



HUNT RUN - 12KM

B4SPORT

Wydarzenie: HUNT RUN BAŁTÓW
Organizator: Organic Barbara Sułowska
Data: 2017-07-01
Miejsce: Bałtów
Dystans: 12 km

B4SPORT
INTELEKTYWNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni Open

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Point_1 3km | Point_2 6km | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|---------------------------|-----------|------|----------------|----------------|-----------------------|---------------------|-----------------|----------------|
| 1 | RAK Kazimierz | 5050 | CSADVENTURE | #3OPEN | 1 | 00:32:38 | 01:10:29 | 01:36:16.40 | | 8:01 | 7.5 (100%) |
| 2 | ŻAK Jakub | 59 | HUSARIA RACE TEAM / 11MPA | #1OPEN | 1 | 00:34:13 | 01:09:54 | 01:37:45.15 | +00:01:28 (1.5%) | 8:08 | 7.4 (98.7%) |
| 3 | ZIĘBA Karol | 1910 | KLUB SPORTOWY HAJIME | #10OPEN | 1 | 00:34:08 | 01:11:20 | 01:37:57.20 | +00:01:40 (1.7%) | 8:09 | 7.4 (98.7%) |
| 4 | MARCINIEC Damian | 1911 | KLUB SPORTOWY HAJIME | #10OPEN | 2 | 00:34:36 | 01:11:27 | 01:38:02.30 | +00:01:45 (1.8%) | 8:10 | 7.3 (97.3%) |
| 5 | BIAŁECKI Piotr | 1352 | PODRÓŻE W STAREJ FURZE | #7OPEN | 1 | | 00:41:55 | 01:38:45.35 | +00:02:28 (2.5%) | 8:13 | 7.3 (97.3%) |
| 6 | GROCH Łukasz | 302 | DIAITA SPARTA | #2OPEN | 1 | 00:34:29 | 01:10:29 | 01:38:48.25 | +00:02:31 (2.6%) | 8:14 | 7.3 (97.3%) |
| 7 | MICHALAK Michał | 593 | MKB DREPTAK | #3OPEN | 2 | 00:34:36 | 01:13:16 | 01:41:18.50 | +00:05:02 (5.0%) | 8:26 | 7.1 (94.7%) |
| 8 | PIETRAS Adam | 1026 | STAL PONIATOWA | #5OPEN | 1 | 00:33:34 | 01:12:16 | 01:42:25.40 | +00:06:09 (6.0%) | 8:32 | 7 (93.3%) |
| 9 | PUDŁO Mateusz | 55 | HUSARIA RACE TEAM | #1OPEN | 2 | 00:35:26 | 01:13:00 | 01:42:48.35 | +00:06:31 (6.4%) | 8:34 | 7 (93.3%) |
| 10 | CICHY Mateusz | 180 | | #1OPEN | 3 | 00:36:41 | 01:14:32 | 01:43:19.45 | +00:07:03 (6.8%) | 8:36 | 7 (93.3%) |
| 11 | CHYBOWSKI Rafał | 391 | V-MAX ŁAWKI | #2OPEN | 2 | 00:37:09 | 01:15:10 | 01:44:01.95 | +00:07:45 (7.5%) | 8:40 | 6.9 (92.0%) |
| 12 | KRAJEWSKI Rafał | 1186 | WKURW_TEAM | #6OPEN | 1 | 00:35:13 | 01:14:21 | 01:44:38.60 | +00:08:22 (8.0%) | 8:43 | 6.9 (92.0%) |
| 13 | GRZESIK Grzegorz | 1128 | GALERIA MEBLI ARKADIA | #6OPEN | 2 | 00:34:47 | 01:15:26 | 01:45:24.75 | +00:09:08 (8.7%) | 8:47 | 6.8 (90.7%) |
| 14 | .PAWLAK Łukasz | 4 | 4 KNURY I PROSIACZEK | #1OPEN | 5 | 00:35:38 | 01:13:24 | 01:45:26.75 | +00:09:10 (8.7%) | 8:47 | 6.8 (90.7%) |
| 15 | MASARCZYK Szymon | 124 | PROMILOWE MISIE | #6OPEN | 3 | 00:35:59 | 01:16:26 | 01:45:38.20 | +00:09:21 (8.9%) | 8:48 | 6.8 (90.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------|------------|--------------------------|-----------|------|-------------|-------------|-----------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 16 | KONDRACKI Rafał | 393 | V-MAX ŁAWKI | #2OPEN | 3 | 00:35:51 | 01:15:33 | 01:47:19.35 | +00:11:02 (10.3%) | 8:56 | 6.7 (89.3%) |
| 17 | SAWA Piotr | 642 | WW TEAM | #3OPEN | 4 | 00:33:18 | 01:15:42 | 01:47:20.45 | +00:11:04 (10.3%) | 8:56 | 6.7 (89.3%) |
| 18 | WASIK Marcin | 399 | WASIU TEAM | #2OPEN | 4 | 00:38:48 | 01:18:30 | 01:47:52.55 | +00:11:36 (10.8%) | 8:59 | 6.7 (89.3%) |
| 19 | ŁODEJ Krzysztof | 1001 | LZS MAKOSZYN | #2OPEN | 5 | 00:37:47 | 01:18:03 | 01:47:54.05 | +00:11:37 (10.8%) | 8:59 | 6.7 (89.3%) |
| 20 | HOLOPA Paweł | 540 | CISNYMY DO PRZODKU | #3OPEN | 5 | 00:39:41 | 01:19:09 | 01:48:02.40 | +00:11:46 (10.9%) | 9:00 | 6.7 (89.3%) |
| 21 | CZACH Tobiasz | 1323 | HUSARIA RACE TEAM | #3OPEN | 6 | 00:36:51 | 01:19:08 | 01:48:29.90 | +00:12:13 (11.3%) | 9:02 | 6.6 (88.0%) |
| 22 | MARUSZEWSKI Marcin | 165 | XRUNNERS | #1OPEN | 6 | 00:35:54 | 01:15:42 | 01:49:03.05 | +00:12:46 (11.7%) | 9:05 | 6.6 (88.0%) |
| 23 | MICHALAK Paweł | 392 | V-MAX ŁAWKI | #2OPEN | 6 | 00:37:22 | 01:17:19 | 01:49:14.00 | +00:12:57 (11.9%) | 9:06 | 6.6 (88.0%) |
| 24 | MORAWSKI Grzegorz | 158 | TRENER24H.COM.PL | #1OPEN | 7 | 00:36:23 | 01:17:30 | 01:50:33.70 | +00:14:17 (12.9%) | 9:12 | 6.5 (86.7%) |
| 25 | SZALA Dariusz | 528 | BUDZIWOJAKI | #3OPEN | 7 | 00:16:08 | 01:11:36 | 01:50:45.40 | +00:14:29 (13.1%) | 9:13 | 6.5 (86.7%) |
| 26 | KOWALCZYK Tomasz | 342 | NUMEN | #2OPEN | 7 | 00:39:03 | 01:20:42 | 01:51:11.05 | +00:14:54 (13.4%) | 9:15 | 6.5 (86.7%) |
| 27 | MADEJ Krzysztof | 312 | EVENT NA MIARĘ | #2OPEN | 8 | 00:38:26 | 01:19:04 | 01:51:19.05 | +00:15:02 (13.5%) | 9:16 | 6.5 (86.7%) |
| 28 | KOWALEWSKI Dominik | 377 | SZAKALE BAŁUT ŁÓDŹ | #2OPEN | 9 | 00:40:06 | 01:20:42 | 01:51:28.15 | +00:15:11 (13.6%) | 9:17 | 6.5 (86.7%) |
| 29 | MAJCHER Krzysztof | 404 | WW TEAM | #2OPEN | 10 | 00:37:49 | 01:18:41 | 01:51:56.05 | +00:15:39 (14.0%) | 9:19 | 6.4 (85.3%) |
| 30 | WNUCZEK Marek | 112 | POWER TRAINING | #1OPEN | 8 | 00:38:25 | 01:20:45 | 01:52:12.05 | +00:15:55 (14.2%) | 9:21 | 6.4 (85.3%) |
| 31 | HOŁUJ Robert | 300 | CSADVENTURE | #2OPEN | 11 | 00:38:55 | 01:20:10 | 01:52:19.85 | +00:16:03 (14.3%) | 9:21 | 6.4 (85.3%) |
| 32 | PYTEL Stanisław | 1581 | SCYZORYK | #8OPEN | 1 | 00:37:03 | 01:20:03 | 01:52:34.65 | +00:16:18 (14.5%) | 9:22 | 6.4 (85.3%) |
| 33 | WOSIEK Paweł | ELITE M 38 | OSTROWIEC | #1OPEN | 9 | 00:38:29 | 01:20:55 | 01:53:51.25 | +00:17:34 (15.4%) | 9:29 | 6.3 (84.0%) |
| 34 | MASALSKI Sebastian | 288 | CISNYMY DO PRZODKU | #2OPEN | 12 | 00:39:00 | 01:22:51 | 01:53:53.95 | +00:17:37 (15.5%) | 9:29 | 6.3 (84.0%) |
| 35 | KUBICA Mateusz | 3 | 100% SATURACJI ENDORFINĄ | #1OPEN | 10 | 00:37:34 | 01:19:51 | 01:54:00.10 | +00:17:43 (15.6%) | 9:30 | 6.3 (84.0%) |
| 36 | WOŹNIAK Daniel | 722 | CROSSFIT ŁUKÓW | #4OPEN | 1 | 00:18:31 | 01:12:18 | 01:54:38.65 | +00:18:22 (16.0%) | 9:33 | 6.3 (84.0%) |
| 37 | PYŚ Adrian | 734 | FC MELANŻ | #4OPEN | 2 | 00:39:57 | 01:22:15 | 01:55:03.55 | +00:18:47 (16.3%) | 9:35 | 6.3 (84.0%) |
| 38 | GÓRSKI Emil | 1552 | HUSARIA RACE TEAM | #8OPEN | 2 | 00:38:48 | 01:21:03 | 01:55:08.15 | +00:18:51 (16.4%) | 9:35 | 6.3 (84.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------------|-------------|--|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 39 | ŁABUSZEWSKI Michał | 1003 | MAMINSYNKI | #5OPEN | 2 | 00:39:39 | 01:22:22 | 01:55:35.95 | +00:19:19 (16.7%) | 9:38 | 6.2 (82.7%) |
| 40 | ROBEŁEK Kamil | 1027 | STAL PONIATOWA | #5OPEN | 3 | 00:38:37 | 01:22:46 | 01:56:24.45 | +00:20:08 (17.3%) | 9:42 | 6.2 (82.7%) |
| 41 | KRÓL Zbigniew | 822 | WATAHA CZERWONEGO KAPTURKA | #4OPEN | 3 | 00:37:33 | 01:19:50 | 01:56:37.65 | +00:20:21 (17.5%) | 9:43 | 6.2 (82.7%) |
| 42 | KIEPAS Marcin | 1624 | | #8OPEN | 4 | 00:39:30 | 01:21:42 | 01:56:40.85 | +00:20:24 (17.5%) | 9:43 | 6.2 (82.7%) |
| 43 | TOMASZEWSKI Rafał | 2 | 100% SATURACJI ENDORFINĄ | #1OPEN | 12 | 00:41:59 | 01:24:28 | 01:56:45.05 | +00:20:28 (17.5%) | 9:43 | 6.2 (82.7%) |
| 44 | SITEK Tomasz | 51 | EKIPA HARREGO | #1OPEN | 13 | 00:40:20 | 01:22:55 | 01:57:12.95 | +00:20:56 (17.9%) | 9:46 | 6.1 (81.3%) |
| 45 | CIEPLIŃSKI Tomasz | 1623 | | #6OPEN | 5 | 00:38:00 | 01:23:45 | 01:57:14.05 | +00:20:57 (17.9%) | 9:46 | 6.1 (81.3%) |
| 46 | SIEJKA Mariusz | 1919 | REPREZENTACJA NARODOWA SAN ESCOBAR | #10OPEN | 3 | 00:39:08 | 01:23:38 | 01:57:16.25 | +00:20:59 (17.9%) | 9:46 | 6.1 (81.3%) |
| 47 | RABAN Luk | 728 | DZIKIE BESTIE W LUDZKIEJ SKÓRZE ZE WSCHODNICH KRESÓW ZIEM POLSKICH | #4OPEN | 4 | 00:39:33 | 01:23:40 | 01:57:17.45 | +00:21:01 (17.9%) | 9:46 | 6.1 (81.3%) |
| 48 | MITRUS Sławomir | 192 | | #1OPEN | 14 | 00:39:05 | 01:21:46 | 01:57:21.15 | +00:21:04 (18.0%) | 9:46 | 6.1 (81.3%) |
| 49 | BAŁDAK Piotr | 729 | DZIKIE BESTIE W LUDZKIEJ SKÓRZE ZE WSCHODNICH KRESÓW ZIEM POLSKICH | #4OPEN | 5 | 00:39:34 | 01:23:44 | 01:57:21.80 | +00:21:05 (18.0%) | 9:46 | 6.1 (81.3%) |
| 50 | BERNAŚ Marek | 1372 | STREFA SI | #7OPEN | 2 | 00:39:06 | 01:23:51 | 01:57:35.20 | +00:21:18 (18.1%) | 9:47 | 6.1 (81.3%) |
| 51 | GAŁCZYŃSKI Wojciech Tomcat | 1180 | STARSTROOPERS | #6OPEN | 6 | 00:39:20 | 01:24:26 | 01:57:43.10 | +00:21:26 (18.2%) | 9:48 | 6.1 (81.3%) |
| 52 | MICHAŁOWSKI Łukasz | 613 | SPPP RADOM | #3OPEN | 8 | 00:36:53 | 01:20:37 | 01:57:47.30 | +00:21:30 (18.3%) | 9:48 | 6.1 (81.3%) |
| 53 | KAMYCZEK Adam | 1415 | | #7OPEN | 3 | 00:36:58 | 01:22:08 | 01:57:49.90 | +00:21:33 (18.3%) | 9:49 | 6.1 (81.3%) |
| 54 | BARTECKI Maciek | 1343 | MODLIN TEAMDREAM | #7OPEN | 4 | 00:36:53 | 01:22:07 | 01:57:50.00 | +00:21:33 (18.3%) | 9:49 | 6.1 (81.3%) |
| 55 | KORKOSZ Ireneusz | 378 | TECHNICY MAGICY | #2OPEN | 13 | 00:40:47 | 01:22:58 | 01:58:02.80 | +00:21:46 (18.4%) | 9:50 | 6.1 (81.3%) |
| 56 | ŁOBODA Dominik | 68 | KAİK TEAM | #1OPEN | 15 | 00:43:18 | 01:26:44 | 01:58:03.25 | +00:21:46 (18.4%) | 9:50 | 6.1 (81.3%) |
| 57 | DOBOSZ Piotr | 1909 | KKO | #10OPEN | 4 | 00:18:05 | 01:15:32 | 01:58:04.90 | +00:21:48 (18.5%) | 9:50 | 6.1 (81.3%) |
| 58 | POCHEĆ Adam | 402 | WOJOWNICZE ŻUBRY NINJA | #2OPEN | 14 | 00:41:09 | 01:23:34 | 01:58:06.45 | +00:21:50 (18.5%) | 9:50 | 6.1 (81.3%) |
| 59 | PUTKIEWICZ Daniel | 1907 | KKO | #10OPEN | 5 | 00:18:35 | 01:15:46 | 01:58:09.20 | +00:21:52 (18.5%) | 9:50 | 6.1 (81.3%) |
| 60 | MAKAREWICZ Paweł | 851 | | #4OPEN | 6 | 00:39:49 | 01:24:35 | 01:58:11.25 | +00:21:54 (18.5%) | 9:51 | 6.1 (81.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|---------------------------------|--|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 61 | DURKA Paweł | 584 | KONIUCHY | Klasyfikacja służb mundurowych - mężczyźni | 2 | 00:39:43 | 01:24:20 | 01:58:11.40 | +00:21:55 (18.5%) | 9:50 | 6.1 (81.3%) |
| 62 | KIEPIEL Grzegorz | 755 | JEDLNIA-LETNISKO | #4OPEN | 7 | 00:37:03 | 01:21:46 | 01:58:33.15 | +00:22:16 (18.8%) | 9:52 | 6.1 (81.3%) |
| 63 | MORGAŚ Mariusz | 380 | TRENER24H.COM.PL | #2OPEN | 15 | 00:39:04 | 01:24:05 | 01:58:34.70 | +00:22:18 (18.8%) | 9:52 | 6.1 (81.3%) |
| 64 | MAŁECKI Jacek | 178 | | #1OPEN | 16 | 00:39:57 | 01:22:56 | 01:58:36.20 | +00:22:19 (18.8%) | 9:53 | 6.1 (81.3%) |
| 65 | SUSABOWSKI Andrzej | 1317 | DRUŻYNA NA BAŁTÓW 2017 | #7OPEN | 5 | 00:39:29 | 01:24:18 | 01:58:47.20 | +00:22:30 (19.0%) | 9:53 | 6.1 (81.3%) |
| 66 | SZOSTAK Artur | 19 | BRAVEHEARTS LEGIONOWO | #1OPEN | 17 | 00:40:21 | 01:22:58 | 01:58:54.80 | +00:22:38 (19.0%) | 9:54 | 6.1 (81.3%) |
| 67 | SALAMON Krzysztof | 1506 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #9OPEN | 2 | 00:38:31 | 01:24:59 | 01:59:24.20 | +00:23:07 (19.4%) | 9:57 | 6 (80.0%) |
| 68 | PRUŚ Maciej | 1507 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #9OPEN | 3 | 00:38:24 | 01:25:02 | 01:59:24.95 | +00:23:08 (19.4%) | 9:57 | 6 (80.0%) |
| 69 | KASPROWICZ Sławomir | 633 | VIKINGS | #3OPEN | 9 | 00:42:28 | 01:27:41 | 02:01:00.15 | +00:24:43 (20.4%) | 10:05 | 5.9 (78.7%) |
| 70 | UZDOWSKI Daniel | 1322 | HUSARIA RACE TEAM | #7OPEN | 7 | 00:19:55 | 01:14:42 | 02:01:00.95 | +00:24:44 (20.4%) | 10:05 | 6 (80.0%) |
| 71 | KOSMAŁA Grzegorz | 8 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #1OPEN | 18 | 00:42:26 | 01:25:59 | 02:01:10.40 | +00:24:54 (20.5%) | 10:05 | 5.9 (78.7%) |
| 72 | IDZIKOWSKI Michał | 1376 | THE ŻESZUF | #3OPEN | 10 | 00:21:41 | 01:19:32 | 02:01:25.25 | +00:25:08 (20.7%) | 10:07 | 5.9 (78.7%) |
| 73 | KAMIŃSKI Paweł | 153 | TRENER24H.COM.PL | #1OPEN | 19 | 00:42:29 | 01:27:09 | 02:01:46.35 | +00:25:29 (20.9%) | 10:08 | 5.9 (78.7%) |
| 74 | KRAWCZYK Sebastian | 716 | BRAVEHEARTS LEGIONOWO | #4OPEN | 9 | | 00:56:59 | 02:02:01.35 | +00:25:44 (21.1%) | 10:10 | 5.9 (78.7%) |
| 75 | STARBA Krzysztof | 1244 | | #6OPEN | 7 | 00:38:55 | 01:24:24 | 02:02:49.80 | +00:26:33 (21.6%) | 10:14 | 5.9 (78.7%) |
| 76 | GŁĘBOCKI Marcin | 103 | POWER TRAINING | #1OPEN | 20 | 00:43:55 | 01:27:50 | 02:02:50.10 | +00:26:33 (21.6%) | 10:14 | 5.9 (78.7%) |
| 77 | PIASEK Piotr | 673 | WOLVES SUMMIT | #3OPEN | 11 | 00:44:07 | 01:30:00 | 02:03:04.80 | +00:26:48 (21.8%) | 10:15 | 5.8 (77.3%) |
| 78 | ŁEPTUCH Łukasz | 1194 | ZŁY DOTYK | #6OPEN | 8 | 00:40:57 | 01:27:55 | 02:03:12.15 | +00:26:55 (21.9%) | 10:16 | 5.8 (77.3%) |
| 79 | JASIŃSKI Łukasz | 646 | | #3OPEN | 12 | 00:43:43 | 01:28:51 | 02:03:13.20 | +00:26:56 (21.9%) | 10:16 | 5.8 (77.3%) |
| 80 | MAĆZKA Mateusz | 746 | FC MELANŻ | #4OPEN | 10 | 00:40:38 | 01:28:37 | 02:03:21.95 | +00:27:05 (22.0%) | 10:16 | 5.8 (77.3%) |
| 81 | CIECHANOWSKI Norbert | 612 | SPPP RADOM | #3OPEN | 13 | 00:40:16 | 01:25:22 | 02:03:30.75 | +00:27:14 (22.1%) | 10:17 | 5.8 (77.3%) |
| 82 | BEDNARCZYK Dawid | 1572 | MORDOR BIEGA | #8OPEN | 6 | 00:40:20 | 01:23:51 | 02:03:43.55 | +00:27:27 (22.2%) | 10:18 | 5.8 (77.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|-------------|---|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 83 | GZARA Michał | 396 | V-MAX ŁAWKI | #2OPEN | 16 | 00:40:49 | 01:28:25 | 02:04:20.95 | +00:28:04 (22.6%) | 10:21 | 5.8 (77.3%) |
| 84 | NIEVIAROUSKI Kiryl | 54 | HUSARIA RACE TEAM | #1OPEN | 21 | 00:41:08 | 01:26:40 | 02:04:24.95 | +00:28:08 (22.6%) | 10:22 | 5.8 (77.3%) |
| 85 | SADŁO Łukasz | 259 | AKTYWNA KAZIMIERZA | #2OPEN | 18 | 00:42:20 | 01:28:36 | 02:04:29.15 | +00:28:12 (22.7%) | 10:22 | 5.8 (77.3%) |
| 86 | BAZAK Andrzej | 1062 | | #5OPEN | 5 | 00:40:34 | 01:28:28 | 02:04:41.60 | +00:28:25 (22.8%) | 10:23 | 5.8 (77.3%) |
| 87 | ADAMCZYK Damian | 1043 | ZAGNAŃSK BIEGA | #5OPEN | 6 | 00:40:37 | 01:30:43 | 02:04:53.65 | +00:28:37 (22.9%) | 10:24 | 5.8 (77.3%) |
| 88 | MAJDER Artur | 941 | CSWISLEŻAJSK | #5OPEN | 7 | 00:44:32 | 01:33:16 | 02:05:04.40 | +00:28:48 (23.0%) | 10:25 | 5.8 (77.3%) |
| 89 | SŁOWIŃSKI Piotr | 524 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #3OPEN | 14 | 00:40:56 | 01:29:22 | 02:05:13.10 | +00:28:56 (23.1%) | 10:26 | 5.8 (77.3%) |
| 90 | LIPIŃSKI Tomasz | 663 | | #3OPEN | 15 | 00:39:22 | 01:24:19 | 02:05:14.50 | +00:28:58 (23.1%) | 10:26 | 5.7 (76.0%) |
| 91 | LIWOCH Sebastian | 866 | | #4OPEN | 11 | 00:41:29 | 01:29:24 | 02:05:20.45 | +00:29:04 (23.2%) | 10:26 | 5.7 (76.0%) |
| 92 | ILCZUK Rafał | 660 | | #3OPEN | 16 | 00:44:08 | 01:28:52 | 02:05:24.75 | +00:29:08 (23.2%) | 10:27 | 5.7 (76.0%) |
| 93 | KRZYSZTOF ROMANEK Michał | 1070 | | #5OPEN | 8 | 00:40:04 | 01:28:38 | 02:05:29.55 | +00:29:13 (23.3%) | 10:27 | 5.7 (76.0%) |
| 94 | MAZUR Krzysztof | 1912 | KLUB SPORTOWY HAJIME | #10OPEN | 6 | 00:38:53 | 01:25:29 | 02:05:30.80 | +00:29:14 (23.3%) | 10:27 | 5.7 (76.0%) |
| 95 | KRZACZKOWSKI Łukasz | 173 | DZIKI WROCŁAW | #1OPEN | 22 | 00:42:20 | 01:27:07 | 02:05:31.75 | +00:29:15 (23.3%) | 10:27 | 5.7 (76.0%) |
| 96 | MARTYNIAK Andrzej | 431 | | #2OPEN | 19 | 00:43:33 | 01:30:50 | 02:05:44.35 | +00:29:27 (23.4%) | 10:28 | 5.7 (76.0%) |
| 97 | PASIEKA Damian | 149 | TRENER24H.COM.PL | #2OPEN | 20 | 00:42:49 | 01:30:47 | 02:05:49.30 | +00:29:32 (23.5%) | 10:29 | 5.7 (76.0%) |
| 98 | MACH Tomasz | 84 | LUBELSKA GRUPA TRIATHLONU | #1OPEN | 23 | 00:46:02 | 01:29:55 | 02:05:51.50 | +00:29:35 (23.5%) | 10:29 | 5.7 (76.0%) |
| 99 | SACZEWSKI Arkadiusz | 724 | CROSSFIT SIEDLCE | #3OPEN | 17 | 00:44:19 | 01:29:15 | 02:06:39.10 | +00:30:22 (24.0%) | 10:33 | 5.7 (76.0%) |
| 100 | TOMCZYK Artur | 1168 | RADZIEJOWICE | #6OPEN | 9 | 00:39:14 | 01:29:02 | 02:06:42.40 | +00:30:26 (24.0%) | 10:33 | 5.7 (76.0%) |
