



# HUNT RUN - 12KM

B4SPORT

**Wydarzenie:** HUNT RUN BAŁTÓW  
**Organizator:** Organic Barbara Sułowska  
**Data:** 2017-07-01  
**Miejsce:** Bałtów  
**Dystans:** 12 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

## Klasyfikacja: Kobiety Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
1	ZMOKŁA Joanna	7104		#1OPEN	4	00:36:50	01:14:50	<b>01:43:51.95</b>		8:39	6.9 (100%)
2	KOWALEWSKA Luiza	1556	HUSARIA RACE TEAM	#8OPEN	3	00:40:40	01:22:34	<b>01:56:26.95</b>	+00:12:35 (10.8%)	9:42	6.2 (89.9%)
3	KRZACZKOWSKA Iwona	43	DZIKI WROCŁAW	#1OPEN	11	00:41:20	01:23:15	<b>01:56:40.05</b>	+00:12:48 (11.0%)	9:43	6.2 (89.9%)
4	PAPIEWSKA Natalia	5045	CSADVENTURE	Kobiety Open	1	00:43:44	01:27:21	<b>02:00:36.60</b>	+00:16:44 (13.9%)	10:03	6 (87.0%)
5	PEREK Sylwia	1416		#7OPEN	6	00:04:00	01:08:00	<b>02:00:48.70</b>	+00:16:56 (14.0%)	10:04	6 (87.0%)
6	KRAWCZYK Kamila	715	BRAVEHEARTS LEGIONOWO	#4OPEN	8		00:58:20	<b>02:01:58.65</b>	+00:18:06 (14.8%)	10:09	5.9 (85.5%)
7	OGINSKA-PRYLINSKA Daria	1056		#5OPEN	4		01:00:09	<b>02:02:13.05</b>	+00:18:21 (15.0%)	10:11	5.9 (85.5%)
8	OSIŃSKA Monika	394	V-MAX ŁAWKI	#2OPEN	17	00:42:17	01:28:36	<b>02:04:21.10</b>	+00:20:29 (16.5%)	10:21	5.8 (84.1%)
9	PITURA Eliza	83	LUBELSKA GRUPA TRIATHLONU	#1OPEN	24	00:46:04	01:29:55	<b>02:05:52.50</b>	+00:22:00 (17.5%)	10:29	5.7 (82.6%)
10	ŁACH Patrycja	384	TRENER24H.COM.PL	#2OPEN	21	00:45:35	01:32:10	<b>02:06:25.25</b>	+00:22:33 (17.8%)	10:32	5.7 (82.6%)
11	SZCZĘSNA Emilia	78	LENIWE KOCURY	#1OPEN	31	00:45:37	01:33:00	<b>02:10:54.15</b>	+00:27:02 (20.7%)	10:54	5.5 (79.7%)
12	KIERCZYŃSKA Wioletta	6	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	#1OPEN	34	00:47:53	01:35:17	<b>02:12:19.40</b>	+00:28:27 (21.5%)	11:01	5.4 (78.3%)
13	JOB Weronika	1601		#6OPEN	11	00:45:18	01:36:48	<b>02:12:55.70</b>	+00:29:03 (21.9%)	11:04	5.4 (78.3%)
14	POTERA Aleksandra	47	EKIPA HARREGO	#1OPEN	39	00:47:39	01:38:03	<b>02:14:00.50</b>	+00:30:08 (22.5%)	11:10	5.4 (78.3%)
15	SUSABOWSKA Joanna	1316	DRUŻYNA NA BAŁTÓW 2017	#7OPEN	11	00:45:22	01:38:08	<b>02:15:05.40</b>	+00:31:13 (23.1%)	11:15	5.3 (76.8%)
16	CHILICKA Marta	125	RED LION CLUB	#1OPEN	41	00:51:48	01:39:13	<b>02:16:07.50</b>	+00:32:15 (23.7%)	11:20	5.3 (76.8%)
17	PYDYN Małgorzata	276	BRAVEHEARTS LEGIONOWO	#2OPEN	36	00:36:11	01:34:58	<b>02:18:49.05</b>	+00:34:57 (25.2%)	11:34	5.2 (75.4%)
18	ŁYDZIŃSKA Urszula	186		#1OPEN	49	00:52:00	01:40:39	<b>02:21:06.00</b>	+00:37:14 (26.4%)	11:45	5.1 (73.9%)
19	JAGIEŁŁO-CZERWONKA Anna	134	SKARPARK	#1OPEN	51	00:53:16	01:43:12	<b>02:21:36.65</b>	+00:37:44 (26.7%)	11:48	5.1 (73.9%)
20	KUBARA Karina	586	KWP RADOM	#3OPEN	32	00:48:56	01:41:49	<b>02:22:11.60</b>	+00:38:19 (27.0%)	11:51	5.1 (73.9%)
21	BARAN Paulina	601	POLICJA	#3OPEN	34	00:49:03	01:41:50	<b>02:22:22.90</b>	+00:38:30 (27.1%)	11:51	5.1 (73.9%)
22	WĄSOWICZ Joanna	128	RED LION CLUB	#1OPEN	55	00:53:36	01:43:38	<b>02:23:44.60</b>	+00:39:52 (27.7%)	11:58	5 (72.5%)
23	JASKÓŁKA Magdalena	105	POWER TRAINING	#1OPEN	56	00:49:58	01:42:45	<b>02:24:11.45</b>	+00:40:19 (28.0%)	12:00	5 (72.5%)
24	MOSKWA Kamila	858		#4OPEN	32	00:46:25	01:42:27	<b>02:24:19.30</b>	+00:40:27 (28.0%)	12:01	5 (72.5%)
25	ŁĘCKA-MILISZLIEWICZ Izabeka	199		#1OPEN	57	00:53:25	01:46:16	<b>02:25:37.50</b>	+00:41:45 (28.7%)	12:08	4.9 (71.0%)
26	FROŚ Kalina	1354	POSITIVE ENERGY	#7OPEN	16	00:44:58	01:38:52	<b>02:26:36.10</b>	+00:42:44 (29.2%)	12:13	4.9 (71.0%)
27	KAŻMIERSKA Paulina	428		#2OPEN	52	00:53:11	01:48:20	<b>02:30:42.90</b>	+00:46:50 (31.1%)	12:33	4.8 (69.6%)
28	LACH Agnieszka	309	EKSPEDYCJA MRÓWKA	#2OPEN	53	00:52:51	01:51:36	<b>02:31:21.60</b>	+00:47:29 (31.4%)	12:36	4.8 (69.6%)
29	LACH Dominika	311	EKSPEDYCJA MRÓWKA	#2OPEN	55	00:52:53	01:51:35	<b>02:31:22.55</b>	+00:47:30 (31.4%)	12:36	4.8 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
30	<b>FORNALSKA Aleksandra</b>	<b>981</b>	LECĘ BO CHCĘ...	#5OPEN	35	00:54:30	01:45:49	<b>02:32:13.35</b>	+00:48:21 (31.8%)	12:41	4.7 (68.1%)
31	<b>SADZA Anna</b>	<b>1300</b>	AAA	#7OPEN	21	00:51:54	01:47:54	<b>02:32:49.20</b>	+00:48:57 (32.0%)	12:44	4.7 (68.1%)
32	<b>WRÓBEL Natalia</b>	<b>951</b>	FRUN	#5OPEN	38	00:54:11	01:48:57	<b>02:32:49.35</b>	+00:48:57 (32.0%)	12:44	4.7 (68.1%)
33	<b>PASTERNAK Aneta</b>	<b>1924</b>		#10OPEN	12	00:50:05	01:49:50	<b>02:33:21.85</b>	+00:49:29 (32.3%)	12:46	4.7 (68.1%)
34	<b>TALARCZYK Marzena</b>	<b>868</b>		#4OPEN	41	00:24:51	01:35:39	<b>02:33:41.90</b>	+00:49:49 (32.4%)	12:48	4.7 (68.1%)
35	<b>MARCISZ Joanna</b>	<b>436</b>		#2OPEN	58			<b>02:34:06.00</b>	+00:50:14 (32.6%)	12:50	4.7 (68.1%)
36	<b>MACIEJAK Anna</b>	<b>964</b>	HUSARIA RACE TEAM	#3OPEN	44	00:50:08	01:49:56	<b>02:34:17.50</b>	+00:50:25 (32.7%)	12:51	4.7 (68.1%)
37	<b>DOŁOWY Ewa</b>	<b>1060</b>		#5OPEN	41	00:54:19	01:52:09	<b>02:34:39.85</b>	+00:50:47 (32.8%)	12:53	4.7 (68.1%)
38	<b>GRZYWIŃSKA-MIERZEJEWSKA Monika</b>	<b>387</b>	TROCHĘ CYKAM	#2OPEN	60	00:51:53	01:50:18	<b>02:35:01.40</b>	+00:51:09 (33.0%)	12:55	4.6 (66.7%)
39	<b>BIENKO-KUCZYŃSKA Agnieszka</b>	<b>1509</b>	BRAVEHEARTS LEGIONOWO	#2OPEN	62	00:52:33	01:50:20	<b>02:35:05.30</b>	+00:51:13 (33.0%)	12:55	4.6 (66.7%)
40	<b>KUK Urszula</b>	<b>142</b>	SOFTSOL	#1OPEN	62	00:52:28	01:50:52	<b>02:35:33.80</b>	+00:51:41 (33.2%)	12:57	4.6 (66.7%)
41	<b>KARCZYŃSKA Monika</b>	<b>110</b>	POWER TRAINING	#1OPEN	65	00:56:52	01:57:26	<b>02:35:49.00</b>	+00:51:57 (33.3%)	12:59	4.6 (66.7%)
42	<b>SUKIENNIK Anna</b>	<b>102</b>	POWER TRAINING	#1OPEN	66	00:56:26	01:53:13	<b>02:35:56.30</b>	+00:52:04 (33.4%)	12:59	4.6 (66.7%)
