01:07:08	02:05:09	<b>02:56:35.10</b>	+01:24:01 (47.6%)	14:42	4.1 (52.6%)
685	<b>POPIELAK Michał</b>	<b>967</b>	JANUSZE	#5OPEN	75	01:00:42	02:02:38	<b>02:56:44.25</b>	+01:24:10 (47.6%)	14:43	4.1 (52.6%)
686	<b>DURAJSKI Jarosław</b>	<b>1597</b>		#8OPEN	39	00:55:32	02:05:08	<b>02:56:48.45</b>	+01:24:14 (47.6%)	14:44	4.1 (52.6%)
687	<b>WÓJTOWICZ Kinga</b>	<b>1927</b>		#10OPEN	15	00:56:42	02:07:44	<b>02:57:11.85</b>	+01:24:37 (47.8%)	14:46	4.1 (52.6%)
688	<b>TRĄBKA Karol</b>	<b>1900</b>	(NIE)DZIELNE ELEKTRONY	#10OPEN	16	00:56:39	02:07:44	<b>02:57:13.40</b>	+01:24:39 (47.8%)	14:46	4.1 (52.6%)
689	<b>FLORCZYK Mariola</b>	<b>5010</b>	SPPP RADOM	#1OPEN	111	00:58:27	02:08:07	<b>02:57:14.35</b>	+01:24:40 (47.8%)	14:46	4.1 (52.6%)
690	<b>NAJMAN Michał</b>	<b>143</b>	SPPP RADOM	#1OPEN	112	00:58:02	02:08:03	<b>02:57:15.15</b>	+01:24:41 (47.8%)	14:46	4.1 (52.6%)
691	<b>WASINSKA Joanna</b>	<b>970</b>	KĄLABANGA	Klasyfikacja mieszkańców woj. Świętokrzyskiego - kobiety	2	00:58:36	02:10:05	<b>02:57:18.25</b>	+01:24:44 (47.8%)	14:46	4.1 (52.6%)
692	<b>KOLEK Pawel</b>	<b>p406</b>	KLUB SPORTOWY HAJIME	Mężczyźni Open	4	00:56:58	02:07:49	<b>02:57:20.45</b>	+01:24:46 (47.8%)	14:46	4.1 (52.6%)
693	<b>WŁODEK Jana</b>	<b>1009</b>	NAZERO.PL	#5OPEN	76	00:59:46	02:02:48	<b>02:57:41.95</b>	+01:25:08 (47.9%)	14:48	4.1 (52.6%)
694	<b>WŁODEK Damian</b>	<b>p193</b>	NAZERO.PL	#5OPEN	77	00:59:37	02:02:36	<b>02:57:42.50</b>	+01:25:08 (47.9%)	14:48	4.1 (52.6%)
695	<b>KACPRZYK Katarzyna</b>	<b>437</b>		#2OPEN	90	01:03:54	02:09:45	<b>02:57:52.50</b>	+01:25:18 (48.0%)	14:49	4 (51.3%)
696	<b>PIETRAS Anna</b>	<b>800</b>	PROGRES SADEK	#4OPEN	86	00:59:02	02:08:39	<b>02:57:52.65</b>	+01:25:18 (48.0%)	14:49	4 (51.3%)
696	<b>PIETRAS Karol</b>	<b>7108</b>	PROGRES SADEK	#4OPEN	87	00:59:14	02:08:41	<b>02:57:52.65</b>	+01:25:18 (48.0%)	14:49	4 (51.3%)
698	<b>SZOZDA Damian</b>	<b>435</b>		#2OPEN	91	01:03:29	02:09:47	<b>02:57:53.15</b>	+01:25:19 (48.0%)	14:49	4 (51.3%)
699	<b>MAŁOLEPSZA Agnieszka</b>	<b>982</b>	LECĘ BO CHCĘ...	#5OPEN	78	00:56:57	02:02:22	<b>02:58:02.45</b>	+01:25:28 (48.0%)	14:50	4 (51.3%)
700	<b>PITUŁA Jarosław</b>	<b>1210</b>		#6OPEN	61	01:01:29	02:12:03	<b>02:58:19.15</b>	+01:25:45 (48.1%)	14:51	4 (51.3%)
701	<b>STANISŁAWEK Justyna</b>	<b>1258</b>		#6OPEN	62	01:01:48	02:12:03	<b>02:58:19.25</b>	+01:25:45 (48.1%)	14:51	4 (51.3%)
702	<b>WEŁNA Bogdan</b>	<b>1155</b>	POZDRO Z BIEŻNI	#6OPEN	63	01:07:11	02:10:04	<b>02:58:27.10</b>	+01:25:53 (48.1%)	14:52	4 (51.3%)
703	<b>MADEJ Łukasz</b>	<b>5030</b>		#5OPEN	79	01:01:38	02:05:45	<b>02:58:32.75</b>	+01:25:58 (48.2%)	14:52	4 (51.3%)
704	<b>KRÓL Wioletta</b>	<b>907</b>	AZS UJK KIELCE	#5OPEN	80	00:59:14	02:05:41	<b>02:58:33.75</b>	+01:25:59 (48.2%)	14:52	4 (51.3%)
705	<b>WINIARCZYK Tomek</b>	<b>908</b>	AZS UJK KIELCE	#5OPEN	81	00:58:59	02:05:45	<b>02:58:34.00</b>	+01:26:00 (48.2%)	14:52	4 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
706	<b>LASOCKA Klaudia</b>	<b>909</b>	AZS UJK KIELCE	#5OPEN	82	00:59:29	02:05:45	<b>02:58:34.05</b>	+01:26:00 (48.2%)	14:52	4 (51.3%)
707	<b>CZECH Maciej</b>	<b>937</b>	CSWISLEŻAJSK	#5OPEN	83	01:01:02	02:05:46	<b>02:58:42.65</b>	+01:26:08 (48.2%)	14:53	4 (51.3%)
708	<b>WRZOCHOL Rafał</b>	<b>989</b>	LENIWE BUŁY	#5OPEN	84	00:57:56	02:05:49	<b>02:58:56.20</b>	+01:26:22 (48.3%)	14:54	4 (51.3%)
709	<b>RASOUL Klaudia</b>	<b>1067</b>		#5OPEN	85	01:00:49	02:06:38	<b>02:59:13.05</b>	+01:26:39 (48.4%)	14:56	4 (51.3%)
710	<b>HANKE Magdalena</b>	<b>355</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	92	01:05:45	02:11:15	<b>02:59:32.75</b>	+01:26:58 (48.4%)	14:57	4 (51.3%)
711	<b>SŁOMA Zbigniew</b>	<b>326</b>	KAWALERSKI KRZYŚKA	#2OPEN	93	00:56:31	02:04:41	<b>02:59:34.00</b>	+01:27:00 (48.5%)	14:57	4 (51.3%)
712	<b>DYMIŃSKA Monika</b>	<b>352</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	94	01:05:27	02:11:19	<b>02:59:38.95</b>	+01:27:05 (48.5%)	14:58	4 (51.3%)
713	<b>WNUK Sławomir</b>	<b>1075</b>		#5OPEN	86	01:00:58	02:06:38	<b>02:59:46.70</b>	+01:27:12 (48.5%)	14:58	4 (51.3%)
714	<b>FIETKO Aleksandra</b>	<b>1545</b>	HURAGANY	#8OPEN	40	00:58:00	02:07:48	<b>02:59:57.60</b>	+01:27:23 (48.6%)	14:59	4 (51.3%)
715	<b>SZYDŁO Kamil</b>	<b>1548</b>	HURAGANY	#8OPEN	41	00:58:59	02:07:49	<b>02:59:58.00</b>	+01:27:24 (48.6%)	14:59	4 (51.3%)
716	<b>GARBACZ Piotr</b>	<b>1544</b>	HURAGANY	#8OPEN	42	00:58:50	02:07:45	<b>02:59:58.10</b>	+01:27:24 (48.6%)	14:59	4 (51.3%)
717	<b>BOROWIK Łukasz</b>	<b>1542</b>	HURAGANY	#8OPEN	43	00:58:06	02:06:16	<b>02:59:58.20</b>	+01:27:24 (48.6%)	14:59	4 (51.3%)
718	<b>DĄBROWSKI Krzysztof</b>	<b>205</b>		#1OPEN	113	01:02:52	02:02:50	<b>03:00:06.40</b>	+01:27:32 (48.6%)	15:00	4 (51.3%)
719	<b>KLEPCZYŃSKA Monika</b>	<b>204</b>		#1OPEN	114	01:02:39	02:02:48	<b>03:00:08.90</b>	+01:27:35 (48.6%)	15:00	4 (51.3%)
720	<b>MICHALSKA Monika</b>	<b>21</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	115	01:06:21	02:09:46	<b>03:00:12.20</b>	+01:27:38 (48.6%)	15:01	4 (51.3%)
721	<b>KOLESNIKOVA Anastasiia</b>	<b>508</b>	ANIOŁKI GIANNIEGO	#3OPEN	77	00:57:15	02:06:58	<b>03:00:26.75</b>	+01:27:52 (48.7%)	15:02	4 (51.3%)
722	<b>SAWICKI Adrian</b>	<b>273</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#2OPEN	95	00:57:58	02:06:58	<b>03:00:38.30</b>	+01:28:04 (48.8%)	15:03	4 (51.3%)
723	<b>ZIEŃKOWSKA Izabela</b>	<b>164</b>	WW TEAM	#1OPEN	116	01:03:15	02:10:22	<b>03:00:50.65</b>	+01:28:16 (48.8%)	15:04	4 (51.3%)
724	<b>PYLAK Krzysztof</b>	<b>162</b>	WW TEAM	#1OPEN	117	01:01:47	02:10:29	<b>03:00:56.40</b>	+01:28:22 (48.8%)	15:04	4 (51.3%)
725	<b>WASILEWSKA Joanna</b>	<b>555</b>	DIAITA SPARTA	#3OPEN	78	01:03:06	02:06:28	<b>03:01:03.25</b>	+01:28:29 (48.9%)	15:05	4 (51.3%)
726	<b>PAKULSKA Ewelina</b>	<b>7210</b>	KONIUCHY	#3OPEN	79	01:02:31	02:09:15	<b>03:01:11.50</b>	+01:28:37 (48.9%)	15:05	4 (51.3%)
727	<b>RZADCA Radosław</b>	<b>515</b>	ANIOŁKI GIANNIEGO	#3OPEN	80	00:57:18	02:06:53	<b>03:01:13.85</b>	+01:28:39 (48.9%)	15:06	4 (51.3%)
728	<b>KIDACKA Katarzyna</b>	<b>580</b>	JAK ŻÓŁWIE W GALOPIE	Klasyfikacja studentów - kobiety	6	00:57:45	02:07:00	<b>03:01:19.45</b>	+01:28:45 (49.0%)	15:06	4 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
729	<b>LABA Kamila</b>	<b>700</b>	BEFIT24TEAM	#4OPEN	88	01:04:01	02:11:48	<b>03:01:28.65</b>	+01:28:54 (49.0%)	15:07	4 (51.3%)
730	<b>WIERZBICKI Paweł</b>	<b>630</b>	TSA SANDOMIERZ	#3OPEN	81	00:56:50	02:06:49	<b>03:01:38.70</b>	+01:29:04 (49.0%)	15:08	4 (51.3%)
731	<b>ZACHARIASZ Łukasz</b>	<b>1511</b>	BRUDNE TRAMPKI	#8OPEN	44	01:01:45	02:10:48	<b>03:01:42.10</b>	+01:29:08 (49.1%)	15:08	4 (51.3%)
732	<b>ZACHARIASZ Aurelia</b>	<b>1510</b>	BRUDNE TRAMPKI	#8OPEN	45	01:00:57	02:10:52	<b>03:01:42.25</b>	+01:29:08 (49.1%)	15:08	4 (51.3%)
733	<b>OSTALSKI Adam</b>	<b>116</b>	POWER TRAINING	#1OPEN	118	01:00:41	02:08:40	<b>03:01:43.60</b>	+01:29:09 (49.1%)	15:08	4 (51.3%)
734	<b>FREJ Marcin</b>	<b>832</b>	ZABIEGANI.TV	#4OPEN	89	01:04:19	02:09:42	<b>03:01:55.55</b>	+01:29:21 (49.1%)	15:09	4 (51.3%)
735	<b>GAŚIOREK Kamila</b>	<b>831</b>	ZABIEGANI TV	#4OPEN	90	01:04:39	02:09:50	<b>03:01:55.90</b>	+01:29:22 (49.1%)	15:09	4 (51.3%)
736	<b>ŚNIEŻEK Sobek</b>	<b>1388</b>		#7OPEN	34	01:07:20	02:13:43	<b>03:02:03.10</b>	+01:29:29 (49.2%)	15:10	4 (51.3%)
737	<b>KLEPACKA Ola</b>	<b>433</b>		#2OPEN	96	00:56:59	02:05:57	<b>03:02:06.90</b>	+01:29:33 (49.2%)	15:10	4 (51.3%)
738	<b>RYMARZ Michał</b>	<b>434</b>		#2OPEN	97	00:56:59	02:05:56	<b>03:02:09.00</b>	+01:29:35 (49.2%)	15:10	4 (51.3%)
739	<b>WIŚNIEWSKI Karol</b>	<b>958</b>	GAMONIE	#5OPEN	87	00:57:11	02:03:59	<b>03:02:11.20</b>	+01:29:37 (49.2%)	15:10	4 (51.3%)
740	<b>MICHAŁECZKO Ewa</b>	<b>1392</b>		#7OPEN	35	01:09:40	02:14:01	<b>03:02:14.10</b>	+01:29:40 (49.2%)	15:11	4 (51.3%)
741	<b>MICHAŁECZKO Maciej</b>	<b>1393</b>		#7OPEN	36	01:09:41	02:13:58	<b>03:02:14.65</b>	+01:29:40 (49.2%)	15:11	4 (51.3%)
742	<b>BROŻYNA Andrzej</b>	<b>1381</b>		#7OPEN	37	01:07:49	02:13:56	<b>03:02:15.05</b>	+01:29:41 (49.2%)	15:11	4 (51.3%)
743	<b>MISIOROWSKI Marcin</b>	<b>616</b>	STARE WILKI	#3OPEN	82	00:57:23	02:10:59	<b>03:02:28.05</b>	+01:29:54 (49.3%)	15:12	3.9 (50.0%)
744	<b>BERNAT Sebastian</b>	<b>617</b>	STARE WILKI	#3OPEN	83	00:57:30	02:11:02	<b>03:02:29.05</b>	+01:29:55 (49.3%)	15:12	3.9 (50.0%)
745	<b>PILARSKI Maciej</b>	<b>1561</b>	KAPUSTAPAPRYKARABARBAR	#8OPEN	46	00:59:43	02:09:51	<b>03:02:30.95</b>	+01:29:57 (49.3%)	15:12	3.9 (50.0%)
746	<b>BORKOWSKI Jacek</b>	<b>1024</b>	SAME CZUBKI	#5OPEN	88	01:01:47	02:07:10	<b>03:02:41.20</b>	+01:30:07 (49.3%)	15:13	3.9 (50.0%)
747	<b>BORKOWSKI Jakub</b>	<b>1025</b>	SAME CZUBKI	#5OPEN	89	01:02:00	02:07:11	<b>03:02:42.20</b>	+01:30:08 (49.3%)	15:13	3.9 (50.0%)
748	<b>WRONKOWSKA Katarzyna</b>	<b>602</b>	POWER TRAINING	#1OPEN	119	01:04:52	02:11:28	<b>03:02:43.45</b>	+01:30:09 (49.3%)	15:13	3.9 (50.0%)
749	<b>FROŚ Grzegorz</b>	<b>1355</b>	POSITIVE ENERGY	#7OPEN	38	01:02:08	02:11:18	<b>03:02:45.90</b>	+01:30:12 (49.4%)	15:13	3.9 (50.0%)
750	<b>WÓJCIK Grzegorz</b>	<b>991</b>	LENIWE BUŁY	#5OPEN	90	01:01:43	02:08:22	<b>03:02:49.55</b>	+01:30:15 (49.4%)	15:14	3.9 (50.0%)
751	<b>KLASIŃSKA Paulina</b>	<b>251</b>	5 SÓW RUN TEAM PIŃCZÓW	#2OPEN	98	01:16:11	02:22:46	<b>03:02:55.75</b>	+01:30:21 (49.4%)	15:14	3.9 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
752	<b>MUSZYŃSKI Maciej</b>	<b>558</b>	DZIKI Z PYRLANDII	#3OPEN	84	00:54:55	02:13:00	<b>03:03:13.35</b>	+01:30:39 (49.5%)	15:16	3.9 (50.0%)
753	<b>KUFFEL Michał</b>	<b>117</b>	POWER TRAINING	#1OPEN	120	01:05:05	02:11:25	<b>03:03:15.20</b>	+01:30:41 (49.5%)	15:16	3.9 (50.0%)
754	<b>ŻYGADŁO Anna</b>	<b>108</b>	POWER TRAINING	#1OPEN	121	01:04:34	02:11:30	<b>03:03:15.40</b>	+01:30:41 (49.5%)	15:16	3.9 (50.0%)
755	<b>LAZARSKA Małgorzata</b>	<b>104</b>	POWER TRAINING	Klasyfikacja studentów - kobiety	7	01:05:03	02:11:32	<b>03:03:15.70</b>	+01:30:41 (49.5%)	15:16	3.9 (50.0%)
756	<b>KOWALIK Anna</b>	<b>170</b>		#1OPEN	122	01:02:40	02:10:15	<b>03:03:18.85</b>	+01:30:44 (49.5%)	15:16	3.9 (50.0%)
757	<b>KORZENIOWSKA Joanna</b>	<b>169</b>		#1OPEN	123	01:03:24	02:10:09	<b>03:03:19.75</b>	+01:30:45 (49.5%)	15:16	3.9 (50.0%)
758	<b>LIPIEC Grzegorz</b>	<b>1584</b>	STREFA SIŁY SANDOMIERZ	#6OPEN	64	01:08:54	02:12:22	<b>03:03:25.50</b>	+01:30:51 (49.5%)	15:17	3.9 (50.0%)
759	<b>PERKIELEWICZ Mateusz</b>	<b>557</b>	DZIKI Z PYRLANDII	#3OPEN	85	00:55:27	02:13:02	<b>03:03:28.10</b>	+01:30:54 (49.5%)	15:17	3.9 (50.0%)