| 101 | MICHALSKI Marcin | 870 | KONIUCHY | #4OPEN | 12 | 00:41:25 | 01:32:27 | 02:06:44.55 | +00:30:28 (24.0%) | 10:33 | 5.7 (76.0%) |
| 102 | TUREK Daniel | 383 | TRENER24H.COM.PL | #2OPEN | 22 | 00:44:35 | 01:32:14 | 02:06:47.85 | +00:30:31 (24.1%) | 10:34 | 5.7 (76.0%) |
| 103 | STOJAK Arkadiusz | 954 | GAMONIE | #5OPEN | 9 | 00:43:34 | 01:33:06 | 02:07:03.55 | +00:30:47 (24.2%) | 10:35 | 5.7 (76.0%) |
| 104 | WÓJTOWICZ Marcin | 815 | ŚWIĘTOKRZYSKIE STOWARZYSZENIE TURYSTYCZNE | #4OPEN | 13 | 00:42:36 | 01:30:59 | 02:07:11.20 | +00:30:54 (24.3%) | 10:35 | 5.7 (76.0%) |
| 105 | ZAŁUSKA Radosław | 772 | OUTDOOR TRAINING | #4OPEN | 14 | 00:42:57 | 01:31:54 | 02:07:27.90 | +00:31:11 (24.5%) | 10:37 | 5.6 (74.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------------|-------------|-------------------------------|------------------------------------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 106 | PASTUSZAK Kamil | 741 | FC MELANŻ | #4OPEN | 15 | 00:42:57 | 01:31:01 | 02:07:45.55 | +00:31:29 (24.6%) | 10:38 | 5.6 (74.7%) |
| 107 | KRÓL Kamil | 823 | WATAHA CZERWONEGO KAPTURKA | Klasyfikacja studentów - mężczyźni | 14 | 00:39:34 | 01:30:52 | 02:08:16.95 | +00:32:00 (25.0%) | 10:41 | 5.6 (74.7%) |
| 108 | KAROLCZAK Aleksander Karolczak | 1607 | | #8OPEN | 7 | 00:46:15 | 01:32:58 | 02:08:19.95 | +00:32:03 (25.0%) | 10:41 | 5.6 (74.7%) |
| 109 | MAZUR Krzysztof | 146 | TARNOBRZEŻANIE | #1OPEN | 25 | 00:52:21 | 01:38:33 | 02:08:27.55 | +00:32:11 (25.1%) | 10:42 | 5.6 (74.7%) |
| 110 | OLSZAK Zenon | 42 | DRINK TEAM | #1OPEN | 26 | 00:43:11 | 01:32:41 | 02:08:50.65 | +00:32:34 (25.3%) | 10:44 | 5.6 (74.7%) |
| 111 | WASIK Przemek | 398 | WASIU TEAM | #2OPEN | 23 | 00:43:52 | 01:30:58 | 02:09:04.45 | +00:32:48 (25.4%) | 10:45 | 5.6 (74.7%) |
| 112 | CHYBOWSKI Arkadiusz | 390 | V-MAX ŁAWKI | #2OPEN | 24 | 00:42:12 | 01:28:35 | 02:09:05.40 | +00:32:49 (25.4%) | 10:45 | 5.6 (74.7%) |
| 113 | ARTYKIEWICZ Adrian | 193 | | #1OPEN | 27 | 00:43:28 | 01:30:21 | 02:09:08.30 | +00:32:51 (25.4%) | 10:45 | 5.6 (74.7%) |
| 114 | SZYSZKA Przemysław | 1030 | TERAZ JUŻ TYLKO CZAS NA KRATĘ | #5OPEN | 10 | 00:44:30 | 01:33:58 | 02:09:28.35 | +00:33:11 (25.6%) | 10:47 | 5.6 (74.7%) |
| 115 | OLEWNIK Adam | 1906 | BYDGOSKIE PRZEDMIEŚCIE | #10OPEN | 7 | 00:42:42 | 01:30:23 | 02:09:30.90 | +00:33:14 (25.7%) | 10:47 | 5.6 (74.7%) |
| 116 | NIEWIECZERZAŁ Tomasz | 867 | | #4OPEN | 16 | 00:44:36 | 01:33:18 | 02:09:46.05 | +00:33:29 (25.8%) | 10:48 | 5.5 (73.3%) |
| 117 | JASTROWICZ Łukasz | 1414 | | #7OPEN | 8 | 00:42:17 | 01:30:56 | 02:09:46.90 | +00:33:30 (25.8%) | 10:48 | 5.5 (73.3%) |
| 117 | KAŁUZIŃSKI Konrad | 844 | | #4OPEN | 17 | 00:44:25 | 01:33:21 | 02:09:46.90 | +00:33:30 (25.8%) | 10:48 | 5.5 (73.3%) |
| 119 | LINOWSKI Grzegorz | 1559 | HUSARIA RACE TEAM | #8OPEN | 8 | 00:43:56 | | 02:10:06.95 | +00:33:50 (26.0%) | 10:50 | 5.5 (73.3%) |
| 120 | MUSIŃSKI Łukasz | 24 | BRAVEHEARTS LEGIONOWO | #1OPEN | 28 | 00:43:35 | 01:33:56 | 02:10:28.85 | +00:34:12 (26.2%) | 10:52 | 5.5 (73.3%) |
| 121 | JOBDA Łukasz | 752 | HARDCOROWE WYCHYLYBYMY | #3OPEN | 18 | 00:44:31 | 01:32:56 | 02:10:30.75 | +00:34:14 (26.2%) | 10:52 | 5.5 (73.3%) |
| 122 | ZIOMEK Robert | 629 | TRENER24H.COM.PL | #2OPEN | 25 | 00:45:47 | 01:34:24 | 02:10:36.95 | +00:34:20 (26.3%) | 10:53 | 5.5 (73.3%) |
| 123 | ANNUSEWICZ Bartomiej | 994 | LIONS ESTATE | #5OPEN | 11 | 00:46:58 | 01:34:24 | 02:10:37.15 | +00:34:20 (26.3%) | 10:53 | 5.5 (73.3%) |
| 124 | STROJECKI Miron | 996 | LIONS ESTATE | #5OPEN | 12 | 00:47:36 | 01:17:26 | 02:10:38.45 | +00:34:22 (26.3%) | 10:53 | 5.5 (73.3%) |
| 125 | KRZEMIRSKI Tomasz | 999 | LIONS ESTATE | #5OPEN | 13 | 00:46:55 | 01:34:27 | 02:10:39.05 | +00:34:22 (26.3%) | 10:53 | 5.5 (73.3%) |
| 126 | ASMANN Miłosz | 179 | | #1OPEN | 29 | 00:47:21 | 01:33:56 | 02:10:45.75 | +00:34:29 (26.4%) | 10:53 | 5.5 (73.3%) |
| 127 | SKOCZYLAS Łukasz | 188 | | #1OPEN | 30 | 00:45:45 | 01:33:44 | 02:10:47.30 | +00:34:30 (26.4%) | 10:54 | 5.5 (73.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|------------------------|----------------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 128 | KRAWCZYK Łukasz | 195 | OSTROWIEC | #1OPEN | 32 | 00:46:16 | 01:33:03 | 02:11:10.50 | +00:34:54 (26.6%) | 10:55 | 5.5 (73.3%) |
| 129 | BEDNARCZYK Jakub | 1216 | | #2OPEN | 26 | 00:43:35 | 01:34:39 | 02:11:27.65 | +00:35:11 (26.8%) | 10:57 | 5.5 (73.3%) |
| 130 | PEKALA Mariusz | 900 | :-) | #5OPEN | 14 | 00:40:41 | 01:30:55 | 02:11:36.70 | +00:35:20 (26.9%) | 10:58 | 5.5 (73.3%) |
| 131 | SZCZĘSNY Maksymilian | 77 | LENIWE KOCURY | #1OPEN | 33 | 00:45:39 | 01:33:37 | 02:11:48.75 | +00:35:32 (27.0%) | 10:59 | 5.5 (73.3%) |
| 132 | JURACZYK Miłosz | 1930 | | #10OPEN | 8 | 00:06:05 | 01:15:15 | 02:11:49.75 | +00:35:33 (27.0%) | 10:59 | 5.5 (73.3%) |
| 133 | GŁAZ Jacek | 5015 | ZABIEGANI MIELEC | Mężczyźni Open | 1 | 00:44:22 | 01:35:16 | 02:11:53.80 | +00:35:37 (27.0%) | 10:59 | 5.5 (73.3%) |
| 134 | BUSŁOWSKI Piotr | 426 | | #2OPEN | 27 | 00:48:35 | 01:36:26 | 02:12:02.40 | +00:35:46 (27.1%) | 11:00 | 5.5 (73.3%) |
| 135 | MALIK Andrzej | 518 | BEER FORCE ONE | #3OPEN | 19 | | 01:01:13 | 02:12:02.65 | +00:35:46 (27.1%) | 11:00 | 5.5 (73.3%) |
| 136 | DĄBROWSKI Maciej | 314 | GANG DZIKICH WIEPRZY | #2OPEN | 28 | 00:44:47 | 01:34:05 | 02:12:15.70 | +00:35:59 (27.2%) | 11:01 | 5.4 (72.0%) |
| 137 | ZBOROWSKI Leszek | 388 | TTCORP(US) | #2OPEN | 29 | 00:44:29 | 01:34:05 | 02:12:15.85 | +00:35:59 (27.2%) | 11:01 | 5.4 (72.0%) |
| 138 | WRÓBEL Tomasz | 155 | TRENER24H.COM.PL | #1OPEN | 35 | 00:45:41 | 01:35:21 | 02:12:19.45 | +00:36:03 (27.2%) | 11:01 | 5.4 (72.0%) |
| 139 | NARKO Aleksey | 1928 | | #7OPEN | 9 | 00:41:45 | 01:34:55 | 02:12:23.60 | +00:36:07 (27.3%) | 11:02 | 5.4 (72.0%) |
| 140 | OSOCHA Mariusz | 395 | V-MAX ŁAWKI | #2OPEN | 30 | 00:43:02 | 01:31:36 | 02:12:29.95 | +00:36:13 (27.3%) | 11:02 | 5.4 (72.0%) |
| 141 | KUNYSZ Mateusz | p405 | SRTG RZESZÓW | Mężczyźni Open | 2 | 00:45:08 | 01:36:59 | 02:12:38.25 | +00:36:21 (27.4%) | 11:03 | 5.4 (72.0%) |
| 142 | MINKINA Tomasz | 1602 | | #6OPEN | 10 | 00:45:21 | 01:36:47 | 02:12:55.70 | +00:36:39 (27.6%) | 11:04 | 5.4 (72.0%) |
| 143 | HORODECKI Grzegorz | 1169 | REHABILITANCI.ORG.PL | #6OPEN | 12 | 00:48:10 | 01:39:18 | 02:13:09.05 | +00:36:52 (27.7%) | 11:05 | 5.4 (72.0%) |
| 143 | BIEL Jakub | 1171 | REHABILITANCI.ORG.PL | #6OPEN | 13 | 00:48:18 | 01:39:20 | 02:13:09.05 | +00:36:52 (27.7%) | 11:05 | 5.4 (72.0%) |
| 145 | POPOW Piotr | 1314 | DRUŻYNA NA BAŁTÓW 2017 | #7OPEN | 10 | 00:45:35 | 01:37:13 | 02:13:15.40 | +00:36:59 (27.8%) | 11:06 | 5.4 (72.0%) |
| 146 | POPCZYNSKI Jan | 197 | | #4OPEN | 18 | 00:45:03 | 01:35:50 | 02:13:31.95 | +00:37:15 (27.9%) | 11:07 | 5.4 (72.0%) |
| 147 | MIKULSKI Wojciech | 202 | | #1OPEN | 36 | 00:47:34 | 01:35:17 | 02:13:39.50 | +00:37:23 (28.0%) | 11:08 | 5.4 (72.0%) |
| 148 | DOMAŃ Marcin | 176 | | #1OPEN | 37 | 00:47:38 | 01:35:18 | 02:13:39.60 | +00:37:23 (28.0%) | 11:08 | 5.4 (72.0%) |
| 149 | SOŁJAN Jakub | 773 | OUTDOOR TRAINING | #4OPEN | 19 | 00:44:12 | 01:35:12 | 02:13:43.05 | +00:37:26 (28.0%) | 11:08 | 5.4 (72.0%) |
| 150 | SOSNOWSKI Dawid | 1054 | | #5OPEN | 15 | 00:50:32 | 01:39:36 | 02:13:45.75 | +00:37:29 (28.0%) | 11:08 | 5.4 (72.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------|-------|---|----------------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 151 | MAGOŃ Łukasz | 836 | | #4OPEN | 20 | 00:45:07 | 01:37:14 | 02:13:57.20 | +00:37:40 (28.1%) | 11:09 | 5.4 (72.0%) |
| 152 | KOTYNIOWICZ Krzysztof | 75 | KULAWIE SARNY W LEGINSACH | #1OPEN | 38 | 00:50:57 | 01:37:09 | 02:13:58.65 | +00:37:42 (28.1%) | 11:09 | 5.4 (72.0%) |
| 153 | CHUDZICKI Łukasz | 286 | BYLE DO METY | #2OPEN | 31 | 00:30:08 | 01:28:50 | 02:14:08.30 | +00:37:51 (28.2%) | 11:10 | 5.4 (72.0%) |
| 154 | ŁOPUCH Robert | 865 | KONIUCHY | #4OPEN | 21 | 00:45:15 | 01:35:54 | 02:14:11.50 | +00:37:55 (28.3%) | 11:11 | 5.4 (72.0%) |
| 155 | CHMURCZYK Mateusz | 632 | VALLADIN TEAM | #3OPEN | 20 | 00:48:37 | 01:40:19 | 02:14:29.05 | +00:38:12 (28.4%) | 11:12 | 5.4 (72.0%) |
| 156 | HAWRYŁO Łukasz | 136 | SKARPARK | #1OPEN | 40 | 00:45:23 | 01:34:55 | 02:14:30.95 | +00:38:14 (28.4%) | 11:12 | 5.4 (72.0%) |
| 157 | OPOZDA Maciej | 713 | BRAVEHEARTS LEGIONOWO | #4OPEN | 22 | 00:44:19 | 01:35:26 | 02:14:37.40 | +00:38:21 (28.5%) | 11:13 | 5.3 (70.7%) |
| 158 | HINKELMAN Artur | 413 | ZÓŁWIANO | #2OPEN | 32 | 00:48:44 | 01:42:34 | 02:14:37.80 | +00:38:21 (28.5%) | 11:13 | 5.3 (70.7%) |
| 159 | BRZEZIŃSKI Bartosz | 620 | ŚWIĘTOKRZYSKIE STOWARZYSZENIE TURYSTYCZNE | #3OPEN | 21 | 00:45:52 | 01:37:01 | 02:14:48.10 | +00:38:31 (28.6%) | 11:14 | 5.3 (70.7%) |
| 160 | FUJAWA Maciek | 400 | WISŁA SANDOMIERZ | #3OPEN | 22 | 00:43:40 | 01:33:54 | 02:15:11.55 | +00:38:55 (28.8%) | 11:15 | 5.3 (70.7%) |
| 161 | MACIOCHA Artur | 181 | | #8OPEN | 9 | 00:44:03 | 01:34:16 | 02:15:18.30 | +00:39:01 (28.8%) | 11:16 | 5.3 (70.7%) |
| 162 | WIERZCHOWIAK Jarosław | 1553 | HUSARIA RACE TEAM | #8OPEN | 10 | 00:44:09 | 01:34:25 | 02:15:19.30 | +00:39:02 (28.9%) | 11:16 | 5.3 (70.7%) |
| 163 | GŁOŚNIAK Tomasz | 1550 | HUSARIA RACE TEAM | #8OPEN | 11 | 00:44:03 | 01:34:14 | 02:15:21.20 | +00:39:04 (28.9%) | 11:16 | 5.3 (70.7%) |
| 164 | KACZMARZYK Robert | 983 | LECĘ BO CHCĘ... | #5OPEN | 16 | 00:43:27 | 01:37:33 | 02:15:21.65 | +00:39:05 (28.9%) | 11:16 | 5.3 (70.7%) |
| 165 | LESICZKA Mateusz | 720 | CKB TARNOBRZEG | #6OPEN | 14 | 00:47:10 | 01:40:15 | 02:15:40.45 | +00:39:24 (29.0%) | 11:18 | 5.3 (70.7%) |
| 166 | KOWALSKI Daniel | 427 | | #4OPEN | 23 | 00:49:41 | 01:41:00 | 02:15:46.30 | +00:39:29 (29.1%) | 11:18 | 5.3 (70.7%) |
| 167 | PIECH Michał | 903 | ALUSTAL | #5OPEN | 17 | 00:41:27 | 01:36:33 | 02:16:05.65 | +00:39:49 (29.3%) | 11:20 | 5.3 (70.7%) |
| 168 | PIECH Jakub | 904 | ALUSTAL | #5OPEN | 18 | 00:41:32 | 01:36:33 | 02:16:06.15 | +00:39:49 (29.3%) | 11:20 | 5.3 (70.7%) |
| 169 | SAWICKI Kamil | 1175 | SAN ESCOBAR | #7OPEN | 12 | 00:42:53 | 01:36:53 | 02:16:06.45 | +00:39:50 (29.3%) | 11:20 | 5.3 (70.7%) |
| 170 | KACZMARZYK Jakub | 984 | LECĘ BO CHCĘ... | #5OPEN | 19 | 00:43:32 | 01:37:35 | 02:16:07.30 | +00:39:50 (29.3%) | 11:20 | 5.3 (70.7%) |
| 171 | NIEDŹWIEDŹ Tomasz | 174 | | #1OPEN | 42 | 00:51:32 | 01:39:14 | 02:16:09.10 | +00:39:52 (29.3%) | 11:20 | 5.3 (70.7%) |
| 172 | ADAMCZYK Jacek | 379 | TECHNICY MAGICY | #2OPEN | 33 | 00:44:31 | 01:38:05 | 02:16:32.95 | +00:40:16 (29.5%) | 11:22 | 5.3 (70.7%) |
| 173 | KALETA Piotr | 5023 | | Mężczyźni Open | 3 | 00:47:05 | 01:39:34 | 02:16:47.75 | +00:40:31 (29.6%) | 11:24 | 5.3 (70.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------------|--------------------------|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 174 | DUDZIC Paweł | 111 | POWER TRAINING | #10OPEN | 43 | 00:50:37 | 01:39:15 | 02:16:55.00 | +00:40:38 (29.7%) | 11:24 | 5.3 (70.7%) |
| 175 | WAŚ Grzegorz | 661 | | #30OPEN | 24 | 00:50:42 | 01:42:02 | 02:17:03.30 | +00:40:46 (29.8%) | 11:25 | 5.3 (70.7%) |
| 176 | MROZEK Michał | 1336 | MISIAKI | #70OPEN | 13 | 00:46:34 | 01:39:07 | 02:17:09.20 | +00:40:52 (29.8%) | 11:25 | 5.2 (69.3%) |
| 177 | REJTCAK Paweł | 8000 | | #30OPEN | 25 | 00:49:04 | 01:41:36 | 02:17:17.90 | +00:41:01 (29.9%) | 11:26 | 5.2 (69.3%) |
| 178 | HANCZYN Adam | 1047 | | #50OPEN | 20 | 00:46:56 | 01:39:49 | 02:17:26.85 | +00:41:10 (30.0%) | 11:27 | 5.2 (69.3%) |
| 179 | NIEWCZAS Adrian | 1143 | OPP KIELCE | #60OPEN | 15 | 00:43:02 | 01:32:08 | 02:17:52.55 | +00:41:36 (30.2%) | 11:29 | 5.2 (69.3%) |
| 180 | GRABOWSKI Damian | 1041 | WILDCATS CROSSFIT LUBLIN | #50OPEN | 21 | 00:52:35 | 01:40:44 | 02:17:53.75 | +00:41:37 (30.2%) | 11:29 | 5.2 (69.3%) |
| 181 | WIJAS Dariusz | 737 | FC MELANŻ | #40OPEN | 24 | 00:43:40 | 01:37:03 | 02:17:54.30 | +00:41:37 (30.2%) | 11:29 | 5.2 (69.3%) |
| 182 | GUZEK Mateusz | 818 | TKO BAND | #40OPEN | 25 | 00:54:48 | 01:42:11 | 02:18:01.30 | +00:41:44 (30.2%) | 11:30 | 5.2 (69.3%) |
| 183 | MANTHAJ Michał | 1585 | WITOSZA RUNNERS | #20OPEN | 34 | 00:46:08 | 01:43:20 | 02:18:10.65 | +00:41:54 (30.3%) | 11:30 | 5.2 (69.3%) |
| 184 | KAPUSTA Piotr | 1106 | BIEGIEM RADOM! | #60OPEN | 16 | 00:44:05 | 01:39:42 | 02:18:14.30 | +00:41:57 (30.4%) | 11:31 | 5.2 (69.3%) |
| 185 | MALEC Piotr | 935 | CSWIS LEŻAJSK | #50OPEN | 22 | 00:48:20 | 01:41:17 | 02:18:29.45 | +00:42:13 (30.5%) | 11:32 | 5.2 (69.3%) |
| 186 | BANASZEK Sławomir | 636 | WIKINGS | #30OPEN | 26 | 00:45:34 | 01:37:23 | 02:18:38.85 | +00:42:22 (30.6%) | 11:33 | 5.2 (69.3%) |
| 187 | JANKIEWICZ Marek | 279 | BRAVEHEARTS LEGIONOWO | #20OPEN | 35 | 00:37:21 | 01:34:39 | 02:18:49.05 | +00:42:32 (30.6%) | 11:34 | 5.2 (69.3%) |
| 188 | PIĘTA Sławomir | 283 | BUDZIWOJAKI | #20OPEN | 37 | 00:45:45 | 01:41:15 | 02:18:59.45 | +00:42:43 (30.7%) | 11:34 | 5.2 (69.3%) |
| 189 | MASINA Jarosław | 1926 | | #10OPEN | 9 | 00:45:50 | 01:38:53 | 02:19:00.20 | +00:42:43 (30.7%) | 11:35 | 5.2 (69.3%) |
| 190 | WACH Łukasz | 58 | HUSARIA RACE TEAM | #10OPEN | 44 | 00:48:04 | 01:38:05 | 02:19:01.60 | +00:42:45 (30.8%) | 11:35 | 5.2 (69.3%) |
| 191 | LISIEWSKI Janusz | 542 | CROSSFIT ŁUKÓW | #30OPEN | 27 | 00:47:22 | 01:40:20 | 02:19:14.80 | +00:42:58 (30.9%) | 11:36 | 5.2 (69.3%) |
| 192 | STOCHMALSKI Marcin | 88 | MKS SYGNAŁ CHODEL | #10OPEN | 45 | 00:47:57 | 01:36:58 | 02:19:23.35 | +00:43:06 (30.9%) | 11:36 | 5.2 (69.3%) |
| 193 | KISIEL Mateusz | 1913 | KLUB SPORTOWY HAJIME | #10OPEN | 10 | 00:40:20 | 01:35:04 | 02:19:30.15 | +00:43:13 (31.0%) | 11:37 | 5.2 (69.3%) |
| 194 | TABAKA Andrzej | 596 | ODDAJMISIE | #30OPEN | 28 | 00:55:05 | 01:43:55 | 02:19:31.95 | +00:43:15 (31.0%) | 11:37 | 5.2 (69.3%) |
| 195 | WIERZBICKI Filip | 631 | TSA SANDOMIERZ | #30OPEN | 29 | 00:46:14 | 01:41:30 | 02:19:38.25 | +00:43:21 (31.1%) | 11:38 | 5.2 (69.3%) |
| 196 | PASIKOWSKI Marcin | 3072 | POSITIVE ENERGY | #30OPEN | 30 | 00:45:57 | 01:39:04 | 02:19:40.20 | +00:43:23 (31.1%) | 11:38 | 5.2 (69.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------------|------------------------|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 197 | POLINIERSKI Piotr | 910 | BEWATER | #5OPEN | 23 | | | 02:19:54.10 | +00:43:37 (31.2%) | 11:39 | 5.1 (68.0%) |
| 198 | KUKLA Lukasz | 550 | CROSSFIT SIEDLCE | #3OPEN | 31 | 00:44:49 | 01:38:29 | 02:19:56.15 | +00:43:39 (31.2%) | 11:39 | 5.1 (68.0%) |
| 199 | KURMAN Arkadiusz | 156 | TRENER24H.COM.PL | #1OPEN | 46 | 00:50:59 | 01:40:44 | 02:19:56.35 | +00:43:39 (31.2%) | 11:39 | 5.1 (68.0%) |
| 200 | GÓRSKI Kamil | 256 | ADRENALINA | #2OPEN | 38 | 00:45:56 | 01:40:19 | 02:20:00.35 | +00:43:43 (31.2%) | 11:40 | 5.1 (68.0%) |
| 201 | BISIEKIRSKI Michał | 1245 | | #6OPEN | 17 | 00:44:47 | 01:37:26 | 02:20:01.55 | +00:43:45 (31.2%) | 11:40 | 5.1 (68.0%) |
| 202 | CHOROŚ Michał | 57 | HUSARIA RACE TEAM | #1OPEN | 47 | 00:44:46 | 01:37:39 | 02:20:14.45 | +00:43:58 (31.4%) | 11:41 | 5.1 (68.0%) |
| 203 | RASZCZYŃSKI Marcin | 421 | | #2OPEN | 39 | 00:45:58 | 01:39:52 | 02:20:18.50 | +00:44:02 (31.4%) | 11:41 | 5.1 (68.0%) |