43	<b>KUCZEWSKA Joanna</b>	<b>1145</b>	OUTDOOR TRAINING BIAŁYSTOK	#6OPEN	32	00:53:03	01:50:54	<b>02:36:28.70</b>	+00:52:36 (33.6%)	13:02	4.6 (66.7%)
44	<b>MICHALKIEWICZ Monika</b>	<b>281</b>	BRAVEHEARTS LEGIONOWO	#2OPEN	67	00:50:24	01:52:07	<b>02:37:37.80</b>	+00:53:45 (34.1%)	13:08	4.6 (66.7%)
45	<b>ADAMIAK-SZUMSKA Marta</b>	<b>501</b>	ABY DO METY	#3OPEN	48	00:52:56	01:53:14	<b>02:37:53.30</b>	+00:54:01 (34.2%)	13:09	4.6 (66.7%)
46	<b>BLICHARZ Ewelina</b>	<b>329</b>	KEJM CIECIERZYN	#2OPEN	68	01:00:48	01:57:10	<b>02:38:06.45</b>	+00:54:14 (34.3%)	13:10	4.6 (66.7%)
47	<b>GRABOWSKA Dominika</b>	<b>1040</b>	WILDCATS CROSSFIT LUBLIN	#5OPEN	46	00:53:58	01:55:09	<b>02:38:28.75</b>	+00:54:36 (34.5%)	13:12	4.5 (65.2%)
48	<b>BABIK Anna</b>	<b>1053</b>		#5OPEN	47	00:53:40	01:54:47	<b>02:38:28.80</b>	+00:54:36 (34.5%)	13:12	4.5 (65.2%)
49	<b>MAJCHRZYK Marta</b>	<b>13</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	#1OPEN	71	00:55:56	01:53:35	<b>02:38:41.95</b>	+00:54:50 (34.6%)	13:13	4.5 (65.2%)
50	<b>KANICKA Sandra</b>	<b>986</b>	LECĘ BO CHCĘ...	#5OPEN	48	00:54:50	01:53:08	<b>02:38:51.60</b>	+00:54:59 (34.6%)	13:14	4.5 (65.2%)
51	<b>GAWEŁ Monika</b>	<b>97</b>	HUSARIA RACE TEAM	#1OPEN	73	00:54:24	01:54:18	<b>02:38:53.85</b>	+00:55:01 (34.6%)	13:14	4.5 (65.2%)
52	<b>KRUPA Anna</b>	<b>571</b>	HUSARIA RACE TEAM	#3OPEN	49	00:54:04	01:53:57	<b>02:38:54.45</b>	+00:55:02 (34.6%)	13:14	4.5 (65.2%)
53	<b>GUZEK Agnieszka</b>	<b>277</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	74	00:57:42	01:54:45	<b>02:39:20.25</b>	+00:55:28 (34.8%)	13:16	4.5 (65.2%)
54	<b>CZAJKOWSKA Agnieszka</b>	<b>408</b>	ZADZIERAMKIECEILECE	#2OPEN	71	00:56:02	01:55:17	<b>02:39:33.60</b>	+00:55:41 (34.9%)	13:17	4.5 (65.2%)
55	<b>PAJEK Izabela</b>	<b>305</b>	DRINK TEAM	#1OPEN	76	00:55:29	01:55:12	<b>02:39:34.40</b>	+00:55:42 (34.9%)	13:17	4.5 (65.2%)
56	<b>POPIEL Ewa</b>	<b>406</b>	ZADZIERAMKIECEILECE	#2OPEN	72	00:55:59	01:55:15	<b>02:39:35.50</b>	+00:55:43 (34.9%)	13:18	4.5 (65.2%)
57	<b>WOJCIESZAK Klaudia</b>	<b>23</b>	BRAVEHEARTS LEGIONOWO	#4OPEN	50	00:51:04	01:55:16	<b>02:40:04.70</b>	+00:56:12 (35.1%)	13:20	4.5 (65.2%)
58	<b>MARUSZCZAK Ewelina</b>	<b>255</b>	ADRENALINA	#2OPEN	76	00:51:21	01:54:27	<b>02:40:42.30</b>	+00:56:50 (35.4%)	13:23	4.5 (65.2%)
59	<b>KOZIK Iza</b>	<b>656</b>		#3OPEN	56	00:56:00	01:58:14	<b>02:41:53.20</b>	+00:58:01 (35.8%)	13:29	4.4 (63.8%)
60	<b>MAJEWSKA Karolina</b>	<b>203</b>		#1OPEN	83	00:58:33	01:57:30	<b>02:41:58.90</b>	+00:58:06 (35.9%)	13:29	4.4 (63.8%)
61	<b>NIEZBECKA Mariola</b>	<b>190</b>		#1OPEN	84	00:58:35	01:57:34	<b>02:42:02.90</b>	+00:58:10 (35.9%)	13:30	4.4 (63.8%)
62	<b>DEPCZYŃSKA Alicja</b>	<b>1586</b>	CISNYMY DO PRZODKU	#3OPEN	58	00:52:02	01:55:05	<b>02:42:17.20</b>	+00:58:25 (36.0%)	13:31	4.4 (63.8%)
63	<b>FILIPCZAK Barbara</b>	<b>1621</b>		#8OPEN	19	00:55:08	01:55:29	<b>02:42:17.80</b>	+00:58:25 (36.0%)	13:31	4.4 (63.8%)
64	<b>RUSINOWSKA Anna</b>	<b>1587</b>		#8OPEN	21	00:52:46	01:55:29	<b>02:42:18.05</b>	+00:58:26 (36.0%)	13:31	4.4 (63.8%)
65	<b>PUDŁO Paulina</b>	<b>1073</b>		#5OPEN	50	00:53:42	01:55:10	<b>02:42:35.85</b>	+00:58:43 (36.1%)	13:33	4.4 (63.8%)
66	<b>RASOUL Karolina</b>	<b>1063</b>		#5OPEN	51	00:53:40	01:55:22	<b>02:42:40.70</b>	+00:58:48 (36.2%)	13:33	4.4 (63.8%)
67	<b>PITUŁA Agnieszka</b>	<b>1217</b>		#6OPEN	41	01:01:29	02:00:33	<b>02:43:26.15</b>	+00:59:34 (36.4%)	13:37	4.4 (63.8%)
68	<b>ODRZYWOLSKA Klaudia</b>	<b>1018</b>	SADŁO MUST GO	#5OPEN	54	00:54:05	01:55:22	<b>02:43:29.45</b>	+00:59:37 (36.5%)	13:37	4.4 (63.8%)
69	<b>MIKOŁAJUK Joanna</b>	<b>1032</b>	TOUGHTTECH.PL	#5OPEN	56	00:55:22	01:58:10	<b>02:43:41.10</b>	+00:59:49 (36.5%)	13:38	4.4 (63.8%)
70	<b>WNOROWSKA Magdalena</b>	<b>30</b>	BYLE DO METY	#1OPEN	86	00:59:35	01:58:30	<b>02:43:52.30</b>	+01:00:00 (36.6%)	13:39	4.4 (63.8%)
71	<b>JUGO Katarzyna</b>	<b>1528</b>	CKB TARNOBRZEG	#8OPEN	25	00:14:45	01:36:51	<b>02:44:29.80</b>	+01:00:37 (36.9%)	13:42	4.4 (63.8%)
72	<b>MACIUSZKO Wiesia</b>	<b>1146</b>	OUTDOOR TRAINING BIAŁYSTOK	#6OPEN	43	00:57:39	02:00:08	<b>02:44:51.15</b>	+01:00:59 (37.0%)	13:44	4.4 (63.8%)
73	<b>MARKIEWICZ Agnieszka</b>	<b>1359</b>	POWER TRAINING	#3OPEN	66	00:55:56	02:01:52	<b>02:45:56.55</b>	+01:02:04 (37.4%)	13:49	4.3 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
74	<b>KAMIŃSKA Marta</b>	<b>1251</b>		#6OPEN	46	00:53:59	02:01:17	<b>02:46:25.80</b>	+01:02:33 (37.6%)	13:52	4.3 (62.3%)
75	<b>KRAWĘTKOWSKA Milena</b>	<b>1142</b>	ŁYSE WĘŻE	#6OPEN	47	00:57:02	02:02:03	<b>02:46:32.95</b>	+01:02:41 (37.6%)	13:52	4.3 (62.3%)
76	<b>TARKA-GARBACZ Anna</b>	<b>503</b>	AKADEMIA HOLISTYCZNA	#3OPEN	70	01:01:24	02:03:00	<b>02:46:44.45</b>	+01:02:52 (37.7%)	13:53	4.3 (62.3%)
77	<b>ŚLUBOWSKA Malwina</b>	<b>1255</b>		#6OPEN	51	00:54:33	02:01:35	<b>02:46:56.35</b>	+01:03:04 (37.8%)	13:54	4.3 (62.3%)
78	<b>ŚLUBOWSKA Katarzyna</b>	<b>1256</b>		#6OPEN	53	00:54:23	02:01:35	<b>02:47:02.30</b>	+01:03:10 (37.8%)	13:55	4.3 (62.3%)
79	<b>JANUSZ Rita</b>	<b>763</b>	KONTENER FORMY	#4OPEN	64	00:54:20	01:58:32	<b>02:47:19.25</b>	+01:03:27 (37.9%)	13:56	4.3 (62.3%)
80	<b>NIKEL Martyna</b>	<b>762</b>	KONTENER FORMY	#4OPEN	65	00:54:13	01:58:31	<b>02:47:19.50</b>	+01:03:27 (37.9%)	13:56	4.3 (62.3%)
81	<b>NIEMCZYK Justyna</b>	<b>791</b>	PO SECIE NA MECIE	#4OPEN	66	00:17:20	01:45:59	<b>02:47:20.70</b>	+01:03:28 (37.9%)	13:56	4.3 (62.3%)
82	<b>ZAREMBA Katarzyna</b>	<b>792</b>	PO SECIE NA MECIE	#4OPEN	67	00:17:55	01:47:44	<b>02:47:28.10</b>	+01:03:36 (38.0%)	13:57	4.3 (62.3%)