760	<b>BIERNACKI Mariusz</b>	<b>1209</b>		#6OPEN	65	00:54:35	02:07:51	<b>03:03:39.45</b>	+01:31:05 (49.6%)	15:18	3.9 (50.0%)
761	<b>KUZIOŁA Joanna</b>	<b>90</b>	NATURAL FORCE WORKOUT	#1OPEN	124	01:10:04	02:14:36	<b>03:03:40.85</b>	+01:31:06 (49.6%)	15:18	3.9 (50.0%)
762	<b>WOŁOWICZ Magdalena</b>	<b>95</b>	NATURAL FORCE WORKOUT	#1OPEN	125	01:10:20	02:14:41	<b>03:03:41.20</b>	+01:31:07 (49.6%)	15:18	3.9 (50.0%)
763	<b>WYGODA Cezary</b>	<b>96</b>	NATURAL FORCE WORKOUT	#1OPEN	126	01:10:24	02:14:35	<b>03:03:41.40</b>	+01:31:07 (49.6%)	15:18	3.9 (50.0%)
764	<b>DAJNOWSKA Małgorzata</b>	<b>92</b>	NATURAL FORCE WORKOUT	#1OPEN	127	01:09:41	02:14:36	<b>03:03:41.55</b>	+01:31:07 (49.6%)	15:18	3.9 (50.0%)
765	<b>GRABOWSKI Łukasz</b>	<b>91</b>	NATURAL FORCE WORKOUT	#1OPEN	128	01:10:32	02:14:34	<b>03:03:42.00</b>	+01:31:08 (49.6%)	15:18	3.9 (50.0%)
766	<b>SZWAŁEK Łukasz</b>	<b>641</b>	WOJTECH	#3OPEN	86	01:05:34	02:18:27	<b>03:03:50.10</b>	+01:31:16 (49.6%)	15:19	3.9 (50.0%)
767	<b>DUDA Paweł</b>	<b>640</b>	WOJTECH	#3OPEN	87	01:05:36	02:18:28	<b>03:03:50.50</b>	+01:31:16 (49.6%)	15:19	3.9 (50.0%)
768	<b>SPYCHAŁA Artur</b>	<b>560</b>	DZIKI Z PYRLANDII	#3OPEN	88	00:55:19	02:13:02	<b>03:03:54.80</b>	+01:31:20 (49.7%)	15:19	3.9 (50.0%)
769	<b>ZYCH Edyta</b>	<b>525</b>	BIEGNĘ,ALE DOKĄD? "BAD"	#3OPEN	89	00:47:45	02:11:43	<b>03:03:55.85</b>	+01:31:21 (49.7%)	15:19	3.9 (50.0%)
770	<b>GRĄDZKI Tomasz</b>	<b>1344</b>	MODLIN TEAMDREAM	#7OPEN	39	01:02:42	02:08:15	<b>03:03:58.25</b>	+01:31:24 (49.7%)	15:19	3.9 (50.0%)
771	<b>POLACZEK Paweł</b>	<b>658</b>		#3OPEN	90	00:56:14	02:18:03	<b>03:04:00.40</b>	+01:31:26 (49.7%)	15:20	3.9 (50.0%)
772	<b>ŻÓŁTOWSKA Katarzyna</b>	<b>759</b>	KASIASYLWIA	#4OPEN	91	01:00:23	02:13:03	<b>03:04:00.50</b>	+01:31:26 (49.7%)	15:20	3.9 (50.0%)
772	<b>PODLECKI Robert</b>	<b>619</b>	STOWARZYSZENIE SĘDZIÓW PIŁKI NOŻNEJ LUBELSZCZYZNY	#3OPEN	91	00:56:12	02:18:05	<b>03:04:00.50</b>	+01:31:26 (49.7%)	15:20	3.9 (50.0%)
774	<b>JUSZT Tomasz</b>	<b>758</b>	KASIASYLWIA	#4OPEN	92	01:00:24	02:13:05	<b>03:04:00.95</b>	+01:31:27 (49.7%)	15:20	3.9 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
775	<b>KALUGA Bartek</b>	<b>513</b>	ANIOŁKI GIANNIEGO	#3OPEN	92	01:00:00	02:17:10	<b>03:04:03.80</b>	+01:31:29 (49.7%)	15:20	3.9 (50.0%)
776	<b>BIŃKOWSKI Janusz</b>	<b>780</b>	PAPRYKARZE	#4OPEN	93	01:03:10	02:14:18	<b>03:04:06.45</b>	+01:31:32 (49.7%)	15:20	3.9 (50.0%)
777	<b>WŁADYKA Paweł</b>	<b>782</b>	PAPRYKARZE	#4OPEN	94	01:03:17	02:14:18	<b>03:04:07.00</b>	+01:31:33 (49.7%)	15:20	3.9 (50.0%)
778	<b>CHYBOWSKI Adrian</b>	<b>925</b>	CROSSFIT SIEDLCE	#5OPEN	91	01:04:10	02:08:09	<b>03:04:12.35</b>	+01:31:38 (49.7%)	15:21	3.9 (50.0%)
779	<b>PIESZKE Stanisław</b>	<b>559</b>	DZIKI Z PYRLANDII	#3OPEN	93	00:55:46	02:13:07	<b>03:04:13.35</b>	+01:31:39 (49.8%)	15:21	3.9 (50.0%)
780	<b>MARKS Maciej</b>	<b>779</b>	PAPRYKARZE	#4OPEN	95	01:03:27	02:14:28	<b>03:04:17.20</b>	+01:31:43 (49.8%)	15:21	3.9 (50.0%)
781	<b>JAROS Adrian</b>	<b>1232</b>		#6OPEN	66	00:54:07	02:07:50	<b>03:04:23.35</b>	+01:31:49 (49.8%)	15:22	3.9 (50.0%)
782	<b>WRZOS Natalia</b>	<b>594</b>	ODDAJMISIE	#3OPEN	94	00:58:26	02:08:49	<b>03:04:26.50</b>	+01:31:52 (49.8%)	15:22	3.9 (50.0%)
783	<b>PARTYKA Katarzyna</b>	<b>598</b>	ODDAJMISIE	#3OPEN	95	01:00:12	02:09:10	<b>03:04:27.05</b>	+01:31:53 (49.8%)	15:22	3.9 (50.0%)
784	<b>PARTYKA Sebastian</b>	<b>597</b>	ODDAJMISIE	#3OPEN	96	01:00:16	02:08:54	<b>03:04:28.65</b>	+01:31:54 (49.8%)	15:22	3.9 (50.0%)
785	<b>ŻAK Weronika</b>	<b>802</b>	PROGRES SADEK	#4OPEN	96	01:00:33	02:09:11	<b>03:04:41.70</b>	+01:32:07 (49.9%)	15:23	3.9 (50.0%)
786	<b>GARBACZ Jarosław</b>	<b>502</b>	AKADEMIA HOLISTYCZNA	#3OPEN	97	01:02:53	02:16:31	<b>03:04:45.10</b>	+01:32:11 (49.9%)	15:23	3.9 (50.0%)
787	<b>SZASZKA Kamil</b>	<b>420</b>		#2OPEN	99	00:48:40	01:49:56	<b>03:04:50.55</b>	+01:32:16 (49.9%)	15:24	3.9 (50.0%)
788	<b>WILISOWSKA Ewelina</b>	<b>1350</b>	PIKUŚ	#7OPEN	40	01:01:13	02:08:32	<b>03:05:00.90</b>	+01:32:27 (50.0%)	15:25	3.9 (50.0%)
788	<b>KOTLĘGA Grażyna</b>	<b>1351</b>	PIKUŚ	#7OPEN	41	01:01:10	02:08:33	<b>03:05:00.90</b>	+01:32:27 (50.0%)	15:25	3.9 (50.0%)
790	<b>KRÓL Karol</b>	<b>1391</b>		#7OPEN	42	00:58:10	02:06:27	<b>03:05:09.80</b>	+01:32:35 (50.0%)	15:25	3.9 (50.0%)
791	<b>OSIŃSKA Monika</b>	<b>394</b>	V-MAX ŁAWKI	#2OPEN	100	00:58:42	02:06:47	<b>03:05:10.40</b>	+01:32:36 (50.0%)	15:25	3.9 (50.0%)
792	<b>SZAFRAN Łukasz</b>	<b>131</b>	SCHABY	#1OPEN	129	01:07:19	02:15:59	<b>03:05:21.05</b>	+01:32:47 (50.1%)	15:26	3.9 (50.0%)
793	<b>MIOTŁA Jagoda</b>	<b>130</b>	SCHABY	#1OPEN	130	01:09:16	02:16:00	<b>03:05:21.60</b>	+01:32:47 (50.1%)	15:26	3.9 (50.0%)
794	<b>LANGER Jacek</b>	<b>1571</b>	LOTANIE JE GRYFNE	#8OPEN	47	01:05:35	02:14:57	<b>03:05:34.00</b>	+01:33:00 (50.1%)	15:27	3.9 (50.0%)
795	<b>LANGER Katarzyna</b>	<b>1570</b>	LOTANIE JE GRYFNE	#8OPEN	48	01:05:37	02:15:06	<b>03:05:34.75</b>	+01:33:00 (50.1%)	15:27	3.9 (50.0%)
796	<b>MIKOŁAJCZYK Tomasz</b>	<b>1562</b>	KAPUSTAPAPRYKARABARBAR	#8OPEN	49	01:00:16	02:09:54	<b>03:05:38.55</b>	+01:33:04 (50.1%)	15:28	3.9 (50.0%)
797	<b>PIETRZAK Maciej</b>	<b>781</b>	PAPRYKARZE	#4OPEN	97	01:03:23	02:14:18	<b>03:05:40.50</b>	+01:33:06 (50.1%)	15:28	3.9 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
798	<b>DZIEDZIC Marek</b>	<b>1242</b>		#6OPEN	67	00:53:33	02:08:34	<b>03:05:44.75</b>	+01:33:10 (50.2%)	15:28	3.9 (50.0%)
799	<b>STRYCHARCZYK Hubert</b>	<b>1212</b>		#6OPEN	68	00:58:18	02:09:00	<b>03:05:46.80</b>	+01:33:12 (50.2%)	15:28	3.9 (50.0%)
800	<b>SZYMONIAK Jakub</b>	<b>1204</b>		#6OPEN	69	00:58:44	02:09:02	<b>03:05:47.25</b>	+01:33:13 (50.2%)	15:29	3.9 (50.0%)
801	<b>FOKSA Karolina</b>	<b>1211</b>		#6OPEN	70	00:58:50	02:09:03	<b>03:05:47.50</b>	+01:33:13 (50.2%)	15:28	3.9 (50.0%)
802	<b>WALCZAK Marcin</b>	<b>138</b>	SKARPARK	#1OPEN	131	01:10:40	02:17:24	<b>03:05:56.35</b>	+01:33:22 (50.2%)	15:29	3.9 (50.0%)
803	<b>WALCZAK Izabela</b>	<b>160</b>	WW TEAM	#1OPEN	132	01:10:40	02:17:25	<b>03:05:57.85</b>	+01:33:23 (50.2%)	15:29	3.9 (50.0%)
804	<b>STAJEK Mariusz</b>	<b>208</b>		#1OPEN	133	01:10:27	02:17:27	<b>03:06:00.65</b>	+01:33:26 (50.2%)	15:30	3.9 (50.0%)
805	<b>JAROS Paweł</b>	<b>1178</b>	SANTANDER BANK	#6OPEN	71	01:01:50	02:11:16	<b>03:06:19.00</b>	+01:33:45 (50.3%)	15:31	3.9 (50.0%)
806	<b>FRANCZYK Marcin</b>	<b>1179</b>	SANTANDER BANK	#6OPEN	72	01:01:51	02:11:16	<b>03:06:19.15</b>	+01:33:45 (50.3%)	15:31	3.9 (50.0%)
807	<b>SUSZEK Filip</b>	<b>1626</b>		#8OPEN	50	00:56:44	02:06:07	<b>03:06:19.85</b>	+01:33:45 (50.3%)	15:31	3.9 (50.0%)
808	<b>KUKIEŁKA Bogusław</b>	<b>1625</b>		Klasyfikacja studentów - mężczyźni	31	00:56:39	02:06:06	<b>03:06:23.05</b>	+01:33:49 (50.3%)	15:31	3.9 (50.0%)
809	<b>WILK Dawid</b>	<b>145</b>	TARNOBRZEŻANIE	#1OPEN	134	01:07:07	02:17:29	<b>03:06:24.95</b>	+01:33:51 (50.3%)	15:32	3.9 (50.0%)
810	<b>GRZESZCZYK Katarzyna</b>	<b>1199</b>	ZWOLEŃ BIEGA	#6OPEN	73	01:06:51	02:16:14	<b>03:06:30.35</b>	+01:33:56 (50.4%)	15:32	3.9 (50.0%)
811	<b>ŻEBROWSKA Jolanta</b>	<b>914</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#6OPEN	74	01:07:25	02:16:13	<b>03:06:30.70</b>	+01:33:56 (50.4%)	15:32	3.9 (50.0%)
811	<b>SKAWIŃSKI Michał</b>	<b>1196</b>	ZWOLEŃ BIEGA	#6OPEN	75	01:07:27	02:16:16	<b>03:06:30.70</b>	+01:33:56 (50.4%)	15:32	3.9 (50.0%)
813	<b>BUKALSKA Julita</b>	<b>1195</b>	ZWOLEŃ BIEGA	#6OPEN	76	01:07:02	02:16:14	<b>03:06:30.90</b>	+01:33:57 (50.4%)	15:32	3.9 (50.0%)
814	<b>SANDOMIERSKA Patrycja</b>	<b>1197</b>	ZWOLEŃ BIEGA	#6OPEN	77	01:06:31	02:16:12	<b>03:06:31.00</b>	+01:33:57 (50.4%)	15:32	3.9 (50.0%)
815	<b>KWATER Arkadiusz</b>	<b>1158</b>	POZDRO Z BIEŻNI	#6OPEN	78	01:07:30	02:15:37	<b>03:06:44.85</b>	+01:34:10 (50.4%)	15:33	3.9 (50.0%)
816	<b>POCHYŁA Paweł</b>	<b>861</b>		#4OPEN	98	01:05:34	02:16:40	<b>03:06:55.90</b>	+01:34:22 (50.5%)	15:34	3.9 (50.0%)
817	<b>STANKIEWICZ Marcin</b>	<b>46</b>	EKIPA HARREGO	#1OPEN	135	01:04:56	02:15:13	<b>03:07:00.75</b>	+01:34:26 (50.5%)	15:35	3.8 (48.7%)
818	<b>OSZMIANA Andrzej</b>	<b>521</b>	BIEGNĘ, ALE DOKĄD? "BAD"	#3OPEN	98	00:48:12	02:11:57	<b>03:07:06.65</b>	+01:34:32 (50.5%)	15:35	3.8 (48.7%)
819	<b>KUREK Radosław</b>	<b>1617</b>		#8OPEN	51	00:57:47	02:11:29	<b>03:07:15.10</b>	+01:34:41 (50.6%)	15:36	3.8 (48.7%)
820	<b>KOMOROWSKI Tomasz</b>	<b>1071</b>		#5OPEN	92	00:57:35	02:12:02	<b>03:07:22.80</b>	+01:34:48 (50.6%)	15:36	3.8 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo	Tempo
						3km	6km	netto 12km		min/km	km/h
821	<b>DZIAŁOWSKI Dariusz</b>	<b>862</b>		#4OPEN	99	01:06:29	02:16:43	<b>03:07:26.65</b>	+01:34:52 (50.6%)	15:37	3.8 (48.7%)
822	<b>SUSHINSKY Andriy</b>	<b>514</b>	ANIOŁKI GIANNIEGO	#3OPEN	99	01:08:29	02:19:14	<b>03:07:29.35</b>	+01:34:55 (50.6%)	15:37	3.8 (48.7%)
823	<b>ZACHARIASZ Agnieszka</b>	<b>1512</b>	BRUDNE TRAMPKI	#8OPEN	52	01:01:31	02:15:19	<b>03:07:32.20</b>	+01:34:58 (50.6%)	15:37	3.8 (48.7%)
824	<b>PISKORSKA Iwona</b>	<b>1012</b>	PISKUŚ TEAM	#5OPEN	93	00:57:50	02:11:59	<b>03:07:32.30</b>	+01:34:58 (50.6%)	15:37	3.8 (48.7%)
825	<b>MICHALSKI Mateusz</b>	<b>654</b>		#3OPEN	100	00:56:44	02:18:28	<b>03:07:32.75</b>	+01:34:58 (50.6%)	15:37	3.8 (48.7%)
826	<b>PISKORSKI Adam</b>	<b>1013</b>	PISKUŚ TEAM	#5OPEN	94	00:57:38	02:11:59	<b>03:07:37.40</b>	+01:35:03 (50.7%)	15:38	3.8 (48.7%)
827	<b>KASKA-ŁOBODOWSKA Ewelina</b>	<b>1609</b>		#8OPEN	53	00:58:44	02:11:29	<b>03:07:37.70</b>	+01:35:03 (50.7%)	15:38	3.8 (48.7%)
828	<b>ZYCHOWICZ-ADAMIEC Agata</b>	<b>1618</b>		#8OPEN	54	00:58:49	02:11:54	<b>03:07:37.90</b>	+01:35:04 (50.7%)	15:38	3.8 (48.7%)
829	<b>PIWKO Aleksander</b>	<b>930</b>	CROSSFIT SIEDLCE	#5OPEN	95	00:58:37	02:08:11	<b>03:07:43.00</b>	+01:35:09 (50.7%)	15:38	3.8 (48.7%)
830	<b>KABAŁA Piotr</b>	<b>536</b>	BYDLAKI	#3OPEN	101	01:03:49	02:19:06	<b>03:07:44.75</b>	+01:35:10 (50.7%)	15:38	3.8 (48.7%)
831	<b>OPOZDA Adrian</b>	<b>529</b>	BYDLAKI	#3OPEN	102	01:03:44	02:19:09	<b>03:07:46.75</b>	+01:35:12 (50.7%)	15:38	3.8 (48.7%)
832	<b>SKRZEK Konrad</b>	<b>1002</b>	MAMINSYNKI	#5OPEN	96	01:03:36	02:12:51	<b>03:07:49.75</b>	+01:35:15 (50.7%)	15:39	3.8 (48.7%)
833	<b>LATO Karolina</b>	<b>5027</b>	WW TEAM	Kobiety Open	2	01:04:10	02:13:58	<b>03:07:56.25</b>	+01:35:22 (50.7%)	15:39	3.8 (48.7%)