| 204 | KOŁODZIEJAK Filip | 331 | KOŁODZIEJAK | #2OPEN | 40 | 00:49:07 | 01:40:28 | 02:20:20.60 | +00:44:04 (31.4%) | 11:41 | 5.1 (68.0%) |
| 205 | WIŚNIEWSKI Bartosz | 820 | TKO BAND | #6OPEN | 18 | 00:25:47 | 01:24:51 | 02:20:23.75 | +00:44:07 (31.4%) | 11:41 | 5.1 (68.0%) |
| 206 | GOŁĘBIEWSKI Mariusz | 1375 | STREFA SIŁY SANDOMIERZ | #7OPEN | 14 | 00:45:05 | 01:37:52 | 02:20:37.50 | +00:44:21 (31.5%) | 11:43 | 5.1 (68.0%) |
| 207 | OSIŃSKI Arkadiusz | 52 | FERDEKKIEPSKISUPERSTAR | #1OPEN | 48 | 00:51:38 | 01:39:07 | 02:20:46.35 | +00:44:29 (31.6%) | 11:43 | 5.1 (68.0%) |
| 208 | RUMIŃSKI Piotr | 1037 | WACKI | #5OPEN | 24 | 00:50:09 | 01:42:17 | 02:20:46.95 | +00:44:30 (31.6%) | 11:43 | 5.1 (68.0%) |
| 209 | NIKIEL Dariusz | 5037 | | #9OPEN | 4 | 00:47:13 | 01:41:18 | 02:20:48.30 | +00:44:31 (31.6%) | 11:44 | 5.1 (68.0%) |
| 210 | WOJCIUK Adam | 987 | LENIWE BUŁY | #5OPEN | 25 | 00:45:27 | 01:40:27 | 02:20:51.95 | +00:44:35 (31.7%) | 11:44 | 5.1 (68.0%) |
| 211 | MADEJ Wojciec | 129 | RUDA TEAM | #1OPEN | 50 | 00:47:41 | 01:38:54 | 02:21:09.30 | +00:44:52 (31.8%) | 11:45 | 5.1 (68.0%) |
| 211 | KUDŁA Grzegorz | 1035 | WACKI | #5OPEN | 26 | 00:49:48 | 01:42:18 | 02:21:09.30 | +00:44:52 (31.8%) | 11:45 | 5.1 (68.0%) |
| 213 | PELA Kamil.pela | 1167 | PYRY | #6OPEN | 19 | 00:48:22 | 01:42:48 | 02:21:14.50 | +00:44:58 (31.8%) | 11:46 | 5.1 (68.0%) |
| 214 | DRYNDA Łukasz | 1126 | FURIOUS HORNETS | #6OPEN | 20 | 00:46:40 | 01:42:23 | 02:21:16.40 | +00:45:00 (31.9%) | 11:46 | 5.1 (68.0%) |
| 215 | CHOŁAŚCIŃSKI Wojciech | 1560 | HUSARIA RACE TEAM | #8OPEN | 12 | 00:45:42 | 01:43:04 | 02:21:20.35 | +00:45:03 (31.9%) | 11:46 | 5.1 (68.0%) |
| 216 | CHMIEL Sylwester | 1538 | DZIDA 4X4 | #8OPEN | 13 | 00:46:09 | 01:42:22 | 02:21:21.10 | +00:45:04 (31.9%) | 11:46 | 5.1 (68.0%) |
| 217 | PIKUŁA Wojtek | 1539 | DZIDA 4X4 | #8OPEN | 14 | 00:45:54 | 01:42:22 | 02:21:21.90 | +00:45:05 (31.9%) | 11:46 | 5.1 (68.0%) |
| 218 | PAWLAK Grzegorz | 1541 | DZIDA 4X4 | #8OPEN | 15 | 00:45:52 | 01:42:22 | 02:21:22.05 | +00:45:05 (31.9%) | 11:46 | 5.1 (68.0%) |
| 219 | WAWRYSZUK Adam | 1540 | DZIDA 4X4 | #8OPEN | 16 | 00:46:11 | 01:42:23 | 02:21:22.30 | +00:45:05 (31.9%) | 11:46 | 5.1 (68.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------------|--|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 220 | IMIOLCZYK Roland | 869 | | #4OPEN | 26 | 00:46:58 | 01:44:06 | 02:21:52.20 | +00:45:35 (32.1%) | 11:49 | 5.1 (68.0%) |
| 221 | SROKA Andrzej | 796 | PROGRES SADEK | #4OPEN | 27 | 00:46:43 | 01:41:38 | 02:21:55.05 | +00:45:38 (32.2%) | 11:49 | 5.1 (68.0%) |
| 222 | GRABSKI Paweł | 587 | KWP RADOM | #3OPEN | 33 | 00:49:02 | 01:41:44 | 02:22:17.25 | +00:46:00 (32.3%) | 11:51 | 5.1 (68.0%) |
| 223 | MUCHACKI Jarek | 966 | JANUSZE | #5OPEN | 27 | 00:53:59 | 01:45:11 | 02:22:29.75 | +00:46:13 (32.4%) | 11:52 | 5.1 (68.0%) |
| 224 | WILK Maciej | 89 | MŁODE WILCY | #1OPEN | 52 | 00:50:04 | 01:42:17 | 02:22:49.60 | +00:46:33 (32.6%) | 11:54 | 5 (66.7%) |
| 225 | PIOTROWSKI Michał | 1250 | | #6OPEN | 21 | 00:47:17 | 01:41:44 | 02:22:58.00 | +00:46:41 (32.7%) | 11:54 | 5 (66.7%) |
| 226 | JAGIEŁŁO Michał | 957 | GAMONIE | #5OPEN | 28 | 00:44:37 | 01:40:20 | 02:23:06.15 | +00:46:49 (32.7%) | 11:55 | 5 (66.7%) |
| 227 | KOWALIK Marcin | 953 | GAMONIE | #5OPEN | 29 | 00:44:58 | 01:40:21 | 02:23:07.05 | +00:46:50 (32.7%) | 11:55 | 5 (66.7%) |
| 228 | BINKO Łukasz | 322 | JAK ŻÓŁWIE W GALOPIE | #2OPEN | 41 | 00:50:17 | 01:44:06 | 02:23:07.90 | +00:46:51 (32.7%) | 11:55 | 5 (66.7%) |
| 229 | KRUK Rafał | 320 | JAK ŻÓŁWIE W GALOPIE | #2OPEN | 42 | 00:50:20 | 01:44:09 | 02:23:08.45 | +00:46:52 (32.7%) | 11:55 | 5 (66.7%) |
| 230 | HOŁOBUT Marcin | 1703 | STALOWE DZIKI | #9OPEN | 5 | 00:50:58 | 01:43:12 | 02:23:15.40 | +00:46:59 (32.8%) | 11:56 | 5 (66.7%) |
| 231 | MIKLASZEWSKI Paweł | 6003 | POWER TRAINING | Masters | 8 | 00:50:32 | 01:41:08 | 02:23:20.90 | +00:47:04 (32.8%) | 11:56 | 5 (66.7%) |
| 232 | CHOMICKI Jan | 902 | 1017A | #5OPEN | 30 | 00:48:13 | 01:42:51 | 02:23:26.10 | +00:47:09 (32.9%) | 11:57 | 5 (66.7%) |
| 233 | RADWAŃSKI Łukasz | 821 | TYLKO SIĘ STRESZCZAJ BO SILNEMU CHCE SIĘ PIĆ | #1OPEN | 53 | 00:48:34 | 01:39:13 | 02:23:27.40 | +00:47:11 (32.9%) | 11:57 | 5 (66.7%) |
| 234 | PILECKI Adam | 1702 | STALOWE DZIKI | #9OPEN | 7 | 00:50:56 | 01:43:12 | 02:23:30.40 | +00:47:14 (32.9%) | 11:57 | 5 (66.7%) |
| 235 | ZABORSKI Daniel | 803 | PROGRES SADEK | #4OPEN | 28 | 00:45:29 | 01:41:29 | 02:23:32.45 | +00:47:16 (32.9%) | 11:57 | 5 (66.7%) |
| 236 | NALEWAJK Tomasz | 93 | NATURAL FORCE WORKOUT | #1OPEN | 54 | 00:49:45 | 01:41:44 | 02:23:34.10 | +00:47:17 (32.9%) | 11:57 | 5 (66.7%) |
| 237 | HARASYMOWICZ Robert | 853 | | #4OPEN | 29 | 00:45:54 | 01:46:39 | 02:23:48.40 | +00:47:32 (33.1%) | 11:59 | 5 (66.7%) |
| 238 | PISTOR Tomasz | 1706 | STALOWE DZIKI | #9OPEN | 8 | 00:51:10 | 01:43:17 | 02:23:54.10 | +00:47:37 (33.1%) | 11:59 | 5 (66.7%) |
| 239 | KANIEWSKI Oktawian | 814 | SUŁTANI POŁUDNIA | #4OPEN | 30 | 00:44:57 | 01:39:08 | 02:24:14.05 | +00:47:57 (33.3%) | 12:01 | 5 (66.7%) |
| 240 | KOŁODZIEJCZYK Mateusz | 812 | SUŁTANI POŁUDNIA | #4OPEN | 31 | 00:45:09 | 01:39:08 | 02:24:16.40 | +00:48:00 (33.3%) | 12:01 | 5 (66.7%) |
| 241 | SKRZEK Sebastian | 1006 | MAMINSYNKI | #5OPEN | 31 | 00:51:00 | 01:44:33 | 02:24:24.65 | +00:48:08 (33.3%) | 12:02 | 5 (66.7%) |
| 242 | KAROŃ Wojciech | 369 | | #2OPEN | 43 | 00:47:57 | 01:43:57 | 02:24:26.15 | +00:48:09 (33.3%) | 12:02 | 5 (66.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------------|---------------------------------|------------------------------------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 243 | RUTYNA Michał | 748 | FC MELANŻ | #4OPEN | 33 | 00:46:59 | 01:42:33 | 02:24:27.05 | +00:48:10 (33.4%) | 12:02 | 5 (66.7%) |
| 244 | WIERZBICKI Marcin | 726 | CROSSFIT SIEDLCE | Klasyfikacja studentów - mężczyźni | 19 | 00:45:44 | 01:40:35 | 02:24:33.30 | +00:48:16 (33.4%) | 12:02 | 5 (66.7%) |
| 245 | BAJUR Sławomir | 901 | 1017A | #5OPEN | 32 | 00:48:29 | 01:42:53 | 02:24:39.90 | +00:48:23 (33.5%) | 12:03 | 5 (66.7%) |
| 246 | ŁUGOWSKI Marcin | 614 | SPPP RADOM | #3OPEN | 35 | 00:50:53 | 01:46:21 | 02:24:53.90 | +00:48:37 (33.6%) | 12:04 | 5 (66.7%) |
| 247 | TARASEWICZ Paweł | 1044 | OUTDOOR TRAINING | #6OPEN | 22 | 00:50:44 | 01:44:24 | 02:25:00.10 | +00:48:43 (33.6%) | 12:05 | 5 (66.7%) |
| 248 | SZEKALSKI Marek | 1147 | OUTDOOR TRAINING BIAŁYSTOK | #6OPEN | 23 | 00:50:51 | 01:44:25 | 02:25:00.40 | +00:48:44 (33.6%) | 12:05 | 5 (66.7%) |
| 249 | SUJKA Rafał | 573 | I THOUGHT THEY SAID RUM... | #3OPEN | 36 | 00:49:23 | 01:44:07 | 02:25:00.85 | +00:48:44 (33.6%) | 12:05 | 5 (66.7%) |
| 250 | DZIK Konrad | 572 | I THOUGHT THEY SAID RUM... | #3OPEN | 37 | 00:49:20 | 01:44:10 | 02:25:03.40 | +00:48:47 (33.6%) | 12:05 | 5 (66.7%) |
| 251 | KĘPIŃSKI Artur | 972 | KALABANGA | #4OPEN | 34 | 00:45:03 | 01:47:12 | 02:25:47.75 | +00:49:31 (34.0%) | 12:08 | 4.9 (65.3%) |
| 252 | DŹWIGULSKI Łukasz | 1396 | | #7OPEN | 15 | 00:45:47 | 01:43:06 | 02:26:32.00 | +00:50:15 (34.3%) | 12:12 | 4.9 (65.3%) |
| 253 | MAŚLAK Piotr | 701 | BEFIT24TEAM | #4OPEN | 35 | 00:48:14 | 01:46:21 | 02:27:03.60 | +00:50:47 (34.5%) | 12:15 | 4.9 (65.3%) |
| 254 | MIROSŁAW Dawid | 590 | MEGA BEŁŻYCE | #3OPEN | 38 | 00:50:50 | 01:45:35 | 02:27:07.40 | +00:50:51 (34.6%) | 12:15 | 4.9 (65.3%) |
| 255 | GRZYB Albert | 415 | | #2OPEN | 44 | 00:50:07 | 01:46:33 | 02:27:24.95 | +00:51:08 (34.7%) | 12:17 | 4.9 (65.3%) |
| 256 | WÓJCIK Tomasz | 591 | MEGA BEŁŻYCE | #3OPEN | 39 | 00:50:47 | 01:45:38 | 02:27:41.65 | +00:51:25 (34.8%) | 12:18 | 4.9 (65.3%) |
| 257 | KAPROŃ Bartosz | 10 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #1OPEN | 58 | 00:59:51 | 01:49:35 | 02:27:46.10 | +00:51:29 (34.8%) | 12:18 | 4.9 (65.3%) |
| 258 | KULESZA Piotr | 61 | JADYMA | #1OPEN | 59 | 00:57:02 | 01:52:14 | 02:27:56.00 | +00:51:39 (34.9%) | 12:19 | 4.9 (65.3%) |
| 259 | RADZIEJEWSKI Konrad | 651 | | #3OPEN | 40 | 00:53:14 | 01:46:15 | 02:27:59.00 | +00:51:42 (34.9%) | 12:19 | 4.9 (65.3%) |
| 260 | MIKOŁAJCZYK Krzysztof | 615 | SPPP RADOM | #3OPEN | 41 | 00:45:49 | 01:38:23 | 02:28:03.60 | +00:51:47 (35.0%) | 12:20 | 4.9 (65.3%) |
| 261 | CIOSK Wojciech | 324 | KAWALERSKI KRZYŚKA | #2OPEN | 46 | 00:50:24 | 01:46:23 | 02:28:11.20 | +00:51:54 (35.0%) | 12:20 | 4.9 (65.3%) |
| 262 | ŻAK Grzegorz | 7103 | TROCHĘ CYKAM | #2OPEN | 47 | 00:45:37 | 01:41:57 | 02:28:23.45 | +00:52:07 (35.1%) | 12:22 | 4.9 (65.3%) |
| 263 | ZAJĄC Piotr | 662 | | #3OPEN | 42 | 00:52:09 | 01:52:36 | 02:28:26.35 | +00:52:09 (35.1%) | 12:22 | 4.9 (65.3%) |
| 264 | SZYMERSKI Filip | 1390 | | #7OPEN | 17 | 00:54:54 | 01:47:51 | 02:28:40.35 | +00:52:23 (35.2%) | 12:23 | 4.8 (64.0%) |
| 265 | ŁAKOMIEC Piotr | 1412 | | #7OPEN | 18 | 00:54:45 | 01:47:52 | 02:28:41.35 | +00:52:24 (35.3%) | 12:23 | 4.8 (64.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------------|--------------------------|-----------|------|-------------|-------------|--------------------|----------------------|--------------|----------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 266 | NOWAK Sebastian | 1339 | MODLIN TEAMDREAM | #7OPEN | 19 | 00:49:59 | 01:46:15 | 02:28:46.90 | +00:52:30 (35.3%) | 12:23 | 4.8 (64.0%) |
| 267 | FROŚ Karol | 1356 | POSITIVE ENERGY | #7OPEN | 20 | 00:46:43 | 01:41:05 | 02:28:48.65 | +00:52:32 (35.3%) | 12:24 | 4.8 (64.0%) |
| 268 | DZIKOWSKI Michał | 438 | | #2OPEN | 48 | 00:54:45 | 01:50:03 | 02:29:01.00 | +00:52:44 (35.4%) | 12:25 | 4.8 (64.0%) |
| 269 | OSUCH Sebastian | 1259 | | #6OPEN | 24 | 00:47:03 | 01:44:19 | 02:29:21.15 | +00:53:04 (35.5%) | 12:26 | 4.8 (64.0%) |
| 270 | PAJĄK Michał | 1135 | KULAWE SARNY W LEGINSACH | #3OPEN | 43 | 00:51:13 | 01:47:35 | 02:29:30.95 | +00:53:14 (35.6%) | 12:27 | 4.8 (64.0%) |
| 271 | LATKOWSKI Piotr | 328 | KAWALERSKI KRZYŻKA | #2OPEN | 49 | 00:52:32 | 01:48:36 | 02:29:53.00 | +00:53:36 (35.8%) | 12:29 | 4.8 (64.0%) |
| 272 | POŻOGA Tomasz | 1079 | | #6OPEN | 25 | 00:47:19 | 01:42:53 | 02:30:07.25 | +00:53:50 (35.9%) | 12:30 | 4.8 (64.0%) |
| 273 | MAREK Daniel | 520 | BEER FORCE ONE | #1OPEN | 60 | 00:53:23 | 01:46:58 | 02:30:16.45 | +00:54:00 (35.9%) | 12:31 | 4.8 (64.0%) |
| 274 | MILLER Paweł | 410 | ZMIAŻDŻONE MIGDAŁY | #2OPEN | 50 | 00:53:05 | 01:50:15 | 02:30:19.80 | +00:54:03 (36.0%) | 12:31 | 4.8 (64.0%) |
| 275 | POGODA Adam | 756 | JEST POGODA JEST DOBRZE | #2OPEN | 51 | 00:54:13 | 01:50:17 | 02:30:25.95 | +00:54:09 (36.0%) | 12:32 | 4.8 (64.0%) |
| 276 | GRZYB Sławek | 310 | EKSPEDYCJA MRÓWKA | #2OPEN | 54 | 00:52:55 | 01:51:37 | 02:31:22.05 | +00:55:05 (36.4%) | 12:36 | 4.8 (64.0%) |
| 277 | SADEJ Marcin | 1704 | STALOWE DZIKI | #9OPEN | 9 | 00:51:39 | 01:50:14 | 02:31:43.90 | +00:55:27 (36.6%) | 12:38 | 4.7 (62.7%) |
| 278 | MROCZEK Przemysław | 1034 | UMCS BIEGA | #5OPEN | 33 | 00:51:25 | 01:47:43 | 02:32:06.65 | +00:55:50 (36.7%) | 12:40 | 4.7 (62.7%) |
| 279 | PRZYGODA Maciej | 961 | GUMISIE | #5OPEN | 34 | 00:47:52 | 01:45:41 | 02:32:06.95 | +00:55:50 (36.7%) | 12:40 | 4.7 (62.7%) |
| 280 | CYGA Paweł | 985 | LECĘ BO CHCĘ... | #5OPEN | 36 | 00:48:47 | 01:46:53 | 02:32:14.45 | +00:55:58 (36.8%) | 12:41 | 4.7 (62.7%) |
| 281 | PIAŚCIK Mateusz | 960 | GUMISIE | #5OPEN | 37 | 00:48:22 | 01:45:46 | 02:32:20.95 | +00:56:04 (36.8%) | 12:41 | 4.7 (62.7%) |
| 282 | KULIŃSKI Piotr | 750 | FC MELANŻ | #4OPEN | 36 | 00:48:21 | 01:44:26 | 02:32:23.85 | +00:56:07 (36.8%) | 12:42 | 4.7 (62.7%) |
| 283 | OBREBSKI Adrian | 412 | ZÓŁWIANO | #2OPEN | 56 | 00:44:26 | 01:28:45 | 02:32:24.35 | +00:56:07 (36.8%) | 12:42 | 4.7 (62.7%) |
| 284 | DRASZAWKA Łukasz | 368 | POWER TRAINING | #2OPEN | 57 | 00:49:10 | 01:49:56 | 02:32:25.35 | +00:56:08 (36.8%) | 12:42 | 4.7 (62.7%) |
| 285 | OPRAWKA Tomasz | 1184 | TOMEK I JĘDRZEJ | #6OPEN | 26 | 00:44:58 | 01:38:52 | 02:32:28.25 | +00:56:11 (36.9%) | 12:42 | 4.7 (62.7%) |
| 286 | ŚLĘZAK Michał | 839 | | #4OPEN | 37 | 00:45:35 | 01:42:19 | 02:32:30.30 | +00:56:13 (36.9%) | 12:42 | 4.7 (62.7%) |
| 287 | ZAJĄC Paweł | 838 | | #4OPEN | 38 | 00:45:53 | 01:42:24 | 02:32:31.30 | +00:56:14 (36.9%) | 12:42 | 4.7 (62.7%) |
| 288 | PICHETA Michał | 863 | | #4OPEN | 39 | 00:47:36 | 01:45:14 | 02:32:37.55 | +00:56:21 (36.9%) | 12:43 | 4.7 (62.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|--------------------------|------------------------------------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 289 | ADAMIEC Damian | 1140 | ŁYSE WĘŻE | #6OPEN | 27 | 00:51:58 | 01:46:46 | 02:32:41.55 | +00:56:25 (36.9%) | 12:43 | 4.7 (62.7%) |
| 290 | POKOJSKI Marek | 278 | BRAVEHEARTS LEGIONOWO | #10OPEN | 61 | 00:52:42 | 01:47:13 | 02:32:43.80 | +00:56:27 (37.0%) | 12:43 | 4.7 (62.7%) |
| 291 | KALETA Michał | 952 | FRUN | Klasyfikacja studentów - mężczyźni | 23 | 00:54:17 | 01:48:56 | 02:32:50.10 | +00:56:33 (37.0%) | 12:44 | 4.7 (62.7%) |
| 292 | BONIKOWSKI Mateusz | 745 | FC MELANŻ | #4OPEN | 40 | 00:47:08 | 01:48:25 | 02:33:11.05 | +00:56:54 (37.2%) | 12:45 | 4.7 (62.7%) |
| 293 | ZIOMKOWSKI Marcin | 1915 | ORZEŁ 7 | #10OPEN | 11 | 00:52:33 | 01:52:52 | 02:33:21.65 | +00:57:05 (37.2%) | 12:46 | 4.7 (62.7%) |
| 294 | STARZEC Marcin | 1925 | | #10OPEN | 13 | 00:50:05 | 01:49:51 | 02:33:23.00 | +00:57:06 (37.2%) | 12:46 | 4.7 (62.7%) |
| 295 | KOWALCZYK Wojciech | 1203 | | #6OPEN | 28 | 00:48:36 | 01:46:16 | 02:33:31.65 | +00:57:15 (37.3%) | 12:47 | 4.7 (62.7%) |
| 296 | ŚWIĄDER Adrian | 1200 | | #6OPEN | 29 | 00:48:33 | 01:46:15 | 02:33:31.80 | +00:57:15 (37.3%) | 12:47 | 4.7 (62.7%) |
| 297 | DYRDA Norbert | 1224 | | #5OPEN | 39 | 00:50:37 | 01:46:56 | 02:33:37.85 | +00:57:21 (37.3%) | 12:48 | 4.7 (62.7%) |
| 298 | METLERSKI Kamil | 1262 | | #6OPEN | 30 | 00:50:30 | 01:47:30 | 02:33:55.80 | +00:57:39 (37.5%) | 12:49 | 4.7 (62.7%) |
| 299 | LECH Mariusz | 556 | DRUŻYNA BARTKA | #4OPEN | 42 | 00:50:15 | 01:51:02 | 02:33:56.10 | +00:57:39 (37.5%) | 12:49 | 4.7 (62.7%) |
| 300 | PACH Krystian | 835 | | #4OPEN | 43 | 00:49:38 | 01:57:53 | 02:34:10.15 | +00:57:53 (37.6%) | 12:50 | 4.7 (62.7%) |
| 301 | STEC Rafał | 757 | KAŁABANGA | #4OPEN | 44 | 00:45:11 | 01:48:02 | 02:34:20.55 | +00:58:04 (37.6%) | 12:51 | 4.7 (62.7%) |
| 302 | BORYC Rafał | 1042 | WILDCATS CROSSFIT LUBLIN | #5OPEN | 40 | 00:53:54 | 01:55:19 | 02:34:38.65 | +00:58:22 (37.7%) | 12:53 | 4.7 (62.7%) |
| 303 | PAĆKO Michał | 385 | TROCHE CYKAM | #2OPEN | 59 | 00:51:41 | 01:50:17 | 02:34:58.30 | +00:58:41 (37.9%) | 12:54 | 4.6 (61.3%) |
| 304 | MARCINIAK Damian | 1589 | | #8OPEN | 17 | 00:50:50 | 01:49:32 | 02:35:02.95 | +00:58:46 (37.9%) | 12:55 | 4.6 (61.3%) |
| 305 | KUCZYŃSKI Łukasz | 1110 | BRAVEHEARTS LEGIONOWO | #2OPEN | 61 | 00:52:15 | 01:50:14 | 02:35:03.20 | +00:58:46 (37.9%) | 12:55 | 4.6 (61.3%) |
| 306 | WOTLIŃSKI Andrzej | 1302 | AAA | #7OPEN | 22 | 00:54:18 | | 02:35:07.55 | +00:58:51 (37.9%) | 12:55 | 4.6 (61.3%) |
| 307 | ŁASKA Przemysław | 1061 | | #5OPEN | 42 | 00:50:56 | 01:51:05 | 02:35:07.60 | +00:58:51 (37.9%) | 12:55 | 4.6 (61.3%) |
| 308 | DZIEDZIELA Marcin | 852 | | #4OPEN | 45 | 00:48:32 | 01:49:41 | 02:35:09.55 | +00:58:53 (38.0%) | 12:55 | 4.6 (61.3%) |