83	<b>TROJANOWSKA TESZ Aleksandra</b>	<b>449</b>	TESZAK TEAM	#2OPEN	81	00:58:56	02:00:03	<b>02:47:40.70</b>	+01:03:48 (38.1%)	13:58	4.3 (62.3%)
84	<b>OPARA Maja</b>	<b>18</b>	BRAVEHEARTS LEGIONOWO	#1OPEN	89	01:05:53	02:04:09	<b>02:48:29.20</b>	+01:04:37 (38.4%)	14:02	4.3 (62.3%)
85	<b>MACIĄG Ewelina</b>	<b>38</b>	CROSSFIT KIELCE	#1OPEN	92	01:01:50	02:02:54	<b>02:48:52.50</b>	+01:05:00 (38.5%)	14:04	4.3 (62.3%)
86	<b>DOMAŃSKA Mariola</b>	<b>39</b>	CROSSFIT KIELCE	#1OPEN	93	01:02:03	02:02:55	<b>02:48:52.65</b>	+01:05:00 (38.5%)	14:04	4.3 (62.3%)
87	<b>DUDEK-WÓJCIK Jagoda</b>	<b>990</b>	LENIWE BUŁY	#5OPEN	59	00:52:47	01:55:02	<b>02:48:52.90</b>	+01:05:00 (38.5%)	14:04	4.3 (62.3%)
88	<b>WZOREK Ewa</b>	<b>5</b>	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	#1OPEN	97	01:06:01	02:04:15	<b>02:50:24.80</b>	+01:06:32 (39.1%)	14:12	4.2 (60.9%)
89	<b>PĘKALA Monika</b>	<b>371</b>	JURAPARK	#5OPEN	61	00:56:49	02:02:27	<b>02:50:25.60</b>	+01:06:33 (39.1%)	14:12	4.2 (60.9%)
90	<b>BANEL Agnieszka</b>	<b>771</b>	OUTDOOR TRAINING	#4OPEN	76	00:57:44	02:03:05	<b>02:50:53.40</b>	+01:07:01 (39.2%)	14:14	4.2 (60.9%)
91	<b>CICHOSZ Dorota</b>	<b>48</b>	EKIPA HARREGO	#1OPEN	100	00:58:46	02:00:50	<b>02:51:35.90</b>	+01:07:43 (39.5%)	14:18	4.2 (60.9%)
92	<b>GLEGOŁA MADETKO Paulina</b>	<b>600</b>	OSTROWIEC	#3OPEN	72	00:55:34	02:04:09	<b>02:51:40.00</b>	+01:07:48 (39.5%)	14:18	4.2 (60.9%)
93	<b>SANOK Aleksandra</b>	<b>1929</b>		#4OPEN	79	00:55:51	02:05:08	<b>02:51:53.20</b>	+01:08:01 (39.6%)	14:19	4.2 (60.9%)
94	<b>GURAK Katarzyna</b>	<b>971</b>	KĄLABANGA	#4OPEN	82	00:58:30	02:09:57	<b>02:52:48.15</b>	+01:08:56 (39.9%)	14:24	4.2 (60.9%)
95	<b>NATORSKA Izabela</b>	<b>1600</b>		#8OPEN	31	00:56:02	02:02:17	<b>02:52:50.85</b>	+01:08:58 (39.9%)	14:24	4.2 (60.9%)
96	<b>GIERON Natalia</b>	<b>5014</b>		#6OPEN	57	00:58:06	02:05:27	<b>02:53:19.85</b>	+01:09:27 (40.1%)	14:26	4.2 (60.9%)
97	<b>ZAKRZEWSKA Aleksandra</b>	<b>1629</b>		#8OPEN	32	00:57:36	02:02:54	<b>02:53:32.10</b>	+01:09:40 (40.1%)	14:27	4.1 (59.4%)
98	<b>KĄLUZIŃSKA Dorota</b>	<b>1554</b>	HUSARIA RACE TEAM	#8OPEN	34	00:57:34	02:06:08	<b>02:53:40.50</b>	+01:09:48 (40.2%)	14:28	4.1 (59.4%)
99	<b>JASEK-BORS Paulina</b>	<b>1557</b>	HUSARIA RACE TEAM	#8OPEN	35	00:57:35	02:06:08	<b>02:53:41.00</b>	+01:09:49 (40.2%)	14:28	4.1 (59.4%)
100	<b>MIĄDZEL Katarzyna</b>	<b>166</b>	ZAGNAŃSK BIEGA	#1OPEN	103	01:11:49	02:09:33	<b>02:53:47.90</b>	+01:09:55 (40.2%)	14:29	4.1 (59.4%)
101	<b>OLESIK Patrycja</b>	<b>207</b>	BOZONY HIGGSA	#1OPEN	105	00:59:31	02:06:59	<b>02:53:59.20</b>	+01:10:07 (40.3%)	14:29	4.1 (59.4%)
102	<b>KRZEMIŃSKA Monika</b>	<b>201</b>	BOZONY HIGGSA	#1OPEN	106	01:00:10	02:07:02	<b>02:54:00.65</b>	+01:10:08 (40.3%)	14:30	4.1 (59.4%)
103	<b>SZABŁOWSKA Dorota</b>	<b>109</b>	POWER TRAINING	#1OPEN	110	01:00:06	02:08:11	<b>02:54:18.35</b>	+01:10:26 (40.4%)	14:31	4.1 (59.4%)
104	<b>KRZYSZTOFOWICZ Monika</b>	<b>333</b>	KRZYSZTOFKI TEAM	#2OPEN	88	01:03:24	02:08:04	<b>02:54:42.60</b>	+01:10:50 (40.5%)	14:33	4.1 (59.4%)
105	<b>TELEON Marlena</b>	<b>589</b>	LUBELSKA GRUPA TRIATHLONU	#3OPEN	75	00:57:10	02:06:38	<b>02:55:12.55</b>	+01:11:20 (40.7%)	14:36	4.1 (59.4%)
106	<b>GAJOS Małgorzata</b>	<b>1134</b>	KORPULENTNE KOTLECICKI	#6OPEN	59	00:56:01	02:02:59	<b>02:56:01.55</b>	+01:12:09 (41.0%)	14:40	4.1 (59.4%)
107	<b>TABIN-DZIKI Dorota</b>	<b>932</b>	CSWIS LEŻAJSK	#5OPEN	69	01:01:31	02:05:47	<b>02:56:25.20</b>	+01:12:33 (41.1%)	14:42	4.1 (59.4%)
108	<b>SIKORA Irmina</b>	<b>980</b>	KUDLATY4	#5OPEN	72	01:01:44	02:06:44	<b>02:56:29.15</b>	+01:12:37 (41.1%)	14:42	4.1 (59.4%)
109	<b>WOJTOWICZ-SANDER Sylwia</b>	<b>978</b>	KUDLATY4	#5OPEN	73	01:02:21	02:06:45	<b>02:56:29.80</b>	+01:12:37 (41.2%)	14:42	4.1 (59.4%)
110	<b>WÓJTOWICZ Kinga</b>	<b>1927</b>		#10OPEN	15	00:56:42	02:07:44	<b>02:57:11.85</b>	+01:13:19 (41.4%)	14:46	4.1 (59.4%)
111	<b>FLORCZYK Mariola</b>	<b>5010</b>	SPPP RADOM	#1OPEN	111	00:58:27	02:08:07	<b>02:57:14.35</b>	+01:13:22 (41.4%)	14:46	4.1 (59.4%)
112	<b>WŁODEK Jana</b>	<b>1009</b>	NAZERO.PL	#5OPEN	76	00:59:46	02:02:48	<b>02:57:41.95</b>	+01:13:50 (41.5%)	14:48	4.1 (59.4%)
113	<b>KACPRZYK Katarzyna</b>	<b>437</b>		#2OPEN	90	01:03:54	02:09:45	<b>02:57:52.50</b>	+01:14:00 (41.6%)	14:49	4 (58.0%)
114	<b>PIETRAS Anna</b>	<b>800</b>	PROGRES SADEK	#4OPEN	86	00:59:02	02:08:39	<b>02:57:52.65</b>	+01:14:00 (41.6%)	14:49	4 (58.0%)
115	<b>MAŁOLEPSZA Agnieszka</b>	<b>982</b>	LECĘ BO CHCĘ...	#5OPEN	78	00:56:57	02:02:22	<b>02:58:02.45</b>	+01:14:10 (41.7%)	14:50	4 (58.0%)
116	<b>STANISŁAWEK Justyna</b>	<b>1258</b>		#6OPEN	62	01:01:48	02:12:03	<b>02:58:19.25</b>	+01:14:27 (41.8%)	14:51	4 (58.0%)
117	<b>KRÓL Wioletta</b>	<b>907</b>	AZS UJK KIELCE	#5OPEN	80	00:59:14	02:05:41	<b>02:58:33.75</b>	+01:14:41 (41.8%)	14:52	4 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
118	LASOCKA Klaudia	909	AZS UJK KIELCE	#5OPEN	82	00:59:29	02:05:45	<b>02:58:34.05</b>	+01:14:42 (41.8%)	14:52	4 (58.0%)
119	RASOUL Klaudia	1067		#5OPEN	85	01:00:49	02:06:38	<b>02:59:13.05</b>	+01:15:21 (42.0%)	14:56	4 (58.0%)
120	HANKE Magdalena	355	OCR TEAM WŁOCLAWEK	#2OPEN	92	01:05:45	02:11:15	<b>02:59:32.75</b>	+01:15:40 (42.2%)	14:57	4 (58.0%)
121	DYMIŃSKA Monika	352	OCR TEAM WŁOCLAWEK	#2OPEN	94	01:05:27	02:11:19	<b>02:59:38.95</b>	+01:15:47 (42.2%)	14:58	4 (58.0%)
122	FIETKO Aleksandra	1545	HURAGANY	#8OPEN	40	00:58:00	02:07:48	<b>02:59:57.60</b>	+01:16:05 (42.3%)	14:59	4 (58.0%)
123	KLEPCZYŃSKA Monika	204		#1OPEN	114	01:02:39	02:02:48	<b>03:00:08.90</b>	+01:16:16 (42.3%)	15:00	4 (58.0%)