834	<b>HOLEWA Paweł</b>	<b>1574</b>	MORDOR BIEGA	#8OPEN	55	00:59:10	02:12:49	<b>03:07:56.80</b>	+01:35:22 (50.7%)	15:39	3.8 (48.7%)
835	<b>WEŁNA Kamil</b>	<b>1159</b>	POZDRO Z BIEŻNI	#6OPEN	79	01:07:16	02:10:02	<b>03:08:01.90</b>	+01:35:28 (50.8%)	15:40	3.8 (48.7%)
836	<b>PAWLAK Natalia</b>	<b>790</b>	PIKUTKOWO TEAM	Klasyfikacja studentów - kobiety	8	01:07:31	02:13:57	<b>03:08:10.65</b>	+01:35:36 (50.8%)	15:40	3.8 (48.7%)
837	<b>KOMOROWSKA Sylwia</b>	<b>1066</b>		#5OPEN	97	00:58:21	02:12:00	<b>03:08:10.80</b>	+01:35:36 (50.8%)	15:40	3.8 (48.7%)
838	<b>KOŁUCKI Mikołaj</b>	<b>787</b>	PIKUTKOWO TEAM	#4OPEN	100	01:07:21	02:13:56	<b>03:08:11.05</b>	+01:35:37 (50.8%)	15:40	3.8 (48.7%)
839	<b>OBREBSKI Przemysław</b>	<b>411</b>	ZÓŁWIANO	#2OPEN	101	01:04:29	02:12:56	<b>03:08:37.00</b>	+01:36:03 (50.9%)	15:43	3.8 (48.7%)
840	<b>ŁYCIUK Daniel</b>	<b>576</b>	JAK ŻÓŁWIE W GALOPIE	#3OPEN	103	01:08:00	02:15:30	<b>03:08:38.35</b>	+01:36:04 (50.9%)	15:43	3.8 (48.7%)
841	<b>FOKS Paweł</b>	<b>257</b>	ADRENALINA	#2OPEN	102	01:04:01	02:11:55	<b>03:08:51.75</b>	+01:36:17 (51.0%)	15:44	3.8 (48.7%)
842	<b>OSZCZYPAŁA Mateusz</b>	<b>1220</b>		#6OPEN	80	01:00:09	02:13:41	<b>03:09:03.70</b>	+01:36:29 (51.0%)	15:45	3.8 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
843	<b>PUTYRA Krzysztof</b>	<b>671</b>		#3OPEN	104	01:03:34	02:17:28	<b>03:09:15.20</b>	+01:36:41 (51.1%)	15:46	3.8 (48.7%)
844	<b>MARFIAK Karolina</b>	<b>653</b>		#3OPEN	105	01:03:46	02:17:29	<b>03:09:16.65</b>	+01:36:42 (51.1%)	15:46	3.8 (48.7%)
845	<b>SMULCZYŃSKI Marek</b>	<b>829</b>	WŁOCHATE BURCHLIKI	#4OPEN	101	00:58:59	02:14:12	<b>03:09:18.35</b>	+01:36:44 (51.1%)	15:46	3.8 (48.7%)
846	<b>SZUTA Marta</b>	<b>381</b>	TRENER24H.COM.PL	#2OPEN	103	01:06:18	02:15:27	<b>03:09:29.90</b>	+01:36:56 (51.2%)	15:47	3.8 (48.7%)
847	<b>ŁUKASIEWICZ Rafał</b>	<b>552</b>	CROSSFIT SIEDLCE	#3OPEN	106	00:55:42	02:16:03	<b>03:09:33.10</b>	+01:36:59 (51.2%)	15:47	3.8 (48.7%)
848	<b>ŁUKASIEWICZ Małgorzata</b>	<b>553</b>	CROSSFIT SIEDLCE	#3OPEN	107	00:55:52	02:16:08	<b>03:09:34.30</b>	+01:37:00 (51.2%)	15:47	3.8 (48.7%)
849	<b>ŻABICKI Patryk</b>	<b>1916</b>	ORZEŁ 7	#10OPEN	17	01:05:35	02:15:15	<b>03:09:42.65</b>	+01:37:08 (51.2%)	15:48	3.8 (48.7%)
850	<b>SZYDŁOWSKA Sabina</b>	<b>1569</b>	LOTANIE JE GRYFNE	#8OPEN	56	01:05:37	02:15:27	<b>03:09:51.30</b>	+01:37:17 (51.2%)	15:49	3.8 (48.7%)
851	<b>KUKLA Mańka</b>	<b>548</b>	CROSSFIT SIEDLCE	#3OPEN	108	00:55:39	02:16:24	<b>03:09:57.05</b>	+01:37:23 (51.3%)	15:49	3.8 (48.7%)
852	<b>PAWŁOWSKI Konrad</b>	<b>926</b>	CROSSFIT SIEDLCE	#5OPEN	98	01:05:25	02:14:53	<b>03:10:00.25</b>	+01:37:26 (51.3%)	15:50	3.8 (48.7%)
853	<b>PAWŁOWSKA Ula</b>	<b>921</b>	CROSSFIT SIEDLCE	#5OPEN	99	01:05:28	02:14:51	<b>03:10:00.75</b>	+01:37:26 (51.3%)	15:50	3.8 (48.7%)
854	<b>SIĄKAŁA, Marcela</b>	<b>1334</b>	LUBIE ZAPIE***LAĆ!!	#7OPEN	43	01:06:16	02:18:41	<b>03:10:12.35</b>	+01:37:38 (51.3%)	15:51	3.8 (48.7%)
855	<b>CIELEMECKI Piotr</b>	<b>5005</b>	CROSSFIT SIEDLCE	#3OPEN	109	00:55:55	02:16:27	<b>03:10:16.00</b>	+01:37:42 (51.3%)	15:51	3.8 (48.7%)
856	<b>KUBECKA Justyna</b>	<b>1333</b>	LUBIE ZAPIE***LAĆ!!	#7OPEN	44	01:06:59	02:18:41	<b>03:10:17.10</b>	+01:37:43 (51.4%)	15:51	3.8 (48.7%)
857	<b>SZYK Andrzej</b>	<b>82</b>	LENIWE KOCURY	#1OPEN	136	01:21:46	02:24:57	<b>03:10:26.35</b>	+01:37:52 (51.4%)	15:52	3.8 (48.7%)
858	<b>WOJTACHNIO Przemek</b>	<b>1313</b>	DRUŻYNA NA BAŁTÓW 2017	#7OPEN	45	01:03:19	02:15:28	<b>03:10:31.85</b>	+01:37:57 (51.4%)	15:52	3.8 (48.7%)
859	<b>OSIAL Aneta</b>	<b>625</b>	TEAM ŁUKÓW	#3OPEN	110	01:16:11	02:27:43	<b>03:10:33.35</b>	+01:37:59 (51.4%)	15:52	3.8 (48.7%)
860	<b>DĄBROWSKA Sylwia</b>	<b>551</b>	CROSSFIT SIEDLCE	#3OPEN	111	00:55:56	02:16:45	<b>03:10:49.05</b>	+01:38:15 (51.5%)	15:54	3.8 (48.7%)
861	<b>KRUK Leszek</b>	<b>509</b>	ANIOŁKI GIANNIEGO	#3OPEN	112	00:57:13	02:17:16	<b>03:10:57.90</b>	+01:38:24 (51.5%)	15:54	3.8 (48.7%)
862	<b>AHMAD Michał</b>	<b>623</b>	TEAM ŁUKÓW	#3OPEN	113	01:15:00	02:28:33	<b>03:11:01.55</b>	+01:38:27 (51.5%)	15:55	3.8 (48.7%)
863	<b>GŁĘBICKA Patrycja</b>	<b>667</b>		#3OPEN	114	01:14:46	02:27:29	<b>03:11:03.35</b>	+01:38:29 (51.6%)	15:55	3.8 (48.7%)
864	<b>BOJANOWICZ Dariusz</b>	<b>915</b>	BPAT	#5OPEN	100	00:43:37	02:05:00	<b>03:11:39.80</b>	+01:39:05 (51.7%)	15:58	3.8 (48.7%)
865	<b>RYTTER Beata</b>	<b>418</b>		#2OPEN	104	01:06:29	02:17:24	<b>03:11:39.85</b>	+01:39:05 (51.7%)	15:58	3.8 (48.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
866	PIĘNKOWSKA Ania	416		#2OPEN	105	01:06:42	02:17:24	<b>03:11:39.90</b>	+01:39:06 (51.7%)	15:58	3.8 (48.7%)
867	ZAKRZEWSKI Dawid	1599		#8OPEN	57	01:02:01	02:10:36	<b>03:11:51.65</b>	+01:39:17 (51.8%)	15:59	3.8 (48.7%)
868	ANNA ŻUKROWSKA Karolina	1503	BABY Z BŁOT	#8OPEN	58	01:00:57	02:18:44	<b>03:11:54.20</b>	+01:39:20 (51.8%)	15:59	3.8 (48.7%)
869	APANASEWICZ Dominika	1504	BABY Z BŁOT	#8OPEN	59	01:01:52	02:18:41	<b>03:11:56.15</b>	+01:39:22 (51.8%)	15:59	3.8 (48.7%)
870	MIKUSEK Ryszard	1318	DRUŻYNA NA BAŁTÓW 2017	#7OPEN	46	01:04:14	02:19:43	<b>03:12:08.20</b>	+01:39:34 (51.8%)	16:00	3.7 (47.4%)
871	PIESIAK Gosia	148	TRENER24H.COM.PL	#1OPEN	137	01:07:08	02:16:30	<b>03:12:08.70</b>	+01:39:34 (51.8%)	16:00	3.7 (47.4%)
872	PAWLIK Jakub	1306	CHODŹ NA POLE TEAM	#7OPEN	47	01:02:57	02:16:46	<b>03:13:27.80</b>	+01:40:53 (52.2%)	16:07	3.7 (47.4%)
873	FRUBA Edyta	1308	CHODŹ NA POLE TEAM	#7OPEN	48	01:02:20	02:16:59	<b>03:13:28.15</b>	+01:40:54 (52.2%)	16:07	3.7 (47.4%)
874	DZIUSZKO Patryk	1310	CHODŹ NA POLE TEAM	#7OPEN	49	01:01:46	02:16:53	<b>03:13:29.00</b>	+01:40:55 (52.2%)	16:07	3.7 (47.4%)
875	SUCHODOLSKA Natalia	668		#3OPEN	115	01:15:16	02:27:33	<b>03:13:40.05</b>	+01:41:06 (52.2%)	16:08	3.7 (47.4%)
876	GŁĘBICKI Damian	541	CROSSFIT ŁUKÓW	#3OPEN	116	01:15:17	02:27:33	<b>03:13:40.75</b>	+01:41:06 (52.2%)	16:08	3.7 (47.4%)
877	KLIMCZAK Marika	1513	BRUDNE TRAMPKI	#8OPEN	60	01:05:59	02:15:23	<b>03:13:54.70</b>	+01:41:20 (52.3%)	16:09	3.7 (47.4%)
878	ZACHARIASZ Milena	1515	BRUDNE TRAMPKI	#8OPEN	61	01:04:54	02:15:12	<b>03:13:55.50</b>	+01:41:21 (52.3%)	16:09	3.7 (47.4%)
878	ZACHARIASZ Mateusz	1514	BRUDNE TRAMPKI	#8OPEN	62	01:05:31	02:15:17	<b>03:13:55.50</b>	+01:41:21 (52.3%)	16:09	3.7 (47.4%)
880	MOŚCICKI Łukasz	417		#2OPEN	106	01:16:18	02:28:00	<b>03:14:02.25</b>	+01:41:28 (52.3%)	16:10	3.7 (47.4%)
881	ŻAK Marcin	1190	ZĄŁOGA ORZEŁA 7	#6OPEN	81	01:06:51	02:22:11	<b>03:14:02.30</b>	+01:41:28 (52.3%)	16:10	3.7 (47.4%)
882	ZGÓDKA Olga	1191	ZĄŁOGA ORZEŁA 7	#6OPEN	82	01:06:43	02:22:12	<b>03:14:02.55</b>	+01:41:28 (52.3%)	16:10	3.7 (47.4%)
883	JÓRASZ-ŻAK Anna	1187	ZĄŁOGA ORZEŁA 7	#6OPEN	83	01:06:51	02:22:12	<b>03:14:03.10</b>	+01:41:29 (52.3%)	16:10	3.7 (47.4%)
884	WOŁOSZUN Rafał	783	PAPRYKARZE	#4OPEN	102	01:03:24	02:14:35	<b>03:14:03.30</b>	+01:41:29 (52.3%)	16:10	3.7 (47.4%)
885	KOŚCIUK Maciej	1407		#7OPEN	50	01:01:50	02:13:39	<b>03:14:09.60</b>	+01:41:35 (52.3%)	16:10	3.7 (47.4%)
886	DUSZYK Adam	1385		#7OPEN	51	01:02:23	02:13:42	<b>03:14:11.05</b>	+01:41:37 (52.3%)	16:10	3.7 (47.4%)
887	BEDNARSKI Patryk	569	FORFUN LUBLIN	#3OPEN	117	01:13:45	02:26:23	<b>03:14:16.70</b>	+01:41:42 (52.4%)	16:11	3.7 (47.4%)
888	JURKOWSKI Dariusz	563	FORFUN LUBLIN	#3OPEN	118	01:13:39	02:27:02	<b>03:14:16.85</b>	+01:41:42 (52.4%)	16:11	3.7 (47.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo min/km	Tempo km/h
						3km	6km	netto 12km			
889	<b>PRAŻMO Grzegorz</b>	<b>566</b>	FORFUN LUBLIN	#3OPEN	119	01:13:34	02:26:23	<b>03:14:17.50</b>	+01:41:43 (52.4%)	16:11	3.7 (47.4%)
890	<b>CZAJKA Karol</b>	<b>624</b>	TEAM ŁUKÓW	#3OPEN	120	01:15:46	02:27:40	<b>03:14:48.20</b>	+01:42:14 (52.5%)	16:14	3.7 (47.4%)
891	<b>RESZKA Magdalena</b>	<b>1138</b>	LENIWE BUŁY	#6OPEN	84	01:04:01	02:15:48	<b>03:15:30.55</b>	+01:42:56 (52.7%)	16:17	3.7 (47.4%)
892	<b>PALUCH Łukasz</b>	<b>1139</b>	LENIWE BUŁY	#6OPEN	85	01:03:46	02:15:48	<b>03:15:31.75</b>	+01:42:57 (52.7%)	16:17	3.7 (47.4%)
893	<b>STAŃCZYK Magdalena</b>	<b>1137</b>	LENIWE BUŁY	#6OPEN	86	01:04:28	02:15:59	<b>03:15:34.85</b>	+01:43:00 (52.7%)	16:17	3.7 (47.4%)
894	<b>PRZYTUŁA Michał</b>	<b>1136</b>	LENIWE BUŁY	#6OPEN	87	01:04:05	02:15:58	<b>03:15:35.45</b>	+01:43:01 (52.7%)	16:18	3.7 (47.4%)
895	<b>ŚNIEŻEK Beata</b>	<b>1389</b>		#7OPEN	52	01:15:08	02:22:44	<b>03:15:51.95</b>	+01:43:18 (52.7%)	16:19	3.7 (47.4%)
896	<b>OLEKSAK Katarzyna</b>	<b>568</b>	FORFUN LUBLIN	#3OPEN	121	01:13:50	02:27:02	<b>03:16:02.80</b>	+01:43:28 (52.8%)	16:20	3.7 (47.4%)
897	<b>NIZIOŁ Sylwia</b>	<b>567</b>	FORFUN LUBLIN	#3OPEN	122	01:14:08	02:27:00	<b>03:16:04.30</b>	+01:43:30 (52.8%)	16:20	3.7 (47.4%)
898	<b>KUCA Julia</b>	<b>979</b>	KUDLATY4	#5OPEN	101	00:45:31	02:15:51	<b>03:16:05.85</b>	+01:43:31 (52.8%)	16:20	3.7 (47.4%)
899	<b>MACIERZYŃSKI Adam</b>	<b>290</b>	CODE WARRIORS LODZ	Klasyfikacja studentów - mężczyźni	32	01:09:23	02:22:38	<b>03:16:30.25</b>	+01:43:56 (52.9%)	16:22	3.7 (47.4%)
899	<b>STASIAK Łukasz</b>	<b>315</b>	HARD RUN SZYDŁOWIEC	#2OPEN	107	01:09:44	02:23:30	<b>03:16:30.25</b>	+01:43:56 (52.9%)	16:22	3.7 (47.4%)
901	<b>MATEREK Mariusz</b>	<b>316</b>	HARD RUN SZYDŁOWIEC	#2OPEN	108	01:09:20	02:23:28	<b>03:16:40.25</b>	+01:44:06 (52.9%)	16:23	3.7 (47.4%)
902	<b>HERTMAN Marzena</b>	<b>923</b>	CROSSFIT SIEDLCE	#5OPEN	102	01:05:59	02:19:41	<b>03:17:03.75</b>	+01:44:29 (53.0%)	16:25	3.7 (47.4%)
903	<b>SAKOWSKA Ewa</b>	<b>1312</b>	CROSSFIT SIEDLCE	#5OPEN	103	01:06:18	02:19:48	<b>03:17:04.45</b>	+01:44:30 (53.0%)	16:25	3.7 (47.4%)
904	<b>KOCHANEK Paweł</b>	<b>906</b>	ALUSTAL	#5OPEN	104	01:04:46	02:22:45	<b>03:17:06.25</b>	+01:44:32 (53.0%)	16:25	3.7 (47.4%)
905	<b>JEZIORSKA Klaudia</b>	<b>172</b>		#1OPEN	138	00:57:12	02:17:32	<b>03:17:17.00</b>	+01:44:43 (53.1%)	16:26	3.6 (46.2%)
906	<b>JURKOWSKI Patryk</b>	<b>1229</b>		#6OPEN	88	01:05:03	02:17:44	<b>03:17:42.75</b>	+01:45:08 (53.2%)	16:28	3.6 (46.2%)
907	<b>KANIA Radek</b>	<b>1311</b>	CHODŹ NA POLE TEAM	#7OPEN	53	01:02:05	02:21:38	<b>03:17:48.25</b>	+01:45:14 (53.2%)	16:29	3.6 (46.2%)
907	<b>WOLIŃSKI Dawid</b>	<b>1309</b>	CHODŹ NA POLE TEAM	#7OPEN	54	01:04:24	02:21:50	<b>03:17:48.25</b>	+01:45:14 (53.2%)	16:29	3.6 (46.2%)
909	<b>IWANOWSKI Marcin</b>	<b>1022</b>	SAME CZUBKI	#5OPEN	105	01:08:20	02:19:48	<b>03:17:57.80</b>	+01:45:23 (53.2%)	16:29	3.6 (46.2%)
910	<b>SUSZYŃSKA Anna</b>	<b>554</b>	DIAITA SPARTA	#3OPEN	123	01:09:30	02:22:39	<b>03:18:14.95</b>	+01:45:41 (53.3%)	16:31	3.6 (46.2%)