| 309 | CHOMIUK Bartosz | 924 | CROSSFIT SIEDLCE | #3OPEN | 45 | 00:55:44 | 01:58:03 | 02:35:10.35 | +00:58:53 (38.0%) | 12:55 | 4.6 (61.3%) |
| 310 | DEREWECKI Przemysław | 736 | FC MELANŻ | #4OPEN | 46 | 00:50:02 | 01:49:40 | 02:35:11.45 | +00:58:55 (38.0%) | 12:55 | 4.6 (61.3%) |
| 311 | MARCINIAK Daniel | 313 | GANG DZIKICH WIEPRZY | #2OPEN | 63 | 00:49:20 | 01:49:11 | 02:35:18.50 | +00:59:02 (38.0%) | 12:56 | 4.6 (61.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Point | | Czas | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------|---------------------------------|--|------|----------|----------|--------------------|----------------------|-----------------|----------------|
| | | | | | | 3km | 6km | netto 12km | | | |
| 312 | LITWINEK Marek | 163 | WW TEAM | #10OPEN | 63 | 00:57:14 | 01:51:12 | 02:35:34.70 | +00:59:18 (38.1%) | 12:57 | 4.6 (61.3%) |
| 313 | MATYJASIAK Konrad | 141 | SOFTSOL | #10OPEN | 64 | 00:52:45 | 01:50:53 | 02:35:34.95 | +00:59:18 (38.1%) | 12:57 | 4.6 (61.3%) |
| 314 | KOSTRZON Maciej | 1404 | | #7OPEN | 23 | 00:52:14 | 01:52:34 | 02:35:40.05 | +00:59:23 (38.2%) | 12:58 | 4.6 (61.3%) |
| 315 | KORYL Paweł | 1240 | | #6OPEN | 31 | 00:48:45 | 01:49:07 | 02:35:40.50 | +00:59:24 (38.2%) | 12:58 | 4.6 (61.3%) |
| 316 | ŚLIWOWSKI Marcin | 672 | | #3OPEN | 46 | 00:54:52 | 01:54:51 | 02:35:52.85 | +00:59:36 (38.2%) | 12:59 | 4.6 (61.3%) |
| 317 | MICHAŁOWSKI Maciej | 1610 | | #8OPEN | 18 | 00:51:41 | 01:50:23 | 02:35:55.40 | +00:59:39 (38.3%) | 12:59 | 4.6 (61.3%) |
| 318 | KOŁACZ Norbert | 1914 | KLUB SPORTOWY HAJIME | #10OPEN | 14 | 00:46:12 | 01:45:09 | 02:36:34.65 | +01:00:18 (38.5%) | 13:02 | 4.6 (61.3%) |
| 319 | CZARNOTA Paweł | 1107 | BIEGIEM RADOM! | Klasyfikacja studentów - mężczyźni | 25 | 00:50:33 | 01:52:25 | 02:36:53.75 | +01:00:37 (38.6%) | 13:04 | 4.6 (61.3%) |
| 320 | KAROLAK Adrian | 913 | BIEGIEM RADOM! | #5OPEN | 43 | 00:50:15 | 01:52:27 | 02:36:55.15 | +01:00:38 (38.6%) | 13:04 | 4.6 (61.3%) |
| 321 | LEŚNIAK Marcin | 1418 | KAŁABANGA | #4OPEN | 47 | 00:48:30 | 01:50:56 | 02:36:56.35 | +01:00:39 (38.7%) | 13:04 | 4.6 (61.3%) |
| 322 | WOJTYŚ Tomasz | 274 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #2OPEN | 64 | 00:51:08 | 01:51:36 | 02:37:05.20 | +01:00:48 (38.7%) | 13:05 | 4.6 (61.3%) |
| 323 | JANCZY Rafał | 1519 | CKB TARNOBRZEG | #6OPEN | 33 | 00:50:38 | 01:53:40 | 02:37:09.45 | +01:00:53 (38.7%) | 13:05 | 4.6 (61.3%) |
| 324 | WALCZAK Michał | 29 | BRAVEHEARTS LEGIONOWO | #10OPEN | 67 | 00:50:10 | 01:52:05 | 02:37:37.00 | +01:01:20 (38.9%) | 13:08 | 4.6 (61.3%) |
| 325 | KWIECIŃSKI Paweł | 527 | BRAVEHEARTS LEGIONOWO | #2OPEN | 65 | 00:50:04 | 01:52:06 | 02:37:37.05 | +01:01:20 (38.9%) | 13:08 | 4.6 (61.3%) |
| 326 | WALCZAK Kamil | 28 | BRAVEHEARTS LEGIONOWO | #2OPEN | 66 | 00:50:51 | 01:52:05 | 02:37:37.35 | +01:01:20 (38.9%) | 13:08 | 4.6 (61.3%) |
| 327 | KONOPACKI Krzysztof | 500 | ABY DO METY | #3OPEN | 47 | 00:52:36 | 01:53:10 | 02:37:52.35 | +01:01:35 (39.0%) | 13:09 | 4.6 (61.3%) |
| 328 | BAĆ Robert | 864 | | #4OPEN | 48 | 00:48:24 | 01:54:20 | 02:37:57.70 | +01:01:41 (39.1%) | 13:09 | 4.6 (61.3%) |
| 329 | ZALEWSKI Wojtek | 36 | C2H5OH | #10OPEN | 68 | 00:59:07 | 01:54:36 | 02:38:05.80 | +01:01:49 (39.1%) | 13:10 | 4.6 (61.3%) |
| 330 | KRÓL Łukasz | 719 | C2H5OH | #10OPEN | 69 | 00:59:12 | 01:54:36 | 02:38:06.70 | +01:01:50 (39.1%) | 13:10 | 4.6 (61.3%) |
| 331 | BLICHARZ Stanisław | 330 | KEJM CIECIERZYN | #2OPEN | 69 | 01:00:55 | 01:57:11 | 02:38:07.05 | +01:01:50 (39.1%) | 13:10 | 4.6 (61.3%) |
| 332 | JAGODZIŃSKI Przemysław | 828 | WŁOCHATE BURCHLIKI | #4OPEN | 49 | 00:52:55 | 01:55:15 | 02:38:14.40 | +01:01:58 (39.2%) | 13:11 | 4.6 (61.3%) |
| 333 | TCHÓRZEWSKI Grzegorz | 1028 | TERAZ JUŻ TYLKO CZAS NA KRATĘ | #5OPEN | 44 | 00:52:05 | 01:50:43 | 02:38:19.50 | +01:02:03 (39.2%) | 13:11 | 4.5 (60.0%) |
| 334 | OSIAK Łukasz | 1029 | TERAZ JUŻ TYLKO CZAS NA KRATĘ | #5OPEN | 45 | 00:52:29 | 01:50:41 | 02:38:20.20 | +01:02:03 (39.2%) | 13:11 | 4.5 (60.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Różn | Tempo min/km | Tempo km/h | |
|-----|----------------------------|-------------|--------------------------------|------------------------------------|------|-------------|-------------|--------------------|-------------------|------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | netto 12km |
| 335 | WRZOCHAL Jarosław | 35 | C2H5OH | #1OPEN | 70 | | 01:54:57 | 02:38:27.25 | +01:02:10 (39.2%) | 13:12 | 4.5 (60.0%) |
| 336 | PODĘBNIAK Marcin | 1108 | BIĘGNĘ ŻEBY BARTEK MÓGŁ BIEGAĆ | #6OPEN | 34 | 00:53:08 | 01:54:57 | 02:38:38.30 | +01:02:21 (39.3%) | 13:13 | 4.5 (60.0%) |
| 337 | KURZAWA Grzegorz | 44 | DZIKIE BOBRY | #1OPEN | 72 | 00:55:43 | 01:53:35 | 02:38:43.15 | +01:02:26 (39.3%) | 13:13 | 4.5 (60.0%) |
| 338 | ZAROBKIEWICZ Maciej | 1125 | FURIOUS HORNETS | #6OPEN | 35 | 00:53:58 | 01:50:46 | 02:38:47.00 | +01:02:30 (39.4%) | 13:13 | 4.5 (60.0%) |
| 339 | BARAN Arkadiusz | 1377 | ZWOLEŃ BIEGA | #7OPEN | 24 | 00:37:51 | 01:48:30 | 02:38:49.85 | +01:02:33 (39.4%) | 13:14 | 4.5 (60.0%) |
| 340 | KOBYLIŃSKI Mariusz | 1705 | STALOWE DZIKI | #9OPEN | 10 | 00:51:42 | 01:53:38 | 02:39:03.75 | +01:02:47 (39.5%) | 13:15 | 4.5 (60.0%) |
| 341 | BOROŃ Piotr | 6001 | BEER FORCE ONE | Klasyfikacja studentów - mężczyźni | 28 | 00:56:49 | 01:53:49 | 02:39:06.10 | +01:02:49 (39.5%) | 13:15 | 4.5 (60.0%) |
| 342 | GAWRON Jakub | 440 | | #2OPEN | 70 | 00:48:39 | 01:43:42 | 02:39:13.15 | +01:02:56 (39.5%) | 13:16 | 4.5 (60.0%) |
| 343 | ZGRZEBNICKI Adrian | 1219 | | #6OPEN | 36 | 00:50:57 | 01:50:46 | 02:39:14.95 | +01:02:58 (39.5%) | 13:16 | 4.5 (60.0%) |
| 344 | KOPERSKI Konrad | 859 | | #3OPEN | 50 | 00:53:52 | 01:54:47 | 02:39:15.50 | +01:02:59 (39.5%) | 13:16 | 4.5 (60.0%) |
| 345 | PIĄTKOWSKI Rafał | 27 | BRAVEHEARTS LEGIONOWO | #1OPEN | 75 | 00:57:45 | 01:54:52 | 02:39:20.75 | +01:03:04 (39.6%) | 13:16 | 4.5 (60.0%) |
| 346 | KOZIEŁ Piotr | 304 | DRINK TEAM | #1OPEN | 77 | 00:54:41 | 01:55:11 | 02:39:34.60 | +01:03:18 (39.7%) | 13:17 | 4.5 (60.0%) |
| 347 | BANKIEWICZ Michał | 185 | | #1OPEN | 78 | 01:05:05 | 01:58:43 | 02:39:43.15 | +01:03:26 (39.7%) | 13:18 | 4.5 (60.0%) |
| 348 | KWITEK Damian | 422 | | #2OPEN | 73 | 00:55:22 | 01:56:12 | 02:40:00.80 | +01:03:44 (39.8%) | 13:20 | 4.5 (60.0%) |
| 349 | KOMOROWSKI Damian | 1065 | | #2OPEN | 74 | 00:55:14 | 01:56:13 | 02:40:03.20 | +01:03:46 (39.8%) | 13:20 | 4.5 (60.0%) |
| 350 | SZCZUKA Krzysztof | 1 | _____7SUMMITS | #1OPEN | 79 | 00:53:37 | 01:53:07 | 02:40:06.15 | +01:03:49 (39.9%) | 13:20 | 4.5 (60.0%) |
| 351 | SOBIESZEK Cezary | 53 | HARDCOROWE WYCHYLYLYBYMY | #1OPEN | 80 | 00:56:02 | 01:53:08 | 02:40:08.25 | +01:03:51 (39.9%) | 13:20 | 4.5 (60.0%) |
| 352 | KOWALCZYK Marcin | 343 | NUMEN | #2OPEN | 75 | 00:52:00 | 01:57:19 | 02:40:17.00 | +01:04:00 (39.9%) | 13:21 | 4.5 (60.0%) |
| 353 | DADEJ Paweł | 526 | BKB VICTORIA BRZESKO | #3OPEN | 52 | 01:02:43 | 02:02:39 | 02:40:22.85 | +01:04:06 (40.0%) | 13:21 | 4.5 (60.0%) |
| 354 | RUTKOWSKI Michał | 1243 | | #6OPEN | 37 | 00:54:08 | 02:00:20 | 02:40:26.15 | +01:04:09 (40.0%) | 13:22 | 4.5 (60.0%) |
| 355 | JONECZEK Marcin | 855 | | #4OPEN | 51 | 00:56:09 | 01:57:56 | 02:40:30.55 | +01:04:14 (40.0%) | 13:22 | 4.5 (60.0%) |
| 356 | KURPIŃSKI Wiktor | 94 | NATURAL FORCE WORKOUT | #1OPEN | 81 | 00:54:19 | 01:50:39 | 02:40:31.85 | +01:04:15 (40.0%) | 13:22 | 4.5 (60.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Point_1 3km | Point_2 6km | Czas | | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------------|-----------------------------------|------------------------------------|------|----------------|----------------|--------------------|-------------------|-----------------|---------------|
| | | | | | | | | netto 12km | Różn | | |
| 357 | MAZUREK Radosław | 1413 | | Klasyfikacja studentów - mężczyźni | 29 | 00:57:14 | 01:56:11 | 02:40:35.55 | +01:04:19 (40.1%) | 13:22 | 4.5 (60.0%) |
| 358 | KAJER Dariusz | 289 | CK | #2OPEN | 77 | 00:51:01 | 01:54:27 | 02:40:42.50 | +01:04:26 (40.1%) | 13:23 | 4.5 (60.0%) |
| 359 | ŁUKASIK Łukasz | 768 | OFF- ROAD LUBLIN SQUAD | #4OPEN | 52 | 00:49:38 | 01:57:49 | 02:40:44.75 | +01:04:28 (40.1%) | 13:23 | 4.5 (60.0%) |
| 360 | LECH Andrzej | 194 | | #1OPEN | 82 | 00:56:54 | 01:54:25 | 02:40:48.40 | +01:04:32 (40.1%) | 13:24 | 4.5 (60.0%) |
| 361 | KOŻUSIK Marek | 860 | OUTDOOR TRAINING BIAŁYSTOK | #4OPEN | 53 | 00:49:52 | 01:55:30 | 02:40:53.50 | +01:04:37 (40.2%) | 13:24 | 4.5 (60.0%) |
| 362 | PLACHA Piotr | 1533 | CKB TARNOBRZEG | #6OPEN | 38 | 00:58:59 | 01:59:56 | 02:40:56.40 | +01:04:40 (40.2%) | 13:24 | 4.5 (60.0%) |
| 363 | OSTROWSKI Łukasz | 1320 | GOROLE ZE ŚLĄSKA | #7OPEN | 25 | 00:50:34 | 01:51:41 | 02:41:12.00 | +01:04:55 (40.3%) | 13:26 | 4.5 (60.0%) |
| 364 | ŚCIEGIENKA Piotr | 1321 | GOROLE ZE ŚLĄSKA | #7OPEN | 26 | 00:50:19 | 01:51:41 | 02:41:13.40 | +01:04:57 (40.3%) | 13:26 | 4.5 (60.0%) |
| 365 | JANICKI Dariusz | 764 | ŁÓDŹ KOCHA SPORT | #4OPEN | 54 | 00:47:43 | 01:51:30 | 02:41:14.40 | +01:04:58 (40.3%) | 13:26 | 4.5 (60.0%) |
| 366 | KOWALEWSKI Mateusz | 723 | CROSSFIT ŁUKÓW & CROSSFIT SIEDLCE | #4OPEN | 56 | 00:44:54 | 01:57:41 | 02:41:19.00 | +01:05:02 (40.3%) | 13:26 | 4.5 (60.0%) |
| 367 | MANIARA Adam | 196 | | #3OPEN | 53 | 00:50:26 | 01:49:49 | 02:41:22.45 | +01:05:06 (40.3%) | 13:26 | 4.5 (60.0%) |
| 368 | FIRLA Bartosz | 1319 | DZIKUSY Z CIESZYNA | #7OPEN | 27 | 00:51:11 | 01:50:44 | 02:41:25.75 | +01:05:09 (40.4%) | 13:27 | 4.5 (60.0%) |
| 369 | OSKROBA Sylwester | 1335 | LUBIE ZAPIE***LAĆ!! | #7OPEN | 28 | 00:51:21 | 01:50:44 | 02:41:25.90 | +01:05:09 (40.4%) | 13:27 | 4.5 (60.0%) |
| 370 | SZEWCZYK Marcin | 579 | JAK ŻÓŁWIE W GALOPIE | #3OPEN | 54 | 00:55:35 | 01:57:03 | 02:41:30.90 | +01:05:14 (40.4%) | 13:27 | 4.5 (60.0%) |
| 371 | ZWOLAN Dominik | 959 | GO GO POWER RANGERS | #5OPEN | 49 | 00:50:29 | 01:52:05 | 02:41:41.50 | +01:05:25 (40.5%) | 13:28 | 4.5 (60.0%) |
| 372 | PILSKI Kamil | 649 | | #3OPEN | 55 | 00:55:55 | 01:58:14 | 02:41:52.70 | +01:05:36 (40.5%) | 13:29 | 4.4 (58.7%) |
| 373 | KUZIA Kamil | 539 | CISNYMY DO PRZODKU | #3OPEN | 57 | 00:52:06 | 01:55:06 | 02:42:16.50 | +01:06:00 (40.7%) | 13:31 | 4.4 (58.7%) |
| 374 | ZIEWIEC Sergiusz | 1580 | RZYG1000 | #8OPEN | 20 | 00:54:47 | 01:55:27 | 02:42:18.00 | +01:06:01 (40.7%) | 13:31 | 4.4 (58.7%) |
| 375 | DUTKIEWICZ Karol | 1598 | | #8OPEN | 22 | 00:52:39 | 01:55:34 | 02:42:22.70 | +01:06:06 (40.7%) | 13:31 | 4.4 (58.7%) |
| 376 | HOŁUB Andrzej | 1382 | | #7OPEN | 29 | 00:57:34 | 01:56:22 | 02:42:38.55 | +01:06:22 (40.8%) | 13:33 | 4.4 (58.7%) |
| 377 | RAK Cezary | 1129 | HARDCOROWE WYCHYLYBYMY | #3OPEN | 59 | 00:53:12 | 01:57:13 | 02:42:38.75 | +01:06:22 (40.8%) | 13:33 | 4.4 (58.7%) |
| 378 | KOŚMICKI Piotr | 1120 | DABS | #4OPEN | 57 | 01:00:22 | 02:03:25 | 02:42:46.00 | +01:06:29 (40.9%) | 13:33 | 4.4 (58.7%) |
| 379 | OLBROMSKI Artur | 512 | ANIOŁKI GIANNIEGO | #3OPEN | 60 | 00:56:30 | 01:56:57 | 02:42:50.55 | +01:06:34 (40.9%) | 13:34 | 4.4 (58.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|--------------------------------|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 380 | SAGAN Zbigniew | 940 | CSWISLEŻAJSK | #5OPEN | 52 | 00:58:00 | 01:58:59 | 02:43:02.10 | +01:06:45 (40.9%) | 13:35 | 4.4 (58.7%) |
| 381 | KOZIOŁ Tomasz | 1019 | SADŁO MUST GO | #5OPEN | 53 | 00:54:05 | 01:55:21 | 02:43:06.50 | +01:06:50 (41.0%) | 13:35 | 4.4 (58.7%) |
| 382 | DOBRZENIECKI Jędrzej | 1183 | TOMEK I JĘDRZEJ | #6OPEN | 39 | 00:54:54 | 01:58:04 | 02:43:08.15 | +01:06:51 (41.0%) | 13:35 | 4.4 (58.7%) |
| 383 | MARCHEWKA Grzegorz | 1246 | | #6OPEN | 40 | 00:54:28 | 02:00:31 | 02:43:13.00 | +01:06:56 (41.0%) | 13:36 | 4.4 (58.7%) |
| 384 | ŻOŁNA Hubert | 1622 | | #8OPEN | 23 | 00:52:09 | 01:54:28 | 02:43:19.40 | +01:07:03 (41.1%) | 13:36 | 4.4 (58.7%) |
| 385 | MAISTRENKO Bogdan | 1619 | | #8OPEN | 24 | 00:52:23 | 01:54:21 | 02:43:23.10 | +01:07:06 (41.1%) | 13:36 | 4.4 (58.7%) |
| 386 | MICHALAK Mikołaj | 1408 | | #4OPEN | 58 | 00:52:45 | 02:08:37 | 02:43:26.35 | +01:07:09 (41.1%) | 13:37 | 4.4 (58.7%) |
| 387 | DMITROWSKI Grzegorz | 931 | CSWIS LEŻAJSK | #5OPEN | 55 | 00:57:50 | 02:00:23 | 02:43:31.95 | +01:07:15 (41.1%) | 13:37 | 4.4 (58.7%) |
| 388 | WYPYCH Adrian | 706 | BIEGNĘ,ŻEBY BARTEK MÓGŁ BIEGAĆ | #4OPEN | 59 | 00:41:43 | 01:33:12 | 02:43:34.00 | +01:07:17 (41.1%) | 13:37 | 4.4 (58.7%) |
| 389 | MIKOŁAJUK Adam | 1033 | TOUGHTTECH.PL | #5OPEN | 57 | 00:55:31 | 01:58:11 | 02:43:41.25 | +01:07:24 (41.2%) | 13:38 | 4.4 (58.7%) |
| 390 | LUTEREK Michał | 31 | BYLE DO METY | #1OPEN | 85 | 00:59:34 | 01:58:29 | 02:43:48.45 | +01:07:32 (41.2%) | 13:39 | 4.4 (58.7%) |
| 391 | NAWROCKI Paweł | 562 | ENERGIZEYOURLIFE | #3OPEN | 61 | 00:52:19 | 01:53:06 | 02:43:54.15 | +01:07:37 (41.3%) | 13:39 | 4.4 (58.7%) |
| 392 | MIALIK Konrad | 65 | JADYMA | #1OPEN | 87 | 00:57:24 | 01:57:43 | 02:44:09.10 | +01:07:52 (41.4%) | 13:40 | 4.4 (58.7%) |
| 393 | JASTRZĘBSKI Jan | 608 | RUDA TEAM | #3OPEN | 62 | 00:51:31 | 01:56:39 | 02:44:09.50 | +01:07:53 (41.4%) | 13:40 | 4.4 (58.7%) |
| 394 | KALBARCZYK Krzysztof | 1109 | BRAK | #6OPEN | 42 | 00:53:57 | 01:58:21 | 02:44:15.70 | +01:07:59 (41.4%) | 13:41 | 4.4 (58.7%) |
| 395 | PUDYSZ Krzysztof | 841 | | #4OPEN | 60 | 00:49:52 | 01:59:22 | 02:44:32.90 | +01:08:16 (41.5%) | 13:42 | 4.4 (58.7%) |
| 396 | STĘPNIAK Michał | 1546 | HURAGANY | #8OPEN | 26 | 00:50:54 | 01:54:54 | 02:44:39.10 | +01:08:22 (41.5%) | 13:43 | 4.4 (58.7%) |
| 397 | WOJANOWSKI Kamil | 1547 | HURAGANY | #8OPEN | 27 | 00:50:47 | 01:54:51 | 02:44:39.20 | +01:08:22 (41.5%) | 13:43 | 4.4 (58.7%) |
| 398 | TARKA Leszek | 1543 | HURAGANY | #8OPEN | 28 | 00:51:42 | 01:54:52 | 02:44:39.35 | +01:08:22 (41.5%) | 13:43 | 4.4 (58.7%) |
| 399 | GONCIARZ Tomasz | 806 | RUDA TEAM | #4OPEN | 61 | | | 02:44:53.00 | +01:08:36 (41.6%) | 13:44 | 4.4 (58.7%) |
| 400 | SZYDŁOWSKI Paweł | 1500 | :-) | #8OPEN | 29 | 00:52:36 | 01:54:42 | 02:45:02.10 | +01:08:45 (41.7%) | 13:45 | 4.4 (58.7%) |
| 401 | PSZENNY Łukasz | 561 | ENERGIZEYOURLIFE | #3OPEN | 63 | 00:52:27 | 01:53:07 | 02:45:14.00 | +01:08:57 (41.7%) | 13:46 | 4.4 (58.7%) |
| 402 | WRZOS Paweł | 595 | ODDAJMISIE | #3OPEN | 64 | 00:58:17 | 02:03:10 | 02:45:37.60 | +01:09:21 (41.9%) | 13:48 | 4.3 (57.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|---------------------------------|-----------|------|-------------|-------------|-----------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 403 | SWISTAK Piotr | 1237 | | #3OPEN | 65 | 00:55:00 | 01:58:06 | 02:45:49.00 | +01:09:32 (41.9%) | 13:49 | 4.3 (57.3%) |
| 404 | KUBICKI Michał | 709 | BPAT | #4OPEN | 62 | 00:52:53 | 01:59:27 | 02:45:51.65 | +01:09:35 (42.0%) | 13:49 | 4.3 (57.3%) |
| 405 | PAJĄK Dariusz | 1536 | CKB TARNOBRZEG | #6OPEN | 44 | 01:02:49 | 02:05:11 | 02:45:55.65 | +01:09:39 (42.0%) | 13:49 | 4.3 (57.3%) |
| 406 | GÓRSKI Piotr | 317 | HARDCOROWE WYCHYLYLYBYMY | #3OPEN | 67 | 00:56:02 | 02:01:53 | 02:45:56.85 | +01:09:40 (42.0%) | 13:49 | 4.3 (57.3%) |