124	MICHALSKA Monika	21	BRAVEHEARTS LEGIONOWO	#1OPEN	115	01:06:21	02:09:46	<b>03:00:12.20</b>	+01:16:20 (42.4%)	15:01	4 (58.0%)
125	KOLESNIKOVA Anastasiia	508	ANIOŁKI GIANNIEGO	#3OPEN	77	00:57:15	02:06:58	<b>03:00:26.75</b>	+01:16:34 (42.4%)	15:02	4 (58.0%)
126	ZIEŃKOWSKA Izabela	164	WW TEAM	#1OPEN	116	01:03:15	02:10:22	<b>03:00:50.65</b>	+01:16:58 (42.6%)	15:04	4 (58.0%)
127	WASILEWSKA Joanna	555	DIAITA SPARTA	#3OPEN	78	01:03:06	02:06:28	<b>03:01:03.25</b>	+01:17:11 (42.6%)	15:05	4 (58.0%)
128	LABA Kamila	700	BEFIT24TEAM	#4OPEN	88	01:04:01	02:11:48	<b>03:01:28.65</b>	+01:17:36 (42.8%)	15:07	4 (58.0%)
129	ZACHARIASZ Aurelia	1510	BRUDNE TRAMPKI	#8OPEN	45	01:00:57	02:10:52	<b>03:01:42.25</b>	+01:17:50 (42.8%)	15:08	4 (58.0%)
130	GAŚIOREK Kamila	831	ZABIEGANI TV	#4OPEN	90	01:04:39	02:09:50	<b>03:01:55.90</b>	+01:18:03 (42.9%)	15:09	4 (58.0%)
131	KLEPACKA Ola	433		#2OPEN	96	00:56:59	02:05:57	<b>03:02:06.90</b>	+01:18:14 (43.0%)	15:10	4 (58.0%)
132	MICHAŁECZKO Ewa	1392		#7OPEN	35	01:09:40	02:14:01	<b>03:02:14.10</b>	+01:18:22 (43.0%)	15:11	4 (58.0%)
133	WRONKOWSKA Katarzyna	602	POWER TRAINING	#1OPEN	119	01:04:52	02:11:28	<b>03:02:43.45</b>	+01:18:51 (43.2%)	15:13	3.9 (56.5%)
134	KLASIŃSKA Paulina	251	5 SÓW RUN TEAM PIŃCZÓW	#2OPEN	98	01:16:11	02:22:46	<b>03:02:55.75</b>	+01:19:03 (43.2%)	15:14	3.9 (56.5%)
135	ŻYGADŁO Anna	108	POWER TRAINING	#1OPEN	121	01:04:34	02:11:30	<b>03:03:15.40</b>	+01:19:23 (43.3%)	15:16	3.9 (56.5%)
136	KOWALIK Anna	170		#1OPEN	122	01:02:40	02:10:15	<b>03:03:18.85</b>	+01:19:26 (43.3%)	15:16	3.9 (56.5%)
137	KORZENIOWSKA Joanna	169		#1OPEN	123	01:03:24	02:10:09	<b>03:03:19.75</b>	+01:19:27 (43.3%)	15:16	3.9 (56.5%)
138	KUZIOŁA Joanna	90	NATURAL FORCE WORKOUT	#1OPEN	124	01:10:04	02:14:36	<b>03:03:40.85</b>	+01:19:48 (43.5%)	15:18	3.9 (56.5%)
139	WOŁOWICZ Magdalena	95	NATURAL FORCE WORKOUT	#1OPEN	125	01:10:20	02:14:41	<b>03:03:41.20</b>	+01:19:49 (43.5%)	15:18	3.9 (56.5%)
140	DAJNOWSKA Małgorzata	92	NATURAL FORCE WORKOUT	#1OPEN	127	01:09:41	02:14:36	<b>03:03:41.55</b>	+01:19:49 (43.5%)	15:18	3.9 (56.5%)
141	ZYCH Edyta	525	BIEGNĘ, ALE DOKĄD? "BAD"	#3OPEN	89	00:47:45	02:11:43	<b>03:03:55.85</b>	+01:20:03 (43.5%)	15:19	3.9 (56.5%)
142	ŻÓŁTOWSKA Katarzyna	759	KASIASYLWIA	#4OPEN	91	01:00:23	02:13:03	<b>03:04:00.50</b>	+01:20:08 (43.6%)	15:20	3.9 (56.5%)
143	WRZOS Natalia	594	ODDAJMISIE	#3OPEN	94	00:58:26	02:08:49	<b>03:04:26.50</b>	+01:20:34 (43.7%)	15:22	3.9 (56.5%)
144	PARTYKA Katarzyna	598	ODDAJMISIE	#3OPEN	95	01:00:12	02:09:10	<b>03:04:27.05</b>	+01:20:35 (43.7%)	15:22	3.9 (56.5%)
145	ŻAK Weronika	802	PROGRES SADEK	#4OPEN	96	01:00:33	02:09:11	<b>03:04:41.70</b>	+01:20:49 (43.8%)	15:23	3.9 (56.5%)
146	WILISOWSKA Ewelina	1350	PIKUŚ	#7OPEN	40	01:01:13	02:08:32	<b>03:05:00.90</b>	+01:21:08 (43.9%)	15:25	3.9 (56.5%)
146	KOTŁĘGA Grażyna	1351	PIKUŚ	#7OPEN	41	01:01:10	02:08:33	<b>03:05:00.90</b>	+01:21:08 (43.9%)	15:25	3.9 (56.5%)
148	MIOTŁA Jagoda	130	SCHABY	#1OPEN	130	01:09:16	02:16:00	<b>03:05:21.60</b>	+01:21:29 (44.0%)	15:26	3.9 (56.5%)
149	LANGER Katarzyna	1570	LOTANIE JE GRYFNE	#8OPEN	48	01:05:37	02:15:06	<b>03:05:34.75</b>	+01:21:42 (44.0%)	15:27	3.9 (56.5%)
150	FOKSA Karolina	1211		#6OPEN	70	00:58:50	02:09:03	<b>03:05:47.50</b>	+01:21:55 (44.1%)	15:28	3.9 (56.5%)
151	WALCZAK Izabela	160	WW TEAM	#1OPEN	132	01:10:40	02:17:25	<b>03:05:57.85</b>	+01:22:05 (44.1%)	15:29	3.9 (56.5%)
152	GRZESZCZYK Katarzyna	1199	ZWOLEŃ BIEGA	#6OPEN	73	01:06:51	02:16:14	<b>03:06:30.35</b>	+01:22:38 (44.3%)	15:32	3.9 (56.5%)
153	ŻEBROWSKA Jolanta	914	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	#6OPEN	74	01:07:25	02:16:13	<b>03:06:30.70</b>	+01:22:38 (44.3%)	15:32	3.9 (56.5%)
154	BUKALSKA Julita	1195	ZWOLEŃ BIEGA	#6OPEN	76	01:07:02	02:16:14	<b>03:06:30.90</b>	+01:22:38 (44.3%)	15:32	3.9 (56.5%)
155	SANDOMIERSKA Patrycja	1197	ZWOLEŃ BIEGA	#6OPEN	77	01:06:31	02:16:12	<b>03:06:31.00</b>	+01:22:39 (44.3%)	15:32	3.9 (56.5%)
156	ZACHARIASZ Agnieszka	1512	BRUDNE TRAMPKI	#8OPEN	52	01:01:31	02:15:19	<b>03:07:32.20</b>	+01:23:40 (44.6%)	15:37	3.8 (55.1%)
157	PISKORSKA Iwona	1012	PISKUŚ TEAM	#5OPEN	93	00:57:50	02:11:59	<b>03:07:32.30</b>	+01:23:40 (44.6%)	15:37	3.8 (55.1%)
158	KASKA-ŁOBODOWSKA Ewelina	1609		#8OPEN	53	00:58:44	02:11:29	<b>03:07:37.70</b>	+01:23:45 (44.6%)	15:38	3.8 (55.1%)
159	ZYCHOWICZ-ADAMIEC Agata	1618		#8OPEN	54	00:58:49	02:11:54	<b>03:07:37.90</b>	+01:23:45 (44.6%)	15:38	3.8 (55.1%)
160	LATO Karolina	5027	WW TEAM	Kobiety Open	2	01:04:10	02:13:58	<b>03:07:56.25</b>	+01:24:04 (44.7%)	15:39	3.8 (55.1%)
161	KOMOROWSKA Sylwia	1066		#5OPEN	97	00:58:21	02:12:00	<b>03:08:10.80</b>	+01:24:18 (44.8%)	15:40	3.8 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
162	MARFIAK Karolina	653		#3OPEN	105	01:03:46	02:17:29	<b>03:09:16.65</b>	+01:25:24 (45.1%)	15:46	3.8 (55.1%)
163	SZUTA Marta	381	TRENER24H.COM.PL	#2OPEN	103	01:06:18	02:15:27	<b>03:09:29.90</b>	+01:25:37 (45.2%)	15:47	3.8 (55.1%)
164	ŁUKASIEWICZ Małgorzata	553	CROSSFIT SIEDLCE	#3OPEN	107	00:55:52	02:16:08	<b>03:09:34.30</b>	+01:25:42 (45.2%)	15:47	3.8 (55.1%)
165	SZYDŁOWSKA Sabina	1569	LOTANIE JE GRYFNE	#8OPEN	56	01:05:37	02:15:27	<b>03:09:51.30</b>	+01:25:59 (45.3%)	15:49	3.8 (55.1%)
166	KUKLA Mańka	548	CROSSFIT SIEDLCE	#3OPEN	108	00:55:39	02:16:24	<b>03:09:57.05</b>	+01:26:05 (45.3%)	15:49	3.8 (55.1%)
167	PAWŁOWSKA Ula	921	CROSSFIT SIEDLCE	#5OPEN	99	01:05:28	02:14:51	<b>03:10:00.75</b>	+01:26:08 (45.3%)	15:50	3.8 (55.1%)
168	SIĄKAŁA, Marcela	1334	LUBIE ZAPIE***LAĆ!!	#7OPEN	43	01:06:16	02:18:41	<b>03:10:12.35</b>	+01:26:20 (45.4%)	15:51	3.8 (55.1%)