911	<b>WASAK Monika</b>	<b>622</b>	TEAM ŁUKÓW	#3OPEN	124	01:20:25	02:28:34	<b>03:18:17.70</b>	+01:45:43 (53.3%)	16:31	3.6 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
912	<b>GRABOWSKI Bartosz</b>	<b>628</b>	TEAM ŁUKÓW	#3OPEN	125	01:15:59	02:28:02	<b>03:18:18.40</b>	+01:45:44 (53.3%)	16:31	3.6 (46.2%)
913	<b>JĄSKIEWICZ Maciej</b>	<b>389</b>	UJK	#2OPEN	109	01:01:08	02:11:22	<b>03:18:25.25</b>	+01:45:51 (53.3%)	16:32	3.6 (46.2%)
914	<b>GLINKOWSKI Jarek</b>	<b>1331</b>	KB MARATON TUREK	Klasyfikacja studentów - mężczyźni	33	01:05:22	02:22:06	<b>03:18:49.45</b>	+01:46:15 (53.4%)	16:34	3.6 (46.2%)
915	<b>KLUSKA Joanna</b>	<b>1329</b>	KB MARATON TUREK	Klasyfikacja studentów - kobiety	9	01:04:19	02:22:06	<b>03:18:49.50</b>	+01:46:15 (53.4%)	16:34	3.6 (46.2%)
916	<b>GLINKOWSKA Małgorzata</b>	<b>1330</b>	KB MARATON TUREK	Klasyfikacja studentów - kobiety	10	01:05:22	02:22:06	<b>03:18:49.65</b>	+01:46:15 (53.4%)	16:34	3.6 (46.2%)
917	<b>ZAGDAN Rafał</b>	<b>1122</b>	ESG GRUPA MEDIALNA	#6OPEN	89	01:00:29	02:16:21	<b>03:18:51.35</b>	+01:46:17 (53.5%)	16:34	3.6 (46.2%)
918	<b>KARBOWNIK Piotr</b>	<b>1205</b>		#6OPEN	90	01:01:48	02:16:24	<b>03:18:52.20</b>	+01:46:18 (53.5%)	16:34	3.6 (46.2%)
919	<b>PUZNIAK Pawel</b>	<b>546</b>	CROSSFIT SIEDLCE	#3OPEN	126	01:04:18	02:22:08	<b>03:18:52.85</b>	+01:46:18 (53.5%)	16:34	3.6 (46.2%)
920	<b>KACPRZAK Aleksandra</b>	<b>5020</b>		#7OPEN	55	01:12:00	02:24:12	<b>03:18:53.00</b>	+01:46:19 (53.5%)	16:34	3.6 (46.2%)
920	<b>KOT Zuzanna</b>	<b>425</b>		#7OPEN	56	01:12:01	02:24:13	<b>03:18:53.00</b>	+01:46:19 (53.5%)	16:34	3.6 (46.2%)
922	<b>SZCZERBACIUK Marcin</b>	<b>545</b>	CROSSFIT SIEDLCE	#3OPEN	127	01:05:02		<b>03:19:04.25</b>	+01:46:30 (53.5%)	16:35	3.6 (46.2%)
923	<b>WEŁNA Krzysztof</b>	<b>1160</b>	POZDRO Z BIEŻNI	#6OPEN	91	01:07:20	02:21:00	<b>03:19:09.20</b>	+01:46:35 (53.5%)	16:35	3.6 (46.2%)
924	<b>ANYZEWSKI Tomasz</b>	<b>349</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	110	01:12:20	02:24:52	<b>03:19:46.80</b>	+01:47:12 (53.7%)	16:38	3.6 (46.2%)
925	<b>SZYMBORSKA Milena</b>	<b>356</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	111	01:13:32	02:28:07	<b>03:19:48.45</b>	+01:47:14 (53.7%)	16:39	3.6 (46.2%)
926	<b>ANYZEWSKA Izabela</b>	<b>347</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	112	01:13:11	02:24:49	<b>03:19:49.30</b>	+01:47:15 (53.7%)	16:39	3.6 (46.2%)
927	<b>KRZYŻANOWSKA Angelika</b>	<b>361</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	113	01:11:40	02:24:46	<b>03:19:49.70</b>	+01:47:15 (53.7%)	16:39	3.6 (46.2%)
928	<b>MAJ Michał</b>	<b>657</b>		#3OPEN	128	01:01:09	02:22:33	<b>03:19:56.45</b>	+01:47:22 (53.7%)	16:39	3.6 (46.2%)
929	<b>OSUCH Anna</b>	<b>5044</b>	ELEKTROŚWIRY	#7OPEN	57	01:06:22	02:20:50	<b>03:20:19.25</b>	+01:47:45 (53.8%)	16:41	3.6 (46.2%)
930	<b>LESZCZYŃSKI Grzegorz</b>	<b>5028</b>	ELEKTROŚWIRY	Mężczyźni Open	5	01:06:24	02:20:51	<b>03:20:21.45</b>	+01:47:47 (53.8%)	16:41	3.6 (46.2%)
931	<b>BARAŃSKI Radosław</b>	<b>358</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	114	01:12:33	02:25:56	<b>03:20:40.35</b>	+01:48:06 (53.9%)	16:43	3.6 (46.2%)
932	<b>MITSIUK Vitalii</b>	<b>516</b>	ANIOŁKI GIANNIEGO	#3OPEN	129	01:08:32	02:24:00	<b>03:20:40.40</b>	+01:48:06 (53.9%)	16:43	3.6 (46.2%)
933	<b>ŚWIERKULA Łukasz</b>	<b>1400</b>		#7OPEN	58	01:09:38	02:23:44	<b>03:20:56.55</b>	+01:48:22 (53.9%)	16:44	3.6 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
934	<b>ŚWIERKULA Justyna</b>	<b>1399</b>		#7OPEN	59	01:07:58	02:23:44	<b>03:20:56.65</b>	+01:48:22 (53.9%)	16:44	3.6 (46.2%)
935	<b>CAK Mariusz</b>	<b>41</b>	DRINK TEAM	#1OPEN	139	01:09:47	02:27:19	<b>03:21:06.45</b>	+01:48:32 (54.0%)	16:45	3.6 (46.2%)
936	<b>WALEWANDER Roman</b>	<b>1121</b>	DRINK TEAM	#1OPEN	140	01:09:39	02:27:19	<b>03:21:08.65</b>	+01:48:34 (54.0%)	16:45	3.6 (46.2%)
937	<b>DZIURDZIAK Mateusz</b>	<b>1363</b>	RAZEM ŁATWIEJ	#7OPEN	60	01:09:06	02:25:59	<b>03:21:14.65</b>	+01:48:40 (54.0%)	16:46	3.6 (46.2%)
938	<b>JAROSZ Aneta</b>	<b>1360</b>	RAZEM ŁATWIEJ	#7OPEN	61	01:08:57	02:26:01	<b>03:21:15.35</b>	+01:48:41 (54.0%)	16:46	3.6 (46.2%)
939	<b>DYBKA Patrycja</b>	<b>1366</b>	RAZEM ŁATWIEJ	#7OPEN	62	01:08:23	02:26:00	<b>03:21:15.55</b>	+01:48:41 (54.0%)	16:46	3.6 (46.2%)
940	<b>SAIENKO Kateryna</b>	<b>1362</b>	RAZEM ŁATWIEJ	#7OPEN	63	01:08:59	02:26:02	<b>03:21:16.75</b>	+01:48:42 (54.0%)	16:46	3.6 (46.2%)
941	<b>PTASZYŃSKI Jarosław</b>	<b>362</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	115	01:11:43	02:25:53	<b>03:21:27.60</b>	+01:48:53 (54.1%)	16:47	3.6 (46.2%)
942	<b>KOŁODZIEJSKI Filip</b>	<b>785</b>	PIKUTKOWO TEAM	#4OPEN	103	01:09:37	02:22:43	<b>03:21:42.50</b>	+01:49:08 (54.1%)	16:48	3.6 (46.2%)
943	<b>NAWROCKI Michał</b>	<b>535</b>	BYDLAKI	#3OPEN	130	01:07:49	02:25:25	<b>03:21:43.40</b>	+01:49:09 (54.1%)	16:48	3.6 (46.2%)
944	<b>OPARA Stanisław</b>	<b>532</b>	BYDLAKI	#3OPEN	131	01:07:23	02:25:23	<b>03:21:44.55</b>	+01:49:10 (54.1%)	16:48	3.6 (46.2%)
945	<b>OPARA Anna</b>	<b>530</b>	BYDLAKI	#3OPEN	132	01:07:23	02:25:24	<b>03:21:44.70</b>	+01:49:10 (54.1%)	16:48	3.6 (46.2%)
946	<b>DZIUBA Jacek</b>	<b>531</b>	BYDLAKI	#3OPEN	133	01:06:18	02:25:28	<b>03:21:46.00</b>	+01:49:12 (54.1%)	16:48	3.6 (46.2%)
947	<b>KRUPA Paweł</b>	<b>7109</b>	EKIPA HAREGO	Drużynowa	20	01:10:50	02:27:21	<b>03:21:48.15</b>	+01:49:14 (54.1%)	16:49	3.6 (46.2%)
947	<b>POTERA Kamil</b>	<b>49</b>	EKIPA HARREGO	#1OPEN	141	01:11:40	02:27:22	<b>03:21:48.15</b>	+01:49:14 (54.1%)	16:49	3.6 (46.2%)
949	<b>ZBYLUT Marcin</b>	<b>1328</b>	KABANOSY	#7OPEN	64	01:10:34	02:28:36	<b>03:21:50.05</b>	+01:49:16 (54.1%)	16:49	3.6 (46.2%)
950	<b>BACIA Agnieszka</b>	<b>1324</b>	KABANOSY	#7OPEN	65	01:11:23	02:28:34	<b>03:22:05.30</b>	+01:49:31 (54.2%)	16:50	3.6 (46.2%)
951	<b>PRZECH Bartosz</b>	<b>727</b>	DELOITTE ADVENTURE TEAM	#4OPEN	104	00:51:19	02:12:41	<b>03:22:05.80</b>	+01:49:31 (54.2%)	16:50	3.6 (46.2%)
952	<b>STAWINOGA Paweł</b>	<b>1074</b>		#5OPEN	106	01:09:03	02:24:03	<b>03:22:25.70</b>	+01:49:51 (54.3%)	16:52	3.6 (46.2%)
953	<b>WROCHNA Michał</b>	<b>1016</b>	POPGYM RADOM	#5OPEN	107	01:09:26	02:22:49	<b>03:22:32.50</b>	+01:49:58 (54.3%)	16:52	3.6 (46.2%)
954	<b>WALEWICZ Piotr</b>	<b>360</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	116	01:12:03	02:28:06	<b>03:22:33.00</b>	+01:49:59 (54.3%)	16:52	3.6 (46.2%)
955	<b>WOŹNIAK Maciej</b>	<b>1015</b>	POPGYM RADOM	#5OPEN	108	01:07:15	02:22:48	<b>03:22:34.70</b>	+01:50:00 (54.3%)	16:52	3.6 (46.2%)
956	<b>PRYCA Mateusz</b>	<b>1185</b>	TWARDOŚĆ I NIEPOCZYTALNOŚĆ	#6OPEN	92	01:04:22	02:19:14	<b>03:22:39.05</b>	+01:50:05 (54.3%)	16:53	3.6 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
957	<b>ZIĘTEK Jakub</b>	<b>376</b>	SGB SAMO SIĘ NIE PRZEBIEGNIE	#2OPEN	117	01:13:57	02:29:30	<b>03:23:13.45</b>	+01:50:39 (54.5%)	16:56	3.5 (44.9%)
958	<b>KORPUS- MIELCZARSKA Katarzyna</b>	<b>372</b>	SGB SAMO SIĘ NIE PRZEBIEGNIE	#2OPEN	118	01:15:05	02:29:32	<b>03:23:13.90</b>	+01:50:40 (54.5%)	16:56	3.5 (44.9%)
959	<b>MACIĄŻEK Grzegorz</b>	<b>374</b>	SGB SAMO SIĘ NIE PRZEBIEGNIE	#2OPEN	119	01:14:19	02:29:44	<b>03:23:14.15</b>	+01:50:40 (54.5%)	16:56	3.5 (44.9%)
960	<b>OLSZEWSKI Marek</b>	<b>373</b>	SGB SAMO SIĘ NIE PRZEBIEGNIE	#2OPEN	120	01:14:14	02:29:28	<b>03:23:14.35</b>	+01:50:40 (54.5%)	16:56	3.5 (44.9%)
960	<b>KATANOWSKA Elwira</b>	<b>370</b>	SGB SAMO SIĘ NIE PRZEBIEGNIE	#2OPEN	121	01:13:56	02:29:30	<b>03:23:14.35</b>	+01:50:40 (54.5%)	16:56	3.5 (44.9%)
962	<b>SZRETER Marta</b>	<b>375</b>	SGB SAMO SIĘ NIE PRZEBIEGNIE	#2OPEN	122	01:14:17	02:29:33	<b>03:23:14.50</b>	+01:50:40 (54.5%)	16:56	3.5 (44.9%)
963	<b>JÓRASZ Maciej</b>	<b>1189</b>	ZĄŁOGA ORZEŁA 7	#6OPEN	93	01:07:02	02:22:17	<b>03:23:28.65</b>	+01:50:54 (54.5%)	16:57	3.5 (44.9%)
964	<b>KOPEĆ Krzysztof</b>	<b>1325</b>	KABANOSY	#7OPEN	66	01:10:44	02:28:34	<b>03:23:28.95</b>	+01:50:55 (54.5%)	16:57	3.5 (44.9%)
965	<b>KRZYSZTOSZEK Katarzyna</b>	<b>1188</b>	ZĄŁOGA ORZEŁA 7	#6OPEN	94	01:07:44	02:22:15	<b>03:23:29.45</b>	+01:50:55 (54.5%)	16:57	3.5 (44.9%)
966	<b>SERDEŃ Piotr</b>	<b>1231</b>		#6OPEN	95	01:05:31	02:24:55	<b>03:23:36.20</b>	+01:51:02 (54.5%)	16:58	3.5 (44.9%)
967	<b>KAMECKI Krystian</b>	<b>1248</b>		#6OPEN	96	01:05:06	02:24:54	<b>03:23:37.10</b>	+01:51:03 (54.5%)	16:58	3.5 (44.9%)
968	<b>LESZCZYŃSKI Karol</b>	<b>1326</b>	KABANOSY	#7OPEN	67	01:12:50	02:28:54	<b>03:23:37.35</b>	+01:51:03 (54.5%)	16:58	3.5 (44.9%)
969	<b>GŁUCH Krystian</b>	<b>1257</b>		#6OPEN	97	01:07:44	02:24:57	<b>03:23:38.10</b>	+01:51:04 (54.5%)	16:58	3.5 (44.9%)
970	<b>DZIEDZIC Bogusław</b>	<b>5007</b>		#6OPEN	98	01:02:54	02:24:28	<b>03:23:47.60</b>	+01:51:13 (54.6%)	16:59	3.5 (44.9%)
971	<b>BERNAŚ Anna</b>	<b>1373</b>	STREFA SIŁY SANDOMIERZ	#7OPEN	68	01:09:05	02:24:31	<b>03:24:10.25</b>	+01:51:36 (54.7%)	17:00	3.5 (44.9%)
972	<b>PIĄTEK Krystian</b>	<b>968</b>	JANUSZE	#5OPEN	109	01:07:14	02:24:17	<b>03:24:13.00</b>	+01:51:39 (54.7%)	17:01	3.5 (44.9%)
973	<b>PŁATEK Katarzyna</b>	<b>1358</b>	POWER TRAINING	#4OPEN	105	01:10:29	02:25:27	<b>03:24:29.35</b>	+01:51:55 (54.7%)	17:02	3.5 (44.9%)
974	<b>GÓRAK Agnieszka</b>	<b>1357</b>	POWER TRAINING	#4OPEN	106	01:09:31	02:25:27	<b>03:24:29.85</b>	+01:51:55 (54.7%)	17:02	3.5 (44.9%)
975	<b>KIJAK Maszka</b>	<b>805</b>	RUDA TEAM	#4OPEN	107	00:48:32	02:14:37	<b>03:24:41.45</b>	+01:52:07 (54.8%)	17:03	3.5 (44.9%)
976	<b>BILON-MOLENDA Alicja</b>	<b>293</b>	CROSSFIT BYDGOSZCZ	#2OPEN	123	01:09:20	02:25:06	<b>03:24:55.75</b>	+01:52:21 (54.8%)	17:04	3.5 (44.9%)
977	<b>WOŹNIAK Adam</b>	<b>1305</b>	CHODŹ NA POLE TEAM	#7OPEN	69	01:18:54	02:40:58	<b>03:25:20.10</b>	+01:52:46 (54.9%)	17:06	3.5 (44.9%)
978	<b>JASTRZĘBSKA Anna</b>	<b>922</b>	CROSSFIT SIEDLCE	#5OPEN	110	01:10:40	02:29:15	<b>03:25:42.65</b>	+01:53:08 (55.0%)	17:08	3.5 (44.9%)
979	<b>MISZCZAK Kamil</b>	<b>272</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#4OPEN	108	01:08:43	02:32:16	<b>03:26:15.25</b>	+01:53:41 (55.1%)	17:11	3.5 (44.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo	Tempo
						3km	6km	netto		12km	min/km
980	<b>PIĘTAK Igor</b>	<b>809</b>	RUN N FUN	#4OPEN	109	01:08:31	02:32:12	<b>03:26:15.45</b>	+01:53:41 (55.1%)	17:11	3.5 (44.9%)
981	<b>MISZTAL Katarzyna</b>	<b>810</b>	RUN N FUN	#4OPEN	110	01:08:38	02:32:16	<b>03:26:16.15</b>	+01:53:42 (55.1%)	17:11	3.5 (44.9%)