| 407 | GOŁOJUCH Piotr | 973 | KUDLATY4 | #5OPEN | 58 | 00:45:10 | 01:55:47 | 02:46:03.80 | +01:09:47 (42.0%) | 13:50 | 4.3 (57.3%) |
| 408 | STAŃCZUK Bartosz | 725 | CROSSFIT SIEDLCE | #3OPEN | 68 | 00:51:11 | 01:58:15 | 02:46:10.40 | +01:09:54 (42.1%) | 13:50 | 4.3 (57.3%) |
| 409 | GNACIŃSKI Eryk | 1252 | | #6OPEN | 45 | 00:53:53 | 02:01:17 | 02:46:25.40 | +01:10:09 (42.2%) | 13:52 | 4.3 (57.3%) |
| 410 | KORZENIOWSKI Marcin | 533 | BYDLAKI | #3OPEN | 69 | 01:01:07 | 02:02:57 | 02:46:31.10 | +01:10:14 (42.2%) | 13:52 | 4.3 (57.3%) |
| 411 | KRAWĘTKOWSKI Łukasz | 1141 | ŁYSE WĘŻE | #6OPEN | 48 | 00:57:02 | 02:02:05 | 02:46:33.80 | +01:10:17 (42.2%) | 13:52 | 4.3 (57.3%) |
| 412 | WŁADYSZEWSKI Krzysztof | 325 | KAWALERSKI KRZYŚKA | #2OPEN | 78 | 00:55:54 | 01:53:54 | 02:46:33.95 | +01:10:17 (42.2%) | 13:52 | 4.3 (57.3%) |
| 413 | KLIMAS Marcin | 447 | | #2OPEN | 79 | 00:56:27 | 01:56:00 | 02:46:34.20 | +01:10:17 (42.2%) | 13:52 | 4.3 (57.3%) |
| 414 | MATYSEK Łukasz | 848 | | #4OPEN | 63 | 00:49:27 | 01:59:48 | 02:46:51.35 | +01:10:34 (42.3%) | 13:54 | 4.3 (57.3%) |
| 415 | NIGMATULIN Oskar | 1228 | | #6OPEN | 50 | 00:51:31 | 01:55:08 | 02:46:56.05 | +01:10:39 (42.3%) | 13:54 | 4.3 (57.3%) |
| 416 | GOLARZ Bartosz | 1151 | POZDRO Z BIEŻNI | #6OPEN | 52 | 00:58:49 | 02:02:00 | 02:46:57.25 | +01:10:40 (42.3%) | 13:54 | 4.3 (57.3%) |
| 417 | STĘPIEŃ Marcin | 258 | AKTYWNA KAZIMIERZA | #2OPEN | 80 | 00:53:59 | 01:58:43 | 02:47:01.35 | +01:10:44 (42.4%) | 13:55 | 4.3 (57.3%) |
| 418 | STANOSZEK Filip | 120 | POWERADE TEAM | #1OPEN | 88 | 01:00:28 | 01:59:21 | 02:47:29.60 | +01:11:13 (42.5%) | 13:57 | 4.3 (57.3%) |
| 419 | TESZ Przemysław | 448 | TESZAK TEAM | #2OPEN | 82 | 00:58:49 | 02:00:02 | 02:47:40.80 | +01:11:24 (42.6%) | 13:58 | 4.3 (57.3%) |
| 420 | WOJTYŚ Staszek | 705 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #4OPEN | 68 | 00:53:09 | 01:57:00 | 02:47:47.15 | +01:11:30 (42.6%) | 13:58 | 4.3 (57.3%) |
| 421 | GIL Wojciech | 738 | FC MELANŻ | #4OPEN | 69 | 00:56:12 | 01:57:50 | 02:47:48.30 | +01:11:31 (42.6%) | 13:59 | 4.3 (57.3%) |
| 422 | ZARZYCKI Marek | 735 | FC MELANŻ | #4OPEN | 70 | 00:51:33 | 01:56:03 | 02:47:48.50 | +01:11:32 (42.6%) | 13:59 | 4.3 (57.3%) |
| 423 | STASIAK Marcin | 749 | FC MELANŻ | #4OPEN | 71 | 00:51:30 | 01:58:04 | 02:47:53.35 | +01:11:36 (42.7%) | 13:59 | 4.3 (57.3%) |
| 424 | KRÓLCZYK Artur | 704 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #4OPEN | 72 | 00:57:37 | 02:02:57 | 02:48:08.55 | +01:11:52 (42.7%) | 14:00 | 4.3 (57.3%) |
| 425 | FIRMANTY Jakub | 703 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #4OPEN | 73 | 00:57:45 | 02:02:55 | 02:48:08.60 | +01:11:52 (42.7%) | 14:00 | 4.3 (57.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------------|-----------------------|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 426 | MIERZWA Jakub | 1534 | CKB TARNOBRZEG | #6OPEN | 54 | 01:02:11 | 02:05:08 | 02:48:22.40 | +01:12:06 (42.8%) | 14:01 | 4.3 (57.3%) |
| 427 | MARCINKOWSKI Bogusław | 5031 | | #9OPEN | 11 | 00:36:28 | 01:51:38 | 02:48:26.80 | +01:12:10 (42.8%) | 14:02 | 4.3 (57.3%) |
| 428 | BIEŃ Piotr | 22 | BRAVEHEARTS LEGIONOWO | #1OPEN | 90 | 01:06:12 | 02:04:21 | 02:48:30.35 | +01:12:13 (42.9%) | 14:02 | 4.3 (57.3%) |
| 428 | MIERZWA Marcin | 1535 | CKB TARNOBRZEG | #6OPEN | 55 | 01:02:26 | 02:05:11 | 02:48:30.35 | +01:12:13 (42.9%) | 14:02 | 4.3 (57.3%) |
| 430 | JĘDRZEJEWSKI Łukasz | 137 | SKARPARK | #1OPEN | 91 | 01:06:05 | 02:04:05 | 02:48:49.15 | +01:12:32 (43.0%) | 14:04 | 4.3 (57.3%) |
| 431 | RYBIŃSKI Kamil | 209 | | #1OPEN | 94 | 01:01:36 | 02:02:56 | 02:48:53.25 | +01:12:36 (43.0%) | 14:04 | 4.3 (57.3%) |
| 432 | KUJAWSKI Janusz | 1378 | | #4OPEN | 74 | 00:52:46 | 02:09:04 | 02:49:11.60 | +01:12:55 (43.1%) | 14:05 | 4.3 (57.3%) |
| 433 | JODŁOWSKI Dariusz | 817 | TKO BAND | #4OPEN | 75 | 00:55:45 | 01:54:47 | 02:49:16.65 | +01:13:00 (43.1%) | 14:06 | 4.3 (57.3%) |
| 434 | ZAORSKI Eugeniusz | 1345 | MODLIN TEAMDREAM | #7OPEN | 30 | 00:56:38 | 02:00:08 | 02:49:49.25 | +01:13:32 (43.3%) | 14:09 | 4.2 (56.0%) |
| 435 | ŚPIEWAK Tomasz | 1346 | MODLIN TEAMDREAM | #7OPEN | 31 | 00:56:26 | 02:00:03 | 02:49:49.65 | +01:13:33 (43.3%) | 14:09 | 4.2 (56.0%) |
| 436 | CYWINSKI Kamil | 717 | BRAVEHEARTS LEGIONOWO | #1OPEN | 95 | 00:55:46 | 01:56:13 | 02:49:49.80 | +01:13:33 (43.3%) | 14:09 | 4.2 (56.0%) |
| 437 | BARTOSIŃSKI Rafał | 1338 | MODLIN TEAMDREAM | #7OPEN | 32 | 00:56:59 | 02:00:12 | 02:49:51.15 | +01:13:34 (43.3%) | 14:09 | 4.2 (56.0%) |
| 438 | ZABILSKI Arkadiusz | 171 | | #1OPEN | 96 | 01:05:02 | 02:04:18 | 02:49:57.30 | +01:13:40 (43.4%) | 14:09 | 4.2 (56.0%) |
| 439 | CIUPAK Adrian | 1048 | | #5OPEN | 60 | 00:55:34 | 01:54:45 | 02:50:12.90 | +01:13:56 (43.4%) | 14:11 | 4.2 (56.0%) |
| 440 | STAWCZYK Jarosław | 599 | OSTROWIEC | #3OPEN | 71 | 00:54:42 | 02:04:10 | 02:50:24.15 | +01:14:07 (43.5%) | 14:12 | 4.2 (56.0%) |
| 441 | MISIUNA Szymon | 969 | JANUSZE | #5OPEN | 62 | 00:58:34 | 02:01:30 | 02:50:59.20 | +01:14:42 (43.7%) | 14:14 | 4.2 (56.0%) |
| 442 | PUDYSZ Jacek | 840 | | #4OPEN | 77 | 00:49:16 | 01:59:28 | 02:51:05.00 | +01:14:48 (43.7%) | 14:15 | 4.2 (56.0%) |
| 443 | BIERNACKI Marcel | 721 | CROSSFIT KIELCE | #4OPEN | 78 | 00:51:00 | 02:00:46 | 02:51:06.10 | +01:14:49 (43.7%) | 14:15 | 4.2 (56.0%) |
| 444 | JAKUBSKI Grzegorz | 127 | RED LION CLUB | #1OPEN | 98 | 00:57:09 | 01:58:42 | 02:51:26.55 | +01:15:10 (43.8%) | 14:17 | 4.2 (56.0%) |
| 445 | TARKA Daniel | 995 | LIONS ESTATE | #5OPEN | 63 | 00:55:14 | 02:01:16 | 02:51:30.35 | +01:15:13 (43.9%) | 14:17 | 4.2 (56.0%) |
| 446 | RYSZ Robert | 63 | JADYMA | #1OPEN | 99 | 00:55:19 | 02:01:20 | 02:51:34.95 | +01:15:18 (43.9%) | 14:17 | 4.2 (56.0%) |
| 447 | ROMAŃCZAK Dawid | 1332 | KOMANDO FOKI | #7OPEN | 33 | 00:50:34 | 02:05:49 | 02:51:38.85 | +01:15:22 (43.9%) | 14:18 | 4.2 (56.0%) |
| 448 | SMOLINIEC Karol | 871 | | #4OPEN | 80 | 00:55:49 | 02:05:07 | 02:51:53.40 | +01:15:37 (44.0%) | 14:19 | 4.2 (56.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------------|---------------------------------|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 449 | NATORSKI Radosław | 1616 | | #8OPEN | 30 | 00:55:26 | 02:02:07 | 02:51:53.75 | +01:15:37 (44.0%) | 14:19 | 4.2 (56.0%) |
| 450 | ŚCIBORSKI Aleksander | 916 | BPAT | #5OPEN | 64 | 00:56:55 | 02:01:21 | 02:51:54.95 | +01:15:38 (44.0%) | 14:19 | 4.2 (56.0%) |
| 451 | KRZYSZEK Piotr | 397 | WASIU TEAM | #2OPEN | 83 | 00:56:27 | 02:02:42 | 02:52:14.10 | +01:15:57 (44.1%) | 14:21 | 4.2 (56.0%) |
| 452 | DYRAGA Piotr | 1233 | | #6OPEN | 56 | 00:54:28 | 02:06:54 | 02:52:28.70 | +01:16:12 (44.2%) | 14:22 | 4.2 (56.0%) |
| 453 | JABŁOŃSKI Karol | 743 | FC MELANŻ | #4OPEN | 81 | 00:57:51 | 02:03:36 | 02:52:43.80 | +01:16:27 (44.3%) | 14:23 | 4.2 (56.0%) |
| 454 | MAGDZIARZ Krzysztof | 506 | AKADEMIA HOLISTYCZNA | #3OPEN | 73 | 01:03:24 | 02:05:19 | 02:53:09.85 | +01:16:53 (44.4%) | 14:25 | 4.2 (56.0%) |
| 455 | BANAŚ Kamil | 151 | TRENER24H.COM.PL | #1OPEN | 101 | 01:00:43 | 02:01:17 | 02:53:13.20 | +01:16:56 (44.4%) | 14:26 | 4.2 (56.0%) |
| 456 | KANTOR Tomasz | 154 | TRENER24H.COM.PL | #1OPEN | 102 | 01:00:48 | 02:01:20 | 02:53:14.25 | +01:16:57 (44.4%) | 14:26 | 4.2 (56.0%) |
| 457 | WYDRZYŃSKI Marek | 813 | SUŁTANI POŁUDNIA | #4OPEN | 83 | 00:54:26 | 02:00:15 | 02:53:34.70 | +01:17:18 (44.5%) | 14:27 | 4.1 (54.7%) |
| 458 | CHARKIEWICZ Szymon | 1575 | NAGATO.PL | #8OPEN | 33 | 00:52:41 | 01:57:52 | 02:53:40.20 | +01:17:23 (44.6%) | 14:28 | 4.1 (54.7%) |
| 459 | MACHALEWSKI Piotr | 962 | HARPAGANY LANSU | #5OPEN | 65 | 00:56:50 | 02:02:02 | 02:53:45.05 | +01:17:28 (44.6%) | 14:28 | 4.1 (54.7%) |
| 460 | TOBIASZ Kamil | 12 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #1OPEN | 104 | 01:11:43 | 02:09:25 | 02:53:47.95 | +01:17:31 (44.6%) | 14:29 | 4.1 (54.7%) |
| 461 | ŁUKASIEWICZ Marcin | ELITE M 5 | BOZONY HIGGSA | #2OPEN | 84 | 01:00:18 | 02:07:00 | 02:54:00.15 | +01:17:43 (44.7%) | 14:30 | 4.1 (54.7%) |
| 462 | GOWIN Wiktor | OPEN 2 | BOZONY HIGGSA | #2OPEN | 85 | 01:00:33 | 02:06:58 | 02:54:00.45 | +01:17:44 (44.7%) | 14:30 | 4.1 (54.7%) |
| 463 | SEVERS Edvins | 206 | BOZONY HIGGSA | #1OPEN | 107 | 01:00:27 | 02:07:03 | 02:54:00.75 | +01:17:44 (44.7%) | 14:30 | 4.1 (54.7%) |
| 464 | BRÓDKA Marcin | 650 | | #3OPEN | 74 | 00:56:23 | 02:03:15 | 02:54:02.10 | +01:17:45 (44.7%) | 14:30 | 4.1 (54.7%) |
| 465 | NOGAŃSKI Paweł | 106 | POWER TRAINING | #1OPEN | 108 | 00:59:57 | 02:08:11 | 02:54:06.40 | +01:17:50 (44.7%) | 14:30 | 4.1 (54.7%) |
| 466 | GŁOWACKI Leszek | 847 | | #4OPEN | 84 | 00:59:19 | 02:07:51 | 02:54:08.95 | +01:17:52 (44.7%) | 14:30 | 4.1 (54.7%) |
| 467 | WIŚNIEWSKI Daniel | 64 | JADYMA | #1OPEN | 109 | 00:58:31 | 02:01:26 | 02:54:18.20 | +01:18:01 (44.8%) | 14:31 | 4.1 (54.7%) |
| 468 | KRZYSZTOFOWICZ Karol | 334 | KRZYSZTOFKI TEAM | #2OPEN | 86 | 01:03:15 | 02:07:16 | 02:54:42.25 | +01:18:25 (44.9%) | 14:33 | 4.1 (54.7%) |
| 469 | KRZYSZTOFOWICZ Jacek | 336 | KRZYSZTOFKI TEAM | #2OPEN | 87 | 01:03:34 | 02:08:53 | 02:54:42.30 | +01:18:25 (44.9%) | 14:33 | 4.1 (54.7%) |
| 470 | KRZYSZTOFOWICZ Sławomir | 335 | KRZYSZTOFKI TEAM | #2OPEN | 89 | 01:03:42 | 02:08:02 | 02:54:42.80 | +01:18:26 (44.9%) | 14:33 | 4.1 (54.7%) |
| 471 | MACIEJEWSKI Rafał | 1005 | MAMINSYNKI | #5OPEN | 66 | 00:54:58 | 02:00:22 | 02:55:02.85 | +01:18:46 (45.0%) | 14:35 | 4.1 (54.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|---------------------------|------------------------------------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 472 | KUSIAK Marcin | 1608 | | #8OPEN | 36 | 00:55:28 | 02:05:08 | 02:55:07.55 | +01:18:51 (45.0%) | 14:35 | 4.1 (54.7%) |
| 473 | WOŹNIAK Krzysztof | 1620 | | #8OPEN | 37 | 00:55:09 | 02:05:09 | 02:55:08.20 | +01:18:51 (45.0%) | 14:35 | 4.1 (54.7%) |
| 474 | POLSKI Adrian | 588 | LUBELSKA GRUPA TRIATHLONU | #3OPEN | 76 | 00:57:11 | 02:06:33 | 02:55:12.80 | +01:18:56 (45.1%) | 14:36 | 4.1 (54.7%) |
| 475 | WIŚNIESKI Przemysław | 830 | WŁOCHATE BURCHLIKI | #4OPEN | 85 | 00:58:25 | 02:08:41 | 02:55:32.65 | +01:19:16 (45.2%) | 14:37 | 4.1 (54.7%) |
| 476 | GAJOS Jan | 1133 | KORPULENTNE KOTLECICKI | #6OPEN | 58 | 00:54:46 | 02:03:00 | 02:56:01.50 | +01:19:45 (45.3%) | 14:40 | 4.1 (54.7%) |
| 477 | DZIKI Adam Dzik | 934 | CSWIS LEŻAJSK | #5OPEN | 67 | 01:01:19 | 02:05:46 | 02:56:23.20 | +01:20:06 (45.4%) | 14:41 | 4.1 (54.7%) |
| 478 | MIREK Tomasz | 939 | CSWISLEŻAJSK | #5OPEN | 68 | 01:01:14 | 02:05:45 | 02:56:23.45 | +01:20:07 (45.4%) | 14:41 | 4.1 (54.7%) |
| 479 | ZONTEK Paweł | 975 | KUDLATY4 | #5OPEN | 70 | 01:01:50 | 02:06:35 | 02:56:28.80 | +01:20:12 (45.4%) | 14:42 | 4.1 (54.7%) |
| 480 | ADAMSKI Michał | 976 | KUDLATY4 | #5OPEN | 71 | 01:00:45 | 02:06:44 | 02:56:29.00 | +01:20:12 (45.4%) | 14:42 | 4.1 (54.7%) |
| 481 | BODNIAK Tomasz | 974 | KUDLATY4 | Klasyfikacja studentów - mężczyźni | 30 | 01:01:47 | 02:06:37 | 02:56:29.40 | +01:20:13 (45.5%) | 14:42 | 4.1 (54.7%) |
| 482 | PIWKO Sylwester | 929 | CROSSFIT SIEDLCE | #5OPEN | 74 | 00:58:33 | 02:07:00 | 02:56:32.40 | +01:20:16 (45.5%) | 14:42 | 4.1 (54.7%) |
| 483 | KAFTAN Patryk | 1613 | | #8OPEN | 38 | 00:55:12 | 02:05:08 | 02:56:32.60 | +01:20:16 (45.5%) | 14:42 | 4.1 (54.7%) |
| 484 | DEREN Wojciech | 1202 | | #6OPEN | 60 | 01:07:08 | 02:05:09 | 02:56:35.10 | +01:20:18 (45.5%) | 14:42 | 4.1 (54.7%) |
| 485 | POPIELAK Michał | 967 | JANUSZE | #5OPEN | 75 | 01:00:42 | 02:02:38 | 02:56:44.25 | +01:20:27 (45.5%) | 14:43 | 4.1 (54.7%) |
| 486 | DURAJSKI Jarosław | 1597 | | #8OPEN | 39 | 00:55:32 | 02:05:08 | 02:56:48.45 | +01:20:32 (45.5%) | 14:44 | 4.1 (54.7%) |
| 487 | TRĄBKA Karol | 1900 | (NIE)DZIELNE ELEKTRONY | #10OPEN | 16 | 00:56:39 | 02:07:44 | 02:57:13.40 | +01:20:57 (45.7%) | 14:46 | 4.1 (54.7%) |
| 488 | NAJMAN Michał | 143 | SPPP RADOM | #10OPEN | 112 | 00:58:02 | 02:08:03 | 02:57:15.15 | +01:20:58 (45.7%) | 14:46 | 4.1 (54.7%) |
| 489 | KOLEK Paweł | p406 | KLUB SPORTOWY HAJIME | Mężczyźni Open | 4 | 00:56:58 | 02:07:49 | 02:57:20.45 | +01:21:04 (45.7%) | 14:46 | 4.1 (54.7%) |
| 490 | PIETRAS Karol | 7108 | PROGRES SADEK | #4OPEN | 87 | 00:59:14 | 02:08:41 | 02:57:52.65 | +01:21:36 (45.9%) | 14:49 | 4 (53.3%) |
| 491 | SZOZDA Damian | 435 | | #2OPEN | 91 | 01:03:29 | 02:09:47 | 02:57:53.15 | +01:21:36 (45.9%) | 14:49 | 4 (53.3%) |
| 492 | PITUŁA Jarosław | 1210 | | #6OPEN | 61 | 01:01:29 | 02:12:03 | 02:58:19.15 | +01:22:02 (46.0%) | 14:51 | 4 (53.3%) |
| 493 | WEŁNA Bogdan | 1155 | POZDRO Z BIEŻNI | #6OPEN | 63 | 01:07:11 | 02:10:04 | 02:58:27.10 | +01:22:10 (46.1%) | 14:52 | 4 (53.3%) |
| 494 | MADEJ Łukasz | 5030 | | #5OPEN | 79 | 01:01:38 | 02:05:45 | 02:58:32.75 | +01:22:16 (46.1%) | 14:52 | 4 (53.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|---------------------------------|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 495 | WINIARCZYK Tomek | 908 | AZS UJK KIELCE | #5OPEN | 81 | 00:58:59 | 02:05:45 | 02:58:34.00 | +01:22:17 (46.1%) | 14:52 | 4 (53.3%) |
| 496 | CZECH Maciej | 937 | CSWISLEŻAJSK | #5OPEN | 83 | 01:01:02 | 02:05:46 | 02:58:42.65 | +01:22:26 (46.1%) | 14:53 | 4 (53.3%) |
| 497 | WRZOCZOL Rafał | 989 | LENIWE BUŁY | #5OPEN | 84 | 00:57:56 | 02:05:49 | 02:58:56.20 | +01:22:39 (46.2%) | 14:54 | 4 (53.3%) |
| 498 | SŁOMA Zbigniew | 326 | KAWALERSKI KRZYŚKA | #2OPEN | 93 | 00:56:31 | 02:04:41 | 02:59:34.00 | +01:23:17 (46.4%) | 14:57 | 4 (53.3%) |
| 499 | WNUK Sławomir | 1075 | | #5OPEN | 86 | 01:00:58 | 02:06:38 | 02:59:46.70 | +01:23:30 (46.4%) | 14:58 | 4 (53.3%) |
| 500 | SZYDŁO Kamil | 1548 | HURAGANY | #8OPEN | 41 | 00:58:59 | 02:07:49 | 02:59:58.00 | +01:23:41 (46.5%) | 14:59 | 4 (53.3%) |
| 501 | GARBACZ Piotr | 1544 | HURAGANY | #8OPEN | 42 | 00:58:50 | 02:07:45 | 02:59:58.10 | +01:23:41 (46.5%) | 14:59 | 4 (53.3%) |
| 502 | BOROWIK Łukasz | 1542 | HURAGANY | #8OPEN | 43 | 00:58:06 | 02:06:16 | 02:59:58.20 | +01:23:41 (46.5%) | 14:59 | 4 (53.3%) |
| 503 | DĄBROWSKI Krzysztof | 205 | | #1OPEN | 113 | 01:02:52 | 02:02:50 | 03:00:06.40 | +01:23:50 (46.5%) | 15:00 | 4 (53.3%) |
| 504 | SAWICKI Adrian | 273 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #2OPEN | 95 | 00:57:58 | 02:06:58 | 03:00:38.30 | +01:24:21 (46.7%) | 15:03 | 4 (53.3%) |
| 505 | PYLAK Krzysztof | 162 | WW TEAM | #1OPEN | 117 | 01:01:47 | 02:10:29 | 03:00:56.40 | +01:24:40 (46.8%) | 15:04 | 4 (53.3%) |
| 506 | RZADCA Radosław | 515 | ANIOŁKI GIANNIEGO | #3OPEN | 80 | 00:57:18 | 02:06:53 | 03:01:13.85 | +01:24:57 (46.9%) | 15:06 | 4 (53.3%) |
| 507 | WIERZBICKI Paweł | 630 | TSA SANDOMIERZ | #3OPEN | 81 | 00:56:50 | 02:06:49 | 03:01:38.70 | +01:25:22 (47.0%) | 15:08 | 4 (53.3%) |
| 508 | ZACHARIASZ Łukasz | 1511 | BRUDNE TRAMPKI | #8OPEN | 44 | 01:01:45 | 02:10:48 | 03:01:42.10 | +01:25:25 (47.0%) | 15:08 | 4 (53.3%) |
| 509 | OSTALSKI Adam | 116 | POWER TRAINING | #1OPEN | 118 | 01:00:41 | 02:08:40 | 03:01:43.60 | +01:25:27 (47.0%) | 15:08 | 4 (53.3%) |
| 510 | FREJ Marcin | 832 | ZABIEGANI.TV | #4OPEN | 89 | 01:04:19 | 02:09:42 | 03:01:55.55 | +01:25:39 (47.1%) | 15:09 | 4 (53.3%) |