169	KUBECKA Justyna	1333	LUBIE ZAPIE***LAĆ!!	#7OPEN	44	01:06:59	02:18:41	<b>03:10:17.10</b>	+01:26:25 (45.4%)	15:51	3.8 (55.1%)
170	OSIAL Aneta	625	TEAM ŁUKÓW	#3OPEN	110	01:16:11	02:27:43	<b>03:10:33.35</b>	+01:26:41 (45.5%)	15:52	3.8 (55.1%)
171	DĄBROWSKA Sylwia	551	CROSSFIT SIEDLCE	#3OPEN	111	00:55:56	02:16:45	<b>03:10:49.05</b>	+01:26:57 (45.6%)	15:54	3.8 (55.1%)
172	GŁĘBICKA Patrycja	667		#3OPEN	114	01:14:46	02:27:29	<b>03:11:03.35</b>	+01:27:11 (45.6%)	15:55	3.8 (55.1%)
173	RYTTER Beata	418		#2OPEN	104	01:06:29	02:17:24	<b>03:11:39.85</b>	+01:27:47 (45.8%)	15:58	3.8 (55.1%)
174	PIEŃKOWSKA Ania	416		#2OPEN	105	01:06:42	02:17:24	<b>03:11:39.90</b>	+01:27:47 (45.8%)	15:58	3.8 (55.1%)
175	ANNA ŻUKROWSKA Karolina	1503	BABY Z BŁOT	#8OPEN	58	01:00:57	02:18:44	<b>03:11:54.20</b>	+01:28:02 (45.9%)	15:59	3.8 (55.1%)
176	APANASEWICZ Dominika	1504	BABY Z BŁOT	#8OPEN	59	01:01:52	02:18:41	<b>03:11:56.15</b>	+01:28:04 (45.9%)	15:59	3.8 (55.1%)
177	PIESIAK Gosia	148	TRENER24H.COM.PL	#1OPEN	137	01:07:08	02:16:30	<b>03:12:08.70</b>	+01:28:16 (45.9%)	16:00	3.7 (53.6%)
178	FRUBA Edyta	1308	CHODŹ NA POLE TEAM	#7OPEN	48	01:02:20	02:16:59	<b>03:13:28.15</b>	+01:29:36 (46.3%)	16:07	3.7 (53.6%)
179	SUCHODOLSKA Natalia	668		#3OPEN	115	01:15:16	02:27:33	<b>03:13:40.05</b>	+01:29:48 (46.4%)	16:08	3.7 (53.6%)
180	KLIMCZAK Marika	1513	BRUDNE TRAMPKI	#8OPEN	60	01:05:59	02:15:23	<b>03:13:54.70</b>	+01:30:02 (46.4%)	16:09	3.7 (53.6%)
181	ZACHARIASZ Milena	1515	BRUDNE TRAMPKI	#8OPEN	61	01:04:54	02:15:12	<b>03:13:55.50</b>	+01:30:03 (46.4%)	16:09	3.7 (53.6%)
182	ZGÓDKA Olga	1191	ZAŁOGA ORZEŁA 7	#6OPEN	82	01:06:43	02:22:12	<b>03:14:02.55</b>	+01:30:10 (46.5%)	16:10	3.7 (53.6%)
183	JÓRASZ-ŻAK Anna	1187	ZAŁOGA ORZEŁA 7	#6OPEN	83	01:06:51	02:22:12	<b>03:14:03.10</b>	+01:30:11 (46.5%)	16:10	3.7 (53.6%)
184	RESZKA Magdalena	1138	LENIWE BUŁY	#6OPEN	84	01:04:01	02:15:48	<b>03:15:30.55</b>	+01:31:38 (46.9%)	16:17	3.7 (53.6%)
185	STAŃCZYK Magdalena	1137	LENIWE BUŁY	#6OPEN	86	01:04:28	02:15:59	<b>03:15:34.85</b>	+01:31:42 (46.9%)	16:17	3.7 (53.6%)
186	ŚNIEŻEK Beata	1389		#7OPEN	52	01:15:08	02:22:44	<b>03:15:51.95</b>	+01:32:00 (47.0%)	16:19	3.7 (53.6%)
187	OLEKSAK Katarzyna	568	FORFUN LUBLIN	#3OPEN	121	01:13:50	02:27:02	<b>03:16:02.80</b>	+01:32:10 (47.0%)	16:20	3.7 (53.6%)
188	NIZIOŁ Sylwia	567	FORFUN LUBLIN	#3OPEN	122	01:14:08	02:27:00	<b>03:16:04.30</b>	+01:32:12 (47.0%)	16:20	3.7 (53.6%)
189	KUCA Julia	979	KUDLATY4	#5OPEN	101	00:45:31	02:15:51	<b>03:16:05.85</b>	+01:32:13 (47.0%)	16:20	3.7 (53.6%)
190	HERTMAN Marzena	923	CROSSFIT SIEDLCE	#5OPEN	102	01:05:59	02:19:41	<b>03:17:03.75</b>	+01:33:11 (47.3%)	16:25	3.7 (53.6%)
191	SAKOWSKA Ewa	1312	CROSSFIT SIEDLCE	#5OPEN	103	01:06:18	02:19:48	<b>03:17:04.45</b>	+01:33:12 (47.3%)	16:25	3.7 (53.6%)
192	JEZIORSKA Klaudia	172		#1OPEN	138	00:57:12	02:17:32	<b>03:17:17.00</b>	+01:33:25 (47.4%)	16:26	3.6 (52.2%)
193	SUSZYŃSKA Anna	554	DIAITA SPARTA	#3OPEN	123	01:09:30	02:22:39	<b>03:18:14.95</b>	+01:34:23 (47.6%)	16:31	3.6 (52.2%)
194	WASAK Monika	622	TEAM ŁUKÓW	#3OPEN	124	01:20:25	02:28:34	<b>03:18:17.70</b>	+01:34:25 (47.6%)	16:31	3.6 (52.2%)
195	KACPRZAK Aleksandra	5020		#7OPEN	55	01:12:00	02:24:12	<b>03:18:53.00</b>	+01:35:01 (47.8%)	16:34	3.6 (52.2%)
195	KOT Zuzanna	425		#7OPEN	56	01:12:01	02:24:13	<b>03:18:53.00</b>	+01:35:01 (47.8%)	16:34	3.6 (52.2%)
197	SZYMBORSKA Milena	356	OCR TEAM WŁOCLAWEK	#2OPEN	111	01:13:32	02:28:07	<b>03:19:48.45</b>	+01:35:56 (48.0%)	16:39	3.6 (52.2%)
198	ANYZEWSKA Izabela	347	OCR TEAM WŁOCLAWEK	#2OPEN	112	01:13:11	02:24:49	<b>03:19:49.30</b>	+01:35:57 (48.0%)	16:39	3.6 (52.2%)
199	KRZYŻANOWSKA Angelika	361	OCR TEAM WŁOCLAWEK	#2OPEN	113	01:11:40	02:24:46	<b>03:19:49.70</b>	+01:35:57 (48.0%)	16:39	3.6 (52.2%)
200	OSUCH Anna	5044	ELEKTROŚWIRY	#7OPEN	57	01:06:22	02:20:50	<b>03:20:19.25</b>	+01:36:27 (48.2%)	16:41	3.6 (52.2%)
201	ŚWIERKULA Justyna	1399		#7OPEN	59	01:07:58	02:23:44	<b>03:20:56.65</b>	+01:37:04 (48.3%)	16:44	3.6 (52.2%)
202	JAROSZ Aneta	1360	RAZEM ŁATWIEJ	#7OPEN	61	01:08:57	02:26:01	<b>03:21:15.35</b>	+01:37:23 (48.4%)	16:46	3.6 (52.2%)
203	DYBKA Patrycja	1366	RAZEM ŁATWIEJ	#7OPEN	62	01:08:23	02:26:00	<b>03:21:15.55</b>	+01:37:23 (48.4%)	16:46	3.6 (52.2%)
204	SAIENKO Kateryna	1362	RAZEM ŁATWIEJ	#7OPEN	63	01:08:59	02:26:02	<b>03:21:16.75</b>	+01:37:24 (48.4%)	16:46	3.6 (52.2%)
205	OPARA Anna	530	BYDLAKI	#3OPEN	132	01:07:23	02:25:24	<b>03:21:44.70</b>	+01:37:52 (48.5%)	16:48	3.6 (52.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
206	BACIA Agnieszka	1324	KABANOSY	#7OPEN	65	01:11:23	02:28:34	<b>03:22:05.30</b>	+01:38:13 (48.6%)	16:50	3.6 (52.2%)
207	KORPUS-MIELCZARSKA Katarzyna	372	SGB SAMO SIĘ NIE PRZEBIEGNIE	#2OPEN	118	01:15:05	02:29:32	<b>03:23:13.90</b>	+01:39:21 (48.9%)	16:56	3.5 (50.7%)
208	KATANOWSKA Elwira	370	SGB SAMO SIĘ NIE PRZEBIEGNIE	#2OPEN	121	01:13:56	02:29:30	<b>03:23:14.35</b>	+01:39:22 (48.9%)	16:56	3.5 (50.7%)
209	SZRETER Marta	375	SGB SAMO SIĘ NIE PRZEBIEGNIE	#2OPEN	122	01:14:17	02:29:33	<b>03:23:14.50</b>	+01:39:22 (48.9%)	16:56	3.5 (50.7%)
210	KRZYSZTOSZEK Katarzyna	1188	ZAŁOGA ORZEŁA 7	#6OPEN	94	01:07:44	02:22:15	<b>03:23:29.45</b>	+01:39:37 (49.0%)	16:57	3.5 (50.7%)
211	BERNAŚ Anna	1373	STREFA SIŁY SANDOMIERZ	#7OPEN	68	01:09:05	02:24:31	<b>03:24:10.25</b>	+01:40:18 (49.1%)	17:00	3.5 (50.7%)
212	PŁATEK Katarzyna	1358	POWER TRAINING	#4OPEN	105	01:10:29	02:25:27	<b>03:24:29.35</b>	+01:40:37 (49.2%)	17:02	3.5 (50.7%)