982	<b>IWAŃSKA Diana</b>	<b>807</b>	RUN N FUN	#4OPEN	111	01:08:36	02:32:17	<b>03:26:17.20</b>	+01:53:43 (55.1%)	17:11	3.5 (44.9%)
983	<b>LEŚNIEWSKI Jarosław</b>	<b>811</b>	RUN N FUN	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	16	01:10:16	02:32:22	<b>03:26:17.45</b>	+01:53:43 (55.1%)	17:11	3.5 (44.9%)
984	<b>IWAŃSKI Grzegorz</b>	<b>808</b>	RUN N FUN	#4OPEN	112	01:08:53	02:32:18	<b>03:26:17.70</b>	+01:53:43 (55.1%)	17:11	3.5 (44.9%)
985	<b>WOJNAROWSKI Kamil</b>	<b>1379</b>		#7OPEN	70	01:08:58	02:26:43	<b>03:26:39.95</b>	+01:54:06 (55.2%)	17:13	3.5 (44.9%)
986	<b>JAJKO Elzbieta</b>	<b>670</b>		#3OPEN	134	01:12:25	02:29:02	<b>03:26:52.70</b>	+01:54:18 (55.3%)	17:14	3.5 (44.9%)
987	<b>PYRA Marek</b>	<b>912</b>	BIEGAM Z ABS	#5OPEN	111	01:14:02	02:31:09	<b>03:27:49.50</b>	+01:55:15 (55.5%)	17:19	3.5 (44.9%)
988	<b>SŁOMKA Jacek</b>	<b>944</b>	DZIKA EKIPA	#5OPEN	112	01:13:24	02:31:08	<b>03:27:49.75</b>	+01:55:15 (55.5%)	17:19	3.5 (44.9%)
989	<b>ZAGRABA Krzysztof</b>	<b>947</b>	DZIKA EKIPA	#5OPEN	113	01:13:20	02:31:13	<b>03:27:51.65</b>	+01:55:17 (55.5%)	17:19	3.5 (44.9%)
990	<b>RYBIŃSKA Anna</b>	<b>1039</b>	WILDCATS CROSSFIT LUBLIN	#5OPEN	114	01:13:54	02:31:08	<b>03:28:00.80</b>	+01:55:26 (55.5%)	17:20	3.5 (44.9%)
991	<b>MADEJ Elżbieta</b>	<b>423</b>		#2OPEN	124	01:11:17	02:30:35	<b>03:28:10.15</b>	+01:55:36 (55.5%)	17:20	3.5 (44.9%)
992	<b>GORAJSKI Piotr</b>	<b>62</b>	JADYMA	#1OPEN	142	01:12:57	02:36:30	<b>03:28:31.60</b>	+01:55:57 (55.6%)	17:22	3.5 (44.9%)
993	<b>WASILEWSKA Monika</b>	<b>626</b>	TEAM ŁUKÓW	#3OPEN	135	01:16:02	02:29:05	<b>03:28:41.90</b>	+01:56:08 (55.6%)	17:23	3.4 (43.6%)
994	<b>STOMPAJ Agnieszka</b>	<b>942</b>	DZIKA EKIPA	#5OPEN	115	01:14:32	02:31:02	<b>03:28:47.60</b>	+01:56:13 (55.7%)	17:23	3.4 (43.6%)
995	<b>RÓŻYCKA Hanna</b>	<b>1615</b>		#8OPEN	63	01:07:24	02:26:46	<b>03:28:50.00</b>	+01:56:16 (55.7%)	17:24	3.4 (43.6%)
996	<b>ZAGRABA Katarzyna</b>	<b>945</b>	DZIKA EKIPA	#5OPEN	116	01:13:58	02:31:02	<b>03:28:50.70</b>	+01:56:16 (55.7%)	17:24	3.4 (43.6%)
997	<b>DZIDO Zbigniew</b>	<b>7100</b>		#8OPEN	64	01:07:08	02:26:33	<b>03:28:51.55</b>	+01:56:17 (55.7%)	17:24	3.4 (43.6%)
998	<b>SADURA Marek</b>	<b>949</b>	DZIKA EKIPA	#5OPEN	117	01:14:24	02:31:09	<b>03:28:54.25</b>	+01:56:20 (55.7%)	17:24	3.4 (43.6%)
999	<b>KRÓLIKOWSKA Katarzyna</b>	<b>946</b>	DZIKA EKIPA	#5OPEN	118	01:14:10	02:31:03	<b>03:28:54.45</b>	+01:56:20 (55.7%)	17:24	3.4 (43.6%)
999	<b>TOKARSKI Jacek</b>	<b>943</b>	DZIKA EKIPA	#5OPEN	119	01:13:55	02:31:20	<b>03:28:54.45</b>	+01:56:20 (55.7%)	17:24	3.4 (43.6%)
1001	<b>MATA CZ Monika</b>	<b>950</b>	DZIKA EKIPA	#5OPEN	120	01:14:20	02:31:24	<b>03:28:54.55</b>	+01:56:20 (55.7%)	17:24	3.4 (43.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
1002	<b>SZWEDA Katarzyna</b>	<b>1614</b>		#8OPEN	65	01:07:06	02:26:27	<b>03:28:58.05</b>	+01:56:24 (55.7%)	17:24	3.4 (43.6%)
1003	<b>SIWEK Aleksandra</b>	<b>182</b>		#1OPEN	143	01:10:38	02:32:53	<b>03:29:13.55</b>	+01:56:39 (55.8%)	17:26	3.4 (43.6%)
1004	<b>RACZYŃSKA Gosia</b>	<b>121</b>	POWERADE TEAM	#1OPEN	144	01:11:04	02:32:52	<b>03:29:14.20</b>	+01:56:40 (55.8%)	17:26	3.4 (43.6%)
1004	<b>OCHOJSKI Dominik</b>	<b>123</b>	POWERADE TEAM	#1OPEN	145	01:11:16	02:33:09	<b>03:29:14.20</b>	+01:56:40 (55.8%)	17:26	3.4 (43.6%)
1006	<b>STANOSZEK Agnieszka</b>	<b>118</b>	POWERADE TEAM	#1OPEN	146	01:09:30	02:32:52	<b>03:29:14.60</b>	+01:56:40 (55.8%)	17:26	3.4 (43.6%)
1007	<b>OCHOJSKA Sabina</b>	<b>122</b>	POWERADE TEAM	#1OPEN	147	01:09:22	02:33:07	<b>03:29:14.90</b>	+01:56:41 (55.8%)	17:26	3.4 (43.6%)
1008	<b>STANOSZEK Robert</b>	<b>119</b>	POWERADE TEAM	#1OPEN	148	01:11:10	02:33:04	<b>03:29:15.20</b>	+01:56:41 (55.8%)	17:26	3.4 (43.6%)
1009	<b>SIKORA Piotr</b>	<b>1206</b>		#6OPEN	99	01:07:04	02:27:22	<b>03:29:32.40</b>	+01:56:58 (55.8%)	17:27	3.4 (43.6%)
1010	<b>SIKORA Małgorzata</b>	<b>1207</b>		#6OPEN	100	01:08:11	02:27:21	<b>03:29:32.85</b>	+01:56:58 (55.8%)	17:27	3.4 (43.6%)
1011	<b>TCHÓRZ Łukasz</b>	<b>849</b>		#4OPEN	113	01:10:30	02:28:43	<b>03:29:36.40</b>	+01:57:02 (55.8%)	17:28	3.4 (43.6%)
1012	<b>TOMASIAK Angelika</b>	<b>850</b>		#4OPEN	114	01:10:30	02:28:44	<b>03:29:36.45</b>	+01:57:02 (55.8%)	17:28	3.4 (43.6%)
1013	<b>DWORNIKIEWICZ Alena</b>	<b>345</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	125	01:12:56	02:29:33	<b>03:29:48.25</b>	+01:57:14 (55.9%)	17:29	3.4 (43.6%)
1014	<b>SKRZYŃSKA Karolina</b>	<b>353</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	126	01:11:54	02:29:33	<b>03:29:49.65</b>	+01:57:15 (55.9%)	17:29	3.4 (43.6%)
1015	<b>RYNIEC Tomasz</b>	<b>359</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	127	01:12:45	02:29:36	<b>03:29:50.95</b>	+01:57:17 (55.9%)	17:29	3.4 (43.6%)
1016	<b>WOŹNICKA Dominika</b>	<b>765-</b>		#2OPEN	128	01:13:02	02:29:36	<b>03:30:08.85</b>	+01:57:34 (56.0%)	17:30	3.4 (43.6%)
1017	<b>ILNICKA Magdalena</b>	<b>714</b>	BRAVEHEARTS LEGIONOWO	Klasyfikacja studentów - kobiety	11	01:27:07	02:33:18	<b>03:30:10.45</b>	+01:57:36 (56.0%)	17:30	3.4 (43.6%)
1018	<b>WILCZYŃSKI Dariusz</b>	<b>363</b>	OCR TEAM WŁOCŁAWEK	#2OPEN	129	01:12:42	02:29:39	<b>03:30:12.60</b>	+01:57:38 (56.0%)	17:31	3.4 (43.6%)
1019	<b>LISOWSKI Karol</b>	<b>1213</b>		#6OPEN	101	01:08:25	02:27:25	<b>03:30:29.60</b>	+01:57:55 (56.0%)	17:32	3.4 (43.6%)
1020	<b>KAMIŃSKA Magdalena</b>	<b>1260</b>		#6OPEN	102	01:08:32	02:27:27	<b>03:30:31.00</b>	+01:57:57 (56.0%)	17:32	3.4 (43.6%)
1021	<b>PANEK Anna</b>	<b>260</b>	ALBO W SZALE ALBO WCALE	#2OPEN	130	01:19:33	02:34:36	<b>03:30:54.55</b>	+01:58:20 (56.1%)	17:34	3.4 (43.6%)
1022	<b>JANIKOWSKI Łukasz</b>	<b>262</b>	ALBO W SZALE ALBO WCALE	#2OPEN	131	01:19:43	02:34:39	<b>03:30:57.30</b>	+01:58:23 (56.1%)	17:34	3.4 (43.6%)
1023	<b>GRYC Piotr</b>	<b>26</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	149	01:10:35	02:27:42	<b>03:31:15.35</b>	+01:58:41 (56.2%)	17:36	3.4 (43.6%)
1024	<b>SZULCZEWSKA Maja</b>	<b>25</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	150	01:13:26	02:33:58	<b>03:31:16.15</b>	+01:58:42 (56.2%)	17:36	3.4 (43.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
1025	<b>BIEROŃ Robert</b>	<b>20</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	151	01:13:33	02:33:58	<b>03:31:16.55</b>	+01:58:42 (56.2%)	17:36	3.4 (43.6%)
1026	<b>POKOJSKA Ewa</b>	<b>17</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	152	01:10:24	02:27:32	<b>03:31:17.60</b>	+01:58:43 (56.2%)	17:36	3.4 (43.6%)
1027	<b>DĄBROWSKA Małgorzata</b>	<b>644</b>		#3OPEN	136	00:51:51	02:22:32	<b>03:31:29.55</b>	+01:58:55 (56.2%)	17:37	3.4 (43.6%)
1028	<b>DĄBROWSKI Andrzej</b>	<b>645</b>		#3OPEN	137	00:52:18	02:22:34	<b>03:31:31.70</b>	+01:58:57 (56.2%)	17:37	3.4 (43.6%)
1029	<b>BOŚ Małgorzata</b>	<b>1217</b>	5 Z TOMKIEM WLOCLAWEK	Kobiety Open	3	01:13:08	02:29:36	<b>03:31:43.90</b>	+01:59:10 (56.3%)	17:38	3.4 (43.6%)
1030	<b>SMUGA Ernest</b>	<b>669</b>		#3OPEN	138	01:09:56	02:35:02	<b>03:31:46.10</b>	+01:59:12 (56.3%)	17:38	3.4 (43.6%)
1031	<b>FIJOŁEK Dominik</b>	<b>446</b>		#2OPEN	132	01:11:20	02:33:54	<b>03:31:49.95</b>	+01:59:16 (56.3%)	17:39	3.4 (43.6%)
1032	<b>KORYCKI Bartłomiej</b>	<b>445</b>		#2OPEN	133	01:09:42	02:33:51	<b>03:31:50.25</b>	+01:59:16 (56.3%)	17:39	3.4 (43.6%)
1033	<b>MICHALAK Ewelina</b>	<b>443</b>		#2OPEN	134	01:09:56	02:29:55	<b>03:31:50.50</b>	+01:59:16 (56.3%)	17:39	3.4 (43.6%)
1034	<b>KSEN Alicja</b>	<b>442</b>		#2OPEN	135	01:10:16	02:29:55	<b>03:31:52.20</b>	+01:59:18 (56.3%)	17:39	3.4 (43.6%)
1035	<b>JOBDA Agnieszka</b>	<b>5019</b>		Kobiety Open	4	01:11:34	02:33:59	<b>03:31:53.55</b>	+01:59:19 (56.3%)	17:39	3.4 (43.6%)
1036	<b>KURENKO Kasia</b>	<b>140</b>	SKARPARK	#1OPEN	153	01:13:37	02:32:36	<b>03:32:01.35</b>	+01:59:27 (56.3%)	17:40	3.4 (43.6%)
1037	<b>JAŚKIEWICZ Paulina</b>	<b>1588</b>		#8OPEN	66	01:05:23	02:25:40	<b>03:32:03.55</b>	+01:59:29 (56.3%)	17:40	3.4 (43.6%)
1038	<b>GERMAN Bartłomiej</b>	<b>1508</b>	BRAK	#8OPEN	67	01:05:38	02:25:39	<b>03:32:03.60</b>	+01:59:29 (56.3%)	17:40	3.4 (43.6%)
1039	<b>WŁODARCZYK Agnieszka</b>	<b>585</b>	KONIUCHY	#3OPEN	139	01:06:19	02:32:41	<b>03:32:20.15</b>	+01:59:46 (56.4%)	17:41	3.4 (43.6%)
1040	<b>BŁASZCZAK Mateusz</b>	<b>583</b>	KONIUCHY	#3OPEN	140	01:07:57	02:32:45	<b>03:32:21.40</b>	+01:59:47 (56.4%)	17:41	3.4 (43.6%)
1041	<b>CIERZNIAK Krzysztof</b>	<b>665</b>		#3OPEN	141	01:14:10	02:34:14	<b>03:32:41.25</b>	+02:00:07 (56.5%)	17:43	3.4 (43.6%)
1042	<b>ŁOTECKI Maciej</b>	<b>1118</b>	CIASTECHKOWE POTWORY	#6OPEN	103	01:14:08	02:35:51	<b>03:32:41.55</b>	+02:00:07 (56.5%)	17:43	3.4 (43.6%)
1043	<b>CIEŻNIAK Monika</b>	<b>664</b>		#3OPEN	142	01:14:07	02:34:12	<b>03:32:41.65</b>	+02:00:07 (56.5%)	17:43	3.4 (43.6%)
1044	<b>IZDEBSKA Dominika</b>	<b>1116</b>	CIASTECHKOWE POTWORY	#6OPEN	104	01:14:09	02:35:51	<b>03:32:42.25</b>	+02:00:08 (56.5%)	17:43	3.4 (43.6%)
1045	<b>DZIKI Kazimierz</b>	<b>933</b>	CSWIS LEŻAJSK	#5OPEN	121	01:20:03	02:40:08	<b>03:32:44.30</b>	+02:00:10 (56.5%)	17:43	3.4 (43.6%)
1046	<b>CZUBAK Maciej</b>	<b>744</b>	FC MELANŻ	#4OPEN	115	00:58:31	02:21:25	<b>03:32:47.35</b>	+02:00:13 (56.5%)	17:43	3.4 (43.6%)
1047	<b>LITWINIUK Natalia</b>	<b>332</b>	KOMPANIA LEŚNI	#2OPEN	136	01:14:10	02:35:43	<b>03:32:48.35</b>	+02:00:14 (56.5%)	17:44	3.4 (43.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
1048	<b>BOCHEN Artur</b>	<b>522</b>	BIEGNĘ, ALE DOKĄD? "BAD"	Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni	17	01:17:12	02:40:54	<b>03:33:14.95</b>	+02:00:41 (56.6%)	17:46	3.4 (43.6%)
1049	<b>JEŻAK Rafał</b>	<b>610</b>	RUDA TEAM	#3OPEN	143	01:08:14	02:29:43	<b>03:33:17.40</b>	+02:00:43 (56.6%)	17:46	3.4 (43.6%)
1050	<b>STANEK Dawid</b>	<b>270</b>	BIEGNĘ, ALE DOKĄD? "BAD"	#2OPEN	137	01:16:42	02:41:01	<b>03:33:17.75</b>	+02:00:43 (56.6%)	17:46	3.4 (43.6%)
1051	<b>SOBOLEWSKI Rafał</b>	<b>254</b>	5 SÓW RUN TEAM PIŃCZÓW	#2OPEN	138	01:17:25	02:41:13	<b>03:33:17.80</b>	+02:00:43 (56.6%)	17:46	3.4 (43.6%)
1052	<b>RÓŻAŁSKI Remigiusz</b>	<b>268</b>	BIEGNĘ, ALE DOKĄD? "BAD"	#2OPEN	139	01:17:08	02:41:02	<b>03:33:18.40</b>	+02:00:44 (56.6%)	17:46	3.4 (43.6%)
1053	<b>BOCHEN Agnieszka</b>	<b>5002</b>	BAD BIEGNĘ ALE DOKĄD	Kobiety Open	5	01:16:37	02:40:57	<b>03:33:18.75</b>	+02:00:44 (56.6%)	17:46	3.4 (43.6%)
1054	<b>RÓŻAŁSKA Dorota</b>	<b>269</b>	BIEGNĘ, ALE DOKĄD? "BAD"	#2OPEN	140	01:16:45	02:41:05	<b>03:33:18.90</b>	+02:00:45 (56.6%)	17:46	3.4 (43.6%)