| 511 | ŚNIEŻEK Sobek | 1388 | | #7OPEN | 34 | 01:07:20 | 02:13:43 | 03:02:03.10 | +01:25:46 (47.1%) | 15:10 | 4 (53.3%) |
| 512 | RYMARZ Michał | 434 | | #2OPEN | 97 | 00:56:59 | 02:05:56 | 03:02:09.00 | +01:25:52 (47.1%) | 15:10 | 4 (53.3%) |
| 513 | WIŚNIEWSKI Karol | 958 | GAMONIE | #5OPEN | 87 | 00:57:11 | 02:03:59 | 03:02:11.20 | +01:25:54 (47.2%) | 15:10 | 4 (53.3%) |
| 514 | MICHAŁECZKO Maciej | 1393 | | #7OPEN | 36 | 01:09:41 | 02:13:58 | 03:02:14.65 | +01:25:58 (47.2%) | 15:11 | 4 (53.3%) |
| 515 | BROŻYNA Andrzej | 1381 | | #7OPEN | 37 | 01:07:49 | 02:13:56 | 03:02:15.05 | +01:25:58 (47.2%) | 15:11 | 4 (53.3%) |
| 516 | MISIOROWSKI Marcin | 616 | STARE WILKI | #3OPEN | 82 | 00:57:23 | 02:10:59 | 03:02:28.05 | +01:26:11 (47.2%) | 15:12 | 3.9 (52.0%) |
| 517 | BERNAT Sebastian | 617 | STARE WILKI | #3OPEN | 83 | 00:57:30 | 02:11:02 | 03:02:29.05 | +01:26:12 (47.2%) | 15:12 | 3.9 (52.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|---|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 518 | PILARSKI Maciej | 1561 | KAPUSTAPAPRYKARABARBAR | #8OPEN | 46 | 00:59:43 | 02:09:51 | 03:02:30.95 | +01:26:14 (47.3%) | 15:12 | 3.9 (52.0%) |
| 519 | BORKOWSKI Jacek | 1024 | SAME CZUBKI | #5OPEN | 88 | 01:01:47 | 02:07:10 | 03:02:41.20 | +01:26:24 (47.3%) | 15:13 | 3.9 (52.0%) |
| 520 | BORKOWSKI Jakub | 1025 | SAME CZUBKI | #5OPEN | 89 | 01:02:00 | 02:07:11 | 03:02:42.20 | +01:26:25 (47.3%) | 15:13 | 3.9 (52.0%) |
| 521 | FROŚ Grzegorz | 1355 | POSITIVE ENERGY | #7OPEN | 38 | 01:02:08 | 02:11:18 | 03:02:45.90 | +01:26:29 (47.3%) | 15:13 | 3.9 (52.0%) |
| 522 | WÓJCIK Grzegorz | 991 | LENIWE BUŁY | #5OPEN | 90 | 01:01:43 | 02:08:22 | 03:02:49.55 | +01:26:33 (47.3%) | 15:14 | 3.9 (52.0%) |
| 523 | MUSZYŃSKI Maciej | 558 | DZIKI Z PYRLANDII | #3OPEN | 84 | 00:54:55 | 02:13:00 | 03:03:13.35 | +01:26:56 (47.5%) | 15:16 | 3.9 (52.0%) |
| 524 | KUFFEL Michał | 117 | POWER TRAINING | #1OPEN | 120 | 01:05:05 | 02:11:25 | 03:03:15.20 | +01:26:58 (47.5%) | 15:16 | 3.9 (52.0%) |
| 525 | LIPIEC Grzegorz | 1584 | STREFA SIŁY SANDOMIERZ | #6OPEN | 64 | 01:08:54 | 02:12:22 | 03:03:25.50 | +01:27:09 (47.5%) | 15:17 | 3.9 (52.0%) |
| 526 | PERKIELEWICZ Mateusz | 557 | DZIKI Z PYRLANDII | #3OPEN | 85 | 00:55:27 | 02:13:02 | 03:03:28.10 | +01:27:11 (47.5%) | 15:17 | 3.9 (52.0%) |
| 527 | BIERNACKI Mariusz | 1209 | | #6OPEN | 65 | 00:54:35 | 02:07:51 | 03:03:39.45 | +01:27:23 (47.6%) | 15:18 | 3.9 (52.0%) |
| 528 | WYGODA Cezary | 96 | NATURAL FORCE WORKOUT | #1OPEN | 126 | 01:10:24 | 02:14:35 | 03:03:41.40 | +01:27:25 (47.6%) | 15:18 | 3.9 (52.0%) |
| 529 | GRABOWSKI Łukasz | 91 | NATURAL FORCE WORKOUT | #1OPEN | 128 | 01:10:32 | 02:14:34 | 03:03:42.00 | +01:27:25 (47.6%) | 15:18 | 3.9 (52.0%) |
| 530 | SZWAŁEK Łukasz | 641 | WOJTECH | #3OPEN | 86 | 01:05:34 | 02:18:27 | 03:03:50.10 | +01:27:33 (47.6%) | 15:19 | 3.9 (52.0%) |
| 531 | DUDA Paweł | 640 | WOJTECH | #3OPEN | 87 | 01:05:36 | 02:18:28 | 03:03:50.50 | +01:27:34 (47.6%) | 15:19 | 3.9 (52.0%) |
| 532 | SPYCHAŁA Artur | 560 | DZIKI Z PYRLANDII | #3OPEN | 88 | 00:55:19 | 02:13:02 | 03:03:54.80 | +01:27:38 (47.7%) | 15:19 | 3.9 (52.0%) |
| 533 | GRĄDZKI Tomasz | 1344 | MODLIN TEAMDREAM | #7OPEN | 39 | 01:02:42 | 02:08:15 | 03:03:58.25 | +01:27:41 (47.7%) | 15:19 | 3.9 (52.0%) |
| 534 | POLACZEK Paweł | 658 | | #3OPEN | 90 | 00:56:14 | 02:18:03 | 03:04:00.40 | +01:27:44 (47.7%) | 15:20 | 3.9 (52.0%) |
| 535 | PODLECKI Robert | 619 | STOWARZYSZENIE SĘDZIÓW PIŁKI NOŻNEJ LUBELSZCZYZNY | #3OPEN | 91 | 00:56:12 | 02:18:05 | 03:04:00.50 | +01:27:44 (47.7%) | 15:20 | 3.9 (52.0%) |
| 536 | JUSZT Tomasz | 758 | KASIASYLWIA | #4OPEN | 92 | 01:00:24 | 02:13:05 | 03:04:00.95 | +01:27:44 (47.7%) | 15:20 | 3.9 (52.0%) |
| 537 | KALUGA Bartek | 513 | ANIOŁKI GIANNIEGO | #3OPEN | 92 | 01:00:00 | 02:17:10 | 03:04:03.80 | +01:27:47 (47.7%) | 15:20 | 3.9 (52.0%) |
| 538 | BIŃKOWSKI Janusz | 780 | PAPRYKARZE | #4OPEN | 93 | 01:03:10 | 02:14:18 | 03:04:06.45 | +01:27:50 (47.7%) | 15:20 | 3.9 (52.0%) |
| 539 | WŁADYKA Paweł | 782 | PAPRYKARZE | #4OPEN | 94 | 01:03:17 | 02:14:18 | 03:04:07.00 | +01:27:50 (47.7%) | 15:20 | 3.9 (52.0%) |
| 540 | CHYBOWSKI Adrian | 925 | CROSSFIT SIEDLCE | #5OPEN | 91 | 01:04:10 | 02:08:09 | 03:04:12.35 | +01:27:55 (47.7%) | 15:21 | 3.9 (52.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|------------------------|------------------------------------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 541 | PIESZKE Stanisław | 559 | DZIKI Z PYRLANDII | #3OPEN | 93 | 00:55:46 | 02:13:07 | 03:04:13.35 | +01:27:56 (47.7%) | 15:21 | 3.9 (52.0%) |
| 542 | MARKS Maciej | 779 | PAPRYKARZE | #4OPEN | 95 | 01:03:27 | 02:14:28 | 03:04:17.20 | +01:28:00 (47.8%) | 15:21 | 3.9 (52.0%) |
| 543 | JAROS Adrian | 1232 | | #6OPEN | 66 | 00:54:07 | 02:07:50 | 03:04:23.35 | +01:28:06 (47.8%) | 15:22 | 3.9 (52.0%) |
| 544 | PARTYKA Sebastian | 597 | ODDAJMISIE | #3OPEN | 96 | 01:00:16 | 02:08:54 | 03:04:28.65 | +01:28:12 (47.8%) | 15:22 | 3.9 (52.0%) |
| 545 | GARBACZ Jarosław | 502 | AKADEMIA HOLISTYCZNA | #3OPEN | 97 | 01:02:53 | 02:16:31 | 03:04:45.10 | +01:28:28 (47.9%) | 15:23 | 3.9 (52.0%) |
| 546 | SZASZKA Kamil | 420 | | #2OPEN | 99 | 00:48:40 | 01:49:56 | 03:04:50.55 | +01:28:34 (47.9%) | 15:24 | 3.9 (52.0%) |
| 547 | KRÓL Karol | 1391 | | #7OPEN | 42 | 00:58:10 | 02:06:27 | 03:05:09.80 | +01:28:53 (48.0%) | 15:25 | 3.9 (52.0%) |
| 548 | SZAFRAN Łukasz | 131 | SCHABY | #1OPEN | 129 | 01:07:19 | 02:15:59 | 03:05:21.05 | +01:29:04 (48.1%) | 15:26 | 3.9 (52.0%) |
| 549 | LANGER Jacek | 1571 | LOTANIE JE GRYFNE | #8OPEN | 47 | 01:05:35 | 02:14:57 | 03:05:34.00 | +01:29:17 (48.1%) | 15:27 | 3.9 (52.0%) |
| 550 | MIKOŁAJCZYK Tomasz | 1562 | KAPUSTAPAPRYKARABARBAR | #8OPEN | 49 | 01:00:16 | 02:09:54 | 03:05:38.55 | +01:29:22 (48.1%) | 15:28 | 3.9 (52.0%) |
| 551 | PIETRZAK Maciej | 781 | PAPRYKARZE | #4OPEN | 97 | 01:03:23 | 02:14:18 | 03:05:40.50 | +01:29:24 (48.1%) | 15:28 | 3.9 (52.0%) |
| 552 | DZIEDZIC Marek | 1242 | | #6OPEN | 67 | 00:53:33 | 02:08:34 | 03:05:44.75 | +01:29:28 (48.2%) | 15:28 | 3.9 (52.0%) |
| 553 | STRYCHARCZYK Hubert | 1212 | | #6OPEN | 68 | 00:58:18 | 02:09:00 | 03:05:46.80 | +01:29:30 (48.2%) | 15:28 | 3.9 (52.0%) |
| 554 | SZYMONIAK Jakub | 1204 | | #6OPEN | 69 | 00:58:44 | 02:09:02 | 03:05:47.25 | +01:29:30 (48.2%) | 15:29 | 3.9 (52.0%) |
| 555 | WALCZAK Marcin | 138 | SKARPARK | #1OPEN | 131 | 01:10:40 | 02:17:24 | 03:05:56.35 | +01:29:39 (48.2%) | 15:29 | 3.9 (52.0%) |
| 556 | STAJEK Mariusz | 208 | | #1OPEN | 133 | 01:10:27 | 02:17:27 | 03:06:00.65 | +01:29:44 (48.2%) | 15:30 | 3.9 (52.0%) |
| 557 | JAROS Paweł | 1178 | SANTANDER BANK | #6OPEN | 71 | 01:01:50 | 02:11:16 | 03:06:19.00 | +01:30:02 (48.3%) | 15:31 | 3.9 (52.0%) |
| 558 | FRANCZYK Marcin | 1179 | SANTANDER BANK | #6OPEN | 72 | 01:01:51 | 02:11:16 | 03:06:19.15 | +01:30:02 (48.3%) | 15:31 | 3.9 (52.0%) |
| 559 | SUSZEK Filip | 1626 | | #8OPEN | 50 | 00:56:44 | 02:06:07 | 03:06:19.85 | +01:30:03 (48.3%) | 15:31 | 3.9 (52.0%) |
| 560 | KUKIEŁKA Bogusław | 1625 | | Klasyfikacja studentów - mężczyźni | 31 | 00:56:39 | 02:06:06 | 03:06:23.05 | +01:30:06 (48.3%) | 15:31 | 3.9 (52.0%) |
| 561 | WILK Dawid | 145 | TARNOBRZEŻANIE | #1OPEN | 134 | 01:07:07 | 02:17:29 | 03:06:24.95 | +01:30:08 (48.4%) | 15:32 | 3.9 (52.0%) |
| 562 | SKAWIŃSKI Michał | 1196 | ZWOLEŃ BIEGA | #6OPEN | 75 | 01:07:27 | 02:16:16 | 03:06:30.70 | +01:30:14 (48.4%) | 15:32 | 3.9 (52.0%) |
| 563 | KWATER Arkadiusz | 1158 | POZDRO Z BIEŻNI | #6OPEN | 78 | 01:07:30 | 02:15:37 | 03:06:44.85 | +01:30:28 (48.4%) | 15:33 | 3.9 (52.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|---------------------------|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 564 | POCHYŁA Paweł | 861 | | #4OPEN | 98 | 01:05:34 | 02:16:40 | 03:06:55.90 | +01:30:39 (48.5%) | 15:34 | 3.9 (52.0%) |
| 565 | STANKIEWICZ Marcin | 46 | EKIPA HARREGO | #1OPEN | 135 | 01:04:56 | 02:15:13 | 03:07:00.75 | +01:30:44 (48.5%) | 15:35 | 3.8 (50.7%) |
| 566 | OSZMIANA Andrzej | 521 | BIEGNEĆ, ALE DOKĄD? "BAD" | #3OPEN | 98 | 00:48:12 | 02:11:57 | 03:07:06.65 | +01:30:50 (48.5%) | 15:35 | 3.8 (50.7%) |
| 567 | KUREK Radosław | 1617 | | #8OPEN | 51 | 00:57:47 | 02:11:29 | 03:07:15.10 | +01:30:58 (48.6%) | 15:36 | 3.8 (50.7%) |
| 568 | KOMOROWSKI Tomasz | 1071 | | #5OPEN | 92 | 00:57:35 | 02:12:02 | 03:07:22.80 | +01:31:06 (48.6%) | 15:36 | 3.8 (50.7%) |
| 569 | DZIAŁOWSKI Dariusz | 862 | | #4OPEN | 99 | 01:06:29 | 02:16:43 | 03:07:26.65 | +01:31:10 (48.6%) | 15:37 | 3.8 (50.7%) |
| 570 | SUSHINSKY Andriy | 514 | ANIOŁKI GIANNIEGO | #3OPEN | 99 | 01:08:29 | 02:19:14 | 03:07:29.35 | +01:31:12 (48.7%) | 15:37 | 3.8 (50.7%) |
| 571 | MICHALSKI Mateusz | 654 | | #3OPEN | 100 | 00:56:44 | 02:18:28 | 03:07:32.75 | +01:31:16 (48.7%) | 15:37 | 3.8 (50.7%) |
| 572 | PISKORSKI Adam | 1013 | PISKUŚ TEAM | #5OPEN | 94 | 00:57:38 | 02:11:59 | 03:07:37.40 | +01:31:21 (48.7%) | 15:38 | 3.8 (50.7%) |
| 573 | PIWKO Aleksander | 930 | CROSSFIT SIEDLCE | #5OPEN | 95 | 00:58:37 | 02:08:11 | 03:07:43.00 | +01:31:26 (48.7%) | 15:38 | 3.8 (50.7%) |
| 574 | KABAŁA Piotr | 536 | BYDLAKI | #3OPEN | 101 | 01:03:49 | 02:19:06 | 03:07:44.75 | +01:31:28 (48.7%) | 15:38 | 3.8 (50.7%) |
| 575 | OPOZDA Adrian | 529 | BYDLAKI | #3OPEN | 102 | 01:03:44 | 02:19:09 | 03:07:46.75 | +01:31:30 (48.7%) | 15:38 | 3.8 (50.7%) |
| 576 | SKRZEK Konrad | 1002 | MAMINSYNKI | #5OPEN | 96 | 01:03:36 | 02:12:51 | 03:07:49.75 | +01:31:33 (48.7%) | 15:39 | 3.8 (50.7%) |
| 577 | HOLEWA Paweł | 1574 | MORDOR BIEGA | #8OPEN | 55 | 00:59:10 | 02:12:49 | 03:07:56.80 | +01:31:40 (48.8%) | 15:39 | 3.8 (50.7%) |
| 578 | WEŁNA Kamil | 1159 | POZDRO Z BIEŻNI | #6OPEN | 79 | 01:07:16 | 02:10:02 | 03:08:01.90 | +01:31:45 (48.8%) | 15:40 | 3.8 (50.7%) |
| 579 | KOŁUCKI Mikołaj | 787 | PIKUTKOWO TEAM | #4OPEN | 100 | 01:07:21 | 02:13:56 | 03:08:11.05 | +01:31:54 (48.8%) | 15:40 | 3.8 (50.7%) |
| 580 | OBREBSKI Przemysław | 411 | ZÓŁWIANO | #2OPEN | 101 | 01:04:29 | 02:12:56 | 03:08:37.00 | +01:32:20 (49.0%) | 15:43 | 3.8 (50.7%) |
| 581 | ŁYCIUK Daniel | 576 | JAK ŻÓŁWIE W GALOPIE | #3OPEN | 103 | 01:08:00 | 02:15:30 | 03:08:38.35 | +01:32:21 (49.0%) | 15:43 | 3.8 (50.7%) |
| 582 | FOKS Paweł | 257 | ADRENALINA | #2OPEN | 102 | 01:04:01 | 02:11:55 | 03:08:51.75 | +01:32:35 (49.0%) | 15:44 | 3.8 (50.7%) |
| 583 | OSZCZYPAŁA Mateusz | 1220 | | #6OPEN | 80 | 01:00:09 | 02:13:41 | 03:09:03.70 | +01:32:47 (49.1%) | 15:45 | 3.8 (50.7%) |
| 584 | PUTYRA Krzysztof | 671 | | #3OPEN | 104 | 01:03:34 | 02:17:28 | 03:09:15.20 | +01:32:58 (49.1%) | 15:46 | 3.8 (50.7%) |
| 585 | SMULCZYŃSKI Marek | 829 | WŁOCHATE BURCHLIKI | #4OPEN | 101 | 00:58:59 | 02:14:12 | 03:09:18.35 | +01:33:01 (49.1%) | 15:46 | 3.8 (50.7%) |
| 586 | ŁUKASIEWICZ Rafał | 552 | CROSSFIT SIEDLCE | #3OPEN | 106 | 00:55:42 | 02:16:03 | 03:09:33.10 | +01:33:16 (49.2%) | 15:47 | 3.8 (50.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------------|------------------------|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 587 | ŻABICKI Patryk | 1916 | ORZEŁ 7 | #10OPEN | 17 | 01:05:35 | 02:15:15 | 03:09:42.65 | +01:33:26 (49.3%) | 15:48 | 3.8 (50.7%) |
| 588 | PAWŁOWSKI Konrad | 926 | CROSSFIT SIEDLCE | #5OPEN | 98 | 01:05:25 | 02:14:53 | 03:10:00.25 | +01:33:43 (49.3%) | 15:50 | 3.8 (50.7%) |
| 589 | CIELEMECKI Piotr | 5005 | CROSSFIT SIEDLCE | #3OPEN | 109 | 00:55:55 | 02:16:27 | 03:10:16.00 | +01:33:59 (49.4%) | 15:51 | 3.8 (50.7%) |
| 590 | SZYK Andrzej | 82 | LENIWE KOCURY | #1OPEN | 136 | 01:21:46 | 02:24:57 | 03:10:26.35 | +01:34:09 (49.4%) | 15:52 | 3.8 (50.7%) |
| 591 | WOJTACHNIO Przemek | 1313 | DRUŻYNA NA BAŁTÓW 2017 | #7OPEN | 45 | 01:03:19 | 02:15:28 | 03:10:31.85 | +01:34:15 (49.5%) | 15:52 | 3.8 (50.7%) |
| 592 | KRUK Leszek | 509 | ANIOŁKI GIANNIEGO | #3OPEN | 112 | 00:57:13 | 02:17:16 | 03:10:57.90 | +01:34:41 (49.6%) | 15:54 | 3.8 (50.7%) |
| 593 | AHMAD Michał | 623 | TEAM ŁUKÓW | #3OPEN | 113 | 01:15:00 | 02:28:33 | 03:11:01.55 | +01:34:45 (49.6%) | 15:55 | 3.8 (50.7%) |
| 594 | BOJANOWICZ Dariusz | 915 | BPAT | #5OPEN | 100 | 00:43:37 | 02:05:00 | 03:11:39.80 | +01:35:23 (49.8%) | 15:58 | 3.8 (50.7%) |
| 595 | ZAKRZEWSKI Dawid | 1599 | | #8OPEN | 57 | 01:02:01 | 02:10:36 | 03:11:51.65 | +01:35:35 (49.8%) | 15:59 | 3.8 (50.7%) |
| 596 | MIKUSEK Ryszard | 1318 | DRUŻYNA NA BAŁTÓW 2017 | #7OPEN | 46 | 01:04:14 | 02:19:43 | 03:12:08.20 | +01:35:51 (49.9%) | 16:00 | 3.7 (49.3%) |
| 597 | PAWLIK Jakub | 1306 | CHODŹ NA POLE TEAM | #7OPEN | 47 | 01:02:57 | 02:16:46 | 03:13:27.80 | +01:37:11 (50.2%) | 16:07 | 3.7 (49.3%) |
| 598 | DZIUSZKO Patryk | 1310 | CHODŹ NA POLE TEAM | #7OPEN | 49 | 01:01:46 | 02:16:53 | 03:13:29.00 | +01:37:12 (50.2%) | 16:07 | 3.7 (49.3%) |
| 599 | GŁĘBICKI Damian | 541 | CROSSFIT ŁUKÓW | #3OPEN | 116 | 01:15:17 | 02:27:33 | 03:13:40.75 | +01:37:24 (50.3%) | 16:08 | 3.7 (49.3%) |
| 600 | ZACHARIASZ Mateusz | 1514 | BRUDNE TRAMPKI | #8OPEN | 62 | 01:05:31 | 02:15:17 | 03:13:55.50 | +01:37:39 (50.4%) | 16:09 | 3.7 (49.3%) |
| 601 | MOŚCICKI Łukasz | 417 | | #2OPEN | 106 | 01:16:18 | 02:28:00 | 03:14:02.25 | +01:37:45 (50.4%) | 16:10 | 3.7 (49.3%) |
| 602 | ŻAK Marcin | 1190 | ZĄLOGA ORZEŁA 7 | #6OPEN | 81 | 01:06:51 | 02:22:11 | 03:14:02.30 | +01:37:45 (50.4%) | 16:10 | 3.7 (49.3%) |
| 603 | WOŁOSZUN Rafał | 783 | PAPRYKARZE | #4OPEN | 102 | 01:03:24 | 02:14:35 | 03:14:03.30 | +01:37:46 (50.4%) | 16:10 | 3.7 (49.3%) |
| 604 | DUSZYK Adam | 1385 | | #7OPEN | 51 | 01:02:23 | 02:13:42 | 03:14:11.05 | +01:37:54 (50.4%) | 16:10 | 3.7 (49.3%) |
| 605 | BEDNARSKI Patryk | 569 | FORFUN LUBLIN | #3OPEN | 117 | 01:13:45 | 02:26:23 | 03:14:16.70 | +01:38:00 (50.4%) | 16:11 | 3.7 (49.3%) |
| 606 | JURKOWSKI Dariusz | 563 | FORFUN LUBLIN | #3OPEN | 118 | 01:13:39 | 02:27:02 | 03:14:16.85 | +01:38:00 (50.4%) | 16:11 | 3.7 (49.3%) |
| 607 | PRAŻMO Grzegorz | 566 | FORFUN LUBLIN | #3OPEN | 119 | 01:13:34 | 02:26:23 | 03:14:17.50 | +01:38:01 (50.4%) | 16:11 | 3.7 (49.3%) |
| 608 | CZAJKA Karol | 624 | TEAM ŁUKÓW | #3OPEN | 120 | 01:15:46 | 02:27:40 | 03:14:48.20 | +01:38:31 (50.6%) | 16:14 | 3.7 (49.3%) |
| 609 | PALUCH Łukasz | 1139 | LENIWE BUŁY | #6OPEN | 85 | 01:03:46 | 02:15:48 | 03:15:31.75 | +01:39:15 (50.8%) | 16:17 | 3.7 (49.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|---------------------|------------------------------------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 610 | PRZYTUŁA Michał | 1136 | LENIWE BUŁY | #6OPEN | 87 | 01:04:05 | 02:15:58 | 03:15:35.45 | +01:39:19 (50.8%) | 16:18 | 3.7 (49.3%) |
| 611 | MACIERZYŃSKI Adam | 290 | CODE WARRIORS LODZ | Klasyfikacja studentów - mężczyźni | 32 | 01:09:23 | 02:22:38 | 03:16:30.25 | +01:40:13 (51.0%) | 16:22 | 3.7 (49.3%) |
| 611 | STASIAK Łukasz | 315 | HARD RUN SZYDŁOWIEC | #2OPEN | 107 | 01:09:44 | 02:23:30 | 03:16:30.25 | +01:40:13 (51.0%) | 16:22 | 3.7 (49.3%) |
| 613 | MATEREK Mariusz | 316 | HARD RUN SZYDŁOWIEC | #2OPEN | 108 | 01:09:20 | 02:23:28 | 03:16:40.25 | +01:40:23 (51.0%) | 16:23 | 3.7 (49.3%) |
| 614 | KOCHANEK Paweł | 906 | ALUSTAL | #5OPEN | 104 | 01:04:46 | 02:22:45 | 03:17:06.25 | +01:40:49 (51.2%) | 16:25 | 3.7 (49.3%) |