213	GÓRAK Agnieszka	1357	POWER TRAINING	#4OPEN	106	01:09:31	02:25:27	<b>03:24:29.85</b>	+01:40:37 (49.2%)	17:02	3.5 (50.7%)
214	KIJAK Maszka	805	RUDA TEAM	#4OPEN	107	00:48:32	02:14:37	<b>03:24:41.45</b>	+01:40:49 (49.3%)	17:03	3.5 (50.7%)
215	BILON-MOLENDA Alicja	293	CROSSFIT BYDGOSZCZ	#2OPEN	123	01:09:20	02:25:06	<b>03:24:55.75</b>	+01:41:03 (49.3%)	17:04	3.5 (50.7%)
216	JASTRZĘBSKA Anna	922	CROSSFIT SIEDLCE	#5OPEN	110	01:10:40	02:29:15	<b>03:25:42.65</b>	+01:41:50 (49.5%)	17:08	3.5 (50.7%)
217	MISZTAL Katarzyna	810	RUN N FUN	#4OPEN	110	01:08:38	02:32:16	<b>03:26:16.15</b>	+01:42:24 (49.6%)	17:11	3.5 (50.7%)
218	IWAŃSKA Diana	807	RUN N FUN	#4OPEN	111	01:08:36	02:32:17	<b>03:26:17.20</b>	+01:42:25 (49.6%)	17:11	3.5 (50.7%)
219	JAJKO Elzbieta	670		#3OPEN	134	01:12:25	02:29:02	<b>03:26:52.70</b>	+01:43:00 (49.8%)	17:14	3.5 (50.7%)
220	RYBIŃSKA Anna	1039	WILDCATS CROSSFIT LUBLIN	#5OPEN	114	01:13:54	02:31:08	<b>03:28:00.80</b>	+01:44:08 (50.1%)	17:20	3.5 (50.7%)
221	MADEJ Elzbieta	423		#2OPEN	124	01:11:17	02:30:35	<b>03:28:10.15</b>	+01:44:18 (50.1%)	17:20	3.5 (50.7%)
222	WASILEWSKA Monika	626	TEAM ŁUKÓW	#3OPEN	135	01:16:02	02:29:05	<b>03:28:41.90</b>	+01:44:49 (50.2%)	17:23	3.4 (49.3%)
223	STOMPAJ Agnieszka	942	DZIKA EKIPA	#5OPEN	115	01:14:32	02:31:02	<b>03:28:47.60</b>	+01:44:55 (50.3%)	17:23	3.4 (49.3%)
224	RÓŻYCKA Hanna	1615		#8OPEN	63	01:07:24	02:26:46	<b>03:28:50.00</b>	+01:44:58 (50.3%)	17:24	3.4 (49.3%)
225	ZAGRABA Katarzyna	945	DZIKA EKIPA	#5OPEN	116	01:13:58	02:31:02	<b>03:28:50.70</b>	+01:44:58 (50.3%)	17:24	3.4 (49.3%)
226	KRÓLIKOWSKA Katarzyna	946	DZIKA EKIPA	#5OPEN	118	01:14:10	02:31:03	<b>03:28:54.45</b>	+01:45:02 (50.3%)	17:24	3.4 (49.3%)
227	MATACZ Monika	950	DZIKA EKIPA	#5OPEN	120	01:14:20	02:31:24	<b>03:28:54.55</b>	+01:45:02 (50.3%)	17:24	3.4 (49.3%)
228	SZWEDA Katarzyna	1614		#8OPEN	65	01:07:06	02:26:27	<b>03:28:58.05</b>	+01:45:06 (50.3%)	17:24	3.4 (49.3%)
229	SIWEK Aleksandra	182		#1OPEN	143	01:10:38	02:32:53	<b>03:29:13.55</b>	+01:45:21 (50.4%)	17:26	3.4 (49.3%)
230	RACZYŃSKA Gosia	121	POWERADE TEAM	#1OPEN	144	01:11:04	02:32:52	<b>03:29:14.20</b>	+01:45:22 (50.4%)	17:26	3.4 (49.3%)
231	STANOSZEK Agnieszka	118	POWERADE TEAM	#1OPEN	146	01:09:30	02:32:52	<b>03:29:14.60</b>	+01:45:22 (50.4%)	17:26	3.4 (49.3%)
232	OCHOJSKA Sabina	122	POWERADE TEAM	#1OPEN	147	01:09:22	02:33:07	<b>03:29:14.90</b>	+01:45:22 (50.4%)	17:26	3.4 (49.3%)
233	SIKORA Małgorzata	1207		#6OPEN	100	01:08:11	02:27:21	<b>03:29:32.85</b>	+01:45:40 (50.4%)	17:27	3.4 (49.3%)
234	TOMASIAK Angelika	850		#4OPEN	114	01:10:30	02:28:44	<b>03:29:36.45</b>	+01:45:44 (50.4%)	17:28	3.4 (49.3%)
235	DWORNIKIEWICZ Alena	345	OCR TEAM WŁOCLAWEK	#2OPEN	125	01:12:56	02:29:33	<b>03:29:48.25</b>	+01:45:56 (50.5%)	17:29	3.4 (49.3%)
236	SKRZYŃSKA Karolina	353	OCR TEAM WŁOCLAWEK	#2OPEN	126	01:11:54	02:29:33	<b>03:29:49.65</b>	+01:45:57 (50.5%)	17:29	3.4 (49.3%)
237	WOŹNICKA Dominika	765-		#2OPEN	128	01:13:02	02:29:36	<b>03:30:08.85</b>	+01:46:16 (50.6%)	17:30	3.4 (49.3%)
238	KAMIŃSKA Magdalena	1260		#6OPEN	102	01:08:32	02:27:27	<b>03:30:31.00</b>	+01:46:39 (50.7%)	17:32	3.4 (49.3%)
239	PANEK Anna	260	ALBO W SZALE ALBO WCALE	#2OPEN	130	01:19:33	02:34:36	<b>03:30:54.55</b>	+01:47:02 (50.8%)	17:34	3.4 (49.3%)
240	SZULCZEWSKA Maja	25	BRAVEHEARTS LEGIONOWO	#1OPEN	150	01:13:26	02:33:58	<b>03:31:16.15</b>	+01:47:24 (50.8%)	17:36	3.4 (49.3%)
241	POKOJSKA Ewa	17	BRAVEHEARTS LEGIONOWO	#1OPEN	152	01:10:24	02:27:32	<b>03:31:17.60</b>	+01:47:25 (50.8%)	17:36	3.4 (49.3%)
242	DĄBROWSKA Małgorzata	644		#3OPEN	136	00:51:51	02:22:32	<b>03:31:29.55</b>	+01:47:37 (50.9%)	17:37	3.4 (49.3%)
243	BOŚ Małgorzata	1217	5 Z TOMKIEM WLOCLAWEK	Kobiety Open	3	01:13:08	02:29:36	<b>03:31:43.90</b>	+01:47:51 (50.9%)	17:38	3.4 (49.3%)
244	MICHALAK Ewelina	443		#2OPEN	134	01:09:56	02:29:55	<b>03:31:50.50</b>	+01:47:58 (51.0%)	17:39	3.4 (49.3%)
245	KSEN Alicja	442		#2OPEN	135	01:10:16	02:29:55	<b>03:31:52.20</b>	+01:48:00 (51.0%)	17:39	3.4 (49.3%)
246	JOBDA Agnieszka	5019		Kobiety Open	4	01:11:34	02:33:59	<b>03:31:53.55</b>	+01:48:01 (51.0%)	17:39	3.4 (49.3%)
247	KURENKO Kasia	140	SKARPARK	#1OPEN	153	01:13:37	02:32:36	<b>03:32:01.35</b>	+01:48:09 (51.0%)	17:40	3.4 (49.3%)
248	JAŚKIEWICZ Paulina	1588		#8OPEN	66	01:05:23	02:25:40	<b>03:32:03.55</b>	+01:48:11 (51.0%)	17:40	3.4 (49.3%)
249	WŁODARCZYK Agnieszka	585	KONIUCHY	#3OPEN	139	01:06:19	02:32:41	<b>03:32:20.15</b>	+01:48:28 (51.1%)	17:41	3.4 (49.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
250	<b>CIEŻNIAK Monika</b>	<b>664</b>		#3OPEN	142	01:14:07	02:34:12	<b>03:32:41.65</b>	+01:48:49 (51.2%)	17:43	3.4 (49.3%)
251	<b>IZDEBSKA Dominika</b>	<b>1116</b>	CIASTECZKOWE POTWORY	#6OPEN	104	01:14:09	02:35:51	<b>03:32:42.25</b>	+01:48:50 (51.2%)	17:43	3.4 (49.3%)
252	<b>LITWINIUK Natalia</b>	<b>332</b>	KOMPANIA LEŚNI	#2OPEN	136	01:14:10	02:35:43	<b>03:32:48.35</b>	+01:48:56 (51.2%)	17:44	3.4 (49.3%)
253	<b>BOCHEN Agnieszka</b>	<b>5002</b>	BAD BIEGNĘ ALE DOKĄD	Kobiety Open	5	01:16:37	02:40:57	<b>03:33:18.75</b>	+01:49:26 (51.3%)	17:46	3.4 (49.3%)
254	<b>RÓŻALSKA Dorota</b>	<b>269</b>	BIEGNĘ, ALE DOKĄD? "BAD"	#2OPEN	140	01:16:45	02:41:05	<b>03:33:18.90</b>	+01:49:26 (51.3%)	17:46	3.4 (49.3%)
255	<b>WALKIEWICZ Karolina</b>	<b>275</b>	BIEGNĘ,ALE DOKĄD? "BAD"	#2OPEN	143	01:15:57	02:40:57	<b>03:33:20.30</b>	+01:49:28 (51.3%)	17:46	3.4 (49.3%)
256	<b>STANEK Karolina</b>	<b>271</b>	BIEGNĘ, ALE DOKĄD? "BAD"	#2OPEN	144	01:16:32	02:41:03	<b>03:33:20.50</b>	+01:49:28 (51.3%)	17:46	3.4 (49.3%)