1055	<b>MIKUŚKIEWICZ Piotr</b>	<b>250</b>	5 SÓW RUN TEAM PIŃCZÓW	#2OPEN	141	01:17:28	02:41:01	<b>03:33:19.25</b>	+02:00:45 (56.6%)	17:46	3.4 (43.6%)
1056	<b>JĘDROCHA Piotr</b>	<b>253</b>	5 SÓW RUN TEAM PIŃCZÓW	#2OPEN	142	01:17:19	02:41:10	<b>03:33:19.55</b>	+02:00:45 (56.6%)	17:46	3.4 (43.6%)
1057	<b>WALKIEWICZ Karolina</b>	<b>275</b>	BIEGNĘ,ALE DOKĄD? "BAD"	#2OPEN	143	01:15:57	02:40:57	<b>03:33:20.30</b>	+02:00:46 (56.6%)	17:46	3.4 (43.6%)
1058	<b>STANEK Karolina</b>	<b>271</b>	BIEGNĘ, ALE DOKĄD? "BAD"	#2OPEN	144	01:16:32	02:41:03	<b>03:33:20.50</b>	+02:00:46 (56.6%)	17:46	3.4 (43.6%)
1059	<b>FIJAŁKOWSKI Dariusz</b>	<b>252</b>	5 SÓW RUN TEAM PIŃCZÓW	#2OPEN	145	01:17:45	02:41:07	<b>03:33:20.55</b>	+02:00:46 (56.6%)	17:46	3.4 (43.6%)
1060	<b>KOZAK Paulina</b>	<b>1604</b>		#8OPEN	68	00:59:02	02:09:42	<b>03:33:49.70</b>	+02:01:15 (56.7%)	17:49	3.4 (43.6%)
1061	<b>MICHALIK Kamil</b>	<b>1603</b>		#8OPEN	69	00:59:07	02:09:41	<b>03:33:50.80</b>	+02:01:16 (56.7%)	17:49	3.4 (43.6%)
1062	<b>IZDEBSKI Mariusz</b>	<b>1119</b>	CIASTECHKOWE POTWORY	#6OPEN	105	01:14:10	02:35:55	<b>03:33:52.40</b>	+02:01:18 (56.7%)	17:49	3.4 (43.6%)
1063	<b>MYSTEK Aleksandra</b>	<b>1117</b>	CIASTECHKOWE POTWORY	#6OPEN	106	01:13:54	02:35:57	<b>03:33:52.65</b>	+02:01:18 (56.7%)	17:49	3.4 (43.6%)
1064	<b>ZAMRZYCKA Oliwia</b>	<b>351</b>	OCR TEAM WŁOCLAWEK	#2OPEN	146	01:17:38	02:42:00	<b>03:34:19.55</b>	+02:01:45 (56.8%)	17:51	3.4 (43.6%)
1065	<b>TANOUS Dominik</b>	<b>708</b>	BPAT	#4OPEN	116	01:07:36	02:27:36	<b>03:34:45.20</b>	+02:02:11 (56.9%)	17:53	3.4 (43.6%)
1066	<b>CHOJNOWSKI Krzysztof</b>	<b>710</b>	BPAT	#4OPEN	117	01:07:57	02:27:34	<b>03:34:45.90</b>	+02:02:12 (56.9%)	17:53	3.4 (43.6%)
1067	<b>BERESINSKI Marcin</b>	<b>711</b>	BPAT	#4OPEN	118	01:07:20	02:27:56	<b>03:34:45.95</b>	+02:02:12 (56.9%)	17:53	3.4 (43.6%)
1068	<b>BUGAJ Marcin</b>	<b>60</b>	JADYMA	#1OPEN	154	01:13:14	02:36:29	<b>03:34:46.80</b>	+02:02:12 (56.9%)	17:53	3.4 (43.6%)
1069	<b>SZWAGIEL Mateusz</b>	<b>819</b>	TKO BAND	#4OPEN	119	01:13:21	02:34:19	<b>03:35:22.15</b>	+02:02:48 (57.0%)	17:56	3.3 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
1070	<b>OPRZAŃSKI Arek</b>	<b>816</b>	TKO BAND	#4OPEN	120	01:13:12	02:34:19	<b>03:35:22.40</b>	+02:02:48 (57.0%)	17:56	3.3 (42.3%)
1071	<b>KAROLAK Karol</b>	<b>1917</b>	REPREZENTACJA NARODOWA SAN ESCOBAR	#10OPEN	18	01:09:53	02:32:59	<b>03:35:57.70</b>	+02:03:23 (57.1%)	17:59	3.3 (42.3%)
1072	<b>KAROLAK Monika</b>	<b>1918</b>	REPREZENTACJA NARODOWA SAN ESCOBAR	#10OPEN	19	01:08:47	02:33:07	<b>03:35:57.85</b>	+02:03:23 (57.1%)	17:59	3.3 (42.3%)
1073	<b>BEREDA Szymon</b>	<b>1920</b>	REPREZENTACJA NARODOWA SAN ESCOBAR	#10OPEN	20	01:09:14	02:33:00	<b>03:35:58.30</b>	+02:03:24 (57.1%)	17:59	3.3 (42.3%)
1074	<b>BEREDA Mateusz</b>	<b>1921</b>	REPREZENTACJA NARODOWA SAN ESCOBAR	#10OPEN	21	01:09:47	02:33:08	<b>03:35:59.25</b>	+02:03:25 (57.1%)	17:59	3.3 (42.3%)
1075	<b>WOJTCZYK Tomasz</b>	<b>1922</b>	REPREZENTACJA NARODOWA SAN ESCOBAR	#10OPEN	22	01:09:51	02:33:08	<b>03:35:59.65</b>	+02:03:25 (57.1%)	17:59	3.3 (42.3%)
1076	<b>MASTEK Katarzyna</b>	<b>845</b>		#4OPEN	121	01:18:14	02:37:35	<b>03:36:04.90</b>	+02:03:31 (57.2%)	18:00	3.3 (42.3%)
1077	<b>PRZECH-FUS Agnieszka</b>	<b>159</b>	WW TEAM	#1OPEN	155	01:15:37	02:39:00	<b>03:36:34.70</b>	+02:04:00 (57.3%)	18:02	3.3 (42.3%)
1078	<b>MALEC Basia</b>	<b>40</b>	CROSSFIT LUBLIN	Klasyfikacja studentów - kobiety	12	01:15:30	02:39:03	<b>03:36:35.50</b>	+02:04:01 (57.3%)	18:03	3.3 (42.3%)
1079	<b>NICIEJEWSKI Daniel</b>	<b>1367</b>	RUN FOREST,RUN	#7OPEN	71	01:11:16	02:33:36	<b>03:37:20.10</b>	+02:04:46 (57.4%)	18:06	3.3 (42.3%)
1080	<b>PILARSKA Agata</b>	<b>1368</b>	RUN FOREST,RUN	#7OPEN	72	01:12:00	02:33:46	<b>03:37:20.70</b>	+02:04:46 (57.4%)	18:06	3.3 (42.3%)
1081	<b>NICIEJEWSKI Marcin</b>	<b>1369</b>	RUN FOREST,RUN	#7OPEN	73	01:11:36	02:33:40	<b>03:37:21.15</b>	+02:04:47 (57.4%)	18:06	3.3 (42.3%)
1082	<b>NOWICKI Artur</b>	<b>581</b>	JAK ŻÓŁWIE W GALOPIE	#3OPEN	144	01:07:53	02:32:55	<b>03:37:30.85</b>	+02:04:56 (57.4%)	18:07	3.3 (42.3%)
1083	<b>AMBROZIAK Rafał</b>	<b>928</b>	CROSSFIT SIEDLCE	#5OPEN	122	01:10:59	02:29:17	<b>03:37:32.55</b>	+02:04:58 (57.4%)	18:07	3.3 (42.3%)
1084	<b>CHMIELNICKI Michał</b>	<b>133</b>	SKARPARK	#1OPEN	156	01:14:01	02:36:27	<b>03:37:54.25</b>	+02:05:20 (57.5%)	18:09	3.3 (42.3%)
1085	<b>WALEŃKO Maciej</b>	<b>634</b>	W&M	#3OPEN	145	01:12:25	02:39:58	<b>03:38:00.05</b>	+02:05:26 (57.5%)	18:10	3.3 (42.3%)
1086	<b>STRÓŻEWSKA Wiktoria</b>	<b>635</b>	W&M	#3OPEN	146	01:12:53	02:39:08	<b>03:38:02.55</b>	+02:05:28 (57.5%)	18:10	3.3 (42.3%)
1087	<b>KNIEĆ Joanna</b>	<b>603</b>	POWER TRAINING	#3OPEN	147	01:12:56	02:39:07	<b>03:38:13.55</b>	+02:05:39 (57.6%)	18:11	3.3 (42.3%)
1088	<b>SUCHOROWSKA Agnieszka</b>	<b>132</b>	SKARPARK	#1OPEN	157	01:13:58	02:36:28	<b>03:38:14.30</b>	+02:05:40 (57.6%)	18:11	3.3 (42.3%)
1089	<b>KUSZ Klaudia</b>	<b>321</b>	JAK ŻÓŁWIE W GALOPIE	#2OPEN	147	01:13:40	02:33:59	<b>03:38:21.30</b>	+02:05:47 (57.6%)	18:11	3.3 (42.3%)
1090	<b>KAŁKOWSKA Karolina</b>	<b>303</b>	DIRTY SPARROWS	#2OPEN	148	01:14:04	02:33:56	<b>03:38:21.50</b>	+02:05:47 (57.6%)	18:11	3.3 (42.3%)
1091	<b>FORYT Agata</b>	<b>319</b>	JAK ŻÓŁWIE W GALOPIE	#2OPEN	149	01:14:03	02:33:49	<b>03:38:21.60</b>	+02:05:47 (57.6%)	18:11	3.3 (42.3%)
1092	<b>KOPYCIOK Paweł</b>	<b>1411</b>		#7OPEN	74	01:07:08	02:25:39	<b>03:39:01.70</b>	+02:06:27 (57.7%)	18:15	3.3 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo	Tempo
						3km	6km	netto		12km	min/km
1093	<b>HYRA Katarzyna</b>	<b>1394</b>		#7OPEN	75	01:06:55	02:25:38	<b>03:39:06.75</b>	+02:06:32 (57.8%)	18:15	3.3 (42.3%)
1094	<b>PIĄTKOWSKA Daria</b>	<b>1384</b>		#7OPEN	76	01:07:03	02:25:39	<b>03:39:07.20</b>	+02:06:33 (57.8%)	18:15	3.3 (42.3%)
1095	<b>SZUŁCZYŃSKI Tomasz</b>	<b>72</b>	KRETY	#1OPEN	158	01:11:59	02:34:22	<b>03:39:18.85</b>	+02:06:44 (57.8%)	18:16	3.3 (42.3%)
1096	<b>PAWELCZAK Rafał</b>	<b>73</b>	KRETY	#1OPEN	159	01:11:54	02:34:23	<b>03:39:19.05</b>	+02:06:45 (57.8%)	18:16	3.3 (42.3%)
1097	<b>KAMIŃSKA-KURAŚ Magdalena</b>	<b>74</b>	KRETY	#1OPEN	160	01:11:57	02:34:24	<b>03:39:20.00</b>	+02:06:46 (57.8%)	18:16	3.3 (42.3%)
1098	<b>DĄBROWSKI Przemek</b>	<b>139</b>	SKARPARK	#1OPEN	161	01:13:46	02:32:34	<b>03:39:33.95</b>	+02:07:00 (57.8%)	18:17	3.3 (42.3%)
1099	<b>BARA Ewelina</b>	<b>66</b>	JERRY&EWKA	Klasyfikacja studentów - kobiety	13	01:20:14	02:37:34	<b>03:39:36.35</b>	+02:07:02 (57.8%)	18:18	3.3 (42.3%)
1100	<b>BARA Jarek</b>	<b>67</b>	JERRY&EWKA	#1OPEN	162	01:20:19	02:37:33	<b>03:39:36.50</b>	+02:07:02 (57.8%)	18:18	3.3 (42.3%)
1101	<b>JAKŚ Mariusz</b>	<b>1371</b>	RUN FOREST,RUN	#7OPEN	77	01:12:35	02:33:44	<b>03:39:42.65</b>	+02:07:08 (57.9%)	18:18	3.3 (42.3%)
1102	<b>SZYMCZAK Justyna</b>	<b>1370</b>	RUN FOREST,RUN	#7OPEN	78	01:12:26	02:33:47	<b>03:39:44.20</b>	+02:07:10 (57.9%)	18:18	3.3 (42.3%)
1103	<b>DZIADURA Damian</b>	<b>1590</b>	CKB TARNOBRZEG	#6OPEN	107	01:18:17	02:46:21	<b>03:40:07.90</b>	+02:07:34 (58.0%)	18:20	3.3 (42.3%)
1104	<b>NAREWSKI Marcin</b>	<b>1327</b>	KABANOSY	#7OPEN	79	01:12:06	02:30:59	<b>03:40:11.50</b>	+02:07:37 (58.0%)	18:20	3.3 (42.3%)
1105	<b>MARKIEWICZ Radosław</b>	<b>718</b>	BRAVEHEARTS LEGIONOWO	Klasyfikacja studentów - mężczyźni	34	01:36:57	02:43:15	<b>03:40:11.70</b>	+02:07:37 (58.0%)	18:21	3.3 (42.3%)
1106	<b>BOJANOWICZ Piotr</b>	<b>712</b>	BPAT	#4OPEN	122	01:13:10	02:34:49	<b>03:41:07.60</b>	+02:08:33 (58.1%)	18:25	3.3 (42.3%)
1107	<b>SKOCZYLAS Diana</b>	<b>1059</b>		#5OPEN	123	01:14:56	02:39:38	<b>03:41:20.70</b>	+02:08:46 (58.2%)	18:26	3.3 (42.3%)
1108	<b>BOJARA Sebastian</b>	<b>1017</b>	REPREZENTACJA NARODOWA SAN ESCOBAR	#5OPEN	124	01:12:40	02:38:31	<b>03:41:27.35</b>	+02:08:53 (58.2%)	18:27	3.3 (42.3%)
1109	<b>BEDLA Katarzyna</b>	<b>2555</b>		#5OPEN	125	01:12:41	02:38:31	<b>03:41:28.30</b>	+02:08:54 (58.2%)	18:27	3.3 (42.3%)
1110	<b>MOSKAŁA Maciej</b>	<b>920</b>	BRYGADA MM	#5OPEN	126	01:12:57	02:38:55	<b>03:41:37.80</b>	+02:09:03 (58.2%)	18:28	3.2 (41.0%)
1111	<b>MOSKAŁA Marta</b>	<b>919</b>	BRYGADA MM			01:13:26	02:39:40	<b>03:41:38.20</b>	+02:09:04 (58.2%)	18:28	3.2 (41.0%)
1112	<b>POPIOLEK Monika</b>	<b>15</b>	BIEGUSIEM.PL	#1OPEN	163	01:11:29	02:31:53	<b>03:41:55.45</b>	+02:09:21 (58.3%)	18:29	3.2 (41.0%)
1113	<b>POPIOŁEK Jacek</b>	<b>14</b>	BIEGUSIEM.PL	#1OPEN	164	01:11:39	02:31:54	<b>03:41:55.60</b>	+02:09:21 (58.3%)	18:29	3.2 (41.0%)
1114	<b>CHOŁUJ Karol</b>	<b>611</b>	SPPP RADOM	#3OPEN	148	01:04:36	02:35:00	<b>03:42:12.55</b>	+02:09:38 (58.3%)	18:31	3.2 (41.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
1115	<b>OŻÓG Mateusz</b>	<b>510</b>	ANIOŁKI GIANNIEGO	#3OPEN	149	01:07:43	02:32:55	<b>03:42:12.70</b>	+02:09:38 (58.3%)	18:31	3.2 (41.0%)
1116	<b>GIL Mateusz</b>	<b>1405</b>		#1OPEN	165	01:16:23	02:38:30	<b>03:42:47.30</b>	+02:10:13 (58.5%)	18:33	3.2 (41.0%)
1117	<b>BORDUN Maciej</b>	<b>144</b>	TARNOBRZEŻANIE	#1OPEN	166	01:17:01	02:40:03	<b>03:42:47.40</b>	+02:10:13 (58.5%)	18:34	3.2 (41.0%)
1118	<b>JASIEWSKI Wojtek</b>	<b>538</b>	BYDLAKI	#3OPEN	150	01:11:54	02:37:08	<b>03:43:12.40</b>	+02:10:38 (58.5%)	18:36	3.2 (41.0%)
1119	<b>TEPEREK Małgorzata</b>	<b>659</b>		#3OPEN	151	01:13:21	02:37:15	<b>03:43:16.25</b>	+02:10:42 (58.5%)	18:36	3.2 (41.0%)
1120	<b>KULIG-KARKOSZKA Agata</b>	<b>1201</b>		#6OPEN	108	01:27:32	02:47:16	<b>03:43:59.70</b>	+02:11:25 (58.7%)	18:39	3.2 (41.0%)
1121	<b>WÓJCIO Hubert</b>	<b>1253</b>		#6OPEN	109	01:28:21	02:47:18	<b>03:44:00.50</b>	+02:11:26 (58.7%)	18:40	3.2 (41.0%)
1122	<b>STROŃSKA Agnieszka</b>	<b>1516</b>	CKB TARNOBRZEG	Klasyfikacja studentów - kobiety	14	01:13:58	02:36:15	<b>03:44:07.05</b>	+02:11:33 (58.7%)	18:40	3.2 (41.0%)
1123	<b>HARNIK Michał</b>	<b>1522</b>	CKB TARNOBRZEG	#6OPEN	110	01:15:03	02:35:46	<b>03:44:07.55</b>	+02:11:33 (58.7%)	18:40	3.2 (41.0%)
1124	<b>GRĘBOWIEC Marcin</b>	<b>1523</b>	CKB TARNOBRZEG	#6OPEN	111	01:14:27	02:36:29	<b>03:44:07.70</b>	+02:11:33 (58.7%)	18:40	3.2 (41.0%)
1125	<b>ZIELIŃSKI Bartłomiej</b>	<b>1518</b>	CKB TARNOBRZEG	#6OPEN	112	01:12:52	02:35:38	<b>03:44:07.95</b>	+02:11:34 (58.7%)	18:40	3.2 (41.0%)
1125	<b>GÓRAJ Janusz</b>	<b>1525</b>	CKB TARNOBRZEG	#6OPEN	113	01:15:35	02:35:45	<b>03:44:07.95</b>	+02:11:34 (58.7%)	18:40	3.2 (41.0%)
1127	<b>WOJTASZ Katarzyna</b>	<b>7096</b>	CKB TARNOBRZEG	#6OPEN	114	01:14:34	02:36:07	<b>03:44:08.65</b>	+02:11:34 (58.7%)	18:40	3.2 (41.0%)