| 615 | JURKOWSKI Patryk | 1229 | | #6OPEN | 88 | 01:05:03 | 02:17:44 | 03:17:42.75 | +01:41:26 (51.3%) | 16:28 | 3.6 (48.0%) |
| 616 | KANIA Radek | 1311 | CHODŹ NA POLE TEAM | #7OPEN | 53 | 01:02:05 | 02:21:38 | 03:17:48.25 | +01:41:31 (51.3%) | 16:29 | 3.6 (48.0%) |
| 616 | WOLIŃSKI Dawid | 1309 | CHODŹ NA POLE TEAM | #7OPEN | 54 | 01:04:24 | 02:21:50 | 03:17:48.25 | +01:41:31 (51.3%) | 16:29 | 3.6 (48.0%) |
| 618 | IWANOWSKI Marcin | 1022 | SAME CZUBKI | #5OPEN | 105 | 01:08:20 | 02:19:48 | 03:17:57.80 | +01:41:41 (51.4%) | 16:29 | 3.6 (48.0%) |
| 619 | GRABOWSKI Bartosz | 628 | TEAM ŁUKÓW | #3OPEN | 125 | 01:15:59 | 02:28:02 | 03:18:18.40 | +01:42:02 (51.5%) | 16:31 | 3.6 (48.0%) |
| 620 | JAŚKIEWICZ Maciej | 389 | UJK | #2OPEN | 109 | 01:01:08 | 02:11:22 | 03:18:25.25 | +01:42:08 (51.5%) | 16:32 | 3.6 (48.0%) |
| 621 | GLINKOWSKI Jarek | 1331 | KB MARATON TUREK | Klasyfikacja studentów - mężczyźni | 33 | 01:05:22 | 02:22:06 | 03:18:49.45 | +01:42:33 (51.6%) | 16:34 | 3.6 (48.0%) |
| 622 | ZAGDAN Rafał | 1122 | ESG GRUPA MEDIALNA | #6OPEN | 89 | 01:00:29 | 02:16:21 | 03:18:51.35 | +01:42:34 (51.6%) | 16:34 | 3.6 (48.0%) |
| 623 | KARBOWNIK Piotr | 1205 | | #6OPEN | 90 | 01:01:48 | 02:16:24 | 03:18:52.20 | +01:42:35 (51.6%) | 16:34 | 3.6 (48.0%) |
| 624 | PUZNIAK Paweł | 546 | CROSSFIT SIEDLCE | #3OPEN | 126 | 01:04:18 | 02:22:08 | 03:18:52.85 | +01:42:36 (51.6%) | 16:34 | 3.6 (48.0%) |
| 625 | SZCZERBACIUK Marcin | 545 | CROSSFIT SIEDLCE | #3OPEN | 127 | 01:05:02 | | 03:19:04.25 | +01:42:47 (51.6%) | 16:35 | 3.6 (48.0%) |
| 626 | WEŁNA Krzysztof | 1160 | POZDRO Z BIEŻNI | #6OPEN | 91 | 01:07:20 | 02:21:00 | 03:19:09.20 | +01:42:52 (51.7%) | 16:35 | 3.6 (48.0%) |
| 627 | ANYZEWSKI Tomasz | 349 | OCR TEAM WŁOCŁAWEK | #2OPEN | 110 | 01:12:20 | 02:24:52 | 03:19:46.80 | +01:43:30 (51.8%) | 16:38 | 3.6 (48.0%) |
| 628 | MAJ Michał | 657 | | #3OPEN | 128 | 01:01:09 | 02:22:33 | 03:19:56.45 | +01:43:40 (51.8%) | 16:39 | 3.6 (48.0%) |
| 629 | LESZCZYŃSKI Grzegorz | 5028 | ELEKTROŚWIRY | Mężczyźni Open | 5 | 01:06:24 | 02:20:51 | 03:20:21.45 | +01:44:05 (51.9%) | 16:41 | 3.6 (48.0%) |
| 630 | BARAŃSKI Radosław | 358 | OCR TEAM WŁOCŁAWEK | #2OPEN | 114 | 01:12:33 | 02:25:56 | 03:20:40.35 | +01:44:23 (52.0%) | 16:43 | 3.6 (48.0%) |
| 631 | MITSIUK Vitalii | 516 | ANIOŁKI GIANNIEGO | #3OPEN | 129 | 01:08:32 | 02:24:00 | 03:20:40.40 | +01:44:24 (52.0%) | 16:43 | 3.6 (48.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|------------------------------|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 632 | ŚWIERKULA Łukasz | 1400 | | #7OPEN | 58 | 01:09:38 | 02:23:44 | 03:20:56.55 | +01:44:40 (52.1%) | 16:44 | 3.6 (48.0%) |
| 633 | CAK Mariusz | 41 | DRINK TEAM | #1OPEN | 139 | 01:09:47 | 02:27:19 | 03:21:06.45 | +01:44:50 (52.1%) | 16:45 | 3.6 (48.0%) |
| 634 | WALEWANDER Roman | 1121 | DRINK TEAM | #1OPEN | 140 | 01:09:39 | 02:27:19 | 03:21:08.65 | +01:44:52 (52.1%) | 16:45 | 3.6 (48.0%) |
| 635 | DZIURDZIAK Mateusz | 1363 | RAZEM ŁATWIEJ | #7OPEN | 60 | 01:09:06 | 02:25:59 | 03:21:14.65 | +01:44:58 (52.2%) | 16:46 | 3.6 (48.0%) |
| 636 | PTASZYŃSKI Jarosław | 362 | OCR TEAM WŁOCŁAWEK | #2OPEN | 115 | 01:11:43 | 02:25:53 | 03:21:27.60 | +01:45:11 (52.2%) | 16:47 | 3.6 (48.0%) |
| 637 | KOŁODZIEJSKI Filip | 785 | PIKUTKOWO TEAM | #4OPEN | 103 | 01:09:37 | 02:22:43 | 03:21:42.50 | +01:45:26 (52.3%) | 16:48 | 3.6 (48.0%) |
| 638 | NAWROCKI Michał | 535 | BYDLAKI | #3OPEN | 130 | 01:07:49 | 02:25:25 | 03:21:43.40 | +01:45:27 (52.3%) | 16:48 | 3.6 (48.0%) |
| 639 | OPARA Stanisław | 532 | BYDLAKI | #3OPEN | 131 | 01:07:23 | 02:25:23 | 03:21:44.55 | +01:45:28 (52.3%) | 16:48 | 3.6 (48.0%) |
| 640 | DZIUBA Jacek | 531 | BYDLAKI | #3OPEN | 133 | 01:06:18 | 02:25:28 | 03:21:46.00 | +01:45:29 (52.3%) | 16:48 | 3.6 (48.0%) |
| 641 | POTERA Kamil | 49 | EKIPA HARREGO | #1OPEN | 141 | 01:11:40 | 02:27:22 | 03:21:48.15 | +01:45:31 (52.3%) | 16:49 | 3.6 (48.0%) |
| 642 | ZBYLUT Marcin | 1328 | KABANOSY | #7OPEN | 64 | 01:10:34 | 02:28:36 | 03:21:50.05 | +01:45:33 (52.3%) | 16:49 | 3.6 (48.0%) |
| 643 | PRZECH Bartosz | 727 | DELOITTE ADVENTURE TEAM | #4OPEN | 104 | 00:51:19 | 02:12:41 | 03:22:05.80 | +01:45:49 (52.4%) | 16:50 | 3.6 (48.0%) |
| 644 | STAWINOGA Paweł | 1074 | | #5OPEN | 106 | 01:09:03 | 02:24:03 | 03:22:25.70 | +01:46:09 (52.4%) | 16:52 | 3.6 (48.0%) |
| 645 | WROCHNA Michał | 1016 | POPGYM RADOM | #5OPEN | 107 | 01:09:26 | 02:22:49 | 03:22:32.50 | +01:46:16 (52.5%) | 16:52 | 3.6 (48.0%) |
| 646 | WALEWICZ Piotr | 360 | OCR TEAM WŁOCŁAWEK | #2OPEN | 116 | 01:12:03 | 02:28:06 | 03:22:33.00 | +01:46:16 (52.5%) | 16:52 | 3.6 (48.0%) |
| 647 | WOŹNIAK Maciej | 1015 | POPGYM RADOM | #5OPEN | 108 | 01:07:15 | 02:22:48 | 03:22:34.70 | +01:46:18 (52.5%) | 16:52 | 3.6 (48.0%) |
| 648 | PRYCA Mateusz | 1185 | TWARDOŚĆ I NIEPOCZYTALNOŚĆ | #6OPEN | 92 | 01:04:22 | 02:19:14 | 03:22:39.05 | +01:46:22 (52.5%) | 16:53 | 3.6 (48.0%) |
| 649 | ZIĘTEK Jakub | 376 | SGB SAMO SIĘ NIE PRZEBIEGNIE | #2OPEN | 117 | 01:13:57 | 02:29:30 | 03:23:13.45 | +01:46:57 (52.6%) | 16:56 | 3.5 (46.7%) |
| 650 | MACIĄŻEK Grzegorz | 374 | SGB SAMO SIĘ NIE PRZEBIEGNIE | #2OPEN | 119 | 01:14:19 | 02:29:44 | 03:23:14.15 | +01:46:57 (52.6%) | 16:56 | 3.5 (46.7%) |
| 651 | OLSZEWSKI Marek | 373 | SGB SAMO SIĘ NIE PRZEBIEGNIE | #2OPEN | 120 | 01:14:14 | 02:29:28 | 03:23:14.35 | +01:46:57 (52.6%) | 16:56 | 3.5 (46.7%) |
| 652 | JÓRASZ Maciej | 1189 | ZĄLOGA ORZEŁA 7 | #6OPEN | 93 | 01:07:02 | 02:22:17 | 03:23:28.65 | +01:47:12 (52.7%) | 16:57 | 3.5 (46.7%) |
| 653 | KOPEĆ Krzysztof | 1325 | KABANOSY | #7OPEN | 66 | 01:10:44 | 02:28:34 | 03:23:28.95 | +01:47:12 (52.7%) | 16:57 | 3.5 (46.7%) |
| 654 | SERDEŃ Piotr | 1231 | | #6OPEN | 95 | 01:05:31 | 02:24:55 | 03:23:36.20 | +01:47:19 (52.7%) | 16:58 | 3.5 (46.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------|-------|---------------------------------|--|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 655 | KAMECKI Krystian | 1248 | | #6OPEN | 96 | 01:05:06 | 02:24:54 | 03:23:37.10 | +01:47:20 (52.7%) | 16:58 | 3.5 (46.7%) |
| 656 | LESZCZYŃSKI Karol | 1326 | KABANOSY | #7OPEN | 67 | 01:12:50 | 02:28:54 | 03:23:37.35 | +01:47:20 (52.7%) | 16:58 | 3.5 (46.7%) |
| 657 | GŁUCH Krystian | 1257 | | #6OPEN | 97 | 01:07:44 | 02:24:57 | 03:23:38.10 | +01:47:21 (52.7%) | 16:58 | 3.5 (46.7%) |
| 658 | PIĄTEK Krystian | 968 | JANUSZE | #5OPEN | 109 | 01:07:14 | 02:24:17 | 03:24:13.00 | +01:47:56 (52.9%) | 17:01 | 3.5 (46.7%) |
| 659 | WOŹNIAK Adam | 1305 | CHODŹ NA POLE TEAM | #7OPEN | 69 | 01:18:54 | 02:40:58 | 03:25:20.10 | +01:49:03 (53.1%) | 17:06 | 3.5 (46.7%) |
| 660 | MISZCZAK Kamil | 272 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #4OPEN | 108 | 01:08:43 | 02:32:16 | 03:26:15.25 | +01:49:58 (53.3%) | 17:11 | 3.5 (46.7%) |
| 661 | PIĘTAK Igor | 809 | RUN N FUN | #4OPEN | 109 | 01:08:31 | 02:32:12 | 03:26:15.45 | +01:49:59 (53.3%) | 17:11 | 3.5 (46.7%) |
| 662 | LEŚNIEWSKI Jarosław | 811 | RUN N FUN | Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni | 16 | 01:10:16 | 02:32:22 | 03:26:17.45 | +01:50:01 (53.3%) | 17:11 | 3.5 (46.7%) |
| 663 | IWAŃSKI Grzegorz | 808 | RUN N FUN | #4OPEN | 112 | 01:08:53 | 02:32:18 | 03:26:17.70 | +01:50:01 (53.3%) | 17:11 | 3.5 (46.7%) |
| 664 | WOJNAROWSKI Kamil | 1379 | | #7OPEN | 70 | 01:08:58 | 02:26:43 | 03:26:39.95 | +01:50:23 (53.4%) | 17:13 | 3.5 (46.7%) |
| 665 | PYRA Marek | 912 | BIEGAM Z ABS | #5OPEN | 111 | 01:14:02 | 02:31:09 | 03:27:49.50 | +01:51:33 (53.7%) | 17:19 | 3.5 (46.7%) |
| 666 | SŁOMKA Jacek | 944 | DZIKA EKIPA | #5OPEN | 112 | 01:13:24 | 02:31:08 | 03:27:49.75 | +01:51:33 (53.7%) | 17:19 | 3.5 (46.7%) |
| 667 | ZAGRABA Krzysztof | 947 | DZIKA EKIPA | #5OPEN | 113 | 01:13:20 | 02:31:13 | 03:27:51.65 | +01:51:35 (53.7%) | 17:19 | 3.5 (46.7%) |
| 668 | GORAJSKI Piotr | 62 | JADYMA | #1OPEN | 142 | 01:12:57 | 02:36:30 | 03:28:31.60 | +01:52:15 (53.8%) | 17:22 | 3.5 (46.7%) |
| 669 | SADURA Marek | 949 | DZIKA EKIPA | #5OPEN | 117 | 01:14:24 | 02:31:09 | 03:28:54.25 | +01:52:37 (53.9%) | 17:24 | 3.4 (45.3%) |
| 670 | TOKARSKI Jacek | 943 | DZIKA EKIPA | #5OPEN | 119 | 01:13:55 | 02:31:20 | 03:28:54.45 | +01:52:38 (53.9%) | 17:24 | 3.4 (45.3%) |
| 671 | OCHOJSKI Dominik | 123 | POWERADE TEAM | #1OPEN | 145 | 01:11:16 | 02:33:09 | 03:29:14.20 | +01:52:57 (54.0%) | 17:26 | 3.4 (45.3%) |
| 672 | STANOSZEK Robert | 119 | POWERADE TEAM | #1OPEN | 148 | 01:11:10 | 02:33:04 | 03:29:15.20 | +01:52:58 (54.0%) | 17:26 | 3.4 (45.3%) |
| 673 | SIKORA Piotr | 1206 | | #6OPEN | 99 | 01:07:04 | 02:27:22 | 03:29:32.40 | +01:53:16 (54.1%) | 17:27 | 3.4 (45.3%) |
| 674 | TCHÓRZ Łukasz | 849 | | #4OPEN | 113 | 01:10:30 | 02:28:43 | 03:29:36.40 | +01:53:20 (54.1%) | 17:28 | 3.4 (45.3%) |
| 675 | RYNIEC Tomasz | 359 | OCR TEAM WŁOCŁAWEK | #2OPEN | 127 | 01:12:45 | 02:29:36 | 03:29:50.95 | +01:53:34 (54.1%) | 17:29 | 3.4 (45.3%) |
| 676 | WILCZYŃSKI Dariusz | 363 | OCR TEAM WŁOCŁAWEK | #2OPEN | 129 | 01:12:42 | 02:29:39 | 03:30:12.60 | +01:53:56 (54.2%) | 17:31 | 3.4 (45.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------|-------|--------------------------|--|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 677 | LISOWSKI Karol | 1213 | | #6OPEN | 101 | 01:08:25 | 02:27:25 | 03:30:29.60 | +01:54:13 (54.3%) | 17:32 | 3.4 (45.3%) |
| 678 | JANIKOWSKI Łukasz | 262 | ALBO W SZALE ALBO WCALE | #2OPEN | 131 | 01:19:43 | 02:34:39 | 03:30:57.30 | +01:54:40 (54.4%) | 17:34 | 3.4 (45.3%) |
| 679 | GRYC Piotr | 26 | BRAVEHEARTS LEGIONOWO | #1OPEN | 149 | 01:10:35 | 02:27:42 | 03:31:15.35 | +01:54:58 (54.4%) | 17:36 | 3.4 (45.3%) |
| 680 | BIERON Robert | 20 | BRAVEHEARTS LEGIONOWO | #1OPEN | 151 | 01:13:33 | 02:33:58 | 03:31:16.55 | +01:55:00 (54.4%) | 17:36 | 3.4 (45.3%) |
| 681 | DĄBROWSKI Andrzej | 645 | | #3OPEN | 137 | 00:52:18 | 02:22:34 | 03:31:31.70 | +01:55:15 (54.5%) | 17:37 | 3.4 (45.3%) |
| 682 | SMUGA Ernest | 669 | | #3OPEN | 138 | 01:09:56 | 02:35:02 | 03:31:46.10 | +01:55:29 (54.5%) | 17:38 | 3.4 (45.3%) |
| 683 | FIJOŁEK Dominik | 446 | | #2OPEN | 132 | 01:11:20 | 02:33:54 | 03:31:49.95 | +01:55:33 (54.6%) | 17:39 | 3.4 (45.3%) |
| 684 | KORYCKI Bartłomiej | 445 | | #2OPEN | 133 | 01:09:42 | 02:33:51 | 03:31:50.25 | +01:55:33 (54.6%) | 17:39 | 3.4 (45.3%) |
| 685 | GERMAN Bartłomiej | 1508 | BRAK | #8OPEN | 67 | 01:05:38 | 02:25:39 | 03:32:03.60 | +01:55:47 (54.6%) | 17:40 | 3.4 (45.3%) |
| 686 | BŁASZCZAK Mateusz | 583 | KONIUCHY | #3OPEN | 140 | 01:07:57 | 02:32:45 | 03:32:21.40 | +01:56:05 (54.7%) | 17:41 | 3.4 (45.3%) |
| 687 | CIERZNIAK Krzysztof | 665 | | #3OPEN | 141 | 01:14:10 | 02:34:14 | 03:32:41.25 | +01:56:24 (54.7%) | 17:43 | 3.4 (45.3%) |
| 688 | ŁOTECKI Maciej | 1118 | CIASTECHKOWE POTWORY | #6OPEN | 103 | 01:14:08 | 02:35:51 | 03:32:41.55 | +01:56:25 (54.7%) | 17:43 | 3.4 (45.3%) |
| 689 | DZIKI Kazimierz | 933 | CSWIS LEŻAJSK | #5OPEN | 121 | 01:20:03 | 02:40:08 | 03:32:44.30 | +01:56:27 (54.7%) | 17:43 | 3.4 (45.3%) |
| 690 | CZUBAK Maciej | 744 | FC MELANŻ | #4OPEN | 115 | 00:58:31 | 02:21:25 | 03:32:47.35 | +01:56:30 (54.8%) | 17:43 | 3.4 (45.3%) |
| 691 | BOCHEN Artur | 522 | BIEGNĘ, ALE DOKĄD? "BAD" | Klasyfikacja mieszkańców woj. Świętokrzyskiego - mężczyźni | 17 | 01:17:12 | 02:40:54 | 03:33:14.95 | +01:56:58 (54.9%) | 17:46 | 3.4 (45.3%) |
| 692 | JEŻAK Rafał | 610 | RUDA TEAM | #3OPEN | 143 | 01:08:14 | 02:29:43 | 03:33:17.40 | +01:57:01 (54.9%) | 17:46 | 3.4 (45.3%) |
| 693 | STANEK Dawid | 270 | BIEGNĘ, ALE DOKĄD? "BAD" | #2OPEN | 137 | 01:16:42 | 02:41:01 | 03:33:17.75 | +01:57:01 (54.9%) | 17:46 | 3.4 (45.3%) |
| 694 | SOBOLEWSKI Rafał | 254 | 5 SÓW RUN TEAM PIŃCZÓW | #2OPEN | 138 | 01:17:25 | 02:41:13 | 03:33:17.80 | +01:57:01 (54.9%) | 17:46 | 3.4 (45.3%) |
| 695 | RÓŻAŁSKI Remigiusz | 268 | BIEGNĘ, ALE DOKĄD? "BAD" | #2OPEN | 139 | 01:17:08 | 02:41:02 | 03:33:18.40 | +01:57:02 (54.9%) | 17:46 | 3.4 (45.3%) |
| 696 | MIKUŚKIEWICZ Piotr | 250 | 5 SÓW RUN TEAM PIŃCZÓW | #2OPEN | 141 | 01:17:28 | 02:41:01 | 03:33:19.25 | +01:57:02 (54.9%) | 17:46 | 3.4 (45.3%) |
| 697 | JĘDROCHA Piotr | 253 | 5 SÓW RUN TEAM PIŃCZÓW | #2OPEN | 142 | 01:17:19 | 02:41:10 | 03:33:19.55 | +01:57:03 (54.9%) | 17:46 | 3.4 (45.3%) |
| 698 | FIJAŁKOWSKI Dariusz | 252 | 5 SÓW RUN TEAM PIŃCZÓW | #2OPEN | 145 | 01:17:45 | 02:41:07 | 03:33:20.55 | +01:57:04 (54.9%) | 17:46 | 3.4 (45.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|------------------------------------|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 699 | MICHALIK Kamil | 1603 | | #8OPEN | 69 | 00:59:07 | 02:09:41 | 03:33:50.80 | +01:57:34 (55.0%) | 17:49 | 3.4 (45.3%) |
| 700 | IZDEBSKI Mariusz | 1119 | CIASTECZKOWE POTWORY | #6OPEN | 105 | 01:14:10 | 02:35:55 | 03:33:52.40 | +01:57:36 (55.0%) | 17:49 | 3.4 (45.3%) |
| 701 | TANOUS Dominik | 708 | BPAT | #4OPEN | 116 | 01:07:36 | 02:27:36 | 03:34:45.20 | +01:58:28 (55.2%) | 17:53 | 3.4 (45.3%) |
| 702 | CHOJNOWSKI Krzysztof | 710 | BPAT | #4OPEN | 117 | 01:07:57 | 02:27:34 | 03:34:45.90 | +01:58:29 (55.2%) | 17:53 | 3.4 (45.3%) |
| 703 | BERESINSKI Marcin | 711 | BPAT | #4OPEN | 118 | 01:07:20 | 02:27:56 | 03:34:45.95 | +01:58:29 (55.2%) | 17:53 | 3.4 (45.3%) |
| 704 | BUGAJ Marcin | 60 | JADYMA | #1OPEN | 154 | 01:13:14 | 02:36:29 | 03:34:46.80 | +01:58:30 (55.2%) | 17:53 | 3.4 (45.3%) |
| 705 | SZWAGIEL Mateusz | 819 | TKO BAND | #4OPEN | 119 | 01:13:21 | 02:34:19 | 03:35:22.15 | +01:59:05 (55.3%) | 17:56 | 3.3 (44.0%) |
| 706 | OPRZAŃSKI Arek | 816 | TKO BAND | #4OPEN | 120 | 01:13:12 | 02:34:19 | 03:35:22.40 | +01:59:06 (55.3%) | 17:56 | 3.3 (44.0%) |
| 707 | KAROLAK Karol | 1917 | REPREZENTACJA NARODOWA SAN ESCOBAR | #10OPEN | 18 | 01:09:53 | 02:32:59 | 03:35:57.70 | +01:59:41 (55.4%) | 17:59 | 3.3 (44.0%) |
| 708 | BEREDA Szymon | 1920 | REPREZENTACJA NARODOWA SAN ESCOBAR | #10OPEN | 20 | 01:09:14 | 02:33:00 | 03:35:58.30 | +01:59:41 (55.4%) | 17:59 | 3.3 (44.0%) |
| 709 | BEREDA Mateusz | 1921 | REPREZENTACJA NARODOWA SAN ESCOBAR | #10OPEN | 21 | 01:09:47 | 02:33:08 | 03:35:59.25 | +01:59:42 (55.4%) | 17:59 | 3.3 (44.0%) |
| 710 | WOJTCZYK Tomasz | 1922 | REPREZENTACJA NARODOWA SAN ESCOBAR | #10OPEN | 22 | 01:09:51 | 02:33:08 | 03:35:59.65 | +01:59:43 (55.4%) | 17:59 | 3.3 (44.0%) |
| 711 | NICIEJEWSKI Daniel | 1367 | RUN FOREST,RUN | #7OPEN | 71 | 01:11:16 | 02:33:36 | 03:37:20.10 | +02:01:03 (55.7%) | 18:06 | 3.3 (44.0%) |
| 712 | NICIEJEWSKI Marcin | 1369 | RUN FOREST,RUN | #7OPEN | 73 | 01:11:36 | 02:33:40 | 03:37:21.15 | +02:01:04 (55.7%) | 18:06 | 3.3 (44.0%) |
| 713 | NOWICKI Artur | 581 | JAK ŻÓŁWIE W GALOPIE | #3OPEN | 144 | 01:07:53 | 02:32:55 | 03:37:30.85 | +02:01:14 (55.7%) | 18:07 | 3.3 (44.0%) |
| 714 | AMBROZIAK Rafał | 928 | CROSSFIT SIEDLCE | #5OPEN | 122 | 01:10:59 | 02:29:17 | 03:37:32.55 | +02:01:16 (55.7%) | 18:07 | 3.3 (44.0%) |
| 715 | CHMIELNICKI Michał | 133 | SKARPARK | #1OPEN | 156 | 01:14:01 | 02:36:27 | 03:37:54.25 | +02:01:37 (55.8%) | 18:09 | 3.3 (44.0%) |