257	<b>KOZAK Paulina</b>	<b>1604</b>		#8OPEN	68	00:59:02	02:09:42	<b>03:33:49.70</b>	+01:49:57 (51.4%)	17:49	3.4 (49.3%)
258	<b>MYSTEK Aleksandra</b>	<b>1117</b>	CIASTECZKOWE POTWORY	#6OPEN	106	01:13:54	02:35:57	<b>03:33:52.65</b>	+01:50:00 (51.4%)	17:49	3.4 (49.3%)
259	<b>ZAMRZYCKA Oliwia</b>	<b>351</b>	OCR TEAM WŁOCLAWEK	#2OPEN	146	01:17:38	02:42:00	<b>03:34:19.55</b>	+01:50:27 (51.5%)	17:51	3.4 (49.3%)
260	<b>KAROLAK Monika</b>	<b>1918</b>	REPREZENTACJA NARODOWA SAN ESCOBAR	#10OPEN	19	01:08:47	02:33:07	<b>03:35:57.85</b>	+01:52:05 (51.9%)	17:59	3.3 (47.8%)
261	<b>MASTEK Katarzyna</b>	<b>845</b>		#4OPEN	121	01:18:14	02:37:35	<b>03:36:04.90</b>	+01:52:12 (51.9%)	18:00	3.3 (47.8%)
262	<b>PRZECH-FUS Agnieszka</b>	<b>159</b>	WW TEAM	#1OPEN	155	01:15:37	02:39:00	<b>03:36:34.70</b>	+01:52:42 (52.0%)	18:02	3.3 (47.8%)
263	<b>PILARSKA Agata</b>	<b>1368</b>	RUN FOREST,RUN	#7OPEN	72	01:12:00	02:33:46	<b>03:37:20.70</b>	+01:53:28 (52.2%)	18:06	3.3 (47.8%)
264	<b>STRÓŻEWSKA Wiktoria</b>	<b>635</b>	W&M	#3OPEN	146	01:12:53	02:39:08	<b>03:38:02.55</b>	+01:54:10 (52.4%)	18:10	3.3 (47.8%)
265	<b>KNIEĆ Joanna</b>	<b>603</b>	POWER TRAINING	#3OPEN	147	01:12:56	02:39:07	<b>03:38:13.55</b>	+01:54:21 (52.4%)	18:11	3.3 (47.8%)
266	<b>SUCHOROWSKA Agnieszka</b>	<b>132</b>	SKARPARK	#1OPEN	157	01:13:58	02:36:28	<b>03:38:14.30</b>	+01:54:22 (52.4%)	18:11	3.3 (47.8%)
267	<b>KUSZ Klaudia</b>	<b>321</b>	JAK ŻÓŁWIE W GALOPIE	#2OPEN	147	01:13:40	02:33:59	<b>03:38:21.30</b>	+01:54:29 (52.4%)	18:11	3.3 (47.8%)
268	<b>KALKOWSKA Karolina</b>	<b>303</b>	DIRTY SPARROWS	#2OPEN	148	01:14:04	02:33:56	<b>03:38:21.50</b>	+01:54:29 (52.4%)	18:11	3.3 (47.8%)
269	<b>FORYT Agata</b>	<b>319</b>	JAK ŻÓŁWIE W GALOPIE	#2OPEN	149	01:14:03	02:33:49	<b>03:38:21.60</b>	+01:54:29 (52.4%)	18:11	3.3 (47.8%)
270	<b>HYRA Katarzyna</b>	<b>1394</b>		#7OPEN	75	01:06:55	02:25:38	<b>03:39:06.75</b>	+01:55:14 (52.6%)	18:15	3.3 (47.8%)
271	<b>PIĄTKOWSKA Daria</b>	<b>1384</b>		#7OPEN	76	01:07:03	02:25:39	<b>03:39:07.20</b>	+01:55:15 (52.6%)	18:15	3.3 (47.8%)
272	<b>KAMIŃSKA-KURAŚ Magdalena</b>	<b>74</b>	KRETY	#1OPEN	160	01:11:57	02:34:24	<b>03:39:20.00</b>	+01:55:28 (52.6%)	18:16	3.3 (47.8%)
273	<b>SZYMCZAK Justyna</b>	<b>1370</b>	RUN FOREST,RUN	#7OPEN	78	01:12:26	02:33:47	<b>03:39:44.20</b>	+01:55:52 (52.7%)	18:18	3.3 (47.8%)
274	<b>SKOCZYLAS Diana</b>	<b>1059</b>		#5OPEN	123	01:14:56	02:39:38	<b>03:41:20.70</b>	+01:57:28 (53.1%)	18:26	3.3 (47.8%)
275	<b>BEDLA Katarzyna</b>	<b>2555</b>		#5OPEN	125	01:12:41	02:38:31	<b>03:41:28.30</b>	+01:57:36 (53.1%)	18:27	3.3 (47.8%)
276	<b>POPIOLEK Monika</b>	<b>15</b>	BIEGUSIEM.PL	#1OPEN	163	01:11:29	02:31:53	<b>03:41:55.45</b>	+01:58:03 (53.2%)	18:29	3.2 (46.4%)
277	<b>TEPEREK Małgorzata</b>	<b>659</b>		#3OPEN	151	01:13:21	02:37:15	<b>03:43:16.25</b>	+01:59:24 (53.5%)	18:36	3.2 (46.4%)
278	<b>KULIG-KARKOSZKA Agata</b>	<b>1201</b>		#6OPEN	108	01:27:32	02:47:16	<b>03:43:59.70</b>	+02:00:07 (53.6%)	18:39	3.2 (46.4%)
279	<b>UCHAŃSKA-STASIAK Justyna</b>	<b>1529</b>	CKB TARNOBRZEG	#6OPEN	116	01:14:21	02:36:29	<b>03:44:10.20</b>	+02:00:18 (53.7%)	18:40	3.2 (46.4%)
280	<b>GÓRAJ Joanna</b>	<b>1527</b>	CKB TARNOBRZEG	#6OPEN	118	01:15:43	02:36:31	<b>03:44:10.90</b>	+02:00:18 (53.7%)	18:40	3.2 (46.4%)
281	<b>NOWAK Anna</b>	<b>1524</b>	CKB TARNOBRZEG	#6OPEN	119	01:15:07	02:36:14	<b>03:44:11.10</b>	+02:00:19 (53.7%)	18:40	3.2 (46.4%)
282	<b>LITKA Katarzyna</b>	<b>1531</b>	CKB TARNOBRZEG	#6OPEN	120	01:14:41	02:36:24	<b>03:44:12.50</b>	+02:00:20 (53.7%)	18:41	3.2 (46.4%)
283	<b>BIAŁEK Beata</b>	<b>1520</b>	CKB TARNOBRZEG	#6OPEN	121	01:14:16	02:36:35	<b>03:44:13.25</b>	+02:00:21 (53.7%)	18:41	3.2 (46.4%)
284	<b>WRÓBLEWSKA Agnieszka</b>	<b>346</b>	OCR TEAM WŁOCLAWEK	#2OPEN	150	01:17:13	02:43:46	<b>03:44:31.35</b>	+02:00:39 (53.7%)	18:42	3.2 (46.4%)
285	<b>SZUBA Izabela</b>	<b>7</b>	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	#1OPEN	168	01:14:11	02:37:50	<b>03:44:31.40</b>	+02:00:39 (53.7%)	18:42	3.2 (46.4%)
286	<b>ZAMRZYCKA Katarzyna</b>	<b>350</b>	OCR TEAM WŁOCLAWEK	#2OPEN	151	01:17:38	02:43:45	<b>03:44:32.60</b>	+02:00:40 (53.7%)	18:42	3.2 (46.4%)
287	<b>POLKOWSKA Ewa</b>	<b>3643</b>		#5OPEN	127	01:10:58	02:38:07	<b>03:45:24.40</b>	+02:01:32 (53.9%)	18:47	3.2 (46.4%)
288	<b>CAŁA-KOŁUCKA Małgorzata</b>	<b>788</b>	PIKUTKOWO TEAM	#4OPEN	123	01:15:09	02:37:53	<b>03:45:24.70</b>	+02:01:32 (53.9%)	18:47	3.2 (46.4%)
289	<b>STYGA Aleksandra</b>	<b>1566</b>	KUDLATY4	#4OPEN	125	01:15:03	02:45:31	<b>03:45:27.15</b>	+02:01:35 (53.9%)	18:47	3.2 (46.4%)
290	<b>FRELIK Edyta</b>	<b>407</b>	ZADZIERAMKIECEILECE	#2OPEN	152	01:16:25	02:42:57	<b>03:45:49.50</b>	+02:01:57 (54.0%)	18:49	3.2 (46.4%)
291	<b>MARKIEWICZ Maja</b>	<b>918</b>	BRYGADA MM	#5OPEN	128	01:13:18	02:39:38	<b>03:47:40.35</b>	+02:03:48 (54.4%)	18:58	3.2 (46.4%)
292	<b>ADAMCZYK Anna</b>	<b>1045</b>	ZAGNAŃSK BIEGA	#5OPEN	131	01:16:37	02:41:04	<b>03:47:44.55</b>	+02:03:52 (54.4%)	18:58	3.2 (46.4%)
293	<b>CIECHACKA Monika</b>	<b>295</b>	CROSSFIT BYDGOSZCZ	#2OPEN	158	01:18:48	02:48:35	<b>03:48:07.95</b>	+02:04:16 (54.5%)	19:00	3.2 (46.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas		Tempo min/km	Tempo km/h
								netto 12km	Różn		
293	PASZKOWSKA Katarzyna	294	CROSSFIT BYDGOSZCZ	#2OPEN	159	01:18:08	02:48:57	<b>03:48:07.95</b>	+02:04:16 (54.5%)	19:00	3.2 (46.4%)
295	ZAŁUCKA Agnieszka	1050		#5OPEN	133	01:18:49	02:42:29	<b>03:49:47.80</b>	+02:05:55 (54.8%)	19:09	3.1 (44.9%)
296	SZCZYPEK Katarzyna	742	FC MELANŻ	#4OPEN	126	01:12:22	02:38:16	<b>03:50:41.05</b>	+02:06:49 (55.0%)	19:13	3.1 (44.9%)