1128	<b>WRÓBEL Łukasz</b>	<b>1521</b>	CKB TARNOBRZEG	#6OPEN	115	01:14:11	02:35:45	<b>03:44:09.95</b>	+02:11:36 (58.7%)	18:40	3.2 (41.0%)
1129	<b>UCHAŃSKA-STASIAK Justyna</b>	<b>1529</b>	CKB TARNOBRZEG	#6OPEN	116	01:14:21	02:36:29	<b>03:44:10.20</b>	+02:11:36 (58.7%)	18:40	3.2 (41.0%)
1130	<b>PŁANETA Maciej</b>	<b>1517</b>	CKB TARNOBRZEG	#6OPEN	117	01:15:16	02:35:44	<b>03:44:10.40</b>	+02:11:36 (58.7%)	18:40	3.2 (41.0%)
1131	<b>GÓRAJ Edyta</b>	<b>1526</b>	CKB TARNOBRZEG	Klasyfikacja studentów - kobiety	15	01:13:45	02:35:37	<b>03:44:10.45</b>	+02:11:36 (58.7%)	18:40	3.2 (41.0%)
1132	<b>GÓRAJ Joanna</b>	<b>1527</b>	CKB TARNOBRZEG	#6OPEN	118	01:15:43	02:36:31	<b>03:44:10.90</b>	+02:11:37 (58.7%)	18:40	3.2 (41.0%)
1133	<b>NOWAK Anna</b>	<b>1524</b>	CKB TARNOBRZEG	#6OPEN	119	01:15:07	02:36:14	<b>03:44:11.10</b>	+02:11:37 (58.7%)	18:40	3.2 (41.0%)
1134	<b>LITKA Katarzyna</b>	<b>1531</b>	CKB TARNOBRZEG	#6OPEN	120	01:14:41	02:36:24	<b>03:44:12.50</b>	+02:11:38 (58.7%)	18:41	3.2 (41.0%)
1135	<b>BIAŁEK Beata</b>	<b>1520</b>	CKB TARNOBRZEG	#6OPEN	121	01:14:16	02:36:35	<b>03:44:13.25</b>	+02:11:39 (58.7%)	18:41	3.2 (41.0%)
1136	<b>SZUBA Łukasz</b>	<b>9</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#1OPEN	167	01:14:03	02:37:49	<b>03:44:29.90</b>	+02:11:56 (58.8%)	18:42	3.2 (41.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
1137	<b>WRÓBLEWSKA Agnieszka</b>	<b>346</b>	OCR TEAM WŁOCLAWEK	#2OPEN	150	01:17:13	02:43:46	<b>03:44:31.35</b>	+02:11:57 (58.8%)	18:42	3.2 (41.0%)
1138	<b>SZUBA Izabela</b>	<b>7</b>	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	#1OPEN	168	01:14:11	02:37:50	<b>03:44:31.40</b>	+02:11:57 (58.8%)	18:42	3.2 (41.0%)
1139	<b>ZAMRZYCKA Katarzyna</b>	<b>350</b>	OCR TEAM WŁOCLAWEK	#2OPEN	151	01:17:38	02:43:45	<b>03:44:32.60</b>	+02:11:58 (58.8%)	18:42	3.2 (41.0%)
1140	<b>PIOTROWSKI Jerzy</b>	<b>107</b>	POWER TRAINING	#1OPEN	169	01:11:48	02:36:46	<b>03:44:47.30</b>	+02:12:13 (58.8%)	18:43	3.2 (41.0%)
1141	<b>MAZUR Michał</b>	<b>ELITE M 1</b>	126P TEAM	Masters	11	01:09:52	02:32:11	<b>03:44:59.65</b>	+02:12:25 (58.9%)	18:45	3.2 (41.0%)
1142	<b>POLKOWSKA Ewa</b>	<b>3643</b>		#5OPEN	127	01:10:58	02:38:07	<b>03:45:24.40</b>	+02:12:50 (58.9%)	18:47	3.2 (41.0%)
1143	<b>CAŁA-KOŁUCKA Małgorzata</b>	<b>788</b>	PIKUTKOWO TEAM	#4OPEN	123	01:15:09	02:37:53	<b>03:45:24.70</b>	+02:12:50 (58.9%)	18:47	3.2 (41.0%)
1144	<b>KOŁUCKI Stefan</b>	<b>784</b>	PIKUTKOWO TEAM	#4OPEN	124	01:15:14	02:37:48	<b>03:45:24.90</b>	+02:12:51 (58.9%)	18:47	3.2 (41.0%)
1145	<b>STYGA Dominik</b>	<b>1567</b>	KUDLATY4	Klasyfikacja służb mundurowych - mężczyźni	8	01:15:09	02:45:30	<b>03:45:26.70</b>	+02:12:52 (58.9%)	18:47	3.2 (41.0%)
1146	<b>STYGA Aleksandra</b>	<b>1566</b>	KUDLATY4	#4OPEN	125	01:15:03	02:45:31	<b>03:45:27.15</b>	+02:12:53 (58.9%)	18:47	3.2 (41.0%)
1147	<b>WEŁNA Wojtek</b>	<b>1156</b>	POZDRO Z BIEŻNI	#6OPEN	122	01:07:46	02:17:24	<b>03:45:39.20</b>	+02:13:05 (59.0%)	18:48	3.2 (41.0%)
1148	<b>MAKSYMIOUK Paweł</b>	<b>98</b>	ONE PUNCH MAN TEAM	#1OPEN	170	01:11:04	02:37:49	<b>03:45:48.50</b>	+02:13:14 (59.0%)	18:49	3.2 (41.0%)
1149	<b>JAKUBOWSKI Michał</b>	<b>100</b>	ONE PUNCH MAN TEAM	#1OPEN	171	01:11:16	02:38:31	<b>03:45:48.85</b>	+02:13:14 (59.0%)	18:49	3.2 (41.0%)
1150	<b>FRELIK Edyta</b>	<b>407</b>	ZADZIERAMKIECEILECE	#2OPEN	152	01:16:25	02:42:57	<b>03:45:49.50</b>	+02:13:15 (59.0%)	18:49	3.2 (41.0%)
1151	<b>GNATEK Piotrek</b>	<b>977</b>	KUDLATY4	Klasyfikacja studentów - mężczyźni	35	01:15:37	02:45:36	<b>03:45:51.70</b>	+02:13:17 (59.0%)	18:49	3.2 (41.0%)
1152	<b>CESARCZYK Arkadiusz</b>	<b>1577</b>	ROBSON CROSSFITERZY	#8OPEN	70	01:17:02	02:42:59	<b>03:45:56.35</b>	+02:13:22 (59.0%)	18:49	3.2 (41.0%)
1153	<b>GÓRECKI Jakub</b>	<b>189</b>		#1OPEN	172	01:15:16	02:36:38	<b>03:46:03.50</b>	+02:13:29 (59.1%)	18:50	3.2 (41.0%)
1154	<b>BROCIK Damian</b>	<b>365</b>	PO SECIE NA MECIE	#2OPEN	153	01:15:59	02:45:23	<b>03:46:45.20</b>	+02:14:11 (59.2%)	18:53	3.2 (41.0%)
1155	<b>WAWRZY尼亚K Damian</b>	<b>367</b>	PO SECIE NA MECIE	#2OPEN	154	01:16:46	02:45:23	<b>03:46:48.20</b>	+02:14:14 (59.2%)	18:54	3.2 (41.0%)
1156	<b>OZGA Marcin</b>	<b>1303</b>	AKTYWNI KAMIEŃSK	#2OPEN	155	01:14:44	02:45:27	<b>03:46:48.95</b>	+02:14:15 (59.2%)	18:54	3.2 (41.0%)
1157	<b>DĄBROWSKI Łukasz</b>	<b>366</b>	PO SECIE NA MECIE	#2OPEN	156	01:17:46	02:47:09	<b>03:46:52.70</b>	+02:14:18 (59.2%)	18:54	3.2 (41.0%)
1158	<b>MARKIEWICZ Maja</b>	<b>918</b>	BRYGADA MM	#5OPEN	128	01:13:18	02:39:38	<b>03:47:40.35</b>	+02:15:06 (59.3%)	18:58	3.2 (41.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
1159	<b>POLKOWSKI Mariusz</b>	<b>927</b>	CROSSFIT SIEDLCE	#5OPEN	129	01:10:50	02:38:18	<b>03:47:42.90</b>	+02:15:09 (59.4%)	18:58	3.2 (41.0%)
1160	<b>ZOMERFELD Dawid</b>	<b>1046</b>	ZAGNAŃSK BIEGA	#5OPEN	130	01:16:21	02:41:03	<b>03:47:44.40</b>	+02:15:10 (59.4%)	18:58	3.2 (41.0%)
1161	<b>ADAMCZYK Anna</b>	<b>1045</b>	ZAGNAŃSK BIEGA	#5OPEN	131	01:16:37	02:41:04	<b>03:47:44.55</b>	+02:15:10 (59.4%)	18:58	3.2 (41.0%)
1162	<b>MOSKALA Marcin</b>	<b>917</b>	BRYGADA MM	#5OPEN	132	01:13:03	02:39:39	<b>03:47:57.30</b>	+02:15:23 (59.4%)	18:59	3.2 (41.0%)
1163	<b>STUDZIŃSKI Michał</b>	<b>297</b>	CROSSFIT BYDGOSZCZ	#2OPEN	157	01:17:49	02:48:54	<b>03:48:06.85</b>	+02:15:32 (59.4%)	19:00	3.2 (41.0%)
1164	<b>CIECHACKA Monika</b>	<b>295</b>	CROSSFIT BYDGOSZCZ	#2OPEN	158	01:18:48	02:48:35	<b>03:48:07.95</b>	+02:15:34 (59.4%)	19:00	3.2 (41.0%)
1164	<b>PASZKOWSKA Katarzyna</b>	<b>294</b>	CROSSFIT BYDGOSZCZ	#2OPEN	159	01:18:08	02:48:57	<b>03:48:07.95</b>	+02:15:34 (59.4%)	19:00	3.2 (41.0%)
1166	<b>ŁYCZKA Igor</b>	<b>296</b>	CROSSFIT BYDGOSZCZ	#2OPEN	160	01:18:50	02:48:36	<b>03:48:09.00</b>	+02:15:35 (59.4%)	19:00	3.2 (41.0%)
1167	<b>KOPER Marek</b>	<b>308</b>	EIF	#2OPEN	161	01:05:33	02:33:28	<b>03:48:54.95</b>	+02:16:21 (59.6%)	19:04	3.1 (39.7%)
1168	<b>PESZYNSKI Robert</b>	<b>1576</b>	ROBSON CROSSFITERZY	#8OPEN	71	01:17:20	02:43:43	<b>03:49:16.80</b>	+02:16:42 (59.6%)	19:06	3.1 (39.7%)
1169	<b>MACZUGOWSKI Adam</b>	<b>1104</b>	ALKUS TEAM PIWOMOJEPALIWO	#6OPEN	123	01:09:05	02:38:00	<b>03:49:42.90</b>	+02:17:09 (59.7%)	19:08	3.1 (39.7%)
1170	<b>WOJTCZYK Mateusz</b>	<b>1105</b>	ALKUS TEAM PIWOMOJEPALIWO	#6OPEN	124	01:08:59	02:37:59	<b>03:49:42.95</b>	+02:17:09 (59.7%)	19:08	3.1 (39.7%)
1171	<b>ZAŁUCKA Agnieszka</b>	<b>1050</b>		#5OPEN	133	01:18:49	02:42:29	<b>03:49:47.80</b>	+02:17:13 (59.7%)	19:09	3.1 (39.7%)
1172	<b>RZESZOT Łukasz</b>	<b>1051</b>		#5OPEN	134	01:18:50	02:42:21	<b>03:49:49.35</b>	+02:17:15 (59.7%)	19:09	3.1 (39.7%)
1173	<b>ROMANIUK Przemysław</b>	<b>1052</b>		#5OPEN	135	01:18:51	02:42:31	<b>03:49:49.40</b>	+02:17:15 (59.7%)	19:09	3.1 (39.7%)
1174	<b>KOWALCZYK Janusz</b>	<b>344</b>	NUMEN	Mężczyźni Open	6	01:14:55	02:45:15	<b>03:50:01.65</b>	+02:17:27 (59.8%)	19:10	3.1 (39.7%)
1175	<b>WALCZAK Sebastian</b>	<b>424</b>		#2OPEN	162	01:14:58	02:47:09	<b>03:50:26.10</b>	+02:17:52 (59.8%)	19:12	3.1 (39.7%)
1176	<b>SZCZYPEK Katarzyna</b>	<b>742</b>	FC MELANŻ	#4OPEN	126	01:12:22	02:38:16	<b>03:50:41.05</b>	+02:18:07 (59.9%)	19:13	3.1 (39.7%)
1177	<b>CESARCZYK Anna</b>	<b>1578</b>	ROBSON CROSSFITERZY	#8OPEN	72	01:16:26	02:44:04	<b>03:50:58.35</b>	+02:18:24 (59.9%)	19:14	3.1 (39.7%)
1178	<b>DĄBROWSKA Agnieszka</b>	<b>1579</b>	ROBSON CROSSFITERZY	#8OPEN	73	01:17:08	02:43:52	<b>03:50:59.00</b>	+02:18:25 (59.9%)	19:14	3.1 (39.7%)
1179	<b>GALAS Przemysław</b>	<b>79</b>	LENIWE KOCURY	#1OPEN	173	01:23:11	02:47:54	<b>03:51:06.95</b>	+02:18:33 (59.9%)	19:15	3.1 (39.7%)
1180	<b>ĆWIK Joanna</b>	<b>80</b>	LENIWE KOCURY	#1OPEN	174	01:23:06	02:48:42	<b>03:51:07.90</b>	+02:18:34 (60.0%)	19:15	3.1 (39.7%)
1181	<b>MONARSKA Magdalena</b>	<b>81</b>	LENIWE KOCURY	#1OPEN	175	01:22:40	02:48:41	<b>03:51:09.20</b>	+02:18:35 (60.0%)	19:15	3.1 (39.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
1182	<b>CHROBOK Jolanta</b>	<b>1568</b>	LOTANIE JE GRYFNE	#8OPEN	74	01:14:50	02:40:24	<b>03:51:18.75</b>	+02:18:44 (60.0%)	19:16	3.1 (39.7%)
1183	<b>MILBRANT Michał</b>	<b>639</b>	WŁÓCZYBIEGI	#3OPEN	152	01:17:16	02:44:27	<b>03:51:54.25</b>	+02:19:20 (60.1%)	19:19	3.1 (39.7%)
1184	<b>SELERSKI Piotr</b>	<b>2216</b>	WŁÓCZYBIEGI	#1OPEN	176	01:16:17	02:42:32	<b>03:51:54.55</b>	+02:19:20 (60.1%)	19:19	3.1 (39.7%)
1185	<b>WASIAK Zuzanna</b>	<b>637</b>	WŁÓCZYBIEGI	#3OPEN	153	01:17:15	02:43:05	<b>03:51:55.45</b>	+02:19:21 (60.1%)	19:19	3.1 (39.7%)
1186	<b>OPIŁA Julia</b>	<b>5041</b>		#2OPEN	163	01:18:27	02:52:06	<b>03:52:11.30</b>	+02:19:37 (60.1%)	19:20	3.1 (39.7%)
1187	<b>KMIECIK Marcin</b>	<b>87</b>	MALUTKI TEAM	#1OPEN	177	01:17:34	02:44:10	<b>03:52:28.05</b>	+02:19:54 (60.2%)	19:22	3.1 (39.7%)
1188	<b>DUL Justyna</b>	<b>86</b>	MALUTKI TEAM	#1OPEN	178	01:17:22	02:44:13	<b>03:52:28.25</b>	+02:19:54 (60.2%)	19:22	3.1 (39.7%)
1189	<b>NOBIS Marcin</b>	<b>607</b>	RUDA TEAM	#3OPEN	154	01:18:05	02:45:17	<b>03:54:24.45</b>	+02:21:50 (60.5%)	19:32	3.1 (39.7%)
1190	<b>LESZCZYŃSKA Justyna</b>	<b>609</b>	RUDA TEAM	#3OPEN	155	01:17:13	02:45:10	<b>03:54:24.65</b>	+02:21:50 (60.5%)	19:32	3.1 (39.7%)
1191	<b>TARABASZ Eliza</b>	<b>605</b>	RUDA TEAM	#3OPEN	156	01:18:14	02:44:38	<b>03:54:25.10</b>	+02:21:51 (60.5%)	19:32	3.1 (39.7%)
1192	<b>KOSMA Emilia</b>	<b>604</b>	RUDA TEAM	#3OPEN	157	01:18:17	02:44:22	<b>03:54:25.50</b>	+02:21:51 (60.5%)	19:32	3.1 (39.7%)
1193	<b>.OPIŁA Joanna</b>	<b>429</b>		#2OPEN	164	01:19:03	02:52:07	<b>03:54:58.40</b>	+02:22:24 (60.6%)	19:34	3.1 (39.7%)
1194	<b>JURKOWSKI Krzysztof</b>	<b>564</b>	FORFUN LUBLIN	#3OPEN	158	01:17:37	02:51:48	<b>03:56:09.00</b>	+02:23:35 (60.8%)	19:40	3 (38.5%)
1195	<b>WALCZYSZYN Katarzyna</b>	<b>565</b>	FORFUN LUBLIN	#3OPEN	159	01:20:00	02:51:50	<b>03:56:28.45</b>	+02:23:54 (60.9%)	19:42	3 (38.5%)
1196	<b>OLESAK Joanna</b>	<b>570</b>	FORFUN LUBLIN	#3OPEN	160	01:18:52	02:51:50	<b>03:56:29.90</b>	+02:23:56 (60.9%)	19:42	3 (38.5%)
1197	<b>KOTARSKI Bogusław</b>	<b>575</b>	JAK ŻÓŁWIE W GALOPIE	#3OPEN	161	01:10:51	02:45:33	<b>03:59:02.70</b>	+02:26:28 (61.3%)	19:55	3 (38.5%)
1198	<b>SKOP Magdalena</b>	<b>578</b>	JAK ŻÓŁWIE W GALOPIE	#3OPEN	162	01:10:52	02:45:32	<b>03:59:03.25</b>	+02:26:29 (61.3%)	19:55	3 (38.5%)
1199	<b>ŚMIAŁOWSKI Łukasz</b>	<b>647</b>		#3OPEN	163	01:12:09	02:45:34	<b>03:59:04.75</b>	+02:26:30 (61.3%)	19:55	3 (38.5%)