| 716 | WALEŃKO Maciej | 634 | W&M | #3OPEN | 145 | 01:12:25 | 02:39:58 | 03:38:00.05 | +02:01:43 (55.8%) | 18:10 | 3.3 (44.0%) |
| 717 | KOPYCIOK Paweł | 1411 | | #7OPEN | 74 | 01:07:08 | 02:25:39 | 03:39:01.70 | +02:02:45 (56.0%) | 18:15 | 3.3 (44.0%) |
| 718 | SZUŁCZYŃSKI Tomasz | 72 | KRETY | #1OPEN | 158 | 01:11:59 | 02:34:22 | 03:39:18.85 | +02:03:02 (56.1%) | 18:16 | 3.3 (44.0%) |
| 719 | PAWELCZAK Rafał | 73 | KRETY | #1OPEN | 159 | 01:11:54 | 02:34:23 | 03:39:19.05 | +02:03:02 (56.1%) | 18:16 | 3.3 (44.0%) |
| 720 | DĄBROWSKI Przemek | 139 | SKARPARK | #1OPEN | 161 | 01:13:46 | 02:32:34 | 03:39:33.95 | +02:03:17 (56.2%) | 18:17 | 3.3 (44.0%) |
| 721 | BARA Jarek | 67 | JERRY&EWKA | #1OPEN | 162 | 01:20:19 | 02:37:33 | 03:39:36.50 | +02:03:20 (56.2%) | 18:18 | 3.3 (44.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|------------------------------------|-----------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 722 | JAKŚ Mariusz | 1371 | RUN FOREST,RUN | #7OPEN | 77 | 01:12:35 | 02:33:44 | 03:39:42.65 | +02:03:26 (56.2%) | 18:18 | 3.3 (44.0%) |
| 723 | DZIADURA Damian | 1590 | CKB TARNOBRZEG | #6OPEN | 107 | 01:18:17 | 02:46:21 | 03:40:07.90 | +02:03:51 (56.3%) | 18:20 | 3.3 (44.0%) |
| 724 | NAREWSKI Marcin | 1327 | KABANOSY | #7OPEN | 79 | 01:12:06 | 02:30:59 | 03:40:11.50 | +02:03:55 (56.3%) | 18:20 | 3.3 (44.0%) |
| 725 | BOJANOWICZ Piotr | 712 | BPAT | #4OPEN | 122 | 01:13:10 | 02:34:49 | 03:41:07.60 | +02:04:51 (56.5%) | 18:25 | 3.3 (44.0%) |
| 726 | BOJARA Sebastian | 1017 | REPREZENTACJA NARODOWA SAN ESCOBAR | #5OPEN | 124 | 01:12:40 | 02:38:31 | 03:41:27.35 | +02:05:10 (56.5%) | 18:27 | 3.3 (44.0%) |
| 727 | MOSKAŁA Maciej | 920 | BRYGADA MM | #5OPEN | 126 | 01:12:57 | 02:38:55 | 03:41:37.80 | +02:05:21 (56.6%) | 18:28 | 3.2 (42.7%) |
| 728 | POPIOŁEK Jacek | 14 | BIEGUSIEM.PL | #1OPEN | 164 | 01:11:39 | 02:31:54 | 03:41:55.60 | +02:05:39 (56.6%) | 18:29 | 3.2 (42.7%) |
| 729 | CHOŁUJ Karol | 611 | SPPP RADOM | #3OPEN | 148 | 01:04:36 | 02:35:00 | 03:42:12.55 | +02:05:56 (56.7%) | 18:31 | 3.2 (42.7%) |
| 730 | OŻÓG Mateusz | 510 | ANIOŁKI GIANNIEGO | #3OPEN | 149 | 01:07:43 | 02:32:55 | 03:42:12.70 | +02:05:56 (56.7%) | 18:31 | 3.2 (42.7%) |
| 731 | GIL Mateusz | 1405 | | #1OPEN | 165 | 01:16:23 | 02:38:30 | 03:42:47.30 | +02:06:30 (56.8%) | 18:33 | 3.2 (42.7%) |
| 732 | BORDUN Maciej | 144 | TARNOBRZEŻANIE | #1OPEN | 166 | 01:17:01 | 02:40:03 | 03:42:47.40 | +02:06:31 (56.8%) | 18:34 | 3.2 (42.7%) |
| 733 | JASIEWSKI Wojtek | 538 | BYDLAKI | #3OPEN | 150 | 01:11:54 | 02:37:08 | 03:43:12.40 | +02:06:56 (56.9%) | 18:36 | 3.2 (42.7%) |
| 734 | WÓJCIO Hubert | 1253 | | #6OPEN | 109 | 01:28:21 | 02:47:18 | 03:44:00.50 | +02:07:44 (57.0%) | 18:40 | 3.2 (42.7%) |
| 735 | HARNIK Michał | 1522 | CKB TARNOBRZEG | #6OPEN | 110 | 01:15:03 | 02:35:46 | 03:44:07.55 | +02:07:51 (57.0%) | 18:40 | 3.2 (42.7%) |
| 736 | GRĘBOWIEC Marcin | 1523 | CKB TARNOBRZEG | #6OPEN | 111 | 01:14:27 | 02:36:29 | 03:44:07.70 | +02:07:51 (57.0%) | 18:40 | 3.2 (42.7%) |
| 737 | ZIELIŃSKI Bartłomiej | 1518 | CKB TARNOBRZEG | #6OPEN | 112 | 01:12:52 | 02:35:38 | 03:44:07.95 | +02:07:51 (57.0%) | 18:40 | 3.2 (42.7%) |
| 737 | GÓRAJ Janusz | 1525 | CKB TARNOBRZEG | #6OPEN | 113 | 01:15:35 | 02:35:45 | 03:44:07.95 | +02:07:51 (57.0%) | 18:40 | 3.2 (42.7%) |
| 739 | WRÓBEL Łukasz | 1521 | CKB TARNOBRZEG | #6OPEN | 115 | 01:14:11 | 02:35:45 | 03:44:09.95 | +02:07:53 (57.1%) | 18:40 | 3.2 (42.7%) |
| 740 | PŁANETA Maciej | 1517 | CKB TARNOBRZEG | #6OPEN | 117 | 01:15:16 | 02:35:44 | 03:44:10.40 | +02:07:54 (57.1%) | 18:40 | 3.2 (42.7%) |
| 741 | SZUBA Łukasz | 9 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | #1OPEN | 167 | 01:14:03 | 02:37:49 | 03:44:29.90 | +02:08:13 (57.1%) | 18:42 | 3.2 (42.7%) |
| 742 | PIOTROWSKI Jerzy | 107 | POWER TRAINING | #1OPEN | 169 | 01:11:48 | 02:36:46 | 03:44:47.30 | +02:08:30 (57.2%) | 18:43 | 3.2 (42.7%) |
| 743 | KOŁUCKI Stefan | 784 | PIKUTKOWO TEAM | #4OPEN | 124 | 01:15:14 | 02:37:48 | 03:45:24.90 | +02:09:08 (57.3%) | 18:47 | 3.2 (42.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Point_1 | Point_2 | Czas | Różn | Tempo | Tempo |
|-----|--------------------------------|-------------|---------------------------|---|------|----------|----------|--------------------|----------------------|--------|----------------|
| | | | | | | 3km | 6km | netto 12km | | min/km | km/h |
| 744 | STYGA Dominik | 1567 | KUDLATY4 | Klasyfikacja służb mundurowych - mężczyźni | 8 | 01:15:09 | 02:45:30 | 03:45:26.70 | +02:09:10 (57.3%) | 18:47 | 3.2 (42.7%) |
| 745 | WEŁNA Wojtek | 1156 | POZDRO Z BIEŻNI | #6OPEN | 122 | 01:07:46 | 02:17:24 | 03:45:39.20 | +02:09:22 (57.3%) | 18:48 | 3.2 (42.7%) |
| 746 | MAKSYMIOUK Paweł | 98 | ONE PUNCH MAN TEAM | #1OPEN | 170 | 01:11:04 | 02:37:49 | 03:45:48.50 | +02:09:32 (57.4%) | 18:49 | 3.2 (42.7%) |
| 747 | JAKUBOWSKI Michał | 100 | ONE PUNCH MAN TEAM | #1OPEN | 171 | 01:11:16 | 02:38:31 | 03:45:48.85 | +02:09:32 (57.4%) | 18:49 | 3.2 (42.7%) |
| 748 | GNATEK Piotrek | 977 | KUDLATY4 | Klasyfikacja studentów - mężczyźni | 35 | 01:15:37 | 02:45:36 | 03:45:51.70 | +02:09:35 (57.4%) | 18:49 | 3.2 (42.7%) |
| 749 | CESARCZYK Arkadiusz | 1577 | ROBSON CROSSFITERZY | #8OPEN | 70 | 01:17:02 | 02:42:59 | 03:45:56.35 | +02:09:39 (57.4%) | 18:49 | 3.2 (42.7%) |
| 750 | GÓRECKI Jakub | 189 | | #1OPEN | 172 | 01:15:16 | 02:36:38 | 03:46:03.50 | +02:09:47 (57.4%) | 18:50 | 3.2 (42.7%) |
| 751 | BROCIEK Damian | 365 | PO SECIE NA MECIE | #2OPEN | 153 | 01:15:59 | 02:45:23 | 03:46:45.20 | +02:10:28 (57.5%) | 18:53 | 3.2 (42.7%) |
| 752 | WAWRZYNIAK Damian | 367 | PO SECIE NA MECIE | #2OPEN | 154 | 01:16:46 | 02:45:23 | 03:46:48.20 | +02:10:31 (57.6%) | 18:54 | 3.2 (42.7%) |
| 753 | OZGA Marcin | 1303 | AKTYWNI KAMIEŃSK | #2OPEN | 155 | 01:14:44 | 02:45:27 | 03:46:48.95 | +02:10:32 (57.6%) | 18:54 | 3.2 (42.7%) |
| 754 | DĄBROWSKI Łukasz | 366 | PO SECIE NA MECIE | #2OPEN | 156 | 01:17:46 | 02:47:09 | 03:46:52.70 | +02:10:36 (57.6%) | 18:54 | 3.2 (42.7%) |
| 755 | POLKOWSKI Mariusz | 927 | CROSSFIT SIEDLCE | #5OPEN | 129 | 01:10:50 | 02:38:18 | 03:47:42.90 | +02:11:26 (57.7%) | 18:58 | 3.2 (42.7%) |
| 756 | ZOMERFELD Dawid | 1046 | ZAGNAŃSK BIEGA | #5OPEN | 130 | 01:16:21 | 02:41:03 | 03:47:44.40 | +02:11:28 (57.7%) | 18:58 | 3.2 (42.7%) |
| 757 | MOSKALA Marcin | 917 | BRYGADA MM | #5OPEN | 132 | 01:13:03 | 02:39:39 | 03:47:57.30 | +02:11:40 (57.8%) | 18:59 | 3.2 (42.7%) |
| 758 | STUDZIŃSKI Michał | 297 | CROSSFIT BYDGOSZCZ | #2OPEN | 157 | 01:17:49 | 02:48:54 | 03:48:06.85 | +02:11:50 (57.8%) | 19:00 | 3.2 (42.7%) |
| 759 | ŁYCZKA Igor | 296 | CROSSFIT BYDGOSZCZ | #2OPEN | 160 | 01:18:50 | 02:48:36 | 03:48:09.00 | +02:11:52 (57.8%) | 19:00 | 3.2 (42.7%) |
| 760 | KOPER Marek | 308 | EIF | #2OPEN | 161 | 01:05:33 | 02:33:28 | 03:48:54.95 | +02:12:38 (57.9%) | 19:04 | 3.1 (41.3%) |
| 761 | PESZYŃSKI Robert | 1576 | ROBSON CROSSFITERZY | #8OPEN | 71 | 01:17:20 | 02:43:43 | 03:49:16.80 | +02:13:00 (58.0%) | 19:06 | 3.1 (41.3%) |
| 762 | MACZUGOWSKI Adam | 1104 | ALKUS TEAM PIWOMOJEPALIWO | #6OPEN | 123 | 01:09:05 | 02:38:00 | 03:49:42.90 | +02:13:26 (58.1%) | 19:08 | 3.1 (41.3%) |
| 763 | WOJTCZYK Mateusz | 1105 | ALKUS TEAM PIWOMOJEPALIWO | #6OPEN | 124 | 01:08:59 | 02:37:59 | 03:49:42.95 | +02:13:26 (58.1%) | 19:08 | 3.1 (41.3%) |
| 764 | RZESZOT Łukasz | 1051 | | #5OPEN | 134 | 01:18:50 | 02:42:21 | 03:49:49.35 | +02:13:32 (58.1%) | 19:09 | 3.1 (41.3%) |
| 765 | ROMANIUK Przemysław | 1052 | | #5OPEN | 135 | 01:18:51 | 02:42:31 | 03:49:49.40 | +02:13:33 (58.1%) | 19:09 | 3.1 (41.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|----------------------|------------------------------------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 766 | KOWALCZYK Janusz | 344 | NUMEN | Mężczyźni Open | 6 | 01:14:55 | 02:45:15 | 03:50:01.65 | +02:13:45 (58.1%) | 19:10 | 3.1 (41.3%) |
| 767 | WALCZAK Sebastian | 424 | | #2OPEN | 162 | 01:14:58 | 02:47:09 | 03:50:26.10 | +02:14:09 (58.2%) | 19:12 | 3.1 (41.3%) |
| 768 | GALAS Przemysław | 79 | LENIWE KOCURY | #1OPEN | 173 | 01:23:11 | 02:47:54 | 03:51:06.95 | +02:14:50 (58.3%) | 19:15 | 3.1 (41.3%) |
| 769 | MILBRANT Michał | 639 | WŁÓCZYBIEGI | #3OPEN | 152 | 01:17:16 | 02:44:27 | 03:51:54.25 | +02:15:37 (58.5%) | 19:19 | 3.1 (41.3%) |
| 770 | SELERSKI Piotr | 2216 | WŁÓCZYBIEGI | #1OPEN | 176 | 01:16:17 | 02:42:32 | 03:51:54.55 | +02:15:38 (58.5%) | 19:19 | 3.1 (41.3%) |
| 771 | KMIECIK Marcin | 87 | MALUTKI TEAM | #1OPEN | 177 | 01:17:34 | 02:44:10 | 03:52:28.05 | +02:16:11 (58.6%) | 19:22 | 3.1 (41.3%) |
| 772 | NOBIS Marcin | 607 | RUDA TEAM | #3OPEN | 154 | 01:18:05 | 02:45:17 | 03:54:24.45 | +02:18:08 (58.9%) | 19:32 | 3.1 (41.3%) |
| 773 | JURKOWSKI Krzysztof | 564 | FORFUN LUBLIN | #3OPEN | 158 | 01:17:37 | 02:51:48 | 03:56:09.00 | +02:19:52 (59.2%) | 19:40 | 3 (40.0%) |
| 774 | KOTARSKI Bogusław | 575 | JAK ŻÓŁWIE W GALOPIE | #3OPEN | 161 | 01:10:51 | 02:45:33 | 03:59:02.70 | +02:22:46 (59.7%) | 19:55 | 3 (40.0%) |
| 775 | ŚMIAŁOWSKI Łukasz | 647 | | #3OPEN | 163 | 01:12:09 | 02:45:34 | 03:59:04.75 | +02:22:48 (59.7%) | 19:55 | 3 (40.0%) |
| 776 | MIROCHA Michu | 1223 | | #6OPEN | 126 | 01:29:23 | 02:58:06 | 03:59:13.35 | +02:22:56 (59.8%) | 19:56 | 3 (40.0%) |
| 777 | PAWLIKOWSKI Paweł | 776 | PADŁ NA RYJ TEAM | #4OPEN | 127 | 01:17:01 | 02:50:40 | 04:00:02.45 | +02:23:46 (59.9%) | 20:00 | 3 (40.0%) |
| 778 | JÓZEFOWICZ Dariusz | 777 | PADŁ NA RYJ TEAM | #4OPEN | 128 | 01:15:59 | 02:49:08 | 04:00:03.15 | +02:23:46 (59.9%) | 20:00 | 3 (40.0%) |
| 779 | GRUCHAŁA Robert | 778 | PADŁ NA RYJ TEAM | #4OPEN | 130 | 01:16:17 | 02:50:38 | 04:00:03.50 | +02:23:47 (59.9%) | 20:00 | 3 (40.0%) |
| 780 | GOLIŃSKI Paweł | 1235 | | #6OPEN | 129 | 01:28:16 | 03:00:03 | 04:02:13.60 | +02:25:57 (60.3%) | 20:11 | 3 (40.0%) |
| 781 | ROGAŁA Karol | 115 | POWER TRAINING | #1OPEN | 181 | 01:20:03 | 02:55:04 | 04:02:24.90 | +02:26:08 (60.3%) | 20:12 | 3 (40.0%) |
| 782 | FRANKIEWICZ Adrian | 1021 | SAME CZUBKI | #5OPEN | 136 | 01:17:23 | 02:45:50 | 04:03:28.35 | +02:27:11 (60.5%) | 20:17 | 3 (40.0%) |
| 783 | GORZYŃSKI Jacek | 414 | | Klasyfikacja studentów - mężczyźni | 36 | 01:00:50 | | 04:03:35.35 | +02:27:18 (60.5%) | 20:18 | 3 (40.0%) |
| 784 | KRAWCZYK Feliks | 1153 | POZDRO Z BIEŻNI | #6OPEN | 131 | 01:20:02 | 02:52:36 | 04:05:36.95 | +02:29:20 (60.8%) | 20:28 | 2.9 (38.7%) |
| 785 | MUCHA Krzysztof | 1152 | POZDRO Z BIEŻNI | #6OPEN | 134 | 01:19:58 | 02:52:34 | 04:05:40.65 | +02:29:24 (60.8%) | 20:28 | 2.9 (38.7%) |
| 786 | OTCZYK Michał | 1163 | POZDRO Z BIEŻNI | #6OPEN | 135 | 01:20:12 | 02:52:38 | 04:06:42.50 | +02:30:26 (61.0%) | 20:33 | 2.9 (38.7%) |
| 787 | WĘGRZYN Szymon | 1166 | POZDRO Z BIEŻNI | #6OPEN | 136 | 01:19:49 | 02:52:39 | 04:09:02.40 | +02:32:46 (61.3%) | 20:45 | 2.9 (38.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|------------------------|------------------------------------|------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Point_1 3km | Point_2 6km | | | | |
| 788 | PIRÓG Dominik | 1031 | TKO BAND | Klasyfikacja studentów - mężczyźni | 37 | 01:22:20 | 02:54:05 | 04:13:11.30 | +02:36:54 (62.0%) | 21:05 | 2.8 (37.3%) |
| 789 | SOWA Domink | 1591 | | #6OPEN | 137 | 01:18:36 | 02:59:49 | 04:15:51.25 | +02:39:34 (62.4%) | 21:19 | 2.8 (37.3%) |
| 790 | BAJ Tomek | 936 | CSWISLEŻAJSK | #5OPEN | 138 | 01:21:08 | 03:00:01 | 04:16:16.55 | +02:40:00 (62.4%) | 21:21 | 2.8 (37.3%) |
| 791 | TROJANOWICZ Łukasz | 1078 | | #5OPEN | 141 | 01:24:04 | 02:59:14 | 04:16:24.95 | +02:40:08 (62.5%) | 21:22 | 2.8 (37.3%) |
| 792 | ZANCHIRA Igor | 337 | MUSZTARDOWE TYGRYSY | #2OPEN | 165 | 01:31:57 | 03:12:27 | 04:18:30.05 | +02:42:13 (62.8%) | 21:32 | 2.8 (37.3%) |
| 793 | NOWICKI Jacek | 339 | MUSZTARDOWE TYGRYSY | #2OPEN | 166 | 01:32:13 | 03:13:43 | 04:20:57.10 | +02:44:40 (63.1%) | 21:44 | 2.8 (37.3%) |
| 794 | KOZERA Marcin | 76 | LENIWE KOCURY | #1OPEN | 182 | 01:23:18 | 03:04:32 | 04:21:24.75 | +02:45:08 (63.2%) | 21:47 | 2.8 (37.3%) |
| 795 | GRABOWSKI Piotr | 340 | MUSZTARDOWE TYGRYSY | #2OPEN | 167 | 01:32:06 | 03:13:43 | 04:23:20.55 | +02:47:04 (63.4%) | 21:56 | 2.7 (36.0%) |
| 796 | STANISZEWSKI Patryk | 997 | LIONS ESTATE | #5OPEN | 143 | 01:22:13 | 03:04:45 | 04:26:36.45 | +02:50:20 (63.9%) | 22:13 | 2.7 (36.0%) |
| 797 | FIGURA Marcin | 338 | MUSZTARDOWE TYGRYSY | #2OPEN | 169 | 01:32:15 | 03:15:07 | 04:32:10.95 | +02:55:54 (64.6%) | 22:40 | 2.6 (34.7%) |
| 798 | WILCZYŃSKI Szymon | 1905 | BANGBANG TEAM | #10OPEN | 25 | 01:30:54 | 03:14:30 | 04:37:02.00 | +03:00:45 (65.2%) | 23:05 | 2.6 (34.7%) |
| 799 | MOĆKO Jakub | 1904 | BANGBANG TEAM | #10OPEN | 26 | 01:31:08 | 03:14:14 | 04:37:04.25 | +03:00:47 (65.3%) | 23:05 | 2.6 (34.7%) |
| 800 | MOĆKO Jan | 1902 | BANGBANG TEAM | #10OPEN | 27 | 01:31:07 | 03:14:41 | 04:37:05.25 | +03:00:48 (65.3%) | 23:05 | 2.6 (34.7%) |
| 801 | BĘTKOWSKI Marek | 1150 | POZDRO Z BIEŻNI | #6OPEN | 140 | 01:34:19 | 03:12:49 | 04:38:29.20 | +03:02:12 (65.4%) | 23:12 | 2.6 (34.7%) |
| 802 | LIPIEC Michał | 1162 | POZDRO Z BIEŻNI | #6OPEN | 141 | 01:35:19 | 03:13:08 | 04:38:52.55 | +03:02:36 (65.5%) | 23:14 | 2.6 (34.7%) |
| 803 | CHUDY Jakub | 1923 | ŻÓŁWIKI | #10OPEN | 29 | 01:32:01 | 03:14:55 | 04:38:55.60 | +03:02:39 (65.5%) | 23:14 | 2.6 (34.7%) |
| 804 | PASTWA Kamil | 992 | LENIWE BUŁY | #5OPEN | 144 | 01:37:36 | 03:14:43 | 04:42:24.05 | +03:06:07 (65.9%) | 23:32 | 2.5 (33.3%) |
| 805 | SOCHA Jakub | 1908 | KKO | #10OPEN | 30 | 00:18:09 | 01:15:42 | | + | 12:37 | 4.8 (64.0%) |
| 806 | GROMADA Piotr | 666 | | #3OPEN | 167 | 00:40:56 | | | +00:08:18 | 13:38 | 4.4 (58.7%) |
| 807 | DZIAĞ Igor | 1103 | | #6OPEN | 142 | 00:47:02 | | | + | 15:40 | 3.8 (50.7%) |
| 808 | BAK Bartosz | 965 | JANUSZE | #5OPEN | 146 | 00:54:53 | | | + | 18:17 | 3.3 (44.0%) |
| 809 | KWAŚNIEWSKI Łukasz | 826 | WŁOCHATE BURCHLIKI | #4OPEN | 132 | 00:58:48 | | | + | 19:36 | 3.1 (41.3%) |
| 810 | STOLA Mariusz | 5057 | STREFA SIŁY SANDOMIERZ | Mężczyźni Open | 7 | 01:08:01 | | | +00:35:23 | 22:40 | 2.6 (34.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Point_1 3km | Point_2 6km | Czas netto 12km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------|-------------|------------------------|--|------|----------------|----------------|-----------------------|-----------|-----------------|----------------|
| 811 | KURNICKI Marcin | 1177 | SANTANDER | Klasyfikacja studentów - mężczyźni | 38 | 01:17:02 | | | +00:44:24 | 25:40 | 2.3 (30.7%) |
| 812 | LEWANDOWSKI Rafał | 998 | LIONS ESTATE | #5OPEN | 147 | 01:22:56 | | | +00:50:17 | 27:38 | 2.2 (29.3%) |
| 813 | PACZEŚNY Jakub | 1353 | PODRÓŻE W STAREJ FURZE | #7OPEN | 82 | | | | | | (0.0%) |
| 814 | STRZELCZYK Wiktor | 1347 | MORDECZKI | #7OPEN | 83 | | | | | | (0.0%) |
| 815 | KUDELA Tomasz | 621 | TARNOBRZEŻANIE | #3OPEN | 168 | | | | | | (0.0%) |
| 816 | MAZUR Konrad | 32 | C2H5OH | #1OPEN | 185 | | | | | | (0.0%) |
| 817 | CZERNIK Piotr | 1387 | | #7OPEN | 84 | | | | | | (0.0%) |
| 818 | KOWALIK Krzysztof | 948 | DZIKA EKIPA | Klasyfikacja studentów - mężczyźni | 39 | | | | | | (0.0%) |

Znaleziono 818 wynik(ów)