297	CESARCZYK Anna	1578	ROBSON CROSSFITERZY	#8OPEN	72	01:16:26	02:44:04	<b>03:50:58.35</b>	+02:07:06 (55.0%)	19:14	3.1 (44.9%)
298	DĄBROWSKA Agnieszka	1579	ROBSON CROSSFITERZY	#8OPEN	73	01:17:08	02:43:52	<b>03:50:59.00</b>	+02:07:07 (55.0%)	19:14	3.1 (44.9%)
299	ĆWIK Joanna	80	LENIWE KOCURY	#1OPEN	174	01:23:06	02:48:42	<b>03:51:07.90</b>	+02:07:15 (55.1%)	19:15	3.1 (44.9%)
300	MONARSKA Magdalena	81	LENIWE KOCURY	#1OPEN	175	01:22:40	02:48:41	<b>03:51:09.20</b>	+02:07:17 (55.1%)	19:15	3.1 (44.9%)
301	CHROBOK Jolanta	1568	LOTANIE JE GRYFNE	#8OPEN	74	01:14:50	02:40:24	<b>03:51:18.75</b>	+02:07:26 (55.1%)	19:16	3.1 (44.9%)
302	WASIAK Zuzanna	637	WŁÓCZYBIEGI	#3OPEN	153	01:17:15	02:43:05	<b>03:51:55.45</b>	+02:08:03 (55.2%)	19:19	3.1 (44.9%)
303	OPIŁA Julia	5041		#2OPEN	163	01:18:27	02:52:06	<b>03:52:11.30</b>	+02:08:19 (55.3%)	19:20	3.1 (44.9%)
304	DUL Justyna	86	MALUTKI TEAM	#1OPEN	178	01:17:22	02:44:13	<b>03:52:28.25</b>	+02:08:36 (55.3%)	19:22	3.1 (44.9%)
305	LESZCZYŃSKA Justyna	609	RUDA TEAM	#3OPEN	155	01:17:13	02:45:10	<b>03:54:24.65</b>	+02:10:32 (55.7%)	19:32	3.1 (44.9%)
306	TARABASZ Eliza	605	RUDA TEAM	#3OPEN	156	01:18:14	02:44:38	<b>03:54:25.10</b>	+02:10:33 (55.7%)	19:32	3.1 (44.9%)
307	KOSMA Emilia	604	RUDA TEAM	#3OPEN	157	01:18:17	02:44:22	<b>03:54:25.50</b>	+02:10:33 (55.7%)	19:32	3.1 (44.9%)
308	.OPIŁA Joanna	429		#2OPEN	164	01:19:03	02:52:07	<b>03:54:58.40</b>	+02:11:06 (55.8%)	19:34	3.1 (44.9%)
309	WALCZYSZYN Katarzyna	565	FORFUN LUBLIN	#3OPEN	159	01:20:00	02:51:50	<b>03:56:28.45</b>	+02:12:36 (56.1%)	19:42	3 (43.5%)
310	OLEKSAK Joanna	570	FORFUN LUBLIN	#3OPEN	160	01:18:52	02:51:50	<b>03:56:29.90</b>	+02:12:37 (56.1%)	19:42	3 (43.5%)
311	SKOP Magdalena	578	JAK ŻÓŁWIE W GALOPIE	#3OPEN	162	01:10:52	02:45:32	<b>03:59:03.25</b>	+02:15:11 (56.6%)	19:55	3 (43.5%)
312	KULIG Monika	1236		#6OPEN	125	01:28:19	02:58:06	<b>03:59:12.85</b>	+02:15:20 (56.6%)	19:56	3 (43.5%)
313	ZEJMA Edyta	1254		#6OPEN	127	01:26:59	02:57:56	<b>03:59:13.90</b>	+02:15:21 (56.6%)	19:56	3 (43.5%)
314	BIELA Teresa	1596		#6OPEN	128	01:19:31	02:52:56	<b>03:59:40.85</b>	+02:15:48 (56.7%)	19:58	3 (43.5%)
315	MLECZKO Dorota	774	PADŁ NA RYJ TEAM	#4OPEN	129	01:17:01	02:50:41	<b>04:00:03.15</b>	+02:16:11 (56.7%)	20:00	3 (43.5%)
316	TARGOŃSKA Marta	775	PADŁ NA RYJ TEAM	#4OPEN	131	01:16:48	02:50:39	<b>04:00:03.65</b>	+02:16:11 (56.7%)	20:00	3 (43.5%)
317	JAKUBOWSKA Magdalena	113	POWER TRAINING	#1OPEN	179	01:19:06	02:54:54	<b>04:02:23.15</b>	+02:18:31 (57.1%)	20:12	3 (43.5%)
318	MASŁOWSKA Eliza	114	POWER TRAINING	#1OPEN	180	01:19:52	02:55:03	<b>04:02:24.35</b>	+02:18:32 (57.2%)	20:12	3 (43.5%)
319	ROMANIAK Teresa	1238		#6OPEN	130	01:29:29	03:00:27	<b>04:02:24.40</b>	+02:18:32 (57.2%)	20:12	3 (43.5%)
320	FRANKIEWICZ Żaneta	1020	SAME CZUBKI	#5OPEN	137	01:17:23	02:45:49	<b>04:03:29.20</b>	+02:19:37 (57.3%)	20:17	3 (43.5%)
321	WEŁNA Sylwia	1154	POZDRO Z BIEŻNI	#6OPEN	132	01:19:47	02:52:38	<b>04:05:38.75</b>	+02:21:46 (57.7%)	20:28	2.9 (42.0%)
322	CIESEK Anna	1149	POZDRO Z BIEŻNI	#6OPEN	133	01:20:07	02:52:37	<b>04:05:40.45</b>	+02:21:48 (57.7%)	20:28	2.9 (42.0%)
323	ŁUGOWSKA Monika	534	BYDLAKI	#3OPEN	164	01:22:36	03:03:40	<b>04:14:17.80</b>	+02:30:25 (59.2%)	21:11	2.8 (40.6%)
324	PAŻ Monika	537	BYDLAKI	#3OPEN	165	01:22:25	03:03:40	<b>04:14:18.35</b>	+02:30:26 (59.2%)	21:11	2.8 (40.6%)
325	SAGAN Paulina	938	CSWISLEŻAJSK	#5OPEN	139	01:21:09	03:00:02	<b>04:16:16.95</b>	+02:32:25 (59.5%)	21:21	2.8 (40.6%)
326	SUPEŁ Natalia	1076		#5OPEN	140	01:23:57	02:59:17	<b>04:16:23.90</b>	+02:32:31 (59.5%)	21:22	2.8 (40.6%)
327	SOWA Anna	1595		#6OPEN	138	01:20:46	02:59:50	<b>04:18:34.45</b>	+02:34:42 (59.8%)	21:32	2.8 (40.6%)
328	WIERCIOCH Dorota	1593	CKB TARNOBRZEG	#6OPEN	139	01:21:13	02:59:46	<b>04:18:35.20</b>	+02:34:43 (59.8%)	21:32	2.8 (40.6%)
329	KOPEĆ Dorota	627	TEAM ŁUKÓW	#3OPEN	166	01:20:52	03:07:40	<b>04:19:46.35</b>	+02:35:54 (60.0%)	21:38	2.8 (40.6%)
330	RUDNIK Joanna Rudnik	318	HUSARIA RACE TEAM	#2OPEN	168	01:29:55	03:13:45	<b>04:23:22.00</b>	+02:39:30 (60.6%)	21:56	2.7 (39.1%)
331	WRZOCZOL Katarzyna	988	LENIWE BUŁY	#5OPEN	142	01:28:25	03:03:59	<b>04:26:25.15</b>	+02:42:33 (61.0%)	22:12	2.7 (39.1%)
332	KSYTA Izabela	1901	BANGBANG TEAM	#10OPEN	23	01:31:05	03:14:40	<b>04:37:00.75</b>	+02:53:08 (62.5%)	23:05	2.6 (37.7%)
333	MOĆKO Karolina	1903	BANGBANG TEAM	#10OPEN	24	01:28:57	03:14:41	<b>04:37:01.70</b>	+02:53:09 (62.5%)	23:05	2.6 (37.7%)
334	JABŁOŃSKA Joanna	p412		Kobiety Open	6	01:32:05	03:14:56	<b>04:38:56.30</b>	+02:55:04 (62.8%)	23:14	2.6 (37.7%)
335	CHODOŁA Mariola	993	LENIWE BUŁY	#5OPEN	145	01:37:35	03:14:42	<b>04:42:24.50</b>	+02:58:32 (63.2%)	23:32	2.5 (36.2%)
336	JÓŹWIAK Maria	167	ZWOLEŃSCY DRAPIEŻCY	#1OPEN	183	01:42:58	03:34:34	<b>05:05:46.55</b>	+03:21:54 (66.0%)	25:28	2.4 (34.8%)
337	WYDRZYŃSKA Katarzyna	1374	STREFA SIŁY SANDOMIERZ	#7OPEN	80	01:08:32			+00:31:41	22:50	2.6 (37.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point_1 3km	Point_2 6km	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
338	<b>BŁASZCZYK Iwona</b>	<b>1307</b>		#7OPEN	81	01:18:54			+00:42:03	26:18	2.3 (33.3%)
339	<b>MIKOŁAJCZYK Edyta</b>	<b>1563</b>	KAPUSTAPAPRYKARABARBAR	#8OPEN	75						(0.0%)
340	<b>BORKOWSKA Agnieszka</b>	<b>1023</b>	SAME CZUBKI	#5OPEN	148						(0.0%)
341	<b>FRAĆZEK Iwona</b>	<b>1132</b>	JA NIE DAM RADY?	#6OPEN	143						(0.0%)
342	<b>PETRUK Sylwia</b>	<b>1131</b>	JA NIE DAM RADY?	#6OPEN	144						(0.0%)
343	<b>GUTOWSKA Ewelina</b>	<b>1386</b>		#7OPEN	85						(0.0%)

Znaleziono 343 wynik(ów)