1200	<b>KULIG Monika</b>	<b>1236</b>		#6OPEN	125	01:28:19	02:58:06	<b>03:59:12.85</b>	+02:26:38 (61.3%)	19:56	3 (38.5%)
1201	<b>MIROCHA Michu</b>	<b>1223</b>		#6OPEN	126	01:29:23	02:58:06	<b>03:59:13.35</b>	+02:26:39 (61.3%)	19:56	3 (38.5%)
1202	<b>ZEJMA Edyta</b>	<b>1254</b>		#6OPEN	127	01:26:59	02:57:56	<b>03:59:13.90</b>	+02:26:40 (61.3%)	19:56	3 (38.5%)
1203	<b>BIELA Teresa</b>	<b>1596</b>		#6OPEN	128	01:19:31	02:52:56	<b>03:59:40.85</b>	+02:27:06 (61.4%)	19:58	3 (38.5%)
1204	<b>PAWLIKOWSKI Paweł</b>	<b>776</b>	PADŁ NA RYJ TEAM	#4OPEN	127	01:17:01	02:50:40	<b>04:00:02.45</b>	+02:27:28 (61.4%)	20:00	3 (38.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
1205	<b>JÓZEFOWICZ Dariusz</b>	<b>777</b>	PADŁ NA RYJ TEAM	#4OPEN	128	01:15:59	02:49:08	<b>04:00:03.15</b>	+02:27:29 (61.4%)	20:00	3 (38.5%)
1205	<b>MLECZKO Dorota</b>	<b>774</b>	PADŁ NA RYJ TEAM	#4OPEN	129	01:17:01	02:50:41	<b>04:00:03.15</b>	+02:27:29 (61.4%)	20:00	3 (38.5%)
1207	<b>GRUCHAŁA Robert</b>	<b>778</b>	PADŁ NA RYJ TEAM	#4OPEN	130	01:16:17	02:50:38	<b>04:00:03.50</b>	+02:27:29 (61.4%)	20:00	3 (38.5%)
1208	<b>TARGOŃSKA Marta</b>	<b>775</b>	PADŁ NA RYJ TEAM	#4OPEN	131	01:16:48	02:50:39	<b>04:00:03.65</b>	+02:27:29 (61.4%)	20:00	3 (38.5%)
1209	<b>GOLIŃSKI Paweł</b>	<b>1235</b>		#6OPEN	129	01:28:16	03:00:03	<b>04:02:13.60</b>	+02:29:39 (61.8%)	20:11	3 (38.5%)
1210	<b>JAKUBOWSKA Magdalena</b>	<b>113</b>	POWER TRAINING	#1OPEN	179	01:19:06	02:54:54	<b>04:02:23.15</b>	+02:29:49 (61.8%)	20:12	3 (38.5%)
1211	<b>MASŁOWSKA Eliza</b>	<b>114</b>	POWER TRAINING	#1OPEN	180	01:19:52	02:55:03	<b>04:02:24.35</b>	+02:29:50 (61.8%)	20:12	3 (38.5%)
1212	<b>ROMANIAK Teresa</b>	<b>1238</b>		#6OPEN	130	01:29:29	03:00:27	<b>04:02:24.40</b>	+02:29:50 (61.8%)	20:12	3 (38.5%)
1213	<b>ROGALA Karol</b>	<b>115</b>	POWER TRAINING	#1OPEN	181	01:20:03	02:55:04	<b>04:02:24.90</b>	+02:29:51 (61.8%)	20:12	3 (38.5%)
1214	<b>FRANKIEWICZ Adrian</b>	<b>1021</b>	SAME CZUBKI	#5OPEN	136	01:17:23	02:45:50	<b>04:03:28.35</b>	+02:30:54 (62.0%)	20:17	3 (38.5%)
1215	<b>FRANKIEWICZ Żaneta</b>	<b>1020</b>	SAME CZUBKI	#5OPEN	137	01:17:23	02:45:49	<b>04:03:29.20</b>	+02:30:55 (62.0%)	20:17	3 (38.5%)
1216	<b>GORZYŃSKA Agnieszka</b>	<b>168</b>		Klasyfikacja studentów - kobiety	16	01:01:15		<b>04:03:35.15</b>	+02:31:01 (62.0%)	20:17	3 (38.5%)
1217	<b>GORZYŃSKI Jacek</b>	<b>414</b>		Klasyfikacja studentów - mężczyźni	36	01:00:50		<b>04:03:35.35</b>	+02:31:01 (62.0%)	20:18	3 (38.5%)
1218	<b>KRAWCZYK Feliks</b>	<b>1153</b>	POZDRO Z BIEŻNI	#6OPEN	131	01:20:02	02:52:36	<b>04:05:36.95</b>	+02:33:03 (62.3%)	20:28	2.9 (37.2%)
1219	<b>WEŁNA Sylwia</b>	<b>1154</b>	POZDRO Z BIEŻNI	#6OPEN	132	01:19:47	02:52:38	<b>04:05:38.75</b>	+02:33:04 (62.3%)	20:28	2.9 (37.2%)
1220	<b>CIESEK Anna</b>	<b>1149</b>	POZDRO Z BIEŻNI	#6OPEN	133	01:20:07	02:52:37	<b>04:05:40.45</b>	+02:33:06 (62.3%)	20:28	2.9 (37.2%)
1221	<b>MUCHA Krzysztof</b>	<b>1152</b>	POZDRO Z BIEŻNI	#6OPEN	134	01:19:58	02:52:34	<b>04:05:40.65</b>	+02:33:06 (62.3%)	20:28	2.9 (37.2%)
1222	<b>BARTNIK Karolina</b>	<b>261</b>	ALBO W SZALE ALBO WCALE	Klasyfikacja studentów - kobiety	17	01:20:23	02:52:34	<b>04:05:40.80</b>	+02:33:06 (62.3%)	20:28	2.9 (37.2%)
1223	<b>OTCZYK Michał</b>	<b>1163</b>	POZDRO Z BIEŻNI	#6OPEN	135	01:20:12	02:52:38	<b>04:06:42.50</b>	+02:34:08 (62.5%)	20:33	2.9 (37.2%)
1224	<b>WĘGRZYN Szymon</b>	<b>1166</b>	POZDRO Z BIEŻNI	#6OPEN	136	01:19:49	02:52:39	<b>04:09:02.40</b>	+02:36:28 (62.8%)	20:45	2.9 (37.2%)
1225	<b>PIRÓG Dominik</b>	<b>1031</b>	TKO BAND	Klasyfikacja studentów - mężczyźni	37	01:22:20	02:54:05	<b>04:13:11.30</b>	+02:40:37 (63.4%)	21:05	2.8 (35.9%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 12km	Różn	Tempo min/km	Tempo km/h
						Point_1 3km	Point_2 6km				
1226	<b>ŁUGOWSKA Monika</b>	<b>534</b>	BYDLAKI	#3OPEN	164	01:22:36	03:03:40	<b>04:14:17.80</b>	+02:41:43 (63.6%)	21:11	2.8 (35.9%)
1227	<b>PAŹ Monika</b>	<b>537</b>	BYDLAKI	#3OPEN	165	01:22:25	03:03:40	<b>04:14:18.35</b>	+02:41:44 (63.6%)	21:11	2.8 (35.9%)
1228	<b>SOWA Domink</b>	<b>1591</b>		#6OPEN	137	01:18:36	02:59:49	<b>04:15:51.25</b>	+02:43:17 (63.8%)	21:19	2.8 (35.9%)
1229	<b>BAJ Tomek</b>	<b>936</b>	CSWISLEŻAJSK	#5OPEN	138	01:21:08	03:00:01	<b>04:16:16.55</b>	+02:43:42 (63.9%)	21:21	2.8 (35.9%)
1230	<b>SAGAN Paulina</b>	<b>938</b>	CSWISLEŻAJSK	#5OPEN	139	01:21:09	03:00:02	<b>04:16:16.95</b>	+02:43:43 (63.9%)	21:21	2.8 (35.9%)
1231	<b>SUPEŁ Natalia</b>	<b>1076</b>		#5OPEN	140	01:23:57	02:59:17	<b>04:16:23.90</b>	+02:43:50 (63.9%)	21:22	2.8 (35.9%)
1232	<b>TROJANOWICZ Łukasz</b>	<b>1078</b>		#5OPEN	141	01:24:04	02:59:14	<b>04:16:24.95</b>	+02:43:51 (63.9%)	21:22	2.8 (35.9%)
1233	<b>ZANCHIRA Igor</b>	<b>337</b>	MUSZTARDOWE TYGRYSY	#2OPEN	165	01:31:57	03:12:27	<b>04:18:30.05</b>	+02:45:56 (64.2%)	21:32	2.8 (35.9%)
1234	<b>SOWA Anna</b>	<b>1595</b>		#6OPEN	138	01:20:46	02:59:50	<b>04:18:34.45</b>	+02:46:00 (64.2%)	21:32	2.8 (35.9%)
1235	<b>WIERCIOCH Dorota</b>	<b>1593</b>	CKB TARNOBRZEG	#6OPEN	139	01:21:13	02:59:46	<b>04:18:35.20</b>	+02:46:01 (64.2%)	21:32	2.8 (35.9%)
1236	<b>KOPEĆ Dorota</b>	<b>627</b>	TEAM ŁUKÓW	#3OPEN	166	01:20:52	03:07:40	<b>04:19:46.35</b>	+02:47:12 (64.4%)	21:38	2.8 (35.9%)
1237	<b>NOWICKI Jacek</b>	<b>339</b>	MUSZTARDOWE TYGRYSY	#2OPEN	166	01:32:13	03:13:43	<b>04:20:57.10</b>	+02:48:23 (64.5%)	21:44	2.8 (35.9%)
1238	<b>KOZERA Marcin</b>	<b>76</b>	LENIWE KOCURY	#1OPEN	182	01:23:18	03:04:32	<b>04:21:24.75</b>	+02:48:50 (64.6%)	21:47	2.8 (35.9%)
1239	<b>GRABOWSKI Piotr</b>	<b>340</b>	MUSZTARDOWE TYGRYSY	#2OPEN	167	01:32:06	03:13:43	<b>04:23:20.55</b>	+02:50:46 (64.8%)	21:56	2.7 (34.6%)
1240	<b>RUDNIK Joanna Rudnik</b>	<b>318</b>	HUSARIA RACE TEAM	#2OPEN	168	01:29:55	03:13:45	<b>04:23:22.00</b>	+02:50:48 (64.9%)	21:56	2.7 (34.6%)
1241	<b>WRZOCHOL Katarzyna</b>	<b>988</b>	LENIWE BUŁY	#5OPEN	142	01:28:25	03:03:59	<b>04:26:25.15</b>	+02:53:51 (65.3%)	22:12	2.7 (34.6%)
1242	<b>STANISZEWSKI Patryk</b>	<b>997</b>	LIONS ESTATE	#5OPEN	143	01:22:13	03:04:45	<b>04:26:36.45</b>	+02:54:02 (65.3%)	22:13	2.7 (34.6%)
1243	<b>FIGURA Marcin</b>	<b>338</b>	MUSZTARDOWE TYGRYSY	#2OPEN	169	01:32:15	03:15:07	<b>04:32:10.95</b>	+02:59:37 (66.0%)	22:40	2.6 (33.3%)
1244	<b>KSYTA Izabela</b>	<b>1901</b>	BANGBANG TEAM	#10OPEN	23	01:31:05	03:14:40	<b>04:37:00.75</b>	+03:04:26 (66.6%)	23:05	2.6 (33.3%)
1245	<b>MOĆKO Karolina</b>	<b>1903</b>	BANGBANG TEAM	#10OPEN	24	01:28:57	03:14:41	<b>04:37:01.70</b>	+03:04:27 (66.6%)	23:05	2.6 (33.3%)
1246	<b>WILCZYŃSKI Szymon</b>	<b>1905</b>	BANGBANG TEAM	#10OPEN	25	01:30:54	03:14:30	<b>04:37:02.00</b>	+03:04:28 (66.6%)	23:05	2.6 (33.3%)
1247	<b>MOĆKO Jakub</b>	<b>1904</b>	BANGBANG TEAM	#10OPEN	26	01:31:08	03:14:14	<b>04:37:04.25</b>	+03:04:30 (66.6%)	23:05	2.6 (33.3%)
1248	<b>MOĆKO Jan</b>	<b>1902</b>	BANGBANG TEAM	#10OPEN	27	01:31:07	03:14:41	<b>04:37:05.25</b>	+03:04:31 (66.6%)	23:05	2.6 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1	Point_2	Czas	Różn	Tempo	Tempo
						3km	6km	netto		12km	min/km
1249	<b>BĘTKOWSKI Marek</b>	<b>1150</b>	POZDRO Z BIEŻNI	#6OPEN	140	01:34:19	03:12:49	<b>04:38:29.20</b>	+03:05:55 (66.8%)	23:12	2.6 (33.3%)
1250	<b>LIPIEC Michał</b>	<b>1162</b>	POZDRO Z BIEŻNI	#6OPEN	141	01:35:19	03:13:08	<b>04:38:52.55</b>	+03:06:18 (66.8%)	23:14	2.6 (33.3%)
1251	<b>GUTOWSKI Maciej</b>	<b>7094</b>		#10OPEN	28	01:32:04	03:14:55	<b>04:38:55.15</b>	+03:06:21 (66.8%)	23:14	2.6 (33.3%)
1252	<b>CHUDY Jakub</b>	<b>1923</b>	ŻÓŁWIKI	#10OPEN	29	01:32:01	03:14:55	<b>04:38:55.60</b>	+03:06:21 (66.8%)	23:14	2.6 (33.3%)
1253	<b>JABŁOŃSKA Joanna</b>	<b>p412</b>		Kobiety Open	6	01:32:05	03:14:56	<b>04:38:56.30</b>	+03:06:22 (66.8%)	23:14	2.6 (33.3%)
1254	<b>PASTWA Kamil</b>	<b>992</b>	LENIWE BUŁY	#5OPEN	144	01:37:36	03:14:43	<b>04:42:24.05</b>	+03:09:50 (67.2%)	23:32	2.5 (32.1%)
1255	<b>CHODOŁA Mariola</b>	<b>993</b>	LENIWE BUŁY	#5OPEN	145	01:37:35	03:14:42	<b>04:42:24.50</b>	+03:09:50 (67.2%)	23:32	2.5 (32.1%)
1256	<b>JÓŻWIAK Maria</b>	<b>167</b>	ZWOLEŃSCY DRAPIEŻCY	#1OPEN	183	01:42:58	03:34:34	<b>05:05:46.55</b>	+03:33:12 (69.7%)	25:28	2.4 (30.8%)
1257	<b>SOCHA Jakub</b>	<b>1908</b>	KKO	#10OPEN	30	00:18:09	01:15:42		+	12:37	4.8 (61.5%)
1258	<b>GŁOWACKI Andrzej</b>	<b>ELITE M 58</b>	WIELISZEW HERON TEAM	Masters	12	00:42:41	01:29:32		+00:24:04	14:55	4 (51.3%)
1259	<b>WRONA Anna</b>	<b>7125</b>	PO SECIE NA MECIE	#1OPEN	184	01:16:00	02:46:19		+01:40:51	27:43	2.2 (28.2%)
1260	<b>MARCZUK Kamil</b>	<b>ELITE M 22</b>	HUSARIA RACE TEAM	Drużynowa	21	00:40:26			+	13:28	4.5 (57.7%)
1261	<b>GROMADA Piotr</b>	<b>666</b>		#3OPEN	167	00:40:56			+00:08:56	13:38	4.4 (56.4%)
1262	<b>DZIĄG Igor</b>	<b>1103</b>		#6OPEN	142	00:47:02			+	15:40	3.8 (48.7%)
1263	<b>BAK Bartosz</b>	<b>965</b>	JANUSZE	#5OPEN	146	00:54:53			+	18:17	3.3 (42.3%)
1264	<b>KWAŚNIEWSKI Łukasz</b>	<b>826</b>	WŁOCHATE BURCHLIKI	#4OPEN	132	00:58:48			+	19:36	3.1 (39.7%)
1265	<b>STOLA Mariusz</b>	<b>5057</b>	STREFA SIŁY SANDOMIERZ	Mężczyźni Open	7	01:08:01			+00:36:01	22:40	2.6 (33.3%)
1266	<b>WYDRZYŃSKA Katarzyna</b>	<b>1374</b>	STREFA SIŁY SANDOMIERZ	#7OPEN	80	01:08:32			+00:36:31	22:50	2.6 (33.3%)
1267	<b>KURNICKI Marcin</b>	<b>1177</b>	SANTANDER	Klasyfikacja studentów - mężczyźni	38	01:17:02			+00:45:02	25:40	2.3 (29.5%)
1268	<b>BŁASZCZYK Iwona</b>	<b>1307</b>		#7OPEN	81	01:18:54			+00:46:53	26:18	2.3 (29.5%)
1269	<b>LEWANDOWSKI Rafał</b>	<b>998</b>	LIONS ESTATE	#5OPEN	147	01:22:56			+00:50:55	27:38	2.2 (28.2%)
1270	<b>PACZEŚNY Jakub</b>	<b>1353</b>	PODRÓŻE W STAREJ FURZE	#7OPEN	82						(0.0%)
1271	<b>STRZELCZYK Wiktor</b>	<b>1347</b>	MORDECZKI	#7OPEN	83						(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
1272	<b>MIKOŁAJCZYK Edyta</b>	<b>1563</b>	KAPUSTAPAPRYKARABARBAR	#8OPEN	75						(0.0%)
1273	<b>KUDELA Tomasz</b>	<b>621</b>	TARNOBRZEŻANIE	#3OPEN	168						(0.0%)
1274	<b>BORKOWSKA Agnieszka</b>	<b>1023</b>	SAME CZUBKI	#5OPEN	148						(0.0%)
1275	<b>FRĄCZEK Iwona</b>	<b>1132</b>	JA NIE DAM RADY?	#6OPEN	143						(0.0%)
1276	<b>PETRUK Sylwia</b>	<b>1131</b>	JA NIE DAM RADY?	#6OPEN	144						(0.0%)
1277	<b>MAZUR Konrad</b>	<b>32</b>	C2H5OH	#1OPEN	185						(0.0%)
1278	<b>CZERNIK Piotr</b>	<b>1387</b>		#7OPEN	84						(0.0%)
1279	<b>GUTOWSKA Ewelina</b>	<b>1386</b>		#7OPEN	85						(0.0%)
1280	<b>KOWALIK Krzysztof</b>	<b>948</b>	DZIKA EKIPA	Klasyfikacja studentów - mężczyźni	39						(0.0%)

Znaleziono 1280 wynik(ów)